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### COLORADO RIVER P.M. HALF-DAY

Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5) **\$59 \$47**

### WESTWATER CANYON FULL-DAY

Enjoy exciting whitewater rapids & lunch in this unique Canyon. 6:45am - 6:00pm (min age: 10) **\$165 \$165**

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### CASTLE VALLEY HORSEBACK RIDE

2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 3:30pm (min age: 8) **\$70 \$70**

## JETBOAT TOURS & MORE

### CANYONLANDS JETBOAT

Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs) **\$80 \$70**

### SUNSET JETBOAT & DINNER

1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP. **\$70 \$60**

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# MOAB HAPPENINGS

JUNE 2011

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Volume 23 Number 3

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Moab Art Walk  
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# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

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# WESTERN HAPPENINGS


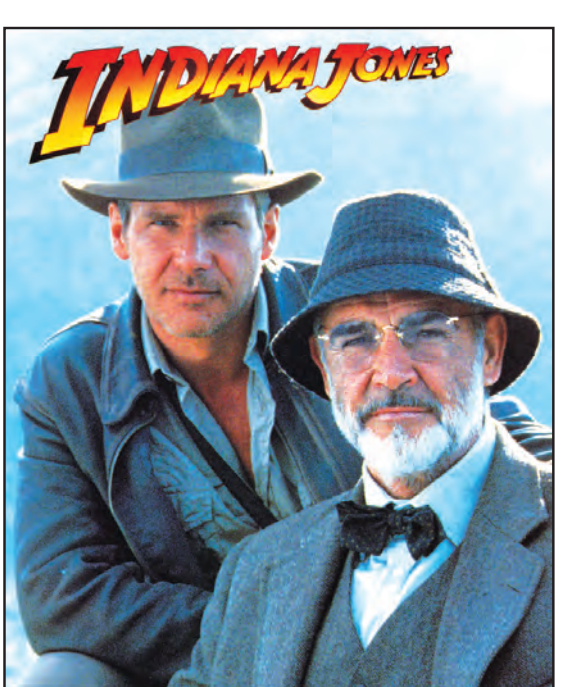
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

**A partial list of stars  
that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda,  
Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance,  
Susan Sarandon, Geena Davis, Ted Danson,  
Tom Cruise, and many more.



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# MOAB AREA EVENTS CALENDAR

**Canyonlands  
PRCA  
RODEO**



**JUNE 2, 3, 4, 2011**  
7:30 pm Nightly  
Old Spanish Trail Arena

**SAT., JUNE 4TH AT 10 AM**  
**RODEO PARADE**

**Don't Forget Father's Day!**  
Sunday, June 19



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## June 2011

- 2-4 Canyonlands PRCA Rodeo.** Old Spanish Trail Arena. Bull riding, barrel races, team roping, saddle-bronc, bare-back, mutton bustin', clowns and more.
- 3 Friends of the Library BOOK SALE** at the Old Senior Center (542 E. 100 N.) from 12 pm to 8pm. Books, Audiobooks, DVDs and Videos! 1,000 of titles to choose from!
- 3 Nonprofit Sustainability Class** taught by the Scott Ullman of the Foundation Center - 10:00 a.m. at the Grand County Public Library. Learn how to enhance your organization's competitiveness and strengthen its financial health. Registration is required online at [www.moablibrary.org](http://www.moablibrary.org). This class is FREE. Questions? Call 435-259-1111.
- 3-5 Oral History Workshop** with Dee Garceau. Join Canyonlands Field Institute at our Professor Valley field camp with published historian and filmmaker Garceau. Develop interviewing and listening skills, collaboration between researcher and subject, and storylines and interpretation. Meals provided. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) [Adult and Family/Workshops], or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth.
- 4 Friends of the Library BOOK SALE** at the Old Senior Center (542 E. 100 N.) from 9 am to 5 pm. Special Deals all day long - 9am-Noon buy one get one free! Noon-5pm fill a bag for only \$1!
- 5 The Moab Garden Club is going on a field trip** to Grand Junction to tour Book Cliff Nursery and to the Botanical Gardens. Contact Tricia Scott for more information. 259-6342
- 6 Come celebrate the Grand County Public Library's five year anniversary!** Cake from the Friends of the Library will be served at the Library at noon.
- 8 Second Wednesday Book Club** at the Library. *The Empire of the Summer Moon* by S.C. Gwynne is June's book selection. All are welcome - 6:00 p.m. in the Library's Board Room.
- 11 The Moab Garden Club is having a Garage sale** at 104 East Mount Peale Drive 9 am until noon. There will be lots of great items to purchase. Proceeds will be used for educational materials, a local beautification project and to offset operating expenses. Call if you would like to donate items to be sold to help our club. Contact Patty at 259-7941
- 11-12 Range Creek Archeology** with Canyonlands Field Institute. Range Creek Valley contains some of the best preserved Native American sites in the Southwest. Join CFI Naturalists and DWR Representatives for this two-day trip including vehicle tour and hikes, evening program, and all meals. For price and more information, visit Upcoming Events on our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. *Tour fees help support our Outdoor Education Programs for Schools and Youth.*
- 14 Working in Utah** - 6:30 p.m. at the Grand County Public Library - Chris Simon and Craig Miller from the Culture Conservation Corps examine the role work plays in our lives through a series of radio programs and oral history interviews. Come hear excerpts from the interviews featuring Moab's own Serena Supplee, Gary Cox and Cynthia Beyer. This program has received funding from the Utah Humanities Council. The Utah Humanities Council promotes understanding of diverse traditions, values and ideas through informed public discussion.
- 16 Thursday Night Movie Night** at the Library. The film "True Grit" will be shown at 7:00 p.m. This event is FREE. Popcorn for this event is donated by the Moab Chevron. For more info visit the Grand County Public Library at 257 E. Center St. or call 435-259-1111.
- 17 Join us for the 2nd Annual Spring Swing Golf Tournament** sponsored by the Moab Chamber of Commerce. Shotgun start at 9:00 am. The cost is \$75.00 per person or \$300.00 per team which included cart and meal. Lots of prizes will be offered! For more information, and to sign up for this tournament visit [www.moabchamber.com](http://www.moabchamber.com) and click on the golf link or call 435-259-7814. Most enjoyable 4-Man Scramble you'll ever play in!
- 18 Moab Contra Dance** presented by the Moab Community Dance Band. Caller-led contras, circles, and squares! Live Traditional Music! 7:30 pm for pre-dance instruction. Dance begins at 8:00 pm at the Moab Arts & Recreation Center (MARC) No partner or experience necessary. \$5 donation benefits local non-profits.
- 21-24 Explorer's Summer Youth Camps** with Canyonlands Field Institute. Students entering 7th and 8th grades will enjoy four days and three nights at our LaSal Mountain Base Camp. Campers will have a fun, safe, hands-on learning experience while escaping the summer heat in the mountains and on the river. Hiking, camping, exploring, games, art and writing activities, map reading, learning about the desert/alpine ecology of the Colorado Plateau, and rafting one day on the Colorado River "Daily." Healthy meals provided. \$100/child per session, scholarships available. For additional session dates and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org), or call 259-7750.
- 26-30 Raft Through Time: Upper San Juan River.** Launch at Sand Island Recreation site and travel 26 miles to Mexican Hat with plenty of time to explore the river and its many sites. Geology, Native American ruins, rock art, and Class I-II rapids. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. *Tour fees help support our Outdoor Education Programs for Schools and Youth.*

For more info on events see [www.moabhappenings.com](http://www.moabhappenings.com)

**WEEKEND TOURS**  
Get to know where we love to go...

**April 15th–Oct 16th**  
(CFI will be closed late July 2011)

**Arches NP Sunset Tour**  
Friday & Saturday Evenings  
4:00pm to 8:00pm  
*Tour time changes with the seasons.*

**Moab's Ancient Past**  
Friday, Saturday & Sunday Mornings  
8:30am to 1:00pm  
*Both are van tours with short hikes led by CFI Naturalist Guides.*  
\$40-45/person. Minimum 2 people needed to run tour.

**Call CFI to register:**  
**435-259-7750**  
[www.CFIMOab.org](http://www.CFIMOab.org)

**CFI is an outdoor education nonprofit organization.**

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October 8  
November 12**



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**DEADLINE for JULY Events Calendar: JUNE 20, 2011**

**Listings in the Moab Happenings Events Calendar are FREE!!**  
**Do you know of an event for the Happenings calendar??**  
**Call (435) 259-8431 or fax us at (435) 259-2418**  
**e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)**

# MORE MOAB AREA EVENTS

**28-Jul 1 Explorer's Summer Youth Camps** with Canyonlands Field Institute. Students entering 5th and 6th grades will enjoy four days and three nights at our La Sal Mountain Base Camp. Campers will have a fun, safe, hands-on learning experience while escaping the summer heat in the mountains and on the river. Hiking, camping, exploring, games, art and writing activities, map reading, learning about the desert/alpine ecology of the Colorado Plateau, and rafting one day on the Colorado River "Daily." Healthy meals provided. \$100/child per session, scholarships available. For additional session dates and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org), or call 259-7750.

## July

**1-31 Day Tours with Canyonlands Field Institute.** Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/Guides. Every weekend through October 16 (except late July). Explore Arches National Park or Colorado River side canyons with sandstone wonders, mountain views, and wildflowers. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth.

**3-8 Canyon Rafting: Lower San Juan River.** Come float the canyons of the Lower San Juan River with us from Mexican Hat to Clay Hills, Utah, including Goosenecks State Park and enjoy the remote wilderness of this special area. Meandering canyons, hiking, geology, history, and Class I-III rapids. For price and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth.

**4 Independence Day**

**9-10 Range Creek Archeology** with Canyonlands Field Institute. Range Creek Valley contains some of the best preserved Native American sites in the Southwest. Join CFI Naturalists and DWR Representatives for this two-day trip including vehicle tour and hikes, evening program, and all meals. For price and more information, visit Upcoming Events on our website, [www.cfimoab.org](http://www.cfimoab.org) or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth.

**12-15 Explorer's Summer Youth Camps** with Canyonlands Field Institute. Students entering 5th and 6th grades will enjoy four days and three nights at our LaSal Mountain Base Camp. Campers will have a fun, safe, hands-on learning experience while escaping the summer heat in the mountains and on the river. Hiking, camping, exploring, games, art and writing activities, map reading, learning about the desert/alpine ecology of the Colorado Plateau, and rafting one day on the Colorado River "Daily." Healthy meals provided. \$100/child per session, scholarships available. For additional session dates and more information, visit our website, [www.cfimoab.org](http://www.cfimoab.org), or call 259-7750.

24 Pioneer Day, Utah State Holiday

## 2011 Moab Events

- April 29-May 1 ..... April Action Car Show
- April 28-May 1 ..... Moab Spring Quarter Horse Show
- May 7..... Gran Fondo
- May 12-15 ..... Moab Photography Symposium
- May 13-15 .....Arabian Nights, Medieval Event
- May 28-29 ..... Moab Arts Festival
- June 2-5 ..... Canyonlands PRCA Rodeo
- September 1-12..... Moab Music Festival
- September 3-4.....Moab Artists Studio Tour
- September 10 ..... Navajo Rug Auction
- September 16-18 .... Moab Century Tour
- September 21-25 .... M.O.A.B. Skydiving Event
- September 22-25 .... Moab Fall Quarter Horse Show
- October 5-9 ..... Outerbike
- October 7-15 ..... PleinAir Moab
- October 8-9..... 24 Hours of Moab
- October 16..... The Other Half
- October 27-30 ..... Moab Ho-Down Bike Fest
- October 29..... Pumpkin Chuckin' Festival
- November 4-6..... Moab Folk Festival

## At Dead Horse Point State Park—Serena Supplee

The Bighorn Gallery at Dead Horse Point State Park will be showing original artwork by Moab artist Serena Supplee. "Poetic Twists and Turns" is a collection of 40 watercolors, oil paintings and woodcut block prints, on exhibit from May 5th through June 28th. The landscapes of the Colorado Plateau and its heartbeat take form through Serena's passionate palette. You will experience the magnificence of canyons, the magic of moonlight, the undulating power of rivers, the grandeur of cottonwood trees, and the mysterious symbols of the ancient ones.



Originally from Iowa, Serena moved to Arizona and earned her BFA at Northern Arizona University in 1981. After graduating, Serena moved to Moab, spending eight years as a guide on the Colorado, Green and San Juan Rivers. Her watercolors and oils portray the height, might, and majesty of the canyons and the mood of the river from quiet eddies to rambunctious rapids. Serena also constructs sandstone-inspired sculptures and paints geometric landscapes that are woven into rugs by Navajo weavers.

During the art exhibit at Dead Horse Point State Park, each painting is available for purchase, as are Serena's prints, note cards and her book.

Serena's 2012 calendar will be available in June. For more information about the artist, visit [www.serenasupplee.com](http://www.serenasupplee.com)

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. from March 15 to mid-October. Park admission is \$10. Contact the park at 435-259-2614.

## Moab Church Services Directory

Assembly of God • 1202 South Boulder Avenue	259-7747
Church of Jesus Christ of Latter-Day Saints First & Second Wards • 475 West 400 North Third, Fourth & Fifth Wards • 701 Locust Lane	259-5566 259-5567
Community Church • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis 250 South Kane Creek Blvd	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Four Corners Faith & Worship Ministries	259-0041
Friends in Christ Free Lutheran Church 1240 South Highway 191	259-4378
Grace Lutheran Church 360 West 400 North	259-5017
Kingdom Hall of Jehovah's Witnesses 25 West Dogwood	259-7363
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
Quaker Worship Group • 81 North 300 East	259-8178
River of Life Christian Fellowship 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist 4581 Spanish Valley Drive	259-5545
The Church of Christ • 456 Emma Boulevard	259-6690



# SUSTAINABLE HAPPENINGS

## What's the Buzz

by Joan Gough

The queen is inside of a plastic mesh tube. Worker bees cling to the tube trying to get in to attend to her. As Robin Straub lifts the new queen and her entourage out of the shipping box, I'm struck by how much it looks like a large pine cone. Robin places the queen with the tube open into the new hive box. Then she rather unceremoniously dumps the three pounds of workers into the hive. She has prepared the hive box with sugar water and new frames. The sugar water tides the bees over until they can get out foraging for nectar (carbohydrates) and pollen (protein). Frames give the bees a structure on which to build their comb.



Joan Gough photo.

This was the installation of one of several hives being started in Moab this spring. Jerry Shue, Moab's local bee expert and a former bee inspector from Pennsylvania, is on hand in case the bee keepers need help. Everything goes smoothly for Robin and her new bees. Several other prospective bee keepers are watching and learning about establishing a hive. Some will buy bees while others say they will wait for an older hive to divide and swarm.

Jerry has been a great resource for bee keepers in Moab Valley. Since he offered a workshop with the Youth Garden Project, interest in bee keeping has been growing until now there are over 50 hives in the valley.

Later, Jerry and I are sitting in his backyard tasting honey from various sources with bees flying in and out of his hives. The honey is astonishingly varied in color and flavor. The dark wild honey from an old cottonwood tree in Mack, Colorado is mild where I had expected strong. The very light, lemon colored honey from urban Salt Lake is floral, like eating a nasturtium blossom. A Moab honey is medium dark and strong flavored. When I taste the Kroger



Jerry Shue photo.

honey from City Market, it is surprisingly bland. It is the difference between a great varietal wine and a cheap blend.

We have been sitting within a few feet of three hives, eating honey, and have not been bothered by the bees going about their work. Honey bees are just not aggressive, and if they should sting, they pay for it with their lives. A part of their abdomen comes off with the stinger. By immediately pulling out the stinger, you can minimize your reaction. Wasps, on the other hand, are more aggressive and don't die after stinging as bees do.

Another important distinction between bees and wasps is that wasps build the large grey paper nests which hang from trees or buildings. These are sometimes mistaken for a swarm of bees. A bee swarm would appear black, rather than light grey, and be more irregular in shape than the wasp nest. Swarming bees are not dangerous as they have no hive to defend, but bee keepers like to know about swarms because they can gather them and start another hive.

Wild bee hives in southeast Utah are frequently built in hollows in cliffs. The most beautiful construction I've seen was a wild hive in a crack and overhang of sandstone with the combs built outside the crack. They were milky white leaves of wax five to eight inches long and an inch or two thick in the middle. If you put your hands together in prayer, that is about the shape and size of each perfect comb.

Bee keepers build a bee "town house" with the deeper, lower level or box for brood and the upper story for honey. The comb in the lower level is filled with eggs the queen has laid. All of the eggs are the same. They become workers, drones or queens depending on how they are fed by the female workers. The drones are the only males (making up 15% of the population). A queen mates with ten to twenty drones holding the sperm in a sac to fertilize the eggs as she lays them. She will live for three to four years laying as many as 200,000 eggs a year.

Kyle and Carrie Bailey are also local bee stewards--a more accurate title than keepers according them. While Carrie says it is a lot of work, their enthusiasm and deep knowledge is obvious as they talk about bee life. The Baileys have gotten good production, harvesting 20 to 25 quarts of honey while leaving enough to get the bees through the winter. Since bees only fly when the temperature is between 58 and 80 degrees, and have to deal with wind, mites (introduced in the late 70's and early 80's), moths, viruses, and mice. I am amazed they ever have the energy to store extra honey.



Joan Gough photo.

According to Jerry, the interest for consumers in local honey is two-fold. First, people use it as an anti-allergen.



Jerry Shue photo.

While there is no research establishing its benefit, there are plenty of anecdotal stories supporting its use. Another reason is the local foods movement which is about eating food that tastes better and is better for you while supporting those who produce it. The benefit of bees as pollinators is hard to overstate. When almond growers in the Sacramento Valley started importing bees to pollinate their trees, they increased production 1,000 fold.

