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# MOAB HAPPENINGS

Volume 24 Number 9

DECEMBER 2012



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Christmas Bird Count  
Dead Horse Point - December 15  
Moab Bird Club - January 5

MOAB HAPPENINGS  
P.O. BOX 668  
MOAB, UTAH 84532



# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

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# HIKING HAPPENINGS

## Mill Canyon Dinosaur Trail – A Big Step Back In Time

by Marcy Hafner

If I could climb into a time machine and zoom back 150 million years, I would be shocked to discover that the canyonland country where I live doesn't exist anymore! Instead I am hopelessly lost in a tropical rain forest of conifers, cycads and ginkgoes, which shade an undergrowth consisting largely of ferns. Nothing looks familiar, and as I wander around in this alien world, I make certain I don't lose sight of my time machine!

In this era referred to as the late Jurassic, I am incredulous to see dinosaurs roaming freely as they travel over a soggy, featureless landscape dotted with lakes, criss-crossed by sluggish rivers and saturated with swamps and bogs filled with horsetails and succulent plants. Even though I am fascinated with this foreign, long ago capsule of time, I can't help feeling hopelessly out of place in an environment of unaccustomed humidity and strange habitat. When my time machine zooms me back to the 21st century, I am very happy to return to the world I know!



Climate change to a dryer colder environment and the contributing factor of a meteorite impact more than likely caused the extinction of dinosaurs. Unable to adapt, they died out. But the proof that this Jurassic Park really happened between 144 to 155 million years ago, is found in the Morrison Formation - a complex series of clays, shales and sandstones - an excellent setting in the low lying wet areas to record the fossilized remains of numerous dinosaurs.



The Mill Canyon Dinosaur Trail, an explanatory self-guided walking tour, is an outdoor natural history museum that has 15 interpretive signs. To get there from Moab, drive north on Highway 191 for about 15 miles and turn left (west) just past highway mile marker 141. Drive across the railroad tracks and after 0.6 mile turn left at the junction. Then drive 0.5 mile to a Y-junction where a sign directs you to turn right for the Dino Trail. Then drive another 0.6 mile through a sandy wash to a parking area and the trailhead. Take note that the road is impassable when wet.

The dinosaurs in Mill Canyon lived along a large, slow moving river, and when they died their bones were probably deposited along a river bend. A covering of sand preserved

them, and over eons of time the bones transformed into fossils. In more recent times water erosion dissected this desert area uncovering a lost world in the form of fossils. Allosaurus, a large, bipedal meat-eating dinosaur, was the dominant predator in our area. The vegetarian, plant-eating dinosaurs were: Camarasaurus, who weighed in at 20 tons - the moderately sized, nimble-and-fast Camptosaurus - and the odd looking Stegosaurus, characterized by a double row of large alternately spaced plates that ran down its back ending with large spikes at the tip of its tail.



On a breezy 20 degree morning in late October, as I anxiously wait for the sun to rise, I am glancing over the comments in the trail register. "A fantastic place for six to eight year old

kids," is right on, but I would add that it is also a fantastic place for anyone who is curious about the natural history along this half-mile trail, which has a treasure chest of dinosaur bones imbedded in the rock. Since most of these bones are purple, they are easily distinguished from the surrounding bedrock.

But there is plenty more: petrified wood, a description of the riparian environment in the wash, and river channel cross-bedding, which is a build up of sandstone layers from sediment deposits that have been carried down a course of water. A packrat midden can also be observed; and I have learned that these hoarders collect everything within 200 yards of their den. A midden may preserve its contents



for up to 50,000 years, building up many layers, which are studied by scientists looking for time and climate change indicators.

At the end of the trail I cross the wash to access the remnants of

the old copper mill for which Mill Canyon was named. The copper ores exposed along the Moab fault were only briefly mined and processed in the late 1800s; limited quantities of ore and fluctuating prices must have made the venture economically unfeasible. Two sides of the mortared stone walls still remain as a testament to a miner's dreams of striking it rich.



Back in the wash I hang a left to continue my walk in a southerly direction, rather than returning to my vehicle, as the loveliness of the canyon beckons me on to indulge in the warm sunshine. With every step I cherish that special flavor of fall - the pale yellow fluttering leaves of willows - the poignant golden colors of the cottonwoods - the bustling breeze rustling through the trees - the pregnant seed harvest of fall.



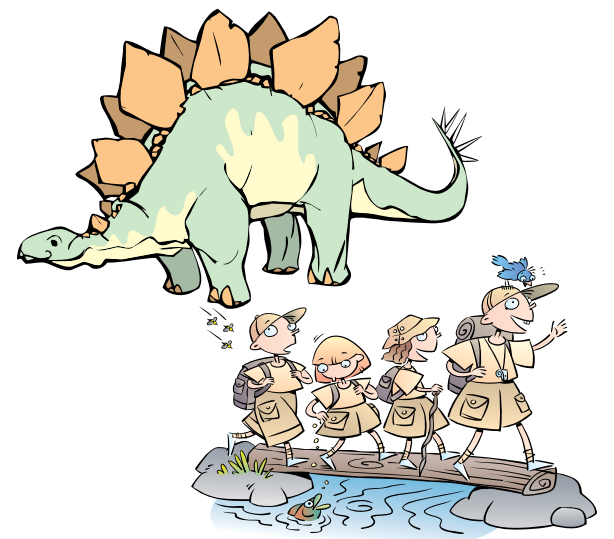
Beyond this short canyon, the spiraling image of Determation Towers, a popular rock-climbing destination, strikes a dramatic pose, and west of them is aptly named Big Mesa. The

further I stroll along this old mining road, which is now the well-traveled Monitor and Merrimac bike trail, the wetter it gets, until the water puddles up into pools that sometimes spills over, and then the clear cool waters flow. With so much moisture I find myself traipsing through a bumper crop of taller-than-me rabbitbrush and sagebrush.

Pausing for a break, I study the curvaceous flow of the canyon walls that sometimes erupt into jagged edges, and the bright red rock sandstone that contrasts strongly against the melancholy blue sky. In the moments of golden silence, I tune in to a noisy, hyperactive Bewick's wren hopping from branch to branch and the murmured twitters of a small gathering of juncos.



Days are short now and I know I should not dally any longer. With the sun hanging low on the horizon I reluctantly retrace my steps as I savor this special day, a unique blend of natural history going back millions of years to the dinosaurs, the mining years of yesterday and the more recent joys of today's hike through time.



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# MOAB AREA EVENTS CALENDAR



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## DECEMBER

### Nov 30 & Dec 1 MARC's Holiday Arts & Crafts Fair

Friday Nov 30th 4-8pm & Saturday Dec 1st, 10am-5pm @ The Moab Arts and Recreation Center (MARC). 111E. 100N., Moab, Utah.  
The MARC's 2012 Holiday Arts & Crafts Fair displays and sells ALL handcrafted goods. No mass produced, pyramid scheme thingies, yard sale cast offs, manufactured, imported or sales that require a 'representative'. MADE BY YOUR NEIGHBORS. With over 50 local & regional artisans, bakers & crafters displaying photography, paintings, ceramics, textiles, sculpture, jewelry, glass work, woodwork, metalwork, candles, soaps, salves, baked goods & more. Bring the kiddos-Santa will swing by from the North Pole for pictures on Saturday!! Go for the creative & unique this holiday season! Find us on Facebook, call(435)259-6272 or email marcinfo@moabcity.org for further information. Happy Holidays!

- 1 Boom Boom Room - Light Parade Electro Dance Party.** DJ's John G and Thatcher provide the soundtrack for the season's best party!! 9pm. House, electro, breaks. Frankie D's. \$4 cover.
- 5 Live Music at the Blu Pig** - Bridget Otto and Friends
- 6-7 Live Music at the Blu Pig** - Bob Greenspan
- 7 The Last Myth: A Conversation with Mathew Gross and Mel Gilles** at Star Hall at 7:00 p.m. Free tickets will be available starting November 12th at the Grand County Public Library. The 2012 Moab Reads book selection is *The Last Myth: What the Rise of Apocalyptic Thinking Tells Us About America*. Copies are available for checkout at the Library.
- 12-13 GREASE presented by Simply Dance Co.** featuring the GCHS Devilettes. 7pm at the Grand County High School (GCHS) Auditorium, 608 Sotuh 400 East. \$8 Adults, \$4 kids (ages 4-12) kids 3 and under free.
- 12 Second Wednesday Book Club.** *The Happiness Project* by Gretchen Rubin from 6 to 8pm. Maggie Corson is the contact person at 259-8178. Discussions are held at the Grand County Public Library in the board room.
- 12 Live Music at the Blu Pig** - Bridget Otto and Friends
- 13 Free Film: BIDDER 70** - The Grand County Public Library and Utah Film Circuit: Moab present *BIDDER 70*. This film tells the story of Tim DeChristopher, a young man who disrupted a controversial BLM Oil and Gas leasing auction in 2008. 7pm @ Star Hall (159 E. Center St.) Call the library for more info at 435-259-1111 or visit moablibrary.org
- 13-14 Live Music at the Blu Pig** - Bob Greenspan
- 15 3rd Annual Christmas Bird Count at Dead Horse Point** - see article on pg xx
- 16 First Annual Moab Community Christmas Choir Concert** at the Moab Community Church (544 MiVida Dr) at 7:00 p.m. The concert is free and open to the public, with a free-will offering of non-perishable foods and personal hygiene items to be donated to the Moab Food Pantry. For info call Nanci Flesher 719.237.3702 and see article on page 5.
- 17 3rd Annual D-I-Y Gingerbread House Construction Party!**  
We provide all the tools, candy, icing and most importantly, you walk away from the mess & we clean up. Gingerbread houses are the architectural wonder of the baking world! Some have Tootsie Roll mailboxes, shredded-wheat roofs, and gumdrop bells. These are just a few examples of the possibilities for building materials for you & your fellow architect. Plan on getting sticky & having lots of FUN! Call to reserve your spot! 5:30-6:30pm \$20 or \$18 for MARC members. \$30 or \$27 for 3 kids or more. Scholarships Available! Call & let us know what you can afford. Don't let the money stand in your way of creating a Gingerbread House!!!

### 25 Christmas Day

## January

- 1 New Year's Day**
- 5 Christmas Bird Count**, Moab Bird Club, contact Marcy Hafner marcymoab@yahoo.com or 435-259-6197 for information
- 19 Moab Midwinter Mayhem II** - Moab Roller Derby presents a triple header exposition comprised of two black & white scrimmages and a full-length bout. Saturday, from 6pm-10pm. Exact location to be announced. Tickets will be \$10. Other skating events will be held throughout the weekend. For more info visit moabrollerderby.weebly.com/events.html or call 435-260-8257.
- 21 Martin Luther King, Jr. Day**

## February

- 16 Moab's Red Hot 55k/33k** - This event, hosted by GrassRoots Events, was inspired by a run on Steel Bender with accomplished runner Ian Torrence. Throughout the run the sun's rays illuminated snow-covered sandstone spires, creating the illusion of hot embers glowing. Thus, Moab's Red Hot 55k/33k was born. For more info visit GrassRootsEvents.net or call 435-260-0886.
- 18 President's Day**



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\$8 Adults  
\$4 Kids (ages 4-12)  
Kids 3 and Under Free

**DEADLINE for JANUARY Events Calendar: DECEMBER 20, 2012**

**Listings in the Moab Happenings Events Calendar are FREE!!**

**Do you know of an event for the Happenings calendar??**

**Call (435) 259-8431 or fax us at (435) 259-2418**

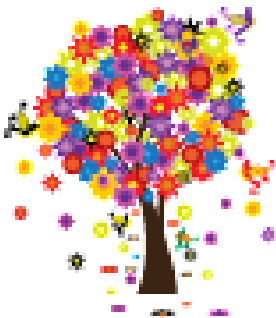
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# MORE MOAB AREA EVENTS

## 2013 MOAB EVENTS

- February 16 Moab's Red Hot 55K/33K
- March 9-12 Skinny Tire Festival
- March 11 Banff Mountain Film Festival
- March 16 Canyonlands Half Marathon
- March 23-31 Easter Jeep Safari
- April 26-28 April Action Car Show
- May 2-5 USTRC Team Roping
- May 25-26 Moab Arts Festival
- May 30-June 1 Canyonlands PRCA Rodeo
- May 31-June 1 Thelma & Louise Half Marathon
- Aug. 29-Sept. 9 Moab Music Festival
- September 20-22 Moab Century Tour
- September 27-28 Moab Pride Festival
- October 4-12 PleinAir Moab
- October 10-12 Rock Gem & Mineral Show
- October 20 The Other Half
- October 27-Nov. 2 Moab Folk Festival
- December 7 Winter Sun 10K



go to [www.moabhappenings.com](http://www.moabhappenings.com)  
for more event information all year long!



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### WINTER SUN ACTIVITIES

**November 30<sup>th</sup> & December 1<sup>st</sup>**  
Join Us For A Full Weekend Of Great Events

**Friday, November 30<sup>th</sup>**  
Chamber Silent Auction at the Gift Fair  
4:00pm - 8:00pm at Grand Center

MARC Arts & Crafts Fair, 4:00pm - 8:00pm

Tree-lighting Ceremony with Hot Chocolate, Cookies, and Santa!  
**5:00pm at Swanny City Park**, Caroling with the Valley Voices,  
GCHS Choir & Band, and Charter School Taiko Drummers

*AND DON'T MISS -  
Main Street Merchant Specials,  
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**Saturday, December 1<sup>st</sup>**  
Chamber Silent Auction at the Gift Fair  
9:00am - 3:00pm at Grand Center

MARC Arts & Crafts Fair, 10:00am - 5:00pm

Winter Sun 10K, 10:00am

Electric Light Parade with Grand Marshals, Citizen of the Year,  
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## KICK OFF THE HOLIDAY SEASON WITH DOUBLE THE FUN TWO HOLIDAY CRAFT FAIRS

at the GRAND CENTER 182 n. 500 w.

at the MARC 111 e. 100 n.

