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- ARCHES SUNSET TOUR**
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MOAB HAPPENINGS

Volume 24 Number 2

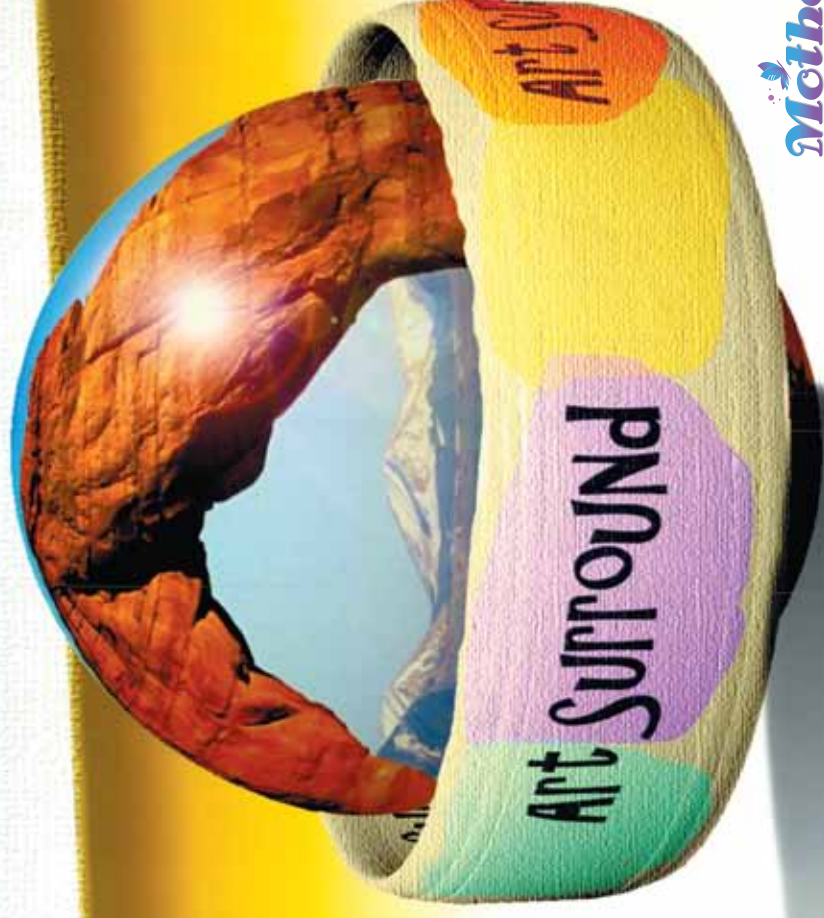
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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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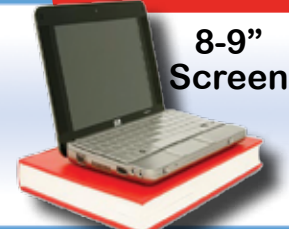
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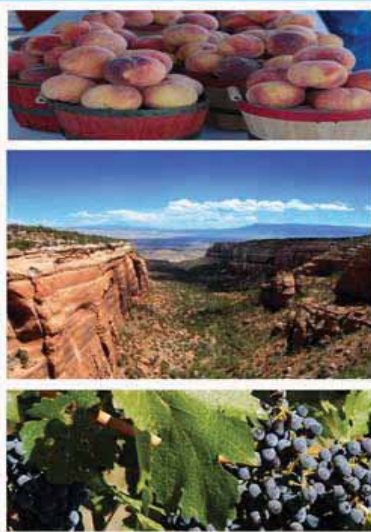
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SCENIC HAPPENINGS

Photographer Jon Fuller featured at the Bighorn Gallery

The Bighorn Gallery at Dead Horse Point State Park will be exhibiting images by Moab photographer Jon Fuller. 'Seasons on the Colorado Plateau' is a collection of photographs on display May 1st through July 1st. A reception with the artist will be held on Friday, May 4th between 7 p.m. and 9 p.m.



Jon Fuller is a nature and travel photographer specializing in landscapes, wildlife and travel photography. He has worked as a freelance stock photographer since 1983 and his first publication credit was a two-page spread in National Geographic Magazine. His work

has been printed in hundreds of publications around the world, including Outdoor Photographer, Ranger Rick, Insight travel guides and the Singapore Times. Many of his images have been used in magazines, books, calendars,

posters, cards and advertising. He has been represented by three stock photography agencies in London, Tokyo and New York. Jon lived outside the United States for nine years on three different continents and continues to travel, photographing in more than 40 countries. He has been photographing the Colorado Plateau since 1975 and never tires of its



beauty, both subtle and spectacular.

Jon and his wife, Paula, have lived in Moab for the past 20 years. He was a founding partner in the Moab Paper

Company, producing fine art ink jet papers for artists and photographers. He currently operates Moab Photo Tours, LLC and conducts private custom photography tours and photography workshops both in the Moab area, southeastern Utah and overseas.



During the exhibit, each image and prints are available for purchase. For more information about the artist, tours and workshops, visit www.moabphototours.com or www.jonfullerphotography.com.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10.

For more information, contact the park at 435-259-2614.

And be sure to mention you read about it in the *Moab Happenings*.



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MOAB AREA EVENTS CALENDAR



Edge of the Cedars State Park Museum

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For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload
Annual Passes are \$75
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May

1-31 Day Tours with Canyonlands Field Institute. Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/Guides. Every weekend mid-April through October. Explore Arches National Park or Colorado River side canyons with rock art, mountain views, and wildflowers. For price and more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our outdoor education programs for schools and youth.

1-6 Rainbow Bridge Hiking Trip. Experience traditional Navajo culture and enjoy the beautiful landscape on this 5 day, 5 night trip hiking with packstock support. Set amid some of the planet's most rugged and spectacular canyon country, Rainbow Natural Bridge is the earth's largest and most beautiful natural bridge. For price and more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our outdoor education programs for schools and youth.

May 1- July 1 "Seasons on the Colorado Plateau". An exhibit of fine art photography by Jon G Fuller will be on display at the Bighorn Gallery at Dead Horse Point State Park Visitors Center. Reception with the artist will be held Friday, May 4th, 7:00 - 9:00 pm. See article on page 8A

3 Live music by deBluzz at the Blu Pig. 7-10 pm.

3-6 Moab Photo Symposium 9th annual gathering of photo enthusiasts who come to hear 8 feature presentations, attend field and technical workshops and share in the joy of photography. Presenters include Elizabeth Carmel, Tom Till, Guy Tal, Bruce Hucko, Jeff Foott, Carolyn Guild and more. Pre-registration is required. For more info visit moabphotosym.com or call 435-259-4176

3 I Once was Lost, but Now am Found?! Reuniting the Decades-Missing Pilling Figurine with his Mate ~ Dr. Pitblado, of Utah State University, associate professor of anthropology, director of the anthropology program and director of the USU Museum of Anthropology. Dr. Pitblado specializes in the earliest human occupations of the Rocky Mountains and she has an active research program aimed at trying to better understand how people used the mountains and adjacent landscapes, 10,000-7,500 years ago. She has expertise in lithic technology and a research focus on geochemical characterization of a variety of materials; including Fremont figurines. 7:00pm at the Moab Information Center (MIC) This lecture is brought to you by Bennett Management Services.

4 Author Roy Webb will be at Back of Beyond Books to introduce and talk about his new book "*Lost Canyons of the Green River*". 7:00pm. for more information call 435-259-5154 or visit www.backofbeyondbooks.com.

4 DJ Manny P at Frankie D's.

4 Live music with Bob Greenspan at the Blu Pig. 7-10 pm.

4 Double Feature at Star Hall. "*Heart & Soil*" and "*Wild Horses in Winds of Change*", two multi-award winning Independent films for the price of one. 7-9:30 pm. Tickets \$10 in advance at Back of Beyond Books, \$11 at the door beginning at 6:30.

4-7 2012 NUT-UP or SHUT-UP Riding Rally
Moab to Monument Valley Motorcycle Rally

4-12 KZMU Radiothon

5 Moab Farmers Market sponsored by the Youth Garden Project. Join local growers, artists, prepared food vendors, and community organizations every Saturday May through October. For information on how to become a vendor visit our website at www.youthgardenproject.org

5 Cinco De Mayo Carnival 6-10 pm at the Moab Valley Multicultural Center. Music, dancing, piñatas, carnival games, authentic mexican food, and a cultural heritage costume contest. All cultural backgrounds encouraged for costume contest with a short description of the culture you are representing. To enter, please contact Marcia Tendick at mtendick@gmail.com or call 435-259-7790.

5 "The Mix" - All request night with DJ Manny P at Frankie D's.

5 Live music by deBluzz at the Blu Pig. 7-10 pm.

5 Farmers' Market, located at Swanny City Park, 100 West and Park Drive, runs every Saturday from 8:00 am until noon.

5 Bridges and Barriers Rock Art Tour. Celebrate Utah Archeology Week and discover the iconic cultural history of Moab on a tour of nearby petroglyphs and pictographs with anthropologist Rebecca Martin. Van-supported tour with short walks. Includes lunch. For more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our outdoor education programs for schools and youth.

5 Moon Shadows in Moab, road cycling event. www.skinnytireevents.com

5 Hike Along the Rim Rock Under a Full Moon. Meet at Dead Horse Point Visitor Center at 9pm for a 1 mile hike on the Intrepid Loop.

2012 Moab Events

- May 5..... Moon Shadows in Moab
- May 12.....Thelma & Louise Half Marathon
- May 12.....Gran Fondo
- May 26-27.....Moab Arts Festival
- May 31 -June 2.....Canyonlands PRCA Rodeo
- June 7-10.....Desert Rocks Music Festival
- Aug. 30-Sept. 10 Moab Music Festival
- Sept. 8.....CNHA Navajo Rug Auction
- Sept. 21-23.....Moab Century Tour
- Sept. 22-23.....Moab Fall Qtr Horse Show
- October 3-7.....Outerbike
- October 6-7.....24 Hours of Moab
- October 5-13.....PleinAir Moab
- October 12-14....Moab Rock and Gem Show
- October 20.....Castle Valley Gourd Festival
- October 21.....The Other Half
- Oct. 25-28.....Moab Ho-Down Bike Fest
- October 28.....Pumpkin Chuckin' Festival
- November 2-4....Moab Folk Festival
- Nov. 3.....Moab Trail Marathon
National Championships
- November 7-11....Moab Senior Games
- November 9-11...Moab River Rendezvous

MOAB Senior Games 2012



November 7-11
Full schedule & details at
www.moabseniorgames.com

COMING SOON to the schedule: 5k Road Race!


National Bike to Work Week

May 14-18, 2012

think ^{AND} RIDE!
outside



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DEADLINE for JUNE Events Calendar: MAY 20, 2012

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

- 5 Electronics & alkaline battery recycling drive.** Canyonlands Community Recycling and WabiSabi are sponsoring this opportunity to recycle old electronics and alkaline batteries responsibly! www.moabrecycles.com/pdfs/CCEEWasteFlyer.pdf for a list of acceptable items plus what to expect to pay or donate for individual items. The collection will take place at the WabiSabi Thriftique (411 Locust Lane) between 9am and 2pm. Questions? Please call 210-4996 or email ccr@moabrecycles.org.
- 5 Household hazardous waste collection.** Dispose of household hazardous waste at a free collection hosted by Grand County Solid Waste Special Service District #1, in cooperation with Bob's Sanitation and Veolia Environmental Services. Accepted items include: gasoline/fuels, antifreeze, solvents/thinners, all-purpose cleaners, pesticides/herbicides, fluorescent light bulbs, paints/stains, motor oil/lubricants, batteries and more! For the full list of accepted items, visit: www.solidwastessd1.com/events.html. The collection will take place 9am-3pm at Bob's Sanitation Transfer Station (2295 S Highway 191). For more information contact the District at: gcswmss@yahoo.com or 259-3867.
- 5-6 Canyonlands Amateur Golf Tournament** Moab Golf Club 435-259-6488
- 5-6 Mountain Bike Skills Camp.** 40% discount to locals for the month of May! Whether you are a new to the sport or a seasoned vet wanting to work on specific skills, take your mountain biking to the next level this weekend with two packed days of instruction. Register by calling 435-260-9554 or go to moabmountainbikeinstruction.com.
- 6 Free Dog Wash** by Daystar Academy from 2-4 pm in the parking lot of Alco. A bake sale, too.
- 7 Women's Wellness Clinic** 8am-1pm Moab Free health Clinic. 435-259-1113. 350 South 400 East
- 8 DJ Manny P** at Frankie D's.
- 9 Mother Earth - "Feminine Symbolism in Moab's Basketmaker Rock Art.** Lecture and slideshow for Mother's Day by Rory Tyler, Star Hall at 7:30pm. see article on page 18A.
- 9-13 8th Annual Ute Mountain/ Mesa Verde Birding Festival.** www.mesaverdecountry.com/tourism/festivals/birding/birdfest.html
- 9 Country music** night at Frankie D's
- 9 Live music by deBluzz** at the Blu Pig. 7-10 pm.
- 9 Annual Volunteer Recognition and Recruitment EXPO.** Grand Center, 5-7 pm. Come see what's going on in Moab and find out how to be an "Essential Piece: of the Community."
- 9 2nd Wednesday Book Group** at the Grand County Public Library at 6pm, Everyone is welcome. Call the Library for more info: 435-259-1111
- 10 Live music by deBluzz** at the Blu Pig. 7-10 pm.
- 10 Cast Iron Pan Pizza class.** 5-7 pm. Join Jon O. as he shares his culinary skills with his take on this old favorite. This free class is sponsored and takes place at Moonflower Market. RSVP at 435-259-5712.
- 10 A Voice in the Wilderness: Edward Abbey.** An independent filmmaker for the past twenty-two years, Eric Temple's biographical documentary, *Edward Abbey: A Voice in the Wilderness*, was shown on PBS and has won numerous prizes. When Abbey died in 1989, at the age of sixty-two, the American West lost one of its most eloquent and passionate advocates. This documentary, part biography, part tribute, is a look back at Abbey's life as remembered by sixteen of his closest friends and family members. Images of the places which Abbey loved and defended so fiercely are woven throughout the program. They include Arches, Canyonlands, Grand Canyon, and the Great Basin National Parks. Rare film clips and interviews with Abbey, combined with over 120 rare and largely unpublished photographs offer an insightful look into the personal life and philosophy of this iconoclastic writer. 7:00pm at the Moab Information Center (MIC). This lecture is brought to you by Canyon Voyages Adventure Company.
- 11 Moab Poets and Writers** open mic night at Rotary Park. 6:30 p.m. This open mic will be a potluck and all are welcome.
- 11 DJ Manny P** at Frankie D's.
- 11 Live music with Bob Greenspan** at the Blu Pig. 7-10 pm.
- 12 Moab Gran Fondo.** See page 4B
- 12 Moab Farmers Market** sponsored by the Youth Garden Project. Join local growers, artists, prepared food vendors, and community organizations every Saturday May through October. For information on how to become a vendor visit our website at www.youthgardenproject.org
- 12 Live music by deBluzz** at the Blu Pig. 7-10 pm.

- 12 Classic Rock with Mid Life Crisis** at Frankie D's.
- 12: CCR Volunteer Opportunity.** CCR is pleased to once again be heading up the Green Team for a Moab Half Marathon race. We'll be at the Bar-M Chuckwagon separating the recycling, trash and compost for the new "Thelma & Louise" Half Marathon on May 12. If you like sorting things, don't mind getting your gloves dirty (we'll provide them!), and enjoy a physical workout with a great group of teammates who like to laugh a lot, please call Rani at CCR at 210-4996, or email rani@moabrecycles.org.
- 12 Mother's Day Pie Sale,** Fundraiser for Young Life camp at Grand County High School. 1:00 to 3:00pm. Buy a pie, send a kid to camp

- 12 Thelma & Louise Half Marathon-** It'll be a wild ride--run with your best friend, your mom, your daughter or new friends through the intense, gorgeous landscape of the outlaw heroines' journey. The inaugural Thelma & Louise Half Marathon will inspire, challenge...and give back. Main beneficiaries will be Girls On The Run, a program to develop confidence and positive self-image in pre-teen girls through running; and Seekhaven Family Crisis Center in Moab, providing services for victims of domestic violence and sexual assault. **State Highway 313 will be closed for this event from 6 to 10 am.**
- 12 Farmers' Market,** located at Swanny City Park, 100 West and Park Drive, runs every Saturday from 8:00 am until noon.
- 12 Abolish "Corporate Personhood" Move To Amend** campaign attorney and organizer, David Cobb is coming to Moab. Join us at 6PM and understand the history behind the 2010 Supreme Court decision of Citizens United v. FEC and how we can work together to abolish "Corporate Personhood" and reestablish a government of, by, and for the people. FREE/Donations
- 13 Early Morning Bird Walk,** Dead Horse Point Visitor Center, 6:30 am
- 13 MOTHERS DAY**
- 14 DJ Manny P** at Frankie D's.
- 14-18 Bike to Work Week,** see ad on page 4a
- 15 A Fierce Green Fire** movie showing at Star Hall at 7:00. Sponsored by the Sierra Club.
- 15 Moab Guide Summit and BBQ.** Splore has invited representatives from a number of local environmental education organizations to come and speak to our volunteers/ staff, as well as anyone else from the community that wants to stop by, about different aspects of the Colorado River canyons. We will have speakers discussing the human history of the area, leave no trace ethics, local wildlife and a lot more. It will be a perfect opportunity to learn more about the rivers we raft on so that you may pass the information on to our clients. This event will be directly followed by our annual guide BBQ in the park. And it's completely free! 10am-4pm, followed by the guide BBQ. In the large meeting room at Zions National Bank. Hosted by Splore, www.splore.org, Lindsay@splore.org, 937-716-7966
- 16 Country music night** at Frankie D's
- 16 Live music by deBluzz** at the Blu Pig. 7-10 pm.
- 16-19 UTV/SXS 3rd annual Rally on the Rocks** www.rallyontherocks.com
- 17 Live music by deBluzz** at the Blu Pig. 7-10 pm.
- 17 WabiSabi Nonprofit Network Free workshop,** "Strategic planning and social enterprise for nonprofits". Lunch will be provided. Please call 435-259-2553 to RSVP. see article on page 7B.
- 18 DJ Manny P** at Frankie D's.
- 18 Live music with Bob Greenspan** at the Blu Pig. 7-10 pm.
- 18-20 Willys Overland Moab Rally .** 3rd annual gathering to celebrate the American classic - Willys Overland Station Wagon and Truck. willysrally.com
- 18, 19, 20 Epsilon Sigma Alpha Utah State Convention** Hosted by Alpha Rho chapter of Epsilon Sigma Alpha (ESA) at the LaQuinta Inn in Moab. Founded in 1929, Epsilon Sigma Alpha (ESA) offers programs and projects to help make a positive difference in the lives of others. Internationally, ESA has created a powerful network of nearly 1000 chapters to excel in community education, service and philanthropy. ESA members across the country announce the celebration of their 40th year of service to St. Jude Children's Hospital in Memphis, Tennessee. Since 1972, when hospital founder

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MAY 31, JUNE 1 & 2, 2012
7:30 pm Nightly
Old Spanish Trail Arena

SAT., JUNE 2ND AT 10 AM
RODEO PARADE

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Zax is proud to offer a full service bar. We have the largest selection of Local Utah Microbrewed Beers in Moab! Also serving locally produced Wine from the Moab Region. Our friendly bartending staff is happy to mix your favorite cocktails while you watch your favorite game on one of our flat screen tvs.

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and MORE MOAB AREA EVENTS

May 2012 continued

Danny Thomas attended an ESA convention, ESA has raised more than \$150 million in cash and pledges for St. Jude Children's Hospital maintaining their position as the third-party organization providing the most support cumulatively to St. Jude. ESA has provided over 60 years of service to our community. Local chapters, Alpha Rho and Delta Chi, support not only St. Jude but Grand County Schools and many local charities and people in need. Both chapters will be holding fund-raisers in celebration of 40 years with St. Jude this year.

- 19 Moab Farmers Market** sponsored by the Youth Garden Project. Join local growers, artists, prepared food vendors, and community organizations every Saturday May through October. Located at Swanny City Park, 100 West and Park Drive, runs every Saturday from 8:00 am until noon. For information on how to become a vendor visit our website at www.youthgardenproject.org
- 19 Solar Eclipse Pinhole Viewer Making.** Moab Farmer's Market at Swanny Park. Join a ranger at the National Park Service booth and learn how to make your own solar eclipse pinhole viewer. To learn more about solar eclipse viewing at other parks, please visit www.nature.nps.gov/features/eclipse/index.cfm
- 19 Ducky Derby Fundraiser** for the American Cancer Society. Race Begins at 10 am at Rotary Park. Buy a duck with a \$5 donation. For more information contact Kathy Randall at 435-260-0085. Sponsored by American Cancer Society's Relay for Life.
- 19 Suffer 'n Send it Dual Stage Bike Race - Dual stage mountain bike race.** First Suffer = Hill Climb Stage, Then Send It = Chainless Downhill Stage! You can participate in one or both. Fun for All! for more info contact Chile Pepper Bike Shop at 435-259-4688.
- 19 Live music by deBluzz** at the Blu Pig. 7-10 pm.
- 19 Contra Dance - Benefit Dance** for a New Harmony Music School Scholarship for Rikky Foster to attend the school. Where: the MARC. \$7 suggested donation. Dance for beginners starts at 7:30pm, actual dance starts at 8:00pm. No partner or experience necessary.
- 19 "The Mix"-All request night with DJ Manny P** at Frankie D's.
- 19 Rocky Mountain Elk Foundation** Canyonlands Chapter Annual Banquet, see article on page 7B.
- 19 Under a Blanket of Stars.** Dead Horse Point State Park Visitor Center at 8:30pm. Bring a flashlight and a chair.
- 19-20 Desert Duster 2 Lady Bestball Golf Tournament.** Moab golf course 435-259-6488.