To be part of buzz in Moab, just go to the Farmer's Market in mid-summer where there will be honey to taste and buy. If you want to keep bees, there is plenty of information on line, in *The Beekeeper's Handbook* by Sammartaro and Avitabile, and, most importantly, from local "bee stewards".



Joan Gough photo.

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# ART WALK HAPPENINGS

## Moab Art Walk, Saturday June 11<sup>th</sup> from 5pm to 8pm

Stroll Moab's galleries, shops, and cafés and view fine locally created, Moab art. The Moab Art Walk includes featured artists and receptions. Most exhibits run for a month or more so feel free to stop in anytime at participating locations!

### Moonflower Market

#### STEPHEN GROCHOWSKI:

Stephen is an artist with many mediums. His abstract art comes from his soul. Its form is fun in its creation and full of his enjoyment

39 E 100 N  
435-259-2725



## Artwalk is also MUSICWALK!

### JUNE 11 - BRIDGET OTTO

For the Artwalk the music venue shifts to McStiff's Plaza, where the Bridget Otto Band will entertain with stirring, original rock anthems.

### Back of Beyond Books/Arches Book Company

#### DAVE WILDER:

Working from his studio in Jerome, Arizona, Dave Wilder creates watercolor paintings that challenge the conventions of traditional 'Southwest Art'. With a potent brew of humor, surrealism and classic Southwestern imagery, he's been known to violate all natural law and refined sensibilities.

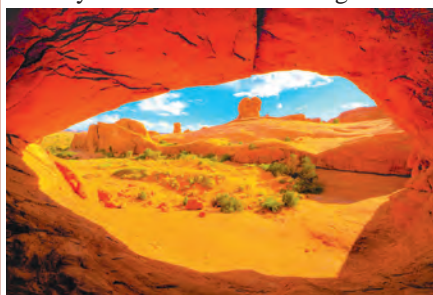


83/89 N Main St.  
435-259-0782

[www.backofbeyondbooks.com](http://www.backofbeyondbooks.com)

### Tom Till Gallery

No trip to Moab is complete without visiting the Tom Till Gallery. Now with more images and choices of media than ever it's overwhelming, we know, but in a great way.

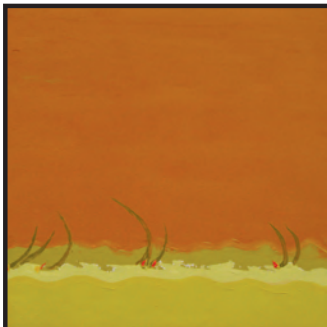


61 N Main  
435-259-9808  
[www.tomtill.com](http://www.tomtill.com)

### Framed Image Fine Art

#### JOHN DEPUY – DESERT BEARGRASS:

John DePuy, Abstract Expressionist, Taos Modernist, confirmed desert rat and best friend of writer Edward Abbey, returns to Framed Image with new works in oil and watercolor as he enters his 84th year.



59 E. Center St.  
435-259-4446

[www.framedimagemoab.com](http://www.framedimagemoab.com)

### Overlook Gallery

#### GROUP SHOW:

The Overlook Gallery, now in its sixteenth year promoting local and regional art features the work of more than 30 artists. June brings new works by Carolyn Dailey, Kim Whitesides and Louise Seiler.



83 E. Center St.  
435-259-3861

[www.moabarts.com](http://www.moabarts.com)

### Visual Feast



#### CHRIS HAVEN:

Chris Haven whips up a 3 day weekend starting Friday with "Graffiti and the Kids". On Artwalk Saturday he dishes it in Visual Feast's Art Alley spraying up some masterpieces. And Sunday finishes up with workshops on the fine art of graffiti!

88 E. Center St. 970-946-4362  
[www.visualfeastgallery.com](http://www.visualfeastgallery.com)

### Off The Wall Gallery

**GROUP SHOW:** Representing over 20 local and regional artists and crafts people working in metal, clay, wood, fiber, jewelry, glass, oils, watercolors and pastels. Now offering classes and workshops.



225 S. 400 E. 435-259-6656  
[www.offthewallartmoab.com](http://www.offthewallartmoab.com)

### Moab Arts and Recreation Center

#### ELEANOR INSKIP:

Eleanor Inskip, fabric artist, describes her work as painting with fabric. She started creating the Atomic Priesthood Regalia Collection in 2008. Each creation illuminates a unique spirit using the colors and textures of cloth.

111 E. 100 N. 435-259-6272  
[www.moabmarc.com](http://www.moabmarc.com)



**1 MOON FLOWER MARKET**  
39 E 100 N

**2 ARCHES BOOK COMPANY & BACK OF BEYOND BOOKSTORE**  
83-89 N Main St

**3 TOM TILL GALLERY**  
61 N Main St

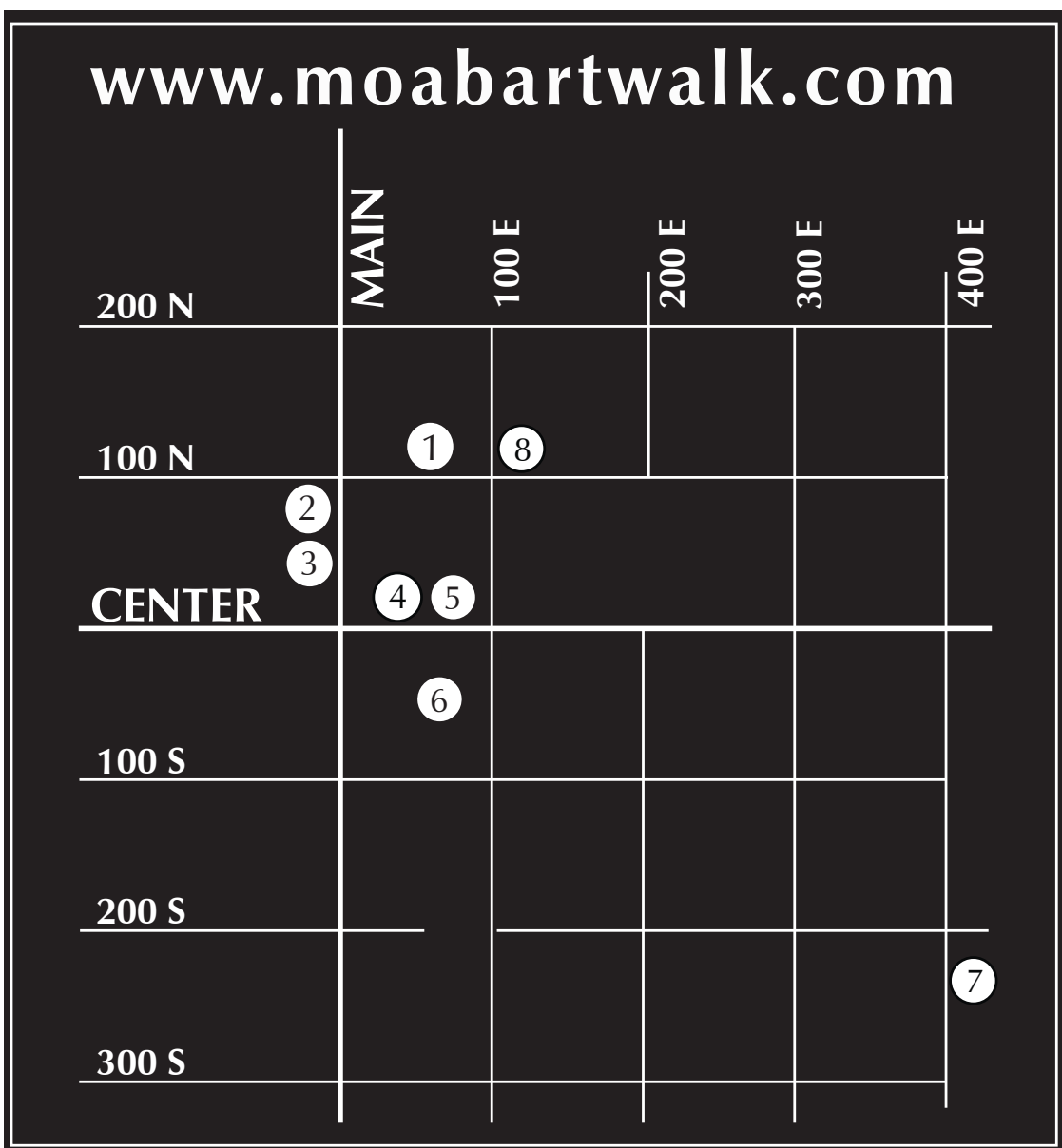
**4 FRAMED IMAGE FINE ART GALLERY**  
59 E Center St

**5 OVERLOOK GALLERY**  
83 E Center St

**6 VISUAL FEAST**  
88 E Center St

**7 OFF THE WALL GALLERY**  
225 S 400 E

**8 MOAB ARTS AND RECREATION CENTER**  
111 E 100 N



# HIKING HAPPENINGS

## Slickrock Bike Trail – The Practice Loop

Story and photos by Marcy Hafner

Don't let the name fool you—the Slickrock Bike Trail, which is in the Sand Flats Recreation Area, is a great place for hikers, too. And sharing this trail with experienced mountain bikers is like watching skilled performers on wheels as the riders twist and turn with stunning speed and grace over the Navajo Sandstone.



It's hard to imagine that once upon a time—150 to 190 million years ago, towards the end of the Triassic period—nothing but huge sand dunes covered the heart of the Sand Flats Recreation Area. Then a shallow sea invaded the region. When the waters departed, the shifting sands remained—eventually they solidified into the rolling slickrock hills that are a distinctive feature of this area.

Early settlers invented the word “slickrock” because their metal shod horses found the barren rock slick to walk on. It's just the opposite for hikers and bikers—the sandpaper coarseness provides excellent traction except when it is wet. Then it does get slick!



Former Moab resident Dick Wilson, sometimes referred to as “Mr. Slickrock,” formulated the idea of creating a motorcycle trail in Sand Flats. The Bureau of Land Management (BLM) approved it in May 1969. Then Wilson marked the route, including the practice loop and several spur routes, while naming some of the unique features, such as Abyss Viewpoint, Shrimp Rock and Updraft Arch. The BLM painted the trail with broken white lines and dedicated it on July 22, 1969. Over the years some alterations have been made, but the biggest change occurred in the 1980's when mountain bikers adopted it.



Bordered by two wilderness study areas—Negro Bill to the north, Mill Creek to the south—this unique playground receives almost 100,000 visitors a year. In response to an overload of outdoor recreationists, the Moab community, Americorps, Grand County and the BLM collaborated in 1995 to preserve this spectacular resource—an unusual partnership then formed between the county and the BLM so they could manage, protect, maintain and rehabilitate the 7,320 acres within its boundaries.

To get there from Main Street, turn east at the Moab Information Center on to Center Street and follow it to the stop sign on 400 East. Then go right, drive five blocks and

turn left at Dave's Corner Market on to Mill Creek Drive. At the three-way stop, go straight on the Sand Flats Road up the steep, winding road to the entrance booth. The paved parking area for the Slickrock Bike Trail is on the left a short distance after that.

The big difference between the Slickrock Bike Trail and the Practice Loop is the length. The entirety of the Practice Loop is 1.7 miles—from start to finish the total mileage for this hike is 2.3 miles versus 10.5 miles on the main trail.

By following the white lines that start at the east end of the parking lot, you won't get lost. In 3/10ths of a mile, at a distinct crest, it is clearly marked to take a right for the Practice Loop.

At the beginning of my walk, I pause and turn full circle for a long look at the familiar geography of my home turf—the Bookcliffs, Moab Rim, Behind The Rocks, Porcupine Rim, the La Sal Mountains—and The Great Wall, a massive rock structure in Arches National Park. Further along, I occasionally catch a glimpse of the winding gap of Negro Bill Canyon, and at one particular high point I can even peek down its lengthy corridor all the way to the Colorado River!

After the chilliness of April, the wildflowers—cliffrose, wallflower, sand verbena and evening primrose—are finally responding to the wake up call of a late spring. The creamy-white, uniquely designed petals of the evening primrose are pollinated by nocturnal insects, so it makes sense that those blossoms open up to them during the coolness of early evening and close during the heat of the day.

Each half-mile on the Practice Loop is marked with a blue dot. A short distance after the first half-mile marker, I choose the option to take the side trail for the view at Echo Point. On this short trail, it doesn't take long before the white lines turn to yellow with the warning: “Foot Trail.” A little further, a mass of yellow dots marks the obvious end of the trail.

And what a view it is on this warm, seductive day in early May. Looking down on the lush bottom of Echo Canyon, a side canyon of Negro Bill—the swirling layers

and scalloped edges of the rounded canyon walls remind me of a lopsided, multi layered birthday cake. Beyond the canyon walls, I am surrounded by the undulating rhythm of the rich red-brown sandstone. Depressions within the slickrock, which are filled with wind-blown soil, have created a wonderful surprise—mini gardens where Mormon tea, prickly pear, yucca, pinyon pines, junipers and scrub oak thrive.

As I listen to a pair of mourning doves soothingly coo their melancholy song, I watch a red-tailed hawk and some turkey vultures gain altitude by hitchhiking a ride on the rising thermals. Effortlessly they circle ever higher in a powdery blue sky, a sharp contrast to the speed-demon antics of the white-throated swifts that whiz in and out of the canyon—one of the fastest birds in North America, they can dive off cliffs at speeds

up to 200 mph.

After a long refreshing break, I'm back on the Practice Loop, and the next blue dot marker indicates that I've covered the distance of one mile. After that, several sand pits, which drag at my feet, bring most mountain bikes to a frustrating halt! The last 1.5 mile blue dot comes up just before returning to the main trail, where it is clearly marked on the slickrock—left to return to the parking lot, or right to continue further on.

A quick ten-minute drive out of town makes this highly accessible, year round treasure ideal for short, spontaneous outings. It is most crowded in the spring, but it's also popular in the fall when weather conditions are usually at their optimum. What a difference the solitude of winter makes, when the trail often disappears under a bed of snow—a tremendous contrast to the other extreme, when summer temperatures often rise above the century mark. Then it's a recipe for a blazing workout in a land of minimal shade where the heat radiates off the slickrock walls like a convection oven. At that time of year start very early (the crack of dawn) or very late in the afternoon and be sure to carry a huge supply of water!!



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# RESTAURANT GUIDE



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(McDonald's is next to us)

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail or beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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# RESTAURANT GUIDE



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HOURS  
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Tony and His Staff Welcome You  
Newly Remodeled Patio w/ 4 TV's  
Large Parties Welcome Childrens Menu Available

Lunch Specials - All \$6.25  
All Served with Rice & Beans  
Monday: Burritos ~ Beef or Chicken  
Tuesday: Enchiladas ~ Beef or Chicken  
Wednesday: Chimichanga ~ Beef or Chicken  
Thursday: 2 Tacos  
Friday: Taco Enchilada ~ Beef or Chicken  
"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila  
Best Mexican Food in Town  
Winter Hours Sun-Thur 11-10 Fri & Sat 11-11  
202 So. Main St. Moab, Utah 259-4366

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**Bar M Chuckwagon**  
7000 North Highway 191 259-BAR-M(2276)  
Dinner  
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**Branding Iron Bar & Grill**  
2971 South Highway 191 259-6275  
Dinner at 5pm  
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

**Buck's Grill House & Vista Lounge**  
1393 North Highway 191 259-5201  
Dinner  
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

**Burger King**  
606 South Main 259-2700

**Cassano's Italian Restaurant**  
7 days a week 3pm - close  
11 East 100 North 259-6018  
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

**China Cafe**  
812 South Main 259-7933

**City Market**  
425 South Main 259-5181

**Cowboy Grill at Red Cliffs Resort**  
16 Miles up Highway 128 259-2002  
Lunch • Dinner  
Breakfast Buffet 6:30 - 9:30 Sat & Sun only  
RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Denny's**  
989 North Highway 191 259-8839  
Breakfast • Lunch • Dinner  
MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

**Desert Bistro**  
1266 N Hwy 191 at Moab Springs Ranch 259-0756  
Dinner  
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

**Eddie McStiff's Restaurant & Brew Pub**  
57 South Main Street 435 259-BEER  
Lunch • Dinner  
Lunch: 11:30 am Daily  
Dinner: 4:30 pm Nightly  
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels. Live Music on Selected Nights.

**EklectiCafe**  
352 North Main Street 259-6896  
Breakfast • Lunch  
Open 7 days a week 7:00 a.m. - 1:30 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

**Fiesta Mexicana**  
202 South Main Street 259-4366  
Sun - Thur 11am - 10pm, Fri & Sat 11am - 11pm  
Experience the close-up magic of Rick Boretti  
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Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25. Full bar.

**Frankie D's Bar & Grill**  
44 West 200 North 259-2654

**Hogi - Yogi**  
396 South Main (next to Teriyaki Stix) 259-2656  
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**Jailhouse Cafe**  
101 North Main Street 259-3900  
Breakfast  
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**Jeffrey's Steakhouse**  
218 North 100 West 435-259-3588  
Open Nightly at 5:00pm  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

**La Hacienda**  
574 North Main 259-6319  
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CELEBRATING 30 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
817 So Main (inside the Moab Chevron) 259-2212  
Deli Open 6 a.m. - 8 p.m.  
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron which is open 24 hours. Our Sandwiches are made to order. Call in orders welcome.

**Love Muffin Café**  
139 North Main 259-6833

**McDonald's**  
640 South Main 259-8800

**Mi Ranchito y Mexicano**  
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Breakfast • Lunch • Dinner fax 259-5533  
Mon - Sat 8:00am - 10pm  
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New owner. Offering daily specials. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch or dinner pick-up. We will cater your employee holiday party.

