

MOAB HAPPENINGS

Volume 34 Number 4

JULY 2022

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www.moabhappenings.com

JULY EVENTS

4TH OF JULY CELEBRATIONS pg 4A

MOAB FREE CONCERT SERIES pg 14A

GEOLOGY HAPPENINGS pg 5B

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MOAB HAPPENINGS®

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Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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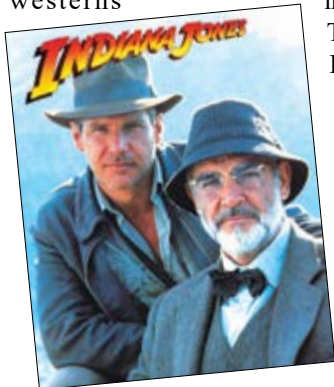
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River Road Happenings

Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns



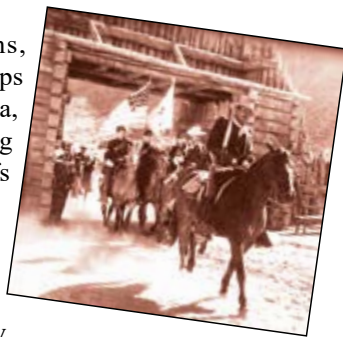
including Rio Grande, Cheyenne Autumn, Ten Who Dared, The Comancheros, and Rio Conchos.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are

production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 435-259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane



Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book Riders of the Purple Sage. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



A partial list of stars that have made movies in Moab
 John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

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Independence Day Happenings

Moab & Chamber of Commerce Celebrating Independence Day July 2

The community is invited to a Saturday, July 2 Independence Day celebration at Swanny City Park hosted by the City of Moab and the Moab Chamber of Commerce. The free event will take place starting at 11 a.m. and concluding with a free movie in the park at dusk.

The community fireworks display is scheduled to take place two days later, on July 4.

The Chamber has organized booths with activities including a watermelon eating contest and a donut on a string competition. These events will take place between 11 a.m. and 4 p.m.

The City will offer a variety of free games, including volleyball, corn hole, ladder ball, and spike ball in the grass throughout the day. Community members are encouraged to bring friends and family and enjoy some cordial competition, organizers said.

The Recreation and Aquatic Center (MRAC) will offer the opportunity to escape the heat by providing free swimming at the pool all day from 11 a.m. to 6:30 p.m. Bingo games will take place inside the MRAC from 2 to 4 p.m. Prizes will be awarded to the winners.

Food trucks will be available along the perimeter of the park, and a beer garden will be set up in Swanny Park, offering beverages from the Moab Brewery from noon to 10 p.m.

The Moab Valley Fire Department will be on hand to help keep attendees in the park cool by providing an hourly firehose water spray.

Those who attend can stop by the Moab Photo Booth from 3 to 6 p.m. to take photos with family and friends. Props will be available to help create fun, lasting memories.

DJs from KZMU will provide music from 1 to 9 p.m.



The event will conclude with a free movie, "Guardians of the Galaxy," which will be shown at dusk. Popcorn will be provided.

"The City of Moab and Chamber of Commerce are so excited to have this free community event and celebrate with our residents," said Kelley McInerney, arts and special events director for the Moab Arts and Recreation Center.



Blanding Independence Day Celebration

Theme: "United We Stand"
2022 Schedule

June 30, July 1, 2, 4 & 5

7:00 pm Edge of the Seaters Melodrama

Friday, July 1st -

9:00 am Mini-Madness Softball Tournament

5:30 pm - Shane Warenski Memorial Midnight Madness Softball Tournament

Saturday, July 2nd

9:00 am - Horseshoe Tournament

9:00 am - Disc Golf Tournament Sponsored by USU

9:30 am - Diving for Dollars

10:00 am - Scales & Tails

10:00 am - Indoor SJH 6-on-6 Volleyball Tournament

3:00 pm - Picture-it-Palmer "Pressure is a Privilege" Documentary

5:00 pm - ATV Poker Run

5:00 pm - JackPot Horse Games

8:00 pm - SJHS Family Games, Dinner & Movie - Student Council Fundraiser

Sunday, July 3rd

ALL-DAY - Chalk Art Competition

Monday, July 4th

6:30 am - 5K Run (1 Mile Fun Run at 7:15 am)

8:00 am - Mayor's Prayer Breakfast

10:00 am - Independence Day Parade • Theme: "United We Stand". Grand Marshals

11:00 am - Booths, Food & Fun

11:00 am - 4-on-4 Outdoor Volleyball Tournament

11:15 am - Kids Games

Noon - Classic Racing Games

Noon - Quilters Guild

1:00 pm - Picture-it-Palmer "Pressure is a Privilege" Documentary.

4:00 pm - Stan Bronson - Down From The Mountain Concert

5:00 pm - Dinner in the Park

7:00 pm - 10:00 pm - Concert in the Park

SATURDAY JULY 9TH

5:00pm - USU Goat Roping Contest

6-9:30pm - FIREWORKS Show - Located at Centennial Park. We will have music playing and vendors down at the park for the fireworks show. Fireworks will be set off around 9:45 when it is dark.

More information about all these events can be seen at www.blanding-ut.gov/4th

* All Items Subject to Change or Cancellation

Questions: email Pratt Redd at predd@blanding.city



INDEPENDENCE DAY 2022

Community Celebration

Saturday, July 2
beginning at 11 a.m.

★ Swanny City Park ★
(100 West and 400 East)

Play at the Park

11 a.m. - 4 p.m.
Games & Family Activities

- ★ Volleyball
- ★ Watermelon Eating Contest
- ★ Donut-on-a-String Eating Contest
- ★ Fire Truck Water Spray - hourly
- ★ Beer Garden
- ★ Photo Booth ★ 3-6 p.m.
- ★ Music by KZMU ★ 1 - 8 p.m.

★ Free Movie - 9 p.m. ★
Guardians of the Galaxy

★ ★ ★
Cool Off
at the
MRAC

FREE SWIM ★ 2 - 6:30 p.m.
at the City Pool

BINGO ★ 2 - 4 p.m.



Sponsored by the City of Moab
and the
Moab Area Chamber of Commerce



Moab Events

July

Jun 30-Jul 4, 9 Blanding Independence Day Celebration. Many fun events, tournaments, games, films, booths, concerts and fireworks over many days. www.blanding-ut.gov/4th See schedule on pg 4A

Jul 1 Live Music at Blu Pig- The Teccas

Jul 1 Live Music at Moab's Backyard Theater- RIP Cassette, tickets: \$20 locals \$10, 7pm, 56 W. 100 South

Jul 2 Independence Day Community Celebration
Play at the Park 11am-4pm Games & Family Activities • Volleyball • Watermelon Eating Contest • Donut-on-a-String Eating Contest • Fire Truck Water Spray hourly • Beer Garden • Photo Booth 3-6 p.m. • BINGO 2-4pm • Music by KZMU 1-8pm • Cool Off at the MRAC FREE SWIM 2-6:30pm at the City Pool • Free Movie, 9pm, *Guardians of the Galaxy*, all at Swanny City Park

Jul 2 La Sal Mountains Butterfly Count- Join us to learn about, and participate in our annual survey of butterflies of the La Sal Mountains. We'll meet at the Moab Information Center 25 E Center St, Moab at 8:00 AM. The North America Butterfly Association participation fee is \$3.00 per person. Join the conversation about butterflies and moths of Southeastern Utah <https://www.facebook.com/groups/S.E.UT.Leps/>



Jul 2 Free Movie Moab Summer Film Series: Guardians of the Galaxy- Bring blankets, chairs and water. Popcorn provided. Swanny City Park about 8:30pm. Alcoholic beverages will be sold.

Jul 2 Moonflower Coop Supplement Saturday- Co-op owners, stock up and save on supplements on the first Saturday of every month! All dietary supplements, vitamins, minerals, tinctures, medicinal herbs, and other items in this department will be 10% off for co-op owners only. Synergy products will not receive any further discounts. 8am - 8pm

Jul 2, 9, 16, 23, 30 Magic Show with Rick Boretti, the Four Corners most acclaimed magician. The only functioning outdoor magic show in the Southwest! Prepare to laugh be mystified!

Saturday nights 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South. See article pg 8A

Jul 2 Live Music at Blu Pig- Lost Buffalo

Jul 4 INDEPENDENCE DAY

Jul 4 Moab Community Fireworks- Tune into 97.1 FM (KCYN) to hear music choreographed to the fireworks. Fireworks will be launched from Lions Back at dusk ~ 9pm. Provided by the City of Moab and Grand County

Jul 5 Live Music at Blu Pig- Lost Buffalo

Jul 5 Live Music at Spitfire- Joey Ganino

Jul 6 Introduction to Reiki Class- Learn the basics of Reiki energy healing in this free Moonflower class taught by certified Reiki Master, yoga instructor, and mindfulness instructor Crystal Bunch of Mindful Movement Moab! Learn what ailments Reiki can heal, what happens during a Reiki session, and more! Free and open to the public. No RSVP required. 7pm at Moonflower Co-op, 39 E 100 N.

Jul 6, 13, 20, 27 Bluegrass night with Quicksand Soup. High powered music from one of the Four Corners most legendary bluegrass bands. Free admission. 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Jul 6 Live Music at Blu Pig- Community Music Night

Jul 7, 21 Arts & Ag Market Moab Arts & The City of Moab are hosting the market at Swanny City Park, 400 N 100 W. Peruse local artist's goods, buy fresh and locally grown vegetables from our beloved food producers, and say hello to your neighbors! Friendly reminder that dogs are not allowed at Swanny. 5-8pm/ dusk info: 435-259-6272

Jul 7 Moab Information Center Lecture Series presents The Old Colorful Land- with Joel Tuhy. The Colorado Plateau, with Moab at its heart, is a region of great beauty and magnificence that attracts visitors from all over the world. But, beauty and magnificence are not its only attributes. The Colorado Plateau is also a region of oldness and stability. Oldness means being of great age, and stability means not being prone to rapid change, at least when left alone. This presentation looks at how oldness and stability are expressed on the Colorado Plateau. Can he make that interesting? Come see for yourself! 5pm, at the Moab Information Center, Center and Main, Sponsored by Canyonlands Natural History Association (CNHA)

Jul 7, 14, 21, 28 Live Music: Juniper Drive- Honky Tonk with a twist Thursdays, 8pm Moab Backyard Theater. Free Admission. Outside Food and Drink welcome. 56 W. 100 South See ad this pg

Jul 7 Live Music at Blu Pig- Two Runner

Jul 8 Moab FREE Concert Series- Con Brio a San Francisco Bay Area seven-piece that plays energetic soul, psych-rock and R&B that's as fresh and freethinking as the place they call home, will take the stage. Collectively operated and constantly evolving, Con Brio is a creative hub for some of the Bay Area's most gifted veteran musicians. As of 2021, Con Brio features singer Sarah Clarke—known for her vocal range and magnetic stage presence—as well as guitarist Benjamin Andrews, keyboardist AJ McKinley, trumpeter Brendan Liu, saxophonist Marcus Stephens, bassist Jonathan Kirchner and drummer Andrew Laubacher. Local Moab band The Nanites is the opening act. 6-9pm at Swanny City Park. See ad pg 8A

Jul 8 Live Music at Blu Pig- Forest Ray

Jul 8 Live FREE Music at The Fort- Craig Crippen & Family, 7pm, 550 Black Locust Ave, Bluff

Jul 8 & 9 Canyon Country Stewardship Training- Transform your recreation into stewardship! SUWA's Stewardship Program works every year to remediate, rehabilitate, and reclaim impacts to the wilderness character of our public lands. Help us accomplish our goals by becoming a part of our Wilderness Stewardship Program in Grand County. Become involved with

Ongoing Events:

Yoga in Old City Park
Sundays NEW TIME 9-10:15am. Classes by Donation. Alternating Yoga Teachers: Star Kolb, Angela Houghton, Kristi Paul, Porscha Doucette & Kelly Michaud. www.sundariyogamoab.com/classes for schedule.

Moab Community Yoga
Tuesdays 6:30-7:30pm at the Moab Arts and Recreation Center (MARC) in the dance room. 111 E 100 N

Arts & Ag Market
1st and 3rd Thursdays, 5-8pm/dusk thru October. Moab Arts & The City of Moab are hosting the market at Swanny City Park. info: 435-259-6272

Zumba Classes
Tuesdays & Thursdays 8:30-9:30am at Old Spanish Trail Arena

Free Community Lunch
Thursdays from 11:30am to 1:00pm at the St. Francis Episcopal Church (250 Kane Creek Boulevard, Moab). Free lunches for all who come by. Homemade soups (always several choices) or sandwiches, bread (chips with sandwiches), dessert, coffee and water. Call St. Francis Episcopal Church at 435 259-5831 for information.

Free Community Food Pantry
Fridays from 4-6pm at the St. Francis Episcopal Church (250 Kane Creek Boulevard, Moab) No ID, no name, no address, no personal information needed. We always have canned goods, bagged goods, meat. We often have bread, fresh produce, milk, cheese, fruit juice, eggs. Also personal toiletries, cleaning supplies, diapers, dog food. Feel free to pick up for someone who can't get out, or someone who is working. Call St. Francis Episcopal Church at 435 259-5831 for information.

LUNCH at the Grand Center, 182 N. 500 W. Noon on Mon, Tues, Wed & Fri under 60: \$6.00 over 60: \$2.50 suggested donation

Fruita Farmers Market
Featuring local agriculture, food, and handcraft vendors. Every Saturday morning through Oct 29 from 8:30-12pm in Reed Park, 250 S Elm St. in Fruita, CO. info: events@fruitachamber.org

Cortez Farmers Market
Saturday Mornings 7:30 am-11:30am Montezuma County Courthouse parking lot, 109 W Main St. Cortez, Colorado

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JULY 1 • FRIDAY

FIRST FRIDAY CORTEZ
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JULY 2, 9, 16, 23, 30 • 7:30AM-11:30AM

CORTEZ FARMERS MARKET
SW Corner of Main and Elm
cortezfarmmarket.com

JULY 4 • MONDAY

CITY OF CORTEZ FIREWORKS
Parque de Vida
cortezfire.com/

JULY GOLF TOURNAMENTS

CONQUISTADOR GOLF COURSE
July 2/3 • Fire-Cracker Golf Invitational
July 16 • Kiwanis Club
July 23/24 • Cortez Men's Golf Assoc Club Championship
July 30/31 • Conquistador Classic
fourcornersgolf.com

JULY • MONDAY-SATURDAY 7PM

NATIVE AMERICAN DANCERS
Cortez Cultural Center Plaza
cortezculturalcenter.org

JULY 14 • THURSDAY 7PM

MUSIC IN THE MOUNTAINS
Sun-Dappled: Classical Chamber Concert
Sunflower Theatre
musicinthemountains.com/festival-events-schedule/

JULY 21 • THURSDAY 5PM-8PM

3RD THURSDAYS CORTEZ DOWNTOWN MARKET
FEATURING CHRIS ARELLANO!
Montezuma Park
shopcortez.com/third-thursdays/

JULY 29-AUGUST 6 • FRIDAY-SATURDAY

MONTEZUMA COUNTY FAIR
LOGAN MIZE IN CONCERT WITH GUEST TIM MONTANA
Montezuma County Fairgrounds
montezumacountyfair.com/

For CREA Calendar of Events as well as other local and regional Calendars visit:

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56 W. 100 S. (1/2 Block off Main next to Zax)

More Events

our public lands monitoring initiative, increase our on-the-ground presence across Utah, and help us directly counter increasing impacts to our wild places. Info: volunteer@suwa.org To Register: suwa.org/apply

Jul 9 Artist Reception at Gallery Moab for Emberly and Marsha Modine. Meet the artists from 5-8pm, enjoy their art and mingle with other artists and art lovers. A cooperative gallery, offers a wide selection of original art and artisan crafts made by local artists. Many different styles and mediums. 59 South Main, #1

Jul 9 Edible Education for Kids! Calling all young chefs! It's time to tie on your apron for "Edible Education" just for you! Come be a part of your neighborhood community co-op and learn about healthy foods and basic cooking skills. Let's measure, mix, and roll together! Join Moonflower's Datura Deli staff for a fun class series for kids ages 8-11! Free and open to a maximum of 10 participants. 4pm at Moonflower Coop. Sign up at bit.ly/moonflowerkids. 39 E 100 N.

Jul 9, 16, 23, 30 Magic Show with Rick Boretti, the Four Corners most acclaimed magician. The longest running outdoor magic show in the Southwest! Prepare to laugh be mystified! Saturdays 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South. See article pg 8A

Jul 9 Live Music at Blu Pig- Lost Buffalo

Jul 9 Independence Day Fireworks in Blanding- See article pg 4A

Jul 9, 23 Helper Saturday Vibes is a festive outdoor market where family and friends can shop local artists, enjoy live music, learn about local nonprofits, sample a variety of food trucks, peruse the classic car parking, and bounce around the kids' activities—all on Helper's Historic Main Street! 5pm-10:30pm

Jul 11 Grand County Council on Aging meeting will be held at 12:30 at the Grand Center, 182 North 500 West. Questions: 435-201-0209.

Jul 12, Moonflower Co-op 5% Day for Moab Free Concert Series Every second Tuesday of the Month, Moonflower donates 5% of the day's sales to a local organization that aligns with our mission. This month, Moonflower's 5% Day will be donated to the Moab Free Concert Series. 8am - 8pm. Join us in supporting the series by shopping the co-op!

Jul 12 Live Music at Blu Pig- Lost Buffalo

Jul 12 Live Music at Spitfire- Joey Ganino

Jul 13 Weed 'n' Feed- Join the Youth Garden Project every other Wednesday to help out with weeding in the garden, meet new people, and enjoy a garden-fresh meal prepared by volunteer chefs. 6-8pm, free and open to all ages! 530 South 400 East

Jul 13, 20, 27 Live Music: Bluegrass Night with Quicksand Soup. High powered music from one of the Four Corners most legendary bluegrass bands. Free admission. 8pm Moab Backyard Theater Outside Food and Drink welcome. 56 W. 100 South

Jul 13 Live Music at Blu Pig- Community Music Night

Jul 14 Moab Information Center Lecture Series presents Geology of Canyonlands- with Rhodes Smartt. Have you ever wondered how Canyonlands was formed? National Park ranger and geologist Rhodes Smartt will take us on a journey through the geologic history of Canyonlands National Park. He will discuss the geology of the greater Colorado Plateau area and the Island in the Sky district of Canyonlands and how this unique geology led to uranium mining. Join us for an evening of geologic exploration! 5pm at the Moab Information Center, corner of Center and Main, sponsored by Canyonlands Natural History Association (CNHA)

Jul 14, 21, 28 Live Music: Juniper Drive- Honky Tonk with a twist 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Jul 14 Live Music at Cortez- Music in the Mountains concert series: Join us at the Sunflower Theatre in Cortez for an intimate chamber performance with members of our festival orchestra. musicinthemountains.com/festival-events-schedule/ See ad on pg 5A

Jul 14 Live Music at Hoodoo- Joey Ganino

Jul 15 Friday Family Skate for all ages at the Sun Court by Star Hall. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

Jul 15 Inside Out -Free Movie Moab Summer Film Series- Bring blankets, chairs and water. Popcorn provided. Swanny City Park about 8:30pm

Jul 15-23: Survive & Thrive: A Crash Course in Self-Sufficiency and Sustainability- This week-long course, taught by author and educator Dan Chiras, will provide an overview of numerous aspects of sustainable living and self-sufficiency. Throughout the week, participants will have the opportunity to participate in lectures, group discussions, hands-on workshops, and tours around the Moab community. Community Rebuilds courses offer day, non-residential (local), and residential passes ranging from \$100-\$1200. To learn more, go to www.communityrebuilds.org/workshopscourses

Jul 15 Live Music at Blu Pig- PJ Moon

Jul 16-17 Golf Tournament- Global Scramble Challenge, mixed. Info: moabgolf@citlink.net, 435-259-6488, Moab Golf Course

Jul 16, 23, 30 Magic Show with Rick Boretti, the Four Corners most acclaimed magician. The longest running outdoor magic show in the Southwest! Prepare to laugh be mystified! 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Jul 16 Live Music at Spitfire- Joey Ganino

Jul 19 Music in the Grapevines- is presenting Wild Flight (contemporary and jazz) in concert at Two Rivers Winery, Grand Junction. Gates open at 6pm, concert at 7pm. Picnics are encouraged. Two Rivers Wine available. Tickets \$15 in advance; \$20 at gate. Info and advance tickets at artcenterguild.org

Jul 20, 27 Live Music: Bluegrass night with Quicksand Soup. High powered music from one of the Four Corners most legendary bluegrass

Emergency Room (ER) Access at Moab Regional Hospital will be through Main Entrance at front of facility, for several months.

bands. Free admission. 8pm Moab Backyard Theater Outside Food and Drink welcome. 56 W. 100 South

Jul 20 Live Music at Blu Pig- Community Music Night

Jul 21 Sports Physical Clinic- Moab Regional Hospital's annual low-cost Sports Physical Clinic from 4:00-7:00pm. Physicals are only \$25 and all proceeds are donated to GCSD athletic program. Available by appointment only. Call 435-719-5500 to schedule. See ad on pg 8B

Jul 21 Weed 'n' Feed- Join us at Youth Garden Project every other Wednesday to help out with weeding in the garden, meet new people, and enjoy a garden-fresh meal prepared by volunteer chefs. 6-8pm, free and open to all ages!

Jul 21 Arts & Ag Market Moab Arts & The City of Moab are hosting the market at Swanny City Park. Peruse local artist's goods, buy fresh and locally grown vegetables from our beloved food producers, and say hello to your neighbors! Friendly reminder that dogs are not allowed at Swanny. 5-8pm/dusk info: 435-259-6272

Jul 21 Live Music: Juniper Drive- Honky Tonk with a twist 8pm Moab Backyard Theater. FREE ADMISSION. Outside Food and Drink welcome. 56 W. 100 South—

Jul 21 3rd Thursdays in Montezuma Park- Chris Arellano concert, food, drinks, vendors, fun. 5-8pm Corner of Market & Montezuma, Cortez. See pg 8A

Jul 22-23 Jam Skate Camp! from 6-7pm, roller disco from 7-9pm. and on the 23rd Wake and Skate from 9-10am. Pre-registration for attending the class and whole event is 35.00 at skatemoab.com. Those not attending the class can still attend the roller disco or Wake and Skate portions at regular event rates. \$10 for adults, \$7for youth and \$5 bring your own skates. Camping is at the OSTA racetrack and is an additional fee. Dry tent and trailer space available. Old Spanish Trail Arena. Info at facebook.com/skatemoab

Jul 22 Live Music at Moab's Backyard Theater- Rally & Botanical Animal, tickets: \$20 locals \$10, 7pm, 56 W. 100 South

Jul 22 FREE Live Music at The Fort- Aria Bella, 7pm, 550 Black Locust Ave, Bluff

Jul 22-23 Monticello 2022 Pioneer Days- Fireworks, parade, vendors, and more! Monticello Ballfields. See Facebook Monticello Pioneer Days

Jul 23 Service Saturday at Arches - Show your love for Arches National Park by helping clean up litter or pull weeds at a popular parking lot or trailhead (Time TBD)! All equipment will be provided and all ages and abilities welcome. Location and other details will be determined one week from the date of event. Each participant will receive a special thank-you item for volunteering time to care for the national park. For more information or to sign up, please contact Sofia Nicholson at sofia_nicholson@nps.gov or 435-719-2214.

