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<b>COLORADO RIVER P.M. HALF-DAY</b> Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
<b>WESTWATER CANYON FULL-DAY</b> Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$175	\$175
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## HUMMER SAFARIS

	ADULTS	YOUTH (under 16)
<b>SLICKROCK SAFARI</b> Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 2pm (2 hrs)	\$81	\$49
<b>GRAND SAFARI</b> Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
<b>SUNSET SAFARI</b> The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

## MOUNTAIN BIKING

	ADULTS	YOUTH (under 16)
<b>HALF-DAY MOUNTAIN BIKING</b> Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$95	\$95
<b>CANYONLANDS SUNRISE DOWNHILL</b> Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$110	\$95

## ARCHES N.P. TOURS

	ADULTS	YOUTH (under 16)
<b>ARCHES FIERY FURNACE HIKE</b> Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm	\$81	\$61
<b>ARCHES SUNSET TOUR</b> Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

## CLIMBING & CANYONEERING

	ADULTS	YOUTH (under 16)
<b>EPHEDRAS GROTTO CANYONEERING</b> Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)	\$99	\$84
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	ADULTS	YOUTH
<b>HOT AIR BALLOON RIDES</b> Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
<b>CANYONLANDS SCENIC FLIGHT</b> See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$173	\$173
<b>CASTLE VALLEY HORSEBACK RIDE</b> 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$80

## JETBOAT TOURS & MORE

	ADULTS	YOUTH (ages 4-15)
<b>CANYONLANDS JETBOAT</b> Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$89	\$79
<b>SUNSET JETBOAT &amp; DINNER</b> 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$79	\$69
<b>DINNER &amp; NIGHT SHOW</b> 1 hr Dutch-oven dinner plus 2 hr light show on slow-moving boat ride on the Colorado River.	\$69	\$59

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# MOAB HAPPENINGS

Volume 25 Number 8

NOVEMBER 2013

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www.moabhappenings.com

MOAB HAPPENINGS  
P.O. BOX 668  
MOAB, UTAH 84532

# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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Publisher .....Theresa King      Editor ..... Steve Budelier  
 Production, Graphic Design ..... Steve Budelier, Patrick Paul René,  
 Megan Schafer, Susan Baffico & Theresa King  
 Circulation..... Cathy Churampi, Susan Baffico  
 Sales ..... Aaron Davies, Theresa King, Susan Baffico  
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Cover photo by Bret Edge  
[www.breledge.com](http://www.breledge.com)

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# WESTERN HAPPENINGS


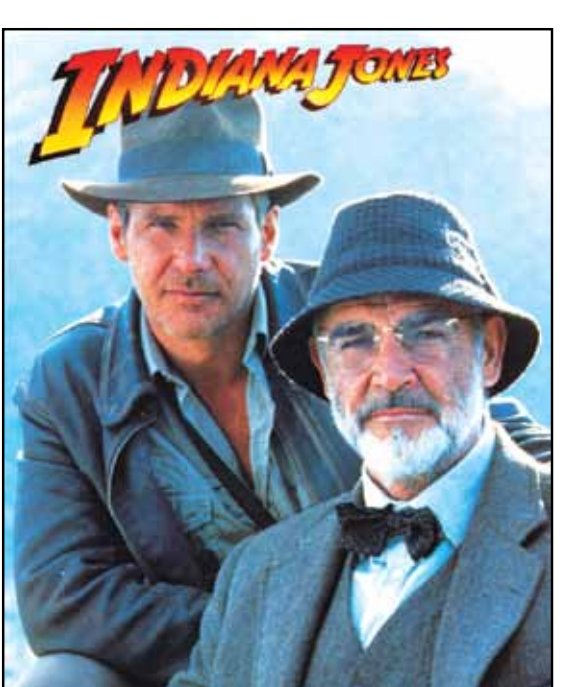
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

**A partial list of stars  
that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda,  
Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance,  
Susan Sarandon, Geena Davis, Ted Danson,  
Tom Cruise, and many more.



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# MOAB AREA EVENTS CALENDAR



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Visit website for fees & schedules  
www.moabcity.org/mrac



**Edge of the Cedars State Park Museum**

660 West, 400 North, in Blanding, Utah.  
For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload  
\$3 Children 6-12  
Tour Buses \$3 per person  
Annual Passes are \$75  
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Open Monday-Saturday. Closed Sundays  
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## November Events

- 1-3 11th Annual Moab Folk Festival** - presents a terrific line-up of talented folk musicians for our 2013 concert series. For more info [www.moabfolkfestival.com](http://www.moabfolkfestival.com). See ad 16A.
- 1-2 Live Music Buck's Grill House-** Fri Nov 1 Sand & Sunnie Sheff, Sat Nov 2 Scott Ibex. Music starts 6pm in the Vista Lounge. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 1-3 Blu Bar Live Music** – Fri Nov 1 Bob Greenspan 7:30pm, Sat Nov 2 Mike Waters 7pm, Sun Nov 3 Lara Ruggles 6pm. 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 2 Moab Trail Marathon**, Project Athena Moab Trail Marathon, Half Marathon, and Adventure 5k. 9am start time. 1500 participants. Scenic and challenging trail running races through canyons and along canyon rims in the Kane Creek/Colorado River corridor. The Half Marathon is this years Trail Half Marathon National Championship. Races benefits the Project Athena Foundation. For more information contact Danelle at 970-389-4838 or at [www.moabtrailmarathon.com](http://www.moabtrailmarathon.com).
- 2 Canyonlands Community Recycling and Wabi Sabi** -are hosting the Electronics Waste & Alkaline Battery Drive 9am-2pm. Find all of those dead batteries, broken electronics, mystery cords, old tvs and any other unwanted item that plugs in or runs on batteries. Any working electronics can be donated to Wabi Sabi. The drive takes place at 411 E. Locust Lane.
- 2-3 Barrels 4 Bucks 4D Barrel Race** to be held at the Old Spanish Trail Arena on November 2nd and 3rd no membership necessary \$1,000 added to the open this weekend, our year end buckles for each division to be awarded, details at [www.barrels4bucks.freehosting.net](http://www.barrels4bucks.freehosting.net)
- 3 Moab Valley Multicultural Center Dia de los Muertos Celebration-** join us for our Day of the Dead Festival from 2pm-6pm with DJ and dancing until 9pm. Located 156 N. 100 West. For more info 435-259-5444.
- 6-9 Moab Senior Games** - The Games will be: Basketball, Golf, Pickleball, 5K Run/Racewalk, Tennis, Weightlifting, Table Tennis and Track & Field. [www.moabseniorgames.com](http://www.moabseniorgames.com).
- 7-9 Live Music Buck's Grill House-** Thurs Nov 7 Dave Steward Trio, Fri Nov 8 Sand & Sunnie Sheff, Sat Nov 9 Eric Jones. Music starts 6pm in the Vista Lounge. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 7-9 Blu Bar Live Music** – Thurs Nov 7 Community Music Night hosted by Scott Ibex, Fri Nov 8 Dave Steward & David Earl Brown, Sat Nov 9 Preston Creed. Music starts between 7:00 & 7:30pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 7-10 5th Annual Moab River Rendevous-** Historic River Film Festival & Symposium. For more info [www.riverrendevous.com](http://www.riverrendevous.com) or call 866-202-1847. See ad on pg. 6B, article on 3B.
- 8 The Multicultural Center** -invites you to come "Spend an Evening in France". Share food, thoughts, experiences! French conversation (no prior knowledge of French necessary) & amazing French dinner. 156 N. 100 West from 6pm-8pm. For more info call (435) 259-5444.
- 9 Utah High School Mountain Bike State Championships, Brand Trails** - Thirty four teams, including Moab's own Grand County HS, will compete at the league's final event of the season. Come & support all the student-athletes. First race at 10 AM. The kids are fast & the sportsmanship & positive atmosphere are off the charts! Volunteers needed: course marshals, scoring, registration, parking, & more. Contact missie@utahmtb.org. For information about our local team contact Melissa at [melissa.jane1228@gmail.com](mailto:melissa.jane1228@gmail.com) or 435-260-6001, or Christa at [greenc@grandschools.org](mailto:greenc@grandschools.org).
- 9 Free Family Art Lessons at Arches National Park** with Community Artist-in-the-Parks Sarah Hamingson. All materials provided; just bring your inspiration. Lessons near Courthouse Towers Viewpoint at 10, 11, & noon, or drop-in anytime from 10am-1pm. Park admission is free Saturday through Monday, 11/9-11.
- 9-11 Free Entrance Days at Utah's National Parks** over Veterans' Day Weekend. Includes Arches and Canyonlands National Park. For more info visit [nps.gov/arch/parknews/news121112.htm](http://nps.gov/arch/parknews/news121112.htm) or call 435-259-8825.
- 11 VETERANS DAY**
- 13 Sue Sternberg, Author and Dog Behaviorist** -will be giving a seminar at the Moab BARKery, 82 N. Main (downtown) Wednesday, Nov. 13th @ 6pm to 7:30pm. Seminar will provide amazing slo-mo video about dog to dog interactions, focusing on dog park behavior and what owners can do to assist their dogs in bad situation. Any donations for seminar will go towards Humane Society of Moab Valley. This seminar is for humans only. Please join us, and if you have questions call Moab BARKery at 435-259-8080.
- 14-16 Live Music Buck's Grill House-** Thurs Nov 14 Jesse Taylor, Fri Nov 15 Eric Jones, Sat Nov 16 Bob Greenspan & Theresa Bollerman. Music starts 6pm in the Vista Lounge. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).



**Holiday Gift Fair**  
at The Grand Center  
Friday, December 6,  
4pm-8pm  
Saturday, December 7,  
9am-3pm  
Variety of gifts  
from craft vendors  
and great food vendors



November 3  
**DAYLIGHT SAVINGS TIME**  
Turn Back Your Clocks!

**Fallen Arches Square Dance Club**  
Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah  
**All Square Dancers & Visitors Welcome**  
Please call to verify dance and for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169

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182 N. 500 W. 435-259-6623  
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**VETERANS DAY**  
November 11, 2013

**DEADLINE for DECEMBER Events Calendar: NOVEMBER 20, 2013**

Listings in the *Moab Happenings* Events Calendar are **FREE!!**

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)

# MORE MOAB AREA EVENTS

- 14-16 Blu Bar Live Music** – Thurs Nov 14 Community Music Night hosted by Scott Ibex, Fri Nov 15 Bob Greenspan, Sat Nov 16 Jesse Taylor. Music starts between 7:00 & 7:30pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 16 Chamber of Commerce Banquet**- held at Red Cliffs Lodge, social hour 6pm, dinner 7pm. Great auction items and dancing to the band HighWater. Tickets on sale now, call the Chamber 435-259-7814.
- 20 - A Night Of Poetry and Conversation** with war poetry from the Napoleonic Wars to Crimea, Gettysburg to the Somme and beyond. "Charge Of The Light Brigade", "O Captain! My Captain!", "In Flanders Field", and more. Honor and remembrance, patriotism and sorrow. Bring your favorites to read and share. Presented by Kathy Grossman at 6:00 p.m. at the large meeting room, Grand County Public Library. Presented by the Moab Poets and Writers and the Grand County Public Library. For more info contact Marcy at 435-259-6197 or [marcymoab@yahoo.com](mailto:marcymoab@yahoo.com).
- 21 FREE FILM!** Grand County Public Library and Utah Film Circuit: Moab present **URANIUM DRIVE-IN**. This film follows a proposed uranium mill in Naturita, Colorado and the emotional debate pitting a population desperate for jobs and financial stability against an environmental group based in a nearby town. The film offers no easy answers but aims instead to capture personal stories and paint a portrait of the lives behind this nuanced and complex issue. Post film Q&A with Director Suzan Beraza. 7 pm at Star Hall, 159 E. Center St. for more info call the library 435-259-1111.
- 21-23 Blu Bar Live Music** – Thurs Nov 21 Community Music Night hosted by Scott Ibex, Fri Nov 22 Dave Steward & David Earl Brown, Sat Nov 23 Pete Stein. Music starts between 7:00 & 7:30pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).

- 22 Buck's Grill House Special Beer Pairing Night** - we will be doing a special 5 course meal, featuring the beers of Epic brewery, in Salt Lake City matched to each course. Starting at 7:00 pm, 21 and older. Reservations required. Call Buck's Grill House 435-259-5201.
- 22-23 Live Music Buck's Grill House-** Fri Nov 22 Sand & Sunnie Sheff, Sat Nov 23 Bob Greenspan & Theresa Bollerman. Music starts 6pm in the Vista Lounge. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).
- 28 THANKSGIVING DAY**
- 28 WabiSabi's Community Thanksgiving Dinner:** at the Grand Center 2-5 P.M. Everyone is invited to this free and/or by donation meal. To learn more or find out how you can contribute, please call 259-2553. See article pg 6A.
- 29-30 Blu Bar Live Music** – Fri Nov 29 Bob Greenspan, Sat Nov 30 Community Music Night hosted by Scott Ibex. Music starts between 7:00 & 7:30pm at 811 South Main St. For more information call 435-259-3333 or visit us at [www.blupigbbq.com](http://www.blupigbbq.com).
- 29-30 Live Music Buck's Grill House-** Fri Nov 29 Eric Jones, Sat Nov 30 Bob Greenspan & Theresa Bollerman. Music starts 6pm in the Vista Lounge. Located at 1393 N Hwy 191, for info: 435-259-5201 or [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com).

## 2013 MOAB EVENTS

November 1-3	. . . Moab Folk Festival
November 2	. . . Moab Trail Marathon
November 3	. . . Dia de Los Muertes
November 6-9	. . . Moab Senior Games
November 7-10	. . . Moab River Rendezvous
December 6-7	. . . Grand Center X-mas Gift Fair
December 6-7	. . . MARC Holiday Gift Fair
December 7	. . . Winter Sun Run 10K

## MOAB Senior Games 2013

November 6-9

Full schedule & details at

www.moabseniorgames.com





**Animal Planet Comes to Utah!**

Animal Planet's hit show, "Finding Bigfoot," is coming to Utah and wants to hear your stories! If you have any experiences or Bigfoot encounters you'd like to share with the "Finding Bigfoot" team please contact [findingbigfoot.fourcorners@gmail.com](mailto:findingbigfoot.fourcorners@gmail.com).

From small towns in the South to remote areas of the Pacific Northwest and Alaska, four eccentric but passionate Bigfoot enthusiasts embark on one single-minded mission: to find the elusive "creature" known as Bigfoot.

Finding Bigfoot is a documentary series on Animal Planet. The program follows members of the Bigfoot Field Researchers Organization in their search for Bigfoot, a cryptid hominid allegedly living in the wilderness of the United States and Canada.

Anyone in Moab and Southeastern Utah is encouraged to email [findingbigfoot.fourcorners@gmail.com](mailto:findingbigfoot.fourcorners@gmail.com) and share their stories.

Celebrity Chef Mark Anthony's  
**FREE Dinner & A Message**  
 Live Vegetarian Performing Arts Cooking Show



FREE EVENT  
Bring A Friend



parade. Parade begins at dark and will travel from Swanney City Park, down Main Street to City Market. For more info visit [moabchamber.com](http://moabchamber.com) or call 435-259-7814.

- ## DECEMBER
- 6 Community Tree lighting** - This is the annual tree lighting for the Community. Public welcome, Swanney City Park, 5pm Friday Dec. 6th, there will be music, Santa and hot cocoa and cookies for the kids. For more info visit [www.moabchamber.com](http://www.moabchamber.com) or call 435-259-7814.
  - 7 Winter Sun 10K**
  - 7 Annual Electric Light Parade** - Annual Christmas Parade. This year's theme is "Christmas Vacation". Everyone is welcome. Browse the shops while you wait for the

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**Community Church Fellowship Hall**  
544 MiVida Drive  
Moab, UT

**Appearing One Night Only**  
Tuesday, November 26th – 6:00pm

Limited Seating. Come Early.  
For more info, contact the Moab Seventh-day Adventist Church.

Donations are greatly appreciated for food, printing and traveling expenses  
Visit: [www.ChefMarkAnthony.com](http://www.ChefMarkAnthony.com)  
And Visit His Facebook & Youtube at: [VeganChefMarkAnthony](https://www.facebook.com/VeganChefMarkAnthony)

## Día de los Muertos - Nov 3

The Multicultural Center's annual fundraiser Día de los Muertos or Day of the Dead festival is coming soon! The event will include live music, traditional dancing, kid's activities, delicious food and more! The Day of the Dead is celebrated from Mexico all the way to Patagonia. It focuses on gatherings of family and friends to pray for and remember the loved ones who have died. Traditions connected with the holiday include building private altars decorated with favorite foods, beverages and possessions of the departed.

This year the Multicultural Center is accepting donations for the creation and decoration of tombs or altars as a way for community members to commemorate lost family members, friends or beloved pets. Anyone who is interested in creating their own tomb or altar is encouraged to learn. We hope that everyone, particularly those who have lost a loved one will come participate in this beautiful celebration. All proceeds generated from food sales, altars, tombs and activities will go to the Center and its programs.

The event starts at 2:00pm on Sunday November, 3rd and goes until 6:00pm, additionally from 6:00 – 9:00 there will be a dance following the event. If you are interested in purchasing an altar or a tomb, please contact the Multicultural Center by email at [moabmulticultural@gmail.com](mailto:moabmulticultural@gmail.com) or call the center at 435-259-5444



# THANKSGIVING HAPPENINGS

## Let's Talk Turkey: Where can you go for Thanksgiving Dinner?

With the changing season, it can be challenging to figure out which restaurants are open and what hours for dining out in Moab. But do not despair, many of Moab's restaurants stay open year-round, but they do adjust their hours to meet public demand. Each month "Moab Happenings" endeavors to call around and update the restaurant guide to reflect this seasonal metamorphosis. This month we called around and as a service to those who would like to treat themselves, friends & families to Thanksgiving Dinner without the fuss of cooking and cleaning up after, here's a run-down of who is serving on this special day. **For more information, see the Restaurant Guide on pages 7A - 11A.**



### Buck's Grill House & Vista Lounge

Open at 3:30 pm on Thanksgiving Day offering a few pre-fix menu options. A three course meal for 39.95 (kids under 12 \$19.95) and a \$54.00 five course meal. (435) 259-5201

### City Market

Will be open, call for hours (435) 259-5181

### Cowboy Grill at Red Cliffs Lodge

An All-You-Can Eat Thanksgiving Dinner Buffet featuring hand carved, slow roasted beef, turkey and all the traditional side dishes, including homemade desserts. By reservation only. (435) 259-2002

### Denny's

Moab's only 24 hours a day restaurant will be serving a Thanksgiving Dinner along with their regular fare.

