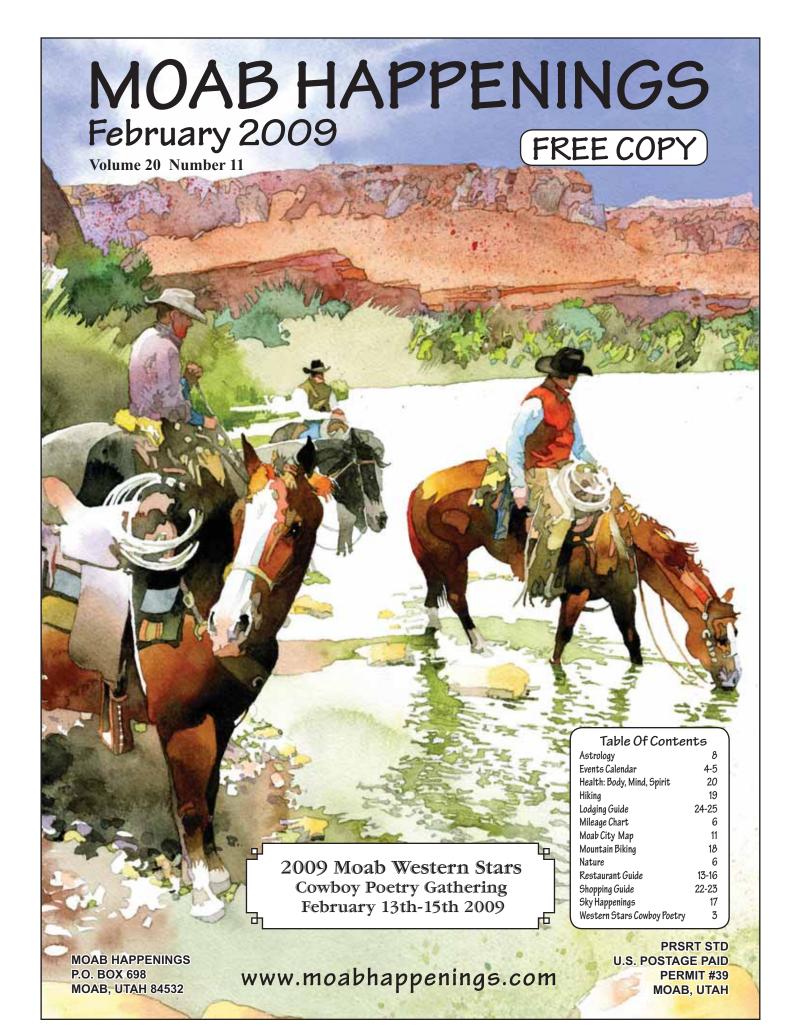


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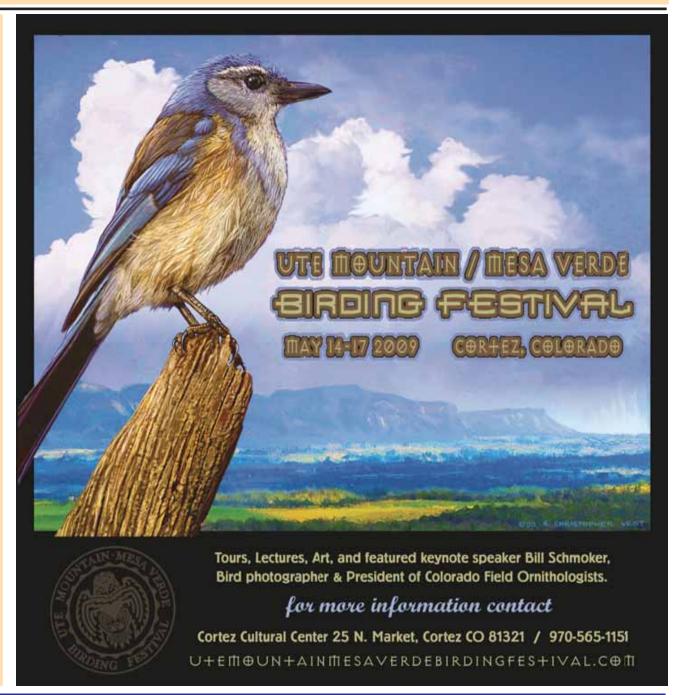
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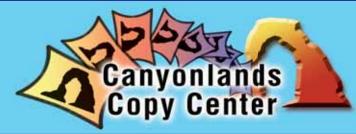
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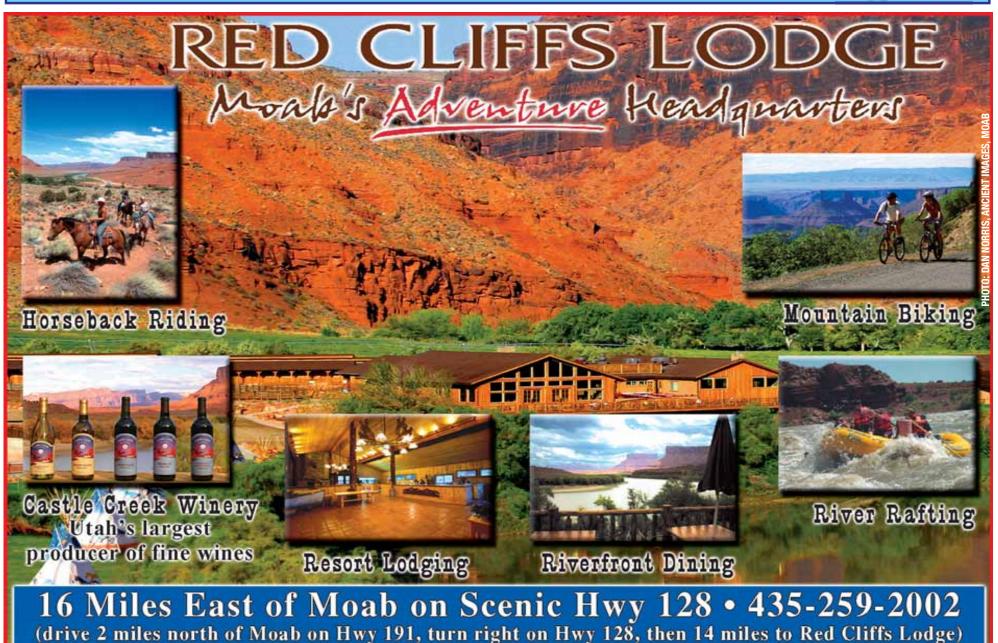
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POETRY & MUSIC HAPPENINGS

Moab Western Stars Cowboy Poetry Gathering

By Jo Kirkwood

For most folks February is a time of sub-zero temperatures, slick highways, heavy winter coats and the dreary monotony of a winter that seems it will never end. But in the Canyonlands of Utah, spring comes early. By Valentine's Day buds are swelling, the earliest wildflowers are pushing their way through loam, and birds have returned. Sure, nights can be chilly, but by day the sun comes out and burns away the lingering vestiges of winter. Clear blue skies of the Utah desert form a backdrop for brilliant red

cliffs, and the protective wall of Blue Mountain shelters this distant valley of the Colorado. In Moab, the West of yesteryear is still real and vibrant. This is cattle country, and rim rock. It's a land of sage and sand, hidden canyons, and a history that embraces legends of gunfighters and outlaws, lonely dugout ranches, cattle drives, and the tenacious spirit of a people whose descendents still thrive and linger in rugged outposts. Come join us in Moab this February 12 - 15th at the Moab Western Stars Cowboy Poetry Gathering. Experience the West as it really is.

The Moab Western Stars Cowboy Poetry Gathering, named by American Cowboy Magazine as one of the top ten gatherings in the country, has expanded rapidly in the few short years since its inception. Scheduled each year for Presidents'

Day weekend, the gathering has become a way for Moab to expand the visitor season a few precious weeks into late winter. Centered primarily at the MARC and Star Hall, this year's event begins Thursday, February 12th with an exhibit at the Overlook Gallery of Don Weller's fine art. Weller is also the poster artist for the

gathering, and his work has received top honors nationally. On Friday, western musicians and poets will take the stage at the MARC, and some of the finest western vendors will

set up shop to display and sell their wares. Expect to see saddle makers, hat makers, silversmiths, and a whole host of other artisans. One special display you'll want to visit will be the exhibit from the Cowboy and Gunfighter Museum in Craig, Colorado, hosted by Bill Mackin himself. Daytime events at the MARC are all free with membership. On Friday the Backcountry Horsemen along with Red Cliff

Lodge are planning a trail ride. Bring your own horse, or you can rent one from the lodge. Friday is capped off with



our traditional Cowboy Campfire Concert at the MARC, with a jam session to follow.

On Saturday, the entertainment at the MARC

continues – but things just keep getting better. You won't want to miss the two o'clock matinee at Star Hall, which is themed as a tribute to the legendary Marty Robbins. Robbins' work will be interpreted by a series of artists, including a couple who sound "more like Marty than he did..." The concert will feature perhaps the finest of all western balladeers, Don Edwards, along many other

fine performers. Saturday is Valentine's Day, and you'll want to get your tickets early for the unique headliner concert at the high school that evening. It would be difficult to come up with a better Valentine's date than a Suzy Bogguss concert, and we are proud to have her here. A great lineup of pre-show entertainment is also scheduled, so plan for an exquisite evening of fine music, cowboy poetry and fun. After the concert come on over to the MARC for the community-cowboy dance. The Sawmill River Band will be live; they're fun, and easy

to dance to. A cowboy-perfect way to end a perfect evening.

Sunday morning begins with a non-denominational Christian cowboy church. Any and all who wish to join in are welcome. Musicians and poets will share sentiments, and folks from the congregation are welcome to stand with a story or thought. Or just come and share good company on a Sunday morning.

Don Edwards will be conducting an acoustic guitar workshop Sunday morning, and if you'd like to attend it will be important to get your tickets early. Sculptor Jeff Wolf will be on hand, creating a portrait from life of Don during the workshop. Jeff is widely

> known throughout world western art, and this opportunity watch in action, while benefiting from the musical expertise of a true master like Don Edwards, is surely an oncein-a-lifetime opportunity.

At Spanish **Trails** Arena there will

be two different clinics on Sunday afternoon, contrasting two styles of horsemanship. Join James Dixon and Don Weller for an explanation and demonstration of the cutting horse style of working cattle, then buckaroo Bill Boswell and friends will give insights into the vaquero traditions from hackamore to straight-up in the bridle. And stick around awhile. Bill just might demonstrate some genuine ranch roping techniques. Through it all you'll enjoy entertainment by musicians Brian Arnold and Kenny Hall, and poet Curly Syndergaard.

Sunday ends with Don Edward's headliner concert, at historic Star Hall. Top cowboy poets will join Don, who is perhaps the most beloved of all western musicians, for a truly memorable evening.

The 2009 Moab Western Stars Cowboy Poetry Gathering is shaping up to be one whale of an event. For more information visit the website: www.moabwesternstars. com or contact the MARC: 435-259-6272





Featured Musicians & Poets

Jill Jones Sid Hausman Bill Snow Jr. Rollie Stevens & Rockin' M Wranglers Kenny Hall **Brian Arnold** Richard Lee Cody Ben Issac Bar M. Wranglers Sawmill River Band

Sam Deleeuw Jo Lynne Kirkwood Jerry Brooks Paul Bliss Phil Kennington **Marion Manwill** Curly Syndergaard **Gordon Thomas** Skylar Harward Ray Lashley Al Clark Doug Keller Bimbo Cheney JP Carson

Gathering Highlights **Don Edwards Guitar Workshop Jeff Wolf Artist Demonstration Buckaroo & Cutting Horse Clinic** Bill Mackin, Founder of the Cowboy &

Gunfighter Museum in Craig, Colorado Concerts Friday, Saturday &

Sunday Nights (+ Saturday Matinee)

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- Go Carts
- Laser Tag

- Arcade
- · Mini Golf Air Hockey
- Bumper Boats
- Carnival Swing Air Slide
- Kiddie Playground

7

7

7

8

Fri 4:30pm - 9pm Sat 11am - 9pm Call for Private Party



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Upcoming Events for 2009 Feb. 7; My Canyonlands - Kent Frost's Adventurous Life" 7:00 pm Feb 27 & 28: Weaving Workshop with Clotilde Barrett:

Fabric Structures used in Hopi sashes Hours: 9 am - 5 pm. Monday - Sat and 10 am - 3 pm on Sunday. 660 West 400 North Blanding, Utah. Call 435-678-2238 for more information

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February 2009

WabiSabi's Community Sunday Brunch

Celebrate community with your friends and neighbors while enjoying a delicious Sunday brunch. The brunches are free and everyone is invited. No reservations are necessary. 10 am - 1 pm Youth Garden Project, 530 South 400 East. Info, call 435-259-3313.

"You Can't Take It With You", Monticello High School 4,5

Story Telling Festival, Blanding Arts & Events Center 6

7 Fuzzy Lap Warmers want to meet you! Cat adoptions today from 11-1 at Moab Barkery, or call to schedule a meet'n greet today! 258-4862 Sponsored by Humane Society of Moab Valley

A Chocolate Circus! Youth Garden Fundraiser Held at Moab City Gym from 6 - 9 pm Adults \$10 Seniors (60+) & Children (2-14) \$5 \$1 OFF Admission with circus costume.

"Fate of the Lhapa" 7 pm, Moab Arts & Rec Ctr Admission by Donation. Discussion & reception with filmmaker after screening. see article on page 21

"My Canyonlands - Kent Frost's Adventurous Life" New Documentary screening presented by Chris Simon at Edge of the Cedars at 7:00 pm in Blanding. Kent Frost will be on hand to sign copies of his book, My Canyonlands and to celebrate his birthday! FREE event, funding made possible by the Utah Humanities Council

WabiSabi's Community Sunday Brunch

Celebrate community with your friends and neighbors while enjoying a delicious Sunday brunch. The brunches are free and everyone is invited. No reservations are necessary. 10 am - 1 pm Youth Garden Project, 530 South 400 East. Info, call 435-259-3313.

9 Jordan World Circus, Spanish Trail Arena

Salzburger Echo, Monticello High School Aud. Monday evening 7 pm.Presented by Blue Mountain Entertainment and the Utah Arts Council. Tickets available at the door. Families 9 \$22.50. Adults \$9 Students \$4.50.

