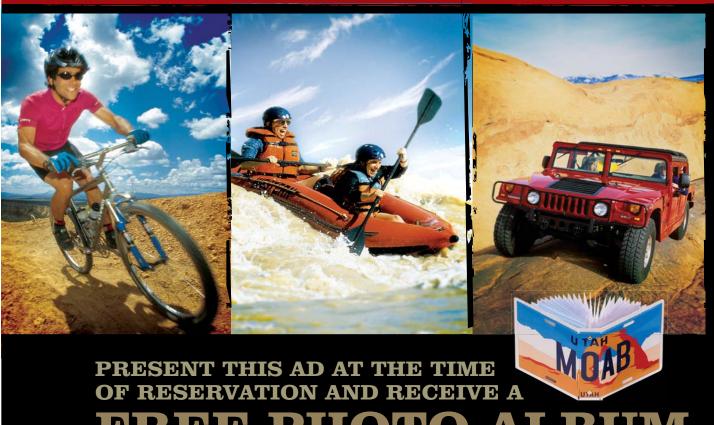


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2A • April 2010 • Moab Happenings

MOAB HAPPENINGS

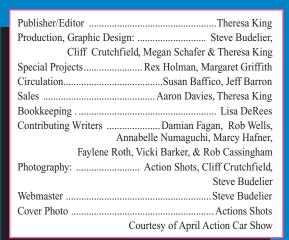
MOAB HAPPENINGS©

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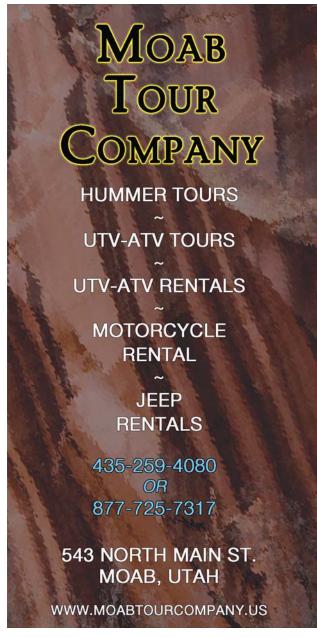


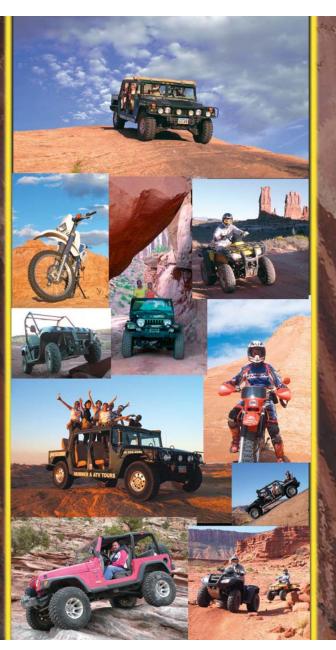
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www.moabhappenings.com

Moab Happenings • April 2010 • 3A

CAR SHOW HAPPENINGS

April Action Car Show: April 23rd - 25th

For one weekend a year, you can step back in time and enjoy the past. Dust off your classic car and get out that poodle skirt, it's time for the 18th Annual April Action Car Show and there is plenty of fun for both spectators and participants!

The big news this year is that celebrity Dennis Gage of "My Classic Car" will be at the show to film a program for broadcast on The Speed Channel in 2011.

The car show will have hundreds of classic cars from the early 1900's to the newer vehicles. You will see Street Rods, Muscle cars, Classics, Customs, Trucks, Hot Rods





and more. So come and join in on the fun at our April Action Car Show Weekend.

On Friday, April 23, from 9am to 5pm, is preregistration at Swanny City Park. Also on Friday is a Rod Run on Scenic Highway 128. Travel along the Colorado River to Castleton. There will be winery tours and Western Museum & Memorabila tours at Red Cliffs Adventure Lodge and Castle Creek Winery on the return trip. Lunch will be available at Red Cliffs for show participants.

On Saturday, April 24, the car show (at Swanny Park) will begin at 7:00 am (rain or shine). J.C. Hackett will

be playing your favorite oldies music. There will be great food provided by Smitty's Golden Steak and the Lion's Club. There is no charge for spectators at the car show on Saturday.

Sunday, April 25, a continental breakfast will be served at Swanny City Park for show participants from 8-9am followed by a Rod Run at 9:15 to Deadhorse Point State Park.

For further information regarding the events, see the website at www.moabaprilaction.com. Event video and photos by Omni Productions.









"Southwest Lodge at a Motel Price"

4A • Moab Happenings • April 2010 www.moabhappenings.com

MOAB AREA EVENTS CALENDAR



- Go Carts
- · Laser Tag
- Arcade
- · Mini Golf
- · Air Hockey
- Bumper Boats
- · Carnival Swing
- Air Slide • Kiddie Playground

Mon and Thurs 4:30pm - 8:30pm

Fri 4:30pm - 10:00pm Sat 1:00pm - 10:00pm Call for Private Party

First Annual Moab Jeweler Show



Saturday April 3rd 10am-6pm

Moab Arts & Recreation Center 217 East Center Street 435.259.6272

Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m. The Grand Center 182 N. 500 West, Moab, Utah

All Square Dancers & **Visitors Welcome**

Please call to verify dance and for lesson information: Bob or Flora 435-259-2724 Tom or Sandy 435-719-4169

Old Spanish Trail Arena

Have your event at the Arena! Class Reunion, Family Reunion, Reception, Meetings, **Group Activities**

Sound System • Conference Room Concession Area • Air Conditioned

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Moab's TV Tour Guide

- Where to: • Raft
- Stay • Bike Shop • Hike
- Eco-Education
- Historical Info
- **Watch Channel 21 in your** Motel room, RV Park or Condo

Volunteer for your favorite special event

April 2010

March 27 – April 4 Easter Jeep Safari
This week long event consists of trail rides, mostly day long trips, departing from Moab. The Red Rock 4-Wheelers of Moab officially runs approximately 9 different trails every day, with "Big Saturday" culminating in the largest ever single trail ride departure happening - around 30 groups line up in down town Moab to head off in every direction for 30 different trails! For more info visit rr4w.com Pick up a copy of the Easter Jeep Safari special event newspaper in racks around town for all the details. See article on page 1B.

KZMU Radiothon

KZMU 90.1 and 106.7 fm Moab Community Radio's spring Radiothon Pledge Drive. www.kzmu.org 435-259-5968

"Navajo Weaving" with Dr. Laurie Webster Edge of the Cedars State Park/Museum; Blanding

Saturday, 10 am-noon. Free presentation introduces history of Navajo weaving, cross-cultural influences, and the rise of regional rug styles. Dr. Laurie Webster is an anthropologist and textile consultant in Mancos, Colorado. She is a visiting scholar in the Department of Anthropology at the University of Arizona, a research associate at the American Museum of Natural History, and a research associate at the Crow Canyon Archaeological Center. 660 West 400 North. for more info (435) 678-2238

3 Moab Jeweler Show, Moab Arts & Recreation Center Saturday, 10 am - 6 pm; 217 East Center Street; 259-6272

EASTER

8 Moab Information Center Lecture Series @ 7pm Joel Tuhy "Wildflowers by the Season" FREE to the public. Center and Main.

Free Lecture/Slideshow – Creative Nature & Landscape Photography – 6:00 p.m. in the Library's large meeting room, 257 E. Center St. Program provides participants with photographic tips and inspiration to create their own photographic impressions of nature.

Moab Art Walk

Stroll Moab's galleries, shops, and cafes and view fine locally created Moab art. The Moab Art Walk includes featured artists and receptions. Most exhibits run for a month or more so feel free to stop in anytime at participating locations! For more info visit moabartwalk.com or call 435-259-3861. 6pm-9pm See Map and article on page 6A.

Wildflower Walk with Joel Tuhy. \$50 for full day informative tour. Register in advance with Canyonlands Field Institute, 435-259-7750.

10 League of Women Voters Silent Auction, 4-9 pm Held at Moab Arts & Rec. Ctr, 111 East 100 North. If you would like to donate something, please call Cynthia at 259-5306 or Karen at 259-4626

14 Second Wednesday Book Club at the Library.

A Princess of Mars by Edgar Rice Burroughs is April's book selection. All are welcome - 6:00 p.m. in the Library's Board Room. Books are available for checkout at the Library. 257 E. Center Street.

Ice Cream Social and Volunteer Fair., the Grand Center Grand County RSVP and Volunteer Center is celebrating volunteers in Moab from 5-7:00 pm at 182 N. 500 W. Whether you are currenty volunteering, looking for a volunteer opportunity, or if you would just like to find out about local programs that are making a difference, this event is your chance to visit with non-profits and organizations that utilize volunteers.

21-24 Moab UTV Rally The Moab UTV Rally is the largest and most epic UTV and Side by Side event in the United States. It consists of daily organized trail rides, organized poker run, evening events such as barrel racing, tug of war, pole bending, and drag races to FREE demo rides from Yamaha, Polaris, Kawasaki, Arctic Cat, Kymco, Honda, Tomcar, and Ruesch. For more info visit utvrally.com, email chris@utvrally.com, or call Chris @ 602-568-3944.

22 Moab Information Center Lecture Series @ 7pm Tom Haraden "Bats: Masters of the Night" FREE to the public. Center and Main.

23-25 April Action Car Show

Classic Car Show - Hot Rods, Trucks, Customs, Street Rods, Muscle Cars, Classics, and much more! Visit www.moab-utah.com/aprilaction/ for more information. Note: This event is one of the largest events of the year for Moab. Please make your camping/lodging reservations as early as possible! For more information call 435-259-5858. See article on page 3A.

24 Rio Grande Hispanic Weaving with Dr. Laurie Webster

This last workshop in the weaving series focuses on the history of Rio Hispanic weaving in northern New Mexico, relationships to Saltillo textiles and other Mexican weaving traditions, and contemporary Rio Grande weaving. Held at Edge of the Cedars State Park/Museum

2nd Annual Local Arts & Crafts Fair, Moab Arts & Rec Ctr. Held at 111 N 100 East for more info call 259-6272

29 - Thursday Night Movie Night at the Library.

Film - "Precious - Based on the Novel 'Push' by Sapphire" at 7:00 p.m. This event is FREE. Everyone is invited. Children under 17 must be accompanied by a parent or guardian. For more info visit the Grand County Public Library at 257 E. Center St. or call 435-259-1111.

April 29 Moab Information Center Lecture Series @ 7pm Chad Niehaus "Community Artist in the Parks" FREE to the public. Center and Main.

For more info on events see www.moabhappenings.com



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March 27 - April 4 Info at rr4w.com



Grand County Library 257 E. Center St. 435-259-1111

TUESDAYS at 10:30 am ...Movie Time for Tots...0-5 years old

WEDNESDAYS at 10:30 am

...Toddler Time...

SATURDAYS at 10:30 am

...Storyime for children of all ages...

Your Ad could be on this page. call 435-259-8431 for rates.

DEADLINE for May Events Calendar: APRIL 20, 2010

Listings in the *Moab Happenings* Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

Moab Happenings • April 2010 • 5A www.moabhappenings.com

MORE MOAB AREA EVENTS

"MOAB SUPERJAM"

12 PM SATURDAY AND SUNDAY; MAY 8TH AND 9TH, 2010

Moab Superjam is a free public concert that showcases mostly local and some regional talent. Moab has a thriving and lively local music scene that has a continuing need for more venues. In the last few years we have seen the emergence of the Moab Folk Fest Local Showcase, live music at the farmers' market and art walk, as well as this unique outdoor concert. This event demonstrates a passionate effort to share local art and music with the Moab community and its visitors.

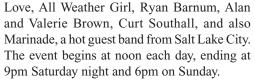
The concept of the Moab Superjam was developed by Stonefed, Moab's national touring band. Over the last ten years Stonefed has presented about twenty-five of these free concerts, featuring scores of local musicians. Superjam was born out of the idea to utilize one of Moab's best kept secrets, the vintage outdoor stage at the enchanting and family-friendly Old City Park. The park venue features lush lawns, big shade trees, a waterfall, pond, a population of chatty geese, and an unobstructed view of the Moab Rim. Facilities include clean restrooms, barbecue grills, a covered pavilion, Frisbee golf course and enough horseshoe pits to hold a tournament, making picnics a popular option for concert goers. To get there from town

take Millcreek Dr. to Murphy Lane, then turn right on Old City Park Road. As with all Moab City parks, dogs and alcohol are not

This year's Superjam has partial funding from the Moab Arts Council to cover the park rental and deposit and to help with advertising. The event Dozens

of local tunesmiths have committed to play and once again Stonefed, with its accomplished funk, blues and, rock n' roll style, will headline the show.

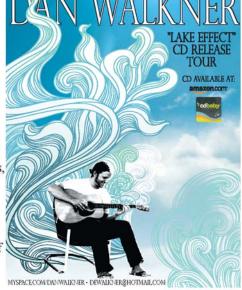
The 2010 Superjam lineup includes Moab's largest garage band, Phil Dirt, a 7-piece local favorite. It will also feature: The Remnants, Gigi







This will be my first appearance at Eddie McStiff's. I'll be playing songs off of the recently released "Lake Effect" CD as well as material that I've written for two previous releases with the WI based power trio Clovis Mann. Expect a lot of bluesy harp playing and plenty of slide guitar. The songs range from blues about bootlegging, a tribute to my Uncle Walter (a WWII POW), a country song about an act of youthful vandalism, and a funky number about Old Fashioneds (whiskey sour, of course). I've had two songs, "Gravedigger" and "Turpentine", featured on Great Northern Blues Society compilations and another, "When You're Gone", was featured on a Jam for Jamaica compilation. Jam for Jam is a non-profit that I play a lot of benefit gigs for with some of the midwest's finest musicians. We raise money to do construction projects in some of the most



poverty stricken rural areas of Jamaica. I'm currently working on a third Clovis Mann album (due out at the end of April), and doing session work on a variety of country and blues albums in Madison and Milwaukee, WI.

May 2010 events continued

April 29-May 2 Moab Photography Symposium
A 4-day gathering of photography lovers who come to learn
new technical and artistic skills through discussion and workshops. The workshops will focus on composition, Photoshop techniques and much more. For more information visit moabphotosym.com, contact Bruce Hucko at bhucko@frontiernet.net, or call 435-259-4176.

April 29- May 2 Moab Spring Quarter Horse Show, Held at the Spanish Trail Arena

May 1 Fifth Annual Four Corners Indian Art Market Saturday, 9:30 AM until 6:00 PM Free and open to all! Celebrate the artistic traditions of the Native cultures of the Four Corners. Meet and purchase fine art from fifty Native American artists representing over a dozen Southwest tribes and pueblo nations. Experience traditional and contemporary dance, music, and food. Have fun bidding at the Silent Auction. Learn about Native art from master weavers, potters, basket weavers, flute and drum makers demonstrating their crafts. Educational activities for children, too! See article on page 2B

May 1-2 Gran Fondo

A timed road cycling event on the La Sal loop road. For more info go to www.granfondomoab.com or call 435-259-6294.

May 8 Moab Relay

Run Moab's Backside with a team of your favorite running buddies! This 50-mile course is run relay-style with teams of 6 or teams of 3. The course begins at the Red Cliffs Lodge, runs along the La Sal Mountain Loop Road, and drops back down into Moab to finish at the Old City Park. Each team member runs about eight miles (split into two separate running times) and then gives plenty of encouragement to other team members while riding in the support vehicle. This relay offers a unique challenge to runners of all abilities. Teams can be made up of friends, family members, fellow co-workers, high school-age students, or any combination of these. Run Moab's backside. You'll never see a "backside" like this again! Check out the website at MoabRelay.com. See article on page 11B.

Moab SuperJam, Old City Park Free outdoor concert showcasing Moab's lively and thriving local music scene. Old City Park Saturday: noon to 9 pm; Sunday noon to 6 pm. See article on this page.