### Eddie McStiff's Restaurant & Brew Pub

Eddie McStiff's will be serving our regular menu as well as a traditional Turkey Dinner and a special steak, seafood and Vegetarian/vegan entree. Parties of 10 people or more, please call for reservations. Open from 3:30 pm to 9:00 pm. Let Eddie do the cooking! (435) 259-2337

### Frankie D's Bar & Grill

Open 2 pm to Closing. Serving Thanksgiving Buffet, please feel free to bring a dish to share. (435) 259-2654

### Chevron/Leger's Sandwiches

Serving sandwiches, chicken and salads, made to order from 6am - 2pm. Located inside the Moab Chevron, South end of town. (435) 259-2212

### Moab Coffee Roasters

Open at 7:30 am  
Coffee and desserts including pastries. (435) 259-2725



## THANKSGIVING GUIDE

### Moab Brewery

Moab Brewery is open for it's 17th annual Thanksgiving dinner! Offering a special Thanksgiving menu - including a traditional turkey dinner with all the fixings. Also offering special seasonal appetizers and desserts. Open early for bar appetizers at 11:30 am. Seating begins at 1 pm for the restaurant. Accepting reservations for parties of 10 or more. (435) 259-6333.

### Moab Diner

Moab Diner is open from 6am till closing  
Serving regular menu. (435) 259-4006

### Moab Grill

Open 8am-2pm serving breakfast only. (435) 259-4848

### Pancake Haus

Open for breakfast only 6:30am - Noon  
on Thanksgiving Day.

### Red Rock Bakery & Net Cafe

Open at 7:00am on Thanksgiving morning. Serving fresh baked goods, pastries, breads and locally roasted Fresh Moab Coffee. Pre-order pumpkin pies. (435) 259-5941

### Rio Sports Bar & Grill

Open Thanksgiving Day. Regular hours.

### Sorrel River Grill

Open for dinner with special 3 course Thanksgiving Dinner \$65.00 pp plus gratuity and tax. Reservations recommended. (435) 259-4642

### Sunset Grill

This will be the 20<sup>th</sup> year the Sunset Grill has been serving their traditional Thanksgiving Dinner featuring roast turkey or honey baked ham and all the fixings! Serving from 3:00 pm til 9pm on Thanksgiving Day. Call for reservations. (435) 259-7146

### Sweet Cravings

Will be closed on Thanksgiving Day but remember to order your holiday pies and pastries for advance pick up. (435) 259-8983

### Szechuan Restaurant

Regular menu and hours.

### Twisted Sista's

Open 12pm-6pm serving a Special Menu. Reservations required (435) 355-0088

### Village Market

Open from 7:00am-5:00pm (435) 259-3111

### Wake & Bake Cafe

8am-12pm for coffee and breakfast (435) 259-2420

### Zax

Open for Thanksgiving from 4pm-9pm!  
Four great options: Traditional Turkey Dinner, Salmon, Top Sirloin or All-You-Can-Eat Buffet (435) 259-6555

## WabiSabi Offers Thanksgiving Dinner for the Entire Community

WabiSabi is offering a free and/or by donation community Thanksgiving dinner on Thursday, November 28, from 2:00 to 5:00 p.m. at the Grand Center. The dinner is made possible by generous donations from community businesses and individuals as well as the United Way of Eastern Utah. Everyone is invited to attend.

Over 100 people volunteer to cook, serve, clean, decorate and entertain for the meal. The Youth Garden Project and the Grand Center contribute their facilities for cooking and serving. BEACON After School Program provides the decorations. Numerous businesses from town donate the desserts and beverages. Executive Chef Ken Moody, will be volunteering his time and talents again this year to create the main meal, which will include turkey, stuffing and all the trimmings.

This is the ninth year WabiSabi is offering a Thanksgiving meal through their Winter Meals program.



The other meals include a Christmas day meal and six Sunday brunches in January and February.

"There are tons of people in this town that have no family to spend the holidays with," says Holly Dinsmore, WabiSabi's Warehouse Manager and founding organizer of the Winter Meals. "We don't want people to be alone during the holidays. Also, this is the off-season. People are getting laid off, and money is a real issue."

As Dinsmore points out however, the Thanksgiving dinner is more about creating a sense of community than just helping people through lean economic times. A broad cross-section of the community attends each year, from schoolteachers and business owners to the unemployed and homeless. "The free meal is appreciated," she says, "but the bonds of community are essential."

Though WabiSabi is able to accept food donations from area businesses, WabiSabi is unable to accept food donations from individuals. Everything served must be prepared in a commercial kitchen. Gift cards to local grocers and general financial contributions to the event are greatly appreciated and may be dropped off or mailed to WabiSabi, 1030 Bowling Alley Ln #9, Moab, UT 84532.

Dinsmore knows that generous community involvement is vital to the success of the event.



"It's over-the-top fabulous," she says. "It's a wonderful thing to see tons of volunteers step up each year. Wabi Winter Meals is a chance for the individuals, nonprofits, and businesses of Moab to unite in sustaining area residents and the community at large," she adds.

WabiSabi is an integral part of the Moab community and supports its programming through the operation of two local thrift stores. Their mission is to receive, revalue, and redistribute needed resources to strengthen the Moab community. To learn more and get involved, visit [www.wabisabimoab.org](http://www.wabisabimoab.org). and be sure to mention you read about it in "Moab Happenings".



The management and staff of  
**Moab Happenings**  
wishes you a very Happy Thanksgiving!

# RESTAURANT GUIDE

**GOT BEER? WE HAVE COLD BEER TO GO**

FULL STRENGTH BEER FROM OUR PACKAGING AGENCY  
Open Daily at 11:30 am

**NOAB BREWERY**  
UTAH

16 oz 4-Packs

5.5% ABV

7% ABV

8-8.59% ABV

686 S Main St • www.themoabbrewery.com

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar. They are a new packaging agency where they can sell full strength beer to go. Moab Brewery beer is available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area. Three upscale lounges are in Moab. Blue Bar, located at The Blu Pig is Moab's newest adult libation headquarters (see ad on p.11A). Vista Lounge located inside Buck's Grill House (see ad on p.8A) and The Ghost Bar, upstairs at Jeffrey's Steakhouse (see ad on p.8A). All three locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.



Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.



The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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CELEBRATING 33 YEARS!  
SPICING YOUR LIFE SINCE 1981

**LA HACIENDA**  
Restaurant

MON - SAT 11AM

TAKE OUT AVAILABLE

FAMILY RECIPES VEGETARIAN FRIENDLY

574 NORTH MAIN, MOAB  
435-259-6319

**Singha**  
Authentic Thai Cuisine

Lunch: Monday - Saturday 11-3  
Dinner: Monday - Saturday 5-9:30  
Closed Sunday

Now Serving Beer, Wine & Saki

92 E.Center Street  
Moab, Utah 84532  
Tel: 435-259-0039  
Fax: 435-259-0005

**BROKEN OAR**  
RESTAURANT

Winter hours open for private functions and catering. Also available for building rental contact Randy for pricing and more info

randyapadaca@yahoo.com  
www.adrift.net/brokenoar.html

53 WEST 400 NORTH (435) 259-3127

Simply the BEST... Made Fresh  
Sandwiches • Soups • Salads

Locals Favorite  
Now Serving  
Craft Soda

**ANTELE'S**  
DESERT DELI

Finest Quality Ingredients in Generous Portions

Dine-In • Phone Orders  
Catering and Party Trays available

Mon-Sat 11:00am-close  
Closed Sunday

WiFi 435-259-0200 • 98 E. Center St.

MAKE IT GREAT™

**Pizza Hut**

265 South Main, Moab  
Open Daily • 259-6345

Dine-In, Carryout & Delivery  
Sun-Thurs 11am - 10pm  
Fri & Sat 11am - 11pm  
Open Every Day

**Twisted Sisters**

Inquire about our  
Winter Hours  
1-435-355-0088

WE WILL BE CLOSED  
Sunday, Nov. 3rd - Thursday, Nov. 14th

OPEN NOVEMBER 28th  
SERVING THANKSGIVING DINNER  
12PM - 6PM View our Special Menu  
@ www.twistedsistascafe.com  
RESERVATIONS REQUIRED.  
BOOK NOW!

11 E. 100 N. Main Street

**Susie's** Open 11am - 10pm

**BRANDING IRON**

Backdoor Bar - Now Open  
Live Music - Every Sat. Night

Prime Rib - Wed., Fri. & Sat.  
Ribs - Tues. & Thurs.

COME TASTE THE WEST

2971 South Highway 191  
\* 3 Miles South of Moab • 259-6275 \*

# RESTAURANT GUIDE



*Jeffrey's*  
**STEAKHOUSE**  
 CASUALLY UPSCALE  
 CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST  
 435-259-3588  
 JUST SLIGHTLY OFF MAIN

WE ARE PROUD TO SERVE  
 LOCAL ORGANIC PRODUCE  
 WHEN AVAILABLE

OPEN 5:00PM  
 CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM  
 STATE LIQUOR LICENSEE

**EklectiCafe**

Carnivores,  
 Herbivores,  
 Omnivores!  
 Vegetarian  
 Friendly

ORGANIC COFFEE  
 ENLECTICA

Breakfast • Lunch  
 "Best Desert Oasis" Salt Lake City Magazine  
 HOURS  
 7:30am-1:30pm • 7 days a week  
 Closed Nov. 5-7  
 352 North Main, Moab • 435-259-6896

**Buck's Grill House**

Steaks & Game  
 Vegetarian & Southwest Cuisine  
 Open daily 5:00pm to close

**Vista Lounge**  
 "Feed Your Spirit"

Craft Beers • Fine Spirits & Live Music  
 For a schedule of live music, go to [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com)  
 1393 N. Highway 191 • 435-259-5201

Authentic Mexican Food

**FIESTA MEXICANA**

Our Fiesta Plates are Back  
 Large Parties Welcome Childrens Menu Available

Lunch Specials - All \$6.25  
 All Served with Rice & Beans  
 Monday: Burritos ~ Beef or Chicken  
 Tuesday: Enchiladas ~ Beef or Chicken  
 Wednesday: Chimichanga ~ Beef or Chicken  
 Thursday: Enchiladas Suiza ~ Beef or Chicken  
 Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila  
 Best Mexican Food in Town  
 Sun-Thurs 11-9 Fri & Sat 11-10  
 Special deals for your Christmas Parties - Book Early  
 202 So. Main St. Moab, Utah 259-4366  
[FiestaMexicanaRestaurants.com](http://FiestaMexicanaRestaurants.com)

**Bar M Chuckwagon**  
 7000 North Highway 191 259-BAR-M(2276)  
 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**The Blu Pig & Blu Bar**  
 811 S. Main 435-259-3333  
 Lunch • Dinner • Take Out  
 Open Daily 11:30-close

Moab's only BBQ and Blues destination. Ribs to write home about. Casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. Covered patio, dining and internet bar are just some of the extras offered for your enjoyment and convenience. Large Screen HD TV's. Take out available. Ice cold beer. State liquor license. Moab's newest Blu Bar specializing in whisky, over 50 beers. Live Music Thursday thru Saturday.

**Brewed Awakenings**  
 1146B South Hwy 191 435-260-8045

**Broken Oar**  
 53 West 400 North 259-3127  
 Open for private functions & catering  
 The Broken Oar restaurant is the perfect Moab dining destination. Our wide variety of homemade food provides a great escape from the usual mass-produced chain food. Tap into something cold with one of our many draft beers, including a great selection of local brews, or if it's wine that fits the mood you won't be disappointed. Our unique Pub & Grill decor is best described as cozy mountain cabin meets ski lodge. Relax by our stone fireplace in the cooler months. Or while its warm enjoy the atmosphere of our enormous outdoor deck. If you are looking for a great spot to relax after enjoying the variety of Moab's activities, The Broken Oar is your place. The Broken Oar has a casually romantic atmosphere, and is greatly enhanced by the excellent staff.

**Buck's Grill House & Vista Lounge**  
 1393 North Highway 191 259-5201  
 Dinner  
 Open Daily at 5:00 pm till close.  
 Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Serving full dinner menu. Early bird BBQ 5-6pm. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com). **Open Thanksgiving.**

**Burger King** 606 South Main 259-2700

**China Cafe** 812 South Main 259-7933

**City Market** 425 South Main 259-5181

**Cowboy Grill at Red Cliffs Resort**  
 16 Miles up Highway 128 259-2002  
 Breakfast • Dinner

River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties. **Thanksgiving Buffet.**

**Crystal's Cakes & Cones**  
 26 West Center St. 259-9393

**Denny's**  
 989 North Highway 191 259-8839  
 Breakfast • Lunch • Dinner

Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME! **Open Thanksgiving.**

**Desert Bistro**  
 36 South 100 West 259-0756  
 Dinner

Open Tuesday - Sunday 5:30 pm - 9:30 pm  
 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended.

**Eddie Mcstiff's**  
 59 South Main Street 259-2337  
 Open Lunch • Dinner

Established in 1991, Eddie Mcstiff's is a long time local favorite with a variety of comfortable indoor and outdoor family friendly environments. Eddie's boasts Moab's largest selection of microbrews and high point bottled beers. Come and enjoy our newly remodeled bar and lounge. We strive to use the best organic ingredients and the freshest local produce when available. We are known for our tasty house ground burgers and fresh salads, and steaks, but we also offer several delicious vegan, vegetarian and gluten free options. **Open Thanksgiving.**

**EklectiCafe**  
 352 North Main Street 259-6896  
 Breakfast • Lunch  
 7:30 a.m. - 1:30 p.m. 7 days a week  
 Closed Nov 5-7

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012

**Fiesta Mexicana**  
 202 South Main Street 259-4366  
 Sun - Thurs 11-9  
 Fri & Sat 11-10  
 Experience the close-up magic of Rick Boretti  
 Thursdays and Fridays 7-9pm

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. [FiestaMexicanaRestaurants.com](http://FiestaMexicanaRestaurants.com)

**Frankie D's Bar & Grill**  
 44 West 200 North 259-2654  
 Lunch • Dinner • Sunday Brunch  
 Open Daily 11am  
 Late night kitchen open until 1 am

Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, 5 flat screen TV's. [www.moabfrankieds.com](http://www.moabfrankieds.com)  
**Open with Thanksgiving Buffet.**

**Jailhouse Cafe**  
 101 North Main Street 259-3900  
**CLOSED FOR THE SEASON**

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**Jeffrey's Steakhouse**  
 218 North 100 West 435-259-3588  
 Open at 5:00pm Call for reservations

Our mission at Jeffrey's is to provide our guests with the absolute highest quality in all that we serve. Our steaks are all Wagyu style, the American Kobe beef. We are committed to utilize the resource of our local farmers. Gluten free, vegan, and vegetarian options nightly. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. [www.jeffreyssteakhouse.com](http://www.jeffreyssteakhouse.com)

**La Hacienda**  
 574 North Main 259-6319  
 Lunch • Dinner  
 Mon-Sat 11am

CELEBRATING 33 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. Take out available.

**Leger's Sandwiches**  
 817 So Main (inside the Moab Chevron) 259-2212  
 Deli Open 5 a.m. - 8 p.m.

Feed your car and your belly 24 hours a day. Featuring Leger sandwiches, a favorite since 1977 and much more. Now offering Udi's gluten free sandwich bread. Call in orders welcome. Store & Fuel open 24 hrs. Deli & call in orders open 5am-8pm.  
**Open Thanksgiving.**

**Love Muffin Café** 139 North Main 259-6833

**McDonald's** 640 South Main 259-8800

**Mi Ranchito y Mexicano**  
 812 South Main Street, Suite B 259-0550

**Miguel's Baja Grill**  
 51 North Main 259-6546  
 Dinner - Open Everyday Through Nov 3rd  
 Open Nov 8, 9, 15 & 16

Back Valentine's Day  
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Gluten free & Vegetarian options available. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
 400 East and Millcreek Drive 259-7424  
 Lunch • Dinner

Open Tues-Sun 11am-8pm - Closed Mondays  
 Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's!  
[www.miltstopandeat.com](http://www.miltstopandeat.com).

**Moab Brewery**  
 686 South Main 259-6333  
 Lunch • Dinner  
 Open 11:30 AM DAILY.

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food & Beer to go. Moab's only onsite brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu, house made gelato & root beer. State Liquor Licensee. **Open Thanksgiving Day.**

For more information about these restaurants pick up a "Moab





**Moab Coffee Roasters**

90 N. Main St. 259-2725  
 Open everyday 7am - 8pm  
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference! **Open Thanksgiving.**

**Moab Diner & Ice Cream Shoppe**

189 South Main 435-259-4006  
 Breakfast • Lunch • Dinner  
 Mon-Thurs: 6:00 am - 9:00 pm  
 Fri-Sun: 6:00 am - 10:00 pm  
 Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners. Our Ice Cream Shoppe features Blue Bunny ice cream. **Open Thanksgiving day 6:00 am.**

**Moab Grill**

540 South Main 435-259-4848  
 Breakfast • Lunch • Dinner  
 Winter hours open 7am - Closed Tuesdays  
 Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our homemade soups, pies, cobblers, espresso and our crazy juicy burgers are good any time of day. Friday Cajun Seafood Boil. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu. Vegetarian and gluten free dishes. New menu items. **Open Thanksgiving 8am-2pm**

**Pancake Haus**

196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**

98 East Center 259-0200  
 Mon-Sat 11:00am-close - Closed Sunday  
 Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Catering available. Now serving craft soda.

