

More Moab Events

Sep 15 Free Quilt "Trunk" Show- Delicate Stitches Quilt Guild is sponsoring a free quilt showing. Utah quilter Ruth Davis will display and talk about her award-winning quilts prior to teaching a Saturday class to Guild members. Ruth is an active teacher and uses her own designs in her classes. She has won many awards for her machine quilting, piecing and quilt designs, which often feature embellishments as a way to finish off a quilt and give it pizzazz! 6pm, Grand Center Conference Room. Info: 435-259-6447

Sep 15-17 Hovenweep Astronomy Festival- Explore the Dark Sky during Hovenweep National Monument's weekend long astronomy programs.

Sep 16-17 The Moab Century Tour- A two-day cycling event that covers all of the amazing landscape Moab has to offer! From gaining elevation into the La Sal Mountains (including "The Big Nasty!"), to carving down through our red rock canyons, and finishing along the mighty Colorado River, this event has a landscape worth training for! Join us in September when temperatures cool down, the fall foliage comes alive, and cyclists from across the country unite in red rock country to experience awe-inspiring landscapes. www.skinnytireevents.com/moab-century-tour See pg 2B.

Sep 16 Livestock Built this City- Downtown historic tour of Moab's business district. Saturdays at 10am. Moab Museum. By appointment only. Register at moabmuseum.org. See pg 8A.

Sep 16 Magic Show with Rick Boretti- The Four Corners most acclaimed magician. The longest running outdoor magic show in the Southwest! Prepare to laugh & be mystified! 7pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Sep 16, 17 Live Music: Blu Pig- Lost Buffalo

Sep 17 Restorative Yoga + Reiki- Join Crystal at Desert Power Yoga for a 60 minute restorative yoga class with Reiki. 7:45pm. Sliding Scale Fee, Sign up online at www.desertpoweryoga.com

Sep 18 Live Music: Blu Pig- Jon Budd

Sep 19 Bath Salts Wellness- Join Crystal with Wellness Collective for a wellness class at

Moab Happenings
Events Calendar listings are FREE!!
DEADLINE: SEPTEMBER 20, 2023
for October Events Calendar

4:30pm. Class is by donation. 76 South Main St. Suite 13. Space is limited and you can sign up for class online at www.wellnesscollectivemoab.com

Sep 19-23 Walking in Beauty: Hiking and History at Navajo Mountain- Join Canyonlands Field Institute, a resident Dine' family, and a guest anthropologist to explore this beautiful and remote region in Utah between Naatsis'aan (Navajo Mountain) and the San Juan River. This adult seminar trip involves truck supported base camping and moderate to challenging day hikes. Participants learn about ancestral migrations, historical research, current lifeways. Advance registration required, group size limited. Trip fees are all inclusive and help support CFI youth programs. <https://cfimoab.org/adult-adventure-field-seminars/>. 435-259-7750.

Sep 19 Live Music: Blu Pig- Meander Cat

Sep 20 Bluegrass night with Quicksand Soup- High powered music from one of the Four Corners most legendary bluegrass bands. Free admission. 7 pm, Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Sep 20 Live Music: Blu Pig- Community Music Night

Sep 21 Canyonlands Natural History Association Lecture Series: "Public Lands: Where, Why and How?" - Join former National Park Ranger and Superintendent and Texas State Parks Director, Walt Dabney for answers to these, and more, questions: Where did our Public Lands come from? Why do the western states have lots and other states almost none? How were states formed? What does the Constitution say about these lands? What was the effect of the Homestead Act and the Railroad Act? How were National Parks and Forests established? Why are these lands held "in common", so important to us today? These and other questions and past and current issues are addressed in this hour long presentation. Questions

and discussion time to follow. 5:00 pm at Moab Information Center, Center and Main.

Sep 21 Juniper Drive- Honky Tonk Fusion with a twist. 7 pm, Moab Backyard Theater. Free Admission. Outside Food and Drink welcome. 56 W. 100 South

Sep 21 Live Music: Blu Pig- Whip Wilson

Sep 21-22 Live Music at Red Cliffs- Dave Mensch

Sep 22 Fall Equinox Kava Ceremony- Join Crystal at Desert Power Yoga to welcome the Fall Equinox with an intimate Kava Ceremony. All details and sign up at www.desertpoweryoga.com

Sep 22 Live Music at Spanish Valley Winery- Jamie and The Dreamers! 4-7pm, Free entry 21+

Sep 22, 23 Live Music: Blu Pig- Randy Stephens & The Groove Makers

Sep 23 National Public Lands Day- Traditionally the nation's largest single-day volunteer effort. It celebrates the connection between people and green space in their community, inspires environmental stewardship, and encourages use of open space for education, recreation, and health benefits.

Sep 23 Service Saturday at Arches National Park- Show your love for Arches National Park by helping clean up litter or pull weeds at a popular parking lot or trailhead! All equipment will be provided and all ages and abilities welcome. Location and other details will be determined one week from the date of event. Each participant will receive a special thank-you item for volunteering time to care for the national park. (Time TBD). For more information or to sign up, please contact Sofia Nicholson at sofia_nicholson@nps.gov or 435-719-2214.

Sep 23 Livestock Built this City- Downtown historic tour of Moab's business district. 10am. By appointment only. Register at moabmuseum.org. See pg 8A.

Sep 23 Youth Garden Project Fifth Annual Harvest Festival- This free event will celebrate community and the abundance of the growing season, complete with live music, activities for kids and adults, fresh food for sale, the Blue Ribbon Produce Exhibition, a pie walk, and more! 3-7pm. 530 S 400 E. Learn more at www.youthgardenproject.org/harvestfestival. See pg 1B.

Sep 23 108 Sun Salutations for the Fall Equinox- Join Crystal at Desert Power Yoga to welcome the



Red Canyon
POW WOW
OCTOBER 21 - 22, 2023

OLD SPANISH TRAIL ARENA,
3641 S. HIGHWAY 191, MOAB UT 84532
CULTURAFIREEVENTS@GMAIL.COM

DANCE & DRUM CONTEST

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1ST PLACE: \$600 & A STAR BLANKET, 2ND PLACE \$500, 3RD PLACE \$400

GRAND ENTRIES
SAT 12 PM & 6 PM
SUN 12 PM

GENERAL ADMISSION \$10
DANCERS & SINGERS \$5
VETERANS/ELDERS/KIDS \$5

VENDOR & GENERAL INFO CONTACT
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DISCLAIMER: THE RED CANYON POWHOC COMMITTEE, CULTURAL FIRE EVENTS, OUR SPONSORS, DONORS, AND PARTNERS ARE NOT RESPONSIBLE FOR ANY DAMAGES, LOSS OF PERSONAL PROPERTY, SHORT-FUNDED TRAVELERS, INJURIES, ETC.



Free Mental Health Hikes
CANYONLANDS FIELD INSTITUTE

Taking care of ourselves and community in nature

One Wednesday per month we will host a short hike from 6PM-8PM. One Sunday per month we will host a longer hike from 10AM-5PM, highlighting experts in our community.

September- Relationships with Technology
October- Tapping into Creativity
November- Gratitude
December- Resting as a Tool for Healing
January- Growth Mindset

For more information head to cfimoab.org/trips/mental-health-hikes/ or reach out with questions at development@cfimoab.org or 435-355-2062