2010 Events

March 27-April 4 Easter Jeep Safari April 3 Moab Jeweler Show April 10 Moab Art Walk April 21-24 4th Annual UTV Rally April 23-25 April Action Car Show April 24 2nd Annual Local Arts & Crafts Fair April 29-May 2 Moab Photography Symposium April 29- May 2 Moab Spring Quarter Horse Show May 1 Four Corners Indian Art Market May 1-2 Gran Fondo Timed Cycling Event May 7-11 Tribal Sands Belly Dance Festival May 8 Moab Art Walk May 8-9 Moab Superjam Outdoor Concert May 12-15 Rally on the Rocks UTV event May 24 Moab Chamber Spring Swing May 27-30 Desert Rocks Music Festival May 29-30 18th Annual Moab Arts Festival

June 6 Free fishing day for everyone in Utah

Canyonlands PRCA Rodeo

June 12 Moab Art Walk

June 3-5

Moonshadows in Moab June 26 July 4 Independence Day Celebration

September 2-13 Moab Music Festival

September 4-6 Labor Day Red Rock 4 Wheelers Campout

September 5 Moab Studio Tour September 11 Moab Art Walk Moab Century Tour September 17-19

September 23-26 Moab Fall Quarter Horse Show

Moab Plein Air Festival October 1-7 October 7-10 Gem & Mineral Show October 7-10 Moab Outerbike Demo Event

October 9 Moab Art Walk

October 9-10 24 Hours of Moab October 17 The Other Half Marathon

October 21-24 Confluence: Celebration of Reading & Writing

Annual Pumpkin Chuckin' Festival October 30 Annual Chile Ho-Down Bike Festival October 29-31

November 5-7 Moab Folk Festival November 13 Moab Art Walk December 4 Electric Light Parade December 4 Winter Sun 10k December 5 Moab Studio Tour December 11 Moab Art Walk

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ART WALK HAPPENINGS

Moab Art Walk, Saturday April 10th from 6pm to 9pm

Moab Arts & Recreation Center - Student Art Show

Come and see the amazing talent of Moab's youth! Grades K-12 will be represented in this colorful fun show! 111 E 100 N Moab, UT 435-259-6272 www.moabmarc.com marcinfo@moabcity.org



Overlook Gallery

Tim Morse will unveil his latest Petroscape paintings at this month's Art Walk. Also at The Overlook: Information about, and artist applications for PleinAir Moab '10 outdoor painting competition are now available.

83 E. Center 435-259-3861 www.moabarts.com overlookgallery@yahoo.com

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I have always had art around me and have tried many medias, but I found metal...or it found me. I like to surprise and delight in my metal creations and am truly humbled when someone enjoys or buys my work. 83/89 N. Main Street Moab, Utah 435-259-0782

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The Western Image

Page Holland The Western Image features oil paintings by Page Holland and Sunnie Holland. Come visit us in our new location at 39 North

39 North Main Street Moab, UT 435-259-3006 www.moabartists.com

moabpage@citlink.net



Framed Image Fine Art Gallery

Barbara McCulloch - Rock-ing Garden Framed Image presents "Mindscapes" by Barbara McCulloch. After years of representational painting, Barbara has taken a more spontaneous approach to art that more closely mirrors her impressions of nature. 59 E Center Street Moab, Utah 434-259-4446

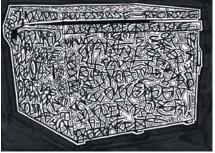
> www.framedimagemoab.com info@framedimagemoab.com











Love Muffin Cafe

Bruce Boyd After a very successful show in 2008, Bruce Boyd returns with his highly unique and stylized artwork. "New Works" features black & white graphic

drawings which blend traditional American graffiti art with abstraction, pattern and repetition.

139 N. Main Street Moab, Utah 435-259-6833 www.lovemuffincafe.com bwb1968usa@yahoo.com





3-THE WESTERN IMAGE 39 N MAIN ST

4-FRAMED IMAGE **FINE ART GALLERY**

59 E CENTER ST

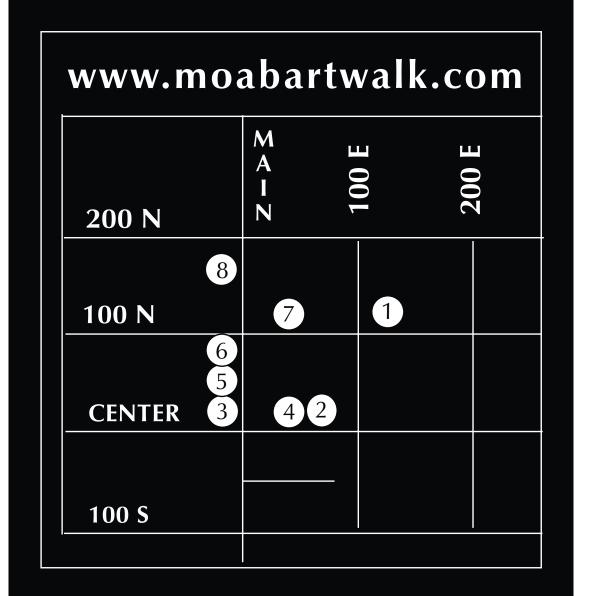
5-TOM TILL GALLERY 61 N MAIN ST

6-BACK OF BEYOND & ARCHES BOOK CO. 83-89 N MAIN ST

7-MOONFLOWER **MARKET**

39 E 100 N

8-LOVE MUFFIN CAFE 139 N MAIN ST





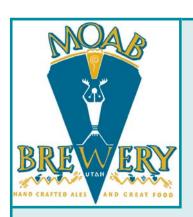
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RESTAURANT GUIDE





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ON-SITE

Microbrewery &

Restaurant
State Liquor Licensee

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Beer To Go
PATIO SEATING
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LUNCH & DINNER 7 DAYS - OPEN 11:30 AM 686 South Main • 259-6333 (McDonald's is next to us)







...In Moab, Utah.

Moab has two local wineries and two microbreweries. Castle Creek Winery, located at the Red Cliffs Resort, 15 miles from Moab on Scenic Highway 128 (The River Road) and Spanish Valley Vineyards, located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these

Moab wines.

Eddie McStiff's Restaurant
& Brew Pub, is Moab's Oldest
and Original Brewery. They have
12 beers on tap and a hassle free
bar where you can get a glass of
wine or a cocktail or beer without
ordering food or joining a club. The
Moab Brewery. Moab's only on-sit

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

If you enjoy any of these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

Also new this year, two lounges have emerged. Vista Lounge at Buck's Grill and the Ghost Bar at Jeffrey's Steakhouse. Both locations have an upscale casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

The Utah State Liquor Store is the only location to purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located

at 55 West 200 South and is open from Monday through Saturday (11:00 a.m. to 7:00 p.m - November 1st to May 1st and from 11:00 am to 9:00 pm - May 1st to November 1st.) They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise (you can drink it here) is available at various licensed

locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license. Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. Private Clubs are a thing of the past. You can now go to a restaurant or a tavern (and without ordering food or buying a club membership) and order a drink. Some restrictions may still apply as to where you can sit in a particular establishment when drinking.





Visit us at 90 N. Main, Moab UT

Handmade from fresh local and imported Italian ingredients. Fuoco maintains the essence of traditional favors and light crust people have come to expect from authentic Napoletana pizza.











RESTAURANT GUIDE



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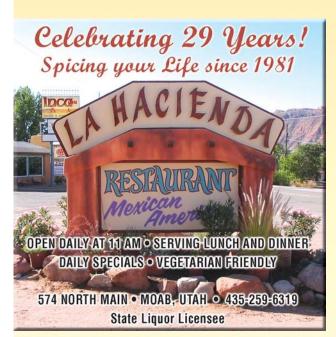


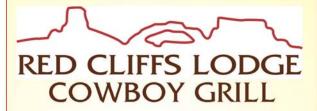




RESTAURANT







- Buffet Breakfast
- BBQ Lunch
- Riverfront Patio Dining

16 Miles east of Moab on Scenic Highway 128 259-2002



Bar M Chuckwagon

7000 North Highway 191 Dinner

259-BAR-M(2276)

Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

Branding Iron Bar & Grill

2971 South Highway 191 Dinner at 5pm

259-6275

Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Buck's Grill House & Vista Lounge

1393 North Highway 191 Dinner

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

Burger King

606 South Main

259-2700

Cassano's Italian Restaurant

11 East 100 North Open daily 3:00 p.m. - close 259-6018

Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

City Market

425 S. Main

259-5181

259-2002

Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128

Lunch • Dinner Breakfast Buffet 6:30 - 9:30 Sat & Sun only

RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Denny's

989 North Highway 191 Breakfast • Lunch • Dinner 259-8839

MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro

1266 N Hwy 191 at Moab Springs Ranch

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Eddie McStiff's Restaurant & Brew Pub

57 South Main Street Lunch • 11:30 a.m. Daily

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Dinner • 4:30 p.m. Nightly

12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main Street

EklectiCafe

352 North Main Street

259-6896

Breakfast • Lunch

Open 7 days a week 7:00 a.m. - 2:30 p.m. Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana

202 South Main Street

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259-2654

Fuoco Pizza Napoletana

90 North Main

Spring hours - Tuesday-Sunday, 12-8pm

Visit our outdoor venue and enjoy authentic Pizza Napoletana. Handmade from fresh local and imported Italian ingredients. Fired in an Italian wood oven, capable of reaching 1100 F, ensuring a traditional blend of flavors and light crust.

Hogi - Yogi

396 South Main (next to Teriyaki Stix)

259-2656

Lunch • Dinner Open Daily

Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order.

Jailhouse Cafe

101 North Main Street

259-3900

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts. Now Serving Espresso!

Drive thru service. Call in & take-out orders welcome.

Jeffrey's Steakhouse

218 North 100 West Open at 5:00pm 435-259-3588

Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor License. www.jeffreyssteakhouse.com

La Hacienda

574 North Main

259-6319

Lunch • Dinner - Open daily 11:00 a.m.

CELEBRATING 29 YEARS! Superior Mexican specialities with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining $atmosphere. \, Naturally \, vegetarian \, friendly. \, State \, Liquor \,$

Leger's Sandwiches

817 So Main (inside the Moab Chevron) Deli Open 6 a.m. - 8 p.m.

259-2212

Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

Love Muffin Café

139 North Main

259-6833

Breakfast and Lunch

Open everyday at 7:30am-2:00pm

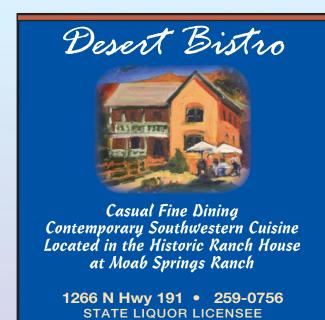
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

McDonald's

640 South Main

259-8800







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& GUIDE P











Mi Ranchito Mexicano

812 South Main Street, Suite B Breakfast • Lunch • Dinner

259-0550

Open daily 6 a.m. - 10 p.m.

Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from

Miguel's Baja Grill

51 North Main Dinner

259-6546

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

a quick lunch to a full dinner. Special requests available.

Milt's Stop & Eat

400 East and Millcreek Drive

259-7424

Lunch • Dinner Open daily 11 a.m. - 9 p.m.

A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials

Website is www.miltsstopandeat.com

Moab Brewery

686 South Main Lunch & Dinner 259-6333

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab's Daily Grind

1146 South Hwy 191 #B Mon-Sun: 6 a.m. - 2 p.m. 259-1115

FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

Moab Diner & Ice Cream Shoppe

189 South Main 259-4006

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli

98 East Center 259-0200

Paradox Pizza

702 South Main St 259-9999

Lunch • Dinner

Fri-Sat: 11 a.m. - 10 p.m. Sun-Thu: 11 a.m. - 9 p.m. At Paradox Pizza all of our salads, soups, pizzas and breads are handmade fresh daily. You will taste our commitment to quality with every bite. Order in person, online or over the phone. We offer dine in, take-out and delivery. Website is www.paradoxpizza.com

Pasta Jay's 4 South Main

259-2900

The Peace Tree Juice Cafe Closed for

Remodeling 259-8503 20 South Main

Pizza Hut

265 South Main 259-6345

Lunch • Dinner Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

Red Rock Bakery & Net Cafe

259-5941 74 S. Main Street

Breakfast • Lunch 7am-4pm Mon-Sat and 7am-3pm Sunday 'til March 15 then 7am-5pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Fine photography by Chris Conrad. OPEN EVERY DAY.

The Rio Sports Bar & Grill

1 block west of Main on Center Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. Visitors welcome, 21 years and older. OPEN EVERY DAY AT 11:00AM

Singha: Authentic Thai Cuisine

259-0039 92 East Center

Lunch • Dinner

Lunch: Mon-Sat 11a.m.-3 p.m. Dinner: Mon-Sun 5 p.m.-9:30 p.m.

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe

Lunch • Dinner Open daily 11:00 a.m. - close

Steaks, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Ice cold beer. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

Smitty's Golden Steak

540 South Main

259-4848

Breakfast • Lunch • Dinner

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259-4642

299 South Main

259-SUBS

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Szechuan Restaurant

125 North Main 259-8984

Teriyaki Stix

396 South Main, Next to Hogi-Yogi 259-2656

Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market.

702 South Main 259-3111

Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420

259-2595

Wicked Brew Espresso Drive Thru 132 North Main

259-0021

812 South Main 259-0101

Zax

We have it all, from our all new sunrise breakfast, served every day (after March 8) 6:30 am to 11:30 am, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax Dining Club. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 6:30 am to close 7 days a week

5 North Main

259-8004

Open 6am-9 pm 7 days a week

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SUBWAY Sandwich Shop

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Sunset Grill

Dinner

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Lunch • Dinner

Village Market

Wendy's 260 North Main

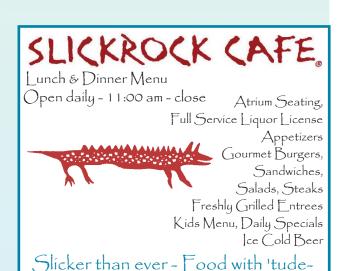
Yo Mama's Pizza

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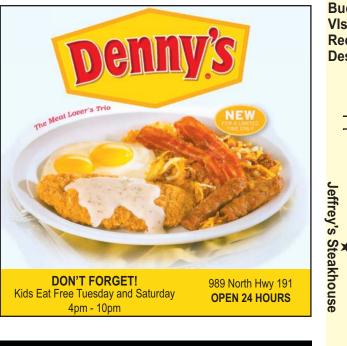




RESTAURANT GUIDE

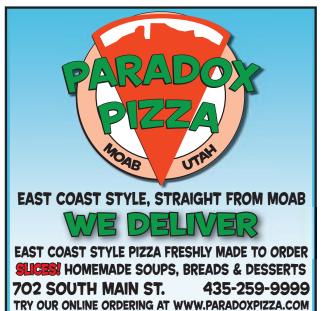


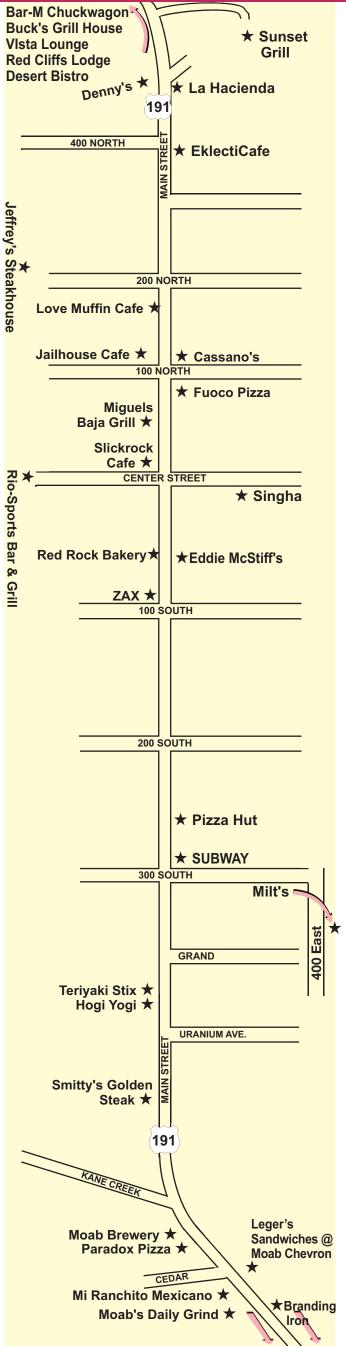






















RESTAURANT GUIDE

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NATURE HAPPENINGS

Honkers: Harbingers of Spring

The bird guide reveals their identity with descriptions like "a distinctive white chin strap" and "slender, elongated neck." The familiar "ah-honk!" separates these creatures from their lowly waterfowl relatives the scaups and shovelers, mallards and mergansers. Often referred to as "honkers," Canada geese are a conspicuous component

to laying eggs early in the season on sandbars and isolated river islands, hoping to get through the incubation period prior to the rising of the river. "We ain't no wood ducks," the ground nesters cackle.

But not so fast. Row down the Colorado River through Ruby/Horsethief Canyon just above the Utah/Colorado state line and you might encounter the "Cliff Nesting Geese of Colorado." In a section of the canyon that is pockmarked with large sandstone cavities, these geese have taken their egg laying to new heights. Literally.