10 Winter Film Series, Some Like It Hot, Star Hall, Canyonlands Film Society Winter Film Series features comedies. Doors open at 6:30 pm, Film begins at 7:00 pm. Entry by donation.

"Author Talk", by Myléne Dressler, 12 noon Learn about preparation and presentation of that (seemingly spontaneous) author talk. Sponsored by Moab Toastmasters. 11 Zions Bank (downstairs) FREE

13-15 Western Stars Cowboy Poetry Gathering

see article on page 3; call 435-259-6272 for more info. Moab Arts & Recreation Center www.moabwesternstars.com Continuous Daytime entertainment, Don Weller Art Exhibit opens Friday at Overlook Gallery, Cowboy Church, Community Cowboy Dance and special showing of Vaquero Series Documentary Films. Schedule of Events: Friday - Trail Ride from Red Cliffs Lodge, Susan Jensen's Vaquero Film Series begins at 1 pm, Friday Night Cowboy Campfire Concert at the MARC;

Saturday - Acoustic Guitar Workshop with Don Edwards - Jeff Wolf Sculpting demonstration begins at 10 am, BackCountry Horsemen Trail Ride, Dutch Oven Lunch at noon. Marty Robbins Tribute at 2 pm; Suzy Bogguss Concert at 7pm;

Sunday - Buckaroo and Cutting Horse Clinic & Don Edwards Concert

Friday Night Cowboy Campfire Concert, MARC Part of the Moab Western Stars Cowboy Poetry Gathering. Tickets \$10 Concert begins at 7 pm. 111 North 100 East. 13

Dog Adoptions, City Market, 10 am - 12 noon These lil sweethearts won't complain if you forgot to give them chocolate!! Check us out on Myspace! Humane Society of Moab www.myspace.com/moabhumane

14 VALENTINE'S DAY

14

15

14 Suzy Bogguss Concert, GCHS Aud. 7 pm Part of the Moab Western Stars Cowboy Poetry Gathering Tickets \$20. see ad on page 23 for more info.

"Puttin' on the Ritz", Red Cliffs Lodge 14 17th Annual Seekhaven Benefit Dinner/Dance Social 5:30 pm Dinner 7 pm. See article on page 5.

Moab's Red Hot 50K and 33k - Trailrunning event The race is predominately jeep trails starting at the Gemini Bridges trail and utilizing the Metal Masher, Gold Bar, Gold Spike and the Poison Spider trail systems - ending at Poison Spider trail head. Some of the most scenic and challenging trail running in the Moab area! For more information visit www.mas50.com/redhot.

Don Edwards Concert, Star Hall, 7 pm Part of the Moab Western Stars Cowboy Poetry Gathering Tickets \$15. See ad on page 23 for more info.







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Seekhaven's Annual

"Puttin' On The Ritz Saturday, February 14, 2009 **Red Cliffs Lodge**

A Special Evening for a Special Cause!

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DEADLINE for March Events Calendar: FEBRUARY 20, 2009

Listings in the *Moab Happenings* Events Calendar are FREE!! Do you know of an event for the Happenings calendar?? Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

www.moabhappenings.com

Moab Happenings • February 2009 • 5

MORE MOAB AREA EVENTS

February 2009 cont'd 16 PRESIDENT'S DAY

18 8th Annual Rural Business Conference, Blanding

Arts & Events Center, CEU - San Juan Campus 715 West 200 South Blanding. Hosted by Senator Bob Bennett and the Utah Rural Development Council. www.ruralutah.com

19 8th Annual Rural Business Conference, Moab

Held at the Grad Center, 182 North 400 West, Moab. Hosted by Senator Bob Bennett and the Utah Rural Development Council. www.ruralutah.com

19 Thursday Night Movie Night at the Library, 7:00 pm

Film: The Dark Knight. Event is FREE. Everyone is invited. Children under 13 will only be admitted with a parent or guardian. For more info call 259-1111

20,21,22 USTRC Roping,

Spanish Trail Arena

United States Team Roping Championships - see ad on page 12

21 Cat Adoptions, 11 am - 1 pm, Moab Barkery

Seriously, these are some nice kitties and cats!! See our purrrdy pix in the Advertiser. Humane Society of Moab Valley

- 21 5th Annual Community
 Health Fair, Grand Center
 10 am 2 pm. See ad on page 26
- 24 15th Annual SpayDay USA!
 Call 435-259-4862 for info from the
 Humane Society of Moab Valley
- 7th Annual Fat TuesdayWabiSabi FundraiserMardi Gras Fashion ShowBizarre, Moab Brewery

see ad on page 7 and article on page 9 In the spirit of Mardi Gras, the evening promises to be full of visual stimulation, laughter, feasting, extraordinary music, lots of frivolous fun & perhaps a pair fishnet—all in the name of a very good cause. This year's Fashion Show will include one of a kind fashion lines handcrafted by local designers using materials from Wabisabi's thrift stores and other recycled materials. There will be a live auction for the outrageous outfits after the fashion show followed by a dance party hosted by world famous DJ Harry.

Winter Film Series, Yo Jimbo, Held in Star Hall, Canyonlands Film Society Winter Film Series features comedies. Doors open at 6:30 pm, Film begin at 7:00 pm. Entry by donation.

27-28 Swing into Spring Square Dance, Featured Callers: Dan Nordbye (Mesa, AZ) - Pat & Wanda McBride (Grand Junction, CO) - Richard Berry (Cortez, CO) - Helen M. Knight School (168 West 400 North) - For additional information contact Flora at 435-

28 Dog Adoptions, City Market
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Call Humane Society of Moab Valley 259-4862

259-2724.

go to

www.moabhappenings.com
for more event
information all year

2009 Events

January 16-18 Bluff Balloon Festival
Jan 23-24 Letters Project, Theatre
Jan 24 Robert Burns Tribute Concert
Jan 30-31 Letters Project, Theatre

Feb 13-15 Western Stars Cowboy Poetry February 20-22 USTRC Team Roping February 24 Wabi Sabi Fashion Show

March 7-8 Quilting in the Red Rocks Quilt Show March 9 Banff Mountain Film Festival March 14-16 Skinny Tire Festival Canyonlands Half Marathon

April 4-12 Easter Jeep Safari April 17-19 NADAC Dog Agility Competition April 24-26 April Action Car Show NADAC Dog Agility Competition

April 30 - May 3 Moab Photo Symposium Moab Spring Quarter Horse Show May 8-10 NADAC Dog Agility Competition

May 23-24 Moab Arts Festival

June 4-6 Canyonlands PRCA Rodeo
June 6 Moonshadows in Moab

July 4 Moab Independence Day Celebration

August 7 Relay for Life

Sept. 3-19 Moab Music Festival
Sept 18-21 Tribal Sands Belly Dance Festival
Sept 19 Moab Century Tour
Sept 23-27 Skydive Moab Festival
Sept. 24-27 Moab Fall Quarter Horse Show

October 8-10 October 10-11 October 18 Oct 30 - Nov 1 Gem & Mineral Show
24 Hours of Moab
The Other Half
4th Annual Moab Ho-Down
Mtn. Bike Festival
Pumpkin Chuckin Festival

October 31

November 6-8

Moab Folk Festival

December 5-6

Winter Sun Festival

Seekhaven Launches the Moab Clothesline Project

Unveiling at "Puttin' on the Ritz", February 14th, 2009

Seekhaven Family Crisis and Resource Center is launching the Moab Clothesline Project in an effort to increase community communication and awareness about domestic violence and intimate abuse. A display of t-shirts, decorated either with words or art by survivors and family and friends of victims and survivors, will be displayed on a clothesline and unveiled at Seekhaven's annual fundraiser, Puttin' on the Ritz on February 14th.

The Moab project is based on the Clothesline Project that began in 1990 in Cape Cod, MA. Although the original intent of the Clothesline Project was to promote awareness of violence against women, the Moab Project will also include shirts from male survivors of abuse. White shirts will be reserved families and friends to honor victims, those who died due to violent acts. Survivors of abuse and their family and friends are encouraged to create shirts to represent their feelings about their experience(s). T-shirts and art supplies are available at the Seekhaven Resource Center

According to the original group of women who started the Clothesline Project in 1990, the action of creating a shirt and hanging it on the Clothesline "serves many purposes. It acts as an educational tool for those who come to view the Clothesline; it becomes a healing tool for anyone who makes a shirt - by hanging the shirt on the line, survivors, friends and family can literally turn their back on some of that pain of their experience and walk away; finally it allows those who are still suffering in silence to understand that they are not alone."

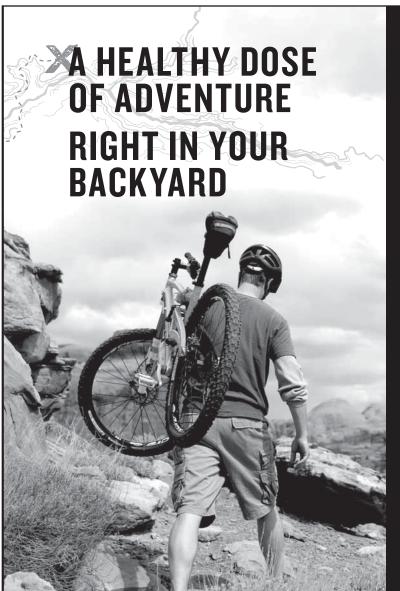
Currently, the National Clothesline Project estimates, "there are 500 projects nationally and internationally with an estimated 50,000 to 60,000 shirts. We know of projects in 41 states and 5 countries. This ever-expanding grassroots network is as far-flung as Tanzania and as close as Orleans, Massachusetts." The closest Clothesline Project to Moab is in Orem, at Utah Valley University with 800 shirts on display at different events throughout the year.

PUTTIN' ON THE RITZ

Seekhaven continues to work toward ending violence with the collaboration and commitment of the community. Attendance at the annual dinner and dance fundraiser is a great way to support efforts such as the Clothesline Project.

Seekhaven plans to unveil the first shirts on the Clothesline at "Puttin' on the Ritz" on February 14th 2009 at Red Cliffs Lodge. Everyone is welcome to attend the annual event. Tickets are \$40 in advance or \$45 at the door. The event is sponsored by Red Cliff's Lodge, Zions Bank, Eastern Utah Credit Union, Zax/ Aarchway Inn. Tickets are available at Arches Book Co., Eastern Utah Credit Union, WabiSabi Thriftique, Zions Bank, and the Seekhaven Resource Center.

For more information regarding the Clothesline Project call Seekhaven 259-2229 or go to www.clotheslineproject.org on the web and be sure to mention you read about it in *Moab Happenings*.



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NATURE HAPPENINGS

La Luz de la Luna

by Damian Fagan

By the light of the Moon, we walk past the long-deserted Wolfe Cabin and cross the barely moving waters of Salt Wash. As we start the ascent to the park's icon, Delicate

Arch, there are few fellow hikers out on this cold February night. Patches of snow adorn the slickrock and are a fleetingly reminder of the winter season. They

and the quiet will soon be gone as the visitor season gets underway. But tonight we are rewarded with the "place to ourselves," an event as rare as a Blue Moon.

Known as "Luna" by the Romans and "Selene" by the Greeks, the Moon has kept its "best face" towards the Earth for millions of years. We track the Moon's progress across the heavens and know its phases like we

Distances used on this

know our neighbor's dogs. That is, pretty well. We go on Full Moon walks or become Moon-struck or howl at the Moon when the feeling is right or when the world feels a bit off kilter. Though thousands of miles physically separate the Moon from the Earth, the Moon is very much a part of the desert landscape.

I wonder what the ancient cultures thought when the Moon would go into a solar or lunar eclipse or where it "hid" during its dark phase. Did they cower in fear or watch in amazement? Mayan astronomers were very connected to celestial events, scheduling activities like war or marriage based upon the positions of the stars and planets. The Ancestral Puebloans were aware of solstice days and seasonal changes based upon the stars overhead. It would be interesting to chat with these ancient astronomers and

understand their view of how the heavens changed.

And what would these early stargazers say if we told them that one day humans would go walkabout on

the Moon? Would they think us crazy or would they say, "That's all?" Only fifty years ago the first Moon landing occurred when an unmanned Russian spacecraft, Luna 2, plowed into the lunar surface. Ten years later, the first manned spacecraft, the Apollo 11, landed on the Moon on July 20, 1969. Setting down their lunar module in Mare Tranquillitatis, the Sea of Tranquility, Neil Armstrong made his famous declaration, "That's one small step for man, one giant

step for mankind." He and his crewmate "Buzz" Aldrin planted an American flag and a plague that read, "Here men from the planet earth first set foot upon the moon, July 1969 A.D. We came in peace for all

this period will be more impressive to mankind, or more important for the long-range exploration of space; and none will be so difficult or expensive to accomplish." One for the ages. Although I am all for space exploration, what naturalist wouldn't be excited about yet undiscovered things, I am also content to just sit and watch the Moon glide by.



But not everyone is. Some people suffer from a malady called "Moon madness" or more technically, selenophobia.

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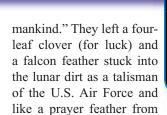
Suffers have a chronic and irrational fear to how the Moon will effect their lives. They are not "lunatics," that's another degeneration once thought induced by the phases of the Moon.

Selenophobiacs are driven to anxiety and have an uncontrollable fear of the night sky. Fortunately, I do not suffer from "fear of Selene."

If I were, I'd miss some great upcoming lunar events. In February, there will be a penumbral lunar eclipse on the 9th that will be visible, in part, across the western U.S. There will also be a Blue

Moon, the second of two full moons in one month, on New Year's Eve. I'm sure there will be some Lunar Madness that night, but not caused by any phobias. And if you're worried about a month without a full moon, you'll have a few years to get over this fear. The next time this will occur will be February 2018.

So if you do decide to enjoy a night hike by la luz de la Luna, remember to pack a flashlight, just in case. Clouds are also very much a part of the desert landscape.



the Ancient Ones. Of course, 15 percent of the American people polled during this time believed that the entire landing had been staged in a Hollywood warehouse. Skepticism two thousand years old.

