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### MOAB HAPPENINGS **OCTOBER 2009** 19A 4-5A 2-3B Table Of Contents Astrology Events Calendar Health: Body, Mind, Spirit Hiking Confluence: A Celebration The Other Half page 3A Castle Valley Gourd Volume 21 Number 7

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### MOAB HAPPENINGS

### MOAB **HAPPENINGS**<sup>©</sup>

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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#### **KZMU - Moab Community Radio** 90.1 106.7 & FM P.O. Box 1076 • Moab, Utah 84532

Studio 259-5968 • Office 259-8824 • Fax 259-8763 contact us: www.kzmu.org

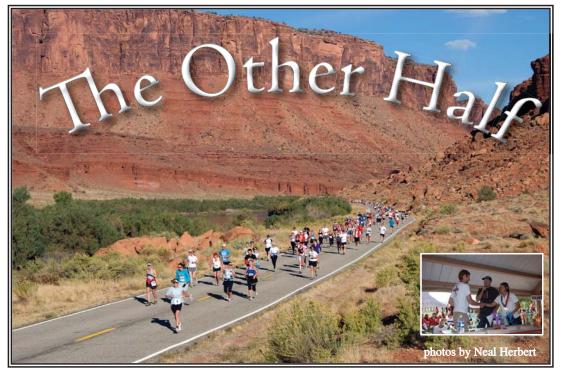
7:00 r	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	7:00
8:00	Native Spirit							8:00
9:00			DEMOCRACY NOW					9:00
9.00 10:00		Μ	OAB M	orning	Blend	Dive Diete	Shine Time (Children)	10:00
11:00	Jah Morning Reggae	Moab Mamas (everything)	Classical Collusion	Tilted Park (acoustic/folk/pop)	Belle Jar/ Rainbow Plumage	Blue Plate Special (blues/rock)	Wayward Wind (folk/country/rock)	11:00
Noon						The Trading Post		Noon
1:00	Grass is Greener	It's My Party/	radiommm	Horizon Line	Random	(call-in Buy/Sell)	Ain't Live Grand?	1:00
	(Bluegrass)	Merry Pranksters	(can't define it)		Toonage	1-2-3	(live recordings)	2:00
2:00		Radio Mundial	Planet Picante	Odd Bins	Red Rock 'n Blues/	(funky world soul)	Belagaana Revue	
3:00	Amarillo Hwy	(world music)	(latin)		Red Rockn' Reggae		(fruit and nuts)	3:00
4:00	(Hillbilly)		-WORLD			Fire on the	Tween Time	4:00
5:00		New Dimensions	Peeps Show/	Gaelic Circle/ Wednesday	MOAB Drive Time	Mountain	(pre-teen fun)	5:00
6:00	West of Broadway	This Week in Moab (Interviews / Calendar)	Sound Thing	Drive Time		Free Speech Friday Public Access	Big River / Ranch Exit	6:00
	(musicals/showtunes) (Classical 4th Sunday)		DEM	OCRACY	NOW		(twang)	
7:00	Kokopelli	Big Swing Face	Moab City					7:00
8:00	Coffeehouse	(big band jazz) or The Dog Lady	Council/	Thin Edge (jazz)	Rock Garden (rock)	Heaven Lounge Invasive Species	Main Street Cruise	8:00
9:00	(folk)	(jazz)	Atomic Lounge	·····,	()			9:00
10:00	Mel's Diner	The Sound Lair	ΜΟΑΒ	After	Hours		Radio Free Moab	10:00
	(Rainbow Room)	(Experimental Dance)	<b>Conscious Party</b>	Suburban Urge	Teenage Wasteland	Altered State	(college rock)	
11:00	Seti Trancemissions/		JIM HIGHTOWER NEWS	S - Everyday at Noon	Circle Drive	Rhythm Quest	NED	11:00
12:00			WORD OF THE DAY 8an HUMANE SOCIETY - FR		(rock n roll)	(techno rhythm)	(classic rock)	12.00
	KEY:	Talk Shows		Easy Mix - Jazz	E	Blue Grass - Country	/ - Folk	
		Eclectic/W	orld	Rock - Blues	H	leavy - Hard		

### RIVER ROAD HAPPENINGS

THE SIXTH ANNUAL THE OTHER HALF is scheduled for October 18, 2009. The scenic 13.1 mile run starts at Dewey Bridge on State Highway 128 and meanders along the Colorado River, passing red rock monoliths including Fisher Towers, Castle Rock, and the Priest and Nuns. The race finish takes place amidst the fall foliage at Sorrel River Ranch Resort. The event starts at 8:30 AM. State Highway 128 will be closed to traffic from MP 17 to MP 31 from 7-11:30 AM.

Race amenities for all participants include a long sleeve



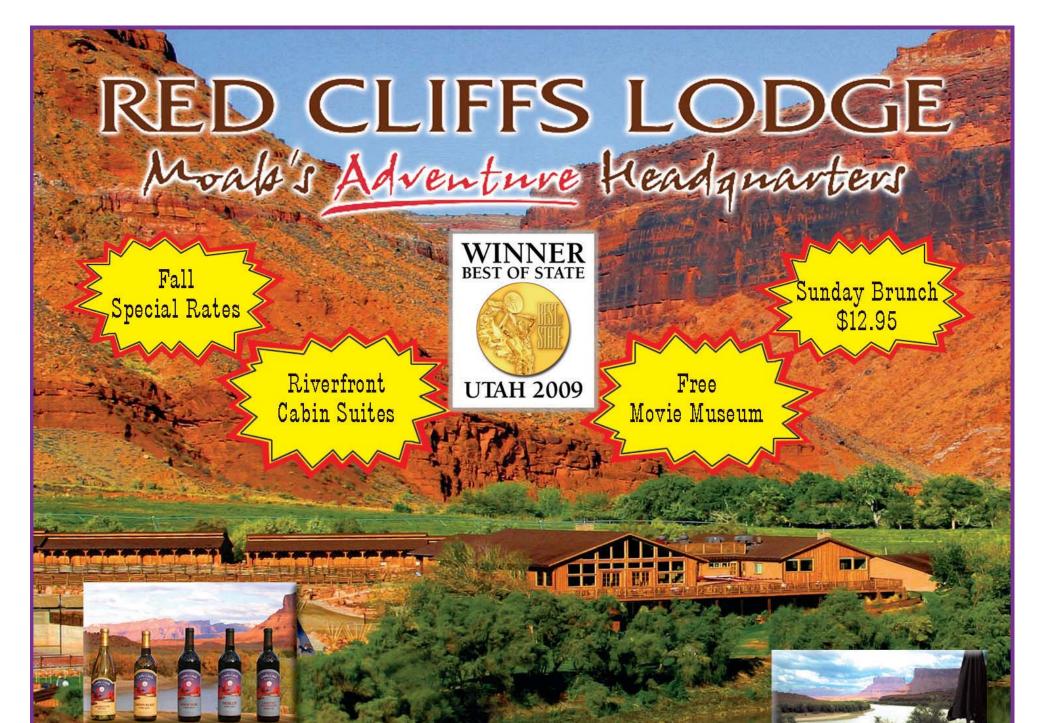


technical race shirt, a unique finisher medal, lots of yummy food, and fresh beer from the Moab Brewery.

Participants will be shuttled from Moab and a parking lot 1 mile west of the finish area at MM 16 on Highway 128. Spectators will also park in this lot. Dogs are not allowed at the finish area or on the course.

The race is limited to 2000 participants and this year sold out 6 weeks prior to race date. Some notable participants include 2008 winner Paul Petersen; male master record holder Bernie Boettcher (1:15:00 set in 2006); and female master record holder Lisa Goldsmith (1:26:06 set in 2007). The 2008 women's champion Marisa Asplund of Durango will not be back to defend her title.

For more information visit www. moabhalfmarathon.org or phone 435.259.4525.



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### MOAB AREA EVENTS CALENDAR



#### All Square Dancers & Visitors Welcome

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### Moab's TV Tour Guide



### October 2009

2-4 Qigong, Taiqi & Martial Arts with Master Ron Lew 5 mini-seminars. Various meditations, qigong movements and martial arts presented in 3-hour formats. Ideal for beginners and advanced practitioners. Call 435-259-8123 for registration information.

3-4 Artist's Workshop taught by Rick Wheeler Acrylic painting & scratchboard/watercolor technique will be covered. Student's choice to learn one or both. Sign up at MARC or contact Rick @ www.rickarts.com for info & materials list. Limited to 12 students. Samples of Rick's art @ Overlook Gallery in Moab.

3 Harvest Moon Dutch Oven Dinner – CFI's 25th Anniversary Celebration 4-8:30pm at their Professor Valley Field Camp. Keynote Speaker Tim Brown of the Tracy Aviary & a campfire infused with stories & music. \$25 per person. New members are free. Transportation provided from/to Moab. Option to stay overnight & join the river trip the next day. Event sponsored by Red Cliffs Lodge. RSVP 259-7750 or 800-860-5262

3 "Once is not Enough." A fundraiser for community recycling @ the MARC. 111 E. 100 North from 5:00 to 9:00pm. Join us for an evening of family fun- Canyonlands Film Society is hosting an event to support three groups involved with community recycling: Canyonlands Community Recycling Center, Paradox School and Solutions of Moab. Food, film, stories, music, silent auction, a yard sale & more! Doors open @ 5:00pm. DONATIONS of \$5 (kids under 10 are free) gets you food and fun!! (It's also free if you don't have \$5 for a donation...just come on down.) Call Sara 259-0910 for more info or to donate auction and/or garage sale items.

3 Moab Farmers' Market, 8am-12noon at Swanny City Park. 100 West & Park Drive.Sponsored by the Youth Garden Project. Fresh local fruit & produce, arts & crafts, baked goods, community information, local musicians, hot coffee at sponsor booth. Contact Gayle Weyher 259-0242

4 Blessing of the Animals, Humane Society Event. 2:00pm in front of St. Francis Episcopal Church. Blessing by Father Ivan Cendese. \$5 suggested donation. Please have dogs on leashes and cats & others in secure carriers. ALL animals welcome

4 Unique Colorado River Trip – Continuation of CFI's 25th Anniversary Celebration. Put in at Rocky Beach and float to Red Cliffs Lodge for a great brunch. Take out at Sandy Beach. \$ 25 per person includes river equipment, brunch & transportation from Moab & CFI Field Camp. Event sponsored by Red Cliffs Lodge. RSVP 435-259-7750 or 800-860-5262.

8 Moab Reads! One Book, One Community. Book discussions @ Grand County Library, 257 Center St. 2009 Selection: Angle of Repose by Wallace Stegner. Discussion group @ 2 & 6:30pm. Everyone is invited. Call 259-1111 for more information.

8 Moab Information Center Lecture Series @ 7:00pm -Dennis Bramble – "Grazing, Voles & Landscape Erosion on the Colorado Plateau." FREE to the public. Center & Main

9 Moab Reads! One Book, One Community. Book discussion @ Castle Valley Library, 2009 Selection: Angle of Repose by Wallace Stegner. Discussion group @ 6:00pm. Everyone is invited. Call 259-1111 for more information.

9-11 50th Annual Rock & Mineral Show - Old Spanish Trail Arena. Shop for gems & minerals. Dealers, exhibits, jewelry making presentations, spin wheel, silent auction, field trips to rock hounding spots and more. Sponsored by Points & Pebbles Club. Fri/Sat 10-7, Sun 10-4. 259-3393 or moabrockclub.net see ad page 6A & article on page 7A

9-11 1st Annual Moab Sustainability Festival for Community Resilience Speakers, exhibitors, demonstrations, tours. Renewable energy, local food production, organic agriculture, land & water revitalization, natural building, environmental & social responsibility, beyond sustainability, kids stuff, music, art, food, kids stuff & more. The purpose is to educate and inspire local people, visitors and our extended regional community to make sustainable lifestyle choices and to provide the resources and support to bring great ideas into form. Venues include the Grand Center, GCHS, MARC & home tour. Info:Laura Kamala @ 435-259-8702 www. grandcanyontrust.org See schedule of events on page 16B

10-11 Senior Amateur Golf Tournament, Moab Golf Course. Amateur individual (men & women) 50 years + For entry info call 435-259-6488

10 Moab Farmers' Market, 8am-12noon at Swanny City Park. 100 West & Park Drive. Sponsored by the Youth Garden Project. Fresh local fruit & produce, arts & crafts, baked goods, community information, local musicians, hot coffee at sponsor booth.

10 Moab Art Walk, 6-9pm. Enjoy Moab's artist community. Stroll Moab's galleries, shops & cafes and view some of the area's finest locally created artwork, inspired by the region and its inhabitants. Many of the exhibits will be shown all month long. Map & article in this issue and at www.moabartwalk.com See article and map on page 6A.









#### Watch Channel 21 in your Motel room, RV Park or Condo

」 Volunteer for your favorite special event 日 「日 10-11 15th Annual 24 Hours of Moab Mountain Bike Race, Behindthe-Rocks, 2009 Race Series Final & USA Cycling 24-hour National Championships. Course contains 1,100 feet of climb per lap & some challenging sandy segments. Registration & info @ www.grannygear.com or call 304-259-5533 See page 18B.

11 Sustainable Building Tour in conjunction with the First Annual Moab Sustainability Festival. 9am-1pm. Each stop along the tour will include a talk on alternative building practices illustrated by on-site examples. Call Jenn 259-3313 to register. \$5 per person. Departs from WabiSabi Warehouse. see article on page 16B



375 SOUTH Main (h.Huntof of City Mater) Moah, Utah 84532 (435) 259-8431

Your Ad could be on this page. call 435-259-8431 for rates.

DEADLINE for November Events Calendar: OCTOBER 20, 2009 Listings in the Moab Happenings Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418 e-mail: info@moabhappenings.com

### MORE MOAB AREA EVENTS

#### October Events continued.....

#### 12 COLUMBUS DAY

13 Moab Information Center Lecture Series @ 7:00pm –Clark Tate – "Tamarisk Coalition on Current Salt Cedar Leaf Beetle Dispersion." FREE to the public. Center & Main.

14 Banned Books Week Movie Night: *To Kill a Mockingbird,* starring Gregory Peck. Free event @ 7pm @ Grand County Library 257 E. Center. Everyone invited. Info 259-1111

15 Moab Information Center Lecture Series @ 7:00pm –Nate McDowell – "Past, Present & Future Climate Impacts on the Colorado Plateau." FREE to the public. Center & Main.

16 Great Worldwide Star Count at Old City Park @ 7:45 Join Red Rock Astronomers & Faylene Roth for a local star count to determine the darkness of our night skies. Meet @ SW corner of Old City Park. See Sky Happenings in this issue on page 5B for more info or call 259-4743 or 259-3313 for more info. Sponsored by WabiSabi.

16-28 KZMU Radiothon...community fundraiser (see page 2A)

17 17th Contra Dance, MARC. American, British Isles & European Folk Music, performed by the Moab Community Dance Band, with guest caller Ron Young from Grand Junction. Instruction @ 7:30, dance @ 8. No experience or partner needed. Free, but \$5 donation suggested to benefit a chosen charity.

17 Moab Farmers' Market, 8am-12noon at Swanny City Park. 100 West & Park Drive.Sponsored by the Youth Garden Project. Fresh local fruit & produce, arts & crafts, baked goods, community information, local musicians, hot coffee at sponsor booth. Grand County Public Library presents story time @10:30am For info contact Gayle Weyher 259-0242

17 Castle Valley Gourd Festival, Castle Valley Commons 11-3pm Free admission. Gathering for gourd artists and fans, families, parade, potluck lunch, displays, demos and fun for all. Free booth space for gourd exhibitors. Call Cris for more information 259-2245. See article in this issue of Happenings on page 1B.

18 The Other Half, 13.1 mile running event beginning @ Dewey Bridge on Hwy 128, winding through some of the most stunning scenery in the country to its finish at Sorrel River Ranch. More info at 435-259-4525 or www.moabhalfmarathon. See article on page 3A.

20 "Healthy Families, Healthy Communities" Concert, sponsored by Seekhaven. Stonefed will play @ the MARC @ 8:00pm. Food & socializing from 7:00-8:00pm contact alivia@seekhaven.org

22-25 Confluence: A Celebration of EATING and WRITING. Writing Workshops, films (including film from Telluride's Mountainfilm Festival), several tasting events (includes jams, honey, bread, tequilas & more), "Readings & Ramblings" by guest authors and so much more. Complete schedule at www.moabconfluence.org/events.cfm or call 435-220-0068 see page 11B

24 International Day of Climate Action So far more than 100 nations are taking part—it's shaping up to be to be the biggest day of grassroots action on global warming ever. www.350.org/invitation

24 Celebrate "Eating the West" at Moab Farmers' Market with Confluence, 8am-12noon at Swanny City Park. Book signing by Confluence's guest authors. LAST Farmers' Market of the year. 100 West & Park Drive. Sponsored by the Youth Garden Project. Fresh local fruit & produce, arts & crafts, baked goods, community information, local musicians, hot coffee at sponsor booth. See page 11B 24 Annual Moab Area Chamber Banquet, celebrating business & recognizing the business and citizen of the year. Canyonlands by Night. More info 435-259-7814

26-30 FILMMAKING WORKSHOP, instructed by Eric Temple, award-winning filmmaker. \$ 300 for 5 days or \$ 100 a day. Sponsored by Confluence & Moab to Monument Valley Film Commission. Call Tara @ 259-4341 or tara@moabcity.org see ad on page 7A and article on page 11B

29-31 Moab Canyons Endurance Ride, Endurance rides of 25 & 50 miles. Spectacular rides through dramatic canyons to ridges with incredible views of wind sculpted crevasses deep below. The trails are good for different levels of endurance conditioning and experience. www.moabendurance.com

29 Halloween Movie Night at the Library, Frankenstein, starring Boris Karloff Free event. 7pm @ Grand County Library 257 E. Center. Everyone invited. Info 259-1111

30- Nov 1 4th Annual Chile Ho Down, Mtn Bike Racing and so much more, presented by Chile Pepper Bike Shop. Group shuttles and rides, Dirt Jump Jam @ Pumpkin Chuckin Festival, movie premier, townie tour, Super D 5-mile race (expert and open/pro mountain bike riders ONLY), DH 2-mile race (sport, expert and open/ pro mountain bike riders ONLY) and an outrageous costume party with live music at the Elks Lodge . see article on page 18B

31 Annual Pumpkin Chuckin Festival, 10am –4pm. Old Airport Runway South of Moab. The whole family will enjoy watching catapults, trebuchets and air-cannons launching pumpkins across the sky. NEW THIS YEAR: The Chile Pepper Ho-Down Bike Jump Competition will be at the Pumpkin Chuckin' Festival! Also live bluegrass music, arts & crafts and activity vendors, food booths, games, kid's activities & contests for everyone. Visit www. youthgardenproject.org or call 435-259-2326 for more info. See article on page 15B.

#### 31 HALLOWEEN

31 Halloween Art Carnival – Moab Arts & Rec Center

.... More events on page 7A ....

#### COMMUNITY EVENTS:

1-31 October is Domestic Violence Awareness Month "Purple Month" More info @ Seekhaven 435-259-2229

Oct 2-10 Humane Society of Moab Valley Membership Drive, sponsored by Mountain America Credit Union. Tables @ City Market & Village Market afternoons & evenings except Sundays. Become a member NOW and receive the awesome NEW Membership PLUS card, with great offers from businesses all over Moab. More info @ 259-4862 and www. moabpets.org see article on page 7A.

Oct 11 Community Vision Jam: for a sustainable Moab and beyond, in conjunction with the First Annual Moab Sustainability Festival.6:30pm at the MARC Info:Laura Kamala @ 435-259-8702 www.grandcanyontrust.org

Oct 12 2009 Candidate's Forum, presented by League of Women Voters of Grand County. 7:00pm in the Stage Room at the MARC. Hear the candidates discuss their stance on important issues. Candidates for Mayor, City Council and Water Board. Will be broadcast on Channel 6 @ 10am & 3pm on Sept. 27, 29 & 31.



www.SkydiveMoab.com



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ESTERN

11

• • 15 16 17 End of Season Thank you Moab

Grounds open at 6:30 p.m. Gunfight starts at 7:00 p.m. Supper served at 7:30 Sharp! Western Music Show follows supper. Schedule changes seasonally Please call ahead 259-BAR-M (2276) for reservations •HANDICAPPED ACCESSIBLE•

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### ART WALK HAPPENINGS

### Moab Art Walk, Saturday October 10th from 6PM to 9PM

Moab Arts & Recreation Center In conjunction with the Confluence Literary Festival and its theme: "Eating the West" the MARC will be showing paintings that make your mouth water! 111 E 100 N Moab, UT 435-259-6272 www.moabmarc.com marcinfo@moabcity.org



The Western Image

Nichole Taylor The Western Image will be hosting two Moab artists for the October Art Walk. Nichole Taylor will be showing pastel and colored pencil paintings with equine, western and wildlife themes. Page Holland is back to show her new landscapes in oil, practicing for the MARC's Dinner Theatre and Quickdraw held in November. 16 West 100 North Moab, UT 435-259-3006 www.nicholetaylor.net nicholebtaylor@gmail.com



#### **Framed Image Fine Art Gallery** Kyle Kraiter

Framed Image Fine Art presents handblown glass by Kyle Kraiter. Kyle's attraction to glass work is tied to an underlying passion for adventure and beauty. A passion fueled by exploration and experiences with the people and places he has encountered during his travels. 59 E Center Street Moab, UT 435-259-4446 www.framedimagemoab.com info@framedimagemoab.com



**Cat's Lair Collection** Eric Lintala Cat's Lair Collection Art Gallery invites you to come over and see bronze sculptures by Eric Lintala and new paintings by Richard Bailey. 59 South Main Street #3 (McStiff"s Plaza) 435-259-2458

www.catslaircollection.com catslaircollection@gmail.com



#### **Overlook Gallery**

Don Weller After a distinguished career in Los Angeles, an illustrator at the top of his game, Don Weller moved to Utah to immerse himself in the world of contemporary ranch folk and paint their stories in boldly designed watercolors. 83 E. Center 435-259-3861 www.moabarts.com overlookgallery@yahoo.com



#### WabiSabi Thriftique

Wearable art designed by local artists from items found at WabiSabi's Thrift Stores and other recycled materials. This collection of wearable art will include outfits from previous WabiSabi Fashion Shows and some sneak previews of what is to come. 411 Locust Lane 435-259-9114 www.wabisabimoab.org jeff@wabisabimoab.org







ART@ WALK

MOAB

59 E CENTER ST STE B

**2-WESTERN IMAGE** 

**3-FRAMED IMAGE** 

**FINE ART GALLERY** 

**4-OVERLOOK GALLERY** 83 E CENTER ST

5-CAT'S LAIR COLLECTION 59 S MAIN ST #3

1-MARC

111 E 100 N

16 W 100 N

WABISABI THRIFTQUE 411 LOCUST LANE

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### ROCK HAPPENINGS

### 50th Annual Rock and Mineral Show

Truckloads of agates. Bushels of fossils. Tables full of crystals, gemstones and beautifully crafted lapidary items will be on display at the 50th Annual Rock and Mineral Show sponsored by the Moab Points and Pebbles Club.

