

# More Events

## September Events con't

prepared by Moab's Lal Sigiriya in a fun, outdoor, cultural food experience. Guests will enjoy fresh, local produce combined with Sri Lankan spices shared at a large family-style table surrounded by garden beauty. Lal is the chef at Moab Kitchen Vegan Food Truck & Lal's Curry at the Moab Farmer's Market. He is excited to share his passion for Sri Lankan cuisine while spotlighting locally grown produce in a fundraiser to benefit Youth Garden Project programs. Price is \$40/person. All proceeds go to support Youth Garden Project youth & community programs. Don't miss this savory, late-summer dining opportunity! For info: 435-259-BEAN or youthgardenproject.org/gardendinner/ to reserve a spot.

**Sep 8 Second Saturday Swing-** Join us for some fun swing dancing! No experience or partner necessary. Lessons starting at 7pm. DJed music till 10. \$5 suggested donation. For info: moabswingdance.org

**Sep 8 Moab Music Festival New World Assembly: Scotland meets Quebec & Appalachia-** 6pm at Sorrel River Ranch, mile 18 off highway 128. Travel through the wilds of the southwest with us & we'll take you on a music and dance journey from the Old World to the New. Traditional fiddle tunes from Scotland cross the Atlantic, stopping first in Québec for a taste of new France, then heading south into the Appalachian mountains where fiddle & dance styles meld with the music of the African slaves to create old-time American music. For info: 435-259-7003 or moabmusicfest.org. See article pg 1B, ad pg 2A

**Sep 8-9 Moab Golf Club Tournament-** Steak & Sudsfest Mixed Bestball. For info 435-259-6488

**Sep 9 Moab Music Festival Closing Night: Coming to America-** 7pm at Star Hall, 159 E. Center St. Pianist Michael Brown & cellist Nicholas Canellakis curate a program based on composers who came to America in the first half of the 20th century—Korngold, Mahler, Weill, Bloch, Foss, Prokofiev—and those who were children of immigrants. For info: 435-259-7003 or moabmusicfest.org. See article pg, ad pg

**Sep 11 Dinner with a Doc- Desert Venom: Snakes, Spiders & Scorpions** with Dr. Joshua Canning from the Department of Medical Toxicology at University Medical Center Phoenix. 6-7pm at Moab Regional Hospital in the Hospital Education Rooms. Please RSVP for dinner & presentation (435) 719-5580 or vista@mrhmoab.org See ad pg 19B

**Sep 12-15 San Juan ATV Safari-** a 3-day adventure that will leave you breathless. See ad pg 9B, article pg 15A

**Sep 14, 15 Magic Night Downtown-** with the hilarious award-winning magic of Rick Boretti. 8pm \$10 for adults, \$5 for kids over 5 at Moab Backyard Theater, behind Zax at 56W 100 South. See article pg 9B

**Sep 14-17 Green River Melon Days-** see article and ad for a full description of activities pages 2A & 7A

**Sep 15 Canyon Country Music Experience-** a annual multiple performer country music concert at Centennial Park in Blanding, Utah. We seek to promote a positive visitor experience & to support various worthwhile causes in our area. In 2018 some of our proceeds will go to support San Juan High School student activities. We will also auction signed guitars as a fund raiser for the Utah Food Bank in Blanding. For more info: canyoncountrymusicexperience.com

**Sep 15 Monument Valley Community Celebration-** 10am-5pm at the Monument Valley Welcome Center. Free Food! Bingo! Games for Kids! Raffle! Voter Registration too. Sponsored by Rural Utah Project & Navajo Nation Human Rights Commission.

**Sep 17 Movement as Medicine with Christina Myers-** 6-7:30pm at Moonflower Community Co-op. Explore simple, easy, gentle, everyday movements that can help you relax, reduce stress, ease pain, & increase your energy! In this class, you will learn movement practices that can help you: increase body awareness, elevate your mood from anxious to calm, from depressed to enlivened, address tension, pain & stiffness, & promote health of multiple body systems.

**Sep 17-21 Solihull Society 2018 Land Rover National Rally-** the Solihull Society is committed to the enjoyment, sharing of goodwill & fellowship engendered by owning a Land Rover or other four wheel-drive vehicle to engage in social, educational, & recreational activities which adhere to the Tread Lightly principles. For info: soluhullsociety.org

**Sep 18 Bag of the Month-** at It's Sew Moab, 40 W. Center St. Class starts at 5:30pm. See ad pg 6A, article pg 14A

**Sep 19 Farm to Table Garden Dinners-** at Sorrel River Ranch, 6-9pm. For info: 435-259-4642. See ad pg 8A

**Sep 19-23 Mother of All Boogies** -inviting skydivers from all over the world to converge on beautiful Moab for 4 full days of high altitude skydiving from turbine aircraft! Non-skydivers are welcome as spectators & will have the opportunity to make a tandem skydive during the event. For info: motherofallboogies.com or call 435-259-5867. See ad pg 24B & article pg 18A

**Sep 20 The Root Cellar Project-** the Museum of Moab's new monthly oral history project. Tell a story or just listen to others every third Thursday of the month. 5-8pm at the Helipad, 239 W. Center St. Free for members, \$5 for non-members. This month's theme is "The Harvest". All stories are recorded & transcribed for inclusion in the Museum of Moab's Oral History Archives. For info: 435-259-7985. See ad & article pg 21A

**Sep 20 Free Lecture Series-** Charmaine Thompson & Donald C. Irwin ~ Ancestral Puebloan Social Change & Climatic Variability in the Abajo/Elk Ridge Uplands. The uplands of the Abajo Mountains & adjacent Elk Ridge on the Manti-La Sal National Forest are an alpine island in the desert. The cooler summer temperatures, higher snow & rainfall, & has plant communities not available at lower elevations. Past fluctuations in temperature & precipitation opened the door to ancient farming peoples. Come and learn how settlement in the Abajo's 7& Elk Ridge illustrate the ability of Ancestral Puebloans to change their social organization as a tool in adapting to climatic fluctuation. 6pm at the Moab Information Center, corner of Main & Center. Sponsored by Canyonlands Natural History Assoc & Museum of Moab.

