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COLORADO RIVER P.M. HALF-DAY Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
WESTWATER CANYON FULL-DAY Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$169	\$169
TWO-DAY RAFT & CAMP All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)	\$255	\$185

HUMMER SAFARIS

	ADULTS	YOUTH (under 16)
SLICKROCK SAFARI Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 2pm (2 hrs)	\$81	\$49
GRAND SAFARI Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
SUNSET SAFARI The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

MOUNTAIN BIKING

	ADULTS	YOUTH (under 16)
HALF-DAY MOUNTAIN BIKING Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$85	\$85
CANYONLANDS SUNRISE DOWNHILL Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$100	\$85

ARCHES N.P. TOURS

	ADULTS	YOUTH (under 16)
ARCHES FIERY FURNACE HIKE Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm	\$81	\$61
ARCHES SUNSET TOUR Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

CLIMBING & CANYONEERING

	ADULTS	YOUTH (under 16)
EPHEDRAS GROTTO CANYONEERING Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)	\$99	\$84
DESERT ROCK CLIMBING Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)	\$99	\$84
HIGH ROPES COURSE Challenge course, safety gear & instruction, and southern Utah's highest swing! 3 hrs (min age: 10)	\$65	\$55

FLIGHTS & HORSEBACK

	ADULTS	YOUTH
HOT AIR BALLOON RIDES Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
CANYONLANDS SCENIC FLIGHT See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$165	\$165
CASTLE VALLEY HORSEBACK RIDE 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$70

JETBOAT TOURS & MORE

	ADULTS	YOUTH (ages 4-15)
CANYONLANDS JETBOAT Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$80	\$70
SUNSET JETBOAT & DINNER 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$70	\$60
DINNER & NIGHT SHOW 1 hr Dutch-oven dinner plus 2 hr light show on slow-moving boat ride on the Colorado River.	\$65	\$55

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MOAB HAPPENINGS

Volume 24 Number 12

MARCH 2013

FREE COPY

Canyonlands Half Marathon
March 16

Skinny Tire Festival
March 9-12

Easter Jeep Safari
March 23-31



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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

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Table Of Contents

Astrology	3B	Movie Happenings	13B
City Map	C	Nature Happenings	14A
Clubs & Organisations	15A	Needles & Thread	10B
Film & Photo Happenings	5B	Pet Happenings	15B
Events Calendar	4-5A	Restaurant Guide	7-11A
Healthy Happenings	2B	Shopping Guide	8-9B
Hiking Happenings	11B	Sky Happenings	12B
Jeep Safari Section	C	Southeast Utah Map	6A
Lodging Guide	6-7B	Trail Happenings	13A
Mountain Biking	12A	Western Happenings	3A

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WESTERN HAPPENINGS

Skinny Tire Events

March 9-12 brings road cyclists from around the country to enjoy four days of fully supported, world class road cycling routes through Moab's most spectacular landscape. Participants are treated to rolling spins along the Colorado River, to Dead Horse Point State Park, and the crown jewel of a ride through Arches National Park. The Festival quickly became a pilgrimage for cyclists eager to brush off the winter cold and venture into warmer spring temperatures in Moab. This cycling season opener has attracted riders from not only regional states, but throughout the nation and Canada.

What is it about the Moab Skinny Tire Festival that attracts roadies from all over? It's not just the amazing landscape where one's soul can come out and play, it's not just the inspirational views that make one feel both empowered and insignificant at the same time. It's a combination of that and the underlining emotions of hundreds of others coming together sharing a passion. For a reason!



Established as a benefit ride for cancer survivorship programs and research, all proceeds go back into changing the world of cancer. "We've had cyclists attending this event every year since its inception; we are like family. We've shared laughter and tears as we've all gone through some kind of cancer experience and put purpose to our cycling", said founder Mark Griffith. Cyclists register and are required to donate to a cancer related cause---of which there are many.

Over the past thirteen years, cyclists have donated \$3.6 million to cancer research and survivorship programs all over the world. All cyclists donate a portion of their fundraising to the two room cancer treatment and resource center at the Moab Regional Hospital, making it possible for those in the Moab community to get treatment and help locally should they be facing a cancer situation. "After months of driving to and from Salt Lake City for treatment, I was able to use our local hospital's facilities", said Arlo Tejada. "I can't tell you the difference it makes to be able to go home to my own bed following a treatment. In the past few months I heard the words I'd only been wishing for....that I was in

full remission. I appreciate the research dollars that made the new drug treatment I'm using possible, and I appreciate using my hometown hospital facilities and wonderful staff when I needed to".

Put purpose to your cycling and come ride with us! Ride one day or ride all four! Activities over the festival weekend include the world famous Banff Mountain Film Festival, a Cowboy Cookout at Red Cliffs Lodge, awards and private rides for Top Fundraisers, live music, and all around fabulous time. For more information visit www.skinnytireevents.com or call 435-260-8889.

Remember; every rider, every dollar and every spin of the sprocket is one step closer to finding a cure for cancer, all in one of the most breath-taking places on earth.





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MOAB AREA EVENTS CALENDAR



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March

- 1, 2 **Moab Community Theatre presents *A Company of Wayward Saints*** by George Herbert, see article pg 10B
- 1-3 **4th Annual Moab Women's Workout Weekend** Get a jump start on your summer fitness plan with a weekend of road biking, hiking, yoga, swim, and healthy nutrition. Functional fitness necessary but you don't have to be a triathlete to do this. Just the desire to enjoy the beauty of the desert with like minded women. Activities geared to beginner and intermediate levels. Includes lodging, meals, recipes, and life in balance activities. You can do this! For more information go to www.roaringforktriteam.com or contact Nancy at nrein@rof.net.
- 1-3 **Poison Spider Bicycles Spring Thaw** - A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit poisonspiderbicycles.com or call 435-259-7882.
- 2 **Semi-annual MRAC ATTACK Mini-Triathlon** sponsored by the Moab Recreation and Aquatic Center (MRAC), 374 Park Avenue, at 10:00 a.m. This community event is open to all and is intended to be both an individual self-challenge and a family participation event. Each event combines a run, bike ride, and swim. Participants may pre-register at the center's front desk or online through March 1, 2012 at www.activityreg.com. Event fee is \$10.00. Late registration (day of race) is \$15.00 and will be held from 8:00 to 9:30 a.m. at the MRAC front desk. Cutoff time for registration is 9:30.
- 2 **Puttin' On the Ritz 2013!** Seekhaven celebrates serving the Moab community with annual fundraising event. Held at Castle Creek Winery at Red Cliff's Lodge. on State Route 128. Kicks off at 5:30pm with a social hour followed by a prime
- 2 **Big Horn Gallery Artist Reception.** Discovering Utah through photography exhibit showing at the Bighorn Gallery at Dead Horse Point. Come meet photographer Jennifer Christopherson at her gallery opening from 12:00pm to 3:00pm. For more info visit stateparks.utah.gov/parks/dead-horse or call 435-259-2614. see article on page 5B.
- 2-3 **Zippity Do Dogs - DOCNA Agility Trial** - Competition of handlers directing their dog through an obstacle course in a race for time & accuracy at the Old Spanish Trail Arena (3641 S Highway 191). Courses include jumps, tunnels, teeter-totters, weaves. Public is welcome to come watch - (sorry, since this is a competition please leave your dogs home.) For more info call 970-261-2148.
- 5 **Moab Garden Club Meeting.** This month we will take a trip to Europe, visiting the land of tulips, Holland. Join us for a slide show of Floriade 2012; a world agricultural expo held once every 10years. We will also visit the Kuekenhof Gardens in 2012 where 7 million tulip bulbs attract 800,000 tourists annually. A seed and plant exchange will follow the slide show. For time and place contact Patty Larson @ 259-7941.
- 7, 8, 9 **Moab Community Theatre presents *A Company of Wayward Saints*** by George Herbert. See the ad on pg 3B and article on pg 10B.
- 7-9 **Blu Pig Live Music** 7pm-10pm, March 7 Scott Ibex (Rock & Blues), March 8 Bob Greenspan (Blues), March 9 Robby Overfield (Rock and Blues). See article on page 11A.
- 8 **Aggie Music Project Jazz Ensemble** at 7:00 pm in the MARC Gallery, 111 East 100 North. This event is sponsored by the Utah State University and attendees are invited to donate to the USU Moab Scholarship Fund.
- 9-10 **The Delicate Stitchers Quilt Guild will hold their seventh biennial Quilting in the Red Rocks Quilt Show** at the Grand Center, 182 N. 500 W, in Moab, UT. View traditional, antique and art quilts, wearable art and quilted home decor. Visit the Merchants Mall, have a quilt appraised, take a class, buy tickets for an opportunity quilt, and register for door prizes. For more info, go to www.moabquilts.blogspot.com, or email delicatestitchersquiltguild@yahoo.com. See article on page 4B.
- 9-12 **Moab Skinny Tire Festival** - Four days of spectacular road cycling to Dead Horse Point State Park, Arches National Park, and along the Colorado River Corridor. This thirteenth annual event inspires those living with cancer and benefits various research and survivorship programs. For more info visit skinnytireevents.com or call 435-260-8889. See article on page 3A.
- 13-16 **Blu Pig Live Music** 7pm-10pm, March 13 & 15 Bob Greenspan (Blues), March 14 Scott Ibex (Rock & Blues), March 16 Steward & Brown (Classic Rock). See article on page 11A.
- 9-14 **Horses Landing Moab Utah Vacation Clinic** - Horses Landing will hold its Moab Utah Vacation Clinic at the Old Spanish Trail Indoor Arena. Come train with us and learn some of the most advanced training concepts taught today by talented and highly regarded clinician, Jimmy Smith. Take your horse skills to a new level of safety, performance and enjoyment. Training will be held in the climatized indoor arena during the day and in the afternoons we will practice in some of the most stunningly beautiful scenery in the West. Complete clinic package pricing includes beautiful accommodations. For more info visit horseslanding.com or call 801-699-6884.
- 11 **Banff Mountain Film Festival World Tour.** The year's best films on Mountain Sports, Culture, and Adventure. For more info visit banffcentre.ca/mountainfestival/worldtour/ or call 435-259-4859. See ad on page 2A and article on page 5B.
- 13 **Second Wednesday Book Club at the Library.** *The River Wife* by Jonis Agee is March's book selection. All are welcome - 6:00 p.m. in the Grand County Public Library's Board Room.
- 13-16 **Community Rebuilds Permaculture Event** - Brad Lancaster and Joel Glanzberg will be spending 4 days in Moab defining permaculture, rainwater harvesting, and regenerative design. Morning classroom is closed, but all other events are open to the public. For more info visit communityrebuilds.org/events.html or call Emily for more info at 435-260-0501.
- 15-16 **Canyonlands Half Marathon and 5 Mile Run.** The scenic USATF sanctioned and certified course follows the Colorado River through a dramatic redrock canyon. Food, awards, raffle and live music await you at the finish in downtown Moab. For more info visit moabhalfmarathon.org or call 435-259-4525. See article on p. 1B.



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Zombie 5K Fun Run
Saturday April 13th

The Zombi 5k fun run is for those who like running and those who don't. Choose to be a runner and you will wear a flag football style belt with three life tags attached to it. You must complete the 5k run with obstacles while evading Zombies who will attempt to steal all three of your lives (life tags). Choose to be a Zombie and you will be charged with the task of taking those life tags. Prizes in each category. The Zombie and Zombie team who takes the most life tags will receive cash prizes. The Runner and Running team that crosses the finish line first with at least one life or one life per runner per team will win cash prizes. That's right your whole team has to make it alive! For more info visit www.zombi5k.com

DEADLINE for APRIL Events Calendar: MARCH 20, 2012

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

16-17 La Sal Mountain Outfitters 2nd Annual Indoor Extreme 3-D Archery Shootout .20 Targets Redding Style 3-D/10 Target Extreme 3-D/Vegas 450. 60% Payback Freestyle/Fixed Pin Class. Located at Old Spanish Trail Arena, 4 miles south of Moab, or go to our website www.lasalmountainoutfitters.com for a Google map, email us at lmoutfitters@frontiernet.net or call 435-259-1606.

17 ST. PATRICK'S DAY

20-22 Blu Pig Live Music 7pm-10pm, March 20 & 22, Bob Greenspan (Blues), March 21, Scott Ibex (Rock & Blues). See article on page 11A.

20 A Night of Poetry and Conversation featuring William Butler Yeats, 1865-1935. Presented by Nancy Kurtz at 6:00 PM at the Large Meeting Room, Grand County Library.

21 FREE FILM! Grand County Public Library and Utah Film Circuit: Moab are pleased to present *THE HOUSE I LIVE IN*. This award-winning documentary captures heart-wrenching stories from individuals at all levels of America's War on Drugs - a definitive portrait revealing its profound human rights implications. Join us for a post film Q & A with director Eugene Jarecki. 7 pm. Star Hall 159 E Center St. Call the library for more info: 435-259-1111 or go to www.moablibrary.org

22 Love Utah, Give Utah 24 hour Online Giving Event. Nine nonprofit organizations in Moab have teamed up to participate in this 24-hour online giving event. Visit www.loveutahgiveutah.org to show your love for one or more of the organizations that make Moab special! BEACON Afterschool Program - Canyonlands Field Institute - Club Red Teen Center - Grand Area Mentoring - Moab Folk Festival - Moab Free Health Clinic - Moab Pride - Moab Valley Multicultural Center - Seekhaven. See article on this page.

22 Museum Movie Night - Join the Museum of Moab for a special double feature of *Million Dollar Drill Holes* and *This is Mi Vida*, films commissioned by Charlie Steen during Moab's Uranium Boom. Recently digitized, these films tell the story of Uranium Mining in Moab during the 1950s. Admission is free but donations are appreciated. 6:30 pm @ Star Hall.

23 WabiSabi Gear Swap Shop and swap quality used sports gear in the Thriftique parking lot - 9 am 'til noon. Climbing, hiking, boating, horseback riding, biking, whatever your sport may be! Call 259-2553 for more information or to be a vendor.

23 Red Rock Rumble V to be held at the Old Spanish Trail Arena. Pro and Amateur Mixed Martial Arts Event featuring local and out of town fighters. Our tickets for Red Rock Rumble V are on sale now. You can buy them at Moab Chevron or South Town Gym. General Admission is \$30.00 and VIP is \$35.00 in advance. For more info visit the Red Rock Rumble facebook page.

23-24 Moab 100 Mile & 50K Endurance Running Races. This year's races (6 Hour Nighttime Fun Run, 12-Hour, Team Relays, and Solo Challenge) will be run on the beautiful Monitor and Merrimac trail 16 miles North of Moab. For more info visit geminiadventures.com/new/?page_id=95 or call 303-249-1112.

23 Mata Ortiz Pottery Demonstration Green River Potter Martha Martinez and her family demonstrate the pottery styles of northern Mexico. Martha and her family came to Utah to escape escalating violence in her native Mexico. Growing up in Mata Ortize, Martha learned traditional Puebloan pottery styles from master potter Juan Quezada. Martha and her family will demonstrate the creation, painting, and even fire a pot on site at the Museum. Join us for this exciting piece of history in the making. At Museum of Moab at noon.

23-31 2013 Moab Easter Jeep Safari Trail rides, mostly day long trips, departing from Moab throughout this week long event. The Red Rock 4-Wheelers of Moab officially runs approximately 9 different trails every day, with "Big Saturday" culminating in the largest ever single trail ride departure happening - around 30 groups line up in down town Moab to head off in every direction for 30 different trails! For more info visit rr4w.com. Copies of Jeep Safari paper available in locations around town for all the details. Also see special Section C of the Moab Happenings.

27-29 Blu Pig Live Music, 7pm-10pm, March 27 & 29, Bob Greenspan (Blues), March 28 Scott Ibex (Rock & Blues). See article on page 11A.

28-29 Jeep Expo at Old Spanish Trail Arena Two days with vendors in the 4 wheel industry. Pick up a copy of the special Moab Happenings Jeep Expo to see a list of who's coming. Show hours: Thursday 8 am to 8 pm and Friday 8 am to 6 pm. No expo on Big Saturday.

29-30 Gunnison Sage-Grouse Viewing with the DWR Southeastern Region Conservation Outreach. If watching the unique strutting display of Gunnison Sage-Grouse sounds interesting, state wildlife biologists have an offer for you that might be hard to refuse. During this weekend DWR will be taking small groups of people to see the breeding grounds of the Gunnison Sage-Grouse and observe them strut. There is no cost and if you would like to attend please call Brent Stettler at 435-613-3707. See article on page 15A.

31 EASTER



April

April Exhibits at the Museum of Moab:

Wild Flowers photography from the Terby Barnes Collection. Wild Flowers dot the hills of the West and were a special favorite subject of the late Terby Barnes. The Museum will display a special collection of Terby's Wild Flower photos in the Fran and Terby Barnes Gallery on the Museum's Second Floor.




4 Moab Information Center Lecture Series - Chemical Stories from the High Desert: This photo-illustrated essay poses essential questions about observable natural phenomena common to the Four Corners region by Ed Waterman~ Colorado Plateau Molecules. Questions such as: * If God is not a Broncos fan then why are sunsets orange? *Were the early settlers of the Colorado Plateau drug addicts? * Why are the rocks of canyon country little more than huge chunks of oxygen? * Rattlesnake venom: What is it and why are there two kinds? * What is desert varnish, how does it form and why so much manganese?

Colorado Plateau Molecules invites the audience members to look beyond what they see into the largely hidden domain of molecules. Audiences gain a deeper understanding of the natural environment that embraces this amazing world of canyons and mesas. It contains stories about the plants and animals, the rocks and minerals, the history and culture found in and around the national parks of the southwest, stories inspired by their unique and interesting chemistry. It explores connections between chemistry, nature, poetry, history, classic literature, popular culture, music and much more. Lectures start at 6pm and the Moab Information Center is located on the corner of Center & Main. Sponsored by the Canyonlands Natural History Association (CNHA) & Museum of Moab.

13 Zombie 5k, www.zombi5k.com - See box on page 4A

18 Moab Information Center Lecture Series - Joel Tuhy~ Wildflowers & Repeat Photos: He's back! Joel Tuhy, a full-time resident of Moab and self described amateur naturalist, will be at the MIC to talk about one of his greatest interest! Plants! Please join us as Joel takes us on a journey through our local settings. See how the local areas change over the seasons, or across many years. Joel will show us the beautiful flowers that grow in the most amazing settings. Moab Information Center. Corner of Center & Main. Sponsored by the Canyonlands Natural History Association (CNHA) & Museum of Moab.

2013 MOAB EVENTS

March 9-12	Skinny Tire Festival	
March 11	Banff Mountain Film Festival	
March 16	Canyonlands Half Marathon	
March 23-31	Easter Jeep Safari	
April 13	Zombie 5k	
April 26-28	April Action Car Show	
May 2-5	USTRC Team Roping	
May 25-26	Moab Arts Festival	
May 30-June 1	Canyonlands PRCA Rodeo	
May 31-June 1	Thelma & Louise Half Marathon	
Aug. 29-Sept. 9	Moab Music Festival	
August 23 & 24	The Lane Frost Bull Ride Challenge	
September 20-22	Moab Century Tour	
September 25-29	Red Rockin' Rendezvous	
September 27-28	Moab Pride Festival	
October 4-12	PleinAir Moab	
October 10-12	Rock Gem & Mineral Show	
October 20	The Other Half	
October 27-Nov. 2	Moab Folk Festival	
December 7	Winter Sun 10K	

MOAB READY FOR LOVE UTAH GIVE UTAH ON MARCH 22

Moab's nonprofits will receive donations using an innovative new platform.

On Friday, March 22, Utahns will have a new opportunity to prove their record-breaking generosity by contributing to a local nonprofit of their choice during an unprecedented day of giving called "Love UT Give UT".

"Utahns always lead the nation for charitable giving. This year we are launching an innovative on-line event that can help Utahns learn about and give to hundreds of nonprofit organizations and schools across the state," explained Fraser Nelson, executive director of the Community Foundation of Utah. "The Community Foundation is dedicated to bringing innovative ways to expand philanthropy in our state, and this is a program whose time has come."

A Moab Nonprofit Coalition has partnered to coordinate and compete in this one-day event. These nonprofits (including BEACON Afterschool Program, Canyonlands Field Institute, Club Red Teen Center, Grand Area Mentoring, Moab Folk Festival, Moab Free Health Clinic, Moab Pride, Moab Valley Multicultural Center, and Seekhaven) are making a difference every day through powerful and affordable projects that promote health, safety, education, and recreation right here in Moab. Your generous support means the world to countless local kids and adults, now more than ever. While federal grants have dried up, these organizations have thrived thanks to local and regional funders.

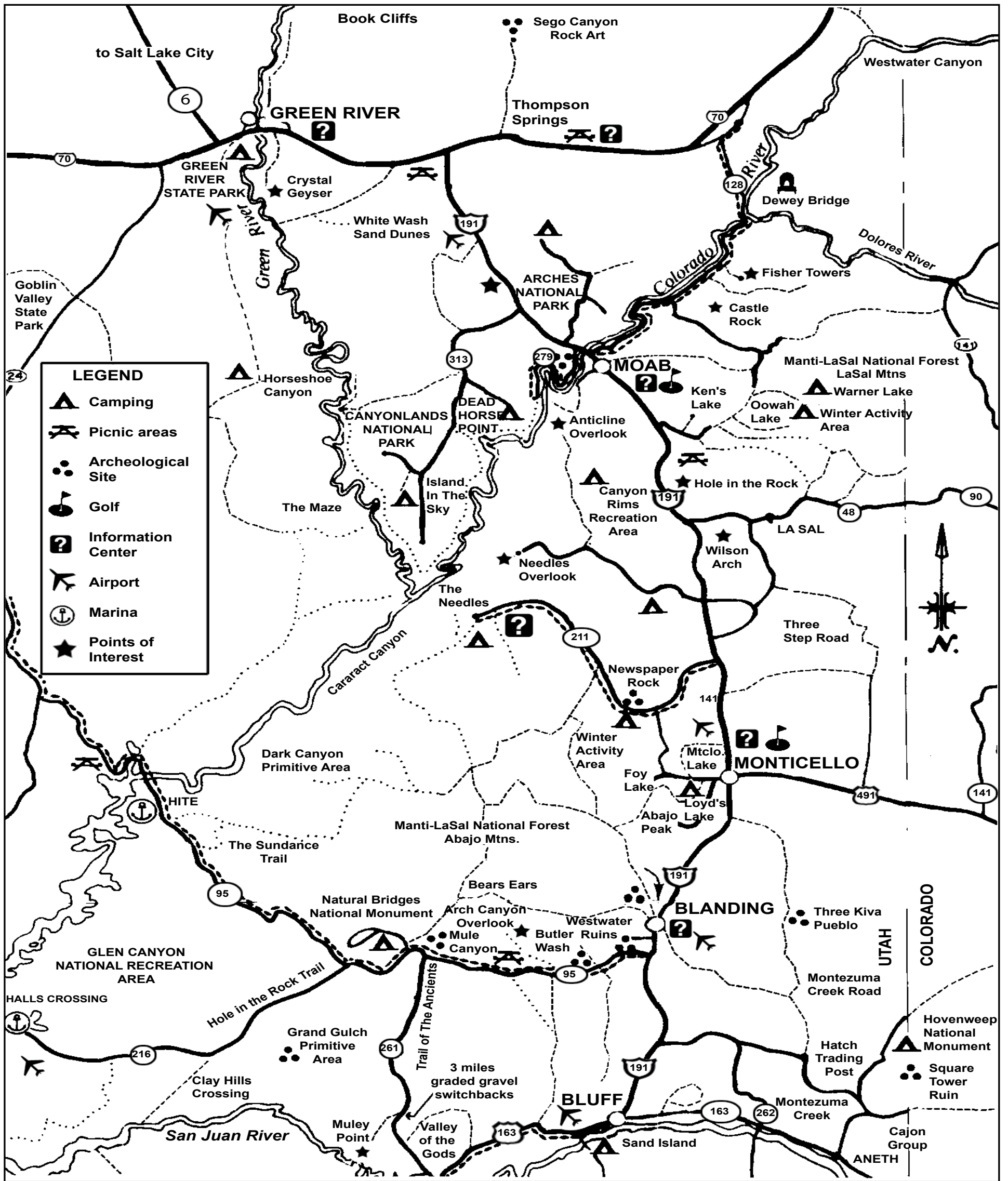
"We are asking every Utahn to go to loveUTgiveUT.org and point, click, and donate", said Stephanie Dahlstrom. "We are thrilled to be a part of an effort that will increase awareness of the role nonprofits play in the quality of life in our community, bring new donors to our agency and others, and bring our whole state together for one incredible day of giving."