This year's show runs from Friday, October 9 through Sunday, October 11, and is being held at the Spanish Trail Arena, 5 miles south of Moab on Hwy 191. Show hours are Friday and Saturday, 10am. to 7pm, and Sunday, 10am to 4pm. Admission is free.

The show will feature 30 lapidary, rock and gem dealers, displaying and selling an incredible array of natural wonders, including cabochons,

slabs, rough, jewelry, polished stones, gemstones, crystals, fossils, shells and exotic minerals, along with hand tools, lapidary tools and books.

World renowned local flintknapper Gregg Nunn will wow the crowd with his amazing pressure flaking technique on Friday and Sunday. Sterling Wade, of Moab, a master at turning rough stone into beautiful jewelry, will demonstrate how to shape and polish rock-hound finds. There will also be gold panning for anyone who would like to try their hand. Live entertainment will be provided by "Late Bloom" on Friday at 6 pm, Saturday at 11am, 2pm and 5pm, and Sunday at 11am and 2pm.





Be sure to check out the display cases of rock, mineral and fossil specimens assembled by club members and other rock hounds, including local Yellow Cat red wood, agate, crystals, fossils and petrified wood. There will also be door prizes donated by show vendors and local businesses. A perennial favorite with junior rock hounds is the Spin Wheel - every spin is a win! 50th year T-shirts will also be available this year.

Guided rock-hounding field trips will be available on both Saturday and Sunday. If you are interested, make sure to sign up at the arena. The day long trips will leave the Spanish Trail Arena at

9am and require high clearance vehicles. Bring lunch, water



#### Filmmaking Workshop with Eric Temple

Want to learn how to MAKE YOUR OWN FILM?

For professional or personal reasons, come learn from an experienced instructor: lighting techniques, camera use, how to shoot, create a story, edit, & complete a project!



October 26-30, 2009 \$300 or pick a day \$100 per day For information & a schedule of events: 435.259.4341 tara@moabcity.org

and wear sturdy shoes. (Please keep in mind that field trips destinations may be changed or trips cancelled if weather or road conditions aren't favorable).

So, come have some rock hounding good fun at the Moab Points and Pebbles Rock and Mineral Show.



### Humane Society Celebrates a Decade of Moab's Animals

This year, the Humane Society of Moab Valley celebrates a major milestone: a decade of saving, healing, fostering, adopting and spaying/neutering animals in need of love and care. Since 1999, the Humane Society has rescued or assisted 1,000s of abandoned dogs and cats in the Moab area. Now, with shelter numbers rising not only around the U.S. but in our small community as well, HSMV is reaching out to all those who care about the safety, the happiness and the protection of our wonderful, devoted, furred friends.

"With the current situation of no less than 30 cats and 7 dogs needing temporary/foster or permanent/forever families, and only five foster families available in all of Moab Valley, we really need you," E.J. Gore, new president of HSMV, states. "We say you are the hearts and the hands of the Humane Society, and it's so true. The wonderful thing is, if you love animals, we offer so many ways not only to be around cats and dogs, but those who really need your help. That's a tremendously satisfying experience."

A volunteer organization, the Humane Society offers a number of rewarding ways to get involved in the lives and happiness of Moab's homeless animals. **Foster families**— HSMV's most urgent need—provide a temporary home for a dog and or cat until the right "forever home" can be found; for those who'd like to foster an animal yet can't afford the expense, HSMV can provide food or medicines as needed. The Human Society also works diligently to match only the right animal to the right foster (or adoptive) family, according to the family's lifestyle, and the pets it may already have.

**Volunteers** help during Adoption Days, work in the office or make telephone calls, and play with the cats or exercise the dogs. "It's just one of the nicest things you can do," E.J. continues, "to come out and have some fun, walk an animal, and give them a more pleasant day. It makes your own day brighter." A volunteer's commitment doesn't need to be very many hours at all: "Just a few hours a month makes an incredible, meaningful difference to any animal."

Your tax-deductible donation helps the Humane Society to pay for food, supplies, medicine and veterinary care, and to support the work of foster families. Above all, **Membership in HSMV** is an easy and heartfelt way to show your support for Moab's animals, with two membership levels available: a **Basic Membership** of \$25 a year, and a new **Membership Plus** program at \$40 something HSMV and E.J. are clearly excited about.

by Mountain American Credit Union) receive a card good for discounts at local businesses including restaurants, retail shops, salons, spas and massage centers, adventure companies— even the Moab Golf Club. All this means "a big win for the animals, for people who use the card, and for businesses who offer discounts and deals when they could use extra traffic," E.J. notes. Cards will be available for purchase outside City Market and the Village Market between October 2-10, and will always be available at the HSMV office in the City Shelter, at the Barkery, and at Circle H Photos.

"We've accomplished so much in the last ten years, and we've come so far, but there is still a lot to do to love and care for our homeless animals," E.J. reminds us. To find out more about becoming member, volunteering, or fostering/ adopting an animal, contact HSMV's interim Director Sherry Hoskins at 259-4862, or visit www.moabpets.org.



"Membership Plus," as she describes it, "is a perfect way for all of us—individuals, the community." Members who enroll in the Plus program (generously underwritten

### 2009 Events

October 8-10 Gem & Mineral Show October 10-11 24 Hours of Moab Castle Valley Gourd Festival October 17 October 18 The Other Half October 20-25 Confluence, A Celebration of Reading and Writing in Moab Moab Canyons October 29-31 Endurance Ride Oct 30 - Nov 1 4th Annual Moab Ho-Down Mtn. Bike Festival Pumpkin Chuckin Festival October 31 November 6-8 Moab Folk Festival November 13-14 Get Reel Film Festival December 4-5 Grand Center Gift Fair December 5-6 Winter Sun Festival Moab Studio Tour

### November 2009

1-5 Moab Folk Camp, 5 days of hands-on workshops with nationally recognized instructors: songwriting to vocal performance to beginning & advanced guitar and more. info www.cosysheridan.com/mfcindex.html

6-8 Moab Folk Music Festival, an exciting gathering of accomplished artists from national, regional & local contemporary folk music community, brings to Moab some of the finest singer/songwriter musicians in the country. www.moabfolkfestival.com or call 435-260-2488 see ad on page 16B

- 7-8 Elks Charity Scramble Golf Tournament, Moab Golf Course. (men & women)
- 11 VETERANS DAY
- 13-14 Get Reel Film Festival

13-15 Manifesting Desire, Anusara Mixed Levels Yoga Workshop with Nova Sprick. Tap into the universal flow of energy and discover the secret to manifesting success, freedom, and joy in your yoga practice and life. Friday, 6 to 8 pm (\$30); and Saturday and Sunday, 9:30 am to 12:30 pm (\$45 each) - at the MARC, in the Dance Room. Or register for the whole workshop for \$105 with Chrissy Sloan, 259.0693 or christinarosssloan@yahoo.com.

- 14 Toys for Kids 4-person Moabman Scramble Golf Tournament, Moab Golf Course.
- 14 Moab Art Walk
- 20-21 Annual Bighorn Sheep Festival
- 26 THANKSGIVING DAY

by Marcia Hafner

### HIKING HAPPENINGS

### Miners Basin Pass - Where Did The Summer Go?

When the pages on the calendar start to turn from October to November, I am reminded of how quickly the seasons keep fleeting by. Now that we are fast-forwarding through fall, I wonder - How could those pleasurable high elevation days of summer have whizzed by so fast? Where did the summer go?

Reluctantly I wrapped up my idyllic summer sojourns with a hike in Miners Basin; a favorite haunt because it is an outdoor experience steeped in the historical lure of gold. The rush for riches started over a hundred years ago when mines mushroomed everywhere around the basin, and at the breathtaking elevation of 9300 feet a town referred to only as "The Basin" was born. By July 1898, the population had swelled to 70, and that included twelve women. This bustling town had a grocery store, two restaurants, two saloons, a hotel and boarding house where dances were held, livery and feed stable, shoemaker's shop, mining office, recorder's office, a deputy sheriff, and a post office. Some old buildings and mines have survived the elements and what remains is just enough to spark the imagination of a populace that lived here over a century ago. The gold discovered in 1897, however, turned out to be a low-grade ore, and with an economic downturn in 1907 the boom

turned to bust. By 1910 probably fewer than a dozen people remained.

Even though the road into Miners Basin has been greatly improved since construction started in 1897, it is still a tediously slow, jolting three-mile drive on a steep, rough rocky road. Driving in with a low clearance vehicle is not prudent, and because of the tight switchbacks and single lane road motor homes and trailers should not take this route. Squeezed between narrow canyon walls, this back road is vulnerable to avalanches and spring run-off; consequently, it stays closed eight to nine months of the year. The first heavy snow in the fall buries it and not until the winter's accumulation has melted off, usually by mid-June, is it navigable again.

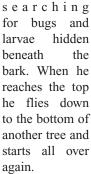
To get to Miners Basin, drive almost 8 miles south from the center of town on Highway 191 and turn left at the Ken's Lake-La Sal Loop sign. Then take a right at the "T" intersection. That will put you on Spanish Valley Drive, which becomes the La Sal Loop Road. You will drive by

the Geyser Pass, Oowah Lake and the Warner Lake Roads before you get to the sign on the right directing you in to the Miners Basin Road, which is approximately 20 miles from the "T" intersection. When you finally get to the end of the road, there's a parking area, an outhouse, a





and firs thrive and project their mysteriously deep, dark shadows. The layers of moss, pine needles and cones that have gathered on the trail provide a soft cushion beneath my feet. I relish the sublime silence as two does disappear into the hidden fortress of the woods. The only sound I hear is the steady tap, tap, tap of the tiny camouflaged brown creeper, who is working his way up the tree



On a brief stint through a bright sunny meadow I am suddenly seeing the light of

day before returning to the woods. Then after a few final switchbacks I'm on top of the pass, a small dry grassy opening in a vast terrain of evergreens. In contrast to the heated valley below, this lofty retreat is cool enough that the sun actually feels good.

I recognize the old log that I have rested on before and with time to spare, I plop myself down to watch the tips of the trees sway and moan with the whims of a restless breeze. A squirrel shrieks his scolding chatter, which contrasts sharply with the chickadees' appealing "dee-dee-dee" calls.

As the sun sinks





Forest Service kiosk and a small streamfed pond that is so clear you can easily see the fish as they swim to the surface.

On a cool brisk day, majestic peaks stare down beneath a flawless blue sky as I start strolling east from the parking lot to make the connection to the Miners Basin Pass Trail (#040). It is a stunning walk with constantly changing views of Mineral Peak, Mount Waas and Green Peak. At the sign for the Trans La Sal-Warner Lake Trail, I take a right. Running north to south through Miners Basin, the Trans La Sal Trail skirts the entire western side of the La Sals starting in South Mountain and ending at the Gateway Road just beyond Castle Valley. This section of the trail is open to hikers, horseback riders and mountain bikers, but closed to motorized vehicles. As the path swings south it enters a meadow filled with showy daisies, striking scarlet red elderberries, alpine sunflowers and fields of clover edged by mesmerizing quaking aspens. A makeshift pile of logs helps me across the only stream on the trail. In this moist area the squawbush is pregnant with their almost ripe berries. After passing by a big red metal gate, I begin a serious climb moving up the north-facing slope to an old mine with a loading dock precariously situated in the path of a talus slope and avalanche chute. At this spot the raspberries have ripened and I can't resist a berry-picking time-out.





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#### End of Season Thank you Moab

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Grounds open at 6:30 p.m. Gunfight starts at 7:00 p.m. Supper served at 7:30 Sharp! Western Music Show follows supper. Schedule changes seasonally Please call ahead 259-BAR-M (2276) for reservations HANDICAPPED ACCESSIBLE

IGHTS 4.5 miles North of Arches National Park Entrance

Just after the old mine, a cairn marks the right fork of the trail where it departs from the old road. On this shadier moister side where the snow lingers longest, the spruce

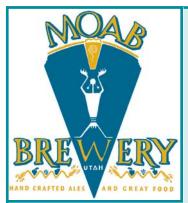
the urge finally hits to move back down the way I came. At the stream crossing I stop to gaze upon the opposite slope when a big rock I'm looking at starts to move! I grab my binoculars to scope it out and what pops into view but a bull elk endowed with a massive rack! A female wanders into sight. Is this the beginning of the rut when he's starting to collect his harem? I have read that elk are the most polygamous deer in America - a bull may gather up to 60 cows. In the process he performs strange activities like rolling in wallows of stagnant water and mud. He also urinates on vegetation, which he proceeds to catch with his antlers to toss over his back. Elk are usually active at dusk, dawn and during the night, so this sighting in midafternoon comes as a wonderful surprise and a superb way to finish up the summer.

Yes, summer is now gone but there's still time to enjoy the aura of the high country before deep snow shuts the trails down. Unless winter sets in early, hiking in the La Sals, especially in the foothills, should be do-able through the end of October. Get up there and enjoy that fall flavor while it lasts. Who knows, you might even hear the bugling of an elk!



### RESTAURANT GUIDE





Moab's ONLY ON-SITE Microbrewery & Restaurant State Liquor Licensee Orders To Go Beer To Go Beer To Go PATIO SEATING KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM 686 South Main • 259-6333 (McDonald's is next to us)



Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun



RED ROCK BAKERY A Quality Scratch Bakery with fast, friendly service. Internet Café • Dine-in or Take-Out Now Serving Organic Fresh Moab Coffee 74 South Main • Moab, UT 84532 • 435-259-5941





### 435.259.6833 IOVemuffinCafe.Com

#### How To Get A Drink...

#### ...In Moab, Utah.

Utah has a well-earned reputation as a challenging state in which to get any form of alcoholic drink. Moab is even more interesting because of having two legal wineries and one microbrewery.

Moab has two local wineries; Castle Creek Winery, located at the Red Cliffs Resort, 15 miles from Moab on Scenic Highway 128 (The River Road) – see ad on page 3A, Spanish Valley Vineyards, located just off Highway 191, South of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these wines.

The Moab Brewery, Moab's only microbrewery, offers a variety of locally brewed beers at their own location, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area. If you enjoy these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

The Utah State Liquor Store is the only location to purchase bottled liquor and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 a.m. to 7:00 p.m - November 1st to May 1st and from 11:00 am to 9:00 pm - May 1st to November 1st.) They are closed on Sundays and Holidays. Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license. Restaurants may be licensed to serve mixed drinks and wine by the glass, provided that they have a liquor license and offer food service. Last but not least, Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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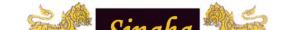


**540 South Main • Moab, Utah • (435) 259-4848** Next to BigHorn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service. State Liquor Licensee

MOAB'S FINEST FAMILY DINING COMPLETE CATERING SERVICES AVAILABLE.









**101 NORTH MAIN STREET** 

BREAKFAST ONLY because that's what we do best. This is our 16th year at it! Open 7am to 12Noon "Good Enough for a Last Meal" STEAKHOUSE

CASUALLY UPSCALE CLASSIC STEAKHOUSE FARE

218 North 100 West 259-3588 Slightly off Main Street

> OPEN FOR DINNER State Liquor Licensee

Authentic Thai Cuisine Cunch: Monday - Saturday 11:00 - 3:00 p.m. Dinner: Monday - Sunday 5:00 - 10:00 p.m. Now Serving Beer, Wine & Saki Open 7 Days a Week



92 E.Center Street Moab, Utah 84532 Tel: 435-259-0039 Fax: 435-259-0005





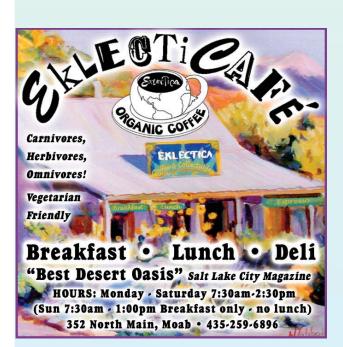


OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER **DAILY SPECIALS • VEGETARIAN FRIENDLY** 574 NORTH MAIN • MOAB, UTAH • 435-259-6319

State Liquor Licensee



chers, owners. I all and zee meearton			
60 North 100 West	Open 7 Days		
Moab, Utah	For Reservations: 259-4295		
State Liquor Licensee			



Dinner • Mon. - Sat. at 5:00 p.m.

Come relax on our deck or by our stone fireplace. Our menu includes steaks, seafood, salads, wraps, burgers and ribs. Home of the sweet potato fries. Beer and Wine served.

#### **Buck's Grill House & Vista Lounge**

1393 North Highway 191	259-5201
Dinner	

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

#### Burger King 606 South Main 259-2700 **Cassano's Italian Restaurant** 11 East 100 North 259-6018

Open daily 3:00 p.m. - Close Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering.

#### **Center Cafe**

60 North 100 West 259-4295 Open Daily at 4 pm. Dinner 5:30 to close. Tapas - Small Bites & Shared Plates 4:00-6:00 pm. A place to celebrate life with great food and friends in a beautiful and relaxed atmosphere! Paul & Zee McCarroll, chef/owners, prepare a seasonal menu of Grilled Meats, Fresh Fish, Pasta & Vegetarian Dishes, Fresh Breads and Exquisite Desserts.

#### City Market

2	
425 S. Main	259-5181

### **Cowboy Grill at Red Cliffs Resort** 16 Miles up Highway 128

259-2002 Breakfast Buffet • Lunch • Dinner

**RIVER FRONT TABLES inside and out overlooking the** Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

#### **Denny's**

989 North Highway 191 259-8839

Breakfast • Lunch • Dinner MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free" Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

#### **Desert Bistro**

1266 N Hwy 191 at Moab Springs Ranch 259-0756 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining. **Closed Mondays.** 

#### Eddie McStiff's Restaurant & Brew Pub

57 South Main Street **259-BEER** 

Dinner • 4:30 p.m. Nightly 12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main

259-6896

- Breakfast Lunch
- Mon. Sat. 7:30 a.m. 2:30 p.m.

Sun. Breakfast 7:30 a.m. - 1:00 p.m. Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana 202 South Main Street	259-4366
Frankie D's Bar & Grill 44 West 200 North	259-2654
The Good Place 350 S. 400 E.	259-4RAW
Hogi - Yogi 396 South Main (next to Terivaki Stix)	259-2656

Lunch • Dinner Open Daily Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

#### **Jailhouse Cafe**

- -

101 North Main Street	259-3900
Breakfast	

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

#### **Jeffrey's Steakhouse** 218 North 100 West

435-259-3588

Open nightly 5:30 to close Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor License.

#### KaleidoScoops

331 North Main	259-3677

#### La Hacienda 574 North Main

259-6319

Lunch • Dinner - OPEN 11:00 am DAILY

**CELEBRATING 28 YEARS!** Superior Mexican specialities with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

#### Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212 Deli Open 6am-3pm

Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome

#### Love Muffin Café

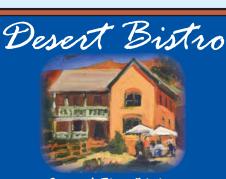
139 North Main

259-6833

Breakfast and Lunch Open everyday at 7:30am-2:00pm

Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more ... Proud to use local and organic ingredients along with eco-friendly containers.





**Casual Fine Dining Contemporary Southwestern Cuisine** Located in the Historic Ranch House at Moab Springs Ranch **OPEN FOR DINNER 5:30pm Closed Mondays** 1266 N Hwy 191 • 259-0756 STATE LIQUOR LICENSEE



16 Miles east of Moab on Scenic Highway 128 259-2002

For more information about these restaurants pick up a "Moab Menu



#### McDonald's

#### 640 South Main

#### **Miguel's Baja Grill**

51 North Main

Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

#### Milt's Stop & Eat

400 East and Millanals Drive	250 7424
400 East and Millcreek Drive	259-7424
Breakfast • Lunch • Dinner	

A true Moab icon since 1954. Featuring locally processed 100% ground beef burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Open daily 7am-8:30pm. See va' all at Milt's.

#### **Moab Brewery**

686 South Main	259-6333
Lunch & Dinner	

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

#### **Moab's Daily Grind** 1146 South Hwy 191 #B Mon-Sun: 6am - 6pm

FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

Moab Diner & Ice Cream Shoppe 189 South Main	259-4006
Pancake Haus 196 South Main (next to Ramada Inn)	259-7141
Pantele's Desert Deli 98 East Center	259-0200
Paradox Pizza	250 0000

702 South Main St	259-9999
Lunch • Dinner	
11am - 9pm	
At Paradox Pizza all of our salad	s souns nizzas and

breads are handmade fresh daily. You will taste our commitment to quality with every bite. Order in person, online or over the phone. We offer dine in, take-out and delivery. Website is www.paradoxpizza.com

Pas	ta Jay 4 South	's Main			259-2900	
_	-	_	-	$\sim$		

#### The Peace Tree Juice Cafe 20 South Main 259-8503 Breakfast • Lunch Moab's ONLY Fresh Wheatgrass, Fruit and Vegetable

Juice Cafe! Healthy, fresh breakfast entrees. Egg wraps, sprouted wheat bagels. Finest wrap sandwiches, salads & secret recipe hummus. Delicious smoothies. Organic coffee & espresso. No microwaves. "Healing Ourselves and Healing the Earth."

#### Pizza Hut

265 South Main	259-6345
Lunch • Dinner OPEN EVERY DAY	
Solad have variate of nizzas & tannings nast	broadstieles

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery when available.

#### Red Rock Bakery & Net Cafe

Red Roen Dunery & rice Cure	
74 S. Main Street	259-5941
Breakfast • Lunch	

#### Slickrock Cafe

259-8800

259-6546

259-1115

5 North Main Lunch • Dinner

Open daily 11 a.m. - Close

Steaks, Seafood, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

259-8004

259-4848

**259-SUBS** 

#### **Smitty's Golden Steak**

540 South Main

Breakfast • Lunch • Dinner Next to Big Horn Lodge. Open 6am-9 pm 7 days a week, featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

#### Sorrel River Grill

17 Miles Northeast on Scenic Hwy 128 259-4642

#### **SUBWAY Sandwich Shop**

299 South Main Breakfast • Lunch • Dinner

Doen 8am evervda

NOW SERVING BŘEÁKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

#### **Sunset Grill**

900 North Highway 191	259-7146
Dinner Steaks, Seafood, Pasta. Fresh ingredien Children welcome. Reservations accep or more. Come up and rediscover Char home with the million dollar view. CLOSED SUNDAYS. State Liquor Li	ted for parties of 6 lie Steen's historic Open 5:00 daily.
Szechuan Restaurant 125 North Main	259-8984

#### Teriyaki Stix

259-2656 396 South Main, Next to Hogi-Yogi Lunch • Dinner Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market. Village Market

702 South Main	259-3111
Wake and Bake Cafe 59 S. Main #6, McStiff's Plaza	259-2420
Wendy's 260 North Main	259-2595
Wicked Brew Espresso Drive Thru 132 North Main	259-0021
Yo Mama's Pizza 812 South Main	259-0101
Zax 96 South Main Street Breakfast • Lunch • Dinner • Family Di We have it all, from our all new sunrise break 6:30 am to 11 am Thurs thru Mondays to ou	kfast served
steaks. We offer an extensive menu that inclu	

burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax watering hole. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 6:30 am to close Thurs thru Monday. 11:30 am to close Tue - Wed. Locally owned and operated.