Even though most of the neotropical migrants have not yet returned to Canyon Country from their more-southern wintering grounds, the resident geese have been hard at it. Their nesting season starts early and they have been sitting on eggs through this tough, late winter.

During the nesting season, the male, also known as the gander, guards the incubating female. Stumble upon a nesting pair and the male may charge or fly at the intruder. Using its bill and wings, the male takes his territorial duties seriously.

may appear and resemble rubber duckies as they line out between their parents, swimming across the water.

But where there are young, there are also bound to be predators. An adult goose is a formidable foe, but an immature one is short on experience. Vigilance, tactics, and warning signs are new traits in the development stage, so the numbers dwindle.



by Damian Fagan

Yet the young are not totally defenseless. Even day-old young can swim and dive up to 40 feet underwater. The

of the spring fauna here in the desert.

But not everyone is thrilled with these birds. Recent population explosions have them on the Rodney Dangerfield list of "they don't get no respect." Pursued in parks and swung at on golf courses, Canada geese populations have rebounded after plummeting during the early 20th century. Conservation groups and government organizations intervened, but they never thought the numbers would soar like they did.

However, the 6 to 8 subspecies, depending upon your taxonomic views, have responded differently. Some are doing well, others not so.

Spring Nesting

But we have to give the geese some "cred", as my hipster friend would say. In Canyon Country, the geese take The average clutch size for a Canada goose varies from region to region. The Utah Division of Wildlife Resources estimates an average clutch to be 4 to 7 eggs. Not huge, but enough to sustain the population with a significant mortality rate.

With the attentive male nearby, the female alone incubates the eggs for about a month. By April, goslings

young bulk up and may gain about a pound a week for the first eight weeks and before they are ready to fly.

Gaggles and Skeins

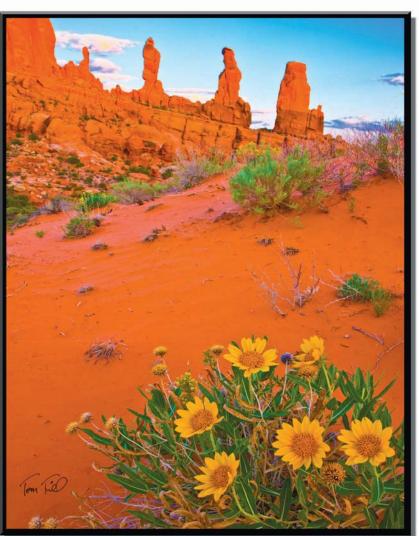
During the nesting season the geese form solitary pairs, defending their territories. As the young grow older, family groups come together and form flocks. On the ground they are known as "gaggles."

Later on in the season, after the summer molt, some of the geese migrate. The large V-formations of birds are a sight to behold. Known as "skeins," these flocks stretch across the sky, the honks echoing their

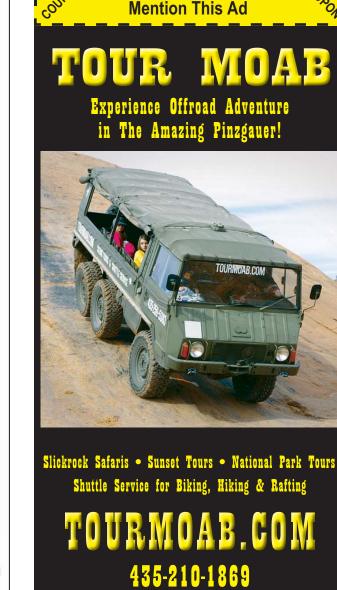
passage.

But now it is a pleasure to see and hear these harbingers of spring as the birds move up and down along the Colorado River.

\$10 Off Per Person



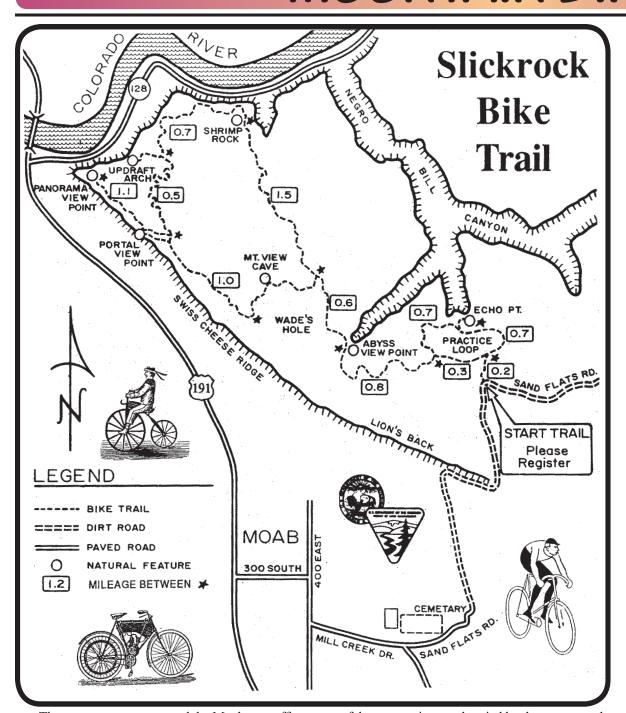




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MOUNTAIN BIKING



The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab

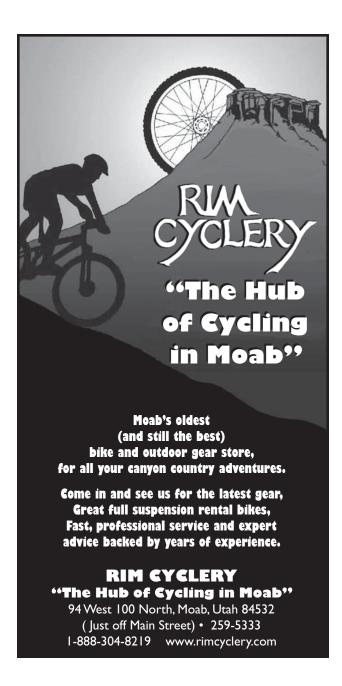
There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

Mountain Biking Mecca

- NEW EVENT: GRAN FONDO May 1-2, 2010 The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.
- MOONSHADOWS IN MOAB June 26, 2010 Enjoy this fully supported 44 mile ride by the light of the full moon. As you gain 2700 feet in climbing elevation the full moon rises casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the Moonshadows Café. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area and tailgate with friends as you bask in the moonlight or head back into town for post-event revelry at Frankie D's Saloon. For more information contact (435) 259-2698 or visit www.skinnytireevents.com.
- MOAB CENTURY TOUR September 17-19, 2010 This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents. com or 435.259.2698.
- 24 HOURS OF MOAB October 9 & 10, 2010 An endurance team race which is growing in popularity with each year. The fourman teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!
- CHILE HO-DOWN October 29, 30, 31, 2010 Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!!







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TRAIL HAPPENINGS

MOAB Brands Mountain Bike Trails

by David Olsen

Mountain bikers seeking fun trails on slickrock and single-track, head six miles north of Moab to the recently developed mountain bike trail system called the "Moab Brands". There are currently 15 miles of stacked loop trails ranging from moderate to intermediate in difficulty with an additional 9 miles of loop under consideration. Some of the trails follow old 2 track dirt roads and some are marked on the white slickrock sandstone known to geologists as Moab Member of the Entrada Sandstone. The views are fantastic!

The trails were named using western brands that spell out "MOAB". The oldest of the trails is the Bar M Loop, named after the nearby Bar-M Chuckwagon Wild-West Music and Dinner Show. In 2007 the BLM approved the Circle O Trail. Trail Mix members painted a continuous, colored track with concrete stain using taped paint rollers to make a mountain bike tire track on the rock. In 2008, the Rockin' A, Bar B, and Killer B Trails were marked following a similar process.

Aerial photo "you are here" maps and signs were installed along the start of each trail, and cairns were added where needed. All the trail signs include a "Ride the Line Challenge" to protect soil crust and keep mountain bikers on the trails. The challenges include, "If you ride the line good luck is granted and all your dreams may come true, you will be rewarded, find joy and be loved by all, you should be prosperous and successful in most endeavors, and you will feel warm and fuzzy."

Bar M: Eight mile loop around a shared use dirt road. It is physically moderate and technically easy. It has great views and is a good place for beginning riders.

Circle O: Three mile extension from the Bar M. It is physically moderate to intermediate and technically moderate. It much shorter and less aerobic than the famous Slickrock Trail however it gives its riders a "moonscape of crinkles and undulations that guarantee an exhilarating and often challenging ride."



Rockin'A: This is a fun one and a half mile trail that connects Circle O, Bar M and the Bar B Trails. Portions of the trail are physically and technically intermediate and bumpy (Rockin'!).

Bar B: Two and a half mile loop that connects to the Bar M and Rockin' A Trails. Portions of this trail are physically and technically intermediate. Unlike Circle O and Rockin' A, some of this trail on dirt single-track which is great fun to ride. The Bar B return route is along a nonmotorized dirt road.

Killer B: This one mile trail connects Bar B to the Moab Canyon/Old Highway path. It is not for the "faint of heart" since it has "steep areas of slickrock, cliff edges, loose soil, tight turns and steps". Some sections have to be walked and climbing up can be as painful as going down! This is a great route for hikers.

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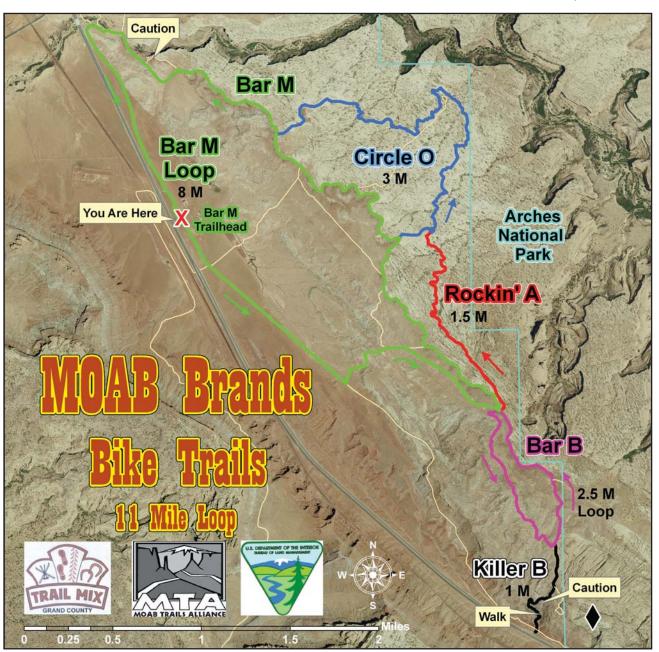
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Proposed Trails: Trail Mix has proposed 3 new trails to the Bar M Mountain Bike Focus Area that will potentially add 9 additional miles to the Moab Brands Trail System. The proposed new trails are being reviewed by the BLM. One of the goals of the Trail Mix Committee, in its recently revised Non Motorized Trails Master Plan, is to establish some easy trails for beginning mountain bikers as well as to increase the number of miles of single-track trails available for bikers.

Volunteers needed to "Adopt a Trail"

The National Forest Service (NFS) and the Bureau of Land Management (BLM) have recently implemented "Adopt-a-Trail" programs for bicycle and hiking trails around Moab. This is a great project for locals or for the regular visitors. BLM would like trails to be reviewed monthly in the spring and fall. The NFS needs help in the spring, once the snow has melted. "Adopting" a trail might include small maintenance tasks such as rebuilding cairns, shuffling or raking off-trail incursions and removing



trash or debris from the trail. Larger maintenance tasks such as downed trees or large rocks, erosion or other heavy tasks should be reported to the land manager. Individuals, a group, or a commercial entity can volunteer and have their names placed on a sign at the trailhead. Please email: moabtrailmixinfo@gmail.com

David Olsen, the author, is the Moab City Community Development Director. In addition to creating many of the pathways, parks and trails throughout Moab, David helped to form the County Trail Mix Committee and has served for nine years as the Vice Chair. He is an energetic force promoting trail development for use by locals and visitors alike.

TRAIL MIX is an advisory committee to Grand County in the development and maintenance of non motorized trails. The Committee represents bikers, hikers, equestrians and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500 West -182 North). Everyone is welcome.

Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. Volunteer activities include everything from trail building to grant writing.



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SKY HAPPENINGS

The Sky for April 2010

By Faylene Roth

APRIL SUNRISE AND SUNSET TIMES

SUNRISE **SUNSET** DATE 7:03am 7:42pm 2 7:01am 7:43pm 3 7:00am 7:44pm 4 6:58am 7:45pm 5 7:45pm 6:57am 6 7:46pm 6:55am 7 6:54am 7:47pm 8 6:52am 7:48pm 9 6:51am 7:49pm 10 6:49am 7:50pm 11 7:51pm 6:48am 12 6:46am 7:52pm 13 6:45am 7:53pm 14 6:44am 7:54pm 15 6:42:am 7:55pm 16 6:41am 7:56pm 17 6:39am 7:57pm 18 6:38am 7:58pm 19 6:36am 7:59pm 20 8:00pm 6:35am 21 6:34am 8:01pm 22 6:32am 8:02pm 23 6:31am 8:03pm 24 6:30am 8:04pm 25 6:28am 8:04pm 26 6:27am 8:05pm 27 6:26am 8:06pm 28 6:25am 8:07pm 29 6:23am 8:08pm 6:22am 8:09pm

The celestial equator (extension of earth's equator upon the celestial Moab UT (at City Hall) dome) spans E to W. The ecliptic (sun's path across the 38°34' N Latitude sky) runs SE to NW. The constellation overhead 109°33' W Longitude at midnight on the ecliptic indicates where 4048 ft - 1234 m Elevation the sun will be at noon (daylight savings time disregarded) in six months. **MAJOR CONSTELLATIONS OF APRIL** Hold the star chart high above your head and match Overhead the compass directions Cancer to the direction you Leo are facing. Adjust the star chart by Northward orienting Ursa Major Cassiopeia (Big Dipper) to Cepheus match its position Perseus in the sky. Ursa Major Ursa Minor The star chart **Eastward** approximates **Bootes** the sky from Corona a stronomical **Borealis** twilight to midnight. Hercules As the night and Lyra the month progress, Virgo the constellations shift Westward toward the northwest. Auriga **Southward** Canis Major Corvus Canis Minor Crater Gemini Hydra Orion Taurus

DAYLENGTH

Earlier sunrises and later sunsets provide 68 minutes more of daylight this month. Twilight also extends the hours of daylight. Civil

twilight occurs approximately one-half hour after sunset when you can easily function without artificial light. Nautical twilight, about one hour after sunset, may require artificial light to assist your movements. Astronomical twilight begins about one and one-half hours after sunset.

Jupiter - The dominant light in the predawn sky this month is Jupiter. It appears on the ecliptic a little south of the celestial equator about one hour before sunrise. (Magnitude -2)

VISIBLE PLANETS

Mars - Look high in the western sky for the bright red disk of Mars between the twin stars of Gemini and the sickle-shaped head of Leo. It appears in the faint constellation Cancer. Each evening Mars advances a little farther east. By April 19 it will have moved eastward through the center of Cancer. Mars is fading in brightness as its orbit recedes from Earth, but it still matches the brightness of Saturn and the first magnitude stars. (Magnitude +0.5)

Mercury - On April 8 Mercury is at its greatest eastern elongation from the sun (farthest point from the sun in its orbit). To see Mercury, first find Venus in the western sky, then use binoculars to scan to the west towards the horizon for Mercury. On April 15 use binoculars to find Mercury to the right of a thin crescent moon right below Venus in the western sky. (Magnitude +0.1)

Saturn - Look for Saturn in the faint constellation Virgo as twilight fades. Its yellow disk appears below Denebola (tail of Leo). Extend a line through Mars, Regulus (Leo's heart) and Saturn to find Spica (Virgo). (Magnitude +0.5)

Venus - Both Venus and Mercury are in Pisces this month, but the constellation is too faint to be seen so close to the sun. Venus continues to appear low in the western sky so it may not be visible until late in the month when it can be seen between the two star clusters of the Pleiades and the Hyades (the V of Taurus). (Magnitude -3.9)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

A faint glow fades from the western sky over the next onehalf hour. The opposite progression occurs at dawn. (The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

MOON HAPPENINGS

April begins with a waning gibbous moon rising a little before midnight. On April 2 it appears after midnight in the SSE sky near Antares (Scorpio). The third quarter moon occurs April 6. A new moon occurs April 14. On April 15 a waxing sliver of moon pairs with Mercury just below Venus. The first quarter moon occurs April 21. On April 25 a waxing gibbous moon rises with Saturn in the eastern sky. A full moon returns on April 28. The month ends as it began with the moon rising in Scorpius a little before midnight. (The time of moonrise and moonset assumes a flat horizon. Actual time may vary depending upon the landscape.)