20 Solar Eclipse Viewing. Arches National Park (Panorama Point) or Canyonlands National Park (Green River Overlook - Island in the Sky District, or Pothole Point - Needles District). Join a ranger from 6pm-9pm to view the eclipse with solar viewers. To learn more about solar eclipse viewing at other parks, please visit www.nature.nps.gov/features/eclipse/index.cfm. see article on page 5B.

20 Solar Eclipse Ranger Talk and Viewing. Natural Bridges National Monument Visitor Center. Join a ranger at 6pm for a special talk. Solar eclipse viewing with a solar scope and solar viewers will take place after the talk until dark. To learn more about solar eclipse viewing at other parks, please visit www.nature.nps.gov/features/eclipse/index.cfm

20-25 goneMOAB. Gathering of Nissan enthusiasts 11th annual event. gonemoab.com

21 DJ Manny P at Frankie D's.

21 Resilience and Revolution on the Colorado Plateau. Wild Rockies Field Institute invites you to explore the ecological and social issues of the Colorado Plateau from the viewpoint of ten university students who adventured around the Four Corners region. Free lecture starts at 7pm at the Moab Information Center. Visit www.cfmoab.org/workshops or call 435-259-7750.

21-25 TINKERshop at WabiSabi Thriftique. Come decorate your bike, tricycle, skateboard, skates, unicycle, scooter, nordic track, wheel barrow, Radio Flyer, or Big Wheel for the Trans*ART*ation parade (Saturday, May 26th at 10 a.m. Tootle over to WabiSabi anytime between Noon and 6 pm Monday - Friday May 21st - 25th to join a gang of decorators. Bring something to decorate and creative ideas. We'll provide most supplies. Sponosred by WabiSabi and the Moab Arts & Recreation Center. (MARC).

22 Wild Rumpus Circus at 6:30 Star Hall. All ages welcome. Sponsored by the Grand County Public Library. Free admission.

23 Country music night at Frankie D's

23 Live music by deBluzz at the Blu Pig. 7-10 pm.

24 It's a Starry, Starry Night. Come support one of Canyonlands Natural History Associations (CNHA) own, Joey Rigdon. Joey is a senior at Grand County High School and is one of CNHA's scholarship recipients. Joey will be here to talk about one of his many hobbies: Astronomy and the dark skies around Moab. 7:00pm at the Moab Information Center (MIC).

24 Live music by deBluzz at the Blu Pig. 7-10 pm.

25 DJ Manny P at Frankie D's.

25 Live music with Bob Greenspan at the Blu Pig. 7-10 pm.

26 Moab Farmers Market sponsored by the Youth Garden Project. Join local growers, artists, prepared food vendors, and community organizations every Saturday May through October. Located at Swanny City Park, 100 West and Park Drive, runs every Saturday from 8:00 am until noon. For information on how to become a vendor visit our website at www.youthgardenproject.org

26-27 Moab Arts Festival - Swanny City Park 10 am to 8 pm Saturday, 10 am to 6 pm Sunday. Free admission. Food, Live Music, Art Vendors and Art for Kids. visit our site at www.moabartsfestival.org more information. see live music schedule on page 1B and ad on page 14B.

26 Trans*ART*ation parade. Artistically modified vehicles of all sorts., imagination is the limit. Come join the fun. Begins at 10 am Center St. Ball field and ends at Swanny City Park.

26 Ride with respect Ride for the Fallen Poker Run 2012- Charity Memorial weekend tailgate BBQ and Poker run to help support families of fallen soldiers. 11 a.m. 10 miles south of Moab on Hwy 191 at the top of Blue Hill behind the Rock (the location will be well marked). Ride will be approximately 30-40 miles with several Poker Run checkpoints. Registration is required for all riders. Register at Moab Power Sports & Rentals or Mad Bro Sports before May 20th. For more info contact KaLeigh Welch @ 775.720.4111 or Tyler Welch @ 775.720.2427.

26 Classic Rock with Mid Life Crisis at Frankie D's.

26 Live music by deBluzz at the Blu Pig. 7-10 pm.

Come one, Wild Rumpus Circus, Come all!

Free admittance for everyone

Tuesday May 22nd
6:30pm at Star Hall

26 Automorphosis at Star Hall 7 pm- Art Car Films by Harrod Blank, free, sponsored by Moab Arts Festival, MARC, Moab to Monument Valley Film Commission

26-June 3 Mesa Verde Country Indian Arts & Culture Festival, see ad on page 12B

28 MEMORIAL DAY

28 DJ Manny P at Frankie D's.

30 Live music by deBluzz at the Blu Pig. 7-10 pm.

30 Country music night at Frankie D's

30 Storyteller & Author Susan Strauss at the Grand County Public Library. 6:30 pm. All ages welcome. Sponsored by the National Park Service.

31 GCHS Graduation

31 Live music by deBluzz at the Blu Pig. 7-10 pm.

31 Free Film Showing at Star Hall. Grand County Public Library and the Utah Film Circuit: Moab present "Urban Roots" 7 pm. This film follows the urban farming phenomenon in decaying inner city Detroit. Urban Roots is a timely, moving and inspiring film that speaks to a nation grappling with collapsed industrial towns and the need to forge a sustainable and prosperous future. The people involved have become emotionally connected and feel rooted in their city once again. The stories they tell are terrific.

31 & June 1-2 PRCARodeo at Old Spanish Trail Arena. Three Nights of Professional Rodeo. Bareback, Bullriding, Steer Wrestling, Team Roping, Rodeo Queens, Clowns and much more. Food, Family Fun and a Carnival. Doors open at 6pm. Grand Entry at 7:30 pm. Tickets available on line www.moabcanyonlandsrodeo.com, see ad on page 16B



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ART WALK HAPPENINGS

Moab Art Walk

Saturday May 12th from 6pm to 9pm

Artwalk organizers and patrons are excited to present another season of quality exhibits, free of charge and open for all to enjoy a taste of Moab's blossoming art scene. The public is invited to visit any or all of these downtown venues between 6 and 9 pm, Saturday, May 12. Artwalkers can view a variety of fine art and handmade crafts; enjoy refreshments and mingle with local and visiting artists. Most exhibits will remain up throughout the month for those who are unable to attend the Saturday night walk.

Moab Arts and Recreation Center (The MARC)

111E 100N
435-259-6272
www.moabmarc.com

Group Show:

The MARC will feature photographs by participants of The 8th Annual Moab Photography Symposium. The symposium gathers nationally recognized photographers to share their work and insights with guests from all over the US. The public will be treated to a wide variety of photographic styles and vision. For more information on the symposium visit www.moabphotosym.com



Back of Beyond Books

83 N. Main St.
435-259-0782
www.backofbeyondbooks.com

Kathy Grossman:

Kathy Grossman paints scenes inspired by the dunes and Arabian Gulf beaches. Her acrylic paintings in vibrant colors became a series of musicians, Parisian café sitters, ancient desert queens, and scenes of the Arab world. She prefers large, bold works.

Savage Spirit!

87 N. Main St.
435-259-2278
www.facebook.com/savagespirit.moab

Leigh Metz:

Moab ceramic artist, Leigh Metz, creates captivating jewelry from porcelain. Always experimenting, she delights in exploring texture, glazes & colors. In addition to her one-of-a-kind wearable art, Leigh also creates garden art and tile tables. Stop by and see Leigh's newest beautiful creations!



Spa Moab

79 N. Main St.
435-259-7726
www.spamoab.com

Jacci Weller and Polly Cullen:

Visit Spa Moab and enjoy art which adorns the walls. We feature local acrylic artist, Jacci Weller and pastel artist Polly Cullen.

Overlook Gallery

83 E. Center St.
435-259-3861
www.moabarts.com

Helen Becker:

At The Overlook Gallery, Helen Becker, a daily pastel painter, will be showing outstanding examples of some of her newest Moab area landscapes filled with rich color and fascinating texture.



Moonflower Market

39E 100N
435-259-5712
Adeline Guay:

In the exhibit "Desert Life; Noticing Dualities", Adeline portrays some of the juxtaposition and interdependence of the many facets of the desert, where harshness and beauty come together to create an unforgettable feeling and personal connection to nature.



Framed Image Fine Art

59 E. Center St.
435-259-4446
www.framedimagemoab.com

Jonathan Frank:

Framed Image presents "Two Worlds of Jonathan Frank". Local favorite, Jonathan Frank, best known for his "high definition" watercolor and ink landscapes has, in recent years, branched into equally successful abstract drip paintings. See the two side by side in this remarkable show.



The Edge Gallery

137 N. Main St.
435-259-5855
www.bretridge.com

Bret Edge:

The Edge Gallery features fine art landscape photography by Bret Edge. Each photograph is presented as a breathtaking canvas wrap or archival plaque mount in an open, contemporary gallery space.



Museum of Moab

118 E. Center St.
435-259-7985
www.moabmuseum.org

Group show: The Museum will exhibit quilts from the Delicate Stitchers Quilt Guild's annual quilt challenge. "Our Feathered Friends", this year's challenge portrays birds in all manner of settings, from artistic to whimsical. Also at the museum: "Design Driven, The Art of the Car" features twenty photographic images of classic cars from museums across the Colorado Plateau taken by Jessica Damstedt.



- 1 MOAB ARTS AND RECREATION CENTER
111 E 100 N
- 2 MOON FLOWER MARKET
39 E 100 N
- 3 THE EDGE GALLERY
137 N Main St
- 4 SAVAGE SPIRIT!
87 N Main St
- 5 BACK OF BEYOND BOOKS
83 N Main St
- 6 Spa Moab
79 N Main St
- 7 FRAMED IMAGE FINE ART GALLERY
59 E Center St
- 8 OVERLOOK GALLERY
83 E Center St
- 9 Museum of Moab
118 E Center St

www.moabartwalk.com

	MAIN	100 E	200 E	300 E	400 E
200 N					
100 N	3	2	1		
CENTER	4 5 6	7 8			
100 S		9			
200 S					
300 S					

COWBOY HAPPENINGS

Head 'em Up and Move 'em Out to the

Bar-M Chuckwagon's Live Western Show & Cowboy Supper

What is the Bar M Chuckwagon? The Bar M Chuckwagon is Moab's own unique western dinner theater. It's a fun, family-oriented, evening activity that is set in an "old west town" just outside Arches National Park. More than a hearty meal, the Bar-M Chuckwagon is great experience for folks of all ages and features a wild-west gunfight, a delicious cowboy supper and a professional western music and comedy show featuring the "Bar-M Wranglers."

Back In the old west, the "chuck" or food wagon was an essential part of any cattle drive. It carried all of the supplies and food the cowboy's would need during their journey. The camp cook (or "cookie") would prepare and serve all of the cowboy's meals from the chuck wagon. After the evening meal, cowboys would sing songs around the campfire to pass the time and calm the cattle for the night. The concept for the modern chuck wagon restaurant

sprung out of these traditions. At the Bar M Chuckwagon you can leave your cares behind, go back in time and re-live the days of the American Cowboy!

Just five miles north of the entrance to Arches National Park on Highway 191, pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." Don't forget to pay your respects at "Boot Hill" along the way. The ticket booth and grounds open at 6:30 PM. Arrive early enough to belly up to the Saloon for a cold one and browse through the Primrose Emporium full of western souvenirs and more.

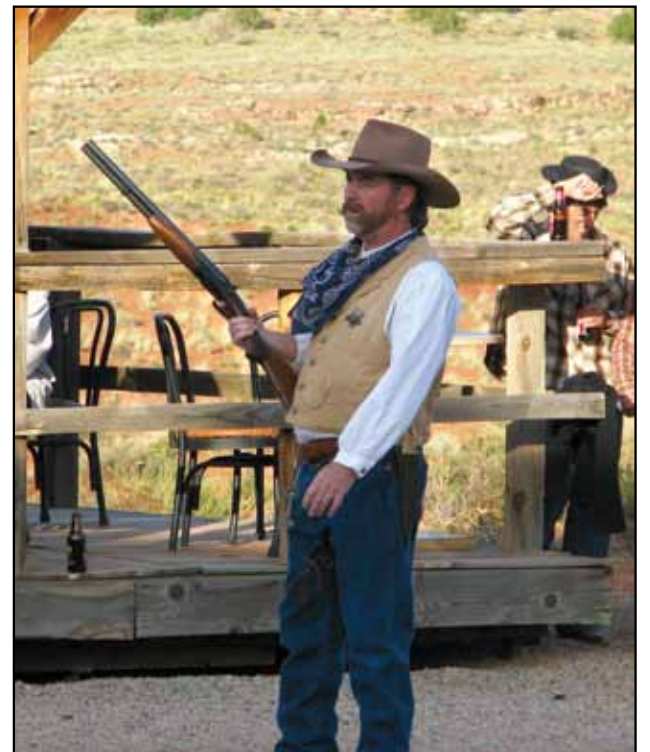
The wild and wacky gunfight begins around 7:00! After the smoke clears, everyone enters the large barn-style dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail-style on metal plates and cups. You get a choice of sliced roast beef in barbecue sauce or barbecue chicken served with baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits, and spice cake. Cowboy coffee, lemonade and iced tea are included. There's seconds as well. A vegetarian option is available with advance notice.

After supper, the "Bar-M Wranglers" take the stage and perform a high-energy, professional western stage show full of fabulous vocals, thrilling instrumentals, ranch-style humor and audience participation. The "Wranglers" are Alan and Valerie Brown, Clay Maxam, and David Steward. They have recorded 2 CD's.

Two members of the "Bar-M Wranglers" are your



Outlaws in a gunfight!



The Sheriff's on the scene!

hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Alan and Valerie both sing, yodel and play several musical instruments. Valerie and Alan met and married in Nashville, Tennessee. Originally from Salt Lake City, Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Alan is a singer/song writer and is also the Camp Cook. Originally from Illinois, he toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab and took over the Bar-M Chuckwagon.



Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judi. Clay shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 25 years. Dave does the vocal arrangements for the group. He has 2 CD's of original music and a CD of classic cowboy songs.

The Bar-M Chuckwagon's season runs April through mid October. Dates open vary with the season, please call for schedule. There is year-round availability for special events. Admission price includes dinner, live western show, games, gunfights, and gratuity: \$27.95 for adults, children four to twelve years old are half price and kids three and under are free. Call 259-BAR-M (2276) for reservations or visit their website at www.barmchuckwagon.com. Call today and Join the Fun!

Tell them you read about the Bar-M in the *Moab Happenings*.





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RESTAURANT GUIDE

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How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State

Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.



The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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Bar M Chuckwagon
 7000 North Highway 191 259-BAR-M(2276)
 Dinner
 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

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 811 S. Main 435-259-3333
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 Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE music Wed - Sat (call for details). Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

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 2971 South Highway 191 259-6275
 Open for dinner nightly 5pm-close.
 Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Brewed Awakenings
 1146B South Hwy 191 435-260-8045

Broken Oar
 53 West 400 North 259-3127
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Buck's Grill House & Vista Lounge
 1394 North Highway 191 259-5201
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Burger King
 606 South Main 259-2700

Cabo Grill
 396 South Main St. 259-6565

Cassano's Italian Restaurant
 11 East 100 North 259-6018
 Lunch • Dinner
 Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

China Cafe
 812 South Main 259-7933

City Market
 425 South Main 259-5181

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 River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Crystal's Cakes & Cones
 26 West Center St. 259-9393

Denny's
 989 North Highway 191 259-8839
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 36 South 100 West 259-0756
 Dinner
 Open Tue - Sun at 5:30 pm - 9:30 pm Closed Mon
 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended

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EklectiCafe
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 Breakfast • Lunch
 Open 7 days a week 7:00 a.m. - 2:30 p.m.
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012.

Fiesta Mexicana
 202 South Main Street 259-4366
 Sun - Thur 11am - 10pm • Fri & Sat 11am - 11pm
 Experience the close-up magic of Rick Boretti
 Thursdays and Fridays 7-9pm
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill
 44 West 200 North 259-2654
 Lunch • Dinner
 Open Daily 12 am Sundays 11am
 Late night kitchen open until 1 am
 Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, 5 flat screen TV's. www.moabfrankieds.com

Jailhouse Cafe
 101 North Main Street 259-3900
 Breakfast
 Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse
 218 North 100 West 435-259-3588
 Open Nightly at 5:00pm Call for reservations
 Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda
 574 North Main 259-6319
 Lunch • Dinner
 Open 11:00 a.m.
CELEBRATING 31 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches
 817 So Main (inside the Moab Chevron) 259-2212
 Deli Open 6 a.m. - 8 p.m.
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

Love Muffin Café
 139 North Main 259-6833

McDonald's
 640 South Main 259-8800

Mi Ranchito y Mexicano
 812 South Main Street, Suite B 259-0550

Miguel's Baja Grill
 51 North Main 259-6546
 Dinner
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

For more information about these restaurants pick up a "Moab

**Milt's Stop & Eat**

400 East and Millcreek Drive 259-7424

Lunch • Dinner

Open Everyday 11am-8pm.

Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's!
www.miltstopandeat.com.

Moab Brewery

686 South Main 259-6333

Lunch & Dinner

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab Coffee Roasters

90 N. Main St. 259-2725

Open Every Day from 6:30am - 9:00pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006

Breakfast • Lunch • Dinner

Mon-Sat: 6:00 am - 9:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

Moab Grill

540 South Main 435-259-4848

Breakfast • Lunch • Dinner

Open 6 am - 10 pm

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our fresh baked pastries, pies, cobblers and espresso are good any time of day. We have a full wine and beer menu featuring Castle Creek wines. Friday - Seafood Specials. Saturday - Steak Specials. Sunday - Prime Rib and Pork Roast. Box lunches to go. Small private meeting room. Internet service, and catch upon the news on 2 flat screens.

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli

98 East Center 259-0200

Open 11:00 am - 7:30 pm

Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza

702 South Main St 259-9999

Open 3-10 everyday

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

Pasta Jay's

4 South Main 259-2900

Peace Tree Juice Cafe

20 South Main 259-0101

Breakfast • Lunch • Dinner

7 am to Close Everyday

Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our newly expanded Dinner menu. Good pasta selection including gluten-free options. Beer, Wine, Cocktails, Fresh juice and wheatgrass.

Pizza Hut

265 South Main 259-6345

Lunch • Dinner

Sun-Thur 11am-10pm Fri-Sat 11am-11pm

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital

450 West Williams Way

Quesadilla Mobilla

83 S. Main 260-0829

Red Rock Bakery & Net Cafe

74 S. Main Street 259-5941

Breakfast • Lunch

Open 7am-2pm Everyday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

Rio Sports Bar & Grill

1 block west of Main on Center 259-6666

Sports Bar & Grill. Affordable drinks & food. Largest fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. 21 years and older. Open every day at 3:00pm

Sabuku Sushi

90 East Center 259-4455

Singha: Authentic Thai Cuisine

92 East Center 259-0039

Lunch • Dinner

Lunch: Mon - Sat 11-3 Dinner: Mon - Sun 5-9:30

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe

5 North Main 259-8004

Lunch • Dinner

Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128 259-4642

Breakfast • Lunch

Dinner (by reservation only)

Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

Subway Sandwich Shop

299 South Main 259-SUBS

Breakfast • Lunch • Dinner

Open 8 a.m. everyday

NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 259-7146

Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Sweet Cravings

550 North Main 259-8983

Breakfast • Lunch

Tue-Sun: 7am - 3pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later!

Szechuan Restaurant

125 North Main 259-8984

Village Market

702 South Main 259-3111

Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420

Wendy's

260 North Main 259-2595

Wicked Brew Drive Thru

132 North Main 259-0021

Open at 6 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax

96 South Main Street 259-6555

Breakfast • Lunch • Dinner • Family Dining

We have it all! From our sunrise breakfast, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

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MOAB, UT

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- SUNDAY BRUNCH 7-2
- BUFFET GRILL LUNCH 11:30-2
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Moab, USA

www.ZAXMOAB.com
Zax Sunrise Breakfast
Saturday & Sunday
7:00am - 11:00am

Largest selection of local Utah microbrews on tap!
• All-U-Can-Eat Pizza Bar •
Daily lunch and dinner specials!