Moab Golf Course

Scenic 18 Holes



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seven days a week!

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arts & ag

A MOAB MARKET AT SWANNY PARK 400 N 100 W
1ST AND 3RD THURSDAYS MAY-OCT 5PM-DUSK

PRESENTED BY  (435) 259-6272
www.moabarts.org

*No dogs allowed at Swanny

More Moab Events

Jul 23 Star Party at Sand Flats Recreation Area
stargazemoab@gmail.com

Jul 23 Edible Education for Kids! Calling all young chefs! It's time to tie on your apron for "Edible Education" just for you! Come be a part of your neighborhood community co-op and learn about healthy foods and basic cooking skills. Let's measure, mix, and roll together! Join Moonflower's Datura Deli staff for a fun class series for kids ages 8-11! Free and open to a maximum of 10 participants. 4pm at Moonflower Coop. Sign up at bit.ly/moonflowerkids.

Jul 23 Magic Show with Rick Boretti, the Four Corners most acclaimed magician. The longest running outdoor magic show in the Southwest! Prepare to laugh be mystified! 8pm Moab Backyard Theater.. Outside Food and Drink welcome. 56 W. 100 South

Jul 23 Quemando will perform its high-energy, highly danceable salsa and Latin jazz music at Grande River Vineyards in Palisade, Colorado. The outdoor concert is a benefit for Child and Migrant Services (CMS) in Palisade. Tickets are \$20 in advance, or \$25 at the door. Gates open at 5:30 p.m. Concert starts at 7 p.m. For info or to purchase tickets visit: migrantservicesgv.org. See article pg 14A

Jul 23, 30 Live Music at Stateline Bar and Grill- Bubba Bartosh and the Red Rock Outlaws at Dove Creek, Colorado.

Jul 23 Helper Saturday Vibes is a festive outdoor market where family and friends can shop local artists, enjoy live music, learn about local nonprofits, sample a variety of food trucks, peruse the classic car parking, and bounce around the kids' activities—all on Helper's Historic Main Street! 5pm-10:30pm

Jul 23, 24, 25 Country Jam - Grand junction

Jul 24 PIONEER DAY
Utah State Holiday

Jul 24 Moab Museum Ice Cream Social- The Moab community is invited to attend the Moab Museum's annual Ice Cream Social from 7-9pm on the Museum lawn. There will be free ice cream, friends, neighbors, lawn games, bubbles, music, and lots of fun! 118 E Center St. See ad pg 15A



Jul 24- Aug 1 Community Rebuilds Essentials: How We Build Sustainable, Affordable Homes- In the past 12 years, we've learned a lot about building with sustainability and affordability at the forefront. This crash course will squeeze

that knowledge into an action-packed five-day overview, complete with hands-on experiential learning opportunities and a focus on creating community. Topics in this course will include natural building techniques, working with local policies, and living with your home with sustainability and community in mind. Community Rebuilds courses offer day, non-residential (local), and residential passes ranging from \$100-\$1200. To learn more, go to www.communityrebuilds.org/workshopscourses

Jul 25 Movement for Health and Peace of Mind: Phase 1 Our body holds our stories: In our tissues, our minds, and as imprints on our hearts. These can present as physical pain, the diagnosis of anxiety or depression, or disease. Movement can help us access undigested hurt and emotions and start to process what potentially makes us "sick" otherwise. Join yoga teacher, massage therapist, and life coach Trista Winder for an evening of gentle guided yoga movement, accessing the wisdom of your body, and learning about healing trauma and discovering the myths of mental health. This workshop is free and open to the public. 6:30pm at Moonflower Co-op.

Jul 27 Weed 'n' Feed- Join us at Youth Garden Project every other Wednesday to help out with weeding in the garden, meet new people, and enjoy a garden-fresh meal prepared by volunteer chefs. 6-8pm, free and open to all ages!

Jul 27 Live Music: Bluegrass night with Quicksand Soup. High powered music from one of the Four Corners most legendary bluegrass bands. Free admission. 8pm Moab Backyard Theater Outside Food and Drink welcome. 56 W. 100 South

Jul 27 Skate Moab Adult Skate Night with DJ tba at Old Spanish Trail Arena Pavilion 7-10pm, \$15 with rentals and \$10 entry or bring your own skates.

Jul 27 Live Music at Blu Pig- Community Music Night

Jul 28 Live Music: Juniper Drive- Honky Tonk with a twist 8pm Moab Backyard Theater. FREE ADMISSION. Outside Food and Drink welcome. 56 W. 100 South

Jul 28 Live Music at Blu Pig- PJ Moon

Jul 29 Moab FREE Concert Series- Los Mocochetes, a Chicano Funk band from Denver, CO, will perform. This colorful cast of characters fuses thoughtfully brazen, socio/politically charged song lyrics, groovilicious melodies and high-energy stage antics to create an immersive experience unlike anything you've ever seen before. They have chosen to use their music to inspire and encourage positive social change, and they have a ton of fun along the way! Music is medicine, laughter is medicine, community is medicine. 6-9pm Swanny City Park. See ad pg 14A

Jul 29-30 Saints to Sinners Bike Relay- Ride from the Heavenly Heights of Utah to the Infernal Heat of Las Vegas in this year's annual Saints to Sinners Bike Relay! register today for the best time you can have on two wheels! www.SaintsToSinners.com See ad pg 2B

Listings in the Moab Happenings

Events Calendar are FREE!!

DEADLINE: JULY 20, 2022

for AUGUST Events Calendar

Jul 29 Friday Family Skate for all ages at the Old Spanish Trail Pavilion. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

Jul 29 Live Music at Blu Pig- PJ Moon

Jul 29 FREE Live Music at The Fort- Dallyn Bayles, 7pm, 550 Black Locust Ave, Bluff

Jul 29 Dark Sky Discovery Series 2022- View Constellations and Deep Sky Objects with a large telescope. start time 9:30pm at Canyon Country Discovery Center, Monticello. www.ccdiscovery.org

Jul 30 Magic Show with Rick Boretti, the Four Corners most acclaimed magician. The longest running outdoor magic show in the Southwest! Prepare to laugh be mystified! 8pm Moab Backyard Theater. Outside Food and Drink welcome. 56 W. 100 South

Jul 30 Live Music at Stateline Bar & Grill Car Show- Bubba Bartosh and the Redrock Outlaw Band performing. Dove Creek, Colorado.

August

Aug 4 Arts & Ag Market Moab Arts & The City of Moab are hosting the market at Swanny City Park. Peruse local artist's goods, buy fresh and locally grown vegetables from our beloved food producers, and say hello to your neighbors! Friendly reminder that dogs are not allowed at Swanny. 5-8pm/dusk info: 435-259-6272

Aug 5 Friday Family Skate for all ages at Old Spanish Trail Arena. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

Aug 5 Encanto -Free Movie Moab Summer Film Series- Bring blankets, chairs and water. Popcorn provided. Swanny City Park about 8:30pm

Aug 5-6 2022 Abajo Enduro- This epic two-day, three stage enduro takes place in a hidden enclave of the Abajo Mountains of San Juan County, overlooking the Bears Ears National Monument. roamutah.com

Aug 6-7 Golf Tournament- 3-n-1 Mixed, mixed. Info: moabgolf@citlink.net, 435-259-6488, Moab Golf Course

Aug 10 Weed 'n' Feed- Join us at Youth Garden Project every other Wednesday to help out with weeding in the garden, meet new people, and enjoy a garden-fresh meal prepared by volunteer chefs. 6-8pm, free and open to all ages!

Aug 5 Friday Family Skate for all ages at Old Spanish Trail Arena. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

2022 Moab Area Events

Jul 44th of July Celebration

Jul 8 & 29...Moab Free Concert Series

Aug 11-13 ..Grand County Fair

Aug 19.....Moab Free Concert Series

Sep 1-15Moab Music Festival

Sep 3-5RR4W Labor Day Campout
(four-wheel drive event)

Sep 12-18 ..Full Size Invasion (4x4 offroad)

Sep 16Soup Bowl Fundraiser

Sep 17Golden Bears Ears Ultra,
(Monticello)

Sep 16-17....Green River Melon Festival

Sep 17-18....Moab Century Tour
(road bicycling event)

Sept 23-24 Ut High School Mt Bike Race

Sep 24Youth Garden Harvest Festival

Sep 30-Oct 2..Outerbike (Mountain Bike Expo)

Oct 7-11Moab 240 Endurance Run

Oct 8.....Arches Marathon & Half, 15k

Oct 14-16..'Scots on the Rocks'
Moab Celtic Festival

Oct 22-23Red Canyon Powwow

Oct 27-29...Jeep Jamboree

Oct 27-30....Moab Ho Down
(mountain bike festival)

Oct 29-30....Madness in Moab 24 hour
(running events)

Oct 30.....Day of the Dead Celebration
(multicultural event)

Oct 30-Nov 4Moab Folk Camp

Oct 31Trunk or Treat

Nov TBA.....Utah Fallen Peace Officers
Trail Ride

Nov 4-6Moab Folk Festival

Nov 4-7..... Moab Craggin' Classic
(rock climbing event)

Nov 5-6Moab Trail Marathon,
Half Marathon, 5K & Kids K

Nov 19Dead Horse Ultra
(footrace 30k, 50k, 50 mile)

Dec 3.....Christmas Lights Parade

Even More Moab Events

Aug 11-13 Grand County Fair- Rodeo, 4-H Expo, cornhole tournament, vendors, games, and so much more. Sponsored by Grand County and Utah State University. At the Old Spanish Trail Arena

Aug 11 Sports Physical Clinic- Moab Regional Hospital's annual low-cost Sports Physical Clinic from 4:00-7:00pm. Physicals are only \$25 and all proceeds are donated to GCSD athletic program. Available by appointment only. Call 435-719-5500 to schedule. See ad on pg 8B

Aug 11 Soundscapes: How Noise Pollution Influences Wildlife Patterns and Visitor Experience Within Canyonlands NP - presentation by Robert Anderson. Beep Beep Beep! Tweet tweet! Sounds are all around us and play an important role in our experience with the landscape. The National Park Service is beginning to understand the relationship between sound and the inherit resources within the park. By preserving the natural sound we all can enjoy our national wonders a little more. 5:00 pm, Moab Information Center, Canyonlands Natural History Association (CNHA) and Moab Museum.

Aug 12 Friday Family Skate for all ages at Old Spanish Trail Arena. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

Aug 12 Top Gun -Free Movie Moab Summer Film Series- Bring blankets, chairs and water. Popcorn provided. Center St. Ballpark about 8:30pm. Alcoholic beverages will be sold.

Aug 12 FREE Live Music at The Fort- Scott Glen Lambertsen & Mark Seeley, 7pm, 550 Black Locust Ave, Bluff

Aug 12-13 Ute 100- La Sal Mtns, Mt Peale Animal Sanctuary. www.runbumtours.com

Aug 13, 27 Helper Saturday Vibes is a festive outdoor market where family and friends can shop local artists, enjoy live music, learn about local nonprofits, sample a variety of food trucks, peruse the classic car parking, and bounce around the kids' activities—all on Helper's Historic Main Street! 5pm-10:30pm

Jul 29 Dark Sky Discovery Series 2022- View Saturn, the Moon and a Meteor Shower. start time 8:30pm at Canyon Country Discovery Center, Monticello. www.ccdiscovery.org

Aug 16 Music in the Grapevines- is presenting Donny Morales and Glenn Patterson (acoustic funk and soul) in concert at Two Rivers Winery in Grand Junction, Colorado. Gates open at 6pm, concert at 7pm. Picnics are encouraged. Two Rivers Wine available. Tickets \$15 in advance; \$20 at gate. Info and tickets at artcenterguild.org

Aug 18 Arts & Ag Market Moab Arts & The City of Moab are hosting the market at Swanny City Park. Peruse local artist's goods, buy fresh and locally grown vegetables from our beloved food producers, and say hello to your neighbors! Friendly reminder that dogs are not allowed at Swanny. 5-8pm/dusk info: 435-259-6272

Aug 19 Moab FREE Concert Series- Big Richard began as an all-female festival collab quickly morphed into a serious passion project driven by sisterhood, harmony and humor—along with the shared desire to rage fiddle tunes and smash the patriarchy. Big Richard is a neo-acoustic super group made up of four well established Colorado musicians: Bonnie Sims on mandolin, Joy Adams on cello, Emma Rose on bass + guitar and Eve Panning on fiddle. Formed in late 2021, the band gained immediate notoriety for their charismatic stage presence and their vocal/instrumental prowess. 6-9pm Swanny Park.

Aug 19 Friday Family Skate for all ages at Old Spanish Trail Arena. \$10 adults, \$7 youth and \$5 bring your own skates. 6-8pm

Aug 19-21 Helper Arts, Music and Film Festival- Live music, painting, sculpture, youth art, ceramics, jewelry, wood working and food court. Located in Nationally Registered historic Main Street, Helper, Utah. helperartsfestival.com

Aug 22-Sep 16 Moab Music Festival - Every September, the award-winning Moab Music Festival brings world-class musicians to stunning red rock venues around Moab, Utah for a feast of chamber music, jazz, and traditional music concerts. We call it music in concert with the landscape®, celebrating old and new chamber music, jazz with a Latin flavor, and traditional music from around the globe. www.moabmusicfest.org

Aug 24 Weed 'n' Feed- Join us at Youth Garden Project every other Wednesday to help out with weeding in the garden, meet new people, and enjoy a garden-fresh meal prepared by volunteer chefs. 6-8pm, free and open to all ages!

Aug 24-26 CFI Field Seminar—Range Creek Archaeology. A major tributary to the Green River, Range Creek Canyon cuts through the West Tavaputs Plateau in the Book Cliffs and now has limited public access. With guest archaeologist, Jamie Hollingsworth, visit prehistoric and historic sites by 4w drive, short walks and meet with university researchers. Fully outfitted, truck supported tent camping at 7000 ft., small group and leisurely pace for indepth exploration. Trip fees help support CFI youth programs. Details: www.cfimoab.org/adult_seminars; info@cfimoab.org; 435-259-7750.

Aug 26 Live Music at Moab's Backyard Theater- The Button Ups, tickets: \$20 locals \$10, 7pm, 56 W. 100 South

Aug 26 FREE Live Music at The Fort- Jack & Jeanette Jeppson, 7pm, 550 Black Locust Ave, Bluff

Aug 27 Service Saturday at Arches - Show your love for Arches National Park by helping clean up litter or pull weeds at a popular parking lot or trailhead (Time TBD)! All equipment will be provided and all ages and abilities welcome. Location and other details will be determined one week from the date of event. Each participant will receive a special thank-you item for volunteering time to care for the national park. For more information or to sign up, please contact Sofia Nicholson at sofia_nicholson@nps.gov or 435-719-2214.

Aug 27 Helper Saturday Vibes is a festive outdoor market where family and friends can shop local artists, enjoy live music, learn about local nonprofits, sample a variety of food trucks, peruse the classic car parking, and bounce around the kids' activities—all on Helper's Historic Main Street! 5pm-10:30pm

Aug 31 Adult Disco Skate Night 18+ at the Old Spanish Trail Arena Pavilion from 7-10 pm. DJ tba, \$15 with skate rental, \$10 bring your own or off skate entry.

There's Magic in Moab at the Backyard Theater

Everybody knows that Moab is a magical place, even in the heat of July. But did you know that Moab has its very own magic man? Rick Boretti has been wowing audiences throughout the west for years, and his Moab downtown magic show has become one of the longest-running outdoor magic shows in America. He performs his acclaimed jaw-dropping illusions every Saturday at 8pm to Moab Backyard Theater, an outdoor venue located in the heart of downtown Moab, just behind Zax



“I love doing magic at the theater,” Rick says. “It’s great to see people laugh, have a good time and the adults become kids again. People come back that have seen me over the years and become like family.”

A working member of the International Brotherhood of Magicians, Boretti has been perfecting his craft over the years at festivals, theaters and private functions. He also specializes in the difficult sleight of hand known as “close-up magic”, creating

illusions that can leave audiences gasping. His fascination with magic started early.

“I was bitten by the magic bug when I was 6. Later when I learned to do a cut and restored rope my life was never the same. I like to have fun and for people around me to have fun. Magic is one great way to do this.”

When he’s not doing magic, Boretti is a Ranger and wildlife biologist in the heart of the Canyonlands wilderness, helping keep people and animal populations safe on the San Juan river. But he’s mostly famous around the Four Corners for one thing: magic.

“I’m always working on creating new miracles.” he says. It is family fun with lots of laughs but hopefully strong magic.”

You can catch Moab’s “Magic Man” every Saturday at 7pm at Moab’s Backyard Theater, located at 56 W. 100 South, just behind Zax. Admission is ten dollars for adults and 5 dollars for kids 5 and over. It’s worth every penny to see the premiere magician in Southeastern Utah. Wednesdays are Bluegrass nights and Thursday is Honky Tonk Fusion with Juniper Drive.

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HOSPITAL
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Main Entrance Attendant
\$18.50/hour

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FULL-TIME PERMANENT WITH BENEFITS

Don't see a job listed on our website that fits your skillset? We are always looking for great people to join our team – so, upload your resume and cover letter to “Moab Regional Hospital – General Application” and let us know what kind of position you are looking for!

For more information or to apply,
please visit www.mrhmoab.org/jobs

Featured Food Happenings

Trailhead Public House & Eatery.

The owners Tim Miller & Teresa Petitti are long time Moab residents who established The Trailhead Public House & Eatery on October 6 of 2020 during the world wide Covid-19 pandemic in one of Moab's oldest buildings that was built in 1886. The location is downtown on the corner of Main and 100 North; it's an easy walk mixed into the heart of Moab.



The Trailhead specializes in pub favorite food & beverages like Fish & Chips using dipped to order beer battered cod & house cut potatoes for the freshest French fries, hand pressed wagyu beef and bison burgers (the menu has 10 specialty burgers to choose from) and a variety of tap & bottled beers, spirits, wines & cocktails both alcoholic and non (try a Utah Dirty Coke... It's a must have) but the Trailhead features unique items like Green Chili Pork Poutine, fall off the bone Wings, Vegan variety eats and all day BLT's.

The owners strive to stand out with a noticeable Homemade Comfort Menu. All dressings like Ranch and Cranberry Ginger Vinaigrette, sauces like Whiskey Tango BBQ & Pineapple Sticky Sauce, Bean Burgers & Veggie Burgers are made fresh in house. The Coleslaw is also unique: it has a Southwest style to it that you won't get anywhere else. The spice mixes and fish batter recipes were created in house and one of the favorites to end a meal with is the homemade bread pudding. Each week the



theme changes so those who frequent often can get a new delicious dessert flavor without getting bored.

The Trailhead menu features something for everyone: it's Family Friendly and also offers a kid's menu. The Trailhead is open Tue - Sat at 11:30. Closing time depends on the season. If you have questions just call 435-355-1-Pub.

And be sure to mention you read about it in *Moab Happenings*.






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7am - 9pm





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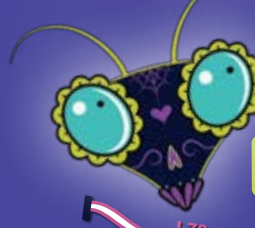


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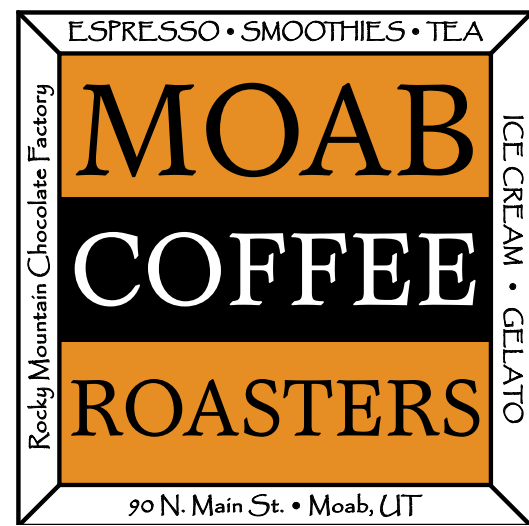
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Breakfast • Lunch • To-Go • Curbside
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Serving made-to-order brewed espresso, iced coffee, paninis, fresh squeezed juices and smoothies made with fresh fruits. Fast breakfast options. To-Go and Curbside service in the heart of Moab. Now accepting mobile orders using the DoorDash app and have your order waiting for you. See our menu at CafeLoungeItaliano.com



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Open Mon - Sat 6am-2pm | Sunday 6am-Noon
Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.



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Open Daily at 5pm
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Vegetarian, Vegan & Gluten Free items available. Proud to cook with zero trans fat.



Moab Coffee Roasters
90 N. Main St. 435-259-2725
Open Daily 7am-7pm
On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared coffee beverages, teas, smoothies, and Italian sodas. Taste the fresh roasted difference! Featuring quality chocolates from Rocky Mountain Chocolate Factory. We have breakfast burritos, courtesy of fresh2go.



Street Dogs Food Truck
39 W 100 N. (Spot 4) Food Truck Park 435-459-3827
Breakfast • Lunch
Open 10am - 7:30pm Mon - Thurs 8:30am-8pm Fri - Sun
Street Dogs serves tasty waffles and gourmet hot dogs. There are 17 signature hot dogs and 15 waffle on the menu. Vegan and gluten free friendly! Come try the best hot dogs and waffles in town!

The Donut Shop
65 E Center St
Open Daily 7:30am - Until Sold Out or Noon
If you're looking for a homemade classic donut, the Donut Shop located just east of Main Street at 65 E Center Street is your place. With our 50 year old donut recipe as a guide, we make, from scratch, some of the best donuts ever. Treat yourself today! Call ahead to pre-order: 435-355-0738.

Dave's Corner Market
4th East & Millcreek Drive
Coffee • Groceries **Open Daily 7am-8pm**
Serving Espressos and Lattes and has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up!



Stu's Deli (Inside Moab Chevron)
817 South Main 435-259-2212
Breakfast • Lunch **Deli Open Daily 5am-9pm**
Featuring Moab local's favorite fried chicken, hot and cold sandwiches, pizza, wings and more. Call in sandwich orders at 435-259-2212. Store, fuel and car wash open Sun-Thurs 4am-11pm, Fri-Sat 4am-midnight.

Restaurant Guide

The Alley Sports Pub & Grill
 Watch Every NFL Game Here!
Best Wings in Town
20 Beers on Tap!
 1078 Millcreek Dr. | 435-259-4748
 www.gravelpitlanes.com

The Alley Sports Pub & Grill
 1078 Millcreek Drive 435-259-4748
 Open Mon-Sat 4pm-Close Open Sun 4pm
 The newest sports pub & grill inside Gravel Pit Lanes. Come enjoy the game on our 80" Ultra HD TV and our other 14 screens. Serving delicious pub grub along with beer. 40 beers to choose from, 20 on tap. Under 21 welcome. www.gravelpitlanes.com.