**Miguel's Baja Grill**  
51 North Main 259-6546  
Dinner  
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
400 East and Millcreek Drive 259-7424  
Lunch • Dinner  
Open Tue-Sat 11am - 9pm & Sun 11-4 Closed Mon  
A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltstopandeat.com

**Moab Brewery**  
686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**Moab Coffee Roasters**  
90 N. Main St. 259-2728  
7 days a week 7:30am - 10:00pm  
On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

For more information about these restaurants pick up a "Moab



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1146 South Hwy 191 #B 259-1115  
 Mon-Sun: 6 a.m. - 2 p.m.

**FAST, FRIENDLY & AFFORDABLE** Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

**Moab Diner & Ice Cream Shoppe**

189 South Main 435 259-4006  
 Breakfast • Lunch • Dinner  
 Mon-Sat: 6:00 am - 9:00 pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

**Pancake Haus**

196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**

98 East Center 259-0200  
 Mon-Fri 10:00-5:00  
 Sat 10:00-3:00

Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

**Paradox Pizza**

702 South Main St 259-9999  
 Lunch • Dinner

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at [www.paradoxpizza.com](http://www.paradoxpizza.com).

**Pasta Jay's**

4 South Main 259-2900

**Peace Tree Juice Cafe**

20 South Main 259-0101  
 Breakfast • Lunch • Dinner  
 Open everyday 7am-10pm

Welcome to the brand new Peace Tree. Dedicated to using the freshest local ingredients, while adding a new and exciting breakfast and dinner menu featuring vegan and gluten free items. Catering and to go orders are available.

**Pizza Hut**

265 South Main 259-6345  
 Lunch • Dinner  
 Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. **OPEN EVERY DAY**

**Portal Grill at Moab Regional Hospital**

450 West Williams Way

**Red Rock Bakery & Net Cafe**

74 S. Main Street 259-5941  
 Breakfast • Lunch

Open 7am-4pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. **Moab's original high speed Internet Access. OPEN EVERY DAY.**

**Rio Sports Bar & Grill**

1 block west of Main on Center 259-6666

**Sabuku Sushi**

90 East Center 259-4455

**Singha: Authentic Thai Cuisine**

92 East Center 259-0039  
 Lunch • Dinner  
 Lunch: Mon-Sat 11a.m. - 3 p.m.  
 Dinner: Mon-Sun 5 p.m. - 9:30 p.m.

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

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5 North Main 259-8004  
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 Open everyday 11 am - close

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540 South Main 259-4848  
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 Open 6am-9 pm 7 days a week

Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

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17 Miles Northeast on Scenic Hwy 128 259-4642  
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Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

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299 South Main 259-SUBS  
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**NOW SERVING BREAKFAST UNTIL 11 AM!** Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

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Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. **Open 5:00 daily. CLOSED SUNDAYS.** State Liquor Licensee.

**Szechuan Restaurant**

125 North Main 259-8984

**Teriyaki Stix**

396 South Main, Next to Hogi-Yogi 259-2656  
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Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, potstickers & more. Drive thru, take-out & call in orders welcome. **Open 7 days a week.** Located across from City Market.

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 Open 11am to 10pm 7 days

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**Village Market**

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**Wake and Bake Cafe**

59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**

260 North Main 259-2595

**Wicked Brew Drive Thru**

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 Open at 6 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

**Zax**

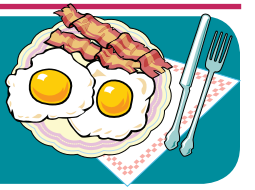
96 South Main Street 259-6555  
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We have it all, from our all new sunrise breakfast, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax Dining Club. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

**Menu Guide" And tell them you found them in "Moab Happenings"**



# RESTAURANT GUIDE



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Kids Eat Free Tuesday and Saturday 4pm - 10pm

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259-0550  
Mon - Sat 8:00 am - 10 pm  
Sun 9 am - 9 pm

**SUBWAY** eat fresh.

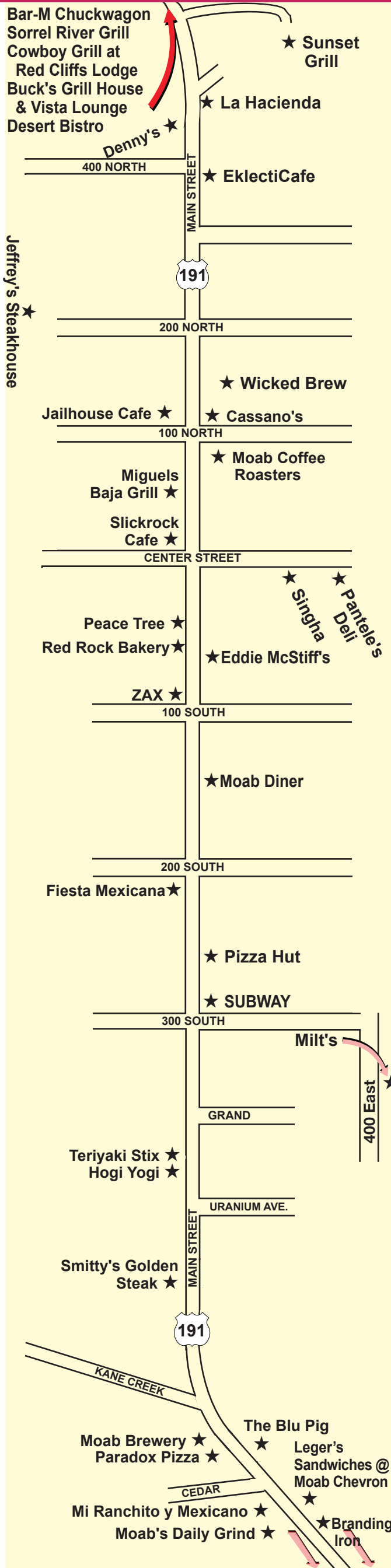
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- B.L.T
- Spicy Italian
- Cold Cut Combo
- Black Forest Ham
- Veggie Delite
- Orchard Chicken Salad LTO

**\$5 Foot long sandwiches**  
Until the end of June 2011

299 South Main • 259-SUBS



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Prime Rib  
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Family Dining

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Great Choice for Take Out and Catering

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7 days a week

**Traditional Italian Food**

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- Lasagna
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- Chicken Parmesan

Patio Seating - Red Rock Views

**Cassanos**

Italian Restaurant  
11 East 100 North  
259-6018

State Liquor License

Established 1954

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LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

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**Chevron** FOOD COURT & DELI

OPEN 24 HOURS



# RESTAURANT GUIDE

# RESTAURANT GUIDE



## The River Grill Restaurant

Enjoy a Romantic Fine Dining Experience at the River Grill Restaurant at Sorrel River Ranch Resort.

A beautiful setting overlooking the Colorado River matched with delectable menu offerings. Locals always receive 10% discount.

Call 259-4642 ext.320 for reservations today!  
Scenic Highway 128, Mile 17  
www.sorrelriver.com



SORREL RIVER RANCH  
resort & spa

## Eric Odenthal: Now Showing at The Red Rock Bakery

Local Moab photographer Eric Odenthal is currently showing his fine art photography pieces at the Red Rock Bakery on Main Street in downtown Moab. His work will be showing all season. You can buy his framed prints at the bakery, but also take a look at his work at [www.ericodenthal.com](http://www.ericodenthal.com).

Eric was introduced to the Moab desert by his parents Doug and Linda when he was five years old, "it was a life changing experience," says Eric. Since those early years he has found the passion for adventures and exploration. Photography is a skill he picked up years ago while on his journey to Moab. With his patience he is able to capture incredible images of the surrounding landscapes, which he says "change by the hour, pull up a rock and watch the show unfold." Since that time he has had his work published in multiple publications.



Eric Odenthal Photography specializes in landscape, fine art, portrait, wedding and adventure imagery. He is permitted to lead guided photography tours into Canyonlands and Arches National Park. If you want to see amazing landscapes and learn how to use your camera, he can walk you through the process, step by step on a photo tour. Windgate Adventures, also owned by Eric teaches people the skills needed to go rock climbing, rappelling and canyoneering around Moab, for first timers to advanced. Take a look at these websites for more information. [www.ericodenthal.com](http://www.ericodenthal.com) / [www.windgateadventures.com](http://www.windgateadventures.com).

## Wicked Brew

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A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas



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COMPLETE CATERING SERVICES AVAILABLE.

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Casual Fine Dining  
Contemporary Southwestern Cuisine  
Located in the Historic Ranch House at Moab Springs Ranch

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full state liquor license

fresh juice & coffee bar

fresh local organic



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20 south main street  
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Box Lunches  
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Mon-Fri 10:00-5:00  
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Meats smoked all day  
Every day  
Using select hardwoods

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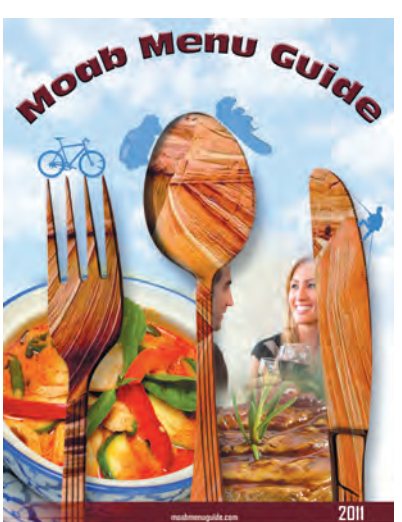
The Blu Pig  
A BBQ and Blues Joint

Open 11am - 10pm  
every day

811 South Main Street  
Moab, Utah 84532

Moab's only BBQ and Blues destination

Pick up a copy of the Moab Menu Guide at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at [www.moabmenuguide.com](http://www.moabmenuguide.com).



Moab Menu Guide

moabmenuguide.com 2011

## COWBOY GRILL

MOAB, UT



- BUFFET BREAKFAST
- BUFFET BBQ LUNCH
- FULL MENU PATIO DINNER

RIVERFRONT PATIO DINING

16 Miles east of Moab on Hwy 128  
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# STUNTS, STARS & LEGENDS

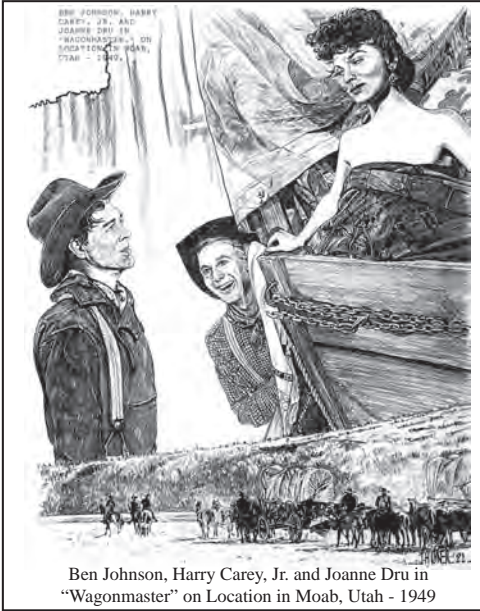
## Ben Johnson

by John Hagner

Born in Foraker, Oklahoma on the Osage Indian Reservation of Cherokee and Irish ancestry to Ben, Sr. and Ollie Susan Johnson. Ben's father was a rancher and a rodeo champion. He traveled with his father on the rodeo circuit and became a star in rodeo prior to getting involved with films.

Ben was a professional Rodeo Cowboy Team Roping World Champion in 1953. He was inducted into the professional Rodeo Cowboys Association's Pro Rodeo Hall of Fame in 1973.

Johnson was married to Carol Elaine Jones in 1941 and it lasted 53 years until her death in 1994. They had no children. Carol was the daughter of noted Hollywood horse wrangler "Fats" Jones.



Ben Johnson, Harry Carey, Jr. and Joanne Dru in "Wagonmaster" on Location in Moab, Utah - 1949

Ben began in pictures when Howard Hughes filmed "The Outlaw" and bought some horses at the Oklahoma ranch that Johnson's father managed and hired Ben to take

the horses to northern Arizona for the Outlaw's shooting and then took them to Hollywood.

Director John Ford in 1948 hired Ben for stunt work in "Fort Apache", as a riding double for Henry Fonda. While filming the horses pulling a wagon with three men in it stampeded, Johnson, who "happened to be setting his horse" stopped the runaway wagon and saved the men.

His first credited roll was in Ford's "3 Godfathers". Ford suggested him for a starring role in the 1949 movie "Mighty Joe Young", opposite Terry Moore. He was also in the John Wayne classic western "She Wore A Yellow Ribbon" (1949), and "Rio Grande" (1950) which was filmed in Moab. It was Ben and Harry Carey, Jr. who did the 'Roman riding' sequence during the race around the track out near the Colorado river. Roman riding is when a rider stands atop two horses (one foot on each) and the horses run at full gallop. Both roles showcased Johnson's riding skills. Ben was also cast as the lead in "Wagon Master" (1950) alongside Harry Carey, Jr. and Ward Bond of "Wagon Train" fame on television. Wagon Master was also filmed in Moab. Many of the local Moabites appeared in both films as extras or wranglers.

Johnson played a supporting role in "Shane" (1953) starring Alan Ladd. He did his own stunt fighting with Ladd's stunt double Russ Saunders. In 1964 Ben appeared in another Ford classic, "Cheyenne Autumn", many scenes were filmed in and around Moab.

Ben Johnson was foot printed in cement at the Hollywood Stuntmen's Hall of Fame when it was located in Palmdale, California in 1975, along with many of the stunt legends and stars like Burt Reynolds, Lee Majors, Dale Robertson and Yvonne de Carlo ... stunt legends being Yakima Canutt, Richard Talmadge, David Sharpe, Hal Needham, Ronnie Rondell, and many others.

Ben won an Academy Award for his performance in the Peter Bagdonavich movie, "The Last Picture Show" in 1971.

The Hollywood Stuntmen's Hall of Fame was located in Moab, Utah from 1989 until 1996 in the old Mormon Church on 1st Street, just off Main Street. There, many



stars and stunt people came to be honored and to visit the thousands of pieces of memorabilia.

The Hall of Fame is presently without a home and is interested in anyone who would like more information on how they can help in this endeavor to reopen its doors to the visiting public. Contact John Hagner (Founder) at cell phone: 435 260-2160 or email him at johnhagner@gmail.com or johnhagner@hotmail.com.

The Hall of Fame's website is www.stuntmen.org. Mailing address is Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532.

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*"Dining with a Million Dollar View"*

*Historic former home of Uranium King Charlie Steen*

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Free Homemade Dessert with purchase of dinner.

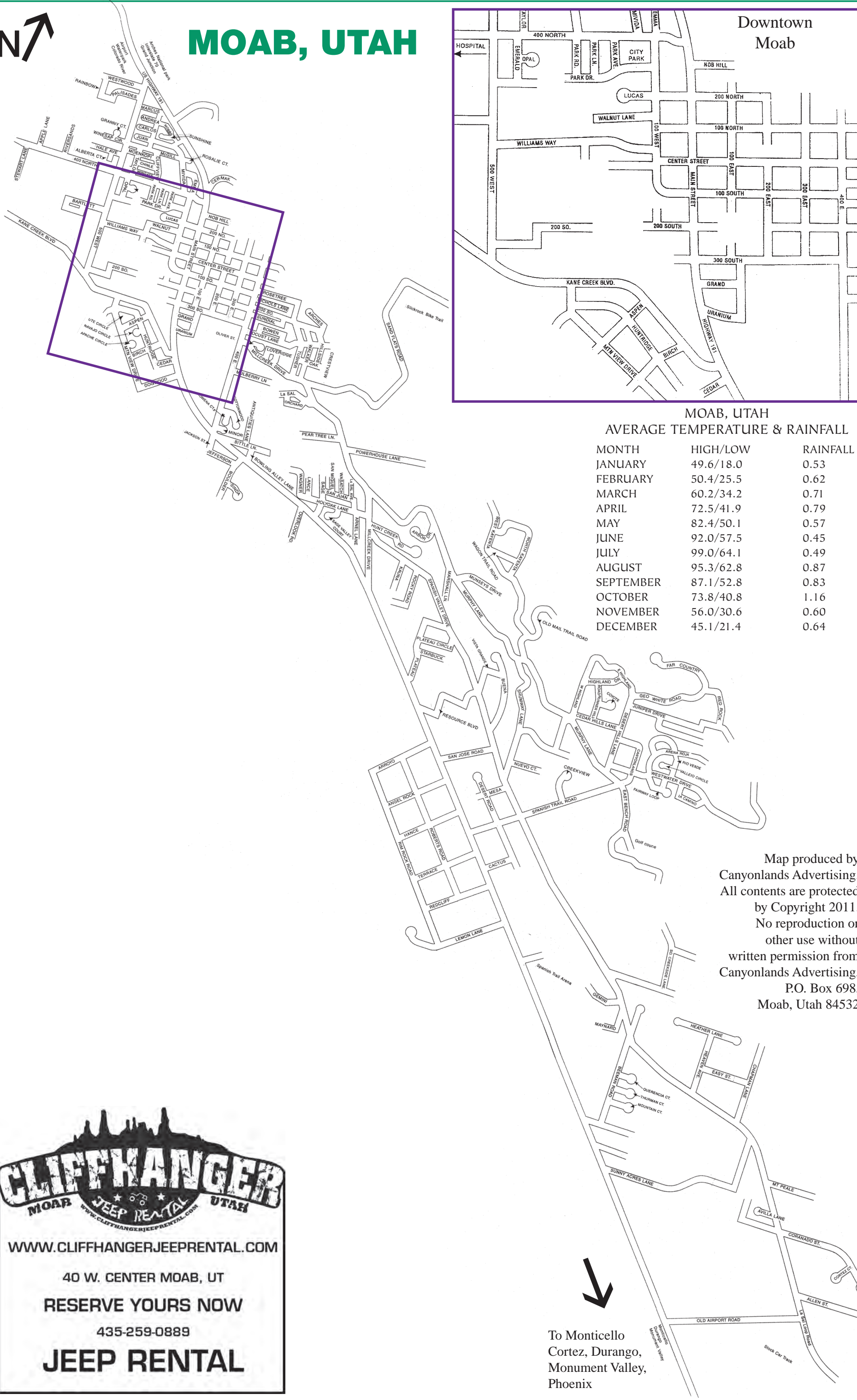
Call for Reservations: 435-259-7146

Choose from any of our great menu selections including Filet Mignon, New York Strip, Fresh Salmon, Linguini Olivia, Shrimp Scampi and much more!

Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.



# MOAB, UTAH



### MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

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Monument Valley,  
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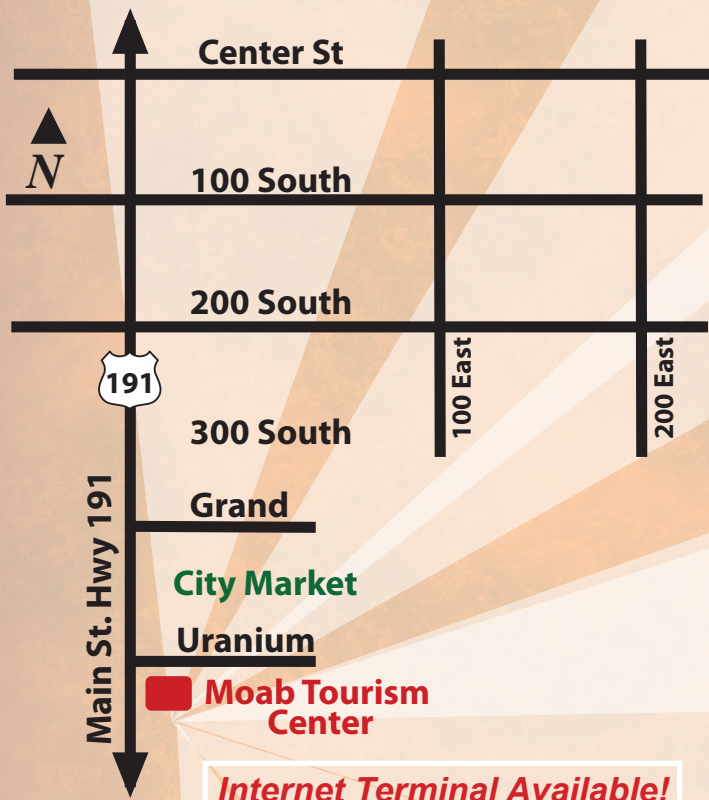


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Finally a tour where you get behind the wheel!

You get the FUN and EXCITEMENT of driving, yet the confidence of knowing you're on the trail with an experienced guide.

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2.5 Hour Tour \$79 Adults - \$49 Youth (16 & under)

Departs daily about an hour before Sunset from the Moab Tourism Center.



### Shuttle Services Available to the Slickrock Bike Trail & many other trails!

Shuttles depart daily from the Moab Tourism Center

### Moab Canyon Pathway Bicycle Tour!

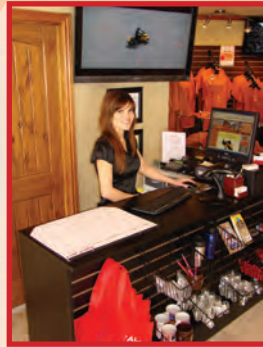
Downhill for 10 Miles...chances are you won't even break a sweat!

This is a self guided tour. You will be shuttled to and from the pathway. Departing daily from the Moab Tourism Center.

### Moab's Favorite Activities Are Booked Right Here

Book it ALL... in one SPOT!

No added cost or charges for our services.



### We book:

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- Canyoneering • Rock Climbing • Skydiving
- Jet Boat Tours • Scenic Flights • Mountain Bike Tours
- Hot Air Ballooning • Vacation Rentals
- Hummer Tours • Other Tours & Attractions

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Call anywhere in the United States or 40 other participating countries. \*Additional minutes can be purchased for a nominal charge.

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435.259.0959

www.MoabTourismCenter.com

**JUST LOOK FOR THOSE COOL LOOK'N CAN-AM SPYDERS!**



# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - June 2011

By Rob Wells

May 22 - June 21



**Gemini:** Last month's riotous theme continues and the stars have stepped up the pace this month. You could be working behind the scenes on a project during the first week of June but you unveil the results during the second week and everyone is pleased including you. You are your own best salesperson during the third week of June for your project. After the 21st, your finances are highlighted but the focus of your energy is still on promoting your idea or project through the end of the month.

June 22 - July 22



**Cancer:** You seem to be a little worn down right now but your friends are ignoring your complaints and insisting you spend time with them and their issues. They relent during the second week and you finally get some rest. Really enjoy your alone time during the third week and just do some quiet browsing and shopping as an outside activity. After the 21st you become the center of attention for your birthday month and the last week of June is sparkling with joy and entertainment.

July 23 - Aug. 24



**Leo:** You're looking into the future and seeing a great time ahead during the first week of June. Your career could not be better and your friends want to go play, so go. You could find a new romance while doing church work during the second week and take special efforts to promote yourself during the third week in that regard. After the 21st you need to slow down a bit and get some rest. It will be difficult as there are many opportunities that find their way to you and you might not be able to say "no" during the last week of June.

Aug. 24 - Sept. 22



**Virgo:** Your career is glowing again. You're not normally comfortable on center stage but this month it's unavoidable. Messages from a distance have you flying high during the second week of June. There could be a new romance in your future during the third week, so be prepared for the best. After the 21st you spend increasing amounts of time with friends and they are such clowns. Don't take anything seriously the last week of the month; it's just not worth getting upset over.

Sep. 23 - Oct. 23



**Libra:** You have lofty aims this first week of June. Whatever they are, the stars support them. Clear up anything left over from last month's accounting and move forward. The second week of the month promises to be quiet and restful just before the Happy Storm breaks loose during the third week. There's romance coming at that time. It's just what you asked the Universe for. After the 21st take some well deserved bows in your career field. You have worked all year for this and the last week of June is your Big Payoff.

Oct. 24 - Nov. 22



**Scorpio:** Take care of personal and joint asset business during the first week of June and get ready for the fun to start. Plans you make during the second week have a good chance for future success. Blatant flirting on the 13th turns more serious during the third week of the month. After the 21st you may have to deal with a couple of small bumps but don't let it ruin the happy frame of mind and heart you're in. Really have some fun during the last week of June.

Nov. 23 - Dec. 21



**Sagittarius:** Partnerships are very important this month and require your attention. Last month's good vibes ease the way to happy unions during the first week of June. The second week is low key and quiet as it sets the stage for fun, games and romance during the third week. If you were planning a quick romantic get-away, this would be the time to go. After the 21st it may be time to balance the joint checking account and take stock of where you are. It should be all good and that's the way the last week of June will go for you. All good.

Dec. 22 - Jan. 20



**Capricorn:** Employment and health matters are highlighted this month. Serving yourself and others is important. You'll be clearing up romantic issues during the first week of June and the second week will be slowed and quiet. A new flame could start on the 13th in the workplace but it would be best to take it away from the office during the third week. After the 21st, you find yourself spending more time at work but in a good way that brings you cash and accolades. This is how the last week of the month will play out.

Jan. 21 - Feb. 18



**Aquarius:** Last month's happy theme continues during first week of June. You'll be finishing up home décor or improvement projects during the second week, just in time for romance to walk through the door. There is a good chance

of that on the 13th. Week three promises to be fun and filled with new love. After the 21st you may consider a new diet or something else to improve your health. Take time with your new special friend during the last week of the month. It's great.

Feb. 19 - Mar. 20



**Pisces:** It has taken 164 years for this moment. Neptune your ruler has finally come full circle on its long trek through the other signs and it stands alone in your first house in all its glory crowning you with the ultimate gift of imagination. You will learn over the next fourteen years how to express this amazing power. Last month's happy themes continue for you during the first week of June as you turn your abode into a wonder place. Clear up any forgotten communications so that you are fully prepared to show-off your changes to those who matter. The third week of June could bring a new romance into your circle. After the 21st this new flame grows and fills the last week of the month with its happy glow.

Mar. 21 - Apr. 20



**Aries:** Take care of communications and little errands as quickly as possible this month so that you can enjoy all the fun you're going to have counting your money. The theme continues from last month and there are still some things happening in your money sector that will keep you grinning during the first week. Life slows a bit during the second week until the 13th when you could meet a new romance. Everything slips back into high gear during the third week as information flows to you from every direction. After the 21st you may want to spend more time at home and start some new project that is best completed before the end of the month.

Apr. 21 - May 21



**Taurus:** You're still the center of attention during the first week of June so don't think the limelight is over just yet. The spotlight starts to dim during the second week as you focus on your finances, which should be in fine standing. A new romantic interest could arrive on the 13th that may require that you keep it under wraps during the third week of the month, but it shouldn't stop you from having a great time. After the 21st, The Information Exchange comes knocking and you will be up to your neck in communications from everywhere. PHEW! You're going to be busy.

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Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

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# HISTORIC HAPPENINGS

## Look of Landmark Bridge to Change Again

by Vicki Barker

A pack trail well-used over the years beneath Courthouse Wash Bridge is targeted for improvements within the year to attract mountain-bikers and other trail users to an ever-expanding spider-webbing system intended to support and encourage safer foot and bicycle traffic along major travel routes to scenic areas around Moab.



Horse riders follow a Pack Creek Ranch pack-trip guide under Courthouse Wash Bridge in 1989. Photo by Vicki Barker

The trail that follows the tributary creek feeding into the Colorado River north of Moab is envisioned as a link to a larger trail system that is intended eventually to branch off near the valley entrance and offer options of following the Potash Road downriver or heading north to state Highway 313 and Dead Horse Point.

Alternatively, users beginning at Courthouse Wash can fork left after passing under the bridge and walk or bicycle along another planned path leading to the bike bridge spanning the Colorado River and follow a new path that would branch off and shoulder Highway 191 to 500 West at the north end the city -- or choose a unique route paralleling the river road, Highway 128, as far as Negro Bill Canyon.

The proposed trail link, which borders Arches National Park on the north side of Highway 191, is "now known as the Courthouse Connector," said Lee Shenton, a county employee assigned to land-use issues involving the old Atlas uranium mill tailings cleanup site.

It's a trail system requiring millions and millions of dollars and years to develop at a comparatively small cost to local residents, said Dave Olsen, Moab City planner.

"Grand County is doing really well for just a minute amount of money that we're putting in," Olsen said.

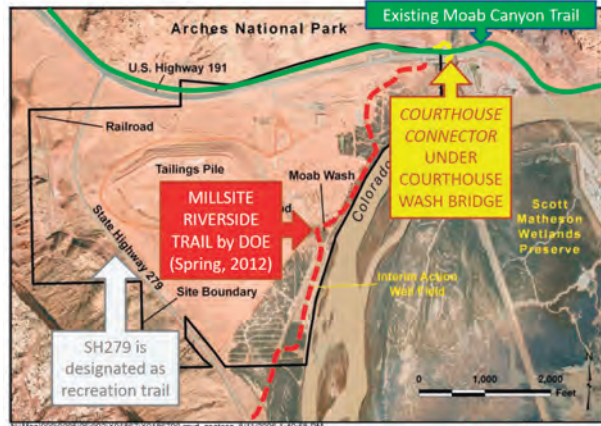
Among agencies involved have been the U.S. Department of Energy, the Bureau of Land Management, National Park Service, Utah Department of Transportation, Moab city, Grand County, and private landowners. The segment proposed for the Potash Road, Highway 279, also required U.S. Department of Justice authorization for use of property adjacent to the mill tailings pile that was purchased from a private owner by the Grand Canyon Trust and deeded to the DOE for the purpose of developing the trail.

The land fell under the category of "restricted" when deeded over by the private nonprofit trust to the federal government, because it was within the vicinity of DOE's hazardous UMTRA (mill tailings removal project) site, and the "nature of the property" had to match the "nature of the mill site," said Shenton, county liaison to the DOE and UMTRA. Therefore, the U.S. Justice had to be petitioned by all the agencies supporting the plan for use of the land to develop a recreational trail. All those involved did their part, writing letters and making calls, and approval came in February.

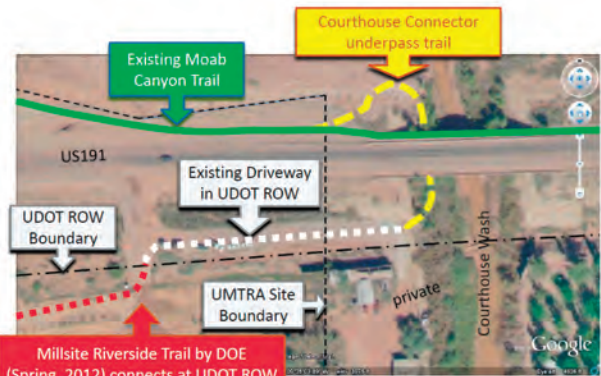
Olsen said the section involving DOE lands is referred to under the working title of "Mill Site Riverside Trail."

In the process of developing the bike-and-pedestrian system, the landmark bridge spanning Courthouse Wash will again be replaced -- this time to widen the two-lane state road to four lanes. It is the first bridge encountered as motorists enter the Moab Valley.

UDOT replacement of the bridge is phase one of the project, and bids will be going out this year for that phase,



Overview of Proposed MRT Routing and Connections



Detail of Connection Route at Courthouse Wash Bridge



A sketch of the old bridge (circa 1960) by Dwain C. Barker. Courtesy of the Barker Family Estate.

Olsen said. Shenton said it should be completed at the latest by next spring.

The original bridge -- a steel truss structure measuring 16-by-101 feet -- served those accessing Moab from 1916 until it was replaced in 1934 by a wider concrete bridge, according to "A History of Grand County" (Utah Centennial series, 1996). Historian Ed Firmage noted in the book that the state approved a \$1.6 million bid to reconstruct the bridge at Courthouse Wash in 1991.

Shenton said officials representing the various agencies involved in the Courthouse Connector trail proposal walked the route on a beautiful day and agreed it is a naturally gorgeous place to put a trail and develop a park-like setting near the bridge.

"We all recognized the trail is going to be attractive to Mom and Pop and the kids, and Grandma and Grandpa, because of the great setting and really easy ride," he said. "This is not hard-core for mountain-bikers; it is a community recreation trail...a rolling trail with no ups and downs. Really good quality."

Shenton said the trek with other officials that day was so inspirational he decided, "I'm going to have to get a mountain bike." And he did. From his wife, on Father's Day.

# MOAB COACH LUXURY

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City	South	North
SLC Airport	2:00 pm	2:00 pm
SLC	2:15 pm	1:30 pm
Provo	3:15 pm	12:30 pm
Price	4:45 pm	11:00 am
Green River	5:45 pm	10:30 am
Moab	6:45 pm	9:30 am
Monticello	7:45 pm	8:30 am
Blanding	8:00 pm	7:30 am
Bluff	8:30 pm	7:00 am
	End	Start

Moab  
Green River  
Grand Junction

Depart	Moab	7:00 am	Depart	Moab	3:00 pm
Arrive	Green River	7:45 am	Arrive	Green River	3:45 pm
Depart	Green River	7:50 am	Depart	Green River	3:50 pm
Arrive	Grand Junction	9:30 am	Arrive	Grand Junction	5:30 pm
Depart	Grand Junction	10:00 am	Depart	Grand Junction	6:00 pm
Arrive	Green River	11:30 am	Arrive	Green River	7:30 pm
Depart	Green River	11:35 am	Depart	Green River	7:35 pm
Arrive	Moab	12:15 pm	Arrive	Moab	8:15 pm

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•	13	•	15	16	17	18
•	•	•	22	23	24	25
•	27	•	29	30		

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# MOAB HAPPENINGS

ENTERTAINMENT  
NIGHT LIFE

Volume 23 Number 3

Section B

June 2011

## Canyonlands PRCA Rodeo

Howdy All! Ride on up to the Old Spanish Trail Indoor Arena (3641 S. Highway 191) June 2, 3, and 4 from 7:30- 10:00 p.m. for some real rodeo fun!

The Canyonlands PRCA Rodeo has been a Moab tradition for many years. Young or old, we guarantee a heck of a good time! Come and see a real live professional Rodeo with Bull Riders, Barrel Racers, Tie-down and Team Roping, Saddle Bronc Riding,

Mutton' Bustin', a Greased Pig Chase, Clowns, and more. Thursday night, be "TOUGH ENOUGH TO WEAR PINK" and be eligible for many special door prizes.

Friday evening, those over 21 can join us for the after party at Frankie D's. There will be great country music, line dancing, and free entry with your rodeo wrist band.

Saturday the 4th at 10:00 A.M. is the rodeo parade down Main Street.

Our Cowboy sponsor this year is Moab Auto Group. Our Little Wrangler sponsor is Red Cliff's Adventure Lodge. Our Chute sponsors are: Zax, Archway Inn, Wang Organization, Mt. America C.U., White Ranch, Energy Solutions, & Sleep Inn/Comfort Suites. Our Flag sponsors are: Moab Diner, Winkel Distributing, South Town Gym, Bowtie Beverage, Swire Coca-Cola, and Red Rock 4-Wheelers. Our TOUGH ENOUGH TO WEAR PINK sponsors are: Highpoint Hummer & ATV Tours, Lauren Kennedy, Dollar General Manager.