Friday Nov. 30th 4pm—8pm Sat. Dec. 1<sup>st</sup> 9am-3pm

A variety of vendors for your holiday shopping needs, fun and food.

Santa will be here Saturday 11-2pm

### The Café will be serving all your favorites

- Navajo tacos
- Hot dogs
- Assorted chips
- Chili dogs
- Frito Pie
- Assorted Pie selection
- Assorted pop selection
- Chicken noodle soup

The Center's famous cinnamon rolls and sticky buns..yum

RSVP Volunteers are selling stick Ponies during the Gift Fair Fundraiser, come pick yours out from the corral.



### MARC HOLIDAY ARTS & CRAFTS FAIR

Fri., Nov. 30th 4-8 pm

Sat., Dec. 1st 10am - 5 pm

Go for the creative and unique!

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- hats & yarn
- wreaths
- jewelry
- artography
- scarves
- pottery
- Fido treats
- wood crafts
- stone crafts
- paintings
- goat cheese
- jams & jellies
- plants aprons
- peanut brittle
- warm food

**BRING THE KIDDOS-  
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at the MARC for  
PHOTOS  
Saturday 10-4.**



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# BIRD HAPPENINGS

## Moab's Christmas Bird Count

This year represents the 113th annual Christmas Bird Count (CBC), one of the longest running citizen science projects in the United States. The count started as a non-consumptive alternative to a traditional Christmas Day activity where participants blasted away at birds and mammals in a terrible waste of wildlife. Frank Chapman, then the editor of Bird-Lore magazine, proposed a different type of Christmas Day outing that focused on counting live birds. The CBC was born.



For the 112th count last year, 37 participants counted 73 species in Moab. The 15-mile diameter count circle extended from the Colorado River through Spanish Valley and east into Castle Valley. Teams were assigned to cover sections of the circle to avoid double counting. Of course, birds tend to move and large flocks or particularly unusual species were recorded as to time and location, especially if they were moving across the valley. Later on the teams could determine if they observed the same groups or not.

Worldwide for the 112th CBC, there were 2215 counts: 1714 in the United States, 394 in Canada and 107 in Latin America and the Caribbean. Nearly 65 million birds were recorded totaling 646 species; quite a difference between the 20 species observed on the first count in 1900.

So what types of birds can one expect during the count? Depending upon the area of the Moab circle, waterfowl, raptors, woodpeckers, jays, wrens, sparrows and finches make up the majority of the species sighted. It is amazing the diversity of birds that occur in neighborhoods and urban spaces in town.

Great horned and western screech owls also ended up on last year's list, but other years' counts have turned up barn, northern pygmy and northern saw-whet owls, as well. Though



the owls are hard to find, other diurnal raptors like northern harriers, bald eagles and red-tailed hawks are easier to locate.

So what does the CBC indicate? The count provides a regional or national snapshot of winter bird populations. Researchers who look at the data have discovered some interesting declines and increases for species over the years. In Moab, the proliferation of Eurasian collared-doves is revealed through increased numbers over the years. These birds, native to the Caribbean and southeast, have extended their ranges across the country. In addition to the collared-doves, white-winged and mourning doves were also observed. In my years of participating on the Moab CBC,



finding a wintering mourning dove was a big event, while the other two species were non-existent.

So how does one go about participating in the Moab CBC? First off, you don't need to be an expert birder to join. The count organizers mix and match teams so that novices don't go alone or in fledgling flocks. Each group has a team leader who knows the area and where to look for different birds.

After the count, on January 6, there will be a wrap-up potluck brunch held at The Nature Conservancy office on Kane Creek Boulevard. Besides a late breakfast, teams turn in their count forms and compare notes. The rundown also provides an opportunity to look for "count week" species, those that were missed on Count Day. To participate, contact organizer Marcy Hafner at [marcymoab@yahoo.com](mailto:marcymoab@yahoo.com) or 259-6197 and enjoy the birding!

By Damian Fagan



## 3<sup>rd</sup> Annual Christmas Bird Count at Dead Horse Point

A flash of blue catches our eyes to the left, a familiar glint. Then it begins, more blue flashes and the sound of a bird call much like old friends gathering at the table and having a good laugh. The brilliant blue flock has just arrived in the pinyon next to the count group. Pinyon Jays are social birds that tour around in flocks of twenty or more. Each one of these birds will cache thousands of pinyon seeds around Dead Horse Point State Park each year. The truly amazing thing is, that they can remember where they have stashed 95 percent of the seeds they cache. This mutualistic relationship benefits both bird and tree, as the 5 percent of pinyon seeds left sown in the soil, ensure a new generation of pinyon pines. The Pinyon Jay is one of several species of bird counted last year during Dead Horse Point State Park's Christmas Bird Count.

Each year, during the later part of December into the beginning of January, National Audubon Society sponsors a Christmas Bird Count. Audubon and birding groups around the United States set a date for participation within the open timeframe, usually a two-week period. The groups then invite their local citizens to assist in the physical bird count. Regardless of the weather, the count will go on. Birders and non-birders alike join in the search for all bird life found within the group's circle within a 24-hour period. The Christmas Bird Count (CBC) and the Great Backyard Bird Count (GBBC) are two examples of National Audubon Society based citizen science endeavors. Programs such as these allow scientists to gather an extensive amount of information in a short period of time, and connect participants with the deeper meanings found within the natural world. This data helps scientists follow a variety of bird species through their annual migrations and track population sizes, to compare with past historic data. For the participants, the projects present the opportunity to get out into nature, to assist your local community, to help out scientists across the nation and to meet new people with similar interests. The majority of these citizen science projects are free to participants and an excellent way to rub elbows with naturalists in your area.

On Saturday December 15th at 8 a.m., Dead Horse Point State Park will be hosting its 3rd annual Christmas Bird Count. Local birders will lead each group along the various routes and confirm identification of all species. Anyone intrigued by the idea of identifying and counting birds is welcome to attend regardless of experience level. To participate, please register through our website [www.stateparks.utah.gov/parks/dead-horse](http://www.stateparks.utah.gov/parks/dead-horse).

Click on the link for activities and events, find the CBC listing and signup. The event is free to all involved. Participants are encouraged to bring binoculars, snacks, water and dress for the weather conditions. For more information, please call (435) 259-2614.

Also participating in this year's CBC is the Moab Bird Club. They will be holding their count on **Saturday January 5th, 2013**. If interested in helping count birds in

the Moab area please contact Marcy Hafner (435) 259-6197 or [marcymoab@yahoo.com](mailto:marcymoab@yahoo.com). A post count potluck brunch will be held on Sunday January 6th at 10 a.m. at the Nature Conservancy Office, 860 Kane Creek Blvd. Those participating in the count are invited to attend.

Moab locals will receive 10% off items in Dead Horse Point State Park's gift shop during December and January.



Annual

# Parade of Lights in Cortez

December 1<sup>st</sup>  
on Main Street

Starts at 6 pm beginning at Maple

for more info  
call Gayel at 970-564-4095



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# RESTAURANT GUIDE

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Opens at 11:30 am every day!

**MOAB BREWERY**  
UTAH

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16 oz 4-Packs

7% ABV

686 S Main St • www.themoabbrewery.com

**Singha**  
Authentic Thai Cuisine

Lunch: Monday - Saturday 11-3  
Dinner: Monday - Saturday 5-9:30  
Closed Sundays  
Closed Dec 23<sup>rd</sup> - Jan 20<sup>th</sup>

Now Serving Beer, Wine & Saki

92 E. Center Street  
Moab, Utah 84532  
Tel: 435-259-0039  
Fax: 435-259-0005

Simply the BEST... Made Fresh  
Sandwiches • Soups • Salads

**ANTELE'S DESERT DELI**  
Local's Favorite

Finest Quality Ingredients in Generous Portions

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Catering and Party Trays available

Mon-Sat 11-4  
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**Quesadilla Mobilla**  
Moab's Gourmet Food Truck!

COME SEE WHY WE'RE A LOCALS FAVORITE!

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Come find us on Facebook and Twitter

www.quesadillamobilla.com

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, as well as their beer being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.



Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and

The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



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**LA HACIENDA Restaurant**

OPEN MON. - SAT.  
SERVING LUNCH AND DINNER  
DAILY SPECIALS VEGETARIAN FRIENDLY

574 NORTH MAIN, MOAB  
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STATE LIQUOR LICENSEE

**BROKEN OAR RESTAURANT**

53 West 400 North  
1/2 block off Main St.  
(435) 259-3127

Winter - Open for private parties only  
Call Randy for reservation

Steaks • Ribs • Pasta • Chicken • BBQ  
Trout • Brisket • Pulled Pork • Burgers  
Salads • Desserts • Beer & Wine

Your Home Town  
**Pizza Hut**

265 South Main, Moab  
Open Daily • 259-6345

Sun - Thurs 11am-10pm  
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Dine in and Carry out, all day  
Delivery Available from 4pm-10pm  
7 days a week

Open 10am - 11pm  
Prime Rib • Wed., Fri. & Sat.

**Susie's BRANDING IRON**  
Backdoor Bar • Now Open

COME TASTE THE WEST

2971 South Highway 191  
\* 3 Miles South of Moab • 259-6275 \*

# RESTAURANT GUIDE





## Jeffrey's STEAKHOUSE

CASUALLY UPSCALE  
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST  
435-259-3588

JUST SLIGHTLY OFF MAIN

**WE ARE PROUD TO SERVE  
LOCAL ORGANIC PRODUCE  
WHEN AVAILABLE**

OPEN MON. - SAT. AT 5:00PM  
CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM  
STATE LIQUOR LICENSEE

## Buck's Grill House

Contemporary Western Cuisine

**Book your Holiday Parties Now**

**Steaks & Game  
Vegetarian & Southwest Cuisine**

Vista Lounge

"Feed Your Spirit"

**Micro Brewed Beers • Fine Spirits & Live Music**  
For a schedule of live music, go to [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com)  
1393 N. Highway 191 • 435-259-5201

### Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)  
Dinner

Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

### The Blu Pig

811 S. Main 435-259-3333  
Dinner • Take Out  
Open Daily 4pm-close

Closed for Christmas and New Years Holidays  
Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE MUSIC- call for details. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

### Brewed Awakenings

1146B South Hwy 191 435-260-8045

### Broken Oar

53 West 400 North 259-3127  
Winter - Open for private parties only  
Call Randy for reservation

Every night at the Broken Oar is something special. Monday kids eat free. Tuesday free appetizer or dessert with the purchase of two meals. Wednesday and Thursdays buy one entree get the second free. Friday Prime Rib. Saturday all you can eat crab. Come join us on our lite patio or dine by our stone fire place. Enjoy a local beer or glass of wine, and experience our wide variety of home made food and desserts.

### Buck's Grill House & Vista Lounge

1393 North Highway 191 259-5201  
Dinner  
Open nightly at 4:30pm

Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. [www.bucksgrillhouse.com](http://www.bucksgrillhouse.com)

### Burger King

606 South Main 259-2700

### Cabo Grill

396 South Main St. 259-6565

### China Cafe

812 South Main 259-7933

### City Market

425 South Main 259-5181

### CK Desert Ice

89 North Main

### Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002

### Crystal's Cakes & Cones

26 West Center St. 259-9393

### Denny's

989 North Highway 191 259-8839  
Breakfast • Lunch • Dinner

Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

### Desert Bistro

36 South 100 West 259-0756  
Dinner  
Closed for the season - Reopening March 2013

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended.

### Eddie McStiff's Restaurant & Brew Pub

57 South Main Street 435 259-BEER

### EklectiCafe

352 North Main Street 259-6896  
Breakfast • Lunch  
Open 7 days a week 7:00 a.m. - 1:30 p.m.

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012.

### Fiesta Mexicana

202 South Main Street 259-4366  
Sun - Thur 11am - 9pm • Fri & Sat 11am - 10pm  
Experience the close-up magic of Rick Boretti  
Thursdays and Fridays 7-9pm

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. [FiestaMexicanaRestaurants.com](http://FiestaMexicanaRestaurants.com)

### Frankie D's Bar & Grill

44 West 200 North 259-2654

### Jailhouse Cafe

101 North Main Street 259-3900  
CLOSED FOR THE SEASON

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

### Jeffrey's Steakhouse

218 North 100 West 435-259-3588

Open Mon. - Sat. at 5:00pm Call for reservations  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. [www.jeffreyssteakhouse.com](http://www.jeffreyssteakhouse.com)

### La Hacienda

574 North Main 259-6319  
Lunch • Dinner  
Open Mon. - Sat.

CELEBRATING 31 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

### Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212  
Deli Open 6 a.m. - 8 p.m.

Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

### Love Muffin Café

139 North Main 259-6833

### McDonald's

640 South Main 259-8800

### Mi Ranchito y Mexicano

812 South Main Street, Suite B 259-0550

### Miguel's Baja Grill

51 North Main 259-6546

Dinner  
Closed for the season - Reopening Feb. 14, 2013  
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

### Milt's Stop & Eat

400 East and Millcreek Drive 259-7424  
Lunch • Dinner  
Open Tues - Sun 11am - 8pm

Closed Monday  
Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! [www.miltstopandeat.com](http://www.miltstopandeat.com).

### Moab Brewery

686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY.

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

### Moab Coffee Roasters

90 N. Main St. 259-2725  
Open Every Day from 8:00am - 6:00pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

### Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006  
Breakfast • Lunch • Dinner  
Mon-Sat: 6:00 am - 9:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

For more information about these restaurants pick up a "Moab



**Moab Grill**

540 South Main 435-259-4848  
Breakfast • Lunch • Dinner  
Open 7am Closed Tuesday

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our fresh baked pastries, pies, cobblers and espresso and our crazy juicy burgers are good any time of day. Friday Cajun Seafood Boil. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu.