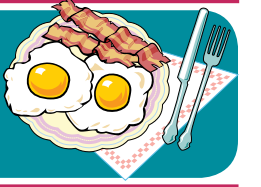
- Steaks
- Fresh Pasta
- Burgers
- Darn Good Pizza!
- Salads

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME
COME QUENCH YOUR THIRST AT THE WATERING HOLE
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Menu Guide" And tell them you found them in "Moab Happenings"



RESTAURANT GUIDE




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Open Everyday 7am-2pm



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in the heart of downtown
36 South 100 West

Open Tuesday - Sunday at 5:30 pm - 9:30 pm
Closed Monday
Reservations Highly Recommended
259-0756 FULL LIQUOR LICENSEE



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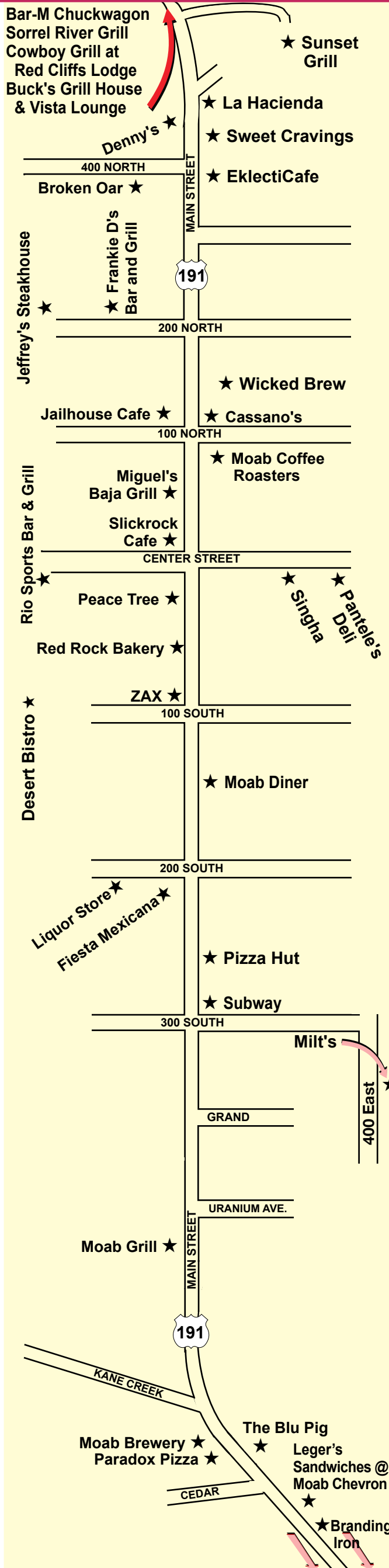
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Buy any 6" sandwich
and a 32oz drink
and get a
6" sandwich Free

Expires June 15, 2012

299 South Main • 259-SUBS




"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood



Patio • Catering
Family Dining

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Family Owned & Operated

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Traditional Italian Food

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Antipasto

Lasagna
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Patio Seating - Red Rock Views

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RESTAURANT GUIDE

RESTAURANT GUIDE

Simply the BEST... Made Fresh
Sandwiches • Soups • Salads



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Dine-In • Phone Orders
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Wicked Brew
DRIVE-THRU



A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas

Your day starts Right here!
In the heart of town
132 N Main - Caffeinating daily @ 6am



Open Daily
6 am to 10:00pm

Breakfast, Lunch & Dinner

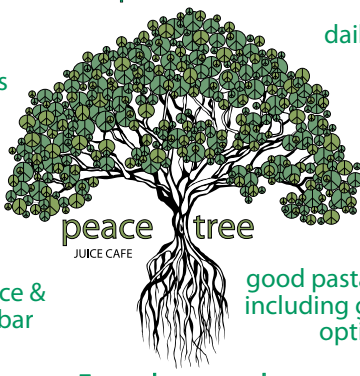
- Friday** Seafood Specials
- Saturday** Steak Night
- Sunday** Prime Rib & Pork Roast Serving @ 3pm

Full Wine & Beer Menu

540 S. Main
(next to the Big Horn Lodge)
435-259-4848 www.themoabgrill.com

peace tree
juice cafe

www.peacetreecafe.com



Beer Wine Cocktails

daily specials

fresh fruit Smoothies

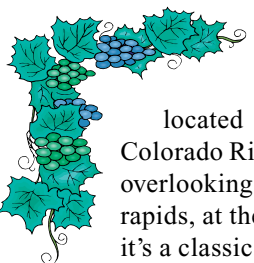
fresh juice & coffee bar

good pasta selection including gluten-free options

7am - close everyday

Breakfast, Lunch, expanded Dinner menus
20 south main street, moab, utah 259-0101
Also in Monticello at 516 North Main

Castle Creek Winery



Castle Creek Winery is located 14 miles from Moab up the Colorado River on scenic Hwy 128. Situated overlooking one of the best river's white water rapids, at the foot of dramatic red rock cliffs, it's a classic, rugged Western landscape. The winery sits on a historic working ranch; Red Cliffs Adventure Lodge.



While there are no recognized viticultural areas in Utah, many people are surprised and delighted to discover that Utah is wine country and the industry has been steadily growing for over thirty years. The geographic area of Moab is unique and imparts a special regional flavor.

Castle Creek Winery has seen tremendous growth for a little over a decade. Since they bottled their first wine, Castle Creek Winery has been committed to a simple and focused philosophy. Produce competitively priced world class wines using high desert grown grapes that are food and consumer friendly. Upon tasting the wines it's clear



why Castle Creek Winery has once again won Best of State in the Brewery/Winery category

The history of wineries in Utah began based on successful test plantings in the 1970s. Not surprisingly, the climate in the Moab area is quite hot during summer, but most growing areas are above 4,000 feet, offering cool nights. Moab's dry climate and sandy loam soil are optimum for growing healthy grapes, excellent for producing a variety of wines, including Syrah, Merlot, Cabernet Sauvignon, Chenin Blanc, Chardonnay and a variety of hybrids. To date, Castle Creek Winery has produced 40 award-winning wines.

In 2006 Castle Creek planted ten acres of Cabernet and Syrah vines at the winery. The lush vineyards are a standout amongst blue skies and red rocks cliffs. In addition to vineyards in Castle Valley, Moab, Monticello and Spanish Valley additional fruit for the wines is sourced from growers in the area. Castle Creek wines are handcrafted using small lots of fruit and extended aging to create unique and personal wines. All wine production takes place on site and self guided tours are available daily.

Adding a decidedly civilized tone to the West; the winery's 4000 square foot hospitality area and huge adjacent deck overlooking the picturesque Colorado River offer the perfect location for seminars, private tastings and parties. Stop by for a visit, Castle Creek Winery has a large inviting tasting room and gift shop offering free wine tasting and wine for sale seven days a week.

www.moabsandwiches.com



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"Boxes Lunches • Grab + Go"

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Affordable Drinks & Food!
Fully Stocked Bar
Serving Beer, Liquor and Wine
Largest Liquor Selection in Moab!
Weekly Bar Specials

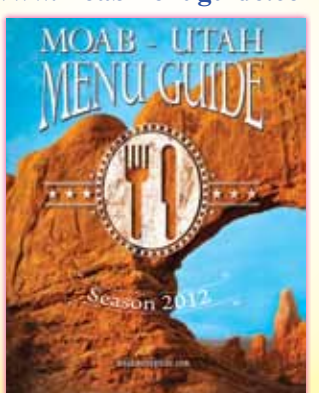
Nightly Entertainment

COLDEST BEER IN TOWN!
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I Block West of Main on Center Street
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OPEN EVERYDAY at 3PM
Must be 21 years or older

Look for us on Facebook

Pick up a copy of the
2012 Moab Menu Guide
at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com



MOAB AREA LODGING GUIDE



3

488 N. Main Moab, UT

- 79 Rooms
- Free high speed internet
- Cloud 9 beds
- Continental breakfast
- Guest laundry
- Free secure bike storage
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- Studio suites
- Meeting room
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2



The Lazy Lizard
 International (not just for youth)
 Hostel per person CHEAP (dorm style)
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1 Log Cabins: \$29 and up
 Private Rooms: \$24 and up
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- Fitness Center

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6

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 Your innkeeper Keith will show you hospitality,
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- ◊ 43 Oversized Rooms ◊ Suites

7



BOWEN MOTEL
 Moab, Utah

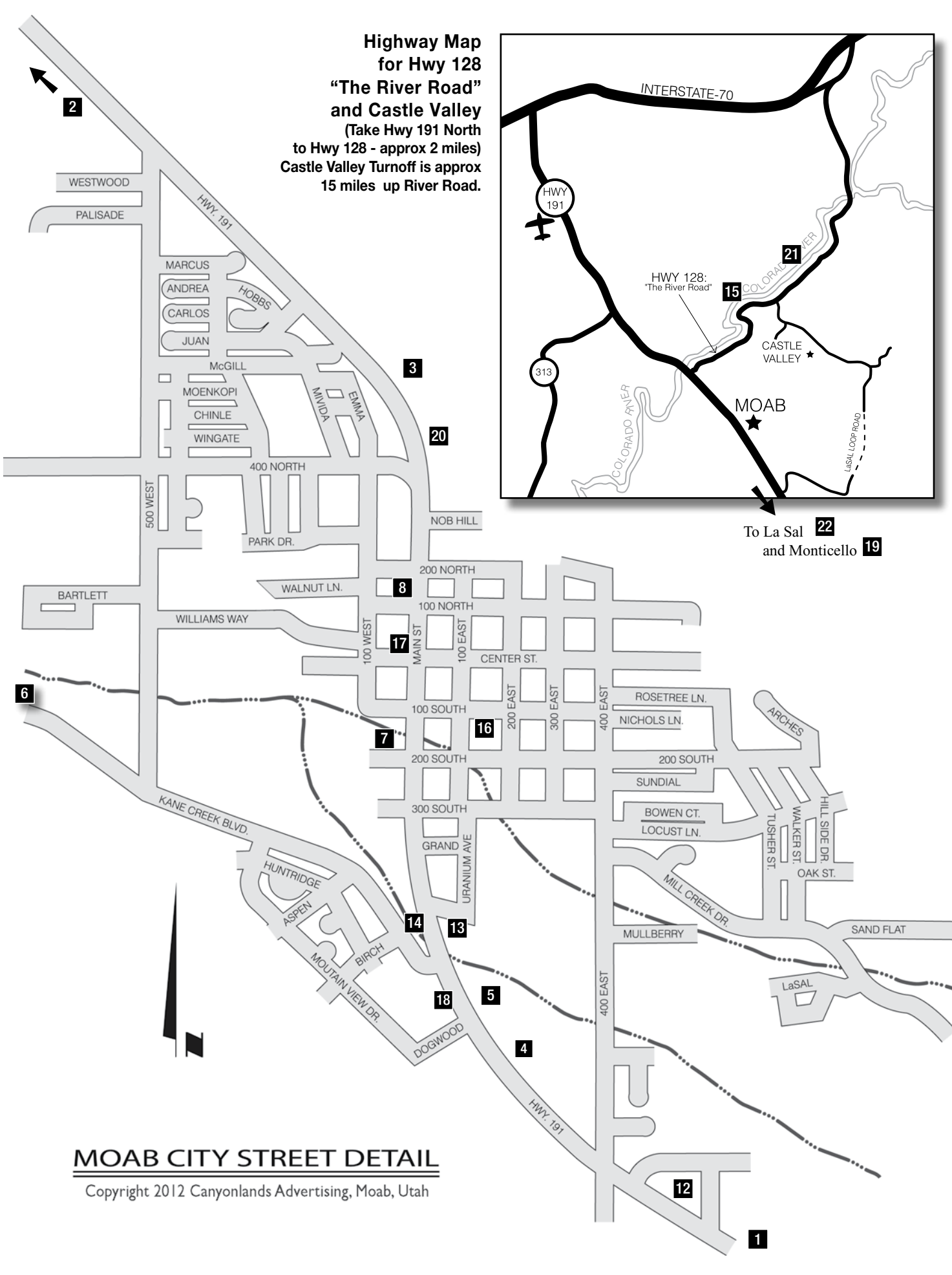
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1800 sq. ft. Guest House
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169 N. Main Street
 Moab, Utah 84532

8



9 This Space could be Yours!

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 259-8431

BOOK NOW!

If you are reading this ad, so are your potential guests! Advertise in the Lodging Guide and we'll put a link to your website from www.moabhappenings.com
 Contact Aaron Davies for info at 435-259-8431

MOAB AREA LODGING GUIDE

The Inn & Cabins
at **MT. PEALE**
Animal Sanctuary & Learning Center

Founded on the belief that all animals and people deserve to be treated with dignity, kindness, respect and be provided with care that increases their opportunity for a wonderful quality of life!

Special!
\$99 One Bedroom Cabins!

We Are All One Under The Sun!
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www.mtpeale.com • relax@mtpeale.com

22



21

Sorrel River Ranch Resort and Spa
Resting on the banks of the Colorado River, enjoy private balconies and luxury amenities and services.

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For more information visit www.sorrelriver.com



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19

www.choicehotels.com

Key to Lodging Guide

1	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Hampton Inn	435-259-3030	www.hampton.com
4	La Quinta	435-259-8700	www.lg.com www.lg.com/moab
5	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
6	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
7	Gonzo Inn	435-259-2515	www.gonzoinn.com
8	Bowen Motel	435-259-7132	www.bowenmotel.com
9	YOUR BUSINESS HERE		
12	Sleep Inn	435-259-4655	www.moabsleepinn.com
13	Red Stone Inn	435-259-3500	www.moabredstone.com
14	Big Horn Lodge	435-259-6171	www.moabbighorn.com
15	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
16	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
17	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
18	Moab Lodging	435-259-5125	www.moabutahlodging.com
19	Rodeway Inn & Suites	435-587-2489	www.canyonlandsmonticelloinn.com
20	Days Inn	435-259-4468	www.daysinn.com
21	Sorrel River Ranch	435-259-4642	www.sorrelriver.com
22	Mt. Peale Inn & Cabins	435-686-2284	www.mtpeale.com



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Moab Lodging & Property Management

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16

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SKY HAPPENINGS

The Sky for May 2012

By Faylene Roth

SUNRISE AND SUNSET TIMES FOR MAY

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	6:20am	8:11pm
2	6:19am	8:12pm
3	6:18am	8:13pm
4	6:17am	8:13pm
5	6:16am	8:14pm
6	6:15am	8:15pm
7	6:14am	8:16pm
8	6:13am	8:17pm
9	6:12am	8:18pm
10	6:11am	8:19pm
11	6:10am	8:20pm
12	6:09am	8:21pm
13	6:08am	8:22pm
14	6:07am	8:23pm
15	6:06am	8:24pm
16	6:05am	8:24pm
17	6:04am	8:25pm
18	6:04am	8:26pm
19	6:03am	8:27pm
20	6:02am	8:28pm
21	6:01am	8:29pm
22	6:01am	8:30pm
23	6:00am	8:30pm
24	5:59am	8:31pm
25	5:59am	8:32pm
26	5:58am	8:33pm
27	5:58am	8:34pm
28	5:57am	8:34pm
29	5:57am	8:35pm
30	5:56am	8:36pm
31	5:56am	8:36pm

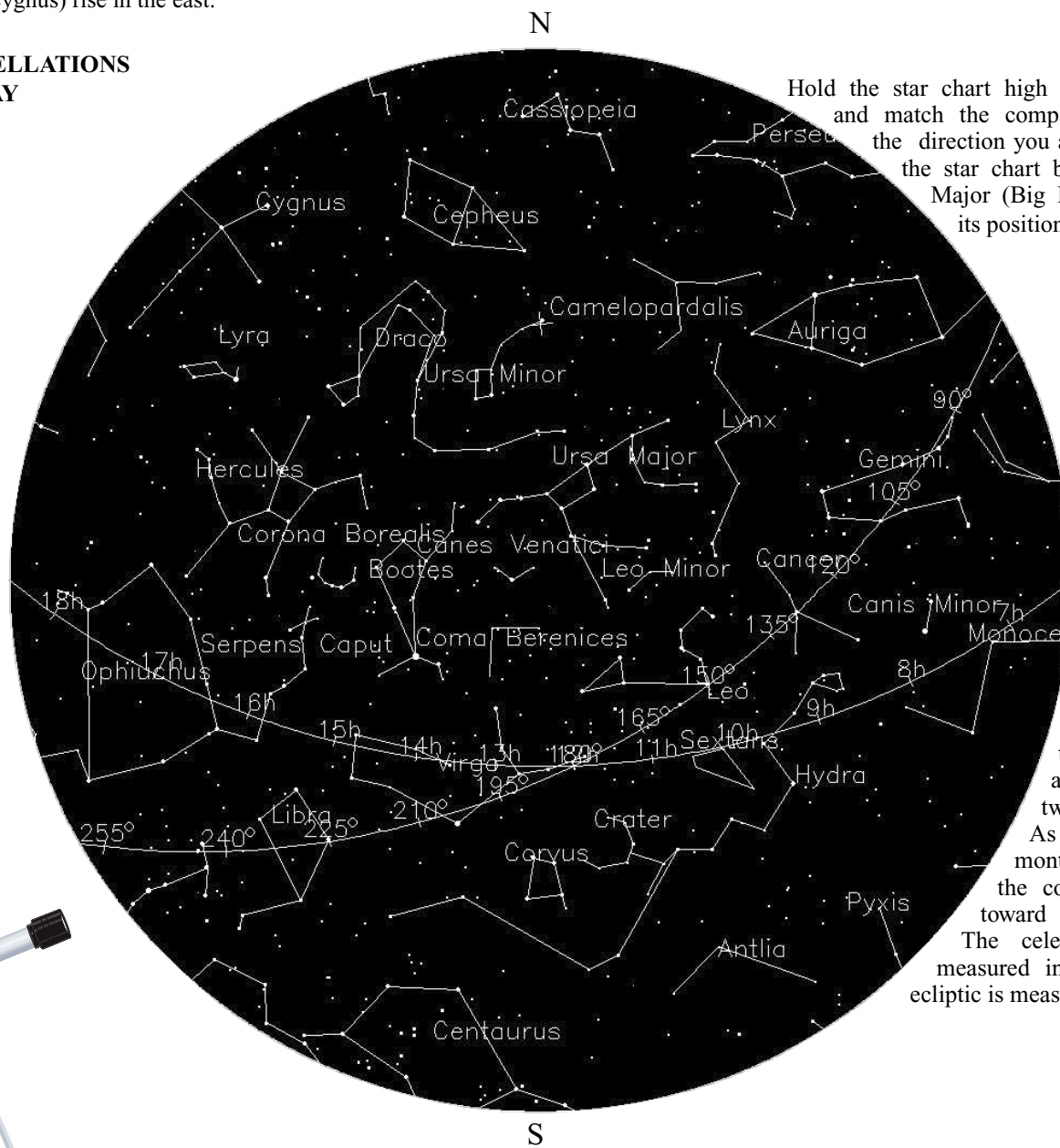
MAJOR CONSTELLATIONS OF MAY

- Overhead**
Bootes
Leo
- Northward**
Cassiopeia
Cepheus
Draco
Ursa Major
Ursa Minor
- Eastward**
Corona Borealis
Hercules
Lyra
- Southward**
Corvus
Hydra
Virgo
- Westward**
Auriga
Canis Minor
Gemini



Identify these planets and bright stars: locate the Big Dipper (Ursa Major) overhead. Trace an arc SE through its handle to Arcturus (Bootes). Continue the arc to Saturn situated above Spica (both in Virgo). Trace a wide arc NW from Spica to Mars then Regulus (both in Leo) and west to the little dog star, Procyon (below Pollux and Castor, the Gemini twins). Swing upward to Venus and curve back to Capella (Auriga). By month's end, Venus and Capella drop below the western horizon and Vega (Lyra) and Deneb (Cygnus) rise in the east.

Moab UT (at City Hall)
38°34' N Latitude - 109°33' W Longitude
4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

METEOR EVENTS

The Eta Aquarids—May 1-12—compete with a full moon this year. The radiant for this meteor shower emanates from Aquarius which begins to rise after midnight. Best viewing is May 4-7 after 4:00am when the meteors are active in the southeastern sky and the moon is low in the western sky. Expect about 10 meteors per hour. Other meteor activity may be visible in the early morning sky east of Bootes and in the southern sky between Scorpius and Libra.

ANNULAR SOLAR ECLIPSE

Solar eclipses occur during a new moon when the earth, moon, and sun pass one another on the same plane. This allows the moon to cross the face of the sun as seen from earth. An annular solar eclipse happens when the distance between sun and moon is too great for the moon to block the entire disk of the sun. Viewers in the center of the eclipse path (which includes southwestern Utah) see a thin ring of light encircling the darkened center of the sun. Viewers from Moab will see a partial annular eclipse. From here the sun will look like a huge crescent moon. The eclipse begins at 6:22pm and ends at sunset (8:28pm). Maximum eclipse occurs at 7:32pm.

Salt Lake City's Clark Planetarium provides maps of the eclipse path through Utah and safe viewing methods (including construction of a pinhole projector) on their website at: <http://clarkplanetarium.org>. They warn that viewing an annular solar eclipse without proper eye protection can permanently damage your vision. Only—**AND I STRESS ONLY**—Grade 14 welder goggles designed specifically for arc welding or specially-designed eclipse shades are safe. Viewing aids to AVOID are: polarized sunglasses, doubled-up sunglasses, smoked glass, and exposed camera film. See their website for further details.