**Paradox Pizza**

702 South Main St 259-9999  
 Sunday - Thursday 3-9pm  
 Friday & Saturday 3-10pm  
 At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

**Pasta Jay's**

4 South Main 259-2900

**Pizza Hut**

265 South Main 259-6345  
 Dine-In, Carryout & Delivery Sun-Thurs 11am - 10pm  
 Fri & Sat 11am - 11pm  
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up, Dine-in and All Day Delivery. **OPEN EVERY DAY**

**Portal Grill at Moab Regional Hospital**

450 West Williams Way

**Quesadilla Mobilla**

83 S. Main 260-0289

**Red Rock Bakery & Net Cafe**

74 S. Main Street 259-5941  
 Breakfast • Lunch  
 Open Daily at 7am  
 Serving fresh Moab coffee, milk & espresso, lighter & healthier breakfast & lunch. Great lunches for the trails. Free wifi. Featuring artwork from Kris Kelley & James McKew. **Open Thanksgiving Day**

**Rio Sports Bar & Grill**

1 block west of Main on Center 259-6666

**Sabuku Sushi**

90 East Center 259-4455

**Singha: Authentic Thai Cuisine**

92 East Center 259-0039  
 Lunch • Dinner  
 Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9:30  
 Closed Sunday  
 For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemongrass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**

5 North Main 259-8004  
 Lunch - Dinner  
 Open Wed-Mon at 11:30. Closed Tue.  
 Our legendary restaurant will provides a fun experience in a casual atmospher. Experience fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Now serving Hand tossed Pizza, Italian pasta dishes. Cassano's has merged with Slickrock.

**Sorrel River Grill Restaurant**

17 Miles Northeast on Scenic Hwy 128 259-4642

**Subway Sandwich Shop**

299 South Main 259-SUBS  
 Breakfast & Lunch  
 Open 7 a.m. everyday  
**NOW SERVING BREAKFAST ALL DAY!** Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside 7/11 Convenience Store (corner of 300 South and Main)

**Sunset Grill**

900 North Highway 191 259-7146  
 Dinner  
 Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee. **Open for Thanksgiving Dinner.**

**Susie's Branding Iron**

2971 South Highway 191 259-6275  
 (3 miles south of Moab)  
 Lunch • Dinner  
 Open 11am - 10pm  
 Live Music - Every Saturday night  
 Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. Ribs served Tues. & Thurs. nights. To go orders are welcome. **Backdoor Bar - Now Open.**

**Sweet Cravings Bakery & Bistro**

550 North Main 435-259-8983  
 Breakfast • Lunch  
 Mon. - Sat. 8am - 3pm  
 A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later! Now delivering. Daily Comfort Food Specials.

**Szechuan Restaurant**

125 North Main 259-8984

**Twisted Sistas' Café**

11 E. 100 N. Main Street 435-355-0088  
 Lunch • Dinner  
 Call For Winter Hours  
**TWISTED SISTAS' CAFE WILL MAKE YOUR TASTE BUDS DANCE!!** Featuring fresh Tapas, Small Plate Entrees, Soups, Salads, Wraps, Sandwiches & Burgers! We also offer a selection of homemade desserts. **BEST ROOF TOP PATIO IN TOWN!** Enjoy fabulous cocktails @ our Trail Bar! [www.twistedsistascafe.com](http://www.twistedsistascafe.com) **Open Thanksgiving.**

**Village Market**

702 South Main 259-3111

**Wake and Bake Cafe**

59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**

260 North Main 259-2595

**Wicked Brew Drive Thru**

132 North Main  
 Open at 7 am Daily  
 Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

**Zax**

96 South Main Street 259-6555  
 Lunch • Dinner • Family Dining • Catering  
 We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated. Also think of Zax for your catering needs. **Open for Thanksgiving Dinner 4-9pm**

**Sweet Cravings**



Bakery + Bistro

Breakfast/Lunch  
 Sandwiches & Salads  
 Endless Homemade Pastries  
 Boxed Lunches • Catering  
*Now Delivering*  
 Daily Comfort Food Specials

Open Mon. - Sat. 8am - 3pm

435-259-8983 • [www.cravemoab.com](http://www.cravemoab.com)  
 550 N. Main Street, Moab, UT 84532

The Legendary  
**SLICKROCK CAFE**  
 Family Owned & Operated  
 Now serving  
 Hand Tossed Pizza  
 Italian Pasta Dishes  
 Open Wed-Mon at 11:30  
 Closed Tue  
 Closed for Thanksgiving  
 Burgers  
 Wraps  
 Steaks  
 Seafood  
 and a whole lot more...  
 Kids Menu, Daily Specials  
 Cassano's has merged with Slickrock  
 Lunch & Dinner Menu  
 Full Service Liquor License  
 CORNER OF CENTER & MAIN  
 (435) 259-8004 • [www.slickrockcafe.com](http://www.slickrockcafe.com)

**PARADOX PIZZA**  
 MOAB UTAH  
**EAST COAST STYLE, STRAIGHT FROM MOAB**  
**WE DELIVER**  
 EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES! HOMEMADE SOUPS, BREADS & DESSERTS**  
**702 SOUTH MAIN ST. 435-259-9999**

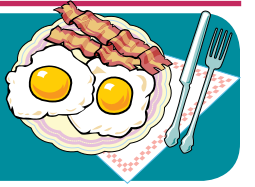
[www.ZAXMOAB.com](http://www.ZAXMOAB.com)  
 96 S Main St  
 Moab, Utah  
 (435) 259-6555  
 Largest selection of local Utah microbrews on tap!

**We are open for Thanksgiving! 4pm-9pm**  
**4 Great Options:**  
**Traditional Turkey Dinner**  
**Salmon Dinner**  
**Top Sirloin Dinner**  
**or All You Can Eat Buffet**  
 GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME  
 COME QUENCH YOUR THIRST AT THE WATERING HOLE

**Menu Guide" And tell them you found them in "Moab Happenings"**



# RESTAURANT GUIDE



**Denny's**

**BUILD YOUR OWN HOBBIT SLAM®**

989 North Hwy 191    OPEN 24 HOURS    FREE WiFi

Open Daily at 7am • Open Thanksgiving Day

**RED ROCK BAKERY**  
Moab's Oldest Scratch Bakery  
Serving Locally Roasted Fresh Moab Coffee & Espresso  
Dine-in or Take-out  
74 South Main • Moab, UT 84532 • 435-259-5941

**Desert Bistro**  
Casual Fine Dining  
Contemporary Southwestern Cuisine

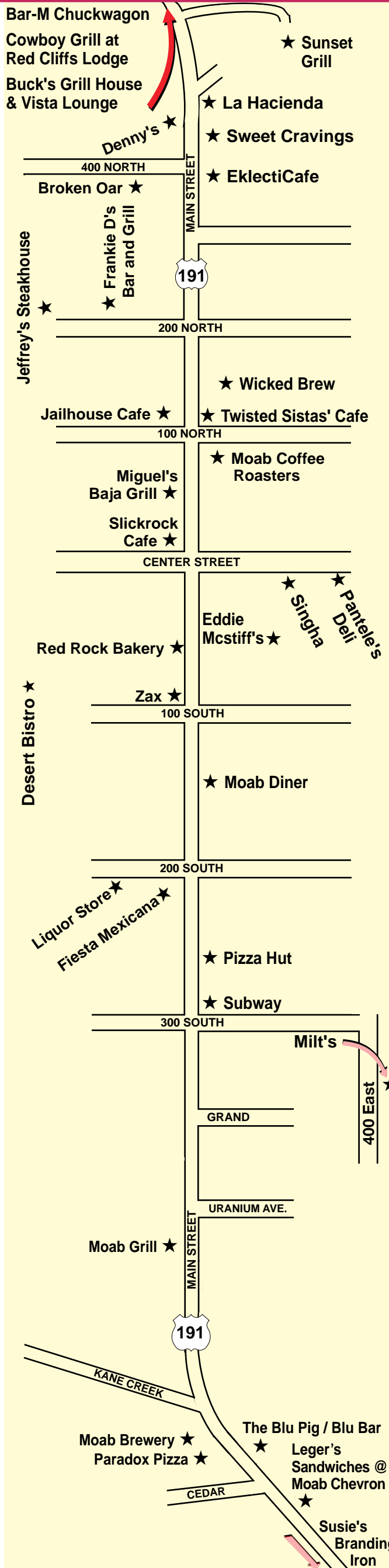
Now located in the heart of downtown  
**36 South 100 West**  
Open Tuesday - Sunday 5:30 pm - 9:30 pm  
Closed Mondays and Thanksgiving Day  
Reservations Highly Recommended  
259-0756    FULL LIQUOR LICENSEE

**SUBWAY** eat fresh.

Located inside **7 ELEVEN** Convenience Store

**COUPON • COUPON**

Buy a 6 Inch Sandwich and a 30 oz Drink and get a 6 Inch Sandwich (of equal or lesser value) **FREE.**  
Expires December 15, 2013  
Coupon valid at your Moab Subway  
299 South Main • 259-SUBS



**SUNSET GRILL**

"Dining with a Million Dollar View"

Steaks • Pastas  
Prime Rib  
Fresh Seafood

259-7146    Patio • Catering • Family Dining

Espresso  
Coffee  
Gelato

90 N. Main St.  
Moab, UT  
259-2725

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Pastries  
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FRESH ESPRESSO AND COFFEE BY THE CUP OR BY THE BAG, AND 18 FLAVORS OF FABULOUS GELATO

open everyday 7am - 8pm

Established 1954

**Milt's Stop & Eat**

LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING

- LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS
- NATURAL BUFFALO BURGERS
- HAND-CUT FRIES
- CLASSIC DINER SANDWICHES
- FRESH DELICIOUS SALADS
- HOMEMADE SHAKES & OLD-FASHION MALTS

OPEN TUESDAY-SUNDAY, 11 AM-8 PM  
CLOSED MONDAYS

WWW.MILTSTOPANDEAT.COM  
EAT IN OR TAKE OUT: 435-259-7424

20<sup>th</sup> year

**JAILHOUSE CAFE**

**CLOSED FOR THE SEASON**

101 NORTH MAIN STREET

**Moab's Breakfast Place**

"Good Enough for a Last Meal"



# RESTAURANT GUIDE

# RESTAURANT GUIDE

**MOAB GRILL**

Winter hours open 7am  
Closed Tuesdays  
Open Thanksgiving 8am-2pm

**Breakfast, Lunch & Dinner**

**Daily Lunch Specials \$6.95**

**CAJUN SEAFOOD BOIL**

**FAMILY FUN STYLE DINNER EVERY FRIDAY**

**Saturday & Sunday**  
Slow Roasted Prime Rib

**Saturdays**  
\$1 a pancake Day

**NEW MENU ITEMS**

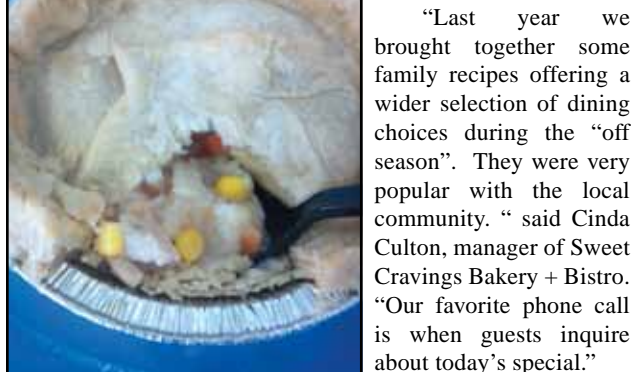
**Full Wine & Beer Menu**

540 S. Main  
(next to the Big Horn Lodge)  
435-259-4848 [www.themoabgrill.com](http://www.themoabgrill.com)

**Bring in this ad for 10% OFF**  
Dine between 4-5pm and receive additional 10% OFF

## Sweet Cravings Bakery+ Bistro

Fall is in the air and Sweet Cravings Bakery + Bistro is bringing back Comfort Food specials to fill the tummy. Daily, their culinary team creates warm, feel-good selections from scratch.



“Last year we brought together some family recipes offering a wider selection of dining choices during the “off season”. They were very popular with the local community.” said Cinda Culton, manager of Sweet Cravings Bakery + Bistro. “Our favorite phone call is when guests inquire about today’s special.”

Each item is prepared like Mom and

Grandma made them in their kitchens years before, but maybe on a slightly larger scale. This year the menu includes: Meat Pie Monday’s, Roasted Chicken and Potatoes on Tuesday, Chef’s Selections on Wednesday, the almost famous Chicken Pot Pie Thursday’s and Friday offers a selection of Chili’s with Cornbread. In addition, they have created a selection of soups that are available throughout the week.

Along with comfort food, their extensive array of hot breakfasts and lunch sandwiches, panini’s and salads are available all season.

Open Monday through Saturday through November, and then week days throughout the winter season, they operate from 8a-3p.

In addition to breakfast and lunch, a selection of desserts are baked daily. Holiday pies are also popular, and advance orders are recommended.

“Our team truly enjoys this change in the season. We can visit with everyone, offer entrees that are often nostalgic and heartwarming, and create memories with each and every guest,” says Culton.



Phone 435-259-3333  
[www.blupigbbq.com](http://www.blupigbbq.com)

**The Blu Pig**  
A BBQ and Blues Joint

811 South Main Street  
Moab, Utah 84532

**OPEN DAILY**  
11:30 - Close

**When The Food Matters, Let 'Em Eat BBQ!**  
Between Moab Valley Inn and La Quinta

**NOW INTRODUCING**

## Blu Bar

Over 50 Beers - 20+ Heavy Beers  
Specializing in Whiskeys and Tequilas.  
Live Music Thurs.-Sat.

**Legars**  
Sandwiches

**CHAMPS Chicken**  
Baked Fresh Daily

**BAKED GOODS**

**TACO BAR**

**Daily Soup Specials** **Chicken Pot Pie**

**Bread Sticks** **Awesome Daily Specials**

Made to order • Call in Orders  
5 a.m - 8 p.m.  
259-2212

LOCATED INSIDE THE MOAB CHEVRON  
817 South Main Street

**Chevron**  
FOOD COURT & DELI

**OPEN 24 HOURS**

## Wicked Brew

DRIVE-THRU

A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas

Your day starts Right here!  
In the heart of town  
132 N Main - Caffeinating daily @ 7am - 2pm

**Sunday Brunch**  
New menu, Fresh, Made to order

**Frankie D's**

NFL Sunday Ticket  
New HD TV's

**Bar & Grill**

200 N 44 W Moab, UT  
435-259-2654

**Live Entertainment**  
Dance Floor, Pool Tables, Horse Shoes

**Great Food**  
Late Night Kitchen  
Patio seating

Large or Small groups catering available  
[www.moabfrankieds.com](http://www.moabfrankieds.com)

Pick up a copy of the  
**Moab Menu Guide**  
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com)

**EDDIE MCSTIFF'S**  
RESTAURANT & BAR

Moab's Largest Selection of Micro-Brews & High Point Beers

Moab's Finest

- Classic -
- Strawberry -
- Blueberry -

**Mojitos**

Quality Ingredients

Locally Sourced

Homemade Organic

Gluten-Free

Full Bar  
HD Sports Everyday  
Foosball & Pool Table  
Lounge Area  
Thurs - Sat CASINO NIGHT

59 South Main St. 259-2337

WiFi

## COWBOY GRILL

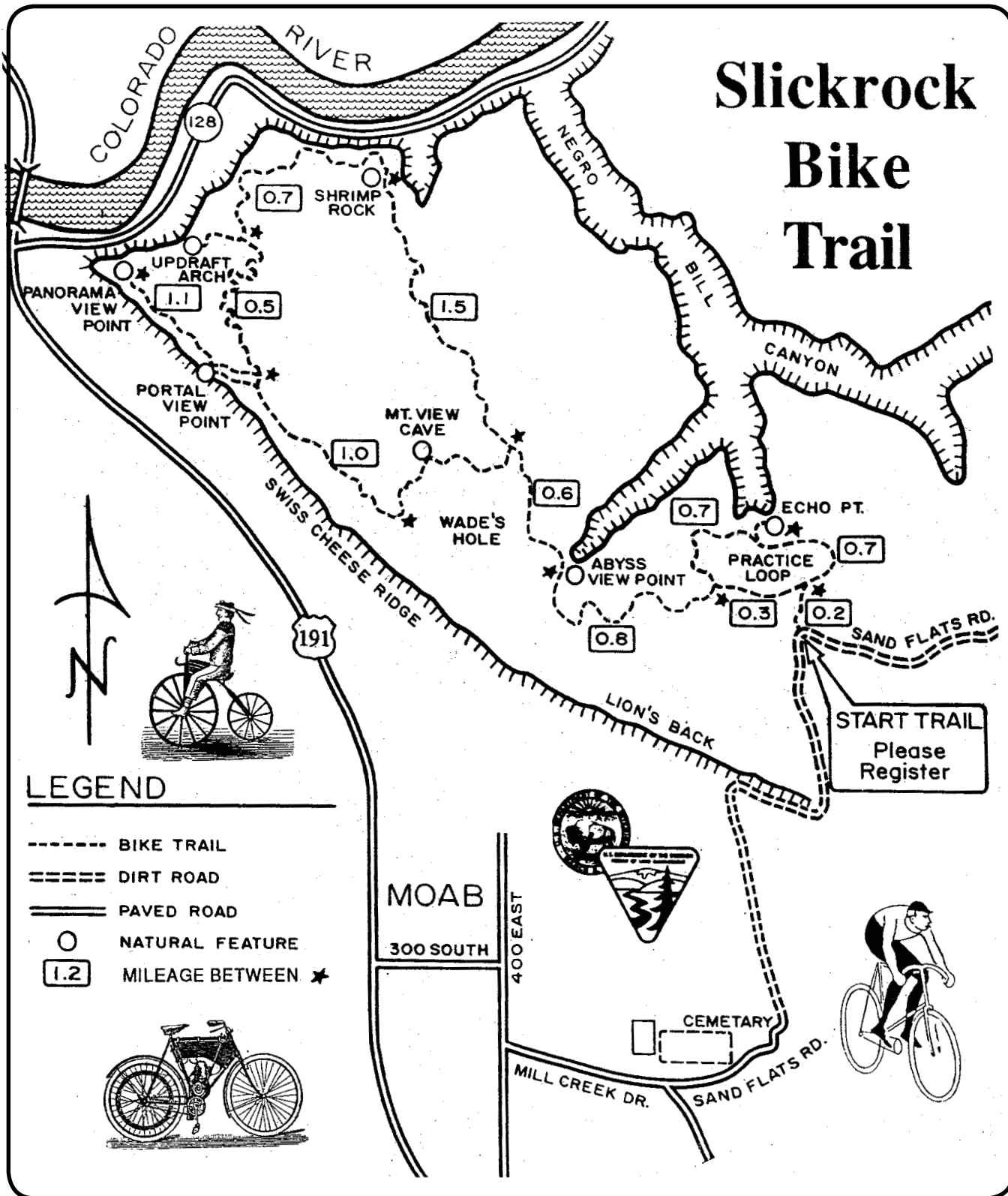
MOAB, UT

- BUFFET BREAKFAST 6:30 - 10 AM
- SUNDAY BRUNCH 7-2
- THANKSGIVING BUFFET DINNER
- FULL MENU PATIO DINING 5PM

**RIVERFRONT PATIO DINING**

16 Miles east of Moab on Hwy 128  
435-259-2002 • 866-812-2002

# MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

**• POISON SPIDER BICYCLES SPRING THAW - March 2014** A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit [poisonspiderbicycles.com](http://poisonspiderbicycles.com) or call 435-259-7882.

