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## RIVER ADVENTURES

	ADULTS	YOUTH (under 16)
<b>FULL-DAY RIVER ADVENTURE</b> World-famous scenery and a barbecue lunch rafting the Colorado River. 8:15am - 4:00pm (min age: 5)	\$85	\$65
<b>COLORADO RIVER A.M. HALF-DAY</b> Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)	\$54	\$44
<b>COLORADO RIVER P.M. HALF-DAY</b> Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
<b>WESTWATER CANYON FULL-DAY</b> Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$169	\$169
<b>TWO-DAY RAFT &amp; CAMP</b> All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)	\$255	\$185

## HUMMER SAFARIS

	ADULTS	YOUTH (under 16)
<b>SLICKROCK SAFARI</b> Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 2pm (2 hrs)	\$81	\$49
<b>GRAND SAFARI</b> Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
<b>SUNSET SAFARI</b> The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

## MOUNTAIN BIKING

	ADULTS	YOUTH (under 16)
<b>HALF-DAY MOUNTAIN BIKING</b> Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$85	\$85
<b>CANYONLANDS SUNRISE DOWNHILL</b> Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$100	\$85

## ARCHES N.P. TOURS

	ADULTS	YOUTH (under 16)
<b>ARCHES FIERY FURNACE HIKE</b> Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm	\$81	\$61
<b>ARCHES SUNSET TOUR</b> Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

## CLIMBING & CANYONEERING

	ADULTS	YOUTH (under 16)
<b>EPHEDRAS GROTTO CANYONEERING</b> Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)	\$99	\$84
<b>DESERT ROCK CLIMBING</b> Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)	\$99	\$84
<b>HIGH ROPES COURSE</b> Challenge course, safety gear & instruction, and southern Utah's highest swing! 3 hrs (min age: 10)	\$65	\$55

## FLIGHTS & HORSEBACK

	ADULTS	YOUTH (ages 4-15)
<b>HOT AIR BALLOON RIDES</b> Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
<b>CANYONLANDS SCENIC FLIGHT</b> See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$165	\$165
<b>CASTLE VALLEY HORSEBACK RIDE</b> 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$70

## JETBOAT TOURS & MORE

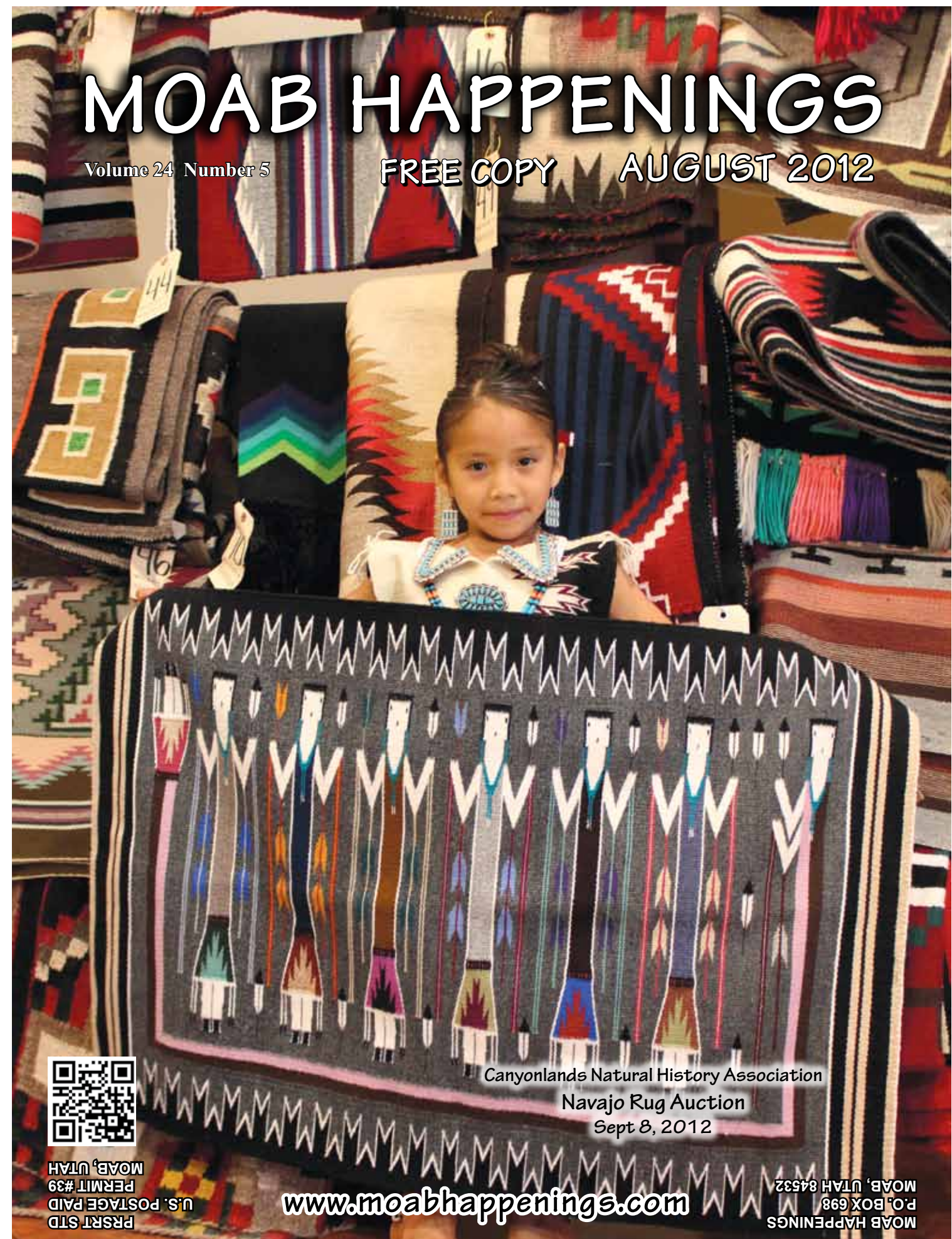
	ADULTS	YOUTH (ages 4-15)
<b>CANYONLANDS JETBOAT</b> Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$80	\$70
<b>SUNSET JETBOAT &amp; DINNER</b> 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$70	\$60
<b>DINNER &amp; NIGHT SHOW</b> 1 hr Dutch-oven dinner plus 2 hr light show on slow-moving boat ride on the Colorado River.	\$65	\$55

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# MOAB HAPPENINGS

Volume 24 Number 5 FREE COPY AUGUST 2012



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Canyonlands Natural History Association  
Navajo Rug Auction  
Sept 8, 2012

www.moabhappenings.com

MOAB HAPPENINGS  
P.O. BOX 698  
MOAB, UTAH 84532

# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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# WESTERN HAPPENINGS


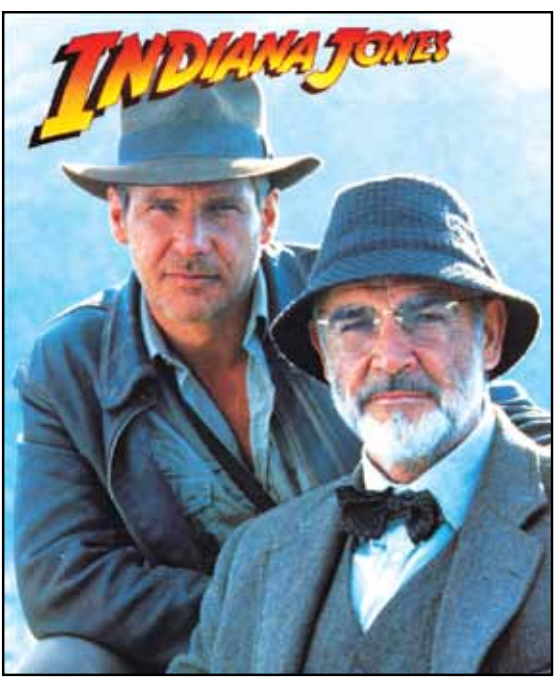
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

**A partial list of stars  
that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda,  
Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance,  
Susan Sarandon, Geena Davis, Ted Danson,  
Tom Cruise, and many more.



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TRAVELER  
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OFFICIAL  
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www.redcliffslodge.com • Mile 14 on Hwy. 128, Moab, Utah 84532 • 435-259-2002 • 866-812-2002

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# MOAB AREA EVENTS CALENDAR



**Activity Booking Center**

**ACTIVITIES, TOURS AND RENTALS**

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471 S. Main Street #3  
South of City Market  
(435) 259-0959  
www.MoabTourismCenter.com

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**HOLE N' THE ROCK**




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all year long,  
seven days a week!

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**Edge of the Cedars State Park Museum**

660 West, 400 North, in Blanding, Utah.  
For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload  
Annual Passes are \$75  
Park Hours: 9 a.m. to 5 p.m. Year-round  
Open Monday-Saturday. Closed Sundays  
Holiday Closures: Thanksgiving, Christmas Day, and New Years Day

**Visit the Grand Center!**

182 N. 500 W. 435-259-6623

Lunch: Mon., Tues., Wed. & Fri.  
Under 60 \$6.00/ over 60 \$2.50  
suggested donation.

Exercise, Crafts, Health Day, Cards,  
Wii, Classes, Crafts, Movie Day  
www.grandcountyutah.net

## August 2012

- 1-31 Day Tours with Canyonlands Field Institute.** Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/ Guides. Every weekend mid-April through October. Explore Arches National Park or Colorado River side canyons with rock art, mountain views, and wildflowers. For price and more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our outdoor education programs for schools and youth.
- 2 Pirate Soul at the Peace Tree Juice Café.** Playing beach music with flavors of reggae, island and folk. Plays classical guitar, ukulele, lap steel (dobro) harmonica and vocals. From Moncton, NB. Canada
- 3 Beautiful Trouble - Book Launch Party & Discussion.** Meet Author Andrew Boyd & local Moab contributor and celebrate the launch of *Beautiful Trouble--The Creative Activist's Toolbox for the 21st Century*. 7:30-9:00pm at the Moab Arts & Recreation Center (MARC), 111 East 100 North, Books will be available for purchase. After party to follow, TBA
- 4-5 3-n-1 Mixed Golf Tournament - Moab Golf Club**
- 4 Sand & Sunnie at the Peace Tree Juice Café.** Country music originals
- 4 Frankie D's Boom Boom Room - Electro House Breaks, \$4 cover.**
- 7 Moab Garden Club.** Join at at 6:00pm at Rita Rumrill's home; 255 Park Drive. We will possibly tour a second garden at 7:15. There are no membership fees, we welcome anyone with an interest in gardening. More info: moabgardener@yahoo.com or Patty Larson 259-7941
- 8-10 Rockin' River Camp. Teens!** Learn to guide a raft and paddle a ducky this summer. Cool down in the heat of summer on the Colorado River practicing whitewater river skills with CFI's experienced Naturalist Guides. Meets 8a-5p each day. \$100/Grand Co. student entering 7th-12th grade. Discounts for siblings and scholarships available. For price and more information, visit our website, www.cfimoab.org or call 259-7750.
- 10 Relay for Life.** Enjoy good food, fun, and friends at Grand County High football field. Fund-raiser for American Cancer Society. 435-260-0058 or see the Ad-Vertiser or www.relayforlife.org/grandcountyut
- 10-11 6th Annual Women's Red Rock Music Festival.** See ad on pg 10B and article on pg 14A.
- 11 Meet, and compete with our Moab Sea Devils** competition swim team at the Moab Recreation and Aquatic Center! This is a community fundraiser for our local aquatic athletes and funds will be earmarked for a timing system and other much-needed team items. Registration and warm-up for all races begins at 8:30 a.m. Event starts at 9:30. Fees are \$10 per person or \$25 for a family. Test your skills, enjoy a competitive and sportsmanlike atmosphere, meet new people, win some prizes, have some fun! As a bonus: free open swim at the MRAC for all registered competitors during the Saturday open swim hours following the meet. Call 259-8226 or visit www.moabcity.org/mrac for more info.
- 11 1st Annual Moab Bull Challenge.** see ad on page 7A
- 11-12 Range Creek Archeology Trip.** Join this rare opportunity to see prehistoric Fremont rock art and sites in-depth with plenty of time. Overnight trip with vehicle tour, hikes, and all meals. Small group, comfortable vehicle supported camp, longer trip allows quality time for exploring, hiking, discussion. Moderate hiking, up to 2 miles round trip. Start/end Green River or Moab. For price and more information, visit our website, www.cfimoab.org or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.
- 16 Ancient Landscapes of the Colorado Plateau ~** Free lecture by Wayne Ranney - 7:00pm at the Moab Information Center (MIC). Imagine seeing the varied landscapes of the earth as they used to appear throughout hundreds of millions of years of earth history. Tropical seas lap on the shores of a Utah beach. Immense sand dunes shift and swirl in Sahara-like deserts in Arizona and New Mexico. Ancient rivers spill from a mountain range in Colorado that was a precursor to the modern Rockies. Such flights of time travel are possible by understanding the geologic history of the Colorado Plateau. Wayne Ranney is the co-author of *Ancient Landscapes of the Colorado Plateau*, and visually stunning and thought-provoking book that contains numerous paleogeographic maps of the American Southwest. Join Wayne Ranney, geologist and award-winning author who will present a talk on the geologic evolution of this amazing landscape. Ranney will take listeners on a fascinating journey through time and across the plateau that will bring alive the past like never before. This lecture is brought to you by: Red Stone Inn
- 17-18 Free STD/HIV Testing.** The Moab Community Action Coalition, in collaboration with the Utah Department of Health, is sponsoring free and confidential STD & HIV testing at the Moab Free Health Clinic. Drop-in Friday, August 17th 2-8pm or Saturday, August 18th 9am-noon. Gonorrhea & chlamydia tests (take 5-20 minutes). HIV test (takes up to 1 hour). Questions? Contact (435)260-0236 or prepmoab@gmail.com.
- 17-18 Helper Arts & Music Festival.** See ad on page 5B
- 18 Sand & Sunnie at the Peace Tree Juice Café.** Country music originals
- 23 BLINDSIGHT - Free Film** presented by the Grand County Public Library and Utah Film Circuit. Six blind Tibetan teenagers set off on a gripping adventure as they attempt to climb the 23,000-foot Lhakpa Ri on the

**WEEKEND TOURS**  
Make Discovery Your Destination!

**April to October**  
(CFI will be closed late July)

**Arches NP Sunset Tour**  
Friday, Saturday & Sunday  
4:00 pm to 8:00 pm  
\$45/person  
Tour time changes with the seasons.

**Moab's Ancient Past**  
Friday, Saturday & Sunday  
8:30 am to 1:00 pm  
\$40/person

Both are van tours with short hikes led by CFI Naturalist Guides.

Call CFI to register:  
**435-259-7750**  
www.CFIMOAB.org

CFI is an outdoor education nonprofit organization.



**Old Spanish Trail Arena**



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**Fallen Arches Square Dance Club**

Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah

**All Square Dancers & Visitors Welcome**

Please call to verify dance and for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169

**MOAB Senior Games 2012**

November 7-11

Full schedule & details at  
[www.moabseniorgames.com](http://www.moabseniorgames.com)

COMING SOON to the schedule: 5k Road Race!



**MOAB YOUNG LIFE GOLF TOURNAMENT**

especially thanks the  
**Moab Grill** for their donations of food at the tournament. Our apologies for leaving their name off the thank you list last month.

**DEADLINE for SEPTEMBER Events Calendar: AUGUST 20, 2012**

**Listings in the Moab Happenings Events Calendar are FREE!!**

**Do you know of an event for the Happenings calendar??**

**Call (435) 259-8431 or fax us at (435) 259-2418**

**e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)**

# MORE MOAB AREA EVENTS

north side of Mount Everest. Considered cursed in Tibetan culture, blind children are often hidden away to live as pariahs. Determined to challenge that perception, the kids gear up for a demanding expedition led by climber Erik Weihenmayer, the first blind man to scale Everest, and learn some lessons about life along the way. Directed by Lucy Walker. 7pm at Star Hall 159 E. Center St. Call the library for info: 435-259-1111

**20-24 Women: Wild by Nature Colorado River Trip.** Join CFI's annual women-only raft trip in Ruby-Horsethief and Westwater Canyons on the Colorado River. Paddle, hike, learn, and revel in the beauty of canyon country. A relaxing float through deep canyons leads to exciting class III whitewater in Westwater Canyon. Women 16+. Starts/ends Grand Junction, CO. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.

**23 Barrier Canyon Rock Art** ~How old is Barrier Canyon-style rock art? Free lecture by Joel Pederson - 7:00pm at the Moab Information Center (MIC). Solving a hot archaeological debate with cool geology and new dating techniques Barrier Canyon-style rock art is a powerful and distinct form unique to the central Colorado Plateau, and it has inspired decades of debate on its origin and meaning. Its age has remained unknown despite past attempts at radiocarbon dating and clues from stylistic comparisons to other rock art and figurines, with multiple hypotheses ranging from about 8,000 yrs ago (Archaic) to as late as 400 yrs ago (late/post-Fremont). Our research has been motivated by basic geological-stratigraphic relations at and near the Great Gallery panel, considered the "type section" of Barrier Canyon style rock art in the Horseshoe Canyon unit of Canyonlands National Park. The key element in this new work is the application and development of approaches in optically stimulated luminescence (OSL) dating of stream deposits, rock falls and bedrock surfaces. Our results provide both maximum and minimum age constraints for the creation of the Great Gallery panel, ruling out all but one remaining hypothesis for the age of Barrier Canyon-style rock art. This lecture is brought to you by: Tag-A-Long

**24-26 Mesa Verde Country Food Wine & Art Festival.** Cortez. [www.mesaverdecountry.com](http://www.mesaverdecountry.com)

**24-26 Rock Jam.** Grand Junction. See page 14B.

**25 Sand & Sunnie at the Peace Tree Juice Café.** Country music originals

**31- Sept. 3 Navajo Mountain Experience.** Join Navajo guides Eric and Charlene Atene on this 4-day, 3-night hiking trip to Navajo Mountain for daily exploratory hikes and vehicle-supported camping with a focus on the traditional Navajo way of life. Starts/ends in Bluff, UT. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.

**31 Artists Reception at Moab Music Festival Star Hall Concert.** Presented by the artists who will open their studios over the weekend for the annual Moab Artists' Studio Tour. This is a catered event for concert attendees and will take place on the Sun Court before the concert and during intermission.

**30-Sept 10 Moab Music Festival.** See article and ad on page 12B.

## September

**1-2 Moab Artists' Studio Tour.** Visit 21 local artists in their native habitat as they exhibit their recent works and demonstrate their skills. Artists from Moab and Castle Valley may be visited each day between 10 am and 4 pm at their studios. This annual event provides a special opportunity to experience art created by members of the growing community of artists that live and work in the Moab area. Visit [www.moabstudiotour.com](http://www.moabstudiotour.com) for information on individual artists and a map. See ad below and article on pg 1B.

**1-3 38th Annual Labor Day Safari & Campout.** See notice on this page.

**8 Canyonlands Natural History Association Navajo Rug Auction.** See ad & article pg 14B.

**8 Harvest Beer Festival.** see ad pg 10B

**8 The Semi-Annual MRAC Attack 2012 Fall Mini-Triathlon** - Open to all. 10 a.m. Run, bike, & swim at the Moab Recreation and Aquatic Center, 374 Park Avenue! 3-Levels: Youth under 13, Open, and Elite. Both Male & Female Divisions. Awards for top 5 finishers in both divisions for all 3 levels. All youth will get an award participation ribbon, even if not finishing in the top five places. For info visit [moabcity.org/mrac](http://moabcity.org/mrac) or call (435) 259-8226 and ask for Patrick.

