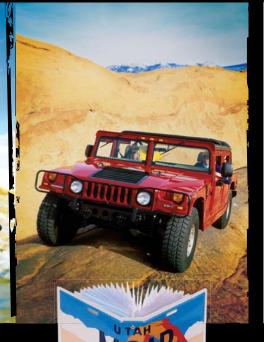


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MAY 2009

Volume 21 Number 2

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MOAB HAPPENINGS P.O. BOX 698 MOAB, UTAH 84532

www.moabhappenings.com



Moab Arts Festival

May 23 and 24

PRSRT STD **U.S. POSTAGE PAID PERMIT #39** MOAB, UTAH

MOAB HAPPENINGS

MOAB HAPPENINGS[©]

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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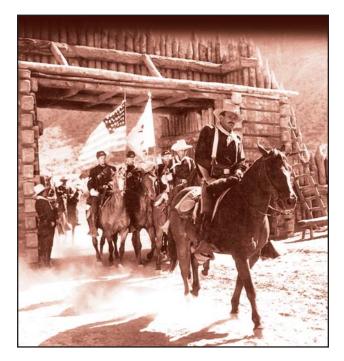
SEE MOAB HAPPENINGS

Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande, Cheyenne Autumn, Ten Who Dared, The Commancheros*, and *Rio Conchos*.

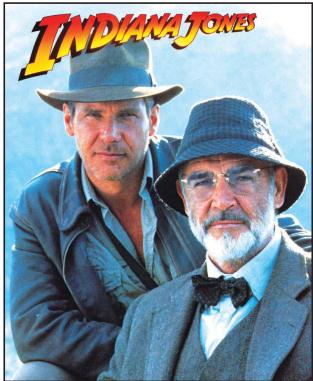
The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is





John Wayne leads his troops into the fort at Red Cliffs Ranch, in the movie Rio Grande, directed by John Ford in 1950



managed on nature's own sound stage.On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

Segway Adventures

Go ahead admit it, you've seen them on TV and wondered exactly what are adventures Segways and how do they work. Now you can find out! Moab Segway Adventures is located in the Moab Adventure Center and is offering a



is offering a historic and scenic town tour of Moab. Our Segways a r e equipped with the oversized off-road tires so you

can tour on pavement or dirt trails. This is a great activity to really get a sight and feel for Moab in its truest form. The town tour is given by local residents who will give you a personal tour of downtown Moab and include local history and folk-lore. After learning about the great city of Moab

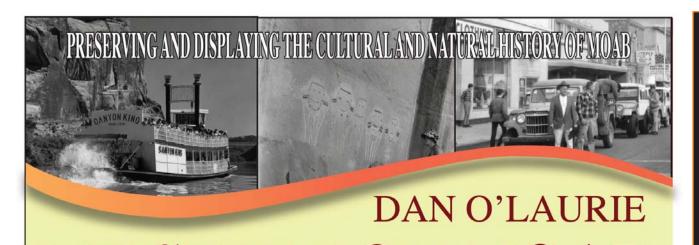
the tour joins the beautiful M i l l c r e e k Parkway and you will get to go off-road on the Segway. The pathway winds its way through Moab

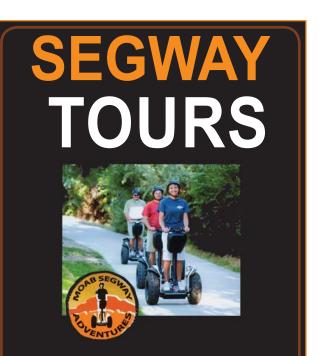


along the Millcreek. It is an activity like no other being offered in Moab and we will even provide the helmet, drinking water and a light snack. This is a 2 hour activity including the practice and orientation time. Segways are fun for the whole family. We do have a minimum age requirement of 12 years old while accompanied by a parent/ guardian. The Segways do have a weight minimum of 100



pounds for a rider to be able to maneuver the unit. Come for a tour and learn all about Moab and why we love it so much.





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MOAB AREA EVENTS CALENDAR



May 2009

- 1-3 AQHA Horse Show, Old Spanish Trail Arena
 - Moab Photography Symposium (continues) A four day gathering of photography lovers who come to learn new technical and artistic skills through discussion and workshops. www.moabphotosym.com or call 435-259-4176
- 1-9 Moab Community Spring Radiothon, KZMU see article on page 17A
 - Free Comic Book Day, Red Wolf Comics Worldwide Free Comic Book Day, Fun for the Whole Family. Kick off at 10am and runs until 9 pm at 88 E. Center St. www.FreeComicBookDay.com

Four Corners Indian Arts Festival, Blanding Edge of the Cedars State Park/Museum hosts the 4th annual Four Corners Indian Arts Festival on Saturday from 9:00 am - 5:00 pm. Spend a fun-filled day at the museum enjoying food, music and a wide array of Native American arts and crafts. Artists will be demonstrat ing pottery making, drum making, weaving, and other arts. There will be food vendors and entertainment throughout the day. The museum is located at 660 West 400 North, in Blanding. For more info, call 435-678-2238

- Free Concert, Swanny City Park, 5:00 pm Daystar Adventist Academy sponsored free Christian concert, featuring Fountainview Strings, an international touring group. Concert features music ranging from favorite hymns to gospel and contemporary sacred songs. Public is invited.
 - Art Show opens, EclectiCafe 6-9 pm Patrick Paul Rene, month long art exhibit entitled, "Eclectic Connection" begins tonight with a gathering of his most recent Digital Art printed on canvas.
- Canyonlands Amateur Golf Tournament, Moab Call 435-259-6488 for entry info.
- 1st Year Anniversary Party, It's Sew Moab
- Moab Lecture Series, Moab Information Center Free Thursday evening presentation at 7:00 pm sponsored by Dan O'Laurie Museum of Moab and Canyonlands Natural History Assoc. Stephen Trimble - Wallace Stegner: His Life and Legacy.
- 8-10 12 Hours of Mesa Verde Mountain Bike Race Call 970-565-4926 for more information
- 8-10 NADAC Dog Agility Competition Old Spanish Trail Arena Free event to spectators.
- 8-10 Medieval Middle Eastern War, Kane Springs Campgrd www.arrows-flight.org/mew.htm
 - Celebration of the Scott M Matheson Wetlands Preserve Re-Opening

Preserve Re-Opening Join the Nature Conservancy from 9 am - 12 noon. Enjoy a suite of fun-filled, hands-on activities, tours and educational displays for adults and children. Sign up for an early morning birding tour with Bill Fennimore. For event details, call Linda Whitham (435) 259-4629.

- Moab Farmer's Market, Swanny City Park First event of the season. Fresh local food, arts and crafts, community information, hot coffee at the sponsor booth. Teen Center presents a hulahoop event at 10 am. For more info contact Gayle Weyher at 435-259-0242. See article on page 10B
 - League of Women Voters Silent Auction, MARC Held at 111 East 100 North from 3:00 until 8:00 pm. If you would like to donate, call Cynthia at 259-5306 or Karen at 259-4626
 - Hubbell Trading Post Native American Art Auction
 - Rocky Mountain Elk Foundation Banquet, Grand Ctr
 - Red Rock Rumble II, Grand County High School Pro & Amateur, Mixed Martial Art Event, Local & Out of Town Fighters, 7:30 pm General Admission Tickets: In Advance; \$25 Gate; \$30 Tickets on sale at Moab Chevron. Presented by Moab Combat Sports. For more info call 435-260-0477 or 435-220-0072
- 10 Mach Curren James Old City Dark



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 Hike Shop Eco-Education Historical Info 	9-10	Moad Super Jam2, Old City ParkLive Music beginning at 12 noon each day till after dark.Featuring Wisebird, All weather Girl, the remnants, Frysauce,Stonefed, The Williams Bros Band, PhilDirt, Dan W., Less than zero,and more.Moab Art Walk, 6:00 - 9:00 pmEnjoy an evening stroll, meet artists and view some of their work in avariety of downtown locations.See map and article on page 2B. www.moabartwalk.com	Everyone is welcome bring your family, ring the bell Pioneer photos & artifacts For more info, please call 259-5282, 259-7215 259-7528 & 259-5225
	10	MOTHER'S DAY	Ър
Volunteer for your		Bike to Work Week see article on page 17A	Your Ad could be
favorite special event	13 -16	3rd Annual Moab UTV Rally see ad on page 6A and article on page 7A.	on this page. call 435-259-8431 for rates.

DEADLINE for May Events Calendar: MAY 20, 2009

Listings in the *Moab Happenings* Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418 e-mail: info@moabhappenings.com

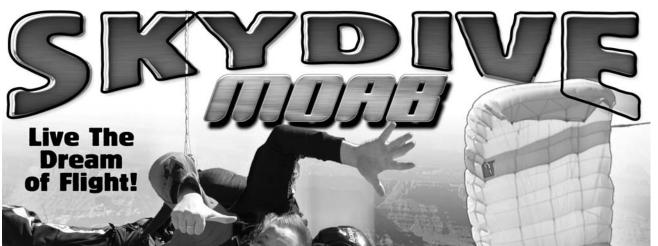
MORE MOAB AREA EVENTS

May 2009 cont'd

14 -17	Ute Mountain Mesa Verde Birding Festival,	
	Held in Cortez/Colorado, Call 970-565-1151 for more information	
16	Moab Farmers' Market, Swanny City Park	Ap
	Event sponsored by the Youth Garden Project, begins at 8 am to 12 noon. Fresh local food, arts and	
	crafts, community information, hot coffee at the sponsor booth. Teen Center skateboarding day at the	
16	Park. For more info contact Gayle Weyher at 259-0242	M
16	Moab Mountain Relay, Red Cliffs Lodge	Μ
	Run Moab's BACKSIDE relay-style with a team of your running friends! Start at Red Cliffs Lodge, run along the LaSal Mountain Loop road and finish up at the Old City Park in Moab. www.MoabRelay.com	Μ
16	Poetry Workshop, Moab Arts & Rec Center	Μ
	Sharpen your poetry skills at a workshop sponsored by Moab Poets & Writers with published poet	_
	Maria Melendez. Time: 10:00 - 2:00 in the downstairs patio room)	Ju
	Cost \$10 for members; \$15 for non-members. For more info & to register call Marcy at 259-6127	Ju
16	StarGazing, Ken's Lake	٦.
	Meet at the parking lot at Ken's Lake for an evening of stargazing with the Red Rock Astronomers.	Ju
16	See Sky Happenings on page 5B of this issue for more info. Free event sponsored by WabiSabi. Bull Hollow Race Series, Monticello	Αι
10	Regular motocross - www.bullhollow.com see ad on page 7A	
16 -17		Se
21	Moab Lecture Series, Moab Information Center	Se
	Free Thursday evening presentation at 7:00 pm sponsored by Dan O'Laurie Museum of Moab and	Se
	Canyonlands Natural History Assoc. Bud Turner - Spectral Imaging Photographs	
21	Thursday Night Movie Night at the Library	Se
	Film: The Curious Case of Benjamin Button. 7:00 pm This event is FREE. Everyone is invited.	Se
22 24	For more info visit the Grand County Public Library at 257 E. Center Street or call 259-1111 Cortez Cruisin' Car ShowCall 970-882-5404 for more information	Se
22-24	Indian Arts & Culture Festival, Cortez, Colorado	_
	Call 970-565-8227 for more info or www.mesaverdecountry.com see ad on page 18A	0
22 -24	Desert Rocks Music Festival	0
23	Moab Farmers' Market, Swanny City Park	0
	At the Moab Arts Festival, featuring, fresh local food, community information, hot coffee	0
00.04	at the sponsor booth. For more info contact Gayle Weyher at 259-0242	0
Z3 -24	American Vintage Dirt Riders Race, Monticello	0
23.24	Held at BullHollow Raceway. www.avdra.com & www.bullhollow.com Moab Arts Festival, Swanny City Park	
20- 24	Live music, original art, children's activities, food and family funplus the Festival of Cultures joins the	0
	Moab Arts Festival bringing a rich array of multi-cultural performers and activities to the park and at	-
	other venues around town. www.moabartsfestival.org & www.moabvalleymulticulturalcenter.org	
	Call 435-259-2742 for more information or to volunteer.	0
25	See schedule of entertainment on page13A, ad page 18A & article 1B.	
25 28	Memorial Day Most Lecture Series, Most Information Center, 7 pm	N
20	Moab Lecture Series, Moab Information Center, 7 pm Free Thursday evening presentation at 7:00 pm sponsored by Dan O'Laurie Museum of Moab and	
	CNHA. Kim Clawson - The 50th Anniversary of Dead Horse Point State Park	D
30	The Durga Tour! Belly Dance, Star Hall, 7 pm	
	Tickets \$10, Workshops Saturday 11 am - 3 pm. Call Jamilla, 259-9352 www.desertveils.org	
30	Moab Farmers' Market, Swanny City Park, 8 am - 12 noon	
	Moab Taiko Dan performing at 10 am.	
Gett	to know where we love to go	
	to know where we love to go	-

2009 Events

Э	April 30 - May 3 Moab Photo Symposium Moab Spring Quarter Horse Show
า m	May 8-10NADACDog Agility CompetitionMay 22-24Desert Rocks Music FestivalMay 23-24Moab Arts FestivalMay 30The Durga Tour - Belly Dancing
	June 4-6Canyonlands PRCA RodeoJune 6Moonshadows in Moab
	July 4 Moab Independence Day Celebration
	August 7 Relay for Life
	Sept. 3-19Moab Music FestivalSept 18-21Tribal Sands Belly Dance FestivalSept 19Wild & Scenic EnvironmentalFilm Festival
	Sept 19-20Moab Century TourSept 23-27Skydive Moab FestivalSept. 24-27Moab Fall Quarter Horse Show
	October 8-10Gem & Mineral ShowOctober 10-1124 Hours of MoabOctober 17Castle Valley Gourd FestivalOctober 18The Other Half
	Oct 20-25 Confluence, A Celebration of Reading and Writing in Moab
ie	Oct 30 - Nov 1 4th Annual Moab Ho-Down Mtn. Bike Festival
	October 31 Pumpkin Chuckin Festival
	November 6-8 Moab Folk Festival
	December 5-6 Winter Sun Festival go to www.moabhappenings.com for more event information all year



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Tours • Morning 8:30am-1:00pm • Sunset 4:30pm-9:00pm Enjoy cool morning temperatures or the "magic light" just before sunset. Transportation and park fees included.

Arches National Park

9 or more - \$40/person 5-8 people - \$50/person 2-4 people - \$70/person 1 person - \$180

Moab's Ancient Past Tour

8:30am-1:00pm Visit several local petroglyph sites and learn about the regions earliest peoples. See "Family Fun" for rates.

Wet and Wild **Professor Creek** or Courthouse Wash **Stream Walks** 8:30am-1:00pm - Great for families with young children! Classic canyon walks along a cool, bubbling creek. Learn about critters, plant lore, and see animal tracks. Meet at Moab Information Center or your lodge. Includes transportation and snack. 9 or more - \$35/person 5-8 people - \$40/person 2-4 people - \$60/person 1 person - \$150

Family Fun -

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FULL-DAY TOURS 8:30am to 5:00pm

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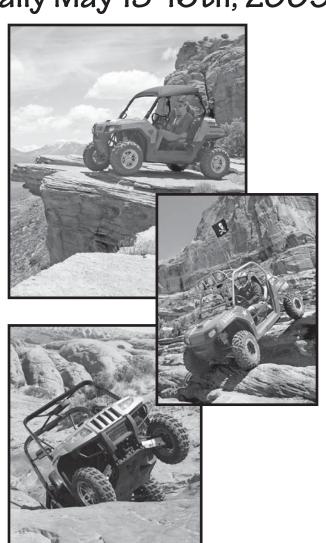
RAFFLE PRIZES SPECULATED AT OVER \$30K,



OFF ROAD HAPPENINGS 3rd Annual Moab UTV Rally May 13-16th, 2009

This is largest UTV and Side x Side event in the United States. It consists of daily organized trail rides, organized poker run, evening events such as barrel racing, tug of war, pole bending, balance beam, and drag races to FREE demo rides from Tomcar at the Red Rock Raceway. Every day we are doing the Kawasaki Moab Trail Cleanup sponsored by Monster Energy Team Green. The top 3 people that collect the most trash each day on the trails wins a gift certificate from Kawasaki. The event is headquartered at the Old Spanish Trail Arena at 3641 S. Hwy 191 on the south end of town where all the best UTV and Side x Side companies will be on display in Vendor Row which is also where the evening events will be held. In addition to this, for all registered participants, we're going to have a catered dinner from Pasta Jay's on Friday night, an estimated \$30K+ in product to raffle off, and an evening slideshow. It's highly recommended you pre-register for this event as there's only a limited number of trail rides and people allowed per trail. You can register by visiting www.utvrally.com and also find out what campgrounds/RV Parks to stay at, as well. See you there, and if you have any questions, please email chris@utvrally.com.





DO YOU KNOW OF AN OFF ROAD EVENT YOU'D LIKE TO SEE FEATURED IN THE MOAB HAPPENINGS?

CONTACT THERESA FOR MORE INFORMATION. (435) 259-8431



435-587-2332 www.bullhollow.com At an elevation of 7000', when it's hot we stay cool

> May 16 Bull Hollow Race Series May 23-25 American Vintage Dirt **Riders Association**

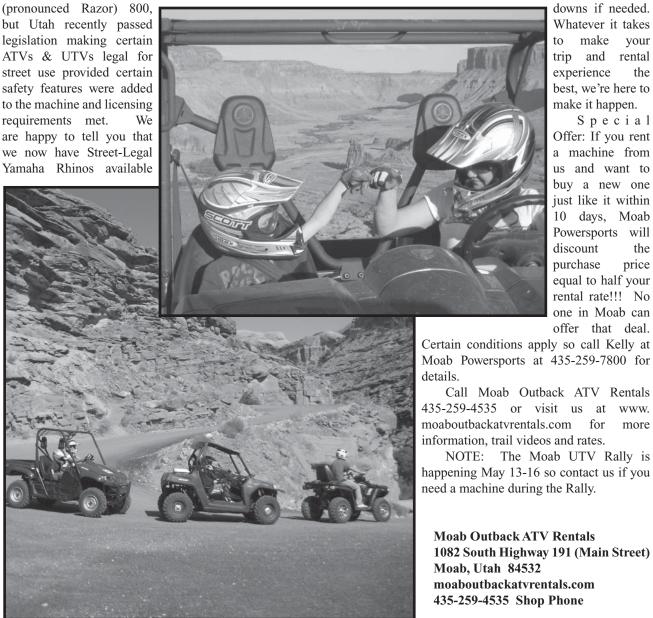
See Event Calendar page for the full season schedule.