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Dine-In & To-Go Orders
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 Fri & Sat 11am-10:30pm
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 435-355-0167
 anticaforma.com

Antica Forma
 267 North Main Street 435-355-0167
 Lunch • Dinner
 Open Sun-Thur 11am-10pm
 Fri & Sat 11am-10:30pm
 The name Antica Forma means "The old form." We serve pizza made by master pizzaiolo (pizza maker) Israel Hernandez who was trained in the art of pizza made in its birthplace: Naples, Italy. Authenticity and quality are important to us, so our ingredients are either imported from Italy or made fresh in house everyday.

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 SUSHI BAR & ASIAN BISTRO
Thai • Sushi • Ramen
 59 South Main St. Suite 8
 www.BangkokHouseToo.com
 435-355-0168
 Full Liquor License

Bangkok House Too, Sushi Bar & Asian Bistro
 59 South Main St. Suite 8 435-355-0168
 Lunch • Dinner • Take-Out • Delivery
 Open 11:30am until 10:00pm
 Every Day Except Wednesday
 Our chefs prepare authentic dishes using the highest quality ingredients. We have a large menu including Thai, Sushi, Bento Boxes, Pho and Ramen. There are many Vegetarian and Gluten Free options. Plus a kids menu! We also offer Lunch Specials, To-Go and Delivery. Full Liquor License.

When the Food Matters,
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 BBQ and Blues Joint
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 NIGHTLIFE ON THE ROCKS
 Over 60 Beers - 30+ Heavy Beers
 Largest selection of
 Whiskeys & Tequilas in Moab

Blu Pig & Blu Bar
 811 S. Main 435-259-3333
 Lunch • Dinner • Take-Out
 Open Daily 11:30am - Close
 Moab's only BBQ and Blues destination with ribs to write home about. Smoking your favorites all day, every day. Casual, laid back establishment that you'll want to visit time and again. Covered patio dining and internet bar. Large Screen HD TV's. Take out available. Blu Bar specializes in Whiskey and Tequila with over 60 Ice Cold Beers.

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 Open Nightly 5pm - Closed Sundays
 The Broken Oar is Moab's highest-quality American eatery. Our mission is simple: to provide our guests with great food, a rustic atmosphere, and quality service. We're family-owned and operated and we treat our guests as part of our family too. We take pride in the things we do best; from our savory meats and barbeque to our famous burgers and sweet potato fries. We hope you'll give us the chance to show you why we are a cut above the rest.

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 The Art Of Good Eating!
Authentic Mexican Cuisine
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 See Our Menu & Order Online

El Charro Loco Mexican Grill
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Restaurant Guide

The Giddy Piggy Piggy
Way out grilled cheese!

840 S. Main St. Moab 740-550-3199

The Giddy Piggy
840 S. Main St. Moab 740-550-3199
Open 10am - 8pm Every Day

The Giddy Piggy offers an amazing variety of gourmet grilled cheese sandwiches and much more! Try our Buffalo Ranch Chicken Grilled Cheese, Philly Cheesesteak Grilled Cheese, BBQ Chicken Grilled Cheese, Taco Grilled Cheese, or you can spice up your life with our Jalepeño Popper Grilled Cheese. We also have vegan and vegetarian options. You can finish off your meal with a decadent dessert like our S'mores Griller or Fruit Pie Griller.

Giliberto's
Authentic Mexican Food
Open 6am-2am

Try our Sopas and Gorditas \$5.00ea
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Breakfast All Day Menudo Sun \$13.00

Mexican juices
Horchata - Rica Jamaica - Tamarindo - Orange Whip

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Giliberto's
396 South Main 435-259-1678
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Newest location of family owned chain of restaurants. Enjoy the same authentic Mexican cooking as our other restaurants in Arizona, Colorado and Utah. Traditional Mexican recipes including Lengua and Menudo. Mexican bottled Coca Cola, Horchata, Rica Jamaica, Tamarindo and orange whip.

il posto rosso
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477 S. Main Street 435-355-1088
Breakfast • Dinner
Open Everyday for Breakfast 6am-11am
Dinner 5pm-Last Seating at 9pm

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"Good Enough for a Last Meal"
101 NORTH MAIN STREET

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Red Birria Taco

Catering Available
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www.facebook.com/LaPreferida2020

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Delicious authentic Mexican food for a great price! Come try everyone's favorite Red Birria Tacos and our Mexican burger, carne asada fries, mulitas, tortas, burritos, quesadillas, and vegetarian options. We are located in a nice cozy setting away from the traffic and crowds, with plenty of outdoor seating and parking. Catering Available.

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Taste the wild West at our Western style dining experience. We open early and stay late to serve you a wide variety of delicious food options from our new menu. Come try our ½ pound burgers fresh off the grill, vegan pizza, or Mexican chocolate cake. Start your day with our breakfast served from 7 AM to 11:30 AM.

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Served Daily in the Datura Deli
Grab n' Go Meals, Soups, Sandwiches, & Salads
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moonflower.coop

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Moonflower Community Cooperative
39 East 100 North 435-259-5712
Breakfast • Lunch • Grab & Go
Open Daily 8am-8pm

Moonflower's Datura Deli offers hot breakfast burritos, a hot lunch bar featuring a freshly cooked entree and rotating soups, and a wide selection of grab & go sandwiches, salads, spreads, and snacks. Our deli bakes a variety of muffins, scones, cookies, cakes, and breads every day. Gluten-free and vegan options are always available.

Restaurant Guide



Open Daily 6:30 AM

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Restaurant
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 12-10 Fri - Sat

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Fri - Sat - Sun

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Rooftop Bar Available to Rent for Private Events

spitfiresmokehousemoab.com
 2 West 100 South 435-259-2654

Spitfire Smokehouse
 2 South 100 West 435-259-2654
 Lunch • Dinner

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Moab's Only Mediterranean Restaurant
 Dine in / Take Out

11:30am - Close

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 Phone: +1 435 355 0700
sultanmoab.com

Sultan Mediterranean Grill
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Open Daily 11:30am - Close

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View Menu & Order Online
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Sweet Cravings Bakery & Bistro
 397 North Main 435-259-8983
 Grab + Go Breakfast & Lunches
Open Daily 9a-3p ToGo Window 7a-9a

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Live Music Happenings

Experience Salsa, Latin Jazz in Western Colorado

by Sharon Sullivan

Quemando Performs Benefit Concert for Child & Migrant Services in Palisade

The salsa and Latin jazz band known as “Quemando” will perform its high-energy, highly danceable music July 23 at Grande River Vineyards in Palisade, Colorado. The outdoor concert is a benefit for Child and Migrant Services (CMS) in Palisade.



Band members hail from Venezuela, Mexico, Cuba, and the United States, forming a truly multicultural band, said lead trumpet player and band leader Eric Schneider. Quemando includes a four-piece horn section, drummer, conga player, bongo player, bass player, pianist and three vocalists, said Schneider, who founded the group a dozen years ago.

The Boulder, Colorado-based band has been busy this year and will headline also in July, the Vail Jazz Festival.

A soon-to-be-released album was recorded live at the Omni Interlocken Hotel in Broomfield, Colorado.



“Colorado Blue Sky,” a song off a prior album titled “Paradise” won first place in the World-Wide Music Contest.

“It’s a Latin song, but has a singer-songwriter vibe to it,” Schneider said. “It’s on Spotify.”

Quemando has performed for CMS annually for 10 years (except 2020 and 2021 during the pandemic). The concert is the nonprofit’s major fundraiser of the year.

“It’s cool to be back,” Schneider said. “It’s a great cause. It’s a great show. We anticipate a great turnout.”

Child and Migrant Services provides resources for both migrant and immigrant agricultural workers in Palisade to help with housing, food, emergency transportation, and interpretation/translation. Concert proceeds go toward CMS general operating expenses.

Prior to the start of the show there will be a salsa dance performance in front of the stage followed by a salsa lesson for anyone in the audience who wants to learn.

“Everybody loves their music,” CMS executive director Nelly Garcia Olmos said. “It’s a really good time with food and drinks and recognition of the work we do at CMS.”

Before and during the concert CMS volunteers will be selling homemade tamales – pork, chicken and veggie – served with rice, beans, salsa, and salad.

“We’re kind of famous for our tamales,” Garcia Olmos said.

Wine will also be available from the winery by the glass or the bottle. Food sales benefit CMS, while the winery – who donates its space for free for the event – retains wine proceeds.

“It’s a win-win for both of us,” Garcia Olmos said. Bring a chair or a blanket for the grassy lawn to enjoy live music under the stars at this lovely venue.

Tickets are \$20 in advance, or \$25 at the door. Gates open at 5:30 p.m. Concert starts at 7 p.m.

For more information or to purchase tickets visit: migrantservicesgv.org. Child and Migrant Services can be reached at 970-464-5226.

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Museum Happenings

Dive Into Local History—on Display and Behind the Scenes By: Moab Museum Staff

This summer, the Moab Museum has a number of ways visitors and locals can dive into Moab’s history—both through exhibits and behind the scenes. In June, a temporary exhibition entitled *Butch Cassidy was Here: Historic Inscriptions of the Colorado Plateau* opened to the public, and is on display through August. This exhibit presents a fascinating array of intertwined histories, featuring a treasure trove of photographs from across the region documented by rock inscription experts and backcountry adventurers James Knipmeyer and Mike Ford. The exhibit weaves together the inscription records left behind by trappers, traders, missionaries, government expeditions, cowboys, outlaws, homesteaders, explorers, and others. Colorful and vibrant, this eclectic collage of stories piques the curiosity of both visitors and locals alike.

Behind the scenes, a variety of projects are underway—and there are lots of ways to get involved. The Museum is excited to be undertaking a history preservation and outreach initiative in 2022, designed to help community members connect with, preserve, record, and interpret Moab’s many stories both within and beyond the walls of the Museum.

The **Community History Program**, supported by a grant from the Utah Humanities Council, includes free community workshops on recording audio stories and caring for family keepsakes, oral history preservation initiatives, a Fall “scan-a-thon” to digitize family photographs, and more.

Community History Workshops, scheduled throughout the summer and fall, provide a gateway for community members to build skills as citizen historians. “Caring for Keepsakes” workshops, held by the Moab Museum’s Curatorial and Collections Manager Tara Beresh, provide attendees with an overview of how to care for



The Moab Museum gallery features a temporary exhibition called *Butch Cassidy was Here: Historic Inscriptions of the Colorado Plateau* this summer. (Photo courtesy of Moab Museum)



An array of photographs in the Moab Museum’s Collection. Attendees of “Caring for Keepsakes” workshops at the Museum have the opportunity to bring in their own collection of old photographs to be repackaged using archival materials and techniques. (Photo courtesy of Moab Museum)

beloved family belongings like photos, quilts, books, or documents at home. Workshop participants are invited to bring a box of items to repackage using complimentary archival materials.

Meanwhile, “Recording Stories” workshops introduce attendees to the basics of oral histories and recording audio, including the opportunity to practice using the Museum’s Listening Station recording materials. Oral histories and recorded audio are some of the richest resources in Moab’s collective history, and for many history enthusiasts, being a part of oral history collection is an exciting way to contribute to the community.

Whether you’re a lifelong Moabite or are just passing through, the Moab Museum

offers an array of opportunities to engage with local history. Visit moabmuseum.org to plan your visit, learn more about programs and exhibits, register for a free workshop, become a member, or to get in touch.

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ICE CREAM SOCIAL
Ice Cream Social
Ice Cream Social
Ice Cream Social
Ice Cream Social

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Moab Museum • Sunday, July 24, 7-9 p.m.

MOAB MUSEUM: Committed to preserving the region’s history through conservation and enriching programs.

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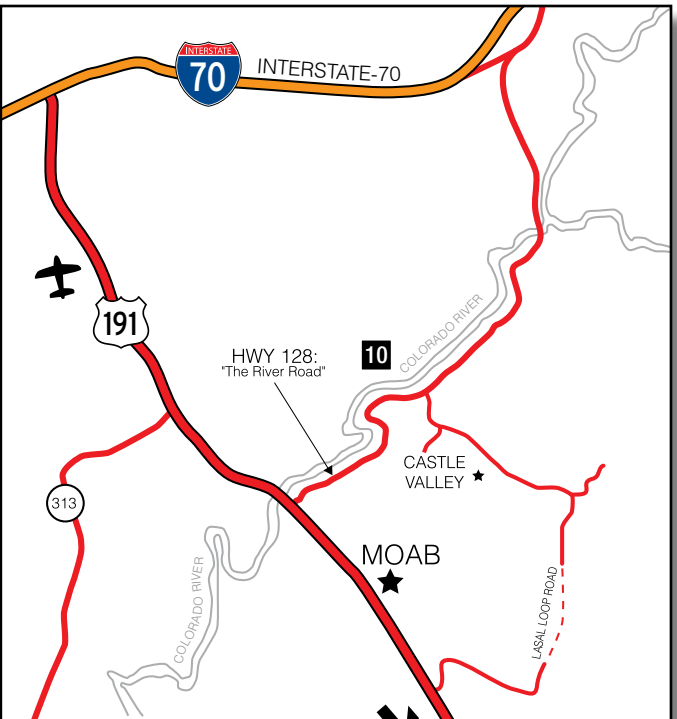
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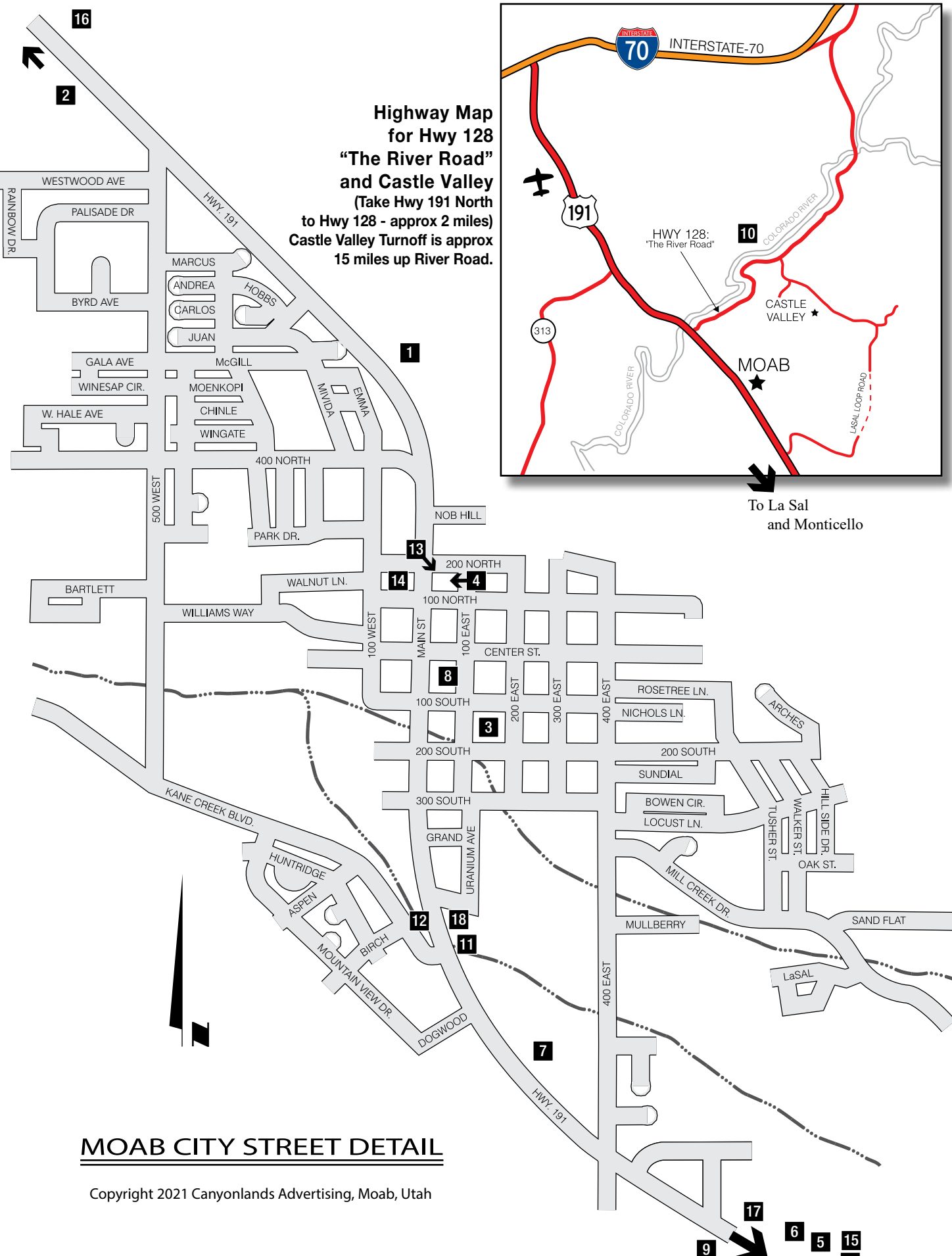
120 East 100 South • 435-259-6177
 moabrusticinn.com

Highway Map for Hwy 128 "The River Road" and Castle Valley
 (Take Hwy 191 North to Hwy 128 - approx 2 miles)
 Castle Valley Turnoff is approx 15 miles up River Road.



MOAB CITY STREET DETAIL

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Moab Area Lodging Guide

16



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2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
4	Homewood Suites by Hilton	435-259-7000	www.homewoodmoab.com
5	ACT Campground	435-355-0355	www.actcampground.com
6	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
7	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
8	Arches Vacation Rentals	435-355-0373	www.archesvacationrentals.com
9	Wingate by Wyndham	435-255-7474	www.wyndhamhotels.com
10	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
11	Redstone Inn	435-259-3500	www.moabredstone.com
12	Big Horn Lodge	435-259-6171	www.moabbighorn.com
13	Expedition Lodge	435-259-6147	www.expeditionlodge.com
14	Bowen Motel	435-259-7132	www.bowenmotel.com
15	Scenic View Inn	435-355-0630	www.scenicviewinn.com
16	My Place Hotels	435-355-1050	www.myplacehotels.com/my-place-hotel-moab-ut
17	Quality Inn	435-259-4655	www.moabqualityinn.com
18	Radcliffe Hotel	435-355-1088	www.radcliffemoab.com
19	Dowd Flats RV Park	435-231-0800	
20	Vacasa	435-728-2415	www.vacasa.com www.moabcondorentals.com

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Nature Happenings

Send in the Clouds

by Damian Fagan

July is often the start of the “monsoon season” in Moab, even though the annual average rainfall for the month is about one inch. High summer temperatures lend to the build-up of afternoon cumulonimbus or thunderhead clouds. These spectacular thunderheads may shower the land with blessed rain, or not – sometimes the rain, called virga, evaporates before touching the ground. Thunder and lightning often accompany these storms, so outdoor enthusiasts should be aware and know when to seek shelter.



Thunderhead

Fourth-century B.C. Greek dramatist Aristophanes said, “Clouds are the patron goddesses of idle fellows.” Wispy, ephemeral, scattered – these are the traits that make daydreamers and cloud spotters so interested in clouds.

For London pharmaceutical manufacturer and amateur meteorologist Luke Howard (1772-1864), watching clouds was more than just a daydreamer’s pastime. For years, Howard observed cloud formations and the weather patterns that either preceded or followed various cloud types. He understood that although clouds came in many different shapes, they tended to appear in a limited number of forms which could also change forms quickly.



Cirrus

To better communicate about clouds, Howard introduced a nomenclature, based on Latin names, that defined basic forms of clouds, such as *cirrus* (meaning “tail or wisp”), *cumulus* (meaning “heap or pile”), and *stratus* (meaning “layer or sheet”). Howard also observed that intermediate types of clouds formed from these basic ones so he added more names such as *cirrostratus* and *cumulonimbus* to identify these intermediate forms. Howard presented his idea, *Essay on the Modification of Clouds*, in 1802 to an esteemed group of science debaters called the Askesian Society. His naming system still exists today but in a more detailed format.

Though there are various meteorological organizations that study clouds (known as nephology), climate change, and weather patterns including the U.S. Weather Bureau and World Meteorological Organization, the latter governs the naming of clouds and publishes an International Cloud Atlas that defines cloud types.



Cumulonimbus

In 2009, the Cloud Appreciation Society (Yes, such a group exists!) proposed adding another cloud type called “asperatus” to the list. In Latin, asperatus means “roughness” which defines these dark, stormy-looking clouds which resemble a sea of dark waves. Included in a supplement to the atlas in 2017, these were the first new cloud types to be added in over 50 years.

From Howard’s observations of clouds and weather, the science of meteorology blossomed. Even in the early 1800s, the science of weather prediction was in its infancy. Even the reasons behind cloud formation weren’t well known. Today, we know that clouds are signs that indicate weather changes in the atmosphere; they are the visual clues of an invisible process.



One of the additions to Howard’s classification system in 1880 was the cumulonimbus cloud – the type observed during the summer months in the Canyonlands area that tower over the landscape, bearing the chance of rain. Cumulonimbus was the ninth cloud type to be added to the cloud naming



A NATURAL HISTORY WRITER.

Former Moabite, now based in the Pacific Northwest, Damian Fagan is a freelance natural history writer and nature photographer who focuses on the flora and fauna of the American Southwest and the Pacific Northwest. Of course, this gives him a good excuse to go hiking.



system and is probably where the phrase, “On top of cloud nine,” which refers to someone feeling good and on top of the world, originated from.

Though these cumulonimbus form exciting cloudscares, they may unleash lightning and torrential rains. Although the desert absorbs some of this rainfall, much of it runs off the slickrock and cascades down canyon walls and washes. Flash floods are not uncommon and one



best be on the lookout for these raging rivers after a good storm.





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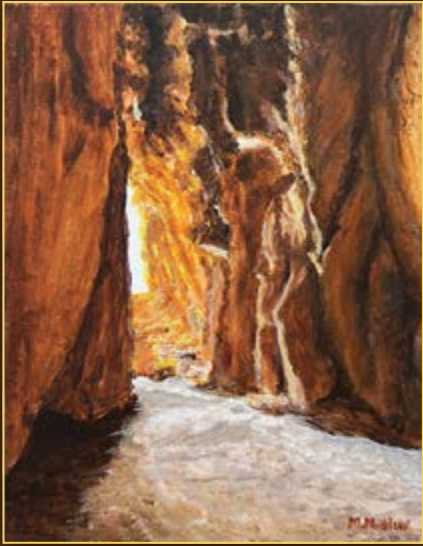
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Pet Happenings

Do You Speak Your Cat's Language?

According to recently published research, cats may be better at “reading the room” than was previously thought, by studying the behavior of their humans. While feline family members obviously don’t bark or paw at us to get our attention like dogs often do, they seem to have their own methods for soliciting human help.

Interestingly, the researchers found that how cats go about asking for help depends on the behavior of the humans involved. Said another way, cats adjust the way they ask for attention based on the attentional state of the person they’re asking. This discredits the long-held assumption that cats have neither much interest in nor the ability to communicate with their humans.

Hello - Do I Have Your Attention?