**8-9 Steak & Sudsfest Mixed Bestball** - Moab Golf Club

**8 Harvest Beer Festival,** Cortez. See ad on pg 10B.

**28-29 Second Annual Moab Pride Festival.**

### 2012 Moab Events

- Aug. 30-Sept. 10 ..... Moab Music Festival
- Sept. 1-2 .....Moab Studio Tour
- Sept. 8..... MRAC Mini Triathlon
- Sept. 8.....CNHA Navajo Rug Auction
- Sept. 21-23.....Moab Century Tour
- Sept. 22-23.....Moab Fall Qtr Horse Show
- Sept. 26-30.....M.O.A.B Boogie  
(Skydive Festival)
- October 3-7.....Outerbike
- October 6-7.....24 Hours of Moab
- October 5-13.....PleinAir Moab
- October 12-14....Moab Rock and Gem Show
- October 20.....Castle Valley Gourd Festival
- October 21.....The Other Half
- Oct. 25-28.....Moab Ho-Down Bike Fest
- October 28.....Pumpkin Chuckin' Festival
- November 2-4....Moab Folk Festival
- November 3.....Moab Trail Marathon  
National Championships
- November 7-11....Moab Senior Games
- November 9-11...Moab River Rendezvous

#### DUE SEPTEMBER 1ST

**WabiSabi Seeks Creative Projects to Fund** which positively impact the Moab Community. The Make a Difference fund awards up to \$750 for individual projects. No need to be part of an organization to apply, this funding is for everyone. Applications available online @ [www.wabisabimoab.org](http://www.wabisabimoab.org). Due September 1st 2012. More info: 259.2553

#### GRAND CENTER GIFT FAIR VENDORS

**2013 Gift Fair Applications are available Aug.1.**  
Talk to Jody at the Grand Center, 182N 500W, to reserve your booth space, Mon-Fri from 9am to noon.

The Gift Fair is a fundraiser for the RSVP Volunteer Program and Grand Center



### 38th Annual Labor Day Safari & Campout September 1-3

The Red Rock 4-Wheelers are again hosting this three day family-focused event that includes not only wheeling together, but camping together as well as other activities. This year we'll be headquartered at the Moab Rim Campark, located at the top of the hill as you leave Moab going south (1900 South Highway 191). It has all the amenities, including water, showers, tables, grills, restrooms, grass and NO mosquitos!

The trail schedule has been developed with family fun, scenery and short trail days in mind. Each day has a selection of moderate, medium and challenging trails but, hopefully not necessarily vehicle damaging trail schedules. **Trail descriptions** can be found in the 2012 Easter Jeep Safari paper or on our web site at [RR4W.com](http://RR4W.com).

This year includes a first-timer package and also an overnight trail to remote Beef Basin for self contained



# Moab Studio Tour

**Visit 21 Moab Artists in their Native Habitat**  
**September 1 & 2 10 am - 4 pm**  
*... and before the Star Hall concert on August 31*  
**We'll all be in the Sun Court to share Art and Food with you!**





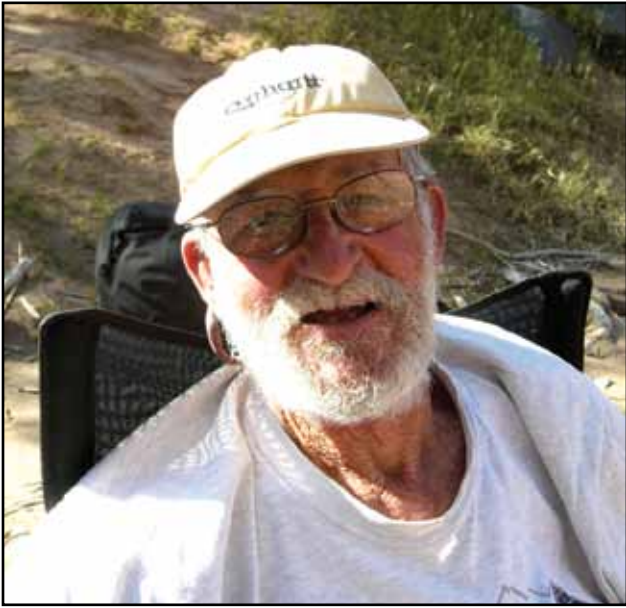
**Tour Maps available at all studios**  
**for more information visit [www.moabstudiotour.com](http://www.moabstudiotour.com)**

# INNOVATIVE HAPPENINGS

## Tom Rees: Building Through Moab's Ups and Downs

by Joan Gough

Tom Rees is yet another Moabite who, through his resourcefulness and willingness to tough it out, made Moab home from the 1970's (end of the mining boom) through the 1980's (the uranium bust) to the present. Tom remembers one year in the early '80's when he made no money. Another year, he worked for Tag-a-Long in the summer and took his family to Baja for the winter, not because it was the "in" place to vacation, but because it was cheap to live. Still, he says, "I'd rather be poor in



Moab than anywhere else, even with lots of money."

Born in Colorado Springs, Colorado in 1944, Tom married Mary Schlange in 1968. They had two children--Tait who now lives in Boulder, Colorado doing custom mill work and Hillary who is working on her masters in public health at the University of Arizona. Tom graduated from high school in Salt Lake City and college from the University of Utah in psychology. In 1972 he and Mary moved to Moab where they lived until moving into the home Tom built in Castle Valley in 1977.

During the 1970's, Tom did everything from making and selling silver jewelry to driving truck for Mac 'n' Hack, more officially known as MacFarland and Hollinger. Of his ore hauling experience Tom says, "It was good money but grueling hours--often 14 a day. I would get up at 3:30 a.m. and get home at 7:00 or 8:00 that night." With building his own home and working for contractors, Tom

was getting experience in construction. He remodeled the Popular Place for Joe May and the Sunset Motel for Harold and Jean Johnson.

By 1984 Tom had his contractor's license. His first construction job was rebuilding Rim Cyclery after the fire that gutted the building and set back the fledgling bike business. Tom was doing "remodels, furniture and decks--whatever it took to get by." Finally, in 1988 he got a job building a house for David and Jean van Pelt in Professor Valley. That project was the solidifying of a reputation he had been establishing with the smaller jobs--a reputation as a quality builder. Recently, Jan Crutchfield observed, "We believe it was his stellar reputation that moved us through what could have a lengthy and unpleasant process." That process was starting over after Cliff and Jan's partially built home burned to the ground.

The increase in retirees settling in and around Moab brought many potential clients to the construction business. Tom's next home construction was for Tom and Carolyn Cartwright at Pack Creek. In the next six years he built nine homes there and did extensive remodels for Ken and Jane Sleight. Before 1999 closed, he had also built three homes in Castle Valley and did one remodel in Thompson for the owner of the Blue Moon Hotel.

Then Tom returned to Professor Valley. This time to build a shop for Peter Lawson. The shop became affectionately known as the Taj Mashop. After building a house in Spanish Valley, Tom started the Lawson's house in Professor Valley. The house took from 2001 to 2005 to complete, but Tom calls it, "The best job I ever had." When asked why, he said, "wonderful clients, exciting work with fine materials, and well thought out plans."

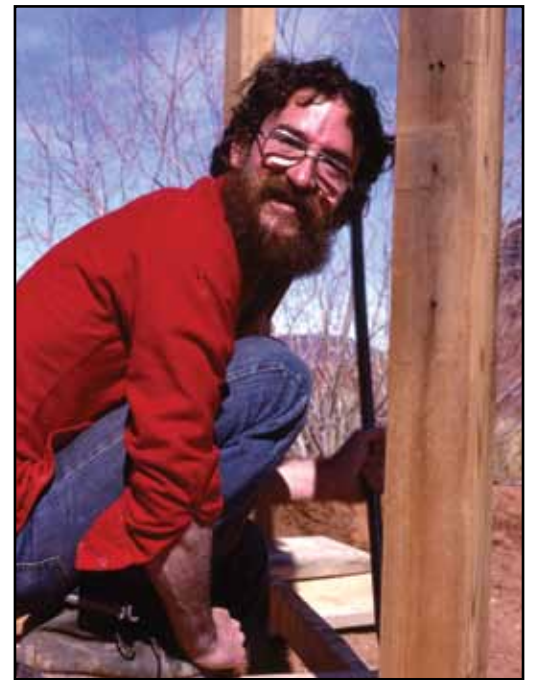
Toward the end of the house project in Professor Valley, Tom was approached by David Bonderman to build a house for him on the property he had purchased near the Matheson Preserve. "I had little idea of the magnitude of the job. There was little to go on because it was what they call a 'fast track process.' Meaning that in order to get it done as quickly as possible, the architects would get plans ready as I needed them. That job took four and half years." When Tom finished the Bonderman job, he once again found himself doing remodels since the housing boom had slowed new construction. Following a local contractor's career is a pretty good indication of the economic ups and downs of a community. As Tom puts it, "My work has been part of the changes in Moab. I

recently built three houses in Castle Valley, but have also been doing remodeling." This bust was obviously shallow compared to the 1980's.

Asked what it is about construction that he likes, Tom said, "I like the problem-solving aspect. It gives me an opportunity to use my skills--organization, planning, scheduling." According to clients he is also good at collaborating with his clients, crew, and sub-contractors. He takes time with the homeowners explaining their options without trying to sell them anything, and gains the respect of his crew and sub-contractors by working along with them and being clear in his expectations.

Tom has tried to build community as well as houses in Moab. "In the early 1990's we [most Moabites] were trying to put Moab on the map. It made me nervous because I had been in Aspen, Jackson, and Telluride and none of them felt like a community. I hope a sense of community will always be part of Moab. " Tom's own contribution comes, in part, from the respect he shows everyone he deals with.

"Those bust years in Moab taught those of us who stuck it out how to be resourceful. We had to build our own jobs, our own work." Because Tom built his own job with skill and integrity, he has all of the work he wants.



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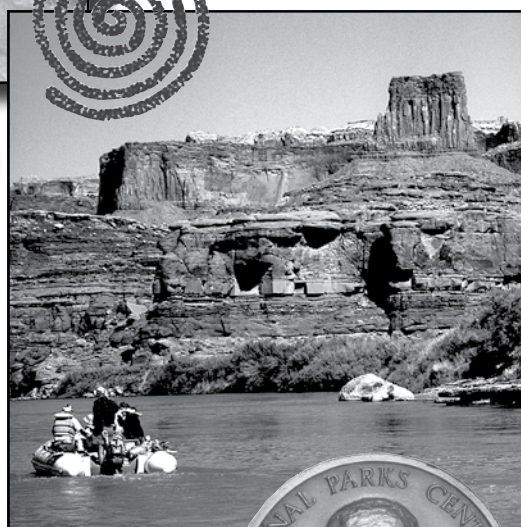


### Raft Trips on the Colorado River

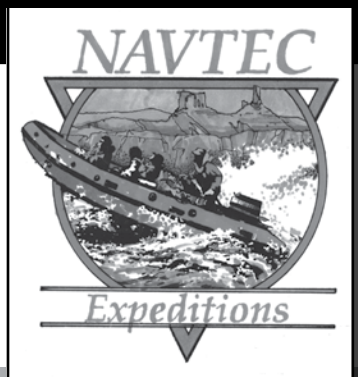
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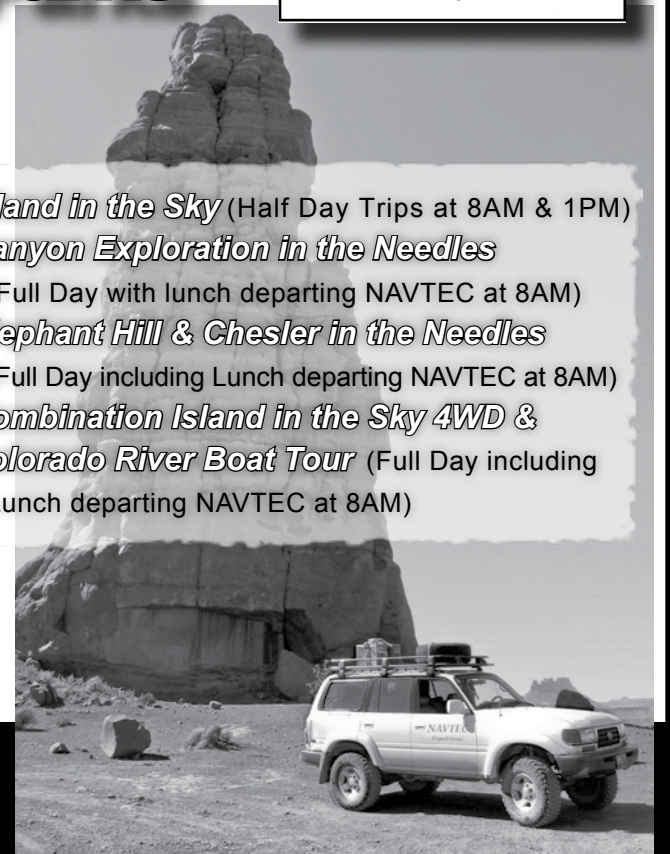
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# COWBOY HAPPENINGS

Head 'em Up and Move 'em Out to the

## Bar-M Chuckwagon's Live Western Show & Cowboy Supper

What is the Bar M Chuckwagon? The Bar M Chuckwagon is Moab's own unique western dinner theater.

It's a fun, family-oriented, evening activity that is set in an "old west town" just outside Arches National Park. More than a hearty meal, the Bar-M Chuckwagon is great experience for folks of all ages and features a wild-west gunfight, a delicious cowboy supper and a professional western music and comedy show featuring the "Bar-M Wranglers."



Back In the old west, the "chuck" or food wagon was an essential part of any cattle drive. It carried all of the supplies and food the cowboy's would need during their journey. The camp cook (or "cookie") would prepare and serve all of the cowboy's meals from the chuck wagon. After the evening meal, cowboys would sing songs around the campfire to pass the time and calm the cattle for the night. The concept for the modern chuck wagon restaurant sprung out of these traditions. At the Bar M Chuckwagon you can leave your cares behind, go back in time and re-live the days of the American Cowboy!

Just five miles north of the entrance to Arches National Park on Highway 191, pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." Don't forget to pay your respects at "Boot Hill" along the way. The ticket booth and grounds open at 6:30 PM.



Arrive early enough to belly up to the Saloon for a cold one and browse through the Primrose Emporium full of western souvenirs and more.

The wild and wacky gunfight begins around 7:00!

After the smoke clears, everyone enters the



Outlaws in a gunfight!

large barn-style dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail-style on metal plates and cups. You get a choice of sliced roast beef in barbecue sauce or barbecue chicken served with baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits, and spice cake. Cowboy coffee, lemonade and iced tea are included. There's seconds as well. A vegetarian option is available with advance notice.

After supper, the "Bar-M Wranglers" take the stage and perform a high-energy, professional western stage show full of fabulous vocals, thrilling instrumentals, ranch-style humor and audience participation. The "Wranglers" are Alan and Valerie Brown, Clay Maxam, and David Steward. They have recorded 2 CD's.

Two members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Alan and Valerie both sing, yodel and

play several musical instruments. Valerie an Alan met and married in Nashville, Tennessee. Originally from Salt Lake City, Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Alan is a singer/song writer and is also the Camp Cook. Originally from Illinois, he toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab and took over the Bar-M Chuckwagon.

Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judi. Clay shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and

has lived in Moab for 25 years. Dave does the vocal arrangements for the group. He has 2 CD's of original music and a CD of classic cowboy songs.

The Bar-M Chuckwagon's season runs April through mid October. Dates open vary with the season, please call for schedule. There is year-round availability for special events. Admission price includes dinner, live western show, games, gunfights, and gratuity: \$27.95 for adults, children four to twelve years old are half price and kids three and under are free. Call 259-BAR-M (2276) for reservations or visit their website at [www.barmchuckwagon.com](http://www.barmchuckwagon.com). Call today and Join the Fun!

Tell them you read about the Bar-M in the *Moab Happenings*.



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# NATURE HAPPENINGS

## Summer's Flutterbys

Forget the rare cold front that sweeps down the spine of the Intermountain West and dusts the high La Sal Mountain peaks with August snow. Forget that school begins before Labor Day, and that the campground crowds have changed from families to snowbirds. Ignore those random aspen leaves that blush yellow and signal "Autumn Ahead". These signs may point to the start of fall, but there is still some summer season left in the La Sals.

Yeah, skip all those signs and head to high elevations where wildflowers bloom and butterflies flutter by. On a warm day, figure on a steady stream of tortoiseshells and fritillaries, coppers and blues, whites and sulphurs, checkerspots and commas, and admirals and monarchs to keep pace with the day.

Butterflies may seem idyllic, fluttering across mountain meadows and sipping on flower nectar, but that's not all they consume. Tree sap, carrion, and nutrients from moist soil or even animal scat are sucked up through their straw-like proboscis. Butterflies have a perceived image, but don't let their daintiness fool you. Their late summer ragged and tattered wings betray their challenges of survival - avoiding furred, feathered or insect predators.



Butterflies are in the order Lepidoptera, from a Latin word meaning "scaly wings." Overlapping scales on the wings resemble roof shingles; this creates a pattern and coloration on the butterfly's wings.

The different patterns are for camouflage, warning signs, or to mimic other butterflies. And since butterflies don't do as well in cold weather, their wings act as solar collectors absorbing radiant energy from the sun to raise their body temperatures and stir the butterfly into action.

Several of the "aristocratic" butterflies found in the La Sals include the red admiral, Weidemeyer's admiral and viceroy. The red admiral has reddish bands across the



wings, while the Weidemeyer's has white bands across the black wings. The viceroy mimics the monarch, a butterfly that is toxic to predators.

Another striking butterfly is the tiger swallowtail whose yellow body bears tigerish black streaks. Named for the long barn swallow-like tail projections, this butterfly seems to float above the mountain meadows.



Other well-represented groups of butterflies in the La Sals are the anglewings, fritillaries and blues. Sharp indentations along the wing margins identify the anglewings which include commas, tortoiseshells and mourning cloaks. When these butterflies fold up their wings, the wing's angular edging breaks up their silhouette and makes them difficult to spot. Fritillaries offer some identification challenges due to the similarity of the species, while the blues seem like pint-sized wonders up above 9,000'.



By Damian Fagan

In addition to the butterflies, one other prominent insect in this alpine world is the white-lined sphinx moth. Often mistaken for a hummingbird because of its shape and size, this moth may be active during the day, visiting flowers in search of nectar. Unlike the butterflies that form a chrysalis, the moth spins a cocoon and pupates underground.



So even as summer flutters by, the butterflies of summer offer a



reminder that the season is not yet over. One just has to ignore the calendar and venture up to the mountains.



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## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, as well as their beer being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.



Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and

The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



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**Bar M Chuckwagon**  
 7000 North Highway 191 259-BAR-M(2276)  
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 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**The Blu Pig**  
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 Dinner • Take Out  
 Open everyday 3pm to close

Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE MUSIC- call for details. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

**Branding Iron Bar & Grill**  
 2971 South Highway 191 259-6275  
 Open for dinner nightly 5pm-close.  
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**Brewed Awakenings**  
 1146B South Hwy 191 435-260-8045

**Broken Oar**  
 53 West 400 North 259-3127  
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**Buck's Grill House & Vista Lounge**  
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**Burger King**  
 606 South Main 259-2700

**Cabo Grill**  
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**Cassano's Italian Restaurant**  
 11 East 100 North 259-6018  
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**China Cafe**  
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**Cowboy Grill at Red Cliffs Resort**  
 16 Miles up Highway 128 259-2002  
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 River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Crystal's Cakes & Cones**  
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**Denny's**  
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 Late night kitchen open until 1 am

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**Jailhouse Cafe**  
 101 North Main Street 259-3900  
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Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**Jeffrey's Steakhouse**  
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 Lunch • Dinner  
 Open 11:00 a.m.  
 CELEBRATING 31 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
 817 So Main (inside the Moab Chevron) 259-2212  
 Deli Open 6 a.m. - 8 p.m.  
 Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

**Love Muffin Café**  
 139 North Main 259-6833

**McDonald's**  
 640 South Main 259-8800

**Mi Ranchito y Mexicano**  
 812 South Main Street, Suite B 259-0550

**Miguel's Baja Grill**  
 51 North Main 259-6546  
 Dinner  
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
 400 East and Millcreek Drive 259-7424  
 Lunch • Dinner  
 Open Tuesday - Sunday 11am - 9pm  
 Closed Monday

Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltstopandeat.com.