Moab Outback ATV Rentals started last spring as a sister company to Moab Powersports (Yamaha & Polaris dealership), both being located at 1082 South Highway 191 (Main Street). Where Moab Powersports helps people who live in Moab, Grand County & San Juan County, Moab Outback ATV Rentals' goal was to help visitors experience the exciting trails and beautiful scenery in and around Moab. If you are visiting Moab for a few days or a few hours, we have ATVs & UTVs you can rent to hit some world-class trails at the best rates in town!

Not only do we provide the best professionallymaintained rentals in town: Yamaha Rhinos 700 & 450, Yamaha Grizzly ATVs, Polaris Sportsman 800 2-up (two passenger ATV & great fun), and the Polaris RZR

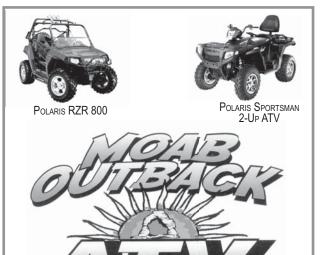
but Utah recently passed legislation making certain ATVs & UTVs legal for safety features were added requirements met. We are happy to tell you that we now have Street-Legal Yamaha Rhinos available



for rent in Moab!!! Imagine riding one of our Rhinos all day on the trails and just driving directly back to your hotel room. Now you can legally do it and Moab Outback ATV Rentals can provide you with the right machine. Certain restrictions still apply for now so come by the shop and get the latest information.

We know your time is limited and you want a great experience while visiting Moab. Our 6th generation Moabite & General Manager, Doricca Brewer, will give you the best service anywhere in Moab. Doricca and the rest of the crew possess the "Locals Only" knowledge you want to know before hitting the trails. You can pick up rentals here or have them delivered. We provide all the gear: helmets, goggles, gloves, water, coolers and trailers and tie

Offer: If you rent a machine from us and want to buy a new one the price equal to half your rental rate!!! No one in Moab can offer that deal.



more



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STREET LEGAL UTVS RIDE TO AND FROM POPULAR TRAILS



by Marcia Hafner

HIKING HAPPENINGS

Upheaval Dome - An Unsolved Mystery

In the middle of a far-reaching, windswept landscape, the bombed out appearance of Upheaval Dome is an eerie, puzzling sight to behold - a mind-boggling scene that presents an intriguing mystery. Exactly what did happen here millions of years ago?

Until recently, scientists had assumed that Upheaval Dome was a salt dome – a logical conclusion considering the geological history of southeast Utah - three hundred million years ago

when the Colorado Plateau was immersed in a large inland sea. After it evaporated, a huge deposit of salt remained. Then recurring floods, incessant winds and the steady cycle of ingoing-outgoing oceans left behind a residue that thickly covered the original bed of salt. Over that residue time transformed into layers of sandstone and a tremendous weight pressed down on the salt beneath. The more buoyant liquefied salt, however, shoved back, and a huge void called

a salt dome was born. Sometimes a dome would collapse, and when erosion removed the outer layers the remnants lived on as a crater, a likely scenario for Upheaval Dome.

But now research has turned up something entirely different – the meteorite impact theory. Sixty million years ago, here's how it would have played out. A large body from outer space, traveling many times beyond the speed of sound, entered our atmosphere in a blazing fireball that lit up the sky. The impact from the crash landing carved out a large crater. It also explosively threw rocks and dust into the air creating a veil so thick, day turned into night. The tremendous blast vaporized all living things within the surrounding area and tremors were felt throughout the world.

A lot of evidence supports the meteorite impact theory, such as the discovery of shatter cones, which are conical-shaped pieces of rock buried inside the sandstone. The small grooves radiating out from their central points are believed by some to have been caused by the shock waves of a meteorite impact. Shocked quartz also shows a highly fractured structure - another indication of a powerful impact. The name Upheaval describes the concentric circle of tilted rocks contained within the depression. This type of strata is not found for miles, giving more proof to a blow out event. Finally, evidence from seismic wave testing suggests that a force from above, not from below, punched out Upheaval Dome.

Upheaval Dome is found in the Island In The Sky section of Canyonlands National Park. To go there, drive ten miles

north out of Moab on Highway 191 and turn left on to Highway 313. Then proceed another 25 miles to the park's entrance station. Go six more miles and turn right on to the road that ends at the Upheaval Dome parking lot where parking is limited - getting there early is the best insurance to finding a spot.

At the end of the parking lot, the trail begins. It intersects with the Syncline Loop Trail, which is 8.3 miles long and can be taken in either direction. To see

Upheaval Dome, go straight through the intersection and walk up the short, but steep stone steps to the very top where there's a fork and a sign. The right fork goes 150 feet to the first overlook while

the left goes half a mile to the second overlook. For different perspectives on this unusual show, try them both.

On the well-maintained trail to the second overlook, piles of stone called cairns clearly mark the route over the slickrock. A gentle dirt path guides me through the pinyon pines, the junipers and the Mormon tea, where the charming chortle of a juniper titmouse is occasionally heard above the whistling breeze. On the final stretch of my hike I





climb up a stone staircase and some "chiseled-out-of-the rock"

I can see for miles and miles and miles into a wild, uninhabited

land. The wide-open, steely blue sky touches landforms in all

directions - the La Sal Mountains, The Bookcliffs, The Henry

Mountains and the jagged outline of sandstone walls and domes.

At the finish line I am standing at a vantage point, where

Moki steps

In between I can pick out Cleopatra's Chair above The Maze and the sheer cliffs that encase the meanderings of the Green River.

These exposed viewpoints, however, tend to be windy during the cooler months of the year so be sure to bring a windbreaker along. I squeeze in between the rocks for a more sheltered, comfortable spot and pleasurably rest my back on slanted slickrock. The break that I am taking becomes much longer than intended, but I crave that extra time to absorb the massive, overpowering drama presented by the sheer, finicky, grainypowder texture of Upheaval Dome. In a fractured land flavored by the coloring of blue-gray, with patches of coffee-brown thrown into the mix, a few hardier forms of vegetation struggle to get a foothold – a testament to their tenacity in a territory that looks ready to slip-slide away.

As I continue to gaze upon this perplexing phenomenon, a witness to an age-old spectacle, I keep wondering -will the mystery of Upheaval Dome ever be solved? Go see it for yourself and draw your own conclusions.

Some additional information: The 527 square miles of Canyonlands became a national park in 1964. It is segmented into three distinct areas – Island In the Sky, (north) The Needles (south) and The Maze (west) and has two major rivers, The Green and The Colorado running through it. Island In The Sky and The Needles are easily accessible with any vehicle, but to visit The Maze, a high-clearance, four-wheel drive is required.

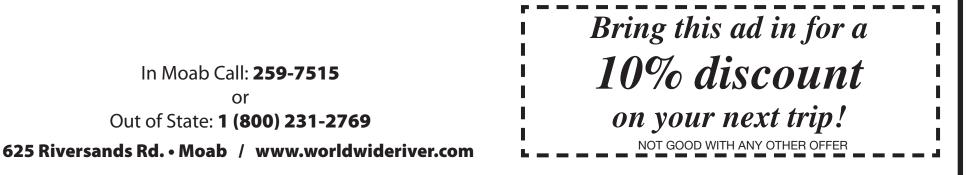






Come join us for an exciting rafting adventure!

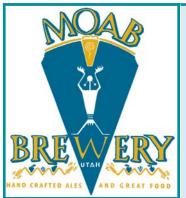
Free use of two-man inflatable kayaks (with trip purchase - based on availability)
Half Day trips \$39/Adults & \$29/Youth (age 17 and under)





RESTAURANT GUIDE





Moab's ONLY ON-SITE Microbrewery & Restaurant State Liquor Licensee Orders To Go Beer To Go PATIO SEATING

KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM 686 South Main • 259-6333 (McDonald's is next to us)



Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun



RED ROCK BAKERY A Quality Scratch Bakery with fast, friendly service. Internet Café • Dine-in or Take-Out Now Serving Organic Fresh Moab Coffee 74 South Main • Moab, UT 84532 • 435-259-5941



Utah's Liquor Laws…or "You must be kidding, I can't do what?"

The Utah State Liquor Store is the only location to purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South. Hours:

11-9 May 1-Oct 31 (11-7 Nov 1-April 30).

In addition, wine only is available at two local wineries - Castle CreekWinery located at Red Cliffs Resort on Hwy 128 (259-2002) and Spanish Valley Vineyards & Winery located at the southwest corner of Stocks Drive and Zimmerman Lane (259-8134).

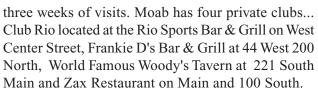
Beer (3.2% alcohol content) for takeout can be purchased at food stores and convenience stores f o r off-premise consumption only. On-premise

> (you can drink it here) is available at various licensed locations. Taverns, golf courses, bowling alleys and also restaurant locations that have the required beer license. Restaurants may also be licensed to serve mixed drinks and wine by the glass, provided that they meet the state food requirements. You may become as confused as most of the

people who wrote the laws in some restaurants. To satisfy the variety of demands of the public, many locations will have two or more licenses. You may be sitting at a "beer" bar and see the bartender mixing a mixed drink. If you try to order one, you will be told that you have to go into the "restaurant," which may be less than 10 feet away.

The last category of license is the "Private Club" -membership establishments

- but don't let this keep you from stopping in to have a drink because private clubs are easily accessible to non-members. When you enter the club you can pay a minimal fee to either join the club or to receive a visitor card which is valid for



Last, but not least, Utah law forbids open containers of alcohol in the passenger compartment of motor vehicles. Driving under the influence of alcohol or drugs is a serious crime and is prosecuted aggressively in Utah.

breakfast.lunch.espresso.bakery ocal. organic seasonal ingredients

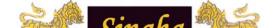


540 South Main • Moab, Utah • (435) 259-4848 Next to BigHorn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service. State Liquor Licensee

MOAB'S FINEST FAMILY DINING COMPLETE CATERING SERVICES AVAILABLE.







BREAKFAST ONLY because that's what we do best. This is our 16th year at it! Open 7am to 12Noon "Good Enough for a Last Meal" LOVE MUFFIN

7:30 - 2:00 daily 139 n. main street 435.259.6833 lovemuffincafe.com Authentic Thai Cuisine ** Lunch: Monday - Saturday 11:00 - 3:00 p.m. Dinner: Monday - Sunday 5:00 - 10:00 p.m. * Now Serving Beer, Wine & Saki * Open 7 Days a Week



92 E.Center Street Moab, Utah 84532 Tel: 435-259-0039 Fax: 435-259-0005











Bar

Bar M Chuckwagon	
7000 North Highway 191	259-BAR-M(2276)
Dinner Live Western Show & Cowboy s games, saloon, gift shop. Fun eve ages. 4 miles North of Arches Nat on Hwy 191. Beer Available. Call fo private parties & special events.	ening activity for all tional Park entrance
Branding Iron Bar & Grill	
2971 South Highway 191	259-6275
Dinner at 5pm Western style family restaurant. Ho Burger. New Specials, Great Food. P Open 7 days a week. Full Service L	rime Rib every night.
Broken Oar	
53 West 400 North	259-3127
Dinner • Mon Sat. at 5:00 p.m Come relax on our deck or by our menu includes steaks, seafood, salad ribs. Home of the sweet potato fries.	stone fireplace. Our ls, wraps, burgers and
Buck's Grill House	
1393 North Highway 191 Dinner	259-5201
Don't think you can find casual ele Don't think again. Buck's Grill House o relaxed, yet elegant atmosphere w food in the West. For a special evenir to share an exceptional meal with You'll never be disappointed at Buc sophisticated adult environment off with dining.	ffers fine dining in a rith some of the best ng out, this is the place your favorite friends. ck's. Vista Lounge is a
Burger King	
606 South Main	259-2700
Cassano's Italian Restaura	nt
11 East 100 North	259-6018
Open daily 3:00 p.m Close Come in and join us for home ma tossed pizzas and paninis. Moab's n restaurant is located in the old Popla available so you can dine alfresco an rock views. Great choice for take ou	ew traditional Italian ar Place. Patio seating d bask in splendid red
Center Cafe	
60 North 100 West	259-4295

6(Open Daily at 4 pm. Dinner 5:30 to close. Tapas - Small Bites & Shared Plates 4:00-6:00 pm. A place to celebrate life with great food and friends in a beautiful and relaxed atmosphere! Paul & Zee McCarroll, chef/owners, prepare a seasonal menu of Grilled Meats, Fresh Fish, Pasta & Vegetarian Dishes, Fresh Breads and **Exquisite Desserts.**

Denny's

989 North Highway 191 259-8839 Breakfast • Lunch • Dinner MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. ask about "Kids eat Free" Take out menu available.

Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME.

Desert Bistro

1266 N Hwy 191 at Moab Springs Ranch 259-0756 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Domino's

259-0101

Eddie McStiff's Restaurant & Brew Pub 57 South Main Street

259-BEER

Lunch • 11:30 a.m. Daily

Dinner • 4:30 p.m. Nightly 12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS **INTERNET! Pizza Delivery to Main Street Hotels**

EklectiCafe

259-6896

352 North Main Street Breakfast • Lunch Mon. - Sat. 7:30 a.m. - 2:30 p.m. Sun. Breakfast 7:30 a.m. - 1:00 p.m. Daily Breakfast & Lunch Specials. Homemade soups

& quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana 202 South Main Street	259-4366
Frankie D's Bar & Grill 44 West 200 North	259-2654
The Good Place 350 S. 400 E.	259-4RAW

Hogi - Yogi

396 South Main (next to Teriyaki Stix) 259-2656 Lunch • Dinner Open Daily

Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

Jailhouse Cafe

101 North Main Street 259-3900 Breakfast Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

KaleidoScoops	
331 North Main	259-3677

La Hacienda

574 North Main 259-6319 Lunch • Dinner - OPEN 11:00 am DAILY

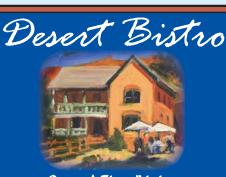
CELEBRATING 28 YEARS! Superior Mexican specialities with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee. Closed Sundays.

Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212 Deli Open 6am-3pm

Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.





Casual Fine Dining Contemporary Southwestern Cuisine Located in the Historic Ranch House at Moab Springs Ranch **OPEN FOR DINNER 5:30pm** Closed Mondays & Tuesdays 1266 N Hwy 191 • 259-0756 STATE LIQUOR LICENSEE

Love Muffin Café

139 North Main Breakfast and Lunch

259-6833

Open everyday at 7:30am-2:00pm

Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more ... Proud to use local and organic ingredients along with eco-friendly containers.

McDonald's 640 South Main

259-8800

Miguel's Baja Grill

51 North Main Dinner

259-6546

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

For more information about these restaurants pick up a "Moab Menu"



Milt's Stop & Eat

400 East and Millcreek Drive 259-7424

Lunch • Dinner A true Moab icon since 1954. Featuring locally processed 100% ground chuck burgers, classic diner sandwiches; Big City red beef dogs; flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Open every day, 11am-8:30pm. See ya' all at Milt's.

Moab Brewery

686 South Main	259-6333
Lunch & Dinner	

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab's Daily Grind

1146 South Hwy 191 #B	
Mon-Sun: 6am - 8pm	

FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks. Iced Green Tea.

259-1115

Moab Diner & Ice Cream Shoppe 189 South Main	259-4006
Pancake Haus 196 South Main (next to Ramada Inn)	259-7141
Pantele's Desert Deli 98 East Center	259-0200
Pasta Jay's 4 South Main	259-2900
The Peace Tree Juice Cafe	

The reace free Juice Care	
20 South Main	259-8503
Breakfast • Lunch	
Moab's <u>ONLY</u> Fresh Wheatgrass, Fi	ruit and Vegetable

able Juice Cafe! Healthy, fresh breakfast entrees. Egg wraps, sprouted wheat bagels. Finest wrap sandwiches, salads & secret recipe hummus. Delicious smoothies. Organic coffee & espresso. No microwaves. "Healing Ourselves and Healing the Earth."

Pizza Hut 265 South Main 259-6345 Lunch • Dinner OPEN EVERYDAY Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick Up or delivery when available. **Red Cliffs Resort & Restaurant** 259-2002 14 Miles up Highway 128 Breakfast Buffet • Lunch • Dinner **RIVER FRONT TABLES inside and out overlooking**

the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Red Rock Bakery & Net Cafe 74 S. Main Street

259-5941 Breakfast • Lunch **OPEN EVERYDAY.** 7am - 4pm Mon - Sat and 7am

Slickrock Cafe

5 North Main Lunch • Dinner

Open daily 11 a.m. - Close

Steaks, Seafood, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

259-8004

259-4848

259-SUBS

Smitty's Golden Steak 540 South Main

Breakfast • Lunch • Dinner Next to Big Horn Lodge. Open 6am-9 pm 7 days a week, featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service. Sorrel River Grill 17 Miles Northeast on Scenic Hwy 128 259-4642

SUBWAY Sandwich Shop

299 South Main Breakfast • Lunch • Dinner

en 8am everyda NOW SERVING BŘEÁKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill 900 North Highway 191 259-7146 Dinner Steaks, Seafood, Pasta. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. CLOSED SUNDAYS. State Liquor Licensee. Szechuan Restaurant

259-8984 125 North Main **Teriyaki Stix**

259-2656 396 South Main Lunch • Dinner Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out

& call in orders welcome. Open 7 days a week. Located across from City Market, Next to Hogi-Yogi. TexMex Cocina 812 South Main, Suite B 259-9922 Village Market 702 South Main 259-3111

Wake and Bake Cafe 59 S. Main #6, McStiff's Plaza 259-2420 Wendy's 260 North Main 259-2595

Wicked Brew Espresso Drive Thru 259-0021 132 North Main

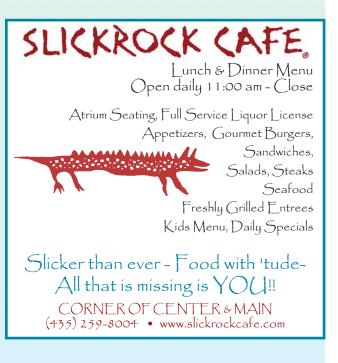


SUB fresh.

Located inside Walker's Convenience Store

Buy one breakfast sandwich and a medium drink and get one breakfast 8 sandwich FREE before 11:00 am Expires June 15, 2009 Coupon valid at your Moab Subway

299 South Main • 259-SUBS



- 3pm Sunday Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed **Internet Access.** Fine photography by Chris Conrad.

The Rio Sports Bar & Grill

1 block west of Main on Center 259-6666 Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Karaoke at 9pm. Live music on weekends. (Private club for members. Visitors welcome) 21 years and older. OPEN EVERYDAY AT 3:00PM

Singha: Authentic Thai Cuisine

92 East Center

259-0039

Lunch • Dinner

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts.