For the study, which was conducted by a team of Nestlé Purina researchers, cats were given a puzzle they could solve (an easy-to-reach treat in a container with a loose lid), and an unsolvable puzzle (a treat in a closed container). Also present in the room was either an attentive or inattentive caregiver.

The researchers observed that when the cats were able to easily obtain the treat in the solvable task, they didn’t involve the human. However, when presented with the treat in the closed container, they performed certain behaviors to communicate their conundrum to the human. For example, they would repeatedly look at the treat and then at the person in a bid to get their attention and help.

Even more interesting is that the cats would change up their behaviors depending on how available they perceived the caregiver to be. When the person was looking at them and paying attention, the cats were also more engaged — for example, they looked to the person sooner and approached the treat container more often. When the caregiver wasn’t paying attention, the cats adjusted their behavior accordingly.



Photo by Japheth Mast.

These cognitive abilities are considered by scientists to be sophisticated and were thought to be used by dogs, but not cats. “A key part of any relationship is communication, and this study shows that cats are perhaps better communicators than we’ve given them credit for,” said project leader François Martin, MA, PhD. “The more attentive a cat owner is, the more engaged their cat will be in return, making their relationship stronger.”

This may be an important distinction. Whereas many dogs will do “whatever it takes” to get their human’s attention and help if they need it, cats naturally tend to be less assertive. This means that as often as possible, we need to reassure our kitties that we’re present and available to them if they need us.

Having said that, it’s also important to recognize that your cat may choose to ignore you, regardless of how present and reassuring you are!

Cats Prefer to Interact With Us on Their Own Terms

If you happen to have both a dog and a cat in the family, you’ve no doubt noticed the difference in their reactions

when you call them by name. If your canine companion isn’t focused on something more interesting (such as eating), chances are she’ll respond almost immediately when you call her because there could be food or a treat involved, a walk, a nice petting session or something equally delightful.

However, when you say your cat’s name, you probably get a distinctly different response or often, no response at all. Does my cat not recognize his name, you may wonder to yourself, or is he simply ignoring me?

A team of university scientists in Tokyo decided to study cats’ ability to understand human voices similar to the way dogs, parrots, apes and dolphins are able to understand certain words. However, compared to those highly social species, “... cats are not so social,” observes lead study author Atsuko Saito, Ph.D., a psychologist at Tokyo’s Sophia University. “Cats interact with us when they want.”

Interestingly, learning more about simple social behaviors in cats such as name recognition may help researchers understand more about how humans became social. According to ScienceDaily - “Both humans and cats have evolved through the process of self-domestication, where the population rewards certain traits that then become increasingly common in future generations.”

Past research with cats has revealed they can read human gestures to find hidden food, recognize their human’s voice, and beg for food when someone looks at them and says their name. According to Saito, these three behaviors suggest cats know their names.

“I think many cat owners feel that cats know their names,” says Saito but until now, there was no scientific evidence to back that up; another frustrating example of worldwide “anecdotal evidence” but no formal study to prove the obvious.

Cats Probably Know Their Names — Even if They Don’t Respond

The Japanese study, published in the journal Scientific Reports, involved 77 cats living in homes and cat cafes (typically tea or coffee shops where customers can interact with the many cats who live there), and four separate experiments conducted over a three-year period. The kitties were from 6 months to 17 years old, of both genders, mostly mixed breeds, mostly spayed or neutered, and all but one lived indoors only.

The researchers recorded their own voices and those of the cats’ owners saying five words — the first four were words that sounded similar to each cat’s name, and the fifth was the actual name. The team also evaluated whether the cats could tell the difference between their own names and those of other cats with whom they lived.

The behavior the researchers were looking for from the cats to indicate they knew their names was no response upon hearing the first four words, and head or ear movement (or rarely, moving their tails or bodies, or vocalizing) upon hearing their own names.

The researchers noted that the cats who had weak responses to similar-sounding words or the names of other cats they lived with were significantly more likely to show a strong response to their own names, even when spoken by someone other than their owner.

Cats living in homes were more likely than cafe cats to distinguish between their own names and the names of cohabitating cats, whereas cafe cats almost always reacted to their own names and those of other cats living there.

Provided by Jessica Turquette, owner of Moab BARKery

Since at cafes the cats’ names are often called together, the researchers theorize it may be more difficult for kitties to associate their own names with positive reinforcement in those environments. According to Saito, cats who didn’t respond to their names may still recognize them. “Their lack of response may be caused by their low motivation level to interact with humans, or their feelings at the time of the experiment,” she said. Saito’s advice to cat parents who want to communicate more with their pets is to “... interact with your cat when she shows that she wants to interact with you.”

Dogs Are Social; Cats Are Independent and Semi-Domesticated

Saito makes the point that unlike cats, dogs “... are literally born to respond to their names.” This is because humans have purposely bred dogs to be obedient and responsive in their interactions with us. Cats, on the other hand, are categorized as semi-

domesticated, by the experts. They’re about 20,000 years behind the domestication curve as compared to dogs.

Dogs have other advantages in this arena as well. They’re a highly social species, whereas felines are more independent, sometimes preferring to spend much of their time alone. In addition, one of the first things dogs are taught is their name, and training and socializing dogs is easier because unlike most kitties, they’re motivated by treats and other types of rewards.

It wasn’t that long ago that most cats spent most or all of their time outside. Now that more and more feline family members are living indoors exclusively and spending their days and nights in close contact with humans, it’s possible their ability to interpret and respond to our verbal and physical cues will continue to develop. “Social evolution is an ongoing process,” says Saito, and cats are still evolving.



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- Please don't leave me in the car or tied to it. Temperatures in Moab can get dangerously hot for me in a matter of minutes.
- Please clean up after me...I want to be a courteous pet.
- Please take me on pet friendly trails on a leash. That will keep me as safe as possible while enjoying the outdoors.

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Moab Art Trails



2021-22 Sculpture Exhibition

MoabArTTrails current public sculpture exhibit is on display until September.

The "Art Trail" is a pedestrian loop through the heart of downtown Moab, featuring 11 new works, all of which are for sale. "Inclusion" by Sue Quinlan, located at the Southwest corner of Center and Main, won Best In Show for this, the 4th annual Public Sculpture Exhibition. Honorable Mention went to Ted Schall, for "Rift", which stands in front of the Hoodoo by Hilton on 1st West.

Each year, the program purchases a piece for the public's permanent collection. Last year, local artists Tim McCallister, MIK's, piece, was purchased and added to that permanent collection. Over 90K of art has been donated to the public through the program. Votes for the final selection of the sculpture that best fits Moab can be cast at www.moabartrails.org/peopleschoice

Mark your calendars! Moab ArTTrails 5th Annual Exhibition and ArtStroll is scheduled for Saturday, September 24, 2022.

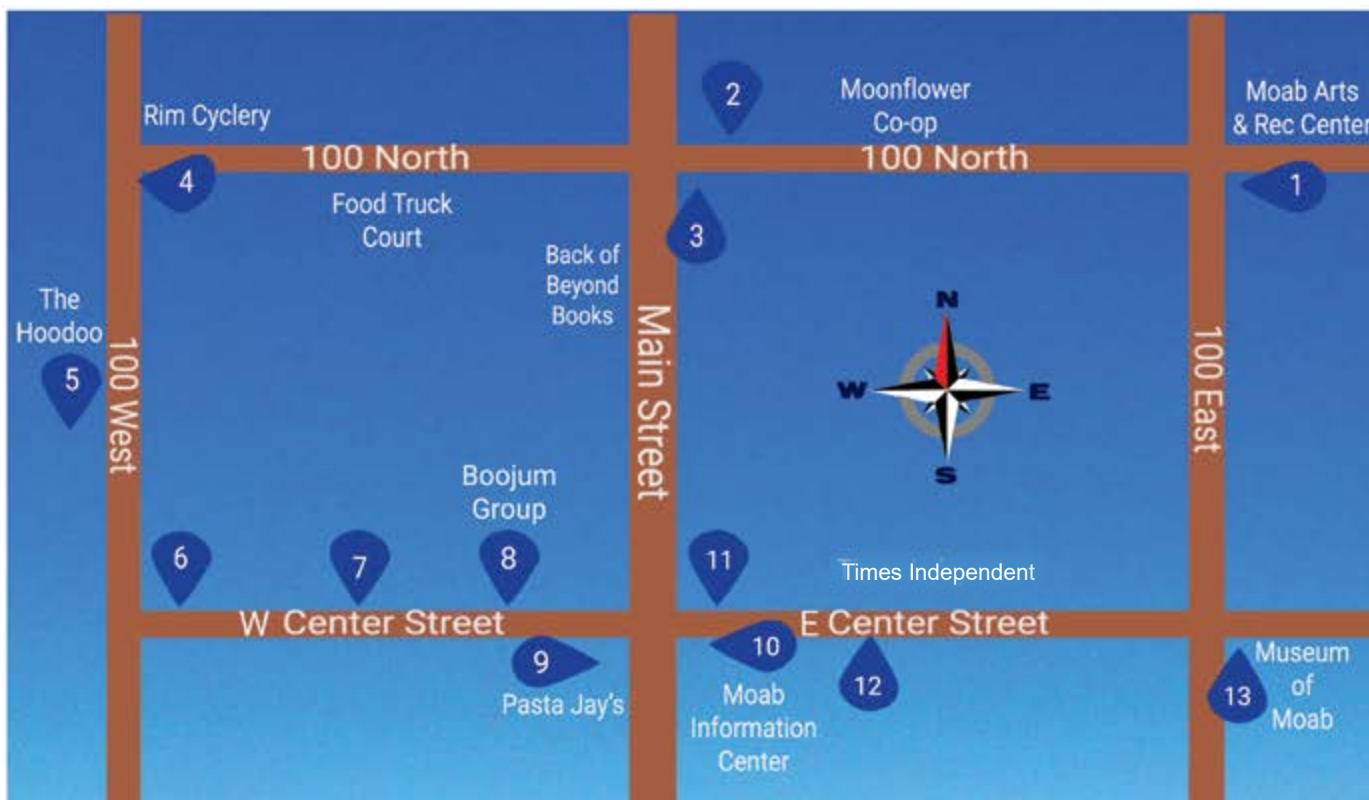
The call to artists for next year's show is open til August 1. See online application.

The volunteer selection committee rotates annually, broadly representing the community at large. Interested individuals can reach out to moabartrails@gmail.com, or call 435 259-2709.

Tax Deductible donations go directly to art for the community's enjoyment.

www.moabartrails.org/donate

Moab ArTTrails is a 501c3 through the sponsorship of the Moab Arts Council. Supporting partners in the program include Moab City, Grand County Travel Council, private donors, corporate and foundational support. The mission of Moab ArTTrails is to conserve the cultural and economic health of the community through the exhibition and acquisition of enduring public artworks which connect beauty, people and place on shared trails through time.



- 1 Awareness~Nathan Brimhall~\$15000
- 2 Existence Totem~Kevin Shaffer~\$6500
- 3 Desert Trumpet~Reven Swanson~\$18000
- 4 Untitled~Pavia Justinian & Dave Davis~\$60000
- 5 The Rift~Ted Schaal~\$10500
- 6 Overcoming~Deveren Farley~\$8900
- 7 Serpent Waver~Mel Whitcomb~\$15000
- 8 Breakwater~Paul Reimer~\$7000
- 9 Inclusion~Sue Quinlan~\$12500
- 10 Inseparable~Michael Ford Dunton~\$60000
- 11 Consciousness Rising~Nathan Brimhall~\$15000
- 12 Harmony~Paul Reimer~\$7000
- 13 Continuum~Sue Quinlan~\$5600



All pieces are available for purchase contact Moab ArTTrails at 435-259-2709 or info@moabartrails.org

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Volume 34 Number 4

Section B

July 2022

Quick Landscape Watering Tips

by Richard Lory, Moab City Sustainability VISTA

As the snowpack begins to melt quicker each year our limited water resources need to be more efficiently used. The summer spike in water consumption is associated with our landscaping. Here are some quick tips to decrease your landscaping water demand.



• **Water landscaping at night.** When landscapes are watered during the day more water evaporates and is lost to the dry, thirsty atmosphere. By simply watering after-dark more water will go to the plants.

• **Aim your sprinkler effectively.** Sprinklers should be aimed effectively so that your water goes to the landscape and not your hardscape. Watering the driveway and sidewalks is an easy way to send water, and money, down the drain.

• **Don't water during high winds.** When the winds are high, cut back on watering. Gusts of wind gracefully lift water out of the system and into the inescapable void of a dry atmosphere. In addition, your well-aimed sprinklers will be pushed off course by the gusts.



• **Employ drip irrigation.** Drip irrigation is a great solution to many of the problems mentioned. Evaporation is reduced by localizing the water. Aiming is significantly less troublesome. On windy days, drip irrigation is still effective.

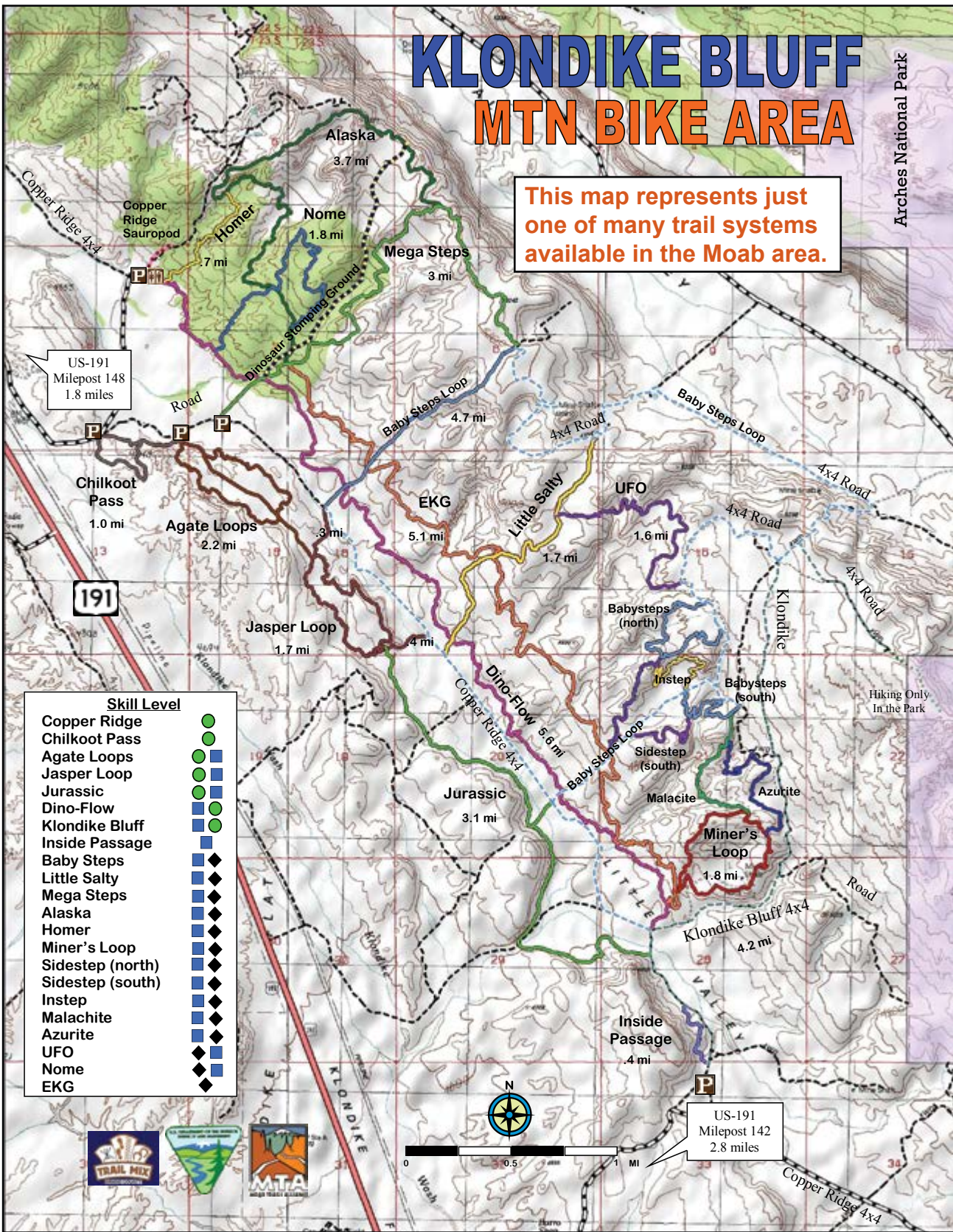
• **Replace turf with native, drought tolerant species.** By replacing turf with native shrubs and trees you can add some beautiful variety to your yard. Southeastern Utah is home to many plants that are well suited to this environment. They require less water, provide habitat for native animals, food for native pollinators, and bring the beauty of this area to our doorsteps.



• **Hydrozone.** Lastly, a solution that requires some planning, but is well worth the effort, hydrozoning. Hydrozoning is simply grouping plants together based on their water needs. High water demand species planted next to low water demand species leads to either overwatering or underwatering. By grouping species of similar water demand it is significantly easier to get the appropriate amount of water to each plant.



Road & Mountain Biking



• **MOAB CENTURY TOUR - Road Cycling Tour, September 17-18, 2022** Choose from 38 - 100 mile routes with breathtaking views of Moab's sandstone marvels and the Colorado River. Ride to Dead Horse Point State Park with vistas from the edge of the earth on Saturday; on Sunday choose the recently-paved La Sal Loop Road through the mountains with 5550' elevation change and views of fall colors before carving down through red rock canyons and finishing along the Colorado River. Every registration includes a donation to the Moab Healthcare Foundation benefitting the Cancer Treatment Center. For more information visit skinnytireevents.com or call 435-260-8889.

• **OUTERBIKE September 30-October 2, 2022.** Test ride all of the latest and greatest bikes and gear on the world-class trails of Moab, UT. For three days, the world's premier bike and gear manufacturers set up at the Outerbike expo site. You can browse the latest innovations, pick a bike you'd like to try and take it for a ride. Repeat as needed. www.outerbike.com

• **MOAB SKINNY TIRE FESTIVAL - Road Cycling Tour, March 11-14, 2023.** The four rides of the Festival highlight Moab's different riding opportunities. Two days follow the mighty Colorado River corridor, both up-stream and downstream. The other two days leave the valley and climb the beautiful canyon roads into red rock country visiting Dead Horse Point State Park and Arches National Park, and are fully supported with food, SAG vehicles, lunch, 5-star communication, and post-party entertainment. Every registration includes a donation to the Moab Healthcare Foundation and the cancer treatment facility at the Moab Regional Hospital. For more information visit skinnytireevents.com or call 435-260-8889.

• **MOAB ROCKS A TRANSROCKIES RACE SERIES - March 25-27, 2023.** Transrockies Race Series, Moab Rocks takes some of the regions best classic and new routes including Klondike, Porcupine Rim and Mag 7 and combines them into a 3-day xc masterpiece in a fully supported format. TransRockies Events pioneered Mountain Bike Stage Racing in North America with the TransRockies Challenge in 2002, and the 3-day race format with the TR3 starting in 2009. For info: transrockies.com

• **ANNUAL GRAN FONDO MOAB, May 2023.** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5500 feet in 60 miles. Contact info 435-259-6294

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Dark Sky Happenings

Observe the Milky Way and Great Rift

by David Prosper, NASA Night Sky Network, July 2021

Summer skies bring glorious views of our own Milky Way galaxy to observers blessed with dark skies. For many city dwellers, their first sight of the Milky Way comes during trips to rural areas - so if you are traveling away from city lights, do yourself a favor and look up!

To observe the Milky Way, you need clear, dark skies, and enough time to adapt your eyes to the dark. Take note that, even in dark skies, the Milky Way isn't easily visible until it rises a bit above the horizon and the thick, turbulent air which obscures the view. The Milky Way is huge, but is also rather faint, and our eyes need time to truly adjust to the dark and see it in any detail. It's best to attempt to view the Milky Way when the Moon is at a new or crescent phase; you don't want the Moon's brilliant light washing out any potential views, especially since a full Moon is up all night.



Keeping your eyes dark adapted is especially important if you want to not only see the haze of the Milky Way, but also the dark lane cutting into that haze, stretching from the Summer Triangle to Sagittarius. This dark detail is known as the Great Rift, and is seen more readily in very dark skies, especially dark, dry skies found in high desert regions. What exactly is the Great Rift? You are looking at massive clouds of galactic dust lying between Earth and the interior of the Milky Way. Other "dark nebulae" of cosmic clouds pepper the Milky Way, including the famed Coalsack, found in the Southern Hemisphere constellation of Crux. Many cultures celebrate these dark clouds in their traditional stories along with the constellations and Milky Way.