LoveUTgiveUT.org is powered by Razoo, a venture funded social enterprise committed to transforming people's lives through meaningful giving. Its secure online platform facilitates crowdsourced fundraising, streamlines the donation process and offers a suite of free and easy-to-use fundraising tools that inspire individuals and nonprofits to give and fundraise online.

If you love Moab, visit www.loveutahgiveutah.org on March 22nd!

Join us on March 22nd for a pancake breakfast (7-9AM) and other food vendors and entertainment throughout the day at Moab Air Adventures and Moab Realty (in front of Walker Drug). Love Utah Give Utah Moab nonprofit coalition members will be present for 24 hours to accept donations and to celebrate one special day of generosity in Moab.

SOUTHEASTERN UTAH



MOAB RECYCLES

CANYONLANDS COMMUNITY RECYCLING

1000 E. Sand Flat Road
Moab, UT 84532
Monday - Saturday 8 am to 5 pm
435-210-4996
crr@moabrecycles.org
www.moabrecycles.org

WF Communications
Moab Utah, 84532

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Satellite phones work virtually anywhere!

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wfcomm@frontiernet.net
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World Famous Woody's Tavern
Moab's #1 Venue For Nighttime Entertainment 21+ Only Must Have Picture I.D.

Coldest Beer In Town! **Live Music**

Jeepers Welcome
Bikers Welcome
Runners Welcome

Great Food!
6 Bigscreen HDTV
Free WiFi Internet
Pool Tables
Foosball
Darts

Fri. & Sat. Nights
Upcoming Shows in March
3/15/16 - Jack-Jill
3/22/23 - Stoned
3/29/30 - West Water Outlaws

Outside Cabana Club Bar
Opens March 15

Well Have You Howling At The Moon In No Time!

Please Drink Responsibly

RESTAURANT GUIDE

GOT BEER? WE HAVE COLD BEER TO GO

FULL STRENGTH BEER FROM OUR PACKAGING AGENCY
Open Daily at 11:30 am

MOAB BREWERY
UTAH

16 oz 4-Packs

5.5% ABV

7% ABV

8-8.59% ABV

686 S Main St • www.themoabbrewery.com

How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery,



offers a variety of locally brewed beers in their bar, Moab Brewery beer is available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area. Two upscale lounges are in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual

atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm -

May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.



Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

CELEBRATING 33 YEARS!
SPICING YOUR LIFE SINCE 1981

LA HACIENDA
Restaurant

OPEN MON. - SAT. 11AM

DAILY SPECIALS VEGETARIAN FRIENDLY

574 NORTH MAIN, MOAB
435-259-6319
STATE LIQUOR LICENSEE

Singha
Authentic Thai Cuisine

Lunch: Monday - Saturday 11-3
Dinner: Monday - Saturday 5-9
Open Sundays beginning March 17th

Now Serving Beer, Wine & Saki

92 E.Center Street
Moab, Utah 84532
Tel: 435-259-0039
Fax: 435-259-0005

BROKEN OAR
RESTAURANT

53 West 400 North
(435) 259-3127
Open nightly at 4 pm.
Closed on Sundays
Home of the sweet potato fries

Steaks • Seafood • BBQ • Pasta
Burgers • Sandwiches • Wraps • Salads
Gluten free & Vegetarian • Beer & Wine

Prime Rib Friday Nights. All you can eat crab legs Saturday Nights.

NEW HIGH-SIDE LOFT FEATURING HOT WING SPECIALS AND PUB STYLE FOOD ALONG WITH FLAT SCREENS

Simply the BEST... Made Fresh
Sandwiches • Soups • Salads

PANTELE'S
DESERT DELI

Locals Favorite

Finest Quality Ingredients in Generous Portions

Dine-In • Phone Orders
Catering and Party Trays available

Mon-Sat 11am-5pm
Closed Sunday

Wi-Fi 435-259-0200 • 98 E. Center St.

Your Home Town
Pizza Hut

265 South Main, Moab
Open Daily • 259-6345

Sun - Thurs 11am-10pm
Fri & Sat 11am-11pm
Dine in and Carry out, all day
Delivery Available from 4pm-10pm
7 days a week

Quesadilla
Mobilla
Moab's Gourmet Food Truck!

COME SEE WHY WE'RE A LOCALS FAVORITE!

We can do events and catering
Come find us on Facebook and Twitter

www.quesadillamobilla.com

Open 11am - 10pm
Prime Rib • Wed., Fri. & Sat.

Susie's
BRANDING IRON
Backdoor Bar • Now Open
Karaoke • Every Sat. Night

COME TASTE THE WEST
2971 South Highway 191
* 3 Miles South of Moab • 259-6275 *

RESTAURANT GUIDE



Jeffrey's
STEAKHOUSE
CASUALLY UPSCALE
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST
435-259-3588
JUST SLIGHTLY OFF MAIN

**WE ARE PROUD TO SERVE
LOCAL ORGANIC PRODUCE
WHEN AVAILABLE**

OPEN 5:00PM
CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM
STATE LIQUOR LICENSEE

SKLECTiCafe
ORGANIC COFFEE
ENLECTICA

Carnivores,
Herbivores,
Omnivores!
Vegetarian
Friendly

Breakfast • Lunch
"Best Desert Oasis" Salt Lake City Magazine

HOURS
7 Days A Week 7:00am-2:30pm
352 North Main, Moab • 435-259-6896

Buck's Grill House
Contemporary Western Cuisine

**Steaks & Game
Vegetarian & Southwest Cuisine**
Open nightly at 5:00pm
Open for lunch soon

Vista Lounge
"Feed Your Spirit"

Micro Brewed Beers • Fine Spirits & Live Music
For a schedule of live music, go to www.bucksgrillhouse.com
1393 N. Highway 191 • 435-259-5201

Authentic Mexican Food
FIESTA MEXICANA

Try our new
Fiesta Plates!

Newly Remodeled Patio w/ 4 TV's
Large Parties Welcome Childrens Menu Available

Lunch Specials - All \$6.25
All Served with Rice & Beans
Monday: Burritos ~ Beef or Chicken
Tuesday: Enchiladas ~ Beef or Chicken
Wednesday: Chimichanga ~ Beef or Chicken
Thursday: Enchiladas Suiza ~ Beef or Chicken
Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch
with Fresh Squeezed Limes and 100% Blue Agave Tequila

Best Mexican Food in Town
Sun-Thur 11-9 Fri & Sat 11-10
202 So. Main St. Moab, Utah 259-4366
FiestaMexicanaRestaurants.com

Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)
Dinner
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

The Blu Pig

811 S. Main 435-259-3333
Lunch • Dinner • Take Out
Open Daily 11:30-close
Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE MUSIC- call for details. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

Brewed Awakenings

1146B South Hwy 191 435-260-8045

Broken Oar

53 West 400 North 259-3127
Open Nightly at 4pm
Closed Sunday
Come join us on our lit patio or dine by our stone fire place. New this 2013 the high side loft with hot wing specials and other pub style food with flat screens to be sure you don't miss the big game! Enjoy a local beer or glass of wine, and experience our wide variety of home made food and desserts. We are proud to have many gluten free items on our menu and vegetarian options as well.

Buck's Grill House & Vista Lounge

1393 North Highway 191 259-5201
Dinner
Open nightly at 5:00pm - Open for lunch soon
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. www.bucksgrillhouse.com

Burger King

606 South Main 259-2700

Cabo Grill

396 South Main St. 259-6565

China Cafe

812 South Main 259-7933

City Market

425 South Main 259-5181

CK Desert Ice

89 North Main

Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002
Breakfast • Dinner
River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Crystal's Cakes & Cones

26 West Center St. 259-9393

Denny's

989 North Highway 191 259-8839
Breakfast • Lunch • Dinner
Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro

36 South 100 West 259-0756
Dinner
Open Tuesday - Sunday 5:30 pm - 9:30 pm
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended.

Eddie McStiff's Restaurant & Brew Pub

57 South Main Street 435 259-BEER

EklectiCafe

352 North Main Street 259-6896
Breakfast • Lunch
Open 7 days a week 7:00 a.m. - 2:30 p.m.
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012.

Fiesta Mexicana

202 South Main Street 259-4366
Sun - Thur 11am - 9pm • Fri & Sat 11am - 10pm
Experience the close-up magic of Rick Boretti
Thursdays and Fridays 7-9pm
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill

44 West 200 North 259-2654

Jailhouse Cafe

101 North Main Street 259-3900
Open 7am - Noon
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse

218 North 100 West 435-259-3588
Open at 5:00pm Call for reservations
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda

574 North Main 259-6319
Lunch • Dinner
Open Mon. - Sat. 11am
CELEBRATING 33 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212
Deli Open 6 a.m. - 8 p.m.
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

Love Muffin Café

139 North Main 259-6833

McDonald's

640 South Main 259-8800

Mi Ranchito y Mexicano

812 South Main Street, Suite B 259-0550

Miguel's Baja Grill

51 North Main 259-6546
Dinner
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Milt's Stop & Eat

400 East and Millcreek Drive 259-7424
Lunch • Dinner
Open Daily 11am - 8pm
Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltstopandeat.com.

Moab Brewery

686 South Main 259-6333
Lunch & Dinner
Open 11:30 AM DAILY.
Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab Coffee Roasters

90 N. Main St. 259-2725
Mon - Thurs 7:00am - 7:00pm
Fri - Sun 7:00am - 8:00pm
On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006
Breakfast • Lunch • Dinner
Mon-Sat: 6:00 am - 9:00 pm
Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

For more information about these restaurants pick up a "Moab

**Moab Grill**

540 South Main 435-259-4848
Breakfast • Lunch • Dinner
Open 6:30am

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our homemade soups, cobblers and espresso and our crazy juicy burgers are good any time of day. Friday Cajun Seafood Boil. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu. Vegetarian and gluten free dishes.

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli

98 East Center 259-0200
Mon-Sat 11am-5pm
Closed Sunday

Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza

702 South Main St 259-9999
Sunday - Thursday 3-9pm
Friday & Saturday 3-10pm

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

Pasta Jay's

4 South Main 259-2900

Pizza Hut

265 South Main 259-6345
Lunch • Dinner
Sun-Thur 11am-10pm Fri-Sat 11am-11pm
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital

450 West Williams Way

Quesadilla Mobilla

83 S. Main 260-0289
Thu, Sun & Mon 11am to 4pm
Fri & Sat 11am to 8pm
Tue & Wed closed

Quesadilla Mobilla is Moab's first and only gourmet food truck serving up delicious gourmet quesadillas. Our menu is out of the ordinary but sure to get your mouth watering and we have seasonal specials throughout the year. Call us and see why we have quickly become a locals' favorite!

Red Rock Bakery & Net Cafe

74 S. Main Street 259-5941
Breakfast • Lunch
Open Daily at 7am
Serving fresh Moab coffee, milk & espresso, lighter & healthier breakfast & lunch. Great lunches for the trails. Free wifi. Featuring artwork from the Moab Pastel Guild.

Rio Sports Bar & Grill

1 block west of Main on Center 259-6666

Sabuku Sushi

90 East Center 259-4455

Singha: Authentic Thai Cuisine

92 East Center 259-0039
Lunch • Dinner
Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9
Open Sundays beginning March 17th

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemongrass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe

5 North Main 259-8004
Lunch - Dinner
11:30 - close

Our legendary restaurant will provide a fun experience in a casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Now serving Hand tossed Pizza, Italian pasta dishes.

Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128 259-4642
Dinner

Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Dinner reservations required.

Subway Sandwich Shop

299 South Main 259-SUBS
Breakfast • Lunch • Dinner

Open 7 a.m. everyday
NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 259-7146
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Susie's Branding Iron

2971 South Highway 191 259-6275
(3 miles south of Moab)

Lunch • Dinner
Open 11am - 10pm
Karaoke - Every Saturday night

Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. To go orders are welcome. Backdoor Bar - Now Open.

Sweet Cravings Bakery & Bistro

550 North Main 259-8983
Breakfast • Lunch
Open Daily
7am - 5pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later! Now delivering.

Szechuan Restaurant

125 North Main 259-8984

Village Market

702 South Main 259-3111

Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420

Wendy's

260 North Main 259-2595

Wicked Brew Drive Thru

132 North Main

Open at 7 am Daily
Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax

96 South Main Street 259-6555
Lunch • Dinner • Family Dining

We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

Sweet Cravings

Bakery + Bistro

Breakfast/Lunch
Coffee & Lattes
Sandwiches & Salads
Endless Homemade Pastries
Boxed Lunches • Catering

Now Delivering

Open Daily
7am - 5pm

435-259-8983 • www.cravemoab.com
550 N. Main Street, Moab, UT 84532

The Legendary
SLICKROCK CAFE
Family Owned & Operated
Now serving
Hand Tossed Pizza
Italian Pasta Dishes

Burgers
Wraps
Steaks
Seafood
and a whole lot more...
Kids Menu, Daily Specials

Open at 11:30

Lunch & Dinner Menu
Full Service Liquor License
CORNER OF CENTER & MAIN
(+35) 259-8004 • www.slickrockcafe.com

PARADOX PIZZA
MOAB UTAH

EAST COAST STYLE, STRAIGHT FROM MOAB
WE DELIVER
EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER
SLICES! HOMEMADE SOUPS, BREADS & DESSERTS
702 SOUTH MAIN ST. 435-259-9999

www.ZAXMOAB.com
96 S Main St
Moab, Utah
(435) 259-6555

Locally owned & operated
Largest selection of local Utah microbrews on tap!

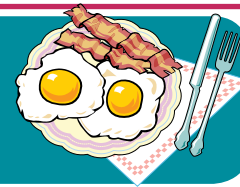
From Our Family to Yours
We welcome you back to Moab
for the new season
Come say Hi and try our
Daily Lunch & Dinner Specials
Zax has something for Everyone

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME
COME QUENCH YOUR THIRST AT THE WATERING HOLE

Menu Guide" And tell them you found them in "Moab Happenings"



RESTAURANT GUIDE



NEW COFFEE

Our two new coffee roasts are smooth, full-bodied, and, well, the best coffee we've ever served. Some say it's the best diner coffee they've ever had.

Reach me. This new coffee's a dream.

Denny's

FREE WiFi

DON'T FORGET!
Kids Eat Free Tuesday and Thursday 4pm - 10pm
989 North Hwy 191
OPEN 24 HOURS

Open Daily at 7am

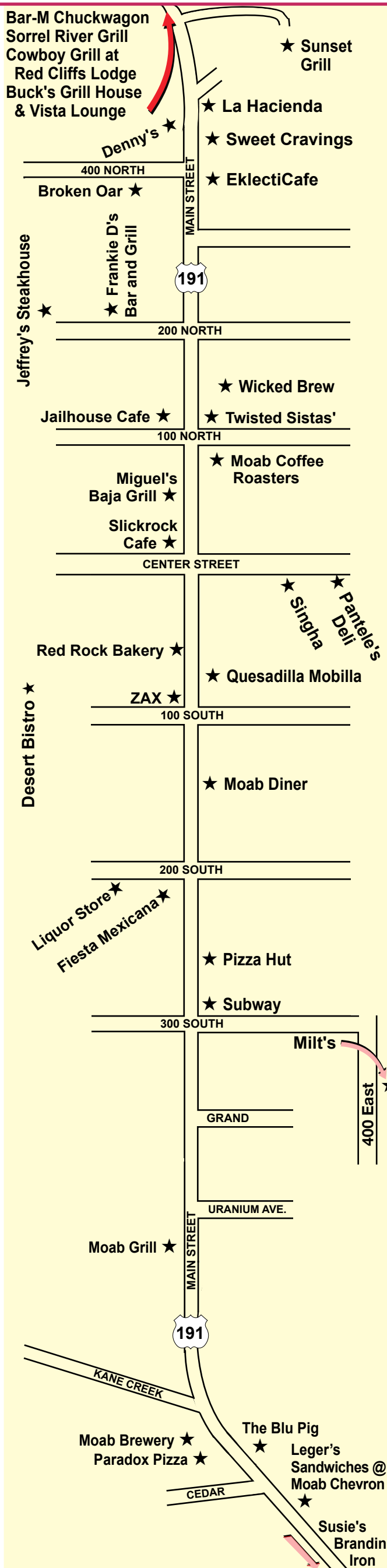
RED ROCK BAKERY
Moab's Oldest Scratch Bakery
Serving Locally Roasted Fresh Moab Coffee & Espresso
Dine-in or Take-out
74 South Main • Moab, UT 84532 • 435-259-5941

Desert Bistro
Casual Fine Dining
Contemporary Southwestern Cuisine

Now located in the heart of downtown
36 South 100 West
Open Tuesday - Sunday 5:30 pm - 9:30 pm
Closed Monday
Reservations Highly Recommended
259-0756 FULL LIQUOR LICENSEE

SUBWAY
eat fresh.

Located inside Walker's Convenience Store
299 South Main • 259-SUBS



SUNSET GRILL

"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood

Patio • Catering
Family Dining

259-7146
Open Nightly at 5:00 pm - Closed Sundays

Espresso
Coffee
Gelato

90 N. Main St.
Moab, UT
259-2725

MOAB COFFEE ROASTERS

Pastries
Smoothies
WiFi

FRESH ESPRESSO AND COFFEE BY THE CUP OR BY THE BAG, AND 18 FLAVORS OF FABULOUS GELATO

Mon - Thurs 7:00am - 7:00pm
Fri - Sun 7:00am - 8:00pm

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Featured Artist Night
hosted by Scott Ibex

The Blu Pig
811 South Main Street, Moab, UT
Every Thursday Night in March

Scott Ibex is thrilled to be hosting a featured artist event each Thursday night of March at Blu Pig BBQ in Moab. Performances, featuring some of Moab's best musical talent, will begin on March 7th between 6:30 and 7pm each week. In order to get the inside scoop on our host and what inspired him to take time off from touring to organize this event, I sat down with him at a local coffee shop.

"My solo musical career took flight when I challenged myself to perform new material at open mic events in Southern California. Without them, I wouldn't have been able to develop the performance experience to tour professionally.

"My last full-length tour was about the emotion of Gratitude. I wanted to express my gratitude to fellow artists for some time now. Hosting and organizing a live music event featuring other artists is a great way to do so. I'm stoked to be working with the Blu Pig to make it happen. They've made a strong commitment to musical expression in Moab which I think our town is going to love," Ibex said.



Recently, Ibex performed for a full house at the Moab Arts and Recreation Center and received a standing ovation at the McPherson Opera House on his 2013 Sonic Intimacy tour. He has performed at world-class resorts, college homecoming celebrations, and been featured on various radio programs to discuss his unique style of acoustic-tapping music. I asked him why he's decided to settle in Moab and host this weekly residency.

"I chose to make Moab home because it has the strongest local community of any small town in the country. People here have big hearts, great appreciation for the arts, and genuinely care about each other. Moab is also home to great artists. I've met so many talented performers in this community and the opportunity to bring them together each week at the Blu Pig before a live audience is something I can't wait for. Is it March 7th already?"

In just over a week, March 7th will be here. Scott hopes the entire community will be at Blu Pig BBQ to celebrate the inaugural featured artist night. If you're an artist who would like to perform, please email Scott at: scottibexmusic@gmail.com. And if you love music and community, the Blu Pig from about 6:30 to 10 pm on Thursday nights is the place to be this March.

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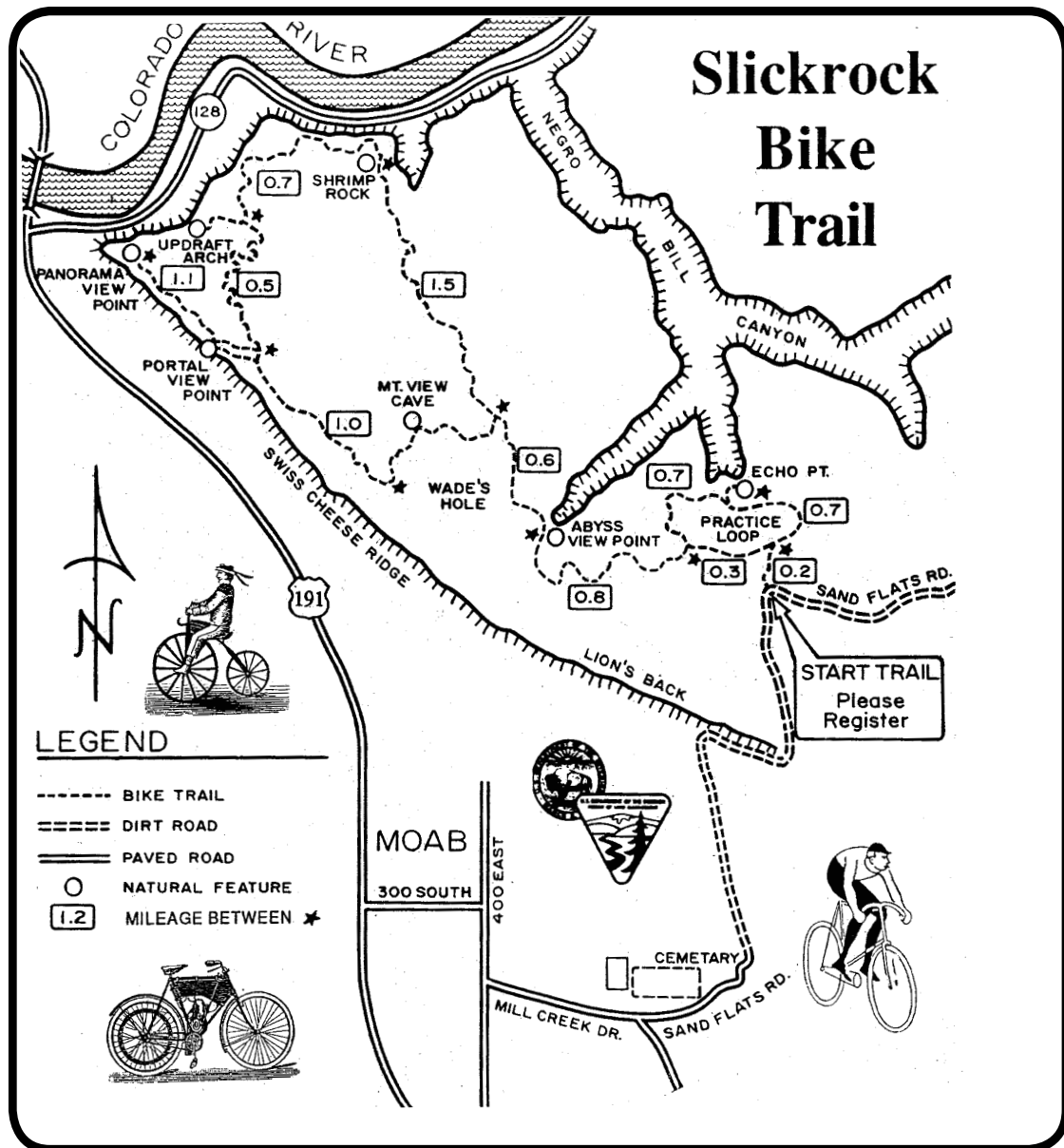
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MOUNTAIN BIKING

Mountain Biking Mecca



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **POISON SPIDER BICYCLES SPRING THAW - March 1-3, 2013** A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit poisonspiderbicycles.com or call 435-259-7882.

• **SKINNY TIRE FESTIVAL March 9-12, 2013** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• **MOONSHADOWS IN MOAB May, 2013** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May, 2013** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOAB CENTURY TOUR September, 2013** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• **OUTERBIKE October 1-3, 2013** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.