METEOR EVENTS

April abounds with meteor showers. During the first week a minor meteor shower has a radiant in Serpens Caput which rises about 10pm in the southern sky. It peaks the night of April 4. Another meteor shower with a radiant in the circumpolar constellation Draco is active throughout the first half of the month. Throughout the month meteors will stream from Virgo in the southern sky. The last two weeks of April are well known for the occurrence of fireballs (large meteors as bright as Venus that have the potential to reach the ground as meteorites). April fireballs can originate from any region of the sky. The third week of April will offer the best opportunity to view them because the waxing new moon will not cause much light interference. These meteor showers are a backdrop to the main event of the month. April 16-25 the Lyrids Meteor Shower graces the nighttime sky. At its peak on the night of April 21/22 this shower can produce 10-20 meteors per hour. A first quarter moon sets soon after 2am. The best time to view any meteor event is when the radiant is overhead. That is usually between midnight and 5:00am.

LOCAL STAR COUNT

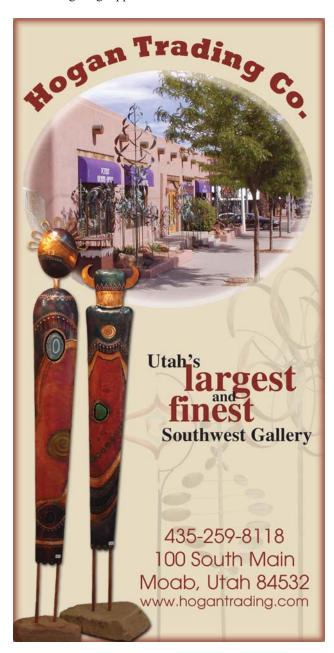
I'll be joining Red Rock Astronomers one evening this month for a tour of the night sky and telescope viewing. Look for flyers around town during the first week of April and watch for an announcement in The Ad-Vertiser. You can also call 259-4743 or 259-3313 for more information. The stargazing events are sponsored by WabiSabi and all ages are welcome.

Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your

hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degree.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at http://www.fourmilab.ch/yoursky/

To find out when the space shuttle and International Space Station are visible from your location, go to: http://spaceflight.nasa.gov/realdata/sightings/index.html and click on Sighting Opportunities.



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ASTROLOGY HAPPENING

Your Monthly Horoscope - April 2010

Mar. 21 - Apr. 20 Aries: Happy Birthday Aries! Good luck abounds the month on the 4th, 17th, 23rd, and 24th. Make plans and budgets on the 6th, 25th, and 26th for best results. Romance takes a hit on the 3rd, but it's over quickly. A health or employment issue from last year is revisited through

the summer starting on the 8th. After the 20th your focus shifts to handling your cash. You could get a small windfall between the 24th and the end of the month.



Apr. 21 - May 21 Taurus: Time to put your feet up and relax. You'll have plenty of time the last week of the month to start those home projects. In the meantime, planning those maneuvers on the 4th, 6th and the 18th will get the best results. After the 20th the Sun moves into your 1st House of Self and you're

the center of attention for the coming month. On the 26th a problem regarding romance or children returns for the summer. Be ready to use your new tools to handle it.

May 22 - June 21 Gemini: Time to plan the coming year. The best days for these activities are the 4th, 17th, 18th, 24th through the 26th. Give in to artistic urges on the 18th as you could bring in a fantastic idea or work of art. After the 20th you'll need to slow down and

take a breather from the world. Don't get into an argument on the 25th-you'll lose. This month a problem over home and career from last summer is back. Use tools you learned last year to get you through the hard part.

June 22 - July 22



Cancer: The Sun and Mercury are shining in your Career house this month drawing attention to the job you do and how well you do it. You could get a raise. Also in the heavens Venus and Pluto setup a nice energy for you on the 4th for some serious romance. After the 20th the Sun moves

into your house of Hopes and Wishes and it's time to dream your future for the coming year. You get some great help for this task on the 24th, and the 25th. A problem regarding brothers and sisters returns from last year to keep you on your toes until this September.

July 23 - Aug. 24



Leo: The Sun and Mercury could have you wishing for an early vacation this month. Far away places are calling to you. Sometimes the best way to get there is in a book. Even that sounds enticing to you. A trip back to school for a little

night course or two may fill the yearning, also. Look for a career boost or break on the job on the 4th and the 24th and 25th. After the 20th the emphasis continues to grow concerning your career. A problem for last year reappears regarding your financial holdings and will continue through the summer until September.



Aug. 24 - Sept. 22 Virgo: You're handling the joint finances this month. Balancing the checkbook or possibly setting up a new budget. Last minute tax filings. So much to do, so little time. Help arrives on the 6th and the 18th. After the 20th, matters concerning church,

higher education, long distance travel and matters of law have your lofty thoughts. The 24th and 25th are excellent days for the handling of these matters. A problem with yourself and your partnerships returns to be tested for the summer. You've done this before, and it's easy.

Libra: You are happily focused on your partnerships and committed relationships this month. Let them know how much you care before the 6th when some of the energy will be lost. Luck could find you on the 4th, 6th, 17th 18th and the 24th. Also

these dates are great for romance. After the 20th you shift gears to tend to the matters of jointly held assets. The 24th and 25th are great days to clear the air and make financial plans for the future. The 26th restarts a phase similar to last year regarding your health or employment. Circumstances have improved so this period until September won't be quite as rocky.

Oct. 24 - Nov. 22

Scorpio: You are the busy bee this month. Work has landed from partners and more is on the way, keeping your nose to the grind stone all month long. It feels so good to work this hard, but don't run yourself down on the 3rd. Partners throw

in the helping hand just when you need it this month on the 4th, 6th, 17th, 18th, 24th and 25th. After the 20th you spend more time with those partnerships whether they are business or spousal. The 24th is a special day; don't waste it. A creative block returns from last year to last through the summer. Blast through it and get going.



Sagittarius: You're feeling romantic this month. You need a friend to share your adventures with. The 4th, 6th, 17th and 18th are your best days. A creative project receives major energies on these days, as

well. After the 20th matters of health or employment are your focus. Avoid a confrontation on the 25th. It's bad for both sides. A problem from last summer is back for this summer regarding conflicts between your career and home lives. Hopefully you learned how to deal with this last time.

Dec. 22 - Jan. 20

Capricorn: Your home is where your heart is this month. It just seems to provide more than the world at large. Projects within your home get nice energies on the 4th, 6th, 17th, 18th, 24th and 25th. Best day to break a habit is the 25th. Also, it's a good day to steer clear of a confrontation. After the 20th,

By Rob Wells

you yearn for a little romance and the 24th is your very best day. A testy problem regarding errands, communications or siblings returns from last summer to spend yet another summer with you. Hold tight.



Aquarius: Errands and communiqués keep you hopping this month especially on the 3rd, 4th, 6th. and 26th. A great piece of news could come on the 18th, so be ready. Lucky days for you are the 4th, 6th, 17th, 18th, 24th, and 25th. After the 20th you look to spend more time at home

away from the maddening crowd. A problem regarding matters such as law, education, church or travel returns for another round until this fall. Hopefully, the tools learned last summer will serve you again.



Pisces: The Sun lights up your 2nd house of Cash this month. The planets are very lucky for you all month long financially. It should be an easy period for you. A friend could offer words of love on the 4th. You could return them on the 6th. After the 20th you focus

on you communications with the world around you. You could hear from siblings this month. A problem regarding partnerships and self from last year returns until this fall to test you, yet again.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."



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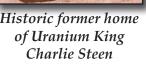
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ENTERTAINMENT

NIGHT LIFE



April 2010 Volume 22 Number 1

MOAB HAPPENINGS

44th Annual Moab Jeep Safari: March 27 - April 4, 2010

The 44th Annual Easter Jeep Safari for 2010 is a collection of trail rides, mostly day-long trips, that will depart from Moab, Utah, during the nine days from March 27th through Easter Sunday, April 4. Visiting families provide their own four-wheel-drive vehicles, bring their own lunches and non-alcoholic beverages, and load up good-to-have items like sun lotion and perhaps

protection from the chance of rain or even snow flurries. There are no restrictions as to manufacturer of the vehicle, but high clearance four-wheel-drives are expected. ATV's, UTV's and Motorcycles cannot be included. We will be using 10 or more trails most busier mining days. The trails are used throughout the year for 4WD recreation and for business by mineral searchers



and by ranchers, who use the lands seasonally for grazing. Old trails are easy to find. The problem in finding the Safari routes is knowing which of the many old trails to take.

On Big Saturday (April 3), 1000 or more vehicles that have lined up in trail groups near the center of Moab will

> do a controlled "big bang" departure in all directions. This is said to be one of the biggest parades in the world in terms of numbers of vehicles involved in a single event. If you happen to be in town on Saturday morning, don't miss this motorized madness starting at 9:00 AM.

4X4 Trade Show

A little known but popular event during "Jeep Safari" is the vendor trade showand exposition, scheduled for Thursday & Friday, April 1st & 2nd the Old Spanish Trail Arena (large brown building on the east side of Hwy 191 five miles south of the center of

There will be over 120 indoor and outdoor displays of 4-wheel drive products. Manufacturers come from all over the United States to display their 4x4 related products to the attendees. The show is free and is open to the public. The product displays are mostly items of interest to the "4-wheel crowd," but some spaces have been donated to worthy causes that are directly related to Easter Jeep Safari activities.

Many vendors have contributed products to a raffle which is held on Friday evening after the annual Boy Scout Dinner, which is scheduled to begin at 5:30pm. This annual product give-a-way is a major benefit to the registered participants of the Safari.

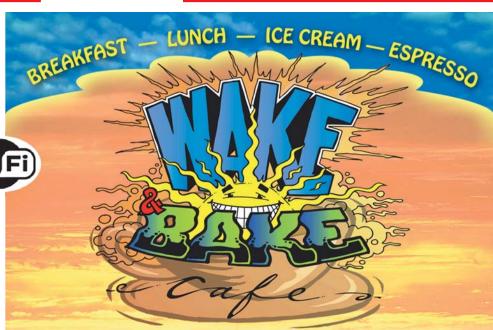
The drawings have been popular enough to create real traffic jams near the Arena, so please be patient with parking and traffic control officials.



days, and 28 groups will be part of the departure spectacle on "Big Saturday" April 3rd. A few trails are barely out of the two-wheel-drive class, but the most difficult trails need vehicles that have serious after-market improvements. The 2010 Big Saturday trails, and Hole In The Rock two night camping trail will be offered again.

All of the trips travel federal and Utah state lands on established





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AREA HAPPENINGS

Wagon Master

This was the first feature movie filmed in Moab, Utah in 1949 and released in 1950. It was directed by the legendary John Ford and written by his son Patrick Ford and Frank S. Nugent. The film starred Ben Johnson, Harry Carey, Jr., Joanne Dru and Ward Bond.

It is a story about the Mormons hoping to found a new colony in the San Juan River territory. They hire horse traders Travis Blue (Ben Johnson), Sandy Owens (Harry Carey, Jr.) as wagon master and guide. Elder (Ward

Bond) is in charge of the small party of Mormon families, to trek westward through the Utah desert. The wagon train runs into several events ... a band of savage Indians, a dry desert with no water, and crazy outlaws who use

the Moab area for its spectacular beauty and ruggedness. Wagon Master, Ford filmed the John Wayne classic, Rio Grande, which also had Ben Johnson and Harry Carey, featured. stuntmen were hired in both films and most of them became members of the John Wayne Stunt Family and remained with him in most of his future films. Cliff Lyons, famed stuntman and stunt coordinator handled the action in Wagon Master, Rio Grande and many

handled his most dangerous action for the next thirty years.

and extras or supplied horses for Wagon Master. The Indians in Monument Valley were also hired.

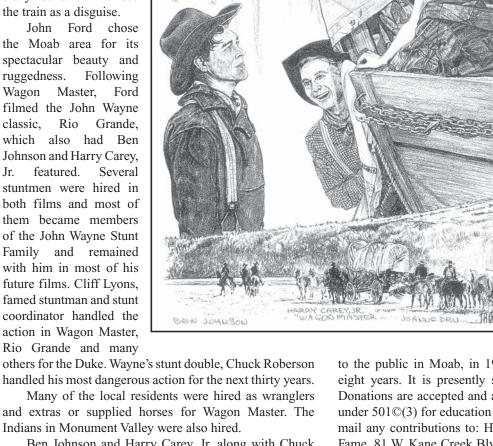
Ben Johnson and Harry Carey, Jr. along with Chuck Roberson and thirty other stuntmen and women and well known actors and actresses including Burt Reynolds, Lee Majors, Dale Robertson, Yvonne de Carlo, were footprinted

in cement when the Hollywood Stuntmen's Hall of Fame opened up to the public back in 1975 in Palmdale, California. Included in that group were legendary stunt people like Yakima Canutt, Richard Talmadge, David Sharpe, Ronnie Rondell, Hal Needham and stuntwomen Helen Thurston, Polly Burson, Babe DeFreest and many others. To date, the Hall of fame claims over 400 footprints, handprints and signatures in cement, more than any other establishment

> television. and Hall of Fame is a nonprofit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over for their outstanding contributions to action in the movies. It was founded in 1973 by John Hagner (stuntman since 1960 and a member of Screen Actors Guild). He is also an artist of celebrity portraits, as well as fine artist in mediums oils, watercolors and black and white. He is known as the 'Artist of the Stars', and has done commissions for most of the major studios of motion pictures and television.

The Hollywood Stuntmen's Hall Fame was opened

to the public in Moab, in 1989 and remained for nearly eight years. It is presently seeking a facility to reopen. Donations are accepted and appreciated. It is a non-profit under 501©(3) for education and cultural purposes. Please mail any contributions to: Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. Phone number is 435 260-2160. Email address: www. hollywoodstuntmenshaloffame@gmail.com Check the website: www.stuntmen.org



Edge of the Cedars State Park Museum Presents: 2010 Four Corners dedicated to preserving the history of the stunt profession motion pictures in Indian Art Market The Hollywood Stuntmen's

by John Hagner

Blanding, Utah - The great snowfall in Southeast Utah is nearly just a memory, the robins have returned, blackbirds are singing, and daffodils are beginning to smile in the sunshine. With all these cheerful signs of spring, we know that the 2010 Four Corners Indian Art Market at Edge of the Cedars State Park Museum is just around the

This year, Art Market will be held on Saturday, May 1st from 9:30 AM until 6:00 PM in Blanding, Utah.

The Four Corners Indian Art Market has grown considerably over the past five years. This year, at least fifty of the finest Native artists from the Four Corners and beyond will dazzle visitors with their hand made traditional and contemporary works of art. Visitors have the opportunity to talk with the artists, learn about their artwork, and purchase unique gifts and pieces that will become family heirlooms. Visitors can "shop Santa Fe" without leaving the Four Corners! Artists will also be competing with their best artwork for prizes in the juried competition. Awards will be presented Saturday afternoon during the Art Market.

We are also pleased to announce a full day of top-quality performances and entertainment, including Navajo, Hopi, Ute Mountain Ute, White River Apache, and pow-wow dance groups. James Bilagody, from Tuba City, AZ will, once again, bring his energetic synthesis of traditional and contemporary Navajo song and hand drum to the Art Market.

Art Market visitors can also take time to learn about the art of moccasin making, basket weaving, beadwork, pottery making, textile weaving, drum making, and flint knapping from master craftsmen and women.

Children can practice the skill of throwing the atlatl, craft a small clay pot, create their own "rock" image, and learn how archaeology is used to understand the past through exciting activities, hosted by the National Park Service. Of course there will be plenty of food vendors, a chance to win at the Silent Auction, and lots of family fun.

We hope that you will join us, Saturday, May 1st in Blanding, Utah for this celebration where cultures and traditions meet, the 2010 Four Corners Indian Art Market!

The Edge of the Cedars State Park Museum is located at 660 West 400 North in Blanding, Utah. The museum is open Monday through Saturday, 9:00 AM - 5:00 PM. For additional information, please contact us at 435-678-2238 or visit our website at http://stateparks.utah.gov/calendar/edsp.

May 13th - 16th PAID FOR BY THE CORTEZ RETAIL ENHANCEMENT PROGRAM

Do you know of an event in or around the Moab area that vou'd like to see advertised in the Moab Happenings?

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PARK HAPPENINGS

Signs of Spring at Dead Horse Point State Park By Kim Clawson

After a long, cold winter, spring has finally arrived at Dead Horse Point State Park. This winter the park received more than its usual two feet of snow but the snow is melted and ground is starting to dry out. Park staff are looking forward to this year's array of wildflowers. In this article are a few pictures of last year's wildflowers; this year we are expecting to see more!