Moab Dark Skies

Live and Play under the Milky Way

Moab Dark Skies mission is to promote the appreciation and conservation of Moab's valuable and rare dark skies. Moab Dark Skies was established by the Friends of Arches and Canyonlands Parks in conjunction with the National Park Service and Utah State Parks Division of Natural Resources

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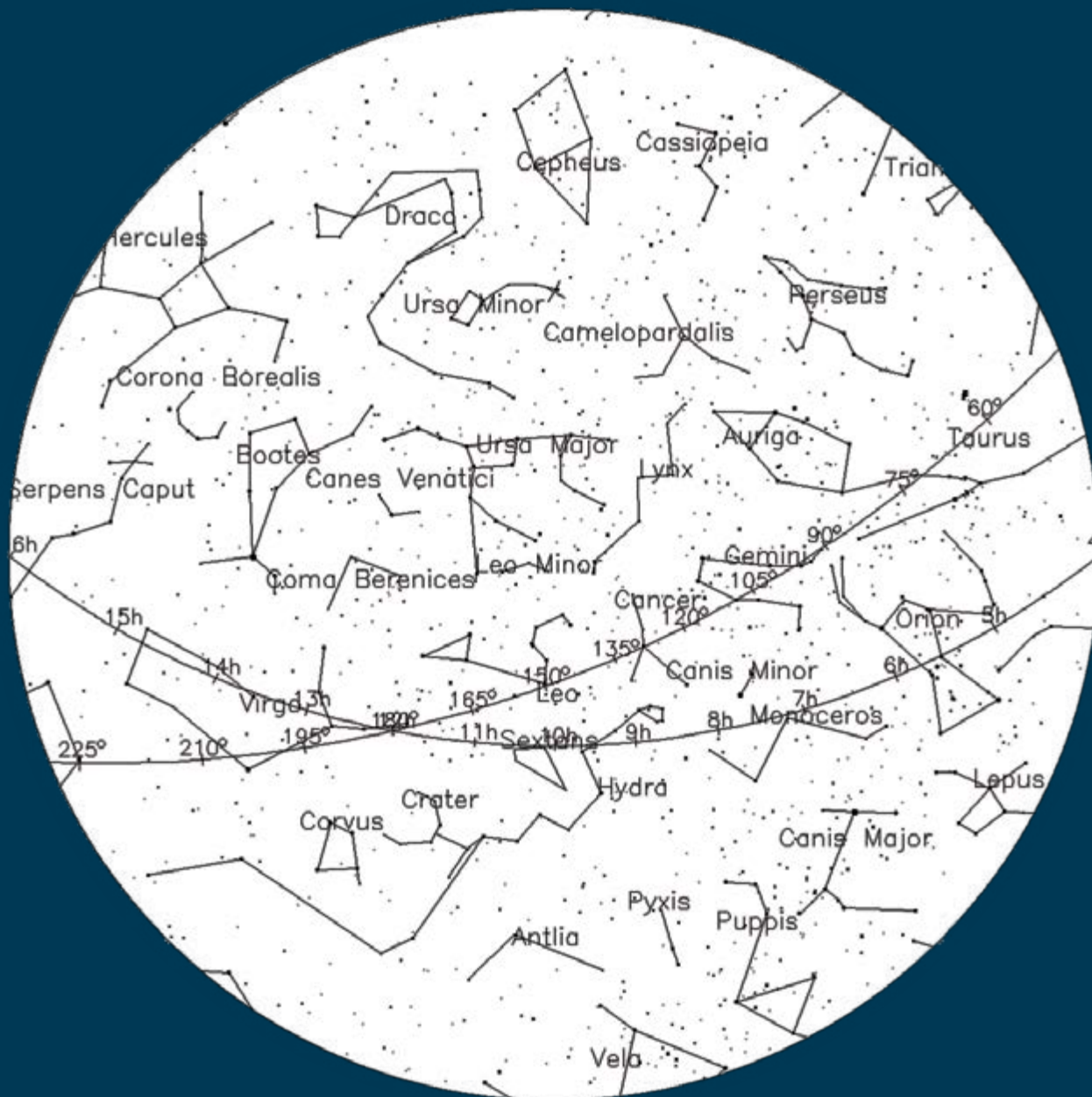
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MOON HAPPENINGS

- July 6 - First Quarter at 6:14pm
- July 13 - Full Moon 10:38am
- July 20 - Last Quarter at 6:19am
- July 28 - New Moon at 9:55am

North



SUNRISE & SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
Fri, Jul 1	5:56:14 am	8:48:04 pm
Sat, Jul 2	5:56:43 am	8:47:57 pm
Sun, Jul 3	5:57:14 am	8:47:48 pm
Mon, Jul 4	5:57:47 am	8:47:37 pm
Tue, Jul 5	5:58:20 am	8:47:24 pm
Wed, Jul 6	5:58:55 am	8:47:10 pm
Thu, Jul 7	5:59:30 am	8:46:53 pm
Fri, Jul 8	6:00:07 am	8:46:35 pm
Sat, Jul 9	6:00:45 am	8:46:14 pm
Sun, Jul 10	6:01:25 am	8:45:52 pm
Mon, Jul 11	6:02:05 am	8:45:28 pm
Tue, Jul 12	6:02:46 am	8:45:02 pm
Wed, Jul 13	6:03:28 am	8:44:34 pm
Thu, Jul 14	6:04:11 am	8:44:05 pm
Fri, Jul 15	6:04:54 am	8:43:33 pm
Sat, Jul 16	6:05:39 am	8:43:00 pm
Sun, Jul 17	6:06:24 am	8:42:25 pm
Mon, Jul 18	6:07:10 am	8:41:48 pm
Tue, Jul 19	6:07:57 am	8:41:09 pm
Wed, Jul 20	6:08:44 am	8:40:29 pm
Thu, Jul 21	6:09:32 am	8:39:46 pm
Fri, Jul 22	6:10:20 am	8:39:02 pm
Sat, Jul 23	6:11:09 am	8:38:17 pm
Sun, Jul 24	6:11:59 am	8:37:29 pm
Mon, Jul 25	6:12:49 am	8:36:41 pm
Tue, Jul 26	6:13:40 am	8:35:50 pm
Wed, Jul 27	6:14:30 am	8:34:58 pm
Thu, Jul 28	6:15:22 am	8:34:04 pm
Fri, Jul 29	6:16:13 am	8:33:09 pm
Sat, Jul 30	6:17:05 am	8:32:12 pm
Sun, Jul 31	6:17:57 am	8:31:13 pm

Paleo Happenings

People in Paleo: Jim Kirkland and his Impregnable Citadel Dinosaurs

by Martin Lockley, *Moab Giants*

Before he became the Utah State Paleontologist, Jim Kirkland cut his paleontological teeth as a student at the University of Colorado, then as a curator at the Museum of Western Colorado. I could have labelled Jim Kirkland as *Utahraptor's* biggest fan. He and two colleagues (Don Burge and Robert Gaston) originally named *Utahraptor* in 1993 based on specimens from what is now Utahraptor State Park, discovered by Jim Jensen (*Moab Happenings* March 2022). This Dinosaur Diamond find, calls out the role of Don Burge former director of the Prehistoric Museum in Price, where the original *Utahraptor* specimens reside, and Rob Gaston a well-known dinosaur sculptor from Fruita who has reconstructed *Utahraptor* skeletons for many museums including Price. The full scientific name *Utahraptor ostromaysi*, refers to John Ostrom a famous Yale paleontologist and raptor expert, and Chris Mays the founder of the animatronic dinosaur company Dinamation. The specimen was almost named *Utahraptor spielbergi* after the famous director Steven Spielberg, in the hope he would provide research funds. But that did not pan out and the honors went to two men more deeply involved in paleontology.

Dinosaur Jim Kirkland is probably best known among his paleontological colleagues for having named several armored dinosaurs belonging to the group generally known as ankylosaurs, and looking like spiky rubix cubes with stumpy legs and lumpy heads and tails. To begin near the beginning of his career, in 1994, Jim and paleontologist Ken Carpenter (*Moab Happenings* June, 2022) described

a Jurassic form known as *Mymoorapelta maysi* from the Morrison Formation in western Colorado. Here again, Chris Mays of the Dinamation corporation gets kudos for funding excavations and introducing animatronic dinosaurs to the Museum of Western Colorado (MWC) where Jim was curator. The dinosaur dig, the Mygatt-Moore quarry, is named after the two individuals who found the site in 1981. Since then, ~2,500 specimens have been excavated by MWC paleontologists: look for details in future *Moab Happenings* issues.

Jurassic armored dinosaurs like *Mymoorapelta* heralded even greater success of this heavily fortified group in the Cretaceous, when they became more diverse and abundant. You guessed it: Dinosaur Jim has played a central role in their study, naming three of these so called "dinosaurian tanks" (*Animantarx*, *Cedarpelta* and *Gastonia*) from the Cedar Mountain Formation, and a fourth from Spain. No prizes for guessing how *Cedarpelta* and *Gastonia* got their names (but just as a reminder: Moab's Utah Friends of Paleontology group is the *Gastonia* chapter). *Animantarx* gets its named from a paleontologist's comment that ankylosaurs were like living or animated citadels or fortresses. The epicenter, or if you prefer the citadels of Cedar Mountain dinosaur research include Utahraptor State park and various sites in nearby Dinosaur Diamond areas. These are Dino Jim Kirkland's stomping grounds, incidentally often crossing paths trodden by that "other" Dinosaur Jim, Jim Jensen (*Moab Happenings* March 2022).

You'd have to ask Jim whether he claims *Utahraptor*, or one of his armored citadel dinosaurs, as his favorite. He might say he loves all dinosaurs especially those from the Dinosaur Diamond (he truly does), and he might enlighten you with hours of encyclopedic conversation. He might also tell you he is happy that Utahraptor State

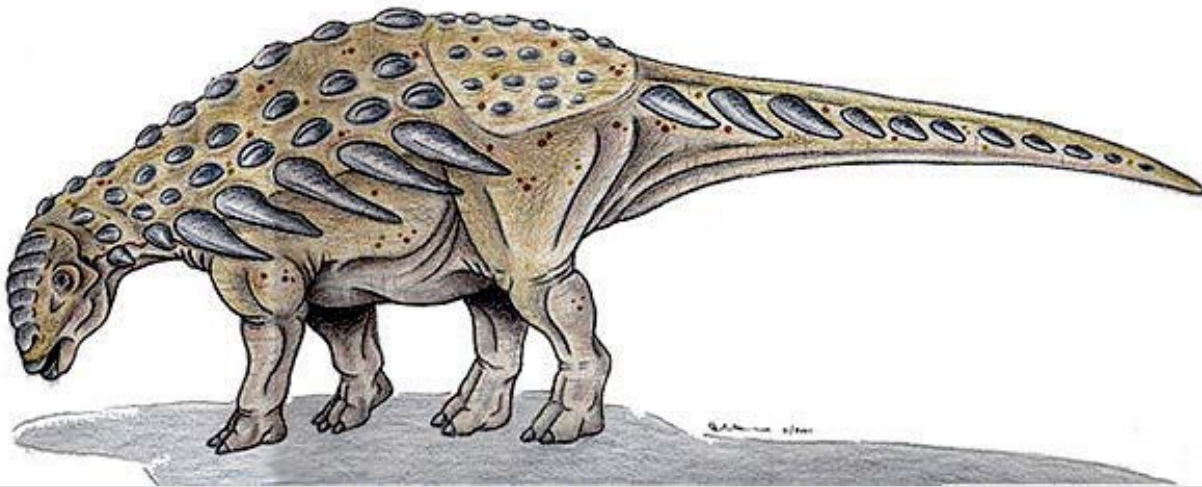


Dinosaur Jim Kirkland, Utah State paleontologist stands beside a reconstructed theropod known as *Falcarius*. This animal was ancestor to a bizarre group of originally-carnivorous theropods, with overgrown front limb claws, that evolved herbivorous habits (*Happenings* October, 2021)

Park has finally become a reality, thanks in part to his prolonged efforts. It is what we might call "Cretaceous Park" (*Moab Happenings* August 2021) having produced more dinosaurs from the Lower Cretaceous rocks than from any other region. Jim, now a central figure in Utah paleontology, has been involved in naming at least a dozen dinosaurs, including *Falcarius*, an early ancestor of the bizarre herbivorous branch of the theropods. He also described new horned dinosaurs from the Grand Staircase Escalante region, beyond the Dinosaur Diamond, and has garnered media attention for such finds. He set up cooperative paleontological projects with Mexico and has used his knowledge to explain dinosaur migration patterns between North America and Asia during the Cretaceous. As often happens in paleontology, local work, in this case in the citadels of the Dinosaur Diamond, proves to have global paleontological ramifications.

Article Archive

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The Jurassic armored "ankylosaurian" dinosaur *Mymoorapelta*, from the Mygatt-Moore quarry in western Colorado is one of several described by Utah State paleontologist Jim Kirkland. Dinosaurs from this group have been described as tanks, walking fortresses or 'citadels' that would have made them impregnable to predators.

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Geology Happenings

No, Those Are Not Stonepecker Holes by Allyson Mathis

Some of the cliffs and other bare rock surfaces near Moab contain lines of circular holes that indeed look like a giant species of woodpecker with a diamond-tipped bill was hunting for mineralogic meals within sandstone. Other cliff faces are pocketed with fantastically-shaped cavities and holes that resemble swiss cheese or perhaps a geologic sponge. Others rocks and boulders may covered with latticework of small pockets that almost appears as a lithified honeycomb.



Tafoni in the Slick Rock Member of the Entrada Formation. Parallel lines of uniform round tafoni are characteristic in cliffs and domes of the Slick Rock Member.

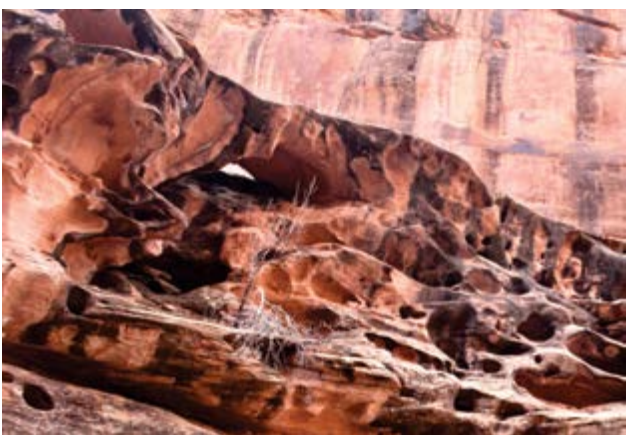
These holes in rocks are known as *tafoni*, with the word either coming from the Greek for tomb or from Romance language (Corsican or Sicilian) words for windows. Climbers sometimes call holds in these pockets *hucos* from the Spanish word for hole or hollows with the term being adapted from Hueco Tanks State Park in west Texas where these depressions are common in the granitic bedrock there.

On the Colorado Plateau, tafoni are most common in sandstone where there are stable rock surfaces, either that are part of cliff faces or sometimes on loose boulders. Sandstone is very simply a type of sedimentary rock that is made up sand grains (usually of the mineral quartz) that have been cemented together (by calcium carbonate, iron oxide, or silica although silica cements are rare in this region).



Tafoni in a cliff face made of the Navajo Sandstone. These tafoni are preferentially oriented along the cross-bedding that formed during deposition in a sand dune environment.

Tafoni form during *weathering*. Weathering consists of the *in situ* (in place) physical disintegration and chemical decomposition of rocks at or near the Earth's surface. The presence of water, exposure to gases in the atmosphere, the pull of gravity, mechanical processes such as freeze-thaw cycles, and even root action by plants, all play a role in weathering rock. (As a contrast, *erosion* is the transport of weathered rock material.)



Small arch formed by cavernous weathering in the Kayenta Formation in Hunter Canyon.

The specific weathering processes that yield tafoni are alternatively called *cavernous*, *alveolar*, or *honeycomb weathering*, or sometimes *salt weathering*. The descriptive terms of cavernous, alveolar, and honeycomb all relate to the cavities produced by this type of weathering (*alveoli* are the tiny air sacs in the lungs where oxygen and carbon

dioxide are exchanged).

Salt weathering refers to physical disintegration of rocks caused by the repeated dissolution, precipitation, and expansion of various salts (calcium, sodium, potassium, and magnesium-based compounds including calcium carbonate, gypsum and other minerals) on the surface due to wetting and drying cycles. These salts may come from within the rock layers or from external sources. Salt weathering is an important process in arid and semi-arid environments such as in southeastern Utah.

Once depressions begin to form on rock surfaces, they generally tend to deepen through a related process called *differential weathering* (weathering that occurs at different rates) and positive feedback loops. Growing surface pockets create microclimates that that preferentially cause them to enlarge. Cavities also protect surface salts from washing away during rain storms.

Tafoni may be of any size or shape, but they are typically spherical since much of the weathering occurs by grain-by-grain disintegration of the rock. Sometimes the inner surfaces of the cavities are *friable* meaning that they are easily crumbled and loose sand grains may come off if someone rubs them with their hand since the weathering processes have weakened or even removed much of the cement holding the grains together.

The size and shape of pockets may be uniform in any given area where tafoni are present, but some areas have tafoni of widely divergent sizes. Sometimes small tafoni may be nested within larger cavities. Other times these rock pockets remain small and closely resemble honeycomb. Large tafoni may intersect and even lead to light openings in rocks that are large enough to be classified as natural



Tafoni in the Wingate Sandstone in Cohab Canyon in Capitol Reef National Park.

A self-described “rock nerd,” **Allyson Mathis** is a geologist, informal geoscience educator and science writer living in Moab.

To learn more about Moab's geology, visit the *Geology Happenings* archive online at www.moabhappenings.com/Geology.htm.



arches. *Bedding* (layering) in the rock may exert some control over the location and placement of cavities, but not always.

Tafoni may be found in any of the massive sandstone layers (*formations* to geologists) found near Moab, especially the Entrada Sandstone (Slick Rock Member) and the Navajo Sandstone, and also sometimes the Wingate Sandstone or Kayenta Formation. Tafoni may also be present in sandstone beds found in other rock layers such as the Chinle or Morrison formations.



A boulder deeply pocketed by tafoni. This Shinarump Member (Chinle Formation) boulder is resting on the Moenkopi Formation which contains a fairly high concentration of salts. Sandstone boulders lying on top of the Moenkopi are particularly susceptible to cavernous weathering. Tafoni aren't typically found in the Moenkopi itself because it consists of thinly-bedded layers that are not conducive to the formation of cavities.

Larger geologic features such as canyons, cliffs, mesas, buttes, and spires are inherently the major players that create the overall landscape and the superlative scenery that surrounds Moab. But at the same time, the fine details such as rows of tafoni aligned along the side of a slickrock dome or a natural arch formed by intersecting large tafoni are responsible for a lot of the wonder that we experience in this land.

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San Juan Happenings

Top 5 Things to do in Utah's Canyon Country

by Utah's Canyon Country

Utah's Canyon Country is filled to the brim with iconic landmarks of the historic southwest. With so many landmarks and a wide expanse to explore, it's hard to decide exactly what to do while visiting. While it's impossible to do and see everything in Utah's Canyon Country — at least in a single trip — here are the top five best ways to make the most of your trip.



Moki Dugway- Photo by Jay Dash

1. Starting off strong with a classic for outdoor explorers, hiking. Nothing beats getting out and seeing the wonders Southeastern Utah is known for on foot. From the trails in Bears Ears National Monument to the Needles District in Canyonlands National Park and beyond, safely venture out among the red rocks of Utah's Canyon Country.

2. Looking to get out and see the land from a different perspective? Book a float trip down the San Juan River with a local guide. The San Juan River provides boaters with access to spectacular canyons rich in scenery, archaeology, history, remarkable geographic features and desert wildlife. Sit back enjoy the scenery and Class II & III rapids while your guide expertly navigates the river. Enjoy several stops at archaeological sites such as River House Ruin and the Butler Petroglyph Panel.

3. Utah's Canyon Country has some of the most incredible night skies with four International Dark Sky Parks and one Dark Sky Sanctuary. Camp out under 15,000 visible stars and enjoy the star-studded nights. Set up camp in one of the many designated campgrounds and fall asleep under mother nature's night lights.

4. With the Abajo Mountains nearby, plus some phenomenal backcountry landscapes to explore, mountain biking is a great way to get around. With trails for different skill levels and plenty of opportunities for bikepacking, see Utah's Canyon Country from the seat of a bicycle.



San Juan River- Wild Expeditions

Ride among the red rocks, juniper trees and the occasional petroglyph or pictograph lining the canyon walls.

5. View the natural beauty of Utah's Canyon Country, with miles of buttes, mesas, sandstone towers and more, along one of many scenic drives winding through the county. Drive the Moki Dugway for amazing vistas over Valley of the Gods. Continue on to the Trail of the Ancients to see the remarkable history left behind by the Ancestral Puebloan people. Take the Abajo Loop Scenic Backway through the Abajo (Blue) Mountains that provide a starkly beautiful contrast to the surrounding copper-colored rocks.



Abajo Mountains. TechGnar



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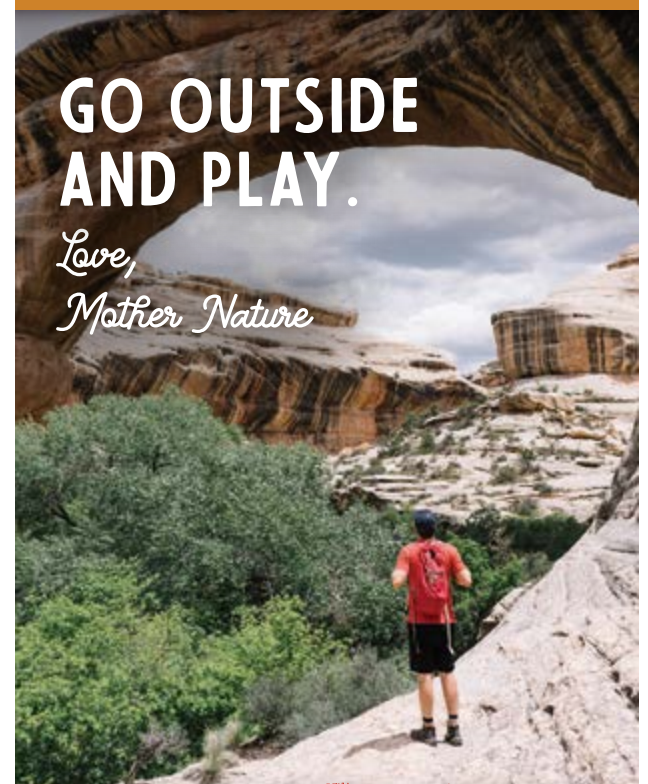
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There are still many more things to try and experiences to be had in Utah's Canyon Country. From trying a freshly made Navajo taco to rock climbing and museums and national monuments, this list merely scratches the surface of what Utah's Canyon Country has to offer.

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University Happenings

Leadership Team Announced for USU Land, Water & Air Institute

Brian Steed, executive director of Utah’s Department of Natural Resources, has been named the Janet Quinney Lawson Institute for Land, Water, and Air’s first executive director. He will assume the new position on July 1.

“We’re all very sorry to lose Brian as a valued member of our cabinet, but I’m thrilled he’s headed to my alma mater to lead this important new institute,” Gov. Spencer Cox said. “I’m grateful for the intellectual rigor and leadership he’s brought to state government, and I wish him all the best in this new role.”

Steed will serve as the lead interface of the institute to university and civic partners. His role will include working with legislative leaders to articulate needed programs, fostering collaboration with partners to address concerns across the state, and securing funds to implement projects and programs.

Steed’s position will report directly to USU President Noelle E. Cockett and work closely with an advisory group of leaders in state, county and city governments to solve problems associated with the state’s natural resources.

“Bringing Brian on board is a key milestone in increasing the momentum of the institute,” Cockett said. “His experience and leadership at the local, state and federal levels in natural resource issues will increase our ability to highlight and build on the work of our outstanding faculty researchers.”

The Janet Quinney Lawson Institute for Land, Water and Air was established in 2021 to further Cockett’s presidential priority of developing and communicating USU’s strength in land, water and air research. The institute is also a response to Gov. Cox’s request to increase collaboration and partnership between the state and Utah’s researchers on natural resource issues.

In the 2021 Utah Legislative session, House Concurrent Resolution 20 supported the creation and mission of the institute,

and last October, the Janet Quinney Lawson Foundation provided a lead naming endowment of \$7 million to provide core support for the institute’s work.

“The institute builds on some of USU’s strongest research programs,” said Lisa Berreau, USU vice president for research. “As USU continues to grow its research capacity, as has been seen by the R1 classification we received last year, we’ll need to invest more into bringing those strengths to bear on the state’s challenges. I’m excited to see the growth in the institute do that for our land, water and air issues.”

Steed was appointed DNR executive director in 2019. He leads an agency of over 1,300 employees from eight divisions. He previously served in Washington, D.C., as the Bureau of Land Management’s deputy director for policy and programs, exercising the authority of the director from 2017-2019. Before that, he served as chief of staff to Congressman Chris Stewart from 2013-17. Steed has also served as the deputy county attorney for Iron County and taught political science and economics at USU.

A native of Logan, Utah, Steed attended USU, where he earned both a Bachelor of Arts and Master of Arts in political science. He also holds a Ph.D. in public policy with an emphasis in environmental policy from Indiana University Bloomington and a J.D. from S.J. Quinney College of Law at the University of Utah, with a certificate in natural resources and environmental law.