• **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 24-27, 2013** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.

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TRAIL HAPPENINGS

1952 Red Hercules by Terry Morse

Admittedly I'm an old timer whose first bike was a 1952 red Hercules three-speed, a hybrid. Not a mountain bike, they came decades later; not a road bike, they were unavailable in the US, or if imported from Europe, too costly. The first order of business was to make this fantastic motion machine into a beast. Remove the chain guard, fenders and brakes. That should lighten it up enough to qualify as an imaginary road bike. Leave the tires, probably 30mm, and the hub gearing with the three-speed handlebar shifter. Perhaps the precursor to a mountain bike. Tie a string around your jeans at the ankle to keep them out of the crank. No worries about the fenders. If it rained, it was a blessing. The rain gave a rare and always needed cleaning to the monster. Always wear sneakers. Braking was accomplished by sticking your right foot in between the back tire and the back frame tube. Worked well but hard on the sneakers. The beauty of that bike was that it served very nicely as a mountain bike and a road bike. It took me all over the valley and mountains of my Colorado home for years with only a few tire patches and a can of 3-in-One Oil and numerous pairs of sneakers.

Now, some fifty years later, the ride is different. I prefer a Seven titanium frame, Dura Ace components, and a darn good bike shop, of which there are many in Moab. Having a favorite wrench at your favorite shop is a necessity and a luxury, which is part of the riding culture of today. For today, it is two bikes, mountain and road. Can't do both with one rig. Those days date codgers like myself as dinosaurs. Okay. So I came to Moab years ago for the mountain biking; loved the desert the trails the



In other areas the rides become predictable. Not Moab. Example: Use the bike path to access Potash at dawn in the summer, and you are blessed with perfect temperatures and an upriver wind or a downriver wind depending on prevailing weather patterns. The thing is, most of the time, if your timing is right, you can make it out and back with the wind in your face one way and at your back the other. Fast forward two hours for your departure and you stand a good chance of having head winds both ways. Or ride 128 up the Colorado River on an early morning in late November. The autumnal light on the red rock above, solitude, cool air-tights and finger glove weather: it's all magnificent. Ride the bike path up toward Canyonlands to Highway 313, then up to Canyonlands National Park. If you are lucky, you may catch a glimpse of a ringtail cat crossing the road just before Seven Mile Canyon and the beginning of the initial climb. Wild turkeys are often spotted on the Potash ride, bighorn sheep in Arches, deer on the La Sal Mountain Loop, and the list goes on.



If you want to ride like the wind, join the Saturday ride. The valley's aficionados welcome visitors to the peloton. If you do join them, prepare for a workout. They are not slackers. Again, talk to any local bike shop for information. Whether you ride early in the morning, late in the afternoon, with your best buddies, or alone, the key is to be safe and ride, ride, ride.

Terry Morse was raised on a ranch near Aspen, Colorado, and he and his artist wife Anne Vitte have lived in Moab since 2005. Terry writes, meditates, works with wood, and bikes throughout Grand County. He competed in the 1972 Winter Olympics in Sapporo, Japan, in the sport of Biathlon (cross-country skiing and rifle marksmanship), and rode his Seven road bike on a self-supported trip across the United States in the summer of 2010, a trip that became the basis of a memoir.

Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.



Dead Horse Point State Park Welcomes Spring!

Spring is coming and bringing with it the warm weather that draws worldwide visitors to parks near Moab. High on the mesa, Dead Horse Point State Park is thawing from a winter that brought a steady accumulation of moisturizing snow to the ground. Soon the park will come alive with wildlife and active visitors taking advantage of all the park has to offer.

The Intrepid Trail System is not only a good choice for beginner riders, but also a great early season ride for any mountain biker looking to work out those kinks that build up over winter. Throughout March, riders can expect to pedal a bit harder due to the soft fluff effect that frost heaving creates on loose sandy areas. The single-track trails at Dead Horse Point State Park offer distances ranging from 1 to 9 miles with arguably some of the best views offered by any trail in the region.



While mountain bikers are rejoicing over the dirt and slickrock creeping out from under the snow, road cyclist are mobilizing and taking to the pavement. The winding roads and epic hills of Scenic byway 313 leading to the end of Dead Horse Point State Park are becoming a mainstay ride of the area's Skinny Tire Events. On March 9th, participants of the Moab Skinny Tire Festival will spin their wheels through the park in the name of cancer awareness.

For park visitors that prefer to use boots or trail runners to get around, the rim trails to Dead Horse Point offer seemingly endless views. Most hiking trails in the park have seen a slow but steady flow of traffic throughout the winter, keeping them well maintained and easy to follow. The slower pace of hiking draws attention to more intimate views found in the park. Those who choose to hike along the rim trails may witness a wider variety of plant and animal life, desert potholes and otherwise hidden geologic features.

After exerting yourself on the many trail options, a good meal or refreshing drink from the Pony Expresso Coffee Shop is sure to hit the spot. March will mark the start of the third season the Pony Expresso has been catering to the thirst of park visitors.

Whether you are biking or hiking, the trails at Dead Horse Point State Park are a great choice for spending your afternoon this spring. Gear up and don't forget your camera! For more information, please contact the park at 435-259-2614.



camaraderie, the whole scene. Mountain biking was my "thing" until one day I decided my innards had been shaken up enough. What to do? Road biking.

Road riding in Moab is one of its well-kept secrets. There are enough varied routes to keep one amused. You know them. Ride round-trip from Moab to Potash if you want a flat cruiser on an easy day. Moab to Canyonlands' Grand View Point for a century. Follow the Colorado River up Highway 128 to Dewey Bridge. Moab to Dead Horse Point. The La Sal Mountain Loop over the Big Nasty. Moab to Devil's Garden in Arches National Park. Any bike-riding local or bike shop can point the way. I've ridden a bunch of miles, no haven't kept track of them, and have found that there is something that makes road riding in the Moab area unique. Like no other place I've done consistent riding, altering the time of day and riding in all weather conditions creates rides that are always a new adventure.

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NATURE HAPPENINGS

Grouse of the Sage

By Damian Fagan

Rising long before dawn, Gunnison sage-grouse watchers arrive at the bird's breeding grounds to witness an incredible spring ritual. These areas, known as "leks," are the stage on which male grouse strut to attract female mates. Derived from a Swedish word meaning "play", the lek activity level is anything but fun as the males occasionally clash or thrash one another.

The Gunnison sage-grouse, named after its stronghold in Colorado's Gunnison Basin, is one-third smaller than their cousins the greater sage-grouse. Both species occur in Utah, but the Gunnison sage-grouse's range is reduced to portions of southwest Colorado and areas south of the Colorado River around Monticello, Utah.

About the size of a domestic chicken, these upland birds have black bellies and grayish-brown feathers which help them blend into their surroundings. Since the birds don't run well, they either stay motionless or burst into flight when predators are near.

The grouse use lek sites found in open areas within or near sagebrush habitat. Like spawning salmon, the sage-grouse return annually to their breeding sites, some which have been active for hundreds of years. This fidelity is exemplified by grouse that returned to their leks flooded

during construction of the Blue Mesa Reservoir project in Colorado and the birds displayed on the ice above their ancestral grounds.

During mating displays, males fan their tail feathers like a multi-pointed star, and then create a low hooting or popping sound by forcing air through two inflated yellow air sacs on their breast pouches. Also making some "wing-swooshing noises," the males dance to attract females. The males also raise their fine head feathers called filoplumes as part of the display.

What seems chaotic is born of a hierarchy where the dominant male on the lek mates with most of the females. Less dominant males may mate with several females while those males at the low end of the spectrum do a lot of strutting and displaying but rarely engage in breeding. The activity begins before sunrise and ends several hours later or if a coyote or eagle disturbs the performance.

As their name indicates, sage-grouse are birds of the sagebrush steppe habitat. They are heavily dependent upon this ecosystem for food, nest sites, cover and wintering

areas. Since the birds build a nest of grasses and feathers on the ground, they are dependent upon adequate plant cover for protection against predators like hawks, eagles, ravens or coyotes.

At various times of the year, the sage-grouse may move into wetlands, riparian areas or agricultural lands. Here the birds forage on forbs, sage or insects; when the young first hatch their diet is mainly insects, but this shifts to mostly forbs and sagebrush by about 4 weeks of age. Though the adults will also eat insects, sagebrush makes up the bulk of their diet.



The Utah Division of Wildlife Resources is offering two field trips, March 30 and April 13, to view these magnificent birds outside of Monticello. A Friday night lecture precedes the Saturday field trip. Reservations are required; call UDWR at 435-613-3707 to save your space for this fantastic opportunity to view these grouse strutting in the sage.



See Gunnison Sage-grouse

Monticello -- If watching the unique strutting display of Gunnison sage-grouse sounds interesting, state wildlife biologists have an offer for you that might be hard to refuse.

During the weekends of March 29 - 30 and April 12 - 13, they'll take small groups of people to see Gunnison sage-grouse strut on leks (breeding grounds) east of Monticello.



Utah is home to two sage-grouse species—the greater sage-grouse and the Gunnison sage-grouse. Gunnison sage-grouse are the rarer of the two. To avoid disturbing the grouse, each weekend trip is limited to no more than 15 people. There's no cost to see the grouse.

Monticello is about a five-hour drive southeast of Salt Lake City. If you'd like to attend one of the trips, call Brent Stettler at 435-613-3707.

On the Friday evening of each weekend—March 29 and April 12—an orientation will be held in the commission chambers of the San Juan County

Building at 117 South Main in Monticello.

The orientations and presentation will begin at 7 p.m. and will be provided by Guy Wallace, a wildlife biologist with the Division of Wildlife Resources. You'll learn about the ecology, life history, geographic distribution and legal status of Gunnison sage-grouse. You'll also receive information about where and when to meet the following morning.

The best viewing always occurs just before dawn or right at dawn. Within an hour after sunrise, grouse are usually done strutting.

Please prepare for winter-like conditions. You'll want to bring a camera and a pair of binoculars or a spotting scope. (The DWR biologist will also have extra binoculars and spotting scopes you can use.)

To lessen the chance of disturbing the birds, you'll be encouraged to carpool to the lek with other participants. The trip from Monticello to the strutting ground will take about an hour.

For more information, call Brent Stettler at 435-613-3707.

Contact: Brent Stettler, DWR Southeastern Region Conservation Outreach Manager 435-613-3707 or 435-613-3700

Free trips limited to 15 people each, and be sur to mention you read about it in Moab Happenings.

31st Annual Four States Ag Expo March 14–17, 2013 at the Montezuma County Fairgrounds in Cortez

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MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Country Club (Rob Jones).....	259-6488
Alcoholics Anonymous/Alanon	259-7556	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Friends For Wheelin' (Jeff Stevens).....	259-6119
American Legion Post (Bill Smith).....	259-3470	Moab Garden Club (Tricia Scott).....	259-6342
Arches Adult Education (Trish Hedin)	259-2293	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Racing Association (Chuck Henderson)	259-4111
BEACON (Stephanie Dahlstrom)	260-1143	Moab Horse Show Association (Tosha Audenried).....	260-9252
Boy Scouts of America (Kent Dalton)	259-6521	Moab Lodging Association (Britnie Ellis).....	259-6171
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Poets & Writers (Marcia Hafner)	259-6197
Colorado Outward Bound School – Moab basecamp (Chris Benson)	435-259-5355	Moab Rock Club (Jerry Hansen).....	259-3393
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217	Moab Rotary April Action Car Show	260-1948
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance)	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Taiko (Stephanie Dahlstrom)	259-2264
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Teen Center-Club Red	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert)	260-8197
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Moab Valley Multicultural Center (Zaida Agreda or Leticia Bentley)	259-5444
Friends of Canyonlands Health Care (Tom Edwards)	260-1504	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend)	259-6469
Friends of the Grand County Library (Adrea Lund)	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock Forests	259-5640
Grand County 4-H (Marion Holyoak)	259-7558	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Food Bank	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse	260-1039	Senior Center (Verleen Striblen).....	259-6623
Humane Society of Moab Valley	Animal Services 259-4862	Sierra Club (Albey Reiner).....	260-8708
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
La Leche League (Kathy Grossman).....	hkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas)	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International	259-5767
Moab Arts Council (Theresa King)	259-2742	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Arts Festival (Gayle Weyner).....	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Arts & Recreation Center (Laurie Collins)	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells)	259-7814	Young Life Moab	260-0285
Moab City Recreation (John Geiger)	259-2255	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org ... 259-3313
Moab Community Dance Band (Miriam Graham)	259-8311	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Delite Primus)	259-BEAN (2326)

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Goosenecks	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367		81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Goosenecks	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36																													

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
7:00	Native Spirit	KZMU OVERNIGHT		Art of the Song	KZMU OVERNIGHT		Desert Diva	7:00		
8:00		DEMOCRACY NOW						8:00		
9:00	Jah Morning Reggae	MOAB Morning Blend					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00	
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	Apocalypse Cabbage /Mixed Tape (Pants/Mixed Tapes)	The Trading Post (call-in Buy/Sell)			Trailer Park Companion / Wayward Wind	10:00
11:00										1-2-3 (funky world soul)
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	Fire on the Mountain	Ain't Live Grand? (live recordings)	Noon		
1:00		WORLD MUSIC						MOAB Drive Time	Tween Time (pre-teen fun)	1:00
2:00	Red Rock Potluck/ Crawfish Classical	Radio Mundial Radio MOONDial	Planet Picante (latin)	Bait and Switch	Red Rock 'n Blues	Free Speech Friday Public Access	Belagaana Review (fruit and nuts)			2:00
3:00								DEMOCRACY NOW	Big River / Ranch Exit (twang)	3:00
4:00	Alternative Radio	Pirates & Poets		Gaelic Circle / MOAB Drive Time			Main Street Cruise!			4:00
5:00	West of Broadway/ Concert in the Park							Seti TranceMissions	11 th hour or music from underworld	5:00
6:00	Kokopelli Coffeehouse	Big Swing Face/ The Watering Hole (big band jazz)	Moab City Council Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	6:00			
7:00	KZMU Overnight	Digital	Conscious Party	Liberty Jam	Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	7:00		
8:00	KZMU OVERNIGHT							8:00		
9:00								9:00		
10:00								10:00		
11:00								11:00		
12:00								12:00		

KEY: Talk Shows Electro, Easy Mix, Jazz Blue Grass, Country, Folk Eclectic/World Rock, Blues Heavy, Hard



SHOPPING
DINING

MOAB HAPPENINGS

LODGING
EVENTS

Volume 24 Number 12

Section B

March 2013

38th Annual Canyonlands Half Marathon Saturday March 16th

Nearly 5000 runners are expected to line up for the 38th Annual Canyonlands Half Marathon and Five Mile Run on Saturday March 16th. Among the racers will be seasoned veterans, first-time half-marathoners, families, locals, as well as visitors from all over the world. One hundred twenty participants will be running the race for at least the tenth year; 13 will be coming from outside the United States, and another 39 will be older than 70. Forty-four states will be represented, including Utah, whose residents make up just over half the participants.

Friday March 15th the race packet pickup and expo will kick off at the Center Street Gym. This is where runners will congregate to pick up their bib numbers, race shirts and goody bags. There will also be vendors set up to sell a variety of items that should appeal to runners and their families.

Also taking place on Friday in the evening will be the Youth Garden Project's delicious pasta dinner at the Moab Valley Inn, 711 South Hwy. 191 from 5 to 8 p.m. Tickets (\$14 adults, \$6 children under 12) may be purchased in advance or at the door. The dinner is open to the general public as well as racers, their friends and families.

Canyonlands Half Marathon is proud to continue the use of compostable cups at the expos, race starts, along the course and at the finish line. Volunteers and race crew will collect these cups in special cans and later transport them to a commercial composting facility in Grand Junction. Race participants are encouraged to look for and use the special cans for their water and Gatorade cups, in addition to the recycle cans that will be available.

One of Moab Half Marathon's major objectives is to give back to the community. This year alone, the event will donate over \$10,000 to the Humane Society of Moab Valley, Ride with Respect, Club Red, Young Life, Canyonlands Rodeo Committee, the Tool Shed, Girls on the Run, the Youth Garden Project, and the Grand County High School Track team. "We receive a great deal of community support for this event from many organizations throughout the community, without their support it wouldn't be possible to make this event so successful," says Race Director Ranna Bieschke.



Race start times are 9:30 am for the Five Mile Run and 10:00 am for the Half Marathon. Spectators are encouraged to come out and cheer for the athletes along 500 West, 400 North and the finish area expo at Swanny City Park. While there, they can enjoy live music by Grand Junction based Jack Plus Jill and visit the varied food and retail vendors around the park. New to the finish line this year will be a beer garden where racers and spectators over 21 years of age may enjoy the Moab Brewery's famous beer if they choose.

The Moab Half Marathon thanks all participants and community members for their support of this year's event. See you at the finish line!

Packet Pickup Expo Location: Center Street Gym, 217 East Center St., Friday 1-9 PM, Saturday 7-7:30 AM

Five Mile Run shuttles will load at HMK Elementary School at 7:30 AM.

Half Marathon shuttles will load at the south side of Swanny City Park at 7:30 AM.

Runners and spectators are encouraged to walk to Swanny City Park from their hotels, as parking is limited

NOTE:

Highway 128 will closed Saturday, March 16 from 8 AM-1 PM.

500 West and 400 North along the race course will be restricted or closed to traffic between 9 AM and 2 PM on Saturday, March 16

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HEALTHY HAPPENINGS

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That Purple Pill: Panacea, Poison, or Both?

by Ray Andrew, MD

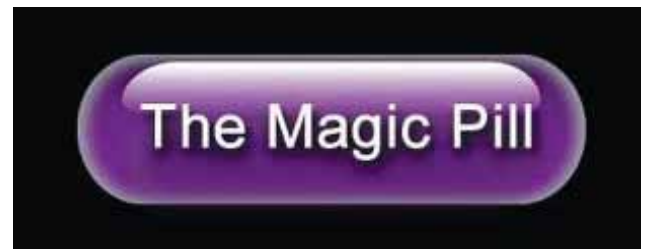
Back in medical school we learned to prescribe proton pump inhibitors (such as Prilosec) for heartburn. Then, when patients got osteoporosis, we were supposed to prescribe bisphosphonates (like Fosamax)—which cause ulcers, jaw bone destruction, and many other problems—and horse urine hormones (Premarin)—which cause breast cancer, heart disease, and strokes. Then, when patients had their heart attack, we were supposed to prescribe statin drugs (such as Zocor)—which cause liver damage, depression, diabetes, muscle damage (including the heart muscle), hormone deficiencies, and so forth. You get the picture.



Prescribing acid-blocking drugs to treat heartburn is based on the presumption that there is too much acid in the stomach. To be sure, a gastroenterologist could do a scope and place a pH probe in the stomach to monitor its acidity for 24 hours. In practice, I have never seen this done. Doctors will often prescribe acid-blocking drugs after seeing abnormalities in the esophagus or stomach during a scope procedure but, again, they are making the assumption that too much acid is the cause of those abnormalities, which is anything but scientific.

Like depression, ADHD, headaches, chronic fatigue syndrome, and the rest of today's vogue illnesses, heartburn is not a disease at all. It is merely a symptom of an underlying imbalance. Paradoxically, most people with heartburn do not have too much stomach acid. Instead, many have too little. But when any acid at all gets into the esophagus—where it doesn't belong—it can cause intense burning, chest pain, difficulty swallowing, chronic coughing, hoarseness, etc.

In combination with other agents, acid blockers are very effective in the treatment of ulcers. Healing occurs



in a matter of weeks. Unfortunately, many patients first present to us after decades of treatment with these drugs, which were originally FDA-approved for treatment courses lasting eight weeks. What their doctors did not know is that the human body requires stomach acid to digest proteins and absorb vitamin B12 (think fatigue and anemia) and key minerals, such as calcium, magnesium, zinc, iron, chromium, molybdenum, manganese, and copper. Most people were never warned that long-term suppression of stomach acid can cause osteoporosis, yeast overgrowth, hair loss, charley horses, food allergies, rashes (including hives), diarrhea, constipation, weak fingernails, acne, asthma, bloating, belching, gas, gallbladder problems, autoimmune diseases, thyroid disease, and much more. Most of these effects don't even make it to the rapid-fire list of dangers you hear during the last 10 seconds of the commercial telling you how your life is going to be transformed by that purple pill. Unfortunately, because many of these effects take years to develop, people don't realize they were caused by the magic pill that keeps their heartburn away.

Before you or someone you love reaches for any magic pill to make your symptoms go away, seek out a doctor who is trained in finding and treating the causes of gastrointestinal symptoms, not just suppressing them. Alternatively, if bloating, belching, gas, constipation, diarrhea, nausea, or any other symptom has become such a way of life for you that you have convinced yourself it is normal, think again. While you may think they are just annoyances you have to live with, in reality they signal imbalances that can eventually lead to serious diseases, such as colon cancer.

A little detective work and a few changes now may not only make the symptoms go away but also save you a lot of money, unnecessary procedures, and serious diseases in the long run.

Dr. Andrew is board-certified in Family Medicine and has additional training in Functional and Anti-Aging Medicine.

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 ≈ Dayna Hochevar PA-C. Every Friday 9-2.

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ASTROLOGY HAPPENINGS

Your Horoscope for March 2013

By Robert Wells

We start the month of March with something of a gift from the stars. Overall, it is an opportunity to improve the value of your home. Interestingly, only time will show exactly how this plays out, but expect something very unique by the 4th. Also during the first week, romantic opportunities land on everyone's doorstep on the 6th. You get to look like a genius on the 7th, so share your ideas for maximum effect. The second week is very quiet, but warns not to make any promise or commitment until after the 18th when Mercury returns to his forward motion in the sky. Everyone is accident prone on the 22nd, so heads up. Sidestep an inflated ego on the 26th. We end March on a cosmic alignment period when all your different selves align and empower us. If you should feel a little queasy, just know that's the reason and not your Easter eggs.

New Moon: 11th, Full Moon: 27th.
Holidays: Good Friday: 29th, Easter 31st.

Feb. 19 - Mar. 20 Pisces: Happy Birthday Little Fishes! Home improvement projects pay-off big before the 4th. Your friends may be playing matchmaker again around the 6th. If you are speaking before an audience, expect to be warmly received on the 7th. Temper what you say from the 9th to the 18th. Keep a close eye on your money on the 22nd. You may have to defend yourself in some way on the 26th. The aspects at the end of the month could clear your feelings regarding what's of value to you in your life.

Mar. 21 - Apr. 20 Aries: You may be feeling a little run down at this time of the year, and it's OK. Take a breather. Someone may surprise you with an out of the blue compliment during the first week of the month. It may turn out that they are quite the secret admirer and you could take that to the next level on the 6th. Time to make personal changes is around the 7th. Postpone any new commitments from the 9th to the 18th. Be careful handling sharp or hot things on the 22nd. Get some exercise on the 26th through the 28th. The aspects at the end of the month will boost your personal image but it can give you a headache, too.

Apr. 21 - May 21 Taurus: A sudden surprise windfall could help to make some of your dreams come true during the first four days of March. A new friendship could blossom into something more substantial on the 6th. Handle serious mental lifting on the 7th. Get-rich-quick schemes from friends may not pan out so hold off doing anything until after the 18th. Avoid doing anything dangerous if you can't summons help if you need it on the 22nd. Avoid a clash with someone in authority on the 26th. As you reconcile your past at the end of the month, why not get a message for those aching feet.

May 22 - June 21 Gemini: There's a possibility that a long held wish could come true during the first four days of March. Heads-up. There's a chance that your financial outlook could improve on and after the 6th. You could be making new plans for your future on the 7th. With all this planning, reserve putting anything in writing until after the 18th when Mercury returns to direct motion. Be careful with power tools on the 22nd. Avoid an ego clash on 26th. Getting your priorities in order for the future at the end of the month could be fun, but while doing it mind your footing to avoid twisting an ankle.