**• SKINNY TIRE FESTIVAL March 8-11, 2014** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

**• 4<sup>TH</sup> ANNUAL GRAN FONDO MOAB May 2014** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

**• MOONSHADOWS IN MOAB May 2014** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

**• MOAB CENTURY TOUR September 2014** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

**• OUTERBIKE October 2014** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to [www.outerbike.com](http://www.outerbike.com).

**• MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL October 2014** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

**CHILE PEPPER BIKE SHOP**  
 BIKE RENTALS  
 REPAIRS ★ SALES  
 DAY TOURS  
 ESPRESSO BAR

DEALER FOR  
 GIANT ★ TURNER ★ NORCO  
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Daily Bike Shuttles Available  
 at Chile Pepper

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 for departure times  
 (435) 260-2097  
[www.coyoteshuttle.com](http://www.coyoteshuttle.com)  
[info@coyoteshuttle.com](mailto:info@coyoteshuttle.com)

(888) 677-4688  
 702 S. Main St. - Moab, Utah 84532  
 (435) 259-4688 [www.chilebikes.com](http://www.chilebikes.com)  
 E-mail us at [info@chilebikes.com](mailto:info@chilebikes.com)

**RIM CYCLERY**  
 "The Hub of Cycling in Moab"

Moab's oldest  
 (and still the best)  
 bike and outdoor gear store,  
 for all your canyon country adventures.

Come in and see us for the latest gear,  
 Great full suspension rental bikes,  
 Fast, professional service and expert  
 advice backed by years of experience.

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# TRAIL HAPPENINGS

## Jurassic: A Geologic Period and a Brand New Trail

Article By Kathy Grossman  
 Photos by Sandy Freethey and Maggie Wilson  
 Map by Geoff Freethey

Rolly, twisty, and fast: that's how our new Jurassic Trail looks and feels as it swoops along west of Copper Ridge Road in Little Valley in the Klondike Bluff Mountain Biking Area. This easy-to-intermediate roller coaster flows through the soft grays, pinks, lavenders, chocolate browns, and dusty turquoises of bulgy alluvial fans. On my recent mid-October hike, this desert palette contrasted with the bright yellow rabbit brush and sagebrush foliage in the washes to the east.

The Jurassic Period occurred 199.6 to 145.5 million years ago, but the Jurassic Trail opened just two months ago in September. Located north of Arches National Park, Jurassic is south of other new Klondike trails, Alaska, Homer, Nome, and Inside Passage, all of which were built in 2013. Jurassic roughly parallels the Copper Ridge Road and its sister trail to the east, Dino-Flow.

The Jurassic Period and this new trail are named for the Jura Mountains in the Alps on the border of France and Switzerland. The Juras were where limestone



strata of this period were first studied in the late 1700s by German naturalist Alexander von Humboldt. The Jurassic was part of the 165-million-year Mesozoic ("middle life") Era, when the supercontinent Pangaea split apart, and the northern half's landmasses eventually formed North America and Eurasia. This rifting, along with warmer global temperatures, allowed for diversification and dominance of the dinosaurs.

The Jurassic Trail goes through the Brushy Basin Member of the Morrison Formation dominated by mudstone rich in volcanic ash containing fossilized bones of carnosuars, stegosuars, and long-necked sauropods; gastroliths (dinos' digestive grinders); and shark's teeth.

Last July, the days were hot and swampy from Moab's monsoons, but reptiles were no longer the dominant fauna when the mammalian life forms of the Grand County Trail Mix crews started bench cutting, raking, rock lining, and constructing rock bridges.

The Jurassic Trail is about three miles of roughly even elevation throughout.

A few sandy (and possibly muddy) wash crossings may require bikers to dismount and walk. Occasional narrow rock bridges, drain crossings, and twists and turns around refrigerator-sized boulders can challenge beginners. Hikers and bikers should wait for dry weather on the road, at the trailhead, and on the trail, as rains can gum up the ashy soil and clay.



North end trailhead: From Highway 191, turn east at mile marker 148.5 at the brown Northern Klondike Trails sign. Cross the railroad tracks, stay right, and follow the signs to N. Klondike. At mile 1.6 from 191, you'll come to the southside post-and-cable parking lot for the Agate and Jasper loops. Jasper will connect to the north end of Jurassic. (Some bikers may prefer to ride back north to the car on the Dino-Flow Trail or the Copper Ridge Road.)

South end access: From Highway 191, turn east at mile marker 142.2 at the green "Klondike Bluff Road" and brown "Klondike Bluff Trails" signs and follow the carsonite "Klondike" signs. The Jurassic Trail starts off the Klondike Bluff Road. East of this trailhead is a view of the Marching Men formation in Arches.

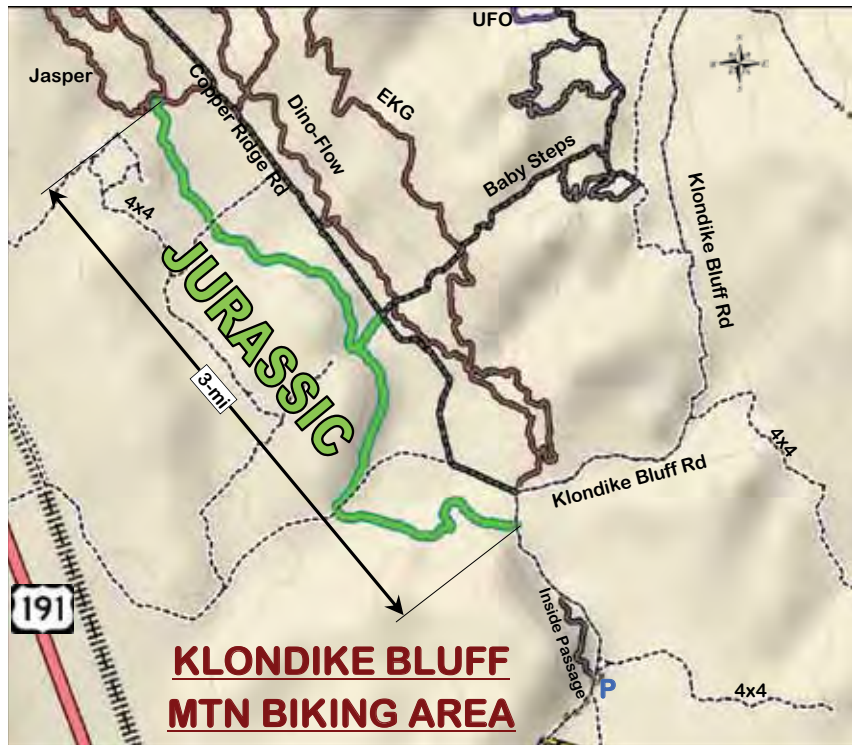
Moab is the southern tip of the 512-mile Dinosaur Diamond Prehistoric Highway that connects dinosaur and archaeology sites from Price to Vernal and east to Fruita, Colorado. Vertebrate resources are protected by the Paleontological Resources Preservation Act of 2009 and can be collected only by qualified researchers who obtain a permit and who agree to deposit the fossils in public institutions. Mustard-colored signs on trailhead kiosks remind users of the rules for protecting our fossils, including dinosaur trackways, such as the Copper Ridge Sauropod Trackway, the Mill Canyon Dinosaur Trail, and those at the Poison Spider Mesa parking area along Potash Road.

For more information on Grand County ancient flora and fauna, visit the Moab Museum, catch a monthly meeting of Moab's Gastonia Paleontology Club, or check out the Dinosaur Diamond kiosk on Highway 128. Whether you bike or hike on our newest trails in the Klondike, help



protect our paleontological treasures, and stay on the trail and out of the mud.

Kathy Grossman has lived in Moab since 2011 and is the Grand County Trail Mix Committee Secretary and "Trail Happenings" Editor. She hikes, paints, writes, builds mountain bike trails, and has loved dinosaurs ever since seeing the T.Rex sequence in Disney's 1940 movie Fantasia.



Plateau Restoration  
 www.plateaurestoration.org  
 presents the  
 5th Annual  
**Moab River Rendezvous**

**November 7-10, 2013**  
 Historic River Film Festival & Symposium  
 featuring presentations by authors & experts  
 on river history, archeology, ecology,  
 geology & issues;  
 restoration project,  
 field trips to Parks  
 & much more

www.moabriverrendezvous.com  
 435-259-7733 / 1-866-202-1847

**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).

# PAST TO FUTURE HAPPENINGS

## History of Moab and Grand County Revealed

New pictorial history book shares the stories of the area using vintage images

The newest addition to Arcadia Publishing's popular Images of America series is Moab and Grand County from local author Travis Schenck and the Museum of Moab. The book boasts more than 200 vintage images and memories from the early days of Utah area.

Grand County's story begins long before the first white settlers entered the valley. The land holds ruins, artifacts and remnants of many ancient peoples, including Ute, Navajo, Anasazi and others. Spanish missionaries who were seeking gold as much as souls were followed by French fur traders into the mid-1800s and the end of the Mexican-American War in 1848 brought the land to be known as Grand County into the Union.

Soon, the valley was teeming with settlers. In 1880, the name "Moab" appeared in the US Postal Register; it was chosen by William Peirce, a businessman who became the town's first postmaster and was a reference to the Biblical desert. In 1902, Moab, Utah, was officially incorporated. The coming railroads brought more settlers from around the world. Basque sheepherders, Chinese laborers and African American cowboys joined followers of Brigham Young to become residents of the growing county. Towns like Thompson, Cisco and Stateline sprang up along with fruitful orchards and peaches from Moab were being served at restaurants in Paris.

Moab and Grand County chronicles the growth and change of the area using stunning images to illustrate the history.

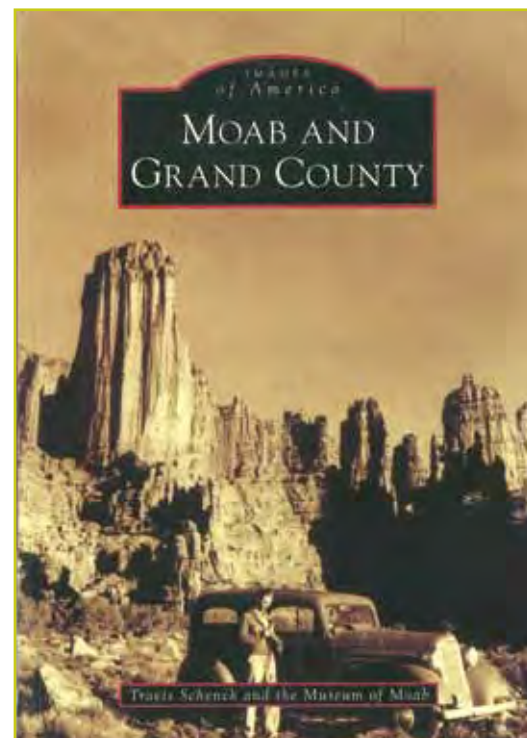
Topics included in Moab and Grand County:

- The Land
- Surrounding Communities
- Moab Streets and Buildings
- People of Moab

Available at area bookstores, independent retailers, and online retailers, or through Arcadia Publishing at (888)-313-2665 or online. Arcadia Publishing is the leading publisher of local and regional history in the United States. Our mission is to make history accessible and meaningful through the publication of books on the heritage of America's people and places. Have we done a book on your town? Visit <http://www.arcadiapublishing.com/>.

Moab and Grand County by Travis Schenck and the Museum of Moab Images of America Series Price: \$21.99 128 pages/softcover Available: September 9, 2013.

Moab and Grand County's story is like the sandstone cliffs of the surrounding landscape, each part layered and growing upon one another. Travis Schenck, director of the Museum of Moab, uses vintage images from museum archives to tell this story of survival and prosperity.



## MBA Now Offered At USU-Moab

Program builds backbone of commerce in local community

In its ongoing commitment to fuel economic growth in Grand County, Utah State University-Moab announced it will begin offering a Master's of Business Administration (MBA) degree spring semester 2014. Delivered by Utah State University's Jon M. Huntsman School of Business, the MBA program provides Moab residents with the opportunity to receive a world-class graduate business degree while staying at home.

"We believe offering an MBA program helps meet our obligation as a land grant university," said Dean & Executive Director of USU-Moab, Steve Hawks. "This program will meet the needs of our growing community and produce a positive economic impact in Moab and our surrounding areas."

The program is designed to coordinate around work and family schedules. Students have the opportunity to take evening courses and finish their degree in two years. The advantage of an MBA from the Jon M. Huntsman School

of Business is access to world-class faculty, combined with real-life applications in your hometown.

"Business administration is huge for families to be able to support their families," said Jim Davis, Director of MBA & Executive Education for the Huntsman School of Business. "It is a good degree to build the economy of communities and families."

The MBA program focuses on business administration, marketing, finance, accounting, human resources and organizational behavior for working professionals. While obtaining the benefits of an advanced degree, students experience the perks of networking with other practicing professionals.

"The competitive edge for USU's MBA program is the geographic diversity," said Davis. "It's the ability to interact with executives from across the geographic region. The geographic exposure and wealth of knowledge coming into the class is uniquely Utah State."



For more information on the Utah State's MBA program and other advanced professional degrees, please visit [moab.usu.edu](http://moab.usu.edu). Applications are being accepted now for the program. Be sure to mention you read about it in *Moab Happenings*.

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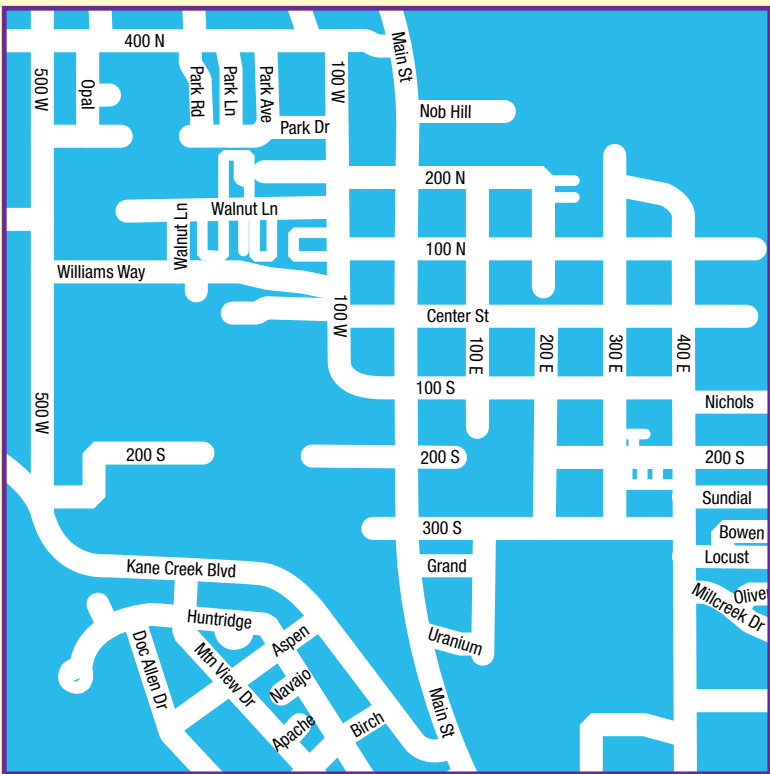
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# SCHEDULE OF EVENTS

Please Note:  
Evening performances are held at two different venues on two different nights.  
Please select either Star Hall or Grand County High School (GCHS) as your evening venue.