Again this year we are proud to feature Randee Munns as our Rodeo Clown. Randy has been in the business for 30 plus years and is sure to make the audience, and perhaps even a bull or two, laugh!

Back by popular demand is the Carnival, by Brown's Amusements—offering rides for all ages!

Ticket cost is \$1 each or \$25 for unlimited one day wristband.

We are also proud to have Miss Rodeo Utah, Martina Wardle, with us this year.

Rodeo tickets are available at the following outlets: Big Horn Lodge, City Market, Moab Information Center, Canyonlands Copy Center, Red Cliffs Lodge, Red Stone Inn, T-Shirt Shop, Walker Drug, and Western Image. Family Pass \$40 (2 adults-4 kids under 12), Adult \$12 (\$15 at the door), Children \$7 (\$9 at the door), Seniors over 62 \$12.00.



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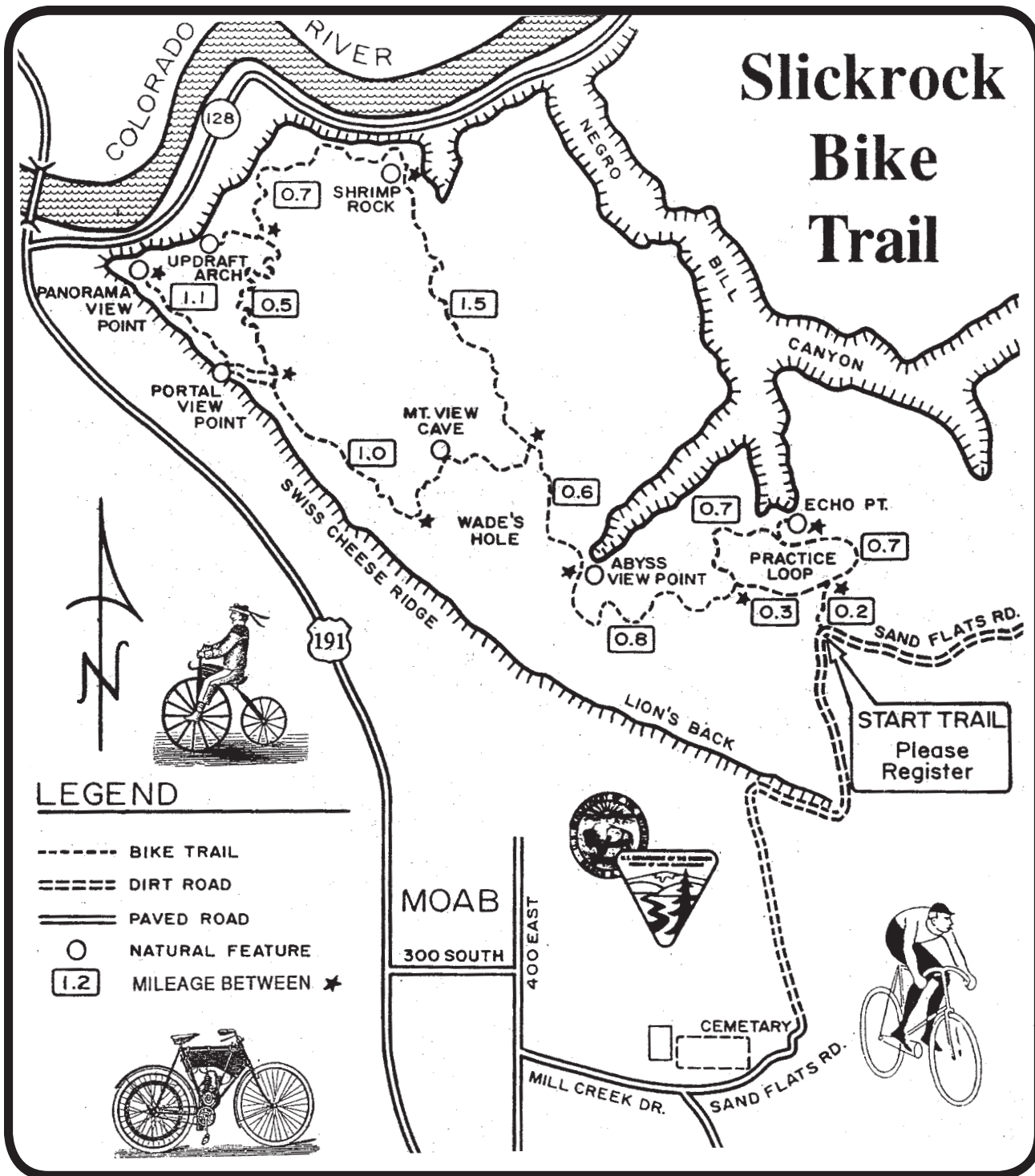
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# MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

## Mountain Biking Mecca

**• MOAB CENTURY TOUR September 16-18, 2011**  
This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

**• OUTERBIKE October 5-9, 2011 - Outerbike Demo Days: October 7-9** For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, and a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunch, shuttled rides, prizes, movies, parties, and beer! Outerbike Guided Rides and Clinics: October 5-6 Show up before the Demo Days and join us for guided rides and clinics that will range from the Whole Enchilada---an all day epic, to the new Intrepid Trails that even your kids would love. Sign up for these rides when you register for Outerbike Demo Days. Outerbike proceeds go to IMBA and the Moab Trails Alliance.

**• 24 HOURS OF MOAB October, 2011** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

**• MOAB HO-DOWN Mountain Bike Festival - October 27, 28, 29, 30, 2011** Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

**• SKINNY TIRE FESTIVAL March, 2012**  
Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

**• 3<sup>RD</sup> ANNUAL GRAN FONDO MOAB May, 2012**  
The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

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# ROAD CYCLE HAPPENINGS



As an increasing number of cyclists are taking to Utah's roads for commuting and pleasure, the Utah Department of Transportation (UDOT) and the Utah Department of Public Safety (DPS) are sponsoring a "Road Respect" share the road

campaign designed to inform motorists and cyclists about the rules of the road. The program's tagline, "Cars and Bikes. Rules to Live by." is a reminder that respect is a two-way street.

To kick off the educational program, a group of 25 cyclists from UDOT, DPS, law enforcement, health departments, other state agencies and bicycle advocacy groups will participate in a weeklong bike tour, dubbed the **Road Respect Tour**, beginning June 13 in Logan concluding in St. George on June 18th.

As the ride moves from town to town, community Road Respect Rallies and Stops will be hosted, with the goal of increasing respect among motorists and cyclists. The public is invited to participate and attend these free events. **Join this traveling group in Moab, Thursday, June 16th at Swanny Park.**

- 7am - Ride the Moab Canyon Trail to Dead Horse Point State Park (park pass or entry fee req'd)
- 1-4pm - Join the Rally with entertainment and family fun (Motorists and cyclists welcome!!)
- 1:30pm - Join the kids and parents parade of bikes and cruise Mill Creek Bike/Pedestrian Path



### Tips for motorists

- Give at least three feet of space when passing a bicyclist. If traveling on higher-speed roads, give more space.
- Watch for bicycles in traffic; they are smaller and harder to see.
- Don't underestimate the speed of a bicyclist. Many bicyclists can easily travel at 25-30 mph.
- Slow down around cyclists.
- When driving near a child on a bike, be prepared for the unexpected.
- When turning left, yield to any vehicle, including a bicycle approaching from the opposite direction.
- When turning right and passing a cyclist, leave plenty of room between cyclists who are also turning right.
- Be patient when driving around cyclists. Roadway conditions may make it necessary for cyclists to ride in the middle of the lane because of potholes, road debris, or a parked vehicle.
- Be aware of your surroundings and don't drive distracted.
- Be aware of bicyclists entering the roadway from driveways, intersection sidewalks and other streets.
- Avoid honking your horn around cyclists, if possible. Car horns are much louder outside of your vehicle and can startle bicyclists and cause dangerous reactions.
- Be respectful of other road users. Courtesy is contagious.

Free Event. All are invited! Questions or to reserve space, contact 259-3193, info@skinnytireevents.com.

For full list of TIPS for CYCLISTS and MOTORISTS, contact RoadRespect.Utah.gov.





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### Rules of the Road—Tips for Cyclists and Motorists (abbreviated list; see website for complete list)

#### Tips for cyclists

- When not impeding traffic, ride no more than two abreast. When a car is coming or when you are riding in traffic, ride single file.
- Obey all traffic signs, signals, and lane markings. If you want the respect of motorists, you must show respect for traffic laws.
- Ride predictably.
- Ride with the flow of traffic.
- Ride on the right side of the roadway or bike lane as far to the right side as safely possible.
- It is acceptable to ride in the middle of the lane if you are making a left turn, if there are obstacles impeding the bike lane or if you are moving at the same speed as traffic.
- Don't weave between parked cars or cars stopped at red lights.
- Wear bright clothing that increases your visibility to motorists.
- When riding at dusk or dark, use reflective clothing and lights.
- Always wear a helmet. Your helmet should sit level on your head and the straps should be snug.
- Make eye contact with motorists when making a turn, so each party is aware of one another.
- When entering or crossing a road from a parking lot, driveway or crosswalk, yield to vehicles already on the road.
- Signal when turning.
- Be respectful of other road users. Courtesy is contagious.



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# RODEO HAPPENINGS

# JUNE 2, 3, 4, 2011



**7:30PM Nightly**  **Moab, Utah**  
**Indoors at the Old Spanish Trail Arena**

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Sorrel River Ranch, Big Horn Lodge, Branding Iron, Canyonlands Copy Center, City Market, Moab Information Center, Red Cliffs Adventure Lodge, Red Stone Inn, T-Shirt Shop, Walker Drug, and Western Image

**ADVANCE TICKET PRICES:** Adults \$12, Children \$7, Family \$40

**AT THE DOOR:** Adults \$15, Children \$9, Family \$40

*Wear your rodeo wristband to Frankie D's Friday night and get in FREE!*

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# TRAIL HAPPENINGS

## Equestrian Trails at Onion Creek and Ken's Lake

by Deb Walter

Two longtime favorite horse trails in the Moab area have been designated and marked for equestrian use. The Red Rock Trail near Ken's Lake and the Onion Creek trail system have designated campsites and corrals and are clearly signed.



### Onion Creek Trails and Equestrian Campsites

The riding is wonderful! The scenery is spectacular and many old John Wayne westerns were filmed at Onion Creek. Riding the terrain puts one into the mood of a pioneer or cowboy in that time and place. The footing is wonderful for horses, barefoot or shod. There are some long straight stretches for extending into faster gaits, as well as some more technical spots that get the horses to think. Besides the two clearly marked bi-directional loop trails, many other unmarked trails beg for exploration on horseback. One can easily spend a few days horse camping and riding various trails in the area.

The camping facilities at Onion Creek have been fixed up to feel like an old western movie. There are 2 developed camping sites with picnic tables. Pit toilets are nearby. For the horses there are four cedar corrals, each about 20' x 20'. It is a good idea for campers to bring extra water for their horses. Horses can drink out of nearby Onion Creek, but it is somewhat salty.

Down the road at the Red Cliffs Lodge is a museum featuring history of movie making in the area. The museum has a self-guided tour and is open to the public daily. The

on site winery has daily tours and wine tasting at the lodge.

Directions to Onion Creek: Drive east along the Colorado River (Highway 128, "the river road") for 20 miles. Turn right at the Onion Creek road sign. The camping area and turnaround are about a mile drive from 128. It is secluded, quiet and a safe place for horses overnight. Reservations can be made by calling BLM in Moab at 435-259-2100 weekdays. The fee is \$5.00 per night per vehicle. All trash and manure must be hauled away.

### Red Rock Trail and Equestrian Campsites at Ken's Lake

The Red Rock Trail is another fun, scenic, and interesting ride. It's hard to



believe that such wonderful riding exists so close to Moab. The trail weaves along the red cliffs to the north and south of the campground and connects up to several other trails that wander to the Faux Falls viewpoint and around the lake. For those who want to explore, one can ride further -either north or south for more adventure



and challenges. The trail is mostly sand with a bit of slickrock, which provides very good footing for barefoot horses. A few hills, creek crossings, and activity of other campers offer some minor challenges, but nothing extreme.

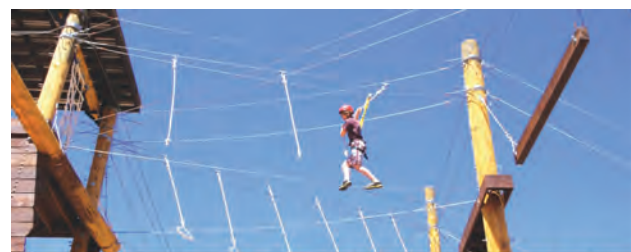
Two new equestrian campsites are almost completed at the Ken's Lake Recreational Area Campground. Each site has a level spot for a trailer, a picnic table and a fire pit. There will be two 20' x 20' pipe fence corrals. Pit toilets are nearby. No potable water is provided so be sure to bring your own, however good water for horses is available in the stream, or lake. To pick up the trail from the campsite, a rider can go along the camp road to the stream area, overland towards the Falls, or across the street to the parking lot which also provides access to the trail. The fee for a nightly stay is \$12.00, and it is first come first served. Trash and horse manure can be put in the dumpster located in the campground. Dogs must be on a leash at all times within the camp area.

For non-riding members of your camping party, Ken's Lake offers hiking, fishing, swimming, or hanging out on the beach. It is also a great place for a dip after a dusty ride.

Directions to Ken's Lake: Drive 7.8 miles south of Moab from

Center street on Highway 191 and turn left or east at the sign to the La Sal Mountain Loop Road. Drive .6 miles on county rd/old airport rd to a stop sign then turn right, or south, on Spanish Valley Drive. Drive 1.5 additional miles and turn left, or east at the sign to Ken's Lake, (county rd 175). The lake and campground are on the left. Enjoy your ride and your camp!

About the author: Deb Walter, and her husband Dick, are active members of the South East Backcountry Horsemen Assoc. and the non-motorized Grand County Trail Mix Committee. Deb has helped implement proper signage of the equestrian trails, and she has helped with the improvements to the facilities for equestrians at the campgrounds.



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**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).



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# SKY HAPPENINGS

## The Sky for June 2011

By Faylene Roth

### SUNRISE AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	5:56am	8:37pm
2	5:55am	8:37pm
3	5:55am	8:38pm
4	5:55am	8:39pm
5	5:55am	8:39pm
6	5:54am	8:40pm
7	5:54am	8:40pm
8	5:54am	8:41pm
9	5:54am	8:41pm
10	5:54am	8:42pm
11	5:53am	8:42pm
12	5:53am	8:43pm
13	5:53am	8:43pm
14	5:53am	8:44pm
15	5:53am	8:44pm
16	5:53am	8:45pm
17	5:54am	8:45pm
18	5:54am	8:45pm
19	5:54am	8:45pm
20	5:54am	8:46pm
21	5:54am	8:46pm
22	5:54am	8:46pm
23	5:55am	8:46pm
24	5:55am	8:46pm
25	5:55am	8:46pm
26	5:56am	8:47pm
27	5:56am	8:47pm
28	5:56am	8:47pm
29	5:57pm	8:47pm
30	5:57pm	8:47pm

The brightest evening stars mark the Summer Triangle in the eastern sky—Vega (Lyra), Deneb (Cygnus), and Altair (Aquila). Bright stars overhead are Arcturus (Bootes), Spica (Virgo), and Regulus (Leo).

### MAJOR CONSTELLATIONS OF JUNE

#### Overhead

- Bootes
- Corona Borealis
- Hercules
- Ophiucus
- Virgo

#### Northward

- Cassiopeia
- Cepheus
- Draco
- Ursa Major
- Ursa Minor

#### Eastward

- Aquila
- Cygnus
- Lyra

#### Southward

- Corvus
- Crater
- Libra
- Scorpius

#### Westward

- Cancer
- Gemini
- Hydra
- Leo



### DAYLENGTH

The Earth's orbit is an ellipse with the sun closer to one end. At the Summer Solstice, the Earth's speed slows as it reaches the point in its orbit that is farthest from the sun. The result is very little change in the times of sunrise and sunset around the solstice. Three stages of twilight mark the transition from day to night. Civil twilight, which allows movement without artificial light, continues approximately one-half hour after sunset. Nautical twilight, which reveals shapes but not detail, lasts another half hour after sunset. Astronomical twilight, a faint glow above the horizon, is lengthened near the Summer Solstice. In June light lingers on the horizon nearly two hours after sunset. The reverse progression applies to dawn. (The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

### MOON HAPPENINGS

- June 1** - New Moon occurs at 3:03pm.
- June 9** - First Quarter Moon sets soon after midnight.
- June 15** - Full Moon occurs at 2:14pm and rises at 8:54pm.
- June 23** - Last Quarter Moon rises soon after midnight.