Landing on the Moon must have been a feat comparable to Captain James Cook finding Australia or Columbus reaching the New World. The shear magnitude of the event must have been difficult for people to comprehend. President John F. Kennedy said in 1961, "No single space project in

MILEAGES TO MOAB

chart are based on main numbered routes from point to point. Shorter distances may be available using different routes 367 329 355 608 398 359 353 487 218 389 535 407 Albuquerque, New Mexico 249 396 444 430 415 291 419 416 587 805 | 278 382 362 307 324 376 335 456 449 548 730 575 31 Arches National Park 116 171 168 447 722 81 | 107 | 361 62 80 244 119 29 356 165 | 142 | 499 | 325 110 49 149 134 5 Blanding, Utah 26 | 279 | 113 | 58 | 74 99 52 77 47 47 329 81 158 83 111 446 130 | 56 322 242 196 130 45 90 87 | 358 | 630 74 | 22 199 393 192 Bluff, Utah 301 | 139 | 84 | 100 | 180 | 82 152 30 | 296 | 220 | 222 | 152 | 35 | 110 | 107 | 332 | 604 | 125 | 26 355 107 26 137 477 103 48 51 65 74 173 367 214 343 296 Bryce Canyon National Park 608 361 279 301 310 347 353 100 361 418 553 406 331 219 159 308 221 320 282 192 205 477 390 | 323 | 356 | 301 | 277 | 232 | 327 | 151 | 378 | 280 | 324 | 86 Canyonlands National Park | 398 | 31 | 113 | 139 | 310 | 109 86 275 151 2 377 196 | 169 | 435 | 359 | 142 | 80 | 158 | 203 | 200 | 478 | 750 | 180 | 165 | 36 | 91 | 190 | 150 | 89 | 316 | 506 | 142 | 362 | 435 Canyonlands N.P. 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Zion National Park | 575 | 404 | 322 | 296 | 86 | 435 | 390 | 396 | 217 | 404 | 433 | 764 | 413 | 277 | 127 | 297 | 493 | 241 | 331 | 400 | 397 | 121 | 393 | 433 | 270 | 294 | 344 | 245 | 363 | 370 | 119 | 382 | 281 | 306 |



ASTROLOGY HAPPENINGS

Your Monthly Horoscope - February 2009

Jan. 21 - Feb. 18 **Aquarius:** Happy Birthday Water Bearer! All of the planets are centered this month on you having one of the brightest Februarys for sometime. A tug-o-war continues this month over finances with some relief coming on the 16th. Break a bad habit on the 20th. Write down your

best ideas on the 23rd. Plan or have a party on the 25th to finish out this glorious month.



Pisces: Time to put the feet up and take a breather to recharge the batteries this month. Friends could be a source of romance until the 10th. You'll attract an admirer during that time. Your tugo-war continues over your personal freedom and your obligations. You get some good input about this on the 16th.

Life takes a lighter turn for you after the 21st, so enjoy the quiet respite until then.



Mar. 21 - Apr. 20 Aries: Your friends keep your life filled with laughter and fun this month, especially around the 16^{th} and 17^{th} . A health or job issue continues to plague your thinking. Look for some relief around the 16th in this regard. You will find yourself covering new ground in your career, which is a pleasant

change from last month's drudgery. You'll probably feel like taking some down or alone time after the 21st, so pamper yourself if you can.



Taurus: Your career sector is totally a glow this month. You can expect the good news you waited for all last month to come through. Your love life and your friends are still at odds with each other this month. Some of the pressure is relieved around the 16th and 17th. Career ideas flow like manna

on the 23rd. Those around you will think you a Guru for it. After the 21st spend more time with your friends. You will have a ball.



Gemini: You score major points with your church group this month and if not there, then in the halls of academia. If you were planning on taking a major trip, this is the BIG month to do it. The push me-pull me continues between job and home this month. You may gain insight on how to

balance your time better on the 16th. After the 21st, your career sector has your full attention during the day, but a new friend could turn romantic at night, filling up your schedule.



Cancer: Joint resources and matters akin take your time this month. It's all good news and likely to remain so for the rest of the year. Nothing like extra resources at times like these, still, a word to the



wise about speaking out of turn, or too much. This theme continues this month. You catch a break around the 16th to let some of the good news out. After the 21st, your focus is on higher matters and you might consider deepening your education at some thing you like. Have an especially fun filled day on the 23rd.

July 23 - Aug. 24



Leo: When it comes to matters of partnership, either married or business, this is going to be a big WOW month for you. Aspects support these activities all month long in this regard, so don't get caught sitting on your seatbelt. Money

issues are the only rub, but help is on the way come the 16th and 17th and after the 21st. The big thing this month is to show those who matter the most in your life how much you appreciate them.

Aug. 24 - Sept. 22



Virgo: You continue to feel the weight of partnership obligations this month. You may be asking yourself why you should be carrying all of the load while others don't contribute that much. You catch a break from this around the 16th

and 17th when conditions lighten for a couple of days. Your job seems to be bringing you your greatest joy this month. You are really racking up the accolades in the work place. After the 21st matters of joint money have your attention. It's good news though and that should please you.

Sep. 23 - Oct. 23

Libra: Others will envy your love life this month. You'll have the eyes, ears and hearts of many suitors. A lucky financial break could find you around the 16th and 17th so take the risk. If you're romantically taken a major creative project gets the light this month instead.

Your mental abilities are super enhanced on the 23rd, take advantage of the energies that day. Plan a little get together with friends on the 25th.



Scorpio: Home is where the heart is and this month is just unreal in this regard. You'll be making plans for home improvements and redecorating that will take all year to complete. And being who you are, your home is going to reflect your inner you like never before. Time

constraints still remain a rub with your friends this month. So, take time for them around the 16th and 17th, as they will appreciate it. Your love life gets a needed shot in the arm after the 21st, so be out and about to take advantage of the situation.



Sagittarius: Think about this. Something you say or write is going to have some far reaching effects this month. Are you prepared to accept responsibility for your words? This is a good thing, so think it through. The weight of your career still is impeding on your home life. Take the

We would like to wish you peace, love and prosperity in the coming year. Look for our reopening in February Local Friendlu 77 North Main Street 259-1121 Earth Spirit

time you need for family around the 16th and 17th. After the 21st this situation gets a needed rest. The 23rd is a Big Brain Day for you. Write down whose ideas. Tell someone how much you care about them on the 25th and just blow them out of the water.

Dec. 22 - Jan. 20

Capricorn: Happy Money Month! It's just really good news for you this month. The cash flows in and you actually get to keep some of it. Flag the 16th and the 17th as well, for some financial gains. Make money plans on the 20th. After the 21st the Sun makes a move to open you to further

By Rob Wells

gains in the communications department. Seems life is pushing you to learn new skills in this area and you get a test, then a grade at the end of the month. Relax. It's all good news.



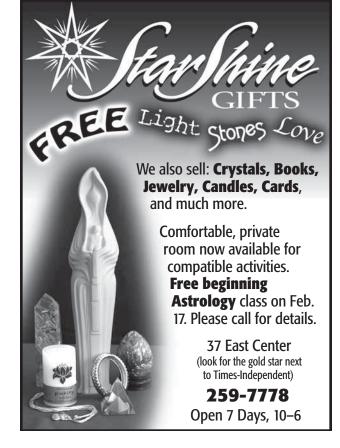
Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in SLC, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life. Let me help you with your choices in life." Prices start at \$25.00. Call for an appointment, 259-7116.

Richards Photography



families and individual portraits weddings • events • baby pictures senior portraits

Penny Richards (435) 259-8002



NON-PROFIT HAPPENINGS

It just appeared! No one knew where it came from or when it arrived! Alien for this place! There were 10 sets of tracks plus a creature with 4 legs in the sand bar! All leading in different directions from the mooring! Each had their agenda when they hit the ground.

An old timer (who you would think had invented dirt) happened upon the marooned vessel and took note of its sinister nature. Its presence had no place here! And how did it get here? Ed looked long & hard at it, then shook his head and walked away! Mumbling, "What the hell is this world coming to?"

It quickly became the hottest topic in town! Rumor had it that a farmer that grew crops & hops stumbled by, as they were perusing the contents of the cargo.

They called Maxo in, an ex-Marine that was Sheriff with a shadowy past to lead the investigation. Jeff (the farmer) offered to identify the contents of the 3 full barrels

of fluid left and would get back w the authorities at his earliest convenience to convey his finding!

Along with the kegs a tattered journal was found subject to water stains and scribbling. They deciphered that the members aboard were all recruited by a Charismatic thin blade of a man from a New Orleans dive bar on a voyage that would take them to new promised lands! They knew their fate was subject to intervention but chose to proceed with caution thrown to the whims of the waves!

The trip was magical! Minimal storm or setbacks!

Morphine the four-legged creature typically stood at the bow observing the horizon and when inclement weather or turmoil appeared he was the first one to seek refuse in the bowels of the ship!

The investigation identified that 10 members had slipped into the shadows of the already over ran hovel of Moab, full of Roughnecks, Prospectors, opportunists and the likes of Charlie Steen.

To commemorate their voyage, an annual celebration on Fat Tuesday during Mardi Gras has occurred for the past 6 years. This 7th year honors those entities of New Orleans that have infiltrated this culture and has surfaced to entertain you in the best way they know how! They will endear you to the refugees of that miraculous voyage from New Orleans to Moab down the Gulf of Mexico across the Panama Canal up the West Coast into the mouth of the Colo River and mooring on a sand bar in Moab. Only to disperse themselves into an already eclectic community!

Come celebrate with us as we embrace the "Subcultures of Moab" and how those 10 beings influenced our worlds! The farmer may even be serving some of what he learned from the spoils of the kegs.

Come to WabiSabi's Mardi Gras Celebration 2.2

Founded to support local nonprofits, WabiSabi has evolved into a community hub. WabiSabi a nonprofit thrift store based in Moab, Utah, provides educational outreach and financial contributions that enable community organizations and individuals to improve and sustain the environment, support youth development, increase quality of life for all species, and enrich our community through expanded art opportunities and increased cultural awareness.

WabiSabi's name comes from a Japanese term that speaks of the beauty of imperfection. It reminds us that new is not necessarily nicer. Cracks, chips and worn spots are signs of life that reveal a rich history - a history touched by life. With this in mind, WabiSabi was chosen as a fitting name for an organization with two thrift stores that sell used merchandise. The WabiSabi Thriftique, located at 350 South 400 East, is not your typical thrift store. It features only the best in used quality clothing, collectibles, books, sportswear and camping equipment. The WabiSabi Warehouse, located at 145 West 200 South, has a large retail selection of reduced price clothing, furniture, housewares, children's items and building materials.

These thrift shops offer the community a way to recycle materials that could potentially be deposited in the landfill. WabiSabi provides a positive answer to the question of where and how to discard old or unwanted material items. WabiSabi would like to see 100% of the materials donated to their stores either sold, given away to other community organizations that are in need of the item(s), or recycled so WabiSabi continues to create new ways to keep materials out of the landfill. This includes free workshops that promote and teach alternative uses for discarded items. Past Workshops have included making braided rugs from rags, recycled Holiday gifts and composting.

In addition to promoting recycling, individuals who donate to WabiSabi are supporting community nonprofits. WabiSabi distributes financial awards to local nonprofits from the funds generated at the two stores. When individuals donate items or make a purchase they are asked to vote for one of WabiSabi's Sponsored Nonprofit Partners. All of the nonprofit partners receive financial awards twice a year but the number of votes for that nonprofit partner determines the amount. The more votes a nonprofit gets the bigger financial award it will get.

WabiSabi supports many other nonprofits as well. Each store has a nonprofit information center with brochures, handouts, and flyers from local nonprofits. Nonprofit organizations can receive materials from the WabiSabi Warehouse that may be needed for their clients, fundraisers, or for day to day use.

All of these programs would not be possible if it was not for the incredible support WabiSabi receives from the community. WabiSabi relies on hundreds of volunteers that serve each year, helping to run the thrift stores, sort donations, and plan special events and fundraisers. Volunteers of any skill level are always welcome.

Do you know of a non-profit that would like to be featured in Moab Happenings? Call Theresa at 259-8431

Check Out WabiSabi's Sponsored Nonprofit Partners

Arches Education Center

http://gfhed.com/archeseducation/index.html Arches Education Center empowers individuals to become self-sufficient, with the skills necessary for future employment and personal success.

BEACON After School Adventure Program

www.moabbeacon.net

This provides a safe place for students (K-8 grades) to access homework help/tutoring, as well as engage in educational, enhancing and stimulating arts & recreational ac-

Canyonlands Community Recycling Center

Open 8am to 4pm Monday-Saturday, the recycling center offers recycling of: aluminum cans, glass, corrugated cardboard, office paper, steel (tin) cans; #1 through #7 plastics; and newspapers.

Canyonlands Film Society

www.canyonfilm.com

Our mission is to enrich our community by providing meaningful and diverse films.

Confluence

A Celebration of Reading and Writing in Moab

http://www.moabconfluence.org

Confluence is a celebration of reading and writing in the West. Confluence started the Moab Reads program and also holds an annual Intensive Writing Workshop and weekend literary event each October.

Friends of the Club Red Moab Teen Center

Club Red is not only a great drop-in facility providing a safe, supervised place for Moab Teens, and coordinates teen-focused events with other local nonprofits and businesses.



Humane Society of Moab Valley (HSMV)

http://www.moabpets.org

HSMV is 90% volunteer run and operates a no-kill foster program where every adoptable animal finds a new, loving home.

KZMU Moab Community Radio

http://www.kzmu.org

KZMU is Utah's only all-volunteer air crew radio station served by 85 DJ's and 4 part-time staff.

Living Rivers & Colorado Riverkeeper

www.livingrivers.org

Living Rivers employs grassroots organizing, media outreach, litigation, research and campaigns that promote large-scale river restoration, habitat preservation and water user responsibility both locally and regionally.

Moab Eats

Moab Eats prepares locally grown, organic meals to promote sustainability and individual health. We teach the many benefits of local food production and organic farming: Benefits to economy, environment, community, and personal health.

Moab Free Walk-In Health Clinic

This Clinic (is a nonprofit organization established to ensure that all members of the Moab community are able to access health care. The Clinic operates with allvolunteer medical personnel.

Moab Taiko Dan

435-259-8892 (message line is checked regularly) Moab Taiko Dan is a group of diverse individuals who join together to drum. Drumming styles include traditional Taiko, multi-cultural rhythms and original composition.

Moab Valley Multicultural Center

http://moabvalleymulticulturalcenter.org

We provide outreach, education, advocacy, language translation and interpretation services and referrals to other agencies and services.

Native American Club

Sponsored by the Grand County High School, the Native American Club encourages club members to preserve their cultural heritage as they learn to contribute and interact with their community and school.