Steed has been involved with the work of the institute, as he served as co-chair on its external advisory board last year alongside Chris Luecke, dean of the S.J. and Jessie E. Quinney College of Natural Resources at USU.

“I couldn’t be more excited to join the Janet Quinney Lawson Institute for Land, Water and Air,” Steed said. “I’ve

UtahStateUniversity

always thought that the best public policy comes from good research, and I look forward to helping link USU’s extensive research network to policy decisions and decision makers at the federal, state and local levels.”

Steed will join Anna McEntire on the institute leadership team. McEntire serves as associate director for the institute while continuing her role as executive director for research communications within the Office of Research.


McEntire has led research communications at USU for nearly two decades. Through a number of outreach programs, she has worked with hundreds of faculty and student researchers to help them share the impact and value of their work.

McEntire is also an Aggie alum, having earned a Bachelor of Science in political science and journalism and a Master of Science in corporate communication from USU.


“Anna has been a key member of our land, water and air effort from the beginning,” Cockett said. “Before the institute was established, I asked her to start a new initiative to highlight land, water and air research to our Wasatch Front stakeholders. Anna’s team created Research Landscapes, which has served as the foundation for the institute.”

McEntire was also the editor of the institute’s first main deliverable, an annual Report to Governor on Utah’s Land, Water, and Air, which was released last December.


This summer, Steed and McEntire will host an informal meet and greet for faculty, staff and student researchers to chat about the broad strategies and next activities of the institute. The reception will begin 1 p.m. Wednesday, July 13, in the David B. Haight Alumni House on USU’s Logan campus.



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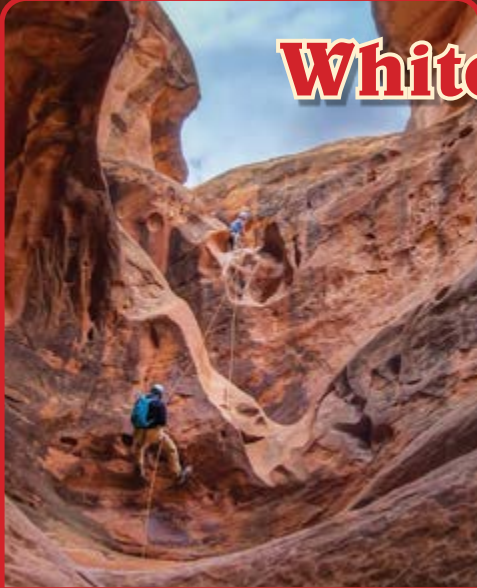



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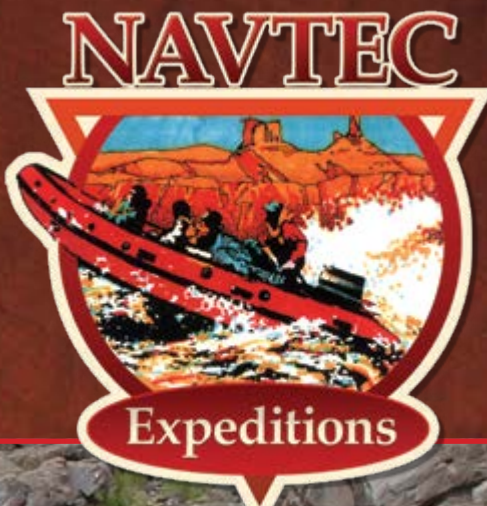
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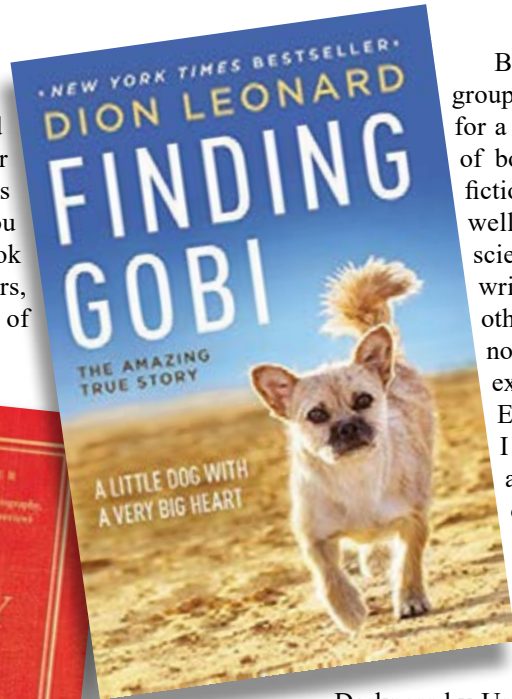
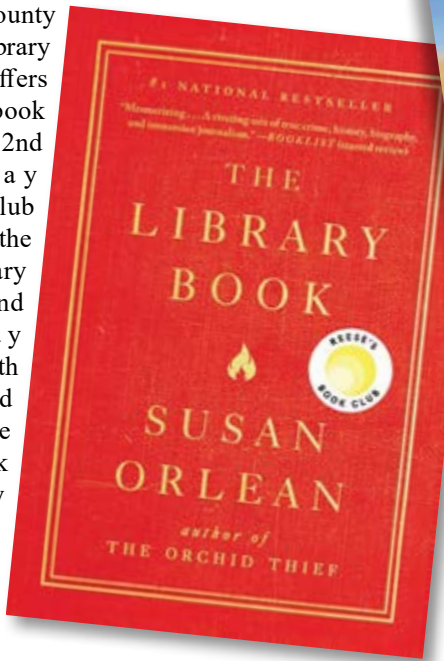
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Grand County Public Library currently offers 2 awesome book clubs. The 2nd Wednesday Book Club is held at the Moab Library every second Wednesday of the month at 6 pm, and the Castle Valley Book Club usually meets in the morning on the last Friday of the month.



Both of these groups are known for a varied selection of books, from new fiction to classics, as well as biographies, science and nature writing and other fascinating nonfiction. Recent examples include Eating Stone: Imagination and the Loss of the Wild by Ellen Meloy, Crossroads by Jonathan Franzen, The Left Hand of

Darkness by Ursula K. le Guin, LaRose by Louise Erdrich, and The Oregon Trail by Rinker Buck. Currently being read for discussions in July are The Library Book by Susan Orlean and Finding Gobi by Dion Leonard. Extra copies of each month's selection are supplied by the library, and placed on hold for anyone who wants to join. Sounds pretty good, right? For more information, or to join the fun, please call the library at 435-259-1111, or email us at info@moablibrary.org.

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Gallery Happenings

July at Gallery Moab

by Thea Nordling

Does artistic creativity run in families? Is it the result of nature, nurture, or just plain hard work? Probably all of the above play a part. Case in point – in July, Gallery Moab is featuring paintings by Emberly and Marsha Modine.

Emberly Modine, our July Guest Artist, will be showing a collection of her egg tempera paintings. A native of Utah, she attended the San Francisco Art Institute. Describing her muse, she says, “This desert, my homeland, has always been an emblem of the conversation between elemental forces. As a child I would marvel at the evidence of once massive lakes, and trace my fingers along lines cut by winds digging at ancient shorelines. Water is a dynamic force and though



Emberly Modine

mostly absent in today’s desert, I have always seen the native juniper trees as the embodiment of that vital spirit. Sculpted by wind and stubbornly matching the brutal sun, they are as life erupting over eons from the rock and sand. In these works I seek to capture the conversation between ancient history and the living that creates one of earth’s most dynamic gardens.”

Our Featured Gallery Artist is Marsha Modine, Emberly’s mother. She has loved and created art in some form all her life. Explaining why she paints, she says, “Why not? It’s relaxing – sort of. It’s rewarding – somewhat. It’s creative – interpreting how beauty makes you feel. It’s fun. It’s frustrating. It’s satisfying. It’s a lot like life.



Marsha Modine

What I think, see and feel are not the same as anyone else. It’s a good way to express your uniqueness.” Marsha took a hiatus from pursuing her art seriously when she became a single mom, but resumed her creative practices when her



Stormy Sunset by Marsha Modine



Shoreline by Emberly Modine

nest emptied. For several years she painted pastel landscapes and flower scenes. More recently she has turned to acrylics,

which she loves for their bright colors and ease of use. She says, “I find that I respond emotionally to every painting in my house (the majority of which are not mine). I also paint from an emotional place, attempting to convey what I feel to, hopefully, the viewer.” She is, of course, very proud and supportive of her daughter’s creative accomplishments.



In the Hall of the Goblin King by Marsha Modine

The gallery will host a reception for Emberly and Marsha on Saturday July 9, from 5:00 to 8:00 p.m. We hope you’ll take this opportunity to meet them, enjoy their art and mingle with other artists and art lovers. Our cooperative gallery offers a wide selection of original art and artisan crafts made by local artists, who work in many different styles and mediums. There is something at Gallery Moab for every taste and budget. That perfect gift or memento of your visit to the canyon country may be waiting here for you!

Open Sunday and Monday 12 p.m. - 3:00 p.m.; Tuesday through Saturday 12 p.m. - 6:00 p.m. Call 435-220-0891 and we will gladly open by appointment during other hours.

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Landfill by Emberly Modine

Be sure to mention that you read about Gallery Moab in *Moab Happenings*.



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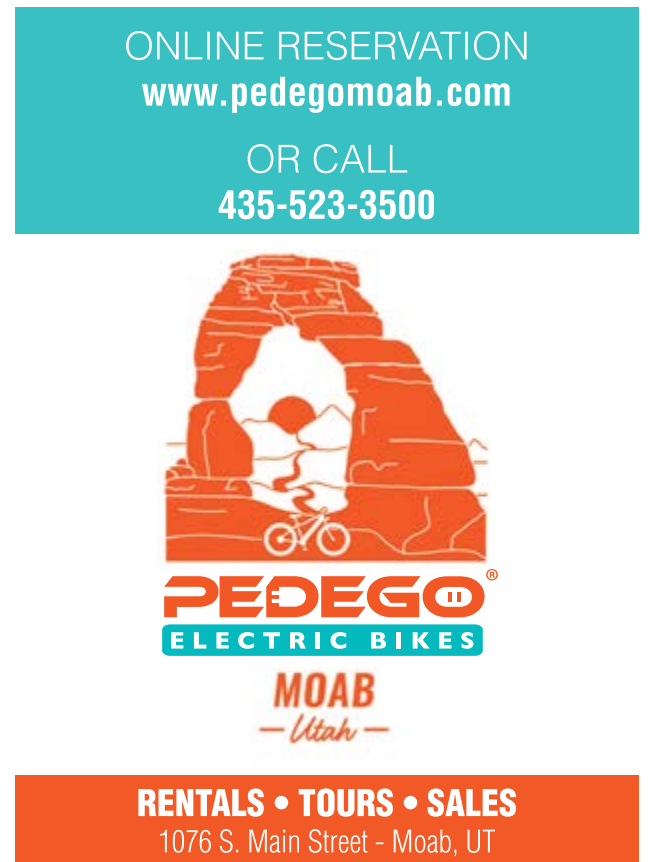
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SHOPPING GUIDE MAP

The map shows a grid of streets in Moab, Utah. The main north-south street is Main Street, which is also labeled as Highway 191. East-west streets include 400 North, 200 North, 100 North, Center Street, 100 South, 200 South, 300 South, Grand Ave, Uranium Ave, and Cedar. A secondary north-south street is 400 East. A third north-south street is Millcreek Drive. Various businesses are marked with stars on the map, including Moab BARKery, Rim Cyclery, Moonflower Market, ar*tee*sian, Tumbleweed, Redstone T-Shirt Co., Moab Made, Desert Thread, Moab Treasure, Pinyon Tree, Gallery Moab, WabiSabi, Liquor Store, Moab Adventure Center, Walker Drug, Moab Gear Trader, Canyonlands Copy Center, Moab Mailing Center, Gear Heads, Chile Pepper Bike Shop, Royce's Electronics, Moab Eyecare, and Canyonland Quilts. An arrow points north towards Salt Lake City. A note at the bottom right indicates Moab Eyecare is 3.1 miles south and Canyonland Quilts is 6 miles south from the intersection of Main Street and Cedar.

Healthy Happenings

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My Survivor Story

by Tami Edwards

In my pre-cancerous life, I was a very healthy and active individual. I had done everything right, according to everything I read after my first diagnosis. Yet, cancer still found me. In 2007, at 33, I found a small bump in my left breast, in the upper, inner quadrant. At first I thought it was just a pimple and I would pick at it. It would bleed, then grow a little more. I was in a very bad marriage at the time and couldn't really focus on my own health. I ignored it until it started to hurt. I finally showed it to a coworker who scheduled my appointment with my OBGYN that day. When he saw me, he thought it may be a cyst but referred me to a general surgeon, whom I saw 2 days later. When that doctor tried to aspirate the "cyst", and couldn't pull fluid out, he looked at me and said, "I believe this is cancer." Something in me already knew that.

A mammogram revealed a very strange looking mass. A biopsy a week later brought the official diagnosis of breast cancer and I was scheduled for surgery. On March 28, 2008, I didn't know going into the surgery if I'd have a lumpectomy or a mastectomy; it would depend on my lymph nodes. Fortunately, those were clear and I only lost a golf ball sized chunk from my body. My oncologist planned my chemo treatments, 1 round every 3 weeks for 6 cycles, to be followed with 33 rounds of radiation. Then he told me I should do genetic testing because of my Ashkenazi Jewish heritage (all Eastern European). Five weeks later I found out that I am BRCA1, which carries with it a long list of other potential cancers and problems. At this time, I was the only one in my family who had ever been diagnosed with breast cancer. Most of my family had been killed in the Holocaust and so our history was limited. I was told to have a double mastectomy and total hysterectomy but I was only 33. I wanted more kids. So I opted to keep my own parts. And life went on.

Fast forward a little bit. I never did have any more kids. I was rendered essentially infertile from the chemo treatments and left that bad marriage in 2009. I had developed a drinking problem at the end and finally got sober in 2011, meeting my current husband in the rooms of AA. We married in 2014. I had both knees replaced in 2016 due to osteoarthritis brought on by the chemo. It had definitely aged my insides even if I still looked my stated age. In 2016 I was 41. In 2017, we relocated from California to Texas and I gained a lot of weight from the depression that set in. I had already started perimenopause and I was unhappy with my weight and my life.

In July of 2019, I had a cycle that started and then didn't finish. At first I assumed it was due to the "change". But then the bleeding got heavier and I was getting weaker and I finally called my doctor (my new GYN in Texas) and he put me on hormones to stop the bleeding and then we did a uterine biopsy. I was now 45 and figured it was time to let go of the idea of being a mom again. I was accepting that it was time to remove the plumbing, because there was no way I could continue with cycles like that for long. We decided on February the following year but 2 days later my biopsy results came back positive for uterine cancer. There was a question as to whether or



not it was related to the gene but nothing would be known until my total hysterectomy on October 9, 2019. When I saw the surgeon two weeks later, he confirmed that it had also been found in my right ovary (I knew deep down it would be), a separate primary cancer, and we knew that the gene was responsible.

I went through chemo again, same schedule, different drugs. Fortunately I did not have to have radiation (radiation in my hoo haw??? Who wants that?). I gained more weight from the steroids and now that I'm officially in menopause, it's stuck to me. And we moved to Utah in June, 2021.

I lost my mom to stage 4 breast cancer on 1/22/14. She had been too ill to meet Robert. She hadn't wanted to get checked when I had the gene and when she was diagnosed, 3 years after me, it had already spread like wildfire throughout her body. I lost one of my best friends to lung cancer 12/23/20. She had always been too busy to see a doctor and when she was diagnosed, it was also too late. She only lived 9 months. I have lost many other friends to the awful disease of cancer, and some were seemingly preventable.

After my breast cancer, I took ownership of my life. If something doesn't feel right, doesn't look right, I go to a doctor. I'd rather it be nothing than find out later it's too late and I should have done something sooner. Had I waited just two more weeks, the cancer would have invaded my chest wall and I likely wouldn't be here. My daughter was 13 at that time. I would have missed out on so much. And that gene is still active in this body, waiting to attack

something else. I have to stay vigilant.

I'm a big advocate for cancer research, of all types. I used to do charity walks (until the knees) to raise money for the American Cancer Society. I'd like to try that again. And I share my story with anyone who will listen. One in eight women will be diagnosed with breast cancer at some point in their lifetime. But the odds vary among races. One in 40 Ashkenazi Jewish women will face the diagnosis compared to 1 in 500 Asian women. No one wants to be the "lucky" one. So get checked. Do your annual exams and your mammograms. Feel your boobies! But also keep in mind that uterine cancer is one of the most prevalent female cancers. And we are so dismissive! We shouldn't be. Your odds of survival are so much higher when things are caught early, and the treatments are easier, too. If something doesn't feel right, get it checked out.



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Healthy Happenings

Local Newlyweds Start Mobile iV Therapy Company

Moab locals Brittany Cantwell and Glen Maxson are used to BASE jumping off the cliffs surrounding Moab, but now, they are jumping into a new adventure. The newlywed couple has started a new business, offering mobile IV therapy to both residents and visitors of the Moab area.

Brittany says the idea for the business came after riding the 100+ mile long White Rim trail on a particularly hot September weekend.

Glen remembers it being after he took a wrong turn on a trail and ran an “accidental half marathon with no water”.

The couple may not agree on when the exact “Ah-ha” moment was, but they will agree that they saw a need for a new service and Moab Mobile iV was born.

Providing intravenous therapy is nothing new for these two. Brittany obtained her RN license in 2016 and has been working as a nurse (RN,BSN) in Moab for the past 5 years. Glen is a paramedic with 14 years on the job. They also work with a local physician who oversees operations as the company’s medical director.

The client spending a big day outside; hiking, biking, climbing, or off-roading, and realizing she/he needs to rehydrate fast and efficiently was the original customer that inspired this business. “When you get to a point of dehydration that isn’t hard to reach in the Moab environment, it takes a long time to get back to a healthy level of hydration and feeling good. Most visitors to Moab or locals who love to play hard outside don’t have that kind of time. IV therapy is the fastest, most efficient way to provide your body with the fluids and electrolytes needed to rehydrate and feel your best.” -Glen



“And it’s not just about hydration.” Brittany says “A large portion of our customers are looking at IV therapy as a way to take better care of their immune systems and overall health. The wellness package, a powerhouse of vitamins and electrolytes, is our most popular package by far!” When you take vitamins by mouth, they must be absorbed through your digestive tract, a process that can be extremely inefficient. Only a very small percentage of vitamins taken orally make it



to your blood stream where they can be used by your body. When you get vitamins or medications through IV therapy, 100% of the product is “bio available” or goes into your blood stream where it can be used throughout your body.” -Brittany

The couple says operating Moab Mobile iV has been one of the most positive experiences of their professional careers. “We love helping people feel better, and we feel incredibly grateful

that people trust us to come into their homes, listen to their specific needs, do a physical assessment, and help them to feel their best.” -Brittany

To learn more or schedule an appointment with Moab Mobile iV, go to their website at www.moabmobileiv.com

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Concussion: Treat It Now, Keep Your Brain Later

Mike took a spill on his bicycle recently. He wasn’t going very far, so he didn’t want to waste the time to look for his helmet. Hitting his head and injuring his shoulder and elbow on the sidewalk, he took a couple minutes to get back on his feet. He managed to ride the rest of the short distance to his destination. Upon arriving, however, he was not making sense to those around him. He was taken to the hospital and evaluated with examination and a CT scan.

When everything came back normal, Mike was diagnosed with a concussion and sent home to rest. He was instructed to avoid any stimulation and stay out of school until cleared by his doctor. For weeks, he couldn’t focus enough to complete his homework and his behavior was inappropriate if not outright defiant at times.

Immediate and short-term consequences of concussions vary widely. Common symptoms include memory loss, headache, sleep disturbances, irritability, fatigue, nausea, difficulty concentrating, brain fog, depression, anxiety, nausea/vomiting, light-headedness, dizziness, and sensitivity to light or noise.

Most symptoms subside on their own within days to weeks. When they persist for months or years, doctors diagnose post-concussion syndrome. But this isn’t the worst we can expect from non-crippling head trauma. This is because the original injury is just the beginning of the damage to the brain. Thereafter, secondary brain damage can result from free radicals, release of neurotransmitters, inflammatory responses, calcium-mediated damage, mitochondrial dysfunction, and gene activation.

Concussion has been in the spotlight in recent years, following the recognition that a single concussion at any time in a person’s life more than doubles his or her risk of dementia. This is true even when the concussion does not include loss of consciousness. Whereas dementia is the most notable long-term consequence of traumatic brain injury (TBI), several others have been identified. These include psychiatric problems (depression, anxiety, psychosis, etc.), behavioral changes, movement disorders, Parkinson’s,



alcohol abuse, intestinal hyperpermeability (“leaky gut”), testosterone deficiency, erectile dysfunction, and much more.

Intestinal hyperpermeability alone increases risk of ADHD, hay fever, obesity, eczema, asthma, food sensitivities, autoimmune diseases, heart disease, and more. In other words, if its effects on the brain aren’t enough, TBI can affect every aspect of one’s health.

As society begins to pay attention to the serious consequences of even mild head injuries by building more protection into physical activities and exercising increased caution in return-to-play guidelines (in the case of organized sports), treatment of these injuries remains woefully inadequate. As confirmed by an Institute of Medicine report in 2001, “an average of about 17 years is required for new knowledge generated by randomized controlled trials to be

incorporated into practice.” In the case of TBI, many if not most physicians continue to recommend that patients lay in bed and avoid reading, listening to music, watching television, talking, and any physical activity. Symptoms that are intolerable or otherwise interfere with daily activities are managed with pain medicine, nausea medicine, dizziness medicine, sleeping pills, antidepressants, physical or occupational therapy, and so forth. In other words, no TBI-specific treatment has been recognized and promoted by the major medical societies. The reason for this is simple: There is no drug that repairs damaged neurons.

The fact that the “wait-and-see approach” to TBI continues to prevail in American medicine is most unfortunate. There is published evidence, for example, that initiation of moderate-intensity aerobic exercise within the first three days of injury improves multiple aspects of brain function and speeds recovery. But this is not all. The sooner a TBI sufferer begins a comprehensive program of brain rehabilitation, the better off he will be. He will be able to return to full pre-injury activities sooner, have less risk of post-concussion syndrome, and be less likely to develop dementia, Parkinson’s, or other irreversible brain dysfunction decades later. Short of the onset of dementia, however, it is never too late to start brain rehabilitation.



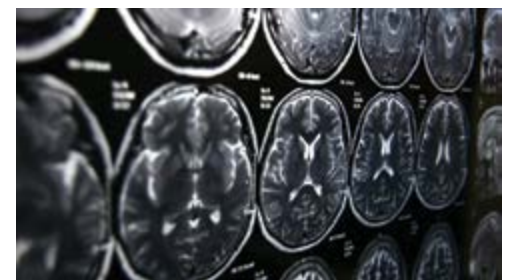
by Ray Andrew, MD

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This is because injury to the brain sets in motion an inflammatory cascade that doesn’t have an “off” switch. Even when repair is complete and all symptoms are gone, damage to neurons continues for the rest of one’s life. Because we have an average of 86 billion neurons, we don’t readily notice the thousands of neurons that are constantly being lost to the inflammatory process. When we do begin to notice impairments in memory and/or thinking, we typically chalk them up to aging, not realizing we are on our way to dementia, and that it stemmed from one or more concussions decades ago.

