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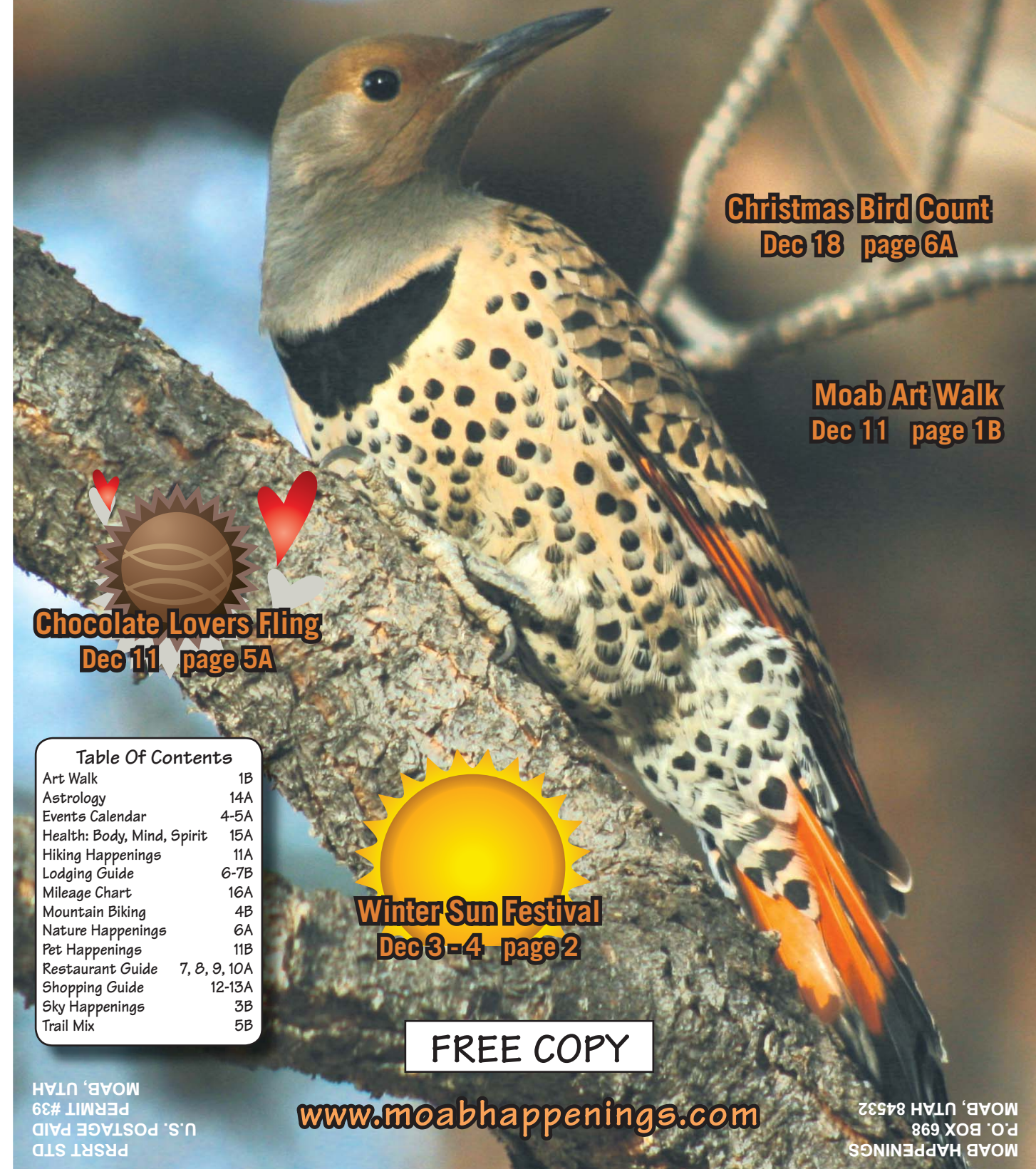
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# MOAB HAPPENINGS

Volume 22 Number 9

## DECEMBER 2010



**Christmas Bird Count**  
 Dec 18 page 6A

**Moab Art Walk**  
 Dec 11 page 1B

**Chocolate Lovers Fling**  
 Dec 11 page 5A

**Winter Sun Festival**  
 Dec 3-4 page 2

Table Of Contents	
Art Walk	1B
Astrology	14A
Events Calendar	4-5A
Health: Body, Mind, Spirit	15A
Hiking Happenings	11A
Lodging Guide	6-7B
Mileage Chart	16A
Mountain Biking	4B
Nature Happenings	6A
Pet Happenings	11B
Restaurant Guide	7, 8, 9, 10A
Shopping Guide	12-13A
Sky Happenings	3B
Trail Mix	5B

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# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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 at Grand Center

Tree-lighting Ceremony with Hot  
 Chocolate, Cookies, and Santa!  
 Courthouse 5:00pm

Presentation of the Chamber's  
 Citizen and Business of the Year

**Saturday, December 4<sup>th</sup>**  
 Chamber Silent Auction at the Gift Fair  
 9:00am - 3:00pm at Grand Center

Chamber Silent Auction at the MARC Arts & Craft Fair,  
 9:30am - 5:00pm

Winter Sun 10K, 10:00am

Moonflower Market's Solstice Bazaar • Arts, Crafts,  
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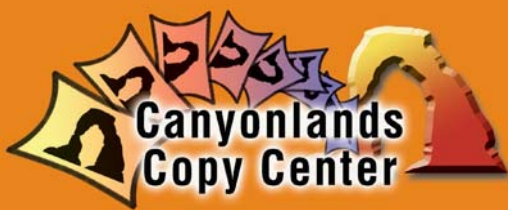
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# WINTER RECREATION HAPPENINGS

## Winter in the La Sal Mountains

When the weather in Moab gets cold, freezing the Colorado River and putting snow and ice on everybody's favorite bike trail or climbing route, there is another alternative available. Find yourself in an inversion? It is time to go and discover the recreation opportunities in the La Sal Mountains.

The La Sals are second only to the Uintas as the highest peaks in the state of Utah. These mountains soar to almost 13,000 feet above sea level and over 8,000 feet above the valley floor. A laccolith process formed the La Sals. With this process, a mass of igneous rock intruded between layers of sedimentary rock, resulting in uplift. You could call them frustrated volcanoes too. Aside from the volcanoes of the Pacific-Northwest, there are no peaks with greater rise in the continental U.S.

Winter recreation in the La Sals includes cross country skiing, skate skiing, snowshoeing, sledding, back-country skiing and snowmobiling. The winter access to the mountains is provided from two routes kept open by the Grand and San Juan County Road Departments.



1. The La Sal Mountain Loop Road is plowed regularly. The Geyser Pass road is kept open to the restrooms and parking area at 9,600'. The Geyser Pass Road and Gold Basin Road beyond the winter trailhead is a popular area for cross country skiing, snowshoeing and snowmobiling. Groomed trails are provided by the Lower Utah Nordic Alliance (LUNA). Volunteers groom trails approximately twice a week, which provide 12 kilometers of a groomed trail-system, open to every winter user group. These roads also provide access to backcountry skiing and snowboarding in the Mt. Tomasaki and Gold Basin areas. There is a sledding hill just below the parking lot. If you are using the sledding hill, please park in the parking lot so other vehicles can get to the parking lot. The road in the winter is narrow enough!

Snowmobiles are not allowed to leave the road in Gold Basin. Please respect this closure of the most popular skiing area in the La Sals - the rest of the entire range is open to you!  
2. From near Old La Sal at the south end of the range, the road is plowed regularly two miles short of Dark Canyon Lake, just below Mount Peale. The San Juan Road Department makes a parking lot at about 9,600'.

Winter Huts are available for rent from...

Tag-A-Long Tours: 435-259-8946

These simple cabins are great for folks who want to spend several days in the mountains, but don't want to lose a couple of hours driving back and forth from town every day. The hut operators can snow cat your supplies and camping gear in for you saving you the heavy carry.



### Avalanche Hazard in the La Sal Mountains

The La Sals are rubbly piles of fractured stone. The angle of repose for this broken stone is 38 degrees, and since snow is also a granular substance, 38 degrees is the bulls-eye slope angle for snow avalanches. Keep in mind though, that avalanches run on terrain from 30 - 45 degrees. Most people caught in avalanches are in terrain that is 30 - 35 degrees of steepness. The La Sal Mountains usually possess one of the weakest snow packs imaginable.

Why do we care? Because 30% of people completely buried by avalanches are killed by trauma and many of those remaining die from suffocation. These are not good odds. It's not good policy to plan on outrunning an avalanche, even on a fast snowmobile, because avalanches have been clocked at well over 200 mph. Grim statistics showing that snowmobilers are the most likely people to be killed in avalanches also support this.

So what do we do?

Fortunately, staying safe doesn't have to mean staying at home! The good news is that most people trigger the slide that catches them, so if we learn a little about snow and adjust our behavior to suit the conditions, we can continue to enjoy our winter playground!

The Manti-La Sal Avalanche Center in Moab exists to help you make the right decisions. The MLSAC Forecasters examine the snow and produce an advisory informing you of where you are most likely to run into problems and just how sensitive the snow is. They also produce a mountain weather forecast, work with the Moab Winter Search and Rescue Team and provide avalanche education to the community in numerous ways. The MLSAC educates the community through the advisories, classes held periodically, radio announcements on the weekends on KZMU, the website and at the Geyser Pass Trailhead information board.



Access the current advisory by calling **259-SNOW (7669)** or from the Internet at [www.avalanche.org](http://www.avalanche.org)

The website is a great tool for:

- Finding a weather forecast for the Moab area, including radar images
- A current photo gallery of the La Sal Mountains
- Advisories for the La Sals and the Abajo Mountains
- A current course schedule for southeast Utah

Watch for periodic special events like ski swaps and avalanche awareness classes. If you need to talk to one of the avalanche forecasters, please call 259-7155 Monday-Friday during normal business hours and be sure to mention you read about it in Moab Happenings.

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# MOAB AREA EVENTS CALENDAR

## December 2010



### Holiday Gift Fair at The Grand Center

Friday, December 3, 4pm-8pm  
Saturday, December 4, 9am-3pm

Variety of gifts from craft vendors and  
great food vendors

### M.A.R.C.

#### Holiday Craft Fair

Saturday, Dec 4

9:30 am - 5 pm

111 E. 100 N.

Moab



### Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah

#### All Square Dancers & Visitors Welcome

Please call to verify dance and  
for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169

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Volunteer for your  
favorite special event

- 2 **The GCHS Marching Band** will give its final performance of the season at 7:30pm in the GCHS gymnasium. The performance will include favorites such as "Carry on My Wayward Son" and "Hey Jude", as well as the band's half-time show. Admission is free, but donations are requested to help the band purchase uniforms for next year.
- 3-4 **Winter Sun Festival.** Holiday weekend events full of fun, festivities, food and activities. Winter Sun 10K, Electric Light Parade, Tree Lighting Ceremony, Arts & Craft Fairs, Community Dance, Main St. Merchant Specials, Santa visits, musicians & carolers., etc.
- 3-4 **Grand Center Gift Fair.** Fundraiser for RSVP and the Grand Center from 4-8pm on Dec 3 and 9:00am-3:00pm on Dec 4 at the Grand Center. 44 booths with hand-made crafts and more.
- 3 **Friends of the Manti-LaSal Avalanche Center** will be showing Matchstick Productions new 2010 Ski Film "The Way I See It" at 8pm at Star Hall. Tickets are \$10 at the door and all proceeds go to the Avalanche Center. For more details call Mark 435-260-1742
- 3 **Christmas Tree Lighting,** 5:30 pm, County Courthouse (125 E Center)
- 4 **MARC Holiday Craft Fair,** 9:30am-5pm, 111E. 100N., Moab (435) 259-6272. See article on page 5.
- 4 **Winter Sun 10K Run.** Annual Winter Sun 10K road race is a fun-filled small town run in early December. for more info visit [www.moabhalfmarathon.org](http://www.moabhalfmarathon.org) or call 435-259-4525.
- 4 **Red Rock Astronomers offers telescope viewing** before Moab's Light Parade. Look for them near the Moab Information Center at the corner of Main and Center. Sponsored by WabiSabi. All ages are welcome. For information call 259-4743 or 259-3313.
- 4 **Electric Light Parade.** The entire family will enjoy this amazing collection of lighted floats as they travel along Main Street in downtown Moab. For more info call 435-259-7814
- 4 **Contra Dance** — Caller-led contras, circles and squares with live traditional music. 7:30 for pre-dance instruction, 8:00pm dance begins. At the Moab Arts and Recreation Center (MARC) 100N. 111E. No partner or experience necessary. \$5 donation benefits local non-profits. Music by Moab Community Dance Band. See page 5A
- 4-5 **Open Studio at Serena Supplee's** (10am - 4pm) 411 S. 400 E. in Moab
- 8 **Second Wednesday Book Club at the Library.** *A Christmas Blizzard* by Garrison Keillor is December's book selection. All are welcome - 6:00 p.m. in the Library's Board Room.
- 9 **Winter Solstice Star Lab and Stories - Free!** Edge of the Cedars State Park Museum, 6:30 pm, 660 West 400 North, Blanding, Utah. 435-678-2238.
- 10-11 **Canyonlands Outdoor Sports** hosting a family fun night from 6-10pm on the 10<sup>th</sup> for \$6 and a free Christmas movie night on the 11<sup>th</sup>.
- 11 **Moab Art Walk** 6-9pm. See page 1B for artist and gallery information.
- 11 **Chocolate Lovers** is a chocolate social and fundraiser event for Club Red, The Moab Teen Center. Come enjoy a silent auction just in time for the holidays, as well as locally made chocolate creations, all in the spirit of Underwater Adventure. We will have activities for kids too! Hosted by Club Red at Center Street Gym, Saturday, December 11 from 7-9pm. Entry is 10 dollars. Please feel free to come in costume! Contact Club Red at [teencenter@moabcity.org](mailto:teencenter@moabcity.org) or 259-9991.
- 11 **The Wayshower** special screening is a fundraiser event for the Moab to Monument Valley Film Commission. The event is open to the public and donations are welcome. 6:00 p.m. in Star Hall. For more information about the screening and to contact the Film Commission visit [www.filmmoab.com](http://www.filmmoab.com) or call Tara at 435.259.4341
- 18 **111th Audubon Christmas Bird Count**  
To participate call 259-6197, See Nature article on page 6A.
- 19 **Potluck** for all participants of the Christmas Bird Count. At 10:00am at the Nature Conservancy Office, 820 West Kane Creek Boulevard.
- 18 **Monthly Paper Recycling Drive** - An opportunity to recycle paper items not accepted at the recycling center. From 9am-1pm in front of the Moab Post Office. Bring us your phone books, magazines, catalogs, cereal boxes, egg cartons, books and other paper and we'll see that they get turned into insulation for homes and offices!
- 22 **Seekhaven Book Club at the Library.** *The Bread Givers* by Anzia Yezierska is December's book selection. All are welcome - 6:00 p.m. in the Library's Large Meeting Room. Books provided by the Utah Humanities Council are available for checkout at the Library.
- 24 **Christmas Eve**
- 25 **CHRISTMAS DAY**
- 25 **WabiSabi's Community Christmas Dinner**—Come enjoy a sense of community and holiday cheer with a free Christmas dinner organized by WabiSabi's Hands Up program. This meal is made possible through generous donations from the community and contributions from our sponsors. 2pm to 5pm at the **Grand Center** 182 North 500 West. For more information or to volunteer, call 259-2553.
- 30 **Thursday Night Movie Night at the Library.** *Inception* starring Leonardo DiCaprio. For more info on events see [www.moabhappenings.com](http://www.moabhappenings.com)



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ART@  
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2010  
Moab Art Walk

Last Art Walk  
of the Year:  
**December 11**

[www.moabartwalk.com](http://www.moabartwalk.com)

### Visit the Grand Center!

182 N. 500 W. 435-259-6623

Lunch: Mon., Tues., Wed. & Fri.  
Under 60 \$6.00/ over 60 \$2.50  
suggested donation.