Zax

96 South Main Street

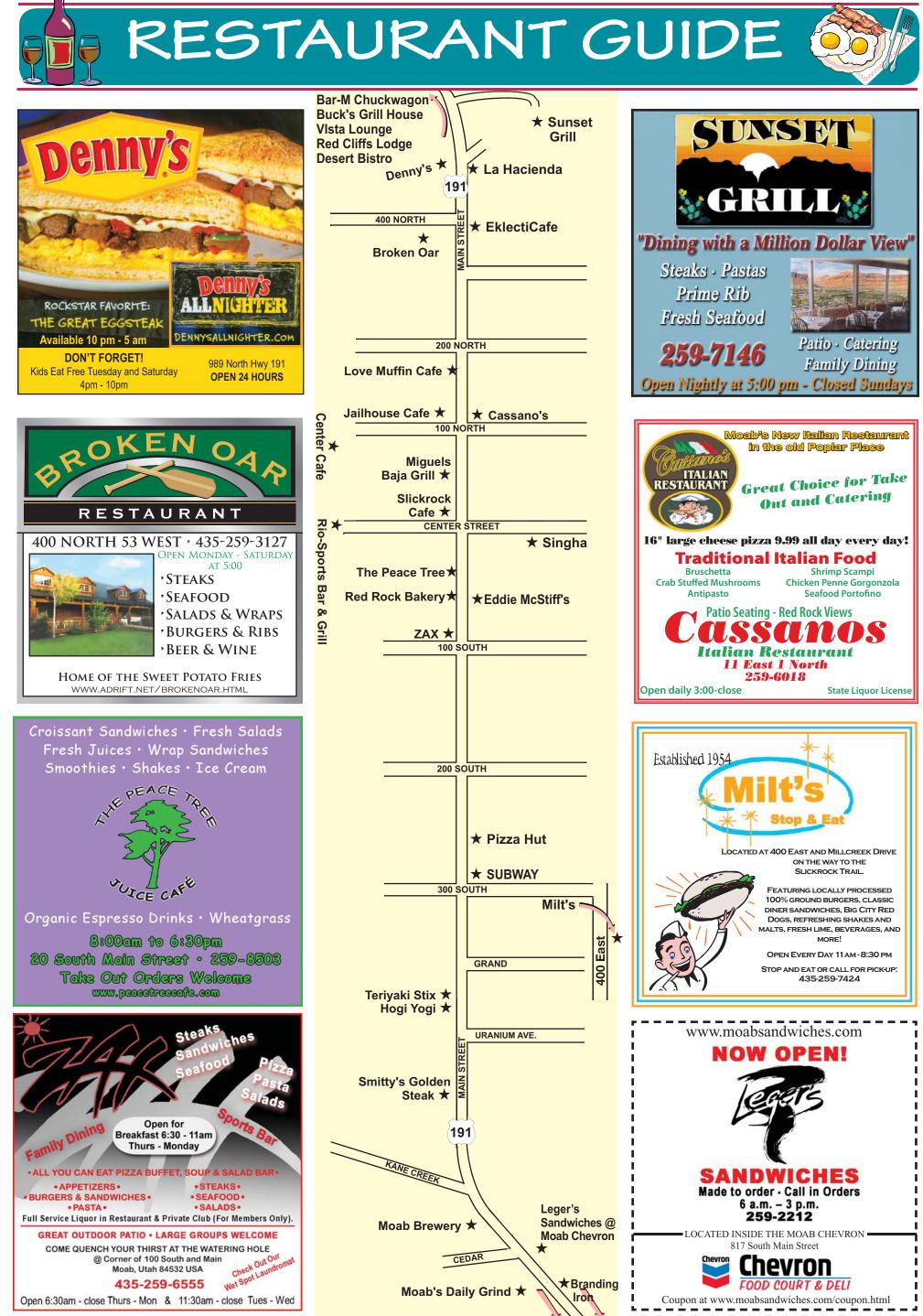
Breakfast • Lunch • Dinner • Family Dining We have it all, from our all new sunrise breakfast served 6:30 am to 11 am Thurs thru Mondays to our hand cut steaks. We offer an extensive menu that include the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax watering hole - a private club for members. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TV's throughout the restaurant and club. Featuring a full liquor license in both. Open 6:30 am to close Thurs thru Monday. 11:30 am to close Tue - Wed. Locally owned and operated.

259-6555



Guide" And tell them you found them in "Moab Happenings"

12A • Moab Happenings • May 2009



RESTAURANT GUIDE

ENTERTAINMENT HAPPENINGS

Moab Arts Festival Music & Entertainment Schedule

Saturday, May 23rd

Time	Artist	Style	Venue
10:00	Nino Reyos	Flute & Dance	Pavilion
11:15	Big Timbre	Bluegrass	Stage
1:00	Moab Taiko Dan	Drum Group	Pavilion
2:15	Halden Wofford	Honky-Tonk Country	Stage
	& Hi-Beams		
4:00	Desert Veils	Belly Dance	Pavilion
4:30	Kausachun Peru	Peruvian Dance	Pavilion
5:15	Clam Daddys	Blues	Stage
7:00	Charles Denny	Hoop Dancer	Pavilion
	Sunda	y, May 24th	
Time	Artist	Style	Venue
10:00	Charles Denny	Hoop Dancer	Pavilion
11:15	Clam Daddys	Blues	Stage
1:00	Desert Veils	Belly Dance	Pavilion
1:30	Halden Wofford	Honky-Tonk Country	Stage
	& Hi-Beams		
3:15	Nino Reyos	Flute & Dance	Pavilion
4:30	Big Timbre	Bluegrass	Stage
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### **HUBBELL TRADING POST NATIVE** AMERICAN ART AUCTION

A Native American Art Auction will be held in Ganado, Arizona on May 9, 2009 by the Friends of Hubbell Trading Post National Historic Site, Inc. The auction will include over 400 hand-made works of art, including contemporary and antique Navajo weavings, Pueblo Katsina dolls, pottery, paintings, carvings and baskets offered for sale directly from each artist. The auction sale supports the artists, the National Historic Site and the

Friends of Hubbell Trading Post National Historic Site, Inc.

Preview for the auction is from 9:00 AM to 11:00 AM, on May 9 with the auction beginning at noon, mountain-daylight saving time.

The auction is held in a large tent at the National Park Service's Hubbell Trading Post National Historic Site in Ganado on Hwy. 264, 1/2 mile west of Hwy. 191. In addition to the auction, art and food booths will be available for your indulgence.

Artists may register their items for the auction from May 4-May 7, 8:00 AM to 4:00 PM and on Friday May 8 from 8:00 AM to noon. We are not accepting items Friday afternoon.

The auction is held in cooperation with the National Park Service and Western National Parks Association. Call, click or visit for more information, (928) 755-3475: www.friendsofhubbell.org and www.nps.gov/hutr or e-mail to: morenews@friendsofhubbell.org

#### A FREE DAY OF FUN FOR THE WHOLE FAMILY

Worldwide Free Comic Book Day Comes to Moab with Comics for All Ages!

Red Wolf Comics in Moab is one of thousands of comic book shops around the world celebrating the comic book art form on Saturday, May 2nd. On Free Comic Book Day, over two million comic books will be given away by participating stores, introducing as many people as possible to the wonders of comic books!

"The wide array of comic books being published today ensures that readers of all ages - children, teens, and adults - can find something appropriate that will stir their imaginations," said Reggie Denny, owner of Red Wolf Comics.

Now in its eighth year, Free Comic Book Day has proven to be a smashing success, spreading the word that comics are terrific reading. "Even if you have never picked up a comic book, stop into Red Wolf Comics, because you never know what you will end up finding."

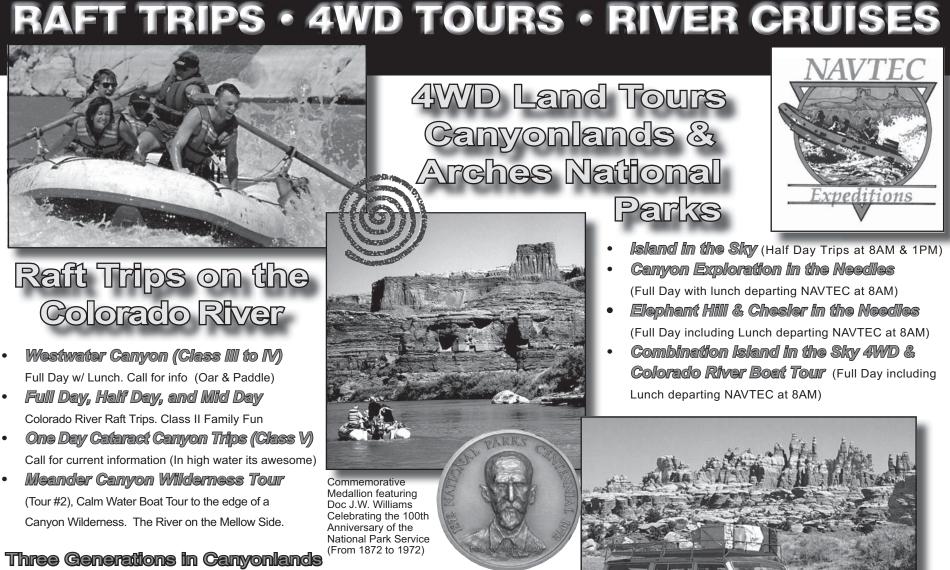
"At Red Wolf Comics, want to spread the word that comics are perfect for today's times," Denny continued. "Comic books and graphic novels are considered hip, hot and smart." Comics have propelled to the front ranks of pop culture, many being adapted into movies.

With the success of Watchmen earlier this year and X-Men Origins: Wolverine hitting the big screen on May 1st, the day before Free Comic Book Day. The first weekend of May is going to be a big day in the comic book world."

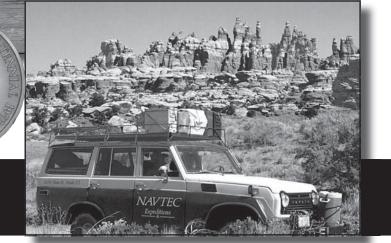
Regular updates, information about comic books and a list of participating publishers and their free comics are all online at www.FreeComicBookDay.com.

Free Comic Book Day kicks off at 10:00am and runs until 9:00pm at Red Wolf Comics at 88 E. Center St. Call 435-259-8186 for more information.

1st Saturday In May - May 2, 2009 www.freecomicbookday.com



For Reservations Call 1-800-833-1278 or 259-7983 in Moab 321 North Main Street, Moab, UT 84532 • http://www.navtec.com Open 7:30 AM until 7:30 PM • Free Campground & Motel Pick-Ups



# PET HAPPENINGS

by Kaye Davis of Moab Barkery

### Hot Dog! Keeping Your Pooch Cool in Hot Weather.

Warm summer days offer more time for you to spend outside with your dog. While bright sun and hot temperatures of summer may be nice for a day outside for us, they can be dangerous for dogs.

All dogs are susceptible to heat stroke but dark colored dogs, overweight dogs, older or frail dogs, and brachycephalic dogs (those cute dogs with smashed in noses) are at higher risk than others. Dogs, especially light colored ones, are also susceptible to sunburn. The good news is that these threats to your pooch are preventable.

How do you avoid overheating your four legged friend? Keep your dog's fur trimmed in the summer. Keep your dog cool in the summer by keeping thick or long fur under control. Don't go too short when trimming your dog however, if too much skin is exposed your dog may get sunburned. Limit the time you spend in the direct, midday sun with your dog. Don't keep them in the backyard without shade and plenty of water to drink. You can even help keep your dog cool in the summer months by keeping a kid sized pool in a shaded area for your dog to splash around in.

Never leave your dog unattended in your car or truck. The heat inside a vehicle, even one in the shade, can climb very quickly. At times, the heat in your car can go up to double what it is outside. You may think you can help them keep cool by leaving a window open, but that really doesn't offer much help. Take them with you when you leave your vehicle. If you can't, do your dog a favor and leave them home.

When you walk your dog in the summer months, remember the pads on their feet are sensitive. You can help keep them cool by watching where they are walking. Sidewalks and road surfaces are extremely hot when they are receiving direct sunshine. Help your dog keep cool by walking them on grassy surfaces when the sun is at its

hottest. If you do take your dog hiking or cycling long distances consider outfitting them with shoes like Ruffwear's Grip Trex booties available in all sizes at The Moab BARKery. Also consider conditioning their paws with a non-Shea butter base paw balm (Shea butter softens the pads but does not condition them) like Joshua Tree Pet Salve also available at The Moab BARKery.

Be extra diligent about having fresh, cool water on hand for your pet. If you are walking with your dog, or spending the day at the park, be sure to have plenty of water with you to help keep your dog hydrated. Many companies make portable water bowls that fold away into a size that is easily carried in a pocket. The Moab BARKery carries Outward HoundTM and TazlabTM products that are durable and affordable for dogs of all sizes. There are also products available that have a water system similar to a CamelbackTM built into dog packs so your dog can carry their own water as well as gear.

Cool-It Bandanas, Cool Vests and Cool Mats are also a great way to keep your pooch cool while they are enjoying their time outdoors. These products are designed to cool your dog, targeting the areas of their body (neck, chest and "armpits") that are most efficient



woof...arf...yip...yip™

{Where the cool dogs hang.}



symptoms of excessive panting and flushed skin (easiest to recognize in the ears and mucous membranes) or the dog is hot to the touch. Without treatment, heat exhaustion will escalate. Look for symptoms like a body temperature of over 104F degrees (normal range is 100-102), increased heart rate and breathing, salivation, vomiting and/or diarrhea, weakness or dizziness, stumbling, depression or subdued behavior, seizures and loss of consciousness.

If your dog is showing signs of heat exhaustion/heat stroke, take action immediately. First, take them to a cooler place; spray them for a few minutes with cool- not coldwater, without submersing them. If it's not possible or practical to spray them down, soak some towels with water and place them on the head and neck, feet, and abdomen. Place icepacks around them if you can and use electric or even makeshift manual fans to cool them off. Apply rubbing alcohol in the "armpits" and on the pads of the feet. Do not force them to drink but you may offer water if they are well enough to drink.

> Take their temperature after your first wave of cooling attempts. If their temperature is not down to a normal range, you must take them to a vet immediately. Even if they seem to have improved, there's a chance that internal damage has been done if their fever was over 104F degrees and they may experience organ failure, heart and respiratory problems, seizures, or death.

Preventing Sunburn in Dogs...

Just like humans, dogs can be burned by the sun, especially the nose, tips of the ears and around the lip area. Common sense dictates that you keep your dog in the shade during the hours when the sun rays are most intense. However if you need to be outside during these times it is okay to apply sun-block to your dog's nose and the exposed skin on the ears. It is okay if the dog licks the sun-block, because most are not toxic, BUT, you should always avoid sun-blocks that contain zinc or PABA. If you notice that any portion of your dog's skin is reddened or blistered, contact your veterinarian right away.

You may want your dog with you as much as possible, but for the sake of their health you should know when they can be with you, and when they should just stay home. Keeping your dog cool in the summer months is not that hard as long as you give it a little thought. Keep exposure to the midday sun to a minimum, offer plenty of water and

#### Humane Society of Moab Valley May Events

**May 2** Pet First Aid Class from 12-5. Please call Christi at 259-4862 for details.

**May 2** Cat & Kitten Adoptions, 11am - 1 pm, Moab BARKery

There's still time to adopt a lovable lap warmer. Cat Adoptions. Pictures & info in AdVertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.

May 9 Dog & Puppy Adoptions, City Market Come meet your new best friend, 10 am - 12 noon. Dog adoptions. Pictures & information in AdVertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.

May 16 Cat & Kitten Adoptions, 11am - 1 pm, Moab BARKery

There's still time to adopt a lovable lap warmer. Cat Adoptions. Pictures & info in AdVertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.

May 23 Dog & Puppy Adoptions, City Market Come meet your new best friend, 10 am - 12 noon. Dog adoptions. Pictures & information in AdVertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.

May 30 Cat & Kitten Adoptions, 11am - 1 pm, Moab BARKery

There's still time to adopt a lovable lap warmer. Cat Adoptions. Pictures & info in AdVertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.

Humane Society of Moab Valley: 435-259-4862

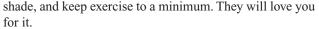




in body temperature regulation. All of these products must be soaked in water prior to use and can provide up to 2 hours of evaporative cooling.

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# NATURE HAPPENINGS

### Utah's Natural State Symbols

States select symbols that reflect their natural and cultural resources. Generally, a proponent such as school children or an organization suggests then researches several possibilities. When their research is completed, the group petitions a state politician to introduce legislation to formalize their recommendation. Though the "Beehive State" has a long list of state symbols, I'll stick to those involving natural history. Mostly.

But first, why don't you test your knowledge and fill in the blanks.

State Animal:	State Fish
State Bird:	State Cooking Pot:
State Flower:	State Insect:
State Fossil:	State Tree:
State Fruit:	State Grass:
StateRock:	State Star:

Rocky Mountain elk, also known as wapiti, are large ungulates found at higher elevations across the state, and hold the position of State Animal. This even-toed ungulate is the largest member of the Deer Family. The long-distance

bulging of the males during the rut breeding or from season, August to early winter, is unmistakable. For those of you from



out of state, the California gull may seem like an odd choice for State Bird. These gulls breed on isolated islands in the Great Salt Lake, and were instrumental in devouring hordes of crickets that plagued early settler's crops, particularly in



Like the California gull, the sego lily's selection as State Flower is also associated with these early cricket plagues. Between 1840 and 1851, invasions of Mormon crickets wiped out pioneer's crops. The hardy settlers turned to the edible bulbs of the sego lilies for sustenance.

The Allosaurus was a top-of-the-food-chain predator during the Morrison period, 155 to 145 million years ago. They fed on stegosaurids, sauropods, and probably each other. These "Strange Lizards" have been found in abundance at the Cleveland Lloyd Dinosaur Quarry near Price, Utah.

OK, the State Fruit is not a "wild" entity, but the cherry was a ripe selection. During World War II, an old

Civilian Conservation Corp camp north of Moab was used briefly to house some Japanese-American "troublemakers" from western internment camps. After WWII, the Japanese government sent cherry trees to the state of Utah as a symbol of friendship.

Coal is the State Rock of Utah.



by Damian Fagan

High mountain streams are perfect habitats for Bonneville Cutthroat Trout, the Utah State Fish. One of many recognized subspecies of Cutthroats, these fish have an orangish or red "cut" area on their throat.



Dutch ovens were high on the list of necessary items for pioneers and settlers to haul on wagon trains because of their durability. What self-respected camper doesn't have one?

If your state motto is "Industry" and your nickname is the "Beehive State," that the honey bee a natural choice for State Insect. This important agricultural pollinator has suffered population loss due to disease, parasites and habitat loss.