Friday, November 1  
Evening

## STAR HALL

7:00 PM Moors & McCumber  
8:15 PM Ellis  
9:30 PM David Lindley

**SOLD OUT**

- OR -

## GCHS

7:00 PM John Fullbright  
8:15 PM Gregory Alan Isakov  
9:30 PM Elephant Revival

**SOLD OUT**

Saturday, November 2  
Daytime

## MOAB BALL FIELD

12:00 PM 3 Penny Acre  
1:30 PM Marley's Ghost  
3:00 PM The Steel Wheels

Saturday Evening

## STAR HALL

7:00 PM John Fullbright  
8:15 PM Gregory Alan Isakov  
9:30 PM Elephant Revival

**SOLD OUT**

- OR -

## GCHS

7:00 PM Moors & McCumber  
8:15 PM Ellis  
9:30 PM David Lindley

**SOLD OUT**

Sunday, November 3  
Daytime

## MOAB BALL FIELD

12:00 PM Parker Millsap Trio  
1:30 PM Eliza Gilkyson & Nick Forster  
3:00 PM Tom Russell

Schedule Subject to Change

## WORKSHOPS



Saturday November 2nd 10:15am-11:30am  
at Star Hall

SINGER SONGWRITER IN THE ROUND-A session of song sharing moderated by Hal Cannon with John Fullbright and Dan Wheetman of Marley's Ghost.



Saturday November 2nd 4:30pm-5:30pm  
at the Moab Information Center

INTERVIEW WITH DAVID LINDLEY conducted by Hal Cannon



Sunday November 3rd 9:00am-10:00am  
Moab Information Center

COMMUNITY CHOIR with Dave and Carla Eskelsen of the Eskeltones. Sing your heart out Sunday morning! Everyone is welcome to embrace their voice in a supportive, community environment.



Sunday 10:15am-11:30am Star Hall

INTERVIEW WITH ELLIS MFF's 2012 People's Choice Award Winner conducted by Hal Cannon.

### WORKSHOP PRESENTERS



**Hal Cannon** is known as a folklorist, songwriter and radio producer. He lives in Virgin with his wife Teresa. He is the founding director of the Western Folklife Center and its famous child, the National Cowboy Poetry Gathering in Elko, Nevada. He has been singing cowboy and western songs all his life and played for thirty years with Utah's Deseret String Band. He also plays with the sextet, Red Rock Rondo. He has won numerous awards for his books, recordings, TV documentaries and NPR radio pieces but nothing gives him more pleasure than the gift of writing a new song that resonates with the American West



**Carla and Dave Eskelsen** return to the Moab Folk Festival to lead the Community Choir Workshop. Hailing from Salt Lake City, they have performed regionally as Willow Creek Trio. They joined with an eclectic group of Utah-area artists on the acclaimed tribute CD, *Long Gone - Utah Remembers Bruce "Utah" Phillips*. As the Eskeltones, Carla and Dave are known for their "lyrical, tight voicing" and quirky view of life in the West. For them, performing with audiences is key. They are bringing their lifelong collaboration of songwriting and musicianship and lively performance styles to engage and share with participants.

## LOCAL'S SHOWCASE

Star Hall  
October 31, 2013  
7:00-9:30PM  
\* Free Admission \*  
Donations Welcome



7:00-7:25pm

**Harmony** is made up of Jordan (19), Caleb (15), and Aiya (15) Zarahiah who have lived in Moab since 2003. They have been singing sibling harmony since they were little. More recently, they have been gracing many venues around town with their a capella covers of songs from the 1950s. They are also recipients of the first annual Moab Folk Camp tuition scholarship.



7:35-8:00pm

**Ryan Barnum** is the Production Manager at the Moab Brewery and has lived in Moab with his wife and dog since 2003. He plays drums and percussion in a host of local bands, but his true passion is writing his own songs and playing guitar. Ryan is accompanied by Jeff Gutierrez on the saxophone. Jeff plays with the Fiery Furnace Marching Band.

### INTERMISSION



8:15-8:40pm

**Mill Creek Station** is a group of local musicians that began playing together in January of 2013, including: Scott Crane (vocals, lead guitar, rhythm guitar); Joseph Hawks (vocals, bass guitar); James Grantham (vocals, lead guitar); Jaylyn Hawks (vocals, percussion); Steve Hawks (vocals, drums, banjo). Our group includes a school superintendent, a college dean, a retired corporate executive, a former non-profit director, and a young college student who helps keep us "real." Similar to our diverse backgrounds, our music represents an eclectic mix of genres and styles. Mostly, we just love playing together.



8:50-9:30pm

**The Susan Bush Band** was born in the backyards of the 12th street neighborhood in Salt Lake City. Susan is a Utah native and singer/songwriter who plays original tunes that are best described as a mixture of roots, americana, and folk. She is joined in the Susan Bush Band by Rex Flinner (guitar, mandolin) and Phil Triolo (saxophone, clarinet). The backup duo have played with many bands over the years, including the Oquirrh Ridge Drifters, Loose Ties, The Cow Daddies, The Disgusting Brothers, and a few others you've probably never heard of... The Susan Bush Band started gigging together in 2011, and has performed from the top of the snow-capped mountains of the Wasatch to the sandy banks of the Green River and around many campfires and local venues in between.





SHOPPING  
DINING

# MOAB HAPPENINGS

LODGING  
EVENTS

Volume 25 Number 8

Section B

November 2013

## MOAB ART WALK: Saturday, November 9<sup>th</sup>, from 6-8pm

The final Art Walk of the 2013 season will be held on Saturday, November 9, from 6-9pm. The public is invited to stroll through exhibits at several downtown venues to view a variety of fine art and handmade crafts, enjoy refreshments and mingle with local and visiting artists. Most exhibits will remain up throughout the month for those who are unable to attend the Saturday night walk.

### The Edge Gallery

137 N. Main St. 435-259-5855 [www.breledge.com](http://www.breledge.com)

The Edge Gallery features fine art landscape photography by **Bret Edge**. Each photograph is presented as a breathtaking canvas wrap or archival plaque mount in an open, contemporary gallery space.



### Moonflower Market

39E 100N 435-259-5712

**Moab Charter School:** Children from the Moab Charter School will be displaying artwork inspired by Alexander Calder. Primary colors, simple, interesting shapes, and drawing define this show. The children display their learning of pattern, repetition, and shapes in a fun and exciting composition.



### MARC (Moab Arts and Recreation Center)

111E 100N 435-259-6272 [www.moabmarc.com](http://www.moabmarc.com)

#### Sarah Hamingson, Jon Fuller:

Sarah Hamingson will show pastel paintings created during her stint as the 2013 Community Artist in the Parks. Jon Fuller will show recent photographs.



### Triassic

7 N. Main St. 435-259-4912

[www.triassicstone.com](http://www.triassicstone.com)

**Jasmine Swink & DeAnna Irvin:** This month's Art Walk features fine ceramics and jewelry by Grand County High School's DeAnna Irvin and Jasmine Swink. These ladies are earning money to travel to France and Italy this summer for 12 days as part of their school's art and language immersion program. On the night of the event 20% of regular Triassic sales and ALL artist's sales go directly to the artists to help fund their school trip.



### Overlook Gallery

83 E. Center St. 435-259-3861

[www.theoverlookgallery.com](http://www.theoverlookgallery.com)

#### Tim J. Morse, J. C. Borders and Rick Wheeler:

Arizona artist, Rick Wheeler travels north to join two of his old friends for a special season finale show at The Overlook Gallery.



### Framed Image Fine Art

59 E. Center St. 435-259-4446

[www.framedimagemoab.com](http://www.framedimagemoab.com)

**Michael Ashcraft, Three New Works:** Michael's non-objective paintings "pursue his deep absorption with the natural world." Through them he "calls directly on (his) emotional state of mind," making them as "directly expressive" as possible.



### Museum of Moab

118 E. Center St. 435-259-7985

[www.moabmuseum.org](http://www.moabmuseum.org)

Artwork of Moab Charter School students.



**1 MOAB ARTS AND RECREATION CENTER**  
11 E 100 N

**2 MOON FLOWER MARKET**  
39 E 100 N

**3 The Edge Gallery**  
137 N Main St

**4 TRIASSIC**  
7 N Main St

**5 FRAMED IMAGE FINE ART GALLERY**  
59 E Center St

**6 OVERLOOK GALLERY**  
83 E Center St

**7 MUSEUM OF MOAB**  
118 E Center St





# RIVER HAPPENINGS

## The Moab River Rendezvous: Historic River Festival and Educational Symposium, November 7-10

The 5th Annual Moab River Rendezvous is coming to town this Thursday, November 7th through Sunday, November 10th. Presented by local conservation non-profit organization, Plateau Restoration, the event has gained a reputation of being a terrific opportunity to learn more about the rivers that run through our communities and shape our landscapes. The River Rendezvous is a must for anyone who is inspired to understand the natural and cultural history of the river corridor in a friendly, informal atmosphere, through field trips and indoor presentations. "This is a celebration of river running, river community and a memorable experience for anyone that places high value in learning more from regional experts", says event founder Michael Dean Smith.



An historic replica boat being rowed in the Grand Canyon.

The event features field trips in Arches and Canyonlands National Parks and surroundings, social events and formal evening presentations at Star Hall, downtown Moab. The Rendezvous kicks off with a variety of fun and rich outdoor and indoor activities on Thursday, before an evening presentation by renowned author, Kevin Fedarko, on "The Emerald Mile", the 1983 run of the Colorado River at extreme flows below Glen Canyon Dam. On Friday, the day will be spent at Plateau Restoration's long-term riparian restoration site at Jackson Bottom, engaging in a volunteer planting project. Friday evening sees a return of the popular "Historic River Film Festival", featuring river historian and author, Roy Webb of University of Utah.

During the day on Saturday and Sunday, participants will have quality time in the field with regional experts, including geologists Prof. Andres Aslan and Dr. Tamsin McCormick, historian Roy Webb and others. Topics of discussion will include the role of salt, faults, the river and humans in shaping the landscapes of the Moab area.

Current affairs will be the focus of evening presentations at Star Hall on Saturday evening by University of Utah Professors of Political Science and Law, Dan McCool and Bob Keiter. Prof. McCool will share insights relating to economic changes associated with the use of the Colorado



Confluence of the Colorado and Green Rivers, Canyonlands National Park.

Photo by Robert Fillmore.



High-water Crystal Rapid in the Grand Canyon, 1983.



First San Juan River outfitter, Norm Nevills in Glen Canyon, before the dam.



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River and river restoration. Prof Keiter's presentation will address the "Past and Future of the National Parks", a particularly timely discussion in view of the recent government shutdown.

Space is limited and pre-registration needed for daytime activities, which include lunch and transportation, with an option of single-day field trips for \$40 per person, or full registration for the four days at \$80.

Evening presentations at Star Hall start at 7pm on Thursday, Friday and Saturday are open to all, with a \$5 donation at the door. Participation in the Friday service project day is free and will include a lunch and field presentations by restoration experts; RSVP requested in advance.

For more information on the presentation topics and speakers' biographical sketches or to register, please call 435-259-7733 or 866-202-1847, email [info@plateaurestoration.org](mailto:info@plateaurestoration.org), or visit the website [www.moabriverrendezvous.com](http://www.moabriverrendezvous.com). Plateau Restoration, host of the Moab River Rendezvous, uses event proceeds to help underwrite service-learning projects and ecological restoration at the heart of the Colorado Plateau.



Petroglyph presentation during the 2012 event.

# HEALTHY HAPPENINGS

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## Moonflower Market Offerings

The bulk herb, tea, and spice department is a unique feature of the Moonflower Market.

Moonflower Market carries a wide variety of culinary spices, medicinal herbs and the most diverse selection of bulk fair traded teas in town. You will find product in the jars from Mountain Rose Herbs, Frontier Natural Products Coop, Two Hills Tea, and Hummingbird Herbals.

Bulk spices, herbs and teas at the Moonflower are non-irradiated and meticulously rotated for freshness by our bulk herb manager Jen. While most conventional stores sell spices prepackaged and often irradiated to preserve freshness, the Moonflower is committed to selling non-irradiated product. One of the reasons for this is that the Organic Consumers Association reports that “Irradiated fruits and vegetables benefit the packer and grocer, but not the farmer or consumer. The consumer receives an inferior product that appears fresh, but has depleted vitamins and enzymes.” Food products that are most often irradiated are spices, grains, potatoes, and tropical fruits. Irradiation is used to kill bacteria, control bugs, and delay sprouting and ripening. There are no long-term health studies on the effects of eating irradiated foods. There are not only dangers to the consumer, but also to the processors and handlers exposed to irradiation. Some studies suggest that over time bacteria are becoming irradiation resistant super bugs.

What are the reasons to purchase your herbs and spices in bulk? Our bulk department is self-serve. You get just what you want and no more. For example, how many of us have had the same jar of nutmeg in our kitchen cabinet since we first purchased it 25 years ago to make that first pumpkin

pie? It doesn't smell so aromatic and intoxicating anymore does it? It is time to dump that old nutmeg in the compost pile, wash that jar, and head on in for some fresh stuff. We also offer an even more affordable special order option. Quantity orders are available from all our distributors with an average turnaround time of 1-2 weeks. We also carry small glass spice jars to put your spices in. The bulk spice department has all the standard flavors that you might recognize and a few more unusual ones. We have products for your home canning needs. Our bulk tea department has more flavors of green and black tea than you'd probably recognize and a spectrum of medicinal herbal teas.

Bulk herbs and spices provide affordable quality. The companies we purchase from are conscientious businesses committed to quality product. They seek out superior herbs, teas and spices from growers that meet their demands for sustainable, and often organic, growing practices. They contract with worker cooperatives around the world, to help ensure that the farmers receive the best prices for their product. Frontier is a customer owned cooperative business that was the first major spice and herb company to actively support and promote organic alternatives to traditionally grown products.

Mountain Rose Herbs, declares itself dedicated to organics, and will not carry products that have not been grown on either a certified organic farm, or grown without chemicals and tested to ensure no pesticide residues. Two Hills Teas believes in fair trade and makes a point to purchase not only from certified organic tea farms, but from growers that farm sustainably and maintain fair working environments for their laborers. Hummingbird Herbals is a small individual business out of Durango that utilizes many wildcrafted herbs in its products.

Bulk herbs provide affordable nutrition and healing. Many medicinal herbs can be effectively taken as brewed tea. This takes more time and commitment than taking a capsule, but it can be a more affordable and viable way to support your body's needs in time of illness or disease. And mint is always a simple way to add a nice flavor to your medicinal tea blend.

Interested in diversity, quality, and affordability? We might have what you need in Moonflower Market's self serve bulk herb, spice, and tea department. Come see us across from the post office at 39 E 100 N.



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# SKY HAPPENINGS

## The Sky for November 2013

By Faylene Roth

**SUNRISE AND SUNSET TIMES FOR NOVEMBER**  
*(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)*

Date	Sunrise	Sunset
1	7:45am	6:18pm
2	7:46am	6:17pm
3	6:47am	5:16pm
4	6:48am	5:15pm
5	6:50am	5:14pm
6	6:51am	5:13pm
7	6:52am	5:12pm
8	6:53am	5:11pm
9	6:54am	5:10pm
10	6:55am	5:09pm
11	6:56am	5:08pm
12	6:57am	5:07pm
13	6:58am	5:06pm
14	6:59am	5:06pm
15	7:01am	5:05pm
16	7:02am	5:04pm
17	7:03am	5:03pm
18	7:04am	5:03pm
19	7:05am	5:02pm
20	7:06am	5:02pm
21	7:07am	5:01pm
22	7:08am	5:01pm
23	7:09am	5:00pm
24	7:10am	5:00pm
25	7:11am	4:59pm
26	7:12am	4:59pm
27	7:13am	4:58pm
28	7:14am	4:58pm
29	7:15am	4:58pm
30	7:16am	4:58pm

**MAJOR CONSTELLATIONS OF NOVEMBER**

- Overhead**  
Andromeda  
Aries  
Pegasus  
Pisces  
Triangulum
- Northward**  
Cassiopeia  
Cepheus  
Draco  
Perseus  
Ursa Major  
Ursa Minor
- Eastward**  
Auriga  
Gemini  
Orion  
Taurus
- Southward**  
Aquarius  
Capricornus  
Cetus
- Westward**  
Aquila  
Cygnus  
Delphinus  
Lyra  
Sagittarius



**DAYLENGTH**

Evening activities by natural light end on Sunday, November 3, at 2:00am when standard time replaces daylight saving time. Move clocks back one hour. The total period of daylight continues to diminish as the ecliptic (sun's path across the sky) moves southward. By month's end we lose 52 minutes of light. The three periods of twilight seem more abrupt this month as sunrises and sunsets scatter less light over the bulge of the earth's equator. At sunset the sun drops an additional six degrees below the horizon with each 30-minute period of twilight—civil, nautical, astronomical. Skies are completely dark (moonlight excepted) at the end of astronomical twilight, one and one-half hours after sunset. The reverse progression applies to dawn.