**Pancake Haus**

196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**

98 East Center 259-0200  
Mon-Sat 11-4  
Closed Sunday

Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

**Paradox Pizza**

702 South Main St 259-9999  
Sunday - Thursday 3-9pm  
Friday & Saturday 3-10pm

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

**Pasta Jay's**

4 South Main 259-2900

**Peace Tree Juice Cafe**

20 South Main 259-0101

**Pizza Hut**

265 South Main 259-6345  
Lunch • Dinner  
Sun-Thur 11am-10pm Fri-Sat 11am-11pm

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

**Portal Grill at Moab Regional Hospital**

450 West Williams Way

**Quesadilla Mobilla**

available for events and catering. 260-0289

Quesadilla Mobilla is Moab's first and only gourmet food truck serving up delicious gourmet quesadillas. Our menu is out of the ordinary but sure to get your mouth watering and we have seasonal specials throughout the year. Call us and see why we have quickly become a locals' favorite!

**Red Rock Bakery & Net Cafe**

74 S. Main Street 259-5941  
Breakfast • Lunch

Open 7am-2pm Everyday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

**Rio Sports Bar & Grill**

1 block west of Main on Center 259-6666

**Sabuku Sushi**

90 East Center 259-4455

**Singha: Authentic Thai Cuisine**

92 East Center 259-0039  
Lunch • Dinner  
Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9:30  
Closed Dec. 23<sup>rd</sup> - Jan. 20<sup>th</sup>

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chillies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**

5 North Main 259-8004  
Closed for the season

Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

**Sorrel River Grill Restaurant**

17 Miles Northeast on Scenic Hwy 128 259-4642  
Breakfast • Lunch  
Dinner

Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Dinner reservation suggested.

**Subway Sandwich Shop**

299 South Main 259-SUBS  
Breakfast • Lunch • Dinner  
Open 8 a.m. everyday

NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**

900 North Highway 191 259-7146  
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

**Susie's Branding Iron**

2971 South Highway 191 259-6275  
(3 miles south of Moab)  
Lunch • Dinner  
Open 11am - 10pm

Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. To go orders are welcome. Backdoor Bar - Now Open.

**Sweet Cravings Bakery & Bistro**

550 North Main 259-8983  
Breakfast • Lunch  
Wed-Fri: 8am - 5:30pm  
Sat-Sun: 8am - 3pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later! Now delivering.

**Szechuan Restaurant**

125 North Main 259-8984

**Village Market**

702 South Main 259-3111

**Wake and Bake Cafe**

59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**

260 North Main 259-2595

**Wicked Brew Drive Thru**

132 North Main  
Open at 7 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

**Zax**

96 South Main Street 259-6555  
Lunch • Dinner • Family Dining

We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

**Sweet Cravings**

Bakery + Bistro

Breakfast/Lunch  
Coffee & Lattes  
Sandwiches & Salads  
Endless Homemade Pastries  
Boxed Lunches • Catering

*Now Delivering*

Wed-Fri 8am - 5:30pm  
Sat-Sun 8am - 3pm

435-259-8983 • www.cravemoab.com  
550 N. Main Street, Moab, UT 84532

**SLICKROCK CAFE.**

Family Owned &amp; Operated

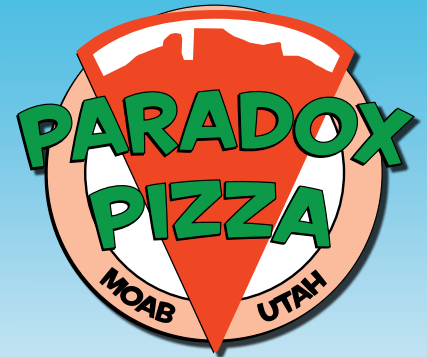
LIVE MUSIC

*Closed for the season*

Atrium Seating  
Appetizers  
Gourmet Burgers  
Sandwiches  
Salads, Steaks  
Freshly Grilled Entrees  
Kids Menu, Daily Specials  
Ice Cold Beer  
Full Service Liquor License

Lunch &amp; Dinner Menu

CORNER OF CENTER & MAIN  
(435) 259-8004 • www.slickrockcafe.com

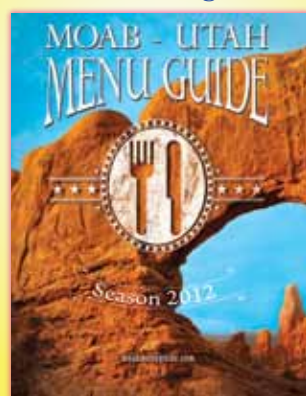


EAST COAST STYLE, STRAIGHT FROM MOAB

**WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES!** HOMEMADE SOUPS, BREADS & DESSERTS  
702 SOUTH MAIN ST. 435-259-9999

Pick up a copy of the  
**2012 Moab Menu Guide**  
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at  
[www.moabmenuguide.com](http://www.moabmenuguide.com)



www.ZAXMOAB.com  
96 S Main St  
Moab, Utah  
(435) 259-6555

Largest selection of local  
Utah microbrews on tap!

**Winter Specials**  
Pizza Happy Hour  
Monday - Thursday 4:30 - 5:30

• **\$9.99 All-U-Can-Eat Pizza Bar**  
Monday & Wednesday

**Daily lunch and dinner specials!**

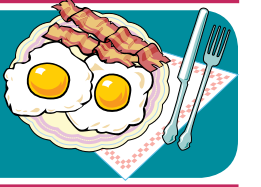
GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME  
COME QUENCH YOUR THIRST AT THE WATERING HOLE

**Menu Guide" And tell them you found them in "Moab Happenings"**





# RESTAURANT GUIDE




**TRY ANYTHING FROM THE HOBBIT MENU AND GET A FREE TRADING CARD PACKET (INCLUDES A DISCOUNT CARD).**

**Open Christmas and New Years** FREE WiFi

**DON'T FORGET!**  
Kids Eat Free Tuesday and Saturday 4pm - 10pm  
989 North Hwy 191 **OPEN 24 HOURS**

Open Everyday 7am-2pm



**RED ROCK BAKERY**  
A Quality Scratch Bakery with fast, friendly service.  
Internet Café • Dine-in or Take-Out  
Now Serving Organic Fresh Moab Coffee  
74 South Main • Moab, UT 84532 • 435-259-5941

*Desert Bistro*  
Casual Fine Dining  
Contemporary Southwestern Cuisine



*Closed for the Season*

Join us at our new location in the heart of downtown  
**36 South 100 West**

Open Tuesday - Sunday at 5:30 pm - 9:30 pm  
Closed Monday  
Reservations Highly Recommended  
259-0756 FULL LIQUOR LICENSEE

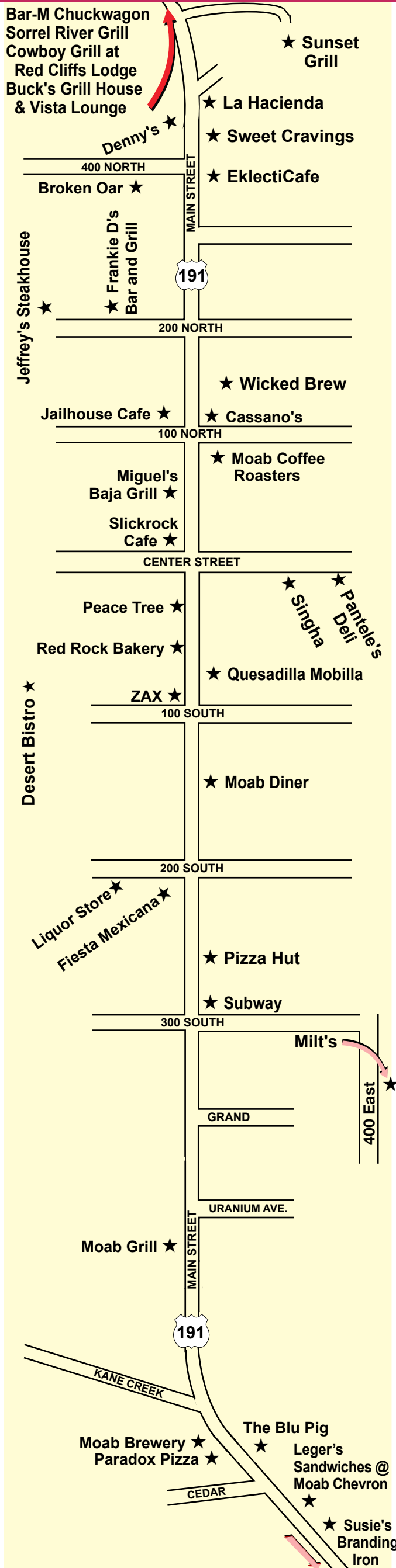


**eat fresh.**

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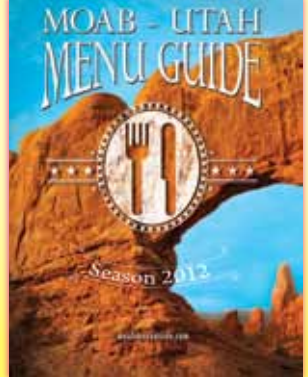
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Pick up a copy of the  
**2012 Moab Menu Guide**  
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com)




# RESTAURANT GUIDE



# RESTAURANT GUIDE

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## Holiday Dining Guide

After a quick round of phone calls to a variety of restaurants in Moab, I've come to the conclusion that restaurant schedules vary greatly as to who is open and when. But the good news is that there are more restaurants continuing to remain open for a longer time each season and some who are adapting their menu selections and taking the plunge into staying open for business all year round.

So here's a brief listing of some holiday dining choices...However, don't hesitate to pick up the phone and call ahead to check on hours. See restaurant guide on pages 7, 8, 9, 10 and 11 in section A of this issue for more details about location and type of cuisine.

Here are a few choices to consider if you're looking to dine out on:

### CHRISTMAS EVE

Denny's, Eklecticafe, Frankie D's, Leger's Sandwiches, Moab Diner, Pantele's, Paradox Pizza, Pasta Jay's, Pizza Hut, Red Rock Bakery, \*Sorrel River Grill, Szechuan Restaurant,

### CHRISTMAS DAY

Denny's, Frankie D's, Leger's Sandwiches, \*Sorrel River Grill, Szechuan Restaurant

### NEW YEAR'S EVE

China Cafe, Denny's, Eklecticafe, Fiesta Mexicana, Frankie D's, Hogi Yogi, Jeffrey's Steakhouse, Leger's Sandwiches, La Hacienda, Moab Diner, Paradox Pizza, Pasta Jay's, Pizza Hut, Red Rock Bakery, Rio Sports Bar & Grill, Sabaku Sushi, \*Sorrel River Grill, Sunset Grill, Szechuan Restaurant, Susie's Branding Iron

### NEW YEAR'S DAY

China Cafe, Denny's, Fiesta Mexicana, Frankie D's, Leger's Sandwiches, Moab Diner, Paradox Pizza, Pasta Jay's, Pizza Hut, Red Rock Bakery, Rio Sports Bar & Grill, \*Sorrel River Grill, Sunset Grill, Szechuan Restaurant,  
 \*Reservations Required

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## Red Cliffs Lodge & WabiSabi, Offers Free Christmas Dinner to the Community

Red Cliffs Lodge and WabiSabi are offering a free community Christmas Dinner on Tuesday, December 25, from 2:00 to 5:00 p.m. at the Grand Center. The dinner is made possible by generous donations from the community. Everyone is invited to attend or volunteer at the event.

This is the seventh year WabiSabi has offered its Hands Up Christmas Dinner, and last year nearly 400 meals were served. Over 100 volunteers cook, serve, clean, decorate and coordinate the meal. The Youth Garden Project and the Grand Center contribute their facilities for cooking and serving. Red Cliffs Lodge is donating and preparing a full Christmas dinner including turkey, stuffing, potatoes and dessert. Dozens of other businesses and individuals have donated other food and funding for the meal.

"We live in such a generous and supportive community, and it's great to harness that good energy and share it with everyone," says Holly Dinsmore, WabiSabi's Warehouse

Manager and organizer of the Hands Up community meals. "This is a tough time for everyone, and whatever we can do to help people out, we want to do it."

"Plus," she adds, "we don't want to see anyone spend the holidays alone."

Dinsmore says a broad cross-section of the community attends the Hands Up meals each year, from schoolteachers and business owners, to the unemployed and homeless. And while all appreciate the free meal, it's more about building the bonds of community than helping people through lean economic times.

WabiSabi is currently seeking volunteers to help with meal setup, serving and cleanup. Anyone interested in getting involved can contact Mandy Turner at 259-2553 or programs@wabisabimoab.org. Unfortunately, WabiSabi is unable to accept food donations from individuals. Everything served must be prepared in a commercial kitchen. However,

financial contributions to the event may be mailed to WabiSabi, 1030 S. Bowling Alley Lane, Moab, UT 84532.

As always, generous community involvement is vital to the success of the event.

"It's amazing to see how many people jump in and help out with these meals," says Dinsmore. "We are so fortunate to live in a community where everyone wants to get involved and help one another out. It's truly an expression of the holiday spirit."

"Hands Up is a chance for the individuals, nonprofits and businesses of Moab to unite in sustaining area residents and the community at large," she adds.

WabiSabi is an integral part of the Moab community, supporting its eclectic sense of identity and the diversity of residents that comprise it. To learn more, visit www.wabisabimoab.org.