**Sep 21 Open House at the Family Support Center, The Christmas Box House-** special guest will be Richard Paul Evan the President of Christmas Box International & American Author. It will be at 180 South 300 East, Suite 1 from 10am to 2pm. Light refreshments & book signing by Richard Paul Evans. See the interesting things we have done with the Moab Center. For info: Sherilyn Sowell at 435.259.1658 or 970.986.9766

**Sep 21 Dancing with the Moab Stars-** a local favorite, what some call the "event of the year for locals", Dancing with the Moab Stars or Bailando con las Estrellas de Moab is back again for it's 5th year! Featuring local community stars & instructors, at Grand County High School at 7pm. For info: 435-259-5444. Tickets available at Moab Valley Multicultural Center & Back of Beyond Books. See ad pg 7A, article pg 9B

**Sep 21 National Public Lands Day-** 4:30-7pm at the Moab Information Center, corner of Center & Main. See ad pg 2A

**Sep 21 Fall Equinox at Canyon Country Discovery Center-** 8-9:30pm. See ad pg 23A

**Sep 21 Rock the MIC-** come one, come all! Doors open at 7pm, MIC talent starts at 8pm. Stories, comedy, poetry, music for all ages at the Moab Arts & Recreation Center, 111 E. 100 North. For info: 435-259-6272

**Sep 21, 22 Magic Night Downtown-** with the hilarious award-winning magic of Rick Boretti. 8pm \$10 for adults, \$5 for kids over 5 at Moab Backyard Theater, behind Zax at 56W 100 South. See article pg 9B

**Sep 21-23 Moab Golf Club Tournament-** Men's Red Rocks Amateur. For info 435-259-6488

**Sep 22 Utah High School Cycling League-** is the governing body for interscholastic cycling for students grades 7-12. For more info see pg 2B or visit utahmtb.org

**Sep 22 National Park Service Fee Free Day-** the Southeast Utah Group of the National Park Service (Arches & Canyonlands national parks and Hovenweep & Natural Bridges national monuments) is joining national parks across the country in waiving entrance fees several days in 2018 as a way to encourage people to get outdoors & spend time with their friends & family in the national parks this year.

**Sep 22-23 Moab Century Tour-** Ride one or two days! Every registration includes a donation to the Moab Cancer Treatment Center. For more information visit skinnytireevents.com or call 435-260-8889. See ad pg 22A, article pg 1B

**Sep 22, 23, 29, 30 Welding Workshop for the Creative-** with Ekaterina Tatarovich Harrison. In this class you will learn over 4 different types of welding (stick, MIG, TIG, & oxy-acetylene) as well as how to use some basic metal working tools. This will be a hands on class. For registration or info: 803-272-8578 or ekaterina@sculptureadventure.com

**Sep 23-27 Women: Wild by Nature Rafting on the upper San Juan River-** join Executive Director & Co-founder of Canyonlands Field Institute on this yearly women's river retreat. CFI women's trips provide a time & place for deepening connections to the wild & trying out new skills. To learn more either email info@cfimoab.org, call 435-259-7750, or go online cfimoab.org.



## Edge of the Cedars State Park Museum

660 West, 400 North, in Blanding, Utah.  
For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload  
\$3 Children 6-12  
Tour Buses \$3 per person  
Annual Passes are \$75  
Park Hours: Mon-Sat 9 a.m.-5 p.m.  
Sunday 9 a.m.-4 p.m.

Closed: Thanksgiving, Christmas & New Year's Day

## Visit the Grand Center!

182 N. 500 W.  
435-259-6623

Lunch: Mon., Tues., Wed. & Fri.  
under 60 \$6.00, over 60 \$2.50  
suggested donation.

Sheng Zhen



Sheng Zhen Tuesdays with Lisa

Healing Form 1 & 2 from 1:00-1:45pm  
Standing Form from 2:00-3:00pm

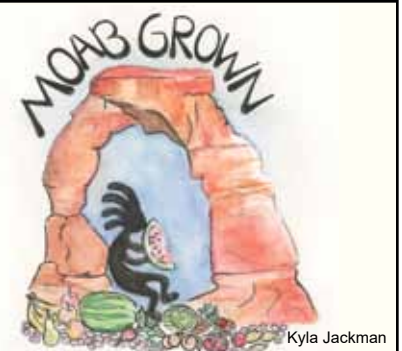
Vitality Room - 182 N 500 West  
435-260-9678  
email: shengzhenlisa@gmail.com

## Old Spanish Trail Arena



Have your event at the Arena!  
We do Equestrian, Jeep, UTV, Mtn. Bike,  
Community, Sporting, Weddings,  
Concerts & Archery Events  
ANYTHING is possible!!  
Sound System • Conference Room  
Concession • Climate Controlled  
for year round comfort.

Call 435-259-6226 or 435-259-1311



**FARMERS' MARKET**

Fridays 4-7 • May 4 - Oct 26  
Swanny City Park • 100 West & Park Dr.

For more information visit [moabgrown.com](http://moabgrown.com)