For more information about these restaurants pick up a "Moab



**Moab Brewery**  
686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY.

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**Moab Coffee Roasters**  
90 N. Main St. 259-2725  
Open Every Day from 6:30am - 9:00pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

**Moab Diner & Ice Cream Shoppe**  
189 South Main 435-259-4006  
Breakfast • Lunch • Dinner  
Mon-Sat: 6:00 am - 9:00 pm  
Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

**Moab Grill**  
540 South Main 435-259-4848  
Breakfast • Lunch • Dinner  
Open 6 am - 10 pm

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our fresh baked pastries, pies, cobblers and espresso are good any time of day. We have a full wine and beer menu featuring Castle Creek wines. Friday - Seafood Specials. Saturday - Steak Specials. Sunday - Prime Rib and Pork Roast. Box lunches to go. Small private meeting room. Internet service, and catch upon the news on 2 flat screens.

**Pancake Haus**  
196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**  
98 East Center 259-0200  
Open Mon-Fri 11:00am-5:30pm Sat 11:00am-3:30pm  
Closed Sunday

Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

**Paradox Pizza**  
702 South Main St 259-9999  
Open 3-10 everyday

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

**Pasta Jay's**  
4 South Main 259-2900

**Peace Tree Juice Cafe**  
20 South Main 259-0101  
Breakfast • Lunch • Dinner  
7 am to Close Everyday

Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our newly expanded Dinner menu. Good pasta selection including gluten-free options. Beer, Wine, Cocktails, Fresh juice and wheatgrass.

**Pizza Hut**  
265 South Main 259-6345  
Lunch • Dinner  
Sun-Thur 11am-10pm Fri-Sat 11am-11pm

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

**Portal Grill at Moab Regional Hospital**  
450 West Williams Way

**Quesadilla Mobilla**  
83 S. Main 260-0289  
by the Canyonlands Trading Post  
Thursday - Monday 11am to 4pm

Quesadilla Mobilla is Moab's first and only gourmet food truck serving up delicious gourmet quesadillas. Our menu is out of the ordinary but sure to get your mouth watering and we have seasonal specials throughout the year. Come check us out and see why we have quickly become a locals' favorite! Call in orders are welcome.

**Red Rock Bakery & Net Cafe**  
74 S. Main Street 259-5941  
Breakfast • Lunch

Open 7am-2pm Everyday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

**Rio Sports Bar & Grill**  
1 block west of Main on Center 259-6666

**Sabuku Sushi**  
90 East Center 259-4455

**Singha: Authentic Thai Cuisine**  
92 East Center 259-0039  
Lunch • Dinner  
Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9:30  
Closed Sun

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**  
5 North Main 259-8004  
Lunch • Dinner

Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

**Sorrel River Grill Restaurant**  
17 Miles Northeast on Scenic Hwy 128 259-4642  
Breakfast • Lunch  
Dinner (by reservation only)

Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

**Subway Sandwich Shop**  
299 South Main 259-SUBS  
Breakfast • Lunch • Dinner  
Open 8 a.m. everyday

NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**  
900 North Highway 191 259-7146  
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

**Sweet Cravings**  
550 North Main 259-8983  
Breakfast • Lunch  
Tue-Sun: 7am - 3pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later!

**Szechuan Restaurant**  
125 North Main 259-8984

**Village Market**  
702 South Main 259-3111

**Wake and Bake Cafe**  
59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**  
260 North Main 259-2595

**Wicked Brew Drive Thru**  
132 North Main 259-0021  
Open at 6 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

**Zax**  
96 South Main Street 259-6555  
Breakfast • Lunch • Dinner • Family Dining

We have it all! From our sunrise breakfast, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

**COWBOY GRILL**  
MOAB, UT

- DAILY BUFFET BREAKFAST 6:30-10AM
- SUNDAY BRUNCH 7-2
- BUFFET GRILL LUNCH 11:30-2
- FULL MENU PATIO DINNER 5PM

**RIVERFRONT PATIO DINING**

16 Miles east of Moab on Hwy 128  
435-259-2002 • 866-812-2002

**SLICKROCK CAFE.**  
Family Owned & Operated

**LIVE MUSIC**  
Fri - Sat - Sun  
featuring *Lost Buffalo*  
Thursday ~ Open Mic

**BAR SPECIAL**  
7-8pm Nightly  
1/2 Off Appetizers (excludes Seafood)

Atrium Seating  
Appetizers  
Gourmet Burgers  
Sandwiches  
Salads, Steaks  
Freshly Grilled Entrees  
Kids Menu, Daily Specials  
Ice Cold Beer  
Full Service Liquor License

Lunch & Dinner Menu  
CORNER OF CENTER & MAIN  
(435) 259-8004 • www.slickrockcafe.com

**PARADOX PIZZA**  
MOAB UTAH

**EAST COAST STYLE, STRAIGHT FROM MOAB**  
**WE DELIVER**

**EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER**  
**SLICES! HOMEMADE SOUPS, BREADS & DESSERTS**  
**702 SOUTH MAIN ST. 435-259-9999**

**ZAX**  
Moab, USA

www.ZAXMOAB.com  
**Zax Sunrise Breakfast**  
Saturday & Sunday  
7:00am - 11:00am

Largest selection of local Utah microbrews on tap!  
• All-U-Can-Eat Pizza Bar •  
**Daily lunch and dinner specials!**

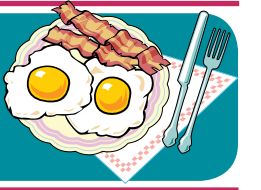
- Steaks
- Burgers
- Salads
- Fresh Pasta
- Darn Good Pizza!

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME  
COME QUENCH YOUR THIRST AT THE WATERING HOLE  
@ Corner of 100 South and Main • Moab, Utah 84532 USA  
(435) 259-6555 Check Out Our Wet Spot Laundromat

Menu Guide" And tell them you found them in "Moab Happenings"



# RESTAURANT GUIDE



**FREE WiFi**

**SLAM IT UP!**

**DON'T FORGET!**  
Kids Eat Free Tuesday and Saturday 4pm - 10pm

989 North Hwy 191  
**OPEN 24 HOURS**

Open Everyday 7am-2pm

**RED ROCK BAKERY**  
A Quality Scratch Bakery with fast, friendly service.  
Internet Café • Dine-in or Take-Out  
Now Serving Organic Fresh Moab Coffee  
74 South Main • Moab, UT 84532 • 435-259-5941

**Desert Bistro**  
Casual Fine Dining  
Contemporary Southwestern Cuisine

Join us at our new location  
in the heart of downtown  
**36 South 100 West**

Open Tuesday - Sunday at 5:30 pm - 9:30 pm  
Closed Monday  
Reservations Highly Recommended  
259-0756 FULL LIQUOR LICENSEE

**SUBWAY**  
eat fresh.

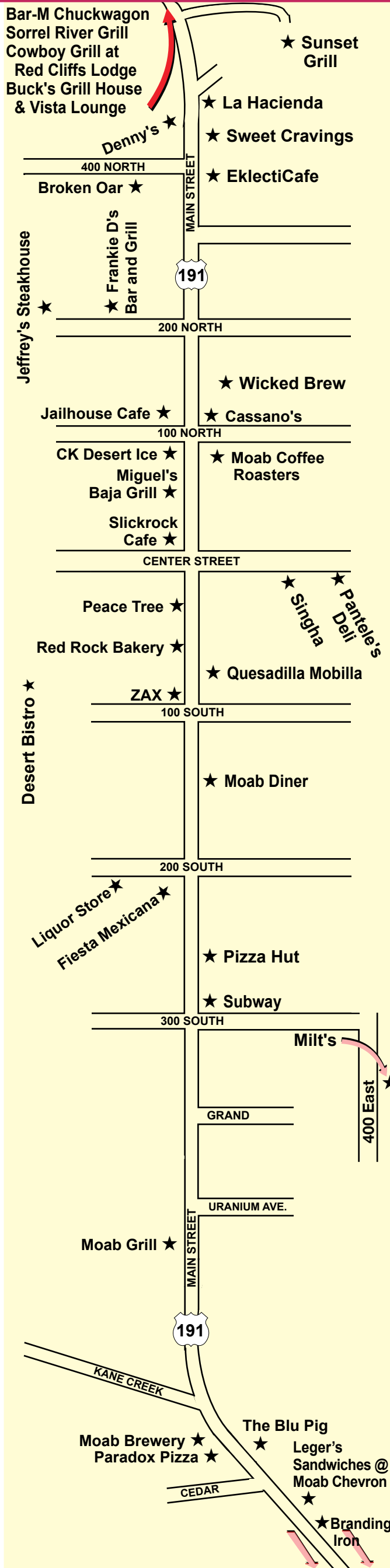
Located inside Walker's Convenience Store

**Turkey Breast and Ham "6 Sub 25% OFF**

**August Special**

Expires Sept. 15, 2012

**299 South Main • 259-SUBS**



**SUNSET GRILL**

"Dining with a Million Dollar View"

Steaks • Pastas  
Prime Rib  
Fresh Seafood

Patio • Catering  
Family Dining

**259-7146**

Open Nightly at 5:00 pm - Closed Sundays

**Cassano's ITALIAN RESTAURANT**

Moab's New Italian Restaurant  
in the old Poplar Place  
Family Owned & Operated

Great Choice for Take Out and Catering

**Traditional Italian Food**

**MONDAY MADNESS**  
Buy 2 Entrees get 1 free Appetizer

**TUESDAY 2 FOR \$20**  
Buy 2 Entrees for \$20

Brushetta \* Garlic Bread  
Artichoke Dip \* Crab Mushrooms

**WEDNESDAY FAMILY NIGHT**  
Large 2 topping Pizza with Garlic Bread for \$20

Patio Seating - Red Rock Views

**Cassanos**  
Italian Restaurant

11 East 100 North

Open 5 p.m. to Close **259-6018** State Liquor License

Established 1954

**Milt's Stop & Eat**

LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING

- LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS
- NATURAL BUFFALO BURGERS
- HAND-CUT FRIES
- CLASSIC DINER SANDWICHES
- FRESH DELICIOUS SALADS
- HOMEMADE SHAKES & OLD-FASHION MALTS

**OPEN:**  
TUESDAY - SUNDAY 11 AM - 9 PM  
CLOSED MONDAY

WWW.MILTSTOPANDEAT.COM  
EAT IN OR TAKE OUT: 435-259-7424

**When The Food Matters**

**The Blu Pig**  
A BBQ and Blues Joint

- Take out
- Private Parties
- Catering Services
- State Liquor License
- Large Screen HD TV's
- Uinta Craft Brews on tap

**"LET 'EM EAT BBQ!"**

Live Music  
Call for details

Open Everyday 3 to Close

Phone 435-259-3333  
www.blupigbbq.com

811 South Main Street  
Moab, Utah 84532

**Brews, Blues, & BBQ**  
Between Moab Valley Inn and La Quinta



# RESTAURANT GUIDE

# RESTAURANT GUIDE

**Simply the BEST... Made Fresh**  
Sandwiches • Soups • Salads



**PANTELE'S**  
**DESERT DELI**

*Local's Favorite*

*Finest Quality Ingredients in Generous Portions*

**Dine-In • Phone Orders**  
**Early Morning Pick-up • Catering**

Mon-Fri 11:00am-5:30pm Sat 11:00am-3:30pm  
Closed Sunday  
**435-259-0200 • 98 E. Center St. • Moab**

**THE SORREL RIVER RANCH'S**  
"GOAT HEAD MARTINI" is a Mountain Biker's  
Revenge against Mother Nature's  
Own Tire Spikes.

\* \* \*

- 1) All Natural Organic Vodka
- 2) Splash of Tabasco
- 3) Chilled and Shaken
- 4) Martini Glass Rim of Black Sea Salt  
(Representing the Tire)
- 5) Olive stuffed with local sources Goat Cheese  
(for the Goat Head)
- 6) Sprinkle of Cayenne Pepper floated on top

Sorrel River Ranch's new Bike Station is the perfect spot to remove any Goat Heads from your mountain or road biking adventure. However, you don't have to be a biker to enjoy a Goat Head Martini. The challenge is that you just can't avoid them.

www.moabsandwiches.com



**SANDWICHES**  
Made to order • Call in Orders  
6 a.m. - 8 p.m.  
**259-2212**

LOCATED INSIDE THE MOAB CHEVRON  
817 South Main Street

**Chevron**  
**FOOD COURT & DELI**

**OPEN 24 HOURS**

**Wicked Brew**  
DRIVE-THRU

A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas



Your day starts Right here!  
In the heart of town  
**132 N Main - Caffeinating daily @ 6am**



**Sweet Cravings**  
Bakery + Bistro



Breakfast/Lunch  
Coffee & Lattes  
Sandwiches & Salads  
Endless Homemade Pastries  
Boxed Lunches • Catering

Tue-Sun 7am - 3pm  
**435-259-8983 • www.cravemoab.com**  
**550 N. Main Street, Moab, UT 84532**

**MOAB GRILL**  
Home Style Cooking

Open Daily  
6 am to 10:00pm

**Breakfast, Lunch & Dinner**

**Friday**  
Seafood Specials

**Saturday**  
Steak Night

**Sunday**  
Prime Rib & Pork Roast  
Serving @ 3pm

Castle Creek Winery

**Full Wine & Beer Menu**

540 S. Main  
(next to the Big Horn Lodge)  
**435-259-4848 www.themoabgrill.com**

**SORREL RIVER RANCH**  
resort & spa

"Where Luxury Meets Adventure"



Scenic Highway 128, Mile 17 435-259-4642 www.sorrelriver.com

**RIVER GRILL**

Spa Lunches , Farm-to-Plate , Bike Station

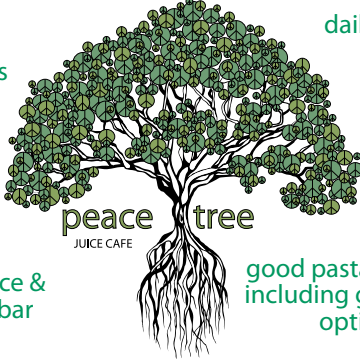
**peace tree**  
juice cafe

www.peacetreecafe.com

Beer Wine Cocktails

daily specials

fresh fruit Smoothies



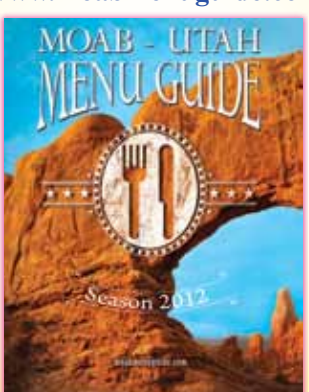
fresh juice & coffee bar

good pasta selection including gluten-free options

7am - close everyday

Breakfast, Lunch, expanded Dinner menus  
20 south main street, moab, utah 259-0101  
Also in Monticello at 516 North Main

Pick up a copy of the  
**2012 Moab Menu Guide**  
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com)



**Quesadilla**



**Mobilla**  
Moab's Gourmet Food Truck!

**COME SEE WHY WE'RE A LOCALS FAVORITE!**



Thursday - Monday  
11am to 4pm

**We can do events and catering**  
Come find us on Facebook and Twitter

**83 S. Main • 435.260.0289**  
(by the Canyonlands Trading Post)  
[www.quesadillamobilla.com](http://www.quesadillamobilla.com)

Facebook Twitter

# REDROCK MUSIC FESTIVALS

## 2012 Marks The Sixth Annual Women's Redrock Music Festival August 10 - 11, 2012. Torrey, Utah.

"The Women's Redrock Music Festival has become a much anticipated intravenous economic and cultural infusion to Torrey, something special we have become very much addicted to." ~ Adus F. Dorsey II / Mayor, Torrey Town

The summer is upon us and the Women's Redrock Music Festival is inching ever closer, meaning that the beautiful blue skies of Torrey, Utah will soon be filled with incredible music and a sense of interconnectedness that only a concert like this can bring together. The Women's Redrock Music Festival brings in some of the best local, national, and even international talent. The festival has boasted headliners such as BETTY, Sarah Bettens and Melissa Ferrick. But the festival is bigger than the music. With two days of incredible musicians and a stage that features the



Mona Tavakoli, Natalia Zukerman, Adrienne Gonzales, Garrison Start

magnificent backdrop of the red-rock scenery, it is also about community and discovery. It's the kind of experience that won't be forgotten for years to come.

Currently in its sixth year, The Women's Redrock Music Festival is continuing to empower and support independent women musicians, poets and artists as well as bringing together people from diverse backgrounds with one common factor: a love for music.

This year's artists include Australian singer/songwriter Toby Beard, who became a favorite of the 2011 festival as soon as she hit

the stage. With her wicked sense of humor, infectious smile and a powerful voice capable of taking any audience under her spell, she's impossible not to love. Also featured this year is the band Raining Jane, an acoustic, indie-rock band driven by a deep dedication to music and an independent spirit with three albums under their belt and extensive touring. Perhaps one of the most recognizable names on this year's roster is Crystal Bowersox, who found her career catapulted into the mainstream when she became a finalist on American Idol thanks to her old-soul voice and her emotive folk-rock-country style.

This year Women's Redrock Music Festival will be taking place August 10th and 11th at

Robber's Roost Bookstore in Torrey, Utah. Additional artists include Natalia Zukerman, Adrienne Gonzalez, Andrea Gibson, Jen Foster, Debi Graham Band, Victoria Lagerström, Shannon McNally, Renee' Plant and Megan Slankard. This year's emcee boasts Georgette Leventis, who will join on stage with a myriad of colorful background experiences and humor.



Toby Beard

Tickets may be purchased for: Friday 6-11 pm \$25, Saturday Noon-11 pm \$35, and Both days \$60. For more information: [www.redrockwomensfest.com](http://www.redrockwomensfest.com).

Mona Stevens with Vinegar & Pearls Band



Bronwen Beecher

**JACK DANIEL'S PRESENTS**

# ROCK JAM

**AUGUST 24-25, 2012  
GRAND JUNCTION, CO**

**FRIDAY**

Black Stone Cherry  
Motley Crue  
KISS  
PLUS MORE!

**SATURDAY**

Jackyl  
Slaughter  
Quiet Riot  
Theory of a Deadman  
& 3 Doors Down

TEXT **RJAM** TO **96000** TO DOWNLOAD THE FREE MICROSOFT APP! THEN SCAN THE TAG TO CHECK OUT ALL THAT ROCK JAM 2012 HAS TO OFFER!

FIND US ON

1.800.7800.JAM

WWW.ROCKJAM.COM

# SKY HAPPENINGS

## The Sky for August 2012

By Faylene Roth

### SUNRISE AND SUNSET TIMES FOR AUGUST

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

1	6:20am	8:28pm
2	6:21am	8:27pm
3	6:22am	8:26pm
4	6:23am	8:25pm
5	6:24am	8:24pm
6	6:25am	8:23pm
7	6:26am	8:21pm
8	6:27am	8:20pm
9	6:28am	8:19pm
10	6:28am	8:18pm
11	6:29am	8:17pm
12	6:30am	8:15pm
13	6:31am	8:14pm
14	6:32am	8:13pm
15	6:33am	8:12pm
16	6:34am	8:10pm
17	6:35am	8:09pm
18	6:36am	8:08pm
19	6:36am	8:06pm
20	6:37am	8:05pm
21	6:38am	8:03pm
22	6:39am	8:02pm
23	6:40am	8:01pm
24	6:41am	7:59pm
25	6:42am	7:58pm
26	6:43am	7:56pm
27	6:44am	7:55pm
28	6:44am	7:53pm
29	6:45am	7:52pm
30	6:46am	7:50pm
31	6:47am	7:49pm

The Milky Way appears directly overhead earmarked by the three bright stars of the Summer Triangle: Vega (Lyra) west, Deneb (Cygnus) east, and Altair (Aquila) south. The small trapezoid west of Vega outlines the body of Hercules; the large square to the east of Deneb describes the body of Pegasus.