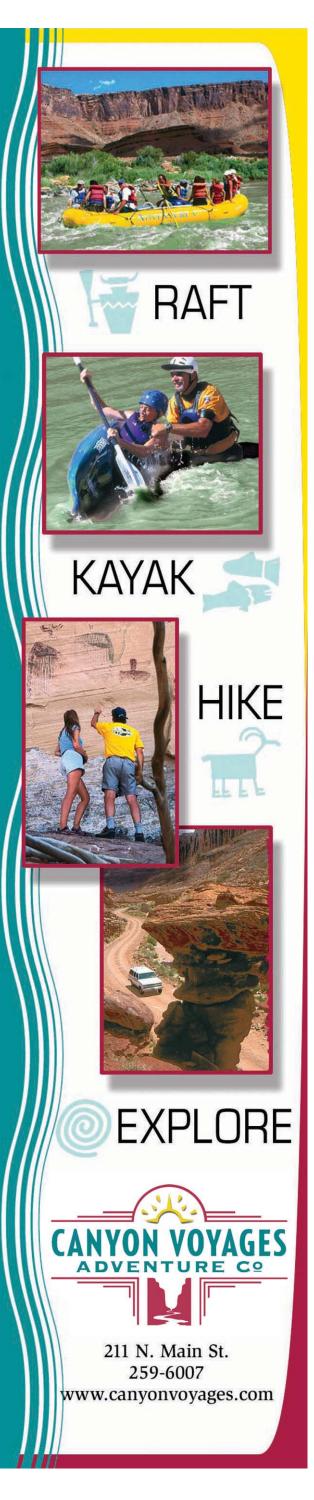
Located in the Wasatch and Unita mountains, blue spruce were just pining to be the Official State Tree. The silvery blue, stiff needles are unmistakable, and the cones have wavy margins.

The Utah State Grass, Indian ricegrass, is a native bunchgrass that grows in sandy soils in the Canyonlands region. With its wiry flowering heads, the seed was once a staple crop for Native Americans.

If you guessed John Stockton or Karl Malone for Utah State Star, you should go back to school. Dubhe (rhymes with tubby) is the upper right star in the Big Dipper's ladle. With luminosity 300 times greater than the sun, this orangish star is easier to spot than Stockton or Malone.

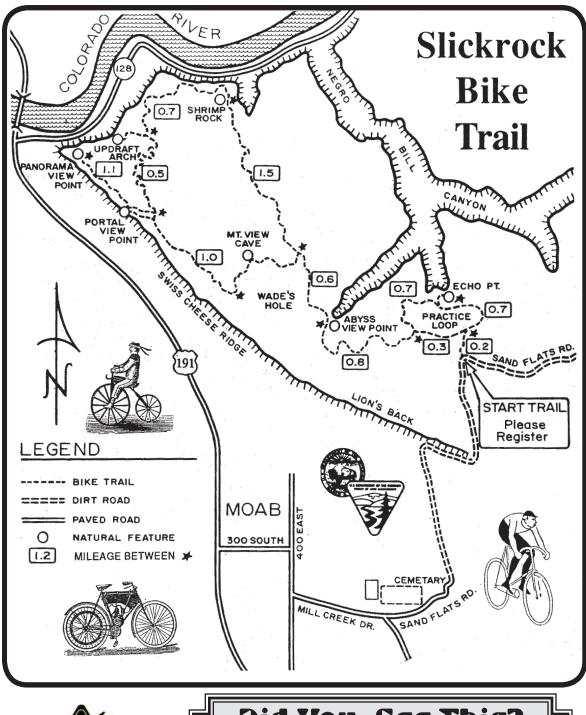
If you got more than half the questions right, congrats you're a Utahn. For those of you who didn't get 50% correct, grade school beckons. Here's a bonus question: Name the three natural history images on the Utah State Flag.







# MOUNTAIN BIKING





#### Did You Saa This? Premium Ad Space Available in Moab's largest circulation newspaper Contact Aaron or Theresa for more information 435-259-8431

#### Mountain Biking Mecca

The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

#### The major annual bicycle events include:

#### • MOONSHADOWS IN MOAB, June 6-7, 2009

An unforgettable sunset into moonlight experience Watch the full moon rise briskly above the La Sal Mountains; take in the sweet sage of the desert as you make your way to the Earth's edge overlooking the Colorado River two thousand feet below. Weekend filled with Time Trial completion, full moon evening ride to Dead Horse Point, "morning after" bike ride through Moab. Visit www.skinnytireevents.com or call 435.259.2598

• MOAB CENTURY TOUR, SEPT 19, 2009 - This annual event is a weekend packed with road cycling benefiting the Lance Armstrong Foundation. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. 45, 65, and 100 mile route options on this fully supported road cycling tour. Visit www.skinnytirefestival. com or call 435-259-2698

• 24 HOURS OF MOAB October 10 & 11, 2009 - an endurance team race which is growing in popularity with each year. The fourman teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. a world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race! See article on page 19B.

• CHILE HO-DOWN October 2009 - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!! See article on page 17B.



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# "GREEN" HAPPENINGS

### Change is in the Air on Solar Powered KZMU

It has been a year of tremendous change around the world and KZMU fm, Moab's own community radio station, now in its 17th broadcast year, has been proactive in creating change for good.

May 1-9 is the Spring Radiothon, and supporters

of the spirit of high desert DIY, freedom of expression, diversity and sustainable community are welcome to actively participate on or off the air: 106.7 and 90.1 fm; and are welcome to listen and become a member of the support team on or offline: www.kzmu.org.

In 1990, Moab airwaves were eerily silent. With only static on the dial, A core of dedicated people decided to take the dream of

community driven radio through the bureaucratic process of obtaining a public radio station license and frequency. With strong community support, the dream came true when KZMU first aired April 2, 1992. The station's first home was a recycled, dilapidated Park Service trailer that until late last year stood as a proud, if moldering, reminder of humble beginnings.

The old beat-up trailer was scrapped, materials recycled and hauled to make room for 60 solar panels. With the help of donor support and Kent Alcorn of American Solar Power; KZMU's buildings are now completely solar powered. A 2008 grant from Rocky Mountain Power

funded 60% of the project. The other 40% came from KZMU savings. In the last 6 months, KZMU's solar power has saved several thousand pounds of CO2 from the atmosphere, and provides power for the Moab Community through extra energy generated at the studios on Rocky Road.

The alternative energy from the solar panels mirrors the alternative programming KZMU provides. DJ's have creative freedom-(unheard of

anywhere else on the dial). The volunteerism, diversity, and good energy that characterizes Moab is audibly in the air with a crew of 100 volunteer DJ's delivering the unique voice of the Colorado Plateau over 6,000 hours a year.

Storytelling, digital editing and other aspects of audiocraft training are available for fledgling and experienced producers of all ages interested in developing the power of voice. In order to deepen commitment to the educational and informational component of its mission, KZMU extends time, training and equipment for a robust line-up hosted and engineered by students from pre-school through grade 12. Saturday shines for elementary kids (Shine Time 9am), pre-teens (Tween Time 4pm) and High Schoolers (Main St.Cruise 7pm). The "Word of the Day" airs Monday through Friday at 8 am, noon, and 6pm. It is produced by Grand County sixth graders who define, spell, and give a sample sentence (sometimes hilariously). KZMU also partners with Grand County Schools in the award winning Voices of Youth. Everyone has a need to be heard, and KZMU is there to provide access and training to answer that need.

Check the Program Guide in the Moab Happenings for updates on new shows and to confirm times on old favorites.

In a world of TV, print and radio and online media that is overwhelmingly impersonal, corporate, overcommercialized, canned, controlled and censored; KZMU is a breath of fresh air. The power to participate is in your hands at kzmu.org - 90.1 and 106.7fm. KZMU really is KzmYou. Thanks for the participation and support of Community Radio May 1-9, and always.

### Bike To Work Week: May 11 - 15

May is National Bike Month. Help Moab celebrate this 53-year-old tradition by riding your bicycle to work/ school May 11-May 15, especially May 15th, which is Moab's official Bike To Work/School Day. There will be a breakfast stop on the morning of May 15th for bike commuters at the corner of Center Street & Main Street. There will be baked goods, fresh fruit, hot coffee and juice.

Since 1956 the League of American Bicyclists has sponsored this celebration of cycling by encouraging communities around the nation to use their bicycles as their primary transportation, promoting health, fitness and environment. You can contribute to your community and your health by participating in this event during May and through the year.

#### Save Money and the Environment

By biking to work an average of two-miles a day, the average resident would save \$1.03 daily (a vehicle that gets 14 mpg of gas costing \$3.60/gal), or about \$267.43 per year if using the bicycle for an entire year. Considering the IRS 2008 estimated cost of business mileage at \$0.508 per mile



driven, biking that same two-mile commute would save the average resident about \$528.32 a year in car expenses (insurance, maintenance, as well as gas and oil). Grand County could save \$2,338,138 with a collective effort!

Lose Weight & Get Healthy

Furthermore, the average 150 pound resident would burn 84 calories each direction on their twomile commute, assuming a "light effort" 10-mileper-hour ride. That works out to about 0.05 pound of fat lost per day, about 0.24-pound-per-week or

12.5-pounds lost/year of bike commuting. The best news is that heavier patients will lose more weight faster as they work a bit harder to propel their svelte figure to their place of employment!

#### Community

Biking shows strength in community as a more sustainable source of transportation, reducing traffic, pollution, noise and oil consumption. The more people to commute by bicycle would encourage city officials to construct a path connecting Spanish Valley to Moab for a safer, more enjoyable commute. Moab is in desperate need of a bike lane on Main Street, and support from a community of cyclists may encourage its future.

Saving money and reducing oil consumption by riding and walking on safe, scenic paths shows a community of strength and concern. Details





Chile Pepper Bike Shop along with Moab Immediate Care is offering an incentive program to promote cycling in the community. By signing a pledge to ride your bike at least one-day per week for the next year you get the following:

-Bike-To-Work T-Shirt valued at \$22 for \$11 profits from t-shirt sales go to Trail Mix, constructing and improving area trails.

-Free labor on three bike tune-ups for the next year, valued at \$120 and a chance to win a cruiser bike valued at \$500.

-Stop by the Chile Pepper bike shop to get your Biketo-Work T-Shirt and sign-up for Labor-Free Tune-Ups & Cruiser Bike raffle. You have until the end of May to signup for the program.



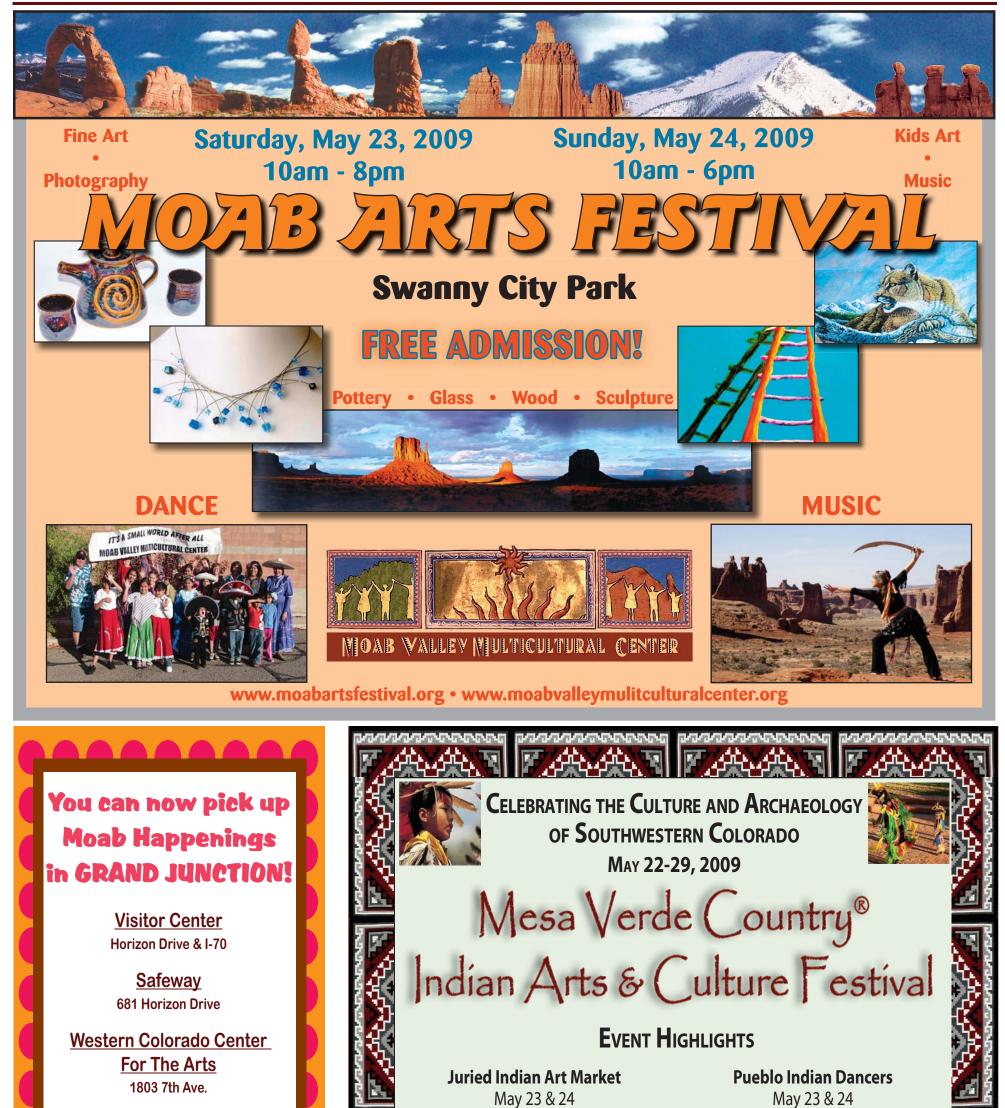
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# FESTIVAL HAPPENINGS



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Borders Books Ross Shopping Center

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Cortez

Chapin Mesa Amphitheater Mesa Verde National Park

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MESA VERDE

Featured Artist – Benson Manygoats

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www.mesaverdecountry.com

By Rob Wells

# ASTROLOGY HAPPENINGS

# Your Monthly Horoscope - May 2009



Taurus: Happy Birthday!! You start the month with a responsible view towards your kids and lovers. Personal projects are also favored at this time. Slow and steady until the 16th when it's all too easy to get lazy on the job. Avoid an overactive imagination or deceptions at work on the 20th. After the 21st,

you are aided by the Sun financially and by four other planets to help you get the most from life well into next month. Find a physical activity for yourself on the 26th.



May 22 - June 21 Gemini: Normally you rest for this month but the planets will have none of that this year. You are the Main Attraction everywhere you go. You could get a nifty real estate break on the 5th, but don't sign anything until next month. Church groups get carried away on the 16th. Plan smaller. Don't plan anything on

the 20th. After the 21st, you shift into mental high gear but there are still dragons in the water, so be careful. Plan some group activities on the 26th.



Cancer: Some solid news comes your way on the 5th. Make use of It all month long. It will make you very happy. Laziness with your finances on the 16th will cost you double in the long run. Ask yourself if the thing you are looking to spend money on, on the 20th, is needed or wanted. My advice is to go home,

do nothing, and watch TV. Don't get gullible or self-deceptive on the 21st. Your energies are low and you could be taken advantage of. On the 26th take that shopping trip, but go slow.



July 23 - Aug. 24 Leo: Shining at the office seems to be something you can live with this month. A move on the 5th could get you some solid financial gains. Make loads of time for your mate on the 16th. Don't make promises you can't keep and don't accept any, either. Self deception is a further problem on the 20th.

Don't over react or get abusive. After the 21st, the Sun moves into you house of Happiness so life is restored from yesterday. The 26th is an excellent day to clean out the garage or the basement, as it will impress your mate.





Aug. 24 - Sept. 22 Virgo: You're the leader in charge of the Church Group this month. Others will look to you for organization and follow through. Being a Virgo, you hate that part..sort of. Don't get caught napping on the job on the 16th. And then on the 20th, don't let enthusiasm carry you or anyone else away

in the moment. On the 21st, you make an amazing recovery from yesterdays' folly in your career. Any changes you want to make should be withheld until the last week of the month when conditions are more in your favor. Get some exercise on the 26th. Take a hike. Raft the river. Get out in the fresh air.



Libra: Making ends meet used to be a game, now is a real challenge. You get some big time help on the 6th that will carry you through the month ahead. On the 16th, a new romance could knock you off your feet. Slow down and breathe. You could be promising the Sun, Moon and the Stars by the 20th and you'll look foolish in the effort. After the 21th, the

Sun moves into your House of Church and School. The planets



are also there for you in case you went overboard the day before, to get you out of any messes you made. Take a lofty air and be like a cat. Shake it off and keep moving...with cool.



Scorpio: Partnerships are highlighted this month. You are given the green light to shoulder some responsibilities on the 5th, but they are the kind you look forward to. Don't let the house get messed up on the 16th when company could arrive without warning. You

could get carried away in somebody's Master Plan on the 20th. Don't commit to anything until after the end of the month. After the 21st, the Sun moves into your house of Joint Assets and partners will want to know where you stand with the checkbook. You're on the spot with the answers on that day and you will impress people. Tackle a home improvement project on the 26th for the best results.



Sagittarius: Something you started eight months ago with your job and career comes to a happy high point on the 5th. You'll really feel the solid progress on that day. Watch what you say on the job on the 16th. Don't believe anything you hear. This goes triple on the 20th. After the 21st, the Sun lights

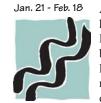
up your Partnership House and it's all supported by four more planets that make it a red letter day for you and yours. Just don't get carried away as you'll pay for that later. A physical activity you love gets you some needed exercise on the 25th and you'll be glad you took the time for it.

#### Dec. 22 - Jan. 20 Capricorn: Your kids, a creative project,



or a romance brings you some really solid happiness on the 5th. You won't forget this day anytime soon. Watch your cash on the 16th. This is doubly so on the 20th when forces are at work to separate the two of you.When the Sun moves into your House of Employment and Health on the 21st you

could get a bolt from the blue idea that makes you look like a genius on the job. Put changes and plans into action during the last few days of the month in this regard. A home improvement project gets the green light on the 26th. Use the energy that day to get the whole thing done.



Aquarius: Money issues surrounding your home get a big shot in the arm on the 5th. Plans you put into action eight months ago bear some exciting fruit on this day. Don't let it go to your head on the 16th and even more so on the 20th. There's a real possibility of some serious self deception during that

period. After the Sun moves into your house of Romance on the 21st, your love life takes off like a rocket. Keep a cool head if you can. Take some time in your favorite outdoor place on the 26th. Get some much needed alone time and exercise.



Pisces: Your partner or mate hands you a great piece of news on the 5th. It's good and solid and you'll be grinning from it. Don't listen to rumors on the 16th and even more so on the 20th. These are the kind of secrets that mean people start that really can hurt people. Refuse to be a part of it. After the 21st the Sun moves into your house of Home

and you may feel like having a party. Plan it for the 26th when your energy level is up to the task.