**MOON HAPPENINGS**

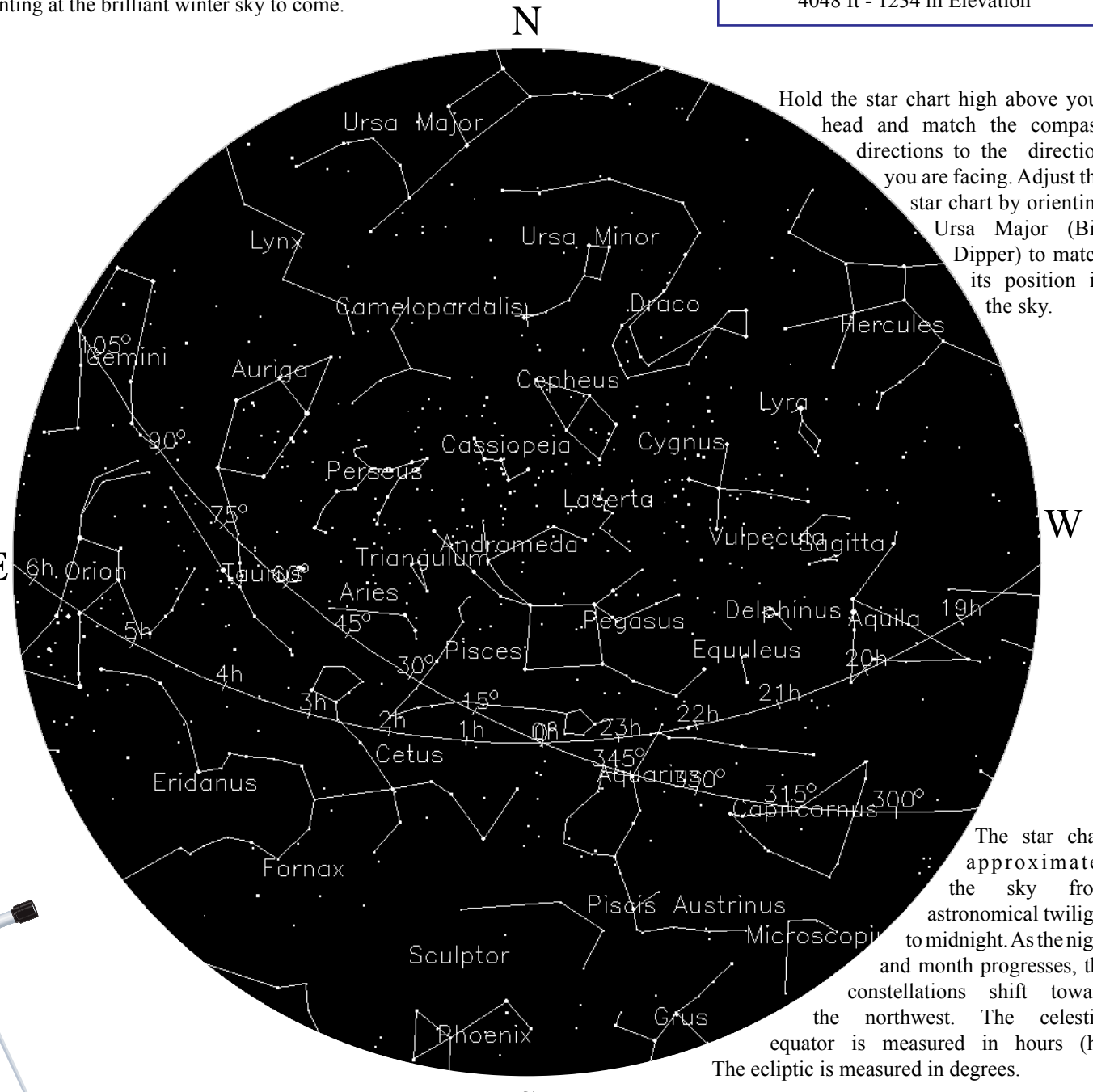
**November 3** – New Moon occurs at 5:50am.  
**November 10** – First Quarter Moon sets soon after midnight.  
**November 17** – Full Moon occurs 8:16am and rises at 5:23pm.  
**November 25** – Last Quarter Moon rises near midnight.  
 (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

**METEOR EVENTS**

Light meteor activity continues throughout November but the Taurids Meteor Shower promises the best viewing opportunity of the month on the night of November 4/5. A new moon period provides dark skies. The Taurids radiant—in Taurus—rises around 8:00pm and is overhead around 3:00am when viewing is best. On November 16/17 the Leonids Meteor Shower—a stronger event—must compete with a full moon throughout the night. Leo—the radiant for this shower—rises around 1:00am and is not overhead until after sunrise. The full moon, however, will be low on the western horizon by sunrise so the pre-twilight period from 4:00am to 6:00am should reveal the brightest of the meteors. Expect 10-15 meteors per hour. (While looking for the Leonid meteors, take the opportunity to scan the eastern sky for Comet Ison.) Remember that most meteors have traveled away from their radiant by the time they enter the Earth's atmosphere, so they may appear in any region of the sky.

The Summer Triangle (western horizon) bequeaths the overhead skies to the Great Square of Pegasus—centerpiece of autumn's night sky—accompanied by Andromeda, Aries, Pisces, and Aquarius. The Big Dipper (Ursa Major) seems to touch ground on the northern horizon. Taurus, Orion, and Gemini crest the eastern horizon, hinting at the brilliant winter sky to come.

**Moab UT (at City Hall)**  
 38°34' N Latitude - 109°33' W Longitude  
 4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

**COMET ISON**

Stay tuned to <http://www.universetoday.com/104818/comet-ison-a-viewing-guide-from-now-to-perihelion/> for the latest news on Comet Ison's swing around the sun. The comet is expected to reach naked-eye visibility sometime during the month. On November 5 it passes from Leo into Virgo. On November 18 it passes within 0.38° of Virgo's brightest star Spica. (Spica rises in the eastern sky about an hour before astronomical twilight begins to brighten the morning sky. Find Spica by following the arc of the Big Dipper's handle down towards the east to red-orange Arcturus. Continue the arc to blue-tinged Spica.) On November 22 Ison passes into Libra and reaches perihelion (closest point) with the sun on November 28. Perihelion to the sun marks the make or break point for comet viewers. If the sun's gravitational pull breaks the comet to pieces, it fizzles into obscurity. If Ison survives the pass intact, then let's hope that it flares to a brightness that rivals Venus, if not the full moon, as earlier predicted. The Universe Today website posts a calendar and maps to assist in finding the comet.

**VISIBLE PLANETS**

- Jupiter** rises before midnight on November 1, but jumps quickly forward into the evening sky after daylight saving time ends on November 3. By month's end look for it between 8:00pm and 9:00pm on the eastern horizon in Gemini. (Magnitude -2.3)
- Mars** brightens slightly this month as it moves across the base of Leo. On November 27 the small red planet moves into Virgo. (Magnitude +1.3)
- Venus** sets about one hour after astronomical twilight darkens the night sky. On November 6 it appears near a waxing crescent moon. Venus remains in Sagittarius (low on the western horizon) throughout the month and brightens slightly as it moves closer to the sun. (Magnitude -4.6)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5°. Middle, ring, and little finger touching represent about 5°. The width of a fist is about 10°. The fist with the thumb extended at a right angle equals 15°. The hand stretched from thumb to little finger approximates 20-25°. The diameter of both the full moon and the sun spans only 0.5°. Adjust for the size of your hand.*

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/> To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

# HIKING HAPPENINGS

## Brumley Creek – Murmurings Of Fall

by Marcy Hafner

In upper Gold Basin, far beneath the towering peaks of Tukuhtnikivatz, Tuk No, Laurel and Peale, a heartbeat of water is born. A century or more ago prospectors searched for gold along its pulsating shores, a man named Brumley operated a sawmill and a rugged dirt road wandered along its banks.

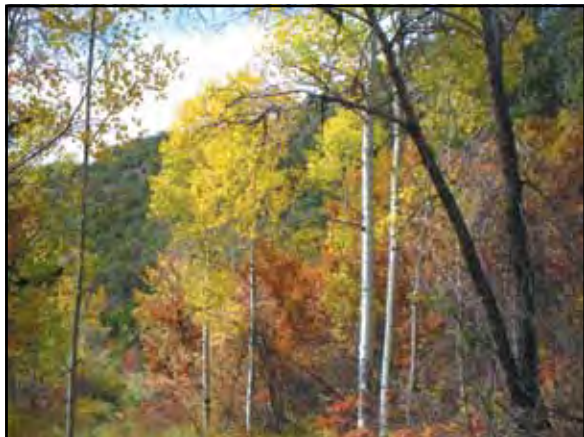


The miners and sawmill are long since gone, but parts of that primitive road still exist.

Brumley is an illusive creek. During the full flush of spring runoff, it's a crazy fool lover surging on a crash course to meet up with Pack Creek. After that huge fling the rush is over, and this fluctuating throb of water has a tendency to mysteriously disappear. Often when it crosses the Squaw Springs Trail, it is shyly tucked away underground, but then a short distance further it re-emerges in a thunderous surge tumbling down a crack in a huge rock wall that is popular with climbers.



By the time this unpredictable flow has reached the pinyon-juniper country, it is usually hunkered down



again just barely below the surface where enough moisture sustains a wealth of water loving plants and trees. But whenever we are blessed with an abundance of rain, this secretive stream once again crawls out from under and bounteously runneth over.



Since the snow has started to fly in the mountains, the time has come to move my hiking venue down to lower elevations. Recently I discovered that at approximately 7,000 feet, a loop walk around Brumley Creek is a perfect location for that transition, and on a gorgeous Indian summer morning in late September I am on my way.

To get there I head south out of town on Highway 191 for approximately eight miles and turn left at the sign for the Ken's Lake-La Sal Loop Road. At the stop sign I turn right on to Spanish Valley Drive, which quickly becomes the La Sal Loop Road. Then I drive nine more miles and turn on to a dirt road shortly after mile marker 15.



After an abrupt drop, I park, grab my pack and start walking down the jeep road through the pinyon pines and junipers. Immediately I'm stepping over a bright yellow cattle guard, and once my feet are firmly planted on the other side I linger to cherish the clusters of lovely lavender asters; too soon these late bloomers will be gone. Then I turn my concentration to the big picture - a tangled web of mesas, plateaus and canyons - an expansive landscape stretching for miles and miles before it bumps up against the horizontal silhouette of the Henry Mountains and the Abajos - a portrait that never ceases to astound me.

Eventually I reach a cliff wall crayoned with varying hues of brown, black, yellow and gray. This formidable fortress above the Brumley-Dorry confluence consists of sandstone but deceptively looks as smooth as polished marble. From the creek's nourishing bottom Douglas firs shoot up straight and tall, while on top prickly pear cactus precariously cling to the edge, where bolts mark the evidence of climbing activity.

I want a more in-depth look down, and walk ever so gingerly along the edge for a better perspective of this carved out gorge. Then I quickly step back. I've had



enough of this on-the-edge position! One little misstep and it's oopsy, daisy, down I go!

Leaving my cliffside balcony, I mosey on down the road. Passing through a log fence with a wide-open gate, I quickly drop down to the dry creek channel. Now I am



under the spell of a riparian paradise filled with the murmurings of fall as I savor the musky cidity fragrance - the flaming oaks - the golden aspen leaves fluttering in the breeze - the changing colors of the box elders - the crackling leaf-crunch underfoot - and the nostalgic sharp crispness of the air on a bluer than blue sky day.



Once I have walked approximately 1.3 miles, I take a right on to a seldom-used, easy to miss crossing over Brumley's dry belly to follow a jeep road that goes to the ridge between Brumley and the Dorry Creek drainage. Huffing and puffing I climb up a steep grade through a canopy of oaks until eventually I enter a dryer land dominated by pinyons and junipers. Now I can feast on an unrestricted view across Dorry Canyon and over to the spectacular presence of Mount Tukuhtnikivatz and Tuk No, which are flanked expansively in the foothills by the full blown autumnal plumage of oaks and aspens.

Upward the road travels as it snakes below a rock wall. The further I go, the more encumbered the course becomes with rock debris until there's hardly any wiggle room left - a narrow, almost impossible passage for many off-road vehicles. Along this upper route two gates must be opened and closed as I march along past three abandoned uranium mines with the remains of a wooden frame structure, a deep tunnel and a metal-lined wooden shoot.

There are various forks to choose from, but I always pick the more direct course back to Brumley. Then after



a long downhill that drops back down through the oaks, I finally reach the creek where water really does flow.

With only a mile left to go in this glorious 6.5 mile hike; I decide it is most definitely time to take a break! Kicking back I relish this relaxed opportunity to continue sampling the essence of fall, while watching a downie woodpecker pecking on a tree, listening to the nasal yank of a white-breasted nuthatch and catching a fleeting glimpse of a Steller's jay.

After crossing the creek, I go left for the easy stroll back, but with a rapidly descending sun I pick up the pace. Suddenly I slam on the brakes. Whoa, there's a big brown fuzz-ball ahead - a bear waddling into the road! And what's more, she has two very small frolicking cubs bringing up the rear! I'd be crazy to argue the right of way with Mama Bear, and I give her a wide berth as she tosses me a cursory glance. Then she and her rambunctious kids wander off into the brush while I ever so cautiously tiptoe on by, continuing my merry way back to my car.



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# NATURE HAPPENINGS

## November Bighorns

November starts the breeding season for desert bighorn sheep, although bachelor males may join groups of ewes, lambs and yearlings earlier in the fall. When things start to heat up during this season, older rams



establish their dominance over younger rivals through posturing, chasing and body slamming. As older rams establish the hierarchy, the importance of their massive horns comes into play. If posturing doesn't settle the dominance question, males engage in the classic head banging activity to determine who is "top ram." At times, the resulting crash echoes off of the canyon wall like a rifle shot.

During the time of the Ancestral Puebloans, bighorn sheep roamed the canyons of southern Utah. Petroglyphs and pictographs of these magnificent animals grace many a canyon wall. Artifacts from the sheep include hides, ladles made from flattened horns, and



bone tools. Of course, bighorn, mule deer and elk were consumed for their meat, along with jackrabbits and cottontails.



Suited for this rocky terrain, the desert bighorn has powerful leg muscles for scrambling up rocky slopes, sprinting across the rugged terrain or for leaping off ledges with unquestionable faith. In addition to their body strength, the sheep's eyesight and acute hearing makes sneaking up on one a near impossible task.

Both sexes have horns, although the males' horns become massive and curled with age. Growth rings around the horns provides their age, each ring represents a year. Though the females also have horns, they are smaller and roughly the size of a yearling male's horns.

Unlike antlers which are shed each year, a desert bighorn's horns are permanent. A sheath of keratin covers a bony core that is honey-combed with air chambers to reduce the overall weight, but maintains strength.

The horns have a growth ring for each

season which enables biologists to determine the sheep's age. To truly appreciate the size and strength of these horns, one has to watch out for the autumn rut.

Periodically, the Utah Division of Wildlife Resources (UDWR) relocates sheep. These transplants are to either establish new herds or add to existing ones. Though bighorns were once widespread throughout Canyon Country, diseases spread from domestic sheep took a toll on wild populations. A recent relocation along the San Juan River will hopefully bolster herds in that area.



By Damian Fagan

During November, these groups of bighorn are not as skittish as during the rest of the year. The sheep may be viewed from a distance without fear of them running away.

Quiet observation often leads to some spectacular displays. Besides along the San Juan River, other good viewing areas are in Canyonlands National Park along the White Rim Trail, in Arches National Park near the park entrance, along

Long Canyon off of the Potash Road, and in the basins below Dead Horse Point State Park.

But for guaranteed sheep sightings along the Potash Road, keep an eye out for bighorn images etched on the canyon walls hundreds of years ago by the area's native, sheep-watching inhabitants.



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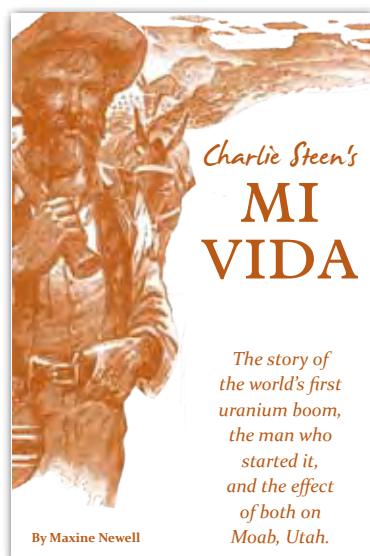