**Moab UT (at City Hall)**  
38°34' N Latitude - 109°33' W Longitude  
4048 ft - 1234 m Elevation

### MAJOR CONSTELLATIONS OF AUGUST

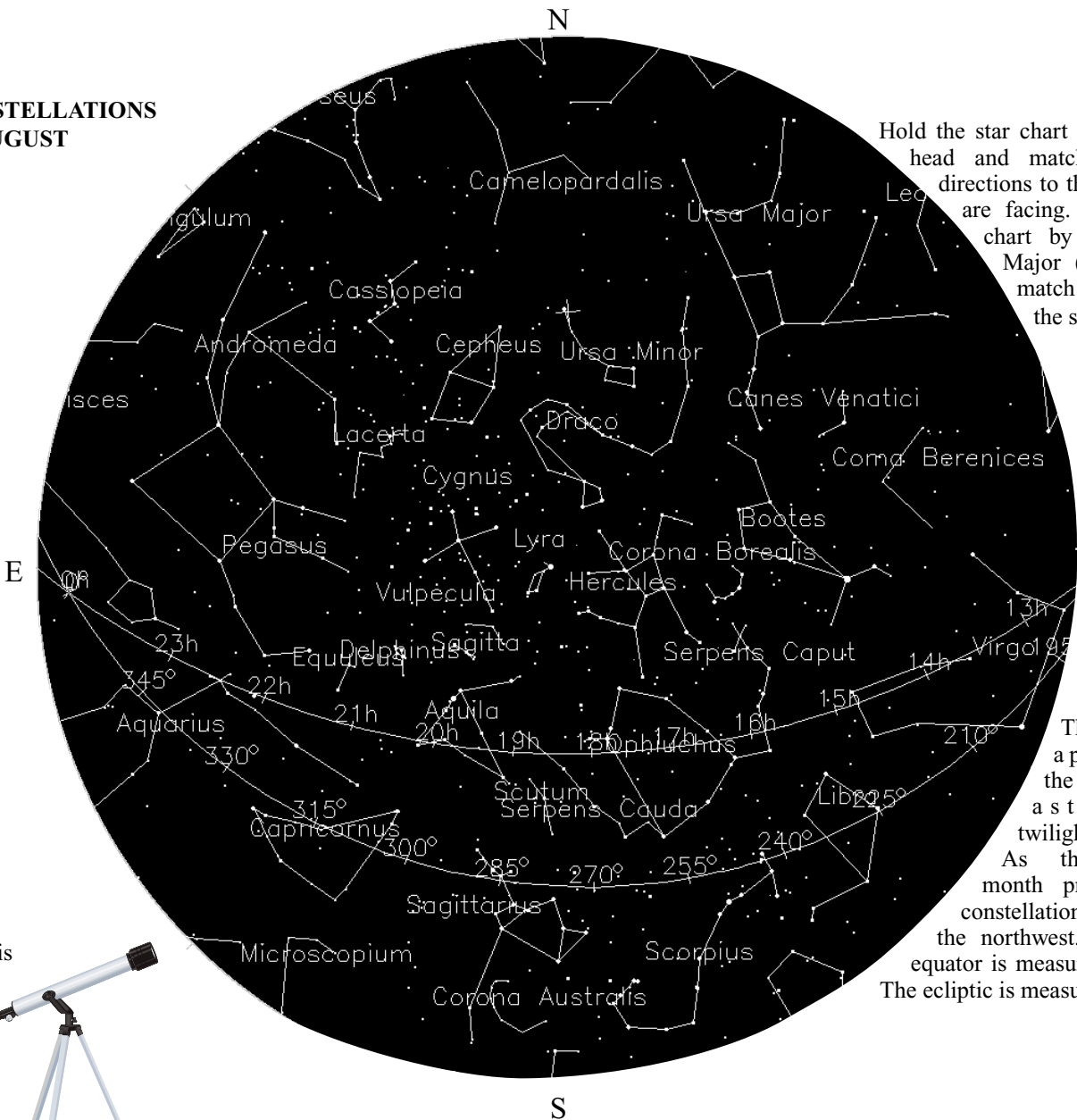
**Overhead**  
Aquila  
Cygnus  
Hercules  
Lyra

**Northward**  
Cassiopeia  
Cepheus  
Draco  
Ursa Major  
Ursa Minor

**Eastward**  
Andromeda  
Aquarius  
Pegasus  
Perseus

**Southward**  
Capricornus  
Ophiucus  
Sagittarius  
Scorpius

**Westward**  
Bootes  
Corona Borealis  
Libra  
Virgo



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.



### DAYLENGTH

The period between sunrise and sunset decreases by 66 minutes in August. By month's end, the sun rises 27 minutes later and sets 39 minutes earlier. Twilight progresses in three stages. Civil twilight lasts about one-half hour after sunset. Nautical twilight continues for another 30-45 minutes with color and shapes still apparent. Astronomical twilight begins when color and detail disappear from the surrounding view. The lingering summer twilight continues to push back the best time for stargazing until after 10:00pm through midmonth. By the end of the month, the skies are truly dark by 9:30pm. The reverse progression applies to dawn.

### MOON HAPPENINGS

Aug 1 – Full Moon occurs at 9:27pm and rises at 8:01pm.  
Aug 9 – Last Quarter Moon rises soon after midnight.  
Aug 17 – New Moon occurs at 9:54am..  
Aug 24 – First Quarter Moon sets soon after midnight.  
Aug 31 – Full Moon occurs at 7:58am and rises at 7:38pm  
(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### BLUE MOON

Two full moons occur in August. Most of us refer to the second full moon in a month as a blue moon. The phrase "blue moon" has been used for hundreds of years to refer to rare, absurd, or unlikely events. What blue moon has come to mean in reference to the full moon, however, portrays a fuzzy history. It provides an example of the value of original reference sources.

A typical year has 12 full moons, three full moons for each of the four seasons. Occasionally, a fourth full moon in a season occurs because the moon's orbit of 29-1/2 days is shorter than most calendar months. Each month's full moon has a name which often refers to religious observances. In the past, when a fourth full moon occurred, there was no assigned name for it until the late 19th century when an astronomer from the Maine Farmers Almanac applied the term blue moon to the third

of the four moons within the season.

In the 1940s a columnist for Sky and Telescope magazine cited the blue moon reference from the Maine Almanac but did not explain the nuance of the third of four full moons. A later author mistook the reference to a blue moon in the S&T article to refer to any second full moon within a month. That provided the basis for current use of the term blue moon on radio programs, in children's books, and even in the game Trivial Pursuits.

### METEOR EVENTS

One of the best meteor events of the year occurs throughout the first three weeks of August. The Perseid Meteor Shower peaks August 12/13 but viewing will be good August 11-14. A waning crescent moon rises several hours after midnight, so start scanning the northeastern sky around midnight. Viewing improves as Perseus, the radiant constellation, rises towards the meridian. Find Perseus by following the Milky Way northward through Cassiopeia. Perseus is the next constellation to rise in the east. This shower can produce up to 60 meteors per hour at its peak.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

**Primary Sources:** USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>  
To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

### VISIBLE PLANETS

**Jupiter** – Look for Jupiter in the pre-dawn eastern sky. The red star Aldebaran (tip of lower horn of Taurus) appears about five degrees south of Jupiter at the beginning of the month. The Pleiades star cluster hovers nearby. On August 1 Jupiter appears about 15 degrees above Venus in the early dawn sky. Jupiter rises earlier each day so its distance from Venus increases over the month. (Magnitude -2.3)

**Mars** – The red planet joins golden Saturn and the blue-white star Spica in Virgo this month, very low on the western horizon. The two planets are in conjunction (close visual alignment) on August 14/15. Mars appears less than three degrees below Saturn with Spica about two degrees below Mars. On August 23 Mars and Saturn both set at 10:23pm, after which their positions in the western sky switch.

**Saturn** - Both Saturn and Mars rise before noon and set before midnight. Mars rises before Saturn until August 14 when Saturn begins to rise earlier. Saturn sets later than Mars until after August 23 when they both set at 10:23pm, after which Saturn will set before Mars. (Magnitude +0.8)

**Venus** – Look for Venus above the eastern horizon and below Jupiter as astronomical twilight brightens the morning sky. Its disk changes (like the moon's) from crescent phase to quarter phase this month. Venus fades slightly in brilliance as it waxes towards full phase because its distance from Earth increases as it moves towards the far side of the sun. During the first week of August Venus moves from Taurus into Gemini. (Magnitude -4.3)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

# HEALTHY HAPPENINGS

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I have been a Moab resident for over 20 years. My family moved here when Moab was considered a "local's town". Through the years I have been lucky enough to watch this town blossom into the eclectic place that it is today. Although Moab has grown and changed, I admire that fact that it has managed to stay quaint and humble. I am blessed to live in a community that takes pride in our town, and welcomes visitors from all over the globe to enjoy the stunning and unique area.

Inspired by Moab's charm, I opened The Crystal Spa in April of 2011. I wanted to add my own personal touch to the community. As I serve the wonderful people of this town, my goal has been to provide a welcoming and serene environment. I have tried to provide that same mentality to my clients that I feel the locals provide to our tourist guests. The spa is a cozy space, with two treatment rooms and a tranquil and soothing atmosphere. As a massage therapist and esthetician, I enjoy all the services I provide at the spa



and I strive to make each client's experience personalized and enjoyable. To ensure a complete one on one session we book our appointments to allow each client a relaxing, quite and delightful treatment. Our goal at The Crystal Spa is to make each and every client feel right at home.

The spa offers a wide variety of services for both women and men, using all natural and organic products.



The menu is uncomplicated, and appealing to people of all ages. Each treatment is customized to the individual client, making an exclusive experience for everyone. Massage is one of my favorite treatments that is offered at the spa. A relaxing massage is a great way to alleviate stress for both your mind and body. If a massage doesn't seem fitting, a facial is another great relieving treatment offered. 30 minute, 60 minute and 90 minute sessions are offered so you can enjoy a treatment whether you're in a hurry or looking to stay a while.

Nail services are a great way to get to know my clients. I have had the opportunity to meet many diverse people from all around the globe. Through striking conversations with awesome people, I have found my appreciation for Moab flourish and increase with each interaction. They provide me with a broad perspective while I deliver a pedicure or manicure service. I have been inspired in many ways, and much like this town, I find myself growing and my affection increase more and more with each passing day.

Opening my spa in Moab has been such a positive and fun adventure. I feel as if it has given me the opportunity to grow as a person, as well as focus on a career that I really enjoy. Living in this stunning area truly is a gift that I am grateful to have and to share with all. I am so very thankful to be a part of this eclectic community, and to live, learn, and love every single day.

## Red Valley Chiropractic: Chiropractic & Athletes

How chiropractic can increase performance and longevity for athletes young and old.

Athletes are masters of repetitive abuse. That is how they build muscle. It is also how they fine-tune their bodies to their sport or activity of choice. To perform at their top levels and to continue to push their abilities they need to have their bodies running like a well maintained machine. An athlete must fully recover from every injury so the injured body part can perform at the level required from the athlete.



This is where I come into the athlete's life. Being trained and experienced working with the body and with athletes, I can evaluate an injury to any tissue or joint in the body and make a determination about what type of care is needed. Many times I am able to handle the injury myself using different techniques such as chiropractic, massage, physical therapy modalities and rehabilitation exercises, etc. Other times, simply educating the athlete about the how they are causing their injury and how to modify their activity in order to prevent further progression of the injury allows them to better understand how to get back on track. Through these efforts I am able to stop the injury cycle which allows the athlete to continue with their training efforts and also heal the injured tissue with allows the body to continue functioning at its optimal level.

Symptoms such as transient knee, ankle, and hip pain can all be due to an uneven pelvis causing irregular forces and muscle strain. In this instance chiropractic is used to remove the mild irregularity, which could be caused by a rotation in the pelvis, a short leg, or tight muscle for example, and the symptoms start to dissipate.

Symptoms such as shoulder pain or shoulder weakness, and numbing in the arms and hands can all be due to congestion and pressure on the nerves and blood supply in the neck or between the shoulder blades, this could be due to tight muscles in the neck or chest, poor movement in the spinal joints, inflammation or compression on the nerves that supply the arms as they come out of the neck. In this instance when chiropractic is used the compression is relieved and the symptoms begin to dissipate as the pressure and irritation is removed from the nerves.

With 10 years of clinical experience and being an athlete myself, I have seen most injuries in one form or another. I love to help athletes heal their bodies and



to provide them with understanding about their injury process so they can continue to do what they love without continuing the damage. Early diagnosis and treatment is essential for preventing more severe and sometimes irreversible damage. Living with the pain and simply waiting for it to go away on its own is a risk to the athlete's long term prognosis.



# HEALTHY HAPPENINGS

## South Town Gym: Cross Training Extreme

Here at South Town Gym we believe that your workout should be the best part of your day. With that being said, we are excited to initiate our new class, Cross Training Extreme. CTE is a great way to prevent injury and burnout while increasing your overall fitness level. Our classes will help you get in shape or stay in shape by conditioning your different muscle groups. You will also be developing a new set of skills. We promise to take the boredom out of your exercise routines. CTE is designed to limit the stress on specific muscle groups by allowing you to vary the exercises based on your individual skill levels.



Elizabeth Quinn stated in a sports medicine article, "after months of the same movements your body becomes extremely efficient performing those movements, and while that is great for competition, it limits the amount of overall fitness you possess and reduces the actual conditioning you get while training; rather than continuing to improve, you simply maintain a certain level of fitness. Cross training is also necessary to reduce the risk of injury from repetitive strain or overuse.

The term cross training refers to a training routine that involves several different forms of exercise. While it is necessary for an athlete to train specifically for their sport if they want to excel, for most exercisers cross training is



a beneficial training method for maintaining a high level of overall fitness. For example, you may use both biking and hiking each week to improve your overall aerobic capacity, build overall muscle strength and reduce the chance of an overuse injury. Cross training limits the stress that occurs on a specific muscle group because different activities use muscles in slightly different ways."



### Benefits of Cross Training

- Reduces exercise boredom
- Injury Prevention
- Produces a higher level of all around conditioning
- Conditions the entire body, not just specific muscle groups
- Rehabilitation
- Work some muscles while others rest and recover
- Can continue to train while injured
- Improves your skill, agility and balance

One of our goals at the gym is to increase cardiovascular exercise, strength training, flexibility, speed, agility and balance. We believe that by initiating a cross training program participants will be able to achieve their personal goals in these areas. The gym has purchased an array of new equipment to help us in that endeavor. Come in and check out the new equipment from free weights, bumper plates, rings, battle ropes, squat racks and slam balls. We will be happy to train you on the correct use of all of our equipment to keep you safe and working at your optimum levels.