Crystal Singing/Healing Bowls

Mar. 21 - Apr. 20

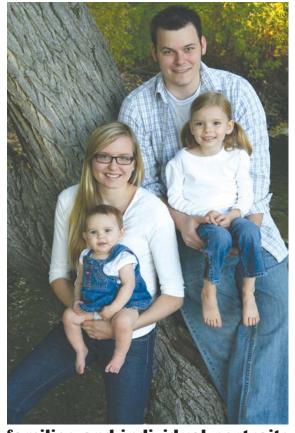
Aries: Work comes your way and fills your pockets with gold on the 5th. Double check any details before starting the task. This is the kind of event that gets your ego up and running so pay close attention to your smug level on the 16th, and even more on the 20th. You don't want to invite a stoning for those

close to you. Just be cool, Mr. Big Shot.After the 21st the Sun moves into your house of Communication and you could get buried under all the traffic. That would be bad. Pay close attention to everything coming and going for the last week of the month to avoid any problems. Plan a hike with a friend on the 26th. Don't forget the camera.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in SLC, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life. Let me help you with your choices in life." Prices start at \$25.00. Call for an appointment, 259-7116.

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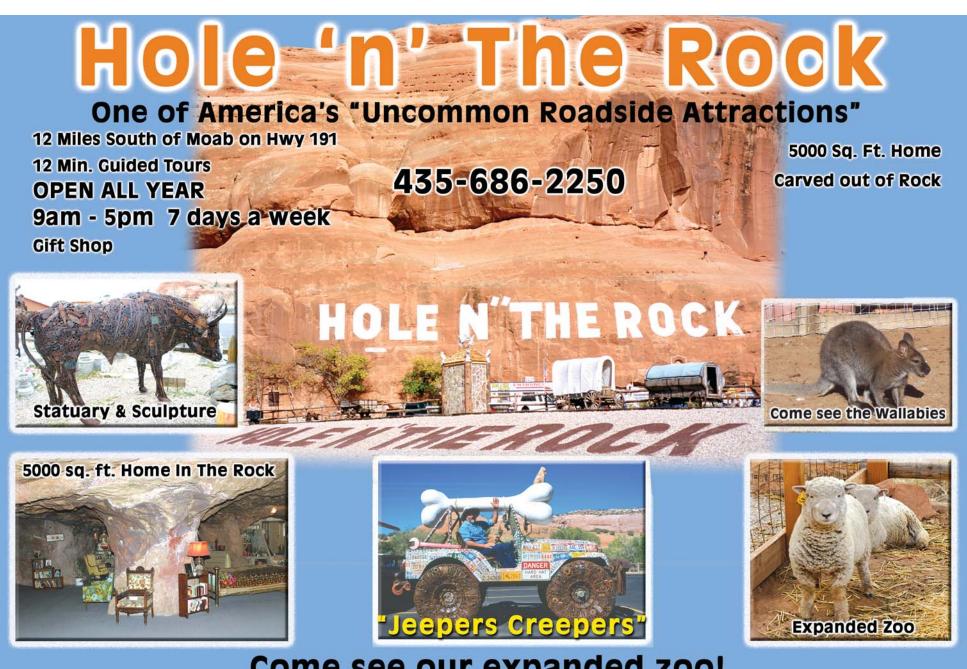
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Æ

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Volume 21 Number 2

FREE

Section B

May 2009

# Arts Festival Entertainment

The 17th Annual Moab Arts Festival & Multicultural Fair highlights this Memorial Day Weekend, running from 10am–8pm on Saturday, May 23, & 10am–6pm on Sunday, May 24, in beautiful downtown Swanny City Park. The festival features fine art, beautiful crafts, handmade clothing, metal works, pottery, jewelry, kids' acitivities, great food, and more! So, whether you want to browse, treat yourself crowd pleasing honky-tonk country band, the Clam Daddys, an exceptional blues band, and Big Timbre, a regional bluegrass favorite. Each band will perform both Saturday and Sunday, providing you two chances to hear their great music.

> An exciting new addition to this year's entertainment will be the sponsorship of several acts by the Moab Valley Multicultural Center. Performing on the Pavilion Stage will be world class Native American flute player/ dancer/story teller, Nino Reyos, world champion Native American hoop dancer, Charles Denny, and the phenomenal Peruvian dance troupe, Kausachun Peru.

For a complete schedule of entertainment & children's



activites, please pick up a copy of the Moab Arts Festival Newspaper and plan to spend as much of your weekend as possible at the 17th Annual Moab Arts Festival & Multicultural Fair. The newspaper can be found at numerous locations around Moab, and like the festival, is fun, colorful, and free to the public!

If you would like to volunteer to be a part of the Moab Arts Festival and receive a free Arts Festival T-shirt, please contact Theresa King at 259-8431.



To see a schedule of entertainment at the Moab Arts Festival see page 13A.

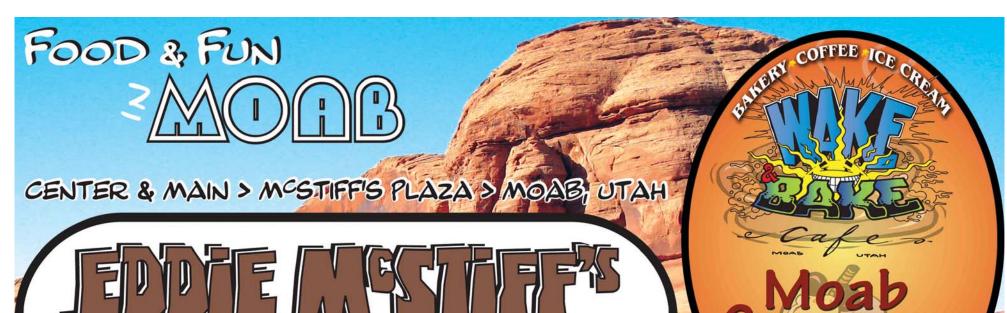


to something special, or purchase a gift for an upcoming occasion, the Arts Festival & Multicultural Fair is a must see event.

Complementing the wonderful array of artists & craftsmen will be an entertainment lineup filled with high quality performers. Musicians will be traveling to Moab from around Utah and Colorado to participate in the festival and enjoy the beauty and hospitality of our wonderful town. And local favorites Desert Veils and Moab Taiko Dan will again grace the Pavilion Stage.

There will be a variety of music & dance for everyone to enjoy. The festival is especially pleased this year to present Halden Wofford & The Hi-Beams, a





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# **ART WALK HAPPENINGS**

### Moab Art Walk, Saturday May 9th from 6PM to 9PM

#### **Moab Arts & Recreation Center**

111 E 100 N Moab, UT 435-259-6272 marcinfo@ moabcity.org www.moabmarc.com

Throughout May, the Moab Arts and Recreation Center (MARC) hosts the annual Moab Photosymposium featuring artwork from many outside participants.

#### **Overlook Gallery**

83 E. Center Street Moab, UT 435 259-3861 overlookgallery@yahoo.com

Daniel Loge is known for his superb painting technique and accurate, artful depictions of natural subjects. His paintings are becoming included in important private and public collections. Some of his early work is now being traded at prestigious art auctions. www.moabarts.com

#### **Moonflower Market**

39 E 100 North Moab, UT 435-259-5712

The Moonflower Market is proud to present Martin Kazan. His exhibition 'Domestic Silence' illustrates the necessity in this country for rehabilitation and employment opportunities, rather than putting money and attention into prisons and wars abroad.

#### **The Western Image**

16 W. 100 N. Moab, UT 435-259-3006

The Western Image welcomes leather artist Shane Deeter to the Moab Art Walk. Shane is an award winning custom boot and saddlemaker. Shane uses leather as his medium to create beautiful yet functional works of art. www.moabartists.com moabpage@frontiernet.net

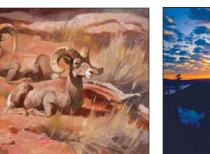
#### **Museum of Moab**

118 East Center St Moab, UT 435-259-7985 The Museum of Moab presents Bedtime Stories, an exhibit featuring the quilting talents of the Delicate Stitchers Quilt of Moab. Bedtime Stories is an exhibit about the legends, stories and tales that are passed from parent to child. Whether fairy tale, family history, cultural legend, or fable, these stories shape who we are as both children and adults. The quilts displayed are part of the Museum's Annual Themed Quilt Challenge and were made by members of the Delicate Stitchers Quilt Guild. This year's theme, "Story Quilts Inspired by Spoken and Written Words", asked quilters to depict their favorite myth, story or legend. Bedtime Stories will be on display at the Museum of Moab May-June.

**1-WESTERN IMAGE** 16 W 100 N MOAB 2-CLOUDROCK LAND CO 79 N MAIN ST **3-TOM TILL GALLERY** 61 N MAIN ST 4-CAT'S LAIR COLLECTION

Tradition and Beyon







#### **Cat's Lair Collection**

59 South Main Street #3, Moab, UT 435-259-2458 catslaircollection@gmail.com Cat's Lair Collection Art Gallery invites you to come and see our new addition to the gallery collection - eclectic neo- primitive art of Doug Malstrom and new photographs by John Aldrich. www.catslaircollection.com

#### Tom Till Gallery

61 N. Main Moab, UT 435-259-9808 "The Tom Till Gallery is featuring Tom's third new book for 2009, "Impressions of New Jersey" and Tom's Crater Lake image that was recently featured on NBC's show "The Office". www.tomtill.com



#### Framed Image Fine Art Gallery

59 E Center Street Moab, UT 435-259-4446 Award winning jewelry by Wendy Newman. Wendy uses ancient fabrication techniques and stone setting, combined with technological imagery, to create one of a kind works of wearable art. www.framedimagemoab.com info@framedimagemoab.com



#### Love Muffin Café

#### 139 N. Main Street Moab, UT 435-259-6833

Inspired by the "love muffin," this creative exhibition of drawings takes The Muffin to a whole new level. Katrina Lund, a non-descript Moabite, uses a very sophisticated drawing technique of Sharpie marker and colored pencil on brown paper grocery bags. The muffin show has been called many things not excluding "clever, funny, colorful, charismatic, edgy." Be prepared to laugh and be entertained by these muffins with personality. And they have a great cause! Proceeds go to benefit the National M.S. Society.

#### **Pantele's Desert Deli**

98 E. Center Street Moab, UT 435-259-0200 Pantele's Deli is joining Art Walk with an exhibit by local stained glass artist Glynda Marcus. Marcus will be showing her original glass panels depicting the red rock landscape and other inspirational themes.

#### **Cloudrock Land Company**

79 North Main Street 435-259-0444 Cloudrock Land Company presents the large scale photographic prints of Hal R. Allen. Step inside his 30" x 60" gallery wrapped canvases. www.cloudrock.com

www.moabartwalk.com											
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ART@ WALK

**5-FRAMED IMAGE** FINE ART GALLERY 59 E CENTER ST STE B 6-OVERLOOK GALLERY 83 E CENTER ST

59 S MAIN ST #3

7-MARC 111 E 100 N

**8-MOONFLOWER** MARKET 39 E 100 N

9-LOVE MUFFIN CAFÉ 139 N MAIN ST

**10-PANTELE'S DESERT DELI 98 E CENTER ST** 

**11- MUSEUM OF MOAB** 118 E Center ST

# VISITOR SERVICES DIRECTORY

**MOAB, UTAH,** located in southeastern Utah has become a mecca for the adventurous. Moab was first settled in 1855 by Mormons who quickly abandoned their remote outpost because of conflict with the area's Native American population. It was resettled in 1876. Moab and its people have carved an existence as changing as the eroded desert around it. Moab has served as a river-irrigated fruit growing center, a dock for ill-fated steam powered paddle boats on the Colorado River, and in the 1950's, a uranium boom town. In the 1980's the uranium market fell and Moab was forced to look to other means of economic income. Some locals decided to build a bicycle shop, rent bicycles, and offer guided tours. Tourism became a significant part of Moab's economy.

**ARCHES NATIONAL PARK:** Located 5 miles north of Moab, Arches National Park features the world's largest concentration of natural stone arches. There are over 2,000 arches, along with other unusual formations found throughout 74,500 acres of National Park land. Landscape Arch is the park's longest arch at 306 feet. Arches is open year-round. An entrance fee is charged to enter the park. Peak visitation occurs from March through October. The colder weather months, when snow occasionally blankets the red rocks and crowds are small, are great times to visit.

The Devils Garden Campground at Arches is 18 miles from the park entrance. The fee for individual sites is \$20 per night. Advance reservations for camping can be made by contacting the National Recreation Reservation System at 1-877-444-6777 or www. ReserveUSA.com. Sites may only be reserved for the nights of March 1st through October 31st.

If you do not have a reservation and would like to camp in the campground, you must pre-register for campsites at the visitor center between 7:30 and 8 a.m., or at the entrance fee station after 8 a.m. These individual sites are on a first-come, first-served basis. The Arches campground fills daily, sometimes by early to mid-morning.

The popular Delicate Arch is a 3-mile round-trip hike that begins and ends at Wolfe Ranch. The Fiery Furnace area requires an additional fee. Ranger-guided hikes are available, or permits may be obtained to hike on your own.

**CANYONLANDS NATIONAL PARK:** Moab is located in the heart of Canyonlands. The Green & Colorado Rivers divide Canyonlands National Park into three sections. The Island in the Sky section is 35 miles north of Moab. The Needles section is 80 miles south of Moab, and the Maze section is approximately 140 miles to the southwest of Moab. All sections of the park are open year-round.

**DEAD HORSE POINT STATE PARK:** Dead Horse Point State Park is located 30 miles north of Moab. Perhaps Utah's most spectacular state park, Dead Horse Point towers 2,000 feet above the Colorado River - providing a breathtaking panorama of the pinnacles and buttes of Canyonlands. There is a visitor center at the park with interpretive exhibits, rest rooms, and a 21-unit campground.



Main & Center Street, downtown Moab Hours: Open Every Day - 9:00 am - 7:00 pm

Hours listed below may change seasonally. Please call ahead for availability.Arches National ParkDead Horse Poil5 miles north of Moab • - (435) 719-229932 miles northwest of MVisitor center open 8:00 a.m. to 4:30 p.m. daily<br/>http://www.nps.gov/arch/<br/>Camping Availablevia US 191 & State(435) 259(435) 259

Blanding Visitor Center 12 North Grayson Pkwy On the north end of Blanding, Utah (435) 678-3662

Canyonlands National Park Park Information (435) 719-2313 www.nps.gov/cany

Island in the Sky District 35 miles paved road from Moab. (435) 259-4712 • Open 9:00 a.m.- 4:30 p.m. daily Visitor Center located two miles inside park. Camping - call for information

#### Needles District

50 miles from Monticello, 80 miles from Moab (435) 259-4711 • Open 9:00 a.m.- 4:30 p.m. daily Starting March 11: Open 8:00 a.m.- 6:00 p.m. daily Visitor center located 3 miles inside park boundary. *Camping - call for information* 

*Maze District* 140 miles from Moab via Green River Ranger station at Hans Flat - (435) 259-2652 Open daily 8:00 a.m.- 4:30 p.m.

LA SAL MOUNTAINS: The La Sal Mountains grace the southeast view of Moab. The second highest range in Utah, these alpine mountains offer excellent opportunities for hiking, camping, cycling, mountain climbing, cross country and hut-to-hut skiing, fishing, ATV riding, and are a perfect place to escape the summer heat. The La Sals also serve as the beautiful backdrop for Arches and Canyonlands National Parks. Campsites are available at Oowah Lake and Warner Lake on a first-come, first-served basis.

**SLICKROCK BIKE TRAIL:** The Slickrock Bike Trail has become very popular in recent years, and is known worldwide. The loop is 10.3 miles of wild ride with the route marked by slashes of paint on raw rock. First-timers should try the 1.7-mile practice loop - a good ride in its own right. The Slickrock Bike Trail is physically and technically challenging, but the giant vistas and the



Dead Horse Point State Park 32 miles northwest of Moab on paved roads via US 191 & State Hwy 313. Visitor Center open 8 a.m.-5 p.m. daily. (435) 259-2614 Campground open: Some sites require reservations. Some are first-come, first-serve. State Park campground reservations, call toll-free 1-800-322-3770

**Edge of the Cedars State Park** 

(435) 678-2238 660 West 400 North • Blanding, UT 84511 Hours: 9am to 5pm Closed on Sundays

#### **Green River Visitor Center**

South entrance of Green River, Utah Located in the John Wesley Powell River History Museum Open every day 8:00 am to 5:00 pm

San Juan County Multi AgencyVisitor Center

Inside Frontier Museum Corner Hwy 191 & 200 South, Monticello, Utah (435) 587-3401 Open 10:00 am to 4 p.m. Monday - Saturday Closed Sundays and Holidays

> **Blanding Visitor Center** 12 North Grayson Pkwy. On the north end of Blanding, Utah

thrill of the ride are worth the effort. The Slickrock Bike Trail is located in the Sand Flats Recreation Area and managed through a unique partnership between Grand County and the BLM. Trail maps are available at the entrance and a day-use fee is charged.

**COLORADO RIVER:** The Colorado River is located 2 miles north of Moab. The river cuts through a red rock gorge with incomparable vistas, meandering along in some sections, rushing boldly in others. Whitewater rafting, kayaking, canoeing, and jet boat tours abound. The drive along the Colorado River - Scenic Byway 128 and Scenic Byway 279 - offer incredible views, petroglyphs, dinosaur tracks, arches, famous movie locations, red rock spires, and rock towers that loom 1,500 feet above the valley floor.