For this reason, whenever a patient presents to Prestige Wellness Institute with a history of concussion, whether it happened yesterday or sixty years ago, we recommend an aggressive individualized program designed to squelch inflammation and restore full function (if any is lacking) as quickly as possible. If the injury is recent, early aerobic activity is encouraged. Additional interventions include—based on individual needs—pulsed electromagnetic field therapy, brain-nourishing nutrients, high-dose melatonin, fatty acids, anti-inflammatory herbs, neurofeedback, repair peptides, high-grade probiotics, gut repair, and oral or IV antioxidants. As research advances and new technologies become available, we continually refine our protocol to enhance brain function in affected people.

If you or someone you love has suffered one or more concussions at any point in your life and want to maintain optimal brain function well into your later years, consider consulting with us for an evaluation and rehabilitation program by calling (435) 210-0184.

Astrology Happenings

Aries or Aries Rising: March 21– April 19

Week 1: You can expect anything to happen this week, which makes it an ideal time to fall in love or fall back in love. Throw caution to the wind and welcome romance.

Week 2: Try not to question the mysteries of the universe right now. Unconventional vibes are coming your way, which may lead you on some bizarre, yet enjoyable journeys.

Week 3: Financial inspiration could arrive this week. Instead of repeating old cycles in your life, think of minor tweaks you can make that will have an impact on your bottom line.

Week 4: This week you may find yourself taking on a teaching or mentoring role. It is one way to volunteer in the community and pay it forward.

Taurus or Taurus Rising: April 20 – May 20

Week 1: Don't be surprised if a former romantic partner or close friend reconnects with you this week. It may be possible to rekindle this connection if you so desire.

Week 2: Don't believe everything you read on social media. Some strange information is coming in and you have to weed through misinformation to make some smart choices.

Week 3: If you are in a rebellious mood, find an outlet that will not get you into too much trouble. Engage in challenging pursuits, like puzzles or sports games.

Week 4: This week it may be challenging for you to relate to others on a certain level. Try to put yourself in someone else's shoes and see things from a different perspective.

Gemini or Gemini Rising: May 21 – June 21

Week 1: Don't hesitate to try something new this week. You'll likely be surprised at what you discover you enjoy. You may even meet some interesting people.

Week 2: There may be surprises around the workplace this week. A supervisor could act out of sorts and the momentum may be a bit erratic. Ride out this unsettling wave.

Week 3: If you are in a rebellious mood, find an outlet that will not get you into too much trouble. Engage in challenging pursuits, like puzzles or sports games.

Week 4: It's possible you will find people to be extra aggressive this week. Try not to react to what they are putting out. Instead, deflect that negative energy.

Cancer or Cancer Rising: June 22 – July 22

Week 1: Spiritual matters are on your mind. You are increasingly drawn to them as you get older. Do not hesitate to ask questions in your pursuit of enlightenment.

Week 2: You have a sensitive and compassionate demeanor. Unfortunately, this can make you vulnerable. Keep a few tough friends in your corner.

Week 3: You may have outgrown a career or a community in recent weeks. Take your time exploring new opportunities so your next move can be effective.

Week 4: Get together with others this week because you can use some extra support. Otherwise, you may find yourself floundering in an uncomfortable situation.

Leo or Leo Rising: July 23 – August 22

Week 1: Optimism about life is in full force for you. Others will notice you are smiling more and moving about with a spring in your step. Channel that energy into a fun project.

Week 2: Advocate and negotiate for yourself as much as you can in the days to come. You can't expect anyone to promote yourself better than you can.

Week 3: A change in your responsibilities could lead to a pay raise or even a promotion in the days to come. Focus on where you want to be in your career.

Week 4: Self-control is important for you this week, especially as it pertains to shopping. Do not buy every item you see. Rather, think through purchases before taking the plunge.

Virgo or Virgo Rising: August 23 – September 22

Week 1: This week is full of possibilities. You may strike up a new friendship or decide to try a unique hobby. Travel may be the name of the game as well.

Week 2: Give yourself a break. You have been putting your nose to the grindstone for so long, you deserve an opportunity to enjoy the lighter side of life for a bit.

Week 3: A unique experience shared with someone else can make a big difference in your relationships. Learn from every lesson that comes your way.

Week 4: This is a good week to look at things in a new way. All it may take is viewing something from a new angle or with a revised attitude to have an entirely new perception.

Libra or Libra Rising: September 23 – October 22

Week 1: Even though you may be feeling positive and looking well, you're simply not drawing that special attention you desire. Don't be too hard on yourself; it will come.

Week 2: Your responsibilities are at an all-time high right now. That means you are in much demand. Pick and choose your projects because your schedule is packed.

Week 3: If you have been practicing or trying to perfect something, now is the time when you will see some long-awaited progress. Keep the learning process moving along.

Week 4: Take a break and get some exercise in the process. Visit a nearby park and take an extended bicycle ride or jump in the pool to swim a few laps. Enjoy fresh air and breathing room.

Scorpio or Scorpio Rising: October 23 – November 21

Week 1: Communication channels have been blocked lately, so you have been facing challenges getting your point across. Employ a little more patience.

Week 2: Celebrate yourself this week. You deserve some recognition and celebration just for being you, and what better person to initiate it than yourself?

Week 3: Someone may want to surprise you this week. You may prefer to know what is coming, but this is a good-natured gesture, so go with the flow this time.

Week 4: This week you may consider furthering your education or learning new skills. Try volunteering if you're not ready for a financial commitment or if you don't want a firm schedule.

Sagittarius or Sagittarius Rising: November 22 – December 21

Week 1: There have been days you have felt better. Don't let a minor illness derail your plans. Before you know it, you will be back on your feet.

Week 2: You may have a sudden urge to get organized at home or at the office. Spend ample time sorting and cleaning out the clutter. You'll be more productive for your efforts.

Week 3: One minor change in your daily life can make things easier for your family. Even if this change requires a sacrifice on your part, it could be worth it.

Week 4: This week you may consider furthering your education or learning new skills. Try volunteering if you're not ready for a financial commitment or if you don't want a firm schedule.

Capricorn or Capricorn Rising: December 22 - January 19

Week 1: Try an activity that strays from your usual routine. Change the time or the location to get a fresh perspective on your experiences. It can be the boost you need right now.

Week 2: Light banter is the name of the game for conversation this week. Avoid any topics that can be deemed controversial or lead to confrontation.

Week 3: There are many enjoyable things you can become involved in if you are willing to put in the effort. Once you do the work, the rewards will come.

Week 4: Hold your tongue as much as possible. Even a slight criticism may put a person off you for a while and that can cause friction that is tough to overcome.

Aquarius or Aquarius Rising: January 20 – February 18

Week 1: Don't be surprised if you have a desire to redecorate or change up your living space in some way. A new look can refresh your mindset as well.

Week 2: Appreciate the world around you. It's easy to get fixated on what is going wrong. Instead, be grateful for all of the things that are going right.

Week 3: Your family life is going to change in a big way in the not-so-distant future. How it plays out remains to be seen, but the effects will be profound and positive.

Week 4: Even though you would like to spend most of your time planning fun activities for the future, this week you have to hunker down and focus on business.

Pisces or Pisces Rising: February 19 – March 20

Week 1: Some interesting news is likely to come your way. It's important to answer your phone, read your texts and check your emails.

Week 2: Good vibes are heading your way. Cosmic energy continues through your sign, articulating visions of future ambitions.

Week 3: Some surprising information comes to light this week. It may change your self-image and how others perceive you.

Week 4: You may be more sentimental now than in the past. Feelings evolve and there is no wrong way to feel. Go with the flow.


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Moab Clubs & Organizations

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

<p>Adult Children of Alcoholics (ACA) Triangle House 84 W. 100 S. call or text (435) 220-0646</p> <p>Alcoholics Anonymous (435)-625-1342</p> <p style="padding-left: 20px;">For Emergencies (24/7) 888-333-9649</p> <p>Alpha Rho Sorority (Bobbie Long)..... (435) 259-6758</p> <p>American Legion Post (Ronald Irvin) (435) 719-4095</p> <p>Arches Education Center (Trish Hedin)..... (435) 260-8764</p> <p>Arches New Hope Pregnancy Center (Jeni Johnson)..... (435) 259-LIFE (5433)</p> <p>BEACON (Xandra Odland) (435) 719-4801</p> <p>Bombtown Crawler..... (435) 260-0385</p> <p>Boy Scouts of America (Mingo Gritts)..... (435) 260-0871</p> <p>Canyonlands Back Country Horsemen (Steve Schultz) (435) 220-0860</p> <p>Canyonlands Field Institute (Jory Macomber) (435) 259-7750</p> <p>Canyonlands Rodeo Club (Kirk Pearson + Krista Wilson)..... (435) 260-2222 + (435) 260-7942</p> <p>Colorado Outward Bound School – Moab Basecamp (Lance Plank)..... (719) 293-5371</p> <p>Community Rebuilds (Rikki Epperson)..... (435) 260-0501</p> <p>Daughters of Utah Pioneers (Katheryn Jackson)..... (435) 259-5229</p> <p>Delicate Stitchers Quilt Guild (Crystal Day)..... (435) 260-8537</p> <p>Friends of Arches and Canyonlands Parks (Joette Langianese)..... (435) 259-0108</p> <p>Friends of Indian Creek..... info@friendsofindiancreek.org</p> <p>Friends of the Grand County Library (Jessie Magleby) (435) 259-1111</p> <p>Girl Scouts of The U.S.A. (Melodie McCandless) (435) 259-9797</p> <p>Grand Area Mentoring (Dan McNeil) (435) 260-9646</p> <p>Grand Center (Alishia Oliver)..... (435) 259-6623</p> <p>Grand County Democratic Party (Kevin Walker)..... (510) 333-1060</p> <p>Grand County Extension & 4-H (435) 259-7558</p> <p>Grand County Education Foundation (Melodie McCandless) (435) 259-9797</p> <p>Grand County Food Bank (435) 259-6456</p> <p>Grand County Hospice (Margy Swenson)..... (435) 719-3772</p> <p>Grand County Library (Jessie Magleby)..... (435) 259-1111</p> <p>Grand County Republican Party grandcogop@gmail.com</p> <p>Humane Society of Moab Valley (435) 259-4862</p> <p>KZMU Community Radio (Serah Mead)..... (435) 259-8824</p> <p>Ladies Golf Club (Chris Woodard)..... (435) 259-6488</p> <p>League of Women Voters (Barbara Lacey)..... (970) 261-3235</p> <p>Moab Arts Council (Theresa King / Makeda Barkley) (435) 259-2742</p> <p>Moab Arts Festival (Theresa King) (435) 259-2742</p> <p>Moab Arts & Recreation Center (435) 259-6272</p> <p>Moab Bird Club (Nick Eason)..... (435) 259-6447</p> <p>Moab Chamber of Commerce (Laici Shumway) (435) 259-7814</p> <p>Moab City Animal Control (435) 259-8938</p> <p>Moab City Recreation (Patrick Trim) (435) 259-2255</p>	<p>Moab Community Dance Band (Miriam Graham) (516) 376-8003</p> <p>Moab Community Garden (Becky Mann)..... mocomgardens@gmail.com</p> <p>Moab Community Theater (Kaki Hunter)..... (435) 259-8378</p> <p>Moab Disk Golf Club (435) 259-2255</p> <p>Moab Family History Center..... (435) 259-5563</p> <p>Moab Free Health Clinic (Kate Jagle)..... (435) 259-1113</p> <p>Moab Friends For Wheelin' Jeep Club (Melissa Fischer)..... (435) 260-7208</p> <p>Moab Garden Club (Tricia Scott)..... (303) 880-9158</p> <p>Moab Golf Club (Rob Jones)..... (435) 259-6488</p> <p>Moab Healthcare Foundation (Beth Logan) (435) 260-8889</p> <p>Moab International Film Festival (Denise Felaar)..... (407) 233-8290</p> <p>Moab Masonic Lodge #30 (Gregory Klepzig)..... (435) 260-1823</p> <p>Moab Music Festival (Laura Brown) (435) 259-7003</p> <p>Moab Rock Club (Jerry Hansen)..... moabrockclub@live.com</p> <p>Moab Rotary April Action Car Show (435) 260-1948</p> <p>Moab Solutions (Sara Melnicoff)..... www.moab-solutions.org ... (435) 401-4685</p> <p>Moab Speaks (Daniel McNeil)..... (435) 260-9646</p> <p>Moab Sportsmen's Club (Frank Darcey) (435) 259-2222</p> <p>Moab Taiko (Michele Blackburn) (435) 259-0816</p> <p>Moab To Monument Valley Film Commission (Bega Metzger) 435-259-4341</p> <p>Moab Trails Alliance (Kirstin Peterson) (435) 259-5223</p> <p>Moab Valley Multicultural Center (Rhiana Medina) (435) 259-5444</p> <p>Nursing Home Abuse Support (Nicole Peters) www.nursinghomeabusesupport.com</p> <p>Order of the Eastern Star (Fran Townsend)..... (435) 259-6469</p> <p>Plateau Restoration/Conservation Adventures (Tamsin McCormick) (435) 259-7733</p> <p>PleinAir Moab/Red Rock Arts Festival (435) 259-6272</p> <p>Red Rock 4-Wheelers (Ron Brewer)..... (435) 259-7625</p> <p>Rotary Club (Britta Kingsley)..... (727) 656-3633</p> <p>Seekhaven Crisis Center (Abigail Taylor)..... (435) 259-2229</p> <p>Southern Utah Wilderness Alliance (Neal Clark) (435) 259-7090</p> <p>Trail Mix Committee (Paul Spencer)..... (978) 688-7480</p> <p>Underdog Animal Rescue & Rehab (Jackie) (435) 260-8033</p> <p>Uranium Watch (Sarah Fields) (435) 260-8384</p> <p>Utah Avalanche Center..... (888) 999-4019 or (435) 259-SNOW</p> <p>Utah Conservation Corps (Sean Damitz)..... (435) 797-0964 ext 8</p> <p>Utah Friends of Paleontology – Gastonia Chapter (Lee Shenton) (435)-259-2179</p> <p>Utah State University Moab..... (435)-259-7432</p> <p>Valley Voices (Marian Eason)..... (435) 259-6447</p> <p>Veterans of Foreign Wars (Fred Every) (435) 260-1277</p> <p>WabiSabi www.wabisabimoab.org (435) 259-3313</p> <p>Youth Garden Project 259-BEAN (2326)</p>
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





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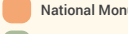
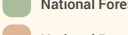
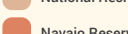

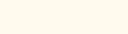
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	National Native News 7:00 AM Mon - Friday							7:00	
8:00	Native Spirit (First Nations)	EARLY MORNING MIX			Art of the Song	EARLY MORNING MIX		Desert Diva (dance, pop)	8:00
9:00	Hightower right before DN DEMOCRACY NOW Hightower right before DN							9:00	
10:00	Jah Morning (reggae, dub, roots, rocksteady)	Moab Mamas Morning Blend (everything)	Amarillo Hwy (alt. country, alterna-twang)	Tilted Park (Americana classic rock)	Rocketship Radio (new mix, indie)	The 901 on 90.1 (highlighting Memphis music)	Shine Time (children, eclectic)	10:00	
11:00					Take it or Leave It (call in / advice)	Science Moab	Undercover Mix (alternative, rock, covers)	11:00	
Noon	KZMU News							Noon	
1:00	Grass is Greener (bluegrass, folk)	The Skye's the Limit (rock, blues, jazz)	Zephyr's Ethos (psych, garage, indie)	Horizon Line (modern chill)	River Run Radio / Straight Up Land (Americana, rock, mix)	KZMU news & Earful Liner Notes (new music)	Music with Danger/ Lady J's Variety Show (pop, rock, decades)	1:00	
2:00	1-2-3 (funky world soul)							2:00	
3:00	Entre Las Piedras (norteno new mexico rock & roll)	I Can Hear Queerly (queer, woke, indie, alternative)	Desert Sol Soundsystem (new music & artist interviews)	Culture Blast (upbeat contemporary & dance)	The Age of Hip Hop Electronic / Music at the Seams (hits / beats)	Fire on the Mountain (The Dead, jam, classic rock)	Belagaana Review (fruit & nuts)	3:00	
4:00			Live & local public affairs					4:00	
5:00	Bach & Beyond Return to Fantasia (classical, soundtracks & scores)	This Week in Moab (interviews / calendar)	Swingin' the Blues (jazz, swing, blues)	OPEN (apply to be a DJ, KZMU.org)	Heart Beats (hip hop, soul, instrumental)			5:00	
6:00	DEMOCRACY NOW							6:00	
7:00	KZMU News							7:00	
8:00	Kokopelli Coffeehouse (acousitc, folk)	Big Swing Face (big band jazz) Old & New Dreams (cont. Jazz)	Sandstone Spectrum / CumuloStratus (eclectic)	Gather the Folks / Americana Roots (world music deep dives)	Rock Wasteland	Theme Park (Rock, indie, pop)	Ill Beats Radio (hip Hop)	8:00	
9:00								9:00	
10:00	Atlas 1984 (retro synth future)	The Electric Church (bluesy jazz) Night Drive (alt rock)	Conscious Party (ska, punk, native, rock, dub)	The 24-Hour Store (high desert psychedelia) Retro Fit Radio (post-punk & punk)	Real Talk with Veronica (indie rock mix, talk)	Plastic Magic (alternative, rock)	Desert Oracle	10:00	
11:00						Barnaby Druthers Mystery Hour & old time radio theater		11:00	
1:00	KZMU OVERNIGHT MIX (Blues, Rock, Electronica, Dance, Alternaive, Punk)					OPEN (apply to be a DJ, KZMU.org)	OPEN (apply to be a DJ, KZMU.org)	1:00	

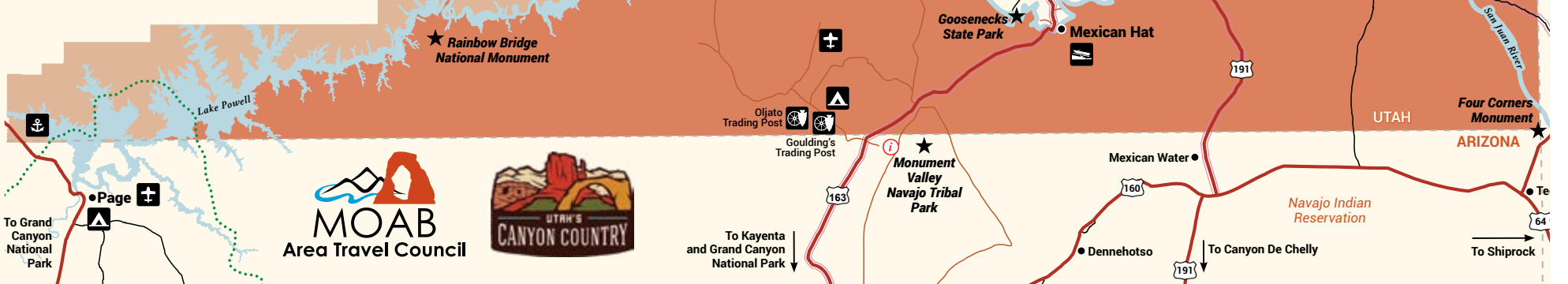
Southeast Utah Map


Southeastern Utah Recreation Activities Key

-  **Auto Tours** Paved roads lead to many of the attractions in Utah's Canyonlands and provide a perfect introduction to the area's magic. A memorable opportunity exists to explore the wonders of nature, whether via a scenic drive in the breathtaking high altitude National Forest or on a roadside tour of our National Parks and Monuments.
-  **Hiking** In addition to the hiking trails within the National Parks, trails exist throughout the region providing convenient access to some of the area's lesser known backcountry and prehistoric Indian sites. For the explorer, acres of relatively untouched wilderness wait. Use existing trails and respect resources.
-  **Mountain Biking** A recreational center for mountain bike enthusiasts, the area's range of slick rock, dirt roads, and forest trails offers a multitude of possibilities. Whether you are an amateur or a rider looking for a challenge, the varied landscape of Utah's Canyonlands provides an experience of a lifetime.
-  **4-Wheel** Largely a legacy of mining activities, thousands of miles of 4-wheeling and ATV trails exist in the Canyonlands area. A variety of scenery and a range of challenging trails offer the opportunity for countless days of exploration. Area maps are available.
-  **Rock Climbing** Hundreds of established climbing routes present new challenges to experienced rock climbers. The endless sandstone walls have an abundance of demanding crack climbs. The scenery is fantastic and the climbing areas are not congested.
-  **Water Activities** This area offers some of the finest white water in the country, including the rapids of the Colorado River and the calmer but no less fun white water of the San Juan River. In addition, the Green River offers 120 miles of continuous flat water ideal for canoeing. Lake Powell provides fishing, boating and water skiing. In all, Utah's Canyonlands is a water lovers paradise offering a full range of activities from calm water jet boating to technical kayaking.
-  **Horseback Riding** A true horseback paradise, the area offers a variety of exploration opportunities, with guided trips ranging from a few hours to several days. Stable arrangements are available, making horseback adventure convenient and exciting.
-  **Golfing** Moab's 18 hole course spreads to the base of rugged red cliffs in view of the La Sal Mountains. The alpine setting of the The Hideout, Monticello's 18-hole course, affords dynamic views of the Abajo Mountains and complex terrain with multiple elevation changes. Relaxing and challenging, both courses are considered some of the finest in the state.
-  **Handicapped Accessible** Some areas are accessible to all, such as Mule Canyon Ruin and Newspaper Rock Recreation Site. All National Park facilities, most museums, and other commercial attractions are accessible.
-  **ATV** ATV trails are maintained throughout the area. Maps are available. All levels of experience are welcome. Tours available.
-  **Flight-Seeing** With the perspective of a hawk, a scenic flight provides a special view of the varied landscape of the region. A tour from the air enhances the appreciation of the scope of this remote country and is the perfect compliment to other recreational activities.
-  **Movies** The Moab to Monument Valley area has been a popular filming location since early in the 20th century, offering dramatic western landscape for such popular John Wayne classics as Stagecoach, Wagon Master, Rio Grande, and the Comancheros. The area continues to attract film companies producing feature film, commercials, documentaries, and music videos.
-  **Photography** Sandstone spires, expansive vistas, spectacular sunsets and the glow of aspens in the fall represent some of the many landscapes that attract both amateur and world-renowned photographers to Utah's Canyonlands.
-  **Hunting / Fishing** From alpine lakes to the deep blue waters of Lake Powell, Utah's Canyonlands provides a variety of fishing. For hunters, the area offers some of the best Mule Deer and Elk habitat in the west. In addition cougar, bear, as well as migratory and upland game seasons are scheduled each year.
-  **Skiing / Snowmobiling** With powder snow, high Alpine terrain, and easy access, both the La Sal and Abajo Mountains offer incredible opportunities for cross country skiers and snowmobilers. The La Sal Mountain Range is the second highest in Utah. Call 435-259-SNOW (7669) for mountain winter weather information.
-  **Archaeological Sites** Petroglyphs, pictographs, and archaeological structures dating back thousands of years can be found in abundance throughout Southeastern Utah. Maps to popular sites are available at area visitor centers, BLM, and Forest Service offices.