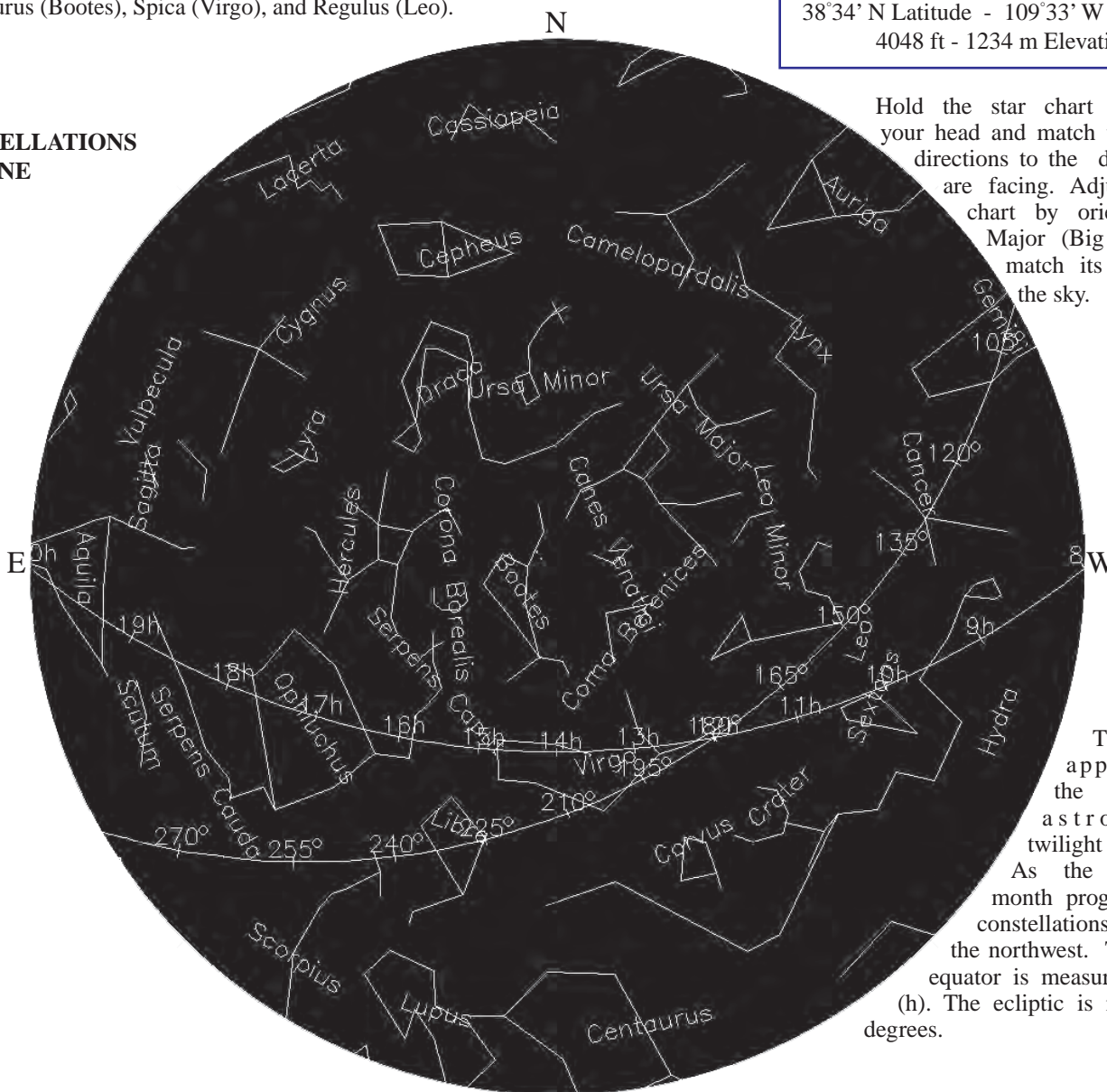
(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### SUMMER SOLSTICE

Once a year the tilt of the Earth's axis presents the northern hemisphere's face directly towards the sun. When this occurs the sun's location in the sky reaches its northernmost point. This year that point—the Summer Solstice—occurs June 21 at 11:16am. At that time the sun will be directly overhead at 23.44 degrees North latitude (tip of Baha). That is still about 15 degrees south of our latitude. If skies were to darken at 11:16am we would see that the sun is in the constellation Taurus. It's about the same position in the sky as the 0 magnitude star Arcturus (Bootes), which is overhead in our evening sky. Once the solstice point passes, the position of the sun in the daytime sky begins to move southward.

### METEOR EVENTS

No major meteor showers occur in June, but the night sky is ablaze with overlapping minor meteor events. The most active period is when the radiant constellation is directly overhead. That's usually about 3:00am. However,



**Moab UT (at City Hall)**  
38°34' N Latitude - 109°33' W Longitude  
4048 ft - 1234 m Elevation

Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

early in June, meteors from the region of Hercules and Scorpius provide an opportunity to begin viewing between 10:00pm and midnight, continuing on until 3:00am. Around 3:00am on June 7 is a good time to look for fireballs originating from the region of Aries overhead. Around the same time look northward towards Perseus and southward towards Libra for more activity. During the middle of the month, a full moon obscures all but the brightest meteors, but some will be strong enough to be seen by the most determined meteor gazers. On the last night of June, as astronomical twilight fades, gaze northeastward towards Draco. Look for meteor activity in this region as Draco rises overhead around midnight.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

#### Primary Sources:

USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

### VISIBLE PLANETS

**Jupiter** - Even though Jupiter, Mars, and Venus appear in the early morning sky, only Jupiter is likely to be seen because all are very low on the horizon. Jupiter, first of the planets to rise, appears in the east as twilight brightens the morning sky. If viewing from a high vantage point, you may see it rise above the mountains or rim before sunlight claims the day. Jupiter rises (in Pisces) earlier each morning so it will be higher in the sky by the end of the month and easier to see before sunrise. On June 26 it appears about five degrees below the waning crescent moon. (Magnitude -2.3)

**Mars** - Use the distance scale below to locate Mars, a dim red orb, about fifteen degrees below Jupiter. After midmonth, Mars rises about one and one-half hours before sunrise (with the morning twilight) which may allow it to clear the surrounding landscape before twilight gives way to daylight. It rises with Aries, which will be too faint to see. (Magnitude +1.3)

**Mercury** - During the last week of the month, Mercury becomes visible in the evening sky about 45 minutes after sunset. Find a high vantage point to view it. If twin stars, Castor and Pollux, of Gemini, are visible in the northwestern sky, then you should be able to find Mercury. Trace a line downward from Castor (upper star) through Pollux and on to Mercury, which will be smaller but brighter than the twin stars. On June 28 it will be about five degrees south of Pollux in the constellation Taurus. (Magnitude -1.5 to -0.5)

**Saturn** - The only planet in the evening sky is Saturn, except for the brief window of opportunity to view Mercury at month's end. Saturn's steady golden light appears to the upper right of Spica in the constellation Virgo. June 9-11 the planet moves to within one-quarter degree below the star Porrima (in Virgo's center). Saturn then begins to drift eastward again across Virgo. On June 9/10 look for Saturn about 8 degrees north of the waxing gibbous moon. (Magnitude +0.5)

**Venus** - The brightest of planets is the last of the three morning planets to rise—less than an hour before the sun. It will be too low on our horizon to be easily seen. (Magnitude -3.9)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

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# HEALTHY HAPPENINGS

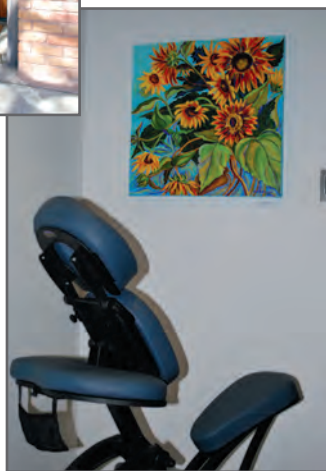
## Spa Moab, a soothing small - town oasis

With an extremely convenient location, Spa Moab is located right next to the bookstore on Main Street in downtown Moab. As you step inside there is an immediate sense of a tranquil, chic and welcoming atmosphere. The reception is friendly and the facility is stunning with turn-of-the-century tin ceilings, hardwood floors and soft neutral colors offset by a surprise splash of bright color. As you look around you are offered a taste of the "tea of the day". Customer favorites include the White Coconut Creme and the Caramelized Pear Rooibos.



to nurture you. The gorgeous paintings are good reminders, of why you were drawn to the high desert in the first place.

The team of massage therapists, estheticians and the acupuncturist at Spa Moab combine a huge array of experience and education with a long list of offerings. Choices of treatments and services include many types of massage, facials, hydrating body wraps, foot treatments and, even acupuncture. Spa Moab also has a couples room,



where you and your other half, mother & daughter, best friends alike can enjoy receiving massages together in the same room by two therapists.

Spa Moab invites you to stop by, browse, and take a "menu" home. Visit on-line at [www.spamoab.com](http://www.spamoab.com) and check out the monthly packages and seasonal specials. At Spa Moab the goal is that you will walk out the door feeling relaxed and quietly energized having spent quality time at a

The relaxing retail area is colorfully stocked with high quality organic products ranging from skin care items, yoga clothing, candles, infant and toddler wear. Spa Moab also carries imaginative items created by local artists and is dedicated to the support of local non-profits, charities and area events. Spa Moab has chosen to work with companies who have a similar business ethic. Focusing on Eco-friendly products and charitable support.

Behind the retail area the spa opens into the treatment rooms which share space with a creative waiting area. The space is designed to transport you away from the ordinary. It's calm environment is meant

soothing small-town oasis.

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### June Treatments

#### Strawberry Rhubarb Hydration Facial

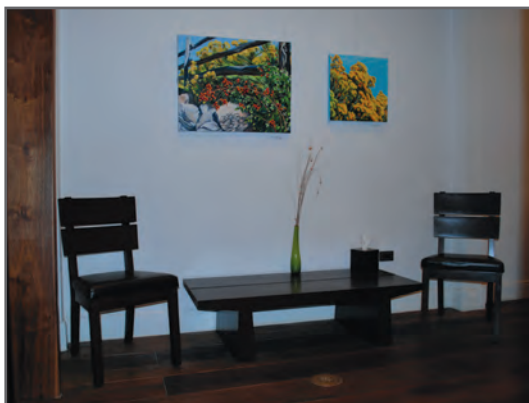
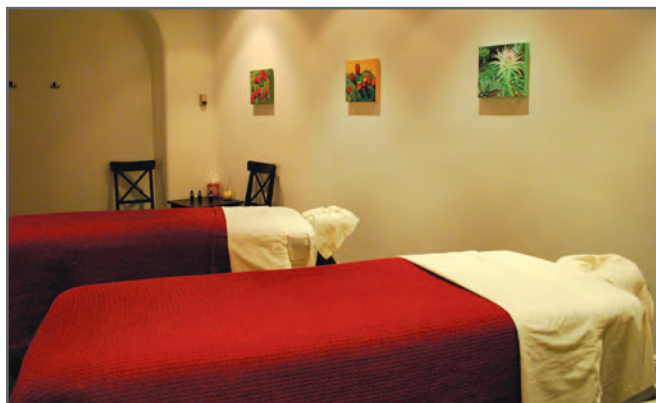
This facial is deeply hydrating and is sure to replenish your skin. Strawberries and rhubarb help to gently exfoliate, brighten and shrink pores along with being packed full of vitamins and antioxidants that your skin will soak up. Shea butter and Hyaluronic Acid work together to hydrate and plump the skin to minimize the appearance of fine lines and wrinkles. This facial includes an amazing scalp massage and a hydrating foot treatment. 50 minutes \$75



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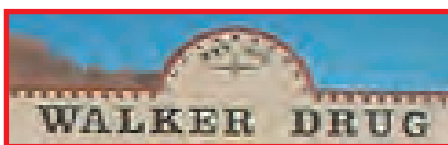
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## SHOPPING GUIDE MAP

**Map Details:**

- Streets:** 400 NORTH, 200 NORTH, 100 NORTH, CENTER STREET, 100 SOUTH, 200 SOUTH, 300 SOUTH, GRAND, URANIUM AVE., CEDAR, KANE CREEK, MAIN STREET, 400 EAST, MILLCREEK DRIVE.
- Businesses:** Canyon Voyages, Sun Ray Studio, Moab Barkery, Desert Thread, Starshine Gifts, It's Sew Moab, Arches Electronics, Pinyon Tree, Rave 'N Image, Hogan Trading Co., Walker Drug, WabiSabi Thriftique, Dave's Corner Market, Royce's Electronics, Canyonlands Copy Center, Moab Mailing Center.
- Other:** To Salt Lake City (North), Moab, Utah (South).

# MOAB AREA LODGING GUIDE



**3**

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**2**



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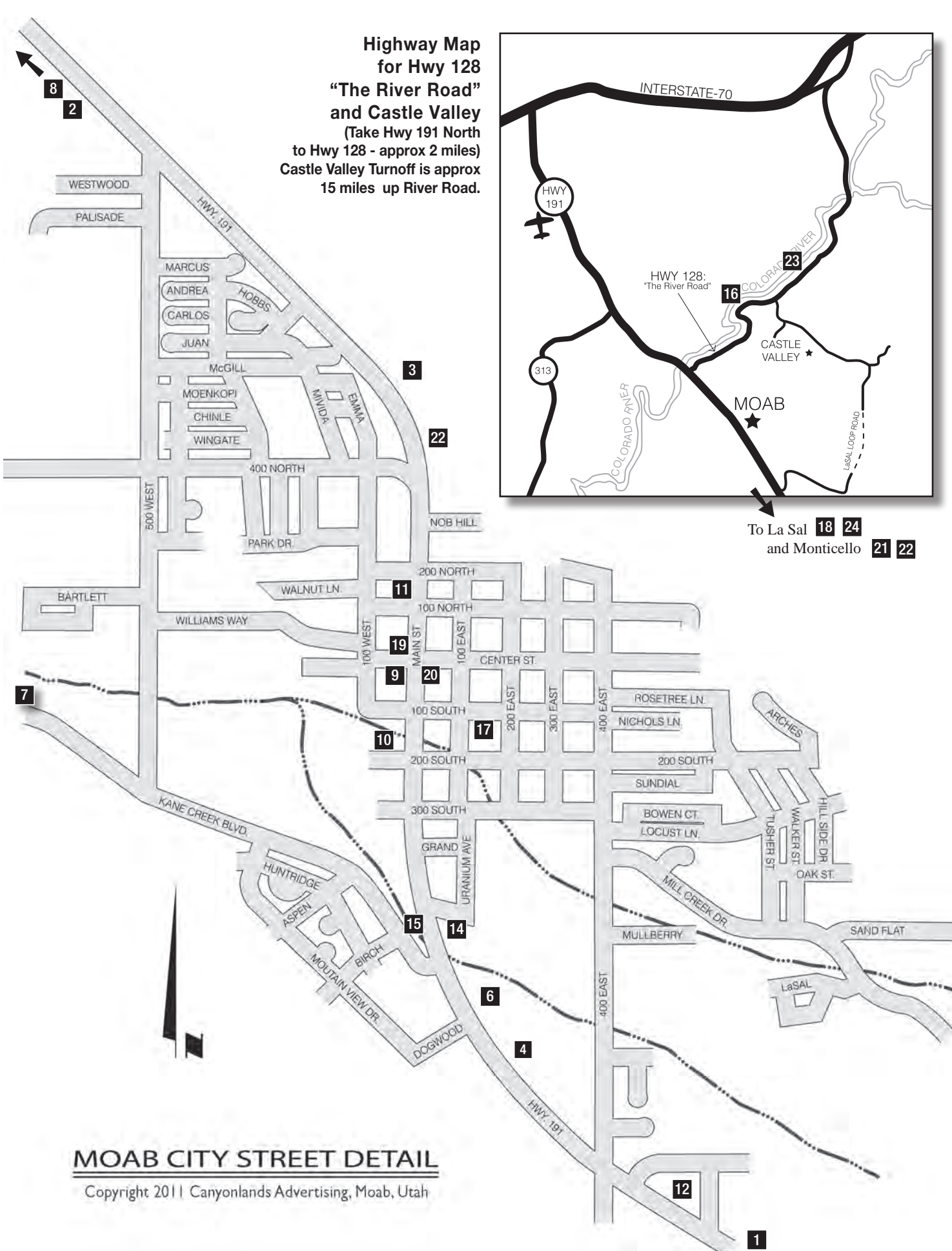
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**9**



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**12**

# MOAB AREA LODGING GUIDE



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**20**



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**23**

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**24**

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## Key to Lodging Guide

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3.	Hampton Inn	435-259-3030	www.hampton.com
4.	La Quinta	435-259-8700	www.lq.com
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12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	YOUR BUSINESS HERE		
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
18.	YOUR BUSINESS HERE		
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
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**18**

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**17**



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**14**

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# NEW BUSINESS HAPPENINGS

## The Epicenter: Moab's Newest Adventure Sports Supply Store

"What happens in Vegas, stays in Vegas,  
but what happens in Moab, ends up on YouTube!"  
-Anonymous

Sure, you've heard the saying, but it has never been more true than it is now, with the opening of Moab's newest adventure sports supply store, The Epicenter. Located at 397 N. Main Street, The Epicenter features daily rentals of GoPro HD Hero high-definition POV ("point of view") cameras, often referred to as "helmet cams."

Those living under a rock the last couple years may have missed the ongoing evolution of adventure sports video cameras. Once resigned to carrying large, heavy, fragile video cameras into the field, outdoor enthusiasts now have access to a wide range of small, lightweight, durable video



cameras that can go anywhere, film anything, and do it all in virtually hands-free fashion. Whether the goal is to conquer Slickrock or Porcupine Rim on a mountain bike, shoot the rapids of Westwater Canyon in a raft, jump out of a plane and live to tell the tale, or tackle Steel Bender or The Widowmaker in a 4x4, today's POV video cameras are up for the challenge.

The Epicenter features the GoPro HD Hero, widely acclaimed as the world's #1 POV camera. Nestled in its waterproof, shockproof housing, this dynamic little camera shoots professional quality video, from 720p to full 1080p resolution, and also takes high quality digital still photos, recording all the epic action on an SD memory card for easy transfer to computer or DVD. The

GoPro HD Hero offers both a tall and wide field of vision to best capture Moab's stunning scenery, all in a package that weighs only 5.9 ounces, with housing. Best of all, The Epicenter programs its rental cameras for easy "1-click" operation, so there is nothing to do but click the power button and go.