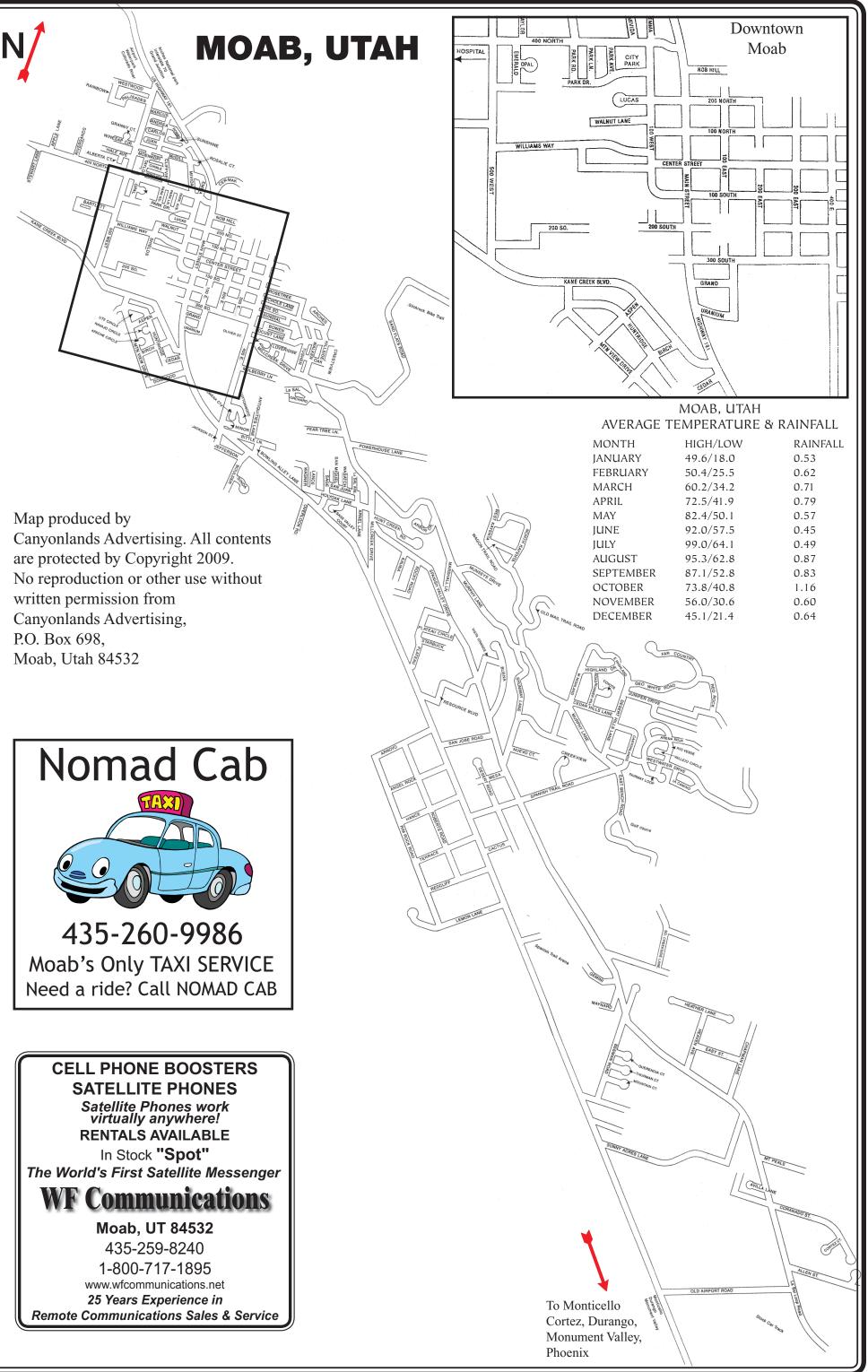


# Moab Church Services Directory

Assembly of God • 1202 South Boulder	259-7747								
Bahái Faith • call for information	435-650-5778 or 435-	-259-7533							
Church of Christ • 456 Emma Boulevard	l	259-6690							
Church of Jesus Christ of Latter-Day Saints Moab Stake • 701 Locust Lane259-7491First & Second Wards • 475 West 400 North Third, Fourth & Fifth Wards • 701 Locust Lane259-5566									

Community Church of Moab • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis • 250 South Kane Creek Blvd • P.O. Box 96	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Grace Evangelical Lutheran Church • 360 West 400 North	259-5017
Jehovah's Witnesses • 25 West Dogwood	259-8166
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
River of Life Christian Fellowship • 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist • 4581 So Spanish Valley Drive	259-5545
Friends (Quakers) Meeting for Worship, 10am Sundays Location: Seekhaven, 81 N 300 East	259-8664

4B • Moab Happenings • May 2009





Hold the star chart high above your

By Faylene Roth

# SKY HAPPENINGS

### The Sky for May 2009

Moab UT (at City Hall) 38°34' N Latitude 109°33' W Longitude 4048 ft - 1234 m Elevation

#### **May 2009**

DATE	SUNRISE	SUNSET
1	6:21am	8:10pm
2	6:20am	8:11pm
3	6:18am	8:12pm
4	6:17am	8:13pm
5	6:16am	8:14pm
6	6:15am	8:15pm
7	6:14am	8:16pm
8	6:13am	8:17pm
9	6:12am	8:18pm
10	6:11am	8:19pm
11	6:10am	8:20pm
12	6:09am	8:21pm
13	6:08am	8:22pm
14	6:07am	8:22pm
15	6:06am	8:23pm
16	6:05am	8:24pm
17	6:05am	8:25pm
18	6:04am	8:26pm
19	6:03am	8:27pm
20	6:02am	8:28pm
21	6:02am	8:29pm
22	6:01am	8:29pm
23	6:00am	8:30pm
24	6:00am	8:31pm
25	5:59am	8:32pm
26	5:58am	8:33pm
27	5:58am	8:33pm
28	5:57am	8:34pm
29	5:57am	8:35pm
30	5:56am	8:36pm
31	5:56am	8:36pm

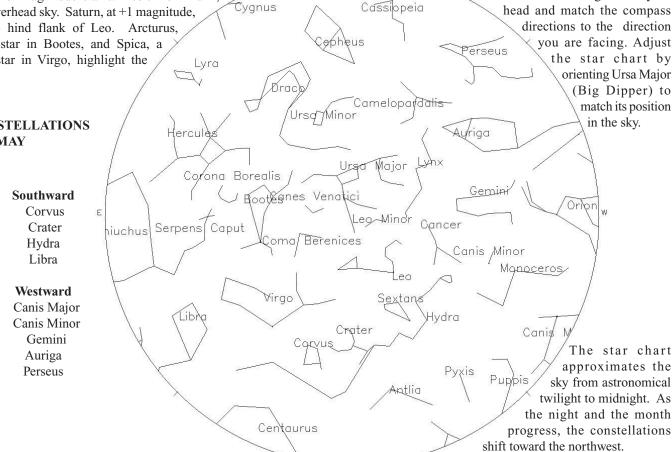
Regulus, a 1st magnitude star at Leo's front flank, dominates the overhead sky. Saturn, at +1 magnitude, trails below the hind flank of Leo. Arcturus, a 0 magnitude star in Bootes, and Spica, a 1st magnitude star in Virgo, highlight the Lyra eastern sky.

#### MAJOR CONSTELLATIONS **OF MAY**

#### Overhead Cancer Leo

Virgo Northward Cassiopeia

Cepheus Ursa Major Ursa Minor Eastward Bootes Corona Borealis Hercules



#### **VISIBLE PLANETS**

Lyra

Jupiter - Watch Jupiter appear in the early morning twilight at the beginning of May. It rises a little earlier each morning as the month progresses. (Magnitude -2.1)

Mars - Look for Mars during the last two weeks of May rising in the ESE sky as the sun rises. Its red-orange disk appears below and south of bright Venus. (Magnitude +1.2)

Mercury - May 1-2 offers a fleeting chance to view Mercury. Find a high vantage point and look low on the WNW horizon about 45 minutes after sunset. Mercury appears about 10 degrees above the horizon between the V-shaped head of Taurus and the Pleiades. Binoculars will increase your chance of seeing the planet in the fading twilight. (Magnitude +1.7)

Saturn - The evening sky features only one planet this month. Look high in the sky below the hind flank of Leo for Saturn's yellow light. It trails behind Leo's bright star Regulus. Saturn's rings reach their maximum tilt of 4 degrees above its equator on May 13. The rings then begin to rotate downward towards an edge-on view. By month's end Saturn will still be visible from some points in the early morning twilight before it sets in the western sky. (Magnitude +1.1)

Venus - Watch Venus rise about 10 minutes after sunrise in early May. By the end of the month, it rises about 10 minutes earlier than the sun. Venus and Mars move closer together during the last week of May. Look for the crescent moon to form a triangle with the two planets on the morning of May 21. (Magnitude -4.7)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

#### DAYLIGHT

The period from sunrise to sunset adds an additional 50 minutes of daylight in May. Civil twilight supplies sufficient light for any outdoor activity for about onehalf hour after sunset. Nautical twilight continues another half hour as color and detail fade from view. Darkness overtakes the sky during the next half hour of astronomical twilight . As the ecliptic (sun's apparent path across the sky) moves northward, astronomical twilight lingers, adding an additional 10-15 minutes of faint background light to the night sky. The reverse progression applies to dawn. Actual times of sunrise and sunset may vary up to 30 minutes or more depending

#### LIGHT FROM THE PAST

Sunlight reaching your eyes at this moment left the sun's surface eight minutes ago. Light from tonight's moon departed its surface 1.5 seconds ago. Light travels two minutes from Venus to reach Earth, 35 minutes from Jupiter, 70 minutes from Saturn. The time it takes light to travel through space is used as a measure of distance. A light year is the distance light travels (at the speed of light) in one year-that is about 5.9 trillion miles. Proxima centauri, our nearest neighbor, is 4.2 light years from Earth. Sirius, the bright dog star trailing Orion, is 8.5 light years away. Arcturus (Bootes) is about 37 light years distant. Starlight from Regulus (Leo) left its surface 77 years ago, during the Great Depression. Light from Spica (Virgo) departed about 260 years ago, a few decades prior to the American Revolution. Light from Polaris began its journey when Shakespeare was a child, about 500 years ago. Look into the center of the Milky Way and see light that has spanned 26,000 years-back to the post-Neanderthal period in Europe. Light from the Andromeda Galaxy left its source 2.2 million years ago. That's about the time Homo habilis was making a stand in Africa and glaciers capped the La Sal peaks.

little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degree.



upon the surrounding landscape

#### **MOON HAPPENINGS**

May begins with a first quarter moon high in the western sky on the evening of May 1. On May 2 the moon appears to the right of Regulus. On May 3 it pairs with Saturn. A waxing full moon rises with Spica (Virgo) on May 6. The full moon rises May 8 at 8:21pm. It reaches peak fullness at 10:01pm. By May 15 the moon rises after midnight. The last quarter moon appears in the early morning hours of May 17 with Jupiter. Venus, Mars, and a waning crescent moon form a triangle on the morning of May 21. The new moon occurs May 24. On May 26 a thin waxing crescent moon returns to the evening sky. A first quarter moon returns with Saturn on May 30 in the southwestern sky.

#### **METEOR ACTIVITY**

Look east after midnight for signs of the Eta Aquarid Meteor Shower from May 1 to 12. Meteor activity increases May 4-7 and peaks on the night of May 5. Best viewing is between midnight and 4:00am, but a waxing gibbous moon will wash out all but the brightest meteors.

#### STARGAZING EVENT

Wabisabi is sponsoring an evening of stargazing at Ken's Lake on Saturday, May 16. Red Rock Astronomers will provide telescope viewing but bring binoculars or a telescope if you have one. Meet in the parking lot at 8:45pm. All ages are welcome. Call 259-4743 for more information. Cloudy skies or incement weather cancels this event.

Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to



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# HEALTHY HAPPENINGS

### Inspiration, Insight, Delight

Ordinary Women, Extraordinary Wisdom by Rita Marie Robinson, is a collection of intimate, heartfelt conversations with women spiritual teachers who live

and look like ordinary people. They have kids, husbands, jobs, and bills to pay. What makes them extraordinary is that each woman has awakened to her true nature. And while that sounds like enlightenment, it doesn't look like the old stereotype of transcendence, detachment, and bliss. Quite the contrary. This is the feminine half of the spiritual journey-bringing it down to earth and embracing all of what it means to be human.

These real life stories show by practical example what it means to be fully awake and fully engaged, to meet the world without resistanceeven and especially when it's not easy-whether it's death, divorce or illness. The invitation is explicit...

> If these ordinary women can be fully awake and fully human, why not me, why not you? And why not now.

-Excerpt from Ordinary Women, Extraordinary Wisdom

The resonance I felt reading this book was so profound because this is exactly what I'm passionate about in my life and in my work. From my own experience, I know we can see through conditioned tendencies and discover that which is alive in each of us, that which-by its nature-is whole, pure and at peace.

My approach is heart and soul-centered. It is about connecting, sharing, inspiring. I provide support in working through challenging life situations, conflict, pain and habitual tendencies.

We can meet pain and conflict with an open heart and kindness, without resistance and judgment. Everything can be seen in the light of awareness, and it all must be acknowledged to set it free. Neither denial nor indulgence will free you.

The strongest resonance I felt in reading the book was with the all embracing feminine aspect. That is to say, the feminine is NOT simply based on gender. Rather, the feminine is the willingness to embrace all that arises, bringing fullness and freshness to life. We all carry this aspect within us.

Instead of looking outside ourselves for fulfillment, we can instead turn inside to the wisdom of our heart. This is the beauty of such wisdom: It is already here inside each of us. It is our essence. It is who and what we really are. And it can easily be overlooked while we constantly search for this wisdom elsewhere. In the middle of turmoil, this peaceful place is always available. This is what I experience, and this is what I have to offer to you.

My work assists in recognizing and identifying

old programming and habits, revealing that we have a choice. We can step out of that programming. We can drop it. What a shift!

> Energy Work, Cranial-Sacral and Reiki are gentle, deeply relaxing techniques, balancing the flow of energy and supporting the body's natural ability for selfregulation and self-healing. These techniques also support access to and work with cell memory, allowing us to discover how the past can influence our present reality. We can use the deeper wisdom of our body to see through conditioned tendencies. We can open up to greater fullness and freshness in this life.

My clients tell me they feel totally relaxed both physically and emotionally after we work together, more centered and grounded.

I invite you to see through

conditioned tendencies and meet that which is alive in each of us, that which-by its nature-is whole, pure and at peace.

Walk out like someone suddenly born into color. Do it now. -Rumi

Kira's main sources of inspiration are the works of Rhea Powers (www.rheapowers.com) and Gangaji (www.gangaji.org).

Kira has lived with her husband in Moab since 1996.

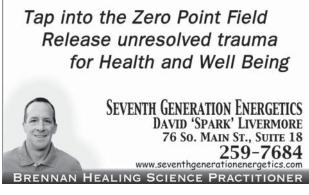
Before moving to Moab, Kira lived and worked in Germany, Switzerland, South Africa and Hawaii. Kira was trained and received degrees in the therapeutic work of Reiki, Cranial Sacral, Past Life Regression and Energy Work.

Please call for appointment 435-260-1767 At the Healing Arts Center, Studio 1, 50 East Center Street Moab UT 84532





www.moabhappenings.com







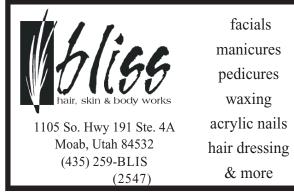




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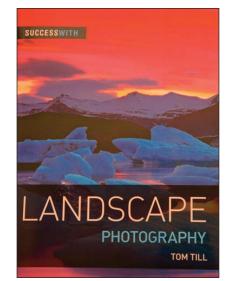
Phone (435) 259-2564 ~ 259-ALOHA

# GALLERY HAPPENINGS

### Tom Till Gallery

Moab photographer Tom Till is maintaining a busy schedule in 2009. Last year, his traveling exhibit of some of world's most stunning natural and historic landmarks began its world tour in Geneva, Switzerland. Sponsored by the U.S. State Department, UNESCO and UPS, the exhibit has gone on to Asia with stops in the Philippines and Russia. Tom will meet up with the exhibit again in Vladivostok, and then travel on to the amazing Kamchatka Peninsula to shoot the world's largest concentration of active volcanoes. From there the show will return to Europe for a stay in Oslo, Norway.

The Tom Till Gallery has also welcomed three new books to the store this year, including Tom's instructional



with Landscape Photography." Originally published in England, the Gallery has difficulty had keeping the book in stock and it has proven to be very popular with photographers of all stripes and the general public. Also new this year is the oversize paperback "Canyonlands.

"Success

book



Wilderness of Rock." and a beautiful book on the East Coast, "New Jersey Impressions."

In between his trips for the World Heritage Site Tour, Till has also been putting the finishing touches on another collaboration with daughter Mikenna, tentatively titled "Canyons of Utah."



The book will appear later this year or early in 2010. At the Tom Till Gallery, a sale continues on in-stock prints, and can you purchase a copy of Tom's Crater Lake poster recently seen in his favorite comedy "The Office."

After years of selling Tom's images on the world's finest print material, Ilfochrome, the Gallery has shifted to other papers that very closely match this photographic paper. Unfortunately, Ilfochrome is no longer available. The Tom Till Gallery still has a few of these Ilfochrome prints still in stock including the last 32x40 Ilfochrome



image of Green River Overlook, one of Tom's signature pieces. When these Ilfochromes are gone there will be no more, so stop in the Tom Till Gallery and grab a piece of history.



Food of the American West... Prepared from Scratch



# IOPPING GUIDE



Visit our retail store and find everything for the outdoors: Guide books, Riverwear, Footwear, Repair Materials, Rafts and Kayaks, Spraydecks, Paddles, Helmets, Dry Bags, PFDs, First Aid Supplies, Sportswear and more! We offer River Trips, 4x4 Tours, Rock Art Tours, Boat Rentals, Kayak School, Boat Sales - whew! Stop by or visit us at www. PING SHOPPING SHOPPING SHOPPING PPING SHOPPING SHOPPING SH



29 East Center Street (435) 259-2474 At Circle H Old Time Photos you can create a lasting memory of your trip to Moab. We put you back into the old west, as an infamous outlaw, a beautiful saloon girl, or a heroic lawman. Costumes fit over most street clothes. Photos are ready before you leave. SHOPPING SHOPPING SH



Cat's Lair Collection "A rare gift for a rare person" At McStiff's Plaza 59 South Main St. 259-2458

Art gallery & unique gift shop featuring local, regional & international artists. You will find unique pottery, metal & wood work, paintings, sculptures, fused & blown glass jewelry, beads, hand spun wool & silk. We also have a special treat for jeep fans - silver jewelry "Dana 44".

HOPPINGSHOPPING SHOPPI NRCLR MOMOS "Where the past comes to life" 29 East Center Street (435) 259-2474



4th East & Millcreek Dr. 259-6999 Dave's Corner Market has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We carry cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail HOPPING SHOPPING SI



90 East Center Street Square (Located behind Moab Information Center)

435-259-8404 A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9pm for a stitching social and enjoy getting to know other fiber artists. Hours: Mon-Sat 10 am - 6 pm.

26 West Center St. PING SHOP 435-259-7088 Visit our new location with an expanded inventory. Now in Moab - Scrapbooking supplies, candy store and a Christian bookstore all in one place. Karen and her staff still create floral arrangements for all occassions, including weddings and funerals. This full service floral shop has FTD services and beautiful gift baskets - ready made or made to order.



77 North Main - Moab 259-1121NG SHOP

Moab's source for Crystal Singing/Healing Bowls. Come see our beautiful selection of hand crafted jewelry including Utah Copper Stone and Dinosaur Bone. Wood carved birds, turned wood bowls, hand painted, mineral slices. Local Friendly. Business ownership opportunity for the right buyer.