Red Rock Forests

www.redrockforests.org

Red Rock Forests strives to protect the sky-island mountains and plateaus of southeastern Utah. emphasizing the La Sal Mountains, Abajo Mountains, and Elk Ridge. We recognize the vital ecological role these ranges play in sustaining Utah's desert wildlife and waterways.

Seekhaven Family Crisis & Resource Center 435-259-2229

Seekhaven is a non-profit addressing domestic violence and homelessness within Grand and San Juan Counties. Seekhaven offers shelter for victims of domestic violence and homelessness. Shelter and resources available 24/7.

Youth Garden Project

www.youthgardenproject.org

The Youth Garden is a non-profit that provides experiential education programs to Grand County youth and to the greater community through organic gardening and community service projects.

VISITOR SERVICES DIRECTORY

MOAB, UTAH, located in southeastern Utah has become a mecca for the adventurous. Moab was first settled in 1855 by Mormons who quickly abandoned their remote outpost because of conflict with the area's Native American population. It was resettled in 1876. Moab and its people have carved an existence as changing as the eroded desert around it. Moab has served as a river-irrigated fruit growing center, a dock for ill-fated steam powered paddle boats on the Colorado River, and in the 1950's, a uranium boom town. In the 1980's the uranium market fell and Moab was forced to look to other means of economic income. Some locals decided to build a bicycle shop, rent bicycles, and offer guided tours. Tourism became a significant part of Moab's economy.

ARCHES NATIONAL PARK: Located 5 miles north of Moab, Arches National Park features the world's largest concentration of natural stone arches. There are over 2,000 arches, along with other unusual formations found throughout 74,500 acres of National Park land. Landscape Arch is the park's longest arch at 306 feet. Arches is open year-round. An entrance fee is charged to enter the park. Peak visitation occurs from March through October. The colder weather months, when snow occasionally blankets the red rocks and crowds are small, are great times to visit.

The Devils Garden Campground at Arches is 18 miles from the park entrance. The fee for individual sites is \$20 per night. Advance reservations for camping can be made by contacting the National Recreation Reservation System at 1-877-444-6777 or www. ReserveUSA.com. Sites may only be reserved for the nights of March 1st through October 31st.

If you do not have a reservation and would like to camp in the campground, you must pre-register for campsites at the visitor center between 7:30 and 8 a.m., or at the entrance fee station after 8 a.m. These individual sites are on a first-come, first-served basis. The Arches campground fills daily, sometimes by early to mid-morning.

The popular Delicate Arch is a 3-mile round-trip hike that begins and ends at Wolfe Ranch. The Fiery Furnace area requires an additional fee. Ranger-guided hikes are available, or permits may be obtained to hike on your own.

CANYONLANDS NATIONAL PARK: Moab is located in the heart of Canyonlands. The Green & Colorado Rivers divide Canyonlands National Park into three sections. The Island in the Sky section is 35 miles north of Moab. The Needles section is 80 miles south of Moab, and the Maze section is approximately 140 miles to the southwest of Moab. All sections of the park are open year-round.

DEAD HORSE POINT STATE PARK: Dead Horse Point State Park is located 30 miles north of Moab. Perhaps Utah's most spectacular state park, Dead Horse Point towers 2,000 feet above the Colorado River - providing a breathtaking panorama of the pinnacles and buttes of Canyonlands. There is a visitor center at the park with interpretive exhibits, rest rooms, and a 21-unit campground.

Visitor Centers

Moab Information Center

Main & Center Street, downtown Moab

Hours: Open Every Day - 9:00 am - 5:00 pm

Hours listed below may change seasonally. Please call ahead for availability.

Arches National Park

5 miles north of Moab • - (435) 719-2299 Visitor center open 8:00 a.m. to 4:30 p.m. daily http://www.nps.gov/arch/ Camping Available

Blanding Visitor Center

12 North Grayson Pkwy On the north end of Blanding, Utah (435) 678-3662

Canyonlands National Park

Park Information (435) 719-2313 www.nps.gov/cany

Island in the Sky District 35 miles paved road from Moab.

(435) 259-4712 • Open 9:00 a.m.- 4:30 p.m. daily Visitor Center located two miles inside park.

Camping - call for information

Needles District

50 miles from Monticello, 80 miles from Moab (435) 259-4711 • Open 9:00 a.m.- 4:30 p.m. daily Visitor center located 3 miles inside park boundary. Camping - call for information

Maze District

140 miles from Moab via Green River Ranger station at Hans Flat - (435) 259-2652 Open daily 8:00 a.m.- 4:30 p.m.

Dead Horse Point State Park

32 miles northwest of Moab on paved roads via US 191 & State Hwy 313.
Visitor Center open 8 a.m.-5 p.m. daily.
(435) 259-2614

Campground open: Some sites require reservations.
Some are first-come, first-serve.
State Park campground reservations,
call toll-free 1-800-322-3770

Edge of the Cedars State Park

(435) 678-2238 660 West 400 North • Blanding, UT 84511 Hours: 9am to 5pm

Green River Visitor Center

South entrance of Green River, Utah Located in the John Wesley Powell River History Museum Open every day 8:00 am to 5:00 pm

San Juan County Multi AgencyVisitor Center Inside Frontier Museum

Corner Hwy 191 & 200 South, Monticello, Utah

(435) 587-3401
Open 10:00 am to 4 p.m. Monday - Saturday

Closed Sundays and Holidays **Blanding Visitor Center**

12 North Grayson Pkwy. On the north end of Blanding, Utah

LA SAL MOUNTAINS: The La Sal Mountains grace the southeast view of Moab. The second highest range in Utah, these alpine mountains offer excellent opportunities for hiking, camping, cycling, mountain climbing, cross country and hut-to-hut skiing, fishing, ATV riding, and are a perfect place to escape the summer heat. The La Sals also serve as the beautiful backdrop for Arches and Canyonlands National Parks. Campsites are available at Oowah Lake and Warner Lake on a first-come, first-served basis

SLICKROCK BIKE TRAIL: The Slickrock Bike Trail has become very popular in recent years, and is known worldwide. The loop is 10.3 miles of wild ride with the route marked by slashes of paint on raw rock. First-timers should try the 1.7-mile practice loop - a good ride in its own right. The Slickrock Bike Trail is physically and technically challenging, but the giant vistas and the

thrill of the ride are worth the effort. The Slickrock Bike Trail is located in the Sand Flats Recreation Area and managed through a unique partnership between Grand County and the BLM. Trail maps are available at the entrance and a day-use fee is charged.

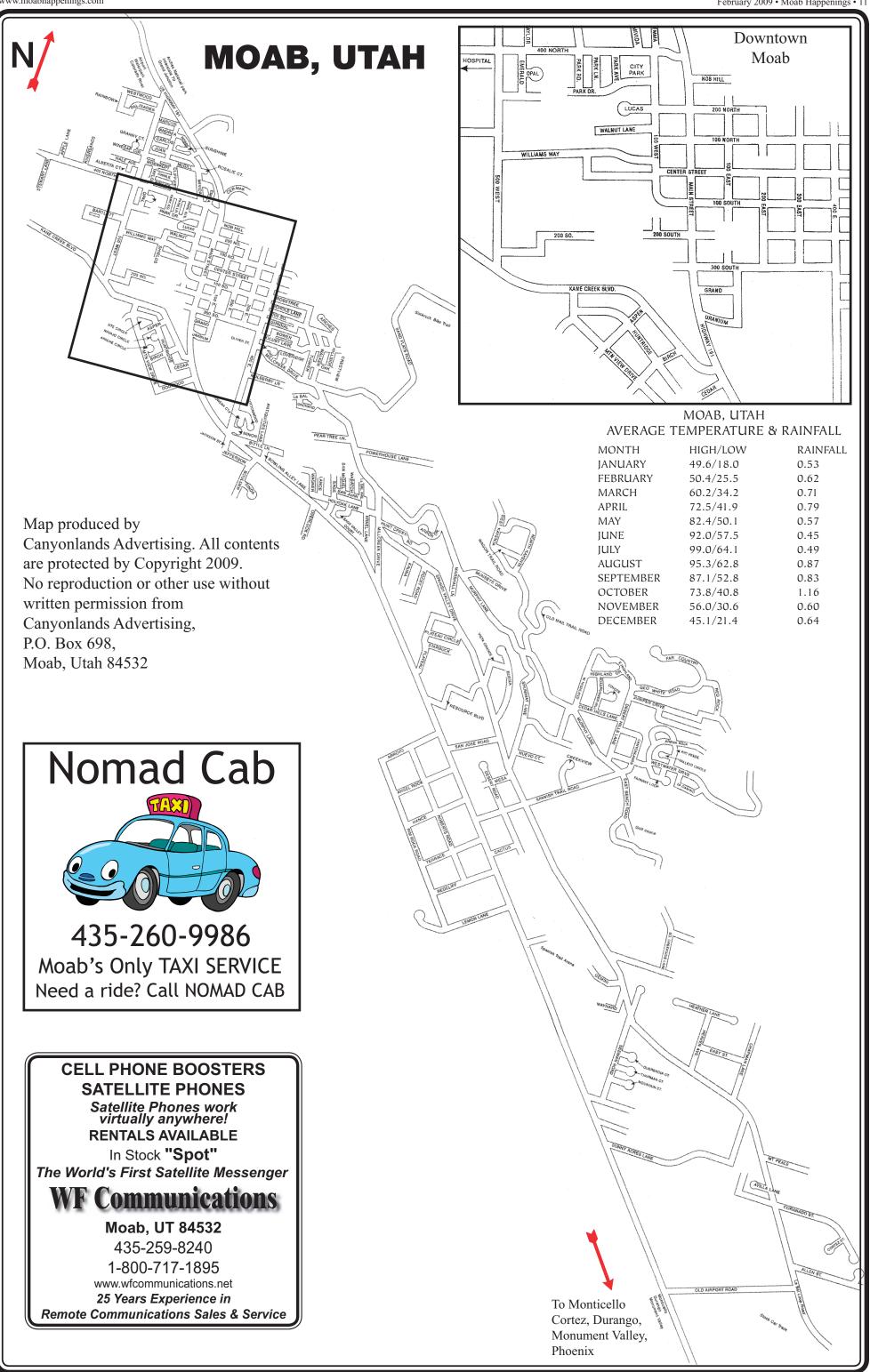
COLORADO RIVER: The Colorado River is located 2 miles north of Moab. The river cuts through a red rock gorge with incomparable vistas, meandering along in some sections, rushing boldly in others. Whitewater rafting, kayaking, canoeing, and jet boat tours abound. The drive along the Colorado River - Scenic Byway 128 and Scenic Byway 279 - offer incredible views, petroglyphs, dinosaur tracks, arches, famous movie locations, red rock spires, and rock towers that loom 1,500 feet above the valley floor.



Moab Church Services

Assembly of God • 1202 South Boulder Avenue	259-7747
Bahái Faith • call for information 435-650-5778 or 435	5-259-7533
Church of Christ • 456 Emma Boulevard	259-6690
Church of Jesus Christ of Latter-Day Saints Moab Stake • 701 Locust Lane First & Second Wards • 475 West 400 North Third, Fourth & Fifth Wards • 701 Locust Lane	259-7491 259-5566 259-5567
Community Church of Moab • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis • 250 South Kane Creek Blvd • P.O. Box 96	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Grace Evangelical Lutheran Church • 360 West 400 North	259-5017
Jehovah's Witnesses • 25 West Dogwood	259-8166
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
River of Life Christian Fellowship • 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist • 4581 So Spanish Valley Drive	259-5545
Friends (Quakers) Meeting for Worship, 10am Sundays Location: Seekhaven, 81 N 300 East	259-8664

www.moabhappenings.com





USTRC National and Regional Shoot-Outs awarded in the Average of each division. Roper Outerwear US Open Tour Points awarded in Average of the Open.

FORMAT #2 Cash Only

Open Pick/Draw w/#15 Incentive: Entry fee: \$200/roper. Enter 1 time; pick 1, draw 1. Must be at least #6 header or #8 heeler to enter. 5-steer/ Progressive after 2.

#15 Handicap:

Entry fee: \$100/roper; Enter 3 times. 5-steer/Progressive after 1. #14 team -2 sec. off; #13 & under team - 4 sec. off

#13, #12, #11 #10, #9

(#9 & #9 Incentive capped at #5): Entry fee: \$100/roper. Enter 3 times, any combination of Incentive or Non-Incentive. 4-steer/Progressive after 1

Gold Plus #12 with #10 Incentive: Gold Plus members 21 years and over only. Entry fee: \$100/roper; Enter 3 times, any combination of Incentive or Non-Incentive. 4-steer/Progressive after 1.

#8 Pick/Draw, capped at a #4: Enter one time only. Pick 1, draw 2, or draw all 3. 3-steer/Progressive after 1. #7 team - 2 sec off, #6 & under - 3 sec. off. Entry fee: \$150/roper. No Incentive. Top 30 teams to the short round. National Shoot-Outs guaranteed to top 5 places in Average.

For complete format information refer to the 2009 USTRC Formats at the back of SuperLooper or the USTRC Rule Book.

This is an ON-SITE ENTRY event. GOLD PLUS MEMBERS MAY PRE-ENTER.

All other entries will be taken at the event. Books will open a minimum of two hours before the start of each roping, and will close one hour before the start of each roping. Rotations after 150 teams.

2009 USTRC MEMBERSHIP REQUIRED BEFORE YOU ROPE, AND MAY BE PURCHASED AT THIS EVENT.

CANYON

CHAMPIONSHIPS Spanish Trail Arena Moab, Utah

February 20 - 22

FRIDAY February 20, 10 A.M. February 21, 9 A.M. February 22, 9 A.M.

Open Pick/Draw (with #15 Inc.) #15 Handicap #13 (with #12 Inc.) Gold Plus #12 (with #10 Inc.) Books for Gold Plus will not close before 4:30 P.M. Roping will not

start before 5 P.M.

SATURDAY

#12 (with #11 Inc.) #11 (with #10 Inc.) #10 (with #9 Inc.)

SUNDAY

#9 (with #8 Inc.) #8 Pick/Draw for beginner & novice ropers only #8 Pick/Draw books close at 10:30 A.M.