Exercise, Crafts, Health Day, Cards, Wii,  
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[www.grandcountyutah.net](http://www.grandcountyutah.net)



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**DEADLINE for JANUARY Events Calendar: DECEMBER 20, 2010**

**Listings in the Moab Happenings Events Calendar are FREE!!**

**Do you know of an event for the Happenings calendar??**

**Call (435) 259-8431 or fax us at (435) 259-2418**

**e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)**

# MORE MOAB AREA EVENTS

## December 2010 events continued

Dicaprio will be shown at 7:00 p.m. This event is FREE. Popcorn for this event is donated by the Moab Chevron. For more info visit the Grand County Public Library at 257 E. Center St. or call 435-259-1111.

### 31 NEW YEAR'S EVE

## January 2011

### 1 NEW YEAR'S DAY

### 4 Porchlights playing at Eddie McStiff's 6:00pm

8 **Flute Festival**, presented by Echo Hunters Association, 6-8pm, at the Moab Arts & Recreation Center, 111 East 100 North. \$10 per ticket. For info leave a message for Evan at 801-414-5354

### 13-16 13th Annual Bluff International Balloon Festival

See article on page 8B.

## Non-Profit Dance Band to Partner with Wabi-Sabi

The Moab Community Dance Band has been putting on a contra dance almost monthly for the past 5 years. Dancers are encouraged to donate \$5.00 per person to benefit a selected beneficiary. Over the years MCDB has given a total of approximately \$2600 to many of our local organizations such as the Humane Society, the Recycling Center, Club Red, the Christmas House Box, Moab Music Festival Educational Outreach, and the Moab Valley Multicultural Center to mention a few.

What is a contra dance you ask? The dance has its origins from the "Old Country." Dances are done in long lines dancing with a partner and a set of neighbors. Many of the moves are similar to the moves done in a square dance. At the end of a dance you will have danced with everyone in the line. A well-known caller among Contra Dancers, Tony Parkes, says, "Contra dancing is an enjoyable social activity that almost anyone can join in. It can serve as an icebreaker, an exercise medium, and a means of building community spirit. With a very small investment of time and money, people of all ages and conditions can learn a skill that will pay huge dividends of happiness for a lifetime." Truly, the dances are fun and energetic. All dances are taught and called, which means no experience is necessary, nor do you need to come with a partner. If you want to see what a Contra Dance looks like, go to You Tube and see some excellent videos.

We would love to hold a dance for your organization. Ideally, we ask that someone in your organization attend the dance to collect money and to give a plug for your cause. In addition, we ask that you advertise the dance within your organization in order to bring in more people. More people means more money raised, and it means more fun. If you would like to have a dance benefiting your organization, please contact Peggy Harty 259-4270.

This year, unless we have a specific benefit group, we will continue to hold dances on a monthly basis and proceeds of the dance will go to Wabi-Sabi to be divided among the many organizations that Wabi-Sabi benefits. We encourage you to come and participate.

Mark your calendar for dances this year. They are on the 3rd Saturday of each month with a few exceptions (\*): Nov. 20th; (\*1st Sat. Dec. 4th); Jan. 15th; (\* 2nd Sat. Feb. 12th); March 19th; April 16th; May 21st; June 18th; Tentative dates for Summer, July 16th; August 20th.



## Holiday Craft Fair – at the MARC, Dec 4

Santa Claus is comin' to town and all his elves are working overtime to bring some of the finest handmade gifts to the Moab Holiday Craft Fair at the Moab Arts and Recreation Center, Saturday December 4th. Bring the whole family from 9:30am to 5:00pm to shop for unique Christmas presents, eat some delicious food, and get a picture taken with Santa.

This year, the MARC building will be bursting at the seams with 50 craft vendors from Moab, Castle Valley, all over Utah, and even Colorado. Some are new to the Holiday Craft Fair and some have returned over and over again. They will have pottery, jewelry, photographs, paintings, handbags, aprons, stain glass, hand carved rock and wood items, painted gourds, soaps, salves, holiday centerpieces, hats, scarves, mittens, painted ammo cans, all sorts of baked goods, and much, much more for your consideration. Items range in price from \$1 to hundreds of dollars, so there is truly something for everyone on your Christmas list!

Once again, Santa Claus will be available all day to meet with the little ones and hear their Christmas wishes. He'll be on the stage, surrounded by all the things that make Santa feel welcome...Christmas trees, snow, lights, candy canes, and Bolivian Rainbow Peppers. Bolivian Rainbow Peppers! That's what we said, too, but Jen Sadoff and The Youth Garden Project assure us that Santa Claus loves them and so will you! They have been growing these specialty peppers all year to sell at the Holiday Craft Fair and they are truly a sight to see.

Actions Shots will be here to capture those precious moments between your little one and Santa, and for a fee, you can have those moments burned onto a CD to take home with you.

All the way from Window Rock, Arizona, Lisa Tsosie will be bringing up Navajo Tacos, Fry Bread, Green Chile, and Chili beans, to warm your tummy on this December day.

So, join us, Saturday December 4th, from 9:30am to 5:00pm and the Moab Arts and Recreation Center, 111E. 100N., Moab, UT. (435) 259-6272.



## Gift Fair – at the Grand Center, Dec 3<sup>rd</sup>-4<sup>th</sup>

The Gift Fair will present 43 local vendors to help us kick off the 2010 holiday season and meet your shopping needs. The Grand Center's Café will be open during the Gift Fair with their famous cinnamon rolls and sticky buns available both days. They will also have Navajo tacos, Frito pie, hot dogs, chili dogs, fresh baked pies, chips, pop and chicken soup.

Booth Rentals are a fund raiser for the RSPV program (435-259-1302). The Café proceeds go to benefit the Senior Center (435-259-6623).

The Gift Fair is located at the Grand Center at 182 N. 500 W. Moab, Utah on Friday December 3<sup>rd</sup> from 4pm-8pm and Saturday December 4<sup>th</sup> from 9am-3pm



## 2010-2011 Moab Events

March 11-15.....Skinny Tire Festival  
 March 19.....Canyonlands Half Marathon  
 April 16-24 .....Easter Jeep Safari  
 April 29-May 1 .....April Action Car Show  
 April 28-May 1 .....Moab Spring Quarter Horse Show  
 May 7.....Gran Fondo  
 May 28-29.....Moab Arts Festival  
 June 2-5 .....Canyonlands PRCA Rodeo  
 September 1-12.....Moab Music Festival  
 September 16-18 ..Moab Century Tour  
 September 22-25 .Moab Fall Quarter Horse Show  
 October 5-9 .....Outerbike  
 October 8-9.....24 Hours of Moab  
 October 16.....The Other Half  
 October 27-30 .....Moab Ho-Down Bike Fest  
 October 29.....Pumpkin Chuckin' Festival  
 November 4-6.....Moab Folk Festival

## Chocolate Lovers Fling...

is coming early this year. The Youth Garden Project, who has hosted the event in the past, has passed the "chocolate baton" on to Club Red: Moab Teen Center. The event this year will feature an Underwater Adventure theme with chocolate tasting made by members of the community, a silent auction, a kids area and more activities for everyone.

The event is a fundraiser for Club Red and its programs offered for Grand County Teens. Club Red serves teens age 12-18 and was created to help address the prevention needs of our communities teens. Club Red works with partners in the community such as BEACON, Tobacco Prevention and Control program, WabiSabi, Youth Garden Project and more to provide events and programs such as Dinner and a Movie, Grand County Middle School Teen Advocates, Rule the Rocks skateboarding competition and more.

The Underwater Adventure Chocolate Lovers Fling will be held this year on December 11 at the Center Street Gym from 6-8:30pm. Community members will create chocolate for everyone to try, the chocolate will be judged on things like best tasting, most creative use of theme and people's choice. Past chocolate makers have spent days working on pieces that will reflect the theme of the event as well as coming up with unique and creative uses for chocolate. The event will also feature a silent auction that will feature items from local businesses as well as locally made creations and services. Take this opportunity to get some holiday shopping done and support a great local nonprofit!

If you have any questions or would like to enter a chocolate creation please contact Jen Williams at 259-9991 or [teencenter@moabcity.org](mailto:teencenter@moabcity.org). See you on December 11 at the Underwater Adventure.



## 2011 MOAB ARTS FESTIVAL POSTER ART DESIGN COMPETITION

ALL SELECTED ENTRIES WILL BE DISPLAYED AT THE MARC JAN 15 TO JAN 29  
 PUBLIC ENCOURAGED TO VOTE FOR THEIR FAVORITE DESIGN  
 WINNER ANNOUNCED JANUARY 19

MEDIUM 2D - INCLUDING PAINTING, DRAWING, PHOTOGRAPHY, MIXED MEDIA  
 MUST BE AT LEAST 8.5" X 11" AND FRAMED FOR EXHIBITION

THEME: 38° N 109° W

WINNING ARTWORK WILL BE REPRODUCED IN ITS ENTIRETY AS A POSTER  
 ANY PART MAY BE REPRODUCED IN PUBLICATIONS FOR THE MOAB ARTS FESTIVAL  
 WINNER WILL RECEIVE RECOGNITION ON FESTIVAL PUBLICATIONS

PRIZES:  
 FEES WAIVED FOR AN ARTIST BOOTH AT THE 2011 MOAB ARTS FESTIVAL  
 RECOGNITION ON FESTIVAL PUBLICATIONS  
 \$200 CASH PRIZE

RULES:  
 ARTWORK MUST BE SUBMITTED TO THE MARC BY JANUARY 8, 2011  
 SUBMISSION FORM CAN BE FOUND ON ARTS FESTIVAL WEBSITE  
 OR AT THE MARC

ARTWORK MUST BE READY TO DISPLAY  
 WIRING MUST BE IN GOOD CONDITION  
 AND SUBSTANTIAL ENOUGH FOR THE WEIGHT OF THE ARTWORK

AFTER EXHIBITION ART WILL NEED TO BE PICKED UP NO LATER THAN FEB 5  
 WINNER AGREES TO GIVE PERMISSION TO THE MOAB ARTS FESTIVAL  
 THE RIGHT TO REPRODUCE THE ART DESIGN IN ITS ENTIRETY  
 OR ANY PART FOR 2011 FESTIVAL PUBLICATIONS

QUESTIONS? [WWW.MOABARTSFESTIVAL.ORG](http://WWW.MOABARTSFESTIVAL.ORG)

# NATURE HAPPENINGS

## Counting Birds for Christmas

by Damian Fagan

One hundred and eleven years ago, Frank Chapman gave a huge Christmas gift, "For the birds." How true that was.

In 1900, Chapman and the fledgling National Audubon Society decided to organize an alternative Christmas Day activity that focused on observing birds, not shooting them. Tradition "Side Hunts" involved teams bagging game and birds; the biggest pile of fur and feathers won. This wanton destruction of wildlife bothered Chapman and others, so they hatched a conservation alternative.

That first year, 27 people participated in 25 counts across the country. They recorded ninety species during that first "Christmas Bird Census." Today, the census has molted into the "Christmas Bird Count" or "CBC," and is held between mid-December and early January. Over 50,000 people will participate in this longest-running citizen science project in the United States. This year marks the count's 111th anniversary.

Since 1900, counts have sprouted across the United States and other countries. From Coos Bay, Oregon to Cocoa Beach, Florida birders flock to their local CBC. For the 108th CBC, there were over 2000 counts and over 60,000 participants in over 25 countries. The newest continent to host a CBC was Antarctica on Christmas Day 2008. Although they had only 3 participants and recorded just 5 species, they tallied over 270 thousand Adelie penguins.

Although the Moab count will not have penguins, it does have some coveted species like peregrine falcons, merlins, Harris' sparrows, northern pygmy owls, evening grosbeaks, brown creepers, Lincoln sparrows, great-tailed grackles, and others. "Highlights were eighteen wood ducks, three hooded mergansers, two merlins, one great horned owl, and others," said compiler Marcy Hafner about the 2009 count. "We also had 47 participants and counted 72 species."



red shafted flicker

Generally, the Moab count gets between 65 and 75 species. Numerous factors including weather and coverage affect this total. Though some count days are sunny and cool, I remember one count trudging through a foot of snow in the Matheson Wetlands Preserve.

Hosted by the Moab Bird Club, the CBC is open to all interested parties. Some folks participate by watching their feeders and recording species observed throughout the day. Others join teams that explore assigned areas within the count circle. Fifteen miles in diameter, this circle encompasses the Moab Valley, Matheson Wetlands Preserve, the Colorado River Corridor, Castle Valley, and Sand Flats Recreational Area. Teams drive, hike, bike, float, or sit and record the birds.

Common backyard birds like northern flickers, house finches, house sparrows, dark-eyed juncos, and white-crowned sparrows are usually well represented in neighborhoods.

What the CBC provides is a snapshot of winter birds. Although there is an "expected" assortment of species each winter, because of weather conditions or storms, birders might find some

unusual species like gray-crowned rosy finches or red crossbills. These birds are not "expected," but locating them is a true Christmas gift.

Moab's CBC will take place on Saturday, December 18. A potluck brunch will follow on Sunday, December 19, starting at 10 a.m. at The Nature Conservancy office on Kane Creek Boulevard. Contact Marcy Hafner at [marcymoab@yahoo.com](mailto:marcymoab@yahoo.com) for more information or to participate in the count.



great blue heron



bird watchers

## MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alan .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke) .....	259-4525
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson) .....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom) .....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Points & Pebbles Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied) .....	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Ropers Club (Terry Lance).....	259-9972
Daughters of Utah Pioneers (Hattie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson) .....	259-0906	Moab Teen Center-Club Red .....	259-9991
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Kandee DeGraw or Leticia Bentley) .....	259-5444
Friends of Indian Creek (Emma Medara) .....	259-3586	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends Of the Grand County Library (Adrea Lund).....	259-1111	Order of the Eastern Star (Fran Townsend).....	259-6469
Grand County Public Library.....	259-5421	Parent Teacher Association (Tiffany Saunders).....	259-5830
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon).....	259-1633	Red Rock Forests .....	259-5640
Grand County 4-H (Marion Holyoak).....	259-7558	Red Rock 4-Wheelers (Ber Knight) .....	259-7625
Grand County Extension (Michael Johnson) .....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Food Bank .....	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris) .....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse .....	260-1039	Senior Center (Verleen Striblen) .....	259-6623
Humane Society of Moab Valley .....	259-4862	Sierra Club (Mike Stringham).....	259-8579
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions - <a href="http://www.moab-solutions.org">www.moab-solutions.org</a> - (Sara Melnicoff).....	259-0910
League of Women Voters (Cynthia Smith).....	259-5306	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
Lion's Club (Tom Warren).....	259-7834	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Arts Council (Bruce Hucko) .....	259-4176	Toastmasters International (Al Boyd) .....	259-5767
Moab Arts Festival (Theresa King) .....	259-2742	Trail Mix Committee (Sandy Freethy) .....	259-0253
Moab Arts & Recreation Center .....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh) .....	260-9822
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	WabiSabi (Jeff Cohen).....	<a href="http://www.wabisabimoab.org">www.wabisabimoab.org</a> - 259-3313
Moab City Recreation (John Geiger) .....	259-2255	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Jen Sadoff) .....	259-BEAN (2326)
Moab Country Club (Rob Jones).....	259-6488		

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# RESTAURANT GUIDE



**Moab's ONLY ONSITE Microbrewery & Restaurant**

State Liquor Licensee  
Orders To Go  
Beer To Go  
PATIO SEATING  
KIDS MENU  
GELATO

STEAKS • BURGERS • BBQ • SALADS • SEAFOOD

LUNCH & DINNER DAILY - OPEN 11:30 AM  
686 South Main • 259-6333  
(McDonald's is next to us)

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. Private Clubs are a thing of the past. You can now go to a restaurant or a tavern (and without ordering food or buying a club membership) and order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



Moab has two local wineries and two microbreweries. Eddie McStiff's Restaurant & Brew Pub, is Moab's Oldest and Original Brewery. They have 12 beers on tap and a hassle free bar where you can get a glass of wine or a cocktail or beer without ordering food or joining a club.