Campers are starting to arrive at the campground and reservations are starting to pour in! To make your reservation at the park's campground, call 1-800-322-3770 Monday through Thursday, from 7 a.m. to 5 p.m. Reservations must be made at least two days in advance. Each campsite has up to 50 amps of electricity, a shaded picnic table and a tent pad or two. RVs must fill their water tanks before entering the park, as water is trucked into the park from Moab. Drinking water is available but showers are not.

Interpretive programs started March 26 and will continue until the middle of October. This year's topics will include reptiles, plants, wildflowers/pollinators, bats, insects, geology and more! Look online at www. stateparks.utah.gov/dead-horse for more information. As you enter the park, ask about opportunities for junior

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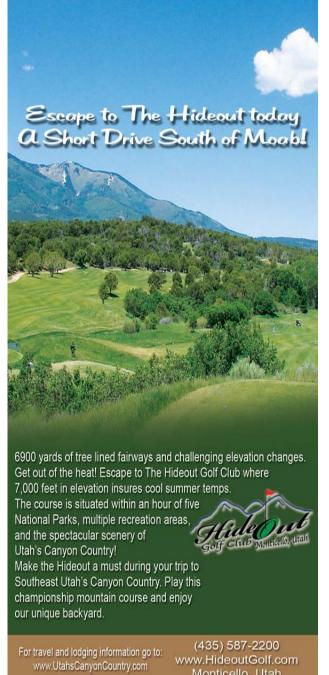
Another sign of spring, the Peregrine Falcon, has been sighted at the park. Lizards, moths, Hopi chipmunks, rock squirrels, Say's phoebes, and canyon wrens have been seen and heard throughout the park and the Moab area. Birds are singing their mating songs and ravens have been seen flying in groups, performing aerial tricks to impress their mates.

The Intrepid Trail System opened for mountain bikers in March after spending the winter covered in enough snow for cross-country skis. Dogs are not allowed on the Intrepid Trail but they are allowed on all hiking trails in the park as long as they are kept on a leash and the owners clean up after their pets.



Dead Horse Point State Park is located nine miles northwest of Moab on US 191 and then 23 miles southwest on Utah 313 to the end of the highway.

The Park hours are 6 a.m. to 10 p.m. **Visitor Center Hours:** Summer - 8 a.m. to 6 p.m.



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MILEAGES TO MOAB

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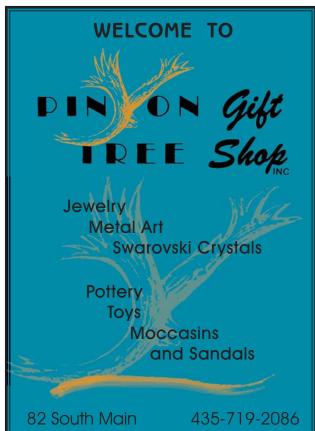
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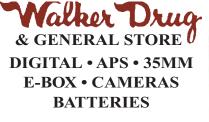
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> Your ad could be here! Call Theresa or Aaron at 259-8431 for details.





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A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9pm for a stitching social and enjoy getting to know other fiber artists. Hours: Mon-Sat 10 am - 6 pm. Visit us online at www.desertthread.com



40 West Center St. 435-259-0739

Our shop is filled with fabrics that call to you, inspire and reward you. Come in and check out our great selection of fabrics to suit your style. Patterns, books, notions, gifts and classes to suit beginners and beyond. Chairs for husbands! Look for our Anniversary Specials on May 6. Hours: Tuesday-Friday 10 - 6, Saturday 10 - 4.



82 South Main

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SHOPPING GUIDE



RaveⁱN Image 59 South Main, #5 **LOCATED IN** McStiff's Plaza 259-4968

The Rave'N Image is a family-run clothing boutique with a whole lot of style and variety. In addition to our trendy (yet affordable) clothing, we also carry a wide selection of accessories including: embroidered bags, belts & buckles, leather cuffs & wallets, candles, bath & body products, flip flops, sunglasses, bathing suits, cards & journals, make-up, political stickers & T shirts, art prints & other gift items, the largest collection of Body Jewelry in Moab and a GORGEOUS ARRAY OF STERLING SILVER, GEMSTONE & FASHION JEWELRY!! We carry unique & conscientious lines like RISE UP, PACIFICA, PAPAYA, NEVES, ORIGIN, IDYLL & THE OUTFIT, as well as locally made artwork & jewelry AND Kama Sutra & Nag Champa products. Don't miss our 50% OFF CLEARANCE & USED racks when you come by the McStiffs Plaza to see what people are "Rave'N" about!! Open daily at 10 am.



375 So. Main Street in front of City Market. 259-8431

The Moab Mailing Center is an authorized shipping outlet for UPS and FedEx. Mailbox rentals - private & secure with mail forwarding service available. Shipping supplies, boxes, packaging materials, bubble wrap, & tape. Color copies, high volume copying, large selection of paper and card stock available. WE NOW OFFER FEDEX GROUND! 24 HOUR DROP BOX FOR FEDEX AND UPS ENVELOPES. Stop by Moab Mailing Center and we can help you out! Next day service to anwhere in the US from Moab (UPS and FedEx). Open Mon-Fri 8 am to 6pm, Sat 9am to 5pm NEW: Notary on staff. Call for hours.



37 East Center Street 259-7778 Across from the Information Center.

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290 South Main • 259-5959 Open everyday 7:30am

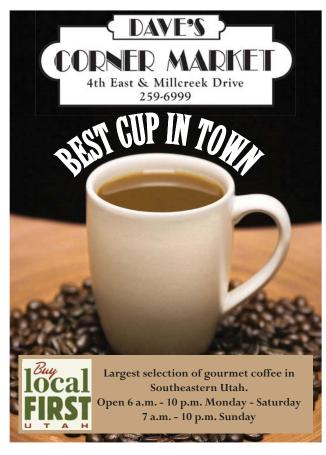
Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.



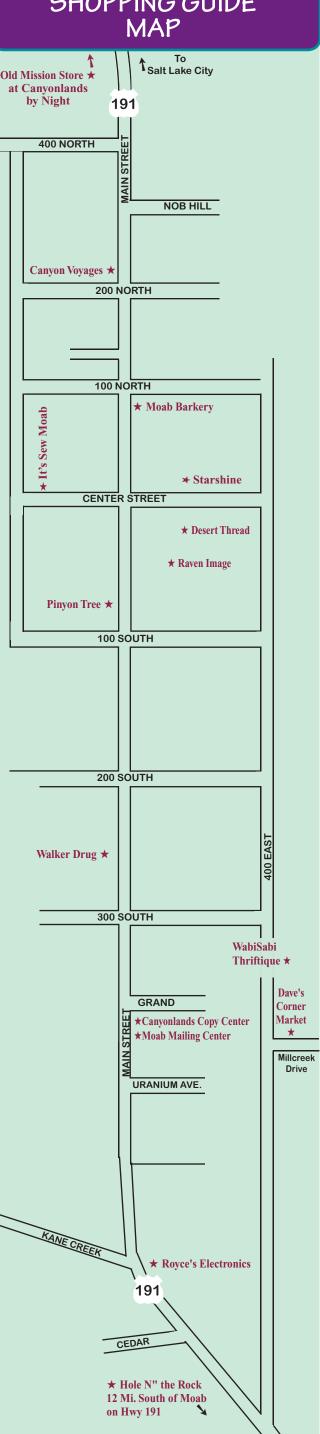
We shape the places where we live in crucial ways every day. Each time we purchase goods or services from a particular shop or office, we are making choices about our community. For every dollar they

bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto,

Buy close by, preserve community.



SHOPPING GUIDE



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HEALTHY HAPPENINGS

Healing Arts Center Massage



Lisa Albert, LMT, NCTMB Ambrosia Brown, LMT, NCTMB Sarah Ball, LMT, NCTMB

260-9506 260-1122 260-2238

Swedish, Deep Tissue, Sports, Bellanina Face Lift Massage, Hot Stone, Spinal Touch, Polarity, Cranialsacral, Thai Yoga Massage, Gift Certificates, Group Bookings

> 50 E. Center Street Behind the Information Center

Grand County Hospice

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.



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50 East Center Street at the Healing Arts Center, Studio 1

Acupressure Reiki Aikido bodywork and therapeutic massage Healing Arts Center www.ombodywork.net

classes start late April call for schedule

Sandi Snead 435.686.2545





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Healing Arts Center Massage

Lisa Albert LMT ~ Studio 5 **Healing Bodywork Nationally Certified** 435-260-9506

Massage for Sore Muscles and Pain: In a caring and calm environment, I will create a session especially for you that provides relaxation and relief from stress, sore muscles and sports related injuries. 16 years in practice.

Spinal Touch Alignment: For postural misalignment I use Spinal Touch, a gentle, polarity based treatment I may combine with Chinese Acupressure (Tuina) to give the body the information it needs to self correct. This is great for Sciatica as well as many other painful situations.

NEW! Bellanina Face Lift Massage: Deeply relaxing and luxuriously pampering, a Bellanina Face Lift Massage is a wonderful way to rejuvenate, tone and hydrate your face & neck. The finishing touches include: massage of shoulders, hands & feet.

and relaxation, a sense of well-being, and improved sleep. Massage is here to improve your quality of everyday life. Experience the benefits!

Sarah Ball, Nationally Certified, L.M.T. offers Swedish, Deep Tissue, Trigger-Point, and Chair Massage tailored to your needs often using a combination of some or all modalities. Enthusiastic and committed to assisting your body towards health and vitality.

Swedish Massage is a very relaxing and therapeutic style of bodywork, combining oils or lotion and strokes such as gliding, rolling, kneading, and gentle percussion to help the body improve its circulation. The benefits of this type of bodywork include relief from aches and pains, decreased stress levels, enhanced mental clarity, and greater flexibility.

Trigger Point Therapy is a style of bodywork that uses focused pressure to stimulate and release "trigger points" or tender areas of tension occurring in the belly of the muscle

> tissue. These 'knots' are built up throughout a person's life due to physical, mental, and/ or emotional stress. This process can be uncomfortable at times, yet the effects are lasting and profoundly transformative.

Deep Tissue Massage aims relieve tension in the deeper layers of tissue in the body, releasing areas of chronic stress due to misalignment, repetitive motions, and past lingering injuries. Due to the nature of the deep tissue work, open communication during the session is crucial to make sure the technique isn't too uncomfortable. Keep in mind that plenty of water should be

ingested to aid with the flushing and removal of toxins that will have been released from the tissue during the session.

Chair Massage is a type of massage done on a massage chair instead of a table. This is a more portable way to do massage and is more comfortable for some clients because they do not have to disrobe at all. Chair massage involves more compression and kneading than the long, fluid strokes you would receive from a massage on the table.

~ Group and couple bookings ~ Same day appointments ~ Local and regular client discounts ~



Ambrosia Brown, LMT ~ Studio 7 True Self, "BE KIND, UNWIND." Nationally Certified, Licensed Massage Therapist

Thai Yoga Massage ~ Deep Tissue Sports Massage ~ Hot Stones ~ Swedish Massage ~ Couples Massage ~ 60-75-90 minutes

Ambrosia Brown is a Licensed Massage Therapist that has been practicing in Moab at the Healing Arts Center for three and a half years. Be kind and unwind by treating yourself or someone you know to a massage!

This month's Ladies Journal describes the many ways massage enhances our health, "New research confirms that massage has many health-boosting effects including reducing heart rate; lowering blood pressure; increasing circulation and lymph flow; relaxing muscles; improving range of motion; boosting the immune system; and increasing endorphins." Learn more about this study that found massage was an effective treatment for patients with chronic lower back pain at the following website, http:// www.amtamassage.org/news/enhancehealth.html.

Thai Yoga Massage is now available with Ambrosia. This Eastern style sports massage combines rhythmic compressions and nurturing stretches. Thai Yoga Massage is especially effective for treating areas of stiffness in the body and leaves you feeling energized!

Sarah Ball, L.M.T. Nationally Certified in Massage and Bodywork **Healing Arts Center ~ Studio 9** (435) 260-2238

Ease of mind requires ease of movement!

Whether for the clarity and focus to get through or heal from a stressful time period, for assurance that your body is ready for competition or sports performance, or simply for enjoyment of your day-to-day life, having healthy and comfortable movement is a necessity. Massage facilitates this by using natural, instinctive and systematic maneuvering of the soft tissues of the body to increase circulation and lymph flow, reduce pain, tension and muscle soreness, and to increase mobility. The rewards of participation in massage also include increased energy

OmBodywork, Ata Calfee LMT, Suite 8 (435) 260-2874

OmBodywork offers a full range of therapeutic touch for a wide variety of individual needs and preferences.

I blend eastern and western modalities for health enhancing sessions custom tailored to each individual

Swedish Oil Massage for relaxation or to improve athletic performance.

Massage enhances circulation and rejuvenates the entire being while smoothing out tight and sore muscles.

Shiatsu is revitalizing and stimulating to the flow of "Ki" along energy channels in the body. Gentle rocking, rhythmic compressions and deep stretches help to release blockages and release tension. Pressure can be light or deep and focused. Can be integrated with a Swedish Massage.

Jin Shin Jyutsu Acupressure: Rebalancing the energetic system of the body is profoundly nourishing to the entire being, body, mind and spirit. Jin Shin can ease you into Nirvana like sleep while allowing your spirit to soar.

Reiki enhances any other modality through nurturing touch while healing universal life force can flow where it is needed in the body.

Om can be looked up on line at www.ombodywork.net In addition to hands on bodywork I also offer personal and group instruction in Aikido. Please see our website for more details@

www.moabaikido.com

www.moabhappenings.com

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HEALTHY HAPPENINGS

Community Nursing Services

There is an agency that has been providing in home health care since 1928. This goes back to the country nurse in the white cap driving the little black car, and coming to your house to take care of mumps, measles, sometimes child birth, or illnesses of the aging. The agency is Community Nursing Services; home health and hospice. CNS is a non-profit provider of home care; the oldest home care agency in the state, and Utah's first licensed hospice company. The little black car and the white cap are gone but CNS is still sending skilled nurses, physical therapists, home help aids, or when necessary a complete hospice team into homes in and around Utah. CNS offers the latest in home technology and is Medicare, and Medicaid certified. Offices are located in Moab and Price. For more information in Moab call 435-259-0466 or visit their website at cnsvna.org. 82 years and still making house calls. Community Nursing Services, a United Way agency.

Community Nursing Services (CNS) is a community-based. not-for-profit, full service home care corporation established in 1928. CNS is composed of several operating divisions.

- * CNS VNA (Skilled services such as Nursing and Therapies.
- * CNS Home Health Plus (non-skilled services, such as homemakers, personal care adaes. respite services)
- * CNS Pharmacy (intravenous and nutrition support)
- * CNS Community Hospice (Certified Hospice) which includes the Kaleidoscope Kids program (for children With life altering illnesses) and Journey Home (AIDS/HIV care).
- * CNS is the only CHAP (Community Health Accreditation Program) accredited home health agency in a six-state regional area. CHAP was the first home care accrediting body in the nation to receive deemed status from the federal government. By approving CHAP for deemed status, the government certified that CHAP's standards for excellence met

or exceeded the government's own standards for Medicare certification.

We are proud to be a partner in the Utah Home Health Coalition UHHC) whose home health agencies provide services to all counties. cities and towns in Utah. In addition CNS helped establish the Idaho Coalition of Home Health Agencies (CHHA). These two coalitions contract with nearly every third party

payor in this region to provide home care and related services where and when they are needed.

COMMUNITY NURSING SERVICES MISSION

We will assist clients to attain health care goals. while maintaining independence and dignity, through appropriate home health care and supportive services. We will promote wellness in the community utilizing our experience, knowledge and resources.

VALUES AND PHILOSOPHY - CNS is committed to:

- * Upholding our community-based, not for profit status.
- * Seeking client's and family's active participation with an interdisciplinary home health care team in order to meet a full range of needs.
- * Recognizing the vital role of each employee in accomplishing our mission.
- * Providing quality home health care services to all clients without regard to ability to pay within the limits of our resources.
- * Collaborating with other community agencies to identify and address unmet client needs.
- * Influencing the development of national and local home health care policies.
- * Utilizing volunteers on advisory committees, in support services, and in care programs. Fulfilling our mission through fiscal responsibility and prudent use of resources.Responding to the needs of our clients and environment as they change or emerge.