The unsurpassed beauty of Moab's rugged terrain attracts outdoor enthusiasts from around the globe, making it the epicenter of adventure sports action, and The Epicenter aims to make it easier than ever to capture the stunning scenery in high-def video, anywhere, anytime. The Epicenter provides multiple "hands-free" mounting options, making it a breeze to be the star of your own HD action movie, whether your sport of choice is: mountain biking; 4 x 4 / Jeep / Hummer exploration; dirt bike / OHV riding; road cycling; river rafting / kayaking; climbing / canyoneering; skydiving / ballooning; skiing; horseback riding; or just hiking. Best of all, when you return your camera, The Epicenter's staff will burn your video to a DVD so you can enjoy your Moab action video for a lifetime.

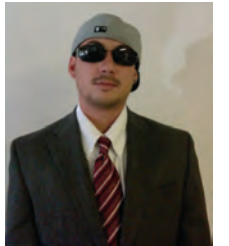
Stop in and see the folks at The Epicenter before heading out on your next Moab epic adventure. It's you, in HD. The grandkids will never believe you otherwise!



## Visual Feast Gallery: The New Kid on the Block

Visual Feast Gallery is the new kid on the block, err back alley, soon to be Art Alley nestled behind The Center Street Square, facing also soon to be Visual Feast Studio where creation and inspiration will always be on the menu.

The month of May features Christopher "Haven" Tsutsui. Chris was born and educated in Denver, Colorado where he currently resides. He was interested in art since childhood and has created many projects in different medias. As a young man he became interested in graffiti art which became an outlet for his expressions. He now combines his passion for street art with his love of contemporary art to produce a style of his own representing inspiration, struggle, and hope. Some of his commissioned works include painting a snowboard obstacle wall at Breckenridge Resort, creating a 40x10 mural as a featured artist for the Coors Light Urban Chill Festival, painting murals and logos for local businesses, and designing skateboard and clothing graphics. Currently he is inspiring to further his career as an independent artist.



Chris will be whipping up a 3 day weekend starting Friday June 10th with "Graffiti and the Kids"; a very lucky group of kids will have the privilege of kickin' it with the artist while helping in tagging "creating murals" to help beautify the community. On Saturday the 11th, he dishes it in Art Alley spraying up some masterpieces on canvas to munchies and music Art Walk styli and Sunday the 12th ties up the weekend with a workshop on the fine art of Graffiti! 5% of proceeds from entire weekend go to help little Dakota Merett!!

For more information go to [www.visualfeastgallery.com](http://www.visualfeastgallery.com) or stop by Visual Feast Gallery at 88 east center street.





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## Pony Expresso Coffee Shop

Opens at Dead Horse Point State Park


A visit to Dead Horse Point State Park offers scenic views, hikes along the rim, and a ride on the single-track Intrepid Bike Trail. How about sitting out on the deck, sipping a latte and soaking up that signature view from the shaded deck at the visitor center? The new Pony Expresso Coffee Shop can further enhance your visit and give you cause to pause and enjoy your Utah State Park.

Located just outside the visitor center, the Pony Expresso Coffee Shop is a family operated business offering a variety of coffee, food and service with a smile. Shop owners Jamie and Lawrence Burraston are long time residents of Moab and they are pleased to offer coffee, espresso drinks, hot chocolate, tea, freshly made sandwiches and wraps, and all natural fresh fruit smoothies. Come for lunch, a snack or an afternoon cappuccino and experience a new reason to visit Dead Horse Point!

Pony Expresso is now open daily from 8:00 a.m. to 5:00 p.m. through October. On your next visit to Dead Horse Point State Park, stop by for a coffee, freshly made sandwich, or a delicious fruit smoothie.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. from March 15 to mid-October. Park admission is \$10. Contact the park at 435-259-2614.






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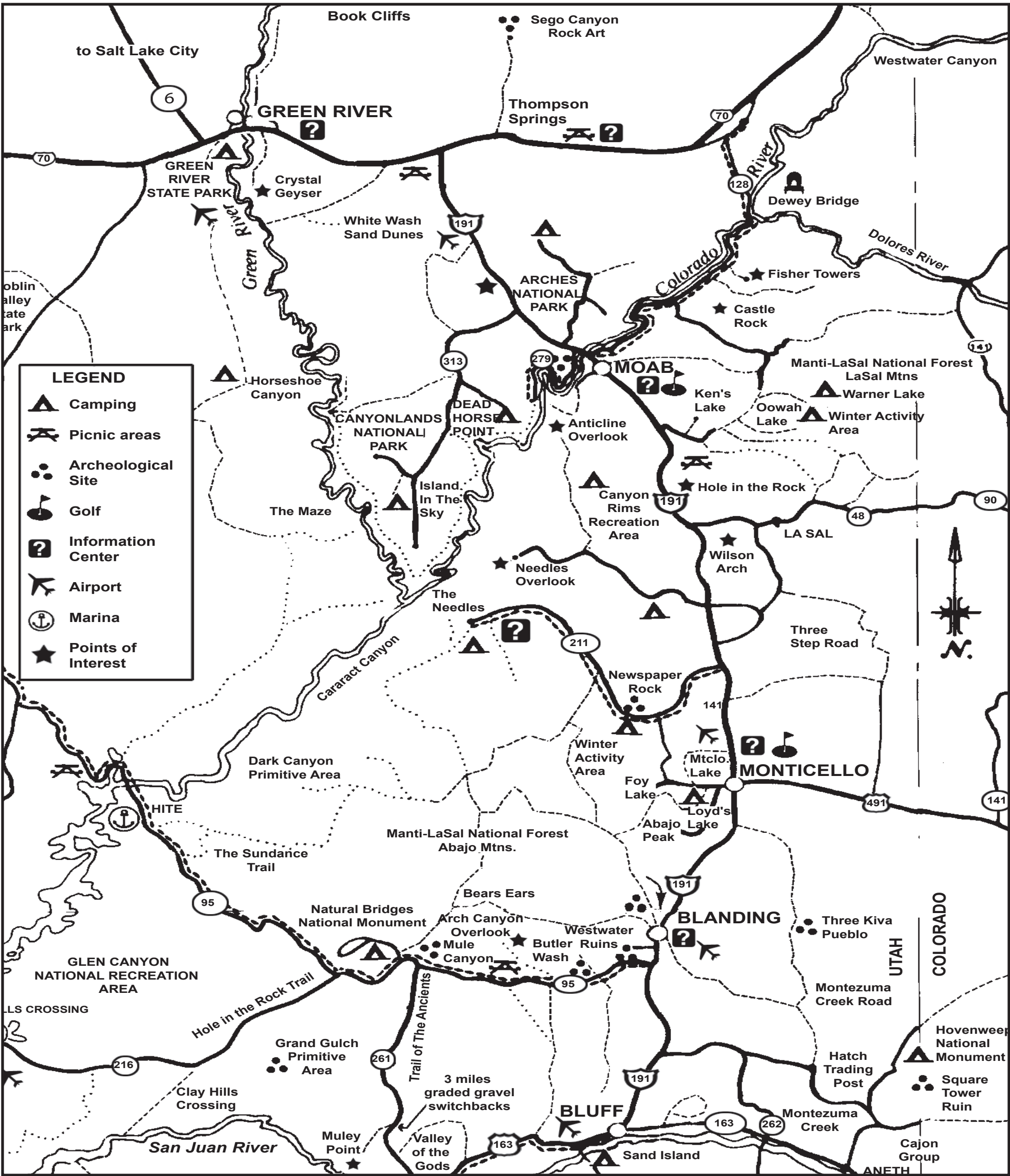
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# SOUTHEASTERN UTAH MAP





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# NATURE HAPPENINGS

## Shake, Rattle and Slither

by Damian Fagan

Snakes are the Rodney Dangerfields of the reptilian world – they “don’t get no respect.” Just listen for the “oohs” and “aahs” when a western collard lizard is sighted



along the trail versus the shrieks heard when a rattlesnake is seen.

Snakes and lizards are ectotherms, meaning they are cold-blooded and regulate their body temperature by absorbing heat from their surroundings. Many reptiles are active for only four or five months during the year; The remaining months are spent underground in hibernation areas called “hibernaculum,” which is Latin for “a tent for winter quarters.”

Several common Canyon Country species of snakes include garter snakes, gopher snakes, whipsnakes and rattlesnakes. Of the four, garter snakes are found more often in riparian or wetland areas. Though common, these snakes either quickly disappear into streamside vegetation or escape via the water swimming away like some sea serpent.

Whipsnakes which are found in riparian areas or drier upland areas, are often overlooked because they are tree-climbers and blend in well with a tree limb or branch. Rail thin, these snakes are well-named.



Gopher snakes, also known as bull snakes, are non-venomous snakes that may reach up to six feet long. Their yellow to cream-colored bodies bear dark spots on their backs, and the head is oval-shaped. When threatened, gopher snakes may coil up, vibrate their tail and hiss like a rattlesnake. They rely on the rattlesnake’s reputation to precede them and the gopher snakes utilize this mimicry to avoid trouble.

Ground predators like rattlesnakes, gopher snakes are also excellent climbers. I’ve observed these colorful snakes in cottonwood trees feeding on nestling robins, as well as traversing along canyon walls heading towards the nests of young cliff swallows.

Non-venomous snakes aside, rattlesnake top the list of snakes that don’t get any respect.



The midget faded rattlesnake is the common “buzzworm” of the Canyonlands Region. The genus *Crotalus* is represented by several subspecies, and means “rattle tail.” Cryptic in coloration, the midget faded is relatively short, about 2 feet in length. This pit viper has a triangular-shaped head, brownish spots outlined in black on the back and a small rattle or “resonator” at the tip of the tail. When vibrated the rattle produces an internationally recognized buzz that serves as a warning notice.

Rattlesnakes are mostly ambush predators and inject a neurotoxin into their prey through large hollow fangs. Unable to escape, the prey is consumed whole.

These snakes sense through infrared heat-sensing receptors located in pits between their eyes and mouth known as loreal pits. These sensors provide the rattlesnake with a thermal image, allowing the snakes to hunt at night.

The snakes also use their forked tongues to “smell” the air. When the tongue is stuck out it samples the air and ground. A very sensitive chemical receptor known as the Jacobson’s organ, located in the roof of the mouth, analyses this chemical sample and produces a signature of the snake’s surroundings. Named for a Danish surgeon, Ludwig Levin Jacobson, this organ is common to many vertebrates but well developed in snakes.

For all their negative publicity and history, snakes play an important role in the natural world as predator and prey. Although they may never make it off of the Dangerfield list, they should be respected for their amazing adaptations for living in the desert environment.



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# COWBOY HAPPENINGS

## Head 'em up and Move 'em out to the Bar-M Chuckwagon's Live Western Show & Cowboy Supper

What is the Bar M Chuckwagon? The Bar M Chuckwagon is Moab's own unique western dinner theater. It's a fun, family-oriented, evening activity that is set in an "old west town" just outside Arches National Park. More than a hearty meal, the Bar-M Chuckwagon is great experience for folks of all ages and features a wild-west gunfight, a delicious cowboy supper and a professional western music and comedy show featuring the "Bar-M Wranglers."

Back In the old west, the "chuck" or food wagon was an essential part of any cattle drive. It carried all of the supplies and food the cowboy's would need during their journey. The camp cook (or "cookie") would prepare and serve all of the cowboy's meals from the chuck wagon. After the evening meal, cowboys would sing songs around the campfire to pass the time and calm the cattle for the night. The



choice of sliced roast beef in barbecue sauce or barbecue chicken served with baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits, and spice cake.

Cowboy coffee, lemonade and iced tea are included and there's seconds as well. A vegetarian meal is available with advance notice.

Right after supper, the "Bar-M Wranglers" take the stage and perform an authentic, high-energy, professional western stage show full of fabulous vocals, thrilling instrumentals, ranch-style humor and audience participation. The "Wranglers" are Alan and Valerie Brown, Clay Maxam, and David Steward.

Two members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Alan and Valerie both sing, yodel and play several musical instruments. Valerie an Alan met and married in Nashville, Tennessee. Originally

from Salt Lake City, Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Alan is a singer/song writer and is also the Camp Cook. Originally from Illinois, he toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab and took over the Bar-M Chuckwagon.

Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judy. Clay shines on the intricate pedal steel guitar and also plays Dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.

Originally from New Jersey, Singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 23 years. He also does vocal arrangements for the group. Dave has a CD of original music called "Wild West Heart" and also a CD of classic cowboy songs called "Call of the Canyon."

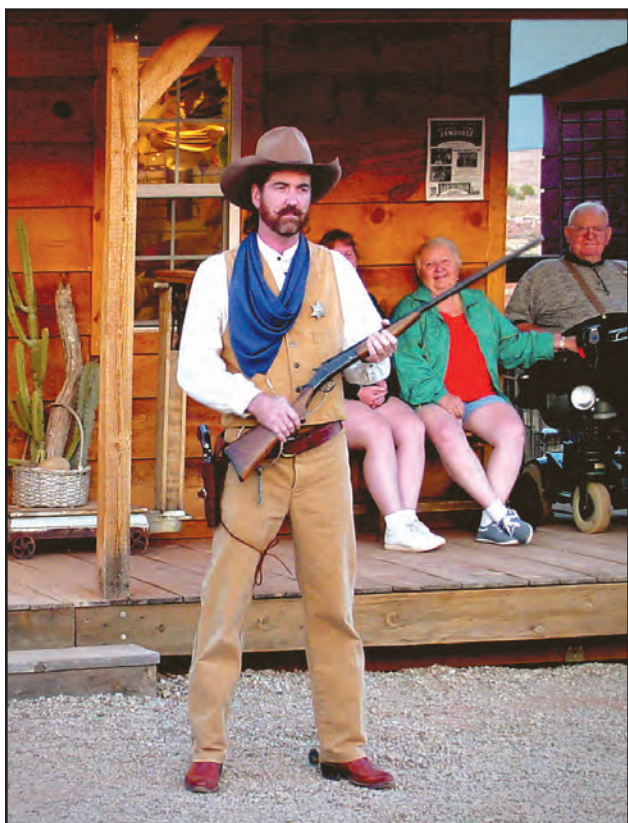
The Bar-M Chuckwagon's season runs April through mid October. Dates vary with the season, please call for schedule. There is year-round availability for special events.

Admission price includes dinner, live western show, games, gunfights, and gratuity: \$26.95 for adults, children four to twelve years old are half price and kids three and under are free. Call 259-BAR-M (2276) for reservations or visit their website at [www.barmchuckwagon.com](http://www.barmchuckwagon.com). Call today and Join the Fun!



concept for the modern chuck wagon restaurant sprung out of these traditions. At the Bar M Chuckwagon you can leave your cares behind, go back in time and re-live the days of the American Cowboy!

Just five miles north of the entrance to Arches National Park on Highway 191, pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." Don't forget to pay your respects at "Boot Hill" along the way. The ticket booth and grounds open at 6:30 PM. Arrive early enough to belly up to the Saloon for a cold one and browse through the Primrose Emporium full of western souvenirs and more.



The Sheriff's on the scene!

The wild and wacky gunfight begins around 7:00! After the smoke clears, everyone enters the large barn-style dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail-style on metal plates and cups. You get a



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# MOAB AREA ROCK ART

The Moab area has numerous examples of Indian rock art to enjoy. This article briefly discusses some types, dates, the artists and their cultures and how to take care of these irreplaceable sites.

## WHAT IS INDIAN ROCK ART?

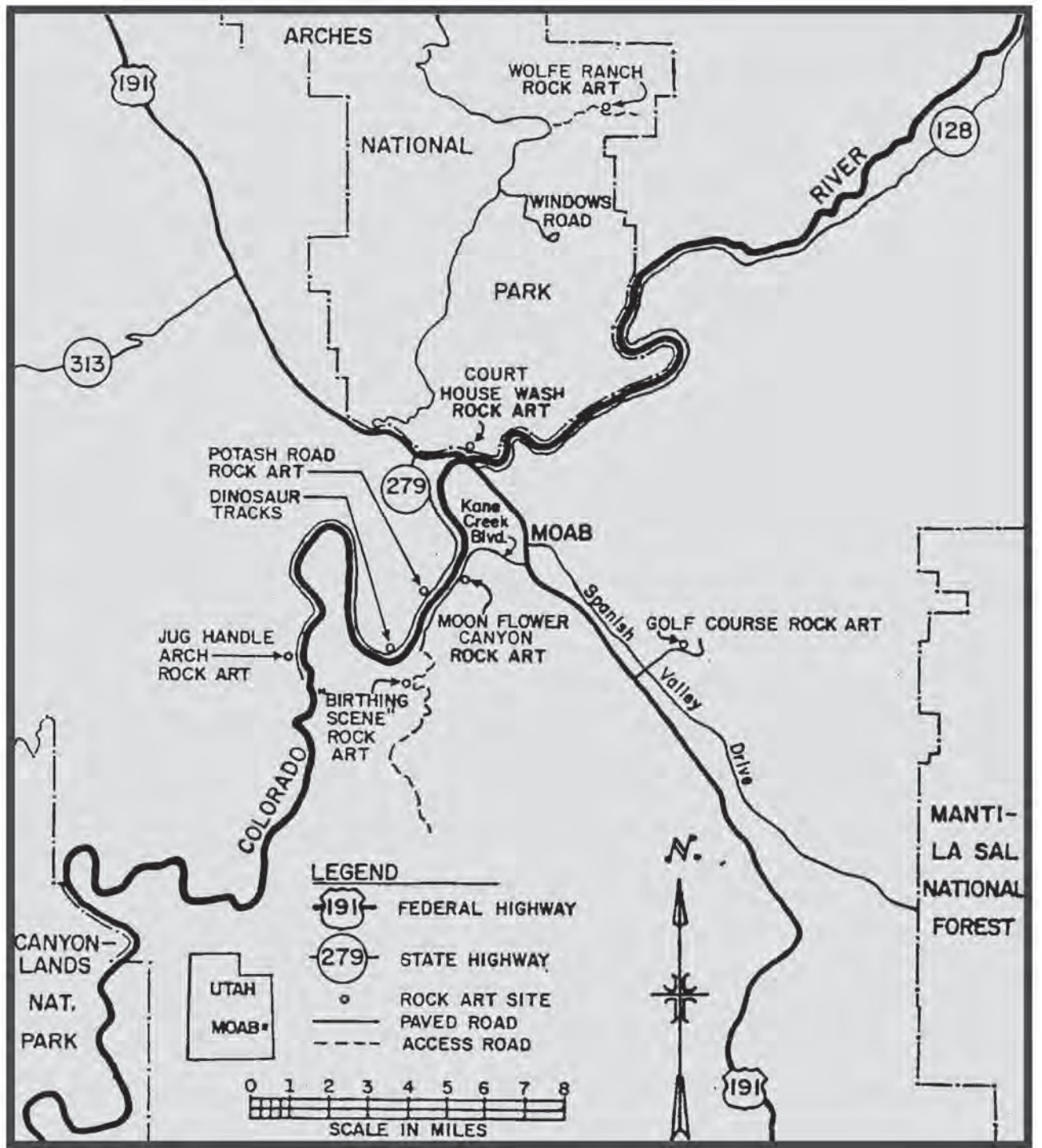
There are two types of rock art: petroglyphs (motifs that are pecked, ground, incised, abraded, or scratched on the rock surface) and pictographs (paintings or drawings in one or more colors using mineral pigments and plant dyes on the rock surface). Although many images may have originally been executed as a combination of both techniques, most now appear only as a petroglyph because the paint material has faded or washed away over many years.