Junior Looper Roping • Saturday, 12 noon • Buckles to winners 5 & under, 6 - 7, 8 - 9 & 10 - 12

8 Trophy Martin Saddles

Average winners of the #12, #11, #10 & #9

10 Trophy Gist Buckles

- Averge winners & Incentive Average winners of the Gold Plus
- 1st through 3rd place Average winners of the #8 Pick/Draw

10 Trophy Saddle Pads

Incentive Average winners of the #13, #12, #11, #10 & #9

4 Pairs Trophy Gist Spurs

Average winners of the #15 & #13

Red Stone Inn • 800-772-1972 or 435/259-3500 535 South Main. Rate: \$45.95 + tax, 1 or 2 persons

Big Horn Lodge • 800-325-6171 or 435/259-6171 550 South Main. Rate: \$49.95 + tax, 1 or 2 persons

Moab Valley Inn • 800-831-6622 or 435/259-4419

711 South Main. Rate: \$69.95 + tax, indoor/outdoor pool & hot tub, free continental breakfast, guest laundry, suites available. wwwmoabvalleyinn.com

All hotels subject to drastic rate increase and release of rooms two weeks prior to event. Make reservations early.

DIRECTIONS: From Moab, three miles south on Hwy. 191. Spanish Trails Arena, 3500 S. Hwy. 191, Moab, UT 84532

PRODUCED BY: Load 'em in the Dark Cattle Co.

STALLS: First-come, first-served basis. Stall Reservations accepted from GOLD PLUS members only. Reservations must be made no later than 7 days prior to the event. Call your Gold Plus representative, Shawn Vargas.

For more information call: Chris Freed at 208/251-3170, Ben Tibbits at 208/681-2268, Bill Jones at 208/251-4085 or the USTRC office at 254/968-0002



375 South Main
(In Front of of City Market) **Moab, Utah 84532** (435) 259-8431



Credit Cards

Accepted





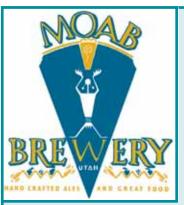


www.moabhappenings.com



RESTAURANT GUIDE





Moab's ONLY ON-SITE

Microbrewery & Restaurant

State Liquor Licensee
Orders To Go
Beer To Go
PATIO SEATING
KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM 686 South Main • 259-6333 (McDonald's is next to us)







Utah's Liquor Laws...or "You must be kidding, I can't do what?"

The Utah State Liquor Store is the only location to purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South. Hours:

11-9 May 1-Oct 31 (11-7 Nov 1-April 30).

In addition, wine only is available at two local wineries - Castle CreekWinery located at Red Cliffs Resort on Hwy 128 (259-2002) and Spanish Valley Vineyards & Winery located at the southwest corner of Stocks Drive and Zimmerman Lane (259-8134).

Beer (3.2% alcohol content) for takeout can be purchased at food stores and convenience stores for off-premise consumption only. On-premise

(you can drink it here) is available at various licensed locations. Taverns, golf courses, bowling alleys and also restaurant locations that

also restaurant locations that have the required beer license. Restaurants may also be licensed to serve mixed drinks and wine by the glass, provided that they meet the state food requirements. You may become as confused as most of the

people who wrote the laws in some restaurants. To satisfy the variety of demands of the public, many locations will have two or more licenses. You may be sitting at a "beer" bar and see the bartender mixing a mixed drink. If you try to order one, you will be told that you have to go into the "restaurant," which may be less than 10 feet away.

The last category of license is the "Private Club" -membership establishments - but don't let this keep you from

stopping in to have a drink because private clubs are easily accessible to nonmembers. When you enter the club you can pay a minimal fee to either join the club or to receive a visitor card which is valid for three weeks

of visits. Moab has four private clubs... C1 u b Rio located at the Rio Sports Bar & Grill on West Center Street, Frankie D's Bar & Grill at 44 West 200 North, World Famous Woody's Tavern at 221 South Main and Zax Restaurant on Main and 100 South.

Last, but not least, Utah law forbids open containers of alcohol in the passenger compartment of motor vehicles. Driving under the influence of alcohol or drugs is a serious crime and is prosecuted aggressively in Utah.





540 South Main • Moab, Utah • (435) 259-4848

Next to BigHorn Lodge. Open 7 days a week,
featuring steaks, prime rib, hamburgers, and a
full breakfast menu. Prompt coffee shop service.

State Liquor Licensee

Moab's Finest Family Dining Complete catering services available.



Karacke - Come in and Strut your Stuff!
Starting at 9:00pm

1 Block West of Main on Center Street

PRIVATE CLUB FOR MEMBERS • VISITORS WELCOME

259-6666 • OPEN EVERYDAY at 3pm







RESTAURANT GUIDE









RESTAURANT





Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)

Dinner - Closed for season.

Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Call for information about private parties & special events.

Branding Iron Bar & Grill

2971 South Highway 191 259-6275 Dinner at 5pm

Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Broken Oar

53 West 400 North

Come relax on our deck or by our stone fireplace. Our menu includes steaks, seafood, salads, wraps, burgers and ribs. Home of the sweet potato fries. Beer and Wine served. Open for group parties. Call for Reservations. Opening with regular hours on March 4th.

Buck's Grill House

259-5201 1393 North Highway 191 Dinner

259-3127

Don't let this out-of-the-way restaurant's campy name fool you. Notable starters include duck tamales. An ample entree selection includes Southwestern dishes, steaks, game, pasta and great American dishes such as Tim's famous buffalo meatloaf. CLOSED FOR THE SEASON

Burger King

606 South Main 259-2700

A Place to Celebrate Life with great food and friends

OPFN

at 4 PM

in a beautiful and relaxed atmosphere!

Eat Well, Have Fun and Welcome to

5 Years Best Restaurant in Southern Utah 6 Years Zagat Award of Excellence

Secluded Courtyard for Outdoor Dining

Fresh Seafood • Black Angus Beef • Free Range Chicken Innovative Vegetarian Fare • Locally Grown Organic Produce

Chefs/Owners: Paul and Zee McCarroll

60 North 100 West Moab, Utah

OPEN

CLOSED TUESDAY For Reservations: 259-4295

State Liquor Licensee



Cassano's Italian Restaurant

11 East 100 North 259-6018

Open 3 pm - 6 pm, closed Monday & Tuesday Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. BEGINNING FEBRUARY 16-**OPEN EVERYDAY 3:00 - CLOSE**

Center Cafe

60 North 100 West Open Daily at 4 pm. **Dinner 5:30 to close.**

Tapas - Small Bites & Shared Plates 4:00-6:00 pm. Aplace to celebrate life with great food and friends in a beautiful and relaxed atmosphere! Paul & Zee McCarroll, chef/owners, prepare a seasonal menu of Grilled Meats, Fresh Fish, Pasta & Vegetarian Dishes, Fresh Breads and Exquisite Desserts. Closed Tuesdays. Re-opening February 5.

Denny's

989 North Highway 191 259-8839

Breakfast • Lunch • Dinner MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. ask about "Kids eat Free" Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME.

Desert Bistro

1266 N Hwy 191 at Moab Springs Ranch 259-0756

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining. Closed for season.





Domino's

812 South Main 259-0101

Eddie McStiff's Restaurant & Brew Pub

57 South Main Street

Lunch • 11:30 a.m. Daily Dinner • 4:30 p.m. Nightly

12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main Street Hotels

EklectiCafe

352 North Main Street

259-6896

Breakfast • Lunch

Fri. Sat. & Mon. 7:30 a.m. - 2:00 p.m. Sun. Breakfast 7:30 a.m. - 1:00 p.m.

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana

202 South Main Street 259-4366

Frankie D's Bar & Grill

44 West 200 North 259-2654

The Good Place 350 S. 400 E.

259-4RAW

Hogi - Yogi

396 South Main (next to Teriyaki Stix) 259-2656 Lunch • Dinner Open Daily

Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

Jailhouse Cafe

101 North Main Street

259-3900

Breakfast Moab's Breakfast Place located in Grand County's historic

first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts. Closed for season.

KaleidoScoops

26 West Center 259-3677

Closed for season.

La Hacienda

574 North Main

259-6319

Lunch • Dinner - OPEN 11:00 am DAILY CELEBRATING 28 YEARS! Superior Mexican specialities with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee. Closed Sundays.

Leger's Sandwiches

817 So Main (inside the Moab Chevron) Deli Open 6am-3pm

259-2212

Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

Love Muffin Café

139 North Main

Breakfast and Lunch Open everyday at 7:30am-2:00pm Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

McDonald's

259-8800 640 South Main

Miguel's Baja Grill

51 North Main Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat. Re-opening February 14.

For more information about these restaurants pick up a "Moab Menu





GUIDE P











Milt's Stop & Eat

400 East and Millcreek Drive 259-7424 Lunch • Dinner

Atrue Moab icon since 1954. Featuring locally processed 100% ground chuck burgers, classic diner sandwiches; Big City red beef dogs; flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Open Tuesday through Sunday, 11am-8pm. See ya' all at Milt's.

Moab Brewery

686 South Main 259-6333

Lunch & Dinner

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab's Daily Grind

1146 South Hwy 191 #B Mon-Sun: 6am - 2pm

FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks. Iced Green Tea.

Moab Diner & Ice Cream Shoppe

189 South Main 259-4006

Pancake Haus

259-7141 196 South Main (next to Ramada Inn)

Pantele's Desert Deli

98 East Center 259-0200

Pasta Jay's 4 South Main 259-2900

The Peace Tree Juice Cafe

20 South Main 259-8503

Breakfast • Lunch

Moab's <u>ONLY</u> Fresh Wheatgrass, Fruit and Vegetable Juice Cafe! Healthy, fresh breakfast entrees. Egg wraps, sprouted wheat bagels. Finest wrap sandwiches, salads & secret recipe hummus. Delicious smoothies. Organic coffee & espresso. No microwaves. "Healing Ourselves and Healing the Earth."

Closed for season. See you in March!

Pizza Hut

265 South Main 259-6345 Lunch • Dinner OPEN EVERYDAY

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick Up or delivery when available.

Red Cliffs Resort & Restaurant

259-2002 14 Miles up Highway 128 RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties. Restaurant re-opens for dinner Feb 13 and breakfast Feb 14.

Red Rock Bakery & Net Cafe

259-5941 74 S. Main Street Breakfast • Lunch

OPEN EVERYDAY. 7am - 4pm Mon - Sat and 7am 3pm Sunday Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed **Internet Access.** Fine photography by Chris Conrad.

The Rio Sports Bar & Grill

1 block west of Main on Center Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Karaoke at 9pm. Live music on weekends. (Private club for members. Visitors welcome) 21 years and older. OPEN EVERYDAY AT 3:00PM

Singha: Authentic Thai Cuisine

259-0039 92 East Center

Lunch • Dinner

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts.

Slickrock Cafe

259-8004 5 North Main Lunch • Dinner

Open 11:30 am - 4:30 pm, Closed Monday/Tuesday Steaks, Seafood, New & Improved Lunch & Dinner

Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. **Full Service Liquor License.**

Beginning February 16 open everyday 11:00 - Close

Smitty's Golden Steak

540 South Main 259-4848

Breakfast • Lunch • Dinner

Next to Big Horn Lodge. Open 6am-9 pm 7 days a week, featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

Sorrel River Grill

17 Miles Northeast on Scenic Hwy 128 259-4642

Stagecoach Grill

2728 South Hwy 191 259-6315 Breakfast • Lunch

A full menu consisting of good old fashioned "comfort food." Daily breakfast and lunch specials and take out orders available. Closed for season.

SUBWAY Sandwich Shop

259-SUBS 299 South Main Breakfast • Lunch • Dinner

Open 8am everyday
NOWSERVINGBREAKFAST UNTIL11AM! Createyour own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 259-7146 Dinner

Steaks, Seafood, Pasta. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. **CLOSED SUNDAYS. State Liquor Licensee.**

Szechuan Restaurant

259-8984 125 North Main

Teriyaki Stix

259-2656 396 South Main Lunch • Dinner

Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market, Next to Hogi-Yogi.

TexMex Cocina

812 South Main, Ste B 259-9922

Village Market

702 South Main 259-3111

Wake and Bake Cafe 59 S. Main #6, McStiff's Plaza 259-2420

OPEN LATE FEBRUARY

Wendy's

260 North Main 259-2595

Wicked Brew Espresso Drive Thru

259-0021 132 North Main

Zax

259-6555 96 South Main Street

Lunch • Dinner - Family Dining

Try our "all you can eat" pizza buffet, with our unique pizza. Soup & salad bar. Extensive menu includes pastas, burgers, sandwiches, salads, Black Angus Steaks, seafood and much more. Dine inside or out on our all-weather covered porch. Also, for those 21 and over visit ZAX Watering Hole-A private club for members only, 2 pool tables, 50" Flat Screens, 22 TVs throughout the restaurant and club. Featuring a full liquor license in both. Open 11:30 am to close daily.



ab's Oldest Legal Brew Pub OPEN EVERYDAY FOR LUNCH AT 11:30 a.m. AND FOR DINNER AT 4:30 p.m.

Pizza Delivery to Main Street Hotels



Located inside Walker's Convenience Store

Buy one six inch sub and a Medium Drink and get one six inch sub free.

Expires March 15, 2009

Coupon valid at your Moab Subway

299 South Main • 259-SUBS

SLICKROCK CAFE

Beginning February 16 Lunch & Dinner Menu Open everyday 11:00 - Close 11:30 am to 4:30 pm closed Monday / T

Atrium Seating, Full Service Liquor License Appetizers, Gourmet Burgers, Sandwiches,



Salads, Steaks Freshly Grilled Entrees

Kids Menu, Daily Specials Slicker than ever - Food with 'tude-All that is missing is YOU!!