**www.moabmenuguide.com**  
 is where you can find THE MOAB MENU GUIDE. Check it out today!



# SKY HAPPENINGS

## The Sky for December 2012

By Faylene Roth

### SUNRISE AND SUNSET TIMES FOR DECEMBER

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

1	7:17am	4:57pm
2	7:18am	4:57pm
3	7:19am	4:57pm
4	7:20am	4:57pm
5	7:21am	4:57pm
6	7:22am	4:57pm
7	7:23am	4:57pm
8	7:24am	4:57pm
9	7:25am	4:57pm
10	7:25am	4:57pm
11	7:26am	4:57pm
12	7:27am	4:58pm
13	7:28am	4:58pm
14	7:28am	4:58pm
15	7:29am	4:58pm
16	7:30am	4:59pm
17	7:30am	4:59pm
18	7:31am	4:59pm
19	7:31am	5:00pm
20	7:32am	5:00pm
21	7:33am	5:01pm
22	7:33am	5:01pm
23	7:33am	5:02pm
24	7:34am	5:02pm
25	7:34am	5:03pm
26	7:35am	5:04pm
27	7:35am	5:04pm
28	7:35am	5:05pm
29	7:35am	5:06pm
30	7:36am	5:07pm
31	7:36am	5:07pm

### MAJOR CONSTELLATIONS OF DECEMBER

#### Overhead

- Andromeda
- Aries
- Auriga
- Perseus
- Pegasus
- Pisces
- Triangulum

#### Northward

- Cassiopeia
- Cepheus
- Ursa Major
- Ursa Minor

#### Eastward

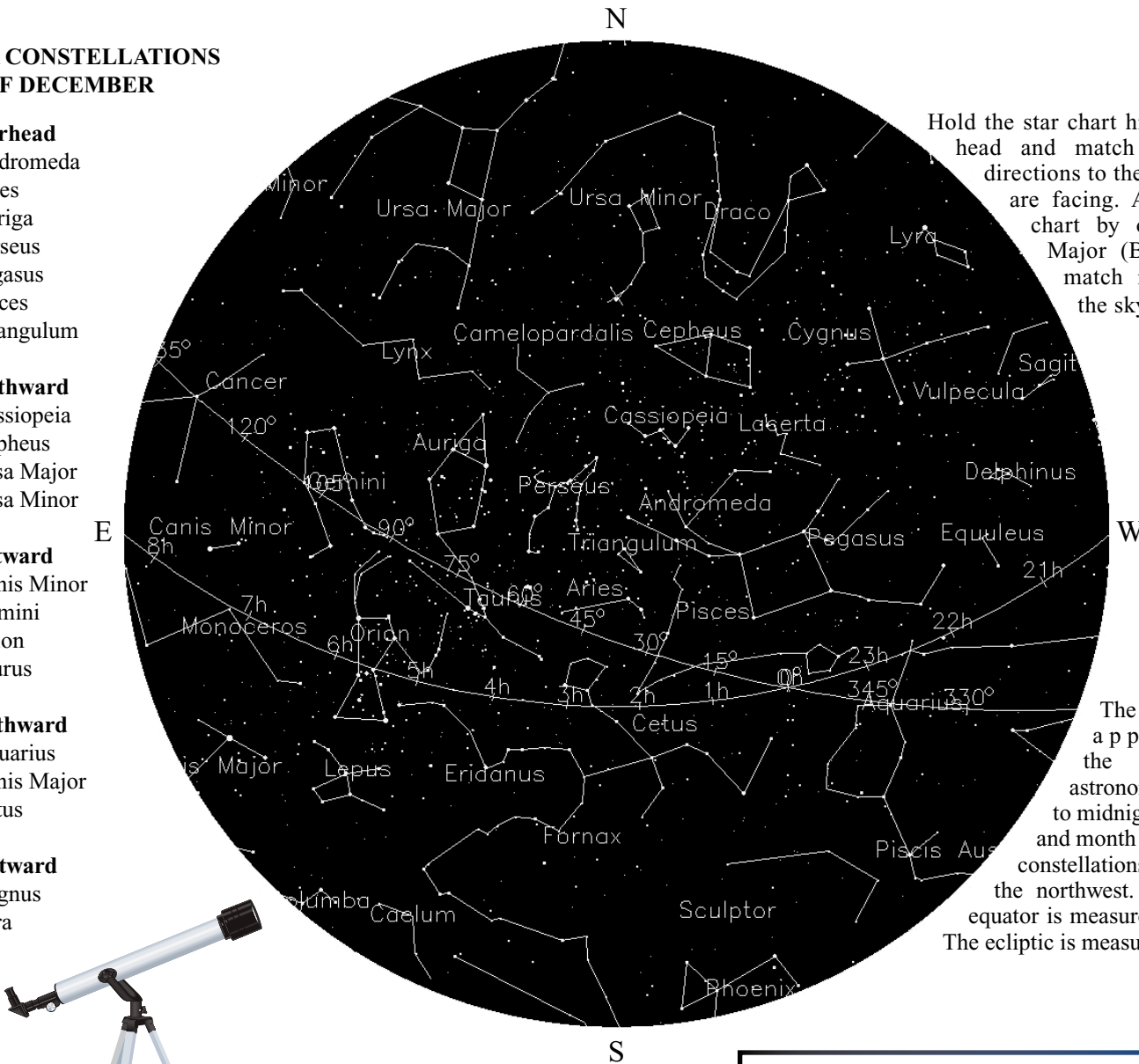
- Canis Minor
- Gemini
- Orion
- Taurus

#### Southward

- Aquarius
- Canis Major
- Cetus

#### Westward

- Cygnus
- Lyra



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

### VISIBLE PLANETS

**Jupiter** – Mighty Jupiter shines in the eastern sky as evening twilight fades and remains visible into the early morning hours near the constellation Taurus. It reaches opposition on December 3. At opposition the planet is on the opposite side of Earth from the sun which brings it to its closest position to the earth for this year. On December 25 Jupiter rises just ahead of a waxing gibbous moon. They appear less than two degrees apart. (Magnitude -2.8)

**Mars** – On December 14 look for the red planet in the evening twilight to the right of a very thin waxing crescent moon. Both Mars and the moon may be easier to find on December 15 when the planet appears below a slightly larger moon. Mars begins the month in Sagittarius and moves into Capricornus before month's end which keeps it very low on the western horizon. (Magnitude +1.2)

**Mercury** – The innermost planet is never easy to see, but those who care enough to try may find it in the morning sky during the first two weeks of December. Look for it in Scorpius less than 10 degrees below Venus in the eastern sky. On December 4 Mercury reaches its greatest apparent distance from the sun which can improve its visibility. (Magnitude -0.3)

**Saturn** – At the beginning of December Saturn rises with Virgo about one-half hour before Venus in the early morning twilight. The ringed planet rises earlier each day—between 3:00am and 4:00am by month's end which means it will appear to move from Virgo into Libra. Look for a spectacular showing on the mornings of December 9 and 10 with a waning crescent moon hanging above Saturn and with Venus and Mercury below. (Magnitude +0.6)

**Venus** – The “star” of the morning sky rises a little later each day which keeps it close to the southeastern horizon throughout the month. It's in the constellation Scorpius. The spectacular morning event mentioned above continues on December 11 with a very thin waning crescent moon above Venus. Saturn glows above the moon and a fainter Mercury shines below Venus. (Magnitude -4.0)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

### DAYLENGTH

The period of daylight continues to shorten until December 18 when the length of the daylight period levels off at 9 hours 28 minutes for the next four or five days. By December 24 the days are lengthening but only average a gain of one-half minute per day through the end of December. Civil twilight adds about one half hour of usable light at dawn and dusk. During the next half hour—nautical twilight—color and detail disappear from the surrounding landscape and overhead skies become dark. At the end of the final stage of twilight—astronomical twilight—residual light of the setting sun fades below the horizon.

### WINTER SOLSTICE

Winter begins in Moab on December 21 when the sun appears at its southernmost point in the sky at 4:12am as seen from the northern hemisphere. The sun appears overhead at 23.5 degrees south latitude which is marked on geographical maps as the Tropic of Capricorn because the sun was in the constellation Capricornus at solstice time when the maps were made. Today, due to precession of the equinoxes which is caused by the wobble of the earth's axis, the sun is at the same latitude but appears farther west in the constellation Sagittarius when the winter solstice occurs.

### MOON HAPPENINGS

Dec 6 – Last Quarter Moon rises soon after midnight.  
 Dec 13 – New Moon occurs at 1:42am.  
 Dec 19 – First Quarter Moon sets in the early am hours.  
 Dec 28 – Full Moon occurs at 3:28am. Watch it rise on the 27<sup>th</sup> (4:50pm) and the 28<sup>th</sup> (5:45pm)  
 (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### METEOR HAPPENINGS

One of the year's best meteor events—the Geminid Meteor Showers—is active from December 6 through December 18. Peak activity coincides with the new moon this year on the night of December 13/14. With clear skies, viewers can expect to see up to 60 meteors and fireballs per hour between 1:00am and 5:00am. Debris from an asteroid—rather than a comet—produces these multi-colored meteors.

The Delta Arietid and the Ursid Meteor Showers occur later in the month, but good viewing will be obscured by a waxing gibbous moon. Meteor activity for the Arietids (constellation Aries—just west of Jupiter) peaks on the night of December 20/21. The Ursids peak on the night of December 22/23. Consider viewing in the pre-twilight hours of the morning after the moon has set.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

**Primary Sources:** USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>  
 To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.



# MOVIE HAPPENINGS

## Movies Made in Moab

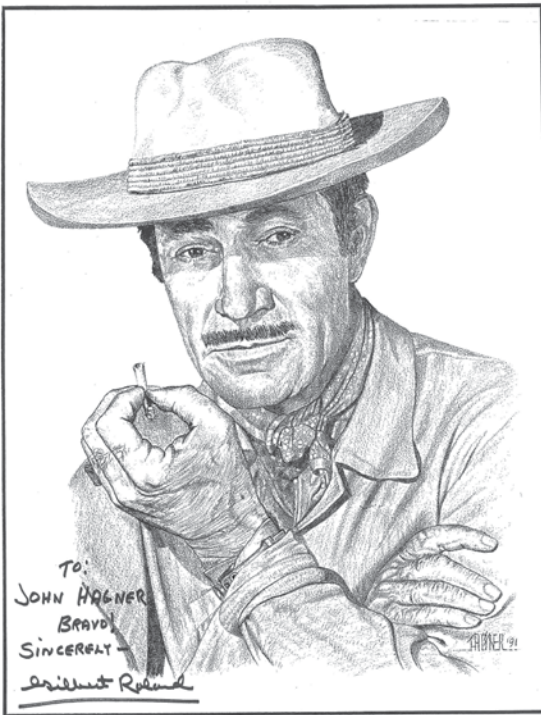
This is the 4th in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmen's Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

### CHEYENNE AUTUMN (1963)

Filmed in 1963 in the Moab area at White's Ranch, Castle Valley, Professor Valley, Colorado River, Onion Creek, Arches National Monument, Monument Valley and Mexican Hat.

Cast included Richard Widmark, Carroll Baker, James Stewart, Edward G. Robinson, Ricardo Montalban and Gilbert Roland. Stuntmen were Chuck Roberson, Chuck Hayward, Dean Smith, Ben Johnson and Jack Williams.

Story: A novel by Mari Sandoy, it was directed by John Ford and typically shows the Indian outlook of American history. It is an action-packed movie set in the 1860s.



The Cheyenne Indians were forced to relocate to another place over 1,000 miles from their ancestral land. They are protected by the U.S. Government, but it falls short of their obligation to have enough food and shelter to survive. Consequently, many Cheyenne people do not survive and die from disease and starvation. Afterwards, they decide to go back to their homeland regardless of the government.



Joined by a Quaker woman, Deborah Wright (Carroll Baker), who educates the Indian children. They are pursued by the U.S. Cavalry, under the command of Captain Thomas Archer as they leave in the middle of the night.

The Cheyenne, after being forced into continuous battles with the cavalry and the settlers, whose land they are crossing, they split into two groups. Dull Knife (Gilbert Roland) is followed by one group to Fort Robins. It is hoped they may be provided with food and shelter for the winter ... followed by the other group with Little Wolf (Ricardo Montalban), as the journey is continued to the Cheyenne Nation. The Indians are locked up and starved at Fort Robins, under orders from Captain Wessels, a Prussian commander,

unless they agree to return to the government reservation. When they refuse, many are killed when they try to escape. The Cheyenne cause is taken up by Captain Archer when he goes to Washington, D.C. and pleads their case.

The Secretary of the Interior finally agrees with Archer and the few remaining Indians are allowed to return to the land of their ancestors.

### RIO CHONCHOS (1964)

Starring Richard Boone, Stuart Whitman, Edmond O'Brien and Football Star, Jim Brown. Filmed at White's Ranch, Castle Valley, Professor Valley, Locomotive Rock, Arches National Monument and Dead Horse Point State Park ... all based in Moab.



Story: Filmed in Cinemascope, "Rio Conchos" is an adventure, set in the post-Civil War era of the West. A shipment of Army rifles are stolen. Captain Haven (Stuart Whitman) of the U.S. Cavalry is assigned to get the rifles back. He is accompanied by Lassiter (Richard Boone), an ex-Confederate major, an alcoholic and an Indian hater. Sergeant Franklin (Jim Brown) also of the U.S. Cavalry, and Rodriguez, a convicted murderer whose sentence is retrieved from the gallows is exchanged for the convict's cooperation. General Pardee, whose delusions of grandeur, has the rifles, and his intentions are to trade them to the Apache Indians for gold and silver to finance a continuation of the war against the North ... This is what Lassiter finds out.

A small group, under the command of Captain Haven sets out to locate Pardee. There is a wagonload of gunpowder which they carry to use as bait to destroy the rifles.

Haven's men encounter a hostile Indian girl who is added to their party. Hopefully, she, eventually leads them to the search for Pardee. But they are overtaken by Mexican banditos, who become temporarily custodians of a baby whose mother was killed by the Indians ... and are obstructed by Texas Rangers, Rodriguez' treachery and mother nature.

These trials and Pardee are finally located and the group survives.