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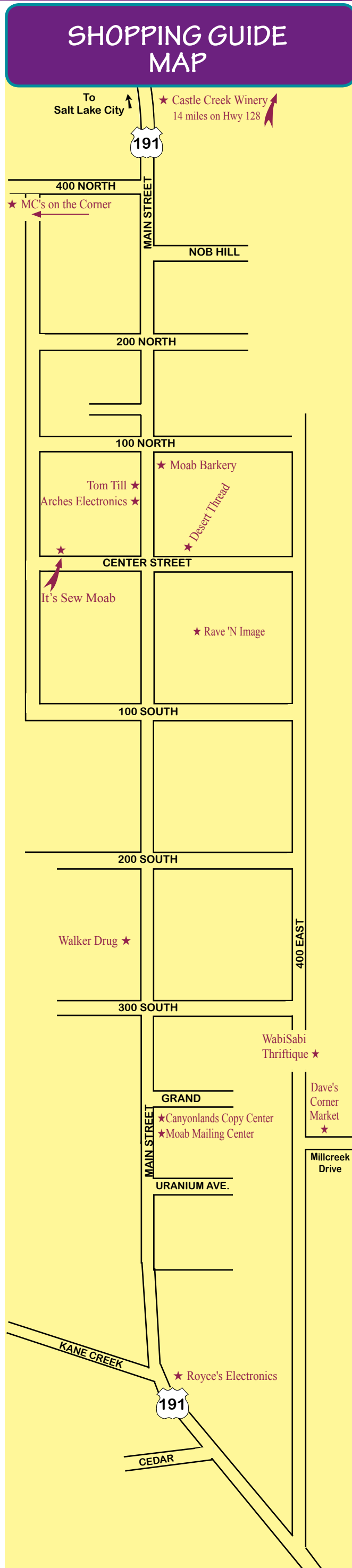
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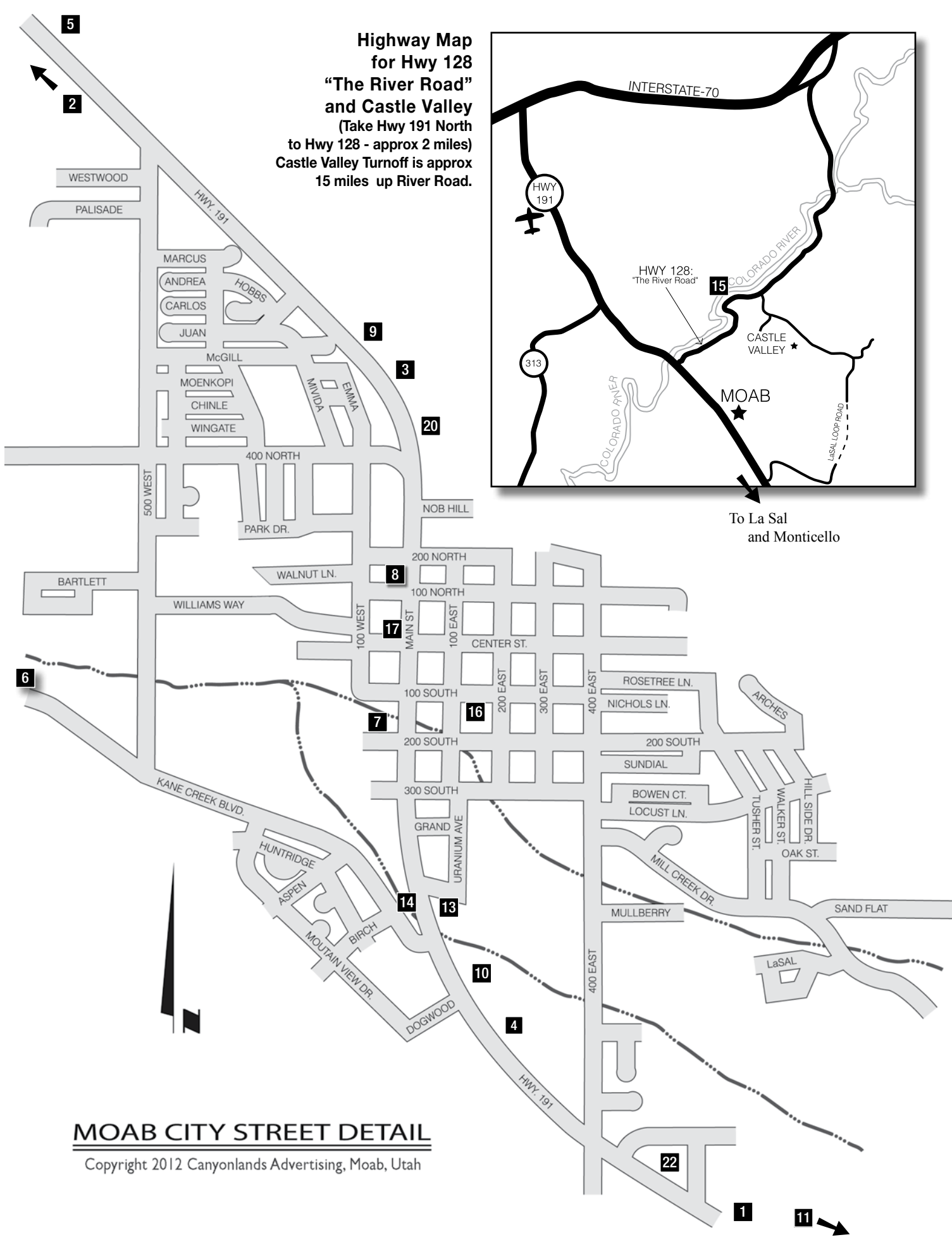


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## Moab Worship Services Directory

Assembly of God • 1202 South Boulder Avenue.....259-7747	Grace Lutheran Church
Bahá' Í Faith ..... (435) 650-5778 or (575) 649-8381	360 West 400 North .....259-5017
Canyonlands Fellowship 111 East 100 North.....260-2434	Jewish Interfaith Beit Moabi www.beitmoabi.org.....260-0241
Church of Jesus Christ of Latter-Day Saints First & Second Wards • 475 West 400 North.....259-5566 Third, Fourth & Fifth Wards • 701 Locust Lane.....259-5567	Kingdom Hall of Jehovah's Witnesses 25 West Dogwood.....259-7363
Community Church • 544 MiVida Drive.....259-7319	Moab Baptist Church • 356 West Kane Creek Blvd. ....259-8481
Episcopal Church of St. Francis 250 South Kane Creek Blvd .....259-5831	Quaker Worship Group • 81 North 300 East.....259-8178
First Baptist Church SBC • 420 MiVida Drive.....259-7310	River of Life Christian Fellowship 2651 East Arroyo Rd.....259-8308
Four Corners Faith & Worship Ministries .....259-0041	St. Pius X Catholic Church • 122 West 400 North.....259-5211
Friends in Christ Free Lutheran Church 1240 South Highway 191.....259-4378	Seventh Day Adventist 4581 Spanish Valley Drive.....259-5545
	The Church of Christ • 456 Emma Boulevard.....259-6690

# MOVIE HAPPENINGS

## Stunts Stars And Legends: Robert M. Porter

articles and drawings by John Hagner

Bobby is an American actor and stuntman from Long Beach, California. In 1973 he played the role of Cornelius the son of Caesar in Battle for the Planet of the Apes. Porter has happy memories of his first movie acting role. He as in college and fondly remember skipping class to go monkey around. 'Battle' was the first film he did as an actor rather than a stuntman. The Apes films had gotten down to very slim budgets by this time. He was hired after the stunt coordinator,

Paul Stader, introduced him to the director, J. Lee Thompson, one of Hollywood's true gentlemen. Roddy McDowell was a legend. Bobby couldn't have had a better mentor. The 4 a.m. makeup calls and miserably long days were quickly forgotten when he stepped on the set and began his magic.

Bobby wore the ape make-up again in 1974 when he played the part of young Arno in the pilot episode of the Planet of the Apes television series.

Porter was one of the stuntmen featured in "Slaughter of the Innocent" filmed in Moab in 1993. He was also footprinted in cement at the Hollywood Stuntmen's Hall of Fame during the filming.

The portrait drawing of Bobby Porter is by John Hagner as well as all of the other pieces of art work in his articles.

John's talents as an artist has gained the title of "Artist of the Stars", having done hundreds of Celebrity drawings since 1946, when, as a first class seaman in the Navy he was assigned to the Chaplain's office as his assistant and illustrated for the ship's newspaper. His first movie star drawing was of June Allyson, which is done in pastels.

His art work is popular in many places, including Europe. He is available to do portrait drawings for anyone. Contact him at 435 260-2160, or email him at johnhagner@hotmail.com.



Bobby Porter

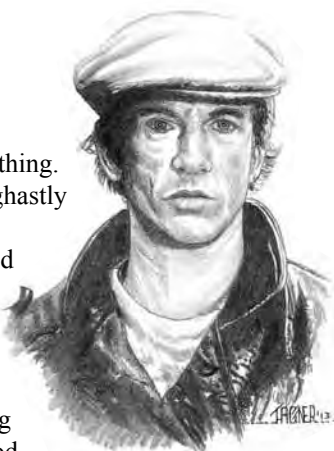
## Hal Needham —

Stuntman and director of action films, and honored inductee into the Hollywood Stuntmen's Hall of Fame, dies at 82. Hal Needham, a veteran Hollywood Stuntman who later embarked on a less dangerous career as a director of action movies including, "Smokey and the Bandit" and "Cannonball Run" both of which starred his friend Burt Reynolds, died Friday, October 25, 2013 of cancer. During the course of his career, Hal said in a speech at the Academy Awards last year, that he broke 56 bones including his back twice. He punctured a lung, had a shoulder replaced and knocked out several teeth. He invented several new stunt methods and devices-among which was the introduction of air bags for breaking falls, prompted by watching pole-vaulters-as a way of saving himself more trips to the hospital.

Arnold Schwarzenegger commented on Twitter ... "I'm still grateful he took a chance with me in "The Villain" which starred Kirk Douglas in 1979. I'll miss him.

Hal Needham was born way back in the hills of Arkansas during the Great Depression. He was a paratrooper in the U.S. Army. He is an honored Inductee in the Hollywood Stuntmen's Hall of Fame and was footprinted in cement in 1975 in Palmdale, California where the Hall of Fame first opened its doors to the visiting public.

In 1989, the Hall of Fame opened its doors here in Moab Utah, where it was open until 1995. It has been in storage ever since. Anyone wishing to make a tax-deductible donation may do so by sending your donation to: Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. Moab UT 84532



Scott Glenn



Hal Needham

## Movies Made in Moab

### SLAUGHTER OF THE INNOCENT (1993)

Director: James Glickenhaus

Starring: Aaron Eckhart, Armin Shimerman, Scott Glenn and a host of others.

Filmed in Moab, Utah.

Fast plot about a moab nut who thinks he is Noah and collects two of every living thing. Detective Broderick, with help from his teenage son, gather evidence and find the ghastly horror of this schizophrenic man who kills and kidnaps for his so assumed god.

After a double homicide is blamed on a solitary orphaned loner, a seasoned Fed believes the police have the wrong man. After the 'convicted' suspect is executed, a murder of a store clerk and then a child kidnapping occurs which mirrors the child homicide. Despite the fed's claims, no one believes him, other than his child-genius son who sets out on his own investigation to help his father expose and stop the true double child murderer, who's long time religious abuse and torture has driven him into being convinced he's on a fanatical crusade to build a new ark for an upcoming apocalyptic flood.

# MOAB CLUBS & ORGANIZATIONS

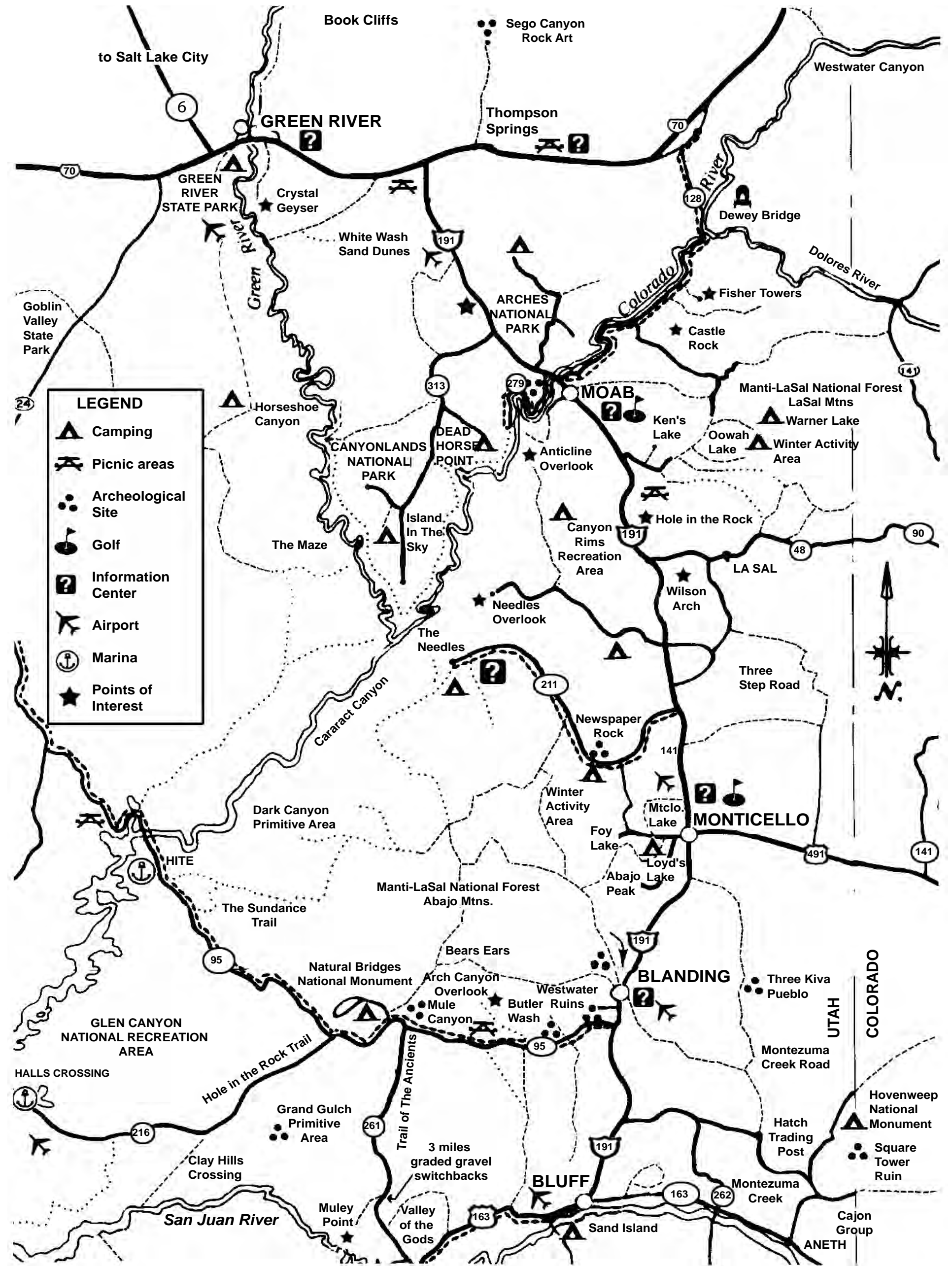
For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alan .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	435-249-4959
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom) .....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Bikers Against Child Abuse (B.A.C.A.) .....	210-4421	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Rock Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Colorado Outward Bound School – Moab basecamp (Chris Benson) .....	435-259-5355	Moab Rotary April Action Car Show .....	260-1948
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Ropers Club (Terry Lance) .....	259-9972
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Michele Blackburn) .....	259-0816
Delicate Stitchers Quilt Guild (Shauna Dickerson) .....	259-0906	Moab Teen Center-Club Red .....	259-9991
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Zaida Agreda or Leticia Bentley) .....	259-5444
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Canyonlands Health Care (Tom Edwards) .....	260-1504	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Parent Teacher Association (Tiffany Saunders).....	259-5830
Friends of the Grand County Library (Adrea Lund) .....	259-1111	PleinAir Moab (Sandi Snead).....	435-686-2545
Grand County Public Library .....	259-5421	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Red Rock Astronomers.....	259-4743
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock Forests .....	259-5640
Grand County Democratic Party (Mike Binyon) .....	259-1633	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County 4-H (Marion Holyoak) .....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Extension (Michael Johnson).....	259-7558	Rotary Club (Kyle Bailey).....	259-6879
Grand County Food Bank .....	259-6456	The Salvation Army, Moab Service Extension, (Lenore Beeson).....	435-260-2135
Grand County Hospice (Tracey Harris).....	259-7191	(or Sara Melnicoff).....	259-0910
Grand County Prevent Child Abuse .....	260-1039	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Humane Society of Moab Valley .....	Animal Services 259-4862	Senior Center (Verleen Striblen).....	259-6623
Ladies Golf Club (Chris Corwin).....	259-5344	Sierra Club (Marc Thomas).....	259-3603
La Leche League (Kathy Grossman).....	hkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International .....	259-5767
Moab Arts Council (Theresa King) .....	259-2742	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Arts Festival (Gayle Weyner).....	259-2742	Utah Friends of Paleontology – Gastonia Chapter (Joel Nowak).....	435-587-9968
Moab Arts & Recreation Center (Laurie Collins) .....	259-6272	Utah Conservation Corps (Rachel Senft - southern office / Moab) .....	259-0029
Moab Bird Club (Nick Eason).....	259-6447	Valley Voices (Marian Eason).....	259-6447
Moab Chamber of Commerce (Jodie Hugentobler) .....	259-7814	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab City Recreation (John Geiger) .....	259-2255	Young Life Moab .....	260-0285
Moab Community Dance Band (Miriam Graham) .....	259-8311	WabiSabi (Jeff Cohen)www.wabisabimoab.org .....	259-3313
Moab Community Theater (Kaki Hunter).....	259-8378	Word Watchers (Nancy Kurtz).....	259-0734
Moab Country Club (Rob Jones).....	259-6488	Youth Garden Project (Delite Primus).....	259-BEAN (2326)

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# SOUTHEAST UTAH MAP



## Travel Advisory: SR-128 Safety Improvement Construction

The Utah Department of Transportation will begin a project to install guardrail on a curve of state Route 128 west of the Dewey Bridge. Due to the narrow width from mileposts 28 to 29, workers will close the road during the night to make room for drilling operations.

Beginning the evening of November 4th, construction workers anticipate beginning a series of complete road

closures Monday through Friday nights from 10:30 p.m. to 7:30 a.m. Construction is expected to last several weeks. The project team will issue updates as the project proceeds.

A single lane will provide alternating access through the project during the daytime with minor delays. Wide loads should use an alternate route. No restrictions are anticipated for weekend travelers.

Road users can get the latest closure information by monitoring the UDOT Traffic website or UDOT App available through [www.udottraffic.utah.gov](http://www.udottraffic.utah.gov)

To request project updates please email [jobs@double-e-inc.com](mailto:jobs@double-e-inc.com). Questions regarding construction can also be answered by calling (435) 564-6572 and make sure to mention you read about it in the Moab Happenings.

# ASTROLOGY HAPPENINGS

## Your Horoscope for November 2013

By Robert Wells

November promises to be a very interesting month. The aspects of last month enlarge and grow stronger on the 1st to the 3rd. It is a time of powerful changes and empowering decisions that will shape everyone's future for the next year. Such is the power of Scorpio. On the 6th we all take a renewed attention to our obligations and commitments. The 7th and 8th are an easy time, filled with joy and love. By the 9th though, we feel moved to get a move on and get matters taken care of. The energies from the 9th to the 11th charge us all with inspired thinking that gives birth to new plans and products. If you come up with something, the 12th will be an excellent day to promote it. Passions are misdirected on the 14th and 15th and it could lead to some romantic spats and upsets. By the 19th and 20th, mental energies are corrected and everybody is moving forward again. We should all avoid selfish motivations on the 24th and look to the 25th to make any decisions. The last three days of November are easy and happy. Take advantage of the rays from Heaven.

New Moon: 3rd, Full Moon: 25th

Holidays: Veteran's Day 11th, Thanksgiving, 28th.