In 1928, Salt Lake City Visiting Nurse Service was formed "to provide nursing for the sick in their homes." The following year it was established as a voluntary, non-profit agency when the existing Visiting Nurse Association of Salt Lake and the Private Duty Registry were combined to form Salt Lake Community Nursing Services.

Caregiver Support Group

Active Re-Entry and the Grand Center are sponsoring a Caregiver Support Group the 1st Thursday of every month at 4:00 p.m. at the Grand Center / Active Re-Entry. Please call Active Re-Entry at 259-0245 or the Grand Center at 259-6623 for more information.

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www.cnsvna.org

Community Nursing Services

Experts in Home Care Since 1928



Office (435) 259-0466 • Fax (435) 259-0467 1030 S. Bowling Alley Lane #1 • Moab, UT 84532



Sore, over-worked, stressed muscles?

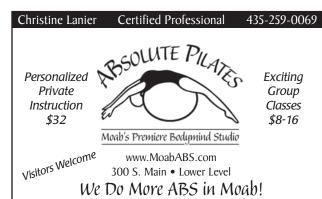


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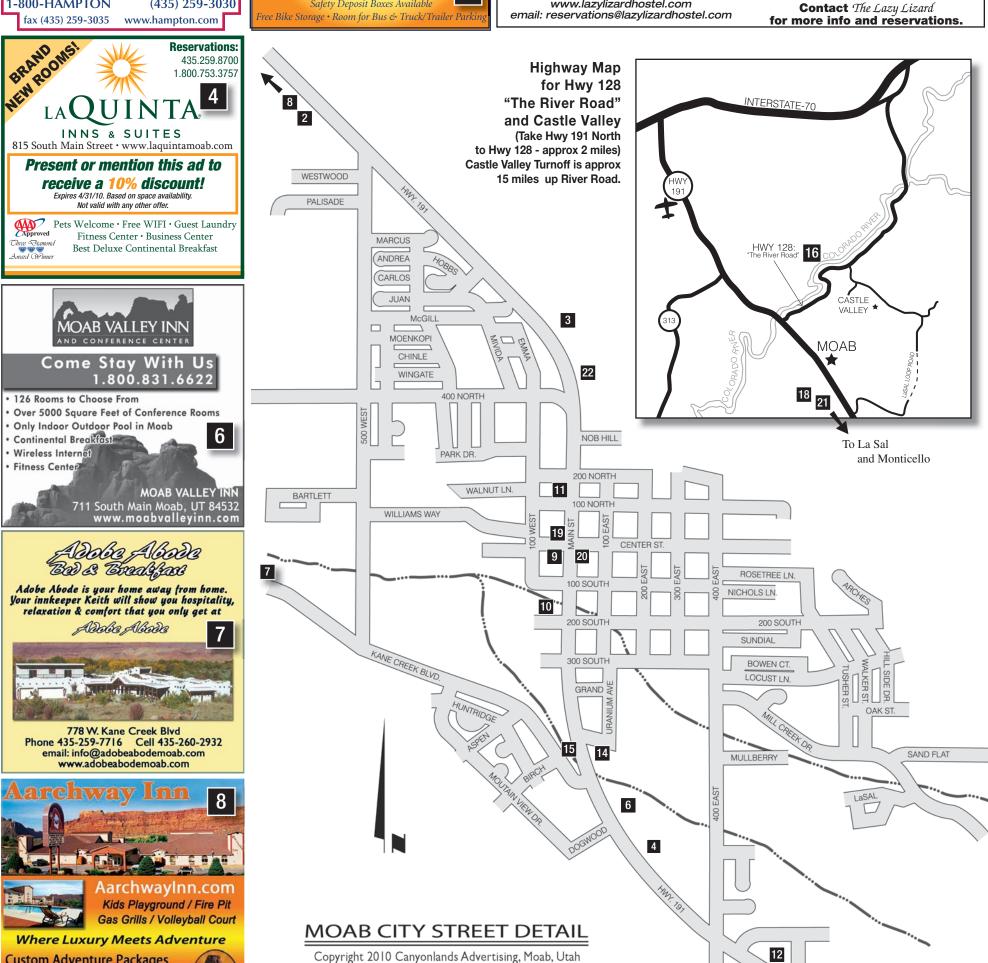
MOAB AREA LODGING GUIDE



(435) 259-3030 fax (435) 259-3035

Holiday Inn **Express** 1515 N. Highway 191 • Moab, UT 84532 Phone: 435-259-1150 • Fax: 435-259-1160 HolidayInnXMoab@yahoo.com www.HIExpress.com/moabut 79 Beautiful Rooms with Pillow Top Mattresses Free High-Speed & Wireless Internet Access Indoor Heated Pool & Hot Tub 2 Express Start Breakfast • Guest Laundry Safety Deposit Boxes Available Free Bike Storage • Room for Bus & Truck/Trailer Park











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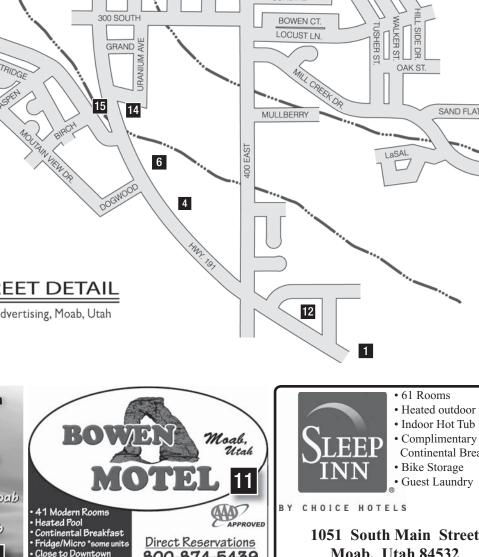
- 61 Rooms
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12

• Guest Laundry

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MOAB AREA LODGING GUIDE

21





Moab Area Condo Rentals



- Hot Tub/Outdoor Swimming Pool
- Continental Daybreak Breakfast with hot waffles and much more

22

- 24 hr. Front Desk Help
- Free Local Calls Free WiFi
- Full Amenities
- Good Parking Facilities
- All Rooms are Non-smoking





"One Call Does It All" www.moabutahlodging.com 50 East Center Street Moab, Utah 84532



Key to Lodging Guide

Suite rooms available

24 hr. front desk help

Truck/Trailer parking available

1.	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Hampton Inn	435-259-3030	www.hampton.com
4.	La Quinta	435-259-8700	www.laquintamoab.com
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	YOUR BUSINESS HERE		
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
18.	Hidden Oaks Lodge	435-459-9444	www.hiddenoakslodge.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com

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Call Aaron at 259-8431



Call 259-8431



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HISTORIC HAPPENINGS

Of Weddings, Wagons, Cows and Fire

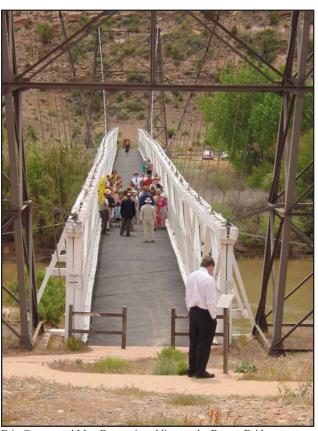
Lashing, slashing winds are the bane of boatmen on the Colorado River in April; winds often so strong that they push rafts upstream in the oarsman's losing battle with nature.

It was a fierce wind of early April that ensured a small brush fire turned into a conflagration that raced upstream two years ago, devouring everything in its path in a matter of hours, including the majestic Dewey Bridge.

It was a sad day for many. Devastating news. April 6, 2008 an icon had fallen. The Dewey Bridge, completed in 1916, listed on the National Register of Historic Places in 1984, replaced by a new bridge in 1986 and re-dedicated in 2000, had been brutally gutted.

The 502 foot-long wooden span, soaked in creosote and painted bright white, was a mighty feast for the fire. The blaze blackened trees and burned brush to the ground along a swath from a campground about a mile downstream, then swooshed up a clump of tamarisk tickling the underbelly of the bridge on the south. The historic structure, ironically hanging over a river swollen with winter runoff, was too far gone for firefighters to save by the time they raced the 30 miles along Highway 128 to the site. The monument burned and smoldered throughout the night, and by April 7, only the towers, cables and anchors remained.

But that was something. Private donations began to trickle in. Grand County formed a committee to explore the possibility of restoring Dewey Bridge. The Grand County



Erin Cooper and Max Forgensi wedding on the Dewey Bridge.

Historical Preservation Commission used previously donated funds to determine feasibility of rebuilding the decking, and a handful of devoted volunteers began barnstorming strategies to raise \$850,000 to bring Dewey Bridge back to life. The remaining superstructure was deemed safe to support a new deck alluring to bicycle pedestrian and traffic. However, it is never again expected to support the weight of six horses, three wagons and 9,000 pounds of freight as it had before.

Hard times in America slowed the fund-raising effort. As costs of living skyrocketed, few people seemed willing to fork out funds for a recreational project -- despite its historic value -- some saying you can't restore history. Charitable giving shifted toward schools, a new

hospital, feeding and housing the underprivileged and newly unemployed. The Dewey Bridge committee went dormant, but with spring came a vital sign that Dewey Bridge wasn't dead

Without fanfare and in wait-and-see mode, the committee accepted donations ranging from \$20 to \$1,250 over the past two years and is close to accumulating the amount needed to purchase engineering plans and construction drawings. At that point, major fund raising efforts begin.

In hopes of gaining community support and inspiring contributions, the Dewey Bridge Restoration Committee conducted a "Memories of Dewey" oral-history night in 2009, videotaping stories about people's remembrances and experiences at Dewey Bridge. More taping sessions will follow. Snippets of some of the first session are shared here.



by Vicki Barker

Parts of the bridge remain after the fire. Photo by Vicki

Little Red Wagon

Jan McPherson Mefret, Moab: "My parents had a cattle ranch, all my growing-up life, and they had a little cow camp there at Dewey, and I literally lived most of my winter months at Dewey when I was little (from 6 months old to age 7). Mom used to take me across the bridge in my little red wagon to get mail, when they delivered the mail to Dewey Bridge. And then, later on, when I got my driver's license, I remember going out there with my dad in his cow truck and so I went across the bridge, my first experience, to drive across the bridge in the truck."

Wedding Over Water

Erin Cooper (Mrs. Max Forgensi), Moab: "I have a lot of Dewey Bridge memories, a lot, you know, when we were young, driving across in our camper, ripping the mirrors off the side. Being a boater -- it was a great stopping point along the river when we'd do Westwater trips. And two weeks before we were getting married, we still hadn't picked a place to get married and we were driving out to do Westwater and we came around the corner and it was just like, 'Wow! Well, duh!' And we even wrote the Dewey Bridge into our vows (May 11, 2006). It was such an amazing place to be in. We even had chairs out on the bridge and everything. It was fun."



Erin and Max wedding day on the Dewey Bridge. Photo by Marylou Lopez

Big Yellow Bus

Oliver Harris, Blanding: "I'm a graduate of Grand County High School (class of 1958), so I've known the Dewey Bridge since the late '50s. In the late '70s, I was asked to take a bus load of (18-20) kids from San Juan High School in Blanding to Grand Junction for a yearbook conference and as soon as I got that assignment, I wondered if the bus would fit on the Dewey Bridge. And so when I turned off at Cisco I said, 'We're taking the scenic route.' And so I eased this big ol' bus onto the bridge, and if I watched very carefully, my left mirror would clear the structure by about a half-inch, but my right mirror wouldn't. It was very quiet on the bus as we crossed the bridge. I think they were uneasy. It almost didn't fit. We just filled up that whole thing. And I don't know if that was wise, but I was young, and that's my excuse."

Gripping Bridge

A. J. Rogers, Thompson Springs: "I worked for the Utah Department of Transportation, the past 26 years. We had to do a lot of maintenance on the bridge because frequently loads that were too wide and too heavy for the bridge would try to use the bridge. Motor homes, for instance. And if an extra-large motor home got out in the middle of the bridge, it would tend to sink down and the side rails of the bridge, which were called the parapet walls, tend to move in like a vise and clamp that motor home in there, and then he'd be stuck, unless he really gunned it. So we were frequently going down there to pull chunks of aluminum and insulation and stuff, and mirrors and things like that, off the bridge. A lot of times we'd have to go down there and replace some of those timbers on those parapet walls. Well, that was an OK job to do, but every time a car would come, we'd have to crawl up over the wall and hang out over the river while the traffic went by, and then crawl back over and go back to work. Did that quite a few times. It seemed like especially in the summer when the tourists were coming through, it was at least a monthly occurrence."

Dance and Bounce

Bette Stanton, Moab: "My great-grandfather helped settle the area in the 1880s, my grandfather had Professor Valley Ranch for awhile, and my father was born at Professor Valley Ranch. When they finally went out in 1916 and they christened the bridge, they danced all night on the bridge, and people came in wagons and on horseback from all over, and they brought the children, and the children all stayed at the ranch with a babysitter while the adults went out and danced all night on the bridge till sun-up. And of course, every time we'd come to visit, I remember the Dewey Bridge and how I loved that thing. Dad used to tell stories of when they would take cattle across it, and they had a hard time pushing the cattle on, but once they got 'em going, that bridge would just bounce up and down, and so it's been some really, really fun stories about it brought down through the ages."



Dewey Bridge often bulged with cattle crossing in the early days of Ranching. Photo courtesy of Joe Taylor

Moab Church Services Directory

Assembly of God • 1202 South Boulder Avenue	259-7747
Church of Christ • 456 Emma Boulevard	259-6690
Church of Jesus Christ of Latter-Day Saints Moab Stake • 701 Locust Lane First & Second Wards • 475 West 400 North Third, Fourth & Fifth Wards • 701 Locust Lane	259-7491 259-5566 259-5567
Community Church of Moab • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis • 250 South Kane Creek Blvd • P.O. Box 96	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Grace Evangelical Lutheran Church • 360 West 400 North	259-5017
Jehovah's Witnesses • 25 West Dogwood	259-8166
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
River of Life Christian Fellowship • 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist • 4581 So Spanish Valley Drive	259-5545
Friends (Quakers) Meeting for Worship, 10am Sundays call for location	259-8664

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RELAY HAPPENINGS

Running the Backside of Moab

While Moab is widely known for its' red rocks and desert land, few are aware of the high alpine vistas on the La Sal Mountains—Moab's Backside. On Saturday, May 8, 2010, the participants of the Moab Relay will experience the diversity of Moab's scenery—both the red rocks of the canyons and the aspens of the La Sals.

Moab Relay is a 50 mile running race that is run relaystyle by teams of six. The course begins at Red Cliffs Lodge, runs through Castle Valley, and travels along the La Sal Mountain Loop road before dropping back down into Spanish Valley of Moab to finish at the Old City Park. Each

rocks of the

team provides a support vehicle that travels the course along with the runner and carries other team members. Along the way, runners take turns running a portion or



"leg" of the race. Exchange zones are placed at specified points on the course where team members pass the "baton" (a slap wrist band) to the next runner on the team. As the next team member begins running, the team member who just completed running his/her leg catches a ride with the support vehicle and cheers the runner on before driving to the next exchange point. This

process is repeated throughout the course with each person on the team running two different times.

Moab Relay offers a unique challenge for runners of

all skill levels. While each team member must complete approximately eight miles (split up into two different segments), the distance that is covered climbs to elevations of over 8,000 feet before descending back down into Moab. On top of the challenge this race provides, the added element of costumes, team names, and decorated vehicles combine to make for an entertaining day. Race Director, Aleigh Redd commented, "It's amazing to see how much fun teams have tackling this course together! Teams can be made up of hard-core runners who are out to set records, soccer moms who want to hang out for a day, or a mixture of friends that just want an excuse to get together. Everyone is cheering for each other along the way."

In its' inaugural year of 2009, several Moab teams participated in the event in addition to the out-of-town teams. In fact, the overall team

winner of the race was "Team Moab", which included Canyonlands Half Marathon Race Director, Ranna Bieschke.

Moab Relay is quickly establishing itself as a "destination race". It will continue to give runners of all abilities the excuse they need to visit Moab and see a "backside" like they've never seen before! For more information, visit MoabRelay.com.



CASUALLY UPSCALE CLASSIC STEAKHOUSE FARE

The much anticipated opening has arrived. After one year of renovating this historic sandstone building, owners Jeffrey and Lauren Davis are excited to invite you for a casually upscale dining experience, just slightly off Main.

The atmosphere they have created for you is soul soothing with warm, calming colors and touches of copper. The artwork is inspiring and will enhance your senses, as will their food.

Jeffrey has selected a farm in Idaho to provide the beef for his Steakhouse. His selections of Wagyu style are hormone free, and will consistently provide for you an extremely tender and intensely flavorful cut of meat. The quality of this American Kobe beef is unmatched anywhere else in this valley.

