



39 East 100 North,
Moab, UT 84532
**Open 7 Days a Week,
8 AM to 8 PM**
(435) 259-5712



www.moonflower.coop

Responsible | Local | Healthy

Moonflower's kitchen hand-prepares an assortment of ready-to-go sandwiches, soups, salads and entrees using locally sourced organic ingredients. Gluten-free, Vegan and Vegetarian options are prepared daily, seasonal selections will vary. All items are reasonably priced under \$10 and priced according to weight.

Sandwiches \$5.50-\$6.00

Turkey & Cheese Sandwich
Veggie Sandwich with Hummus
Grass-fed Roast Beef Sandwich
Veggie Sandwich with Cheese
(Gluten-free options available)



Salads 1/2 size and Full size \$4.00-\$8.00

Superfood Salad with Kale and Red Quinoa
Green Salad with fresh seasonal ingredients
Spinach Miso Salad with Snap Peas and Crimini Mushrooms
Special rotating salads prepared and packaged include:
Pasta Salads, Raw Salads, Grain Salads, Kale Salads

Fresh Handmade Desserts and Fresh Baked Goods all under \$5.00

Vegan Chocolate Mousse
No-bake treats
Cookies
Home-made Bread

Hummus under \$4.00

Lemon Garlic, Roasted Red Pepper,
Spicy Black Bean, Cilantro Lime,
Turmeric White Bean, Kalamata Olive
and Seasonal Pesto

Additional Delicatessens

Spring Rolls, Nori Rolls,
Hummus Wraps and Soups,
Chili and Macaroni and Cheese



**Moab's
only
natural
grocery
store!**

Enjoy Moonflower Deli's new lofted high ceilings over a commercial kitchen and community meeting area with 24-person seating.

**Eat well on the trail with organic
selections from our deli!**