CORNER OF CENTER & MAIN (435) 259-8004 • www.slickrockcafe.com



Secluded Patio Dining 1393 North Highway 191 435-259-5201 **State Liquor Licensee**



RESTAURANT GUIDE



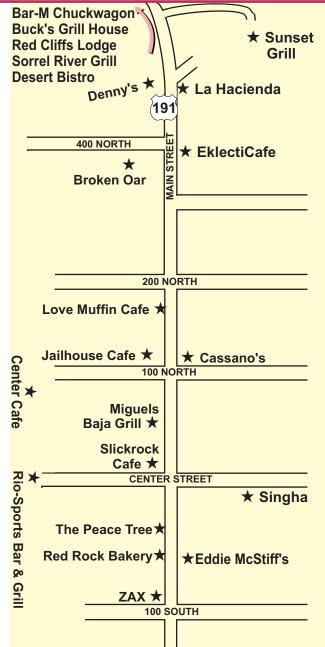


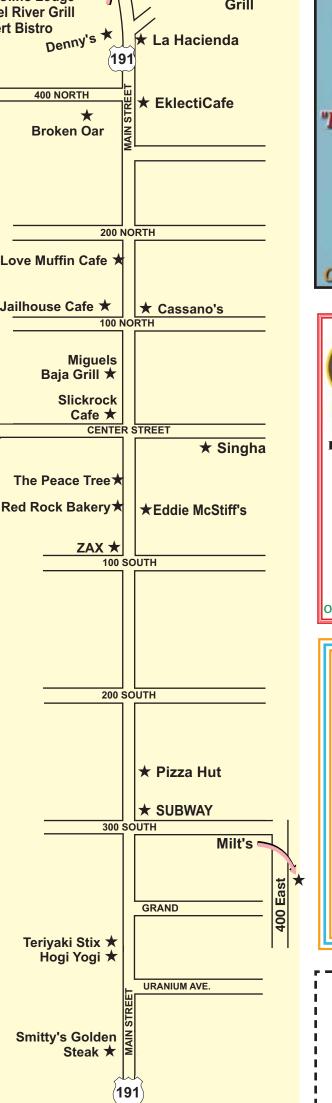


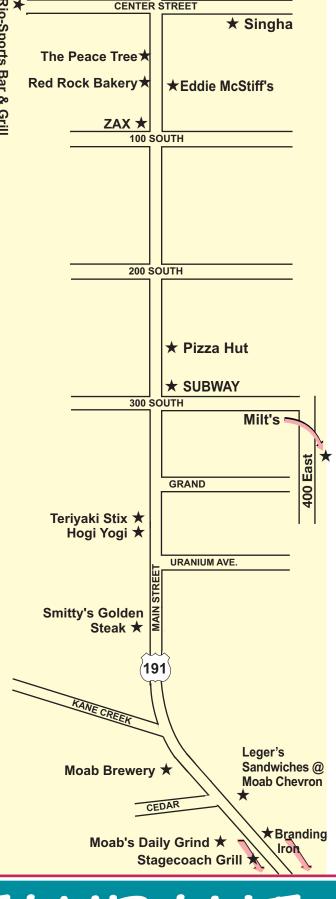






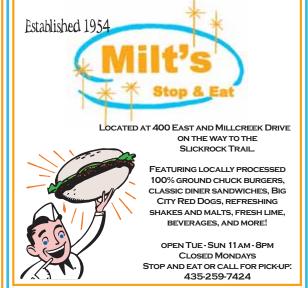
















RESTAURANT GUIDE

SKY HAPPENINGS

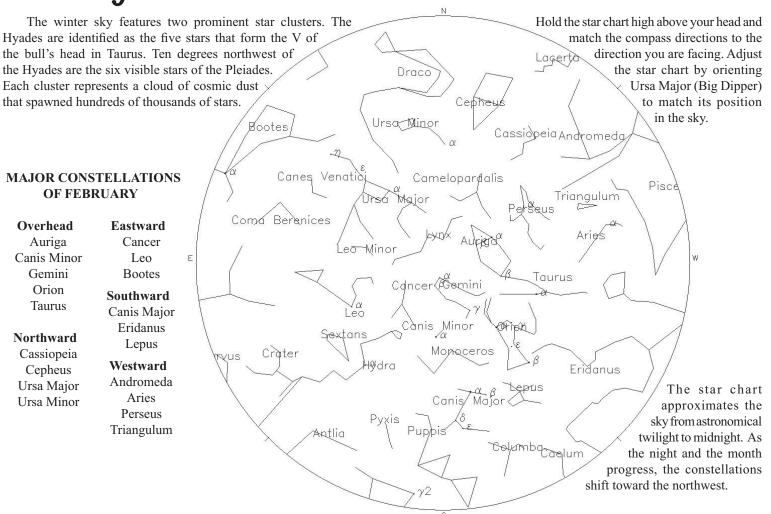
The Sky for February 2009

By Faylene Roth

Moab UT (at City Hall) 38°34' N Latitude 109°33' W Longitude 4048 ft - 1234 m Elevation

February 2009

SUNRISE	SUNSET
7:24am	5:41pm
7:23am	5:42pm
7:22am	5:43pm
7:21am	5:44pm
7:20am	5:45pm
7:19am	5:46pm
7:18am	5:48pm
7:17am	5:49pm
7:16am	5:50pm
7:14am	5:51pm
7:13am	5:52pm
7:12am	5:53pm
7:11am	5:54pm
7:10am	5:55pm
7:09am	5:57pm
7:07am	5:58pm
7:06am	5:59pm
7:05am	6:00pm
7:04am	6:01pm
7:02am	6:02pm
7:01am	6:03pm
7:00am	6:04pm
6:58am	6:05pm
6:57am	6:06pm
6:56am	6:07pm
6:54am	6:08pm
6:53am	6:09pm
6:51am	6:10pm
	7:24am 7:23am 7:22am 7:21am 7:20am 7:19am 7:18am 7:17am 7:16am 7:14am 7:11am 7:10am 7:09am 7:06am 7:05am 7:04am 7:01am 7:00am 6:58am 6:57am 6:56am 6:54am



VISIBLE PLANETS

Jupiter – By midmonth Jupiter is visible in the early dawn sky in Capricornus. It is shining at magnitude -1.9 in the southeastern sky below Mercury and above Mars. It will be difficult to see without a clear view of the eastern horizon.

Mars – The red-orange light of this planet makes it easy to identify. It rises soon after Jupiter in the southeastern sky. Shines at magnitude +1.3, a little dimmer than Mercury which appears above Jupiter. Mars, the lowest of a string of three planets in the morning sky will be the most difficult to see.

Mercury – Find Mercury in the morning sky shortly before sunrise. It's about 7 degrees above the eastern horizon so will be difficult to see in canyon country. If you can see the crescent moon on the morning of February 22, then look for Mercury directly below it, shining at magnitude +0.6.

Saturn – Look for Saturn as it rises in the eastern sky around 9:00pm at the beginning of the month. It follows Leo across the night sky, with Virgo trailing behind it. By the end of the month it rises at the end of twilight. Shines at magnitude +0.7. Saturn's rings are now tipped slightly towards us.

Venus – Find the brilliant light of Venus high in the western sky at dusk. Since Venus is an interior planet, it passes through phases just like our moon. It is now in its crescent phase, as it passes between the sun and the earth. Venus increases in brilliance over the next few weeks because of its proximity to Earth. It reaches its brightest magnitude of -4.8 on February 19.

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

DAYLIGHT

Sunrise and sunset times are calculated for a flat horizon. Actual times may vary depending upon the surrounding landscape. The period of daylight lengthens by one hour and four minutes during February. Twilight extends daylength by several hours. Civil twilight provides adequate light for movement and begins about one-half hour before sunrise. Nautical twilight reveals shapes but not detail and begins approximately one hour before sunrise. Astronomical twilight illuminates the sky with a faint glow. It occurs about one and one-half hours before sunrise. The same progression applies to dusk.

MOON HAPPENINGS

February begins with a first quarter moon high in the western sky at dusk. A nearly full moon rises on the evening of February 8 at 5:03pm. Full moon occurs the following morning, February 9, at 7:49am, shortly after the moon sets. It rises that evening at 6:19pm. On the morning of February 10 the moon rises about one-half hour before Saturn. The bright star near the moon in the early hours of February 14 is Spica (in Virgo). The waning moon reaches its last quarter phase on February 16. On February 17 the bright star near the moon is Antares (in Scorpio). New moon occurs February 24 at 6:35pm. The month ends with a waxing crescent moon paired with Venus in the western sky at dusk. Actual times of moonrise may vary depending upon the surrounding landscape.

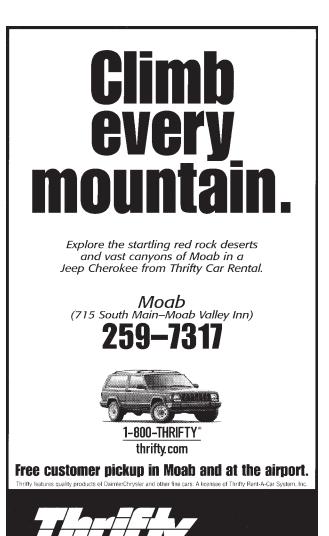
METEOR EVENTS

Fireballs are frequently observed along the ecliptic during February. Look for these large meteors, nearly as bright as Venus, high in the sky after 3:00am.

APPARENT DISTANCES IN THE SKY

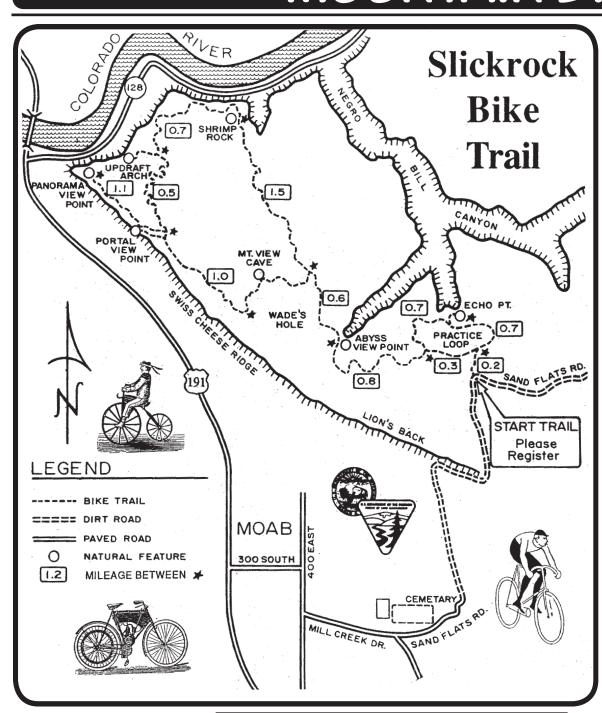
Apparent distances between celestial objects are measured in degrees. The note in italics below provides a gauge for measuring these distances. You can calibrate the size of your hand with the following test. The stars of the Big Dipper span approximately 20 degrees. Castor and Pollux, the twin stars of Gemini are about 10 degrees apart. The stars in Orion's belt are separated by about 1.35 degrees. The apparent diameter of both the sun and the moon is 0.5 degrees. The sun and moon often appear larger on the horizon than they do when directly overhead. Using a pencil or your little finger to gauge the diameter at each position will show that this is an illusion. (Try this with a full moon rather than the sun so that you do not damage your eyes.)

Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degree.



18 • February 2009 • Moab Happenings

MOUNTAIN BIKING





Did You Saa This?

Premium Ad Space Available in Moab's largest circulation newspaper

Contact Aaron or Theresa for more information 435-259-8431

Mountain Biking Mecca

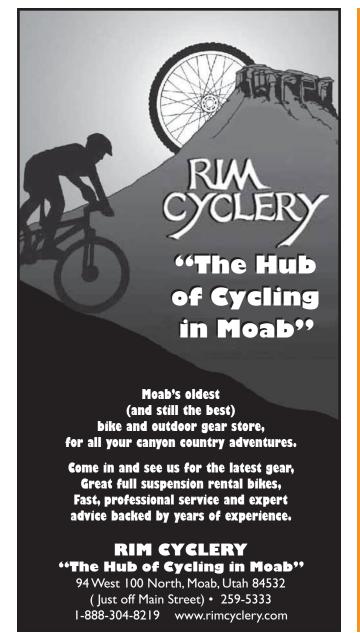
The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

The major annual bicycle events include:

- MOAB SKINNY TIRE FESTIVAL, March 14-16, 2009 Four days of supported road cycling benefits the Lance Armstrong Foundation. Includes Celebration Party, silent auction with VIP autographed items and workshops. Visit www.SkinnyTireFestival. com
- MOAB CENTURY TOUR, SEPT 19, 2009 This annual event is a weekend packed with road cycling benefiting the Lance Armstrong Foundation. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. 45, 65, and 100 mile route options on this fully supported road cycling tour. Visit www.skinnytirefestival. com or call 435-259-2698
- 24 HOURS OF MOAB October 10 & 11, 2009 -an endurance team race which is growing in popularity with each year. The fourman teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. a world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race! See article on page 19B.
- CHILE HO-DOWN October 2009 Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!! See article on page 17B.







www.moabhappenings.com

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HIKING HAPPENINGS

Johnson's Up On Top – A Quick Wintertime Get Away

by Marcia Hafner

For those winter-weary sun worshipers looking for a comfortable snow-free hike, Johnson's Up On Top with its fabulous long distance vistas can't be beat. The wide-open southern exposure of this area provides the distinct advantage of quickly melting any snowfall away. Another bright note is the absence of deep shadows that have a way of chilling you down. Instead, on a clear day you can enjoy your walk in delightful, uninterrupted sunshine. I have recently discovered the plusses for hiking this time of year on Johnson's Up On Top and have made it my quick wintertime get away.

During my first hour of walking on the winding, "so easy on your knees" dirt road, I often meet up with a few hikers, joggers, and equestrians. It's a good place to bring

and then everyone spreads out on a vast expanse of terrain filled with blackbrush and Utah junipers. This landscape, which is heavily traveled by deer, stretches out and grabs me with its sprawling unrestricted viewpoints and again I can't resist the urge to continue on to see what breathtaking sights still lie ahead.

The long-lived Utah junipers are the ancient guardians of this dry landscape and their subtle green foliage brings visual relief to the otherwise dull brown color scheme. Junipers are slow to grow but long to live. Somehow they tenaciously cling to life for hundreds of years, and whenever I see one that looks half dead I wonder how many centuries have passed by since it sprouted from a tiny seed.

Commonly called cedars, Cedar Breaks National

that thickly line the streambed. Eye-catching pillars of sandstone jut far above the canyon rim. Leaning on a rock that is protected from a light breeze, I am off in my own private, meditative world. I stretch out to bask in the radiant warmth of the winter sun and lazily watch the puffy white clouds slowly drift across a magnificent deep blue sky. In the stillness of the crisp air I can hear the shrill nasal calls of a large flock of pinyon jays - those erratic wanderers who are constantly on the move in search of food.