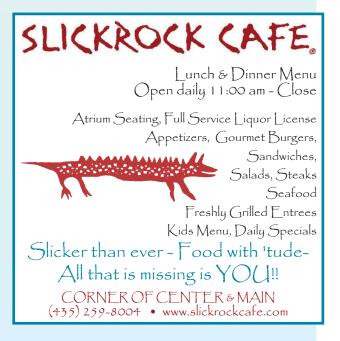


one six inch sub FREE.

Expires November 15, 2009

**Coupon valid at your Moab Subway** 

299 South Main • 259-SUBS



**OPENEVERY DAY.** 7am - 4pm Mon - Sat and 7am - 3pm Sunday Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab, Moab's original high speed Internet Access, Fine photography by Chris Conrad.

#### The Rio Sports Bar & Grill

1 block west of Main on Center 259-6666 Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Karaoke at 9pm. Live music on weekends. Visitors welcome, 21 years and older. OPEN EVERY DAY AT 3:00PM

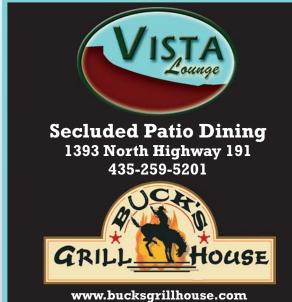
#### Singha: Authentic Thai Cuisine

92 East Center

259-0039

Lunch • Dinner For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts.

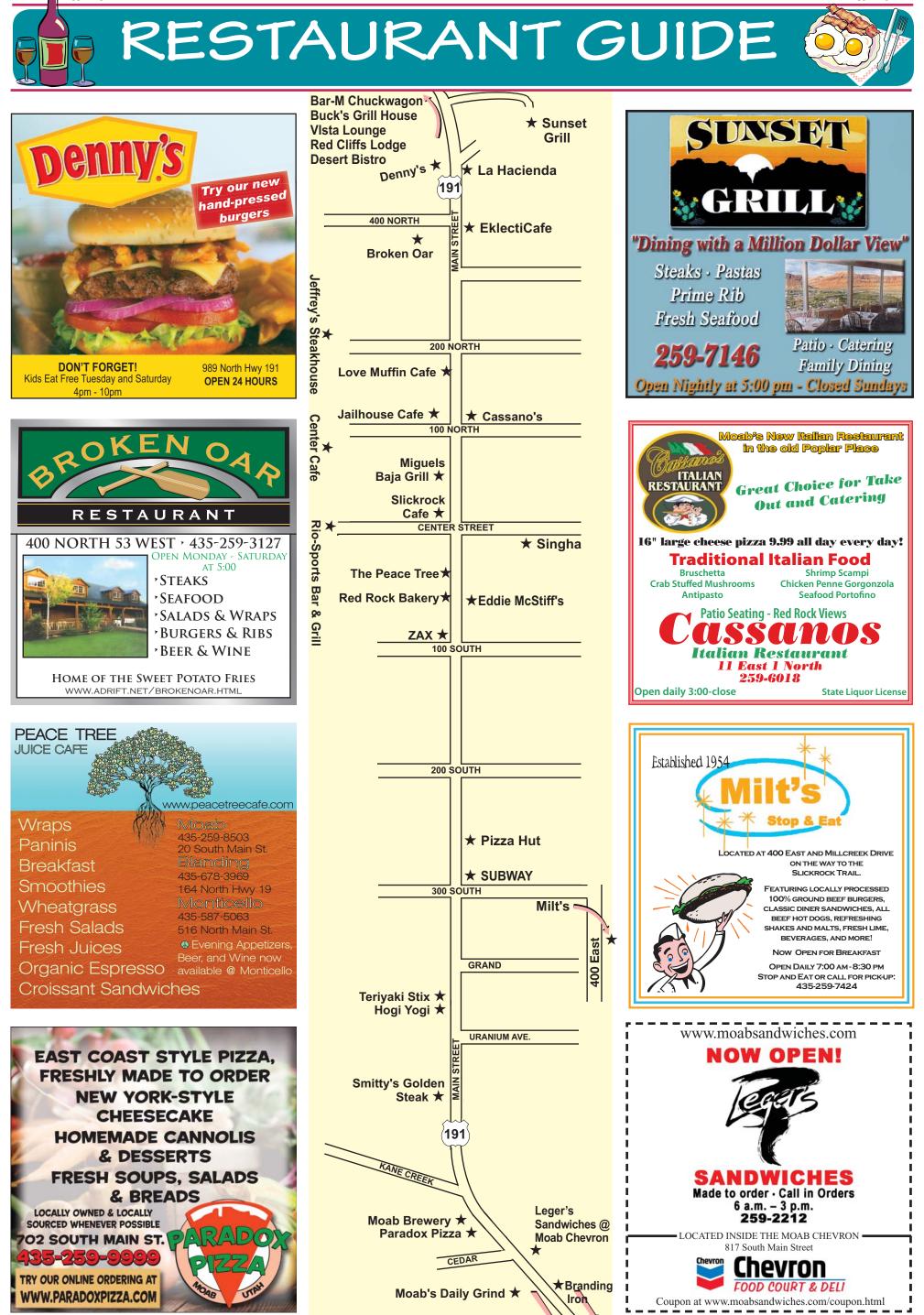




Guide" And tell them you found them in "Moab Happenings"

12A • Moab Happenings • October 2009

www.moabhappenings.com



### RESTAURANT GUIDE

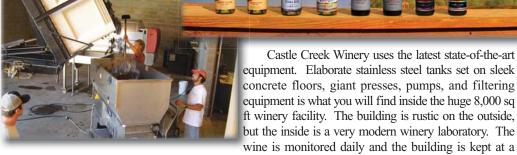
## MOAB WINERY HAPPENINGS A Unique "Taste of Moab"!

Castle Creek Winery is nestled high on the banks of the Colorado River 15 miles north-east of Moab. Adding a decidedly civilized tone to the wild, wild West, in 2002 the Red Cliffs Lodge established its own winery, and now produces over 15,000 gallons of wine. It is Utah's first and largest commercial winery.

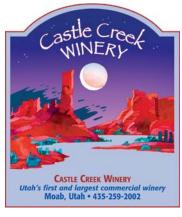
In the 1970's the Four Corners Regional Economic Development Commission along with the University of Arizona did some test plantings of wine grapes in the Moab area. The results were positive. Hot days, cool nights and sandy soil produced wine grapes of unique, exceptional quality. The late summer sun encourages good sugar content and high acid levels necessary to produce well-balanced high quality wine. The dry climate discourages problems with bunch rot and fungus that plague other wine growing regions. Southeastern Utah is in many ways similar to the Eastern Mediterranean where the wild grapes that became our classic European wine grape varieties originated.

Moab is the perfect climate for growing excellent grapes, suitable for producing Syrah, Merlot, Cabernet Sauvignon, Chenin Blanc and Chardonnay. Using such locally grown grapes, our winery has produced over 30 award-winning wines for your enjoyment and all of the wine is bottled and labeled by hand!

Castle Creek Winery has earned four awards from the first two competitions they've entered. At the Finger Lakes International Competition, in Rochester, New York, the winery earned a silver medal for its 2003 Outlaw Red, a bronze medal for its 2005 Chardonnay, and a bronze



for its 2005 Cabernet Sauvignon. Then, at the Pacific Rim International Wine Competition in San Bernardino, California, Castle Creek's 2005 Merlot took a bronze medal.



In 2009 at the Finger Lakes International Competition, in Rochester, New York, Castle Creek took a silver medal for Chardonnay, Bronze for Cabernet and Bronze for Outlaw Red. Also in 2009 Castle Creek was honored with the "Best of State" award by the State of Utah which recognizes excellence in the field of production and manufacturing.

every day.

Well made wine doesn't just happen over night. Some people may fantasize at the art of wine making, but a wine maker knows that it takes many hours of cleaning, filtering, calculating, bottling, labeling, and diligent care to get one bottle of award winning wine. While winemaking is an art, it doesn't always have instant

Castle Creek Winery uses the latest state-of-the-art

equipment. Elaborate stainless steel tanks set on sleek

constant temperature to keep the wine stable. This may seem like

an easy thing to do with high tech equipment, but with thousands

of gallons of wine in production and Moab's extreme temperatures

a winemaker is never at ease. Wine must be monitored and tested

vineyard in the spring of 2006. With over 10,000 plants a vintner

is always busy. By growing his own fruit a winemaker can assure

that the plants are given the best opportunity to produce the finest

quality fruit. While much care and attention is given to each plant

there are always factors outside of the vintner's control that can

affect each year's crops. It is no mistake when a fine quality wine

is made. From the moment buds begin to unfold, to the time that

wine is poured into a glass the wine is tended and encouraged with

the payoffs are great. The satisfaction of a well rounded wine after

Winemaking may sound like risky business but be assured that

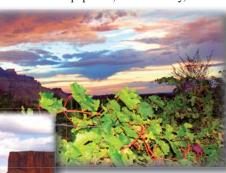
knowledge, dedication, hard work, and good timing.

In addition to making wine, Castle Creek Winery planted a

gratification. Many hours are spent learning how to make a fine wine using the full potential of the fruit. Most of the time things go well but since wine is constantly changing, occasionally things can happen to wine that are beyond a winemaker's control and can make winemaking a very challenging and exciting process.

two years of hard work and devotion is an amazing accomplishment, and even better you get to drink the wine! And after one year's batch is bottled and on the shelf, the whole process begins again.

Wine is a complex product that takes dedication, good equipment, a clean facility, and most of all a diligent knowledgeable



winemaker. Castle Creek Winery has all of these and therefore produces world class wines in the rugged desert of Moab, UT. Don't take our word for it, come out and visit us and see our wine in the making and discover the flavors at our wine tasting room.

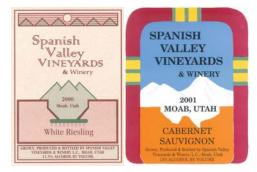
Castle Creek Winery sells wine and gifts from 10:00 am

to 7:00 pm daily. We offer complimentary wine tasting from 12:00 am to 7:00 pm daily. The tasting room is located in the top of the winery building on the same grounds as Red Cliffs Lodge.

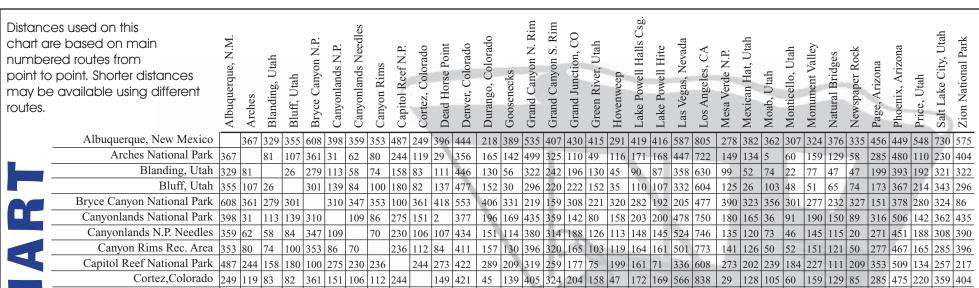
#### Spanish Valley Vineyards & Winery

Moab is also home to Spanish Valley Vineyards & Winery, where they are currently producing wines from locally grown grapes. They are located at 4710 Zimmerman Lane (6 miles South on Hwy 191 from stoplight near McDonald's; turn left on Stocks Drive - 2nd left past Spanish Trail Arena; drive two blocks, turn right onto Zimmerman Lane).

Open Monday-Saturday 12:00 noon to 7:00 pm (Closed Sundays and Holidays.) They can be reached at 435-259-8134 and spanishvalleyvineyards@yahoo.com.



Spanish Valley Vineyards



Moab, Utah       362       5       74       103       36       6       73       50       239       115       34       361       103       366       103       366       73       50       239       115       34       361       105       38       320       115       53       122       164       161       451       717       144       129       54       151       120       53       230       115       53       122       164       161       451       717       144       129       54       151       120       53       120       164       161	
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### PET HAPPENINGS

### Grooming - Especially Your Pet

Ever watched your dog roll on the ground, lick their coat or chew at a mat on their fur? These are their ways of keeping clean. Sometimes, though, they'll need a little extra help to look and smell their best!

Make Grooming as Enjoyable as Possible—For the Both of You!

Grooming sessions should always be fun, so be sure to schedule them when your dog's relaxed, especially if they are the excitable type. Until your pet is used to being groomed, keep the sessions short-just 5 to 10 minutes. Gradually lengthen the time until it becomes routine for your dog. You can help them get comfortable with being touched and handled by making a habit of petting every single part of your dog, including such potentially sensitive areas as the ears, tail, belly, back and feet.

And here's one of our most important tips of all-pile on the praise and offer pooch your

a treat when the session is finished!

Brushing: Regular grooming with a brush or comb will help keep your pet's hair in good condition by removing dirt, spreading natural oils throughout their coat, preventing tangles and keeping their skin clean and

irritant-free.

If your dog has a smooth, short coat (like that of a Chihuahua, Boxer or Basset Hound), you only need to brush once a week:

• First, use a rubber brush to loosen dead skin and dirt.

• Next, use a bristle brush to remove dead hair.

If your dog has dense fur that's prone to matting, like that of a Retriever, Schnauzer, Border Collie or Westie here's your weekly routine:

• Use a slicker brush to remove tangles.

• Next, catch dead hair with a bristle brush.

• Don't forget to comb their tail if they have feathers.

If your dog has a long, luxurious coat, such as that of a Yorkshire Terrier, Shih Tzu, or Lhasa Apso they will need daily attention:

• Every day you'll need to remove tangles with a slicker brush.

• Gently tease mats out with a slicker brush.

• Next, brush their coat with a bristle brush.

• These breeds often do best with professional grooming on a monthly basis.

Bathing: The ASPCA recommends bathing your dog every 60 days or so, and your pet may require more frequent baths in the summertime if they spend lots of time with you outdoors. Always use a mild shampoo that's safe to use on dogs, and follow these easy steps:

• First, give your pet a good brushing to remove all dead hair and mats.

• Make sure to wet first and while washing, gently massage in shampoo and work from head to tail. • Thoroughly rinse with a spray hose or pitcher, avoid the ears, eyes and nose. • Check the ears for any foul odors or excessive debris; if you choose to use a cleansing solution on a cotton ball take care not to insert it into the canal.

Please note: Some animals seem to think that bath time is a perfect time to act goofy. Make sure to walk or exercise your dog first, and avoid a big meal before bath time too!

> Nail Clipping: Most people really don't handle their dog's feet until they are about to clip the nails and then...watch out! Some animals can get very upset at this totally foreign feeling. That's why it's a good idea to get your dog used to having her feet touched before you attempt a nail trim.

Rub your hand up and down their leg and then gently press each individual toe-and be sure to give them lots of praise and some food treats as you do this. Every animal is different, but chances are that within a week or two of daily foot massage, your dog will be better able to tolerate a trim.

Here's how to do it:

• Begin by spreading each of your dog's feet to inspect for dirt and debris.

• Use sharp, guillotinetype nail clippers to cut off the tip of each nail at a slight angle, just before the point where it begins to curve.

• Take care to avoid the quick, a vein that runs into the nail. This pink area can be seen through the nail. If your dog has black nails, however, the quick will not be as easily discernible, so be extra careful and take less than you think.

• If you do accidentally cut into the quick, it may bleed, in which case you can apply some styptic powder to stop the bleeding.

• Once the nails have been cut, use an emery board to smooth any rough edges if possible. Keep your nail clippers in good shape, and buy new ones if they splinter the nail and can't be sharpened!

Special Breeds, Special Needs: Often when your dog has a coat that requires trimming it's great to have a professional handy. Here are a few things that can make a trip to the groom pleasant and more affordable.

1. Make sure your dog is up on their shots, parvo included! In Moab this disease is prevalent and remember this will keep your dog safe as well as everyone else.

2. Brush your dog, and make your visits regular (this will keep your groomer from having to do extra work, and it will be more comfortable for your dog). This will save you money and time.

3. Make an appointment, and avoid a big meal before your visit. A walk before hand can really make a difference for you, your dog and the groomer. A well exercised dog is much easier to work with.

### Holistic Pet Grooming Studio

#### Located in the Moab Barkery

- 25 years experience
- Animal Reiki
- All pets welcome
- All natural products no chemicals used
- Specialize in large and small dogs,

by Jessica Turquette of Moab BARKery

www.moabhappenings.com

### LOCALS...

We offer a discount punch card and frequent buyer programs, come save TODAY and feed your pets healthy food!

#### Wild Rose will Donate!

Shop for Christmas at Wild Rose's and she will wrap your packages for \$1.00 each and donate \$.50 each to the Humane Society of Moab Valley

#### Humane Society of Moab Valley **October Events**

October 3 Cat & Kitten adoptions: 11am to 1pm at the Moab BARKery. Two-furr "sale" for kittens. All ages and sizes: calico, tuxedo, white & orange, grey & white, orange tabby, black & white, grey. Gorgeous adults too: Flame point with blue eyes and White & orange with green eyes. Pictures & info in Ad-vertiser and www.moabpets.org. Call 259-4862 for meet & greet if you can't come by the adoption.

**October 10** Dog & Puppy Adoptions 9am-11am at City Market. We have some awesome dogs waiting for their forever homes. Come meet your new best friend! Pictures & info in the Ad-Vertiser and www.moabpets. org or call 259-4862

October 17 Cat & Kitten adoptions: 11am to 1pm at the Moab BARKery. All ages and sizes: calico, tuxedo, white & orange, grey & white, orange tabby, black & white, grey. Ask about the "Two-furr" kitten special. Gorgeous adults too: Flame point with blue eyes and white & orange with green eyes. Pictures & info in Ad-vertiser and www.moabpets.org. Call 259-4862 for meet & greet if you can't come by the adoption.

October 24 Dog & Puppy Adoptions 9am-11am at City Market. We have some awesome dogs waiting for their forever homes. Come meet your new best friend! Pictures & info in the Ad-Vertiser and www.moabpets. org or call 259-4862

Low Income? **Love Your Animals? Don't want a litter** of kittens or puppies? **FREE (or discounted) YEAR** 

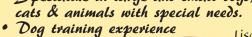


• Dry your pet with a large towel or blow dryer (use low or NO HEAT!) Dogs can overheat with dryers.

woof...arf...yip...yip™

{Where the cool dogs hang.}

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**AVAILABLE** For an application visit www.moabpets.org or call the Humane Society 435.259.4862

**ROUND SPAY/NEUTER** 

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Providing quality nutrition, gear, treats and toys for your dog or cat. Fullfilling your pet Mind, Body & Spirit!

> Open at 10 AM everyday • 82 N. Main, Next to ABC 435-259-8080 • www.moabbarkery.com

### NATURE HAPPENINGS

### Oh, October

October arises with the freshness of fall and wearing a subtle aroma of lingering summer. Shorter daylight hours seem to dampen a day's outing, but the generally fine weather encourages one along the trail. To say that October is the sweetest month in Canyon Country betrays the bias of the speaker – every month here has its own signature.



So what about October, whose origin lies in the Latin word "octo" meaning "eight?" In the early Roman calendar that was defined by lunar cycles and the pursuit of agriculture, there were only 10 months in a year. The year started on March 1, and October filled the eight slot. The winter months when the fields were quiet and farming

stopped, didn't count. Those last 60 or so days just fell into a Twilight Zone type of scenario.

Of course, the 304-day long calendar had its problems. Especially when people began to celebrate the fall harvest in the middle of summer. Those early Romans were on the right track, but their timetable needed a bit of work.

The earth's annual trip around the sun, the solar year, takes

approximately 365.25 days. A lunar month or lunation – the period between one new moon and the next one – is roughly 29.5 days. So the second king of Rome, Numa Pompilius, decreed that the year would be divided into twelve lunar months and a couple more months were added to the calendar. The number of days per month was also shifted to create balance. This occurred in the 6<sup>th</sup> century BC, but still didn't adequately synchronize the solar year with the seasons. The "bridge makers" or pontiffs who were in charge of adjusting the calendar would insert days during the year to make up the eleven-day difference between the solar and lunar year.

Of course, sometimes this happened randomly or not at all. Political pressure or vested interests or perceived omens affected the adjustments. Time marched on, but sometimes lacked the familiarity of the previous year.

#### by Damian Fagan

It wasn't until Julius Caesar became the ruler of ancient Rome did these problems with the calendar get tweaked. Caesar, who became the elected dictator in 46 BC, introduced a new calendar that he had learned of during his Egyptian campaigning (fighting not politics). With the help of an Alexandrian astronomer named Sosigenes, the

missing days were added to the year. This *ultimus annus confusionis*, "the last year of confusion," corrected those days lost to the lunar cycle.

This new Julian calendar would hold up for hundreds of years. Even a single day, today called Leap Day, was inserted every four years to make up for the quarter day difference between the solar year and the calendar year.

Caesar gained on this calendar issue, but didn't quite solve the problem. Because the difference between the Julian four-year cycle and the corresponding solar years was about eleven minutes too long, this added an extra day every 128 years. By the mid-sixteenth century



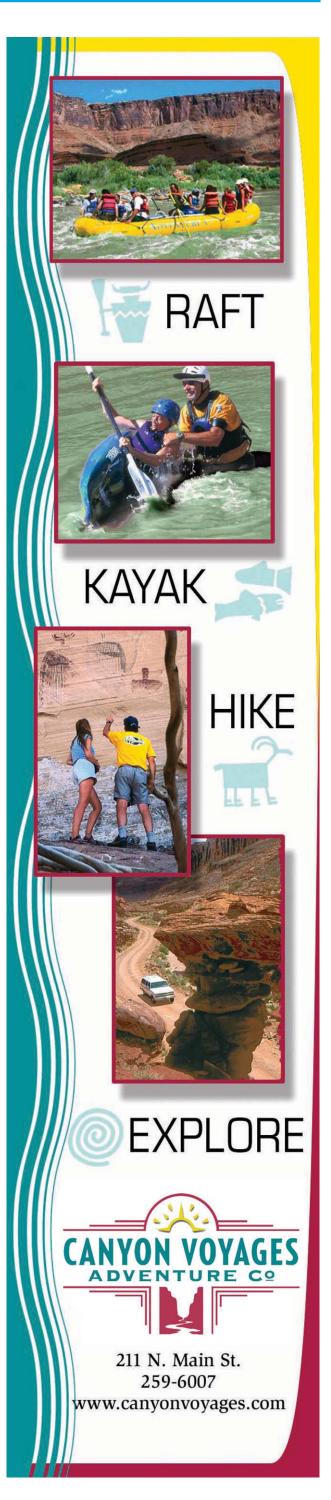


this amounted to ten days or the dismal average American paid vacation.