The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

If you enjoy any of these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

Also new this year, two lounges have emerged. Vista Lounge at Buck's Grill and the Ghost Bar at Jeffrey's Steakhouse. Both locations have an upscale casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



**Sports Bar & Grill**

Affordable Drinks & Food!  
Fully Stocked Bar  
Serving Beer, Liquor and Wine  
Largest Liquor Selection in Moab!  
Weekly Bar Specials

Nightly Entertainment

**COLDEST BEER IN TOWN!**  
The Locals Bar

1 Block West of Main on Center Street  
259-6666 • www.theriomoab.com  
Sunday Brunch 11 am  
OPEN EVERYDAY at 3PM  
Look for us on Facebook  
Must be 21 years or older



Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!  
(2nd sandwich of equal or lesser value)  
Offer good with coupon at Moab Location Only - Across from City Market

Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!  
(2nd entree of equal or lesser value)  
Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656  
One Coupon per Customer per day

**Teriyaki Stix™**  
Japanese Grill



Espresso Coffee Gelato  
Smoothies Cold Drinks Chocolate

**Coffee Roasters**

Offering Fresh Coffee Roasted In-House and Locally Made Gelato  
open 7 days a week 7:30am - 10:00pm  
90 N. Main St., Moab, UT  
259-2728



**Singha**  
Authentic Thai Cuisine

Closed from Dec 25 until the end of January  
Lunch: Monday - Saturday 11:00 - 3:00 p.m.  
Dinner: Monday - Saturday 5:00 - 9:00 p.m.  
Closed Sunday

Now Serving Beer, Wine & Saki

92 E.Center Street  
Moab, Utah 84532  
Tel: 435-259-0039  
Fax: 435-259-0005



**BRANDING IRON**  
STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM  
7 DAYS A WEEK

Featuring:  
Prime Rib  
BBQ Baby Backs  
Broiled Steaks

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275  
3 miles south of Moab • NOW OPEN!



**JAILHOUSE CAFE**  
101 NORTH MAIN STREET  
Moab's Breakfast Place

CLOSED FOR THE SEASON

Now Serving Espresso!  
Open 7 am to 12 Noon  
"Good Enough for a Last Meal"



Your Home Town  
**Pizza Hut**

265 South Main, Moab  
Open Daily • 259-6345  
Sunday - Thursday 11 am - 10:00 pm  
Friday/Saturday 11:00 am - 11:00 pm  
Pick-Up or Delivery Available

# RESTAURANT GUIDE



# RESTAURANT

**Celebrating 29 Years!**  
Spicing your Life since 1981



**LA HACIENDA RESTAURANT**  
Mexican American

OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER  
DAILY SPECIALS • VEGETARIAN FRIENDLY

574 NORTH MAIN • MOAB, UTAH • 435-259-6319  
State Liquor Licensee

Authentic Mexican Food



**FIESTA MEXICANA**

Tony and His Staff Welcome You

Patio Seating      Childrens Menu Available  
Large Parties Welcome      Nice Atmosphere

Lunch Specials - All \$6.25

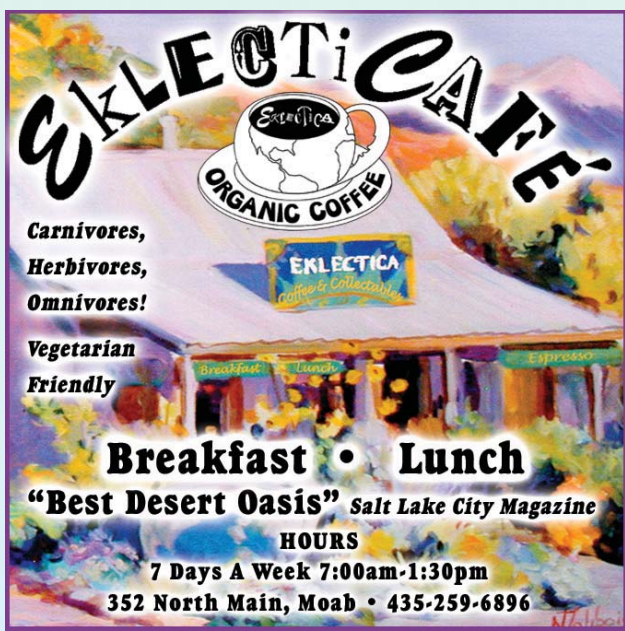
All Served with Rice & Beans except Tostada Deluxe

Monday: Burritos ~ Beef or Chicken  
Tuesday: Enchiladas ~ Beef or Chicken  
Wednesday: Chimichanga ~ Beef or Chicken  
Thursday: Tostada Deluxe  
Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequilla

**Best Mexican Food in Town**

Winter Hours Sun-Thur 11-9 Fri & Sat 11-10  
202 So. Main St. Moab, Utah 259-4366



**EklectiCafe**

ORGANIC COFFEE

Carnivores,  
Herbivores,  
Omnivores!

Vegetarian  
Friendly

**Breakfast • Lunch**

"Best Desert Oasis" Salt Lake City Magazine

HOURS  
7 Days A Week 7:00am-1:30pm  
352 North Main, Moab • 435-259-6896



**PARADOX PIZZA**  
MOAB UTAH

EAST COAST STYLE, STRAIGHT FROM MOAB  
**WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES!** HOMEMADE SOUPS, BREADS & DESSERTS

702 SOUTH MAIN ST. 435-259-9999  
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

**Bar M Chuckwagon**  
7000 North Highway 191 259-BAR-M(2276)  
Dinner  
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**Branding Iron Bar & Grill**  
2971 South Highway 191 259-6275  
Dinner at 5pm  
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

**Buck's Grill House & Vista Lounge**  
1393 North Highway 191 259-5201  
Dinner  
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

**Burger King**  
606 South Main 259-2700

**Cassano's Italian Restaurant**  
11 East 100 North 259-6018  
*Closed for the season.*  
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

**City Market**  
425 S. Main 259-5181

**Cowboy Grill at Red Cliffs Resort**  
16 Miles up Highway 128 259-2002  
Lunch • Dinner  
Breakfast Buffet 6:30 - 9:30 Sat & Sun only  
RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Denny's**  
989 North Highway 191 259-8839

**Desert Bistro**  
1266 N Hwy 191 at Moab Springs Ranch 259-0756  
*Closed for the season.*  
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

**Eddie McStiff's Restaurant & Brew Pub**  
57 South Main Street 259-BEER  
Lunch • Dinner  
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels.

**EklectiCafe**  
352 North Main Street 259-6896  
Breakfast • Lunch  
Open 7 days a week 7:00 a.m. - 1:30 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

**Fiesta Mexicana**  
202 South Main Street 259-4366  
Sun - Thur 11am - 9pm, Fri & Sat 11am - 10pm  
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Large groups are welcome. Children's menu. Patio Seating. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25. Full bar.

**Frankie D's Bar & Grill**  
44 West 200 North 259-2654

**Hogi - Yogi**  
396 South Main (next to Teriyaki Stix) 259-2656  
Lunch • Dinner Open Daily  
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

**Jailhouse Cafe**  
101 North Main Street 259-3900  
Breakfast *Closed for the season.*  
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts. Now Serving Espresso!

**Jeffrey's Steakhouse**  
218 North 100 West 435-259-3588  
Open Fridays & Saturdays at 5:00pm  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor License. Heated patio dining. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

**La Hacienda**  
574 North Main 259-6319  
Lunch • Dinner - *Open daily 11:00 a.m.*  
CELEBRATING 29 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
817 So Main (inside the Moab Chevron) 259-2212  
Deli *Open 6 a.m. - 8 p.m.*  
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron which is open 24 hours. Our Sandwiches are made to order. Call in orders welcome.

**Love Muffin Café**  
139 North Main 259-6833  
Breakfast and Lunch  
*Open every day from 7 a.m. - 1 p.m.*  
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

**McDonald's**  
640 South Main 259-8800

**Mi Ranchito Mexicano**  
812 South Main Street, Suite B 259-0550  
Breakfast • Lunch • Dinner fax 259-5533  
*Mon to Fri 9am - 9pm  
Sat & Sun 10am - 9pm*

See ad for December Dinner Special. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch or dinner pick-up. Free delivery. We will cater your employee holiday party.

*Desert Bistro*



Casual Fine Dining  
Contemporary Southwestern Cuisine  
Located in the Historic Ranch House  
at Moab Springs Ranch

*We are Closed for the Season.*

1266 N Hwy 191 • 259-0756  
STATE LIQUOR LICENSEE

Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun



**RED ROCK BAKERY**  
A Quality Scratch Bakery with fast, friendly service.  
Internet Café • Dine-in or Take-Out  
Now Serving Organic Fresh Moab Coffee  
74 South Main • Moab, UT 84532 • 435-259-5941

For more information about these restaurants pick up a "Moab





# GUIDE

**Miguel's Baja Grill**  
 51 North Main 259-6546  
 Dinner  
 Closed for the season, re-open in Feb.  
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
 400 East and Millcreek Drive 259-7424  
 Lunch • Dinner  
 Open Daily 11am - 7pm  
 Closed for the season Dec 12 - Jan 26  
 A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltstopandeat.com

**Moab Brewery**  
 686 South Main 259-6333  
 Lunch & Dinner  
 Closed Dec 31 - Jan 20  
 Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**Moab Coffee Roasters**  
 90 N. Main St. 259-2728  
 7 days a week 8:00am - 5:00pm  
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

**Moab's Daily Grind**  
 1146 South Hwy 191 #B 259-1115  
 Mon-Sun: 6 a.m. - 2 p.m.  
 FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

**Moab Diner & Ice Cream Shoppe**  
 189 South Main 259-4006

**Pancake Haus**  
 196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**  
 98 East Center 259-0200

**Paradox Pizza**  
 702 South Main St 259-9999  
 Lunch • Dinner  
 Open daily 11:30 a.m. - 9:00 p.m.  
 At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

**Pasta Jay's**  
 4 South Main 259-2900

**Pizza Hut**  
 265 South Main 259-6345  
 Lunch • Dinner  
 Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.  
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

**Red Rock Bakery & Net Cafe**  
 74 S. Main Street 259-5941  
 Breakfast • Lunch  
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**Singha: Authentic Thai Cuisine**  
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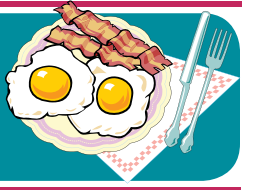
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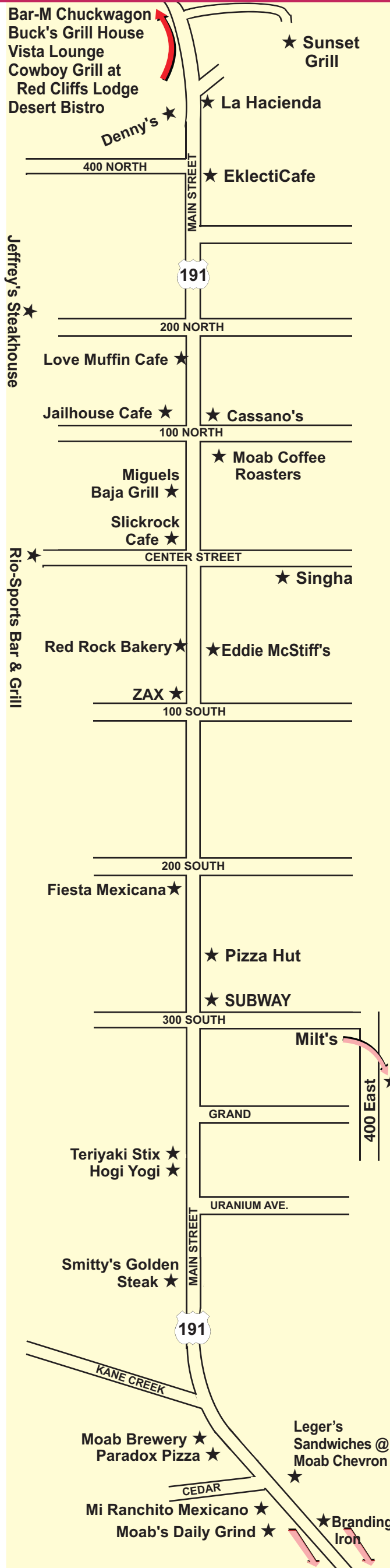
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# RESTAURANT GUIDE

# HIKING HAPPENINGS

## Jacob's Ladder - A Step Back In History

by Marcy Hafner

The term "Jacob's Ladder" suggests a title for a biblical story, not a trail that clings precariously to a break in the side of a 400-foot cliff. Accented with abrupt switchbacks, it is also commonly known as "Jackson's Ladder" – a more appropriate name since John Jackson, a forceful rancher, established this steep, ladder-like trail as a short cut from the Shafer Basin country to Moab in the early 1900's.

Old timers remember this trail being used mainly for horses. The large herds of free-ranging cattle, which Jackson owned, were instead moved into the Shafer Basin by swimming the bovines across the Colorado River. This turned out to be a risky maneuver and tragedy struck in March 1913 when Walter L. Clark, an employee of Jackson's, drowned while trying to retrieve a boat that was being used to herd the cattle to the other side.

Jacob's Ladder can be accessed either by the Amasa Back Trail or the Jackson's Trail. I prefer the less crowded non-motorized Jackson's Trail, which angles up the cliff on the north-facing side of the Colorado. Consequently, during the fall and winter it stays in the shade most of the day.

To get to that trailhead, go south on Main Street and turn right at McDonald's on to Kane Creek Blvd. Then drive approximately five miles. Just past the cattleguard, where the pavement turns to dirt, there are two parking areas. Turn in at the second parking area. The trail, which is two miles in length, starts immediately to the left of the bulletin board.

The first segment on the trail is a more recent and very welcome addition that provides an easier crossing over Kane Creek. During high water, however, usually May and June when the river backs up into the creek, it may be impassable.

After crossing the creek, I immediately devote my attention to the uncertain footing on the damp rocks. At a particularly awkward lengthy ledge I not so gracefully butt-slide myself down! Then I cautiously continue to plot my route past several very exposed spots above the creek - an unfortunate slip would result in a chilly dunk in the water!

Following Kane Creek to its confluence with the Colorado River, the pathway wanders through a riparian zone of tamarisk, lacy filamented grass, willows and huge cottonwood trees with leaves that glow yellow in the late fall sunshine. Edged by sagebrush, saltbush, rabbitbrush and greasewood, this is a good place to see the birds: chickadees, song sparrows, spotted towhees, scrub jays, juncos and white-crowned sparrows flock to this choice location.