Johnson's Up On Top is owned by the State Of Utah School and Institutional Trust Lands Administration, commonly referred to as SITLA. It was granted to Utah by the federal government when it became a state in 1896 for the support of public schools and other institutions. The





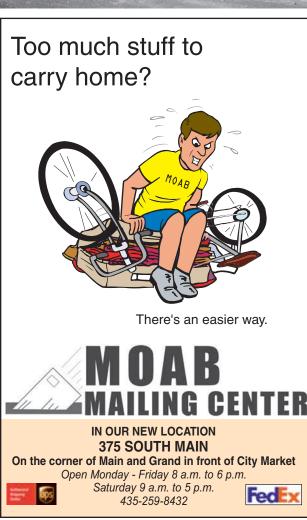




your dog, but since there is trapping in this area, you need to keep a close eye on your canine companion. It doesn't take long on the uphill section before the entire length of Spanish Valley unfolds beneath me. The unrestricted views of Mount Tukunikivatz and South Mountain - both covered with deep snow – and the ragged ridgeline of Behind The Rocks keep luring me further up the trail for higher elevation more in-depth angles of this spectacular scenery.

Horace Johnson, who had a homestead in the south end of Spanish Valley, ran his herd of cattle up on the mesa and it became known as Johnson's Up On Top. Once I am "Up On Top" there are a multitude of roads to choose from





Monument and nearby Cedar City are named after this tree. Covering vast acreages, they and the pinyon pine are the most dominant tree species in the southwest.

The healthier trees are loaded with pea-sized gray-blue berries. The botanists, however, classify them as "cones." The berry-like, fleshy pulp is the covering on the hard-shelled female seed cone, which is readily consumed by a variety of birds and small mammals. The male and female cones are borne separately on the same tree, but the tiny pale brown male cones that grow singly or in small clusters are so obscure I have to determinedly look long and hard over an entire tree to pick them out.

Native Americans used the juniper for many purposes, including the construction of ropes, bags, and sandals. The shredded bark became the matting for their beds. They also ate the berries fresh or in cakes. Dried berries were strung into beads, a practice that still goes on now. The Hopi Indians liked it for medicinal and ceremonial reasons and the Navajo built their hogans and fence posts from the wood of the juniper. And today, just like in times gone by, it makes excellent firewood.

Where the road abruptly ends, I am looking down on the steep walls of Mill Creek Canyon and the cottonwoods

Common School Fund (public schools) owns 95% of the trust land and all its earnings are put into a permanent fund with interest and dividends distributed to it as a beneficiary. The trust land totaled 7,475,297 acres at statehood. Since then half has been sold to private owners. More than 30% of what is now private land was originally trust land. This means the strong possibility exists that some day all that I see around me on this mesa could become a destination resort named Cloudrock. But for now I relish that wonderful sense of release that getting away from the concerns and pressures of every day life brings. I am not that far from Moab and Spanish Valley and yet it feels so far, far away. So if you want to try this quick wintertime get away, do it now before the proposed resort breaks ground.

The solitude of Johnson's Up On Top is just a few minutes drive from Moab. Take Highway 191 south out of town for about five miles to the La Sal Loop Road turnoff, which dead-ends at Spanish Valley Drive. Go left for about a mile to the pump house and green gate on your right. The road is open to motorized vehicles; when it is dry, a two-wheel drive vehicle can easily negotiate it, but I highly recommend parking at the bottom so you can enjoy the pleasurable stroll up to the top.





HEALTHY HAPPENINGS

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FILM HAPPENINGS

Filmmaker Presents Documentary in Moab

Moab will welcome filmmaker Sarah Sifers to Moab on Saturday, February 7 at a onetime screening of her award-winning documentary "Fate of the Lhapa". This feature length film documents the last three Tibetan shamans (lhapas) living in a Tibetan refuge camp in Nepal. The lhapas requested the filming because of their concern that they would die with no heirs to their healing practices. The film was envisioned as a way to transmit an endangered tradition.

Sarah C. Sifers, Ph.D. is a licensed psychotherapist as well as a scholar who has conducted ethnographic fieldwork with shamans from Siberia, Brazil, Nepal and the Navajo Reservation in Arizona. She has just returned from her annual extended trip to Nepal, where she engages in humanitarian work with the Tibetans living in exile. She has written about her experiences in Nepal for academic journals. She served as producer, director, cinematographer and sound person for "Fate of the Lhapa".

Sarah is also founder and Executive Director of Indigenous Lenses, a non-profit corporation dedicated to ethnographic, documentary film productions for educational, cultural and scientific purposes. Their emphasis is on healers and healing practices threatened with extinction. Indigenous Lenses also engages in humanitarian efforts to bring education to the girls of the communities in which they film, and to provide food and shelter to indigent Tibetan elders. They support eye and medical care for the Nepali and Tibetan communities.



"Fate of the Lhapa" became known to Moabites who attended the "Eleventh Annual Pack Creek Film Workshop" this past summer. Joanne Yaffe, Ph.D., from the University of Utah College of Social Work, was a participant at the Pack Creek event, had seen the film and encouraged Pack Creek organizer Jan Crutchfield to arrange a screening in Moab. Jan, Sarah and Jo began an email correspondence, even as Sarah was preparing to depart for her annual trip to Nepal. Weekly email updates from Sarah during her ten weeks in Nepal fed the interest in sharing this important work:

"... I made visits to each of the old ones that Indigenous Lenses supports with food and shelter. We were greeted warmly at each place. We first visited the two old women who share a small house together. ... they lived in the remote Himalayan Mountains... they could no longer

take care of the animals, so came out of the mountains and settled in the Tibetan camp. They are in their 80's. They are not technically a part of the camp, so they do not get the \$5 a month stipend that the rest of the old ones receive. When we got there, they put katas (special greeting scarves) around our necks and we touched foreheads in the traditional style. They wanted to offer tea, but their propane stove had stopped working. I offered to buy them a new one (\$50) and the next time I was in the camp, we delivered it and got it set up. They were thrilled and kept turning the knobs on and off and clapping with joy. I've promised to return and have tea made on the new stove."

"... the path ... down to the river ... severely eroded ... some of the older folks can no longer make that walk down to where they wash their clothes and bathe. Indigenous Lenses donated \$1000 towards the building of a new path using stones. The stones have been delivered and set along the path."

"I am now entering my week of 'one more visit'. ... I will make one more visit to each family in the Tibetan camp ... It will be a week of many tears."



"Fate of the Lhapa" has screened at Film Festivals throughout the United States, as well as in Estonia, Italy, Canada, Finland and Russia. The week after the Moab screening, it will be in Amsterdam, the Netherlands.

screening The in Moab will be at the Moab Arts and Center Recreation (the MARC, located at 111 North 400 East), Saturday, February 7 at 7:00. Immediately following screening, there will be discussion and a reception with the filmmaker. Admission to this very special evening is on a donation basis. All proceeds will benefit Indigenous Lenses.



MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization *PLEASE CALL THEM*. Many of these groups are always looking for a helping hand or two.

club or organization PLEASE CALL THE	w. Many of t
AARP, Chapter 1539	
ACME Theatre Company (Paul Malluk)	
Alcoholics Anonymous/Alanon	
Alpha Rho Sorority (Bobbie Long)	259-6758
American Legion Post (Bill Smith)	259-3470
Arches Adult Education (Trish Hedin)	259-2293
Arches New Hope Pregnancy Center (Debbie Nelson)	. 259-LIFE (5433)
BEACON (Stephanie Dahlstrom)	260-1143
Boy Scouts of America (Kent Dalton)	259-6521
Canyonlands Field Institute (Karla Vander Zanden)	259-7750
Canyonlands Film Society (Becky Thomas)	259-2286
Canyonlands Rodeo Club (Kent Green)	259-7089
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217
Center for Water Advocacy (Harold Shepherd)	
Daughters of Utah Pioneers (Hallie Tibbetts)	
Deadhorse Motorcycle Club (Terry Flynn)	
Delicate Stitchers Quilt Guild (Debbie Hughes)	
Elks Lodge #2021 (Alan Manson)	259-7334
Fallen Arches Square Dancers (Bob & Flora Erickson)	259-2724
Friends of Indian Creek (Emma Medara)	259-3586
Friends Of the Grand County Library (Adrea Lund)	259-1111
Grand County Public Library	259-5421
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683
Grand Area Mentoring (Dan McNeil)	260-9645
Grand County 4-H (Marion Holyoak)	259-7558
Grand County Extension (Michael Johnson)	259-7558
Grand County Food Bank	
Grand County Hospice (Tracey Harris)	259-7191
Grand County Prevent Child Abuse	
Humane Society of Moab Valley Elaine: 259-4862	Debbie: 259-4089
Ladies Golf Club (Chris Corwin)	259-5344
League of Women Voters (Cynthia Smith)	
Lion's Club (Tom Warren)	259-7834
Moab Aglow Lighthouse Fellowship (Murine Gray)	259-5514
Moab Arts Council (Bruce Hucko)	259-4176
Moab Arts Festival (Theresa King)	259-2742
Moab Arts & Recreation Center (Bailey Rogers)	
Moab Bird Club (Nick Eason)	
Moab Chamber of Commerce	
Moab City Recreation (John Geiger)	259-2255

ese groups are always looking for a helping hand or two.	
Moab Community Theater (Kaki Hunter)	.259-8378
Moab Country Club (Rob Jones)	.259-6488
Moab Duplicate Bridge Club Audrey McDougald: 259-5771 or Bob Erikson	: 259-2724
Moab Friends For Wheelin' (Jeff Stevens)	. 259-6119
Moab Half Marathon (Ranna Bieschke)	
Moab Horse Racing Association (Chuck Henderson)	. 259-4111
Moab Horse Show Association (Tosha Audenried)	.260-9252
Moab Lodging Association (Britnie Ellis)	
Moab Music Festival (Andrew Yarosh)	
Moab Poets & Writers (Marcy Hafner)	.259-6197
Moab Points & Pebbles Club (Jerry Hansen)	. 259-3393
Moab Quarter Horse Assoc. (Kathy Wilson)	.259-8240
Moab Rod Benders (Jim Mattingly)	
Moab Ropers Club (Terry Lance)	.259-9972
Moab Sportsmen's Club (Frank Darcey)	
Moab Taiko (Stephanie Dahlstrom)	
Moab Teen Center-Club Red	
Moab Trails Alliance (Kimberly Schappert)	.260-8197
Moab Valley Multicultural Center (Carrie Alexander or Leticia Bentley)	.259-5444
Mutual UFO Network (Elaine Douglass)	. 259-5967
Order of the Eastern Star (Ivy Gates)	
Parent Teacher Association (Tiffany Saunders)	
Plateau Restoration/Conservation Adventures (Tamsin McCormick)	. 259-7733
Red Rock 4-Wheelers (Ber Knight)	. 259-7625
Retired Senior Volunteer Program RSVP (Jody Ellis)	. 259-1302
Rotary Club (Kyle Bailey)	.259-6879
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Senior Center (Verleen Striblen)	.259-6623
Sierra Club (Mike Stringham)	.259-8579
Solutions - www.moab-solutions.org - (Sara Melnicoff)	.259-0910
Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	. 259-7239
Southern Utah Wilderness Alliance (Liz Thomas)	.259-5440
Toastmasters International (Al Boyd)	. 259-5767
Trail Mix Committee (Sandy Freethey)	.259-0253
Valley Voices (Marian Eason)	.259-6447
Veterans of Foreign Wars (Fred Every)	. 259-5428
WabiSabi (Jeff Cohen)www.wabisabimoab.org	
Word Watchers (Nancy Kurtz)	
Youth Garden Project (Jen Sadoff)	

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SHOPPING GUIDE Salt Lake City Old Mission Store * at Canyonlands by Night 191° 400 NORTH NOB HILL Canyon Voyages 🖈 200 NORTH 100 NORTH Earth Spirit * **StarShine Gifts** It's Sew Moab CENTER STREET **★** Desert Thread (59 S. Main - McStiffs Plaza) **★Rave'N Image ★**Cat's Lair Collection 100 SOUTH 200 SOUTH **★** WabiSabi Warehouse Walker Drug ★ 300 SOUTH WabiSabi Thriftique Corner Market **★Canyonlands Copy Center** Moab Mailing Center URANIUM AVE. KANE CREEK **Royce's Electronics** 191 CEDAR ★ Hole N" the Rock 12 Mi. South of Moab on Hwy 191