June 22 - July 22 Cancer: Surprise at the office around the 4th. Could it be your promotion? You may receive a proposal for a meaningful relationship around the 6th. Allow time for personal reassessment and changes on the 7th. Don't let behind-the-scene forces pressure you into signing anything before the 18th. Your boss may want to rearrange your seating habits on the 22nd so be warned. Tackle a big job in the office on the 26th. You finish the month with a new appreciation of your career and a new direction.

July 23 - Aug. 24 Leo: An unexpected outcome on a test or a court decision could have you smiling by the 4th. You could make a new friend while working-out on the 6th. You may consider a new diet on the 7th. Don't promise your friends anything you can't deliver on before the 18th. Don't take on an angry authority figure on the 22nd, you'll loose. Your church needs your help on the 26th with a project. A spiritual moment could enlighten you and help improve your vision around the last week of the month.

Aug. 24 - Sept. 22 Virgo: A unique talent could get some unexpected public coverage on the 4th. A romantic suitor ups the ante on the 6th by making serious promises. Pay attention to what your children say on the 7th. Remain uncommitted on matters of business and romance until after the 18th. Double-check your checkbook for unwanted surprises on the 22nd. Rearrange your office on the 26th. Revamping your personal accounting goes deeply into the meanings of your life during the last week of the month, and then you rise like the Phoenix, anew.

Sep. 23 - Oct. 23 Libra: A proposal for marriage could come your way around the 4th. A pretty new face on the office could be very captivating on the 6th. Take any aches or pains to the doctor for a visit on the 7th. Save any presentations in church until after the 18th. Keep your distance around fumbling, accident-prone people on the 22nd. An argument will cost you more than your stand to gain on the 26th. You could go through a makeover on all your committed agreements during the last week of the month. When it is completed, you'll feel more secure about everything.

Oct. 24 - Nov. 22 Scorpio: A new job opportunity could come your way by the 4th. Be out circulating on the 6th to catch a new romance. Love letters or notes could arrive on the 7th. Put off new insurance purchases until after the 18th. Guard your head and your feet on the 22nd at work. Spend a wonderful day with children on the 26th. While doors close, other open and you find new ways to be of service to others during the last week of the month and into the future.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

Nov. 23 - Dec. 21 Sagittarius: A new pastime, game, creation or romance can land in your lap around the 4th. You get a second chance on the 6th just in case. Someone may entrust you with an important secret message on the 7th. Avoid being stamped into a marriage agreement before the 18th. Get your blood pressure checked on the 22nd. Make a small but meaningful home improvement on the 26th. Head, heart and hip align during the last week of the month giving you new purpose and inspiring you to be more creative.

Dec. 22 - Jan. 20 Capricorn: A surprise visitor could brighten your home around the 4th. You attract the attentions of the opposite sex with your voice and words on the 6th. Use your speaking power to improve understanding in your circle on the 7th. Don't take on any more projects at the office until after the 18th. Be careful with safety in the home on the 22nd. Don't try to bully anyone on the 26th, as it is bad form and may backfire on you. Connecting with your home base revitalizes you and shows you how important your abode is to you as a source of revitalizing energy during the last week of March.

Jan. 21 - Feb. 18 Aquarius: A creative project could payoff big time on the 4th. A new face, possibly at the bank, could seriously turn your head on the 6th. You could make a very sound investment or purchase something of rare value on the 7th. Double think through requests for loans to friends through the 18th of the month. You may be accident prone on the 22nd so be very careful while working and driving. You align by returning to the roots of your education and childhood. They are the seeds to your happiness. Rediscover them during the last week of the month.

A Company Of Wayward Saints

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By George Herman

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NEEDLE & THREAD HAPPENINGS

2013 QUILTING IN THE RED ROCKS QUILT SHOW

A kaleidoscope of colors and patterns will greet visitors, as the Delicate Stitchers Quilt Guild celebrates its fifteenth anniversary by presenting the seventh biennial Quilting in the Red Rocks Quilt Show. The show will be held at the Grand Center, 182 N. 500 West, the weekend of March 9 & 10. The hours are Saturday, March 9, 9 a.m. to 5 p.m., and Sunday, March 10, 10 a.m. to 4 p.m. Admission is free.

Quilt guild members, and others in the community, have been busy with their creations in anticipation of this very popular event; and visitors to the show won't be disappointed. Antique, traditional and art quilts, quilted home décor and wearable art will be on display, along with the beautiful Opportunity Quilt made by some of the guild members. Tickets for the quilt will be on sale. Annual challenge and mystery quilts will also be displayed.

On Saturday, Bev Swift, quilt instructor and lecturer from Durango, Colorado, will teach a half day class on a "Creative Tucks" wall hanging, using a dimensional, folded- flower technique. Participants will create a basic wall hanging or table piece, which can be embellished with beads and crystals for a fun touch.



The class fee is \$30, with pattern included. On Sunday, Gail Aspromonte, owner of Quilt It Ya Ya, in Aztec, New Mexico, will teach construction of a large Grab & Go bag, with lots of pockets inside and out. It will be great for the beach, or as a project, picnic, sewing, or diaper bag. It's perfect for anything you need to carry when you are on the go. The class fee \$39, with pattern included. Registration forms can be picked up at It's Sew Moab, 40 W. Center. Forms are also available by visiting www.moabquilts.blogspot.com, or email delicatestitchersquiltguild@yahoo.com and request a form be sent by return email.



Crystal Day, Guild member, and owner of It's Sew Moab quilting shop, will be in the Merchants Mall, along with other vendors from Utah and Colorado. Merchants will offer fabrics, patterns, threads and books and notions. Moab quilter, and Guild



of each month at 7 p.m. at the Grand Center, 182 N 500 West, in Moab. There is a lesson given at each meeting and members bring their projects, completed or in progress, for "Show and Tell". This year has been

dubbed "A Year of Color" because lessons will be focused on learning how to use the color wheel as a tool when quilting. Monthly workshops are scheduled so members can work on

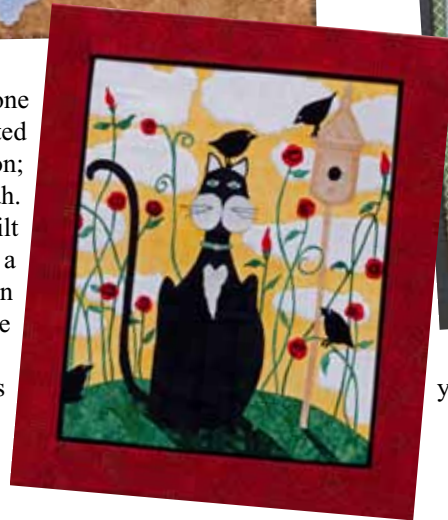
their own projects, or participate in a scheduled class. An annual themed quilt challenge is held every May and June at the Museum of Moab. This year's theme is "Name That Tune". Members will be creating quilts to reflect their favorite tune, leaving Museum attendees to guess the tune's name. Each year, a

retreat is held and a mystery quilt pattern is presented. The Guild participates in many charitable causes and is currently working with the Grand County RSVP program to make quilts for children and families going through personal crises. Dues are \$15 per year. All quilters, and those interested in quilting, are



member, Sandra Starley, is one of fewer than 100 accredited quilt appraisers in the nation; and one of only two in Utah. She will be doing quilt appraisals in her booth, for a fee. Door prizes will be given hourly. Come and enjoy the old and new in quilting!

The Delicate Stitchers Quilt Guild was founded in 1998 by a group of women who realized there were a great many quilters in Moab and the surrounding area. They also recognized the need for an organized group that would foster this fiber art form. Monthly meetings are held the second Tuesday



welcome! Be sure to mention that you read about the quilt show in Moab Happenings!



FILM & PHOTO HAPPENINGS

Banff Mountain Film Festival World Tour 2013

10th Anniversary in Moab



Bringing together the year's finest films on mountain sport and culture, the 36th annual Banff Mountain Film Festival World Tour is returning to Moab on Monday, March 11th.

After the Banff Mountain Film Festival, held in November in the Canadian town of the same name, the World Tour picks up and spreads out across the globe, stopping in 30 countries for over 550 screenings. Each screening highlights a selection of the Festival films of particular interest to the local audience, as chosen by local organizers.

Eight films will be shown in Moab this year. The films cover topics such as climbing, canyoneering, highlining, kayaking, mountain biking, polar adventure, and a wildlife film/environment film. Once again, the films in their totality offer a global travel log.

For the tenth year running, the headlamp and climbing-gear manufacturer Petzl is sponsoring the fun filled night in Moab. That's right, it's the 10th Anniversary and again we expect a packed house.

"These films are a celebration of the outdoor lifestyle and living life to fullest. It's a perfect fit for a brand like ours" says John Evans, Petzl's Marketing Director who



had the idea to bring the Festival to Moab back in 2003. "We really owe the success of the event to local organizer David Erley, his tech guy Miso, and all the Moab sponsors. Without them, it wouldn't happen."

Many of the stops on the Banff world tour raise money for local outdoor programs, community causes and non-profits. This year, the Moab stop will raise funds for the Access Fund Land Conservation Campaign, a multi-million dollar revolving grant fund that helps local climbing organizations across the United States to acquire land and preserve it for climbing or climbing access.



Photo: Mikey Schaefer

Plan your trip to Moab this fall around the Banff Centre's Radical Reels which will screen for the second year running on Saturday, October 12th. This event is also sponsored by Petzl and our same great local sponsors and benefits the Friends of the La Sal Avalanche Center. This is a great local cause that supports Moab's winter sports scene with mountain weather reports and avalanche forecasts.

Both of these events are sponsored by the same great local businesses. So, while in Moab, please support Adventure Inn Moab, Canyon Voyages, Eddie McStiff's, Footprints, Love Muffin Café, Moab Half Marathon,

Pagan Mountaineering, Poison Spider Bicycles, Times-Independent Publishing, and Western Spirit Bike Adventures.

The films will be screened in the Grand County High School Auditorium (608 S. 400 E) at 7:00pm. Doors open at 6:15.

Tickets to event are \$10 in advance and \$15 at the door (if still available) and can be purchased at Back of Beyond Bookstore, Canyon Voyages Adventure Co., Pagan Mountaineering, and Poison Spider Bicycles. For more information, see the accompanying ad or call (435) 259-4859.

For more on the Banff Mountain Film Festival, visit: www.banffcentre.ca/mountainfestival

For more on Petzl, visit: www.petzl.com

For more on Access Fund, visit: www.accessfund.org

FILM EVENTS

March 21st - Grand County Public Library and Utah Film Circuit: Moab are pleased to present **The house I live in**. Join us for a post film Q & A with director Eugene Jarecki 7 pm. Star Hall 159 E Center St. Call the library for more info: 435-259-1111 or go to www.moablibrary.org Free admission.

March 22nd - Join the Museum of Moab for a Movie Night at Star Hall as we show the recently Digitized Films "This is Mi Vida" and "Million Dollar Drill Holes" both films made for Charlie Steen. Learn about Uranium Mining and it's perceptions during the 1960s and join us afterwards for a discussion about the legacy of Moab's Uranium Era. Free, donation accepted.

At Dead Horse Point State Park Featured Photographer Jennifer Christopherson

The Bighorn Gallery at Dead Horse Point State Park will be exhibiting Jennifer Christopherson's scenic photography starting March 1st through April 29th. Christopherson will be showcasing landscape and

wildlife photography with images from Utah's canyon country. The colorful landscapes of Utah and its many magical elements take form through Christopherson's love of photography. Explore the many different landscapes of Utah, from golden aspen covered mountains, to glowing red rock canyons and beautiful winding rivers. Join the artist for an opening reception on March 2nd from 12 p.m. to 3 p.m.



As a photographer, Christopherson has had many opportunities to capture events through a lens that cannot be described in words. Her passion started in a photography class in high school when other students were captivated by Christopherson's ability to capture her love of wildlife and the outdoors on film. Christopherson continued her studies of photography at Utah State University. Though she later changed her course of study to a BS in Recreation Resource Management in December 2011, Christopherson never lost sight of her love of photography. Christopherson worked as a seasonal Park Ranger at Dead Horse Point State Park in 2012 and recognized that she was truly experiencing Utah for the first time. She was able to travel to many beautiful destinations to capture intimate moments in nature. The exhibit at the Bighorn Gallery will be a culmination of



the many adventures Christopherson has experienced while exploring the diverse landscapes of Utah.

During the photography exhibit, each photograph will be available for purchase, as well as Christopherson's matted prints and note cards.

Dead Horse Point is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitors center is open daily from 8 a.m. to 6 p.m. from March 9th to mid-October. Park admission is \$10. For more information, please contact the park at (435)259-2614

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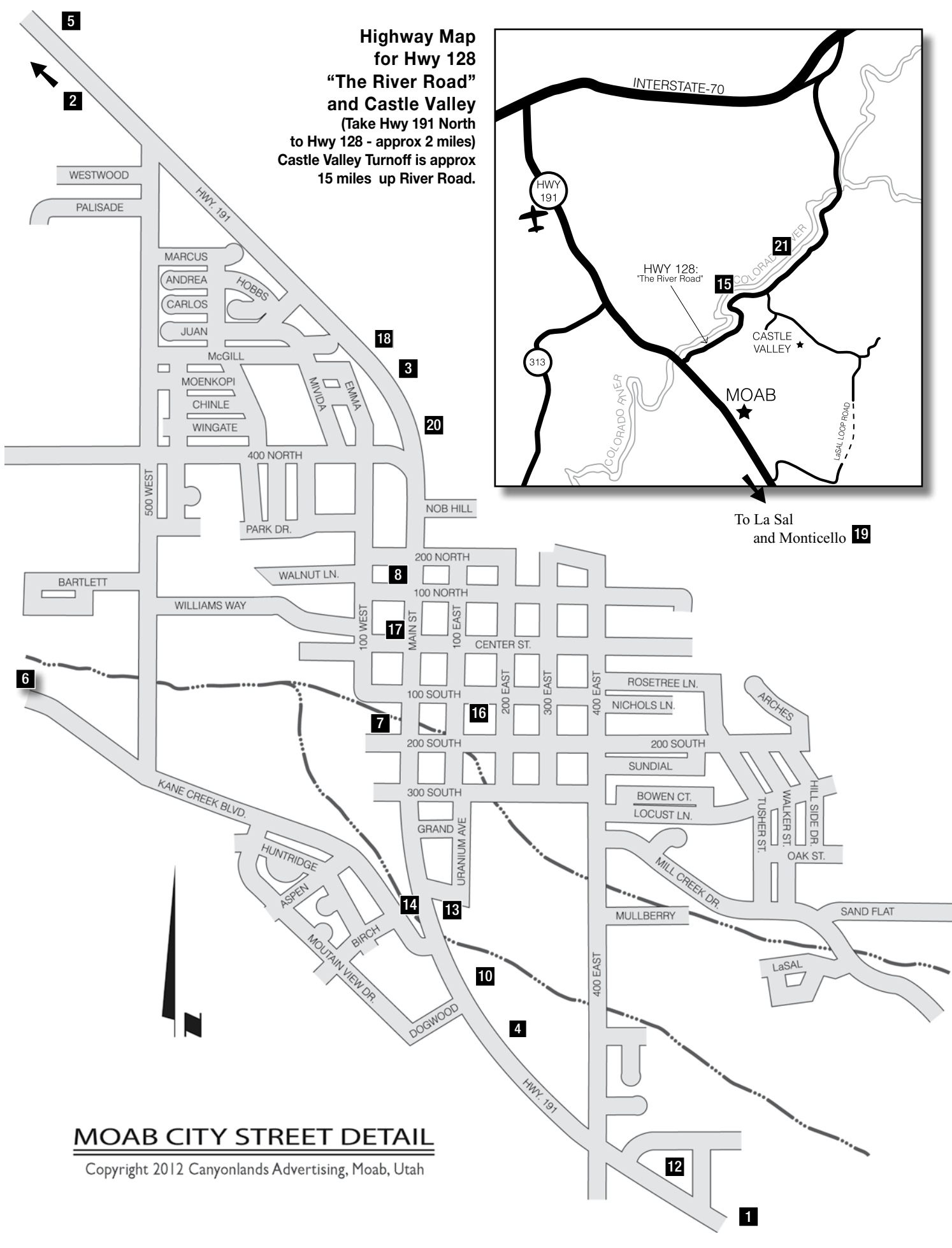
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4	La Quinta	435-259-8700	www.lq.com www.lq.com/moab
5	Moab Springs Ranch	435-259-7891	www.moabspringsranch.com
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8	Bowen Motel	435-259-7132	www.bowenmotel.com
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13	Red Stone Inn	435-259-3500	www.moabredstone.com
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SHOPPING GUIDE MAP

Map showing streets: 400 NORTH, 200 NORTH, 100 NORTH, CENTER STREET, 100 SOUTH, 200 SOUTH, 300 SOUTH, GRAND, URANIUM AVE., CEDAR, KANE CREEK, MAIN STREET, 400 EAST, MILLCREEK DRIVE.

Business locations marked with stars (★):

- MC's on the Corner
- The Edge Gallery
- Savage Spirit!
- Tom Till
- Arches Electronics
- Essential Home
- Moab Barkery
- Desert Thread
- It's Sew Moab
- Pinyon Tree
- Rave 'N Image
- Walker Drug
- WabiSabi Thriftique
- Yonah's Market
- Millcreek Drive
- Royce's Electronics

Other landmarks: To Salt Lake City, 191, NOB HILL, GRAND, URANIUM AVE., CEDAR, KANE CREEK.

ROCK ART HAPPENINGS

Moab's Ancient Artists: An Introduction to Moab Rock Art

Moab resident, Rory Tyler, has been studying local rock art for nearly twenty years and loves to talk about it. At 7:30, Friday, March 15, he will be presenting a slide show and lecture about Moab rock art at the Moab Arts and Recreation Center (MARC), 317 E. Center Street. The lecture will examine the art of four different Indian cultures that lived near Moab - the Archaic or Barrier Canyon, the Basketmakers, the Fremont, and the Ute - spanning four thousand years of Moab's past. Tyler will share his sometimes controversial insights concerning the meaning of the art and what it teaches us about ancient



Indian life styles. Topics include hunting magic, Indian astronomy, fertility rites, and ritual warfare. Whether you're new to Indian rock art, or an old hand, there should be something pique your interest. Free downloads will be available after the slideshow to anyone who brings a flash drive or digital device. The lecture is free and donations will be accepted.

Rock of Arches Exhibit
March thru April

Museum of Moab is hosting the rock art of Donna Jordan, local Moab resident who loves to paint arches on sandstone. Each of these sandstone paintings has been given as a gift or an award to friends and co-workers of Donna. This is the first time these works have been gathered together in one place. The exhibit will run in the Museum's Lloyd Pierson History Hall.



Museum of Moab
est. 1958

www.museumofmoab.org

Moab Community Theatre

Distinctive masks, lavish costumes, classic postures, theatrical flourishes and loud "whacks" will identify the next offering from Moab Community Theatre as commedia dell'arte, a classic form of improvisational theatre from the Italian Renaissance that originated slapstick comedy.

Moab Community Theatre (MCT) will kick off its fifth decade on Feb. 28, with the comedy *A Company of Wayward Saints* by George Herman. The group will perform in Star Hall on the same stage that was trod at the troupe's debut production in 1973.

Community theatre attracts participants from the entire community, including guides, waiters, doctors, businesswomen, artists, policemen, brokers, writers, wranglers, chefs, lawyers and visitors just passing through town. In addition to the players are all the various behind-the-scenes people necessary to put on a show: folks who

gather props and costumes, set builders and painters, stage crew and box office personnel, pavement pounders, publicity panderers and poster pasters.



According to Doni Kiffmeyer, producer of the current play, MCT is just "...a group of people who are passionate about "putting on a show" for the community...for a variety of different reasons. Some enjoy the rush of being on-stage in front of our friends and neighbors. Some enjoy the process of rehearsal and camaraderie that develops from working closely with new and old friends on a shared project. Some do it for the parties. Some do it for the love of their craft, whether it be light design or costumes or set design or any of the other myriad disciplines it takes to make a show happen. Some do it for the opportunity to try something they never have done before, like stage managing, or producing or directing."

Anyone interested in becoming involved in community theatre is welcome to call Doni at 259-8378.

Moab Community Theatre will perform *A Company of Wayward Saints* in Star Hall on February 28, March 1 & 2, and March 7, 8 & 9, 2013 at 7:00 PM. Tickets are \$10.



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Special Safari section has:

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HIKING HAPPENINGS

The Portal Overlook – Peering Down On An Icy River

by Marcy Hafner

According to the dictionary, a “portal” is a door, a gate or an entrance. In canyon country, the term “portal” describes an opening through which a river enters and then leaves a high-walled paradoxical valley, a rare geological phenomenon of a collapsed salt dome creating a deep depression. Paradox Valley, crossed by the Dolores River, is a paradoxical valley southeast of Moab in Colorado. Moab Valley is also paradoxical, and as the Colorado River crosses the valley north of town, it exits on a southerly course between Poison Spider Mesa and the Moab Rim through a gap known as The Portal.

The vantage point above the river, where I am hiking

today is called the Portal Overlook. Covering a distance of just 1.5 miles, the Portal Overlook Trail gains a thousand feet in elevation. In other words, it’s a steady uphill grunt!

Since this trail is south facing, the snow melts off more quickly than on other more shaded trails, and during this snowy, super cold winter, an almost snow-free walk is exactly what I’m looking for! Bundling up to protect myself from a sharp breeze coming off a frigid river, I feel like a penguin who can barely move! What a contrast to summer’s oven-baking heat!

To get to the trailhead, drive north on Highway 191 and shortly after crossing the Colorado River, take a left on the Potash Road (Utah 279). Then go down river for 4.2 miles and park at the Jaycee Campground.



Another access, however, just after mile marker 12, with parking on the left shoulder, will shorten the hike to the top by about a half-mile.

At the beginning of the trail, I scramble up a path of cobbled rocks, which mark the ancestral deposits of the Colorado River at a dramatically higher elevation from the current river corridor. Some of these deposits were swept downriver from as far away as Westwater Canyon, Glenwood Springs and the Uncompahgre Highlands in Colorado.

When I reach the first switchback, I pause to peer down on a river choked up with ice, an uncommon winter event.



But with our steady string of sub-zero lows, this icy riparian scene should come as no surprise. Only the swiftest current survives the Polar Express freeze-

up, and within the enclosure of a solid sheet of snow-coated ice, a small



section of fast moving green water sparkles and shimmers in the reflecting sunlight.

After awhile, I arrive at a spot that I refer to as “The Hump,” and this is where I receive my first glimpse of town.

Then going around the bend, the view of the river and town vanishes, and the domes above the Portal Overlook suddenly appear beckoning me onward. My goal is now in sight, and that gives me an extra boost as I continue walking on the steeply uplifted Kayenta Sandstone that wraps around the face of The Portal on the north side of the river.



Suddenly I hear the chatter of robins as they fly over and land in a small tree. Their sunny appearance momentarily brightens up a chilly winter’s day, but all too quickly they move on. Watching them depart, I wonder what called them here in the first place, as these birds tend to hang out at lush locations.

The trail traverses along the base of a Wingate cliff, and I constantly crane my neck to absorb the overwhelming height of those towering reddish walls. Most unique along the ridgeline, which comes into sight towards the end of my walk, is a distinctive v-shaped break in the sandstone wall that I like to call “The Notch” – an impressive landmark that can be seen from town.



The final switchbacks, which swing steeply from one ledge to another, tell me that I am close to my destination.

This trail continues on to the Poison Spider Mesa, but since I don’t have a death wish I am definitely stopping at The Overlook.



Especially during the winter, this precipitous north-facing ledge can be very hazardous. Just one slip, a loss of balance and it’s a several hundred foot drop off the edge. It is much

safer to travel when the snow, ice and mud are long gone, but even then a hiker should tread cautiously, realizing that three mountain bikers have died here.



Struggling to stay warm burns up the calories, and as I wolf down some all-important munchies at this unfenced viewpoint, long distance scenery stretches out before me: the white silhouette of the Bookcliffs

on the northern horizon, the enchanting arches within the Windows section in Arches National Park and the distinctive snow-mantled image of the La Sal Mountains. Then looking southeasterly across the river, I am gazing upon the massive features of the Moab Rim and Behind The Rocks. From this bird’s eye perch, I also

have an encompassing view of town, the Matheson Preserve and the wide sweep of an icy river with side channels wrapping their long fingers around snow-covered islands.