## THE PEOPLE

Rock art was produced by a number of prehistoric and historic peoples over thousands of years. Their histories in the area are very complex. A big game hunting people, known as Paleo-Indians, are considered to be the first human users in the area. Their game included now-extinct Pleistocene fauna such as mammoths and mastodons. A later culture called Archaic, probably used central based camps during their seasonal round of activities based on harvesting wild plants and animals. They did not build permanent habitation structures, but lived in caves and in small brush shelters built in the open.

The Anasazi whose culture centered south of Moab in the Four Corners area, concentrated much of their subsistence efforts on the cultivation of corn, beans and squash. These sedentary people, also harvested a wide variety of wild resources, such as pinion nuts, grasses, bighorn sheep and deer. The Fremont were contemporary with the Anasazi people, also grew corn, and were apparently more dependent on hunting and gathering wild resources than were the Anasazi. Their territory was mainly north of the Colorado River, but overlapped the Anasazi at Moab.

The most recent inhabitants, the Utes have been in southeast Utah since the 1200's. They were a very mobile hunting and gathering people who moved in from the Great Basin. They used the bow and arrow, made baskets and brownware -pottery, and lived in brush wickiups and tipis. The No-tah (Ute people) lived freely throughout western Colorado and eastern Utah until about 1880.



## SITES

If you have trouble locating rock art once you are near a site, don't be discouraged. You will develop a sense of which types of rocks and surfaces are appropriate areas to look for petroglyphs and pictographs. Petroglyphs are commonly found on the black or brown surface (called desert varnish) of rock cliffs. The straight, smooth, red sandstone found in the Navajo and Wingate formations is a good area to look for -pictographs. As you spot one image, look carefully around the adjoining surface areas. Often there are numerous images at any given site. The main panel might have one or more subpanels nearby. Some of the images may be very faint, having faded or eroded through the years.

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Volume 21 Number 1  
APRIL 2011  
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April 23, 30, May 7

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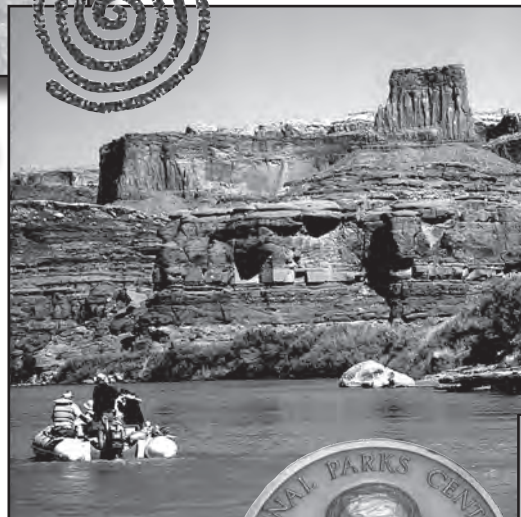
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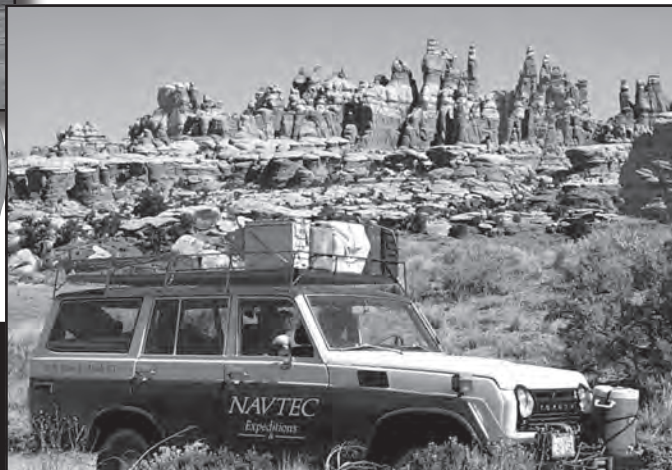
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# MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 ..... 259-6396	Moab Duplicate Bridge Club (Gail Darcey) ..... 259-1733
Alcoholics Anonymous/Alanon ..... 259-7556	Moab Friends For Wheelin' (Jeff Stevens) ..... 259-6119
Alpha Rho Sorority (Bobbie Long)..... 259-6758	Moab Garden Club (Tricia Scott)..... 259-6342
American Legion Post (Bill Smith)..... 259-3470	Moab Half Marathon (Ranna Bieschke)..... 259-4525
Arches Adult Education (Trish Hedin) ..... 259-2293	Moab Horse Racing Association (Chuck Henderson) ..... 259-4111
Arches New Hope Pregnancy Center (Debbie Nelson) ..... 259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried) ..... 260-9252
BEACON (Stephanie Dahlstrom) ..... 260-1143	Moab Lodging Association (Britnie Ellis)..... 259-6171
Boy Scouts of America (Kent Dalton) ..... 259-6521	Moab Masonic Lodge #30..... www.moabmasons.org ... 260-9169
Canyonlands Field Institute (Karla Vander Zanden) ..... 259-7750	Moab Music Festival (Andrew Yarosh)..... 259-7003
Canyonlands Film Society (Becky Thomas) ..... 259-2286	Moab Poets & Writers (Marcia Hafner) ..... 259-6197
Canyonlands Rodeo Club (Kirk Pearson) ..... 260-2222	Moab Points & Pebbles Club (Jerry Hansen)..... 259-3393
Canyonlands Wildlife Federation (Dave Bierschied) ..... 259-8217	Moab Quarter Horse Assoc. (Kathy Wilson)..... 259-8240
Center for Water Advocacy (Harold Shepherd)..... 259-5640	Moab Rod Benders (Jim Mattingly)..... 259-5858
Daughters of Utah Pioneers (Hallie Tibbetts)..... 259-5225	Moab Ropers Club (Terry Lance)..... 259-9972
Deathorse Motorcycle Club (Terry Flynn)..... 259-3878	Moab Sportsmen's Club (Frank Darcey)..... 259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson) ..... 259-0906	Moab Taiko (Stephanie Dahlstrom) ..... 259-2264
Elks Lodge #2021 (Dan Stott) ..... 259-7334	Moab Teen Center-Club Red ..... 259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson) ..... 259-2724	Moab Trails Alliance (Kimberly Schappert) ..... 260-8197
Friends of Indian Creek (Emma Medara) ..... 259-3586	Moab Valley Multicultural Center (Kandee DeGraw or Leticia Bentley) ..... 259-5444
Friends Of the Grand County Library (Adrea Lund)..... 259-1111	Mutual UFO Network (Elaine Douglass)..... 259-5967
Grand County Public Library..... 259-5421	Order of the Eastern Star (Fran Townsend) ..... 259-6469
Girl Scouts of The U.S.A. (Cynthia Williams) ..... 259-6683	Parent Teacher Association (Tiffany Saunders)..... 259-5830
Grand Area Mentoring (Dan McNeil) ..... 260-9645	Plateau Restoration/Conservation Adventures (Tamsin McCormick) ..... 259-7733
Grand County Democratic Party (Mike Binyon)..... 259-1633	Red Rock Astronomers..... 259-4743
Grand County 4-H (Marion Holyoak)..... 259-7558	Red Rock Forests ..... 259-5640
Grand County Extension (Michael Johnson) ..... 259-7558	Red Rock 4-Wheelers (Ber Knight) ..... 259-7625
Grand County Food Bank ..... 259-6456	Retired Senior Volunteer Program RSVP (Jody Ellis) ..... 259-1302
Grand County Hospice (Tracey Harris) ..... 259-7191	Rotary Club (Kyle Bailey)..... 259-6879
Grand County Prevent Child Abuse ..... 260-1039	Seekhaven Crisis Center (Jaylyn Hawks)..... 259-2229
Humane Society of Moab Valley ..... Animal Services 259-4862	Senior Center (Verleen Striblen) ..... 259-6623
Ladies Golf Club (Chris Corwin)..... 259-5344	Sierra Club (Mike Stringham)..... 259-8579
League of Women Voters (Cynthia Smith) ..... 259-5306	Solutions (Sara Melnicoff) ..... www.moab-solutions.org ... 259-0910
Lion's Club (Tom Warren)..... 259-7834	Society for Creative Anachronisms - (Travis Schenck)..... (907) 617-6342
Moab Aglow Lighthouse Fellowship (Murine Gray)..... 259-5514	Southeastern Utah Back Country Horsemen (Helen Sue Whitney)..... 259-7239
Moab Arts Council (Bruce Hucko) ..... 259-4176	Southern Utah Wilderness Alliance (Liz Thomas)..... 259-5440
Moab Arts Festival (Theresa King) ..... 259-2742	Toastmasters International ..... 259-5767
Moab Arts & Recreation Center ..... 259-6272	Trail Mix Committee (Sandy Freethey) ..... 259-0253
Moab Bird Club (Nick Eason)..... 259-6447	Valley Voices (Marian Eason)..... 259-6447
Moab Chamber of Commerce (Kammy Wells) ..... 259-7814	Veterans of Foreign Wars (Matt Keogh) ..... 260-9822
Moab City Recreation (John Geiger) ..... 259-2255	WabiSabi (Jeff Cohen)..... www.wabisabimoab.org ... 259-3313
Moab Community Theater (Kaki Hunter) ..... 259-8378	Word Watchers (Nancy Kurtz) ..... 259-0734
Moab Country Club (Rob Jones)..... 259-6488	Youth Garden Project (Jen Sadoff) ..... 259-BEAN (2326)

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	Native Spirit	<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>		Desert Diva	7:00	
8:00		<b>DEMOCRACY NOW</b>						8:00	
9:00	Jah Morning Reggae	<b>MOAB Morning Blend</b>					Shine Time (Children)	Trailer Park Companion/Running on Sandstone.	9:00
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Blue Plate Special (blues/rock)			10:00
11:00		The Trading Post (call-in Buy/Sell)							11:00
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	1-2-3 (funky world soul)	Ain't Live Grand? (live recordings)	Noon	
1:00		Radio Mundial Radio MOONDial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues		Fire on the Mountain	Belagaana Review (fruit and nuts)	1:00
2:00	Red Rock Potluck	Ritmo Latino	<b>WORLD MUSIC</b>		MOAB Drive Time	Free Speech Friday Public Access	Tween Time (pre-teen fun)	2:00	
3:00		This Week in Moab (Interviews / Calendar)	SoundThing/ Uncle Meat's Mystery Show	Gaelic Circle/ Drive Time			Big River / Ranch Exit (twang)	3:00	
4:00	West of Broadway/ Concert in the Park	<b>DEMOCRACY NOW</b>					Big River / Ranch Exit (twang)	7:00	
5:00		Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)			The Rainbow Room /Funky Soul Jam
6:00	KZMU Overnight		The Sound Lair (Experimental Dance)	<b>MOAB AFTER HOURS</b>		Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	6:00
7:00		<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	7:00
8:00	KZMU Overnight	<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	8:00
9:00		<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	9:00
10:00	KZMU Overnight	<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	10:00
11:00		<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	11:00
12:00	<b>KZMU OVERNIGHT</b>					the eleventh hour	Seti TranceMissions	12:00	

**KEY:**  Talk Shows  Easy Mix, Jazz  Blue Grass, Country, Folk  Eclectic/World  Rock, Blues  Heavy, Hard



# PET HAPPENINGS



## Dog Days Of Summer – A Survival Guide For Your Pooch

by Kaye Davis

Warm summer days offer more time for you to spend outside with you dog. While bright sun and hot temperatures of summer may be nice for a day outside for us, they can be dangerous for dogs.



All dogs are susceptible to heat stroke but dark colored dogs, overweight dogs, older or frail dogs, and brachycephalic dogs (those cute dogs with smashed in noses) are at higher risk than others. Dogs, especially light colored ones, are also susceptible to sunburn. The good news is that these threats to your pooch are preventable.

### Protecting Your Dog from Heat Stroke and Exhaustion

Leaving a dog in a parked car during summer weather is the leading cause of heat stroke and too often causes death. Dogs can also suffer heat exhaustion or heat stroke if they exercise too heavily on a hot, humid day or, if they live outdoors and don't have shelter from the sun. Older dogs are less tolerant of heat and may succumb to heat strokes more readily than younger dogs.

Limit the time you spend in the direct, midday sun with your dog. Don't keep them in the backyard without shade and plenty of water to drink. You can even help keep your dog cool in the summer months by keeping a kid sized pool in a shaded area for your dog to splash around in.

Never leave your dog unattended in your car or truck. The heat inside a vehicle, even one in the shade, can climb very quickly. At times, the heat in your car can go up to double what it is outside. You may think you can help them keep cool by leaving a window open, but that really doesn't offer much help. Take them with you when you leave your vehicle. If you can't, do your dog a favor and leave him or her home.

If you leave your pet in your home each day when you go to work, help keep your dog cool in the summer months by leaving the air-conditioning running all day. You don't need to leave it on high, but leave it running on the lowest setting so they have some relief from the climbing temperatures.

If your dog has become overheated you will know it by how they act. Heat exhaustion comes first with the symptoms of excessive panting and flushed skin (easiest to recognize in the ears and mucous membranes) or dog is hot to the touch. Without treatment, heat exhaustion will escalate. Look for symptoms like a body temperature of over 104° F, increased heart rate and breathing, salivation, vomiting and/or diarrhea, weakness or dizziness, stumbling, depression or subdued behavior, seizures and loss of consciousness.

If your dog is showing signs of heat exhaustion/heat stroke, **take action immediately by calling your veterinarian.** Do not wait it out because even if they seem to have improved, there's a chance that internal damage has been done if their fever was over 104° F and they may experience organ failure, heart and respiratory problems, seizures, or death.

### Protecting Your Dog from Sunburn

Just like humans, dogs can be burned by the sun, especially the nose, tips of the ears and around the lip area. Common sense dictates that you keep your dog in the shade during the hours when the sun rays are most intense. However if you need to be outside during these times it is

okay to apply sun-block to your dog's nose and the exposed skin on the ears. It is okay if the dog licks the sun-block, because most are not toxic, BUT, you should always avoid sun-blocks that contain zinc or PABA. If you notice that any portion of your dog's skin is reddened or blistered, contact your veterinarian right away.

### Walking Your Dog in the Hot Weather

When you walk your dog in the summer months, remember the pads on their feet are sensitive. You can help keep them cool by watching where they are walking. Sidewalks and road surfaces are extremely hot when they are receiving direct sunshine. Help your dog keep cool by walking them on grassy surfaces when the sun is at its hottest. If you do take your dog hiking or cycling long distances consider outfitting them with shoes or conditioning their paws with a non-Shea butter base paw balm (Shea butter softens the pads but does not condition them).

### Water, Water, Water

Be extra diligent about having fresh, cool water on hand for your pet. Keep their bowls at home full, and don't forget to leave them a pool in the backyard if they must hang out there for any amount of time. If you are walking with your dog, or spending the day at the park, be sure to have plenty of water with you to help keep your dog hydrated.

### Final Thoughts

Keeping your dog cool and healthy in the summer months is not that hard as long as you give it a little thought. Keep exposure to the midday sun to a minimum, offer plenty of water and shade, and keep exercise to a minimum.

### Products to check out to keep your pooch cool, safe and healthy in the hot weather

- Portable Bowls
- Cooling Collars and Vests
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- Doggles™ for eye protection
- Gravity fed water bowls with large capacity for outside water supply



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## Humane Society of Moab Valley

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### Dog Adoption Days-

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### AUGUST:

• Dawg Days of Summer Annual BBQ  
Benefit  
Sunday August 7th from 4:00 to 8:00  
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For all other information please check our website [www.moabpets.org](http://www.moabpets.org) or call our office 435-259-4862.

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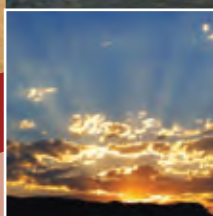
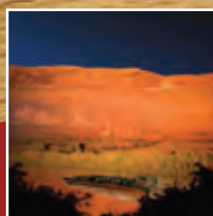
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