Pardee's Apaches capture Frankin, Haven and Lassiter, who torchers them, but the Apache girl frees them.

The Hall of Fame is a non-profit organization that is dedicated to preserving the history of the stunt profession of motion pictures and television and to honoring stunt people the world over. If interested in learning more about the Hall of Fame, please contact John Hagner (Founder) at 435 260-2160. email: johnhagner@hotmail.com Hall of Fame website: www.stuntmen.org Moab Happenings features stories and art work by Hagner every month.

Look for Movies Made In The Moab Area and another article entitled, Stunt Stars and Legends. Mailing address for anyone wishing to make a tax-deductible donation to the Hollywood Stuntmen's Hall of Fame, is 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532.

## Stunts Stars And Legends: Gary McLarty

Articles and drawings by John Hagner



In 1996, Gary narrowly escaped being killed while riding his motorcycle on his way to get a cup of hot chocolate ... Then a car accidentally ran him off the road.

In the early 1950s, he was living in a home for boys in the San Fernando Valley at the McKinley Home for Boys. The movie "East of Eden", starring James Dean was filmed there. Gary was fortunate to watch the filming for about a week. He really wanted to be a part of working in the movies. At the time, Dean Martin and Jerry Lewis came there to do a film for Director Hal Wallis entitled, "The Three Ring Circus". Co-starring was Jeanne Crane.

In the early 1960s he met Hal Needham. Hal was very helpful and soon afterwards, he started working in western movies. Gary had experience riding broncos in rodeos. He was raised near the Sunset Stables. His interest in stunt work was such that he bought a horse and trained it in doing falls. Hal started taking Gary on the films he was working, including the John Wayne classic action in, "War Wagon". Duke really liked Hal Needham's style of stunt fighting and brought him into coordinate some of the fight scenes. It was then that he introduced Gary and put him and some of the other fellas and they dig a big barroom brawl in that movie.

Gary worked on six Wayne pictures: "The War wagon", "Hell Fighters", "The Undeclared", "Chisum", "McQ" and "Rooster Cogburn".

in "This Boy's Life" which was filmed in Moab, starring Robert DeNiro, Gary was hired to drive an out-of-control truck down a mountain road, turn it over and crash down the mountain. He accomplished the very dangerous stunt, but it was cut from the movie.

In the movie, "McQ", Hal Needham was seriously injured performing a cannon-roll stunt, so Gary was called in to complete the sequence. This was up in Washington, on an Indian reservation. He did the turnover with a car on the beach at a speed of about seventy-five or eighty miles an hour. It was the first time a cannon was used to flip a car.

Gary McLarty is an honored inductee in the Hollywood Stuntmen's Hall of Fame and was footprinted in cement in Moab when several stunt performers were here on the movie, "Thelma and Louise" in the early 1990s.

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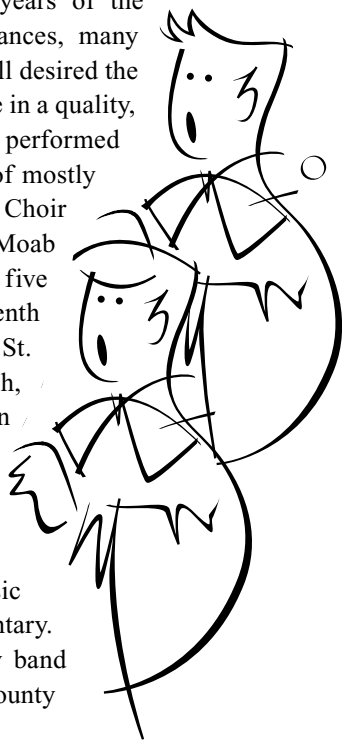


# NON-PROFIT HAPPENINGS

## First Annual Moab Community Christmas Choir Concert

The first Moab Community Christmas Choir will present the first Annual Christmas Concert at the Moab Community Church, 544 Mi Vida Drive, on Sunday, December 16 at 7:00 p.m. The concert is free and open to the public, with a free-will offering of non-perishable foods and personal hygiene items to be donated to the Moab Food Pantry.

The Moab Community Christmas Choir is made up of singers and musicians from Moab churches. The choir is directed by Mr. Ryan Morrill, 5th LDS Ward, and Mrs. Nanci Flesher, St. Pius X Church. Also directing will be Mr. Don McGuire, 1st LDS Ward. The choir was the inspiration of Mr. Morrill who recognized that, since the former years of the Moab Messiah performances, many singers and musicians still desired the opportunity to participate in a quality, choral concert. Music performed for this concert will be of mostly sacred nature. The 40+ Choir members are from the Moab Community Church, all five LDS Wards, the Seventh Day Adventist Church, St. Francis Episcopal Church, and St. Pius X Roman Catholic Parish. Mr. Morrill, the former band director for Grand County District, is the elementary/vocal music teacher at HMK Elementary. Mr. McGuire is the new band director for Grand County



District. Mrs. Flesher, the teacher for the new BEACON Moab Strings Program, is a retired public school, elementary/vocal music and instrumental teacher, and former Director of Music in a large Catholic parish, in Colorado Springs.

The concert will include performances by a Brass Ensemble from the Canyon Winds, and percussionists from the community. The Brass Ensemble will play carols from the balcony prior to the beginning of the concert. The concert will include traditional English, French, German, Austrian carols, and, also carols from Appalachia, West Africa (Cameroon) and West Indies. The final portion of the concert will include audience participation in caroling with the choir and instrumentalists. Following the concert, there will be a Holiday reception in the Fellowship Hall. The members of the First Annual Moab Community Christmas Choir warmly invite everyone to come enjoy some of the best music and fellowship of the Christmas season here in Moab.



### Native American Nativities on Display at the Museum of Moab

The Museum of Moab will be displaying a collection of Native American nativities and crèches November through December. The collection on loan from the Brigham Young University Museum of Peoples and Cultures includes works by several tribes from the Southwest.

“Each piece shows a fusion of Native American beliefs and Christian beliefs combining the old and new,” comments Curator Travis Schenck. “Designs and Motifs mingle to create unique yet beautiful pieces of art.”

The Museum of Peoples and Cultures at BYU is an Anthropology and Ethnographic Museum which collects and preserves items from cultures across the world.

As part of the exhibit the Museum will host a Nativity Night in December and invites members of community to bring and display their Nativities at the Museum. For more information about the Museum’s Native American Nativity Display or about the Nativity Night please contact the Museum of Moab at 435-259-7985.



# MOAB CLUBS & ORGANIZATIONS

**For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.**

AARP, Chapter 1539 .....	259-6396	Moab Country Club (Rob Jones).....	259-6488
Alcoholics Anonymous/Alanon .....	259-7556	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Friends For Wheelin' (Jeff Stevens).....	259-6119
American Legion Post (Bill Smith).....	259-3470	Moab Garden Club (Tricia Scott).....	259-6342
Arches Adult Education (Trish Hedin).....	259-2293	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
BEACON (Stephanie Dahlstrom).....	260-1143	Moab Horse Show Association (Tosha Audenried).....	260-9252
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Lodging Association (Britnie Ellis).....	259-6171
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Colorado Outward Bound School – Moab basecamp (Chris Benson) .....	435-259-5355	Moab Rock Club (Jerry Hansen).....	259-3393
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Rotary April Action Car Show .....	260-1948
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Roller Derby(Jessica O’Leary).....	575-635-3898
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance) .....	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen’s Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson).....	259-0906	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Teen Center-Club Red .....	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends of Canyonlands Health Care (Tom Edwards) .....	260-1504	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of the Grand County Library (Adrea Lund) .....	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon) .....	259-1633	Red Rock Forests .....	259-5640
Grand County 4-H (Marion Holyoak) .....	259-7558	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Food Bank .....	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse .....	260-1039	Senior Center (Verleen Striblen).....	259-6623
Humane Society of Moab Valley .....	Animal Services 259-4862	Sierra Club (Albey Reiner).....	260-8708
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
La Leche League (Kathy Grossman).....	hkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion’s Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas) .....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International.....	259-5767
Moab Arts Council (Theresa King) .....	259-2742	Trail Mix Committee (Sandy Freethy).....	259-0253
Moab Arts Festival (Gayle Weyner).....	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Arts & Recreation Center (Laurie Collins).....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	Young Life Moab .....	260-0285
Moab City Recreation (John Geiger) .....	259-2255	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org ... 259-3313
Moab Community Dance Band (Miriam Graham) .....	259-8311	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Delite Primus) .....	259-BEAN (2326)

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**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street



# PET HAPPENINGS

## Mt. Peale: A most fascinating and beautiful place *by Doug Freed*

Venture out from Moab around to the Colorado side of the La Sal Mountains, 14 miles from Utah Highway 191 on Utah Route 46, to discover the untrammled side of the La Sal Mountains and a lodging company and animal sanctuary engulfed in abundant peace and quiet that defies definition.



Amy Eskelsen with a dog they call Grandpa. Grandpa survived an auto accident that killed his owner. He would have been put down if not for the Mt. Peale Animal Sanctuary.

It is, all at once, a lodge, rental cabins, a massage therapy center, and an animal sanctuary. A most fascinating and beautiful place indeed.

What started as a more traditional tourist oriented lodge in the early 1990s, founded by Lisa Ballantyne and Teague Eskelsen, has become a healing place for humans and for the special needs animals at the sanctuary. The animal sanctuary is only two years old but already is home to several special needs horses, a pack of lovable hounds, and cats in every size, shape and description.

"We've had to evolve," explained Teague Eskelsen about the varied nature of the lodge. "We don't plan things, we've just evolved."

It was in that vein that Eskelsen and Ballantyne two years ago decided to adopt a critically crippled colt suffering from a disease that basically was eroding the animal's joints. In most instances, a colt suffering from such an affliction is put down, but Eskelsen and Ballantyne adopted the colt, taking on the costs of extensive medical treatments as well. To do so, the owner had to agree to let the colt's mother accompany the colt back to Mt. Peale until it could be weaned. The owner agreed and the colt was named Lucky Boy. To see the horse today is to think Lucky Boy may be the most aptly-named horse in America.

Following extensive medical treatments, Lucky Boy remains hobbled by the disease but no longer is completely crippled. He gets around with a limp on disfigured legs, but has absorbed enough love over the past two years to readily share it with other horses or humans.

Today, Lucky has a variety of equine friends at Mt. Peale. Once Lucky found a home, other special needs horses began to find Eskelsen and Ballantyne. One is blind, others are suffering various stages of crippling diseases or horrifying abuse at the hands of previous owners. All of them are loved unconditionally and cared for in the most tender of ways by hired hand Ryan Stewart, Amy Eskelsen and the two owners. With the horses came the dogs who otherwise may have been put down, and even the special needs cats. The animals at Mt. Peale are not living in what one might consider a traditional sanctuary or kennel arrangement. Every one of the critters at Mt. Peale is treated like a pet. The love and attention they receive is readily apparent.



This little charmer, named Tickee, arrived at the sanctuary covered in ticks and suffering various forms of neglect.

A peculiar thing happened on the way to creating the sanctuary, Teague said. Caring for the animals is very expensive and a potential drain on the traditional massage therapy and lodging business at the lodge, but Teague said as the focus shifted to the animals, good things started happening for the humans. "When we focus on the animals, everything else seemed to work out for everybody, including us," she said.

While caring for the animals can be very expensive, Teague said the animals give back ten-fold what they

receive. For some reason, explained Teague, "These guys bring joy back into people's lives." She will gladly recount story after story of how the horses, dogs and cats at the sanctuary have helped various guests through difficult times. "The animals allow people to grow beyond their limits," she explained.

A circle of healing has evolved. The sanctuary invests in healing the animals who in turn have proven adept at healing humans. Today, whatever is earned by the healing services offered to customers at the lodge is money put directly back in to caring for the animals. May the circle be unbroken.



Erin Ballantyne shares some love with the dogs at the sanctuary.

But more is needed. Caring for the animals not only is time consuming, it is expensive. The sanctuary is actively engaged in raising funds to build winter housing for the animals (\$150,000 needed by Oct. 1), purchase hay and dog and cat food (\$10,000 needed) or to pay surgical costs (\$10,000). Donors can sponsor a horse (\$125 per month), a cat (\$40 per month) or dog (\$50 per month), or simply send a donation to Mt. Peale Animal Sanctuary, P.O. Box 366, Old La Sal, Utah, 84350.

Another need, said Teague, is finding a location to hold a monthly adoption event in the Grand Junction area for some of the animals that have been completely rehabilitated or who are simply looking for permanent happy homes.

Those who would like to visit the sanctuary and stay at either the lodge or cabins will discover comfortable accommodations with soaring views of Mt. Peale. Group events or individuals are welcome including healing retreats, executive retreats or family reunions or weddings.

The lodge offers easy access to all the recreation possibilities of the Manti-La Sal National Forest and the La Sal Mountains. This winter, Amy Eskelsen will offer sled dog tours out of the lodge into the La Sal Mountains. Call 435-686-2284 for advanced reservations.

*This story was originally printed in the August 2012 issue of Our Backyard magazine published by The Nickel and Nickads.com in Grand Junction, Colo.*



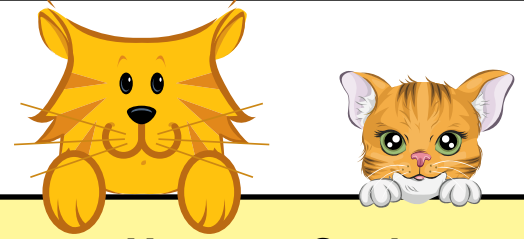
From left to right, Teague Eskelsen, Erin Ballantyne, Amy Eskelsen and Ryan Stewart with Lucky the horse.