Peering down on a cold, frozen land, I take heart knowing the worst of winter is almost over and the promise of spring isn’t all that far away! Before long the winter snows will nourish early blooms of Newberry Twinpod - violet-green swallows and white-throated swifts will follow their migratory route along this ridge – turkey vultures on their spring migration will catch the thermals as they make lazy swirling circles in the sky – and black-throated sparrows will be singing their endearing three-note song. All this and so much more is worth waiting for!



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SKY HAPPENINGS

The Sky for March 2013

By Faylene Roth

SUNRISE AND SUNSET TIMES FOR MARCH

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

1	6:50am	6:12pm
2	6:48am	6:13pm
3	6:47am	6:14pm
4	6:46am	6:15pm
5	6:44am	6:16pm
6	6:43am	6:17pm
7	6:41am	6:18pm
8	6:40am	6:19pm
9	6:38am	6:20pm
10	7:37am	7:21pm
11	7:35am	7:22pm
12	7:34am	7:23pm
13	7:32am	7:24pm
14	7:31am	7:25pm
15	7:29am	7:26pm
16	7:27am	7:27pm
17	7:26am	7:28pm
18	7:24am	7:29pm
19	7:23am	7:30pm
20	7:21am	7:30pm
21	7:20am	7:31pm
22	7:18am	7:32pm
23	7:17am	7:33pm
24	7:15am	7:34pm
25	7:13am	7:35pm
26	7:12am	7:36pm
27	7:10am	7:37pm
28	7:09am	7:38pm
29	7:07am	7:39pm
30	7:06am	7:40pm
31	7:04am	7:41pm

MAJOR CONSTELLATIONS OF MARCH

Overhead

- Cancer
- Canis Minor
- Gemini

Northward

- Andromeda
- Cassiopeia
- Cepheus
- Perseus
- Ursa Major
- Ursa Minor

Eastward

- Bootes
- Leo
- Virgo

Southward

- Canis Major

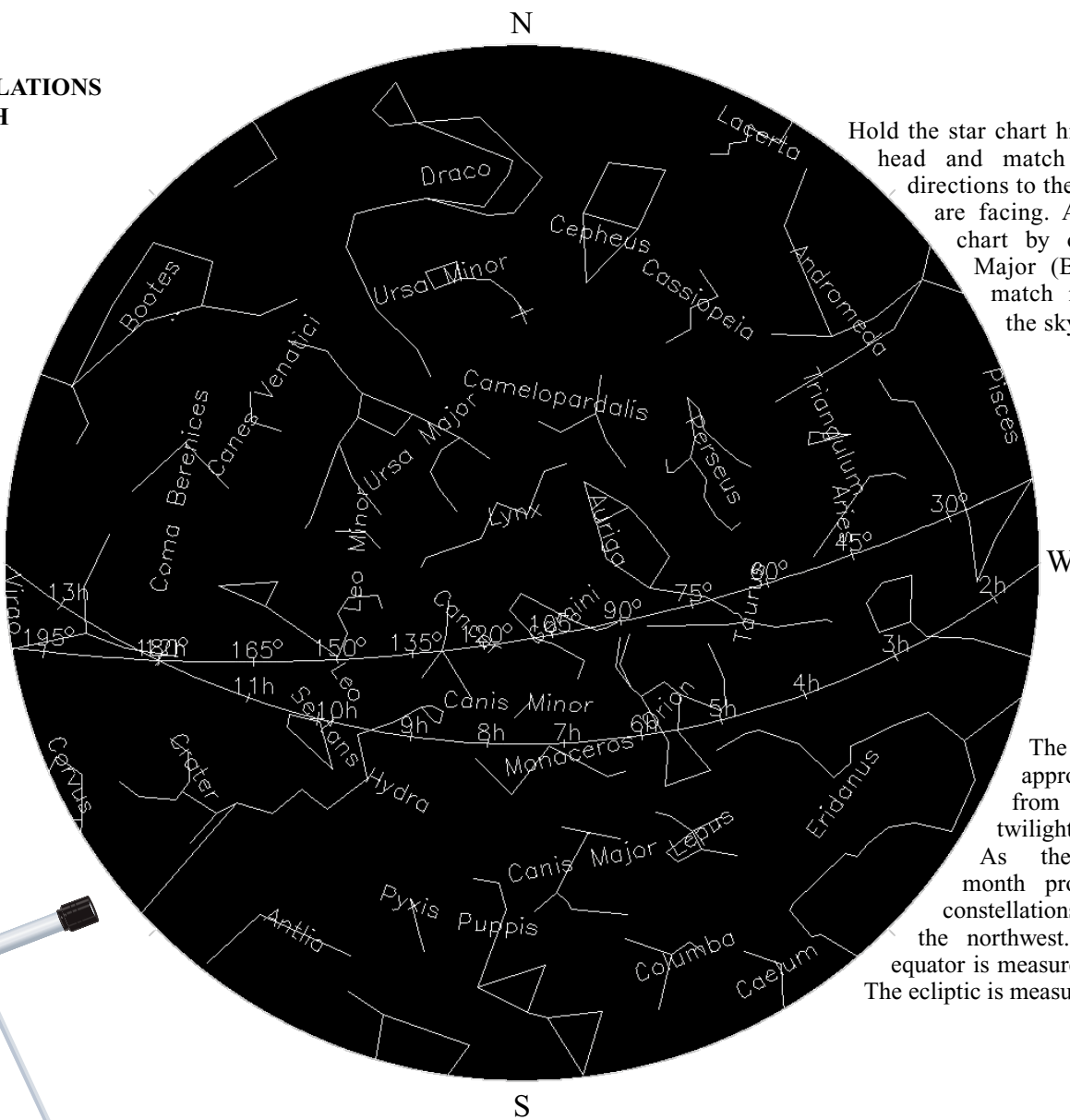
Westward

- Aries
- Orion
- Pisces
- Taurus



Use the stars of the Big Dipper in Ursa Major to identify bright stars in the evening sky. Follow the arc of the handle away from the dipper to Arcturus (Bootes). Continue the arc to Spica (Virgo). Trace the two stars of the dipper that attach to the handle downward to Regulus (Leo). The two outer stars of the dipper lead northward to Polaris (Ursa Minor/ Little Dipper).

Moab UT (at City Hall)
 38°34' N Latitude - 109°33' W Longitude
 4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximate the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

DAYLIGHT SAVING TIME

On March 10 we exchange an hour of morning light for an hour of evening light. DST begins on the second Sunday in March at 2:00am when time springs forward to 3:00am. Fyi...the proper phrase for DST is "daylight saving time" rather than "daylight savings time." It's a grammar issue about adjectives and nouns. The United States Naval Observatory currently uses the phrase "daylight time" to parallel "standard time."

DAYLENGTH

March favors light. Not only does the period of daylight increase by one hour 15 minutes (largest increase during any one month), but the balance of daylight hours versus hours of darkness tips in favor of daylight with the vernal equinox. Note, however, that the first 12-hour day occurs four days before the equinox. That anomaly results from refraction of light through the atmosphere around the curvature of the earth.

Track the change in light at each end of the day through three stages of twilight. Civil twilight marks the well-lit 30-minute period immediately before sunrise and after sunset. Nautical twilight begins about one hour before sunrise and one-half hour after sunset. This period charts a change in the quality of light during which colors and shapes define the morning landscape or dissolve from the evening landscape. Astronomical twilight begins with the earliest hint of light in the eastern dawn sky around one and one-half hours before sunrise. In the evening sky, it follows the 30-minute period of fading light of nautical twilight. By the end of evening, astronomical twilight—one and one-half hours after sunset—darkens the western horizon and night begins.

VERNAL EQUINOX

By the time the sun rises on March 20, springtime will be official. March 20 at 5:02am MDT the sun's position in the sky passes the celestial equator and makes way for warmer temperatures in the northern hemisphere. (The celestial equator traces a line across the sky directly above

the earth's equator.) Take note of the positions of due east and due west from your location as the sun rises at 7:21am and sets at 7:30pm.

MOON HAPPENINGS

- Mar 4 – Last Quarter Moon rises soon after midnight.
- Mar 11 – New Moon occurs at 1:51pm.
- Mar 19 – First Quarter Moon sets after midnight.
- Mar 26/27 – Full Moon rises 3/26 at 7:16pm and becomes full 3/27 at 3:27 am.

(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

METEOR EVENTS

Some striking fireballs streaked through the February skies and commonly continue through March and April as random events. No major meteor showers occur in March.

COMET VIEWING

Astronomers have been tracking Comet PANSTARRS (c/2011 L4) since mid-2011. Currently visible in the southern hemisphere, it comes into visible naked-eye range for northern hemisphere viewers in early March. Comets often do not live up to their predicted grandeur; but, if true in this case, expect a 0-magnitude object at least as bright as all the brightest objects in the night sky (Sirius in Canis Major and Jupiter in Taurus excepted).

Find a high vantage point with a clear view of the western skies because the comet appears low on the horizon. Look almost due west below brilliant Jupiter, which should be visible high in the western sky as nautical twilight begins (see Daylength paragraph). Don't expect a starlike point of light. Comets can be differentiated from surrounding stars because they appear as a more diffuse ball of light. Binoculars and small telescopes will help refine the shape and reveal the comet's tail.

The arrival of Comet PANSTARRS in our skies marks a trip measured in millions of years from the Oort Cloud of comets circling our solar system. It passes nearest to earth on March 5 and nearest to the sun on March 10. Another 110,000 years will pass before it returns. Best viewing in

the northern hemisphere is March 8-12. PANSTARRS continues to be visible into April but may require magnification. On March 12/13 a waxing crescent moon returns to the western evening sky. Look for the comet first to its left then to its right on subsequent days. Throughout March it moves northward from Pisces into Andromeda where it passes the Andromeda Galaxy in early April.

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

VISIBLE PLANETS

Jupiter – Locate the brightest object in the evening sky on a moonless night, and you have found Jupiter (high in the west) in Taurus. On March 17 a near-quarter moon squeezes between Jupiter and Taurus's red star Aldebaran—Jupiter 1.5 degrees to the west and Aldebaran 3.5 degrees to its east. Jupiter sets soon after midnight. (Magnitude -2.2)

Saturn – Around midnight on March 1 look for a waning gibbous moon rising about 3.5 degrees to the right of Saturn with blue-white Spica (Virgo) to the moon's far right. The golden planet (in Libra) lingers in the sky through morning twilight. On March 28 a waning full moon again positions itself between Spica and Saturn. (Magnitude +0.3)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

MOVIE HAPPENINGS

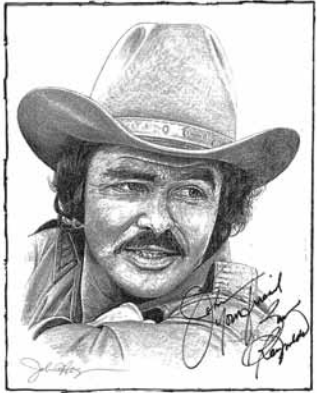
Articles and drawings by John Hagner

Movies Made in Moab

This is the 10th in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmen's Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

FADE IN (1967)

"Iron cowboy" was the alternate title for "Fade In" in 1967 when it was released on video. It never showed in American theaters. It starred Loden. She portrays a film worker from Hollywood that comes to Moab with a film



production company. She falls in love with a local rancher (Burt Reynolds). Many of the businesses and structures in town were shown as on-screen settings. The old Holiday Theater is where the Wells Fargo Bank is now located.

Stunt-coordinator Stan Barrett doubled for Burt Reynolds and Dick Butler also did the action.

In 1975, Burt Reynolds was footprinted in cement to commemorate the first of many such ceremonies. His close friend and famous stuntman Hal Needham also was present, along with Lee Majors of television's action series, "The Fall Guy" and "Six Million Dollar Man" came as well as actor Dale Robertson. They and 28 other famous personalities of the entertainment industry were honored at this ceremony held in Palmdale, California. Burt and many of the others present also donated some of their personal memorabilia to the Hollywood Stuntmen's Hall of Fame. Location was in and around Moab and Castle Valley.

EASY RIDER (1969)

Starring Peter Fonda, Dennis Hopper and Terry Southern.

Produced by Peter Fonda and directed by Dennis Hopper. They travel through the Southwest. This film was included to the Library of Congress National Registry in 1998. It explores the social landscape, issues and tensions in the United States during the 1960s, including the rise and fall of the hippie movement, drug use, and communal lifestyle. The movie is famous for its use of real drugs in its portrayal of marijuana and other substances.

After smuggling cocaine from Mexico to Los Angeles Wyatt and Billy sell their contraband to "Connection," a man (played by Phil Spector) in a Rolls-Royce and score a large sum of money. With the money from the sale stuffed into a plastic tube hidden inside the Stars and Stripes adorned fuel tank of Wyatt's California-style chopper, they ride eastward in an attempt to reach New Orleans, Louisiana, in time for Mardi Gras.

If interested in learning more about the Hall of Fame, please contact John Hagner (Founder) at 435 260-2160. email: johnhagner@hotmail.com Hall of Fame website: www.stuntmen.org

Stunts Stars And Legends: Hal Needham

Hal Needham was born in Memphis, Tennessee. He was the son of Edith May and Howard Needham ... raised in Arkansas and Missouri. Needham was a paratrooper during the Korean War. He worked as a treetopper and was a billboard model for Viceroy Cigarettes while starting his career in Hollywood as a stuntman.

Needham's first job was as a stunt double for Richard Boone on the TV western series, "Have Gun, Will Travel".

Stunt double for 30 years for John Wayne, Chuck Roberson was involved in helping Hal in training in the 1960s and he became one of the leading stuntmen on such films as "How the West Was Won", "McLintock", "The War Lord", and "Little Big Man". He became a close friend of Burt Reynolds and shortly thereafter, he moved into stunt coordinating and directing second unit action.

He also designed and introduced air bags and other stunt equipment very important to the movie industry.

Hal and fellow stuntmen Glenn Wilder and Ronnie Rondell in 1971 formed "Stunts Unlimited". Needham wrote a screenplay called "Smokey and the Bandit". The movie was a big success, as well as two others that followed ... "Hooper", "The Cannonball Run", and "Megaforce".

He moved out of stunt work, focusing on the "World



Land Speed Record". He received a "Lifetime Achievement Award" from the "Taurus World Stunt Awards" in 2012 and was awarded a "Governors Award" by the Academy of Motion Picture Arts and Sciences, as well as a longtime Honored Inductee in the Hollywood Stuntmen's Hall of Fame.

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Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

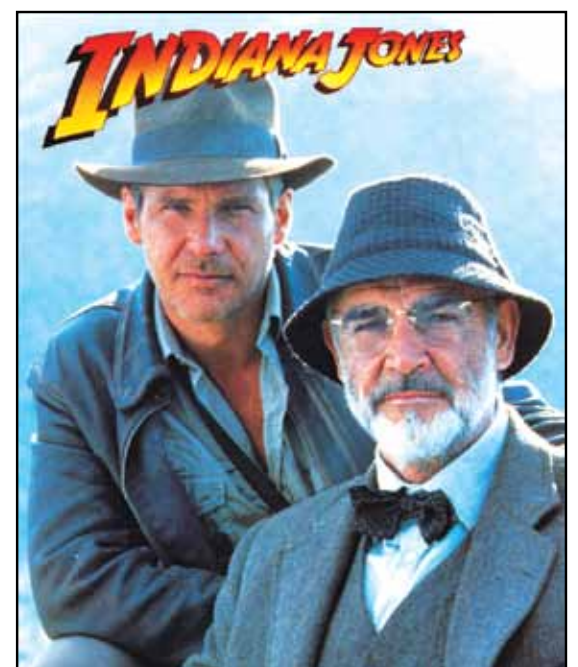
In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda,
Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony
Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy
Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance,
Susan Sarandon, Geena Davis, Ted Danson,
Tom Cruise, and many more.



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PET HAPPENINGS

The "Scoop" on Cat Litter

This month's topic: cat crap! Yep, one of our favorite topics at the Moab BARKery. There is a lot of information and mis-information about cat litter. Recently there has been a lot of talk about how bad clumping cat litter can be for your cat. We want to set the record straight about what is good and bad about cat litter, reviewing each type.

Clumping cat litter – This is the most widely available litter out there with 100's of brand names, but most of them contain the same base ingredient. The ingredient is Sodium Bentonite, often referred to as "clay" because it is highly absorbent and looks like clay when it is wet. This ingredient expands 15 to 18 times its normal size and creates a strong bond when wet which is why it's considered clumping. The good parts of this common cat litter are cost effectiveness and availability. Every pet supply store carries some version of clumping cat litter and you can get it for as little as \$.20 per lb. The bad part (and it's really bad) is that strip mining is used to get the base ingredient. This industry is very destructive to nature and often recovery is overlooked and never required by local municipalities. There are a few brands (we carry Integrity) that consider the strip mining impact, and actually have a nature recovery and restoration effort in place. The other bad part about sodium bentonite, it's a known irritant for people and kitties with respiratory issues, and if consumed (directly by eating it or indirectly by grooming) can ball up in the esophagus or stomach and cause a lethal blockage. These problems are what most consumers are responding to, and why this type of litter is considered bad. Now both of these bad parts are not going to affect everyone. If you have any allergic or respiratory sensitivities or a fastidious groomer, steer clear of any "clay" cat litters.

Non-clumping cat litter – The main ingredient in this product is Quartz Silica (or crystalline silica) and is a known carcinogen when inhaled. What is good about this type of cat litter is again availability and super low cost at as little as \$.10 per lb. Of course the bad part is the known cancer risk and respiratory issues if inhaled. This was the most common type of litter 15 years ago, but is no longer the standard as clumping has taken the number one spot and there are many, many safer alternatives.

All of the alternatives to clay litter are superior in safety but many fall short in performance. We have found a wide array of reasons why cats or their owners won't make



the switch to natural and safer alternatives. The main reason is simply the cats won't use them, but we also hear people say that they hate the smell of the natural litters or their cats don't like the texture. Here is

what we hear about the alternatives and ways to deal with potential problems.

Corn and Wheat litters – Both are made from easily renewable resources and are much more earth friendly than "clay" litters. The usual problem with these litters is texture, tracking, cost and smell. The texture is much lighter than "clay" so there is more in the bag for the same weight (a plus for cost) but more sticks to the bottom of paws too which can lead to tracking litter in the house. Often the smell of these litters is more natural and rarely has that perfume or chemical cover up smell, so you may smell the "cat deposits" more frequently. I personally use a corn based litter (world's best cat litter) for my cats, and don't mind the litter's smell at all, but everyone is entitled to their opinion. Corn based litters often have a larger texture than "clay" as well, so if your cat is picky about this sort of thing, blend the new litter in slowly so they get

by Jessica Turquette co-owner of Moab BARKery

used to the smell and texture. Wheat litter is often smaller in texture than "clay" so again blend it before you switch so your cat has time to adjust. Both of these options are great for people or kitties with respiratory issues, and even though they cost around \$1 per pound you will use less, and have to completely change out the box less too!

Pine and Paper litters – I put these two in the same category because these are the two that are farthest from the look and feel of "clay" litter. Paper litter is often recycled newspaper and comes in a wide variety of sizes and texture. When first introduced it came in pellet form (and was often rejected by cats for that reason), more often now you will find it in a smaller texture. The good part about this litter, it's super earth friendly! The bad parts are cost effectiveness and odor control. If you are good about cleaning the box this is a great alternative to "clay". Pine litters are often rejected because of the strong pine smell, it either puts off the owner or the cat but that same factor often helps control a used box smell. Pine has natural antibacterial properties so it can help keep a cleaner box. This litter is a good choice for around \$.80 per pound. It's also very different than clay and is often the hardest to switch so go slowly.



The last thing you should know about litter is this. Many brands of litter are scoop-able and flush-able (sounds great right....maybe not!). It is becoming more apparent that the cat poop we are flushing is affecting the ocean life that comes in contact with it! Cat poop is killing sea otters. How you say? When the flushed "kitty gift" makes its way to the ocean/river it is consumed by the bottom dwellers (crabs, mollusk, catfish). In turn when these bottom dwellers are eaten by sea otters they are dying from Toxoplasma gondii, known to develop and thrive only in domestic cats. There is no way to prove that



the poop is coming from sewage or from feral cats, but the guess is both and we can prevent the sewage contribution, right! Consider that the convenience of flushing cat turds is not worth the environmental risk. The EPA recommends using a

plastic (biodegradable or not) bag and sending that crap to the landfill.

So which litter is really the most earth friendly, easiest to use and most cost effective? It doesn't exist, yet. I personally don't mind scooping the poop more often and paying more for corn based litter, but that is because I have respiratory issues (oh and I only have 2 cats). You just need to decide what is most important for you, and hopefully with all that information above you know exactly what you are buying.



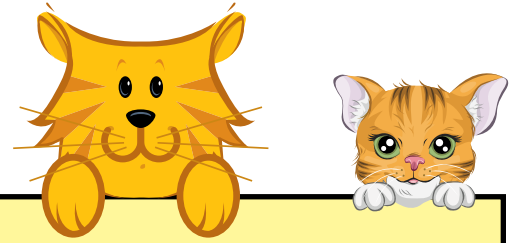
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March 2013 Events

- March 2nd - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- March 9th - Dog Adoption Day at City Market from 11am-1pm
- March 16th - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- March 23rd - Dog Adoption Day at City Market from 11am-1pm

The Times-Independent

The Moab Times Independent is partnering with the Humane Society of Moab Valley for a non-profit fundraiser. For each \$32 subscription sold to a NEW subscriber, \$25 is donated to HSMV. This only applies to new subscribers (84532 zip code), for one year only, and no other discounts apply. For subscription forms stop by the Times Independent or HSMV office located inside the Moab Animal Shelter at 956 Sand Flats Road.

Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.

Don't forget to get your 2013 Humane Society Membership. The membership card offers free items or discounts with 18 different local businesses. To purchase a membership please stop by our office at the City Shelter or visit the website at www.moabpets.org

The Bark Park - Off-leash Dog Park



Location: 100 E 300 S

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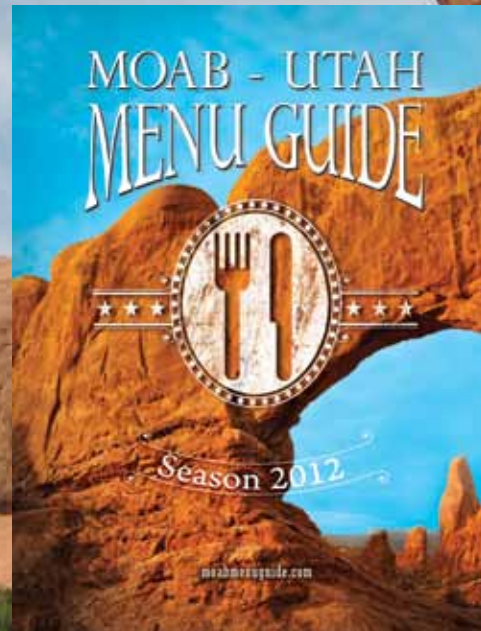
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Jeep Safari Expo! March 28 & 29



A major event held each year in conjunction with the Easter Jeep Safari is the Vendor Exposition. This 2 day industry tradeshow, held on Thursday and Friday (March 28 & 29) during Jeep Safari, offers an opportunity to wander around the Old Spanish Trail Arena grounds and see offerings by over 140 companies. The emphasis is on 4 wheel drive related products from little novelty items up to complete transmissions and tires. There are also vendors offering clothing, tours, and 4 wheel related souvenirs. The Jeep Safari Vendor Expo is free to the public and it will have over 6000 people walk through over the two days.