Having left the restricted visibility of the wet zone, the trail now steadily climbs through exposed layers of Kayenta Sandstone while giving increasingly expansive views of the river and the imposing, intense cliffs of Wingate Sandstone that thrust up from the shores of its meandering waterway. With the steady gain in elevation the angle and perception of the far-reaching red rock country constantly changes offering a sweeping panorama of Poison Spider Mesa and the Moab Rim. Almost at the top, the already stunning canvas is enhanced by the cooling vision of the La Sal Mountains rising in the distance, freshly dusted with the powdered sugar appearance of fresh snow.

As you top out at the saddle you will see a sign for the Jackson's Trail. A little further on new signage posts a map with a description for two new trails - the Rockstaker, an ultra technical mountain bike trail and the Pothole Arch, a trail with rolling slickrock domes.

The Jackson's Trail ends at the crest as it merges with the Amasa Back Trail, a popular jeep and mountain bike route that follows the wide switchbacks of an old uranium

exploration trail down to Kane Creek. Now I'm on the massive landmark known as the Amasa Back. Named after the cattleman, George Amasa Larsen, who arrived in Spanish Valley in 1880, the Amasa Back is a three-mile, cliff-sided ridge that forms a gooseneck hundreds of feet above the Colorado River.

To continue on to Jacob's Ladder, I go right and walk a few dozen steps on the Amasa Back Trail

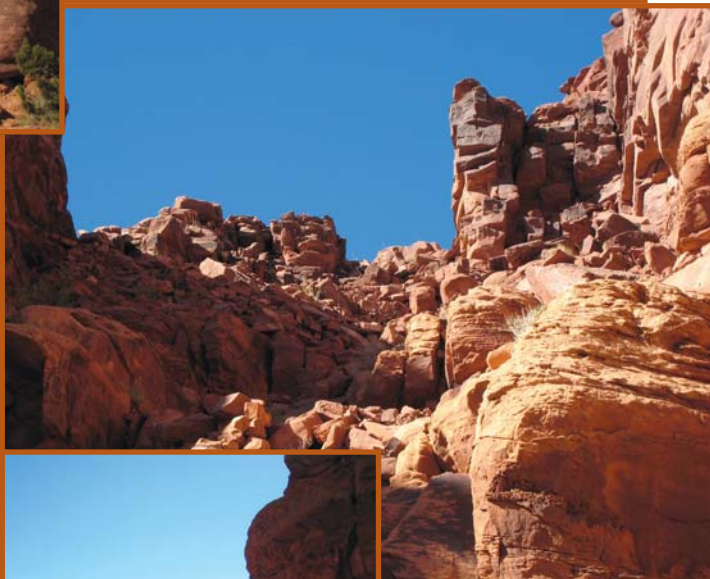
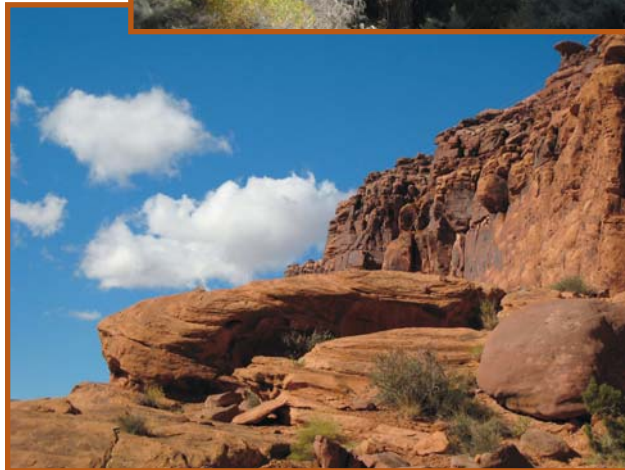
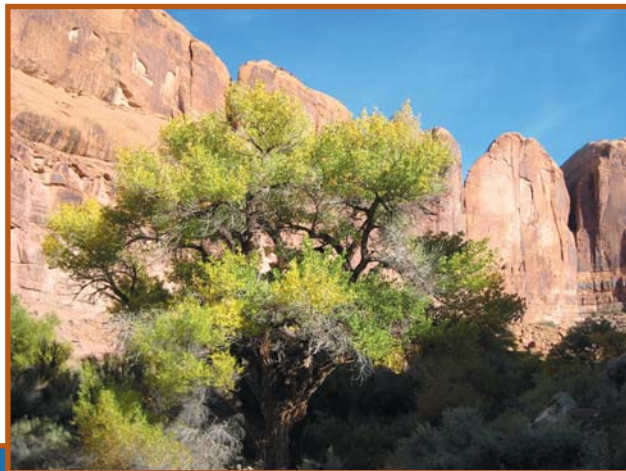
the course for the 26-mile Tour of Canyonlands Mountain Bike Race. On the way down, I meet a guy carrying his bike up who considered this feat no big deal! He tells me he can easily do it in 25 minutes. In fact, several years ago he did it twice – up once with his bike and then down and up again with his girl friend's bike!! Chivalry still lives on!!

Jacob's Ladder ends at Jackson's Hole, an abandoned bend in the Colorado River referred to as a rincon. A big rock marks a turnaround for the road to Hurrah Pass. A little further, a solid stone fortress, which was once surrounded by the waters of the river, dominates an enormous chunk of ground, while the vague structures of the Potash Mine appear in the far background. On this last t-shirt and shorts day of October, the steady warm sunshine is undisturbed by the few puffy clouds that contrast vividly against a clear pastel blue sky. The silence and solitude are stunning - a wonderful break from our noisy technological society. The only sounds to be heard are the occasional buzz of a fly, the echo of a raven's call and the enchanting trill of the rock wren.

Those sheer rock walls now behind and above me stretch in a semi-circle around this dished out, sparsely vegetated area. I can see the top from whence I came, but the entirety of the trail has disappeared within the encasement of tumbled down rock and

I struggle to pick out a trail that seems to have vanished into those thick rock walls!! On my slow tiring thrust up through a channel of loose rock, I find a marvelous kokopelli petroglyph making it obvious that this route was discovered long before the early settlers arrived.

In the 1960's an above ground pipeline was laid from Moab through Jackson's Hole to Potash. It crossed Jacob's Ladder in several places and that hurdle halted the herding of horses. Now the equine herds that once traveled this route have given way to the modern mode of hikers and bikers.



before turning left on to a jeep trail that quickly ends at a turnaround. From there I pass under some power lines and follow the two cairns along the rim. Then I swing right and advance towards several more cairns that mark the spot where Jacob's Ladder begins. This steep, rugged trail is not that distinct. As I start this endeavor I sharply remind myself that unless I want to walk the many miles to Hurrah Pass - when one goes down, one must also go back up!

A common route for mountain bikes, it is also part of

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# SHOPPING GUIDE



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they bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto, Buy close by, preserve community.



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# SHOPPING GUIDE



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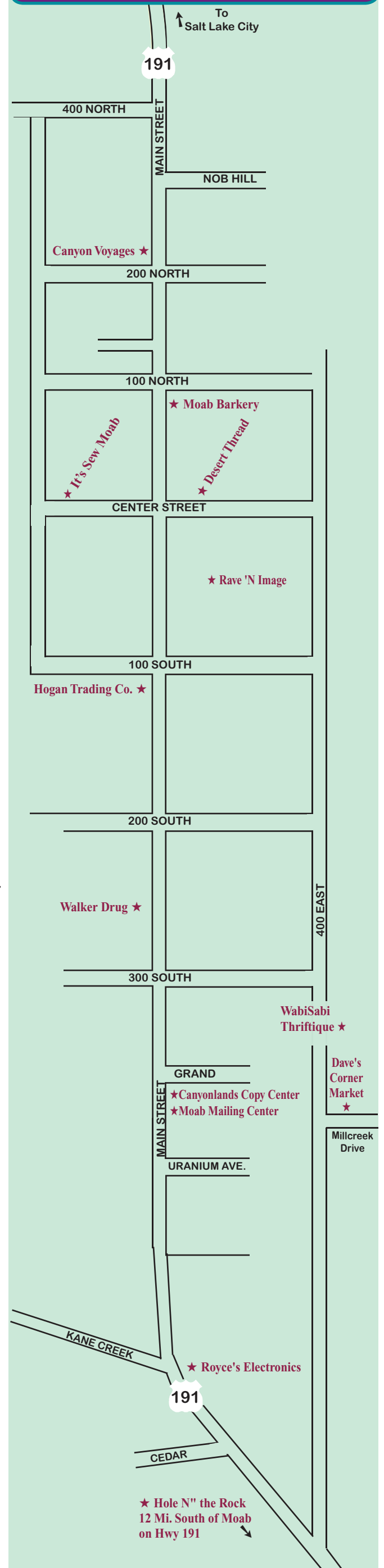
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*We shape the places where we live in crucial ways every day. Each time we purchase goods or services from a particular shop or office, we are making choices about our community. For every dollar*

*they bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto, Buy close by, preserve community.*

## SHOPPING GUIDE MAP



### MOAB MAILING CENTER



375 So. Main Street in front of City Market  
259-8431

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# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - December 2010

By Rob Wells

Nov. 23 - Dec. 21



**Sagittarius:** Happy Birthday Sag'. With the holiday season in full swing it is important for you to try and get your shopping done before the 10<sup>th</sup> to avoid problems. After that date purchases could not be all you hope for. Focus this month on your cash outlays and budgeting to insure a satisfying holiday. After the 21<sup>st</sup>, the Sun enters your house of cash and brings good news with it, just in time for Christmas. Save New Year's resolutions until New Year's Eve to insure success.

**Capricorn:** If you're feeling a little down take the time you need to recharge your batteries during the first three weeks of the month. Get your shopping done before the 10<sup>th</sup>, if possible, after that date the planets aren't quite as supportive for picking up bargains. After the 21<sup>st</sup>, the Sun enters your sign and you should feel renewed for the holidays, like waking from a restful sleep. Take the time to be with others this year and listen more than speak.



**Aquarius:** You face the holidays taking time to make a wish list just for yourself in the year ahead. Dream big and happy water bearer, and know there is a Santa Claus that delivers all year long. Get your shopping done by the 10<sup>th</sup>, if you can to insure the right purchases are made. After the 21<sup>st</sup>, if you're feeling a little tired, rest up as often as you need to. Save resolution until New Year's Eve when you have the support of Mercury and Jupiter, the Promise Planets.



**Pisces:** Your career will be handing you some fun times this month. Time to reap what you have sown for the year. Could be a bonus in there somewhere for you. Get your shopping done by the 10<sup>th</sup>, before Mercury starts making a mess of your shopping list and your purchase options. After the 21<sup>st</sup>, the Sun moves into your wish house and you can place a last minute order to Santa for the coming year. Friends and family gather around you this year for a very memorable time. Resolutions made on New Year's Day are suited for sure success this year.



**Aries:** Take the time this year to join the church-caroling group. You could have more fun than you've had at anything in years. Be sure to take your camera. Spend time helping the needy as well. Generosity is always returned tenfold. Do your



shopping before the 10<sup>th</sup> to avoid disappointments. After the 21<sup>st</sup>, the Sun moves into your career house and making changes there should be held off until after the New Year begins. Have a safe and sane New Year's Aries.

Apr. 21 - May 21



**Taurus:** You've planned for it. You've saved for it. Now work your budget plan for the holiday season. Try and get the shopping done before the 10<sup>th</sup> when Mercury starts messing with everybody's plans and schemes for three weeks. Get extra rest to avoid a cold this month. After the 21<sup>st</sup>, the Sun moves into your house of church, and big Travel. If traveling triple check EVERYTHING before you leave. Save the resolution list until New Year's Day when the stars are supporting it's success.

**Gemini:** Your career has some surprises this month, but then so does your partner and they are both demanding your time and attention. It's hard to split the time as you are torn between them. Striking that balance will be your goal this month. Get your shopping done before the 10<sup>th</sup> to avoid any mishaps and tangles. Donate to the needy from your workplace this year. After the 21<sup>st</sup>, the Sun enters your shared assets house and you are asked to tighten the budget for the coming month. You can do this. You're good at it. Save resolutions until the last day of the month.

May 22 - June 21



**Cancer:** The Sun is in your house of service to others this month and you are drawn to helping those who cannot help themselves. Time spent in this activity returns tenfold from your generosity of hand, heart and pocket. Get shopping out of the way before the 10<sup>th</sup> when Mercury will go a little nutz mess things up. After the 21<sup>st</sup>, the Sun lights up your partnership house to insure a magical Christmas for you. Save making resolutions until New Year's Eve when Mercury will support your choices this year.

July 23 - Aug. 24



**Leo:** A chance meeting last fall could turn into a full-blown romance this month. Get your shopping done by the 10<sup>th</sup>. Plan any parties in your home by that time as well. Try to stay within your budget this year, but that is asking a lot in your present state of party mind. After the 21<sup>st</sup>, the sun enters your house of helping others and you could find those last minute acts are truly fulfilling for the Christmas season. Save resolutions until News Year's Day for a happy success.

Aug. 24 - Sept. 22



**Virgo:** Be it ever so humble, your house is rocking the holiday. So much fun to be had. Try not to overburden your spouse with too many chores, though. Get the shopping out of the way by the 10<sup>th</sup>, to avoid Mercury ruining everything. After the 21<sup>st</sup>, the Sun moves into your house of romance and it's just a glorious Christmas Day for you. Take lots of pictures. Postpone the resolutions until the last minute; like New Year's Day.

Sep. 23 - Oct. 23



**Libra:** You have a lot to say this month and the errands are piling up high and heavy, so keep it short and move on. A word of warning: whatever you do or have planned shopping wise, best get it handled before the 10<sup>th</sup>. Don't wait. Mercury is unplanning everybody's plans after that. A romantic interest or a child could be acting vague and distant, give them the room they need. After the 21<sup>st</sup>, the Sun moves into your house of home to put a rosy glow on the Christmas holiday so enjoy it to the fullest. Save making resolutions until the last day of the month.

Oct. 24 - Nov. 22



**Scorpio:** Your money house is highlighted this month. Its really good news. Don't let a romantic interest try to get you to spend it all on them. Be on guard. Get the shopping out of the way by the 10<sup>th</sup>, and finalize all planning by that date. Beware a stranger in your home this month. They may be up to no good. After the 21<sup>st</sup>, the Sun moves in to your house of communication and it's a great time to thank everyone in your life for being there for you this past year. Save any resolution until the last day of the month.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."



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# HEALTHY HAPPENINGS

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Community Nursing Services also known as CNS is the oldest home care agency providing services in the state of Utah. CNS is the only free standing, not for profit home care agency in this state. We are Medicare, Medicaid certified and are the preferred provider for many insurance companies. CNS is a CERTIFIED HOSPICE Agency and United Way agency, providing skilled nursing, physical therapy, speech therapy, infusion therapy, home health aide services in the home, under the supervision of the clients' physician. CNS contracts with the aging waiver and alternatives program to provide needed home care for our elderly community requiring light house keeping and personal cares.

founded in the belief that caring and compassion never go out of style. Granting wishes is our way of saying thank you to a generation of hard working and independent seniors for their years of dedication and commitment.



We need your help! Together, we have an opportunity to make Senior Wishes come true by working with local businesses, community groups, organizations and volunteers. Please consider supporting the Community Nursing Services Senior Wish Program by donating your time and/or financial support.