SHOPPING SHOPPING SHOPI

#### WELCOME TO

**HOLE 'N THE ROCK** 

12 Miles South of Moab on Hwy 191 SHOPPIN435-686-2250 Visit Hole "N The Rock, a most unique home, carved out of a huge rock in Utah's Canyonlands Country. This historic 5,000 square foot home and unusual gift shop and trading post are open all year. Take a guided tour of the home, and appreciate the rich history within its walls. HO

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40 West Center St. 435-259-0739 Come to our Birthday Party Prizes, Sales, Drawings, free soda

Wed. May 6th from 10am-6pm Our shop is filled with fabrics that call to you, inspire and reward you. Come in and check out our great selection of fabrics to suit your style. Patterns, books, notions, gifts and classes to suit beginners and beyond. Chairs for husbands! Open Tues - Fri 10 - 6 Sat 10 - 4

MOAB MAILING CENTER & CANYONLANDS COPY CENTER Fax Service & Copying Fee

375 So. Main Street in front of City Market. LOPP 259-8431

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82 South Main

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Our friendly staff will show you our wide variety of ideas for gifts and home decor. We have awesome T-shirts including bamboo and organic fabrics. Come check out our fashion friendly moccasins and Stetson hats. Our sandals are #1 in comfort and value. We have a huge selection of metal art, local pottery and crystals. Toddler tees and toys also. SHOPPING SHOPPING SHOP

# esert Thread

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# SHOPPING GUIDE



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Sgt Peppers Music & Video is your full-service, one-stop music and movie entertainment store offering a complete line of CDs featuring today's top artists and yesterday's greats. If we don't have what you are looking for, our new digital music kiosks will download your favorite songs or albums to a CD or your iPod or MP3 player while you wait! Looking for a movie tonight? We have Moab's absolute best selection of movies for rent or purchase at the lowest prices in town! Check out the absolute best selection of movies for rent or purchase at the lowest prices in town! Check out the accessories department where you will find iPods, MP3 players, DVD players, film camera memory cards, music books, CD carrying cases, and more. We can also download your photo memory cards to a disk usually within minutes while you wait; freeing up valuable memory for more pictures! Sgt Peppers — Moab's entertainment superstore!





**37 East Center St** 

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Starshine Gifts has everything you need for your cosmic lifestyle -- Incense, stones, jewelry, cards, books, music and gifts from around the world. It's a relaxing oasis across from the Visitor Center. Look for the gold star. Open seven days a week. NG SHOPP



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#### WabiSabi Thriftique A Luxury Thrift Shop

We have moved to a new location across the street from the old location.

New address is 411 East Locust Lane 259-9114 • www.wabisabimoab.org

WabiSabi, a luxury thrift store in Moab, is not your typical thrift store. We feature only the best in used quality clothing, collectibles, sportswear, books & camping equip. WE HAVE WHAT YOU FORGOT TO PACK. WabiSabi supports local nonprofits & produces workshops that have a positive impact on our community. Open from 10am to 7pm. Visit our warehouse (across from the Gonzo Inn) for reduced price clothing, furniture, construction materials and housewares. Open 7 days a week 9 am - 6 pm



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Open everyday 7:30am Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear. Walker Drug has something for everyone.



Zeal Optics 888-454-9325 www.zealoptics.com

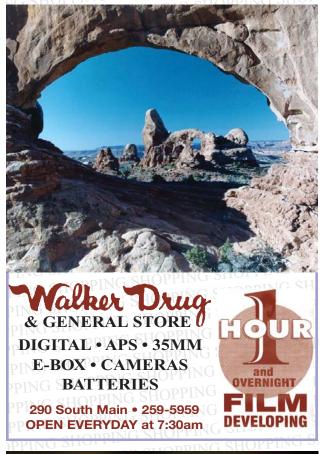
Find the perfect look and fit in eyewear. Zeal, founded in Moab in 1996, by former pro mountain bikers Michael and Wink Jackson, is true to its name. Zeal means an extreme passion for what you do. All original Zeal sunglasses, sport, goggle and rx'able eyewear will meet your performance and lifestyle demands. Available at local Moab retailers. See ad on this page. SHOPPING SHOPPING SHOPPING SHOPPING



We shape the places where we live in crucial ways every day. Each time we purchase goods or services from a particular shop or office, we are making choices about our community. For every dollar

they bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto,

Buy close by, preserve community. IG SHOPPING SHOPPING SHOPPING







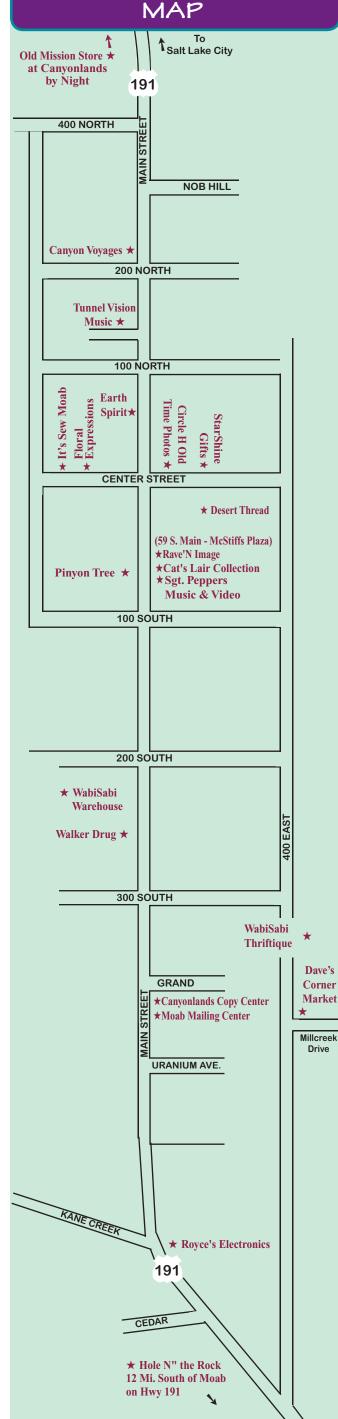
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# SHOPPING GUIDE

# SHOPPING GUIDE



## Moab Farmer's Market

2009 Moab Farmers' Market brings more fresh food to Shou Thank you the community. Chris Conrad from Sol Food Farms, Larry to our 2009 White from Creekside Organic Farm, Erik Secrist, Darin Menlove, and Inga Tlatova from Castle Valley Creamery, Alice Drogin from Exquisite Container Gardens, Jim and Layna Farnsworth from South Mesa Ranch, Skip Doty from Early Morning Orchard, and Youth Garden Project gardeners Josie Kovash and Rhonda Gotway.

Local Arts and Crafts will be represented by vendors Scott and Katy Anderson of Triassic Industries, Sam and Darlene Somerville of Sam's Crafts, Patrick Paul Rene Photography, Celeste Townsend, Meg Bigler of Cherry Creek Soaps, Megan Macomber of Turtlepaws, Barb Hards of B's Tees and What Nots, and Ocean DeGraw of Ocean in the Desert.

More special events are scheduled for this season. Watch the Moab Happenings Event Calendar for Teen Center hulahoops and skateboarding, Moab Taiko Drummers, Moab Dance Band, Phil Dirt, Grand County Public Library Story time, Yoga Sun Salutations, Wabi Sabi tie dye demonstration, a opping Shou and Confluence "Eating the West".

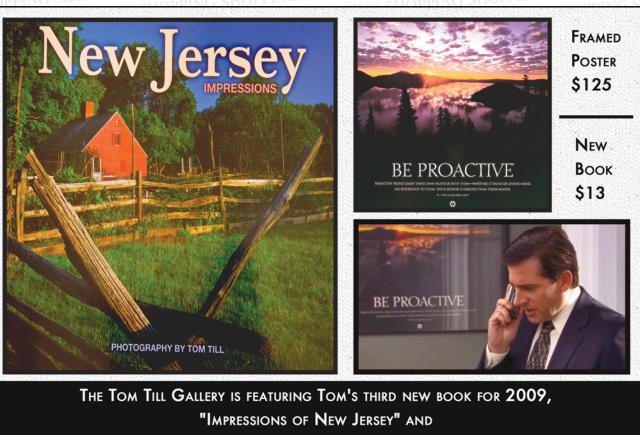
Sponsors: Youth Garden Project, Sarah Beth Coyote Foundation, Arches Book Company, Ye Ol' Geezer Meat Shop,



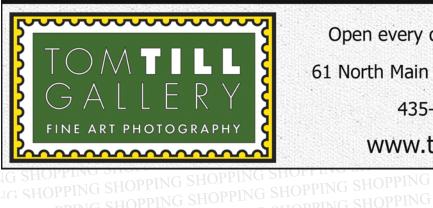
Moonflower Market, Freenotes, Morning Glory Healing Arts, Sol Food Farms, Moab Happenings, KZMU and the Times Independent.

Artwork for the 2009 Farmers' Market Poster is by Dorothy Gramenstetter, winner of the contest held in March.

Call Gayle at 259-0242 to participate as a vendor, an informational booth, or a sponsor. Registration forms and Guidelines can be found at www.youthgardenproject.org. HOPPING SHOPPING SHOPPING SHOPPING SHOPPING



TOM'S CRATER LAKE IMAGE THAT WAS RECENTLY FEATURED ON NBC'S SHOW "THE OFFICE".



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At the McStiffs Plaza 59 South Main St. Moab, Utah 435-259-2458 www.catslaircollection.com

# MORE SHOPPING HAPPENING

### Cat's Lair Collection

We feature local, regional, and international artists. You will find here sculptures, beautiful pottery, glass, wood and metal works, most unique photographs and thoughtprovoking paintings, azurite crystal roses, hand spun wool & silk, light & color.

Moab is a small town located in the red rock desert of southwestern Utah. It is world - famous for its spectacular natural beauty and is one of the greatest places for hiking, biking, river trips and jeeping adventures. Nevertheless, in this beautiful surrounding there are many talented and devoted artists who live and work here, quietly interpreting the natural beauty around them into stunning works of contemporary art.

So, we are searching for the hidden and known talents in our region and beyond, so you, our visitors, will enjoy the refreshing experience of original art.

This month we would like to talk about 2 artists whom we are delighted to represent in our gallery.

#### **Doug Malstrom**

Doug Malstrom was educated in Academy Of Art In San Francisco and studied Commercial Art in Salt Lake City. He worked as a Commercial Artist as an Illustrator,

Graphic Designer in Utah and after 12 years, he switched his artistic endeavors to Painting, Mixed Media, Painted ceramics, woodworking, and sculpting.

"Art is a direct link between ourselves and our existence. The creativity of art in all its forms fulfills a wide spectrum of purpose and is an important element in our lives. It also defines us as a civilization. It is a measurement of sensitivity to our world. Our creative dreams shape our future and makes a statement about our society. I create art to convey a feeling, mood and/or a message and hopefully create an enjoyable environment. Do we need art? Why do we need art? Would we be better off without it? Does it matter? It doesn't house us or clothe us or feed us. It makes our homes a

better place to be. It makes us look better when we wear it. It feeds us spiritually and mentally. It reminds the soul, shocks the senses, soothes and nurtures the spirit. It stirs the mind, entertains and dazzles the eye. It pricks our imagination, our position, strengthens blocks the mundane and keeps us company. It is truly the "unnecessary necessity"."

"Eclectic Neo- Primitive" -various doctrines, methods and styles in a new and different form or manner closely

approximating an early ancestral work marked by directness and naiveté. I like to evoke an organic feeling, mystical and real, symbolic and interpretive, recognizable but not necessarily obvious. Like a lost secret we have always known. Summoning up elements from a past subconscious to a new realization. A playfully reverent truth. It is my hope that the viewer sees this in my work and it speaks to them as well."

#### John Aldrich

Over the years he has used many of the tools available to photographers: from 35 mm to large format; from colour to black and white; from light table to darkroom.

The versatility with which digital technology has allowed previously complex steps to be accomplished with relative ease has lead to his transition to this modern way of creating images and prints. Although many of his images were originally created on film all current output is done using the latest archival inkjet technology.

A resident of Utah for nearly 40 years he has been enamored with the landscape of the desert Southwest. Although most of his images come



The Wave by John Aldrich

from this genre he does not feel limited by any particular subject or style. You will find close-ups and grand landscapes, panoramas and miniatures, flowers and rocks, urban scenery and wilderness, black & white and colour. He expresses his feelings about what he is doing in this statement;

' I would simply like to say that I enjoy taking pictures and sharing them with others. My goal for an image is that it convey to the viewer some sense of the feeling that leads

me to create it in the first place." His work is a sincere representation of what he saw and experienced.

While you are in the gallery, be sure to check out the new and unique jewelry by Olga Martinova. Olga works at her jeweler's bench and greets her customers, who appreciates the opportunity to meet the artist and watch her work. She makes many custom jewelry upon request; you can watch her make your piece while you wait.

She also spins wool and silk. Often you can see her spinning when you walk into the gallery. She will often give demonstrations to customers who has never seen this ancient art practiced in real life.

If you're passing through Moab, we'd like to invite you to take a few moments to stop in and enjoy the refreshing experience of original art!

We are located in the Eddie McStiff's Plaza, "when you see the big yellow cat above its rocky lair, you know you're in the right place!"

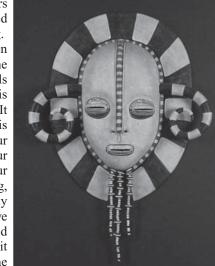
> Cat's Lair Collection 59 South Main St. Moab, UT 84532

(435) 259-2458 www.catslaircollection.com

# MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	•	Moab Community Theater (Kaki Hunter)	
ACME Theatre Company (Paul Malluk)		Moab Country Club (Rob Jones)	
Alcoholics Anonymous/Alanon		Moab Duplicate Bridge Club Audrey McDougald: 259-5771 or Bob Eri	
Alpha Rho Sorority (Bobbie Long)		Moab Friends For Wheelin' (Jeff Stevens)	
American Legion Post (Bill Smith)		Moab Half Marathon (Ranna Bieschke)	
Arches Adult Education (Trish Hedin)		Moab Horse Racing Association (Chuck Henderson)	
Arches New Hope Pregnancy Center (Debbie Nelson)		Moab Horse Show Association (Tosha Audenried)	
BEACON (Stephanie Dahlstrom)		Moab Lodging Association (Britnie Ellis)	
Boy Scouts of America (Kent Dalton)		Moab Music Festival (Andrew Yarosh)	
Canyonlands Field Institute (Karla Vander Zanden)		Moab Poets & Writers (Marcy Hafner)	
Canyonlands Film Society (Becky Thomas)		Moab Points & Pebbles Club (Jerry Hansen)	
Canyonlands Rodeo Club (Kent Green)		Moab Quarter Horse Assoc. (Kathy Wilson)	
Canyonlands Wildlife Federation (Dave Bierschied)		Moab Rod Benders (Jim Mattingly)	
Center for Water Advocacy (Harold Shepherd)		Moab Ropers Club (Terry Lance)	
Daughters of Utah Pioneers (Inalyn Meador)		Moab Sportsmen's Club (Frank Darcey)	
Deadhorse Motorcycle Club (Terry Flynn)		Moab Taiko (Stephanie Dahlstrom)	
Delicate Stitchers Quilt Guild (Debbie Hughes)		Moab Teen Center-Club Red	
Elks Lodge #2021 (Dan Stott)		Moab Trails Alliance (Kimberly Schappert)	
Fallen Arches Square Dancers (Bob & Flora Erickson)		Moab Valley Multicultural Center (Carrie Alexander or Leticia Bentley)	
Friends of Indian Creek (Emma Medara)		Mutual UFO Network (Elaine Douglass)	
Friends Of the Grand County Library (Adrea Lund)		Order of the Eastern Star (Fran Townsend)	
Grand County Public Library		Parent Teacher Association (Tiffany Saunders)	
Girl Scouts of The U.S.A. (Cynthia Williams)		Plateau Restoration/Conservation Adventures (Tamsin McCormick)	
Grand Area Mentoring (Dan McNeil)		Red Rock 4-Wheelers (Ber Knight)	
Grand County 4-H (Marion Holyoak)		Retired Senior Volunteer Program RSVP (Jody Ellis)	
Grand County Extension (Michael Johnson)		Rotary Club (Kyle Bailey)	
Grand County Food Bank		Seekhaven Crisis Center (Jaylyn Hawks)	
Grand County Hospice (Tracey Harris)		Senior Center (Verleen Striblen)	
Grand County Prevent Child Abuse		Sierra Club (Mike Stringham)	
Humane Society of Moab Valley Animal Services 259-4862		Solutions - www.moab-solutions.org - (Sara Melnicoff)	
Ladies Golf Club (Chris Corwin)		Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	259-7239
League of Women Voters (Cynthia Smith)		Southern Utah Wilderness Alliance (Liz Thomas)	
Lion's Club (Tom Warren)		Toastmasters International (Al Boyd)	259-5767
Moab Aglow Lighthouse Fellowship (Murine Gray)		Trail Mix Committee (Sandy Freethey)	
Moab Arts Council (Bruce Hucko)		Valley Voices (Marian Eason)	
Moab Arts Festival (Theresa King)		Veterans of Foreign Wars (Fred Every)	
Moab Arts & Recreation Center (Bailey Rogers)		WabiSabi (Jeff Cohen)	
Moab Bird Club (Nick Eason)		Word Watchers (Nancy Kurtz)	259-0734
Moab Chamber of Commerce		Youth Garden Project (Jen Sadoff)	
Moab City Recreation (John Geiger)			