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.

Primary Sources:

USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/your-sky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

VISIBLE PLANETS

Mars - Find Mars in the western sky in Leo. Differentiate it from 1st magnitude Regulus (Leo) by its reddish tint. (Magnitude +1.0)

Saturn - Look for Saturn high in the southeastern sky in Virgo. It shines with a yellow light compared to bluish-white Spica (Virgo). (Magnitude +0.3)

Venus - Watch Venus's descent towards the western horizon each evening. It disappears from view by month's end as it begins its pass between Earth and sun. With binoculars, it appears as a thin crescent. (Magnitude -4.5)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

DAYLENGTH

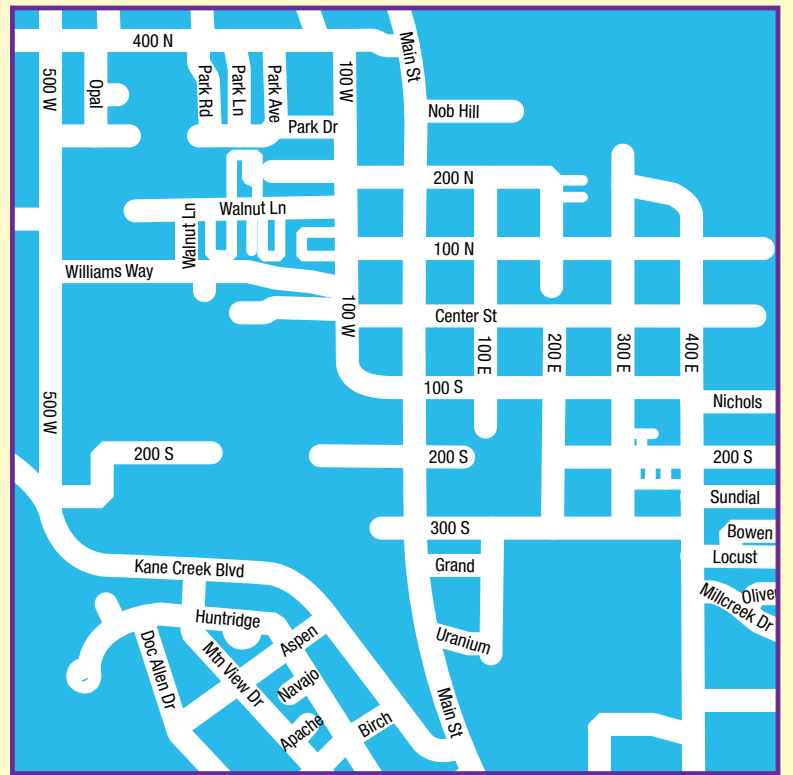
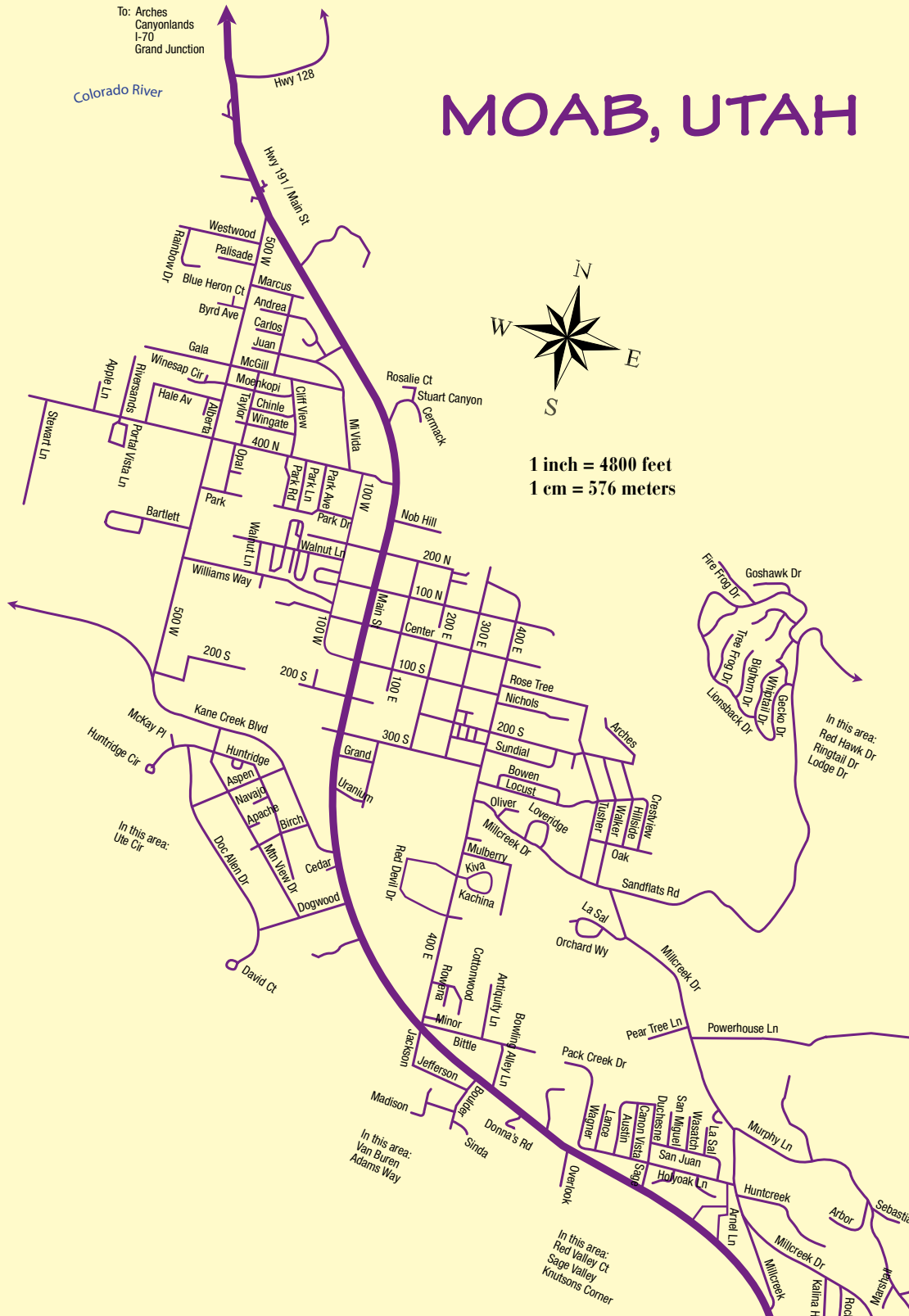
May provides 51 minutes of additional daylight for daytime activities. Later in the month the lingering twilight of summer becomes noticeable. As the earth moves towards the far end of its elliptical orbit, it's northern hemisphere tilts towards the face of the sun. The light rays of the rising and setting sun bend around the horizon due to refraction. With a smaller circumference presented to the sun, the light reaches farther beyond the horizon. The result is that the length of twilight is extended from one and one-half hours to nearly two hours each morning and evening. Twilight occurs in three stages. After sunset, civil twilight provides adequate light for most detailed work for about 30 minutes. Nautical twilight marks the next 30-40 minute period when color and detail disappear in the surrounding landscape and overhead skies darken. The final period of twilight—astronomical twilight—continues an additional 30-40 minutes during which light fades from the horizon. The reverse progression takes place before sunrise.

MOON HAPPENINGS

- May 5 - Full Moon occurs at 9:35pm and rises at 8:11pm.
- May 12 - Last Quarter Moon rises several hours after midnight.
- May 20 - New Moon occurs at 5:47pm.
- May 28 - First Quarter Moon sets soon after midnight.

(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

MOAB, UTAH



Downtown Moab

ROAD CONSTRUCTION

MAIN STREET WORK BEGINNING

U.S. 191, Moab to State Route 279 Court House Wash Bridge Widening

Crews will begin the final microsurfacing of U.S. 191 from Cermak Street to Potash Road the beginning of May. Crews will be adding a "micro-seal" to the asphalt, which will protect it from weather and extend the life of the road. The micro-seal needs two hours to set before cars can drive on it. In an attempt to cause the least possible disruption to businesses along the construction corridor, this work will take place at night. The operation is quiet, free of vibrations and back up alarms. **There will be one-way traffic controlled by flaggers at various locations. Please be patient as there will be delays due to the construction.**

Please see the following video of a microsurfacing operation so you can know what to expect: http://www.youtube.com/watch?v=T_pUKKERYaw

Project Update - Roadway widening north of the Colorado River Bridge and building of bicycle trails has been taking place through the winter and will be complete by June. Work other than the microsurfacing will be done during daytime hours with minimal impact to the public.

Your patience and cooperation during the construction period will be greatly appreciated and expedite project completion.

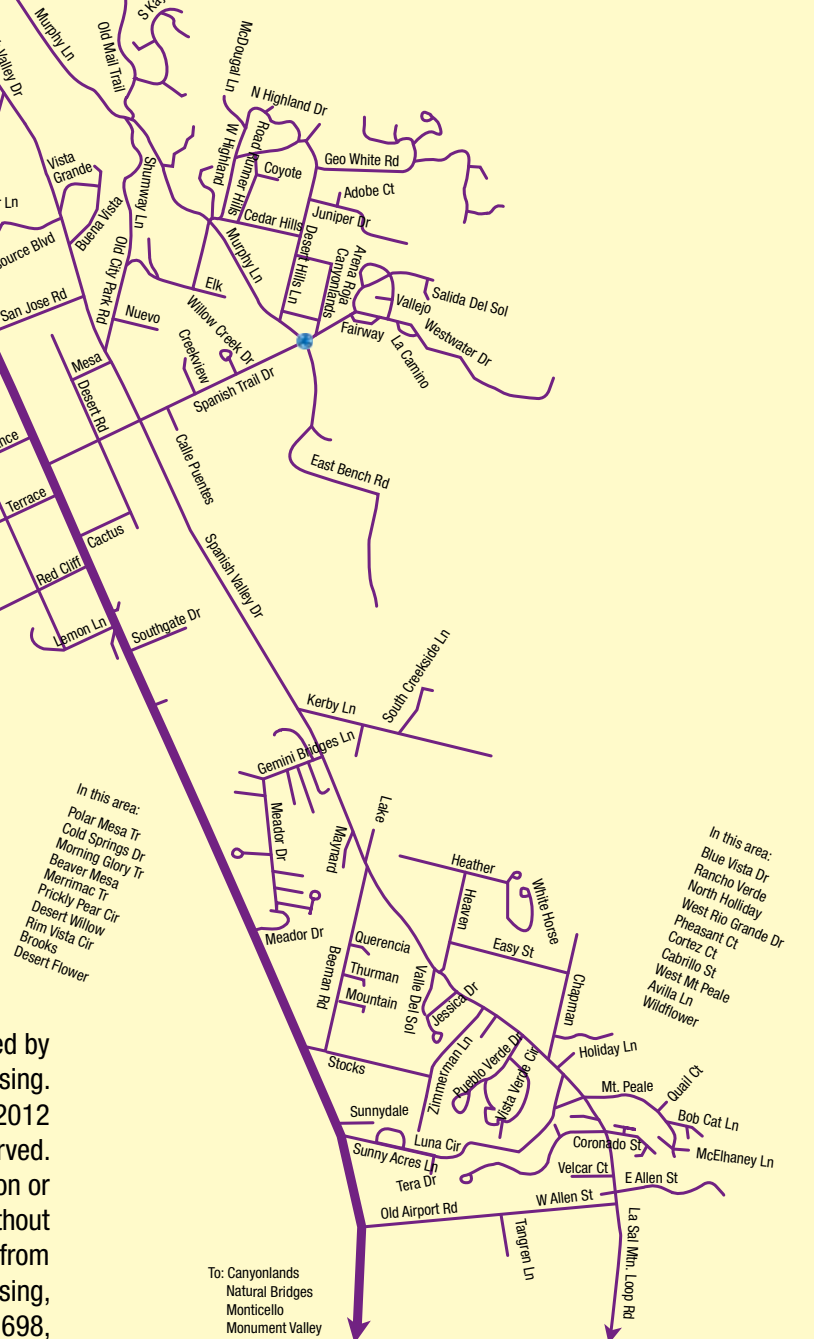
If you have any questions or concerns, please call Reese Magistro, Public Information Manager at 800-278-4282 or email Reese@JA-Today.com

A UDOT Project

Moab Worship Services Directory

- Assembly of God • 1202 South Boulder Avenue 259-7747
- Bahá'í Faith (435) 650-5778 or (575) 649-8381
- Canyonlands Fellowship
111 East 100 North 260-2434
- Church of Jesus Christ of Latter-Day Saints
First & Second Wards • 475 West 400 North 259-5566
Third, Fourth & Fifth Wards • 701 Locust Lane 259-5567
- Community Church • 544 MiVida Drive 259-7319
- Episcopal Church of St. Francis
250 South Kane Creek Blvd 259-5831
- First Baptist Church SBC • 420 MiVida Drive 259-7310
- Four Corners Faith & Worship Ministries 259-0041
- Friends in Christ Free Lutheran Church
1240 South Highway 191 259-4378
- Grace Lutheran Church
360 West 400 North 259-5017
- Jewish Interfaith Beit Moabi
www.beitmoabi.org 260-0241
- Kingdom Hall of Jehovah's Witnesses
25 West Dogwood 259-7363
- Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
- Quaker Worship Group • 81 North 300 East 259-8178
- River of Life Christian Fellowship
2651 East Arroyo Rd. 259-8308
- St. Pius X Catholic Church • 122 West 400 North 259-5211
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4581 Spanish Valley Drive 259-5545
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To: Canyonlands Natural Bridges Monticello Monument Valley

ROCK ART HAPPENINGS

Feminine Symbolism in Moab's Basketmaker Rock Art

by Rory Tyler

On Wednesday, May 9th, at 7:30 p.m., in honor of Mother's Day, I will be presenting a free lecture and slideshow at Star Hall titled "Mother Earth: Feminine Symbolism in Moab's Basketmaker Rock Art." I have been studying Moab rock art for almost twenty years and, while feminine symbolism is relatively rare, the places where it does exist are interesting and compelling. Some of the topics I will address include what gender-specific petroglyphs look like, where they appear, how they relate to nearby art, how their meaning is connected to the topography of the surrounding area, and what they tell us about the daily lives, metaphysics, and cosmology of their creators. I will discuss several locations, but will be focusing especially Mill Creek and Kane Creek, the site of the well-known Birthing Rock panel.

There are hundreds of petroglyph panels and

thousands of petroglyphs within ten miles of Moab. Most were created by the Basketmaker people, who lived in the area between 500 B.C. and 1,000 A.D., hundreds of years before the appearance of the better-known Anasazi and Fremont cultures.

Most Basketmaker rock art concerns male-dominated activities like hunting and fighting. Feminine symbolism, where it occurs, includes themes like courtship, fertility, cultural roles such as child rearing and labor, and the mystical relationship between Women and the Mother Earth.

As a Mother's Day gift for all of Moab's Mamas, a free pdf download of the slideshow will be available at the lecture. Bring a flash drive or an empty disc if you want a copy. In case you can't make it to the talk, the download will also be available at the Grand County Library starting Thursday, May 10. The download will give you the keys you need to explore, enjoy, and ponder these ancient symbols, their settings and meanings, at your leisure.

Through my studies of Moab's rock art, I have sought to uncover some of the mysteries associated with Moab's ancient inhabitants. Still, nobody owns the past. Rock art was created by people for people. It is in this spirit of the Ancients that hope to share what I (may) have learned with you. See you there!

Rory Tyler conducts private rock art tours for Canyon Voyages Adventure Company.



UTAH ARCHAEOLOGY WEEK

MAY 5 - 12, 2012 WWW.HISTORY.UTAH.GOV

May 5: Bridges and Barriers Rock Art Tour.

Celebrate Utah Archeology Week and discover the iconic cultural history of Moab on a tour of nearby petroglyphs and pictographs with anthropologist Rebecca Martin. Van-supported tour with short walks. Includes lunch. For more information, visit our website, www.cfimoab.org or call 259-7750. Tour fees help support our outdoor education programs for schools and youth.

Moab Information Center Events

May 3: I Once was Lost, but Now am Found?! Reuniting the Decades-Missing Pilling Figurine with his Mate ~ Dr. Pitblado, of Utah State University, associate professor of anthropology, director of the anthropology program and director of the USU Museum of Anthropology. Dr. Pitblado specializes in the earliest human occupations of the Rocky Mountains and she has an active research program aimed at trying to better understand how people used the mountains and adjacent landscapes, 10,000-7,500 years ago. She has expertise in lithic technology and a research focus on geochemical characterization of a variety of materials; including Fremont figurines. 7:00pm at the Moab Information Center (MIC) This lecture is brought to you by Bennett Management Services.

May 10: A Voice in the Wilderness: Edward Abbey. An independent filmmaker for the past twenty-two years, Eric Temple's biographical documentary, *Edward Abbey: A Voice in the Wilderness*, was shown on PBS and has won numerous prizes. When Abbey died in 1989, at the age of sixty-two, the American West lost one of its most eloquent and passionate advocates. This documentary, part biography, part tribute, is a look back at Abbey's life as remembered by sixteen of his closest friends and family members. Images of the places which Abbey loved and defended so fiercely are woven throughout the program. They include Arches, Canyonlands, Grand Canyon, and the Great Basin National Parks. Rare film clips and interviews with Abbey, combined with over 120 rare and largely unpublished photographs offer an insightful look into the personal life and philosophy of this iconoclastic writer. 7:00pm at the Moab Information Center (MIC). This lecture is brought to you by Canyon Voyages Adventure Company.

May 21 Resilience and Revolution on the Colorado Plateau. Wild Rockies Field Institute invites you to explore the ecological and social issues of the Colorado Plateau from the viewpoint of ten university students who adventured around the Four Corners region. Free lecture starts at 7pm at the Moab Information Center. Visit www.cfimoab.org/workshops or call 435-259-7750.

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ASTROLOGY HAPPENINGS

Your Horoscope for May 2012

By Robert Wells

Mercury makes the month of May roll out with an easy feel and on the 4th he meets up with Venus for a very nice day for everyone. He then turns his energies to toward Saturn and together they sync up for a great day for future planning on the 6th and 7th. Venus combines with Saturn for an extended run from the 10th to the 23rd to promote solid financial matters and planning. If your buying items for your home, the 10th to the 23rd is the time to do it and get the best prices and value. The Sun, Mercury, Mars, and Jupiter combine on the 13th to start a one-year run of good luck for anything started on that day. The third week of May has only one aspect and it's a doozy between Mars and Pluto. It's called The Rich Man's Aspect. The Sun moves into Gemini on the 21st, and the energy shifts to a quicker, airy feel for 30 days. Mercury and Jupiter send out one more message to the planet about abundance on the 22nd that will last for the coming year. The rest of the fourth week we need to concentrate on keeping facts straight and messages clear to avoid any confusion and anger, especially on the last day of May.

Mother's Day: Sunday the 13th
Memorial Day: Monday the 28th

Apr. 21 - May 21 Taurus: Happy Birthday Taurus! Things are truly in your favor this birthday, as there are romance urgings during first week you should pay attention to. During the second week of May you seem to be in touch with the world at multiple levels. Can be an amazing time if you choose to concentrate on the energies. The third week is an excellent time to promote yourself and any talents that you have. You turn your attentions to money during the last week of the month. There can be some confusing information coming to you. It would be best to double-check it before you make any financial moves.

May 22 - June 21 Gemini: It's a good time for you to get some rest. This last year has been a doozie. The first week of the month allows you to follow that aim and relax. You expand this peaceful state of mind during the second week and everything takes on a magical air, as you go through your day. The third week of May is an especially good time for matters relating to your home. The fourth week has you back on top of everything and flying high again. Make sure you double-check everything during the last week, as it's better safe than sorry.

June 22 - July 22 Cancer: Good times roll with your friends and going after your dreams this month. Life moves smoothly during the first two weeks of the month as you expand your sense of self in the world. A sudden idea explodes into action and words for you during the third week of May as you shamelessly self promote your self. During the last week of the month double check that everything is still moving forward nicely and then take the time to relax.

July 23 - Aug. 24 Leo: Your career is the spotlighted this month; there could be great news coming your way that will help your pocket. After an easy going first few days you could end the week on a down note, emotionally. It doesn't last long and the second week lifts your spirits to new heights. You have the ability to promote a pet project during the third week of May. As the fourth week of the month begins you may be naming the things you are looking forward to in the next year.

Aug. 24 - Sept. 22 Virgo: Church and social groups are your main focus this month. Something like a charity drive could consume your time and your heart. Life is easy going the first week of the month and you are lifted on inspirational wings during the second week. Get plans moving during the third week of May as the fourth week has you promoting a great idea that make you look and feel successful.

Sep. 23 - Oct. 23 Libra: This is your time of the year to deal with jointly held assets. Balancing the checkbook and checking investments. This year you may find that you are better off than you thought. So relax during the first two-week of the month. You have earned

it. Start a new project as the third week gets under way and promote it successfully during the last week of the month. Stay away from testy people on the last two days of May.