### Ways to Make Senior Wishes Come True: Financial Gifts, In-Kind Gifts, Gifts of Time and Talent

All donations are tax deductible as charitable contributions under 501(c)(3) guidelines. Material items such as hotel rooms, gas cards, airline tickets, groceries, restaurant certificates, catering services, event tickets, personal services, merchandise, transportation services, outdoor activities and unused gift cards can all be used to help fulfill Senior Wishes. CNS depends on volunteers to enhance and improve the quality of life for our seniors. There are several meaningful volunteer opportunities requiring various skills and time commitments.

Do you know someone who would volunteer to help make a wish come true.... a good cook, local celebrity or athlete, photographer, musician, seamstress or maybe a limo driver? All contributions are very much appreciated by Community Nursing Services Senior Wish Program.

For more information and to find out how you can help make our Senior Wish Program a success, please contact our CNS office in your community. For Moab it's (435)259-0466.



Pictures are of CNS Senior Wish Program Recipients.

### Senior Wish Program: Caring for Utah's Seniors, One Wish at a Time

The Community Nursing Services Senior Wish Program was created to help fulfill the personal life wishes of Utah's seniors. At CNS, we believe every life matters and we strive to enrich the lives of our elders. Our reputation for excellence is



### OUR Mission Statement: Created by employees and adopted by the board of trustees

We create moments and experiences that heal individuals and families, by providing compassionate care, and by putting health, dignity, comfort and well-being first. We are a non-profit organization and it is our privilege to serve you and the communities in which we live.

### The CNS Annual United Way Fund Drive

As a non-profit organization CNS has a long history with United Way, with the generosity of the communities where we live and work. We can continue to help those who can't always help themselves.





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Turn your face to the sun and the shadows fall behind you.  
-Maori Proverb

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# HOLIDAY DINING HAPPENINGS

Do you have company coming to visit...Thinking about eating out for the Holidays???

by Lisa De Rees and Alicia Phipps

After a quick round of phone calls to a variety of restaurants in Moab, I've come to the conclusion that restaurant schedules vary greatly as to who is open and when. But the good news is that there are more restaurants continuing to remain open for a longer time each season and some who are adapting their menu selections and taking the plunge into staying open for business all year round.

So here's a brief listing of some holiday dining choices....however, don't hesitate to pick up the phone and call ahead to check on hours. See restaurant guide on pages 13, 14, 15 and 16 of this issue for more details about location and type of cuisine.



Here are a few choices to consider if you're looking to dine out on:

### CHRISTMAS EVE

Denny's, Eklekticafe, Fiesta Mexicana, Hogi Yogi, Leger's Sandwiches, Pizza Hut, Red Rock Bakery  
Singha:Authentic Thai Cuisine, Subway,  
The Rio Sports Bar & Grill  
Smitty's (Breakfast and Lunch), Sorrel River Grill (reservations required), Subway and ZAX

### CHRISTMAS DAY

Denny's (open 24 hours), Leger's Sandwiches, Sorrel River Grill (reservations required), and The Rio Sports Bar & Grill

### NEW YEAR'S EVE

Branding Iron, Denny's, Eklekticafe, Fiesta Mexicana, Hogi Yogi, Jeffery's Steakhouse, La Hacienda, Leger's Sandwiches, Pizza Hut, Red Rock Bakery, The Rio Sports Bar & Grill, Smitty's Golden Steak, Sunset Grill, Sorrel River Grill (reservations required), Subway, and ZAX

### NEW YEAR'S DAY

Denny's, Fiesta Mexicana, Hogi Yogi, Leger's Sandwiches, Pizza Hut, Jeffery's Steakhouse, La Hacienda, Red Rock Bakery, The Rio Sports Bar & Grill, Smitty's Golden Steak, Sorrel River Grill (reservations required), Subway, and ZAX

The management and staff of  
**Moab Happenings**  
wishes you a very Happy Holidays!

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## MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

# MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Gooseheads	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico		367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575
Arches National Park	367		81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Gooseheads	389	142	56	30	331	169	114	130	209	139	167	462	183		266	262	152	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		231	440	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347																				





SHOPPING  
DINING

# MOAB HAPPENINGS

ENTERTAINMENT  
NIGHT LIFE

Volume 22 Number 9

Section B

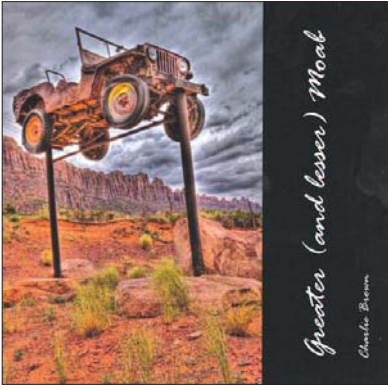
December 2010

## Moab Art Walk, Saturday December 11<sup>th</sup> from 6pm to 9pm

### Back of Beyond Books/Arches Book Company

**Charlie Brown:**  
Charlie splits his time between Moab and Colorado using photography as his excuse to travel. Lately he's become intrigued by HD photography and will showcase his latest Greater (and Lesser) Moab 'grunge' photography, showcasing prints from his forthcoming book on Moab.

83/89 N Main 435-259-0782  
www.backofbeyondbooks.com



### Tom Till Gallery:

Visit the Tom Till Gallery this holiday season for great holiday gift ideas. Tom's popular new book "Canyons of Utah" is available at a discount for Facebook fans and all metal prints in stock are discounted. Join us for the end of our 14th season in Moab.

61 N Main  
435-259-9808  
www.tomtill.com



### Framed Image Fine Art

**Scott and Katy Anderson:**  
For our annual Christmas show, we present fine art and crafts from local artisans Scott and Katy Anderson. Stone Sculpture, bowls, wooden utensils and jewelry will be on display. Buy local this holiday season!!!

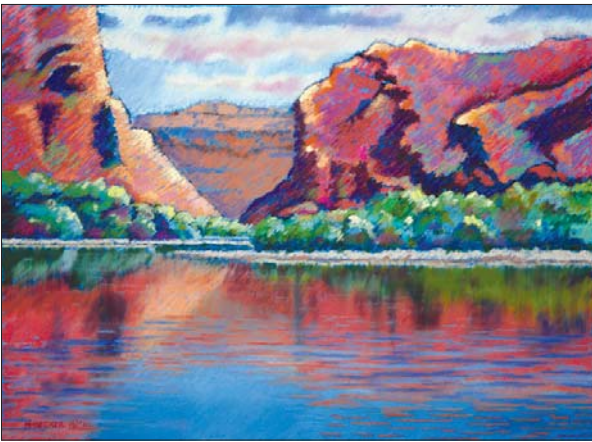
59 E Center  
435-259-4446 www.framedimagemoab.com



### Overlook Gallery

**Helen Becker:**  
With a flair for striking color harmonies and an impressionistic technique with Dega's favorite medium, pastels, Helen Becker shows us a fresh and unique approach to painting the Moab area landscape.

83 E Center 435-259-3861 www.moabarts.com



### Moab Arts and Recreation Center

**Bud Turner:**  
While Bud Turner is better known locally for documenting all the pictograph panels in Canyonlands National Park, he is also an accomplished outdoor photographer. He will show a number of his prints of the region's diversity, many of which will be sized and priced for holiday gift giving. Bud will also share a few slides of his work for the park service.

111 E. 100 N. 435-259-6272 www.moabmarc.com



### Off The Wall Gallery

**Susan Matteson, Collette Webster:**  
Featured this month at Off The Wall Gallery are Susan Matteson, oils and Collette Webster, pottery and hand-made tiles.

435-259-6656  
www.offthewallartmoab.com



# MOAB



# ART @ WALK

**1 Moab Arts and Recreation Center**  
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100 N		1			
CENTER	2 3	4	5		
100 S					
200 S					
300 S					6

# MORE ART HAPPENINGS

## Off The Wall Art Gallery - Finding the Unusual

Oh my, the time has whizzed by and Christmas is just around the corner. How can that dilemma of the gift-giving season be here already?! What present can you possibly buy for your mother-in-law - the woman who by now has accumulated everything imaginable?! Where can you go to find that special gift for your sister that isn't going to put you in to bankruptcy?! How can you spring a surprise for your spouse with something truly original?!



The solution could be as easy as taking a peek inside *Off The Wall Art Gallery*. The minute I walk in the door, the dazzling colors of the contemporary stained glass of Jay Johnson catches my eye. He's been selling his distinctive decorations nation-wide for a number of years and his reasonably priced products would be the perfect gift to make that drab window come alive.

It didn't take long for me to notice that Collette Webster, the owner of the gallery offers more, so much more than what is commonly found in an art gallery - custom sinks, back splash tiles, lighting, pottery, etc. that are sold in a wide range of prices.

Most of the twenty artists on display make their living full time from their art and they take commissions for custom work. As a potter, Collette individually throws the big and the small. From murals to mugs, she will make to order. Nothing is mass-produced as she comments that she's never created the same two sets of dishes.

Warren Egbert, a licensed contractor, uses his unique craftsmanship to capture the essence of metal as he transforms that medium into creations that are absolutely amazing. With Warren the ordinary indoor/outdoor lighting, garden art, wall accessories and fencing becomes extraordinary.

I've always been fascinated with gourd art and Janice Reich is top notch in turning a plain gourd into a beautiful masterpiece, which can proudly be displayed in your home. She recently presented a two-day workshop at the gallery on her surface decorating techniques, which will be repeated at a later date.

Some of the artists in the gallery are internationally recognized, such as Kory Fluckiger, who has won the cover competition for "Water Color" magazine as well as publishing three books about that craft. Susan Matteson's oil landscapes are touchingly impressionistic. She's also an expert on figure drawing and will demonstrate that technique at a workshop in the spring. If an original painting is out of reach for your pocketbook, a less expensive print is a great alternative.

The *Off The Wall Art Gallery* is open Tuesday through Saturday from 10:00 to 6:00, Sunday from 10:00 to 2:00 and is closed on Monday. It is conveniently located at 225 South 400 East, not far from Milt's and Dave's Corner Market. To stay abreast of the latest art happenings check the website at [offthewallartmoab.com](http://offthewallartmoab.com).

Even if you're not looking for that special gift, just come on in anyway and browse - take a look around and talk about the art. As Collette phrases it, "We're artists. We thrive on the attention."

## The Bighorn Gallery at Dead Horse Point State Park

The Bighorn Gallery at Dead Horse Point State Park currently features a unique exhibit of photography and paintings by local artists, Catherine Holmburg and Melinda Redd.

Inspired by the "harsh beauty of the desert landscape," a duo of Moab-area artists have combined their talents to create a vibrant exhibit of paintings and photography. Catherine Holmburg and Melinda Redd's artwork will be on display in the Bighorn Gallery at the Dead Horse Point State Park's visitor center through Feb. 28, 2011.

Holmburg intends to evoke an emotional response with her large, colorful oil paintings. She studied art history at Milwaukee Institute of Art and Design and earned a master of fine arts degree from Claremont Graduate University in Claremont, Calif. She said cubism and Dutch still life influence her work, and describes her style as loose, abstract and focused on the process of glazing and impasto. Holmburg is an established artist at the David Barnett Gallery in Milwaukee. She currently teaches art classes at Moab Charter School.

Redd said she attempts to capture the true symbols of the American west in her photographs, from the "subtle exquisiteness of desert blooms" to "the calloused hands of real, live cowboys." Redd has won several awards at San Juan County Fairs, including best of show. One of her photos recently made the front page of the local newspaper, the San Jan Record. Several of her photographs are published in a fine art book, *Capture my Utah*. Redd currently lives on a cattle ranch in the desert with her husband, raising two young cowboy sons.



For more information visit [CatherineHolmburg.imagekind.com](http://CatherineHolmburg.imagekind.com) and [cowgirlmin.imagekind.com](http://cowgirlmin.imagekind.com)

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313 at the end of the highway. The visitor center is open 9 a.m. to 5 p.m. daily and will be closed Christmas Day and New Year's Day. Park admission is \$10. For more information contact the park at 435-259-2614.

## DAVE SHARPE - Crowned Prince of Stuntmen

by John Hagner

Perhaps the best if not one of the best stuntmen in the history of motion pictures. He was National A.A.U. Tumbling Champion in 1926 and 27. Dave began in pictures back in the early talkies as a child actor, performing whatever dangerous stunts for other youngsters back in the *Our Gang* Comedies. His first stunt as a teenager was in a Douglas Fairbanks, Sr. movie.

Sharpe moved with his parents from St. Louis, Missouri to Southern California.

During his middle to late teens, Dave starred in several films for Hal Roach Studios - title for the series was the *Boyfriends*. He not only was the lead actor but did all of his own stunts, primarily acrobatics.

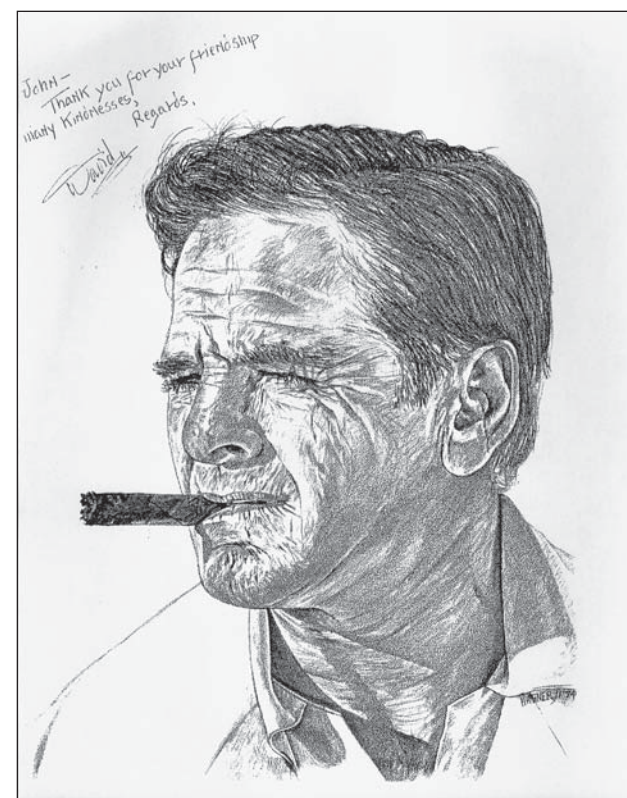
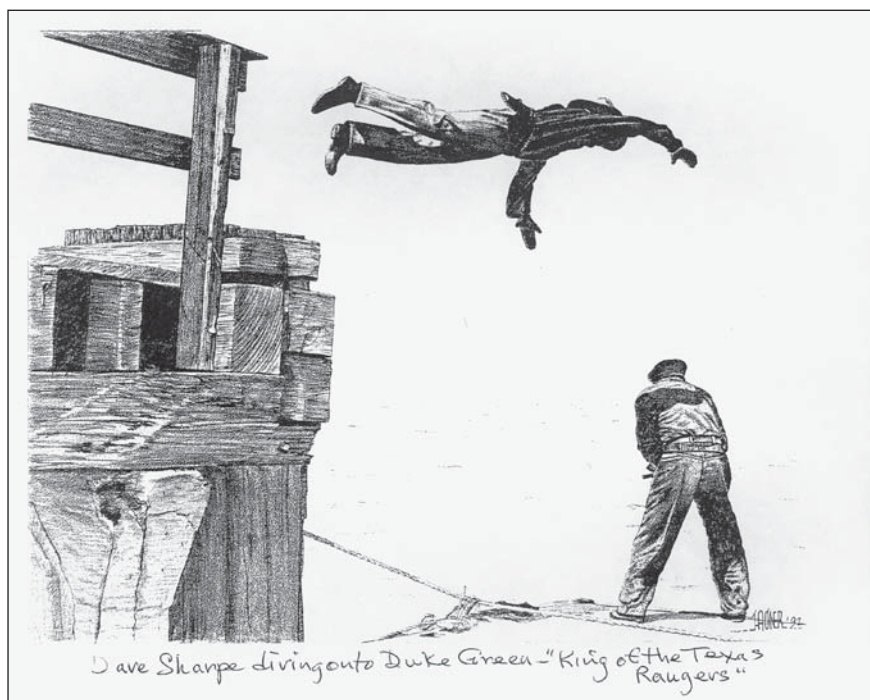
Dave went on as an actor as a grownup starring in some western movies like "Two-Fisted Justice" and "Silver Stallion" and then began working as an actor in

the Saturday Matinee Cliffhangers, the action-packed serials especially at Republic Studios. In one particular serial, "Daredevils of the Red Circle", he co-starred with Bruce Bennett (Herman Brix) and the studio hired a fellow stuntman, Jimmy Fawcett to double for him. When Dave found out how much Fawcett was being paid for stunt work, he decided that after the serial was completed, he would get completely into stunt work and so it went. He worked in practically every serial up until WWII broke out and joined the Army Air Force and flew many dangerous missions including in the European battles, gaining him the rank of Captain.