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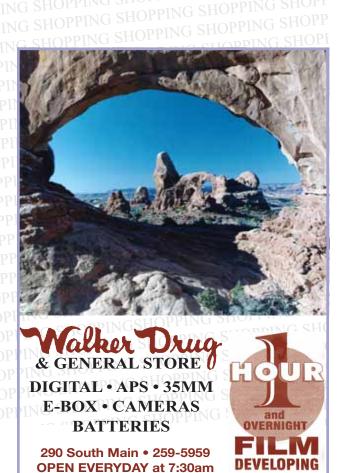
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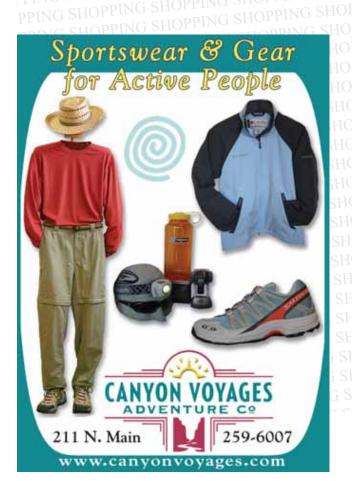
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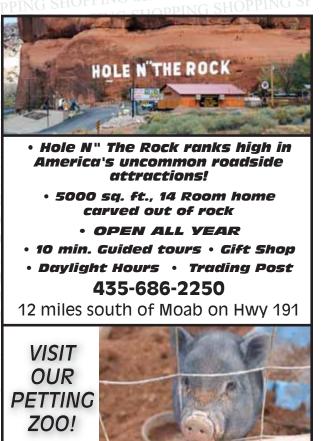
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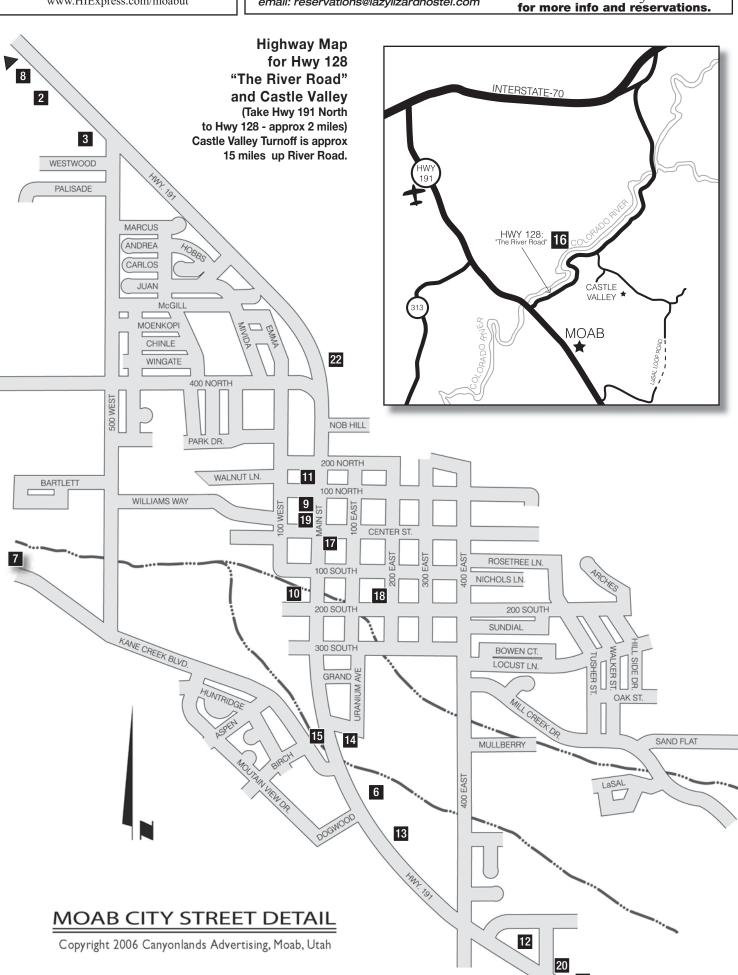
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Key to Lodging Guide

hairdryer, coffeemaker

All rooms are non-smoking

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2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Portal RV Resort	435-259-6108	www.portalrvresort.com
4.	YOUR BUSINESS HERE		
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
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11.	Bowen Motel	435-259-7132	www.bowenmotel.com
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14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
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17.	Moab Lodging	435-259-5125	www.moabutahlodging.com
18.	Fandango	800-447-4106	www.fandangoguesthouse.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Red Rock Management Group	800-TRY-MOAB	www.moabcondos.com
20.	Pack Creek Ranch Cabin Rentals	800-TRY-MOAB	www.moabcabins.com
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22.	Days Inn	435-259-4468	www.daysinn.com

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HISTORIC HAPPENINGS

"THE BIG TREE"

Protesting developed as a popular pastime in Moab in the final three decades of the 20th century. One of the first protests in the 1970s and one of the last that drew attention from the big media in Salt Lake City -- on the eve of the Millenium -- were scuffles over the fate of the oldest cottonwood tree in the valley.

The "Big Tree" won the first battles in the 1970s and 1980s, when it was given the right-of-way in road-

paving and sidewalk installation projects. But late in the fall of 1999, the tree was downed in three days -- despite the lady who climbed the tree and refused to leave in an attempt to save it; and in spite of several teenagers who chained themselves to the tree to delay its destruction.

By the winter of 2000, the Big Tree on 100 South was a collective memory 110 years old.

It was a sad day Sept. 28, 1999 when the tree came down, recalled Brent Williams, Moab City public works director. Just as its branches had spread far and wide across the rooftops and road, word that it was coming under the axe spread far and wide in the Mountain West. "I had people from Salt Lake City calling, calls from Denver, calls from Grand Junction," Williams said. "There were a lot of sad people."

"Just everyone loved that tree, and everyone hated to see it go, when it started tipping," added Dave Olsen, Moab community development director.

What killed the tree in the end was not "progress," but a rotten system. The roots of the giant Fremont poplar -- commonly called a cottonwood -- had rotted and only one large root was sustaining the tree by the time the Public Works Dept. uprooted it. Jim Davis, who later incorporated the stump into the playground at Rotary Park, first topped the tree, then "we pulled it down with a loader," said Williams.

As he directed the toppling of the old tree, Williams

remembered the many times he'd played in the cottonwood as a child, stealing away from his grandmother "Maid" Johnson's house near the tree, to go climbing. "I'd go as far up as I could and scare my mom."

Kyle and Carrie Bailey, former owners of an apartment complex on 100 South they named "The Cottonwoods" after the tree, remember that branches had started breaking off and falling into the road. Williams said the lean of



The biggest cottowood tree in Moab just about the time it turned 100.

Photo by Dwain C. Barker

the tree was gaining as much as four inches a day. It had become unsafe.

Ring dating placed the planting of the big cottonwood in the late 1880s or as late as 1890. Bailey said he's been told his great-great grandfather, Randolph H. Stewart, planted the tree along with many others on his property, which later comprised most of the Moab townsite. Stewart arrived around 1880 and in 1881 became bishop of the first organized ward of the Church of Jesus Christ of Latter-day Saints, according to "Grand Memories," a history of Moab by the Daughters of the Utah Pioneers.

It was definitely a Stewart who is credited with planting the tree, Olsen said. Another source cited a Fred Stewart as planting the cottonwood in 1880 as part of a block square of trees surrounding his property.

Williams said the old cottonwood measured 75 feet tall, its trunk nine feet in diameter in its last days. It took three days to haul the hulk away in pieces, and a number of people showed up at the city shop to salvage a piece of old Moab flora. Nick Eason, now retired from the National Park Service, recalls being gifted by then-Mayor Karla

> Hancock with a chunk of the tree. Eason pursued a hobby of carving, and Hancock admired his work. Eason said he has yet to decide what form the wood will take, but it's a piece he cherishes.

by Vicki Barker

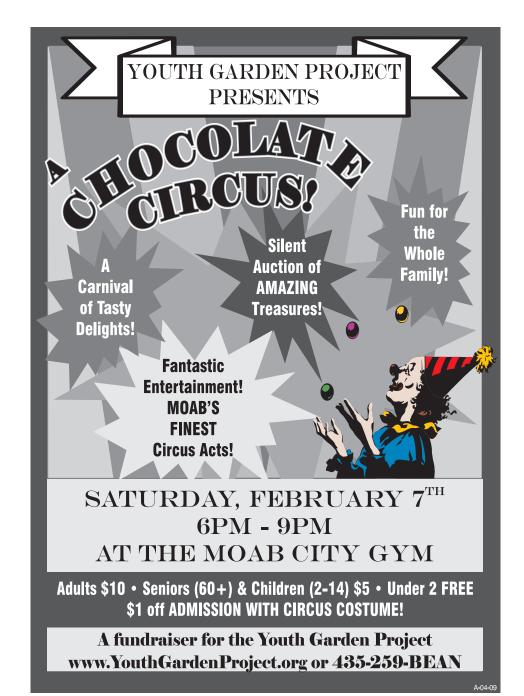
Olsen composed informational sign along photographs of the tree to put up by the tree's remains at Rotary Park. However, at least two children were injured in falls from the stump at the playground in recent years, and though no one sued over the accidents, Williams questioned the wisdom of leaving such a temptation there, especially when his own four-year-old grandson climbed up, triumphantly unattended, and sent visions of broken bones through his grandpa's head.

Williams hauled the stump off to the dump. Olsen followed. They agreed to return two pieces to the park that

had broken apart in transport, and now they are pondering what to make of the remnants. Wood furniture? Some type of wooden musical instruments? Olsen is open to ideas.

Meantime, one of two branches that Brig Larsen and Olsen saved and transplanted from the tree when it was downed appears to be thriving at its new homesite on 300 South 100 East. Olsen said cottonwood branches often survive when planted in the ground, especially if they are planted with rooting chemicals and tended -- and if they come from a tough, gnarly old tree like the Big Tree of 100 South.

"The genetics of that tree could produce another whopper. Who knows?"



Fifth Annual COMMUNITY HEALTH FAIR Saturday Feb 21, 2009 · 10:00 a.m. to 2:00 p.m.

The Grand Center 182 North 500 West

Allen Memorial Hospital is sponsoring the Fifth Annual Community Health Fair Saturday, February 21. The fair will provide many free and low-cost health screenings, educational materials, and other essential information for healthy living provided by many of Moab's healthcare professionals. Spanish translators will be available.

Blood screenings in association with the health fair will be offered at a significant discount by the hospital. The low-cost health screenings include a full blood chemistry profile, lipid panel, complete blood count and thyroid testing for the health fair rate of \$50.00

The health fair blood screens will be drawn **prior** to the event beginning:

> Feb 2 through Feb 13 Allen Memorial Hospital **719 West 400 North**

Blood draws will be provided between the hours of 7:00 a.m. and 10:00 a.m. weekdays only during the above dates. A twelve-hour fast is required for best results. The reduced rate for the screening is only available through the health fair provided as specified above. Test results will be distributed to the patient at the health fair.



For information regarding the health

Keven, Health Fair Coordinator **Allen Memorial Hospital** (435) 259-7191 Extension 101

For scheduling an appointment for the blood screening contact:

Allen Memorial Hospital Laboratory (435) 259-7191 Extension 171





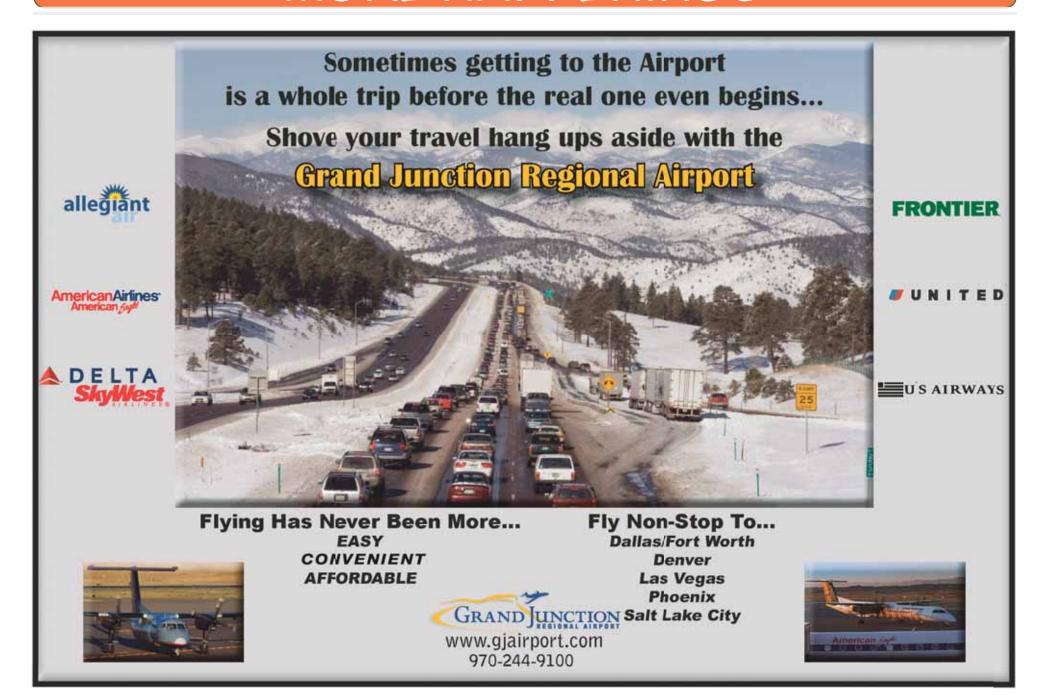
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MORE HAPPENINGS



KZMU - Moab Community Radio 90.1 P.O. Box 1076 • Moab, Utah 84532 Studio 259-5968 • Office 259-8824 • Fax 259-8763 contact us: www.kzmu.org **SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 7:00 7:00 **Native American** 8:00 8:00 **DEMOCRACY NOW** 9:00 9:00 **Shine Time** MOAB Morning Blend (Children) 10:00 10:00 **Blue Plate Jah Morning Tilted Park Moab Mamas** Classical **Belle Jar/** Special Reggae **Wayward Wind** 11:00 11:00 Collusion (acoustic/folk/pop) **Rainbow Plumage** (everything) (blues/rock) (folk/country/rock) **The Trading Post** Noon Noon (call-in Buy/Sell) Ain't Live **Grass is Greener** The Big Baboo radiommm... Random 1:00 1:00 **Horizon Line Grand?** (50s & 60s oldies) (can't define it) (Bluegrass) **Toonage** (live recordings) 1-2-3 2:00 2:00 (R&B/Funk/Soul) **Planet Picante Odd Bin** Belagaana Revue **Red Rock 'n Blues Radio Mundial Amarillo** 3:00 3:00 (world music) (fruit and nuts) (Blues) Hwy Fire on the 4:00 (Hillbilly) **WORLD MUSIC-**4:00 **Tween Time** Mountain **New Dimensions Gaelic Circle/** (pre-teen fun) **Viajes** Wednesday 5:00 5:00 **MOAB Drive Time** (world music) This Week in Moab (Interviews / Calendar) **Free Speech Friday Drive Time Big River /** West of Broadway **Public Access** 6:00 **Ranch Exit** 6:00 (musicals/showtunes) (twang) **DEMOCRACY NOW** (Classical 4th Sunday) 7:00 7:00 **Big Swing Face** Kokopelli **Thin Edge Main Street** (big band jazz) or **Boom Boom Room Rock Garden** 8:00 8:00 Coffeehouse **POLYPHONIC** The Dog Lady **Cruise** (jazz) (rock) & Plastic Magic (folk) (jazz) 9:00 9:00 After Hours MOAB **The Sound Lair Mel's Diner** Radio Free Moab 10:00 10:00 (Experimental (women artists) (college rock) Teenage **Altered State Conscious Party** Suburban Dance) (alphabet soup) Urge Wasteland 11:00 11:00 JIM HIGHTOWER NEWS - Everyday at Noon Seti **Circle Drive NED Rhythm Quest WORD OF THE DAY 8am - Noon - 6pm** (classic rock) 12.00 **Trancemissions** (rock n roll) (techno rhythm) 12:00

	•	HUIVIAINE SUCIE	:	10.00	-		
KEY:		Talk Shows		Easy Mix - Jazz		Blue Grass - Country	/ - Folk
		Eclectic/World		Rock - Blues		Heavy - Hard	





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