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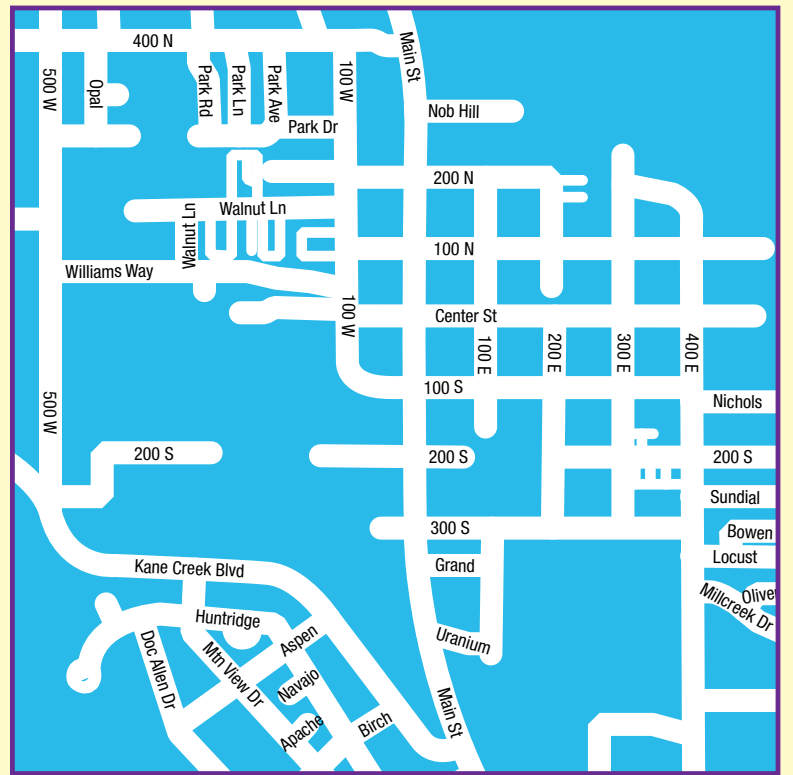
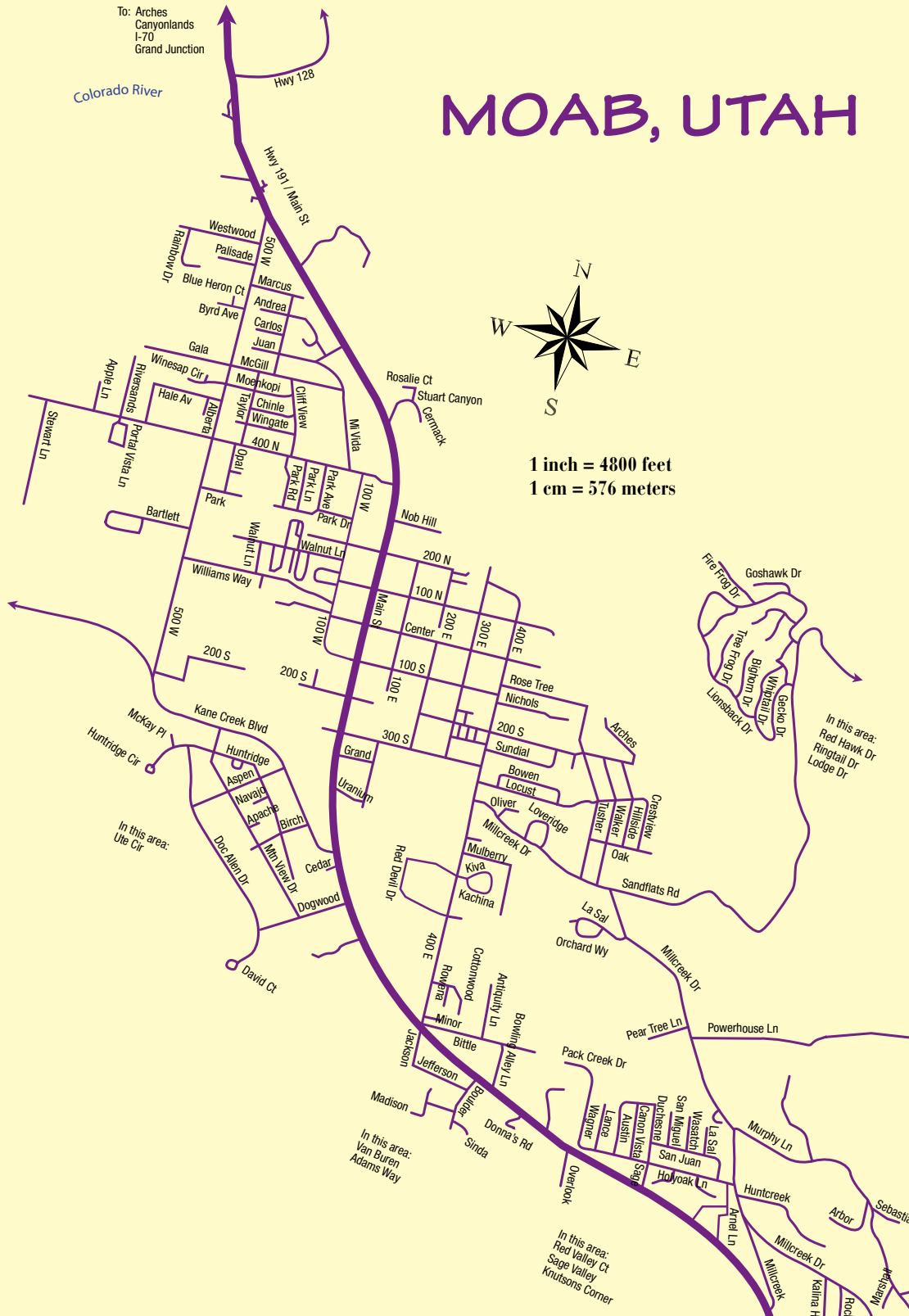
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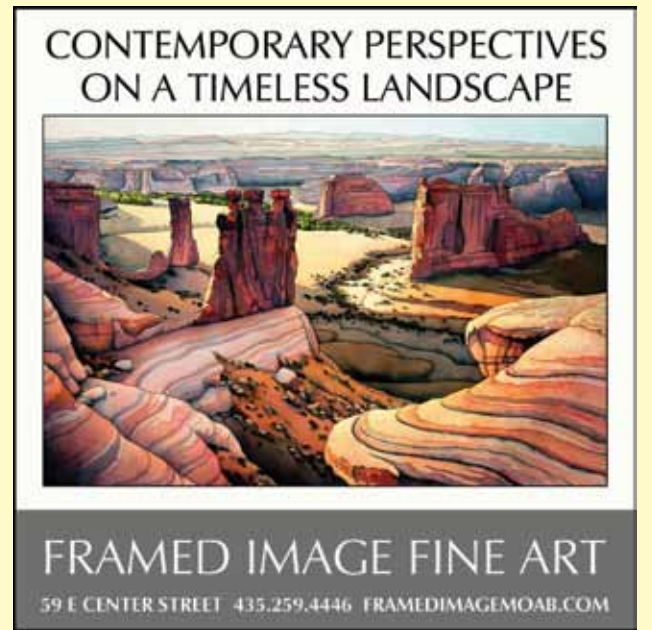
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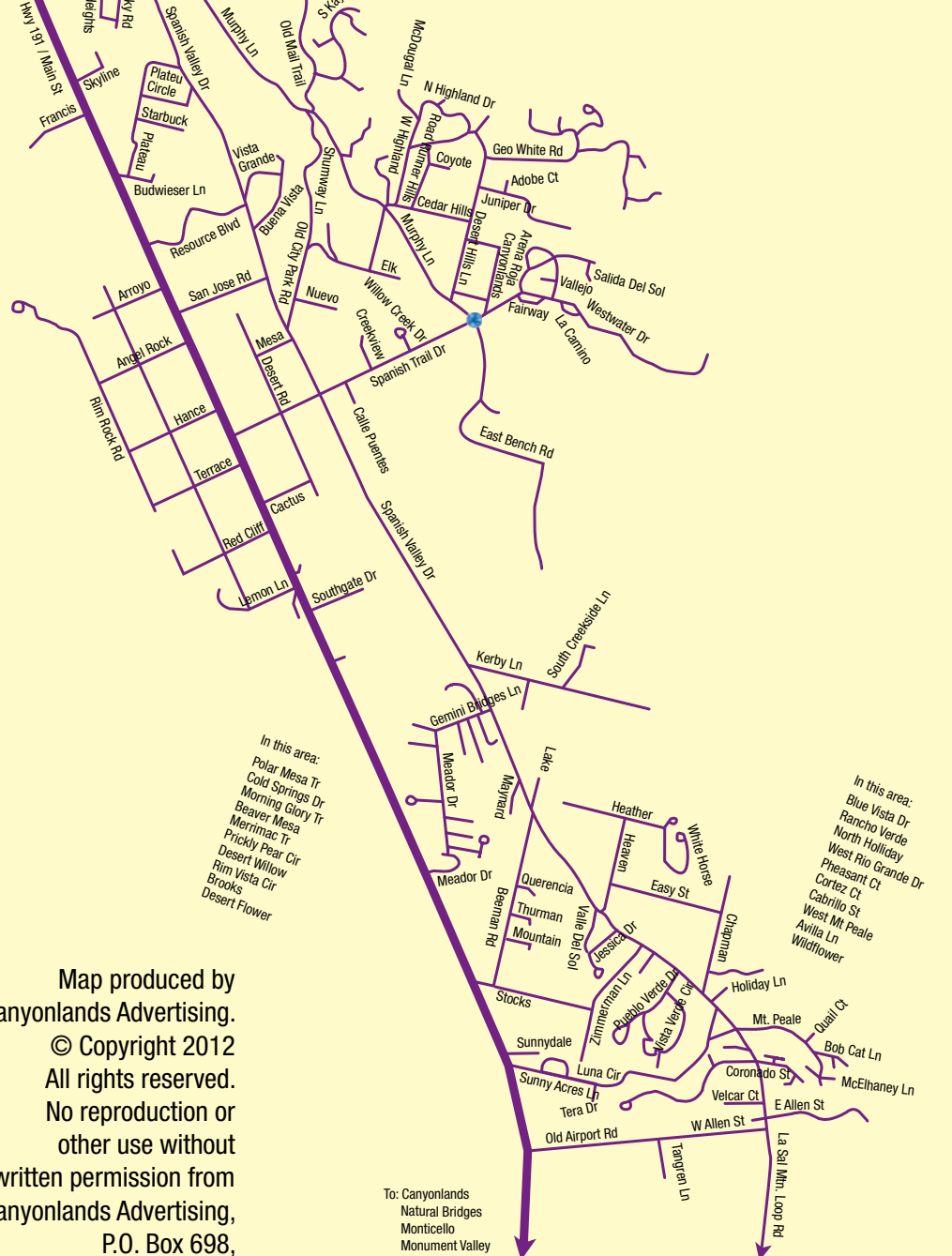
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- Episcopal Church of St. Francis  
250 South Kane Creek Blvd ..... 259-5831
- First Baptist Church SBC • 420 MiVida Drive ..... 259-7310
- Four Corners Faith & Worship Ministries ..... 259-0041
- Friends in Christ Free Lutheran Church  
1240 South Highway 191 ..... 259-4378
- Grace Lutheran Church  
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www.beitmoabi.org ..... 260-0241
- Kingdom Hall of Jehovah's Witnesses  
25 West Dogwood ..... 259-7363
- Moab Baptist Church • 356 West Kane Creek Blvd. .... 259-8481
- Quaker Worship Group • 81 North 300 East ..... 259-8178
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2651 East Arroyo Rd. .... 259-8308
- St. Pius X Catholic Church • 122 West 400 North ..... 259-5211
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- The Church of Christ • 456 Emma Boulevard ..... 259-6690

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# ASTROLOGY HAPPENINGS

## Your Horoscope for August 2012

By Robert Wells

August begins with a wonderful aspect between the Sun and generous Jupiter easing the way for good times and money transactions. If there are contracts to be signed, save doing it until after the 8th when Mercury returns to his forward motion. Venus and Neptune cast a loving light on the world for the entire second week of the month. I really love times in August like this. The world is quiet, bright and warm. There is a Norman Rockwell feeling everywhere you turn. There is a contrasting bump in the road for the day of the 15th, but it doesn't last long and we are back on track quickly. The end of the third week of August could bring some fun plans and ideas that need to be implemented by the 20th for maximum effect. The Sun moves into pristine Virgo on the 23rd and he sets a test or two for all of us at a personal level on the 24th. We finish out the few remaining days of the month with hearts and hands moving to bring a project to fruition and possible financial gain that should work out well for those involved.

Mercury Retrograde: 1st to the 8th

Ramadan: 1st to the 18th

Eid ul-Fitr: Sunday the 19th

July 23 - Aug. 24



**Leo:** Happy Birthday Leo. You are focused on your self this month and a business venture you started last month continues through the first week of August. Follow an artistic urge during the second week; it could pay off in more than gold. The third week of the

month is fraught with stop and go, yes then no, on and off problems. Take things one at a time and work through them. The energies shift during the last week and you focus on money issues to finish out the period.

Aug. 24 - Sept. 22



**Virgo:** It's that time of year when you need an extended break from it all. This will be a Norman Rockwell painting of an August for you. Put those feet up and enjoy life as it slows with the summer heat. You continue a business venture you started last month during the first week of August. You can find artistic inspiration to fuel an undertaking during the second week. The third week is back to business as usual and all that it means. During the last week of the month the energies shifts to yourself again and you start to feel alive again. Make some plans during the last week and offer hope to those who need it.

Sept. 23 - Oct. 23



**Libra:** Dreaming the future is your job this month, as the Sun is lighting up your Hopes and Wishes category. After handling some business that was started last month you have two full week to dream and plan for your future. The third week of the month take care of those tasks and chores everyone

of us has to deal with. The energies shift and you realize that you may need some down time. Put your feet up, that time is the last week of August. Enjoy the peace and quiet.

Oct. 24 - Nov. 22



**Scorpio:** The focus is on your career sector this month. Should be that much going on there as you are between mountains, so to speak. This time is more inclined to ask you to take a breather. Handle some business that was started

last month, first off and then let the Universe take you on a two week safari around your life. Third week you'll be back taking out the garbage and cleaning the bathrooms. However the final week of August promises to boost you a little right where it'll do you the most good, money wise.

Nov. 23 - Dec. 21



**Sagittarius:** Church groups have your attention and it could be very fun this year. Isn't about time for the church bizarre? Or what about the big BBQ, huh? The first two weeks of August is perfect for these and activities like

them. During the first week you handle some business you started last month and then enjoy pretty much unencumbered time for the next two weeks. During the third week it's that everyday stuff and boring. The energies shift during the last week and make your career the hot topic for the coming month and it brings some good news for you next month.

Dec. 22 - Jan. 20



**Capricorn:** It's a period of accounting and balancing jointly held assets with your partners. Taxes, insurance, checkbook and the like. Everything looks OK for the month. You handle the last of some business you started last month during the first week of August. This leaves the rest of the time for you to enjoy as you wish. The third week is jerks and stops and ons and offs and regular everyday chores. You'll survive. The last week of the month looks like the fun has returned and you can relax again.

Jan. 21 - Feb. 18



**Aquarius:** Partnerships. That's where you are concentrating your efforts this month. Whether they are spousal or business. Thing is, everything looks just dandy, so if there is a problem, you are creating it. You clear off some business you started last month and then the first week is yours.

And, so is the second. Enjoy yourself. The third week asks you to take care of normal personal stuff, nothing exciting. The fourth week the energies shift to handling your joint assets with your partners. That looks good, too. Augusts like these don't come around often enough.

Feb. 19 - Mar. 20



**Pisces:** Time to focus on your job and your health. You're not slaving away in overtime this month and your health looks good so this is a good time. After collecting a debt during the first of the week, the rest of the time and the following week are all yours to play with.

You're back taking care of personal things like the laundry during the third week of August, but by the fourth week the energies move into your partnership sector and things start warming up for a great time that carries into next month.

Mar. 21 - Apr. 20



**Aries:** Romance is on your list of fun things to do this month. You'll have several opportunities for romance this month. After taking care of some business started last month you have a clear schedule for outside activities. Get out and be seen during the first and second week

of August. The third week has you tending to everyday chores. The energies shift during the last week and you shift your focus to your job. You have the opportunity to improve your office by adding something new.

Apr. 21 - May 21



**Taurus:** You are centered in your home this month. Just want to put your feet up and relax. This is where you left off last month. The first two weeks of August are glorious for outside amusements and activities. The third week of the month is everyday business like the laundry

and mowing the lawn but as the energies shift during the fourth week the theme of romance start to play and you pay attention. Enjoy!

May 22 - June 21



**Gemini:** You are totally in your element at this time of the year with errands and communications everywhere you turn. Normally, there would be a lot, but this year, not so much. So get out a visit people anyway. The first two weeks

of August are great for visiting and seeing people. The third week of the month is for chores and errands. The last week of August finds your attention being drawn to your home base and how good it feels to spend time there and what you can do to improve it.

June 22 - July 22



**Cancer:** Money matters have your attention at this time. More how to spend it, than earn or save it. You catch a great bargain the first few days of the month.

The second week, if you are still shopping can net you a nice art piece. The third week of August is personal cleaning and maintenance week. As the energies move to your sector of "all over town" you are running errands, doing shopping, dropping off the kids, on and on and on.... It's gonna be a great August. You'll see.

*Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."*



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# MOAB HAPPENINGS

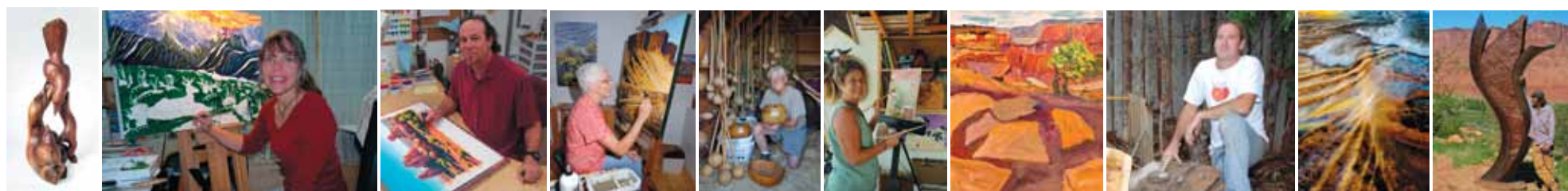
LODGING  
EVENTS

Volume 24 Number 5

Section B

August 2012

## Moab Artists Studio Tour • September 1<sup>st</sup> & 2<sup>nd</sup>



Now in its ninth year, the 2012 Moab Artists Studio Tour will take place on Saturday and Sunday, Sept 1st and 2nd from 10 am to 4 pm. A preview of the artists' work will be presented to attendees of the Music Festival prior to the Friday, August 31st performance at Star Hall.

The Studio Tour has always been a well attended, lively event and this year, it will be even more exciting as 21 artists working in a variety of media will open their work spaces to welcome visitors and give them an even broader view of the creativity and versatility of the artists who call Moab home. Through conversation and demonstration, visitors can gain understanding of style, process, inspiration and how Moab's unique environment so powerfully affects each artist's work.

This year's artists are:

• **Nick Eason** creates one-of-a-kind, naturalist-oriented sculptures of birds and mammals utilizing the natural beauty of wood. His work has led to numerous awards from competitions and juried shows in the west.

• **North Frank** loves to create paintings about life on earth. She works both in a studio setting and plein-air and her media includes acrylics, watercolor and water-soluble oils on canvas and paper.

• **Jonathan Frank** is a full-time Moab artist known mostly for his high definition watercolor landscapes. His work has appeared in many juried state, national, and international exhibitions.

• **Jacci Weller's** acrylic paintings are energetic, realism-based interpretations of desert landscape and flora. Her compositions reveal a wonderful skill at finding special angles and moments in the landscape.

• **Bob Ridges** finds his artistic passion in growing his own gourds and transforming them into unique pots, bowls, dippers and other objects. He often etches or paints rock art scenes on them.

• **Robin Straub** has been painting outside and in her studio for 15 years. Trained in watercolor, acrylics and oils, her favorite subjects are from nature and her palette is alive with color!

• **Phil Wagner** is a poet, painter and aesthetic "phil"-osopher who is newly married to Robin Straub. He delights in sharing the painting process with visitors.

• **Scott Anderson** will be showing his beautiful wood and stone creations, from utensils to sculptures, all made of local materials. Scott welcomes visitors to the new work place called Triassic Industries.

• **Bruce Hucko** is a well-known Moab fine art and documentary photographer, author and is known to area children as the Art Coach! Visitors to his home studio are always rewarded by his enthusiasm for all the arts and his willingness to share his photographic knowledge.

• **J.C. Borders** is an accomplished pastel painter and instructor and this year he will be hosting the Moab Pastel Guild at his home and studio. The guild members are Victoria Fugit, Helen Becker, Peggy Harty, Sarah

Hamingson, Thea Nordling, Marsha Modine, Mary Collar, and Larry Thomas. Each guild member has developed their own unique style and it's quite illuminating to watch them all working in the same space.

Three Castle Valley artists have joined the tour this year. If you are attending either of the Saturday or Sunday concerts at Red Cliffs lodge you might consider lengthening your art experience by visiting the following artists that afternoon.

• **Adele Alsop** is an active community member and a fourth generation painter who works in a variety of media. She specializes in oil and linen and finds inspiration by walks in "the forest of the heart."

• **Yrma van der Steenstraeten** (see why we say Art by Yrma!) is a Dutch artist living in the USA. Her passion is to share the beauty of nature as she sees it utilizing painting, photography, jewelry, gourd art and design.

• **Michael Ford Dunton** (known to most of the local community at "Stoke") produces sensual sculpture of steel and stone. His current work comes straight from the heart and the remains of his studio, which burned to the ground 2 months ago.

All of the 2012 Moab Studio Tour artists welcome you and thank you for participating!

Tour maps will be available at each studio and [www.moabstudiotour.com](http://www.moabstudiotour.com)



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# DEAD HORSE POINT HAPPENINGS

## Moab Artists featured at Dead Horse Point State Park, UT.

The Bighorn Gallery at Dead Horse Point State Park will be exhibiting original artwork by Moab artists Robin Straub and Phil Wagner. "Sensual Scapes" is a collection of new oil paintings on exhibit July 4th through August 29th.



Phil Wagner painting

Robin Straub and Phil Wagner are thrilled to share their latest work at the Bighorn Gallery. Robin and Phil are respected Moab artists who love to paint the bold and colorful landscapes of the Colorado Plateau in a sensual style, au plein air (outdoors).

Robin's studies in art have included painting, photography and ceramics. For eight years Robin and Phil

have traveled and painted passionately in many countries but their favorite location is here in the high desert of the Colorado Plateau with its astounding beauty and mystery. Many of their paintings are in collections across the United States.



Robin Straub painting

Phil is ex-Peace Corps, a poetry teacher, parent, lecturer in psychology, a custom home builder, world traveler, socialist and documentary film maker. Most days he can be found painting with his wife, Robin, out along any dusty dead-end back road with a view.



Robin Straub and Phil Wagner

During the art exhibit at Dead Horse Point State Park, each painting is available for purchase. Portfolios of their work can be visited at [www.petragalery.com](http://www.petragalery.com) and their studio in Moab is open to visitors.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10. For more information, please contact the park at 435-259-2614.

## Stormy Days at Dead Horse Point State Park

This year has been one of suppressive heat and seemingly endless drought. The winter and spring alike have yielded nearly un-measurable levels of precipitation at Dead Horse Point State Park. As July passes and August settles in, Southern Utah prepares for the summer monsoon season to bring relief from this relentlessly dry climate. During a monsoon season, the weather can change rapidly bringing both danger and wonder to this land of canyons and epic vistas.

For Visitors to Dead Horse Point State Park, the visitor center can provide up to date weather forecast and trail conditions. During sudden storms, the high mesa tops can become prone to lightning and extreme winds. Often, these storms move quickly and produce acute and abundant rainfall. The park visitor center offers a museum, gift shop, art gallery, and coffee shop to peruse while waiting for the storms to pass.

Keep in mind that summer monsoons do bring positive effects to a park visit. From 6,000 feet above sea level, visitors to Dead Horse Point can overlook miles of canyon flowing with the Colorado River in its natural red hue. During storms, countless dry washes become flowing

streams latent with rich red sediments pouring into the river. Unlike much of the year when the river is more of a green color, the late summer storm season can be one of the only times that one might see the mighty river flowing in its natural red color. The word renowned vantage points from Dead Horse Point State Park also offer onlookers the opportunity to view awe inspiring storms erupting many miles in the distance. These storms add unique character to photographs of the famed Gooseneck Bend visible from Dead Horse Point.

Following the often intense downpours of late summer, desert potholes throughout the park can often be found full of water and teeming with aquatic life. These short lived marvels of the desert are incredibly interesting to view as they are changing from a dry impression in the sandstone to a thriving ecosystem of shrimp, tadpoles, worms and more. For many animals that inhabit the park, these small pools of water can be a crucial source of water. Please be sure to view but not touch these fragile pools. Both the Big Horn Overlook and the Colorado River overlook trail offer exceptional examples of desert potholes.



A visit to Dead Horse Point State Park during the month of August can be an amazing experience ripe with amazing views, afternoon storms, and a chance to witness the brief life of a desert pothole. Visitors should plan for sunny hot days but also be prepared for sudden changes in weather.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10. For more information, Please contact the park at 435-259-2614.