Following his stint in the service, Dave went back into stunt work at Republic and other major studios. He was a close friend of actor Douglas Fairbanks, Jr. and began doubling for him in all his films, including "The Fighting O'Flynn," "The Exile" and "Sinbad, the Sailor". He also doubled for many of the major motion picture stars including Tony Curtis. When he was fifty-seven years old, Dave took over the action for Tony in "The Great Race."

In the movie "Ten Who Dared," Dave was in Moab to double for actor James Drury down by the river.

Dave Sharpe was inducted and footprinted into the Hollywood Stuntmen's Hall of Fame when it was located in Palmdale, California in 1975 when he was footprinted in cement along with thirty-two other personalities including Burt Reynolds, Lee Majors, Dale Robertson and many of the stunt legends of the movies including Yakima Canutt, Richard Talmadge, Helen Thurston, Babe DeFrest and Polly Burson.



He died of Lou Gehrig's disease at the age of seventy.

The Hall of Fame is presently without a home and is interested in talking with anyone who would like to become a Sponsor. The Hall of Fame is a non-profit organization dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

Contact John Hagner (Founder) of the Hollywood Stuntmen's Hall of Fame at 435 260-2160. Email: [stuntmenshalloffame@gmail.com](mailto:stuntmenshalloffame@gmail.com) or [johnhagner@hotmail.com](mailto:johnhagner@hotmail.com). Mailing address for tax-deductible donations: Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532.

# SKY HAPPENINGS

## The Sky for December 2010

By Faylene Roth

### DECEMBER SUNRISE AND SUNSET TIMES

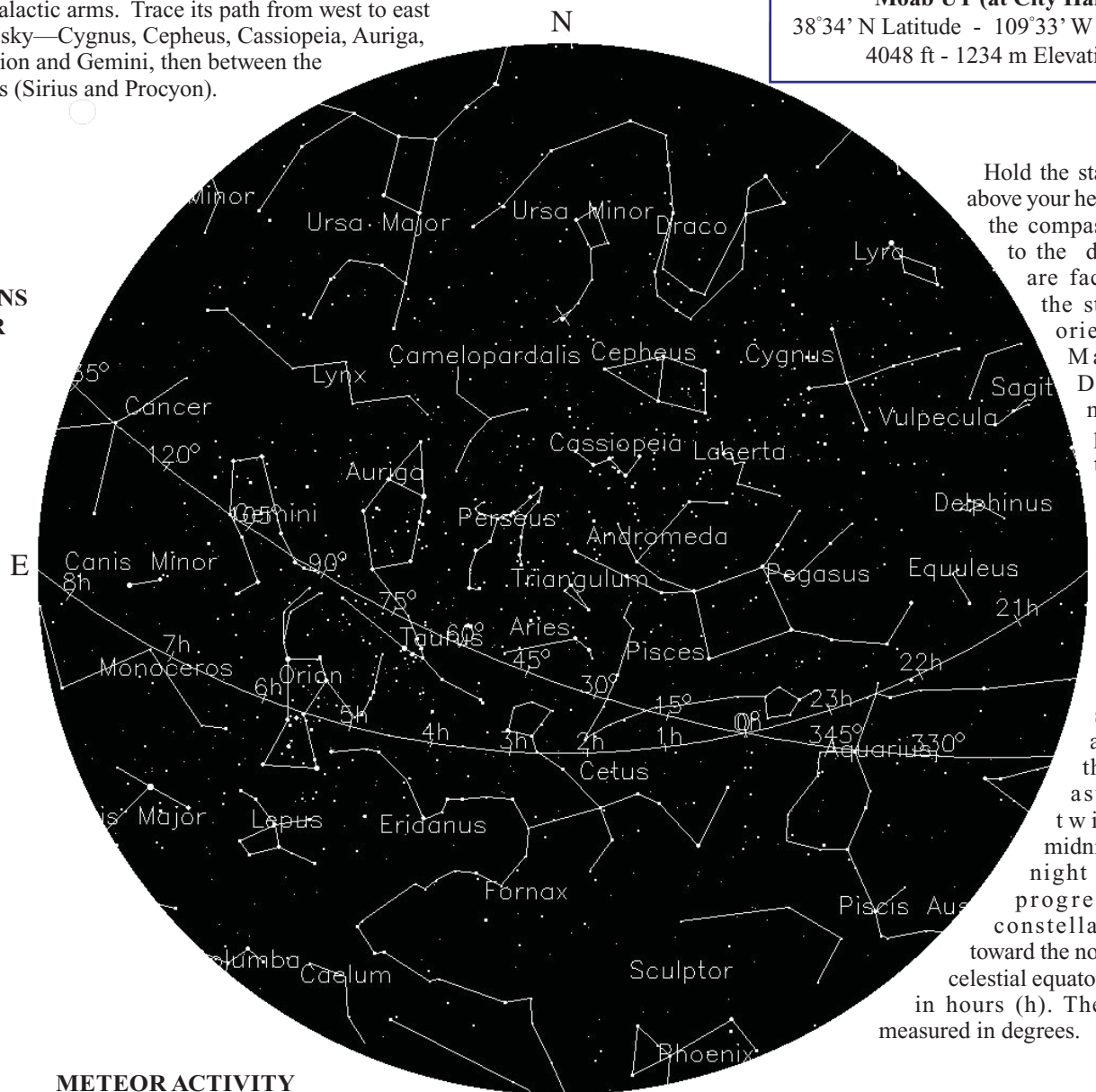
(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	7:17am	4:57pm
2	7:18am	4:57pm
3	7:19am	4:57pm
4	7:20am	4:57pm
5	7:21am	4:57pm
6	7:22am	4:57pm
7	7:22am	4:57pm
8	7:23am	4:57pm
9	7:24am	4:57pm
10	7:25am	4:57pm
11	7:26am	4:57pm
12	7:27am	4:57pm
13	7:27am	4:58pm
14	7:28am	4:58pm
15	7:29am	4:58pm
16	7:29am	4:58pm
17	7:30am	4:59pm
18	7:31am	4:59pm
19	7:31am	5:00pm
20	7:32am	5:00pm
21	7:32am	5:01pm
22	7:33am	5:01pm
23	7:33am	5:02pm
24	7:34am	5:02pm
25	7:34am	5:03pm
26	7:34am	5:03pm
27	7:35am	5:04pm
28	7:35am	5:05pm
29	7:35am	5:05pm
30	7:36am	5:06pm
31	7:36am	5:07pm

Winter's display of the Milky Way directs our view towards the outer edge of the galactic arms. Trace its path from west to east across the evening sky—Cygnus, Cepheus, Cassiopeia, Auriga, and on between Orion and Gemini, then between the two bright dog stars (Sirius and Procyon).

### MAJOR CONSTELLATIONS OF DECEMBER

- Overhead**  
Andromeda  
Aries  
Auriga  
Pegasus  
Perseus  
Pisces  
Triangulum
- Northward**  
Cassiopeia  
Cepheus  
Draco  
Ursa Major  
Ursa Minor
- Eastward**  
Canis Minor  
Gemini  
Orion  
Taurus
- Southward**  
Aquarius  
Canis Major  
Cetus
- Westward**  
Cygnus  
Lyra



**Moab UT (at City Hall)**  
38°34' N Latitude - 109°33' W Longitude  
4048 ft - 1234 m Elevation

Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

### METEOR ACTIVITY

**The Geminid Meteor Shower**  
Provides the major source of meteor activity this month. Look for these bright white tailless meteors between December 7 and 17. The shower peaks on the night of December 13/14 and can produce over 100 meteors per hour. Gemini, the radiant for this meteor shower rises in the early evening. Meteors become easier to see as the radiant climbs higher in the sky. A first quarter moon sets soon after midnight which lessens its impact on the eastern sky, although best viewing will be after midnight. The Ursid Meteor Shower, with a radiant in Ursa Minor (Little Dipper), peaks on the night of December 21/22. A full moon in the sky all night washes out most of these meteors, which are known for their flashy tails. The Ursids continue activity through December 26, so continue to scan the northern sky later in the week during the early evening hours before the moon rises.

### LUNAR ECLIPSE

A total lunar eclipse is visible throughout North America on the evening of December 20/21. The following timetable is provided by Clark Planetarium in Salt Lake City.  
Partial phase begins: .....11:32pm MST on the 20th  
Total phase begins:.....12:40am MST on the 21st  
Maximum eclipse: .....1:18am MST  
Total phase ends:.....1:53am MST  
Partial phase ends: .....3:01am MST

### LOCAL STARGAZING

Red Rock Astronomers offers telescope viewing before Moab's Light Parade on Saturday, December 4. Look for them near the Moab Information Center at the corner of Main and Center. Sponsored by WabiSabi. All ages are welcome. For information call 259-4743 or 259-3313.  
Last month Red Rock Astronomers hosted the Great World Wide Star Count at Old City Park. The GWWSC, sponsored by University Corporation for Atmospheric Research in Boulder, CO, seeks to promote interest in astronomy and to monitor the darkness of our night sky. Participants in the local star count detected 5th magnitude stars, despite partly cloudy skies. Visible stars range in magnitude from -1 to 6 (see Note following VISIBLE PLANETS). The quality of our night skies remains good when looking directly overhead, even though a significant light dome does arise above Moab and Spanish Valley. Outdoor lighting (commercial and residential) poses the greatest threat to maintaining our

dark skies as a natural resource. Shields over the tops of outdoor lights direct the light downward where it is useful. Lights that radiate 360 degrees produce glare, waste energy, and reduce the quality of our dark skies. In past years, we have easily detected 6th magnitude stars on clear nights. It is our decisions that determine whether we retain this valuable resource.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>  
To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

### VISIBLE PLANETS

- Jupiter** - Find Jupiter high in the southwestern sky at evening twilight. By month's end it sets before midnight. On December 13 look for Jupiter's bright yellow orb near the first quarter moon. Jupiter moves from Aquarius to Pisces this month. (Magnitude -2.3)
- Saturn** - The yellow planet rises in the eastern sky during the night and appears overhead in the morning twilight. A thin waning crescent moon rises with Saturn on December 1 and again on December 31 when Saturn appears above the moon and Spica (Virgo). Saturn is in Virgo throughout the month. (Magnitude +0.3)
- Venus** - Look in the morning sky a few hours before sunrise for the brightest of all our planets. On December 31 a waning crescent moon rises with Venus. Venus moves from Virgo to Libra this month. (Magnitude -4.4)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

December days are clipped abruptly short. Earliest sunsets of the year linger over the first twelve days of the month, varying by less than one minute. Later sunsets then slowly extend the length of the afternoon another 10 minutes by month's end, while later sunrises are shortening the day by 19 minutes. The shortest period of daylight this month is 9 hours 28 minutes, which occurs December 19-23. Sunrise and sunset times are calculated for a flat horizon. Actual times vary depending upon the surrounding landscape. Dawn and dusk extend the period of daylight. Civil twilight continues about one-half hour before/after sunrise. Nautical twilight marks the next half hour of changing light before/after civil twilight. Astronomical twilight illuminates the sky with a faint glow in the half hour before/after nautical twilight.

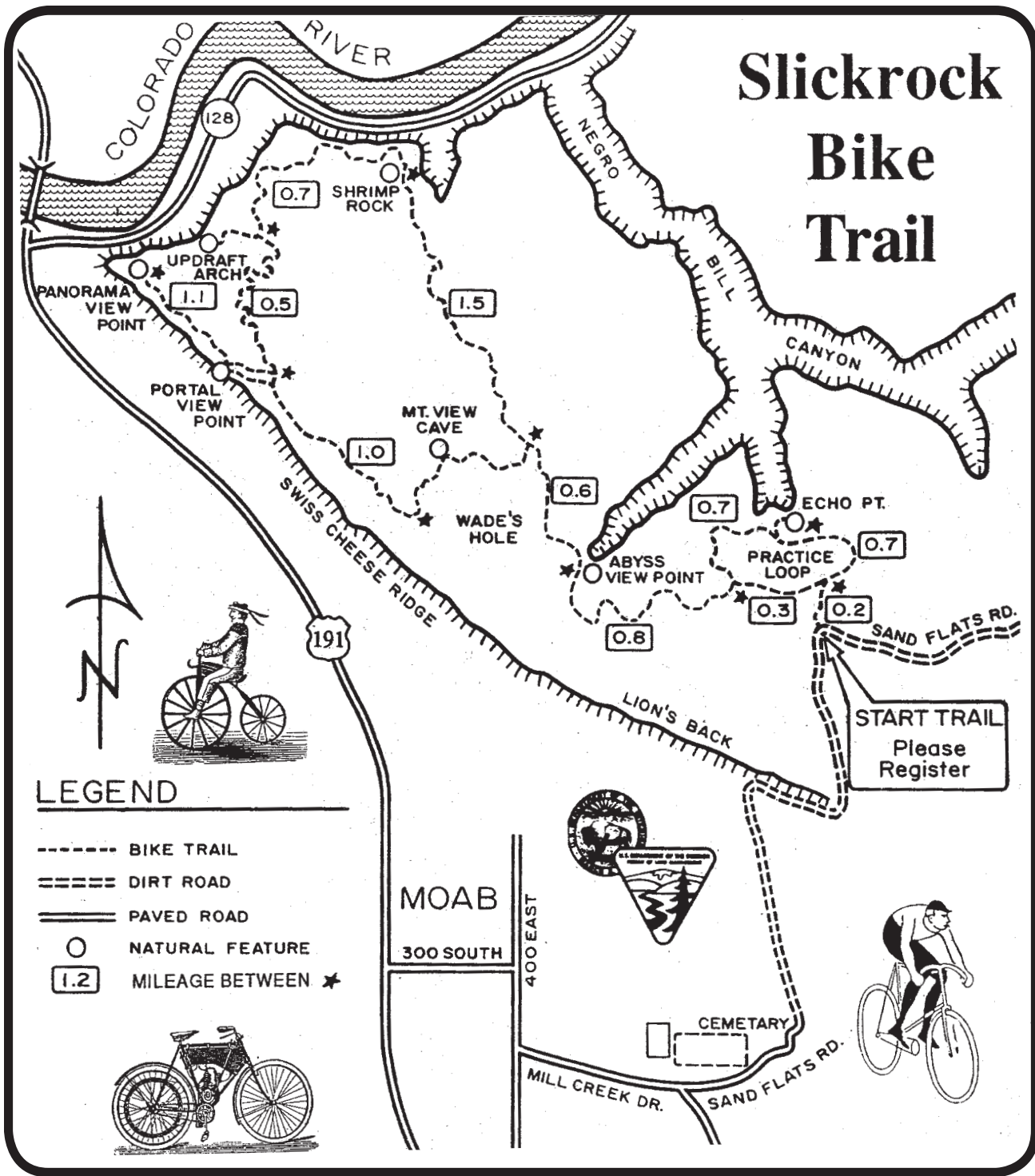
### MOON HAPPENINGS

- December 5 - New Moon occurs at 10:36am
  - December 13 - First Quarter Moon sets after midnight
  - December 21 - Full Moon rises at 5:38pm
  - December 28 - Last Quarter Moon rises after midnight
- (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### WINTER SOLSTICE

By the time the full moon rises on December 21, the sun will have reversed its southern progression through the sky. At 4:38pm the sun hovers directly overhead at 23.44 degrees south latitude. Thousands of years ago the sun was in the region of the sky defined by the constellation Capricorn when the winter solstice occurred. That is why world maps mark this latitude as the Tropic of Capricorn. Today, because of precession of the equinoxes (aka wobble of the earth's axis), the sun appears west of this point at the winter solstice in the region of Sagittarius. Sagittarius is visible in the night sky during the summer months (east of Scorpius) very low on the southern horizon from our latitude.

# MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

## Mountain Biking Mecca

• **SKINNY TIRE FESTIVAL March 11-14, 2011** - Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient puebloans petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

• **2<sup>ND</sup> ANNUAL GRAN FONDO MOAB May 7, 2011** - The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

• **MOAB CENTURY TOUR September 16-18, 2011** - This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE October 5-9, 2011** - Outerbike Demo Days: October 7-9 For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, and a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunch, shuttled rides, prizes, movies, parties, and beer! Outerbike Guided Rides and Clinics: October 5-6 Show up before the Demo Days and join us for guided rides and clinics that will range from the Whole Enchilada--an all day epic, to the new Intrepid Trails that even your kids would love. Sign up for these rides when you register for Outerbike Demo Days. Outerbike proceeds go to IMBA and the Moab Trails Alliance.

• **24 HOURS OF MOAB October 2011** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN Mountain Bike Festival - October 27, 28, 29, 30, 2011** Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

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# TRAIL HAPPENINGS

## Paved Path in Moab Canyon - AKA Old Highway

by Geoff Freethey

REJOICE! THE PATH IS READY TO RIDE: The paved path from the Colorado Pedestrian/Bike bridge, all the way to State Route 313 is finished! Sure, you still have to make your way along a crumbling shoulder to get to the pedestrian/bike bridge from Moab, but it's worth it! What a boon for Moab and all bikers in general! The old and brittle riders, (like me) can pedal all the way to Dead Horse



and Canyonlands on our grossly antiquated bikes without leaving our saddles. The young and rubbery can access some great mountain biking trails without having to load their bikes into the truck or atop the car. The new pedestrian/bike bridge allows all of us to ride serenely over the river without worrying about becoming a hood ornament on a Kenworth. Even dog walkers can find a connecting trail to give Fido an aerobic jump start by using the Killer B Trail with its steep ascent up to the boundary of Arches NP. In the early morning, few bikers use this short trail to escape the Moab Brands area trails.

THANKS TO ALL THAT MADE IT HAPPEN! The folks responsible for this astounding feat are numerous. The dreamers, (aka Kim Schappert-Moab Trails Alliance; Ginny Carlson-Former Trail Mix Chair; Russ Von Koch-BLM Recreation Head; and others) put forth a vision and sold it to the financiers. The financiers gathered the money (the Feds, MTA, Trail Mix, UDOT, Utah State Parks & Recreation, Moab City, Grand County, Transportation District, and private donors). The engineers (Transportation Commission, UDOT, Horrocks Engineering, and Mark Wright-Grand County



Mark Wright, Grand County Community Development Director and County Engineer

Engineer) created the construction plans that would make it work and LeGrand-Johnson Construction made it all a reality.

GEOLOGY: The best part of the ride through the Moab Canyon is that you have time to stop and look at the fascinating geology. The black asphalt ribbon winds its way over and along the river, along the boundary of Arches National Park, then through the "jumping off point" gap and up the sinuous grade around Deadman's Curve to the top where the red rocks of the Cutler Formation and the sandstones of the Glen Canyon Group dominate the western sky. There are even spots where the whine of autos out on the "new" US-191 are silenced by the rock walls along the path.

HISTORY OF THE PATH/ OLD HIGHWAY: When you stop to catch your breath or sip some water, take a look around. The history of this old road tells of the resilience of the folks who call Moab, home. Ancient Puebloans,



Utes, trappers, Spanish traders, and the settlers of this county used this gap in the rocks to cross the river and make a home in Moab and Spanish Valleys. The trail from Thompson was long and rough. Frequent flash flooding and soggy soil stopped travelers and freight wagons for days at a time. When it was decided to improve the road by moving it to less flood prone high ground, prisoners from the State Penitentiary were used to blast the rock and create the grade that you now ride. Only one prisoner escaped, but he was soon found near Dewey Bridge and reunited with his compatriots. Barrels used to transport the 6 tons of blasting powder can still be seen if you have the time to wander down the canyons and look through the flood debris of the last 100 years. If you climb up into the rocks on the east side you'll find remnants of telephone poles, probably dug in around 1900 by J. N. Corbin for the La Sal Mountain Telephone & Electric Company or his son Jack



Pedestrian/bike bridge across the Colorado River

Corbin for the Midland Telephone Company. In the 1930s the Civilian Conservation Corps men vastly improved the drainage under the old road by constructing more than 20 rock culverts and a bridge. These were all cleaned and preserved during the new path construction. A hole on the inside of the largest CCC culvert was repaired by craftsmen still possessing the skill for this type of stone masonry.


The old highway and its 4-lane replacement have changed monikers many times. It was first an Indian path, then an Explorers' route, then the Old Spanish Trail trading route, then a freighters' road, and finally a US designated POST Road (roads used to deliver the US Mail). In the



1920s it was designated State Route 9 and US Route 450. In 1939, Route 450 was changed to US "Highway" 160, and then to US-163 in 1970. In 1981 it became, and remains, US-191.

Get out your bike or get on your walking shoes and prepare to kindle a connection to a great old trail made all the better with it's wonderful new face lift.

**Trail Mix** is an advisory committee to Grand County in the development and maintenance of non motorized trails. The committee represents non motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).




Old Highway new bike path.



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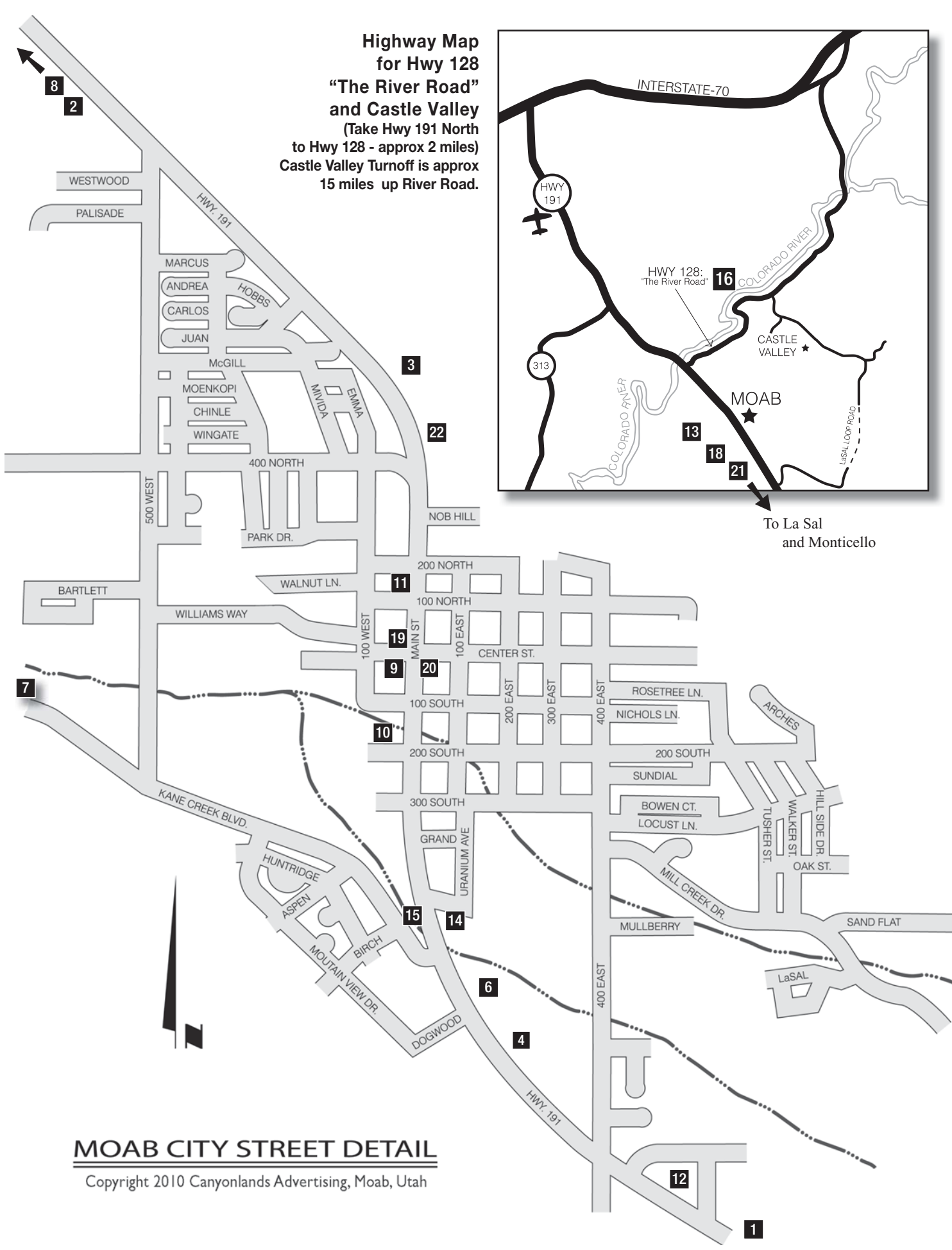
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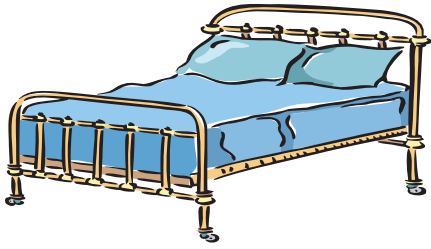
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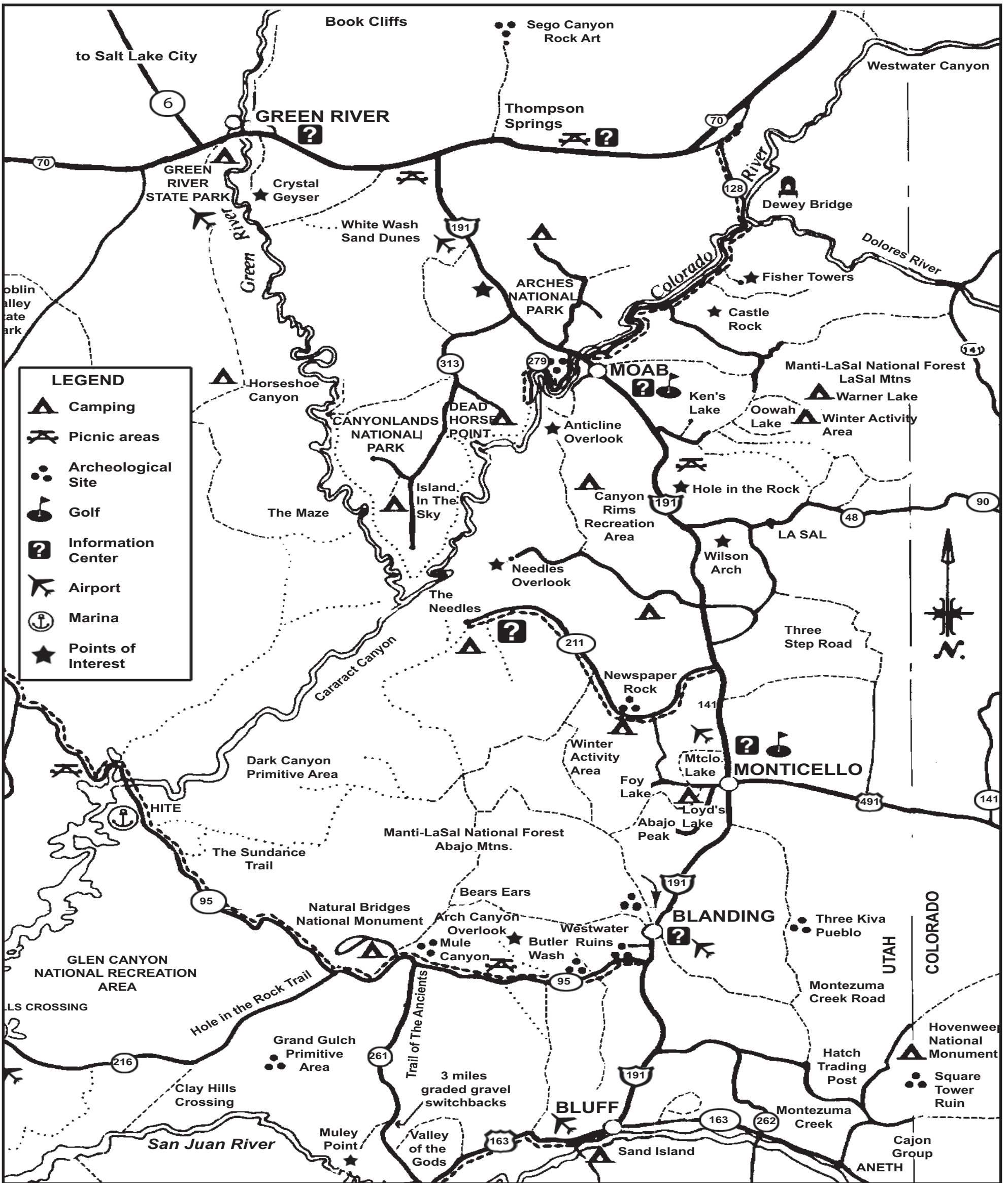
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# SOUTHEASTERN UTAH MAP



## A Riddle... by the Business Owners of Bluff

What's red, yellow, blue, green, orange, purple, black, turquoise, pink and beautiful?  
 What soars and sails, flies and hops, kisses and floats, is carried and tethered?  
 What's quiet and roars, heavy and light, small and huge, flexible and unbendable?

Where can you go for a short drive and a long hop?  
 Where can you see red rocks, white snow, a clear night-sky and colorful orbs of fire-glow?  
 Where will you find artisans selling creations and food for the body and soul?

Why would you want to miss such a big event?  
 Why would you spend your winter weekend anywhere else?  
 Why wouldn't you want to see what everyone is talking about?

How do you know this is such a special place and time?  
 How can you buy your family a fabulous weekend outing as a holiday gift?  
 How does that thing work?

Who is offering all of this?  
 Who will help you figure out this riddle?  
 Who will sign you up as part of whatever this is?

When can you finally see all this?  
 When can you become a part of all this?  
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For information call:  
 Marcia = 435-672-2290

Now that was an easy riddle, wasn't it?





# PAWSITIVE HAPPENINGS

## A Tale of Seven Tails

by Vicki Barker

If someone told you five kittens had been found in an eagle's nest, you'd have to wonder why they hadn't been eaten for dinner yet, and if they were alive, why? And you'd really have to wonder if it was true.