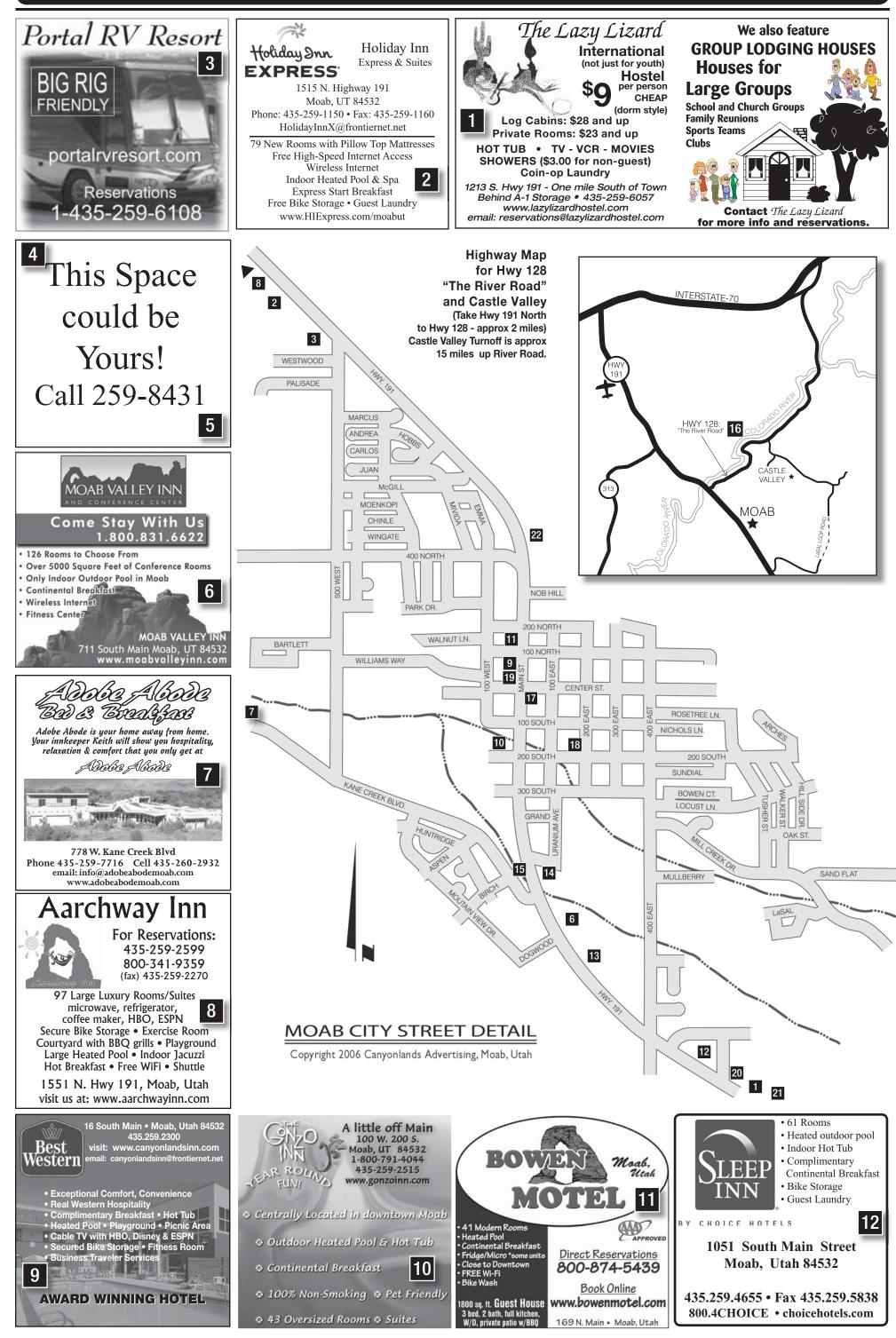
King Leer by Doug Malstrom

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

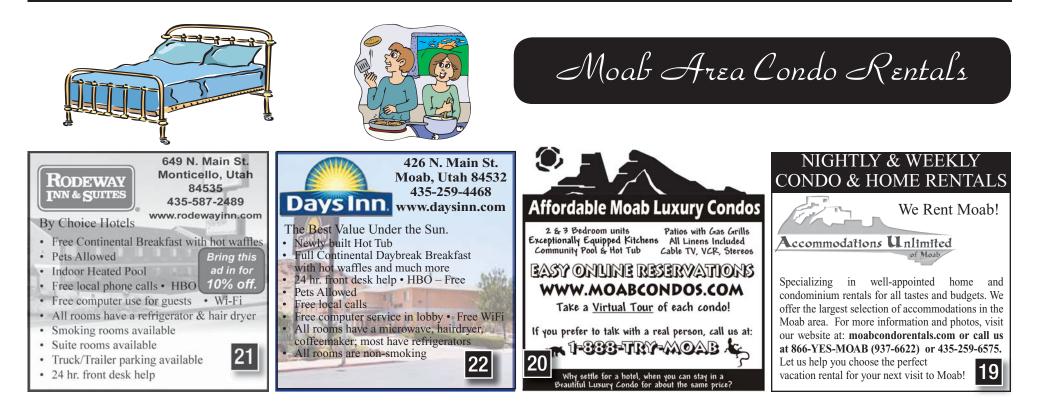
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Frail Mix Committee (Sandy Freethey)	
Valley Voices (Marian Eason)	
Veterans of Foreign Wars (Fred Every)	
WabiSabi (Jeff Cohen)www.wabisabimo	oab.org - 259-3313
Word Watchers (Nancy Kurtz)	
Youth Garden Project (Jen Sadoff)	259-BEAN (2326)

#### VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# MOAB AREA LODGING GUIDE



# MOAB AREA LODGING GUIDE



# Key to Lodging Guide

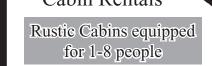
		-	
1.	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Portal RV Resort	435-259-6108	www.portalrvresort.com
4.	YOUR BUSINESS HERE		
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	La Quinta	435-259-8700	www.laquintamoab.com
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Lodging	435-259-5125	www.moabutahlodging.com
18.	Fandango	800-447-4106	www.fandangoguesthouse.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Red Rock Management Group	800-TRY-MOAB	www.moabcondos.com
20.	Pack Creek Ranch Cabin Rentals	800-TRY-MOAB	www.moabcabins.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com





20 Pack Creek Ranch Cabin Rentals

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bv Vicki Barker

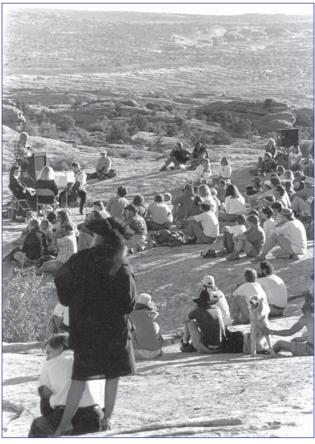
# HISTORIC HAPPENINGS

### ANNIVERSARY OF ARCHES PILGRIMAGE

A pilgramage to say a final farewell to author Edward Abbey 20 years ago drew an estimated 500 fans of the internationally renowned author, along with family and friends -- all willing to walk more than a mile on a dirt path to the memorial site in Arches National Park.

The memorial to Ed Abbey, who died at age 62 on March 14, 1989, took place May 20 on the western edge of Arches National Park, where Abbey had served as the park's first seasonal ranger. He also penned the book, Desert Solitaire, while living in the park -- a book that has been purchased by more than one million readers around the world, and published in three languages.

After tributes, music, readings, group singing and eulogies delivered by the "Who's Who" of naturalists and



Ken Sleight delivered the eulogy at Edward Abbey Memorial May 20, 1989.

activists of Abbey's day -- including a personal letter from Wallace Stegner -- the American flag and a hand-made flag bearing the image of a monkey wrench were unfurled atop the slickrock and triumphantly waved in the air by two men who were forerunners of the environmental movement: Doug Peacock and Dave Foreman.

A fan of Abbey's who managed The Flag Store in San Francisco, James Ferrigan, recalled afterward that he had "lied through his teeth" to be included in a "wild and scenic" river trip with Abbey down the Green River in 1980-81, during which the two new, custom-made monkey-wrench flags were flown. He remembers that after the trip, at Ray's Tavern in Green River, Abbey wrapped himself in one of the flags, then signed both of them. Foreman displayed one of the flags at the memorial, and saluted his friend Peacock as he waved the American flag.

Abbey had modeled his most rebellious saboteur, George Hayduke, after Peacock, who spoke at the ceremony. Hayduke was a rough-and-tumble PTSD type of character defending nature against developers in Abbey's notorious book, The Monkey Wrench Gang, which at last report in early 2007 was being made into a movie at sites in New Mexico. Others whom Abbey developed as members of "the Gang" were also at the memorial: Ken Sleight, aka the polygamous "Seldom Seen Smith"; and Ingrid Eisenstadter, aka the voluptuous "Bonnie Abzug" and girlfriend of "Doc Sarvis." Despite the long, hot walk, she'd attended the memorial in high heels, a black taffeta dress and a black hat with a veil.

Abbey had said in an interview in Moab in the spring of 1985 that he'd made illustrator R. Crumb redo the depiction of Abzug that ran in the illustrated edition of *Monkey Wrench Gang.* "I asked that she be more good-looking. I want my



Dave Foreman displayed the Monkey Wrench flag at Abbey's Memorial in Arches National Park 20 years ago.

heroines to be beautiful and real sexy."

Abbey also noted that the new edition contained a heretofore missing chapter, which the publisher had inadvertently left out of the first edition -- a chapter titled "Seldom Seen At Home," which the author said "was an essential four-to-five pages."

"Seldom Seen" Ken Sleight, a ranch owner at Pack Creek south of Moab, said a few people have stepped forward over the years claiming that Abbey based the Doc character on them. But he and Andy Nettle, a Moab bookstore owner, said Doc Sarvis was most likely Abbey himself.

As Abbey stated, "There's something of me in all the characters, but they're inspired by actual people I knew. I borrowed mannerisms and aspects of appearance,

vocations...but I didn't attempt to do a portrait of anybody. It's difficult to describe a human being as he or she really is."

Abbey also said he was inspired while in Moab to use the Holyoak surname in the "partly autobiographical" book he was completing at that time -- later titled *The Fool's Progress* -- as part of his character's name, Henry Holyoak Lightcap. "I always liked that name," he said.

The Holyoaks were early settlers in Moab.

As for the Monkey Wrench film, Sleight said director Catherine Hardwicke was still working on the project over the past year, and that the cast had been selected. The screenplay, adapted by William Goldman and Christian Forte, follows Hayduke, an ex-Green Beret and Vietnam vet, as he joins forces with Abzug, Sarvis and Seldom Seen to wage war on industrial development in the Southwestern desert.

# MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.	Albuquerque, N.M. Arches	Blanding, Utah	Bluff, Utah Bryce Canyon N.P.	lands	Canyonlands Needles Canvon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point Denver Colorado	Durango, Colorado	Goosenecks	Grand Canyon N. Rim	Canyon S	Grand Junction, CO Green River Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P. Mevican Hat IItah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona Drice 11tob	Frice, Utan Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355 608	398 3	59 353	3 487	249 3	96 444	218	389	535	407 4	30 41	5 291	419	416	587	805	278 3	32 362	2 307	324	376	335	456	449 54	48 730	575
Arches National Park	367	81	107 361	31 6	2 80	244	119 2	.9 356	5 165	142	499	325 1	10 49	116	5 171	168	447 ′	722	149 1	34 5	60	159	129	58 2	285 4	480 1	10 230	404
Blanding, Utah	329 81		26 279	113 5	8 74	158	83 1	11 446	5 130	56	322	242 1	96 13	0 45	90	87	358	530	99 5	2 74	22	77	47	47	199 3	393 1	92 321	322
Bluff, Utah	355 107	26	301	139 8	4 100	) 180	82 1	37 477	/ 152	30	296	220 2	22 15	2 35	110	107	332	504	125 2	5 103	3 48	51	65	74	173	367 2	14 343	296
Bryce Canyon National Park	608 361	279	301	310 3	47 353	3 100	361 4	18 553	3 406	331	219	159 3	08 22	1 320	282	192	205	477	390 3	23 356	5 301	277	232	327	151 3	378 2	80 324	86
Canyonlands National Park	398 31	113	139 310	1	09 86	275	151 2	377	7 196	169	435	359 1	42 80	158	3 203	200	478 ′	750	180 1	55 36	91	190	150	89 .	316 5	506 14	42 362	435
Bryce Canyon National Park           Canyonlands National Park           Canyonlands N.P. Needles           Canyon Rims Rec. Area           Capitol Reef National Park	359 62	58	84 347	109	70	230	106 1	07 434	151	114	380	314 1	88 12	6 113	3 148	145	524	746	135 1	20 73	46	145	115	20	271 4	451 13	88 308	390
Canyon Rims Rec. Area	353 80	74	100 353	86 7	0	236	112 8	4 411	157	130	396	320 1	65 10	3 119	) 164	161	501	773	141 1	26 50	52	151	121	50	277 4	467 1	65 285	396
Capitol Reef National Park	487 244	158	180 100	275 2	30 236	5	244 2	73 422	2 289	209	319	259 1	77 75	199	161	71	336	508	273 2	02 239	) 184	227	111	209	353	509 1.	34 257	217
Cortez,Colorado	249 119	83	82 361	151 1	06 112	2 244	1	49 421	45	139	405	324 2	04 15	8 47	172	169	566	838	29 1	28 105	5 60	159	129	85	285 4	475 22	20 359	404
Dead Horse Point	396 29	111	137 418	2 1	07 84	273	149	375	5 194	167	433	367 1	27 78	156	5 201	198	392	564	178 1	53 34	89	188	148	87	314	504 14	40 260	433
Denver, Colorado	444 356	6 446	477 553	377 4	34 411	1 422	421 3	75	339	462	750	681 2	46 34	6 468	3 536	533	758	1031	550 4	0 361	416	519	493	414	638 8	826 4	08 512	764
Durango, Colorado	218 165	130	152 406	196 1	51 157	7 289	45 1	94 339	)	183	450	337 1	70 27	1 92	220	217	575	847	54 1	43 160	) 105	168	174	130	294	520 3	33 404	413
Goosenecks	389 142	56	30 331	169 1	14 130	) 209	139 1	67 462	2 183		266	261 2	52 18	6 65	138	135	439 '	711	168 8	101	1 78	32	92	188	158 3	348 24	48 377	277
Grand Canyon North Rim	535 499	322	296 219	435 3	80 396	5 319	405 4	33 750	) 450	266		214 5	05 40	4 277	7 404	401	237 :	509	434 2	70 396	5 344	236	361	370	123	347 4	66 413	127
Grand Canyon South Rim	407 325	242	220 159	359 3	14 320	) 259	324 3	67 681	337	261	214	4	17 37	2 255	5 324	321	283	555	357 1	94 320	) 268	169	287	263	139	217 4	34 583	297
Grand Junction, Colorado	430 110	196	222 308	142 1	88 165	5 177	204 1	27 246	5 170	252	505	417	10	1 241	286	283	510	782	233 2	47 115	5 170	248	243	168	395 5	590 1	63 285	493
Green River, Utah	415 49	130	152 221	80 1	26 103	3 75	158 7	8 346	5 271	186	404	372 1	01	175	5 220	217	398	564	197 1	34 53	108	203	177	106	329	519 6.	2 182	241
Hovenweep	291 116	45	35 320	158 1	13 119	9 199	47 1	56 468	3 92	65	277	255 2	41 17	5	127	124	491 [′]	763	76 6	1 122	2 67	86	84	92	210 4	402 23	37 366	331
Lake Powell Halls Crossing	419 171	90	110 282	203 1	48 164	1 161	172 2	01 536	5 220	138	404	324 2	86 22	0 127	7	90	562	838	201 1	34 164	1 112	155	43	137	281 4	471 1'	71 411	400
Lake Powell Hite Marina	416 168	8 87	107 192	200 1	45 161	1 71	169 1	98 533	3 217	135	401	321 2	83 21	7 124	4 90		559	831	198 1	31 161	109	152	40	134	278 4	468 9	6 408	397
Las Vegas, Nevada	587 447	358	332 205	478 5	24 501	1 336	566 3	92 758	3 575	439	237	283 5	10 39	8 491	562	559	1	272	595 4	32 451	506	307	525	512	281	287 4	60 419	121
Los Angeles, California	805 722	630	604 477	750 7	96 773	3 608	838 6	64 103	31 847	711	509	555 7	82 66	4 763	3 838	831	272		867 7	04 717	7 779	579	797	784	553 3	376 6	02 691	393
Mesa Verde N.P, Colorado	278 149	99	125 390	180 1	35 141	1 273	29 1	78 550	) 54	168	434	357 2	33 19	7 76	201	198	595	867	1	53 144	1 89	188	158	115	314	504 2:	59 388	433
Mexican Hat, Utah	382 134	52	26 323	165 1	20 126	5 202	128 1	63 490	) 143	8	270	194 2	47 18	4 61	134	131	432	704	163	129	9 74	25	91	99	151 3	341 24	40 373	270
Moab, Utah	362 5	74	103 356	36 7	3 50	239	115 3	4 361	160	101	396	320 1	15 53	122	2 164	161	451	717	144 1	29	54	151	120	53	280	475 1	15 235	294
Monticello, Utah	307 60	22 .	48 301	91 4	6 52	184	60 8	9 416	5 105	78	344	268 1	70 10	8 67	112	109	506 '	779	89 7	1 54		99	72	28	225 4	415 1	68 299	344
Monument Valley	324 159			190 1	45 151	227	159 1	88 519		32	236	169 2	48 20	3 86	155	152	307		188 2	5 151	99						65 394	
Natural Bridges Natl Monument	376 129			150 1		1 111	129 1	48 493	3 174	92	361	287 2	43 17		43		525 [°]	797	158 9		) 72	118					36 368	
Newspaper Rock	335 58		74 327	89 2	0 50	209	85 8	7 414	130	188	370	263 1	68 10	6 92	_	134			115 9	9 53	28	125	94		231	440 1	68 334	370
Page, Arizona	456 285	199	173 151	316 2	71 277	7 353	285 3	14 638	3 294	158	123	139 3		9 210	_	278	281 :	553	314 1	_	225	-	244	231	1	272 3	91 420	119
Phoenix, Arizona	449 480	393	367 378	506 4	51 467	7 509	475 5	04 826	5 520	348	347	217 5		_	2 471	468	287	376	504 3	41 475	5 415	316	432	440	272	6	63 645	382
Price, Utah	548 110	192	214 280	142 1	88 165	5 134	220 1	40 408	3 333	248	466	434 1	63 62			96	460	502	259 2	42 115	5 168	265	136	168	391 (	663	123	281
Salt Lake City, Utah	730 230	321	343 324	262 3	08 285	5 257	359 2	60 512	2 404	377	413	583 2	85 18	2 366	5 411	408	419	591	388 3	73 235	5 299	394	368	334	420	645 12	23	306
Zion National Park			296 86			-		33 764		_		297 4			400	397	121				_		363	370	119 3	382 2	81 306	$\square$



4.00	Hwy	(world music)			(Blues)	Fire on the	(fruit and nuts)	4:00
4:00 5:00	(Hillbilly)	New Dimensions	— <b>WORLD</b> Viajes	Gaelic Circle/ Wednesday	MOAB Drive Time	Mountain	Tween Time (pre-teen fun)	5:00
6:00		This Week in Moab (Interviews / Calendar)	(world music)	Drive Time		Free Speech Friday Public Access	Big River / Ranch Exit	6:00
7:00	(musicals/showtunes) (Classical 4th Sunday)		DEM	OCRACY	NOW		(twang)	7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz) or	POLYPHONIC (Lounge goes	Thin Edge	Rock Garden	Boom Boom Room		8:00
9:00	(folk)	The Dog Lady (jazz)	dancing)	(jazz)	(rock)		Cruise	9:00
10:00		The Sound Lair (Experimental	ΜΟΑΒ	After	Hours		Radio Free Moab	10:00
11:00	(Rainbow Room)	Dance)	Conscious Party	Suburban Urge	Teenage Wasteland	Altered State	(college rock)	11:00
12:00	Seti Trancemissions		JIM HIGHTOWER NEWS WORD OF THE DAY 8an HUMANE SOCIETY - FR	n - Noon - 6pm	Circle Drive (rock n roll)	Rhythm Quest (techno rhythm)	NED (classic rock)	12.00
	KEY:	Talk Show		Easy Mix - Jazz	E	Blue Grass - Country	/ - Folk	
		Eclectic/W	orld	Rock - Blues	H			





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