This would not have been a big deal, but when the Catholic Church calculated Easter based upon the first Sunday on or after the first full moon after the vernal equinox. The equinox would fall ten days ahead, and this also

affected the summer solstice, as well. As the Steve Miller song goes, "Time keeps on slippin', slippin', slippin' ..."

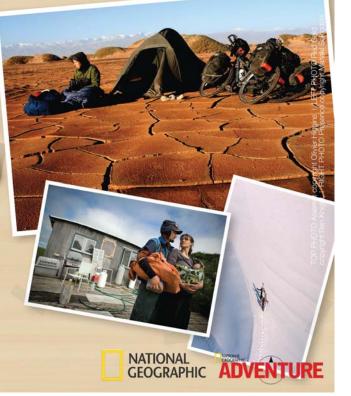
The Julian calendar received an adjustment in 1582 by edict of Pope Gregory XIII. That year, our month of October corrected this discrepancy by going from October 4 to October 15 the next day. In addition to this time flux, leap days would not be included in years that ended in the hundreds, unless they were divisible by 400. This Gregorian calendar named after the 16<sup>th</sup> century Pope, put most, but not all, societies on the same page. His actions allow me to say that October is a great month and you know I'm talking about golden aspens lighting up the mountains, mornings so clear they ring like crystal, southbound V-formations of migrating geese, bears gorging on nuts and berries, the rattle of jousting deer, the lengthening of shadows, and the passing of another great summer.



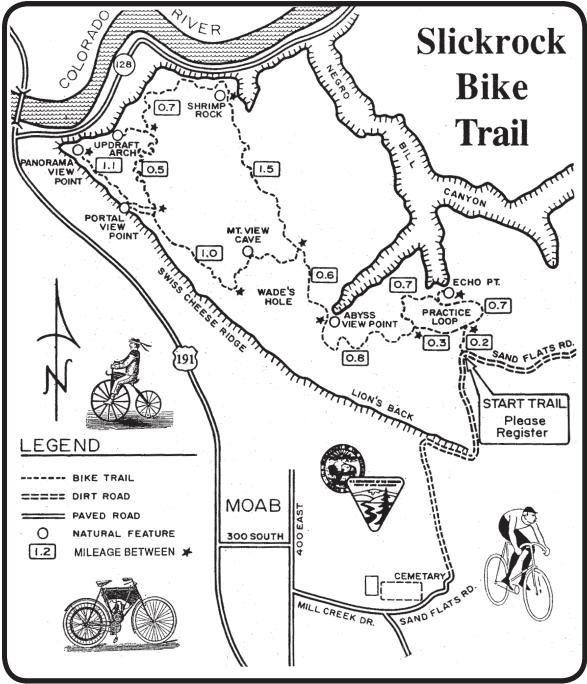
### October 22nd & 23rd Star Hall 7 pm \$10 films about food & sustainability www.mountainfilmontour.org

ON TOUR

CELEBRATING INDOMITABLE SPIRIT Showcasing the VERY BEST of the annual Mountainfilm in Telluride Festival.



### **MOUNTAIN BIKING**



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The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

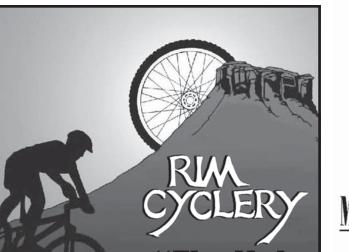
#### The major annual bicycle events include:

• 24 HOURS OF MOAB October 10 & 11, 2009 - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **CHILE HO-DOWN October 30-November 1, 2009** - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!!

• SKINNY TIRE FESTIVAL March 12-15, 2010 - Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient puebloans petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• **NEW EVENT: GRAN FONDO May 1-2, 2010** - The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the anti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.



crash & burn? **we can help!** 

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### TRAIL HAPPENINGS

### Biking On The Road To Devil's Garden

Cyclists know about Moab. They know it as the home of the Slickrock Trail - the Mecca for mountain bikers. What many don't realize, however, is that Moab offers some of the best road biking in the world. There are hundreds of miles of paved roads through world-class scenery known by adventure seekers globally. The following featured road ride is through Arches National Park.

Getting There: The entrance to Arches National Park is located approximately 5 miles north of Moab along Highway 191. The Visitor's Center as well as numerous trail head parking lots offer a variety of options for starting your ride.

Route Description: This ride will take cyclists on the same road as "Thelma and Louise", "Indiana Jones" and many other Movie-Greats that used this Park as a backdrop. There are three climbs on the way to Devil's Garden, two are nearly 1,000 feet each. Though the turn-around point of this ride is only 1,200 ft. higher than the start, the climbs

in between and incredible rock formations make this a challenging and rewarding ride. Total ride distance from town is approximately 23 miles one-way or 46 miles as an out and back. The ride can be easily shortened.

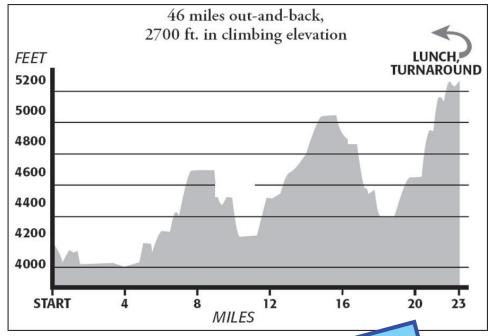
After entering Arches National Park, the ride begins with a 2 mile switchback climb, complete with views of the Moab Fault. Continuing on, riders are rewarded with views of the La Sal Mountains, Courthouse Towers, Petrified Sand Dunes, and Balanced Rock.

Everyone will be inspired by the stunning scenery accompanying the

second climb which overlooks Salt and Cache Valleys. Approximately 3 miles after passing the trail head for Fiery Furnace Skyline Arch comes into view.

The turnaround point for this ride is Devil's Garden where there is water, toilets, and a trailhead for hiking to Landscape Arch. Unlike many rides, the scenic views are quite different in the reverse

direction.





The Skinny Tire Festival happens March 12-15, 2010. This festival rides the best of the best: 1) Arches National Park, 2) Colorado River, and 3) Dead Horse Point. Rides are fully supported with sag wagons, bike mechanics, and aid stations and is an annual fundraiser to benefit cancer survivorship programs. See the Skinny Tire website at www.skinnytireevents.com for more information.

UPDATE: **NEW PAVEMENT COMING IN 2010!!** The Trail Mix Committee and Moab Trails Alliance are working with a variety of agencies to pave the "Old Highway", a route that parallels Hwy. 191 along the Moab Canyon north of town. This new paved trail segment will offer a route which connects to Hwy 313. The new pavement will allow road bikers a safe route from Moab to Canyonland's Island in the Sky and to Dead Horse Point State Park. The project is being engineered now, and will begin development in the spring of 2010.





Krissie Killoy and Mark Griffith

"TRAIL MIX" AND ROAD CYCLISTS: The Trail Mix Committee: (The Grand County Non Motorized Trails advisory group) includes a cycling representative on their executive board as a key element of the "mix" of non motorized trail users. Trail Mix works with both road and mountain bike cyclists to develop, sign, and maintain safe routes. To get involved in this effort, contact Sandy Freethey at 259-0253. Trail Mix meets the second Tues. of every month at the Grand Center in Moab, Noon-2:00.



Four or More Booked in October **ENJOY MOAB'S** World Class Trails WITH OUR PROS Half, Full, & Multi-Day Fun **Individuals or Groups First Time to Advanced Call About Our Specials** 800-940-8292 435-259-9861 www.solfun.com solfun

An Invitation:

Yellow Leaves, History, and

Lunch in Allen Canyon

cottonwoods are yellow, the White Mesa Ute

Council holds their community's History Day. This

year, in partnership with the Utah Humanities

Council and the Edge of the Cedars Museum,

everyone is welcomed to attend a program entitled

"Avikan: Remembering the Homeland" on Saturday,

October 10. Participants will meet at the Edge of

the Cedars Museum at 9 a.m. then drive to Allen

Canyon for a discussion and walk through the

federal government established a sub-agency at

the mouth of Hammond Canyon for the White

Mesa people whose welfare was administered

from Ignacio, Colorado. For fifteen years, Blanding

resident E.Z. Black and his family worked with the

Ute people to develop farms and livestock herds

and provide education. The farmer's station, a

school, and other archaeological materials will be

discussed on site, as the past is shared from a Ute

and Anglo perspective. Life was not easy as the Ute

people transitioned into white society, but they

as site mapping by archaeologist Winston Hurst,

their story comes alive. The trading post is gone,

the Station in ruins, but through the recollections

of those who lived there, an interesting picture of

life in the surrounding canyons brings back those

by-gone days. Following a brief overview of the

people and place, participants are free to walk

about the site. At noon the White Mesa Ute Council

will provide lunch. People are encouraged to bring

a camp chair to sit in (you will definitely be in "the

woods") and provide their transportation or car

pool. It promises to be a memorable occasion, so

bring a friend. For further information contact Bob

McPherson (435) 678-2201 ext. 8140.

Based on oral histories of participants, as well

willingly participated.

Following the Posey incident in 1923, the

remains of a little known piece of history.

Each fall, when the weather is right and the

### IN AND AROUND MOAB

#### Edge of the Cedars State Park Museum Presents: Hisatqatsit Aw Maamatslalwa ~ Comprehending Ancestral Lifeways and Thoughts about Hopi Archaeology

One thousand years ago, the ancestors of today's Pueblo people constructed the stone communities and farmed the terraces of San Juan County's canyon country. These Puebloan Ancestors successfully lived with their families for many generations in this fragile desert environment. Crafting ingenious methods for water collection and storage, the people perfected the careful use of their surroundings. The people planted specialized crops in scattered garden plots, tended turkeys and wild plants, traveled on foot to distant villages with whom the people traded ideas, stories, and goods, beneath the rich tapestry of their history, stories, and traditions. Today, the descendants of the Puebloan Ancestors of the Four Corners region live among nineteen villages that are strung like pearls along the course of the Middle Rio Grande, plus the Pueblos of Zuni, Hopi, and Acoma,

On Thursday evening, October 8th at 6:30 PM, Hopi anthropologist, Micah Loma'omvaya will be at Edge of the Cedars State Park Museum to speak about the Hopi archaeology and history from a Hopi perspective. The program is entitled, "Hisatqatsit Aw Maamatslalwa ~ Comprehending Ancestral Lifeways and Thoughts about Hopi Archaeology."

Loma'omvaya summarizes his presentation in the following description,

"This multimedia presentation describes Hopi knowledge about the past and the role archaeology can play in confirming traditional forms of knowledge along with consideration given to the social, political, and economic aspects of cultural resources management that provides the current context for Hopi participation in archaeology.

The Hopi have been the focus of an enormous amount of national and international study from many disciplines including social, agricultural and behavioral sciences to name a few. Yet gaining insight into this culture requires more than an academic interpretation of its components, it requires a presentation from the people themselves. This presentation will provide you with a overall understanding of the pieces that scientists and researchers dissect and shares an appreciation for the culture as a whole. The presentation will focus on Hopi ancestry, land base, land use & stewardship and cultural longevity in a multimedia presentation to promote understanding and respect with our southwest neighbors."

Loma'omvaya is a Hopi tribal member of the Bear Clan from Songoopavi Village on Second Mesa, Arizona. He currently works as a consulting anthropologist with Tuuwanasavi Heritage Consulting based on the Hopi Indian

reservation specializing in cultural and natural resources management projects. He also offers experiences educational on the Hopi reservation culturallythrough his based tour company, Hopi Tours with information found on the website www. HopiTours.com.

Loma'omvaya has served previously as the Program Manager for the Hopi Cultural Preservation



Micah Loma'omvaya

Office's Archaeology and Ethnohistory Program as well as the Tribe's Natural Resources Planner for over eight successful years. He earned a Bachelor of Arts degree in Anthropology from the University of Arizona in 1997 and has worked in the field of anthropology since the age of seventeen beginning with an internship at the Smithsonian Institution's Museum of Natural History in 1991.

The Edge of the Cedars State Park Museum is delighted to be able to host this exceptional and enlightening presentation with Mr. Loma'omvaya. Please join us Thursday, October 8th at 6:30 pm to learn more about Hopi archaeology and history. This program is free and everyone is invited.

The Edge of the Cedars State Park Museum is located at 660 West 400 North in Blanding, Utah. For information about this and other upcoming activities, please call 435-678-2238. The museum is open Monday through Saturday from 9:00 am until 5:00 pm.

#### LOOK FOR AN ISSUE OF THE MOAB HAPPENINGS IN THESE CONVENIENT LOCATIONS IN SALT LAKE!

Salt Lake Visitor's Center Utah Travel Council Office Utah Arts Council Office Fiddler's Elbow • REI • Taylor's Bike Kirkham's Outdoor • Salt Lake Bike AAA Office • Wasatch Touring Contender Bicycles • Coffee Garden Tower Theatre • Wholesale Foods



#### You can now pick up **Moab Happenings** in **GRAND** JUNCTION!

**Thrifty Car Rental** 750 1/4 Horizon Drive

> **Safeway 681 Horizon Drive**

Western Colorado Center For The Arts 1803 7th Ave.

> REI 7th & North Ave.

**Coffee Muggers** 646 Main St.

**Main Street Bagels** 504 Main St.

**Summit Canyon Mountaineering** 461 Main St.

> **Borders Books Ross Shopping Center**

> > **City Market** Fruita Exit

By Rob Wells

### ASTROLOGY HAPPENINGS

### Your Monthly Horoscope - October 2009



Libra: Happy Birthday Libra!! This month events are spread over the first three weeks in an array of fun and surprises centering on your job and health, romance and creativity, and your home. All the news is good news so feel free to enjoy and explore each event as it

comes your way. Overindulgence in food and drink is my only caution to you during the second week of October

After the 21<sup>st</sup> the Sun moves into your second house of Money and the process starts all over again for next month. These happy aspects will continue to some degree until next spring and won't that be nice?



Scorpio: Downtime is what you need while you recover from recovering. Starting a year ago, life has been a real roller coaster ride and you need a BIG breather. Sit back and let someone else do the heavy lifting for the next three weeks.

During that time you can enjoy fun events and surprises in your love life, your home and your communications with others.

On the 21st the Sun moves into your sign and you'll feel the energy returning. Put those plans of the last three weeks into motion and watch the fun begin all over again for another month.



Sagittarius: The inner planets are consorting with the outer planets to give you a big party chart for the first three weeks of October. Emphasis is placed on your cash, your communications, and your home. Your friends seem to want to

live in your pocket during this time because you are double your usual fun self. While the Sun is in your 11th house of Hopes and Dreams, pick a future for the coming year that's totally stellar.

After the 21st the Sun moves into your 12th house of Behind the Scenes and you'll need to scale back for a month and recharge those batteries.



Capricorn: This is your Career month Cap'. Big surprises are coming your way during the first three weeks of October. All the hard work for the last year pays off now. This is going to effect your communication, your cash, and your personal self esteem. Your public image

will be gleaming as you collect those pats on the back, handshakes, and words of praise.

After the 21st, the Sun moves into your house of Hopes and Dreams. It's time to plan for your annual personal future, so dream big and broad. You certainly have the fuel for it.



Aquarius: Higher education or your church have your activity list filled with fun and surprises this first three weeks of the month. Be prepared for some good financial shocks, a personal awareness break through and a moment or two of joining with The Universe these first

weeks of the month. I think along the way you'll

workers are waiting for you to make your move. Everything in the Universe supports your health, not your illness. Try to remember that, always.

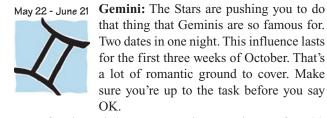
After the 21st, the Sun moves into your house of Joint Holdings. It's time to balance the checkbook and review the budgets. It's all good news, so don't worry too much. Just remember to do it.



Apr. 21 - May 21 Taurus: Happy, fun times on the job are what the Stars have planned for you this month. You'll be spreading joy and happiness everywhere you go. Others will be surprised by your spontaneous humor and lightheartedness. They'll want some

for themselves. By contrast, you don't show this lighter side very often, but when you do, it's very refreshing.

After the 21st, the Sun hits your Partnership house and if you're committed you have ample help to lavish love on your dear one. Take every opportunity to do so.



that thing that Geminis are so famous for. Two dates in one night. This influence lasts for the first three weeks of October. That's a lot of romantic ground to cover. Make sure you're up to the task before you say OK.

After the 2nd, the Sun moves into your house of Health and Employment for a month. You shouldn't have any problems dragging the party along with you as you go. It may be just what the office needs.



Cancer: Your home is your total base of operations and the Stars have planned some surprises, fun events and laughter for you this month. Unexpected news starts the ball rolling within the first three days so get ready for the good times. The

only warning here, is not to overspend on party goodies. Let your guests volunteer to help along those lines.

After the 21st, the Sun moves into your house of romance and the party at home takes on a more intimate touch. This month's chain of fun aspects repeat themselves to a degree through November. Things just don't get any better.

July 23 - Aug. 24 Leo: Your financial situation proves to be most revealing this month. Feast then famine, then feast again. Talk about dynamic but through it all you won't lose your sense of humor and this is where you shine this month. Balance is the key to restoring the security you are looking for.

You should have everything back to normal by the third week.

After the 21st, the Sun moves into your house of Home. You can settle back, watch the leaves change color, drink a few lattes, and just feel so satisfied with life...and make plans for Halloween.





Aug. 24 - Sept. 22 Virgo: The focus is on your personal finances this month. But even though surprises, fun events and happy time come from your partner, your employment, and all are re-vitalized by romance or your creative endeavors. All in all, this quite a month.

After the 21st, the Sun moves in to your house of communications and news regarding your job should please you immensely. What a great way to finish out the month.



Rob has been an Astrologer for over 30 vears. A student of Carol Green and the Ray of Light School in SLC, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life. Let me help you with your choices in life." Prices start at \$25.00. Call for an appointment, 259-7116.

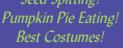


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### Crystal Singing/Healing Bowls

come to understand what The Mona Lisa is smiling about

After the 21st, the Sun moves into your Career sector to start a round of accolade gathering activities for the coming month of November. It's a great time to be you!

#### Feb. 19 - Mar. 20



**Pisces:** The aspects point to the first three weeks of the month of you not being your usual you. You'll be filled with adventure. Ready to take on the world in ways you may not have dared before. You're going to surprise yourself and those around you with your sweeping

bravado. Just don't throw the baby out with the bathwater.

After the 21st, the Sun moves into your house of Church and Higher Learning. You'll still feel like taking big bites for the next month or so, and you should, but always plan to finish what you start.

#### Mar. 21 - Apr. 20



Aries: A sudden health issue could surprise you early this month. Don't just guard your health, fight for it. Make those needed lifestyle changes, and get back to living A.S.A.P. Your friends and co-

#### Utah Copper, Stone and Dinosaur Bone

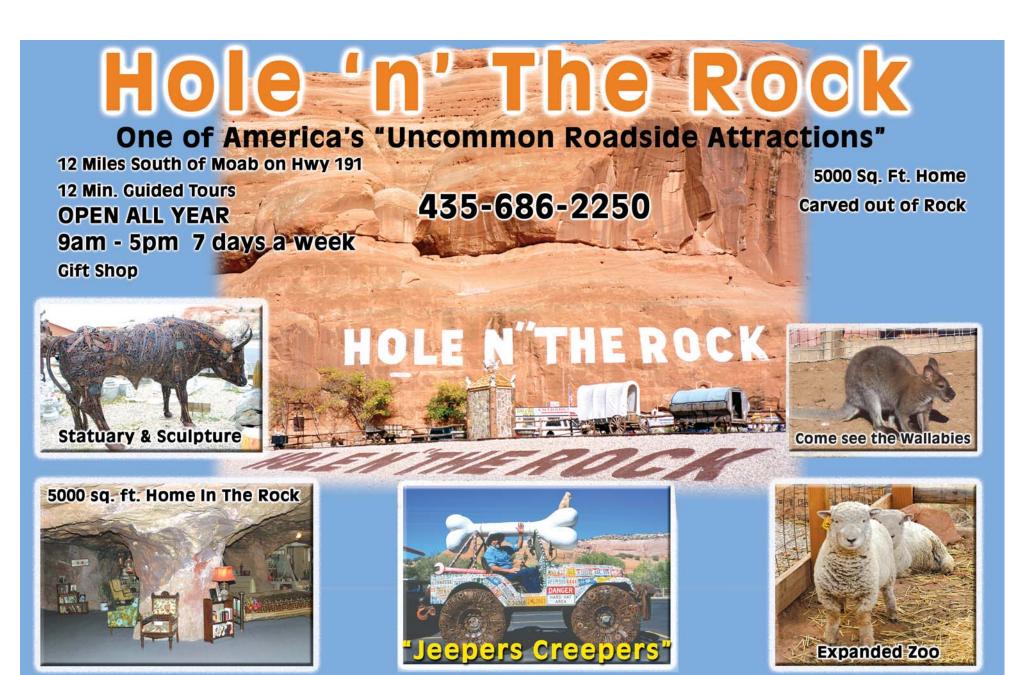


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**October** Special! Buy one dinner and two drinks and get 50% off your second dinner.

Choose from any of our great menu selections including Filet Mignon, New York Strip, Fresh Salmon, Linguini Olivia, Shrimp Scampi and much more!

ALL MEALS **INCLUDE:** fresh baked bread, a garden salad and sauteed vegetable with baked potato or rice

Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.