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# HIKING HAPPENINGS

## Miners Basin To Bachelors Basin – Remnants Of Times Gone By

by Marcy Hafner

A rubble-of-rock road in a narrow mountain canyon equates to a bumpy, bone-rattling drive - a jolting keep-you-awake ride, especially when there's no place to pull over for an oncoming vehicle! After bouncing along at a snail's pace for three tedious miles, we finally arrive at the Miners Basin parking area where the sudden lack of momentum feels amazingly good.

The cool pine-scented air is so refreshing as I stretch to work out the kinks in my stiffened body. After that I pause for a few moments to take inventory of my surroundings - the stream-fed pond, the gently swaying aspens, the inviting flower-filled meadow and the northern range of the La Sal Mountains that cradle this basin in three directions.

The road continues to Bachelor Basin, but vehicular traffic is blocked at the red gate, which is just above the parking area. That's okay with me. I am definitely ready to get off my butt and use my feet! At the gate, I have a choice - left for the Trans La Sal Trail or right to stay on the road. I opt for the road - a shorter although steeper route that passes the abandoned mining town of Miners Basin

on route to my goal of Bachelors Basin.

Only a few buildings remain - enough, however, to spark the imagination of what must have been.

By July 1899, the population had exploded to almost 70 -

twelve of them women. This bustling town, which was referred to as "The Basin", had 27 cabins, a grocery store, two restaurants, two saloons, a hotel and boarding house where dances were held, a livery and feed stable,

shoemaker's shop, mining office, deputy sheriff, post office and a Sunday School.

But the miner's dreams of getting rich faded fast. The gold discovered in 1897 turned out to be a low-grade ore - and with an economic downturn in 1907 - boom turned to bust. By 1910 probably less than a dozen people remained.

A short distance beyond "The Basin" - around the bend of a switchback - a small wooden structure pops into view. This historic remnant provides a handy excuse to stop and poke around to look at all the nearby memorabilia - an ore cart, a mineshaft called the Dillon Tunnel, and a stream that gushes

from its opening as it flows across a tailings pile.

Once back on the road, my serious workout begins - a long, long grunt to Miners Pass, which is between Horse Mountain and Mount Wass. With every step through the firs, spruce and aspens, I steadily feel the altitude and the abrupt incline. I am, however, compensated with an endless bouquet of wildflowers: narrowleaf paintbrush, crimson columbine, heartleaf arnica - an aster that resembles a splashy yellow daisy - and the dainty blue blooms of Jacob's ladder, a plant with compound fern-like leaves that resemble tiny ladders.

I've walked this road before and coming upon the remains of an old building, I think that my climb is coming to an end. My memory, however, deceives me. I don't remember it being this much further

to the top! It's been a steady uphill grunt for way too long, and when I finally do get to the pass with a wide-open western view of Behind The Rocks, Moab and the Henry Mountains, I am ready for lunch!

Letting my heavy pack plop to the ground, I immediately lean back against a rock to enjoy the coolness of a hefty breeze that sways the tall skinny firs highlighted against a soft blue sky. A swath of bright yellow draws my attention to a wealth of golden banner flowers providing a bounty of nectar for a variety of butterflies, who drift from blossom to blossom, sampling the sweet goodies while bees busily make their own appointed rounds.

Once up and on the march again, I immediately walk past the old road on the left that goes to Willow Basin. A little further a cairn marks the continuation of



\*\*\*\*\*  
During the recent construction, the only way to get to Miners Basin is via the Sand Flats Road, which ends at the La Sal Loop Road. At that junction turn left and look for the sign for the right hand turn for the Miners Basin Road - a back road that is accessible to high clearance vehicles. Because of the sharp switchbacks - motor homes and trailers are not advised. Built in 1897, this unmaintained road is only open during the summer and early fall.



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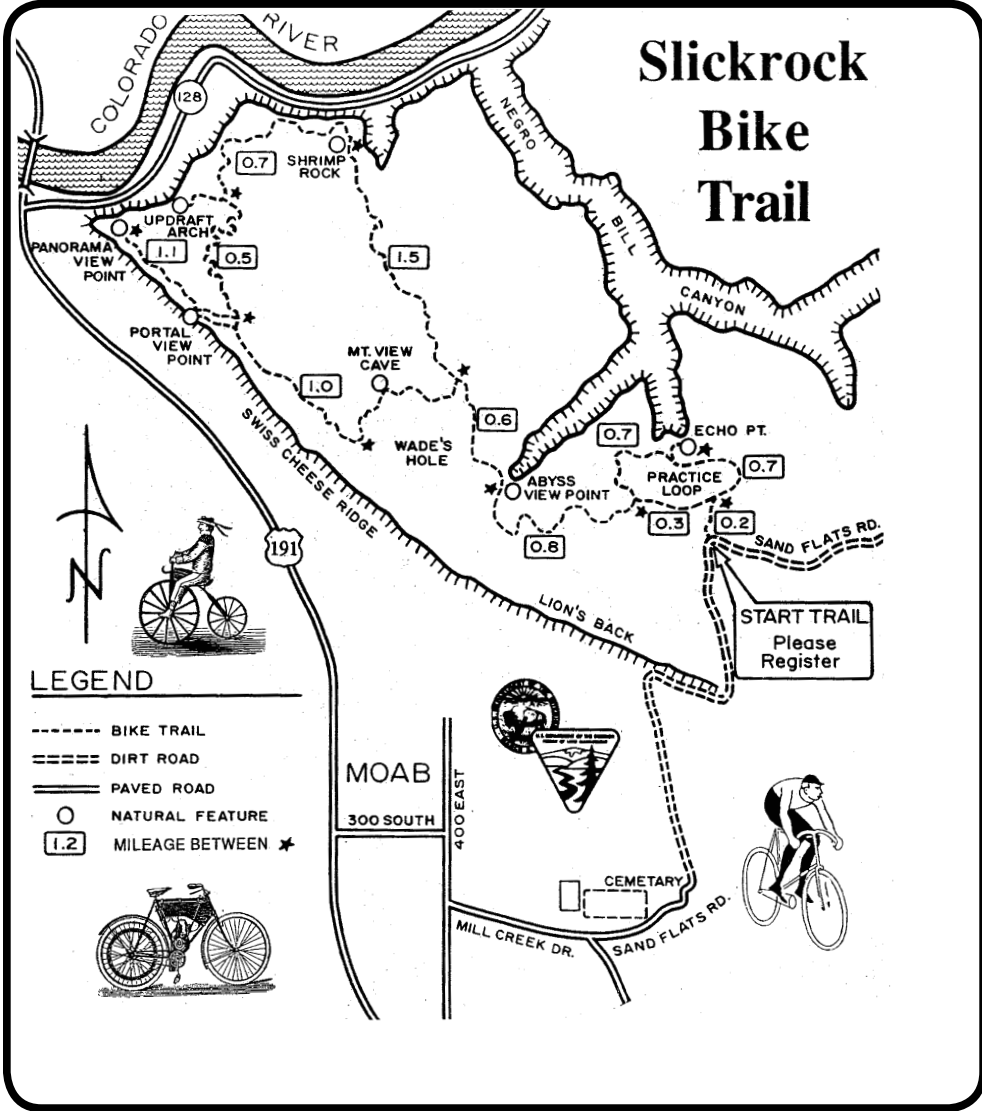
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# MOUNTAIN BIKING

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• **MOAB CENTURY TOUR September 21-23, 2012** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE October 3-7, 2012** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to [www.outerbike.com](http://www.outerbike.com).

• **24 HOURS OF MOAB October 6-7, 2012** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 25-28, 2012** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

• **SKINNY TIRE FESTIVAL March 9-12, 2013** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

• **MOONSHADOWS IN MOAB May, 2013** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May, 2013** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

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# TRAIL HAPPENINGS

## Trail Riding in Pole and Doe Canyons in the La Sals

by Naomi Wilson and Steve Schultz

Steve and I are trail-riding horse people. We live in San Juan County, Utah, and love to ride the desert canyon country. Our favorite rides, though, are up in the La Sal Mountains. Pole and Doe Canyon Trails (US Forest Service Trails 035 and 100) are on the south end of the La Sal range



and are designated as non-motorized. The two canyons are linked together by a cross trail and can be ridden as a loop.

From the La Sal Store, take Highway 46 east for 3.6 miles. At the top of a hill, turn left onto the Two Mile Road. Drive 1.7 miles and turn left onto the La Sal Pass Road. There are several pull-offs with campsites to park a horse trailer. Our preferred spot is one mile up the road and near the irrigation ditch.

Today we brought Steve's older Quarter horse, my big Missouri Fox trotter and my young Mustang-Paint to pack gear. This is only a day ride, but we take the young Mustang to gain trail experience. We pack folding chairs, a saw, a propane stove, and, most importantly, lunch! The reason we like this ride is the variety! It gives you a little bit of everything: rocks, scrub oaks, water crossings, aspen stands, heavy pines, hard climbs, gradual grades, and small meadows.

We saddle up and head up La Sal Pass Road to Deer Springs Road. We make a left and ride past the Doe Canyon Trailhead; we will come back down this trail. This is a two-track with some rocky spots. There are a few mud holes where Deer Springs drips into the ponds below. Just past the springs, the Pole Canyon Trail is on the right. The trail quickly turns into a narrow path that weaves through



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dense oak brush. Squirrels chirp and mule deer bound in front of us as we work our way through the oak stands. We climb up the canyon higher and higher until the aspens appear. We love the drastic change in temperature and the smells of an aspen forest.

After about two miles, there are some old water troughs with raspberry bushes growing all over them. If we were to go straight, the trail leads up the slopes of South



Mountain. If you look to the right, you will find the Doe Canyon Trail intersection. The trail is faint here and can be easy missed. We head up the trail (which gets quite steep) taking a few breathers on the way. We negotiate the switchbacks and reach the crest. The trees thin out into a beautiful open meadow. Watch for small rock piles to guide you through the meadow. We stop here for lunch. The view is quite panoramic! We cook, eat, relax, and look over the south side of Sierra La Sal. Below us we see Coyote Flats, Dry Valley, the Canyonlands Needles District, and the Abajo Mountains.

After lunch we re-pack and mount up. We ride through the small gate in the lay-down fence and into the heavy pine trees. As we drop down into Doe Canyon, we find ourselves in melting snowdrifts and



wet leaves. We head down slowly, for the trail is a singletrack with a steep drop on the left side. Our experienced, surefooted saddle horses push through the snow and wait patiently as we saw through last year's deadfall that blocks the trail. We are early in the year, and the trail needs a bit of work.

The trail is quite steep and our saddles are all slipping forward a bit. The Mustang packhorse is less than happy with the situation. The pack saddle brithcing becomes tight (doing what brithcing was designed to do),

and the rouge decides to go bronc on us! The young guy goes into a bucking fit, hitting a dead tree and knocking it loose. The tree proceeds to glance off his neck, roll down his back, and finally slide off his butt. This was a good six-inch-thick quaky log! All things considered, he takes it rather calmly, actually better than I did! Fortunately nobody is hurt, and we go on our way. This is the first dead tree I've seen fall on a horse. Typically we tend to avoid them or cut them out so the horses can get through.

The snow and dead fall thin out and we find ourselves back in the oak groves and Deer Springs Road. It was about a seven-mile loop and took about four hours with a lunch stop. A good ride for a Sunday afternoon and a bit of excitement!

*Naomi Wilson and Steve Schultz have lived in the La Sal /Moab area for 22 years and have been together for over eight years. They are horse enthusiasts and longtime members of the Canyonlands Backcountry Horsemen and Trail Mix.*

**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).



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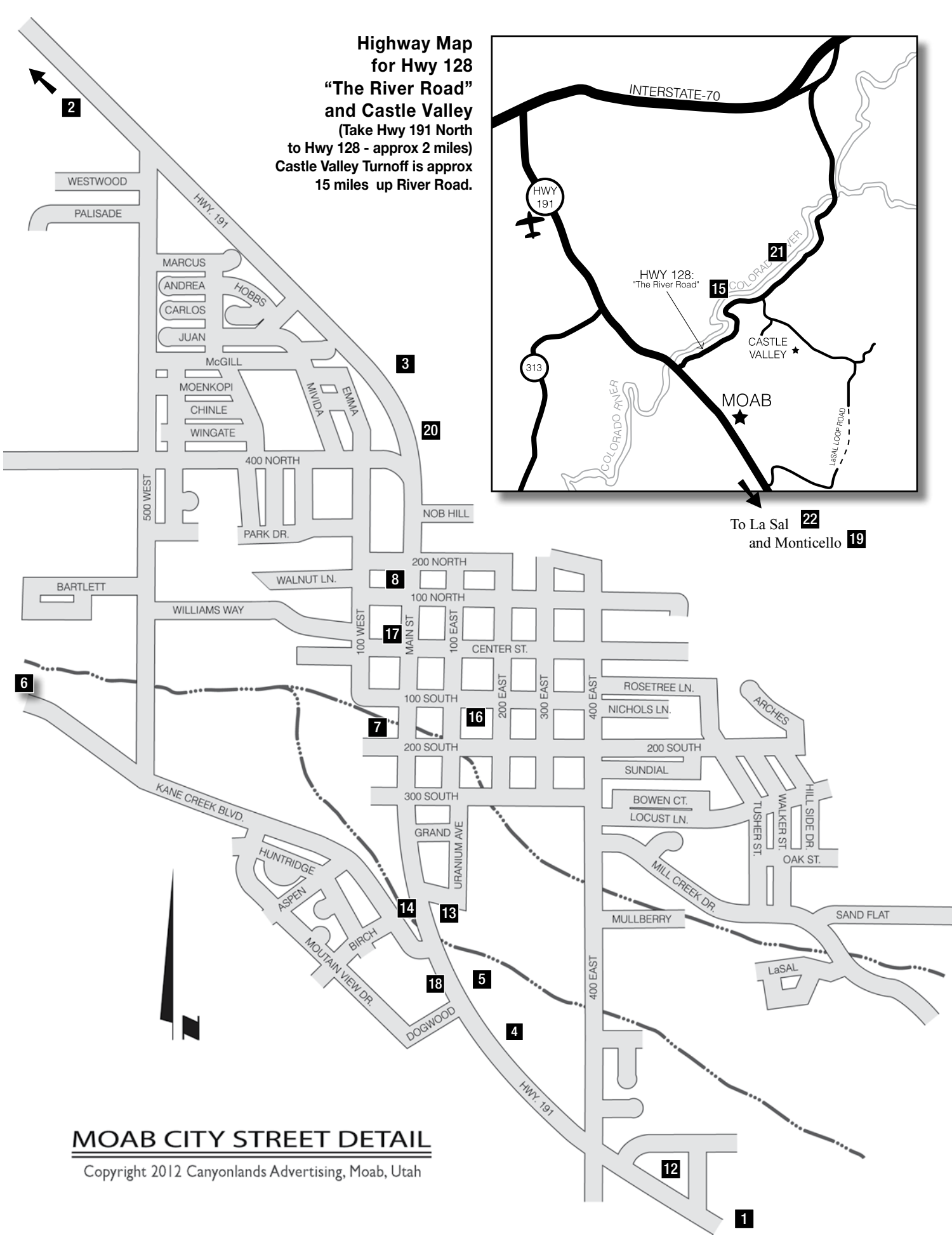
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**21**

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**15**

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# SHOPPING GUIDE



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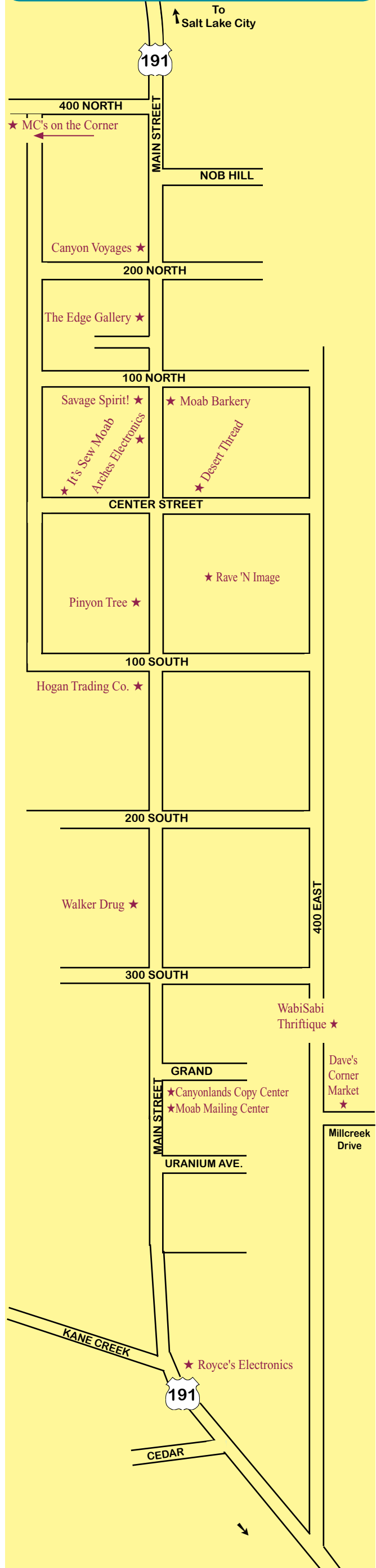
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## SHOPPING GUIDE MAP



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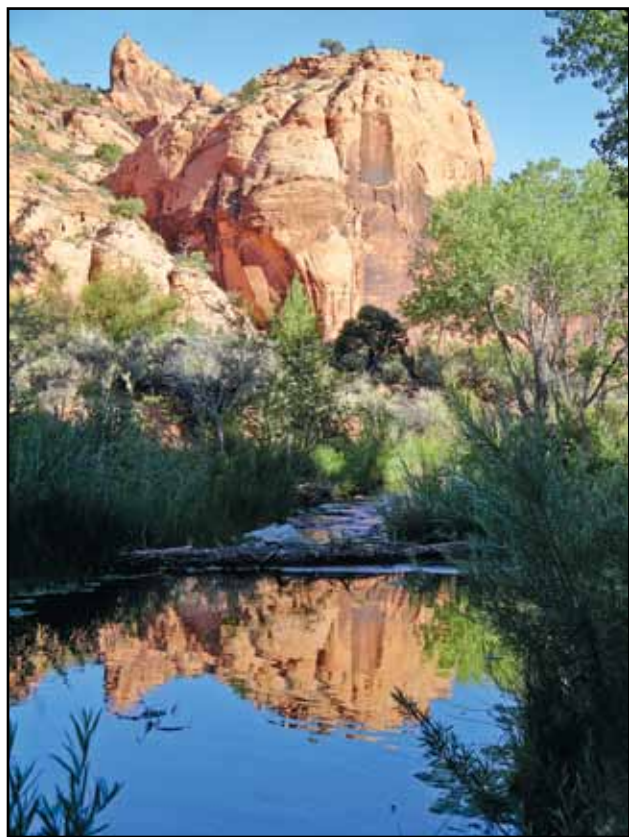
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# AROUND MOAB

## It's About Time

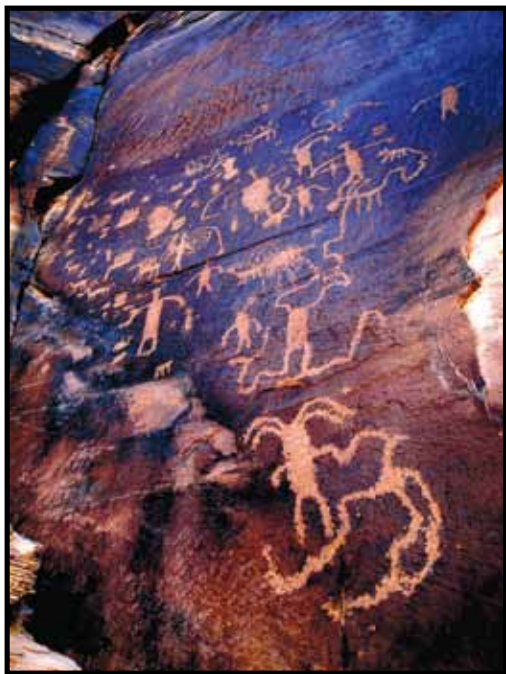
"Clocks slay time. Time is dead as long as it is being clicked off by little wheels; only when the clock stops does time come to life." - William Faulkner.