Oct. 24 - Nov. 22 Scorpio: Concentrate your energies this month on your partner. Plan some fun activities during the first two-week when the heavenly energies support you having a great time away from the usual hustle and bustle. You could receive generous gifts from them during this time, as well. You have a pet project that you should launch at the beginning of the third week when the timing is just perfect. As the energies change during the fourth week your partner and you do something that could net you both a fine financial windfall in the coming future.

Nov. 23 - Dec. 21 Sagittarius: This is a great month to start a new diet or fitness program. Also an employment opportunity could come your way that is just stellar and too good to pass on. It may happen during the first week of the month and if so, it will be the easiest job transition you could ever make. The second week of May only doubles the energies of the week before. By the third week you can promote a new idea you have. The fourth week of the month finds the energies shifting toward your partner and matters regarding them. The last few days of May are glorious in their company.

Dec. 22 - Jan. 20 Capricorn: Romantic and creative projects are the spark of life for you this month. Your children are in this category, as well and they fill the first two weeks of May with great joy and satisfaction. You conceive and successfully sell a great idea during the third week of May. The last week of the month the energies move into your employment sector and you immediately see an opportunity to advance yourself along with another idea. Roll with it early in the week for the best results.

Jan. 21 - Feb. 18 Aquarius: Home is where your heart is this month and you long to spend time in and around the abode. There is the chance of a new home. In any case, the first two weeks bespeak of an easy time around the house. Painting a room or hanging a picture, are the simple pleasures you will enjoy. A pet project starts to take off during the third week of May. The fourth week carries you and your plans along on a whirlwind, but in a positive way. The Universe may have some fun surprises for you.

Feb. 19 - Mar. 20 Pisces: Spend some time with your brothers and sisters this month. It will prove to be a glorious time if you do. Also take it easy running any errands or taking care of phone calls and emails during the first two weeks of May. It's a glorious spring so don't let it slip by. The third week brings the opportunity to promote a pet project that may just include your sibs. The energies shift to your home during the last week of the month, but the pet project get another boost, as well. Avoid anyone looking for a scrap on the last two days of the month.

Mar. 21 - Apr. 20 Aries: Your cash status is about to get a major boost. The current conditions during the first two weeks of June are glorious and easy. Take the time to really enjoy life. Then as the third week begins and opportunity to promote a pet project goes very well and could dominate the coming weeks ahead. As the solar energy shifts attention to your communications house it is exactly what you need to promote this great project. Go Aries. This one is a winner!



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."



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20th Annual MOAB ARTS FESTIVAL

SWANNY CITY PARK

Saturday, May 26 • 10AM-8PM

Sunday, May 27 • 10AM-6PM

2012



Boris McCutcheon & the Salt Licks



Sand Sheff



Gigi Love & the Mystics



The 321s

LIVE MUSIC SCHEDULE



The Chickens



Honey Don't



Rick Boretti



Dave Steward

Saturday, May 26

Time	Artist	Style	Venue
10:00	Dave Steward	Western/Country/Americana	Pavillion
11:15	Gigi Love & the Mystics	Singer/Songwriter, Folk	Stage
12:30	Honey Don't	Folk/Bluegrass	Pavillion
2:00	The Chickens	Funk/Soul/Afrobeat	Stage
3:30	Sand Sheff	New Western Folk	Pavillion
5:00	The 321s	Retro Pop/Rock/R&B	Stage
6:25	Boris McCutcheon & the Salt Licks	Roots/Americana	Stage

Sunday, May 27

Time	Artist	Style	Venue
10:00	Sand Sheff	New Western Folk	Pavillion
11:15	The 321s	Retro Pop/Rock/R&B	Stage
12:40	Dave Steward	Western/Country/Americana	Pavillion
1:55	Boris McCutcheon & the Salt Licks	Roots/Americana	Stage
3:20	Gigi Love & the Mystics	Singer/Songwriter, Folk	Pavillion
4:45	The Chickens	Funk/Soul/Afrobeat	Stage

Rick Boretti will be the Master of Ceremonies and will be performing magic between the music performances and at other venues throughout the festival.

Design Driven: The Art of the Car

April - May

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Museum of Moab

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May - June

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NATURE HAPPENINGS

May Flowers

The stream of wildflowers that started in February turns into a floral river in May. Though some of those early season flowers are still blooming, one doesn't have to look so hard to find plants in flower this month.



Many shrubs such as blackbrush, cliffrose, Woods' rose, Fendlerbush, narrowleaf yucca, Spanish bayonet, and a host of others produce colorful and fragrant flowers. Both blackbrush and cliffrose, members of the Rose family, may be cloaked with yellow and cream colored blossoms, respectively. The widely distributed blackbrush has small, narrow leaves and sharp pointed twigs that try to deter herbivores. Cliffrose, with its sweet-scented blooms, may be located by smell prior to sight. The fragrant flowers produce a heavy perfume that attracts numerous bees to the flowers. The 5-lobed, small leaves are covered with small glandular hairs.

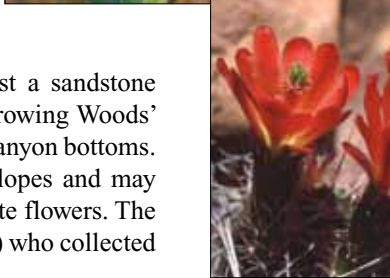
Woods' rose and Fendlerbush are two flowering shrubs that stand out against a sandstone backdrop. With pinkish flowers, the wild growing Woods' rose grows in moist areas along creeks and canyon bottoms. In contrast, Fendlerbush grows on rocky slopes and may produce a dazzling display of 4-petaled white flowers. The plant honors Augustus Wilhelm (1813-1883) who collected plants in the American Southwest.

Narrowleaf yucca and Spanish bayonet, also known as datil yucca, are two members of the Agave family that bloom in May. Yuccas have stout, sharp-pointed leaves

and creamy-white flowers. The narrowleaf yucca produces an elongated flowering stalk, whereas the datil yucca's flowers open either surrounded by or barely above the long

leaves. Both plants are pollinated by specific moths which lay their eggs in the flower's ovary just after the moths deposit pollen on the flower's stigma. The moth larvae feed on the developing seeds; later on the larvae emerge to pupate in the ground. In addition to the moths, Native Americans also found uses from the plant which range from eating the seedpods, making twine from the strong leaf fibers, and creating a soapy shampoo from the pulverized roots.

In addition to the flowering shrubs, there are numerous annuals, perennials and cacti that bloom in May. Spectacle-pod, with its fused fruits in the shape



of eye glasses, is one annual that may flower in profusion. Growing in sandy soils, these and other annuals depend

upon late winter and early spring moisture for seed germination. If conditions are not adequate, the seeds will lie dormant for another season.

Broadleaf and showy milkweeds are two members of the Milkweed family that bloom in May.



Both are upright perennials with stout stems and clusters of tightly packed flowers. The milkweeds have a milk-colored sap that oozes from the leaves or stems when cut; hence, the common name. Another milkweed member, butterfly-weed, produces bright yellowish-orange flowers that attract many species of butterflies and beetles as pollinators.

Though the wildflowers and shrubs attract enough attention, blooming cacti seem to stop folks in their tracks. Perhaps it is the uniqueness of

By Damian Fagan



the cacti plants themselves, where without leaves the green stems carry on photosynthesis in a manner different than other plants. The two barrel-shaped cacti, the hedgehog and Whipple's fishhook, have red and pinkish-purple flowers,



respectively. But the real show stoppers are the yellow or reddish blooms of the prickly pear cacti that seem to explode off of the plants, turning the springtime river of flowers into a raging torrent.

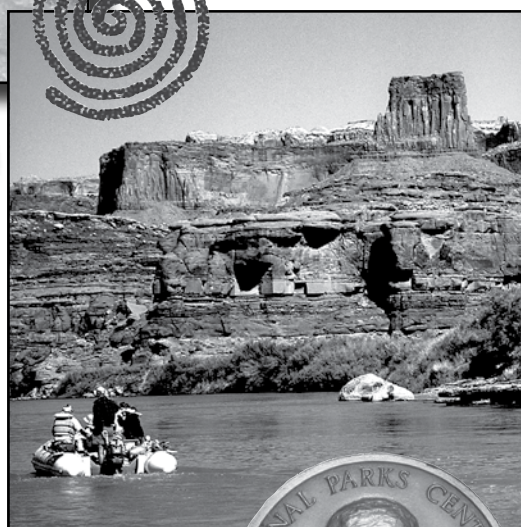
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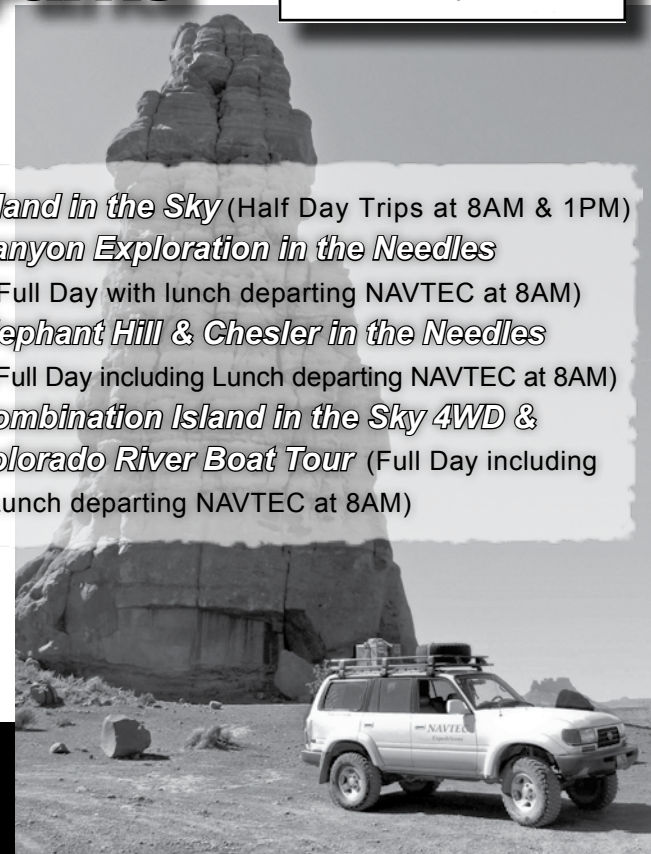
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HIKING HAPPENINGS

A Two Trail Walk - Jackson's and Rockstacker

by Marcy Hafner

This is the tale of two distinctive trails - Jackson's, an old-timers trail, and Rockstacker, a brand new ultra technical mountain biking trail. One hundred years have gone by since the Jackson's Trail was created - a grandfather compared to the recent birth of the Rockstacker Trail.



My story starts with the Jackson's Trail, a hard-breathing two mile ascent that provides access to the Rockstacker Trail.

John Jackson, a rancher with a feisty personality, was searching in the early 1900's for a short cut to move his horses from the Shafer Basin country to Moab. During his search, he chose and established a route that followed the Jackson's Trail for two miles to the Amasa Back - a three-mile, cliff-sided ridge that forms a gooseneck hundreds of feet above the Colorado River. This prominent and well-known landmark is named after George Amasa Larsen, a cattleman who arrived in Spanish Valley in the 1870's.

Quickly dropping off the Amasa Back, Jackson then guided his horses down the abrupt switchbacks of Jackson's Ladder (also known as Jacob's Ladder) - an ancient Native American trail that follows a jagged crack along a 400 foot cliff. Hopefully, when the dramatic descent ended, all his equines arrived intact at Jackson's Hole, an abandoned bend of the Colorado River referred to as a "rincon."

To get to the trailhead from the center of town, go south on Main Street and turn right at McDonald's on to Kane Creek Blvd. Then drive approximately five miles. When the pavement changes to dirt, turn in at the second parking area, where the Jackson's Trail starts immediately to the left of the bulletin board.

The first segment of the trail is a more recent and very welcome addition that winds around Kane Creek to access an easier crossing. At the antiquities sign, however,



be sure to swing right - the left spur dead-ends in a thicket of tamarisk! Keep in mind that during high water, usually May and June, the river backs up into the creek and may be impassable.

Following Kane Creek to its confluence with the Colorado River, the pathway wanders through a riparian zone of tamarisk, willow and huge cottonwood trees. Edged by sagebrush, saltbush, rabbitbrush and greasewood, this shaded area attracts a variety of birds.

After leaving the wet zone, the trail quickly starts its north-facing climb through the exposed layers of Kayenta Sandstone as it travels along a distinctive westward contour above the Colorado River. Steadily moving upward, I am constantly rewarded with the expansive views of the river and the imposing cliffs of Wingate and Navajo Sandstone, which thrust up from the shores of the meandering waterway. With the steady gain in elevation, the angle and perception of the Poison Spider mesa, Behind The Rocks and the Moab Rim constantly changes - an already stunning canvas that is enhanced by the cooling vision of the La Sal Mountains on the southeastern horizon.

The Jackson's Trail merges with the Amasa Back Trail - a popular jeep and mountain biking route that follows the wide switchbacks of an old uranium exploration road. Just below that union, a map marks the route for two trails - Rockstacker and Pothole Arch. Rockstacker comes first, and after 1.6 miles it connects with the Pothole Arch Trail. Now I am walking on the so-called "Red Line Trail"

and before long I'm following the red lines painted over large sections of slickrock. I, however, learned the hard way that paying strict attention to those faded red lines, which are sometimes hard to see, is a good idea!

The Rockstacker, with its unending views of the river, runs directly below the ridgeline of the Amasa Back. Its gentle beginnings, however, are deceiving as to the extremely rugged ledgy terrain that awaits ahead - a sharply undulating rocky path that amazingly gains very



little elevation. This challenging course involves incredible leaps that mountain bikers must negotiate to make a safe landing!



As I progress along, an appealing indentation within a small cliff beckons me to pause in its protective shade. Shortly after that, the trail takes a circuitous route above a large rock amphitheater, which has the striking effect of looking down into a gigantic gray bowl. Then I'm climbing steeply along big looping switchbacks from one level to another that involves some exceedingly steep grades. The final stretch is a rubbly scramble to the top of the Amasa Back mesa where the Rockstacker Trail finally joins the Pothole Arch Trail.



During my entire invigorating walk, I have enjoyed immensely the spring season of wildflowers - the tiny yellow blooms of the Newberry's twinpod, the exquisite white flowers of the fendlerbush and the daisy-like naked stem bahia. Even with so little moisture this year, they tenaciously grow with enough energy left over to produce flowers. I have also been enchanted with the delightful chorus of birds that reverberates through the dry desert air - the ringing trills of the rock wren, the musical warble of the house finch and the performance of a spotted towhee with his invitation to "Drink Your Tea."



On this particularly warm day, a refreshing breeze entices me to stay,



and I decide this is as far as I wish to go. Stretched out on my rocky perch, I make myself comfortable for a very long break to study this extensive scene that I've been observing all along. But now I'm seeing it from the perception of a much higher elevation, and with time to spare, I'm savoring my chance to concentrate



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on this in depth rugged desert panorama, which stretches out for miles and miles.

If you want to continue on to the end of the Pothole Arch Trail, it is slightly less than a mile on an easy-going, well-marked route cradled between various curvaceous domes. And yes, at the end of the trail there is an arch along with more spectacular views. But that's a story for another day.

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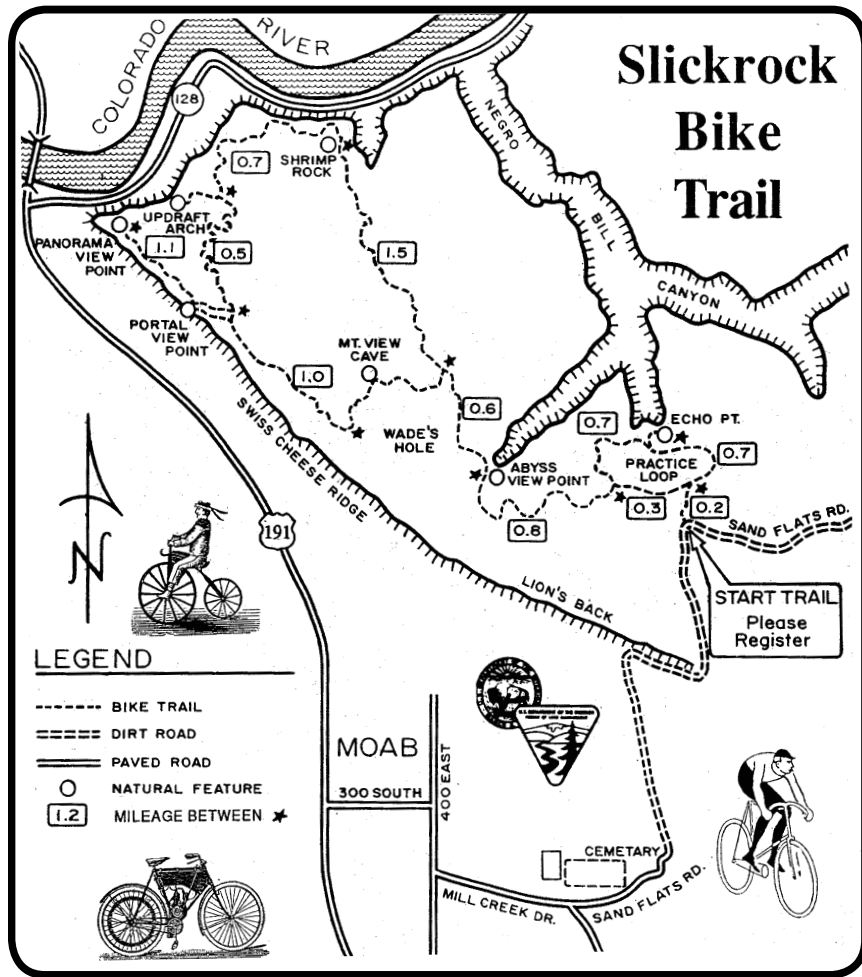
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MOUNTAIN BIKING

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Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **MOONSHADOWS IN MOAB May 5, 2012** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May 12, 2012** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOAB CENTURY TOUR September 21-23, 2012** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• **OUTERBIKE October 3-7, 2012** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National

Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.

• **24 HOURS OF MOAB October 6-7, 2012** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **Moab Ho-Down Mountain Bike Festival - October 25-28, 2012** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhdown.com for more information.

• **SKINNY TIRE FESTIVAL March 9-12, 2013** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

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TRAIL HAPPENINGS

Got a Horse? Try Tombstone

If you've got a horse, visit Tombstone Rock, northwest of Moab. Several great rides start at Tombstone Rock and many other great rides exist within several miles: Spring Canyon Point Overlook, Bartlett Canyon, Hidden Canyon, Tusher Canyon, Mill Canyon, Monitor & Merrimac and The Old Stage Coach ruins.

Getting to Tombstone: Take 313 West from Highway 191, the turnoff for Tombstone will be about 8.5 miles on the right at Spring Canyon Bottom Road, but the only sign there says Lone Mesa Campground. Exit 313 and follow the road 1.5 miles, turn right on Dubinky Well Road. Follow Dubinky for about 4 miles, then turn left on Spring Canyon Point Road, also known as the Secret Spire (SS) Road. Tombstone Rock is another 3 miles. No water or other amenities are available at Tombstone.

Tombstone Rock gives you the best access to Needles loop, Secret Spire, Dellenbaugh Tunnel, Dubinky Well, and Spring Canyon Point



overlook (11 miles one way). The other routes are 3-4 hours total riding each. This area is used for the Moab Canyons Endurance Ride, to be held October 18-20 in 2012.

You can also park or camp close to 313. The Lone Mesa group campground can be reserved through the BLM in Moab.

A nice campsite also exists on a hill just before the turn onto the Dubinky Well road.

From here, you can ride the east side of Bartlett Canyon or south along some cliffs to Wipe Out Hill, which is popular with Jeeps. If you are an experienced horseperson, you can walk (recommended) or ride your horse up Wipe Out Hill and get to the backside of Merrimac Butte and continue on to either Tusher Canyon or Mill Canyon, or go east to Uranium Arch. If you ride through Tusher Canyon, you can loop back through Bartlett Canyon and return to the Lone Mesa campground. This ride will be around 20 or more miles.

Another area you can park or camp is the Mill Canyon Road/Cotter Mine Road access. Exit 191 onto Mill Canyon Road about 1 mile south of the airport, and park about 1 mile in. Mill Canyon Road gives you the easiest access to Bartlett Canyon, The Pickle, Tusher Canyon, Tusher Tunnel, Mill Canyon, and the Old Stage Halfway ruins route to Monitor & Merrimac.

Many of the trails in this area are shared with off-road vehicles, and some are just hiking and singletrack mountain bike trails. All users that we have met have showed respect for our horses, and we always exit the roads and trails to allow for safe passage of all.



My favorite trails are the canyon trails; Mill Canyon, Tusher Canyon, Old Stage Coach Halfway Canyon, Bartlett Canyon, Hidden Canyon, and the Pickle. These canyons usually have some water, but not always. If you are near Tombstone, the closest water is Bartlett. Pickle Canyon is a short but nice slot canyon, just narrow enough to be interesting and safe to ride.