Map Legend

- | | |
|---|---|
| Roads | Land Designation |
| Scenic Byway or Backway |  National Park |
| Primitive Roads
High Clearance Recommended |  National Monument |
| Passenger Vehicle |  National Forest |
| Highway |  National Recreation Area |
| Hole-in-the-Rock Historic Trail |  Navajo Reservation |
| Hiking / Biking Trail |  Primitive/Wilderness Area |






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Public Lands Happenings

What's Open and Closed on Public Lands

Moab Information Center

Open Every Day 8am-5pm, Center and Main.
cnha.org/visit/moab-area/moab-information-center/
www.facebook.com/MoabInfoCenter/

Arches National Park

To enter the park from April 3 to October 3, 2022, visitors will need a **Timed Entry Ticket**. We encourage you to reserve yours on [Recreation.gov](https://www.recreation.gov) up to three months prior to visiting. Limited tickets will be available for next-day purchase at 6pm on [recreation.gov](https://www.recreation.gov).

All park passes are available for purchase at park entrance stations. Get more information on park entrance fees and visiting Arches National Park: www.nps.gov/arch. From April 3 through October 3 2022, Timed Entry Reservations will be required for entrance into the park.

The following facilities are OPEN for public access:

- All Arches' roads, trails, and restrooms
- Devils Garden Campground.
- Staff and exhibits at Arches Visitor Center to help people learn about the park. (Open 8am-6pm)
- Arches' park store operated by Canyonlands Natural History Association during open hours.
- Commercial services previously permitted.
- Backcountry permits for Arches NP are available only at the Backcountry Permit Office, 2282 SW Resource Blvd, south of Moab.
- Ranger led Fiery Furnace hikes will be available for reservation on www.Recreation.gov or by calling 1-877-444-6777.
- Self-Guided Fiery Furnace Exploration permits will be available for reservation on www.Recreation.gov or by calling 1-877-444-6777.
- Water is only available at the Visitor Center, Devils Garden trailhead and Devils Garden campground.

Areas CLOSED:

- The park film theater at Arches Visitor Center remains closed

Dead Horse Point State Park

The park is **OPEN** 6am-10pm. It is recommended making camping and yurt reservations prior to arriving at the park. The visitor center and gift shop is open 9am-5pm and customers are required to wear a mask.

www.stateparks.utah.gov/parks/dead-horse/.

BLM-Managed Campgrounds & Sand Flats Recreation Area

All the Bureau of Land Management-managed trails, dispersed camping and developed campgrounds (except some seasonal closures) within the Moab Field Office area in Grand County are **OPEN** for public use. Ken's Lake Campground campsites are now reservable through [recreation.gov](https://www.recreation.gov).

Within the Sand Flats Recreation Area, all campgrounds and trails are **OPEN**.

Bears Ears National Monument and Cedar Mesa

The monument includes lands managed by the USDA Forest Service and the Bureau of Land Management (BLM) and is jointly managed by the two agencies. The monument is also managed cooperatively with the five Tribes mentioned in the designating Presidential Proclamation - the Hopi Nation, Navajo Nation, Ute Tribe, Ute Mountain Ute Tribe, Ute Indian Tribe of the Uintah Ouray, and Zuni Tribe.

Permits and passes are required to visit many areas in the Cedar Mesa and Bears Ears region. These permits and their associated fees help protect and manage this sensitive landscape. If you are planning a trip to this area, we encourage you to purchase your passes online and ahead of time. During the winter months, the BLM Kane Gulch Ranger Station is closed. Please contact the Monticello Field Office with questions.

Bears Ears National Monument (BENM) has a rich cultural heritage and is sacred to many Native American tribes who rely on these lands for traditional and ceremonial uses. The lands within the monument provides outstanding opportunities to hike, visit cultural sites, backpack, mountain bike, float the San Juan River, and ride OHVs. Other world-class activities include scenic driving, photography, rock climbing, camping, paleontological exploration, and wildlife viewing.

Canyonlands National Park

All park passes are available for purchase at park entrance stations. Get more information on visiting Canyonlands National Park at www.nps.gov/cany.

The following facilities are OPEN for public access:

- All Canyonlands' roads, trails, and restrooms.
- Campgrounds at Island in the Sky and The Needles
- Visitor assistance and exhibits inside park visitor centers. Park stores operated by Canyonlands Natural History Association at Island in the Sky and The Needles.
- Hours at the **Island in the Sky VC** are 8am-5pm daily. **Needles visitor center** hours will be 8am-5pm daily. **Hans Flat Ranger Station** is open 8am to 4:30pm daily.
- Commercial services previously permitted

Backcountry and river permits are being issued online. Day use permits may be obtained up to 24 hours in advance of trip start.

Areas remaining CLOSED until further notice:

At the Needles and Island in the Sky visitor centers, theaters showing park films remain closed.



Arches National Park
by Patrick Paul René

Canyonlands Jr. Ranger Pledge Available Online

There are a few ways to become a junior ranger at Canyonlands National Park. Free junior ranger booklets are available at park visitor centers, or you can download them below. Filled with fun activities, these books reveal the wonders of Canyonlands to kids and parents alike. After completing certain exercises, you can earn a junior ranger badge and signed certificate.

Download: Junior Ranger Booklet [33 MB PDF File]

If you complete your Junior Ranger booklet at home, mail the booklet to the park to receive your Junior Ranger badge! Mail your completed booklet to:

Canyonlands Interpretive Rangers
 Arches & Canyonlands National Parks
 2282 Resource Blvd.
 Moab, UT 84532

Visiting Arches?

To enter the park **April 3–October 3, 2022**, follow these steps:



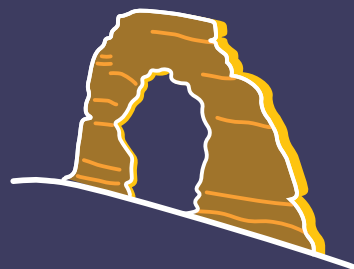
Secure your timed entry reservation

Available in advance online at [Recreation.gov](https://www.recreation.gov) or by phone



Show your park pass OR pay the entrance fee, and have your ID

At the entrance station



Enjoy your park!

Already booked an activity?

Camping, commercial tour, special use permit, or Fiery Furnace ticket holders do not need a timed entry reservation.



For more information visit: go.nps.gov/ArchesTicket

Fire Happenings

Fire Danger Prompts Increased Fire Restrictions in Southeastern Utah

Southeastern Utah is experiencing hazardous fire conditions due to prolonged drought and extremely dry vegetation. Weather forecasts and wildland fire prediction models point to increased fire danger. As a result, on Thursday, June 2, 2022, all Bureau of Land Management (BLM), USDA Forest Service (USDA FS), National Park Service (NPS), State of Utah and unincorporated private lands in the following areas will implement fire restrictions:

- **State lands and unincorporated private lands** in Grand and San Juan counties.
- **BLM** Moab and Monticello field office areas located in Grand and San Juan counties.
- **NPS** including Canyonlands and Arches National Parks, and Natural Bridges and Hovenweep National Monuments.
- **USDA FS** Moab and Monticello ranger districts of the Manti-La Sal National Forest, areas within Grand and San Juan counties in Utah, and Mesa and Montrose counties in Colorado.

New restriction orders supersede previous restriction orders for participating agencies and will be in place until the fire hazard subsides. Maps and specific information about the restrictions may be found at: <https://utahfireinfo.gov/fire-restrictions/>.

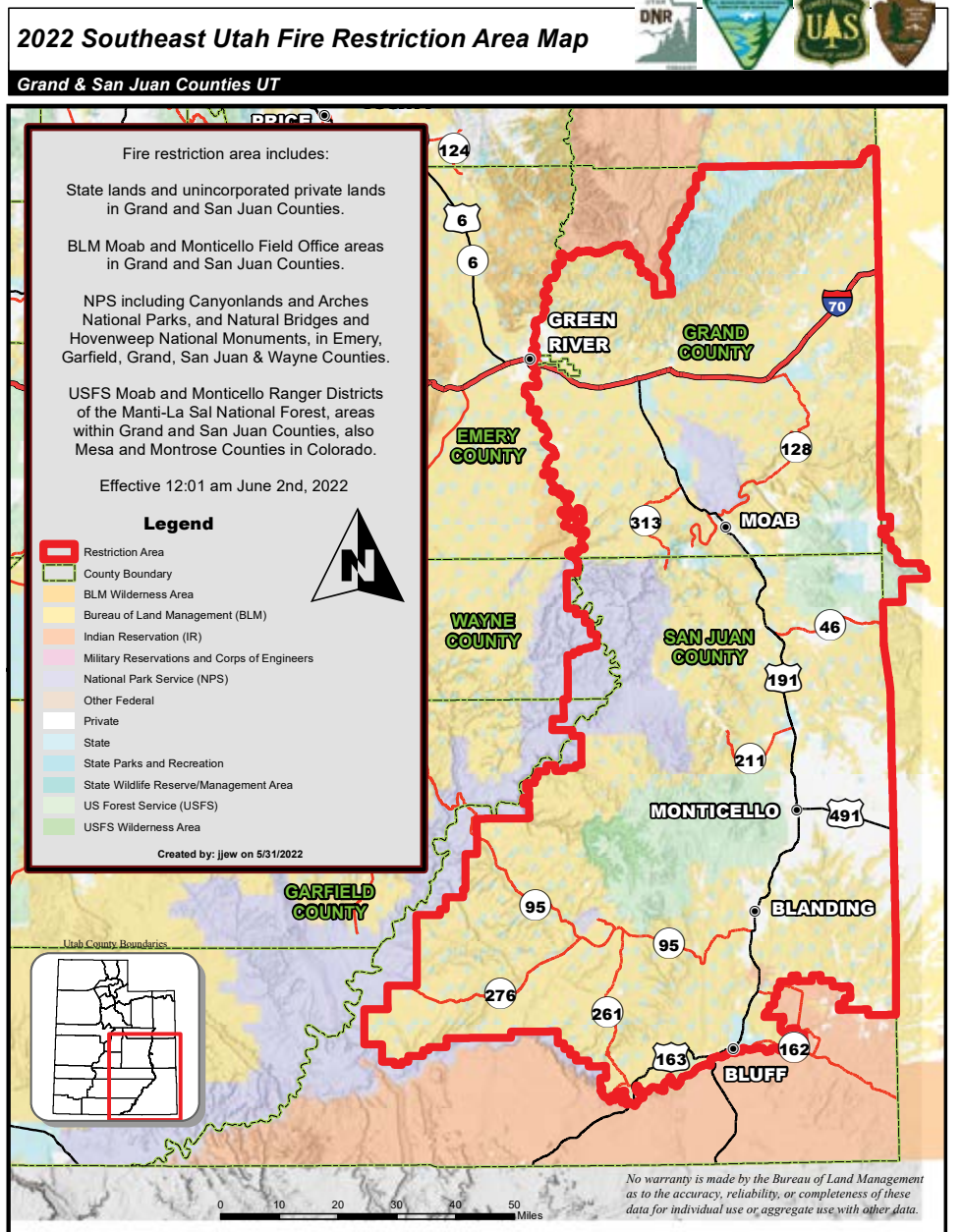
Fire restriction orders are specific to each agency and may contain different stipulations, but all the orders have the following prohibited acts in common:

- No campfires (wood or charcoal) anywhere, including designated campgrounds.
- No smoking, except within an enclosed vehicle or building, a developed recreation site, or while stopped in an area that is paved, barren, or cleared to mineral soil.
- No metal cutting, welding, or grinding activities in areas of dry vegetation.
- No discharging or using any kind of fireworks, steel tipped/core ammunition, tracer ammunition or other pyrotechnic devices including exploding targets.
- **Permissible acts** – using devices fueled by petroleum or liquid propane gas (LPG) with a shut-off valve is allowed in areas clear of flammable vegetation within three feet of the device.

For more information about fire restrictions (including the orders from each agency), wildfires, fire prevention, and fuels treatment projects, please visit www.utahfireinfo.gov. Always extinguish campfires, dispose of cigarettes properly, stay on roads and trails to avoid dry vegetation, and ensure trailer chains do not drag or create sparks. Fire sense is common sense.



Visit utahfiresense.org for information about preventing wildfires



PERSONAL FIREWORKS ARE BANNED IN GRAND COUNTY DUE TO EXTREME FIRE DANGER

LOOKING FOR OTHER WAYS TO CELEBRATE?

4th of July
Enjoy the fireworks show from Lions Back starting at dark! Music choreographed to the show with KCYN!

JOIN THE FESTIVITIES AT SWANNY CITY PARK ON JULY 2ND FOR FUN, GAMES, CONCERT AND MORE...

The Moab area is currently in extreme fire danger. Campfires are banned on all public land, including in developed campgrounds.

Our community thanks you!



Scan here for full details.

Poop Happenings

A Multi-Agency Pilot Program Launches Designated Wag Bag Disposal Sites

by Arba Adams, Programs Manager, Canyonlands Solid Waste Authority

Five sites have been designated for Wag Bag Disposal for public use throughout Grand County and the City of Moab. The program will run through September of this year when the results will be evaluated, and recommendations made. Four agencies are collaborating on this pilot program: the Southeast Utah Health Department, Grand County, the City of Moab, and Canyonlands Solid Waste Authority.

One white, 96-gallon container specifically designated for Wag Bags Only will be placed at each location. Rules for use will be posted on both sides of the containers. The bins are strictly for non-commercial use.

The five approved Wag Bag Disposal sites are:

1. Canyonlands Solid Waste Authority Transfer Station, 2295 S. Highway 191
2. Southeast Utah Health Department, 575 Kane Creek Blvd.
3. Lions Park, north side of the Intersection of Highways 191 and 128
4. Grand County Transit Hub, south side of the Intersection of Highways 191 and 128
5. Wastewater Reclamation Facility, 1070 W. 400 North

Visit Discover Moab's new Poop in Moab page at www.discovermoab.com/poop for complete information on sites, hours, and rules. This page will be updated when there are changes, which we anticipate. A QR code will link to the website.

Proper Human Waste Disposal

Whenever possible, use developed toilet facilities. When developed facilities are not available, all solid waste should be packed out in approved waste bags. Human waste is a serious health issue in the backcountry. To make carrying out human waste easy and safe, the use of a W.A.G. bag (Waste Alleviation and Gelling Bags) is recommended. W.A.G. Bags are spill proof, puncture proof and zipper closed. W.A.G. Bags must be disposed of in W.A.G. Bag equipped locations in Moab.

When using public lands, it is mandatory to carry out human waste, as per Grand County Ordinance 17.04.00. It should be done in a portable toilet system. The most convenient way to carry this out, if you don't have an RV or larger portable toilet, is with a wag bag (human waste and gelling bag). Wag bags are great for hikes, rides, drives and for a family to have in the event someone needs to poop on the trails. Wag bags can be used multiple times before being disposed of. A wag bag itself is not mandatory, but it is the most convenient way to carry out human waste on a daily adventure.

In Moab city and populated areas of Grand County, there is the additional problem of do-it-yourself human waste disposal. Bottles of urine, bags full of excrement and, worse, large toilet buckets are emptied directly into trash containers or left next to them. Residents and visitors alike need to know that a toilet is the best place to flush normal amounts of poop, pee, toilet paper, and septic safe enzymes used in portable toilets. Groovers with sewer hoses should be dumped at an RV blackwater dump station. The Discover Moab website lists those dump sites: www.discovermoab.com/rv-dump-stations/

Southeast Utah Health Department statement

As part of our greater effort to address human waste issues on our surrounding public lands, the Southeast Utah Health Department is proud to partner with the Canyonlands Solid Waste Authority and other entities to provide disposal bins for wag bags on a trial basis. Finding a convenient and effective wag bag disposal solution is of the utmost importance to protecting the health and safety of CSWA staff while also addressing public health concerns related to human waste left on our public lands. Until we can begin to change public behavior and encourage the use of portable and cleanable toilet systems, wag bags are an essential step in preventing the spread of disease and contamination of water sources throughout many of our dispersed camping areas.

Canyonlands Solid Waste Authority's Statement

Improving working conditions for our collections staff is a high priority. First, we hope that, through public education, a higher percentage of visitors and residents will learn to properly distinguish between what gets flushed and what gets trashed in Moab. That should reduce the amount of raw human waste that gets handled directly by staff members and several types of equipment before it reaches the landfill. By providing conveniently located Wag Bag Disposal Sites in our service area, our organization will be able to isolate the properly packaged human waste that gets trashed, then transport it directly to the Klondike Landfill with minimal handling.

Arba Adams, Program Manager at Canyonlands Solid Waste Authority, explains why the pilot program is small scale. "This Wag Bag Disposal Site Pilot Program will be a work in progress. We are starting small with five locations that we'll monitor closely over the summer. Our organization is managing the daily logistics, so we anticipate encountering various challenges with the program over the summer that will require creative thinking to manage. Therefore, we are careful to temper enthusiasm for an expansion right now. We will collect data and our working group will make recommendations in September based on quantitative and qualitative analysis. This is Phase One."

Quotes from Canyonlands Solid Waste Authority employees:

Kenyon Sheets, 7 years in solid waste collection: "After 7 years, I think the problem is getting worse because there are more and more people coming to town. We need to get wag bag cans everywhere to resolve the problem. We hope people will put them in the correct cans, because it gets irritating to pull wag bags out of the trash, especially considering the smell."

Greg Nelson, 33 years in solid waste collection, has no shortage of experiences to recount.



"I used to hate being sprayed with motor oil. People hide the motor oil deep down because they know it doesn't belong there. Then I hated getting sprayed by curds and whey - what milk becomes after it spoils in the Moab heat. It sprays everywhere once it's compacted. So, I started carrying a knapsack with a change of clothes for those occasions. We find plastic water bottles full of urine that people leave in the trash all the time. We also deal with people who throw away colostomy bags in the trash. The smell of a compressed colostomy bag is worse than when we crush a skunk."

I hold the record for being covered head to toe in human excrement. A full garbage bag, at least 5 gallons - presumably dumped by an RVer or vanlifer - exploded on me in the park. I went home, disrobed on the front step, took about 3 showers, and even threw away my boots."

When asked what people should know about disposing of human waste in trash containers, Greg replied: "Use a bathroom, not a trash can."

Ryan Cutting, first year in solid waste collection: "My experience isn't pleasant because human waste smells. There's a big difference between the septic system and the trash."

With the trucks that we have, there's a potential for backsplash when the plastic garbage bags pop because the blade squeezes and compacts the garbage. If there's urine and fecal matter in there, the spray back could reach up to 6 to 7 feet. If I get covered in human fecal matter, I'm going to be a sourpuss for the rest of the day. Even worse, I risk exposure to a laundry list of diseases and infections. It's disrespectful and inconsiderate to leave human waste in the trash. In Main Street trash cans, we'll find open wag bags mixed in with ice cream and beverage containers, in the heat of summer. That gets ripe, even gamey. If the bag is open, there's a 15-foot radius of poop smell right downtown. Welcome to Moab!"

Dante Haynes, one year in solid waste collection: "The main location with wag bags is the Transit Hub and the parks and some street cans next to the hotels. We find ammo boxes full of excrement in poly carts (96-gallon trash containers). Poop is everywhere. If they're just in a poly cart itself, once the cans get cycled in the trucks, they pop under the pressure and poop flies everywhere, literally up above the top of the truck and will get you on the side. When you're on the side operating the levers, poop will still fly over the top. People also throw in 5-gallon buckets of excrement. I find them dumped in commercial dumpsters."

For more information, please contact: Arba Adams, Programs Manager, Canyonlands Solid Waste Authority. Email: arba@swssd1.org



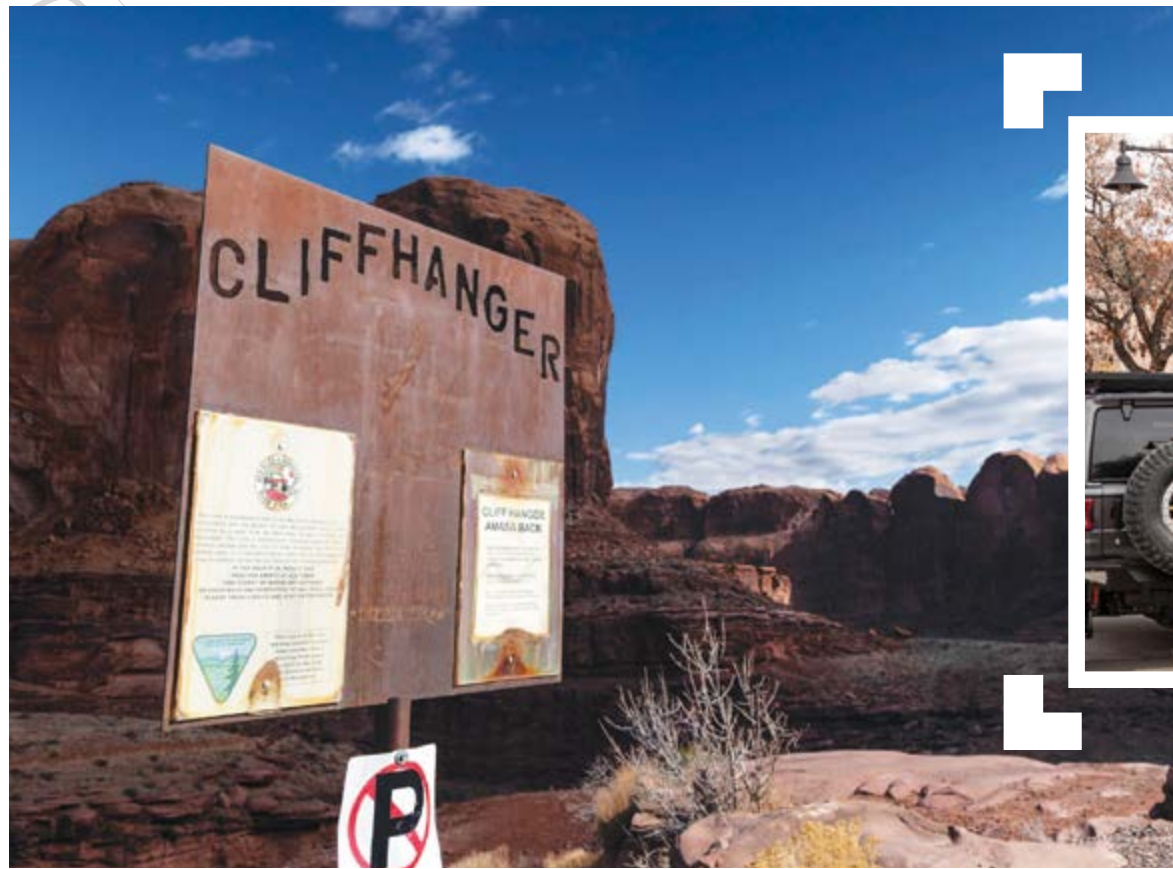
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