I'm late. Its only 6:00am, but I'm late. I have no appointment, no one is waiting, no need to report to work. I'm in a race, a race I can't possibly win - against the sun, against the heat. Time is of the essence.

Its June - the longest days of the year, the hottest of the season, and the lower slopes of the La Sal mountains above Moab are already sweltering as I roll up to the edge of the canyon. I should have been here an hour ago - this time of year it is only possible to hike in the relative coolness of early morning.

Below, a ribbon of green traces the bottom of a narrow canyon between impossibly high sandstone walls. The murmur of flowing water floats upward on the still air. The sun stings my face and a swarm of annoying gnats strafe me relentlessly, eager to claim a share of the moisture already coating my skin.



My pack feels like a boat anchor with so much water aboard as I merge onto a deer trail tacking down a barren slope. In less than an hour I've left the insects behind and find myself under giant cottonwood trees along the sandy bank of the creek that gives life to this garden in the desert. Cool air from the previous night still lurks, wrapped in a blanket of foliage. The ancient stream, fed by the mountains above, wanders through a brilliant green canopy, adding movement and sound to an otherwise motionless and silent setting. In this primitive place the clock seems to stop.



I gulp a pint of water and start following a game trail along the foot of the east canyon wall. Covering no more than a hundred yards I catch a glimpse of something that doesn't belong here, something that shouts "man made" on the wall just above. A quick scramble up the loose slope yields a fantastic sight - a rambling panel of rock art stretches across the varnished sandstone.

A roll call of local ancient native cultures are represented here. All have left their mark and preserved their tale in the most enduring of print media - solid rock. Images depicting successful hunts, brave warriors, celestial events, dreams, visions, maps, portraits and odd geometric patterns abound. The most recent are considered old by modern standards, the eldest predate Egyptian civilization by nearly four thousand years. Standing before them time itself seems to come to life.

A glance across the canyon reveals the sun is catching up, igniting the west canyon wall and scorching the tops of the largest cottonwoods along the creek. I set off downstream and cover no more than fifty yards when another panel appears. I burn a half hour taking photos, thinking this panel will be the last I encounter today. Satisfied with my bounty and with time to spare I continue wandering slowly along the cliffs only to discover a site hosting three panels not one hundred yards further on. I can hardly believe my luck. As the morning progresses I discover a total of nine panels residing within a half mile stretch of the canyon bottom. Nowhere in my wanderings around southeast Utah have I encountered such a dense and abundant collection of rock art, none as diverse and bizarre in subject matter as this "Great Gallery of Moab".

With the sun beating down and my camera memory topped off I reluctantly cut off my exploration, conceding this day to the clock. Now its time to climb, to sweat, to leave this isolated swath of paradise behind. As I pick my way across the creek another thought occurs - perhaps I can

win this race after all, perhaps I can wait the sun out. Along the banks of the stream an inviting nest appears made of sand and soft green grass under a mature cottonwood. I shuck my pack and settle down in the shade and before long I drift off, dreaming of times past.

If you would like to experience a Moab backcountry adventure call or visit [www.moabguideservices.com](http://www.moabguideservices.com) for more information. (435) 210-1495

By Doug Tree

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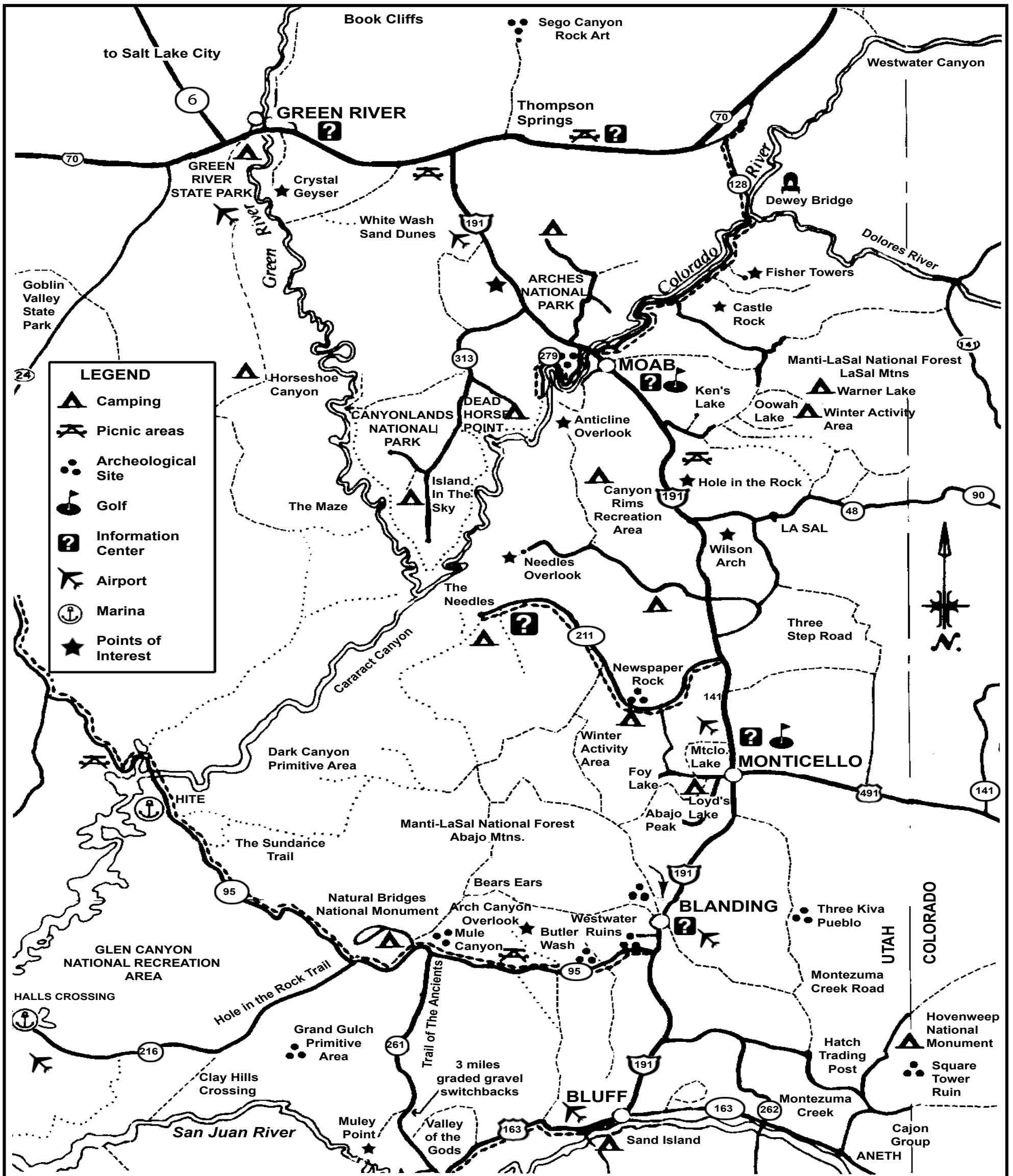
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Hosted by Montezuma Land Conservancy

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 Parque de Vida, Cortez, CO  
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Music: Jack 10 High & Katya Chorover  
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# MOAB MUSIC FESTIVAL

## 20 years of Music in Concert

The Moab Music Festival celebrates twenty years of music in concert with the landscape, twenty years of “sandstone walls for acoustics, willows for privacy and river sand for a stage” (*Sunset Magazine*), two decades of what makes this Festival “stand out from many of its competitors....once-in-a-lifetime” is a good way to describe it.” (*Chamber Music Magazine*) As *Denver Magazine* 5280 wrote, “Although I don’t know Tchaikovsky from Brahms, the beauty of this festival is that I don’t have to. It’s about what you feel when the music starts, not about what you know. The combination of music - whether it’s chamber music or jazz ensemble - set against the canyonlands background is, in a word, stirring.”

The three Grotto Concerts, the Festival’s signature event, are on Thursday, August 30, Thursday, September 6, and Monday, September 10. Board the jet boat at noon, feel the sun and Colorado River spray on your face as the boat follows the undulant canyons, disembark 45 minutes later to follow a short path to nature’s own concert hall. Take your seat--in one of the canvas-backed chairs in the grotto sand, or perched on a redrock ledge--for chamber music in this most extraordinary “chamber,” featuring the piano which arrived hours earlier by the same jet boat!

Evenings of the first weekend include Festival Opening Night on Friday, August 31, 7:00 pm Star Hall hosts, a concert spilling over with stringed beauty and an awesome French horn. At 6:00 pm Saturday evening, the Festival tent, pitched on the shore of the Colorado River at Red Cliffs Adventure Lodge, welcomes a delightfully eclectic sunset chamber music concert, and in honor of this 20th anniversary, the festival revisits Utah composer

Gerald Elias’ *Conversations With Essie*, commissioned for the 10th anniversary. The narrated work looks back at life on the Colorado River in the 1920’s, drawing from the reminiscences of Moab pioneer Essie White. The folksy style of its four movements reflect the alternating poignancy and humor of Essie’s narrative. On Sunday at 6:00 pm, the Festival tent at Red Cliffs presents genre-bending banjo player Bela Fleck and the jazz wizards of the Marcus Roberts Trio, a marvelous melding of musical traditions.

Labor Day is a time-honored tradition in the US, but the FREE Rocky Mountain Power Family Picnic Concert on Monday, September 3 at 2:00 pm is strictly Moab! Enjoy Vieuxtemps’ *Souvenir d’Amerique*, variations burlesques sur *Yankee Doodle*, solos and improvisations by Christopher Layer, and a repeat performance of Gerald Elias’ *Conversations with Essie*.

The Pavilion at Sorrel River Ranch Resort & Spa perched on the shore of the Colorado River welcomes the Festival on Friday, September 7 at 6:00 pm with a chamber music program rich in variety and again on Saturday the 8th

at 6:00 pm, with *America: Three Generations*, featuring American music to make you swoon, swing, and swell with pride in the artistry of the U.S.

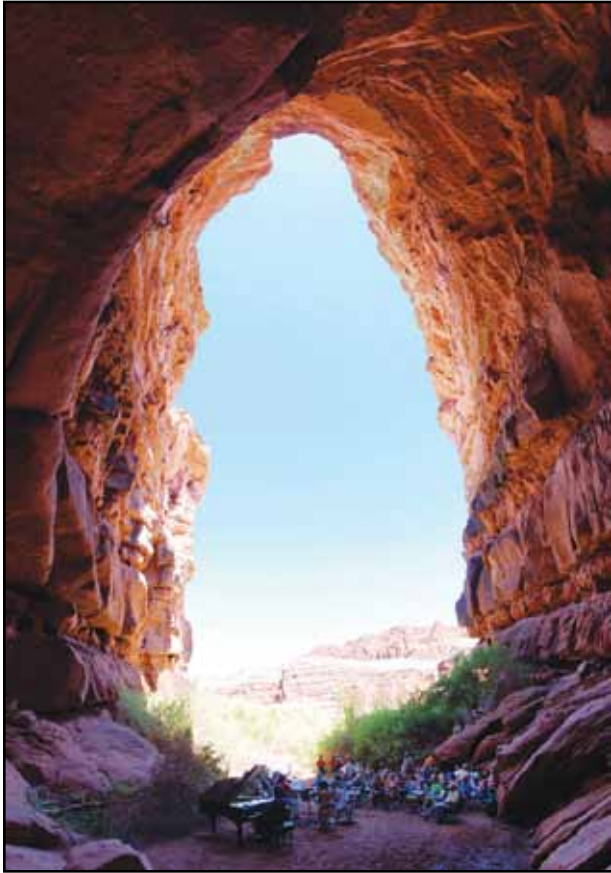
Festival Closing Night concert, Leonard Bernstein: From the Theater to the Concert Hall (Sunday September 9th, 7:00 pm in Star Hall) features a panoply of the American master’s works. Crowning the evening is the chamber orchestra version of Bernstein’s one act opera *Trouble in Tahiti*, directed by his daughter Jamie, and adapted by Garth Sunderland, who described the work as “showing Bernstein at his most biting ironic, and yet, at the same time, [his] most personal and sincere.” Singing

the lead role of Dinah is Grammy Award-winning Sasha Cooke, the mezzo-soprano who is quickly becoming a “musical star,” with voice that is “a rich, full-bodied delight.” (*Buffalo News*). Sasha’s husband, in the opera and real life, is baritone Kelly Markgraf, whose voice the *New York Times* calls “heart-stirring.” The cast also includes a trio of young vocalists from the University of Utah.

Small, intimate events around this year--two open rehearsals, two musical walks, Paul Hersh’s Piano Talk, and the Ranch Concert. Please see [www.moabmusicfest.org](http://www.moabmusicfest.org) for details.

The 2012 Festival Musical Raft Trip, a 4 day, 3-night Colorado River adventure, features three additional intimate concerts in unforgettable river settings, and a local naturalist who leads short, scenic hikes and provides insight into the history and geology of Canyon Country. Departing from the third Grotto concert, the Raft Trip continues down the Colorado through pristine wilderness canyons under the late summer blue sky. A thrilling run through the whitewater rapids of Cataract Canyon and a scenic flight back to Moab from Hite Marina on Lake Powell conclude this once-in-a-lifetime experience.

For more information about the Festival or to purchase tickets, please visit [www.moabmusicfest.org](http://www.moabmusicfest.org) or telephone the Box Office at (435) 259-7003. You may also visit the Festival Office at 58 East 300 South, Moab, UT 84532.



M · O · A · B  
MUSIC  
FESTIVAL

August 29 - September 10



## 20th Anniversary Celebration Highlights:

Thurs, Aug. 30 & Sept. 6

**Grotto Concert**

*Cruise down the Colorado River by jetboat to "Nature's own concert hall" and enjoy the music of Berg, Brahms and Schubert.*

Sun, Sept. 2 & 9

**Music Hikes**

*Hike through the picturesque red-rock landscape and enjoy a concert featuring world-class musicians in a natural landscape.*

Sun, Sept. 2

**Bela Fleck & the Marcus Roberts Trio**

Sun, Sept. 9

**The Music of Leonard Bernstein**  
*Chamber works, songs, including the Opera "Trouble in Tahiti"*

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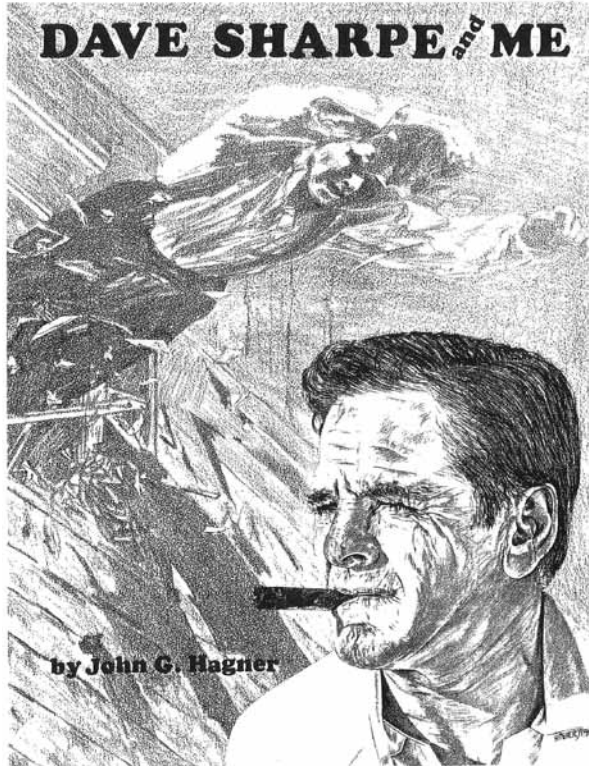
# MOVIE HAPPENINGS

## Movies Made in Moab

This is the 3rd in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmen's Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

**SIEGE AT RED RIVER (1954)**, starring Van Johnson, Joanne Dru and Richard Boone, filmed in Moab at these locations: Castle Valley, Colorado River and Professor Valley. Rudolph Mate' was Director.

Story: As a Confederate officer, Van Johnson appropriates a shipment of gatling guns from Northern troops in the last days of the Civil War. Johnson, posing as a medicine show owner, smuggles the guns through enemy lines in his wagon.



Richard Boone, as a Renegade rebel steals the guns and sells them to the Indians. Johnson surrenders to Union troops and goes after Boone with Yankee reinforcements before the Indians get their hands on the weapons, when Boone is killed, a Northern nurse (Joanne Dru) pleads for the Yankees to go easy on Johnson, who is allowed to escape, but not before he promises to marry the nurse when the war is over.

In this exciting movie, some of the leading stuntmen added exceptional action ... Dave Sharpe and John Daheim doubled for actor John Cliff (Sgt. Jenkins). Other stunt greats were Charles Horvath, and Al Wyatt, Sr.

Van Johnson wasn't the first choice to play the lead. Dale Robertson was originally cast to play the Captain. Even Tyrone Power, one of 20th Century-Fox's leading actors was set to star. "Siege at Red River" is one of many movies of the West that was filmed in Moab and surrounding areas and one that is difficult to find on video or DVD.

Dave Sharpe, a stuntman who goes back to the early Silent era was one of the original 'Our Gang' comedy stars, who, as a youngster doubled in stunts for some of the young kids. He later went on to be the star of "The Boy Friends" for Hal Roach Studios and it was in the 1938 serial at Republic Studios that he was one of the lead actors who starred in "Daredevils of the Red Circle", along with Herman Brix (Bruce Bennett), and Charles Quigley, that he decided to get into stunt work. His stunt double was Jimmy Fawcett and when Davey found out how much the studio was paying him to double Sharpe, that changed his mind and he went on to become



one of the best, if not the best stuntmen ever, up there with such legends as Yakima Canutt, Duke Green, Tom Steele, Cliff Lyons, Ken Terrell and many others.

The Hollywood Stuntmen's Hall of Fame has recently moved all of its memorabilia back to Moab, where it is looking for a building to move into and open up its doors to the visiting public. Anyone interested in learning more about the Hall of Fame may contact John Hagner at 435.260-2160, or writing in at johnhagner@hotmail.com. The Hall of Fame website is: www.stuntmen.org. On Facebook, look up Falling For Stars, then Artist of the Stars, then Stunt Stars and Legends.

### SMOKE SIGNAL - 1954

A Universal-International film made in Moab, Utah, starring Dana Andrews, Piper Laurie and Rex Reason (Bart Roberts), with stunts provided by Dave Sharpe and Chuck Couch. Dave doubling for Dana Andrews and Chuck for Rex Reason. A spectacular fight by the waters edge of the Colorado River. Other locations were: Big Bend of the Colorado River, Professor Valley, Ida Gulch and the San Juan River, near Mexican Hat.