The vendor expo has an interesting history in how it became a major part of the Safari experience. When the Moab Chamber of Commerce turned the Safari over to the Red Rock 4 Wheelers (RR4W) in 1984, the RR4W club was only dealing with a two day event and casual registration. If you wanted to go, you just showed up and joined a trail. As the event started to attract more attention, the club moved


registration to the "Barn", (site of the present day Eddie McStiff's Restaurant) which was a large open space garage that had once been the shop a car dealership formerly located on the property. The club was approached by a local T-shirt screen printer and a parts company from Salt Lake City to set up at the registration area to sell products. This was the beginning of what has grown to this year's impressive exposition.

The growth of the Vendor Exposition has been parallel with the growth of the Easter Jeep Safari. The Barn was no longer available for registration as Eddie McStiff's purchased the building and caused the Jeep club to move to the old Grand County Senior Center located on the east side of Moab. This location had more room and the number of vendors slowly grew and the first semi-trailer was added to the mix. The BF Goodrich company, which has a long history of supporting the Safari, asked to attend with a semi-trailer and offer Safari attendees "Ride & Drive".

This was an opportunity for a 4 wheeler to try a set of new tires on their rig for a day. This has grown to 6 major tire companies now doing similar offerings.

The continuing growth of the Safari and Exposition attendance caused another move of the registration and expo activities to the present location at the Old Spanish Trail Arena (OSTA). The early years at the OSTA were only in the covered arena with a few larger vendors outside the entrance doors. More vendors were requesting semi-trailer space and the upper parking lot was added into the floor plan to accommodate the expanding number of vendors displaying at the expo.

2012 became a make or break year as the Expo was reaching another space crunch. To keep the momentum going for 2013, the Expo added an additional 14,000 square feet for new vendors under tents. Also, the arena complex is breaking ground on community ball fields and soccer fields along with a covered pavilion that will enhance the amount of space available for the expo in future years.



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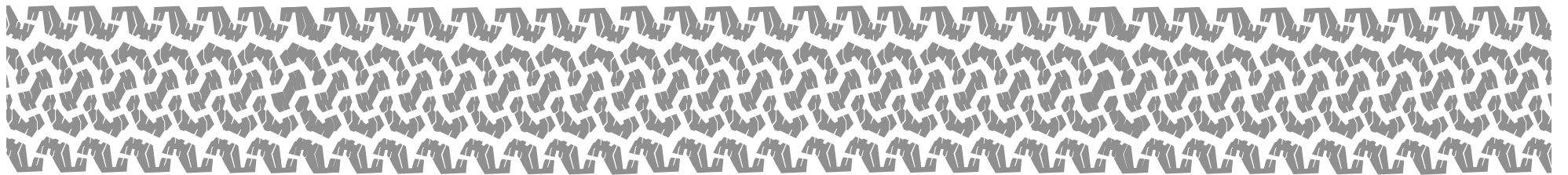


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Photo Credit: Rise Above Photography

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- Shannon



Nick Nelson

Photo Credit: Spidertrax Photography

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- Nick, 2012 Ultra-4 Champion



Erik Miller

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"Since switching to Howe Performance, I have not had a steering failure all season. Carrying a spare pump is a thing of the past!" - Erik Miller



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Jeep Safari History

The Jeep Safari was started in 1967 by the Moab Chamber of Commerce. The very first trail was the "Behind the Rocks Trail" (according to what has been told to the club President, the road was made or improved with a BLM employee and equipment). The "Moab Rim" was then added the next year. In those days, individual ice cream packages were dropped by airplane to the trails at lunch. All the leaders were Chamber members, there was no charge or entry fee, and only a Saturday trail. To register you showed up Saturday morning and signed up for the trail you wanted. The Safari was run this way through 1983 at which point the BLM required a permit and insurance. The Chamber was no longer able to run the safari and approached the Red Rock 4 Wheelers to run the event.

The Jeep Safari itself, and participation in the event has grown since the club officially formed in the early 80s. Once the event was coordinated by the Red Rock 4-Wheelers, the registration moved from the Chamber building north of town, to Lion's Park, and on to what was called "the Barn" which is where Eddie McStiff's is currently located near Center and Main. Over the years the increase in participation grew to expand the trail riding to more days until it finally reached a nine day event. "Big Saturday" still remains the culmination of the event on the Saturday of Easter weekend. With the increase in numbers and Eddie McStiff's being built the registration was moved to the Grand County Senior Center. The continuing growth of the event and the increase in outside vendor interest caused it to be moved once again. The club chose to move to the Old Spanish Trail Arena where it is located today, several miles south of the city of Moab on highway 191. The move to the arena allowed the club to consolidate all Safari related activities. This became the location for registration, participant raffle, Boy Scout BBQ dinner, and the national vendor exposition.



The Easter Jeep Safari has become a major four wheeling event that is recognized world wide. The trails available surrounding the Moab area have become both vehicle photo opportunities and fantastic conditions for equipment testing. It has become routine during Safari to expect writers and photographers from all of the major national magazines and electronic media to be in attendance. In 2012 the Safari registered groups from Israel, France, Mexico and Canada. For 2013 we expect a large group from Australia, New Zealand and a return of a group from Israel.

Overall registration for Safari has been fairly flat with only small increases over the last few years. The 1700 vehicles for 2012 included 1500 paid participants and 200 club members as leaders. In the past several years, although the visitation to Moab has continually increased during the time the official event is held, registration levels in recent years have not. Early advance registration takes place online at RR4W.com and many of the very popular trails sell out early. The Safari offers a variety of trails from very easy to extreme four wheeling and over the 9 day run of the Safari there is something for everyone. Many of the trails have space available and by checking at the registration office located at the Old Spanish Trail Arena every morning from 7 AM to 9 AM you can probably get on a trail.

Red Rock 4-Wheelers (RR4W): A few years prior to 1983 the club had been formed as a small local organization by George Schultz. Most of the meetings were held in members homes. In the early months of 1984 after agreeing to take over the Easter Jeep Safari members (Leaders) were being recruited to run the



Safari. And that transformed the club to what it is today. They have gone through many changes and added many new members, but they haven't forgotten that the club was formed as a family club to have fun and promote responsible 4-wheeling. So now, instead of just Jeep Safari, RR4W has the Labor Day Camp Out, trails of the month, they cleanup and mark the trails, and participate in other club outings. RR4W also works to keep the roads that we have open.



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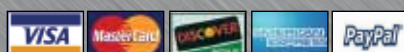
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Moab Jeep Safari Exposition

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The Easter Jeep Safari gathering of four-wheelers (who might want to buy something) becomes a magnet for people who would like to sell something. Now that the Red Rock 4 Wheelers use a large arena for registration, there is considerable room for displays by manufacturing and sales organizations, both large and small. The demand for this display space has grown to the point that there is a waiting list to get in.

The product displays have been limited to items of interest to "our crowd," but some spaces have been donated to worthy causes that are directly related to Easter Jeep Safari activities.

As in recent years, there will be indoor and outdoor displays of 4-wheel-drive products on Thursday, March 28, and Friday, March 29. These vendors have rented their space, and many have contributed products to a giveaway drawing on

Friday evening, March 29th. Every registered participant in the Jeep Safari receives a ticket to this giveaway (your ticket will be in your registration packet) The drawings will follow the traditional Boy Scout barbeque dinner which is expected to begin at 5:30 p.m.

In order to make the prize drawing move along quickly, we require that the giveaway prizes be substantial in value, but the vendors have been so generous that the drawings usually go on well into the evening. The drawing requires the ticket holder to be in attendance and the drawings have been popular enough to create real traffic jams near the Arena, so please be patient with parking and traffic control officials.

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RED ROCK 4 WHEELERS

The Red Rock 4 Wheelers (RR4W) started out as a small group of avid 4 wheelers located in Moab that had some basic work vehicles and a desire to explore the vast back country available to them in the Moab area. Most of the vehicles were everyday work pickups or vintage military surplus jeeps. Many of the early members were miners, ranchers and local businessmen. This was prior to today's much improved SUV's.

The Moab Chamber of Commerce had started an event in 1967 called "Jeep Safari" as a way to bring visitors to Moab and experience the area. The Chamber didn't charge anything for the event and it grew slowly for a few years. The Bureau of Land Management started to require a permit and insurance which caused the Chamber to approach the RR4W to take over the organization management of the Jeep Safari. This was a natural progression, since many of the Chamber members were also members of the RR4W and had been trail leaders from the beginning.

From its small group meeting in a members front room, the club has grown to over 700 members in the world. Members hail from every state in the USA plus Canada and 5 foreign countries. Many of these members come to Moab every year to help put on the Safari. Many of these members are also members of other 4 wheel clubs around the US.

The RR4W have managed the Easter Safari ever since. The club has grown progressively along with the growth in attendance of the Jeep Safari. The club meets monthly to plan club activities and events. They try to have a monthly trail run as a group. These activities vary from an annual Christmas tree run to organized runs to nearby areas like Telluride or Grand Junction. The club is active in trail maintenance to keep all of the local trails in good working

condition both for Safari and for everyday use. The club also has another event in the fall each year called the Labor Day Campout. This a three day event aimed at newcomers and only uses lower rated trails for family fun. This event which is much smaller in size than the Jeep Safari offers overnight and two day trails for 4 wheelers interested in camping.

Every spring, prior to Safari, the club hosts an appreciation day in conjunction with the Moab Chamber of Commerce. This social event takes a large number of Chamber members on a short luncheon trail. It appeals to newer members of the Chamber that have just moved to Moab. The club also arranges to take a number of seniors from the Senior Center along on this trip. Many of the people who go on this day have never done any four wheeling.

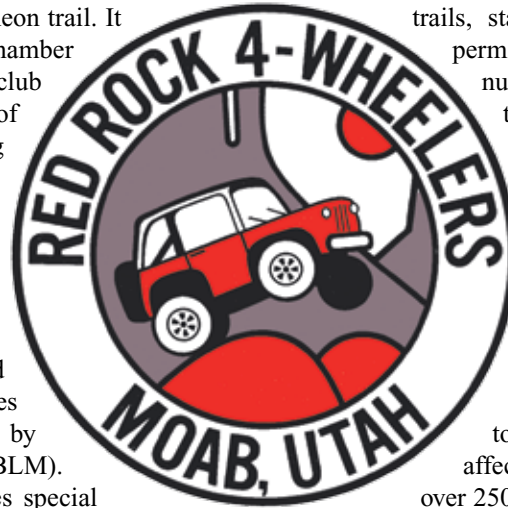
As the Easter Safari has grown, the RR4W have become, by default, the leaders of responsible trail use in partnership with the land use agencies. The Safari operates under a special use permit issued by the Bureau of Land Management (BLM). The size of the Safari also requires special use permits from Utah State School Trust Lands (SITLA), National Park Service, USDA Forest Service, and Utah State Sovereign Lands. The BLM, as the lead agency, sets the rules that RR4W must follow to put on the Safari. The rest of the agencies follow along with these rules, with some minor additions. The permit has been issued for 5 years at a time and at each renewal period, the RR4W and BLM negotiate the stipulations of use for the

next 5 year period. However, in 2013 the Safari was issued a 10 year permit. This permit contains some additional trails and some minor additions to existing trails. These additions will allow the Safari to offer new experiences in upcoming years.

These additions came with some additional permit stipulations. At present there are 55 stipulations for use. The majority are common sense i.e.: stay on trail, pick up trash, don't drive over trees, etc. Some become more trail specific i.e.: don't disturb bighorn sheep on certain trails, stay out of creek bottoms, etc. The permit also contains specific limits on the number of vehicles allowed per trail and the number of times a year the trail can be used by the Safari. Of the 30 identified trails used by Safari, only one uses the BLM mandated limit. Every other trail uses a lower limit set by RR4W. For the record, the RR4W pay the various agencies over \$40,000 in land use fees every year for the Safari.

The natural human tendency towards a group jeeping mentality has affected the 4 wheeling world. There are over 250 known 4 wheel clubs in the US plus a similar number of affinity groups. Affinity groups are identified by some element of sameness i.e.: Bronco owners, Range Rover owners, Jeep Liberty owners, KJ owners, etc. Many of these clubs and affinity groups make annual trips to Moab to play. These trips start in February and continue into late June of every year. An average weekend in Moab during this period will see as many as 10 of these groups in town. Some groups may have as many as 40 to 50 vehicles involved. Add to the mix, ATV groups, UTV groups, dirt bikers, motorcycles and it becomes apparent that the BLM restrictions need to be in place.

The RR4W club is a supporting member of Tread Lightly, Blue Ribbon Coalition, USA All, Take Back Utah and The Utah State Four Wheel Drive Association. This support is intended to enhance the lobbying effort for responsible open land use.



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OLD SPANISH TRAIL ARENA

The Old Spanish Trail Arena (OSTA) is the main attraction of the Grand County Recreation complex located 3 miles south of Moab on Highway 191. The overall facility grounds contain a number of horse stalls for overnight rentals as well as stalls for special events held at the facility. There is a 5/8 mile horse race track with a training area and stalls for the track. Inside the race track area is an outdoor arena for practice events and roping events. There is also a practice ring for walking horses outdoors adjacent to the stalls.



At present the largest single event to use the facility is the Easter Jeep Safari. Starting early in the event, the Red Rock 4 Wheelers use the conference room for event registration. As the week progresses, the activity level increases with the setup of the Safari Expo which takes place on Thursday and Friday of Jeep week. This major event will showcase over 140 national vendors and will use the entire facility, including all of the track and stall areas for parking and display. For 2013 an additional 14000 square foot tent is being added for additional covered vendor display space. This event is free and open to the public, drawing

The main feature of the recreation complex is the arena. This 40,000 square foot covered facility provides a location for myriad of activities. Since its opening in 1991, the building has hosted a variety of activities including rodeos, steer roping, horse shows, county fairs, circuses, MMA fights, roller derbies, volleyball tournaments, dog trails, gem shows, and barrel racing. It is also used as an exhibit hall for automotive events such as Jeep Safari, Land Rover gatherings, ATV/UTV events and other similar groups.

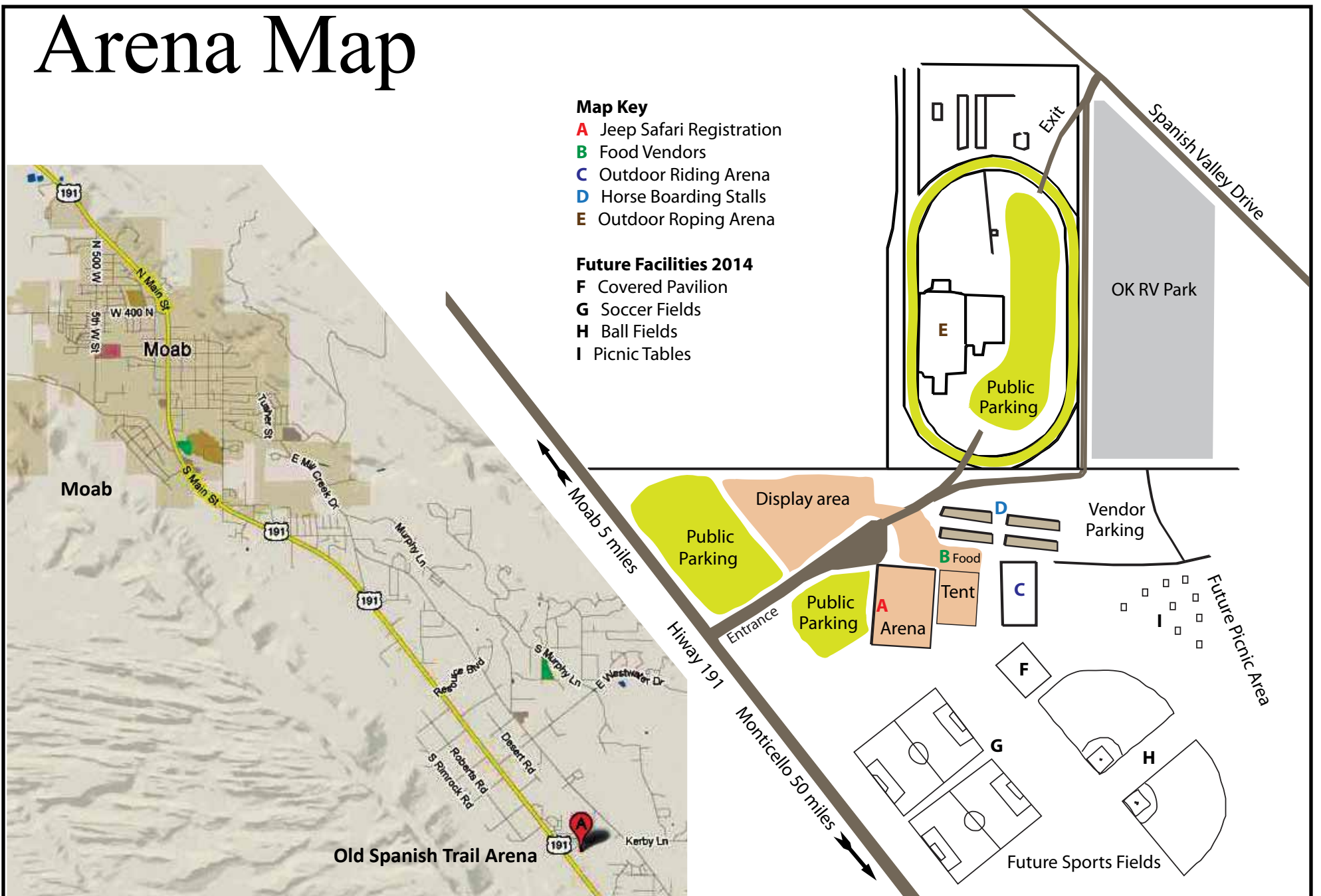
The OSTA can seat 1,100 people in the grandstands overlooking the 24,000 square foot arena floor. The primary design of doorways and livestock chutes make it a perfect facility for rodeos, bull riding, steer roping and similar competition events. In a matter of hours, the OSTA staff can remove or relocate rails and re-purpose the facility for other events. From the perfectly flat floor required for a roller derby to backboards on the rails for indoor soccer games, the flexibility of the building has been proven many times. A small permanent snack bar and a small conference room add to its versatility for a variety of users.

over 6000 people during the two day run.

As a response to an increased population that has moved into the valley, the Grand County Special Recreation District, the agency responsible for the OSTA, has announced plans for expansion. Construction will start in the spring of 2013. The expansion plans will include two full sized ball fields, two soccer fields, additional parking, a 10,000 square foot covered pavilion, rest rooms, and additional family picnic areas. With these additions to the complex, it will become a truly full service multiuse facility.



Arena Map



EXPO VENDORS

1440 Image Apparel..... CO	Iron Rock Offroad..... MN	Ripp Superchargers..... NY
4 Wheel Drive Hardware..... OH	J.E. Reel Drivelines..... CA	River Raider Off-Road..... PA
4 Wheel Parts..... LA	Jeepers Jamboree..... CA	Rock Krawler Suspension..... NY
Acme /Strike Force Zebra..... CA	Jeepin By Al..... PA	Rockhard 4x4..... NE
Advance Adaptors..... CA	JKS Manufacturing..... MI	Rock-Slide Engineering..... UT
An American Footprint..... OR	Mac's Custom Tie Downs..... ID	Rockstar Energy Drinks..... CA
Anzo USA..... CA	Magnaflow..... CA	Royal Purple..... TX
Aqualu Indust..... BC	Magnuson Supercharger..... CA	Rubicon Express..... CA
Artec Industries..... AZ	Manti Lasal Nf./Blm..... UT	Safari Tactical..... CA
B&M Racing..... CA	Mastercraft Safety..... CA	Sagebrush Coalition..... UT
BDS Suspension..... MI	Metalcloak..... CA	Skyjacker Suspensions..... LA
Bestop..... CO	Mickey Thompson Tires..... OH	Smittybuilt..... CA
BF Goodrich Tires..... SC	Mile Marker Inc..... FL	Source Interlink Media..... CA
Bilstein Shocks..... CA	Mile-Hi Jeep Club..... CO	SPC Performance..... CO
Blueribbon Coalition..... ID	Mount Logan Offroad..... UT	Spidertrax Offroad..... CO
Bob's Toy Jeeps..... NM	Mountain Offroad Enterprises..... CO	sPOD..... CA
Boostec Us Inc..... CO	Nice-Rak..... AZ	Sprintex Superchargers..... OK
Bushwacker Inc..... OR	Nitro Gear & Axle..... WA	Stuck On You Jewelry..... UT
Calmini Products..... CA	Nitto Tire U.S.A..... CA	Superchips..... GA
Clayton Off Road..... CT	Northridge 4x4..... WA	Superwinch,Llc..... CA
Competition 4x4..... UT	Notch Customs..... UT	Surprise Straps..... AZ
Currie Enterprises..... CA	Novak Inc..... UT	Swag Off Road..... OR
Daves Custom Unlimited..... AZ	Off Road Only..... MN	Synergy Suspension..... CA
Daystar Products..... AZ	Offroad Design..... CO	Teraflex..... UT
Dee Zee..... IA	Off-Road Solutions..... AZ	The Sickline..... UT
Doug Smith Chrysler Dodge Jeep Ram..... UT	Olympic Auto Accessories..... CA	This & That Customs..... WY
Dynatrac Products Co..... CA	Or-Fab/Performance Auto..... AZ	TJM Off-Road Products..... CA
Dynomax Exhaust Sys..... AZ	Ortech Suspensions..... OK	TKP Solutions..... CA
EVO Manufacturing..... CA	Painless Performance..... TX	Tom Wood's Drive Shafts..... UT
Expedition One LLC..... UT	Paramount Automotive..... CA	Tomken Machine..... CO
Factor 55..... ID	Poison Spyder..... CA	Torq Motorsports..... UT
Falken Tire..... CA	Poly Performance..... CA	Tread Lightly..... UT
Flex-A-Lite..... WA	Power Tank..... CA	TubeShark/GRB Innovations..... OR
Fox Racing Shocks..... CA	Prime 4x4..... UT	Tuff Country Suspension..... UT
Full-Traction Suspension..... CA	Pro Comp..... CA	Tuffy Security Products..... CO
Goat Built, Inc..... WI	PRP Seats..... CA	Utah 4 Wheel Drive Association..... UT
Hanson Offroad/Purejeep..... CA	PSC Motorsports..... TX	Vector Offroad..... UT
Hellwig Products..... CA	Pull Pal-Premier Power Welder..... CO	Walker Evans Racing..... CA
HPA Motorsports..... BC	Rancho Suspensions..... AZ	Warn Industries..... OR
Hutchinson/Rock Monster..... NJ	RCV Performance..... IL	Wolf Led Systems..... CA
Icon Vehicle Dynamics..... CA	Readylift Suspensions..... NV	Yukon Gear & Axle..... WA
Ideal Offroad..... UT	Rebel Offroad..... CA	
Innovative Creations..... AZ	Reckless Couture..... UT	

Scheduled to appear as of press time - more vendors expected.

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Tuesday March 26th

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A Safari Experience

OK - You have just driven your new SUV fresh from the showroom, where the smooth talking salesman assured you that your new vehicle, which cost you more than your first house, is Moab ready and you can conquer anything that Moab can throw at you. Right, must we remember where car salesmen are on the people we trust scale. Anyway you now have a 4 wheel drive vehicle with a long list of off-road options, most of which you don't have a clue what they are for, but you just paid as much as a year in college for all of these options and are itching to try them out.

So - an internet search looking for a place to try out the new toy, brings up a long list of backcountry, scenic, rugged, awesome, thrilling, etc. locations, just waiting for you to explore. After some refining of your search, eliminating Australia, Israel, Baja, and similar exotic locations, you are starting to realize that you may want something with a little less daunting challenge. Further research, which consists of three friends at the water cooler or your son's input about great spring break locations, you hear about a little town in southern Utah that puts on a "Safari" during Easter of every year.

Why a "Safari" as opposed to a tour or just going to Amazon.com and buying a self-guided tour book of some off-road trails. A tour will consist of a local entrepreneur who will drive his own vehicle and lead you on the trail of your choice, or his choice, depending on his mood. How about the illustrated tour guidebook that you found on Amazon.com. These vary much like the tour operators, from great to; what have I got myself into? These tour books will offer everything from very vague overviews of an off-road trail, to so much detail that you feel you don't even need to go. Be sure to check the publication date. Unlike paved roads, these trails are subject to the forces of Mother Nature and may have changed dramatically since the guide was first published. Nothing will take the edge off your day (and paint off your new SUV) than 20 miles up and down a dusty rough trail to arrive at a closed, locked gate, and no place to turn around, without backing up for a mile, caused by a trail guidebook that is 10 years old.