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Volume 21 Number 7

FREE

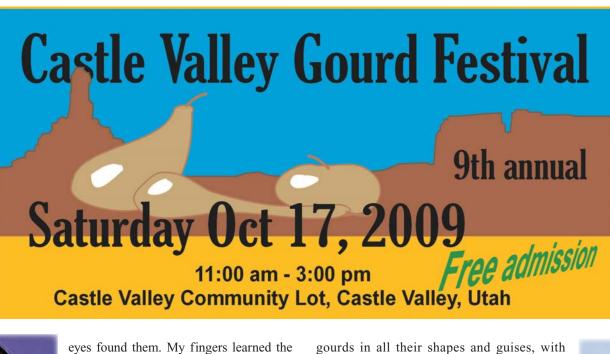
Section B

October 2009

### OUT OF OUR GOURDS

I can't say my love affair with gourds began at first sight-I had been looking at them in various forms for years without a flicker of recognition. It was only in April of 2001, at the Great Gourd Show in Bluff, that I was formally introduced to Legenaria siceraria and fell in love.

Only little by little did I discover how many CV and Moab locals, as well as folks across the country, had been growing and working hard shell gourds for ages-and beautifully. Once my mind embraced the existence of gourds in this land, I began to see them everywhere I looked. Displayed openly or hidden in books or crannies, my



cricket and bird houses, masks and sheaths, musical instruments (perfect resonators), games and charms, sculptures, even telephones (as good as two cans connected with string used to be) and back scratchers. Anyone with a green thumb, water, space, and lots of sunshine can grow them, so they are a medium available to any income. People with patience, curiosity, inventiveness, and a sense of adventure and humor can enrich their lives.

Our ninth Castle Valley Gourd Festival is scheduled for Saturday, October 17th at the CV Commons just 20 miles NE of Moab, 11am to 3pm. Free admission. Displays will feature



eyes found them. My fingers learned the ways of working them-cleaning them and then decorating them for many purposes, as humans have done for millennia. I learned to respond to their undulations and creamy surfaces. I became inebriated by them.

That Fall a small group of us friends offered our first Castle Valley Gourd Festival, and each October since then we have presented this celebration of one of our oldest and most useful cultivated plants.

Our gourd-human connection is ancient. It is said that gourds were native to Africa and spread to both Asia and the Americas

gourds in all their shapes and guises, with opportunities to work on them yourself (all ages), including for the 2<sup>nd</sup> year Gourds of Wisdom. Exhibitors are welcome and booth space is free (gourds only). Please bring a favorite food to share at our Famous Firehouse Potluck Lunch. Dress up and march, ride, or drive in our Tractor or Something Peculiar Parade at high noon, and meet Big Gourdie and this year's Gourd Goddess. Contribute a gourd piece to our Silent Auction

and come ready to bid and buy, or loan your favorite gourd to our Gourd Gallery for the day. Sample our Free Fortunes and Faces. Make Music with gourd or regular instruments. Come and share a day of Gourdgeous Sights and Experience where all ages can have fun and enjoy



in prehistoric times. They are thought to predate pottery and basket making, and to be directly or indirectly responsible for the development of both those crucial arts.

Gourds have been and still are ideally suited to many functions--as containers, utensils, floats and rafts, tobacco pipes,



the sunshine and friendly atmosphere. Don't worry too much about losing your head and heart to gourds. We take care of each other.

For more info contact Cris at 435-259-2245 or Bob 259-9320 www.grandgourds.com and www. castlevalleyrocks.com

Cris Coffey is Coordinator of the Castle Valley Gourd Festival.

LUNCH MENU

11:30-3:00 pm

Sandwiches

Chicken Gyros

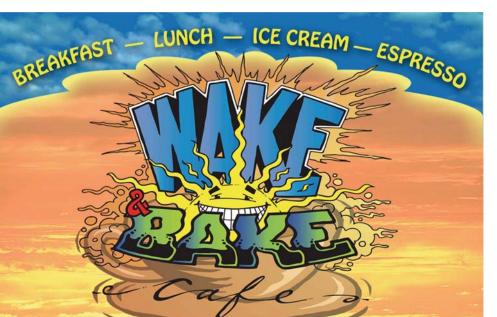
Pizza Slices

Hot Dogs

Authentic

Panini





DOOI & TOOSDAII TADIES 🛛 🖿 IVIEXICAN TOOA ▶ 12 beers on tap

Homemade desserts

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necessary, no "private

club" memberships

required!

LUNCH starting at 11:30 am DINNER starting at 4:30 pm



SUNDAY BRUNCH -11:30 am-2:30 pm

> Conveniently located at Center & Main, in McStiffs Plaza

435-259-BEER (2337) www.EddieMcStiffs.com BREAKFAST MENU 7-11:30 am

- Burritos
- Waffles
- Granola
- Bagels
- Sweet Crepes
- Savory Crepes
- Croissants
- Muffins
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Locally Roasted Coffee Espresso • Tea **Smoothies** • Fresh Juices



Too many flavors to list ...

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**57 S. Main** in McStiff's Plaza

- Tacos (carnitas, fish & chicken)

### HEALTHY HAPPENINGS

	facials
hlier	manicures
11.55	pedicures
hair, skin & body works	waxing
1105 So. Hwy 191 Ste. 4A	acrylic nails
Moab, Utah 84532	hair dressing
(435) 259-BLIS	e e
(2547)	& more

### Bliss hair, skin & body works

It's another successful year at Bliss and we want to show our appreciation! On October 14 from 4:00 to 7:00 Bliss will be hosting an open house for all clients and potential

clients to come and visit the shop. We will be offering free mini manicures, free paraffin dips, and free high frequency treatments, along with lots of food and drinks. We will also be giving

away a Gift Certificate to the salon. Stephanie Brewer, Bliss's only master esthetician, will be offering free clinical skin care consultations for anyone interested. We welcome everyone to come and learn some new beauty secrets! Any appointment booked at the open house will receive

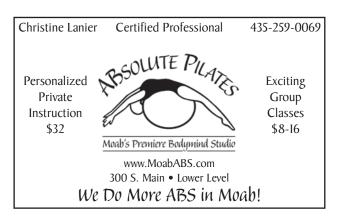
your skin, hair & body dry and damaged so now is the time to make up for all the abuse we put it through. We offer numerous treatments to repair. From deep conditioning hair treatments to exfoliating and hydrating facials and pedicures, we have something for everyone.

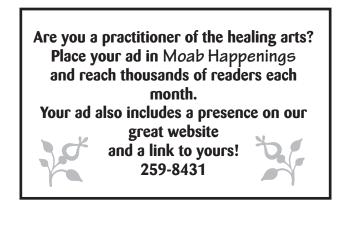
We all know the long term effects of sun damage to our skin, but do we all know how to help prevent those wrinkles and brown spots from showing years before we are ready? Stephanie, who has been in the field for 9 years, has seen it all. "The best thing you can do for your skin is wear sunscreen, drink water and exfoliate," she says. This helps in prevention but what can we do to reverse the

signs of premature aging? A Glycolic Acid Peel or a Microdermabrasion treatment will give you a deep exfoliation to help regenerate the skin cells to help keep you looking younger longer. In most cases it helps with the fine lines that start showing around the mouth and eyes. It also helps with acne and acne scars.

During the month of October we will be offering the Pumpkin Facial, pedicures and manicures, and for November we are offering our "Go Deep Special" which includes a deep conditioning hair treatment and a deep cleansing facial for \$60. Also, the month of December we will introduce a new champagne facial for a holiday treat. Gift Certificates make great birthday and holiday gifts for anyone who loves to be pampered.

Featuring: Organic Produce • Natural Foods • Supplements Locally Grown Produce Summer Hours: Mon - Sat 9:00-8:00 Sun 10:00 - 3:00 Open Daily at 39 E. 100 N. Moab (across from the Post Office) • 259-5712









a 10% off coupon to be used on any service or in stock product. We will also be hosting a Scentsy Candle party during our open house. Please come and join us. It will be lots of fun!

With the weather starting to change many people might notice a change in their skin and hair. Bliss has a full line of Biolage hair care products, a variety of Peter Thomas Roth and Raya skin care products, and a new bath and body line, Lomasi. We will also be getting new products just in time for all of your holiday shopping needs. New items will be arriving throughout the next month. Our technicians are available to provide expert advice on which products would be the best for you.

With fall and winter approaching, now is the time to focus your beauty treatment towards renewing and repairing. Summer tends to leave



#### We have added new treatements to our menu. The following is a list of all the services we provide.

- European Facial
- Women's Haircuts
- Bliss Facial
- Men's Haircuts
- Glycolic Peel
- Shampoo & Style
- Deep Cleansing
- Deep Conditioning Treatments

- Up-do's
- Eyebrow Clean-up
- Make-up Application
- Full Leg Wax
- Spa Manicure
- Half Leg Wax
- Spa Pedicures
- Bikini Wax



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An overall rejuvenating Experience Reduces acne & Rosacea Increases collagen & elastin Softens wrinkles and Firms Skin

- High Frequency Treatment
- Cera Repair Conditioning Treatment
- Microdermabrasion
- Scalp Treatments
- Eyelash Tinting
- Color
- Eyebrow Tinting
- Highlights
- Eyebrow Sculpting

- Warm Stone Pedicures
- Underarm Wax
- Pedicure Touch Up
- Arm Wax
- Soak & Polish Change
- Lip/Chin Wax
- Paraffin Treatments
- Full Face Wax
- Sculptured Acrylic Nails

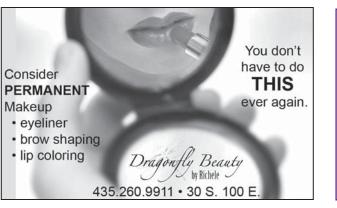
### Ata Calfee, L.M.T. (435) 259-4786 www.ombodywork.net



New Clients

### bodywork and therapeutic massage

Healing Arts Center 50 East Center St. Suite 9



#### **Grand County Hospice**

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.



We're here for you when you need us most.

Grand County 719 West 400 North Moab, UT · 435 259-7191 A division of Allen Memorial Hospital

### HEALTHY HAPPENINGS

### **Community Nursing Services**

There is an agency that has been providing in home health care since 1928. This goes back to the country nurse in the white cap driving the little black car, and coming to your house to take care of mumps, measles, sometimes child birth, or illnesses of the aging. The agency is Community Nursing Services; home health and hospice. CNS is a non-profit provider of home care; the oldest home care agency in the state, and Utah's first licensed hospice company. The little black car and the white cap are gone but CNS is still sending skilled nurses, physical therapists, home help aids, or when necessary a complete hospice team into homes in and around Utah. CNS offers the latest in home technology and is Medicare, and Medicaid certified. Offices are located in Moab and Price. For more information in Moab call 435-259-0466 or visit their website at cnsvna.org. 78 years and still making

house calls. Community Nursing Services, a United Way agency.

www.moabhappenings.com

Community Nursing Services (CNS) is a communitybased. notfull for-profit, home service care corporation established in 1928. CNS is composed of several operating divisions.

\* CNS VNA (Skilled services

such as Nursing and Therapies.

\* CNS Home Health Plus (non-skilled services, such as homemakers, personal care adaes. respite services)

\* CNS Pharmacy (intravenous and nutrition support)

\* CNS Community Hospice (Certified Hospice) which includes the Kaleidoscope Kids program (for children With life altering illnesses) and Journey Home (AIDS/HIV care).

\* CNS is the only CHAP ( Community Health Accreditation Program) accredited home health agency in a six-state regional area. CHAP was the first home care accrediting body in the nation to receive deemed status from the federal government. Bv approving CHAP for deemed status, the government certified that CHAP's standards for excellence met or exceeded the government's own standards for

#### COMMUNITY NURSING SERVICES MISSION

We will assist clients to attain health care goals. while maintaining independence and dignity, through appropriate home health care and supportive services. We will promote wellness in the community utilizing our experience, knowledge and resources.

**VALUES AND PHILOSOPHY** - CNS is committed to:

\* Upholding our community-based, not for profit status.

\* Seeking client's and family's active participation with an interdisciplinary home health care team in order to meet a full range of needs.

\* Recognizing the vital role of each employee in accomplishing our mission.



Community Nursing Services Experts in Home Care Since 1928

www.cnsvna.org



Office (435) 259-0466 • Fax (435) 259-0467 1030 S. Bowling Alley Lane #1 • Moab, UT 84532





\* Providing quality home health care services to all clients without regard to ability to pay within the limits of our resources.

\* Collaborating with other community agencies to identify and address unmet client needs.

\* Influencing the development of national and local home health care policies.

\* Utilizing volunteers on advisory committees, in support services, and in care programs. Fulfilling our mission through fiscal responsibility and prudent use of resources.Responding to the needs of our clients and environment as they change or emerge.

In 1928, Salt Lake City Visiting Nurse Service was formed "to provide nursing for the sick in their homes." The following year it was established as a voluntary, non-profit agency when the existing Visiting Nurse Association of Salt Lake and the Private Duty Registry were combined to form Salt Lake Community Nursing Services.







Medicare certification.

We are proud to be a partner in the Utah Home Health Coalition UHHC) whose home health agencies provide services to all counties. cities and towns in Utah. In addition CNS helped establish the Idaho Coalition of Home Health Agencies (CHHA). These two coalitions contract with nearly every third party payor in this region to provide home care and related services where and when they are needed.

Are you a practitioner of the healing arts? Place your ad in Moab Happenings and reach thousands of readers each month. Your ad also includes a presence on our great website and a link to yours! 259-8431

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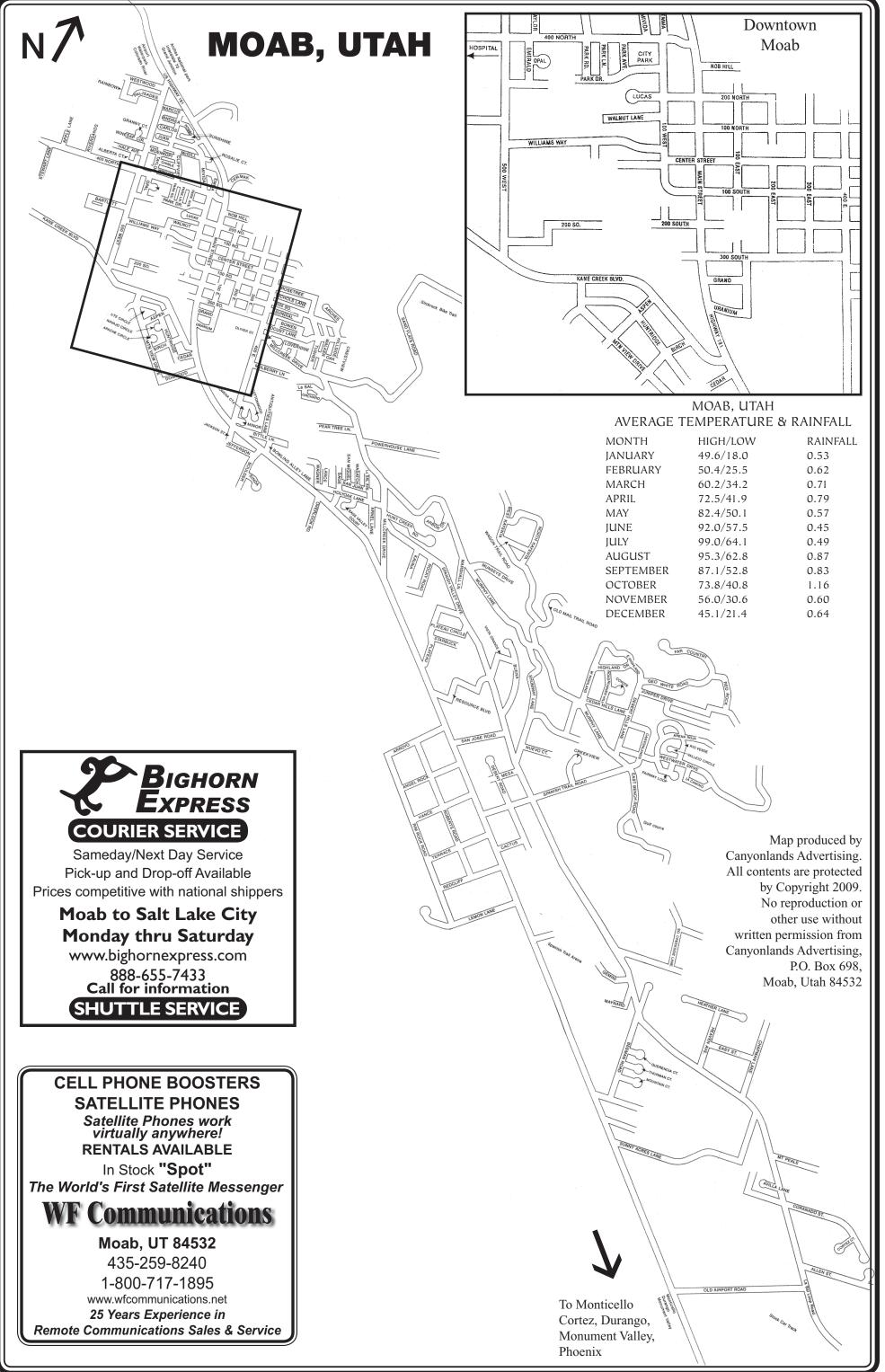
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SCIENCE PRACTITIONER

4B • Moab Happenings • October 2009





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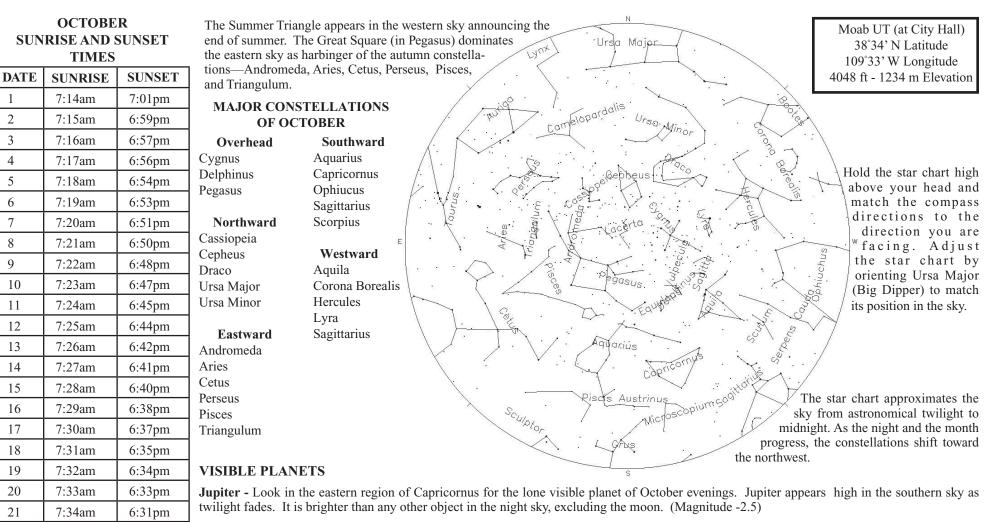
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### SKY HAPPENINGS

### The Sky for October 2009

By Faylene Roth



Mars - The red planet rises soon after midnight in the eastern sky, assuming planetary dominance of the night sky as Jupiter sets below the western horizon. Mars begins the month rising below the twin stars of Gemini. Each night it rises a little later and gets a little brighter, moving eastward into Cancer. On October 31 use binoculars to view the Beehive Cluster east of Mars. (Magnitude +0.6)

Mercury - During the first week of October early risers might glimpse Mercury in the early morning twilight below Venus. October 6-8 offers the best opportunity to locate Mercury. Binoculars are suggested. On October 8 Mercury rises within a half degree of Saturn. Mercury relinquishes its place below Venus to Saturn during the next week as it moves closer to the sun. (Magnitude +0.6)

Saturn - During the second week of October, Saturn overtakes Mercury, gaining center position between Venus and Mercury. On October 10 these three planets form a vertical line up from the horizon. On October 13 Venus and Saturn appear together in the eastern sky a half degree apart. Saturn then overtakes Venus as the first planet to rise in the morning sky. (Magnitude +1.3)

Venus - The dominant light of the morning sky is Venus. On October 6 its brightness provides a guide to Mercury's location in the sky and on October 13 it showcases Saturn just below it. After the 13th, Saturn will rise before Venus. Look for Venus in the eastern sky about two hours before sunrise. (Magnitude -3.8)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

#### DAYLENGTH

6:30pm

6:29pm

6:27pm

6:26pm

6:25pm

6:24pm

6:23pm

6:21pm

6:20pm

6:19pm

The rapidly shortening days are difficult to ignore this month, especially the earlier sunsets. The period of daylight decreases another 71 minutes during October. Even with an hour and a half of twilight, the skies will be dark before 8:00pm on Halloween night. Saturday, October 31, is the last day of daylight savings time. The official time change occurs Sunday, November 1, at 2:00am when official clocks are turned back one hour. (Actual time of sunrise and sunset may vary depending upon the surrounding landscape.)

#### **MOON HAPPENINGS**

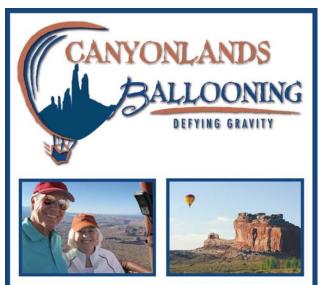
October begins with a waxing gibbous moon high in the southern sky at twilight. By October 4 the moon has moved northward in its monthly cycle. The full moon rises at 6:52pm a little north of where the celestial equator intersects the eastern horizon. On October 7 a waning gibbous moon rises after twilight with the Pleiades star cluster. The moon reaches its northernmost position for the month on October 9 when it rises below the twin stars of Gemini. Soon after midnight in the early hours of October 12 look for the moon near Mars in the eastern sky. On October 14 the moon rises due east near Regulus (Leo). In the early morning twilight of October 16 a waning sliver of moon rises just ahead of Venus and Saturn in the eastern sky. Use binoculars to find Mercury about five to six degrees above the horizon. The new moon occurs on October 18. A waxing crescent moon appears within a few days in the evening skies to the southwest. On October 26, after sunset, the first quarter moon appears near Jupiter high in the southern sky, but moving northward again. A nearly full moon will be high in the sky on Halloween night. (Actual time of moonrise may vary depending upon the surrounding landscape.)

overhead. Major meteor activity occurs October 17-25 during the Orionid Meteor Showers. The Orionids peak on the nights of October 20 and 21. Fifteen to twentyfive meteors per hour are common. Best viewing is before dawn when Orion is overhead.