Oct. 24 - Nov. 22



**Scorpio:** Happy Birthday, Scorpio. You are ready to strut your stuff on the 1st through the 3rd. Others will look to you for guidance and direction. You shine when facing your obligations on the 6th. Romance is in the wind on the 6th and 7th. Mercury and Neptune fire your imagination on the 7th and 8th. You shine at a church function on the 12th. Handle those you love very carefully on the 14th and 15th. Positive thinking gets you further than you expect on the 19th and 20th regarding a legal matter. Avoid a Me First attitude on the 24th. You come to a major decision on the 25th that effects how you handle yourself in the future. From the 27th to the end of the month you relax and take things as they come. A very nice and winning November.

Nov. 23 - Dec. 21



**Sagittarius:** This first week of November you may wish to step back from all the hoopla and just let things roll along. From the 1st to the 5th you have that opportunity. On the 6th a private pressing need requires your attention. The 7th and 8th are a good time to review your financial standing and balance the checkbook. You handle a task of importance on the 9th and find that in so doing your mind is sparked with some great ideas until the 11th when you have a space to promote them to others. Guard your finances on the 14th and 15th and avoid spending if possible. You can show the world how smart you are on the 19th and 20th. You could be in a foul mood on the 24th, so avoid getting on others that are close. You make a serious decision about the future on the 25th. From the 26th to the end of the month you shine and your happy attitude returns.

Dec. 22 - Jan. 20



**Capricorn:** The social creature in you seeks others from the 1st to the 5th with happy results. In five days you'll be able to write a book about your adventures. You shoulder a commitment you made to a friend with a happy heart on the 6th. A secret admirer could reveal themselves to you on the 7th and 8th. You have the opportunity to move a mountain on the 9th and it moves you to bigger ideas until the 11th, then on the 12th you can tell everyone what's on your mind. Avoid trying to be dictatorial in romance on the 14th and 15th as it will work against your best interests. Your energy level is up on the 19th and 20th to accomplish your goals but avoid getting overly wrapped in them by the 24th. Be prepared for anything you hear from a friend on the 25th, either good or bad. From the 27th to the end of November you enjoy a relaxed feeling in your life as you breeze through the last days of the month.

Jan. 21 - Feb. 18



**Aquarius:** Now is the time to rake in the kudos and accolades in your career field. You shine from the 1st to the 5th more than you have all year. Hard work pays off. You show everyone how much by handling a major obligation with ease on the 6th. A new friend in your circle could catch your eye romantically on the 7th and 8th. A task you perform on the 9th gives way to inspire ideas on the 8th and 9th and your mind almost over flows and seeks relief on the 12th as you implement them. Don't be bullied romantically on the 14th or 15th and don't be guilty of it yourself. A positive attitude on the 19th and 20th helps to see a job well done. On the 24th you start a process of planning your year to come. Dream and plan big! You

make a major career decision on the 25th. From the 27th to the last day of the month you may seek the company of comrades and happy times in their presence.

Feb. 19 - Mar. 20



**Pisces:** Whether the matter is legal, church or college you shine brightly from the 1st to the 5th. All the planets are pumping the best energy they can in your direction and you are unstoppable. You demonstrate your resolve on the 6th by meeting a major obligation with dignity and grace. You attract the attentions of someone romantically in the office on the 7th and 8th. A task you perform for your spouse or business partners on the 9th gives birth to fledging ideas over the next two days, the 9th to the 11th, and you can promote those ideas on the 12th to your satisfaction at that time. That office romance could get dicey on the 14th and 15th and may cause you some concern. Knowing in advance of what is coming may stop you from taking the first steps in that direction earlier in the month. The 19th and 20th you're all about getting things done and handled. By the 24th you may wish to be alone for the day as your mood may not be that happy. From the 27th to the end of the month, though the energies lift and brighten your attitude.

Mar. 21 - Apr. 20



**Aries:** You are on a roll financially from the 1st to the 5th and your mood reflects that power. Joint financial matters are very good. This allows you to feel very good about meeting your obligations in a timely fashion on the 6th. A pretty new face in your church group could catch your interests on the 7th and 8th. A task at work sparks some inspired ideas for changes on the 9th to the 11th and you have to opportunity to stuff the Suggestion Box with them on the 12th. Restraining your passions on the 14th and 15th goes a long way to seeing a new romance continue successfully. Thinking, speaking and acting with a positive attitude on the 19th and 20th, wins you big points from others around you. Don't let it go to your head on the 24th, though. From the 27th on to the end of November you can breathe a little easier and enjoy the last days of the month.

Apr. 21 - May 21



**Taurus:** You relationships with your partners, either spousal or business are in fine stead from the 1st to the 5th. You enjoy the benefits that these relationships can provide. You recommit your feeling and loyalty to them on the 6th. You benefit further on the 7th and 8th when financial opportunities from friends are made known to you. You answer the call for assistance to a lover or a child on the 9th to their joy and gratitude and this gives you some ideas over the next two days that you promote with success on the 12th. Legal or romantic matters require restraint on your part on the 14th and 15th. A positive attitude gets you boat loads of praise on the 19th and 20th, however, be careful not to let it go to your head on the 24th. From the 27th to the end of November you enjoy a very peaceful atmosphere as you segueway into December.

May 22 - June 21



**Gemini:** You enjoy glowing health on the one hand and a have a great time on the job on the other from the 1st to the 5th of November. The energies redouble on the 6th as you tackle a sizable task with ease and amaze everyone around you. There's good chance to spend real quality time with your spouse on the 7th and 8th if you're married. You move project forward on the 9th and it gives you news ideas for the future that you can promote on the 12th. Remain calm if a storm erupts over the checking account on the 14th and 15th, as the fault may be your own. A positive outlook regarding money matters, matters on the 19th and 20th. Don't be selfish with yourself or your attentions to your spouse on the 24th. You carefully consider a major decision regarding your employment on the 25th. From the 27th to the 30th life turns easy and mellow, so enjoy the ride.

June 22 - July 22



**Cancer:** Either your love life or your children are a source of great joy and satisfaction from the 1st to the 5th. Making good on promises on the 6th is vital to them so take care of matters. If you are single there a chance to find romance at a social function on the 7th or 8th. While handling a matter for your children you may get an inspired idea on the 9th that you nurture until the 11th and then can promote on the 12th that serves them well. Avoid losing a friendship in the workplace on the 14th or 15th by being insensitive. Your Can Do attitude is welcomed by others on the 19th and 20th as you lead the charge in the office. Again on the 24th, your attention not to be selfish is



*Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."*

required by someone in need. From the 27th to the end of the month, November ends on a peaceful and quiet note.

July 23 - Aug. 24



**Leo:** Your home is the centerpiece for your happiness on the 1st to the 5th. If you're planning a party, then is the time to have it. You attend to serious matters on the 6th by meeting an obligation and getting it out of the way. The 7th and 8th are great days for finding romance if you are out and about. A home repair gives you inspiration for a new idea that you work over until the 11th and promote to others on the 12th as a means to generate more income. Avoid pressing matters of unbridled passion on the 14th and 15th, as it may be inappropriate. Your sunny disposition and Can Do attitude not only lightens your load, but everyone around you on the 19th and 20th. Avoid being selfish with your resources on the 24th. You make a heavy decision regarding your home on the 24th. From the 27th to the last day of the month you enjoy a lighter atmosphere and big smiles.

Aug. 24 - Sept. 22



**Virgo:** You are the bearer of glad tidings to everyone from the 1st to the 5th with your sunny disposition. On the 6th you handle a standing obligation with ease. Romantic good times are possible at home on the 7th and 8th. On the 9th a task or errand gives you an idea that stews around until the 12th at which time you can promote it with success. A misguided romantic overture could cause you grief on the 14th or 15th. You show your moxie and positive mental attitude on the 19th and 20th to move a mountain in your life. Selfish motivations can mar the day on the 24th. Be forewarned. A serious matter is resolved on the 25th as solid thinking and acting serves all involved. From the 27th to the 30th life slows and you can enjoy the late fall weather by getting outside.

Sep. 23 - Oct. 23



**Libra:** Your financial situation should be very solid and you should be very happy about that from the 1st to the 5th and the cash comes rolling in. This allows you to meet some serious obligations on the 6th with ease. More financial news finds you on the 7th and 8th that even further delights you. A behind the scenes task that you perform for someone in need gives you some good ideas that you can perfect by the 11th and them promote on the 12th, to their success. Caution is advised on the 14th and 15th as your spouse may surprise you in way you hadn't expected, and it may require you to be sensitive to their feelings. A positive attitude gets matters in the office moving in a successful direction on the 19th and 20th. Careful with you say on the 24th as someone might misinterpret it as arrogance in the workplace and take offense. You make a serious decision for the future regarding your financial situation on the 25th. From the 27th to the end of the month life is mellow and calm. Just the way you like it.



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info@moabhappenings.com

# PET HAPPENINGS

## The Give and Take of the Howl-i-days

by Jessica Turquette, co-owner of the Moab BARKery

The Holiday season, is upon us. Most of us gather for the holidays to spend time with family and friends, so naturally pets are amongst the group too. We see relatives and friends that we haven't seen for years and sometimes we lose track of what's going on with Fluffy and Fido. Since the holidays are a time for joy we want to help you prepare yourself and home so everyone including the pets can have a good time and you can put your mind at ease and enjoy the company.

We have all slipped the dog waiting patiently at your feet a little piece of turkey here and there, after all it's the season for giving. Think twice about what you are handing out. Dogs and cats are very sensitive to salt, sugar and fat which if your meal is done by tradition should be mostly what you are eating these holidays. That turkey from Thanksgiving wasn't just turkey, but lots of salt and pepper and a healthy coating of fatty gravy too. If you give a hand out, there is also someone else willing as well, so keep in mind that your "little gift" could be one of many. An overfed, bloated pet is cause for concern or even an expensive trip to the vet!

Here are a few things to keep away from your pets during those special holiday occasions:

**Raw bread (or any yeast based) dough:** The yeast will expand in the stomach causing extreme pain, bloating and some seriously wicked gas. Phew!

**Dessert:** Sugar is bad, really bad for dogs but artificial sweeteners like xylitol are deadly even in tiny amounts. No chocolate either, most people know it's toxic to dogs but the darker the more dangerous. Stick to the dog biscuits. We suggest having a bowl with very small treats for your giving family and friends to share with the dogs or cats.

**Poinsettia's:** These beautiful flowers are a regular tradition for Christmas, but just like most red plants they are dangerous. If you're getting one of these beauties for friends think twice if they have pets. Many people don't know how toxic they can be to nibbling kitties.

**Christmas tree tinsel:** This can prove to be too tempting for your kitties and not only will they play with it (and potentially pull the tree down), but if ingested tinsel can twist their intestines while their body is trying to pass it and cause lots of painful and expensive damage to their digestive tracts. This goes for decorative ribbons on presents too. A twisted bowl is deadly for cats or dogs.

**Tree lights:** These can be dangerous if they chew the cord, so consider a bitter chew deterrent if your pets have this curious habit (make sure to spray it on while the lights are unplugged!).

Now you have a good basis of what to keep away from your pets during the holidays, you should honor the idea of giving too, so here is a list of things to GIVE to your pets:

**Something to chew and occupy their time:** Even though the house is full of people, your pets may not get as much attention. Consider long lasting chews like

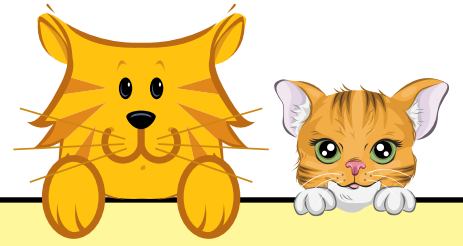
Bully Sticks, elkhorns, or a Himalayan Yak chew. These treats often last longer than rawhide chews and are more digestible. Just make sure that you keep an eye out to ensure they are NOT eating it too fast. Another treat that takes time is a Kong (for cats or dogs) filled with a little low sugar peanut butter (or for cats, cat treats like bonito flakes). Freezing the Kong with stuffing can make the treat time last even longer and give them more of a challenge.

**A safe space away from all the action:** Not all pets are social butterflies, and often with strangers in the house they can be stressed out easily, especially cats who are not as attached to people as they are their territory. Often a closed bedroom, basement or bathroom out of the way can give them a necessary break. If you know you have a pet that is less than thrilled with a group of visitors consider boarding them over the holidays too. Most boarding facilities are open over the holidays for that very reason.

**A jacket for cold weather:** If your dog doesn't have a nice thick double coat and they spend a large amount of time outdoors consider something to keep them warm. Yes we know it's dressing up the dog, but

they will thank you for it. There are a wide variety of ways to dress them warm, from light vests, warm hoodies, and even heavy fleece. The most important part to keep warm is their chest and feet. These two places are where 80% of their body heat is exchanged. There are even booties lined with fleece to keep their feet warm in the snow, and keep out those little balls of snow they get between their toes.

**Warm, elevated outdoor shelter:** If you or the dog does not want to dress up, you can ensure their outside shelter is size appropriate, insulated, and up off the ground to keep them comfortable. A dog house left directly on frozen ground will stay as much as 24 degrees colder than one just a mere 3" inches off the ground, and if it's tight quarters then their body has to make less heat to stay warm too. Consider using straw under and in their dog house to help insulate them from the cold temperatures.



### Humane Society of Moab Valley

435-259-4862 • www.moabpets.org

#### November 2013 Events

- November 2- Cat Adoption Day at the Moab BARKery from 11am - 1pm
- November 9 - Dog Adoption Day at City Market from 10am -12pm
- November 16 - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- November 23 - Dog Adoption Day at City Market from 10am -12pm

Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.

### The Bark Park - Off-leash Dog Park



Location: 100 E 300 S

The Bark Park is located at 100E 300 S. Separate small and large dog areas are provided within the 1 acre enclosure. Use is free; it is also a privilege. Please clean up after your pet and please obey all posted rules and regulations. Thanks!

## Dog to Dog Interactions

Author & Dog Behaviorist - Sue Sternberg

Seminar will provide amazing slow motion video of dog to dog interactions. Focusing on dog park interactions and what owners can do to assist their dogs in all situations. Seminar is free, so any donations will benefit the Humane Society of Moab Valley.

Sue Sternberg is the head of Rondout Valley Animals for Adoption, and has over 23 years of canine behavior experience, including as an animal control officer, a behavior consultant at ASPCA, a kennel and animal shelter owner, a successful competitor in a variety of dog sports, and a teacher of dog trainers.

**Wednesday**

**Nov. 13<sup>th</sup>**

**6 - 7:30 PM**

at Moab BARKery

82 N. Main

435-259-8080

Humans only, no dogs this time!



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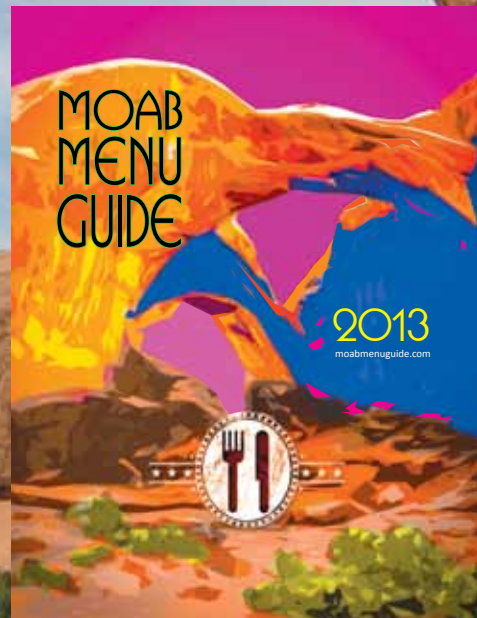
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# PLANNING AN HOUR, A DAY, A WEEK OR A LIFETIME IN MOAB?



Pick up your copy of these Moab publications available at many businesses in town.

[www.moabhappenings.com](http://www.moabhappenings.com)

## KZMU - Moab Community Radio 90.1 & 106.7 FM

P.O. Box 1076 • Moab, Utah 84532 Studio 259-5968 • Office 259-8824 • Fax 259-8763 contact us: [www.kzmu.org](http://www.kzmu.org)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00		<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>			7:00
8:00	Native Spirit / Native News	Native News 7:55am					Desert Diva / Native News	8:00
9:00	<b>DEMOCRACY NOW</b>							9:00
10:00	Jah Morning Reggae	Moab Mamas (everything)	<b>MOAB MORNING BLEND</b> Amarillo Highway	Tilted Park (Americana Classic Rock)	Apokalypse Cabbage/ Mixed Tape	Blue Plate Special (blues/rock)	Shine Time (Children)	10:00
11:00							Trailer Park Companion / Wayward Wind	11:00
Noon								Noon
1:00	Grass is Greener (Bluegrass)	The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	1:00
2:00						1-2-3 (funky world soul)		2:00
3:00	Red Rock/ Potluck (Classical)	Radio Mundial Radio MOONDial	Planet Picante	Bait and Switch	Roots, Music Express		Belagaana Review (fruit and nuts)	3:00
4:00			<b>WORLD MUSIC</b>			Fire on the Mountain	Tween Time (pre-teen fun)	4:00
5:00		Alternative Radio	Pirates & Poets	Moab Drive Time	Moab Drive Time			5:00
6:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)				Free Speech Friday Public Access	Big River/ Ranch Exit (twang)	6:00
7:00	<b>DEMOCRACY NOW</b>							7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz) The Watering Hole (blues)	Moab City Council Detroit Rebellion	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room/ Funky Soul Jam	Main Street Cruise!	8:00
9:00								9:00
10:00	Entre Las Piedras (Between the Rocks)	Transitions Radio	<b>MOAB AFTER HOURS</b> Conscious Party	Liberty Jam	Pandora's Box	Beat Monkey	Ill Beats Radio	10:00
11:00								11:00
12:00	<b>KZMU OVERNIGHT</b>						11 <sup>th</sup> hour or music from underworld	12:00

**KEY:**  Talk Shows  Easy Mix  Blue Grass, Country, Folk  Eclectic/World  Rock, Blues, Jazz, etc.  Heavy, Hard