



# Sweet Cravings

## Bakery + Bistro

### Breakfast from \$6.50

- Crave Burrito:** egg, potato, cheese, salsa with chorizo, sausage or bacon
- Veggie Burrito:** egg, avocado, tomato, onion, potato, spinach
- Rise & Shine Panini:** egg, bacon, cheese, churasco sauce on sourdough
- Moab Mania Panini:** egg, brie, onion, avocado, bacon, "cravin' it sauce", on sourdough
- Starting Right:** egg, cheddar, bacon on a fresh bagel
- Biscuits & Gravy:** homemade biscuits with scratch made gravy
- Hot Ham & Cheddar:** ham, cheddar cheese, on a homemade roll ADD egg \$1.50
- Yogurt Parfait:** plain and strawberry yogurt with fresh fruit and homemade granola
- Alotta Frittata:** veggie or chorizo selections available
- Amasa Back:** sausage, egg, mozzarella, spinach and "Cravin it" sauce grilled on panini bread
- Breakfast Nachos:** chips, egg, cheese, homemade salsa and chorizo with avocado and sour cream
- Yummy Treats:** wild blueberry scones, cinnamon rolls, monkey bread, croissants, breakfast breads, muffins, and more!

### Coffee & Espresso Beverages from \$1.95

- Lattes:** toasted marshmallow, chocolate macadamia nut, caramel, vanilla, hazelnut, sugar free
- Mochas:** white chocolate, chocolate, caramel with homemade whipped cream
- Chai Americano Cappuccino Hot Chocolate Numi® Hot Teas**

### Desserts & Specialties

- Pie Selections:** apple, cherry, pumpkin, pecan, coconut cream, banana cream, key lime, german chocolate or Moab ribbon (inquire about today's selection)
- Cookies:** chocolate therapy, peanut butter, chocolate chip, oatmeal cranberry, oatmeal coconut pecan, or specialty selections are available
- Bars & Yummy Things:** lemon bars, temptation brownie, fudges, tres leche cake, chocolate popcorn

Order Online or Call Ahead for Pick Up!

435-259-8983

397 N. Main Street - Across from Comfort Suites

Catering • To Go Orders • Gluten Free Breakfast & Lunch Items • Desserts

Hours, Menu & Prices Subject to Change

### Lunch from \$8.95

#### Hot & Cold Specialty Items

All lunches come with chips, coleslaw, or potato salad and a "crave of the day"

- Roast Beef Sammy:** cheddar, caramelized onion spread, lettuce, tomato, on wheat
- Turkey BLT:** bacon, lettuce, tomato, turkey, tarragon aioli, toasted sourdough
- Veggie Wrap:** grilled portobello, onion, carrot, olive, spinach, tomato w/balsamic dressing
- Turkey Wrap:** turkey, lettuce, tomato, cheddar, tarragon aioli, in a spinach tortilla
- Capone Sub:** pepperoni, salami, capicola, provolone, lettuce, tomato, oil, vinegar
- Kokopelli:** turkey, bacon, avocado, red onion, cheddar, olives, bacon aioli on sourdough
- Roast Beef Samson:** blue cheese, grilled onion, bacon, roast beef, and caramelized onion spread on marbled rye
- Tuscano Turkey:** turkey, pesto, mozzarella, sun dried tomato on sourdough
- Canyon Ham:** ham, brie, spinach, tarragon aioli on marbled rye
- Adventure Inn:** turkey, cream cheese, cranberry sauce, swiss cheese, jalapeno jelly on sourdough bread
- Chef's Spicy:** roast beef, cheddar, tri colored peppers, poblanos, red onion, churasco on wheatberry bread
- Build Your Own!** The ideal way to make a scrumptious lunch Select ONE of each of the following categories
- Style:** wrap, panini or sandwich
- Bread:** spinach tortilla, sourdough, marbled rye, wheatberry or gluten free white
- Sauce:** mayo, mustard, tarragon aioli, pesto, caramelized onion, churasco honey mustard or bacon aioli
- Meat:** roast beef, ham, turkey, bacon or grilled chicken
- Cheese:** cheddar, brie, provolone, mozzarella, blue cheese, swiss or pepper jack
- Veggies:** spinach, olives, red onion, avocado, sun dried tomato, peppers, portobello, fresh tomato, carrots or lettuce

### Salads \$8.95-10.95

- Spinach Salad:** seasonal berries, red onion, pumpkin seeds, blue cheese w/balsamic dressing
- BLT Salad:** bacon, lettuce, tomato, red onion with ranch dressing
- Ultimate Chef's Salad:** olives, carrots, tomato, ham, turkey, beets, bleu cheese

### Hours & Details

Open Daily 7am-4pm

[www.cravemoab.com](http://www.cravemoab.com)