#### **GREAT WORLDWIDE STAR COUNT**

Join with local citizen scientists around the world to gauge the darkness of the night skies. Participants in the Northern Hemisphere count the number of visible stars around the constellation Cygnus the Swan. Observations can be made anytime October 9-23. The GWWSC website provides easy-to-use magnitude charts for estimating the number of stars you see and provides additional information necessary to report local findings. The star count is sponsored by the University Corporation for Atmospheric Research in Boulder, Colorado, to raise awareness of the effect of light pollution on the night sky. Go to their website at http:// www.starcount.org/ for directions and a reporting form.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at http://www.fourmilab.ch/yoursky/



#### **METEOR ACTIVITY**

Look for minor meteor activity October 6-10 in the vicinity of Draco. The head of Draco the Dragon appears north of Cassiopeia. Its long body arcs over Ursa Minor to the west. Best viewing is right after midnight when Draco is

#### LOCAL STAR COUNT

Join Red Rock Astronomers to participate in our local star count on Friday, October 16. Meet in the southwest corner of Old City Park at 7:45pm for a tour of the night skies followed by the star count. Then learn how to conduct your own star count at other locations in or around or beyond Moab. Telescope viewing provided by Alex Ludwig and Red Rock Astronomers. If you have a telescope to bring to the gathering arrive at 7:00pm to allow time for setup. Call 259-4743 (Faylene Roth) or 259-3313 (WabiSabi) for more information. Sponsored by WabiSabi. All ages are welcome and the event is free.

*Note: Hold your hand at arm's length to measure apparent* distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degree.

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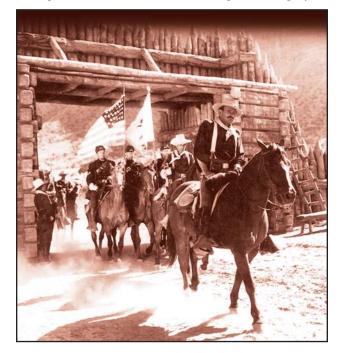
### MUSEUM HAPPENINGS

#### Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande, Cheyenne Autumn, Ten Who Dared, The Commancheros*, and *Rio Conchos*.

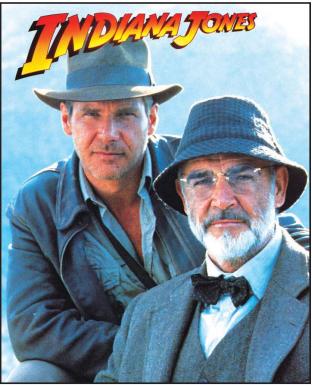
The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in





John Wayne leads his troops into the fort at Red Cliffs Ranch, in the movie Rio Grande, directed by John Ford in 1950

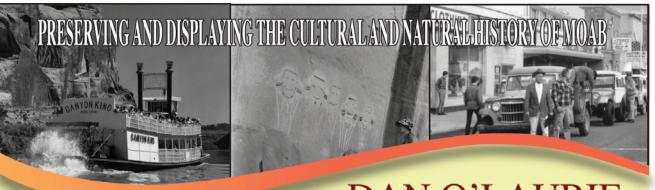


the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

### A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



# DAN O'LAURIE MUSEUN OF MOAB UNFORMATION CENTER

#### EDGE OF THE CEDARS STATE PARK MUSEUM EVENT CALENDAR

#### Thursday, October 8:

6:30 PM (Free)

Hisatqatsit Aw Maamatslalwa ~ Comprehending Ancestral Lifeways and Thoughts about Hopi Archaeology.

Micah Loma'om'vaya is an anthropologist and educator from Second Mesa on the Hopi reservation in northeastern Arizona. He knows the stories of his ancestors, the places where they lived and the places they went after leaving Southeastern Utah. Join Mr. Loma'om'vaya and learn about Hopi history and archaeology and the Hopi connection to locations in southeastern Utah.

#### Thursday, October 15: 6:30 PM (Free)

"Memories of Glen Canyon" With Archaeologist, Dr. Bill Lipe Join archaeologist, Bill Lipe, PhD as he shares, "Memories of Glen Canyon." This special presentation is based on Bill's experiences working on the University of Utah's Glen Canyon Archaeological Project, from 1958 to 1961. Bill will have a powerpoint presentation created from slides taken during that project, plus video clips from a film shot mostly in 1959.

#### Thursday, Oct 22:

6:30 PM (Free) AAS

Archaeology and You: Preserving the Past for the Future, with archaeologist, Allen Dart

Tombs in an ancient Maya city are sacked by looters seeking artifacts to sell. Relic collectors lease an archaeological site and dig it up to collect artifacts, leaving craters littered with human bones and broken grave objects. A petroglyph is chiseled out of a rock face. Someone out walking finds an ancient artifact and takes it home. All of these actions destroy part of the archaeological record of humankind. In this presentation archaeologist Allen Dart notes that artifacts and cultural features ranging from small pieces of pottery and arrowheads to petroglyphs, glass bottles, coins, and other historical objects often are the only sources of information that archaeologists have to answer questions about an ancient people's way of life, which makes it important for these items to be left undisturbed in their original context.

#### Thursday, October 29:

6:30 PM (Free) UHC

We Shall Remain: The Paiute, with Shanan Martineau, Cultural Resource Manager for Shivwits Paiute tribe, Cedar City

The Paiute Indian Tribe of Utah is engaged in the long, slow climb back from near destruction by the invasion of European settlers and Mormon Pioneers. Their numbers, once in the thousands, dwindled to less than 800. Today, the Tribe consists of five constituent bands: Cedar, Indian Peaks, Kanosh, Koosharem, and Shivwits. These five Bands have independent identities as communities that date back hundreds of years. Join Shanan Martineau, the Cultural Resource Manager for the Shivwits Paiute, and learn more about the history of the Utah's Paiute people. The focus for this program is a one-half-hour documentary followed by discussion about the events and memories from Paiute history. This program is funded through the Utah Humanities Council and KUED.

HOURS MON-FRI 10AM-6PM SATURDAY 12-6PM

(435)259-7985 WWW.MOABMUSEUM.ORG



### Thursday, November 5: 6:30 PM (Free) UHC

We Shall Remain: The Goshute with Beverly Harrison

"We are descendants of the bands of Indians who settled in Eastern Nevada and Western Utah. The Shoshone-Goship people have always been an integral part of Western Utah and Northeastern Nevada. The word Goshute (Gosuite) is derived from the native word Kutsipiuti (Gutsipiuti) which means "desert people".We have inhabited the land long before the arrival of the white man in America." Goshute educator, Beverly Harrison, will lead the discussion about the people known as the Confederated Tribes of the Goshute. The audience is invited to ask questions and provide observations and comments about the history of the Goshute people.

The Edge of the Cedars State Park Museum is located at 660 West 400 North in Blanding, Utah. For information about upcoming activities and events, please call (435) 678-2238. The museum is open Monday through Saturday from 9:00 am until 5:00 pm. Don't forget to mention you read about it in the Moab Happenings.

### GALLERY HAPPENINGS

### "Enjoy the refreshing experience of original art"

We feature local, regional, and international artists. You will find here sculptures, beautiful pottery, glass, wood and metal works, most unique photographs and thoughtprovoking paintings, azurite crystal roses, hand spun wool & silk, light & color.

Moab is a small town located in the red rock desert of southwestern Utah. It is world - famous for its spectacular natural beauty and is one of the greatest places for hiking, biking, river trips and jeeping adventures. Nevertheless, in this beautiful surrounding there are many talented and devoted artists who live and work here, quietly interpreting the natural beauty around them into stunning works of contemporary art.

So, we are searching for the hidden and known talents in our region and beyond, so you, our visitors, will enjoy the refreshing experience of original art.

This month we would like to talk about two artists: sculptor -Eric Lintala and oil painter Richard Bailey.

#### **Eric Lintala - Sculpture**

Eric Lintala received his Masters of Fine Arts degree



Spirit Helper

in sculpture from Kent State University. He is a professor in Fine Art Department at University of Massachusetts.

He had numerous exhibitions and several installations in public places. During his artistic career he received many grants, awards and commissions.

Eric has traveled extensively throughout the United States recording and researching prehistoric Rock Art, petroglyphs and pictographs, which has had profound influence on his work.

"Long before people developed a written language, they learned how to communicate and record through pictures. Religion, the hunt, farming, fertility, life and death, all that was important they recorded to pass that knowledge to other generations.

The challenge before me is to carry on, to renew this tradition of communication and through my visual interpretations I hope their spirits can live on. To try to understand what was, in relation to what is now and yet to come, that fascinates me. These sacred sites and the marks left there by man have uniquely influenced my work.

Through observation, the sense of touch, moving through or around site - specific works and the unexpected interaction of light, sound and other natural phenomena all work together to create a unique experience. The sculptures I create have become a narrative of events in present time. The shapes and marks that I make, the symbols created, have become uniquely my own, they tell of my experiences and events that have affected me"

#### **Richard Bailey (Oil Painter)**

Richard Bailey was born and graduated from school here in Moab Utah, where he still has numerous relatives. He graduated with a Bachelor of Science from the University of Utah. He received his Masters degree in Political Science from the University of Southern California. He is a retired lieutenant colonel of the U. S. Air Force where he was a pilot (instructor and examiner).

While living in the Netherlands for several years, Richard developed his artistic style which presents a raw natural talent in combining color and texture in a variety of medium and evolving newly discovered painting technique. A few of his paintings were purchased by two Art Museums in the Netherlands. Richard has many of his works in private collections through out Europe and other countries. Now he lives in Las Vegas, where he has been a part of a docent program in Las Vegas Museum of Art.

His recent work was exhibited in New York galleries, Florida and Florence, Italy.



Steam from the Center of the Earth

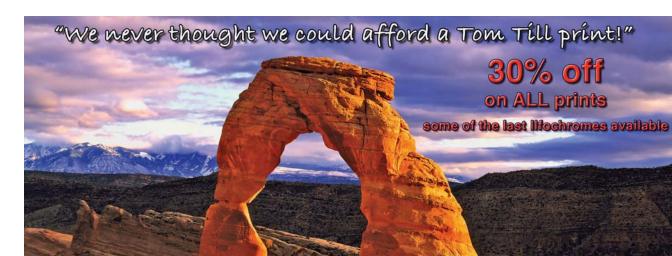
Richard Bailey

As long as you are here in the gallery, check out the new and unique jewelry by Olga Martinova. Olga works at her jeweler's bench and greets her customers, who appreciate the opportunity to meet the artist and watch her work. She makes many custom beaded earrings and necklaces upon request; you can watch her make your piece while you wait. She also spins wool and silk. Often you can see her spinning when you walk into the gallery. She will often give demonstrations to customers who has never seen this ancient art practiced in real life.

If you're passing through Moab, we'd like to invite you to take a few moments to stop in and enjoy the refreshing experience of original art!....

We are located in the Eddie McStiff's Plaza, "when you see the big yellow cat above its rocky lair, you know you're in the right place!"

Cat's Lair Collection 59 South Main St. Moab, UT 84532 (435) 259-2458 www.catslaircollection.com

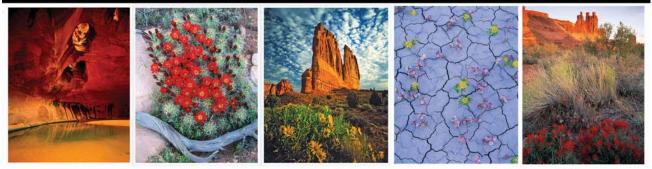


Eric Lintala





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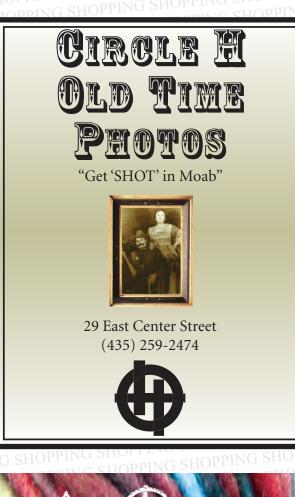


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90 East Center Street Square (Located behind Moab Information Center)

435-259-8404 A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books. friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9pm for a stitching social and enjoy getting to know other fiber artists. Hours: Mon-Sat 10 am - 6 pm. Visit us online at www.desertthread.com

26 West Center St. OPPING SH 435-259-7088 Visit our new location with an expanded inventory. Now in Moab - Scrapbooking supplies, candy store and a Christian bookstore all in one place. Karen and her staff still create floral arrangements for all occasions, including weddings and funerals. This full service floral shop has FTD services and beautiful gift baskets - ready made or made to order. Full line of themed party supplies.

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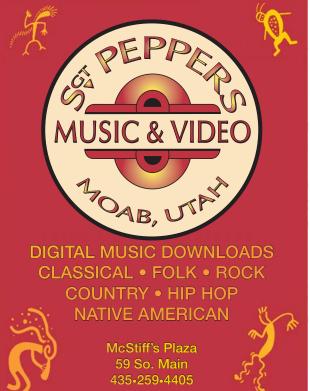
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The Moab Mailing Center is an authorized shipping outlet for UPS and FedEx. Mailbox rentals - private & secure with mail forwarding service available. Shipping supplies, boxes, packaging materials, bubble wrap, & tape. Color copies, high volume copying, large selection of paper and card stock available. WE NOW OFFER FEDEX GROUND! 24 HOUR DROP BOX FOR FEDEX AND UPS ENVELOPES. Stop by Moab Mailing Center and we can help you out! Open Mon-Fri 8 am to 6pm, Sat 9am to 5pm NEW: Notary on staff. Call for hours.



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we download digital pictures to CD

### SHOPPING GUIDE



www.moabhappenings.com

**Rave'N Image** 59 South Main, #5 LOCATED IN McStiff's Plaza PPIN 259-4968

The Rave'N Image is a family-run clothing boutique with a whole lot of style and variety. In addition to our trendy (yet affordable) clothing, we also carry a wide selection of accessories including: embroidered bags, belts & buckles, leather cuffs & wallets, candles, bath & body products, flip flops, sunglasses, bathing suits, cards & journals, makeup, political stickers & T shirts, art prints & other gift items, the largest collection of Body Jewelry in Moab and a GORGEOUS ARRAY OF STERLING SILVER, GEMSTONE & FASHION JEWELRY!! We carry unique & conscientious lines like RISE UP, PACIFICA, PAPAYA, NEVES, ORIGIN, IDYLL & THE OUTFIT, as well as locally made artwork & jewelry AND Kama Sutra & Nag Champa products. Don't miss our 50% OFF CLEARANCE & USED racks when you come by the McStiffs Plaza to see what people are "Rave'N" about!! Open daily at 10 am. PING St G SHOPPING SHOPPING SHOPPING



Sgt Peppers Music & Video **McStiff's Plaza** 59 So. Main Street 435-259-4405

Sgt Peppers Music & Video is your full-service, one-stop music and movie entertainment store offering a complete line of CDs featuring today's top artists and yesterday's greats. If we don't have what you are looking for, our new digital music kiosks will download your favorite songs or albums to a CD or your iPod or MP3 player while you wait! Looking for a movie tonight? Check out the absolute best selection of movies for rent or purchase at the lowest prices in town! Check out the accessories department where you will find iPods, MP3 players, DVD players, film camera memory cards, music books, CD carrying cases, and more. We can also download your photo memory cards to a disk usually within minutes while you wait; freeing up valuable memory for more pictures! Sgt Peppers - Moab's entertainment superstore! HOPPING SHOPPING SHOPPING SH

MOAB FARMERS' MARKET



435-259-7778

#### **37 East Center St**

Starshine Gifts has everything you need for your cosmic lifestyle -- Incense, stones, jewelry, cards, books, music and gifts from around the world. It's a relaxing oasis across from the Visitor Center. Look for the gold star. Open seven days SHOPPING SHOPPING SHOPPING SHOPPIN a week. NG SHOP

### abí.

#### WabiSabi Thriftique A Luxury Thrift Shop

We have moved to a new location across the street from the old location.

New address is 411 East Locust Lane

259-9114 • www.wabisabimoab.org WabiSabi, a luxury thrift store in Moab, is not your typical thrift store. We feature only the best in used quality clothing, collectibles, sportswear, books & camping equip. WE HAVE WHAT YOU FORGOT TO PACK. WabiSabi supports local nonprofits & produces workshops that have a positive impact on our community. Open from 10am to 7pm. Visit our warehouse (across from the Gonzo Inn) for reduced price clothing, furniture, construction materials and housewares. Open 7 days a week 9 am - 6 pm



#### 290 South Main • 259-5959

PING SHO Open everyday 7:30am OPP Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.

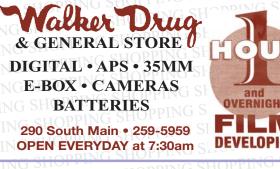


We shape the places where we live in crucial ways every day. Each time we purchase goods or services from a particular shop or office, we are making choices about our community. For every dollar

they bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto, HOPPING SHOPPING SHOPPI

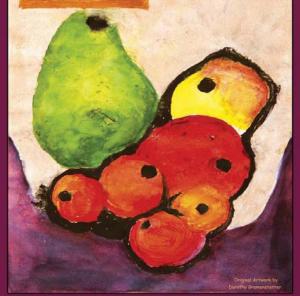
Buy close by, preserve community. OPPING SHOPPING SHOPPING SH







astle Cree/ WINERY



Farm Fresh Produce · Crafts · Baked Goods · Flowers May - Oct, Saturdays 8:00 - Noon Swanny City Park Sponsored by the Youth Garden Project



Banquets... Weddings... Giftshop, tours and Wine Sales Visit our NEW Tasting Room local on the banks of the Colorado River. Complimentary Wine Tasting Daily, FIRST WINNER BEST OF STATE

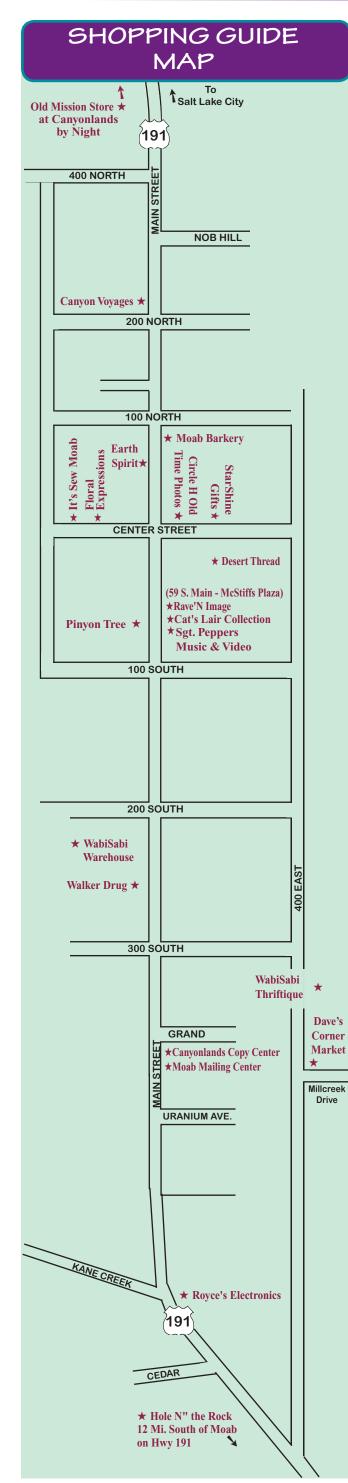


Lodging...

Chenin Blanc • Chardonnay Uintah Blanc • Lily Rose White Cabernet Sauvignon • Merlot Kid Red • Outlaw Red

UTAH 2009

### SHOPPING GUIDE







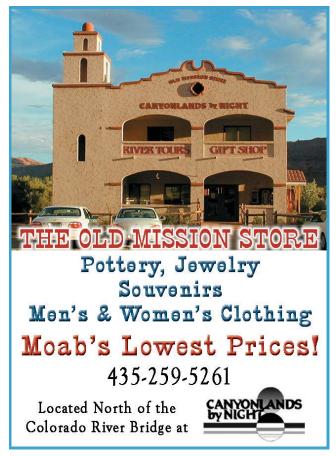
### **Old Mission Store**

Not your typical souvenir shop.

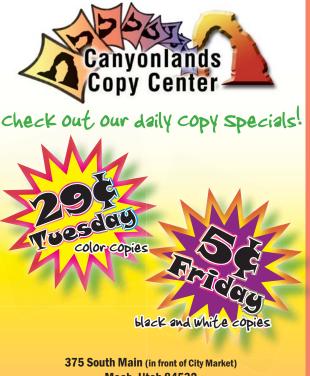
The Old Mission store, located at Canyonlands By Night on the North side of the Colorado River Bridge is a unique shopping experience in the Moab area. Although the Old Mission Store has souvenirs for tourists and motorists passing by, many locals enjoy the unique treasures that can be found within. The Old Mission Store features a variety of skirts and distinctive shirts, as well as sweatshirts and jackets for casual wear and outdoor use. The Store also features a wide variety of Native American pottery and jewelry, great to give as gifts to those folks back home. We also have DVDs and books about Moab and the unique wonders that the State of Utah holds in store for our many visitors. We have children's section featuring items to keep your little ones occupied on your journey. The Old Mission Store is open from 7a.m. to 8p.m. seven days a week.

The Old Mission Store also has the Colorado River Ice Cream Shoppe. The Ice Cream Shoppe offers delicious candied nuts, drinks and a variety of ice cream flavors. The Ice Cream Shoppe is open from 4p.m. until 10p.m. in August for your convenience.

Stop by Canyonlands By Night for an ice cream and take a look at some of the wonderful things the gift shop has to offer. Call 435-259-5261 for more information. Don't forget to mention you read about it in the Moab Happenings.



Don't be a sheep



Moab, Utah 84532 (435) 259-8431 • (435) 259-2418 Fax info@moabhappenings.com

Some restrictions apply. Price includes 8 1/2 x 11 copies on 20lb. paper.

in the Moab Market! Increase your Retail Presence with an ad in Moab Happenings. Call A35-259-8431

### **CONFLUENCE HAPPENINGS**

### Filmmaking Workshop

Have you ever wanted to make home videos? Or perhaps learn how to market your business using a film, but cannot afford the professional costs? Does creating a documentary on current events and affairs interest you? If so, sign-up for a filmmaking workshop today! Sponsored by Confluence and the Moab to Monument Valley Film Commission, this class is 5 full days, October 26th -October 30th, 2009. Instructor Eric Temple will be going over:

How to develop a story What is a documentary? Lighting and camera use How to set-up interviews Creating a shot list How to shoot Using wireless microphones Outline of a story/script Learn to edit (story development) And much, much more!

The class is \$300 for the full 5 days, or \$100 per day. This fee covers all materials used for the course, as well as water and snacks.

Grand County and San Juan County have a rich history of filmmaking. Our intent is to provide an opportunity for individuals who are interested in making their own films, and may not know quite how, or are ready to step it up to another level of professionalism. Confluence and the Moab to Monument Valley Film Commission are committed to continuing education in the area, and would love to see the passion of filmmaking continue on.

Only 10 spots are still available, so register now if you are interested. Half is due at time of reservation, and half is due two weeks before the class begins.

Find out more on Eric Temple, by visiting his website www.canyonproductions.com His work has won many awards, including an Emmy, several Telly awards, and top honors at major film festivals.