All right, you're convinced, You need to try a Safari. What now.? You pick up a copy of the Easter Jeep Safari Magazine, available at most tourist locations in Moab. Or you can go to RR4W.com to see much of the same information. Remembering the salesman's glowing comments about the capabilities of your new SUV, you pick a trail that sounds like the perfect fit to your desire to test your new SUV and your companion's request for beautiful scenery. You can now register online (RR4W.com) and follow the simple instructions for newbies, or if already in Moab, you can go to the Old Spanish Trail Arena and register in person.

Now comes the big day. It's "Big Saturday" in Moab, the largest parade of SUV's in the world. 1500 vehicles preparing to depart, all at once for the day. You have chosen a trail rated 4, fairly moderate with some potential challenges. You are not concerned, remembering the salesman's parting comments as you left the dealer's lot. You find the starting line-up, report to the trail leader, glance around at the variety of other vehicles already in line, and begin to question your trail choice. You are looking at vehicles with oversize tires, decals on the sides of the vehicles advertising manufacturers add-ons, all sorts of intimidating tools hanging from bumpers and roof racks and rough looking red-necks looking at your REI clothing.

The siren goes off, the police officer on the corner points at your trail leader and you're underway. And the adventure begins. You will follow along on a paved road for a few miles, then arrive at the trail head and pull off on the dirt road to prepare for the trip. You are now about to experience a right of passage known as "airing down". This is a secret ritual of adjusting the air pressure in your tires to prepare for the trail. Do not listen to the red neck driving the 20 year old beat up rig with 36 inch tires behind you assuring you that you will be all right at 14 pounds. Smile, thank him and stay in your vehicle.

The rest of the day will be a series of stop and go follow the leader, with occasional stops for nature calls. You will come to one or more of the trail obstacles, where you will



have the opportunity to put your vehicle to the test of its capabilities. There will be no shortage of other drivers giving you advice and directions about how to drive up each and every one of these obstacles. (Remember- trail rated 4) Follow the directions of the driver whose vehicle appears to have the least body damage. Not Mr. 14 pound behind you.

At a convenient scenic location, you will stop for lunch. This will be your opportunity to meet some of your fellow trail mates and talk "Jeep". The conversations will usually be about how many times they have been to Safari, how many trails they have run or what they have broken on their vehicles. They may come over to your new SUV with the sticker still on it and ask the usual male questions. How much, what's under the hood, what is the gear ratio, and other like male questions. Do not attempt to fake it. Smile, and be sure and have your companion write down all the questions so that you can educate yourself later.

After lunch, you will continue to crawl along the trail and see more scenery, more obstacles, meet more drivers and begin to learn the lingo of the trail. By early afternoon you will arrive at a point back near a paved road and the trail leader will announce that the trail is over, point you back toward town and wave goodbye. You will be trading business cards or phone numbers, making plans to meet up for dinner, or planning a future trip.

As you look at the minor scratches on the side of the new SUV, and the little dent in the wheel cover where you scraped a rock, you tell the trail leader, "I'll see you next year."

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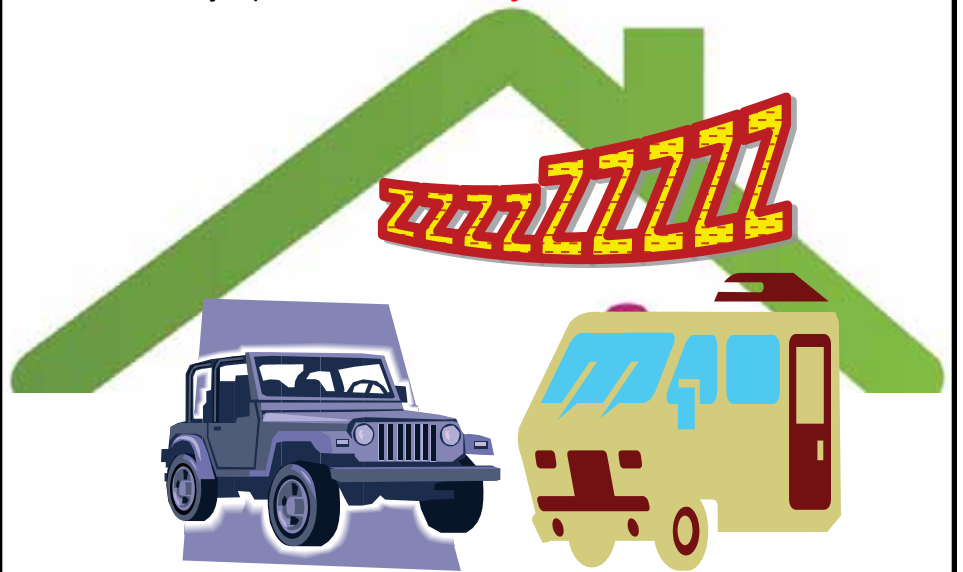
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BFG Trails Program

BFGoodrich® Tires Outstanding Trails Program

Off-road clubs in the U.S. and Canada submit trails in their area that they believe are worthy of a grant for maintenance or refurbishing. Nominations may be made via Facebook or Twitter.

Trails are selected based on uniqueness, terrain type and enthusiast following.

"Off-road communities demonstrate true enthusiasm for the sport and passion for our products," said Rodrigo Alonso, light-truck brand category manager for BFGoodrich Tires. "Being able to give back to this community by helping maintain and refurbish off-road playgrounds is our way of showing appreciation."

Now in its eighth year, the Outstanding Trails program is conducted in collaboration with Tread Lightly! and the United Four Wheel Drive Associations (UFWDA) and is dedicated to the responsible use and preservation of off-road trails while promoting the trails' conservation efforts. To date, the program has awarded more than \$100,000 in grants to 30 off-road trails nominated by 29 clubs throughout the U.S. and Canada.

Consumers can visit BFGoodrich's Facebook page <http://www.facebook.com/bfgoodrichtires> or Twitter handle @bfgoodrichtires between October 6, 2012, and January 31, 2013, to post their nominations for trails to be considered for the competition. BFGoodrich will select three trails and announce the winners at the Easter Jeep Safari on March 31, 2013.

Previous winners of Outstanding Trails grants include:

Outstanding Trails and Clubs (2006-2012)

2012

Mirror Lake Trail, California:

Visalia Lock and Low 4-Wheel Drive Club

Blanca Peak Trail, Colorado:

Creeper Jeepers Gang of Durango

Bents and Dents Trail, Alabama:

Central Alabama Off-Road Society

2011

Interlake Trail 19, Indiana:

Indiana Four Wheel Drive Association

Morrison Jeep Trail, Wyoming:

Magic City 4-Wheelers Inc.

Dusy-Ershim OHV Route, California:

Four Wheel Drive Club of Fresno

2010

Rausch Creek, Pennsylvania: PA Jeeps

Drummond Island, Michigan:

Drummond Island Off-Road Club

Yacolt, Washington: Crystal Crowder

Johnson Valley, California: Victor Valley 4 Wheelers

Holy Cross, Colorado: Big Horn Jeep Club

2009

Barnwell, Texas: Texas Motorized Trails Coalition

Fordyce Creek, California: Friends of Fordyce Club

2008

Superstition Mountain, California:

San Diego 4 Wheelers Off-Road Club

Blacktail/Wild Bill National Recreation Trail, Montana:

Skyliners Four Wheel Drive Club, Inc.

Iron Range, Minnesota: Northern Minnesota Jeepers Club

Pritchett Canyon, Utah: Moab Friends-For-Wheelin' Club

Quinn Trail, Ontario, Canada:

Ottawa Valley Offroaders Club

Beasley Knob, Georgia:

Georgia Bounty Runners 4WD Club

2007

Rubicon, California: The Rubicon Trail Foundation

Flat Nasty, Missouri: Capital City Crawlers

Tillamook, Oregon: Raven Off-Road OHV Club

Redbird, Indiana: Four Wheels to Freedom 4WD Club

Poughkeepsie Gulch, Colorado: Western Slope

4-Wheelers

Whipsaw Trail, B.C.: Rover-Landers of British Columbia

2006

Naches Pass, Washington:

Pacific Northwest Four-Wheel Drive Association

Upper Tellico, North Carolina:

Southern Four Wheel Drive Association

Pyeatt Draw, Arizona: Rim Country 4 Wheelers

Black Bear Pass, Colorado:

Creeper Jeepers Gang of Durango

Hell's Revenge, Utah: Red Rock 4-Wheelers, Inc.

The BFGoodrich® Tires Outstanding Trails program was established in 2006 to raise awareness for responsible



use and preservation of off-road trails while providing support in the trails' conservation efforts.

Both Tread Lightly!® and UFWDA are non-profit organizations dedicated to responsible and ethical outdoor recreation. BFGoodrich Tires collaborated with these two groups to select the finest off-road trails and continues to work with these organizations on restoration and education initiatives.

United Four Wheel Drive Associations is the world's leading representative of all-brand, four wheel-drive enthusiasts. UFWDA benefits, developed and tested over the past 30 years, include four-wheel-drive safety and awareness education; such user ethics programs as adopt-a-road, conservation volunteer and volunteer trail patrol; assistance with new club formation; education seminars to aid four wheelers through complex state and federal programs affecting trail access; internet forums designed to instantly connect members globally; and unlimited member access to its full-time legislative advocate and nationally recognized attorney who works exclusively for four-wheel-drive enthusiasts to protect access and prevent road and trail closures. For more information on the UFWDA log on to www.ufwda.org or call 1-800-44-UFWDA (800-448-3932).

Tread Lightly! is a national nonprofit organization with a mission to promote responsible recreation through ethics education and stewardship. Tread Lightly!'s strategic educational message, along with its training and restoration initiatives, are designed to instill an ethic of responsibility in outdoor enthusiasts and the industries that serve them. The program is long-term in scope with a goal to balance the needs of those who enjoy outdoor recreation with the needs of the environment. The federal government recognizes this by acknowledging Tread Lightly!® as a sole-source service provider of education and training on how to be environmentally and socially responsible while using motorized and mechanized vehicles in off-highway settings.

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IN THE BEGINNING – JEEP SAFARI 1967

by Izzy Nelson



In the beginning, 47 years ago, the Moab Chamber of Commerce felt a need to promote something new for our economy. I suspect Harold Jacobs was the president. A jeep trip through some of our back country seemed a good idea.

At the time there was a road from the top of Blue Hill to Hunter Canyon and a little beyond Pritchett Arch, built no doubt for mineral exploration. In addition, there was a road up Pritchett Canyon. It was felt if the two could be connected, an interesting trip could be established from Moab and terminating in Moab with no backtracking.

Harold Jacobs, Babe Foy with the BLM, Dan Winbourn, a conservation officer, and I set out to find a route. Dan

knew some horse trails which he felt could be developed into a jeep road. That prospect didn't work out, so we plotted out a route up past Broken Arch through what became know as Yellow Hill.

Babe brought in a BLM cat and built a jeep road from the Pritchett Canyon road up over the top and down to the Hunter Canyon road. Today I doubt the BLM would even consider such a venture. The Yellow Hill section of the road was considered a one-way road, as climbing it with conventional jeeps was not in the cards.

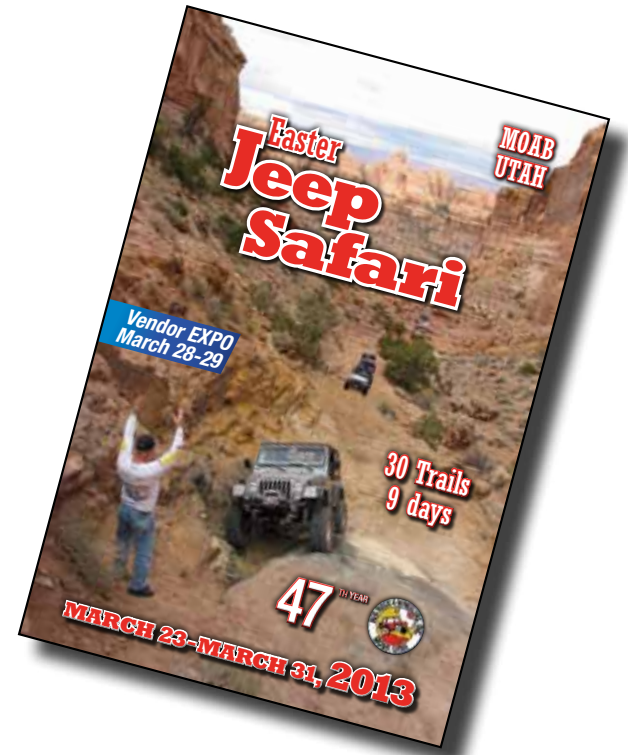
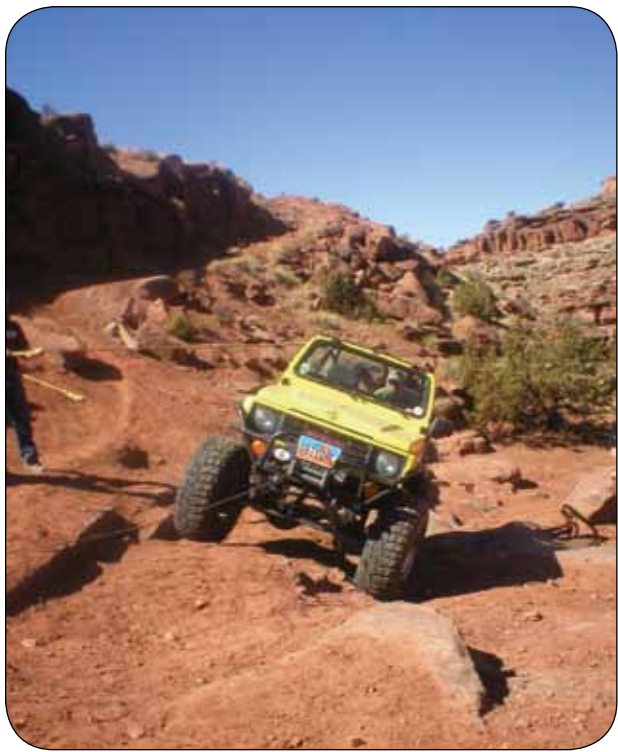
The road from the top of Blue Hill to Hunter Canyon was not a jeep road, so my father and I developed the jeep road from the top of Blue Hill to White Knuckle Hill, in some places using existing roads and in others creating a road. At that time White Knuckle Hill, like Yellow Hill, was one way – downhill only.

I led the first trip in a jeep pickup. We had put up a few signs, courtesy of Mil Pimpell, indicating "jeep route" and "sissy route" where two options were provided. Others such as "keep off the grass" for the slick rock areas had been placed as well. I don't remember how many jeeps participated. Lunch was at the bottom of White Knuckle Hill. Just past Hunter Canyon, we parked and hiked to Pritchett Arch.

The following year Les Erbes rode with me, and we took along a round backyard table with umbrella, which we set up for lunch and drank beer from pilsner glasses while watching the string of jeeps come down White Knuckle Hill. That year I had placed some 55 gallon barrels for trash, which I picked up the following day. I believe Tex McClatchey rode a motorcycle as tail gunner.

At some point in time during the early Jeep Safari years we had an ice cream drop from an airplane at lunch time.

As with many of the events initiated by the Chamber of Commerce, the Jeep Safari outgrew the Chamber's ability to deal with the project. The Red Rock 4 Wheelers took over the management and organization of safari and it has enjoyed phenomenal growth and success.



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Labor Day Safari

August 31st, Sept 1st & 2nd 2013

Come camp with us!

Bring your family and join us for the 2013 Labor Day Safari and Camp-out!

Bring your family and join us for the 2013 Labor Day Safari and Camp-out!

If you have participated in our Labor Day Safari and Camp-out before, you will notice some big changes for 2013! Just like last year, we are keeping the "Stay together, Play together" mentality, by offering a family-focused event that includes not only wheeling together, but camping together as well as other activities. For 2013 our event will encompass camping, staging, entertainment and more. This year we will be headquartered Moab Rim Campground located at 1900 South Highway 191. This full service campground is located at the top of the hill as you leave Moab to the South. It has all of the amenities, including water, showers, etc. RV sites and Rustic cabins will be available at discounted prices for Safari participants. **1-888-599-MOAB (6622)** Spaces are limited so reserve now! We look forward to spending the weekend with you!



Your \$150 per vehicle fee includes:

A reserved tent camping area or RV parking with no hook-ups at the Moab Rim Campground exclusively for paid participants. Your campsite will be available Friday afternoon, August 31st through Monday afternoon, September 3rd.

Breakfast on Saturday morning and dinner on Sunday evening.

The chance to rub shoulders with other jeepers, hang out in a family friendly environment, and share stories. You never know, you just might meet some great new friends.

Daily Trail runs led by fun and knowledgeable Red Rock 4-wheelers.

The following trails are scheduled to be run based on registrations and are subject to change. The schedule has been developed with family fun, scenery and short trail days in mind. Each day has a moderate, medium and a challenging trail but not necessarily vehicle damaging trail schedules.

For 2013 we are offering two new 4 wheeling opportunities. First: we will have a totally new trail for the 3 day camping trip. This will be Beef Basin, which is located South and West of Canyonlands National Park and will offer a total new back country experience.

Second: taking a page out of the Easter Safari, we are offering a "first timers" two day package that will keep a group of the same jeepers together for two days (Saturday & Sunday). Registration for the event will be available on-line in May of 2013. If you are on the Jeep Safari mailing list you will receive the registration material by USPS in June.

Attention Red Rock 4-wheelers: If you are interested in volunteering for Labor Day Safari and Camp-out, we have many volunteer opportunities in addition to Trail leader and Gunner positions. Please contact the club to find out how you can help!

Saturday, August 31

Metal Masher (6)
Gold Bar Rim (5)
Seven Mile Rim (4)
Elephant Hill (4)

Sunday, September 1

Poison Spider (5)
Hells Revenge (6)
Strike Ravine (5)
La Sal Pass (2)

Monday, September 2

Hurrah Pass Plus (2)
Fins & Things (4)
Moab Rim (7)

Overnight Trails

Beef Basin (6) For three days

First Timers

Saturday, Aug 31, Chicken Corners
Sunday, September 1, 3D

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What is Cyanobacteria?

Cyanobacteria, previously called blue-green algae, is one of the oldest known life forms. It is thought that these organisms were among the first land colonizers of the earth's early land masses, and played an integral role in the formation and stabilization of the earth's early soils. The earliest cyanobacteria fossils found are called stromatolites, which date back more than 3.5 billion years. Extremely thick mats of these organisms converted the earth's original carbon dioxide-rich atmosphere into one rich in oxygen and capable of sustaining life.

Cyanobacteria occur as single cells or as filaments. The most common form found in Colorado Plateau soils are the filamentous type, which are usually surrounded by sticky mucilaginous sheaths.

When moistened, cyanobacteria become active, moving through the soil and leaving a trail of sticky material behind. The sheath material sticks to surfaces such as rock or soil particles, forming an intricate web of fibers throughout the soil. In this way, loose soil particles are joined together, and an otherwise unstable surface becomes very resistant to both wind and water erosion.

The soil-binding action is not dependent on the presence of living filaments. Layers of abandoned sheaths, built up over long periods of time, can still be found clinging tenaciously to soil particles, providing cohesion and stability in sandy soils at depths up to 10 centimeters.

Nitrogen fixation is another significant capability of cyanobacteria. Vascular plants are unable to utilize nitrogen as it occurs in the atmosphere. Cyanobacteria are able to convert atmospheric nitrogen to a form plants can use. This is especially important in desert ecosystems, where nitrogen levels are low and often limiting to plant productivity.

The sheaths have other functions as well. When moistened, they swell up to ten times their dry size. This ability to intercept and store water

benefits both the crustal organisms as well as vascular plants, especially in arid regions with sporadic rainfall.

Sheaths, and the organisms they surround, also contribute organic matter and help make essential nutrients available to vascular plants. Negatively-charged clay particles, often found clinging to the sheaths, bring positively-charged nutrients, preventing them from being leached out of the

upper soil horizons or becoming bound in a form unavailable to plants. Like soil stability, this function is not dependent on the presence of living filaments, but only the presence of sheath material.

ENVIRONMENTAL IMPACTS

Unfortunately, many human activities are incompatible with the presence and well-being of cryptobiotic soils. The fibers that confer such tensile strength to these crusts are no match for the compressional stress

placed on them by footprints or machinery, especially when the crusts are dry and brittle.

Air pollutants, both from urban areas and coal-fired power plants, also adversely affect the physiology of these crusts.

Tracks in continuous strips, such as those produced by vehicles or bicycles, are especially damaging, creating areas that are highly vulnerable to wind and water erosion.

Rainfall carries away loose

material, often creating channels along these tracks, especially when they occur on slopes.

Wind not only blows pieces of the pulverized crust away, thereby preventing reattachment to disturbed areas, but also disturbs the underlying loose soil, often covering nearby crusts. Since crustal organisms need light to photosynthesize, burial can mean death. When large sandy areas are impacted during dry periods, previously stable areas can become a series of shifting sand dunes in just a few years.

Don't Bust the Crust!

Impacted areas may never fully recover. Under the best circumstances, a thin veneer of cryptobiotic soil may return in five to seven years. Damage done to the sheath material, and the accompanying loss of soil nutrients, is repaired slowly during up to 50 years of cyanobacterial growth. Lichens and mosses may take even longer to recover.

WHAT YOU CAN DO

The desert has been described as rugged, inhospitable, and unforgiving. Yet footprints and tire tracks can last a lifetime, damage cryptobiotic soils, and ruin the pristine environment that many people find so remarkable. Though mature cryptobiotic soil can be easy to recognize, young crusts may appear as a thin soil without unique coloration or features.

It is crucial, for both ecological and aesthetic reasons, that all hikers remain on marked trails or other durable surfaces, and that all vehicles and bikes remain on designated roads. If hiking cross-country, walk on rock or in natural drainages, and avoid using "social" or game trails as shortcuts.

When backpacking, use a designated site or set your tent or sleeping bag on slickrock. When driving or biking on four-wheel-drive roads, always use pull-outs to let other vehicles pass. If you see rocks piled along the roads or campsites, do not move them or drive beyond them: they are placed there by rangers to help stop the spread of impacted areas.

For the sake of the landscape please avoid leaving any trace of your passage. In many national parks, visitors are asked to "Take only pictures, leave only footprints." In southeast Utah, you are asked to be even more careful. Your cooperation will ensure that the country remain healthy, beautiful and wild for generations to come.