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- December 1st - **MARC Christmas Craft Fair** from 10am - 5pm - Stop by the Humane Society booth to buy presents for your furry loved ones.
- December 1st - **Christmas Light Parade**
- December 8th - **Dog Adoption Day** at City Market from 11am- 1pm
- December 15th - **Cat Adoption Day** at the Moab BARKery from 11am - 1pm
- December 22nd - **Dog Adoption Day** at City Market from 11am- 1pm

## The Times-Independent

The Moab Times Independent is partnering with the Humane Society of Moab Valley for a non-profit fundraiser. For each \$32 subscription sold to a NEW subscriber, \$25 is donated to HSMV. This only applies to new subscribers (84532 zip code), for one year only, and no other discounts apply. For subscription forms stop by the Times Independent or HSMV office located inside the Moab Animal Shelter at 956 Sand Flats Road.

Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.

Don't forget to get your **2012 Humane Society Membership**. The membership card offers free items or discounts with 18 different local businesses. To purchase a membership please stop by our office at the City Shelter or visit the website at www.moabpets.org

## The Bark Park - Off-leash Dog Park



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# MOAB HAPPENINGS

LODGING  
EVENTS

Volume 24 Number 9

Section B

December 2012

The *American Heritage Encyclopedia of the United States* summarized the Steen story in a concise tribute:

"In 1952 a young Texas geologist, Charles A. Steen, discovered uranium in the Big Indian section of San Juan County, some 30 miles from Moab. In the next eight years Moab's population quadrupled and San Juan County became one of the wealthiest in Utah. The uranium boom brought prosperity to many and led to major discoveries of oil and the development of large potash beds, but perhaps its greatest gift was the opening up of the wilderness. In their frantic search for uranium, prospectors built rough roads and mapped previously uncharted land. For the first time, some of the grandeur of the Canyonlands was made accessible to more than the occasional cowboy and adventure seeker."

"Steen has done more than accumulate great wealth," stated *True Magazine*. "He's done a king size favor for the country by unearthing a huge deposit of uraninite."

"Mi Vida was a decided turning point in the history of mining," the Atomic Energy Commission declared.

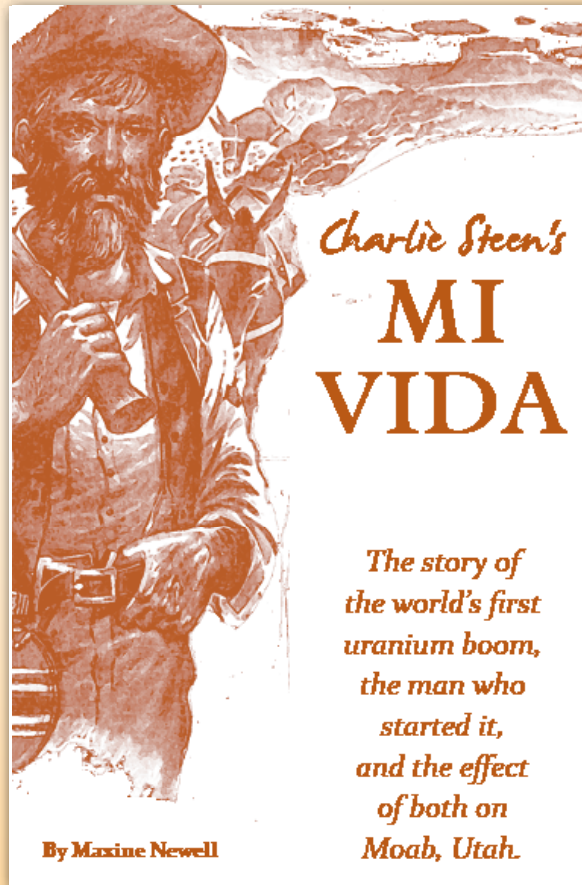
And **Charlie** said...

"I'll probably be prospecting until I'm dead. Then they'll realize I started the biggest uranium boom in history. That's what I want the history books to say."

Charlie Steen's

## MI VIDA

by Maxine Newell



Great  
Gift  
Idea!

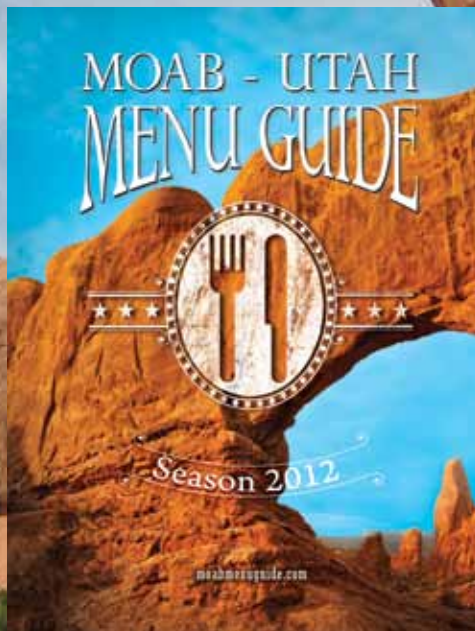
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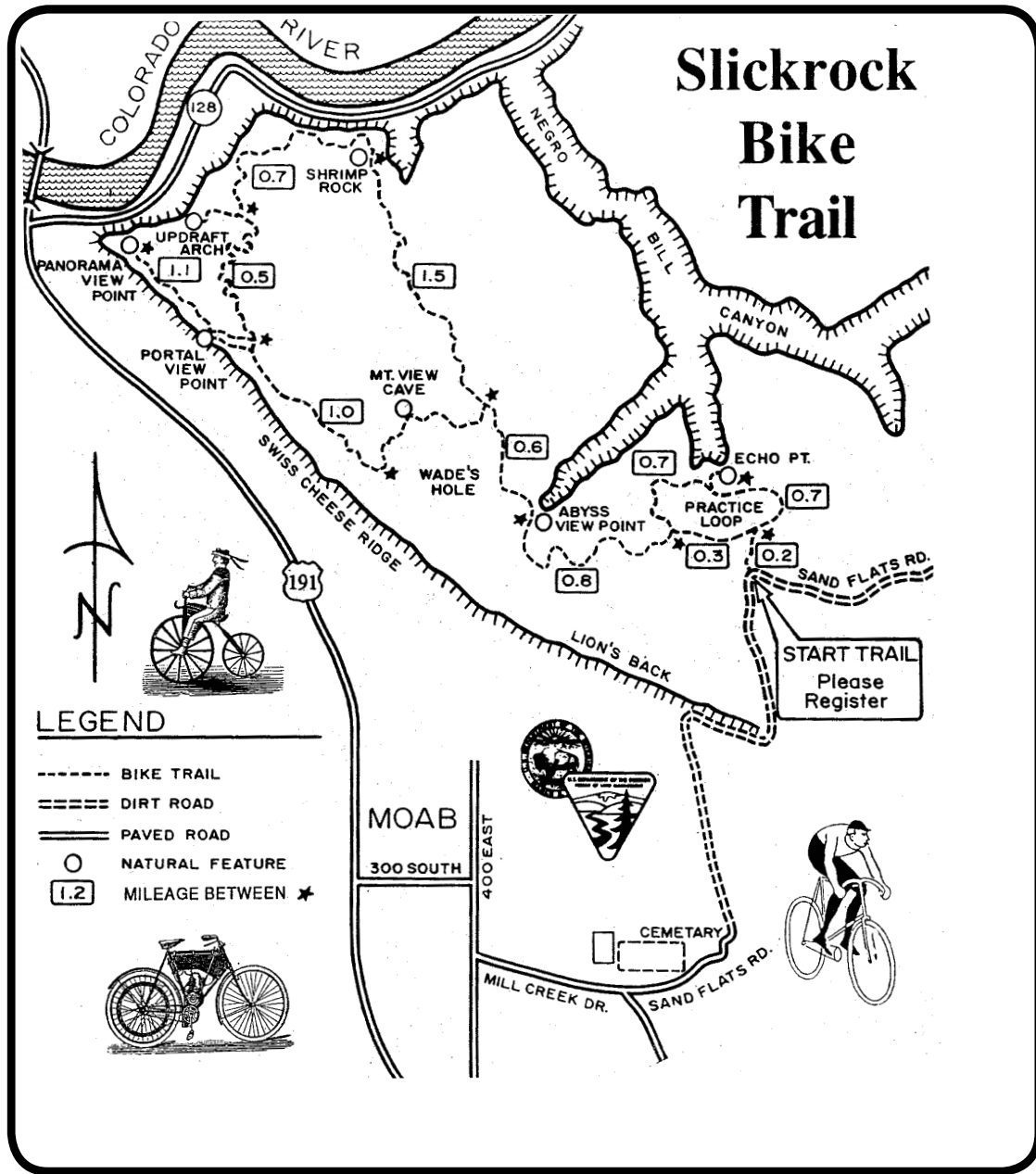
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# MOUNTAIN BIKING

## Mountain Biking Mecca



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

- **SKINNY TIRE FESTIVAL March 9-12, 2013** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

- **MOONSHADOWS IN MOAB May, 2013** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

- **3RD ANNUAL GRAN FONDO MOAB May, 2013** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

- **MOAB CENTURY TOUR September, 2013** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

- **OUTERBIKE October 1-3, 2013** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to [www.outerbike.com](http://www.outerbike.com).

- **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 24-27, 2013** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabardown.com](http://www.moabardown.com) for more information.

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# TRAIL HAPPENINGS

## Mill Creek Rim Trail Winter Hike

Article and photos by Sandy Freethey

The Mill Creek Rim Trail is a great winter hike or jog. You'll get aerobic exercise and warm up as you climb up to the rim above Mill Creek Canyon. Your cheeks will be rosy when you return home, and you will have earned that extra Christmas cookie.



Once you are on the rim, the scenery is superb, fantastic, and inspiring! You'll be glad that you live in Moab and have this great hike in your backyard. If you are a guest in Moab and find this hike, you are indeed fortunate. Don't forget to bring your camera because the red rock cliffs that border Mill Creek when combined with the snow-covered La Sal Mountains are a photographer's dream.

Along with your camera, bring binoculars to view an amazing rock art panel that can be seen by taking the spur trail/road to the left, off the main trail, which takes you to the junction of North Fork and Main Mill Creek Canyons. Follow the .4 mile spur road to the dead end. Then look straight ahead to view the rock art panel at the bottom edge of the big dark arching "alcove." The figures and sheep are on the left and right of the panel. Rock art



Bring a friend or family member to share the hike because the Mill Creek Rim Trail is a closed old jeep road, which means that you'll be able to walk side by side for much of the hike and enjoy a conversation while away from the "to-do" list that awaits you at home.

Bring the dog, but please respect other trail users by keeping your dog under control when meeting other hikers, and bring a plastic bag for Fido's poop. We all thank you. You will meet many other dog walkers on this trail, although there will be fewer dogs and people during the winter months.

The Mill Creek Rim Trail is often free of snow once you are up on top. If there is snow on the ground, don't stay at home, just head out with the appropriate footwear. You'll really be lucky if you are hiking when there is hoar frost covering all the bushes and trees. What a magical sight! As always with winter hikes, wear layered clothing. You are guaranteed to be busy taking your jacket off and on. Don't forget the hat, gloves, water, a snack, and a windbreaker.

As you walk along, take a moment to reflect on the history of this area. Portions of the trail were once used to carry mail and supplies to ranchers and miners on Wilson and South Mesas at the foot of the La Sals in the late 1800s and early 1900s. This was known as "The Mail Trail."

Continue your hike for 2.2 miles or as long as your time allows for this out-and-back hike. There are three designated trails that take you down into Mill Creek along the route, but save those hikes for warmer weather. The first designated creek access point is 1.4 miles from the pump house.

Mill Creek Rim Trail access: Turn off of Mill Creek Drive onto Powerhouse Lane, park at the end of the road. Check



out the map on the kiosk to orient yourself. Follow the wide, rock-lined path to the colorfully painted pump house. The Mill Creek Rim Trail angles to the right, away from the wide main trail and heads uphill. The trail is not marked, but starts out with rock lining. Before you head up the hill, walk around the pump house to check out all the art panels, then detour over to the waterfall created by the Power House Dam.

Hike review: Fantastic scenery, an aerobic workout, rock art viewing, great photography, and you can share all this with friends, family, and the dog on a historic trail. Except for the somewhat steep and rocky climb up to the rim, this is an easy hike.



About the author: Sandy Freethey is the Chair of the Trail Mix Committee and enjoys the variety of tasks that this position entails: working with people, solving problems, scouting and building trails. Sandy is a hiker and enjoys rafting and traveling and is passionate about watching the Denver Bronco football games.



can often be found at junctions of canyons. Once again, look all around you, and marvel at the world-class scenery where you stand.



**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W, 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).



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The reception is friendly and the facility is stunning with turn-of-the-century tin ceilings, dark hardwood floors and soft neutral colors offset by a surprise splash of bright color. The walls are adorned by a gallery of gorgeous local paintings. This is where the healing arts meets the visual arts. Guests are encouraged to walk around and enjoy the art work; while sipping on warm tea or infused water.



estheticians are enthusiastic about great skin care, and love sharing first hand knowledge about treating skin in this harsh high desert environment. Spa Moab offers two product lines, both are very high quality, professional and result driven. A neck, shoulder, scalp and foot massage with warm booties are included in the facials.

Spa Moab stocks an eclectic mix of gifts, jewelry, clothing, products and baby items that reflect their deep commitment to sustainability. You will also find hand-crafted items with regional character or an innovative use of materials, like bags and wallets made from re-purposed bicycle inner tubes, glassware and candles made from old wine bottles, jewelry fashioned from recycled metals.

The helpful staff can create a thoughtful gift for someone you care about. Custom gift baskets are available, as well as gift certificates. Making Holiday shopping easy! Perfect for women, men, employees or business associates.