Contact the Moab to Monument Valley Film Commission with questions, or to sign-up! tara@ moabcity.org or 435.259.4341



### A Celebration of Eating and Writing

"Farm friendly food is good for our landscapes, our bodies, homeland security, and every other thing that is good and noble. Thousands of farmers view their production as a sacred trust between their land and the dinner plate. Those who take such a view should be patronized. They should be encouraged. You and I should buy their food." Joel Salatin

Confluence: A Celebration of Eating and Writing celebrates food and sustainability at the end of the growing season through a festival called EATING THE WEST, Oct. 22nd – 25th. Enjoy writing workshops, food, guest author readings, food, panel discussions, food, writing contests, film, and did I mention food?

First, Moab is fortunate to host five "slow food" luminaries for writing workshops and presentations. Deborah Madison, Susan J. Tweit and Ann Vileisis, faculty for the 2009 2-day writing workshop on Oct. 22nd and 23rd, ask writers to explore something we all share - a love of food and the land that grew it.

Deborah Madison is a familiar name to foodies everywhere, as she contributes to every well known food magazine and her book *Local Flavors* inspired locavores far and wide. Susan J. Tweit is the author of eleven books that explore the interrelationships that form what Aldo Leopold called the "community of the land." Her work has appeared in magazines and newspapers from *Audubon* and *Popular Mechanics* to *High Country News* and the *Los Angeles Times*. Ann Vileisis received several awards for her first book *Discovering the Unknown Landscape* and her most recent work is entitled *Kitchen Literacy*.

David Mas Masumoto shares his talents with writers in a single afternoon of writing classes on Friday, Oct. 23rd. A third generation farmer, David Mas Masumoto grows organic peaches and raisins while sharing stories from his family farm in books such as *Epitaph for a Peach* and *Letters to the Valley, A Harvest of Memories*.

Rounding out Confluence's 2009 faculty is MacArthur "Genious" Award winner and Pew Fellow Gary Paul Nabhan, PhD. Gary is an Arab-American writer, lecturer, food and farming advocate, folklorist, and conservationist whose work has long been rooted in the U.S./Mexico borderlands region he affectionately calls "the stinkin' hot desert." The recipient of many awards and author of countless books, Gary joins the rest of Confluence's faculty for four days of exciting food and sustainability related events.

The weekend of events begin with Telluride's Mountainfilm Festival on Tour, which will show on Thursday and Friday, Oct. 22nd and 23rd at Star Hall, 7 pm. Mountainfilm is America's leading independent documentary film festival. Confluence hosts two different evenings of Mountainfilm short film meant to engage the mind, stop the heart, and inspire the soul. Two of the films that will be featured include Fridays at the Farm and Food Fight. "Kids will love the silliness of flying sushi and booby-trapped pitas; adults may digest the content more thoughtfully..." Saturday night, October 24th at 7 pm, join all guest authors as they read from their work at Readings and Ramblings, Saturday, at Star Hall. This is your one and only opportunity to listen to all our guests read from their latest work, and it promises to be an amazing event.

If food is your primary interest, stop by the MARC on Friday, Oct. 23rd, for the Local Flavors Tasting Event. Vendors from all over UT and CO will share their food and homemade goods. A donation gets you in the door for a taste of everything in the building. Don't miss this opportunity to try one of a kind delicious honey, baked goods, jams, hummus, and more. Or, ask us about Tequila and Tastes of the Southwest, where you can taste many kinds of tequila, perfectly matched with the best regional food around. Gary Nabhan, author of Tequila! A Natural and Cultural History will be on hand to explain the finer points of tequila tasting and how it is traditionally made. Owners and chefs of Hell's Backbone Grill are preparing the food -Saturday, Oct. 24th 4:30 - 6:30pm. Or, come to our Sunday Morning Jam Session, a casual tasting of local preserves, jams, and jellies at Arches Book Company, Sun. Oct. 25th, 9 am.

Faculty will sign books at the Oct. 24th Farmers Market, engage in community panel discussions and share their incredible knowledge during this once in a lifetime weekend event that celebrates our community riches – our local flavor.

More information is available on line at www. moabconfluence.org or by calling 435-220-0068. Stop by Arches Book Company or the MARC to pick up more information.

Confluence: A Celebration of Reading and Writing EATING THE WEST OCT.22-25 with Gary Paul Nabhan, Deborah Madison, Susan J. Tweit, Ann Vileisis, David Mas Masumoto

THURSDAY, OCT. 22nd MARC (111 E. 100 N.) 9am-5pm 2-day Writing Workshop

STAR HALL (159 E. Center)



SATURDAY, Oct. 24th SWANNY CITY PARK (400 N. 100 W.) 9am-noon Farmers Market Author Book Signings

GRAND COUNTY LIBRARY (257 E. Center) lpm-4pm Food for Thought discussions 4:30 Kitchen Literacy

7pm Mountainfilm in Moab

#### FRIDAY, OCT. 23rd

MARC (111 E. 100 N.) 9am-3pm 2-day Writing Workshop 2pm-6pm 1-day Writing Workshop 2pm-9pm Local Flavors Tasting Event

STAR HALL (159 E. Center) 7pm Mountainfilm in Moab



for tickets and information

www.moabconfluence.org 435-220-0068

CALI COCHITTA B&B (110 S. 200 E.) 4:30pm-6:30pm Tequila & Tastes of the Southwest



STAR HALL (159 E. Center) 7pm Readings and Ramblings

SUNDAY, OCT. 25th Arches Book Company (78 N. Main) 9am Sunday Morning Jam Session

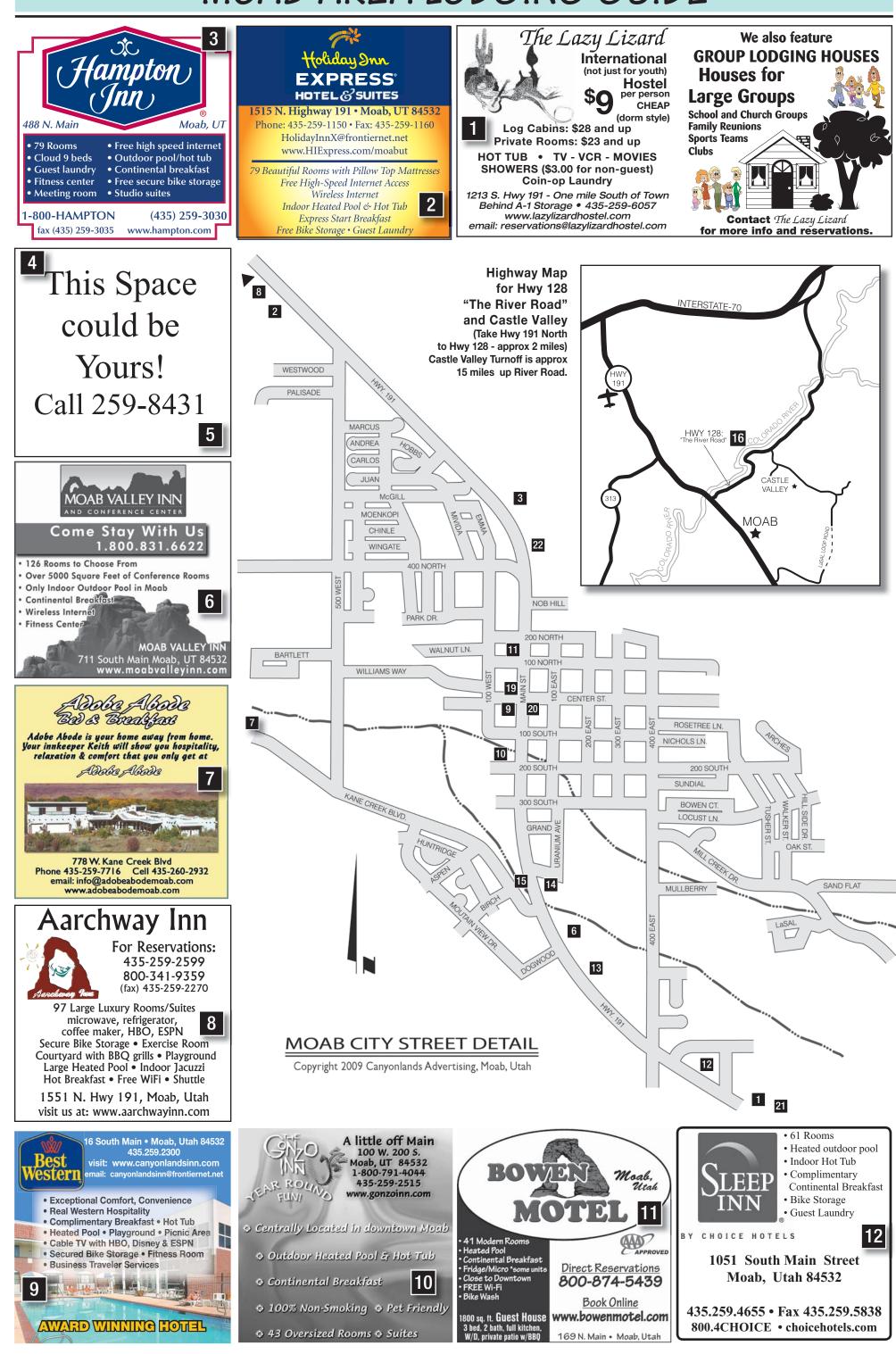






Film

### MOAB AREA LODGING GUIDE



### MOAB AREA LODGING GUIDE









22

- 24 hr. front desk help HBO Free
- Free computer service in lobby Free WiFi
- coffeemaker, refrigerators
- All rooms are non-smoking



Moab Area Condo Rentals

### Key to Lodging Guide

1.	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Hampton Inn	435-259-3030	www.hampton.com
4.	YOUR BUSINESS HERE		
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	La Quinta	435-259-8700	www.laquintamoab.com
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	YOUR BUSINESS HERE		
18.	YOUR BUSINESS HERE		
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com

### Link to your website with an ad in Moab Happenings! Call Aaron at 259-8431



If you are reading this then a potential customer is too! 17

Call 435-259-8431 to start advertising your business today!









www.moabbighorn.com

for more info & reservations www.redcliffslodge.com

### **NON-PROFIT HAPPENINGS**

### WabiSabi Enhances Our Community

It is the WabiSabi belief that beauty lies in imperfection, that new is not necessarily nicer, and that our discards could very well be our salvation. In this way, WabiSabi is more than just an organization; it's a way of life.

WabiSabi is a Moab-based nonprofit that exists to support the health and wealth of the entire community. In pursuing this end, WabiSabi works via many avenues, bringing the WabiSabi philosophy to its multi-tiered efforts.

WabiSabi operates two thrift stores in the Moab community that serve to recycle materials that would otherwise be deposited in the landfill. Proceeds from the sale of these donated items are distributed among WabiSabi's nonprofit partners, thus contributing to their financial viability. Those making purchases or donations at WabiSabi's stores are able to vote for the organization that they'd most like to support. Twice a year, financial awards are distributed based on the percentage of votes each nonprofit receives.

Each store has its own personality. The Thriftique is a gem of a store with a variety of unique and sought-after items. This store features the best in used quality clothing

(adult and children's), collectibles, sportswear, books and camping equipment. The Thriftique is located at 411 Locust Lane (across from Milt's) and can be reached at 259-9114.



At WabiSabi's annual fashion show fundraiser local artists turn items from the thrift stores into wearable art



WabiSabi has two thrift stores in Moab (411 Locust Lane & 145 W 200 South).

The Warehouse is a great place to wander and rummage in the best tradition of old-fashioned thrift stores. This location features reduced price clothing, furniture, housewares and children's items. The Recycled Building Materials section is also found at the Warehouse, offering up all that you might need for your next remodeling project. The Warehouse is located at 145 West 200 South, #6 (across from the Gonzo Inn) and can be reached at 259-3313.

However, WabiSabi is much more than just thrift stores. While the stores are the essential, beating heart of the organization, WabiSabi's reach extends beyond the walls of its storefronts and into every corner of the community. WabiSabi engages in educational outreach about its local nonprofit partners, enhancing their voice and presence in



WabiSabi Kids Art Tent provides free arts and crafts activities using recycled materials at festivals through out the region. Here children are tiedyeing pillow cases

the community. WabiSabi also puts on free workshops emphasizing sustainability and creative expression. The organization offers a grant - the Make A Difference in Moab Fund - that supports projects seeking to increase the quality of life in the area. WabiSabi donates materials from its stores to in-need communities and the organizations that serve them. And the organization provides free community meals each winter - a season when many residents find themselves out of work.

WabiSabi also offers arts and crafts projects for children at festivals through its Kids Art Tent, teaching the WabiSabi ethic to new generations. The traveling tent offers up numerous arts and crafts projects for children at festivals throughout the region, turning community discards into collaborative art. This year's Moab Folk Festival includes a taste of the Art Tent experience at the ball field. Twice a day, WabiSabi will provide free kids activities, including Bingo and tie-dyeing.

In all of these efforts and more, WabiSabi is an integral part of the Moab community, supporting its eclectic sense of identity and the diversity of residents that comprise it.

#### UBS & ORGANIZATIONS **DA**

For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization **PLEASE CALL THEM.** Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	•	Moab Country Club (Rob Jones)	
Alcoholics Anonymous/Alanon		Moab Duplicate Bridge Club (Gail Darcey)	
Alpha Rho Sorority (Bobbie Long)		Moab Friends For Wheelin' (Jeff Stevens)	
American Legion Post (Bill Smith)		Moab Half Marathon (Ranna Bieschke)	
Arches Adult Education (Trish Hedin)		Moab Horse Racing Association (Chuck Henderson)	
Arches New Hope Pregnancy Center (Debbie Nelson)		Moab Horse Show Association (Tosha Audenried)	
BEACON (Stephanie Dahlstrom)		Moab Lodging Association (Britnie Ellis)	
Boy Scouts of America (Kent Dalton)	259-6521	Moab Music Festival (Andrew Yarosh)	
Canyonlands Field Institute (Karla Vander Zanden)		Moab Poets & Writers (Marcia Hafner)	
Canyonlands Film Society (Becky Thomas)		Moab Points & Pebbles Club (Jerry Hansen)	259-3393
Canyonlands Rodeo Club (Kent Green)		Moab Quarter Horse Assoc. (Kathy Wilson)	
Canyonlands Wildlife Federation (Dave Bierschied)		Moab Rod Benders (Jim Mattingly)	
Center for Water Advocacy (Harold Shepherd)		Moab Ropers Club (Terry Lance)	
Daughters of Utah Pioneers (Inalyn Meador)		Moab Sportsmen's Club (Frank Darcey)	
Deadhorse Motorcycle Club (Terry Flynn)		Moab Taiko (Stephanie Dahlstrom)	
Delicate Stitchers Quilt Guild (Shauna Dickerson)		Moab Teen Center-Club Red	
Elks Lodge #2021 (Dan Stott)		Moab Trails Alliance (Kimberly Schappert)	
Fallen Arches Square Dancers (Bob & Flora Erickson)		Moab Valley Multicultural Center (Sarah Heffron or Leticia Bentley)	
Friends of Indian Creek (Emma Medara)		Mutual UFO Network (Elaine Douglass)	
Friends Of the Grand County Library (Adrea Lund)		Order of the Eastern Star (Fran Townsend)	
Grand County Public Library		Parent Teacher Association (Tiffany Saunders)	
Girl Scouts of The U.S.A. (Cynthia Williams)		Plateau Restoration/Conservation Adventures (Tamsin McCormick)	
Grand Area Mentoring (Dan McNeil)		Red Rock Forests (Terry Shepherd)	
Grand County Democratic Party (Novella Maia)		Red Rock 4-Wheelers (Ber Knight)	
Grand County 4-H (Marion Holyoak)		Retired Senior Volunteer Program RSVP (Jody Ellis)	
Grand County Extension (Michael Johnson)		Rotary Club (Kyle Bailey)	
Grand County Food Bank		Seekhaven Crisis Center (Jaylyn Hawks)	
Grand County Hospice (Tracey Harris)		Senior Center (Verleen Striblen)	
Grand County Prevent Child Abuse		Sierra Club (Mike Stringham)	
Humane Society of Moab Valley Animal Services 259-4862	Administration 259-4089	Solutions - www.moab-solutions.org - (Sara Melnicoff)	
Ladies Golf Club (Chris Corwin)		Society for Creative Anachronisms - (Travis Schenck)	
League of Women Voters (Cynthia Smith)		Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	
Lion's Club (Tom Warren)		Southern Utah Wilderness Alliance (Liz Thomas)	
Moab Aglow Lighthouse Fellowship (Murine Gray)		Toastmasters International (Al Boyd)	
Moab Arts Council (Bruce Hucko)		Trail Mix Committee (Sandy Freethey)	
Moab Arts Festival (Theresa King)		Valley Voices (Marian Eason)	
Moab Arts & Recreation Center (Bailey Rogers)		Veterans of Foreign Wars (Fred Every)	
Moab Bird Club (Nick Eason)	259-6447	WabiSabi (Jeff Cohen)www.wabisa	bimoab.org - 259-3313
Moab Chamber of Commerce		Word Watchers (Nancy Kurtz)	
Moab City Recreation (John Geiger)		Youth Garden Project (Jen Sadoff)	259-BEAN (2326)
Moab Community Theater (Kaki Hunter)			

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

Mutual UFO Network (Elaine Douglass)	259-5967
Order of the Eastern Star (Fran Townsend)	259-6469
Parent Teacher Association (Tiffany Saunders)	259-5830
Plateau Restoration/Conservation Adventures (Tamsin McCormick)	
Red Rock Forests (Terry Shepherd)	
Red Rock 4-Wheelers (Ber Knight)	259-7625
Retired Senior Volunteer Program RSVP (Jody Ellis)	
Rotary Club (Kyle Bailey)	
Seekhaven Crisis Center (Jaylyn Hawks)	259-2229
Senior Center (Verleen Striblen)	259-6623
Sierra Club (Mike Stringham)	259-8579
Solutions - www.moab-solutions.org - (Sara Melnicoff)	259-0910
Society for Creative Anachronisms - (Travis Schenck)(90'	7) 617-6342
Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	259-7239
Southern Utah Wilderness Alliance (Liz Thomas)	259-5440
Toastmasters International (Al Boyd)	259-5767
Trail Mix Committee (Sandy Freethey)	259-0253
Valley Voices (Marian Eason)	259-6447
Veterans of Foreign Wars (Fred Every)	259-5428
WabiSabi (Jeff Cohen)www.wabisabimoab.org	; - 259-3313
Word Watchers (Nancy Kurtz)	259-0734
Youth Garden Project (Jen Sadoff)	EAN (2326)

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

### PUMPKIN HAPPENINGS

### Pumpkins Sprout Wings at Moab Pumpkin Chuckin' Festival!

In medieval times, catapults and trebuchets launched projectiles into enemy territory. With the advent of gunpowder, they were quickly cast aside in favor of more powerful artillery, but the allure of flinging objects through the air never faded. The lost art of making inanimate objects soar will be rediscovered this fall as the Youth Garden Project presents the fourth annual Moab Pumpkin Chuckin' Festival on October 31, 2009 at the Old Airport Runway just south of Moab, Utah.

This fall harvest festival includes contests for people of all ages, live music and entertainment, vendor booths, and a wide range of characters roaming the festival grounds. The festival's main event, the Pumpkin Chuckin' Contest, is open to anyone craving a challenging experience that requires creativity, ingenuity, and a love of launching stuff. Entrants compete in one of four divisions: catapults, trebuchets, air cannons, and sling shots with a special youth category in each division.

No knowledge of physics or math is required to watch the launching competition or to enjoy live bluegrass music by Cosy Sheridan and T.R. Ritchie in the morning and the Metamoocil Mountain Boys in the afternoon. In the spirit of an old time fair, the event features pumpkin pie eating and seed spitting contests, costumed Wiener

dog races, a straw-bale maze for kids and other games and activities for children. A variety of talented local and regional artists will have their work available for sale.

> The event brings together community organizations, local farmers, artisans, and musicians with members of the

community to celebrate the harvest – and is a perfect way to enjoy the crisp Utah fall weather amidst the towering LaSal Mountains and red rock mesas. Proceeds from the event support the Youth Garden Project, a non-profit in Moab that grows food, kids and community.

The festival takes place from 10 a.m. to 4 p.m. on Halloween Day. Discount tickets will be sold at WabiSabi and Arches Book Company. Tickets at the door are Adults \$10 and Children \$5. For more information on the Pumpkin Chuckin' Festival, visit the Youth Garden Project's web site at www.youthgardenproject.org or call 435-259-2326 and be sure to mention you read about it in *Moab Happenings*.









# ATH FUNFKIN CHUCKIN' FESTIVAL

- OIO

#### MOAB. UTAH OCTOBER 31, 2009 10AM-4FM WATCH PUMPKINS SAIL THROUGH THE CRISP AUTUMN SKY LAUNCHED BY CANNONS, CATAPULTS, TREBUCHETS & SLINGSHOTS! LIVE BLUEGRASS **KIDS GAMES** FUN CONTESTS **BIKE JUMP** Unique 5K RUN ARTS & CRAFTS! Seed Spitting! featuring Register at COMPETITION g Cosy Sheridan & T.R. Ritchie Delicious Pumpkin Pie Eating! Active.com hosted by ACTIVITIES FALL FLAVORS! Chile Pepper Best Costumes! The METAMUCIL Bike Shop Weiner Dog Races! **MOUNTAIN BOYS!** At the Old Airport Info at www.youthgardenproject.org **Runway 8 miles** South of Moab, UT Or call The Youth Garden Project at 435-259-BEAN

### FESTIVAL HAPPENINGS

#### MOAB SUSTAINABILITY FESTIVAL

#### **Event Schedule**

#### Friday, October 9, 2009

Location: Grand County High School auditorium, 608 South 400 East

Time: 7 PM

Festival keynote speakers: Mayor Dave Sakrison, Michael Kinsley, Rocky Mountain Institute, Vernon Masayesva, Black Mesa Trust

#### Saturday, October 10, 2009

Location: The Grand Center, 182 North 500 West Time: 10 AM to 4:30 PM

Main Festival Event: exhibitors, vendors, demonstrations, speakers, classes; renewable energy, natural building, local food/ organic agriculture, land/ water revitalization, primitive skills, holistic health, kids stuff (yoga classes, art, CFI activities), music, food, fun!

#### Saturday evening

Location: Grand County High School auditorium Time: 7 PM

Festival keynote speakers: Anna Edey, author of "Solviva," Catherine Wanek, Builders Without Borders

#### Sunday, October 11, 2009

Sustainable building home tour sponsored by Wabi Sabi, advance sign up at the Wabi Sabi warehouse, fee \$5, 435-259- 3313

Location: meet at the Wabi Sabi warehouse , 145 West 200 South #6 Time: 9 AM to 1 PM

Time: 9 AIVI to T PIVI

Entrada Ranch Field Station tour: sponsored by the University of Utah

Location: meet at the Grand Center parking lot Time: 2 to 5:30 PM

Community Vision Jam: for a sustainable Moab and beyond

Location: The Moab Arts and Recreation Center, 111East 100 North Time: 6:30 PM

Admission: \$5 for the entire weekend or bring one non-perishable food item for the Moab food bank. There is an additional \$5 fee to attend the sustainable building home tour.