It has three ledges where most riders should get off and walk their horses for safety's sake. The Pickle can be found by riding southwest from the Bartlett Wash campground along the Bartlett Road until you come to a right turn at the "Pickle" sign. After you exit Pickle Canyon, you can turn right to Hidden Canyon or left to the Bartlett Wash Road.

Signed Jeep routes in the area are 3-D, SS (Secret Spire), CG (Crystal Geyser), WO (Wipe Out Hill), and MM (Monitor & Merrimac). The road names are Spring Canyon, Spring Canyon Point, Bartlett Canyon, Dubinky Well, Mill Canyon, Cotter Mine, and Dripping Spring.

Points of interest include Dellenbaugh Tunnel, Secret



Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.



Safe Solar Eclipse Viewing

On the evening of May 20, 2012, the skies over southeast Utah will host a rare celestial occurrence: a partial solar eclipse. Arches and Canyonlands National Parks and Natural Bridges National Monument will offer special ranger-led activities to help visitors enjoy this unique experience safely.

At the Moab Farmer's Market on Saturday, May 19th, visit the NPS booth and learn how to make your own solar eclipse pinhole viewer.

On Sunday May 20th, between 6 p.m. and 9 p.m., join a ranger at one of these park locations with unobstructed views of the eclipse:

- Pothole Point, Canyonlands National Park, Needles District,
- Green River Overlook, Canyonlands National Park, Island in the Sky District, or
- Panorama Point, Arches National Park.

In addition, Natural Bridges National Monument will offer a special ranger talk at 6 p.m. in front of the Visitor

Center. Solar eclipse viewing with a solar scope and solar viewers will take place after the talk until dark.

Looking directly at the sun without a proper solar filter can cause severe eye damage, including blindness; sunglasses do not provide sufficient protection. Rangers at each location will provide approved solar viewing devices and assist visitors with understanding the celestial mechanics that cause this special event.

To learn more about solar eclipse viewing at other parks, please visit:

<http://www.nature.nps.gov/features/eclipse/index.cfm>



Story and photos by Richard Coffinberry

Spire, The Needles, Tombstone Rock, Dubinky Well, Monitor & Merrimac, and Determination Towers.

Depending on you and your horse, rides can be as short as 6 miles or on up to 20, 30, or 50 miles. All you have to do is plan what sections you want to ride and then combine them for length.

Helpful websites:

- <http://www.discovermoab.com/horseback.htm>

DiscoverMoab will have ride photos & maps starting in May.

- <http://www.utahmountainbiking.com/trails/monitor.htm>
- <http://www.moabendurance.com/>

Richard Coffinberry is a member of Canyonlands Back Country Horseman, Canyonlands Rodeo Club, Grand County Trail Mix, and Grand County Search and Rescue. He has been riding the Moab area since moving here in 2009 with his horses Outlaw and Dundee.

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INNOVATIVE HAPPENINGS

Robin Wilson

by Joan Gough

"We were doing eco-tours before they were called that, and before anyone else was doing it. We got press because of it." "We" were the founders of Canyonlands Field Institute, Robin Wilson and Karla VanderZanden. I was interviewing Karla at the Wake 'n' Bake in Moab as part of this series on people whose creativity, love of Moab, and willingness to sacrifice for a dream pulled Moab through the uranium bust years into the present. Robin and Karla were part of that group.

In 1982, Karla was sitting in the student union at Utah State University (USU) with friends also destined to be part of the Moab community--Alice Drogin, Tim Graham, Audrey Graham, and Kate Kitchel. Discussing their career plans, Karla said she'd like to bring her love of river running, camping, and outdoor education together. Kate said, "You should meet Robin Wilson in Moab." Kate knew Robin had gone to H. K. Hancock at the USU extension office to discuss using their facilities for an outdoor education program. She had also considered using the Professor Valley ranch which was her and her husband Bates Wilson's home.

In May of 1983, Robin and Karla met for coffee on Robin's front porch. Watching the sun come up, they discussed their ideas for getting people into the Moab area and raising their understanding of it. Bates had died earlier that year which left Robin alone to run the ranch and raise two daughters. Karla was still a West Water River Ranger on the Colorado and going to graduate school, but by June 5, of 1984, Karla had graduated, and they incorporated as Canyonlands Field Institute (CFI).

Naming the Institute was an adventure. Robin, Karla, and Barry Miller, Karla's husband, ran West Water as a daily, but they put in at Loma, Colorado because the West Water Ranger Station was flooded out. Normally a two to three day trip, they ran from Loma to Cisco, Utah in a day. With the river running at 60,000 cubic feet per second (cfs), when normal for spring run off might be 20,000 to 35,000 cfs, they must have been busy navigating, but they still found time to come with up the name.



"CFI has always had the same goal--to establish a meaningful connection between kids and the Colorado Plateau. That includes the peoples of this area as well as the science", Karla explained. "It was important to Robin that we be gracious hosts to the people who came to the Colorado Plateau and those who lived here. We wanted to dialogue in a softer way about caring for the place and wanted to emphasize relationship. Robin had a saying, 'Any kind of footwear is welcome on this porch.'"

That also sounds a lot like Bates, Robin's husband and retired superintendent of Arches National Park. In Down the Colorado, Jim Carrier recorded a conversation he had with Robin. "There were a couple of years, after Bates died, when I wondered whether I should be doing something to preserve an attitude. Bates was not a person who wrote things down. There is very little of his legacy on paper." And so she formed CFI, in part, as "a carrying on of an attitude, of wanting this country understood and enjoyed. . . the way Bates had understood it and shared it--letting it speak for itself.

"Gracious," was the first word Alice Drogin used to describe Robin when I asked how she remembered her. She said she also admired her intelligence and integrity and saw her as a role model. For Karla, she was a life, as well as career mentor. "She could be direct in that capacity, trying to smooth off some my hard edges."

Mentor, role model, business woman, outdoor educator and guide were all roles Robin filled with aplomb, but Robin was first a mother, according to Karla. "She had two teenage daughters when Bates died, and while she donated many unpaid hours to CFI, the girls came first."

Robin's idea of a nightly, multi-projector, slide show featuring the canyon country came together with the production of The Canyon's Edge. It was written and narrated by Terry Tempest Williams, the photos were by Tom Till and Bruce Hucko who also programmed it. Originally, it required eight slide projectors, and was shown in the big barn that has since become Eddie McStiff's. Christy Williams, now program director for KZMU and others, took the unwieldy show on the road to communities of Eastern Utah and the Western Slope of Colorado.

Early on, CFI presented programs for adults as well as children and were very successful at it. They offered classes with credit from USU taught by such local experts as Tom Till and Steve Mulligan--photography, wild flower identification--Lee Goodman and desert ecology--Tim Graham.

Robin died May 3, 1991 of cancer at the age of 56. Her death was a blow to the organization and to all who knew her. Still, CFI survived, and today is a healthy non-profit carrying on in her spirit of letting people discover the desert and helping them appreciate what they find.

Remembering Robin Wilson nearly thirty years after their initial meeting, Christy Williams recalls, "Robin was one of the first people I met on moving to Moab, so I associated her with the place. She was a good person to imprint on since, like Moab, she embodied spaciousness, gravity [as in grounded] and peace. Everything good you could say



Early staff of Canyonlands Field Institute: Sue Bellagamba, Marian Ottinger, Angela Bautista, Karla VanderZanden, Robin Wilson

about wild places, you would get in a micro dose being in Robin's company."

Sue Bellagamba also recalls how everyone--neighboring ranchers, east coast visitors and young idealists--felt at home on the porch in Professor Valley. But it wasn't as though she spent her days sitting there, for she often had to get up and irrigate before driving the River Road into town to be at the CFI office at 8:00. Robin combined the grace and manners of her east coast upbringing and Smith College education with the roll-up-your-sleeves and don't-shy-from-the-dirty-work attitudes of the West.

Finally, I will let Robin speak for herself in this letter she wrote to Theresa King, President of the Moab Chamber of Commerce, upon being named Citizen of the Year for 1989.

January 26, 1990

Dear Theresa:

I write to you as spokeslady for the Chamber, but with those in mind who had to deal with the fine roster of nominations for the Citizen of the Year Award.

First, my very sincere thanks for this honor. It is still an overwhelming thought for me. It is an incentive. It is a statement of caring and trust. In that light, it is humbling.

Secondly, it says to me something about the values and privileges of life in a small town. In larger places, you lose the connectedness of lives. Here, we are all woven together in many ways. It is the way life is supposed to be.

If good things can happen anywhere, they will happen in Moab because of this interdependency.

Sincerely,

Robin



Karla VanderZanden, Alice Knee, Anne Wilson, Robin Wilson

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NON-PROFIT HAPPENINGS

Rocky Mountain Elk Foundation

The Rocky Mountain Elk Foundation is a non-profit organization dedicated to the mission of ensuring the future of elk, other wildlife and their habitat. The Canyonlands Chapter of the Rocky Mountain Elk Foundation was established twenty-two years ago, just six years after the national chapter was established in Missoula, Montana. Since that time, the Canyonlands Chapter has spent countless hours and raised hundreds of thousands of dollars to aid in the mission of the organization.

To date, the Rocky Mountain Elk Foundation has protected and enhanced over 6 million acres, supported over 7,400 projects and has restored long-absent elk populations to states throughout the east. In the state of Utah the Elk Foundation has conserved or enhanced approximately 918,000 acres and has funded over 315 projects that vary from habitat enhancement to wildlife studies. Multiple projects have been done locally in the Book Cliffs, La Sals and Elk Ridge which include noxious weed eradication, placement of guzzlers, spring enhancement and juniper thinning.



Elk are members of the cervid family along with deer, moose and caribou. There are six recognized subspecies of elk in North America (two became extinct in the late 1800s) with all of the elk in Utah of the subspecies known as Rocky Mountain elk. Statewide elk populations range around 68,000 and local populations hold approximately 2,300 elk in the La Sals, 4,650 in the Book Cliffs and 1,400 in the Abajos and Elk Ridge.

Elk males, females and young are known as bulls, cows and calves, respectively. Calves are born in May or June into nursery bands of gregarious cows and calves. Within weeks the nursery bands will disperse into smaller groups across their summer range. At this same time, bulls can be found banded together in "bachelor groups". In early September the rut begins, in which bulls begin to bugle and gather cows into harems. Bulls vigorously defend their harems from other "satellite" bulls attempting to breed their cows. After the rut, bulls will return to their bachelor groups in which they will spend

the remainder of the year.

Elk are a generalist ungulate (Latin word for "hoof"), and have a varied diet which consists of grasses, forbs and shrubs. This flexible diet allows elk to live in a variety of habitat types including all of Utah's mountains as well as some of the low deserts. It is common for the elk of Utah to spend their summers at high elevations in aspen conifer forests and the winter at mid to low elevation habitats which might include mountain shrub and sagebrush communities.

Annually the Canyonlands Chapter of the Rocky Mountain Elk Foundation holds their Big Game Banquet. This evening is an elaborate event in which volunteers put together an evening of auctions (live and silent) raffles and games, meant to generate funding for the mission of the foundation. This year's annual banquet will take place at the Grand Center on May 19th. If you're interested in attending, donating or volunteering for the event reference our website at rmefcanyonlands.org and be sure to mention you read it in *Moab Happenings*.



Strategic Planning for non-profits

The WabiSabi Nonprofit Network (WSNN) will be hosting a free workshop for nonprofit organizations May 17th, 2012 at Zions Bank. Fraser Nelson, founder and Managing Director of the Community Foundation of Utah, will focus on Strategic Planning and Social Enterprise for the nonprofit organization. Lunch will be provided.

This workshop aims to give organizations new ideas and simple tools they can use to build their organization for longevity. From 11:00am-12:30pm, Strategic Planning for Capacity and Capital will explore how nonprofits can develop a practical strategic plan that can help build capital and capacity, in an energizing way. 1:00-2:00pm, Are you Ready for Social Enterprise?, looks at how social enterprise can bring a sustainable, positive, impact on people and communities by creating jobs for individuals who have been

shut out of the workforce and in the process, help non-profit organizations reduce their dependence on annual donations.

From 2:00-2:30pm, Fraser in turn will ask Moab nonprofits how the Community Foundation of Utah can better serve the Moab area. She will also present information about a new online tool called "Days of Giving" that brings new donors to agencies and a new awareness of the value of the nonprofit sector to our communities.

Fraser Nelson has held positions of leadership in nonprofit organizations large and small in places as diverse as Appalachia, Minneapolis, Seattle and New York City and has a deep understanding of the role they play in improving civic welfare. In 2008 she and venture capitalist Greg Warnock founded the Community Foundation of Utah. The foundation helps people gather assets and ideas to serve Utah.

Fraser also teaches nonprofit management classes for the David Eccles School of Business, the Nonprofit Academy, and the Center for Public Policy and Administration at the University of Utah.

The WabiSabi Nonprofit Network exists to help local organizations and individuals more effectively meet the needs of our community. It is funded in part by the United Way of Southeastern Utah. The network strengthens the presence of these organizations, educates the public on the value of these organizations, enhances member groups' effectiveness, and encourages networking. WSNN meets regularly and encourages more organizations to join the conversation. Please contact Jeff Cohen at (435) 259-2553 for more information or to register for this workshop.

MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alcoholics Anonymous/Alan	259-7556	Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches Adult Education (Trish Hedin)	259-2293	Moab Horse Racing Association (Chuck Henderson)	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom)	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton)	259-6521	Moab Masonic Lodge #30	www.moabmasons.org ... 260-9169
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Rock Club (Jerry Hansen).....	259-3393
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance).....	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Taiko (Stephanie Dahlstrom)	259-2264
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Teen Center-Club Red	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert)	260-8197
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends of Canyonlands Health Care (Tom Edwards)	260-1504	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of the Grand County Library (Adrea Lund)	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock Forests	259-5640
Grand County 4-H (Marion Holyoak)	259-7558	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Food Bank	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse	260-1039	Senior Center (Verleen Striblen).....	259-6623
Humane Society of Moab Valley	Animal Services 259-4862	Sierra Club (Kay Stewart-McLean)	259-6199
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff)	www.moab-solutions.org ... 259-0910
La Leche League (Kathy Grossman)	hkkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas)	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International	259-5767
Moab Arts Council (Bruce Hucko)	259-4176	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Arts Festival (Theresa King)	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Arts & Recreation Center	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells)	259-7814	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org ... 259-3313
Moab City Recreation (John Geiger)	259-2255	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter)	259-8378	Youth Garden Project (Jen Sadoff)	259-BEAN (2326)
Moab Country Club (Rob Jones).....	259-6488		

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

SHOPPING GUIDE




EXPLORE DISCOVER PLAY CREATE

Savage Spirit!

A unique mix of local & regional handcrafted clothing, jewelry, home decor & objet's d'art!

Featuring handcrafted porcelain jewelry by Leigh Metz
Made in Moab!



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Sun 10am-7pm

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Mile 14, Hwy 128
435-259-3332

Castle Creek Winery offers complimentary wine tasting and sales seven days a week in our new tasting room. Our gift shop has everything from gourmet cheeses and snacks to t-shirts, hats and wine trinkets. Stop by and sample some of our award winning wines and enjoy the breathtaking views surrounding our vineyards. We are located 14 miles upriver from Moab on Scenic Highway 128.



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Dave's Corner Market has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We carry cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail!



137 N. Main St.
435.259.5855
www.bretridge.com

Visit The Edge Gallery on Main St. in downtown Moab to view dynamic fine art landscape photography by local photographer Bret Edge. Photographs are presented as a canvas gallery wrap or an archival plaque mount for a unique and durable alternative to conventional framing. Various print sizes are available and all orders of \$200 or more ship for free anywhere in the United States, including Alaska & Hawaii. International shipping is available at low rates. We also carry affordable gifts including greeting cards, small matted prints, calendars and more.

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29 East Center 435-259-8404

A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9 pm for a stitching social and enjoy getting to know other fiber artists. Hours: Monday - Saturday 10am - 5:30pm. Visit us online at www.desertthread.com.



40 West Center St. 435-259-0739
Hours: Tue-Fri 10 - 5 Sat 10 - 3

Our shop is filled with fabrics that call to you, inspire and reward you. Come in and check out our great selection of fabrics to suit your style. Patterns, books, notions, gifts and classes to suit beginners and beyond. Chairs for husbands! Check out our new website for classes on purses and pillows - www.itssewmoab.com



Lonestar Boot Store
397 N. Main St. 435-259-5663

With name brands of quality boots in stock, including Justin, Tony Lama and Twisted X, the store provides a wide range of styles and sizes to meet your needs. For those that need safety footwear, a line of sturdy work boots including steel toes are also available.



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Locally owned and Operated. Entering our second year of providing Moab's Northwest end a quick stop neighborhood market. Headed North? Avoid the traffic by using 500 West and stop in for a cold or hot beverage, beer, cigarettes, ice, snacks, groceries, candy, ice cream novelty and more.

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SHOPPING GUIDE



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WabiSabi Thriftique A Luxury Thrift Shop

411 East Locust Lane
259-9114 • www.wabisabimoab.org

WabiSabi, a luxury thrift store in Moab, is not your typical thrift store. We feature only the best in used quality clothing, collectibles, sportswear, books & camping equipment. WE HAVE WHAT YOU FORGOT TO PACK. WabiSabi supports local nonprofits & produces workshops that have a positive impact on our community. Open from everyday 10am to 7pm. Visit our warehouse (at our new location -1030 Bowling Alley Lane) for reduced price clothing, furniture, construction materials and housewares. Open everyday 9 am - 6 pm.



Rave 'N Image
59 South Main, #5
LOCATED IN
McStiff's Plaza
259-4968

The Rave 'N Image is a fabulous boutique with lots of style and variety. We carry UNIQUE & BEAUTIFUL JEWELRY, CLOTHING, ACCESSORIES & GIFTS including, hats, bags, belts & buckles, wallets, candles, soaps, lotions, perfumes, incense, sunglasses, bathing suits, cards & journals, wall art, make-up, body jewelry & so much more. Come by the Eddie McStiffs Plaza (59 S. Main St. #5) to see what people are "rave'n" about! Open daily at 10 am. 259-4968



87 N Main
435-259-2ART (2278)
facebook.com/savagespirit.moab

Savage Spirit! features a unique variety of local & regional handcrafted clothing, jewelry, gifts, home decor & objet's d'art. Home of Savage Spirit! silks; scarves & clothing made in Moab by owner & award winning fiber artist, Cathya Savage-Haas. Cathya also creates Desert Savage clothing - colorful hand dyed & block printed cotton clothing. And be sure to check out Stoneage Jewelry made by Cathya's husband, award winning jewelry artist, Jim Haas. Jim cuts & polishes his own stones & hand fabricates sterling silver settings. In addition, Savage Spirit! features an eclectic mix of whimsical & funky jewelry, home decor & objet's d'art hand crafted locally and regionally!



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290 South Main • 259-5959
Open everyday 7:30am

Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.

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Open Mon - Sat 10am - 5:30pm
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SHOPPING GUIDE MAP

The map shows the following locations marked with stars:

- MC's on the Corner
- Lone Star Boots
- Canyon Voyages
- The Edge Gallery
- Savage Spirit!
- It's Sew Moab
- Arches Electronics
- Moab Barkery
- Desert Thread
- Rave 'N Image
- Pinyon Tree
- Hogan Trading Co.
- Walker Drug
- WabiSabi Thriftique
- Dave's Corner Market
- Millcreek Drive
- Royce's Electronics

HEALTHY HAPPENINGS

21st Century Medicine – Band-aids or True Healing?

by Ray Andrew, MD

Feel as if you are winding down?
No, it's not because you're getting older.
You might just need some hormones.

Call the bioidentical hormone specialist for a consultation. Chances are you'll join the many men and women who swear they must be twenty years younger.

GRAND COUNTY Wellness Center
Ray Andrew, M.D.
435-259-4466
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Kira Schneider @ 435-260-1767
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- Therapeutic Intuitive Counseling
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Please call for an appointment
Every 6th session FREE!

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MOABTHERAPEUTICBODYWORK.COM

The other day I saw an ad depicting Larry the Cable Guy trying to sell Prilosec. "Suffering from heartburn day after day is as unnecessary as wearing sleeves," he says. It might be catchy, and it obviously sells, but it makes no more sense to take a drug to cover up heartburn than it does to cover up a skin cancer with a Bandaid every day.