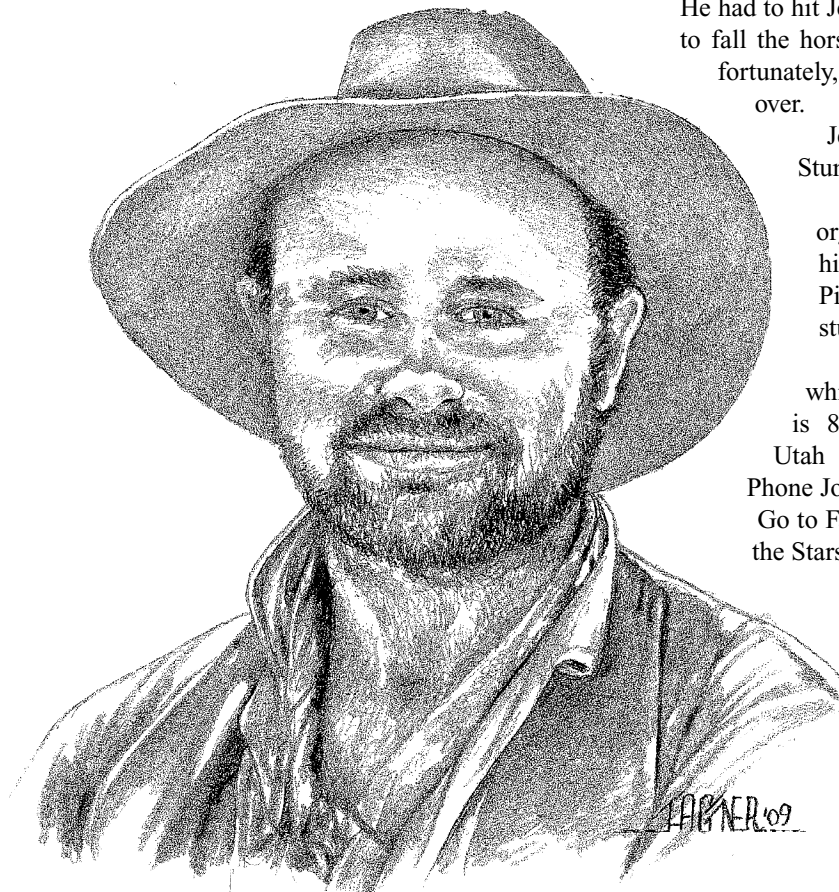
Story: A title card says that "Smoke Signal" was filmed in the Colorado Grand Canyon, where it is known as one of the most dangerous rivers in the world, when actually, it was shot in the Moab area. The role of Brett Halliday was portrayed by Dana Andrews. The producers had hoped to get Charlton Heston.

The cavalry patrol, returns to the fort to find it taken over by the Ute Indians, apparently the reason was that Army traitor Brett Halliday is recaptured.

There were many scenes of the Colorado River rapids causing hazards for the men and boats. A lot of the scenes showing the principal actors in boats riding the rapids, were done by 'blue screen' process, whereas, they are in the boats on a sound stage at Universal Studios, and the background is superimposed to represent them in these precarious scenes.

All art work is by John Hagner, Founder of the Hollywood Stuntmen's Hall of Fame, which recently returned all of its memorabilia from storage in Vancouver, Washington to Moab where it is safely stored, while funding is being pursued to reopen to the visiting public. Anyone wishing to make a tax-deductible donation to the Hall of Fame may do so, by sending check or money order to Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532 (Building Fund). For more information, contact Mr. Hagner at 435 260-2160. Website is: www.stuntmen.org. On Facebook, look up Falling For Stars, then Artist of the Stars, then Stunt Stars and Legends. Stunt Stars and legends is another featured article by John Hagner, in Moab Happenings that comes out every month.

John Hagner features personal accounts and remembrances with some of Hollywood's Stars and Stunt performers. He is the "Artist of the Stars" and has done portrait drawings of more than 850 Personalities and claims to have drawn more portraits of John Wayne (55 to date).



Jerry Gatlin as drawn by John Hagner

## STUNT STARS AND LEGENDS: Jerry Gatlin

Articles and drawings by John Hagner

Jerry was a professional rodeo cowboy prior to getting into movie work. His father suggested that he come down to Tucson, since rodeo was over in October ... the last one finishing in Albuquerque, and at the time, he was living in Colorado. Since Jerry hadn't seen his father in several years, he agreed.

Jerry worked as a local extra and stand-in on "The Lone Ranger and the Lost City of Gold", the last 'Lone Ranger' film that Clayton Moore. (an Honorary Inductee in the Hollywood Stuntmen's Hall of Fame).

Another film, "Gunman's Walk", starring Van Heflin and Tab Hunter.

Jerry tried to get on as a wrangler but was hired as a stand-in and photo double for a couple of actors. There were some bucking horses to be ridden in the movie and Jerry rode one of them, since that is what he did for a living. It all worked out well.

The director helped Jerry get his Screen Actors Guild card.

It wasn't long before Jerry met and became friends with Henry Wills and Chuck Hayward ... both honored inductees in the Hall of Fame.

Stuntman/coordinator Bill Hickman, who did the chase sequences in "BULLITT", was Jerry's teacher in some car maneuvers. His first big feature was "The Magnificent Seven", starring Steve McQueen, Yul Brynner, Charles Bronson and Robert Vaughn. Jerry doubled then as well as Horst Buchholz and Eli Wallach. He went on from there to a successful career as a stuntman, then to acting, and to coordinating jobs as second unit assignments.

In Moab, stunt members like Jack Williams worked in "The Comancheros" as Indians. Cliff Lyons was the 2nd unit director.

In "Donovan's Reef", Jerry performed his first fight scene. Lyons did a lot of second unit for director John Ford.

Around the time Hal Needham, one of the greatest all-around stuntmen, coordinator and director of action movies tried a trend on 'action pictures', especially on Wayne films.

Stuntman Jim Burk, an honored inductee and fantastic stuntman in many Wayne films in the movie, "The War Wagon", could be spotted in at least three different character roles. He was prominent in the terrific barroom brawl ... Jerry also played a part in it.

Henry Wills gave Jerry a big start on "The Magnificent Seven. The picture was filmed in Old Tucson.

On "The Sons of Katie Elder", Jerry doubled Earl Holiman when the boys jump from the buckboard into the water. One of the more difficult stunts he did was, doubling Patrick Wayne in, "McLintock"! It was when he is in a tug-o-war at the picnic and falls off the horse. He trips the saddle and goes out in the saddle. It was Chuck Hayward's falling horse, Iodine. Jerry felled the horse many times, but this time he turned the horse over. Chuck Roberson was on the other end of the rope; his timing had to be perfect. He had to hit Jerry when the horse began to fall. Jerry had to fall the horse and stay with him, trip the saddle, and, fortunately, he was able to roll the horse completely over.

Jerry is an honored inductee in the Hollywood Stuntmen's Hall of Fame.

The Hall of Fame is a non-profit organization dedicated to preserving the history of the stunt profession of Motion Pictures and Television and to honoring stuntmen all over the world.

The Hall of Fame welcomes donations which are tax-deductible. Mailing address is 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. Website: www.stuntmen.orci. Phone John Hagner (Founder) at 435 260-2160.

Go to Facebook ... Falling For Stars. Then Artist of the Stars. Then Stunt Stars and Legends.

John Hagner (Founder) is also the Artist of the Stars. His Celebrity Portrait Drawings are available at OK Tours, telephone 435-259-7000, Mailing address: 50 W. 400 N, Moab, Utah 84532.

Say you saw this article in Moab Happenings.

# NON-PROFIT HAPPENINGS

## 2nd Annual Navajo Rug Auction, September 8<sup>th</sup>

Coming in September! Moab's 2nd Annual Navajo Rug Auction

Imagine that you are enjoying a beautiful fall Saturday surrounded by hand-woven Navajo rugs of every color, pattern and size. You feel the fine wool of the weavings, marvel at the intricate designs: Ganado Red, Two Grey Hills, Burntwater.... You learn about the history of Navajo weaving and talk to the weavers about their art. You gaze out the window now and then at the wild Colorado River, enjoy a tasty Navajo taco and even a glass of wine. Then, you realize you aren't dreaming – you're at CNHA's 2nd Annual Navajo Rug Auction!

On Saturday, September 8th, over 200 Navajo rugs will be presented for auction at Canyonlands by Night, 1861 N. Highway 191, just north of the Colorado River Bridge. Canyonlands Natural History Association (CNHA) presents this one-of-a-kind event in Moab to promote cultural awareness and appreciation of Native American arts.

For those who want to learn about rugs they already own, appraisals will be held from 9 am to noon for a charge of \$10 per rug. Auction goers can preview the offerings



and ask questions about individual items from 10 am until noon. The auction starts at 1 pm and lasts until all the items have been presented. Weaving demonstrations and cultural interpretation will also be part of the event. Proceeds will benefit the Navajo weavers and scientific research on public lands of the Colorado Plateau.

The auctioneers, R.B. Burnham & Company, have been trading with the native people of the Four Corners area for five generations. The Burnhams are noted for their encouragement of innovation and quality in Navajo textiles. Bruce Burnham and his crew have an encyclopedic



knowledge of Navajo weaving history, materials and techniques, as well as an intimate understanding of the artists and their culture. They will be happy to answer any questions that you may have.

While you are in town for the auction, you can also enjoy the Moab Music Festival, an award-winning annual event which offers concerts by world-class musicians in stunning red rock venues around Moab each September.

Canyonlands Natural History Association is a non-profit that has supported the parks and public lands of southeastern Utah for forty five years. CNHA's funding comes from memberships, donations, and sales from our retail outlets in Arches and Canyonlands National Parks, Hovenweep and Natural Bridges National Monuments, as well as the Moab Information Center (MIC) and federal agency outlets.

Join us and discover the beauty and artistry of Navajo weaving at Moab's 2nd Annual Navajo Rug Auction! Saturday, September 8th, at Canyonlands by Night, 1861 N. Highway 191, Moab, Utah. Appraisals are from 9 am-noon (\$10 per rug); Preview items from 10 am-noon; Auction begins at 1 pm. For more information, call CNHA at 1-800-840-8978 x 10.



CNHA's 2nd Annual

## Navajo Rug Auction

**Sat., Sept. 8, 2012**  
 1861 N. Highway 191, Moab  
 (at Canyonlands by Night)

**Appraisals 9am - Noon**  
**Preview 10am - Noon**  
**Auction 1pm**

Canyonlands Natural History Association  
 (800) 840-8961 x 10

# MOAB CLUBS & ORGANIZATIONS

**For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.**

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alanon .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches Adult Education (Trish Hedin).....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom).....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Film Society (Becky Thomas).....	259-2286	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Rock Club (Jerry Hansen).....	259-3393
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Roller Derby (Jessica O'Leary).....	575-635-3898
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance).....	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson).....	259-0906	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Teen Center-Club Red .....	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends of Canyonlands Health Care (Tom Edwards) .....	260-1504	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of the Grand County Library (Adrea Lund) .....	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon) .....	259-1633	Red Rock Forests .....	259-5640
Grand County 4-H (Marion Holyoak) .....	259-7558	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Food Bank .....	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse .....	260-1039	Senior Center (Verleen Striblen).....	259-6623
Humane Society of Moab Valley .....	Animal Services 259-4862	Sierra Club (Albey Reiner).....	260-8708
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
La Leche League (Kathy Grossman).....	hkkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas) .....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International.....	259-5767
Moab Arts Council (Bruce Hucko) .....	259-4176	Trail Mix Committee (Sandy Freethy).....	259-0253
Moab Arts Festival (Theresa King).....	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Arts & Recreation Center .....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	Young Life Moab .....	260-0285
Moab City Recreation (John Geiger) .....	259-2255	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org ... 259-3313
Moab Community Dance Band (Miriam Graham).....	259-8311	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Jen Sadoff) .....	259-BEAN (2326)
Moab Country Club (Rob Jones).....	259-6488		

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# PET HAPPENINGS

## Not your typical working dog

When you think of working dogs, you think of Border Collies, German Shepherds and sporting breeds but all breeds have a job that they were bred specifically for, even the little guys. There are two Pugs that have been doing their job for many years now, Buzz and Brutus at Desert West office Supply. Business owners, Lorrie and Cary Lange are dedicated Pug people and have been in the company of the breed since childhood. When they decided on Buzz as a young puppy their intention all along was to have this little guy working right along side them. Pugs should be a good match for shop work, according to the American Kennel Club; this is an even-tempered breed, exhibiting stability,



playfulness, great charm, dignity, and an outgoing, loving disposition. Who wouldn't want a dog like these dogs to greet them? There have been many years and treats for these two working Pugs, and here is what their experience has been so far.

Buzz who is now 10, has the ideal personality for being a shop dog. He is sweet, social, and loves attention from all ages. Although he is a very typical pug personality, he's not so typical for the breed size. Buzz is large for a pug, but a leggy and lovely gentle man. Most pugs should resemble a box in shape and stature, Buzz is the taller super model version. He prefers your devoted attention and will ask for it with those soft brown eyes too! Buzz did well adapting to being at work as he had the advantage of starting as a puppy, and has the cool, laid back attitude to go with all that experience. He does however have some food issues.

Like many dogs Buzz is allergic to grain. When he would eat food with cheap fillers in it like corn, wheat and soy his immune system would react causing a wide range of skin and digestive issues. Owner Lorrie talked about how many drugs and "prescription foods" did little to relieve his problems. After doing her own research she discovered that if she fed him a food without cheap grains he did much better. Like many owners, she was relieved to find that better foods can make all the difference to their pets. Buzz now eats grain-free dog food and treats to ensure he keeps his immune system in good shape so he doesn't miss any of his days at work. Even though he's still a working dog into his golden years, he's taking some time off and staying at home to watch over those incredible Moab sunsets

Brutus came to the Lange's a few years after Buzz when they got a call from the shelter about a Pug that needed a foster home. Brutus was found near Ken's Lake and had been adopted and returned a few times. He had

more problems than most people wanted to handle and he needed a gentle and understanding home. Since the Lange's spoke fluent Pug it seemed a good match. Brutus came from obvious abuse, not knowing how to play, and was very scared of even simple things like the stairs. Potty training had been his biggest issue and can be a common problem for Pugs. Often when dogs suffer abuse, potty training can be a life long challenge.

He is shy, reserved and very cautious at first but once he warms up to you is very sweet. It was not a natural match at first for Brutus in the store; he had a hard time with new people, and some major separation anxiety. Even to this day if someone he likes leaves the store, he will whine. It took many years of patience and positive reinforcement for him to be comfortable. Although he is no cool cucumber like his brother, he manages his days well and keeps out of most trouble.

Brutus is also large for a Pug, but not like his brother with those super model legs. Brutus is a chow hound and would be as big as a house if he had his way. There are these big lovers in all breeds and some dogs literally lack the part of their brain that understands when they are full. I suspect Brutus is one of these dogs. I have one she could eat her body weight in treats if left unattended. Lorrie slows down Brutus's eating by putting a big rock in his bowl (the rock gets sanitized in the dishwasher too, what an awesome mom!). He has to eat around it and therefore eats more slowly. Pugs naturally inhale a lot of air when they eat, and that attributes to some serious puppy "fluffers" late at night when you're all trying to watch a movie. By slowing down his eating, he not only digests his food better but it reduces the amount of gas as well!

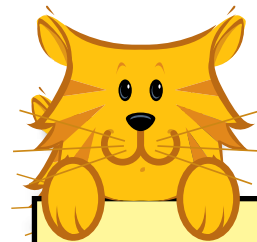
They also do NOT feed him a diet food. Diet dog foods are filled with low quality grains to boost fiber intake and reduce fat intake. This only works for humans, and even then there are better ways. They feed him a high quality, high protein, high fat food with a small portion. This method is much better for maintaining and losing weight. Eating fillers to feel full doesn't help your pet loose weight, portion control does.



MOAB DESERT DOGGIE daycare is now open! Call us today if you need doggie daycare or overnight boarding! 435-259-4841

by Jessica Turquette of the Moab BARKery

The Lange's are dedicated and savvy dog owners, and in turn their sweet dogs have been lived a very happy, healthy and fulfilling life. Although it hasn't always been easy working and living with their pets, they are a great teams and I always appreciate that I will be greeting when I stop by Desert West Office Supply on any Tuesday or Friday.



### Humane Society of Moab Valley

435-259-4862 • www.moabpets.org

AUGUST 2012

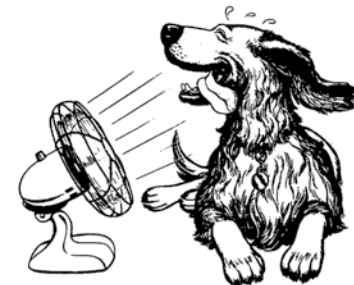
Saturday August 4 - CAT Adoption Day at the Moab BARKery from 11am - 1pm

Saturday August 11 - DOG Adoption Day at City Market from 10am - 12pm

Saturday August 18 - CAT Adoption Day at the Moab BARKery from 11am - 1pm

Saturday August 25 - DOG Adoption Day at City Market from 10am - 12pm

*Don't forget to get your 2012 Humane Society Membership. The membership card offers free items or discounts with 18 different local businesses. To purchase a membership please stop by our office at the City Shelter or visit the website at www.moabpets.org*



### MOAB RECYCLES



BASIC PUPPY/DOG OBEDIENCE Classes. You will learn how to work with your dog. Sit, stay, come, etc... 6 session class. Sunday afternoons. For more information call Judy Powers at 435-260-9553

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# WAHOON!! GUNFIGHTS

# WESTERN SHOW

# CHUCKWAGON DINNERS

LIVE WESTERN MUSIC

## Live Western Show & Cowboy Supper

### MOAB, UTAH

**ADMISSION**

Adults \$27.95 + tax  
 Child age 4-12 \$13.98 + tax  
 Children 3 & under FREE

Ticket price includes  
 Gunfights, Cowboy Supper,  
 Live Western Music Show  
 and tip

**JOIN THE FUN!**

Grounds & Ticket Booth  
 open at 6:30 pm  
 Gunfight Show at 7:00 pm  
 Supper served at  
 7:30 pm Sharp!  
 Music Show follows Supper

CALL AHEAD FOR SCHEDULE  
 OF EVENINGS OPEN OR  
 VISIT WEBSITE BELOW

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 Bar-M Baked Pinto Beans  
 Buttermilk Biscuits  
 Cinnamon Applesauce  
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 Sour Cream, Butter & Honey  
 Barbecue Sauce  
 Cowboy Coffee, Lemonade, Ice Tea  
*Vegetarian Option Available.  
 Please Call Ahead.*

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 and the Music & Comedy of the "Bar M Wranglers".  
 Western Village, Gift Shop, Saloon & Boot Hill Cemetery!

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 7000 North Highway 191, Moab, UT 84532

**OPEN (days shown)**

**AUGUST 2012**

S	M	T	W	T	F	S
•	•	•	1	2	3	4
•	•	•	8	9	10	11
•	•	•	15	16	17	18
19	•	•	•	23	24	25
•	•	•	•	•	•	•

5 miles North of Arches National Park Entrance ~ [www.barmchuckwagon.com](http://www.barmchuckwagon.com)

LIVE WESTERN MUSIC

GUNFIGHTS NIGHTLY

Moab Happenings is online at [moabhappenings.com](http://moabhappenings.com)

<b>KZMU - Moab Community Radio</b>		<b>90.1 &amp; 106.7 FM</b>		P.O. Box 1076 • Moab, Utah 84532    Studio 259-5968 • Office 259-8824 • Fax 259-8763    contact us: <a href="http://www.kzmu.org">www.kzmu.org</a>				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00		<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>			7:00
8:00	Native Spirit	<b>DEMOCRACY NOW</b>					Desert Diva	8:00
9:00		<b>MOAB Morning Blend</b>					Shine Time (Children)	9:00
10:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Blue Plate Special (blues/rock)	Trailer Park Companion / Wayward Wind	10:00
11:00						The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	11:00
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	1-2-3 (funky world soul)	Belagaana Review (fruit and nuts)	Noon
1:00		Radio Mundial Radio MOONDial	Planet Picante (latin)	Bait and Switch	Red Rock 'n Blues	Fire on the Mountain	Tween Time (pre-teen fun)	1:00
2:00	Red Rock Potluck	Ritmo Latino	<b>WORLD MUSIC</b>		MOAB Drive Time	Free Speech Friday Public Access	Big River / Ranch Exit (twang)	2:00
3:00		This Week in Moab (Interviews / Calendar)	Pirates & Poets	Gaelic Circle / MOAB Drive Time				3:00
4:00		<b>DEMOCRACY NOW</b>						4:00
5:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	5:00
6:00		Fashionably Late	<b>MOAB AFTER HOURS</b>		Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	6:00
7:00	Media X	Conscious Party	Suburban Urge					7:00
8:00						Seti TranceMissions	KZMU Overnight	8:00
9:00								9:00
10:00								10:00
11:00								11:00
12:00								12:00

**KEY:**  Talk Shows     Electro, Easy Mix, Jazz     Blue Grass, Country, Folk     Eclectic/World     Rock, Blues     Heavy, Hard