### Spa Moab's December Specials

#### Berry Beautiful Facial

As the seasons change we welcome the crisp days of winter with our exciting Berry Beautiful Facial. High in powerful antioxidants, vitamins, phytochemicals and nutrients, cranberries and pomegranates help to heal skin from our long summer. 50 minutes \$75

#### Solstice Stone Massage

This treatment offers a total body experience by combining hot stones and fragrant aromatherapy oils in a nourishing and relaxing ritual. Massage of warm stones are used to stimulate circulation while enhancing the therapeutic effects of the essential oils, providing deep relaxation and leaving you feeling balanced and revitalized. 50 minutes \$85 80 minutes \$120



Whether it's relaxation, therapeutic recovery or searching for a perfect gift, Spa Moab is the place for you. A sampling of massage treatments offered include Hot Stone massage, Deep Tissue, Prenatal, and our signature Spa Moab Massage. New to the massage menu is "It's Back", a massage that's just for your back. The service includes the use of hot stones, warm compresses and specific massage techniques that are focused on the back, shoulders and neck. Another new addition is the 60 minute Ultimate Pedicure. Take your feet on the ultimate journey with an aroma-therapeutic foot ritual that has been customized to meet your specific needs. A choice of vegan, non-toxic polish is included in the service.

Facials are customized for each individual and can treat sun damage, fine lines, acne and more. The experienced



## Grief and the Holidays

by Antje Rath

Holidays can be a difficult time if you are coping with the loss of someone you love and often changes how you feel about celebrating. Some people try to keep holiday rituals the same but find their heart just is not in it while some people try to do something completely different to escape the memories, but still find they are struggling with grief. If you are grieving this holiday season, here are some ideas to help you through this emotionally challenging time:

- Be gentle with yourself. You don't have to meet anybody's expectations. Decide what feels most comfortable or comforting for you and go for it. If that means you won't have the whole family over for Christmas dinner or you won't decorate the house this year – so be it. Not everybody will understand but that is okay.

- Take some time for yourself but don't isolate yourself completely. Make space to write in your journal, to cry, to pray, to meditate. But also make an effort to be with others, find people who can listen and understand so you can share your story. If possible, include your loved one in your celebration. Light a candle for him or her, share a favorite memory when you say grace, hang a special ornament on the tree, or propose a toast in his or her honor. If you don't feel like buying or even receiving presents, ask friends and family to make a donation in your loved one's name, maybe to a charity that was close to their heart.

- Tell friends and family how they can help. People who love you want to do something for you but they often don't know what you need. Asking for specifics ("please bring a dish for dinner", "please come over and help me decorate", or "please look at pictures with me and let me cry") makes them feel useful and they are usually more than happy to do that for you.

- Think about reaching out to others in need. This might be a hard thing to do the first year after your loved one died but in the following years it can be comforting to volunteer in a hospital, a soup kitchen, a homeless shelter, or at the humane society. WabiSabi offers a community dinner on Christmas and they are always looking for volunteers.

- Share your feelings with others who are grieving at our local grief support group. The group is held the first and third Wednesday of every month at the Grand County Library from 6pm-7:30pm. In December, that will be December 5th and 19th.

The world and the holidays will never be the same without the person you have lost. But you will find a new normal without ever losing your love for the person who died. You will be able to feel joy and peace again, and, someday, happiness.

Antje Rath is a Clinical Mental Health Counselor. Her practice is located in the Allen Medical Plaza at Moab Regional Hospital. She can be reached at 435-719-5550





# HEALTHY HAPPENINGS

## South Town Gym Presents 2<sup>nd</sup> Annual Weight Loss Challenge



The Biggest Loser informational meeting will be held at South Town Gym on Thursday January 3, 2012 at 7:00 PM. From last year's experience we know this to be an informational and highly motivational approach to weight loss and good health.

Last year South Town Gym hosted 50 participants for the 12 week program which included daily prescribed exercise routines in our facility and weekly educational experiences about nutrition and overall health. Session this year will include classes from experts in nutrition, wellness and healthy lifestyles. The program will also include last year's favorite activities such as;

sand hill climb, Canyonlands 5 mile run, weekly "last chance workouts," and excursions and adventures to local outdoor attractions.

The major focus of the program is to encourage participants to establish a healthy lifestyle through exercise and proper food choices and foster camaraderie while



encouraging weight loss. Last year as a group we lost a total of over 1000 pounds in a 12 week period. Participants challenged and encouraged each other to work hard, exercise regularly and eat sensibly. The monetary rewards of the program while substantial were not the most beneficial aspects of The Biggest Loser program at South Town Gym. All programs will be overseen by our licensed Athletic Trainer and programs will be led by experienced exercise personnel.

Last year participants expressed a high level of satisfaction with the program and many went on to better exercise habits and a healthier life routine. We look forward to working with another group of Moab citizens striving to reach personal wellness goals and a healthier lifestyle. We are confident that this program will help them attain that goal. The gym encourages all those who participated last year to join us and extend the experience and also invite anyone interested in better health and wellness to participate with us.

South Town Gym is now in our 3rd year serving the San Juan and Grand County community's needs for fitness training with a professional and friendly environment. As we approach our 3rd season we are mindful of the many friends and associations we have made over the past year. Many people have discovered the benefits of a lifestyle which includes fitness programs which are available at the South Town Gym. Our programs have encouraged and motivated many of you to opt for a healthier and more fulfilling lifestyle.

Our 2013 season will include many of the programs that we offered last year with some additional new offerings. We will continue to offer all of the following amenities:

- 22 State of the Art Cardio Fitness Machines
- A large selection of Free Weights and Cybex Strength Training Machines
- A Private Women's Section
- Tanning Beds
- Functional Training area, Physio balls, Bosu balls, Plyometric, Stability and Agility equipment.
- Spinning Bikes
- 28 Flat Screen TVs
- Mixed Martial Arts Facility
- Dance Studio
- Lockers, Showers, and Dressing Room

To help our members maintain and improve their quality of life, we will continue offering a variety of cardio classes and activities which will help them in this endeavor. Class offerings that will be available include:

- Becky's Dance Aerobics
- Spin Classes
- Cross Training Extreme
- Body Rock Classes
- Lunch Crunch w/Erin

We will continue to offer a functional Dance Studio where classes will be offered by "Simply Dance" for children from 3yrs-18yrs. Additional features at South Town Gym for this age group include kids Mixed Martial Arts.

Our daily, weekly, monthly, quarterly, and annual memberships have not been increased and members can expect to find the same quality equipment and programs that were included in last year's memberships. For those of you who are not yet familiar with our amenities we offer the following as part of our regular membership:

- Use of all exercise facilities (Main Gym, Private Women's Section, Functional Training Area and Mixed Martial Arts Room.)
- Tanning Beds
- Showers and Dressing Rooms
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We would love for the community to come in and tour our facilities, meet the staff, and familiarize yourself with our programs. We are located at 1070 S. Highway 191 Moab, UT 84532. Office hours are Mon-Fri 9-5. We are on the web at: www.moabgym.com. You can contact us at mstg@frontier.com or 435-259-5775.



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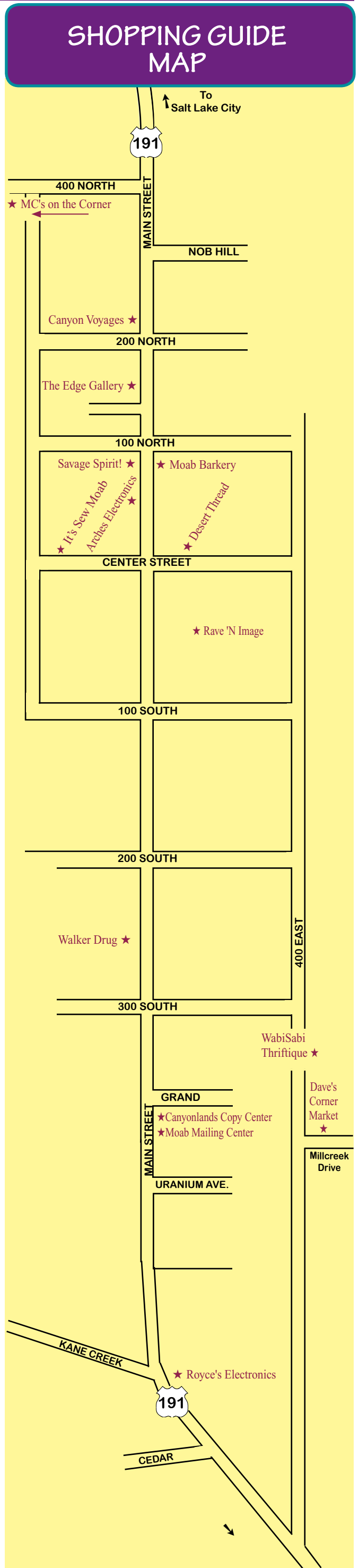
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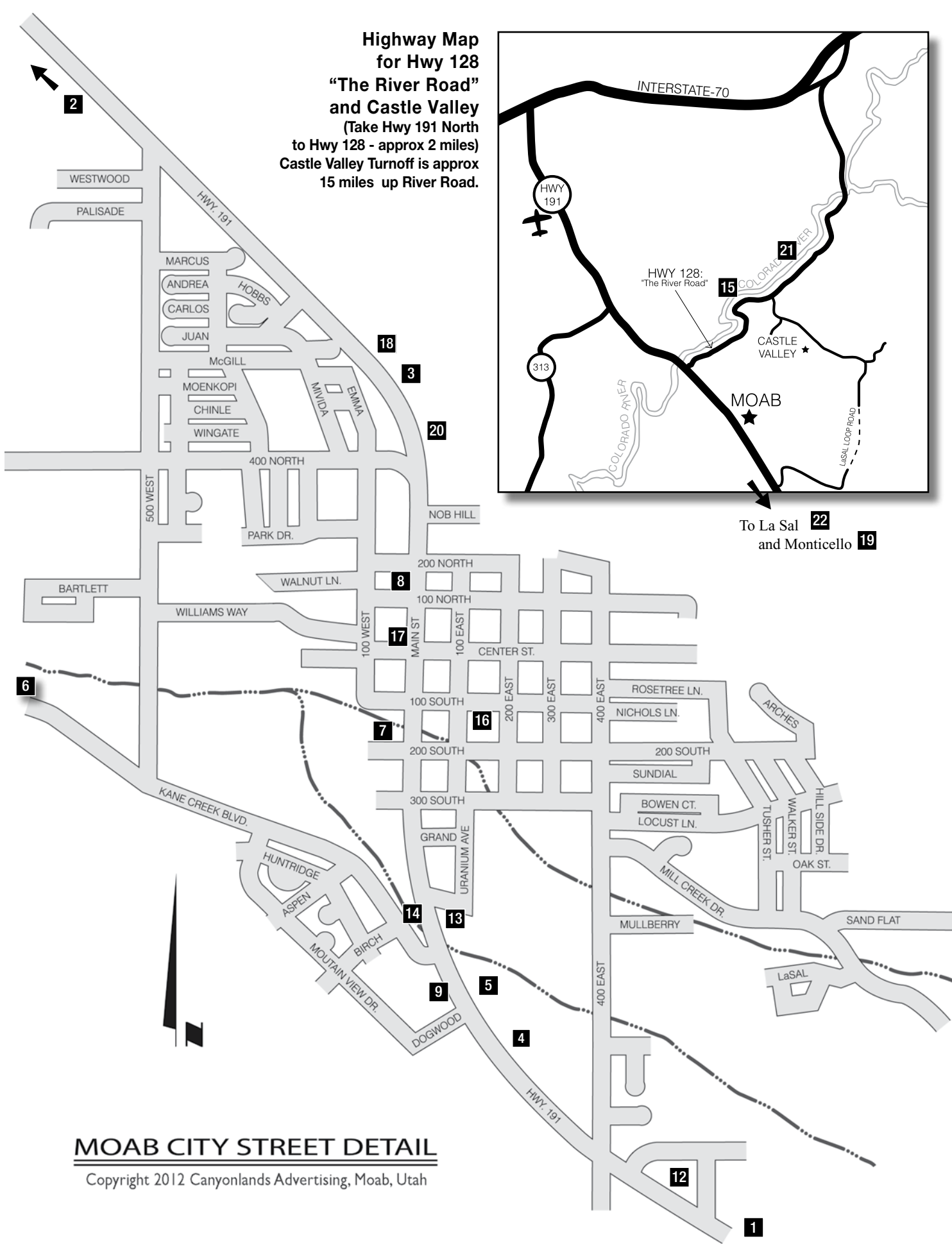
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**21**

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4	La Quinta	435-259-8700	www.lg.com www.lg.com/moab
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13	Red Stone Inn	435-259-3500	www.moabredstone.com
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**14**

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# ASTROLOGY HAPPENINGS

## Your Horoscope for December 2012

By Robert Wells

So, OK. Everybody has his or her predictions for this month. Here are mine. On the 21st the alarm clock will go off and you all will have to get up and go work. It will be the Winter Solstice and the First Day of Winter. On the 22nd, Amazon dot Com will be having a major sale.

On the 1<sup>st</sup> and 2<sup>nd</sup> romance is over the top. Then on the 3<sup>rd</sup>, Sun and Jupiter knock the ball out of the park over money and fun times for the rest of the first week. On the 11<sup>th</sup> watch what you say, and don't believe everything your hear. We end the week on the 14<sup>th</sup> with the Universe giving us all a big, bright idea to play with. Avoid shopping on the 16<sup>th</sup>, the vibes aren't there and it could cost you too much, so wait until the 19th when the energy flips back over. The Sun moves into Capricorn on the 22<sup>nd</sup> and sets-up one of those times when going to your child's Christmas Play will be a scene straight out of a movie. There may be a party that you could over do at on the 23<sup>rd</sup>, but, hey, it's The Holiday Season. By the 26<sup>th</sup>, most everyone should be pretty much out of gas, and it's a low-key week leading into News Years Eve, and that promises to be quite a bash. Happy Holidays Everyone.