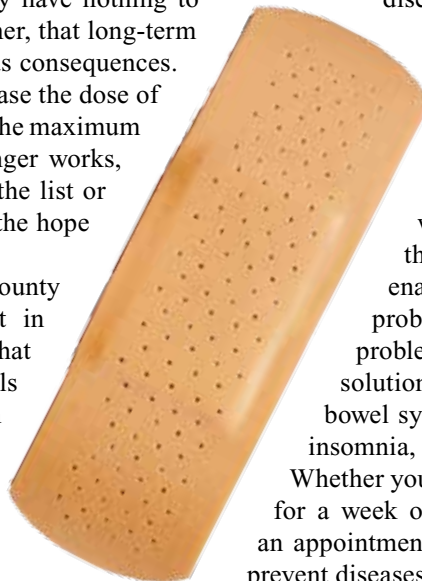
Unfortunately, this has been the approach physicians have taken toward a host of health problems for over 100 years. Instead of making the effort to determine the cause of an individual's heartburn, for example, we are content to suppress it with drugs that reduce stomach acid. As long as the patient feels better now, never mind the fact that excess stomach acid may have nothing to do with the problem. Never mind, either, that long-term acid suppression has some very serious consequences. When the heartburn worsens, we increase the dose of stomach acid-reducing medicine until the maximum dosage is reached. When that no longer works, patients are offered the next drug on the list or even advised to go under the knife in the hope of fixing the problem.

By contrast, at the Grand County Wellness Center, our interest is not in merely finding the magic pill that temporarily suppresses or controls every symptom. Instead, we search for potential causes and make every effort to help patients rebalance their physiology. Our approach is straightforward. Give the body what it needs; remove what it doesn't need; treat causes, not symptoms. The body has a remarkable ability to heal itself if we give it the right fuel, remove the obstacles to health, and utilize an ever-growing array of tools to support the body's repair. The more we learn, the more we discover that nobody has all the answers and that no single treatment is the definitive answer to a given condition.

Fortunately, people are becoming increasingly aware that covering up each symptom with a drug doesn't necessarily solve their problems. As a result, they are demanding more effective, less risky (think of all the side effects and complications rattled off at the end of the commercials), and more personalized care. They even ignore national expert committee opinions and specialty society consensus guidelines that seek to reduce human beings to numbers and medical professionals to technicians in an assembly line. Fortunately too, when

doctors run lab tests and say "there is nothing wrong with you, just take this pill," patients are no longer content. They keep looking.

At the Grand County Wellness Center, we do not pretend to have all the answers; but we are always learning. Thanks to weekly continuing medical education from experts across the country, we do not practice the same medicine today as we did even one month ago. And we are never satisfied to just control symptoms. If you are driving and notice your steering wheel tugging toward one side, you wouldn't just grip the steering wheel harder. Before too long, you would check your tire pressures and then your alignment. We feel the same way about diseases that arise in the human body – It makes much more sense to step back and take a look at what might be causing them than to merely compensate for or try to cover them up. When routine lab tests come back normal (or are simply not relevant in the first place), we are fortunate to be able to draw upon the resources of multiple specialty labs that enable us to get to the bottom of perplexing problems. A small sampling of the common problems for which we have uncommon solutions includes fatigue, depression, irritable bowel syndrome, constipation, muscle weakness, insomnia, sinus congestion, and yes, heartburn. Whether you have been dealing with issues like these for a week or decades, you might want to schedule an appointment. Or, if you feel fine now but want to prevent diseases for which you are or think you might be at risk, you will find refreshing our focus on true disease prevention, not just early detection. Either way, join your friends and neighbors in discovering the benefits of 21st-century medicine.



TWO MOBILE DENTAL CLINICS ARE COMING TO MOAB.

MONDAY MAY 7TH - GRAND CENTER
SPONSORED BY GREEN RIVER MEDICAL CLINIC
\$25.00 EACH VISIT - BRING PHOTO ID AND PROOF OF INCOME
EXAM, X-RAY AND CLEANING

MONDAY MAY 14TH - GRAND CENTER
MUST HAVE NO DENTAL COVERAGE AND BE UNDER THE 200% OF POVERTY
\$20.00
EXAM, X-RAYS AND CLEANING
CALL 435-259-5602 TO SET APPOINTMENT TIME

If further work is needed, follow up appointments will be scheduled Tues - Friday of each week.

Healing Arts Center Massage

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Sarah Ball, LMT, NCTMB 260-2238
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Accupressure, Swedish, Deep Tissue, Shiatsu, Sports, Bellanina Face Lift Massage, Spinal Touch, Polarity, Cranialsacral, Foot reflexology, Gift Certificates, Group Bookings

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Behind the Information Center

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www.moabchiropracticmassage.com

Dr. Christopher Kasprick D.C.
Dr. Shelley Kasprick D.C.
L.M.T. Felix Tatarovich

HEALTHY HAPPENINGS

Moab 's Spanish Valley Health Clinic

The Spanish Valley Clinic was opened in August of 2010 as an extension of the services of San Juan Health Care Services. This came on the request of many San Juan County Residents in Spanish Valley who pay taxes in San Juan County and desire healthcare where they reside. The Spanish Valley Clinic is proud to be able to serve the needs of its residents and the Moab community. "We're extremely proud of each member of our staff and recognize the important role they play in extending a sense of trust to our patients and our communities."

Dr. Lance Allen, D.O. recently joined the Spanish Valley Clinic Team. Dr. Allen has a strong desire to build an obstetrical practice in Moab. He is currently taking new obstetrical patients as well as providing families with general care. Spanish Valley Clinic's other providers include Blen Freestone, PA-C and Kris Hayes, MD. Freestone also practices in family medicine but with an emphasis on functional medicine including: food allergies

and intolerance as well as hormone replacement for both men and women. Dr. Hayes provides surgical consults and follow-up visits every Thursday at the Spanish Valley Clinic. Dr. Hayes is the resident surgeon for San Juan Hospital.

In March, 2012, Kelsie Backus, RN was hired as the manager for the Spanish Valley

Clinic. Kelsie brings over 20 years of experience in the medical profession to the clinic. She spent the past 4 ½ years working at St. Mary's Hospital in Grand junction, Colorado, in High Risk Obstetrics. Kelsie's knowledge and experience makes her equipped to handle the needs presented at the clinic. She is a great asset. She, along with the doctors and staff of San Juan Hospital and staff of the clinics in Moab, Monticello and Blanding, are providing those patrons of Spanish Valley Clinic exceptional patient care.

In 1988, the San Juan Health Services District was created as a special services district under the county's



Moab's Spanish Valley Health Clinic
 11850 South Highway 191, Suite B10
 in the Moab Business Park
 435-259-7606 / 435-587-5054
 www.sanjuanhealthservices.org

Introducing the addition of
Dr. Lance Allen.
 Offering OB services from
 pre-natal to birth.

San Juan Health Services
 "We Do What's Best For The Patient"

umbrella. In 2006 it became a 25 bed Critical Access Hospital. San Juan Hospital was recently named by the National Rural Health Association as one of the Top 100 Critical Access Hospitals in America. They will be celebrating National Hospital Week May 6th- 12th and offering numerous discounted services to the public. For more information on Hospital Week Activities call 435-587-2116. To schedule an appointment at the Spanish Valley Clinic call 435-259-7606 or 435-587-5054.



Grand County Hospice

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.

We're here for you when you need us most.

Grand County HOSPICE
 450 West Williams Way, Moab, UT 84532
 435-719-3770
 A division of Moab Regional Hospital

SPA MOAB

Massage
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Moab Regional Hospital Promoting Strategies to Maintain Health and Wellness

by Jennifer Sadoff

Until the late-1980s, Type 2 diabetes was considered a disease of the middle-aged and elderly, developed after years of poor diet and lack of exercise. Unfortunately, a diet heavy in sugar and a decrease in physical activity have led to a dramatic increase in diagnosis of Type 2 diabetes in adolescents and children as young as five. Recent sobering research indicates that Type 2 diabetes

This summer at the Moab Farmers' Market, Moab Regional Hospital will begin introducing a new campaign of eight healthy habits that will help address the epidemic of obesity and obesity related diseases. Led by Janel Arbon, certified dietician at MRH, the hospital's tent will focus on hands-on education and fun inspiration to get fit. It will be set-up at the first Farmers' Market each month. Cooking demonstrations that introduce new ways



to prepare vegetables, educational displays about the content of sugar in different beverages and cereals, and services such as blood pressure tests, will help community members monitor their health and make healthy changes in their diet and lifestyle. To find out about the different activities that will be offered throughout the summer, visit the Moab Regional Hospital Facebook page, or call Jen Sadoff

at 435-719-3514. The Moab Farmers' Market is held at Swanny City Park every Saturday from 8am-Noon from May through October. For more information on the Farmers' Market, visit the Youth Garden Project website at www.youthgardenproject.org.



progresses much faster and is harder to treat in children than in adults. Physicians are calling for communities to get proactive about addressing the problem of obesity, as this is clearly not an issue that can be addressed in the doctor's office alone.

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AROUND MOAB

Off the Map Bridge to the Past: Part Two

By Doug Tree

Boots on, packs checked and shouldered, we stomp across slickrock and descend into White Canyon. Stepping back through a millennium of geologic time with each step, the air grows first cool then cold along the southern edge of a massive cliff face casting permanent shadow along a stretch of trail lined with a population of fir trees growing at low elevation. The sunlight had reached the tops of giant cottonwoods growing along the edge of the steam running along the canyon bottom still far below, bright yellow autumn leaves reflecting their light back up to us. We pass an ancient mud and brick granary, now reduced to rubble by blundering tourists despite a sign placed by the Park Service requesting visitors not disturb the ruin. It's in such bad shape that my client doesn't bother to photograph it. Nearby on a sandstone outcrop we find sharpening grooves cut deeply into the rock.

today, not even footprints.

After lunch we explore further to find that the canyon ends, as so many drainages do in this country, at an impassible vertical pour-off. The sun is now well past it's half way point in the sky and we turn to retrace our route back and the long steep climb out of the canyon. Upon reaching the truck, my client offers a handshake and a heartfelt compliment. I inform him that the day is not over yet and we set off rim walking the canyon up past the bridge and back to the first big ruin complex we encountered earlier. From our high vantage point we examine the ruins that were inaccessible up on the ledge and find a massive kiva, numerous dwellings and granaries.

Usually after a long day on the trail my clients are quiet and tired on the ride back to Moab but today's ride is filled with questions about our hike and other places



Here the trail takes off steeply down hill as if impatient to reach the wash bottom nestled in the rocks below. We pass through the massive shadow of the bridge, slipping and sliding our way to the canyon bottom. My client confirms he has indeed been here before by leading me down the trail and instinctively turning left as we reach the canyon bottom, following a well worn tourist trail used to reach the remaining bridges. I stop him before he crosses the wash.

"This way." I point to a faint trace leading off from the main trail. After forty-five minutes of bush whacking, stream crossings and route finding around numerous rocky and muddy obstacles we come to a massive complex of ruins on the north side of the canyon. The site is divided into structures along the edge of the wash and a second big group built about fifty feet up on an inaccessible ledge directly above. There are a couple of kivas - one restored, granaries, a cooking or community structure and what appears to be storage or possibly sleeping structures complete with doors built low to the ground and up against the canyon wall. We catch a tantalizing glimpse here and there of the ledge ruins above but they can only be accessed by a very long ladder.

Continuing up the wash bottom we come to a second ruin just around the next bend and the cameras come out again. Wandering another mile, another set of ruins appears including a set of double granaries and a kiva. I can tell by the smile on my client's face that he is enjoying his trek. Up canyon we go, stopping at yet another kiva site for some lunch, conversation and reflection. Sitting in the comfortably warm fall sun among the ruins and rock art seemed like a shared experience with those who came before us so many centuries in the past. We haven't seen another person so far

that were similar in nature to White Canyon. I help carry his gear up to his room and give him one of my business cards. In return he passes along the biggest tip I've ever received for a day of guiding. The satisfaction I receive from having a grateful customer far outweighs any gratuity they may offer.

If you would like to experience a Moab backcountry adventure call or visit www.moabguideservices.com for more information. (435) 210-1495

Part 1 of "Off the Map" was published in the April 2012 issue of *Moab Happenings*.

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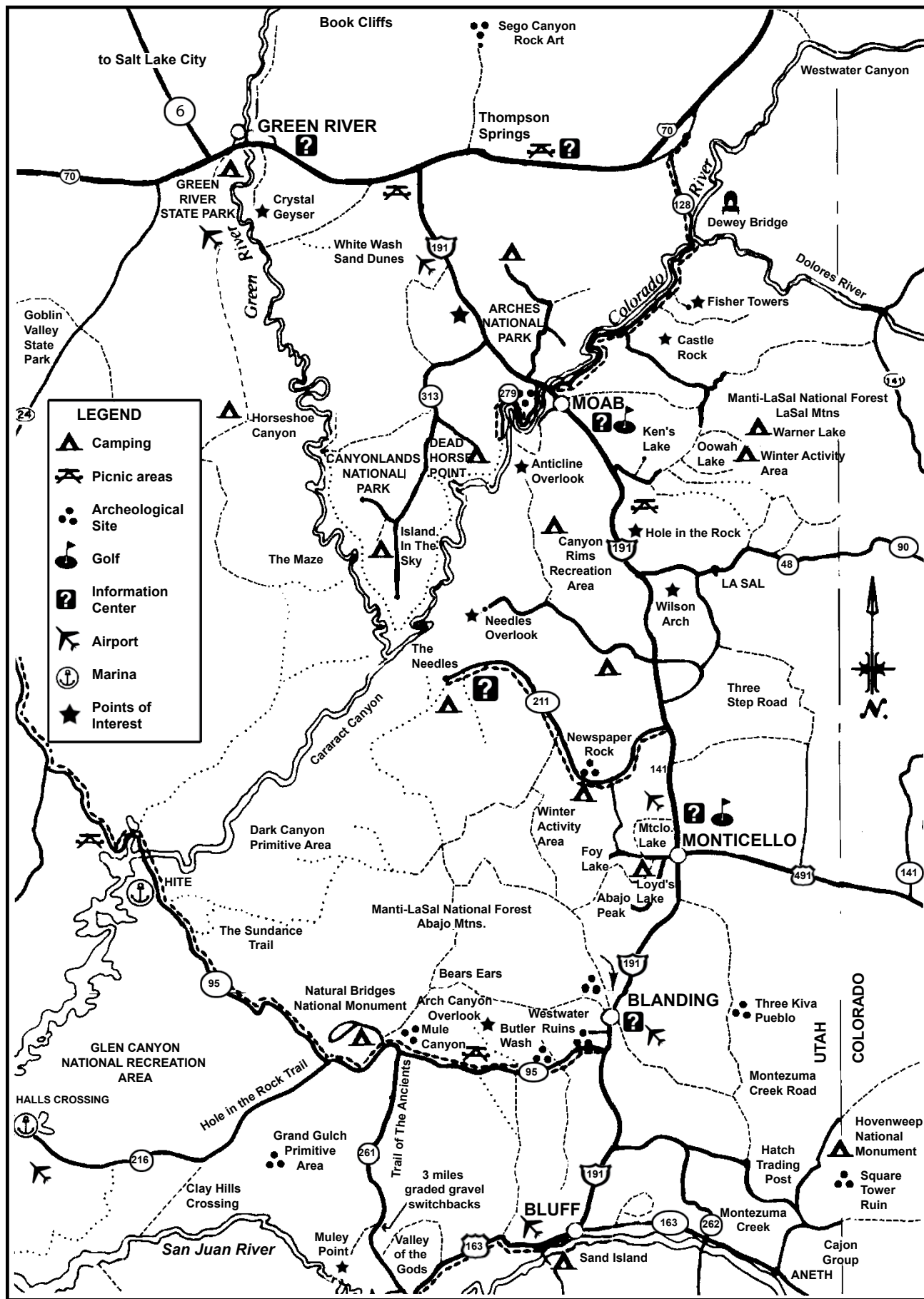





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Alex Meininger M.D.

As an athlete, Dr. Meininger understands that sports and activities are a lifestyle. His #1 goal is to return patients' function at home, at work; on the trail or on the field. His philosophy is to exhaust advanced rehabilitation and non-operative therapies before considering surgery.

Dr. Meininger received his M.D. from Rush Medical College of Rush University, and completed his



residency at the University of Illinois Affiliated Hospitals. His interest in sports medicine led to a fellowship in Arthroscopic Surgery & Sports Medicine at the University of Chicago.

Dr. Meininger is a published author of numerous articles

on orthopaedic topics, and has taught and given presentations to other orthopedic surgeons.

L. Edwards Weeks M.D.

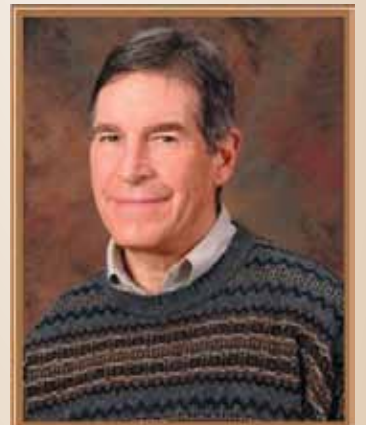
As a general orthopaedic surgeon and shoulder/upper extremity specialist, Dr. Weeks offers the highest quality care to his patients in a personalized manner. Conservative (non-surgical) care is recommended for many patients of all ages.

Dr. Weeks graduated magna cum laude with highest honors from Williams College in Massachusetts. He received his MD

from Columbia University College of Physicians and Surgeons with post-graduate training at Brown University and in Europe.

While practicing emergency medicine and attaining board certification, he discovered his love of orthopaedics and returned to New York for orthopaedic residency at the New York Orthopaedic Hospital of Columbia-Presbyterian Medical Center. Dr. Weeks practiced in Salt Lake City for 25 years before moving to Moab.

Dr. Weeks has been involved in research, teaching and has given many presentations to other orthopaedic surgeons, most recently speaking on shoulder replacements.



COMMUNITY HAPPENINGS

WabiSabi Art Tent at Moab Arts Festival

It is the WabiSabi belief that beauty lies in imperfection, that new is not necessarily nicer, and that our discards could very well be our salvation. In this way, WabiSabi is more than just an organization; it's a way of life.

WabiSabi is a Moab-based nonprofit that exists to support the health and wealth of the entire community. In pursuing this end, WabiSabi works via many avenues, bringing the WabiSabi philosophy to its multi-tiered efforts.

WabiSabi operates two thrift stores in the Moab community that serve to recycle materials that would otherwise be deposited in the landfill. Proceeds from the sale of these donated items are distributed among WabiSabi's nonprofit partners, thus contributing to their financial viability. Those making purchases or donations at WabiSabi's stores are able to vote for the organization that they'd most like to support. Twice a year, financial awards are distributed based on the percentage of votes each nonprofit receives.

Each store has its own personality. The Thriftique is a gem of a store with a variety of unique and sought-after items. This store features the best in used quality clothing (adult and children's), collectibles, sportswear, books and camping equipment. The Thriftique is located at

411 Locust Lane (across from Milt's) and can be reached at 259-9114.

The Warehouse is a great place to wander and rummage in the best tradition of old-fashioned thrift stores. This location features reduced price clothing, furniture, housewares and children's items. The Recycled Building Materials section is also found at the Warehouse, offering up all that you might need for your next remodeling project. The Warehouse is located at 1030 Bowling Alley Lane, in the Rick's Glass Building by ALCO. They can be reached at 259-3313.

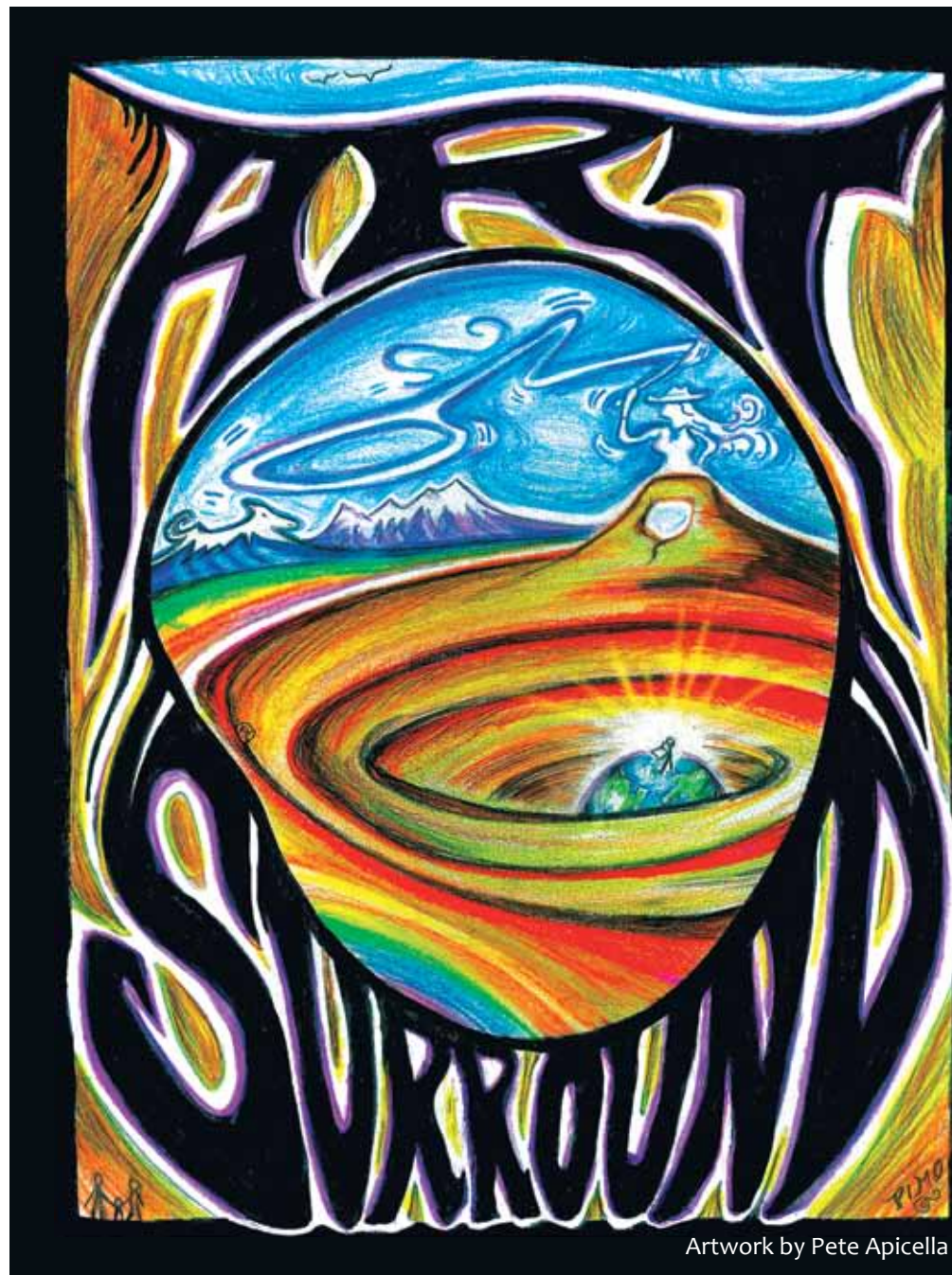
However, WabiSabi is much more than just thrift stores. While the stores are the essential, beating heart of the organization, WabiSabi's reach extends beyond the walls of its storefronts and into every corner of the community. WabiSabi engages in educational outreach about its local nonprofit partners, enhancing their voice

and presence in the community. WabiSabi also puts on free workshops emphasizing sustainability and creative expression. The organization offers a grant – the Make A Difference in Moab Fund – that supports projects seeking to increase the quality of life in the area. WabiSabi donates materials from its stores to in-need communities and the organizations that serve them. And the organization provides free community meals each winter – a season when many residents find themselves out of work.