Tucked away upstairs is the Ghost Bar. A contemporary lounge you will find most comfortable while waiting for your table to dine or to simply unwind with your favorite cocktail.

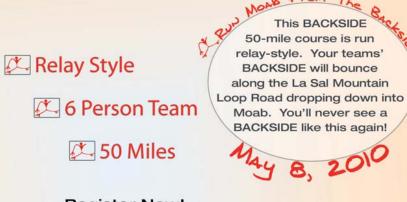
With the sultry sounds of Sinatra in the background, this grown up hideaway is contemporary and reminiscent of times gone by. It is truly a diamond in the rough.

Jeffrey's Steakhouse and Ghost Bar is full of rich colors and artful touches, and is undeniably beautiful.

OPEN AT 5:00PM
www.jeffreyssteakhouse.com
218 North 100 West
259-3588













12B • Moab Happenings • April 2010

SCENIC ROAD HAPPENINGS

Mill Canyon, Klondike Bluffs, Copper Ridge

This month, the Moab Happenings will take you on a journey through time to a stagecoach station, dinosaur fossils and tracks, and old copper mining operations. These three road logs are all accessed from US Highway 191 north of Moab. The first and third routes detailed (Mill Canyon and Copper Ridge) are normally easily traveled by standard passenger vehicles. The second, Klondike Bluffs, has a short section that will challenge stock 4x4 rigs. Please drive carefully, and bring plenty of water just in case!

Mill Canyon

Drive north of Moab on US 191 15.4 miles from the

intersection of Main and Center streets in downtown Moab. Approximately 100 feet north of milepost 141, turn left (west) and reset your trip meter.

Mile 0.0 Continue west on the dirt road. The route is normally passable to passenger cars, but after rain storms large mud puddles may prevent travel. 4x4 vehicles should not encounter any difficulties.

Mile 0.6 Keep to the left at this intersection.

Mile 1.1 Right at this intersection. The road to the left leads to the Halfway Stage Station, which you may visit on your return trip.

Mile 1.4 The road crosses a shallow wash. After very heavy rains, this dip may become washed out. Watch your speed!

Mile 1.8 The road ends at the Mill Canyon fossil walk trailhead. This easy stroll is well-marked with interpretive signs, making it easy to view fossilized bones left from Jurassic dinosaurs. There are fossils left behind by Allosaurus (a massive predator), Stegosaurus (famous for having bony plates along its spine and spikes on the

tail) and Camarasaurus (a long-necked sauropod similar to "Brontosaurus"). At the last interpretive sign on this .25 mile hike is a sign identifying Determination Towers, which are visible at the head of the canyon farther west. If you look across canyon to your left, you may be able to spot the two remaining walls of an old copper mill. This old copper mill, never very productive and long defunct, is the reason for Mill Canyon being named thusly.

When finished, please return to US Highway 191 the same route you traveled. If you wish to visit the remains of the Halfway Stage Station first, proceed back toward the intersection noted at Mile 1.1, above. Reset your trip meter at the intersection

Halfway Stage Station

Mile 0.0 You are at the marked intersection. Drive south.

Mile 0.1 Right at this intersection.

Mile 0.3 Halfway Stage Station. When the railroad finally entered Grand County, the closest railroad stop to Moab was at Thompson Springs, some 35 miles distant. Stagecoaches were utilized to transport passengers and mail to Moab, which took eight hours to make the trip. Freight bound for Moab was loaded onto wagons, and the trip for freighters took two days. The Halfway Stage Station was, as the name implies, half way between Moab and Thompson. Stagecoaches would stop here to let the horses rest and the passengers have lunch, but freighters would stop for dinner, stay overnight, and depart after breakfast. This stage station was in use from the mid-1880s until the late 1890s when it was replaced by another facility. The 'new' Halfway Stage Station was in use until the 1920s, but no traces of it remain.

When you are ready, head back to US Highway 191 and continue north for 1.1 miles.

Klondike Bluffs

At .1 mile past milepost 142, you will see a marked turnoff on the right for Klondike Bluffs. This route does have some obstacles that will challenge stock 4x4 vehicles, and getting high-centered and/or mild body damage IS a possibility. Visitors that wish to view the Klondike Bluffs dinosaur tracks but do not have a vehicle capable of the whole route will have to make the easy hike another .5 mile to the first dinosaur tracks, and an additional .6 mile to the best set of tracks.

Mile 0.0 Reset your tripmeter. You are at the parking lot cattle guard that marks the beginning of this road log. This is a popular mountain biking route, so please drive courteously and watch for bicyclists!

Mile 2.6 Turn left at this intersection. You will be paralleling some greenish slopes on your right. Approximately 145 million years ago, these green slopes were deposited in river flood plains.

Mile 2.9 A cattleguard and an informational kiosk is the landmark for this mileage.

Mile 3.1 Cross the shallow wash.

Mile 3.7 Right at this intersection.

Mile 4.0 A rock ledge is the first real obstacle on this trail. Not all vehicles will surmount it.

Over the next .3 mile, you will come across other obstacles, including a tight squeeze past a menacing boulder, a shallow wash that can become too eroded to drive, and more rock ledges.

Mile 4.5 You have reached a large expanse of white









slickrock. The first dinosaur tracks are visible near the soft red soil to your left as soon as you reach the white sandstone. Geologists call this sandstone "Moab Member" of the Curtis Formation, but 160 million years ago it was a white sand beach.

As you continue up the trail for another .6 miles, keep close to the reddish soil (usually 10 to 20 feet distance) on your left and watch for more dinosaur tracks between you and the red soil. Many of the tracks have a circle of stones around them, making the tracks easier to spot. Take great care not to drive over them!

Mile 5.1 The best set of dinosaur tracks on this road log. They are very close to the reddish slope, but may not be as well-marked. If you do not see them, know that you have gone too far if the 'road' curves around a red projection of soil and then starts heading downhill. The tracks are just before this point.

The Klondike Bluffs trail continues for another mile or two before ending at a fence marking the boundary of Arches National Park. Though the view from the trail's end is spectacular, there are very few dinosaur tracks to be seen and is beyond the scope of this road log.

When you are ready, drive back to US 191 via the same route you just traveled.

Copper Ridge Sauropod Trackway

To access this site, continue north on US 191 6.5 miles from the start of the Klondike Bluffs trail. The turnoff is about .5 mile past milepost 148. The road will be on your right (east), and crosses railroad tracks as soon as you leave the highway. This road is easily passable to all passenger vehicles except right after a rainstorm, which may leave short muddy stretches.

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Article and Photos by Rob Cassingham

Mile 0.0 Cross the railroad tracks.

In a short distance you will pass a sign that reads "Dinosaur Tracks 2". Navigation on this route is very straightforward-simply stay on the main road. You will travel south past a low bluff, after which the road turns back to the north.

Mile 2.0 You are at the trailhead for the Copper Ridge Sauropod Trackway. The tracks can be found 500' distant from the parking area.

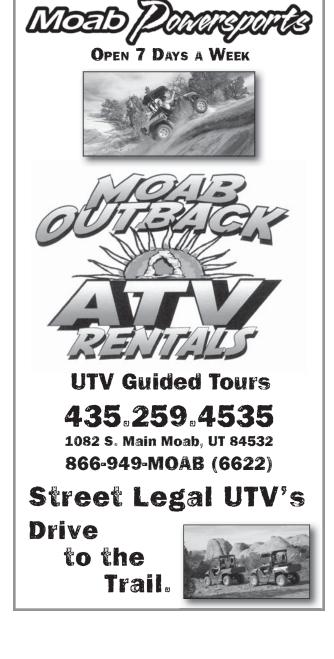
Some 150 million years ago, the sandstone was deposited in a shallow river, and it appears to have been

the scene of a Jurassic drama. The star attraction at this site are the deep circular impressions left from a sauropod as the creature was making a hard turn to the right. Sauropod tracks are rare (this was the first site discovered in Utah, back in 1989), and changes in direction preserved in any dinosaur trackways are also very rare, making this site very special indeed. Likely candidates for the trackmaker are Diplodocus, Camarasaurus, or Apatosaurus (better known by the popular name "Brontosaurus"). Some paleontologists speculate the sharp turn was made to avoid predation, possibly from one or more Allosaurs.

In addition to the sauropod tracks, there are trackways from four theropods present (again, likely Allosaurus). Some of the smaller tracks may only be visible in low-level light. The theropod tracks just slightly uphill to the east of the sauropods are particularly interesting-they show an alternating stride of five feet and four feet between tracks. It appears that this predator may have been injured and was limping.

If you were to continue hiking up the old road, you would eventually top out on Copper Ridge, which affords an excellent panorama of the surrounding country. Copper Ridge was once the location of a copper mining operation similar to the one found at Mill Canyon, but far more extensive.

The Moab Happenings thanks you for visiting Moab, and we welcome you back to Moab as often as you can visit. Be sure to check out every issue of the Moab Happenings for more information on local events, great hiking and biking, restaurant and lodging guides, and more spectacular local drives!



www.moabhappenings.com

Moab Happenings • April 2010 • 13B

NON-PROFIT HAPPENINGS

PAGE is Turning a New Leaf in Grand County District Schools

by Annabelle Numaguchi

In response to the dire financial crisis in the Grand County School District, a diverse group of Moab residents have formed Parent Advocates for Grand Education (PAGE). Consisting of parents, teachers and community members from various sectors, the group "is committed to ensuring quality public schools for all Grand County children." Recognizing the detrimental impact the dismantling of the current system would have on the 1500 students, and ultimately the community at large, PAGE members are unified in securing long-term funding for the district, as well as holding both the district and the community responsible for the quality of Grand County schools.

Grand County School District found itself in a calamitous situation last fall, when they discovered upon the death of the business manager that school operations were dependent on the misallocation of funds. This situation necessitated drastic measures. These included laying off a third of the faculty and cutting important programs, such as Credit Recovery, which granted 43 students out of the 110 high school seniors to graduate on time last year.

Realizing that private donations and the sale of surplus school properties could only act as temporary "band-aids," Connie Wilson, mother of both a current and graduated student, organized other concerned parents into a working committee to find a real solution, resulting in the conception of PAGE in January. The group now consists of 75 active members and 170 Facebook fans, evidence that many Moab residents recognize the severity of this community crisis.

Teachers and children in the system are directly affected by this situation, but the web effect of interconnectedness means that everyone in the community will eventually be touched if the schools fail. As Rachel Moody, Principal Broker for Real Estate Company of Moab, explains, "For families relocating, education is always of the utmost importance, and the first question that is asked is 'How are your schools?' Without strong schools, recruiting new professionals, engineers, doctors, business owners, will continue to become harder and harder."

Many professionals feel like they have made sacrifices in salary and career opportunities to enjoy the lifestyle and natural beauty Moab offers, but few are willing to sacrifice their children's education and future. Faced with the choice of relocating or helping the school district, members of



PAGE are volunteering skills, time and money to find a realistic and on-going solution to the district's financial crisis.

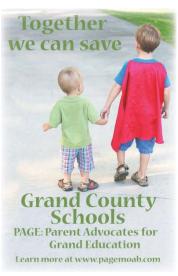
As part of the immediate mission to pass a much-needed leeway, the only possible source for on-going funding for teacher salaries and programs, PAGE is acting as a "watchdog" to the Grand County School Board (GCSB), which consists of five elected officials. Although the events leading to the current crisis originated under the supervision of the previous superintendent and board, the current board bears the responsibility of dealing with it. The community lost a certain amount of faith in the district administration because the misappropriation was not discovered and rectified earlier.

Members of PAGE empathize with this feeling of discontent, but also understand that throwing out the current board and replacing them would be counterproductive, and maybe impossible, considering how few members of the community run for those seats. The last three members elected, Jim Webster, Deb Hren and Ron Olsen, ran unopposed. Currently, there are two seats open for November's election. As Dr. Gen Numaguchi, father of two, puts it, "Every time I hear someone complain about the board, I let them know that they can either a) run for a position, b) attend the public meetings, or c) get involved with PAGE. These are our schools, and we need to step up and help out."

Concrete evidence exists that PAGE is playing an important role by lobbying the School Board for improvements in the passing of House Bill 295, allowing our school district two more years of siphoning funds not normally designated for operations. Although this is not a permanent solution, it will keep the schools from being dismantled while one is found. PAGE lobbied Superintendent Margaret Hopkin and GCSB to actively support this bill, granting them political leverage while bargaining with the state. The bill passed at the eleventh hour before the close of the State Legislature, also thanks to PAGE, whose members bombarded the Senate with phone calls and emails, encouraging them to push through the bill.

This bill gives Grand County some breathing room, but it does not fix the underlying problem, which is ongoing funding. Deirdre Keating, who lobbied the state, explains, "I'm thrilled that our legislature gave us a safety net, but it's not a solution. Our community still needs to find a reliable and legal way to avoid layoffs and keep class sizes down. I don't see any permanent solution other than a tax leeway." Taking advantage of this bill comes at a price. As a result of a separate bill (HB 4), our district will have to pay the state \$48,000 annually until the community votes in the leeway.

PAGE also plans to serve a fact-checking role for Moab. Rumors abound in any small community, many of which are false. PAGE double checks its facts with school officials, state representatives and community members before updating its brochures and website. District "Catch Up" meetings are summarized in video and available on



"YouTube"; nonetheless, many community members are keeping up with these fast developments. In an attempt to strengthen bond between the schools and the community, PAGE will disseminate information through various means, including at various events. advertising in the Times Independent and Advertiser and hosting house parties.

Most of the organizing of these activities takes place at

the open meeting held on Mondays, from 7:00-8:30 p.m., at the MARC kitchen. PAGE invites everyone to join because this is a community issue. As Wilson puts it, "We can turn crisis into opportunity. This is our chance, as a community, to ensure we provide quality education to our future generation, and we need to do it together."

Want to get involved? Check out PAGE at www. pagemoab.com or on Facebook.

MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, *PLEASE CALL THEM*. Many of these groups are always looking for a helping hand or two.

FLEASE CALL THEM.	Many of these group
AARP, Chapter 1539	259-6396
Alcoholics Anonymous/Alanon	259-7556
Alpha Rho Sorority (Bobbie Long)	
American Legion Post (Bill Smith)	259-3470
Arches Adult Education (Trish Hedin)	259-2293
Arches New Hope Pregnancy Center (Debbie Nelson)	
BEACON (Stephanie Dahlstrom)	
Boy Scouts of America (Kent Dalton)	
Canyonlands Field Institute (Karla Vander Zanden)	
Canyonlands Film Society (Becky Thomas)	
Canyonlands Rodeo Club (Kirk Pearson)	
Canyonlands Wildlife Federation (Dave Bierschied)	
Center for Water Advocacy (Harold Shepherd)	
Daughters of Utah Pioneers (Inalyn Meador)	259-5225
Deadhorse Motorcycle Club (Terry Flynn)	
Delicate Stitchers Quilt Guild (Shauna Dickerson)	
Elks Lodge #2021 (Dan Stott)	259-7334
Fallen Arches Square Dancers (Bob & Flora Erickson)	
Friends of Indian Creek (Emma Medara)	
Friends Of the Grand County Library (Adrea Lund)	
Grand County Public Library	
Girl Scouts of The U.S.A. (Cynthia Williams)	
Grand Area Mentoring (Dan McNeil)	
Grand County Democratic Party (Mike Binyon)	
Grand County 4-H (Marion Holyoak)	
Grand County Extension (Michael Johnson)	
Grand County Food Bank	
Grand County Hospice (Tracey Harris)	
Grand County Prevent Child Abuse	
Humane Society of Moab Valley	
Ladies Golf Club (Chris Corwin)	
League of Women Voters (Cynthia Smith)	
Lion's Club (Tom Warren)	
Moab Aglow Lighthouse Fellowship (Murine Gray)	
Moab Arts Council (Bruce Hucko)	
Moab Arts Festival (Theresa King)	
Moab Arts & Recreation Center (Bailey Rogers)	
Moab Bird Club (Nick Eason)	
Moab Chamber of Commerce (Kammy Wells)	
Moab City Recreation (John Geiger)	
Moab Community Theater (Kaki Hunter)	259-8378

Moab Country Club (Rob Jones)	
Moab Duplicate Bridge Club (Gail Darcey)	
Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Moab Half Marathon (Ranna Bieschke)	
Moab Horse Racing Association (Chuck Henderson)	
Moab Horse Show Association (Tosha Audenried)	
Moab Lodging Association (Britnie Ellis)	
Moab Music Festival (Andrew Yarosh)	
Moab Poets & Writers (Marcia Hafner)	
Moab Points & Pebbles Club (Jerry Hansen)	
Moab Quarter Horse Assoc. (Kathy Wilson)	
Moab Rod Benders (Jim Mattingly)	259-5858
Moab Ropers Club (Terry Lance)	259-9972
Moab Sportsmen's Club (Frank Darcey)	259-2222
Moab Taiko (Stephanie Dahlstrom)	259-2264
Moab Teen Center-Club Red	259-9991
Moab Trails Alliance (Kimberly Schappert)	260-8197
Moab Valley Multicultural Center (Sarah Heffron or Leticia Bentley)	259-5444
Mutual UFO Network (Elaine Douglass)	
Order of the Eastern Star (Fran Townsend)	
Parent Teacher Association (Tiffany Saunders)	259-5830
Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Red Rock Astronomers.	259-4743
Red Rock Forests	
Red Rock 4-Wheelers (Ber Knight)	
Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Rotary Club (Kyle Bailey)	
Seekhaven Crisis Center (Jaylyn Hawks)	
Senior Center (Verleen Striblen)	
Sierra Club (Mike Stringham)	
Solutions - www.moab-solutions.org - (Sara Melnicoff)	
Society for Creative Anachronisms - (Travis Schenck)	
Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	
Southern Utah Wilderness Alliance (Liz Thomas)	
Toastmasters International (Al Boyd)	
Trail Mix Committee (Sandy Freethey)	
Valley Voices (Marian Eason)	
Veterans of Foreign Wars (Fred Every)	
WabiSabi (Jeff Cohen)	
Word Watchers (Nancy Kurtz)	
Youth Garden Project (Jen Sadoff)	
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HIKING HAPPENINGS

Mesa Arch - Waiting For Spring

On my last outing in late February to the Island In The Sky district of Canyonlands National Park, I gazed out at a serene Siberian scene of white that stretched from horizon to horizon. The huge amount of snow that remained on the ground caught me by surprise, and with it came a sinking feeling that I wouldn't be hiking here any time soon.