Info at: 435-259-8702 www.grandcanyontrust.org







- Renewable Energy / Distributed Power Generation
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Speakers

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Tours

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#### Sustainable Building Tour

In conjunction with the First Annual Moab Sustainability Festival, WabiSabi is offering a Sustainable Building Tour on Sunday, October 11, from 9:00-1:00. Registration is \$5. Attendees will meet at the WabiSabi Warehouse.

Tour presenters include Doni Kiffmeyer and Kaki Hunter of OK OK OK Productions, Susie Harrington and Kalen Jones of With Gaia Design, and Michelle Stenta of Mulberry Grove. Each stop along the tour will include a talk on alternative building practices illustrated by on-site examples.

Kiffmeyer and Hunter will talk about the basics of natural building practices, highlighting earthen building

natural building practices, techniques with onsite examples. Harrington and Jones will discuss the insulation values of alternative materials. And Stenta will cover what went into her cobconstructed shed while also detailing a range of green building practices, using the Mulberry Grove



Guitar by Gi

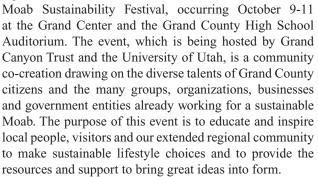
bill Nershi, Daron Anger, Tao Rodriguez-Seeger & Scott Law
Cris Williamson
The Burns Sisters
Jimmy LaFave + Brooks Williams
Harry Manx + Bearfoot
Blame Sally + Corinne West
The Lab Dogs + Charley Simmons
Indigie Femme

Full Festival Pass: \$115 • Single Venue Pass: \$30 Contact info: 435-259-3198 • info@moabfolkfestival.com

www.MoabFolkFestival.com

Moab Folk Camp Southeast Utah Music & Song Workshops Nov. 1–6, 2009 Green Building Program as an example.

The building tour is a part of the First Annual



To reserve a place on the building tour – or for more information – contact Jen Jackson at 259-3313 or jen@wabisabimoab.org. To learn more about the Moab Sustainability Festival, contact Laura Kamala at 259-8702, or visit www.grandcanyontrust.org.

WabiSabi is an integral part of the Moab community, supporting its eclectic sense of identity and the diversity of residents that comprise it. To learn more, visit <u>www.</u> wabisabimoab.org.

Article and Photos by Rob Cassingham

### SCENIC ROAD HAPPENINGS

### Highway 128 - The River Road

Utah Highway 128, also known locally as the "River Road", parallels the Colorado River as it winds its way between sheer towering cliffs 1,000' tall, fantastic rock formations, and vast breathtakingly panoramic valleys. Originally created as a travel corridor linking Moab and several small (now vanished) communities with the railroad at Cisco (which is also disappearing), the River Road now is popular with campers, bicyclists, hikers, river rafters and those just out to enjoy a highly scenic drive. It is for the last group that this road log is intended to serve

To begin your trip up the River Road, start at the intersection of Main and Center Streets in Moab, and proceed north on Main Street (US Highway 191) 2.4 miles to the intersection of US 191 and Utah Highway 128 (the River Road). Turn right, and reset your tripmeter. If you cross over the river, you just missed your turn!

Before you start upcanyon, a note of caution: Highway 128 is generally narrow with no shoulder to speak of, and bicyclists in your lane are a regular sight. Be respectful, and give bicyclists a wide berth. Also, please remain alert for the possibility of rocks in the road-the highway is often bounded on the right side by sheer cliffs, and rockfalls can occur at any time.

Mile 0.0 Across Highway 128 is Lion's Park. As of the time of this writing, Lion's Park was being used as a staging area for the construction of a new bridge across the Colorado River. Normally, Lion's Park provides a shady retreat beneath the expansive branches of numerous Cottonwood trees. There any several informational kiosks here that discuss the history of Moab, the Colorado River, the Old Spanish Trail, and more.

As you proceed down the River Road, you will notice over the first several miles that the geologic layers fall and rise. This is due to the movement of deep subsurface salt deposits that have lifted the landscape (anticlines) and dropped it (synclines). This salt flowage is ultimately responsible for most of the dramatic topography of the Moab Area (excluding the La Sal Mountains).

Mile 1.0 Goose Island overlook. There are more informative kiosks here that discuss riverway rules and regulations, camping facilities, and wildlife such as endangered fishes in the Colorado River, bird species, river otters and more.

Mile 1.4 Goose Island campground. There are restrooms here, and at all campgrounds farther upriver.

As you continue your drive, you may notice piles of river gravel across the river upon the sandstone, 40 feet or more above the river. This gravel was deposited when the

river was at that level.

Mile 3.1 Negro Bill canyon is to the right. A maintained hiking trail will lead you on a two mile trek to Morning Glory Bridge, a natural sandstone formation that spans 243 feet. Poison Ivy is a common sight alongside the trail, so long pants are advised.

Mile 6.5 Drinks Canyon campground.

Mile 7.0 Hal Canyon campground. This is a nice campground in the heat pets running free in the area.

Mile 10.3 Take-Out Beach. This is the normal point that rafting trips exit the Colorado River. There is a wonderful beach here with a deep fine sand. Swimming in the river is not advised due to the presence of dangerous undertows. People can and have drowned due to these undertows.

Mile 12.3 Sandy Beach. Again, swimming is not advised due to deadly undertows.

Mile 14 Bridge over Castle Creek.

Mile 14.05 On the left is the former George White Ranch. Many classic Western movies were filmed at this ranch, including Rio Grande, Cheyenne Autumn and Warlock. For many years, a fort constructed by the studios as a movie set stood upon the property, and a wooden stockade (also a movie set) stood guard over the ranch entrance

Mile 14.2 Red Cliffs Adventure Lodge. There is a winery that offers wine tasting near the lodge, and an interesting movie history museum located within the lodge focuses on the many films, television shows and TV commercials filmed in the Moab Area.

Over the next 8 miles, the River Road passes through the highly scenic Professor Valley.

Mile 15.5 Intersection-Continue straight. The road to the right crosses scenic Castle Valley and connects with the La Sal Loop Road, which was detailed in the August 2009 issue of the Moab Happenings. If you are interested in driving this road, please do it on your return trip back to Moab so your mileages for this road log are not affected.

There are no services in Castle Valley.

Mile 16.3 Scenic Pullout. This stop allows a good view of the rock formations to the south. From right to left, they are The Convent (a large butte), Sister Superior, Priest and Nuns, The Rectory, and Castleton Tower (The tall spire standing off by itself).

Mile 17.2 Sorrel River Ranch. The Sorrel River Ranch is a luxury vacation lodge.

Mile 20.2 The road through the narrows of Onion Creek departs to the right. This road will be detailed in next month's Moab Happenings. It is recommended for high-clearance vehicles, although four wheel drive is not

normally required for the first few miles.

Mile 21 Fisher Towers access. The Fisher Towers are the tall formations to the south. Spectacular in all lighting conditions, they are especially dramatic at sunset, when the sun's rays

set them ablaze with red light. The road to Fisher Towers is two miles long. Although it is often riddled with a washboard surface, it is normally quite passable for passenger cars.

light.

Mile 21.5 Locomotive Rock. Located on the right side of the highway, Locomotive Rock has been used in several western movies, including The Comancheros, Siege at Red River, and Smoke Signals.

Mile 23.3 Hittle Bottom. This is the normal starting point for rafters floating the 'Daily' section of the Colorado River, with the end point of the trip being Take-Out Beach. On the right side of the highway is the trailhead for the Amphitheater Loop



Historic Dewey Bridge, before the April 2008 fire destroyed it.

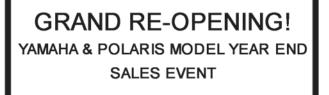
a ferry to transport people and freight across the river. In 1915, the State of Utah constructed Dewey Bridge. Over 500 feet in length and only 8 feet wide, Dewey Bridge was once one of the longest suspension bridges in the United States. The bridge served admirably until 1988, when the current bridge replaced it. Unfortunately, in April 2008 a child playing with matches in the campground started a fire, which sped through the brush and underneath the old wooden bridge, and it was fully engulfed before the first firefighters arrived. The steel towers and suspension cables are all that remain of this important piece of local history.

If you were to remain on the River Road, the cliff walls eventually disappear, and the road crosses open country before reaching Interstate 70 in another 15 miles.

The Moab Happenings thanks you for visiting the Moab area, and we encourage you to explore all that Moab has to offer. Look for the road log detailing the route up Onion Creek in the November issue of Moab Happenings.



Common Globemallow blooming in Professor Valley.





UNDER NEW MANAGEMENT!



Mile 3.0 Negro Bill canyon offers a cool and magnificent hike for the adventurous.



Mile 7.2 Sheer cliffs tower over

the River Road.



Fishers Towers- Mile 21 The setting sun

makes the Fisher Towers blaze with red

www.moabhappenings.com

of the summer, as the sun disappears behind the cliffs in the afternoon, providing welcome shade.

Mile 7.2 Oak Grove campground.

Mile 7.6 Big Bend Recreation Area/ campground. There is a 911 telephone here to report emergencies.

rgencies. Mile 7.9 Big Bend

bouldering area. On the right side of the highway you may notice boulders with white patches of chalk on

them. Bouldering (a close cousin of rock climbing) enthusiasts come from around the world to test their skill climbing upon these boulders. Watch your speed through here, as it may be congested, and there may even be



Brightly colored flotillas of rafts are a common sight during warm weather.

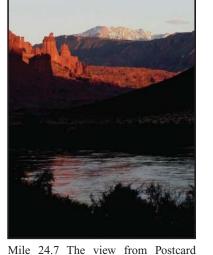
hike, which is three miles in length.

Mile 24.7 Postcard Point. Located the on left side of the highway is a scenic pullout that allows photographers а of good vantage Fisher Towers and the La Sal Mountains reflected in the Colorado River.

Mile 29.6 Dewey Bridge

Recreation Area- Point at sunset. End of road log. There are several

informational signs and campsites on the left side of the road, and the sad remains of historic Dewey Bridge on the right side of the highway. Beginning in the 1880s, a gentleman named Samual King (the person originally responsible for the creation of the River Road) operated







#### **435-259-7800** 1082 SOUTH HWY 191 MOAB, UTAH

DELIVERY AVAILABLE TUES-SAT 9:00AM-6:00PM

### BUSINESS HAPPENINGS



Looking for a delicious yet affordable dining option after a long day on the trail? Moab's newest pizzeria, Paradox Pizza, has what you crave! Whether you order

a house special pie or prefer to build your own, every pizza is made from scratch, starting with Paradox's own hand tossed dough and a housemade tomato sauce bursting with flavor. Each pizza is topped only with the freshest ingredients; all meats are natural and humanely raised, and the pizzeria uses local and organic produce when in season.

On a recent busy Friday afternoon, I stopped by for a slice - always available, and just \$3.00 for a huge piece - to say hi to Susan Kittler, chef and owner of Paradox Pizza. I had the flavorful Puttenesca - mozzarella, tomato sauce, capers, garlic, roasted tomatoes, and Kalamata olives - while we talked. Susan has over 20 years experience



as a cook and baker, and has lived in Moab for over 15 years. She's originally from New Jersey, and says that once she moved west, "I missed the thin crust and delicious flavors of the pizza I had grown up with. I started Paradox Pizza to share the simple, delicious taste of East Coast style pies with Moab and its visitors."



Since opening in June, both locals and tourists have responded enthusiastically to Susan's offering. Two of the best selling house specialties are the Margherita– mozzarella, tomato sauce, garlic, fresh tomato and basil – and the Italian Meats (pepperoni, sausage, prociutto, peppers and onions.) In addition to pizza, the restaurant offers soup, made fresh daily, as well as salads – choices include Caesar, Greek and dinner salad. And new this fall, artisan bread specials on Friday and Saturday, and Ciabatta loaves available daily. Susan's breads *By Jenna Woodbury* are well known in Moab, and locals and tourists alike can atom in for a loof of sourdouch or Cichetta for only \$4.05

stop in for a loaf of sourdough or Ciabatta for only \$4.95. "I love to bake," says Susan, "and I believe that you can taste our commitment to quality with every bite of our food, whether it's pizza, bread, salads, appetizers or desserts."

Did someone say dessert? Yes, they are all made here. After I finish my slice, Susan entices me with a caramel pecan brownie. It's rich, gooey, and absolutely divine. The other four offerings – cheesecake, a chocolate chip cookie, cannoli, and tiramisu – look equally good. Like everything at Paradox Pizza, they are available for dinein, take-out, or delivery.



Paradox Moab's offers only free pizza delivery, and this fall the restaurant has expanded its delivery into Spanish Valley. Pizzas are available in 12 or 18 inch sizes, and if you are too tired to come into the restaurant after a day of exploring Moab's National Parks or trails,

delivery is always a good option!

The 4th Annual

After my delicious lunch, I ask Susan if there is anything else she wants people to know about her restaurant. She pauses and looks thoughtful, and says, "Just keep your article simple. I want people to know we are not gimmicky or complicated; that we work hard to offer our customers delicious, homemade food at reasonable prices."

Susan and her staff welcome you to Moab, and invite you in to (or take out from) Paradox Pizza. You can find them at 702 South Main St., or call 435-259-9999, or even order online at www.paradoxpizza.com.

Moab Ho-Down

Mountain Bike Festival





#### News About this Year's Race...

There's lots of buzz about this year's race, so let's get started. If you're not signed up yet for this year's festivities, it looks like it's going to be a good one. **NOW is the time to sign up!** 

#### **USA Cycling 24-hour Championships**

Thirteen different classes will race for the Stars & Stripes Jersey(s) and designation as U.S. 24-hour National Champs. Racers in championship categories must be US citizens and must hold (or purchase) a current USA Cycling racing license.

Championship classes will also be competing within 24-hour Series classes with matching criteria. So, for example, the Men's Solo Championship winner could also win the 24 Hours of Moab Men's Solo, or perhaps, take 2nd in the 24 Hours of Moab Men's Solo and, in either case, earn Series points and a cash purses accordingly. However, a Men's Solo that is not registered in the Men's Solo Championship class could win the 24 Hours of Moab Men's Solo class but would not qualify in the USA Cycling Championships.

Think of the USA 24-hour Championships as a race within a race. We've made it flexible this way so that racers would have a choice to race within the USA Cycling 24-hour National Championships.

If your team is currently registered in a matching 24 Hours of Moab class and you would like your team to be registered in one of the championship classes (see matching categories below), e-mail Connie to have your class changed over. If you don't currently have a USA Cycling license, you can buy a license online or buy one at late registration, in Moab, on Friday, Oct. 9th.



More info: 888.677.4688 - moabhodown.com

Moab Ho-Down Bike Festival! If you haven't made it to Moab for this festival...then shame on you! Mark your calendar for the 4th Annual Moab Ho-Down Mountain Bike Festival happening October 30, 31, and November 1, 2009.

Moab's original fat tire festival has changed and evolved over the past few decades into what is now being presented by Chile Pepper Bike Shop in Moab. The festival offers group shuttles and rides, dirt

jump competition, NWD 10 – "Dust & Bones" movie premiere, townie tour, Super D Race, DH Race and an outrageous costume party with live music.

Contact Chile Pepper Bike Shop for more info at 888-677-4688 or email us at info@chilebikes.com.

The 2009 festival will be bigger and more bad-ass than ever, so don't miss it. We'll see you at The Chile Pepper and the Moab Ho-Down Bike Festival!

Go to www.moabhodown.com to register.

### HISTORIC HAPPENINGS

### How Nazi Mementos Made It To Moab

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At this time,

the museum has

dedicated a section

in a back room for

a display on WW

II that includes

helmets, gas masks,

serviceman flags,

Mayor's

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which

to

While debate rages over wars the U.S. is waging in Afghanistan and Iraq, and President Obama considers increasing troops in one and withdrawing from the other, local historians are actively engaged in gathering memorabilia from friends and family of vets of all wars involving Moab soldiers.

www.moabhappenings.com

The Museum of Moab announced the special effort several months ago and has designated a section of the museum for eventual permanent display of donated items as well as special exhibits of materials on loan from friends and families of Moab men and women who served in World Wars I and II, the Korean war, Vietnam, and invasions of Yugoslavia, Iraq and Afghanistan.

"We're also interested in oral histories, because their stories are just as important as those of people from other areas," said Travis Schenck, museum director.

So far, the museum has received little response to its appeals for personal war stories and mementos, Schenck said. "I think the word is out, but I'm not sure what the lack of interest is," added Cary Cox, volunteer in charge



American GI Dwain Barker relaxes a battle uniform, at a café after participating in the U.S. a dress uniform, military liberation of Paris, France, 1944

and scanned photographs of Moab soldiers from World Wars I and II. Schenck said the museum prefers that families keep items that they'll want back, as the museum has no room for temporary storage. But they are working on an expanded display area to accommodate collections as the extent of what's available is determined and documented, and people donate for permanent collections.

"We may have exhibits in the future and put a call out (for items on loan), so we encourage families to let the museum know what they have," he said.

"A lot's happened in 100 years, but right now it's a small section," Cox said. "So we hope eventually to have a section where we can have some nice displays."

Cox is excited by the response received to date, because of the significance of the items a local family has



family histories of the wars.'

A cousin to Winters and Ruby, this writer mentioned a story to Cox about her father, Dwain Barker, who had written a story about a collection of Nazi souvenirs from Germany and Nuremburg that he'd acquired by trading candy and cigarettes with prisoners. "Although in France



"We liberate Paris, the City of Light," 1944, a photo by GI Dwain Barker. Courtesy of the Barker Family Collection

there were rules against trading anything with war prisoners in exchange for Nazi medals, patches and other emblems, most of us found it quite simple," Sgt. Barker wrote.

In 1945, he received a furlough to see his ailing father in Moab and was told by the pilot on a transfer flight from Germany to Paris (to catch a flight on the "Green Project" to America) that there was no room for his souvenir-stuffed knapsack on the reconnaissance plane -- a Lightning P-38 that had been grounded various times but was the only transportation available that night. But Barker pleaded, the pilot relented, and after the soldier crawled into an emptied and snug radio compartment, the pilot took the knapsack and tucked it somewhere up front.

"Little did I know my persistence would nearly cost two lives," Barker later wrote.

He realized he didn't have a parachute but didn't want to press the issue with the pilot, "as I'd asked too much of him already," and the fellow was eager to get to Paris

for a date. The plane shuddered at takeoff "like a Model-T Ford" and was roaring at 350 mph at 1,000 feet when suddenly a puff of smoke appeared outside the windshield.

"Hold onto seat," the your commanded, pilot throwing the plane into a nosedive. "The

earth was looming up

so swiftly, it seemed

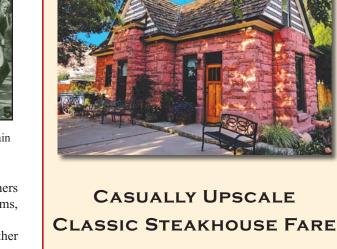
we were caught in the lens of a zoom camera.

"Suddenly he pulled her out of the dive, just above the tree tops. The old plane shuddered, recovered quickly, and I felt as if I'd be sucked through the bottom. The smell of overheated metal was strong, and the pilot had become noticeably nervous."

Luckily, Paris was just ahead, they received immediate clearance, and landed without incident. Getting out, the pilot showed Barker what had happened. The side panel of the plane, an air vent where the pilot had stuffed the knapsack, wouldn't open without some force. "Your knapsack was jamming this, causing the engine to overheat," wrote Barker. "We arrived just in time." Barker told the pilot he thought it was a purposeful "thrill-of-a-ride," and saluted and thanked the colonel. From Paris, he caught a flight to Portugal, then across the Atlantic Ocean to Newfoundland, then to America, "thanking my lucky stars the whole time, and treasuring my World War II mementos (which) passed through U.S. Customs without incident." Sketches that Barker made of the mementos remain in his scrapbook about the war, and his painting of a skull, the Nazi Iron Cross, a helmet and a German dagger was later published in the arts section of the Salt Lake Tribune. Before moving to Salt Lake City in the late '70s, Barker gifted his collection of souvenirs to a young man who had shared Barker's passion about World War II history. Glenna Ruby, on the other hand, states unequivocally that she will never give up her deceased husband's mementos. She agreed to show the Purple Heart to a young man who desires to see the real thing for himself, and she's willing to display war items when the museum is ready, but the Purple Heart, especially, is too close to her heart to ever let go of.



Paintings by U.S. Air Force Sgt. Dwain Barker of Nazi mementos later published in the Salt Lake Tribune, 1947. Courtesy of the Barker Family Collection



effreys In

EAKHOUSE

The much anticipated opening has arrived. After one year of renovating this historic adobe building, owners Jeffrey and Lauren Davis are excited to invite you for a casually upscale dining experience, just slightly off Main.

The atmosphere they have created for you is soul soothing with warm, calming colors and touches of copper. The artwork is inspiring and will enhance your senses, as will their food.

Jeffrey has selected a farm in Idaho to provide the beef for his Steakhouse. His selections of Wagyu style is hormone free, and will provide for you consistently, an extremely tender and intensely flavorful cut of meat. The quality of this American Kobe beef is unmatched anywhere else in this valley.

Tucked away upstairs is the Ghost Bar. A contemporary lounge you will find most comfortable while waiting for your table to dine or to simply unwind with

by Vicki Barker

Collection of Nazi souvenirs Courtesy of the Barker Family Collection

described. He's met with two individuals -- Andrea Winters and her sister Glenna Ruby, wife of soldier Murray Ruby, who was awarded a Purple Heart in World War II, and had the original photo that was made into a WW II postage stamp: the Bloody Bucket Brigade marching in front of the Arc of Triumph. "He was the only soldier in the front row who was looking a different direction," Cox said.

Part of Cox's enthusiasm is due to his own father and grandfather's service in the two world wars. Currently, the museum is focusing on getting "surrogates" (scanned duplicates) of original photographs and other documents. "The next step will be to go out to get families to share

your favorite cocktail.

With the sultry sounds of Sinatra in the background, this grown up hideaway is contemporary and reminiscent of times gone by. It is truly a diamond in the rough.

Jeffrey's Steakhouse and Ghost Bar is full of rich colors and artful touches, and is undeniably beautiful.

#### 218 NORTH 100 WEST 259-3588



# flygreatlakes.com

Reservations 800-554-5111



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