WabiSabi's Art Tent offers arts and crafts projects for children at festivals, including the upcoming Moab Arts Festival, May 26th and 27th. By creatively repurposing materials that may otherwise be destined for the landfill, the WabiSabi ethic is passed to new generations. An old t-shirt finds new life through tie-dyeing. Retired panty hose, sawdust, and non-recyclable cups grow into Grass

Heads with the addition of grass seed, water and love. Plastic bags plus

miniature plastic toys plus a little bit of ingenuity make parachutes for your throwing and gazing pleasure. Turntables supply the movement and WabiSabi supplies the scratched, warped records, paint, and brushes to create one record art. In all of these efforts and more, WabiSabi is an integral part of the Moab community, supporting its eclectic sense of identity and the diversity of residents that comprise it.



Artwork by Pete Apicella

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COLORFUL HAPPENINGS

Color Returns to the Trails at Dead Horse Point State Park

by Jordan Perez

The month of May marks a fantastic change in the plant life at Dead Horse Point State Park. Despite the dry winter, the plants are returning with brilliant color. This is an excellent month for photographers, artists or anyone interested in desert flowers to visit the park. The variety of colors found right at the trails' edge is enough to entice anyone to hike a bit further. The deciduous trees and shrubs of the park have awakened from their winter slumber and are bringing lush green tones and lively zest to the red rock landscape. Hikers are sure to be pleased by the sweet fragrance drifting from flowering shrubs.

The blossoming of cacti is an event not to be missed. For a brief time of the year these spiny desert icons turn into splashes of color on the landscape. Be it a prickly pear, claret cup or fishhook, each cactus brings their own significant flower to the mix. The prickly pear, the most common cactus in the park, is known for large flowers of yellow, pink and orange. The claret cup grows in a clustered mound spotted with fiery red flowers that have



a golden base. The bright red flowers of the claret cup make the sparsely distributed cactus much easier to spot.

The least common cactus in the park is the fishhook. Unlike the claret cup, the barrel shaped fishhook usually grows individually, and is worth hiking the extra mile to spot one. The top of the cactus

is adorned with a crown of delicate purple flowers. Native plant gardens surround the Dead Horse Point Visitor Center for those visitors without time to hike the trails.

Adding to the visual splendor of blooming

cactus and wildflowers is the fragrance of the Fremont's mahonia and cliffrose. The flowers of both shrubs have a sweet smell that will usually reach a hiker's nose before the shrub catches their eye. The sweet honey like fragrance of the mahonia's golden flowers attracts bees as well as hikers. The scent of the white cliffrose flower is a favorite to many. Fortunately, these shrubs can be found on trails throughout the park and outside the visitor center.

May is an excellent time of year to visit a park. Even if you miss the blooming plants, the weather is ideal for outdoor activities. Pack a picnic, sturdy shoes and a camera, and head up to Dead Horse Point State Park for a wonderful spring afternoon.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10. For more information, please contact the park at 435-259-2614.



Leigh Metz - Living a Life of Passion & Joy

"I am happiest with clay in my hands creating a piece of art that will go out into the world and bring joy to those who see it." ~ Leigh Metz



Leigh Metz has a love affair with clay. As she talks about clay, there is the glow of a woman in love. Leigh grew up in an artistic family and her father owned an art supply store (talk about an artist's fantasy!). But it wasn't until middle school that she discovered her true love. The first time she plunged her hands into clay, she was hooked,

from that point on every free class was spent in the art room. After high school, Leigh took off to travel the country & live the nomadic life and clay was put on hold for awhile.



And then she settled down in Moab. In the early 90's, Leigh took a ceramics class at the MARC (Moab Arts & Rec Center) with local ceramic artist & teacher, Joanne Savoie. Leigh's passion for clay was rekindled and she began creating handmade tiles. As she progressed, she became Joanne's assistant in teaching classes, and was able to put together her own home studio to work in. She discovered new techniques, explored texture and experimented with glazes. Leigh began to create handmade tile tables which she sold at craft fairs.



About 6 years ago, Leigh moved and had a much smaller studio space. Unable to create larger pieces,

she started playing around with small tiles and her jewelry line was born. Leigh loves hand building and starts by rolling out the porcelain clay. Then she impresses a design on it. The designs can come from anything that fires Leigh's imagination. There's no limit to what she will try out to create texture - her children's toys are frequently appropriated! The shapes are then cut with little cutters she makes from metal, like little homemade cookie cutters. The pieces are then fired, glazed and fired again.



Her glazes run the gamut from delicate pastels to deep earthy tones and of course, no two are the same.

Always evolving, Leigh's love of gardening resulted in a line of garden ornaments. She is currently exploring new lines of artistic expression, creating vessels inspired by women's bodies. She's also rediscovered her love of tiles and is once again creating table tops, in addition to making custom tiles for clients.

Leigh's bliss is creating and her joy is amplified when she shares her passion and brings joy to others.

Leigh's greatest creation is in living a life of joy as a full time artist with her husband, two children & her garden in the beautiful red rock country of Moab. Leigh also shares her love of clay with local students, combining science & history studies with art projects.

Leigh will be in the Moab Artwalk on May 12th at Savage Spirit! and her work is always available in Moab at Savage Spirit! 87 N Main, Moab

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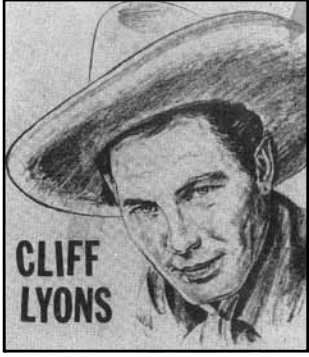


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STUNT STARS AND LEGENDS

Cliff Lyons



Clifford William Lyons, the oldest son of Mena and Garrett Lyons, was born July 4, 1901 in Lake County, South Dakota. He lived on a farm and attended the Clarno Rural School. He accompanied his parents to Tennessee where he attended business school in Memphis. In 1920, his parents moved back to a farm near Agar, South Dakota. Soon after his father died in 1921, Cliff formed a rodeo troupe with friends and in 1922 he moved to California.

He began his movie career as a silent screen cowboy actor in films like "The Saddle King". He was in the original version of "Ben Hur (1927) and stunted in the original "Beau Geste" (1927). When talkies started in that year, he changed careers and became one of the first and most famous stuntmen in movie history.

In the 1930s, he was the frequent stunt double for Buck Jones, Johnny Mack Brown and Ken Maynard. He also doubled for Tom Mix in Mascot's "The Miracle Rider" (1935).



(Courtesy of Deborah Duffy)
Above, Lyons in the white suit with John Wayne and Susan Hayward (on horseback) in a production still from *THE CONQUEROR* (RKO, 1956). Howard Hughes was the producer, the director was Dick Powell, and Lyons was the second unit director in charge of stunts and action sequences. Wayne portrayed Genghis Khan

In 1948 he began a relationship with John Ford and his longtime friend John Wayne that lasted through 15 films, the first being "Fort Apache" (1948), followed by "The Wagon Master" filmed in Moab in 1950).

In 1960, he was Action Director on "The Alamo", "The Train Robbers" (1973) and more. In many of the Wayne pictures, Cliff wound up doing stunts as well as coordinating and second unit directing.

He also worked in a variety of other films such as "Ben Hur" (Charlton Heston), "They Died With Their Boots On" (Errol Flynn) and "Mighty Joe Young" (Ben Johnson). Ben was also co-starred with Harry Carey, Jr. on "The Wagon Master".

Cliff was one of the original members of the Board of Directors of the Hollywood Stuntmen's Hall of Fame. He donated many large photos of himself with such stars as Clark Gable, Spencer Tracy, and Buck Jones, as well his unique stunt bag.

Here is a letter Cliff received from John Wayne in 1955 regarding his work in "The Conqueror" which was filmed in St. George, Utah.

In 1938, 20th Century-Fox Studios starred Tyrone Power and Henry Fonda in "Jesse James". Cliff Lyons was hired to double both the actors when Frank and Jesse are riding hard to avoid capture after attempting to rob the bank in Northfield, Minnesota. The studio went to Noel, Missouri, in the extreme southwestern corner of the state. The Elk river provided a convenient Ozark stream for background visual effect, especially during chase scenes, when the drama was intensified by the splashing hooves of galloping horses.

Frank and Jesse (Fonda and Power) suddenly come to the edge of a high precipice overlooking a mountain stream. There is no alternative but to jump over the cliff with their horses. And they do. And back in 1938, when the movie was made, jumping over a cliff meant jumping over a cliff with a real horse and rider. That's where Lake of the Ozarks came in.

Actually jumping into a shallow stream from a high cliff was an impossibility. So a plunge into Elk River was out of the question. The same held true for every other Ozark cliff and river. Except at Lake of the Ozarks. In 1938

it was the only deep water lake in the region. And it had plenty of cliffs along its shoreline. So the production crew moved up here for the shoot.

They settled on a 70-foot high cliff between mile markers 21 and 22. The cameras would be angled to show the cliff and some of the lake, but the broader expanse of water would be off camera so as to give the impression that our heroes were jumping into a small river. And since there was an element of danger here, only one horse would actually go over the edge. The spliced footage from two cameras would give the impression that two riders made the jump.

No horse could be trained to make that jump, so the chosen steed was placed on a slippery platform known as a tilt chute. With stuntman Cliff Lyons in the saddle, one end of the chute was lifted and horse and rider slid over the abyss.

In the first moment of the scene all four of the horse's hooves were together as it tried to prevent the slide. Once in the air, the animal flailed wildly and instantly turned over.

Lyons was okay as a rescue boat fished him out of the water. And the horse, too, had survived the fall. But once in the water the now panicked animal thrashed about uncontrollably, and before the rescuers could get a rope on the terrified horse, it had drowned.

The spectacular cliff jump scene was included in the final cut of the film. But public outcry over the death of the horse raised a furor in Hollywood. As a result, the Motion Picture Association of America granted the American Humane Association the rights to monitor the treatment of animals in all future stunts.

So today, when you read in the end credits that "no animals were harmed in the making of this motion picture," know that it all dates back to a regrettable incident at Lake of the Ozarks.



The Hall of Fame is proud to announce that it is moving all of its memorabilia back from storages in Vancouver, Washington to Moab (home base) very soon.

To make a tax-deductible donation to the Hollywood Stuntmen's Hall of Fame BUILDING FUND, mail your contribution to 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. Phone: 435 -260-2160.

Email: johnhagnern@hotmail.com.

Website: www.stuntmen.org. On Facebook, look up Falling For Stars.

Then Artist of the Stars. Then Stunt Stars and Legends. The Hall of Fame is a non-profit organization dedicated to preserving the history of the stunt profession of motion pictures and television and to honoring stunt performers the world over.



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Charity Memorial Weekend Tailgate BBQ & Poker Run

May 26, 2012 11:00am

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Community Ride for the Fallen 2012

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REGISTRATION:

Pre-Register at [Moab Powersports & Rentals](#) OR [Mad Bro Sports](#) before May 20.

Day of event Registration opens at 9am & closes at 12am. Riders may start the ride early if they choose.

LOCATION:

10 miles South of Moab on Hwy 191 at the top of Blue Hill, Behind the Rocks (location will be well marked). This ride will be approximately 30-40 miles with several Poker Run checkpoints. The final cards will be dealt at the starting location.

BBQ:

Burgers & Hotdogs will be available for a \$5 donation per person (after the ride).

Grand Prize for High Hand and Low Hand!

50/50 Drawing, Silent Auction, Door Prizes & more!! Purchase tickets at the Poker Run. Bring the whole family!



U.S. Marine Sgt. Joshua Robinson was on deployment in Afghanistan when he was killed after being shot twice in the left side of his chest while on patrol in the Helmand Province. Robinson earned a Purple Heart and Combat Action Ribbon during his military career. Sgt. Joshua Robinson left behind a wife, Rhonda Robinson, and two sons, Wyatt age 5 and Kodiak age 6. Robinson was a motorcycle rider, hunter, bull rider but most of all he was a wonderful father. His absence in their lives will be sorely missed.

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VFW Post 10900

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Helmets and protective gear required. All UT laws apply. UT does not honor out of state registration, out of state riders must purchase OHV temp tags. Call for Details!

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	Native Spirit	KZMU OVERNIGHT		Art of the Song	KZMU OVERNIGHT		Desert Diva	7:00	
8:00		DEMOCRACY NOW						8:00	
9:00	Jah Morning Reggae	MOAB Morning Blend					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Trailer Park Companion / Wayward Wind			10:00
11:00		The Trading Post (call-in Buy/Sell)							11:00
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	1-2-3 (funky world soul)	Ain't Live Grand? (live recordings)	Noon	
1:00		Radio Mundial Radio MOONDial	Planet Picante (latin)	Bait and Switch	Red Rock 'n Blues		Fire on the Mountain	Belagaana Review (fruit and nuts)	1:00
2:00	Red Rock Potluck	Ritmo Latino	WORLD MUSIC		MOAB Drive Time	Free Speech Friday Public Access		Tween Time (pre-teen fun)	2:00
3:00		This Week in Moab (Interviews / Calendar)	Pirates & Poets	Gaelic Circle / MOAB Drive Time			Big River / Ranch Exit (twang)	3:00	
4:00	DEMOCRACY NOW					The Rainbow Room / Funky Soul Jam		Main Street Cruise!	4:00
5:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council	Thin Edge (jazz)	Rock Garden (rock)		Altered State		Radio Free Moab (rock 'n roll & punk)
6:00	KZMU Overnight	Fashionably Late	Conscious Party	Suburban Urge	Pandora's Box	Seti TranceMissions		KZMU Overnight	
7:00	KZMU OVERNIGHT						the eleventh hour		7:00
8:00								8:00	
9:00								9:00	
10:00								10:00	
11:00								11:00	
12:00								12:00	

KEY: Talk Shows Easy Mix, Jazz Blue Grass, Country, Folk Eclectic/World Rock, Blues Heavy, Hard

PET HAPPENINGS

Training a Dachshund and Other Seemingly Impossible Tasks

Part 4: Bubble aka Princess Bubble & Squeak

by Kaye Davis of the Moab BARKery

This is a continuation of the series about our own pets and what we have learned about them, living with them. The cats have had their turn so now it is the dog's turn. When we were ready to have dogs we thought that it would be easier to have smaller dogs. We got two female Dachshund puppies from the same litter and brought them home with us, their names are Saffron and Bubble.

This article is about Bubble, also known as Princess Bubble and Squeak (her AKC name) and Bubby. Bubble is a four year old female Dachshund with a dapple coat. She is a sweet dog who wants to be with you all the time, can not hold her licker and is a chow hound with some issues when it comes to food, both from an intolerance and aggression standpoint. Bubble is the typical shaped Dachshund, she is long and lean with very short legs and therefore is very prone to back issues and has issues getting up on or down from furniture.

The Dachshund may look funny, like a barking sausage on legs, but they are a very proud and clever dog that needs special training to become an obedient one. Many owners say that their Dachshunds are impossible to train as they are fiercely independent dogs – and they are somewhat right. Training a Dachshund is not about making them learn commands but rather about convincing them that cooperating with you may be beneficial. Bubble will almost always make sure that she gets a “fair price” for her work or attention if she is doing something that is undesirable and we need it to stop.

Bubble took eight months to potty train, and even then we can still have relapses. We started out using potty pads and I truly believe that in this case, with this dog, it was the worst method we could have chosen. She used the potty pads well for a while but when we would take her outside to go, she wouldn't. When the potty pads were taken away she would go back to the spot they were in and go on the carpet. The solution that worked best was crate training. For her it was a matter of every time she was let out of the crate she would be taken outside, regardless of whether she was in there for one hour or longer. She also was taken out after each meal and big drink of water. Staying consistent with this taught her that the only appropriate place to potty was outside and it was always compensated with a high reward treat.

Many dogs have allergies or intolerances to certain ingredients in dog food, even the really good dog food. Bubble is intolerant to beef; she has been fed a fresh frozen diet since she was a puppy but whenever beef has been put on the menu she vomits it back up almost immediately. Stella and Chewys frozen diets have many options outside of beef for her to eat so she gets to eat a range of proteins and have variety in her diet. Because she is a fed raw diet she only has to eat 3 ounces of raw meat once a day. When you feed your dog a raw diet they only eat up to 2% of their ideal body weight in raw food a day and as it takes their stomach up to 24 hours to properly process a meal we only feed her in the morning. Keep in mind that the portion size of the meal only applies when you are feeding a pre-prepared and balanced raw diet that contains the correct balance of muscle meat, organ meat, bone, fat and vegetables not if you are feeding meat from the grocery store.

Bubble has other issues with food, mainly possessiveness that turns into aggression. Buster (cat) cannot be around when she is being fed or she will try and get in his face and growl. Unfortunately he is not the brightest and neither gets the message or learns from his mistakes and often gets chased away or sometimes snapped at. Dachshunds are notoriously possessive and jealous creatures and it was easiest for all involved to set up meal time procedures to avoid this happening, rather than trying to manage the behavior when it happens. What we did

was make sure that Buster and Chicken (other cat) get fed first and then the dog's get fed while he is in another room eating so he does not get in the way, if he does one person manages him while the other feeds the dogs.



Bubby also likes to eat gross things; unfortunately this is the reality of living with a Dachshund, as they are like the toddler that puts everything in their mouth. It is important to pay attention to them whilst outside as they are quite likely to get into something that is highly inappropriate. Sometimes it works in my favor as she will quite often accept vegetables as a treat, she especially loves the stalks of asparagus and so I can always give her a low calorie and healthy treat as a reward without making her fat, which is also common problem with Dachshunds.

The reason you want a lean wiener is because they have a strong propensity towards a condition called IVDD, in fact 1 in 5 Dachshunds can be affected by the disease. The dog's spine consists of vertebrae, which are connected by flexible cartilage discs. These discs called “intervertebral discs” are cushions between each vertebra (bone) and allow for movement of the neck, spine, and tail. These discs may become weak and can rupture or herniate. This can cause the disc to protrude, a very painful condition for the dog. In keeping Bubble lean and not allowing her to jump up or down off of things we can try and ensure that she will not injure her back.

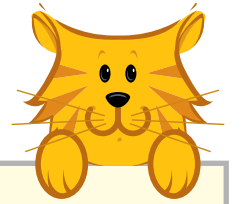
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Living with a Dachshund is a really unique experience. They are can be entertaining and irritating all at the same time, but at the end of a long day their favorite place to be is right next to you on the couch or if allowed under the covers of your bed. If you regard them as the fierce warrior they are rather than a clownish sausage on legs, life will be much easier and more rewarding than you can imagine.



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MAY 2012

- May 5th - Cat Adoption Day**
at the Moab Barkery from 11am - 1pm
- May 12th - Dog Adoption Day**
at City Market from 10am - 12 noon
- May 19th - Cat Adoption Day**
at the Moab Barkery from 11am - 1pm
- May 26th - Dog Adoption Day**
at City Market from 10am - 12 noon

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