Hanukkah: Saturday the 8th to the 16th  
 Winter Solstice: Friday the 21st  
 Christmas Day: Tuesday the 25th

**Nov. 23 - Dec. 21 Sagittarius:** Happy Birthday, Sag! You have an interesting month ahead. First week try very hard to hold your tongue and keep any impulses to something rash under control. For the next two weeks life is everyday as it comes. Just be careful spending money and double check everything always. The third week comes with a new romantic interest; just don't loose your head. The holiday week is golden. Enjoy!

**Dec. 22 - Jan. 20 Capricorn:** Take some time to rest this month. You've had a very busy year. Avoid doing or saying anything inflammatory with anybody in your social group during the first week of December. The following two weeks allows you to be anything you would like. Be mindful of your cash and double check matters during that time. The fourth week of the month you are back on top of the world and having a great holiday season.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

**Jan. 21 - Feb. 18 Aquarius:** Having your dreams is where you are this month. Now is the time to visualize the coming year. Don't let friends try to spend your money or stampede you into something that isn't you during the first week of the month. You feel like you are running in place during the second week of December. Toward the end of the third week it will be time to step on the gas and get things done. You earn the right to relax during the last week of the month. Have a great holiday!

**Feb. 19 - Mar. 20 Pisces:** Your career has you center stage this month. With that come conflicts from your partner and how they feel about it during the first week of the month. Once those issues are set aside the second week is very romantic. The third week of December is pretty lack luster but without incident. The fourth, and holiday week of the month, truly will be glorious for you. Invite friends to visit every day and night for a party and don't forget your camera.

**Mar. 21 - Apr. 20 Aries:** You may be heavily involved with your church group this year and that will certainly have it's own rewards. Try to keep your outside activities out of the workplace during the first week or it'll get you into trouble. A romance could blossom on the job during the second week that could carry you through the holidays. The third week of December is low-key and uneventful. The last week of the year makes up for the one before, as it is filled with every Christmas goodie you can imagine.

**Apr. 21 - May 21 Taurus:** Stretching cash over this month will be your highest purpose. The first week of December has you feeling testy and frustrated over the wants of a child. Don't let it get to you. The feeling turns around for the second week and tempers cool. The third week is work-a-day and uneventful for you. It's a good time to just take care of things. The holiday week is just glorious for you and yours. Your earlier efforts pay-off and you will feel blessed this year.

**May 22 - June 21 Gemini:** Your partnerships have your attention this time of year. During the first week of the month, don't close yourself off or act rashly about the differences the two of you have regarding your home. By the second week, things are rosy again and you are both back to playing nicely together. The third week is just a week to shop, hang decorations, trimming the tree, and cooking, if that's what you have planned. The last week of December is going to be over the top memorable, so keep the camera handy and the Love Light and the tree lit.

**June 22 - July 22 Cancer:** Your employment and your health are paramount this month, and just to test how solid you are, a flare-up between you and a co-worker could test you during the first week of the month. You two are back to being friends by the second week but the incident may have left your immune system weakened, so watch it. Just take care of what needs doing during the third week of December, as it doesn't make any demands and matters seem to flow smoothly. The last week of the month is really what you have been waiting for. Shine so very brightly this year and have fun!

**July 23 - Aug. 24 Leo:** Your romantic and creative attachments are highlighted this month and troubles over money or a difference of opinion can turn the first week of the month into a war zone. You get it all worked out and happy again by the second week. The third week of December is a time to just go get everything handled. Use this time wisely. The last week of the season will bring joy, romance, happiness and fun times with friends and family. It'll be just GREAT!

**Aug. 24 - Sept. 22 Virgo:** You could be planning a family holiday get together and you could be feeling the pressure of that choice during the first week. Remember, you have a plan, now work it, and breathe. A lover, friend or child comes to your aid during the second week of the month, and this flows into, and through, the third week when everything seems to get easier. The last week is just wonderful and you are rewarded by the smiles and warmth of everyone who visits the holiday season.

**Sep. 23 - Oct. 23 Libra:** You are usually all over the holiday season by this time of year, but during the first week of the month you could be feeling pesky and put upon, and you're holding back letting everyone around you know. You'll get past during the second week, just hope you didn't offend too many people with your rants. You get back to the errands and the spinning and the jumping and the business of buzzing during the third week. The last week you pull out that award-winning smile as you greet friends and family for holiday good times.

**Oct. 24 - Nov. 22 Scorpio:** This is the time of year when you concentrate on what is important to you, and then some friend with a bone to pick upsets your apple cart in this regard during the first week of the month. Meeting fire with fire may not be the best tactic. You both work it out by week two so get back on course quickly. Use the third week to work quietly at getting set-up for the holiday. The last week of December could be a holiday season to truly remember so let the good times roll.

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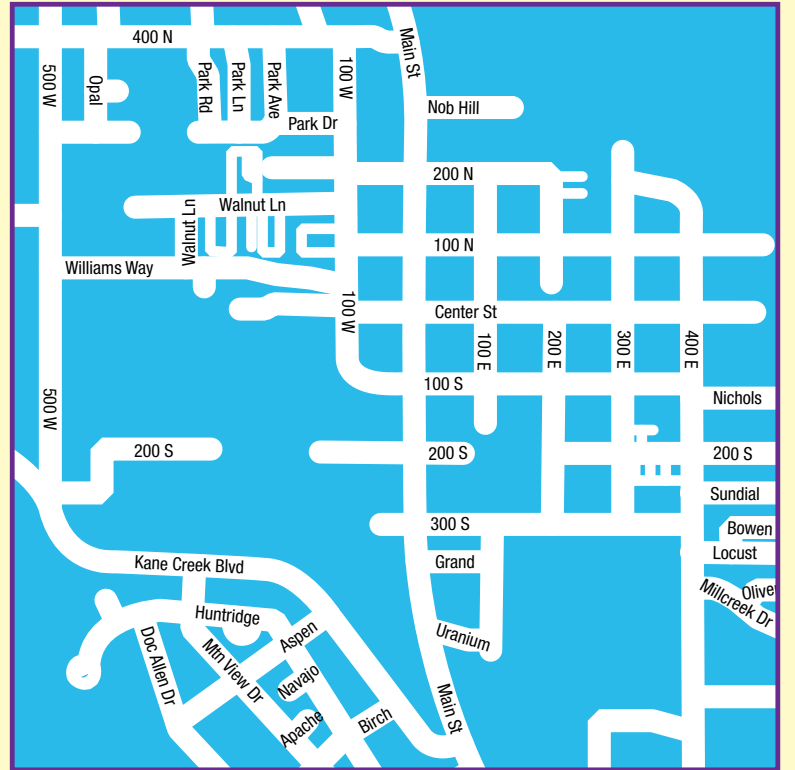
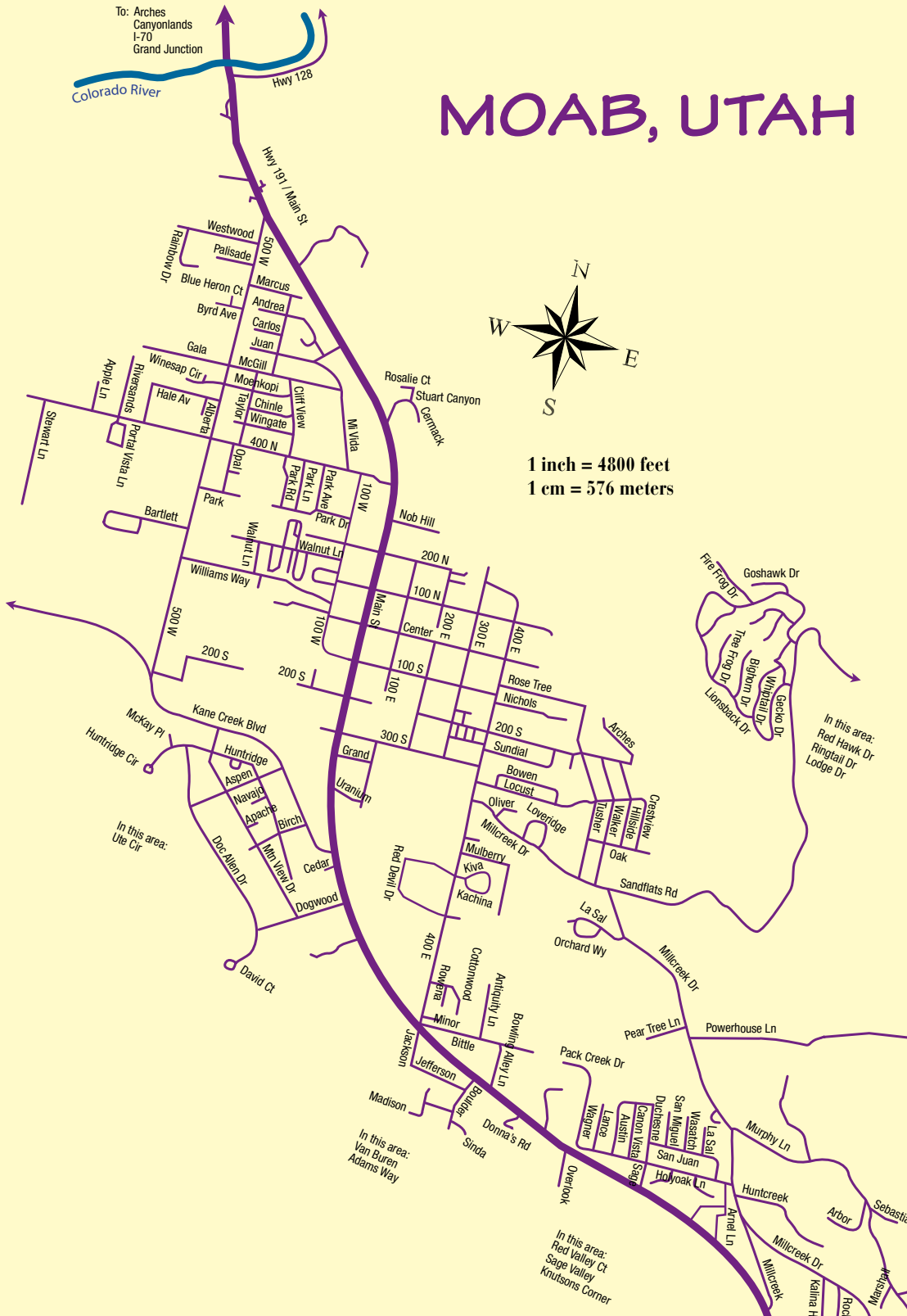
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## Moab Worship Services Directory

- Assembly of God • 1202 South Boulder Avenue ..... 259-7747
- Bahá'í Faith ..... (435) 650-5778 or (575) 649-8381
- Canyonlands Fellowship  
111 East 100 North ..... 260-2434
- Church of Jesus Christ of Latter-Day Saints  
First & Second Wards • 475 West 400 North ..... 259-5566  
Third, Fourth & Fifth Wards • 701 Locust Lane ..... 259-5567
- Community Church • 544 MiVida Drive ..... 259-7319
- Episcopal Church of St. Francis  
250 South Kane Creek Blvd ..... 259-5831
- First Baptist Church SBC • 420 MiVida Drive ..... 259-7310
- Four Corners Faith & Worship Ministries ..... 259-0041
- Friends in Christ Free Lutheran Church  
1240 South Highway 191 ..... 259-4378
- Grace Lutheran Church  
360 West 400 North ..... 259-5017
- Jewish Interfaith Beit Moabi  
www.beitmoabi.org ..... 260-0241
- Kingdom Hall of Jehovah's Witnesses  
25 West Dogwood ..... 259-7363
- Moab Baptist Church • 356 West Kane Creek Blvd. .... 259-8481
- Quaker Worship Group • 81 North 300 East ..... 259-8178
- River of Life Christian Fellowship  
2651 East Arroyo Rd. .... 259-8308
- St. Pius X Catholic Church • 122 West 400 North ..... 259-5211
- Seventh Day Adventist  
4581 Spanish Valley Drive ..... 259-5545
- The Church of Christ • 456 Emma Boulevard ..... 259-6690

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00	Native Spirit	<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>		Desert Diva	7:00
8:00		<b>DEMOCRACY NOW</b>						8:00
9:00	Jah Morning Reggae	<b>MOAB Morning Blend</b>					Shine Time (Children)	9:00
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	Apokalypse Cabbage /Mixed Tape (Pants/Mixed Tapes)	Blue Plate Special (blues/rock)		10:00
11:00								Trailer Park Companion / Wayward Wind
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	Noon
1:00								1-2-3 (funky world soul)
2:00	Red Rock Potluck/ Crawfish Fiesta	Radio Mundial Radio MOONDial	Planet Picante (latin)	Bait and Switch	Red Rock 'n Blues	Fire on the Mountain	Belagaana Review (fruit and nuts)	2:00
3:00		<b>WORLD MUSIC</b>						Tween Time (pre-teen fun)
4:00	West of Broadway/ Concert in the Park	Alternative Radio	Pirates & Poets	Gaelic Circle / MOAB Drive Time	MOAB Drive Time	Free Speech Friday Public Access	Big River / Ranch Exit (twang)	
5:00		<b>DEMOCRACY NOW</b>						6:00
6:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	6:00
7:00								7:00
8:00	Media X	Digital	<b>MOAB AFTER HOURS</b>			Altered State	Radio Free Moab (rock 'n roll & punk)	8:00
9:00			Conscious Party	Suburban Urge	Pandora's Box			9:00
10:00	<b>KZMU OVERNIGHT</b>					Seti TranceMissions	11 <sup>th</sup> hour or music from underworld	10:00
11:00								11:00
12:00						12:00	12:00	

**KEY:**  Talk Shows     Electro, Easy Mix, Jazz     Blue Grass, Country, Folk     Eclectic/World     Rock, Blues     Heavy, Hard