This area lies within the rain shadow of the western mountains where, as a general rule, snowfall is light with an annual accumulation of 22.9 inches. The most snowfall recorded in one year was 47.4 inches in 1975 and the highest amount in one month was 27 inches in January 1978. Curious about this year's snow pack, I called the park service; during that conversation it was revealed to me that Island In The Sky has received more than three feet of snow this winter.

I asked about trail conditions at the visitor center and the park ranger informed me that he'd been using snowshoes on the Lathrop Trail. Snowshoes in the desert?! That's when I realized it was going to be a long wait for

spring when normal hiking activities could be resumed.

The big exception was the trail to Mesa Arch - a popular, well-used half-mile loop that had been packed down into a do-able, though somewhat slippery walk. I, however, quickly discovered that if I took a detour off the beaten path, I floundered in knee deep, heavy wet snow. Under normal conditions, with an elevation gain of just 100 feet, this is an extremely easy trail of sand with short sections of slickrock that leads to one of the most scenic and accessible arches on the Island In The Sky mesa.

To get to Mesa Arch, drive ten miles north out of Moab on Highway 191 and turn left on Highway 313. Then proceed another 25 miles to the park's entrance station. The Mesa Arch trailhead is about five miles beyond the visitor center.

Situated within the geologic region called the Colorado Plateau, the Canyonlands National Park system encompasses 527 square miles of canyons, mesas, buttes, fins, arches and spires. It is segmented into three distinct areas - Island In The Sky (north), The Needles (south) and The Maze (west). Two major rivers, the Colorado and the Green cut through the heart of the park, carving out 2,000-foot canyons, which act as major barriers between the three districts. Horseshoe Canyon - a detached segment of the park -contains some of the most significant rock art in North America. Island In The Sky and The Needles are easily accessible with any vehicle, but to visit The Maze, a high clearance, four-wheel drive is essential. There are no roads that directly link the different sections of the park, which means traveling that distance between them requires two to six hours by car making it impractical to visit more than one area in a single trip.

Before it was awarded park status, few except Native Americans, cowboys, river explorers and uranium prospectors entered this rugged and remote corner of southeast Utah. Even today the majority of the park is a

wild untamed territory where coyote, deer, kit fox and desert bighorn sheep have enough undisturbed space to freely roam. Only a remnant of ancestral desert bighorn sheep remain in this country and the park habitat is crucial to their survival.

by Marcy Hafner

In the late 1950's and early 1960's, Bates Wilson, superintendent of nearby Arches National Monument, led groups of scientists and government officials into the canyonlands. In the evenings around the campfire the talk would turn to the idea of designating this area as a national park, and that happened in 1964. United States Senator Frank E. Moss, who represented Utah, introduced park legislation saying "I will never lose sight of the fact that the most important thing for Utah and the United States is to set aside (and) preserve this beautiful area as a great national park in the tradition of Yellowstone, Grand Canyon, and Yosemite."

As the name suggests, Island In The Sky rests on a high wide plateau surrounded like a floating island by a



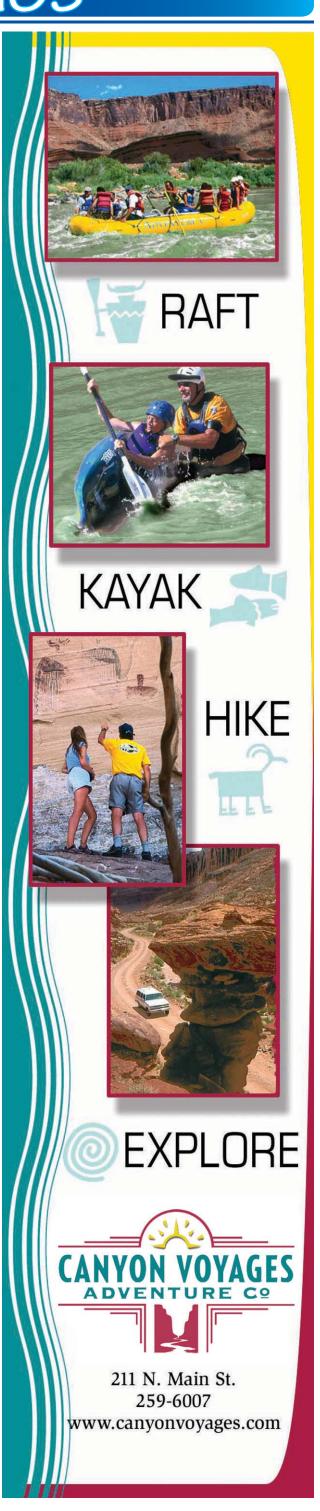
far-reaching landscape below. Filled with oddly shaped rock formations, it has commanding, almost overwhelming views in all directions, across many miles of spectacular, uninhabited land.

The smooth rounded rock along the trail to Mesa Arch is composed of Navajo Sandstone, which is actually petrified sand dunes. Oceans, lakes, streams, tidal flats, wind and water deposited these sand dunes; over millions of years, distinctive layers of sediment were left behind. As the sands drifted with the whims of the wind, they etched a series of mystifying diagonal lines into the rock, known as cross-bedding, that can easily be seen in the slickrock along the trail.

Eroding at varying rates, a softer layer below a span of harder sandstone can create an opening, and Mesa Arch, with a 90 foot-span and a height of ten feet, is a perfect example of a cliff-hanging arch that was formed in this way. Perched high on the canyon rim atop a 500-foot vertical drop, the arch frames spectacular views of the La Sal Mountains and a vast tangle of seemingly endless canyons. Through this sweeping open-air window Washer Woman Arch stands out in the left foreground, a large pinnacle called Monster Tower strikes a pose to the right and the isolated butte of Airport Tower promenades behind them. Dropping perspective 1,200 feet to the next level is the extensive flat bench of White Rim, appropriately named for its distinctive whitish colored sandstone.

The air is sharp, crisp and clean as the wispy clouds billow out against a cold, pale blue sky. In the open areas, especially on the rim, it is bitter, and I seek refuge on a bare rock in a protected spot close to the arch where solar radiation has slowly melted the snow away. Its warmth invites me to sit down for a while, and this perch is a perfect spot to study this highly photographed geologic icon in its wintry setting. It's a scene of white against deep brown sandstone, white against the soft greenness of pinyon pines and junipers, and for me, a season of solitude, as the land lays protected under its deep blanket of snow: a unique desert winter wonderland with a sparkling beauty all its own.

But now after an unusually harsh, cold winter I'm ready for a change and anxiously wait for the warmer days of another season, when I can reap the benefits of a stupendous crop of spring wildflowers. Only in the wet years does this happen and that spectacular event will be worth waiting for! Snow, however, does have its rewards and for now I am happy for the opportunity to witness Mesa Arch in her rare winter wardrobe.



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PET HAPPENINGS

Dog Beds -Your Dog Needs One!

by Kaye Davis of the Moab Barkery

Dogs are naturally active and playful through the day. They love to run around, jump up and down, and bark a lot. Some dogs, like the hunting and working breed dogs, go

through extremely tiring and stressful tasks in a day. Dog owners must see to it that their pets get enough nutrition, sleep and rest to recharge the energy they've lost in these activities. Giving your dog a comfortable bed to sleep in can help avoid potential health risks and even provide numerous

To provide comfort is the main aim of a dog bed. This is really important especially if you have older dogs. A good dog bed can help maintain healthy joints, relieve their soreness, and avoid arthritis. Aside from the comfort, dogs can also have their own personal space where they can curl up and relax. Dander control

is also another advantage as it gives an area in which a majority of their shedding and dander is contained.

Another important benefit is insulation. Just when you think that dog fur is already enough to keep dogs warm when it's cold, a dog bed can provide more warmth and comfort. It gives the dog the right insulation from both the heat of the summer or the bitter cold of winter.

Many times people look at quality beds and think they are too highly priced. They think that these beds are the same as the ones from big box stores that they can get for \$20. It can be a big decision to invest in a quality bed for your dog but there are many reasons why it is absolutely worth it...

Higher Quality - A quality bed is not going to fall apart on you after your dog has laid on it for a week. If you are purchasing 4 beds a year at \$20, doesn't it make sense to buy one at \$100 that will last you many years? Many quality beds are custom made in the USA with high quality fabric, stuffing, threading and not cheaply made

in China with inferior products. West Paw Design beds are made in Montana using recycled soda bottles as filler and high quality cotton covers, including an organic cotton option.

More Stuffing - Ever wonder why your dog likes sleeping on your bed and the couch? Did you buy your dog bed and think - I wouldn't even want to sleep on this? Does your dog's bed flatten out after a few weeks of use? Good dog beds have more stuffing so they don't look like

pancakes and don't flatten out after a few weeks of use. They are made with high quality filler that will last much longer. Molly Mutt Dog Beds don't even use fillers; they are duvet covers in multiple different and colorful designs that you stuff with your own filling such as old pillows, clothes or blankets – a chance to provide comfort and be kind to the environment.

Longer Lasting - A high quality dog bed is something that your dog will sleep on and use multiple times per day, every day. Don't you want to get your dog something comfortable for when they use it? If you were to break down the price spent on a bed divided by the number of times your dog actually slept on it, you are talking about pennies or less per use. This is a fantastic deal!

Getting your dog a quality bed will not just bring them great comfort. It can also help you take care of their long term health. Let every dog sleep soundly and peacefully in a soft and warm cushioned dog bed!

This page sponsored by:

Spring cleaning.... for the Dog?

by Lisa Lawrence of Holistic Pet Grooming Studio

Spring is finally here and it's the perfect time to get some spring cleaning done and the dog is no exception as the spring season brings on all kinds of problems when it

comes to your dog's coat. Most dogs

are what they call "double coated", this means there is an outer coat that is usually water proof and the under coat. The undercoat is dropped to allow for a cooler summer coat to come in, when this occurs two things can happen depending on the breed, shedding or matting.

Shedding can be a nuisance for you and your dog. The hair drops out leaving little "tumbleweeds" of fluff wafting through your home, not to mention the hair that is left on you and in your car. For your dog this can be a very itchy process and many people will find their dogs chewing at themselves and their skin can become

quite flaky. Coming to the groomer gives you a chance to clean up your home while the groomer can clean up your dog. A medicating and soothing shampoo is used and the hair is blown out from your dog cutting the shedding down

Matting is a much more serious problem that can create quite a few health issues if not addressed. Many breeds such as Shetland Sheepdogs, Shih Tzus, Lhasa Apsos and Maltese can suffer a great deal if the blown coat is not removed from the outer coat. If this hair is not removed, it just sits in the outer coat and eventually will mat up. This can happen fairly rapidly, so the minute you find your dog's coat starting to clump up it is important to get it removed. The matting can only be removed by a clipping if left for too long. That's the easy route. Oftentimes I have seen a coat left too long and the mats are so tight against the skin the clipping can be quite painful and can only be done under sedation which is done at a vet's office at the vet's

To ask a groomer to demat your dog is a challenge

to both the dog and the groomer. Just like people tangles hurt when they are brushed out and your dog doesn't understand why this painful process is being done to them. If your dog is matted the kindest thing for your dog is to clip him down and start over with a healthy coat.

So that they may enjoy a wonderful summer of walks up on the Sand Flats, make an appointment today to spring



Playtime is here!

Let me check in on your furry family members while you're away.



My Pet's Friend provides care for any domesticated animals. Fully

customized to meet your individual needs. Call Melissa at 435-210-4306 or pick up one of my cards at The Barkery on Main Street.

Humane Society of Moab Valley **April Events**

April 3 & 17 Cat & Kitten Adoptions

11am-1pm at the Moab BARKery. All colors & personalities: grey, grey & white, black & white, white and tuxedo.

April 10 & 24 Dog & Puppy Adoptions

11am-1pm at City Market...providing the weather is not too cold. We have some awesome dogs waiting for their forever homes, including some great labs and a sweet pit bull terrier.

Come meet your new best friend!. Pictures & info in Ad-vertiser and www.moabpets.org. Call 259-4862 for meet & greet if you can't come by the adoption.

Low Income? Love Your Animals? Don't want a litter of kittens or puppies?



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AVAILABLE

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		oab Con oab, Utah 8453		Radio 59-5968 • Office	90.1 259-8824 • Fax	0-0	6.7 F	M u.org
7:00 r	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	7:00
	Notivo Cnivit	KZMU OV	ERNIGHT	Art of the Song	KZMU OV	ERNIGHT	Desert Diva	8:00
8:00	Native Spirit		DEMOCRACY NOW				Describiva	9:00
9:00 10:00		M	O A B M	lorning	Blend	DI DI 1	Shine Time (Children)	10:00
11:00	Jah Morning Reggae	Moab Mamas (everything)	Classical Collusion	Tilted Park (acoustic/folk/pop)	Belle Jar/ Rainbow Plumage	Blue Plate Special (blues/rock)	Trailer Park Companion / Wayward Wind	11:00
Noon						The Trading Post (call-in Buy/Sell)	Aimlt Live	Noor
1:00	Grass is Greener (Bluegrass)	It's My Party/ Merry Pranksters	radio mmm (can't define it)	Horizon Line	Random Toonage	(oun in buy/oun)	Ain't Live Grand? (live recordings)	1:00
2:00						1-2-3	(iii to to oo tu iii go)	2:00
3:00	Plateau Pastime/ Canyon Wren	Radio Mundial Radio MOONdial	Planet Picante (latin)	Odd Bins	Red Rock 'n Blues/ Red Rockn' Reggae	(funky world soul)	Belagaana Review (fruit and nuts)	3:00
4:00	Express	New Dimensions	— WORLD The Observatory/			Fire on the Mountain	Tween Time (pre-teen fun)	4:00
5:00	West of Broadway/	This Week in Moab (Interviews / Calendar)	Sound Thing	Gaelic Circle/ Drive Time	MOAB Drive Time	Free Speech Friday Public Access	Big River /	5:00 6:00
6:00 7:00	Concert in the Park		DEMOCRACY NOW				Ranch Exit (twang)	7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/	Thin Edge (jazz)	Rock Garden (rock)	Heaven Lounge The Rainbow Room	Main Street Cruise	8:00
9:00			Atomic Lounge (1991)				9:00	
10:00	New Dimensions	The Sound Lair (Experimental Dance)	M O A B Conscious Party	After Suburban	Hours Teenage	Altered State	Radio Free Moab (college rock)	10:00
	Seti TranceMissions/ Listening Essentials	·	MU OVERNI	Urge GHT	Wasteland the eleventh hour	Rhythm Quest (techno rhythm)	KZMU Overnight	11:00
KEY: Talk Shows Easy Mix - Jazz Blue Grass - Country - Folk					12.50			

Rock - Blues

Eclectic/World

Heavy - Hard