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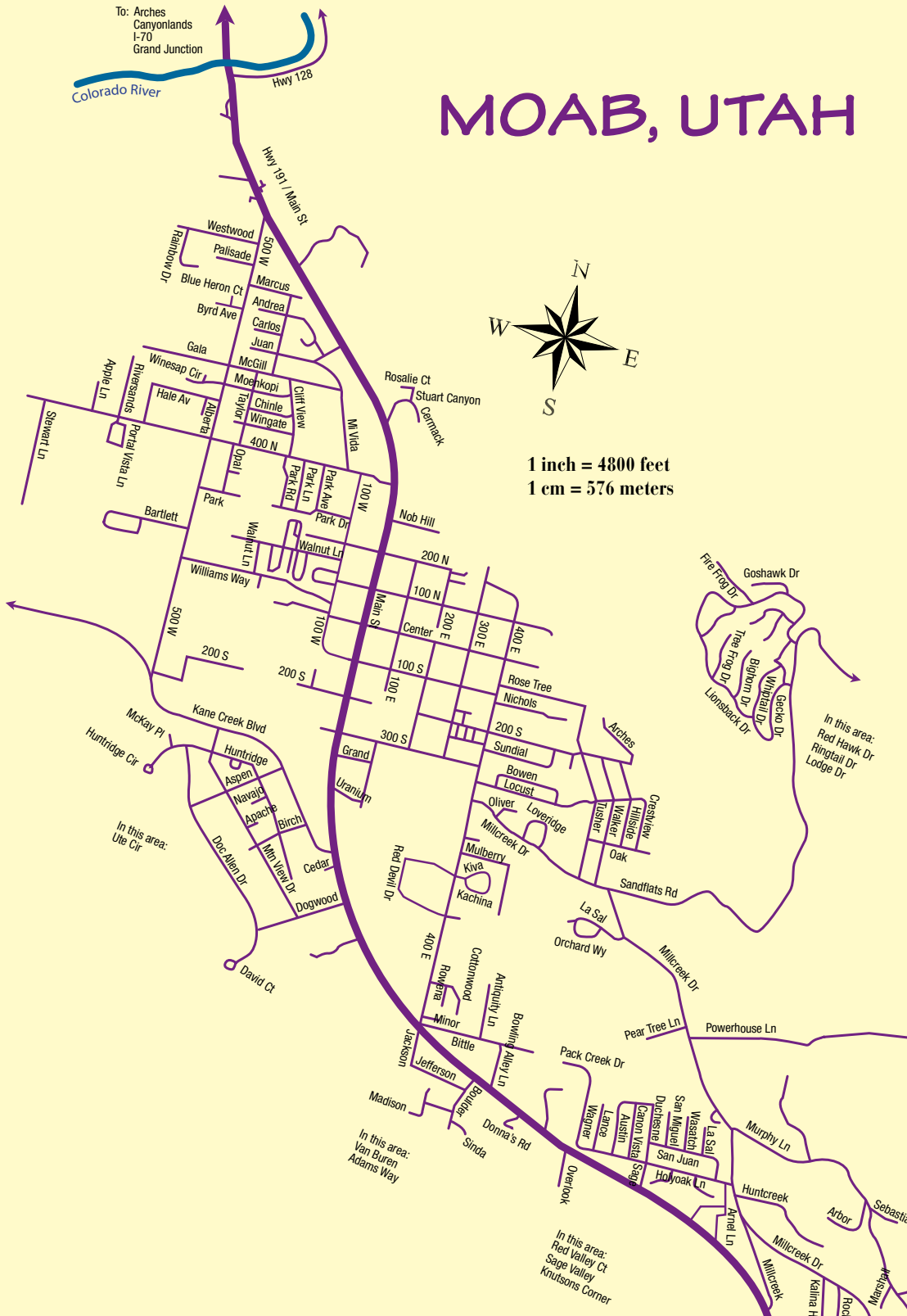
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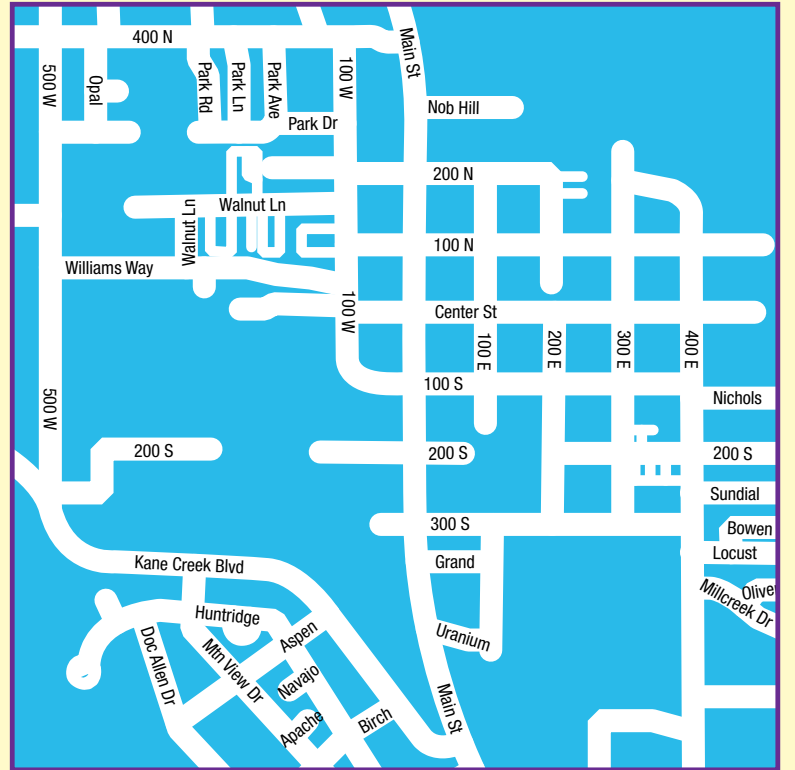
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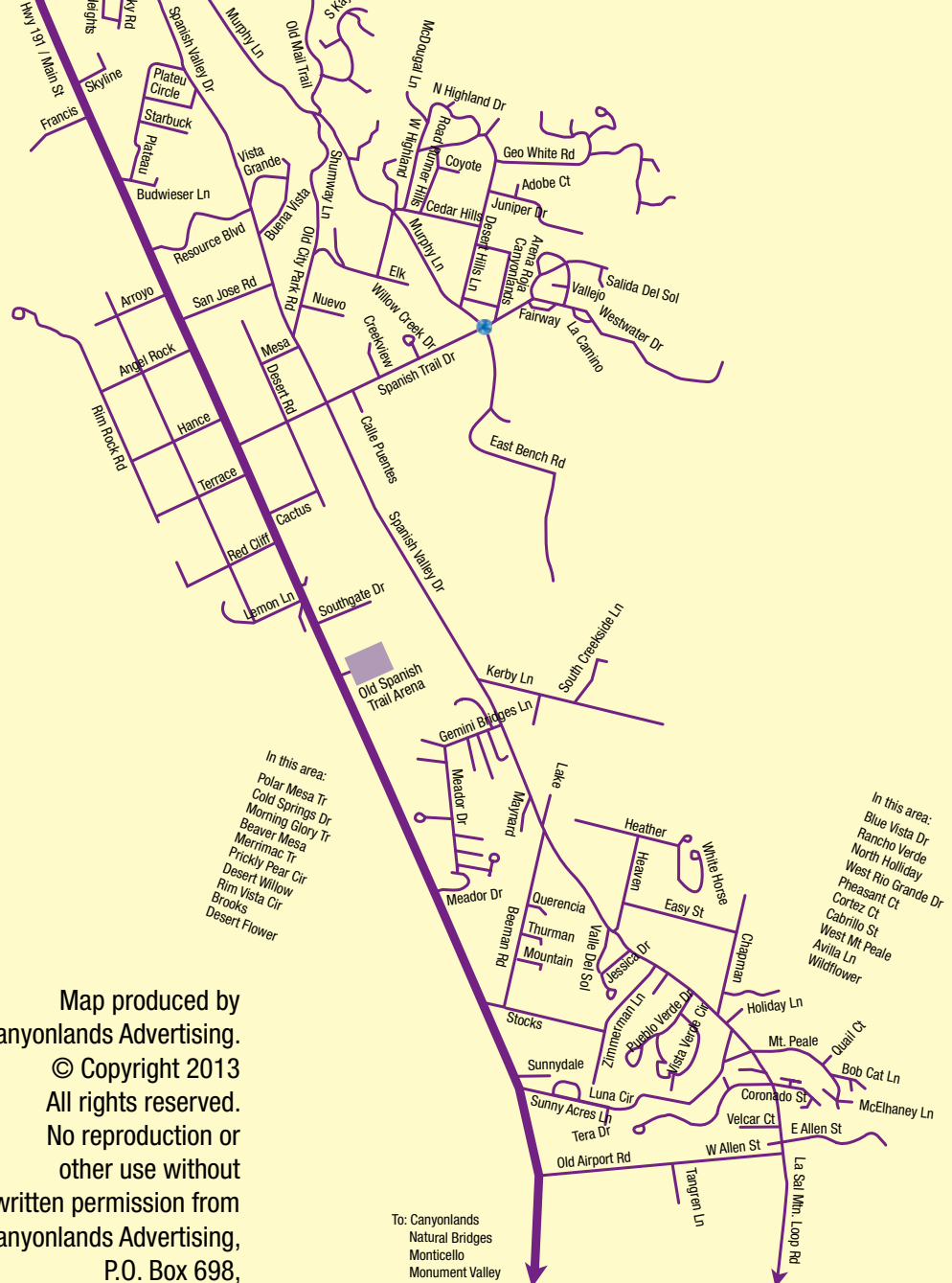
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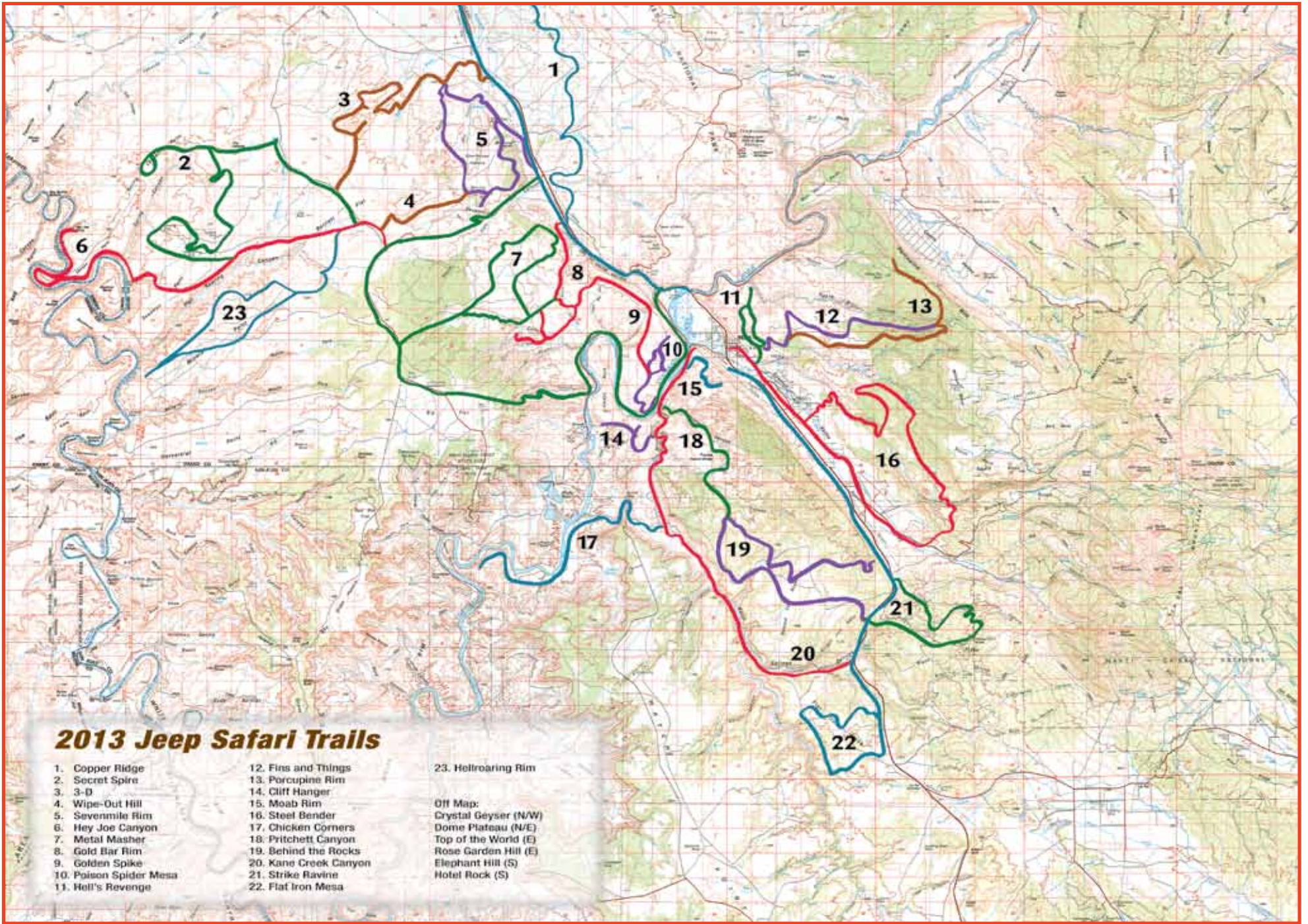
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www.beitmoabi.org 260-0241
- Kingdom Hall of Jehovah's Witnesses
25 West Dogwood 259-7363
- Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
- Quaker Worship Group • 81 North 300 East 259-8178
- River of Life Christian Fellowship
2651 East Arroyo Rd. 259-8308
- St. Pius X Catholic Church • 122 West 400 North 259-5211
- Seventh Day Adventist
4581 Spanish Valley Drive 259-5545
- The Church of Christ • 456 Emma Boulevard 259-6690

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To: Canyonlands Natural Bridges Monticello Monument Valley

JEEP SAFARI TRAILS



2013 Jeep Safari Trails

- | | | |
|------------------------|-----------------------|---------------------|
| 1. Copper Ridge | 12. Fins and Things | 23. Hellroaring Rim |
| 2. Secret Spire | 13. Porcupine Rim | |
| 3. 3-D | 14. Cliff Hanger | |
| 4. Wipe-Out Hill | 15. Moab Rim | |
| 5. Sevenmile Rim | 16. Steel Bender | |
| 6. Hey Joe Canyon | 17. Chicken Corners | |
| 7. Metal Masher | 18. Pritchett Canyon | |
| 8. Gold Bar Rim | 19. Behind the Rocks | |
| 9. Golden Spike | 20. Kane Creek Canyon | |
| 10. Poison Spider Mesa | 21. Strike Ravine | |
| 11. Hell's Revenge | 22. Flat Iron Mesa | |
- Off Map:
 Crystal Geyser (N/W)
 Dome Plateau (N/E)
 Top of the World (E)
 Rose Garden Hill (E)
 Elephant Hill (S)
 Hotel Rock (S)

Check Out Our Latest

New Products!

POISON SPYDER CUSTOMS



JK Brawler™ MID Front Bumper

The Brawler™ MID front bumper for JK is a "mid-width", high clearance bumper designed to combine off-road performance with full features. The mid width provides increased protection for the grille corners and fenders.



TJ DeFender™ XC (High-Line)

DeFenders™ XC's provide eXtreme Clearance for huge tires with small lifts, to maintain the lowest possible center of gravity and the best off-road performance for your Jeep! Fabricated entirely of 3/16" plate steel or aluminum.



JK Narrow Crusher Flares

These Narrow JK Crusher Flares™ are 2" narrower than our Standard Width Crusher Flares. This gives you 2" of extra clearance from canyon walls, trees and obstacles on tight trails. Available in heavy duty steel or light weight aluminum versions.



Dana 30 • Dana 44 Bombshells

Poison Spyder's newly re-designed Bombshell Diff Covers are cast from high ductile iron, in the thickest cast diff cover available! Ramp profile helps you over the rocks while bolt recesses protect bolt heads from rock rash.



With a Hardcore Heritage forged among the slickrock of Moab, Poison Spyder Customs manufactures the ultimate off-road gear for your Jeep. Don't settle for cheap imitations—when the metal meets the rocks, make sure your Jeep is equipped with the original hardcore off-road equipment from Poison Spyder Customs!



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Poison Spyder Customs, Inc. • Banning, CA • (951) 849-5911 • www.poisonspyder.com



TRAIL DESCRIPTIONS

The trails shown on page 18C are the BLM approved routes used by the Red Rock 4 Wheelers during the annual Jeep Safari. All of these trails are open to the public year round and most of them have trail markers installed by the BLM. The trail markers are flat brown poles on the side of the trail with a small glyph of a jeep on them plus an alpha designator. The designator will be something like **HRR** for Hell Roaring Rim or **MM** for Metal Masher etc.

The following descriptions are meant to be brief teasers about the individual trails, including 4 wheeling ratings assigned by the Red Rock 4 Wheelers based on years of experience driving the trails. For more complete descriptions of trails and ratings visit RR4W.com.

- 1 **Copper Ridge**, rated 3. A combination of roads bordering Arches National Park and following the Klondike bike trail, the trail offers views in every direction of surrounding landscapes. Interesting variety of geology and mining remnants.
- 2 **Secret Spire**, rated 2. Trail wanders between two canyon rims with scenic overlooks of both. A very good beginners trail.
- 3 **3D**, rated 3. Named for the three levels of geology traversed during the trail. Offers some minor vehicle challenges but scenic values worth the trip.
- 4 **Wipe-Out Hill**, rated 5. Trail follows parts of 3D and Seven Mile Rim. Name derived from very intense off camber obstacle on way out. Spotter for obstacle recommended.
- 5 **Seven Mile Rim**, rated 4. Trail climbs to rim overlooking Hwy 191 before proceeding to massive Monitor and Merrimac buttes. Visit Uranimum arch and play in some sandy creek bottoms.
- 6 **Hey Joe Canyon**, rated 3. Cross the mesa to Spring Canyon and drop down to the Green River and visit old mining camp. Get a sense of the remoteness of what miners and ranchers put up with.
- 7 **Metal Masher**, rated 7. Reach an overlook of Hwy 191 1300 feet below after some aggressive rockcrawling. This trail is famous for the "Widow Maker" obstacle.
- 8 **Gold Bar Rim**, rated 5. Another rim viewpoint of Moab Valley from 1200 feet higher. Trail zig-zags back and forth over layers to reach the top.
- 9 **Golden Spike**, rated 7. This trail is a connector from Poison Spider to Gold Bar Rim with some extreme slickrock obstacles along the way. This one is on every jeepers bucket list.
- 10 **Poison Spider Mesa**, rated 6. Climbs cliff face from Potash road to Moab City overlook. Trail offers full range of road surfaces. Slickrock, sand, rock, shale and mud.
- 11 **Hell's Revenge**, rated 6. The premier trail of Safari. Always busy since closest to town and used by many automotive companies for commercial shoots. Watch out for bikers on Slickrock Bike Trail.
- 12 **Fins & Things**, rated 4. Lots of slickrock fins to play on. Easy access from Sand Flats road and you can't get lost.
- 13 **Porcupine Rim**, rated 5. Work your way along a bumpy upward trail to a magnificent overlook of Castle Valley. One of the better photo opportunity trails from the trails end.
- 14 **Cliff Hanger**, rated 7. As the name suggests, a trail along a cliff face leading to overlooks of the Colorado River. Trail is short but exciting if you don't have acrophobia.
- 15 **Moab Rim**, rated 7. The name says it all. A steep climb to overlook Moab. The shortest trail, but obstacles and climb takes most of the day to accomplish.
- 16 **Steel Bender**, rated 6. Trail wanders behind the rim east of Moab and offers views of La Sals and Millcreek drainages. Lots of road surface variety plus obstacles.
- 17 **Chicken Corners**, rated 2. Trail follows Kane Creek, then over a ridge to follow down Colorado River. Very fun trip for beginners, with interesting scenery along the way.
- 18 **Pritchett Canyon**, rated 9. The toughest trail of the Safari. Punishes machines and marriages equally. If you don't like dents, don't go. This trail was first used 47 years ago and it was an easy county road. Mother nature and jeeps have changed that.
- 19 **Behind the Rocks**, rated 7. With names like "white knucke hill", "upchuck hill" and "high dive canyon" no other comments are needed. Be sure and walk the trail before starting down some of the turns.
- 20 **Kane Creek Canyon**, rated 6. A long dusty, bumpy trail until you reach the canyon bottom and cross Kane Creek 50 or more times until you exit at Hole in the Rock.
- 21 **Strike Ravine**, rated 5. An old mining access road that offers more variety of road surfaces and climbs than many of the other trails. Beautiful views from the higher points reached.
- 22 **Flat Iron Mesa**, rated 5 (7 if run backwards). Follows mesa top with overlooks of Kane Creek, Hatch Wash and Coyote Creek. Lots of sandy roads and rocky ledges.
- 23 **Hellroaring Rim**, rated 3. Trail works its way across the mesa to Green River overlook between Labryinth and Hellroaring canyons.

OFF MAP

- **Crystal Geysers**, rated 3. NW of Moab. Trail goes across same mesa as Secret Spire continuing on to a natural geyser on banks of Green River. Trail exits in town of Green River so you don't have to return on same trail.
- **Dome Plateau**, rated 4. NE of Moab. Trail is mostly on mesa east of Arches NP, with overlook of Colorado River from North side. Arches, natural caves and mineral exploration provide a variety of things to see.
- **Top of the World**, rated 4. E of Moab. This trail climbs to some of highest elevation for Safari. Overlooks of Fisher Valley, Onion Creek and the La Sals are spectacular. Trail exits down Rose Garden Hill.
- **Rose Garden Hill**, rated 6. E of Moab. This trail is reverse of Top of World with similar viewpoints. Lots of time on trail is taken up on the trails namesake.
- **Elephant Hill**, rated 5. S of Moab. This popular trail into Canyonlands NP reaches beautiful backcountry. Trail turns are so sharp that backing up some sections is required.
- **Hotel Rock**, rated 5. S of Moab. This trail reaches archeological treasures in Arch canyon worth the trip. Scenery is of Abajo Mountains, Comb Ridge and south to Arizona.

TRAIL DIFFICULTY RATINGS

(Effective January 1, 2008)

The following ratings are for Moab area roads in dry conditions. The effect of snow or rain varies greatly depending upon the altitude of the roads and the type of soil the bed consists of. ***Driver Beware!***

1: County dirt road maintained for high clearance 2WD and 4WD use in adverse conditions.



2: County dirt road with infrequent or light maintenance after rain or snow, 2WD high clearance with low gears, otherwise light duty 4WD.

3: Road with frequent use, but seldom maintained. Dirt, sand and slick rock surfaces, with mud holes possible (note: maybe impassable when wet due to soil composition.). 4WD recommended under most circumstances due to ruts or wash erosion.



4: Road surface consisting of loose rock, dirt, and sand with some slickrock surfaces. Erosion, washes, gulches and rock steps no higher than 12". 4WD is recommended with good ground clearance and driving skills. Aggressive tires and limited slip would be a plus. Water and mud is possible.

5: Road surfaces are rutted, rocky and sandy with steps not exceeding 14", with considerable slickrock surfaces. Water not exceeding 12" with some mud possible. Good vehicle approach and departure angles are helpful. Tall tires (33" plus) and traction added device (lockers, limited slips) is recommended. Above average driving skills are desirable.



6: Roads are difficult with considerable erosion damage repaired just enough to be passable. Water in excess of 12" is possible with mud conditions. Steps not exceeding 24". Tall tires (33" plus) with traction added devices (lockers, limited slips) are recommended. A winch would be a plus. Enhanced suspension travel and ground clearance are helpful. Excellent driving skills are recommended.

7: Trail consists of rock; sand and considerable slickrock with many steps exceeding 24". Steep inclines and declines are prevalent. **Enhanced off road equipment is required including locking devices (front & rear), tall tires, maximum vehicle ground clearance, and tow hooks.** A winch is desirable. Excellent driving skills are required. Vehicle mechanical or body damage is likely. Roll over possibilities exist.



8: Extreme trail similar to #7 except a bit more extreme. Excellent driving skills are required. Vehicle damage is likely. Equipment or mechanical damage is probable. Frequent use of your winch may be required..

9: Extreme and beyond, similar to #8. Vehicle damage is likely. Excellent driving skills are required. Roll overs are very common. Winches, spare parts and tools are recommended. Be prepared to spend the night on the trail. Beyond the capability of most modified stock vehicles.



10: Let the carnage begin! Buggy territory. Street driven 4X4's should not attempt this trail. Modified factory vehicles will not be able to complete this trail.

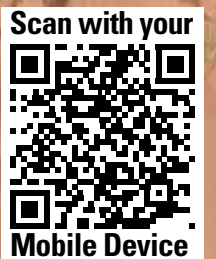
NOTE: The Red Rock 4 Wheelers Club attempts to keep the trail ratings current. However weather and usage constantly alters the routes. Heavy but localized rains can change Kane Creek from a moderate trail to impassable in an afternoon. It is always wise to obtain the most up-to-date information prior to departing for a trip, and be prepared. Remember, turning back is usually an option as well.

See you out there:

- March 25th on 7 Mile Run
- March 26th on Golden Spike
- March 27th on Metal Masher



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