Well, it's a true Moab story -- one of those little miracle tales that leaves you feeling warm and fuzzy, like a kitten. Actually, we're talking seven tails, not just the five in the nest. Two other inspirational kitten rescues are part of this tale as well.

And already, two of the seven nursing kittens are in foster homes where they're being hand-fed by caregivers who have pledged to adopt the babies.

The two lucky kitties who have already found homes were among five found alive in an abandoned eagle's nest in Idaho by a woman who climbed a tree to rescue them. Their bizarre birthplace was the beginning of an unusual journey of survival that landed them in Moab, along with another kitten rescued by a teenager who waded the Snake River to an island to save the kitten, and a seventh kitten saved by a little boy who found the baby tabby wandering alone mewing mournfully in a city park.

In the first collaboration of its kind between pet rescue operations in Rexburg, Idaho and Moab, the litter of seven felines were brought to Moab for care and eventual adoption, and an older feral cat that the Humane Society of Moab Valley had been unable to place was taken to Rexburg, along with an estimated \$300 in donated cat food and



cat toys to help the Rexburg shelter deal with an ever-burgeoning cat population of 110.

The transaction last month took place just in time. Snow arrives in Idaho sooner than Moab. There is little doubt that the lost, tossed and abandoned eaglets would have died if not for the incredibly timely rescues. Besides the first helpers who found the kittens and got them to pet-care people for lifesaving measures, the successful rescues and ongoing care also involved volunteers and monetary contributions from both the Rexburg Humane Society and shelter, Moab's Humane Society and shelter, Four Paws Rescue of Utah/Idaho, and the Barkery pet retail store in Moab, which donated the cat food and toys.

It was an unusual turn of events that turned out well for all of us, said Candace Billingsley, who took the job as Moab's Humane Society program director in July after moving here from Rexburg, where she'd been a pet-adoption coordinator. I'd gone up on a personal trip, which is how this all came together, so this was fortuitous.

A group in Rexburg will take adult cats, but they had a ton of little kitties, Billingsley continued. We've had such great success with adoptions, so we decided to help this other group. They took on our adult cat and we took on the kitties.

Jodi Johnson, Four Paws Rescue president in Rexburg, said the kittens from the eagle's nest will be bottle babies for awhile, and probably would not have survived if they hadn't been close to being weaned at the time they were saved. In fact, she said, the black kitten in the bunch had fallen out of the nest, and its mewing helped the lady who'd been feeding their feral mother find the kittens.

She had actually been feeding this (mother) cat. It was less than a year old, and she said it had started getting chunky, Johnson said. The mother cat arrived one day slender again, and the woman figured she'd had the kittens -- but where?

The momma kept coming to eat, then it was three days since she saw the mother, so she started walking around and listening for kittens, Johnson said. She could hear them crying, so she kept walking around and around. Finally, according to what Johnson heard, the woman found the kitten that fell, heard mewing above, and climbed the tree about 12 feet to discover the other kittens in the eagle's nest.

They were really,

really hungry, Johnson said. Every three hours they have to be fed.

The Rexburg/Moab experience has helped lead to a better future for unwanted and feral animals here. Kaye Davis, Barkery co-owner with Jessica Turquette, hopes this month to establish an ongoing free pet-food program with a distributor in Washington who donates bags of cat and dog food that have gotten torn or damaged during transportation and can't be put out for sale in stores. It's called the Broken Bag program. In the meantime, needy pet owners -- mainly dog owners -- have been helped by Ken Bertwell, a member of the Humane Society who gathers damaged bags of pet food from local stores. He's supportive of the Barkery's effort to involve a pet-food distributor, though the challenge will be where to put the supplies. Apparently, under the Broken Bag program, the distributor drops off a huge supply only occasionally or once a year.

With an alarming number of pets growing that are being abandoned or literally tossed into rivers in bags because economic hard times makes it easier to look at pets as disposable, free pet food just may help -- a little.



## Numbers Rising in Pet Care Needs and Loving Caregivers

by Vicki Barker

At the same time horror stories of abandoned animals increase with the downturn in the economy, Moab's pet rescue and adoption programs are kicking into high gear.

After a recent rescue of kittens from an eagle's nest who were brought to Moab from Idaho, Jodi Johnson of Four Paws Rescue, Inc. bemoaned an apparent rise in animal abandonment and deliberate killings. "A woman in Shelley, Idaho saw someone throw a bag in a canal," said Johnson, Four Paws president. "One kitten survived."

In rural areas in particular, Johnson said, if animals are strays, aren't farm stock, or working, "they are expendable." Johnson participated in a recent coordinated effort with the Humane Society of Moab Valley (HSMV) to save a black kitten that obviously survived near-drowning and was wandering on an island on the Snake River, plus the kittens found by a rural resident in an abandoned eagle's nest -- and another kitten found in a Rexburg city park.

All but two of the bottle-fed kittens survived into November, said Candace Billingsley, HSMV program director.

In Moab, more than 1,300 cats have been trapped, neutered and released since Moab started a feral cat Trap-and-Release program (T&R) in 2001, said director Margaret Griffith. Those are the cats you'll occasionally see that are missing the tip of one ear. That helps identify which strays Griffith has tended to and which still need to be fixed.

Griffith has used her 26 traps to aid in cat population control more this year than ever before, she said. "The numbers of abandoned animals are increasing at an alarming rate. We've done 305 just this year."

With the No More Homeless Pets program in Salt Lake City, Griffith has Moab participating in a "trap trading post" to help locate and tend to feral animals. She loans out traps, transports stray animals to a vet for neutering, then releases them in the location where they were trapped.

With winter approaching, Griffith is appealing to donors for coolers that are large enough to transform into a warm home for a cat. She glues the lids of the coolers, cuts a hole in one side for a door, and fills the cooler with straw, which helps keep cats warm on frosty nights.

The newest optimistic development in the pet-care community is the hiring in November of a second staff member at the Humane Society. Nov. 19 was the first day of work for Jaime Guynn, animal coordinator, who will help Billingsley with volunteers' efforts, record-keeping, and generally keeping everything updated at the office (956 Sand Flats Road, where HSMV rents an office at the Moab City Animal Shelter).

Guynn, a Moab native, worked briefly at a vet clinic in Grand Junction and is pleased to be back in her new role. "I love animals and I think this is a wonderful program and I was very happy to get on here and do anything I can to support them."

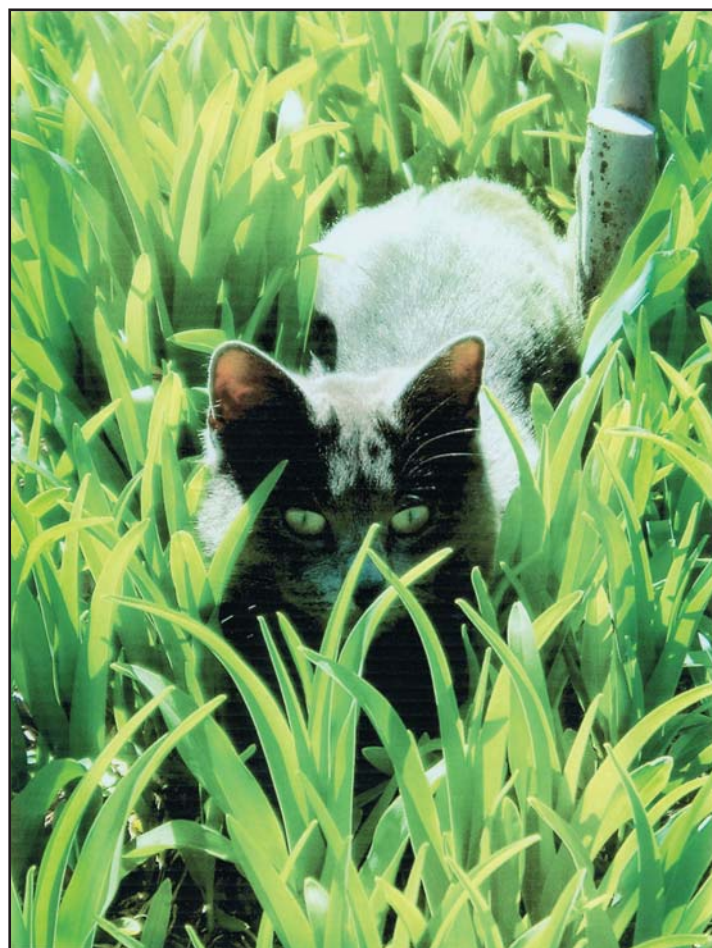
She will be helping with the newest effort to promote animal care in Moab: The Moab Community Dog Park program. The Humane Society has leased a quarter-acre from the Grand County School District near the Dog and Cat Clinic of Moab on 300 South and will be developing a fenced doggie playground there. They are about to launch a \$30,000 community-wide fundraising campaign for the project, and are seeking in-kind donations of volunteer time, dog toys and materials, and landscaping for the park.

The city named John Geiger to establish a committee to develop the park. Anyone interested in serving on the committee or in other ways are encouraged to call the city or Humane Society (435-259-4862).

Moab Valley has come a long way since a single individual, Pam Walston, started adopting rejected and feral cats in the 1980s, and Karen Weis focused on developing a dog kennel program that helped place and care for abandoned dogs. A charter member of HSMV, Diane Allen was among a small group who organized the program, which achieved nonprofit status in 2000 and can now call on 90 volunteers.

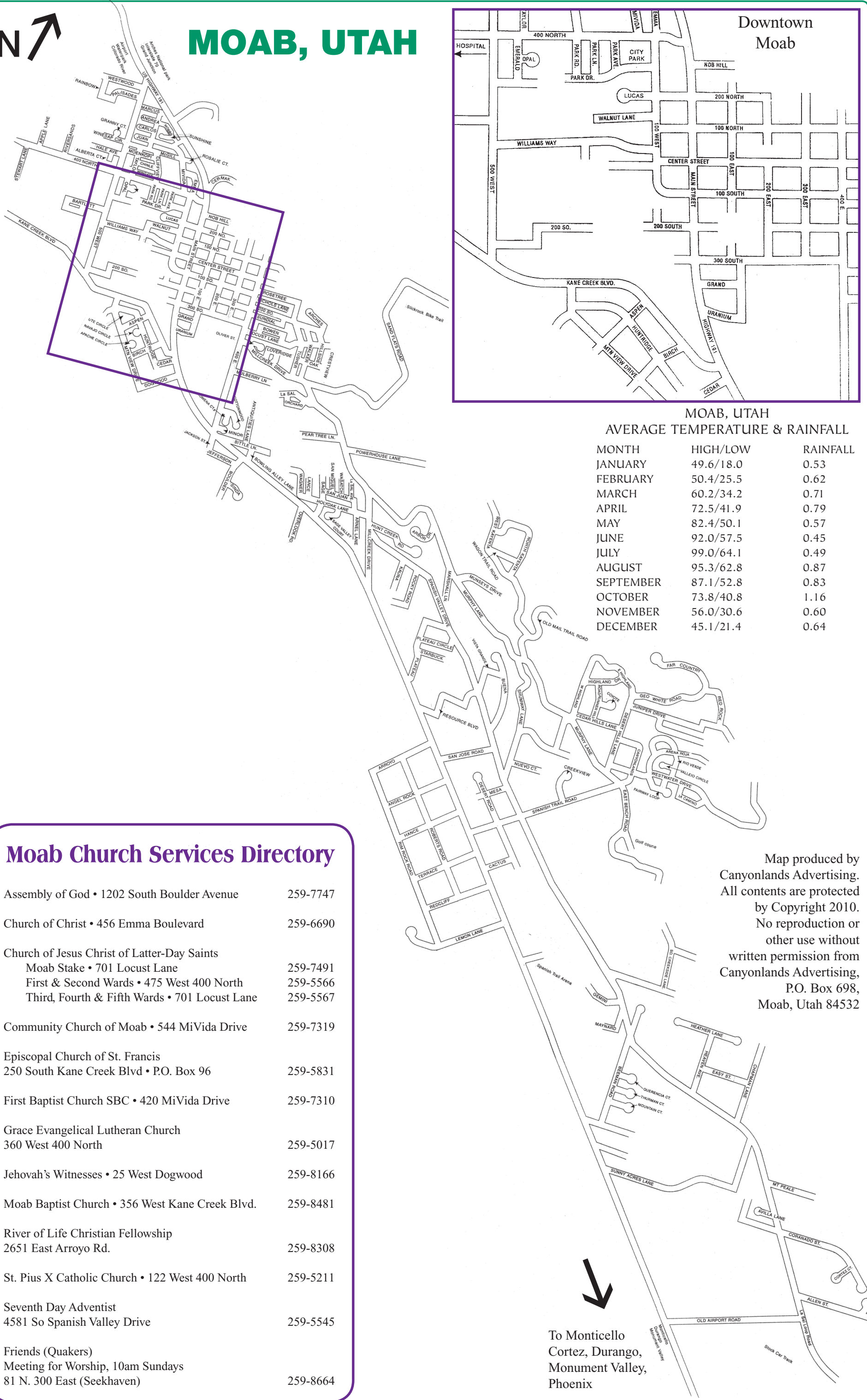
She said it's a given that volunteers "want to do whatever they can do to help animals."

With Pet Adoption Days every weekend year-round, and an animal shelter that is always full-to-overflowing, every little contribution helps, Allen said. "People don't need to put in a lot of time -- maybe be a foster home one time for a couple of weeks, or help with office work. The thing is, there are jobs for everyone."





# MOAB, UTAH



## MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

### Moab Church Services Directory

- Assembly of God • 1202 South Boulder Avenue 259-7747
- Church of Christ • 456 Emma Boulevard 259-6690
- Church of Jesus Christ of Latter-Day Saints  
Moab Stake • 701 Locust Lane 259-7491  
First & Second Wards • 475 West 400 North 259-5566  
Third, Fourth & Fifth Wards • 701 Locust Lane 259-5567
- Community Church of Moab • 544 MiVida Drive 259-7319
- Episcopal Church of St. Francis  
250 South Kane Creek Blvd • P.O. Box 96 259-5831
- First Baptist Church SBC • 420 MiVida Drive 259-7310
- Grace Evangelical Lutheran Church  
360 West 400 North 259-5017
- Jehovah's Witnesses • 25 West Dogwood 259-8166
- Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
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2651 East Arroyo Rd. 259-8308
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To Monticello  
Cortez, Durango,  
Monument Valley,  
Phoenix

# PET HAPPENINGS

## PLAY

The more dogs I see interacting, the less I understand PLAY. What is its definition as it concerns the domestic dog? The overwhelming behaviors I see at public dog parks are social conflict, bullying, avoidance---but almost no behaviors I would define as healthy play.

The current sub-culture in the dog world is that dogs should interact together, and that 'play' with other dogs is somehow believed to be essential for dogs, not just while they're young to 'socialize' them, but throughout their lives as continuing socialization, interspecies communication, aerobic exercise, and 'fun'. I put many of these words in quotations, as I'm not convinced that when we put puppies or dogs together to 'play' they are learning to socialize better, or communicate better with their own species. Because, more often than not, I don't believe the dogs are engaged in healthy play.

I have been visiting and videotaping dog parks all around the country for the last several years. I've also filmed many hours of shelter dog play-groups. While downloading and editing, I have studied, frame by frame, many of the interactions of the dogs, and identified what I have observed to be the least risky, slightly risky, and most risky behaviors.

### Least Risky Behaviors:

I have observed the healthiest play to be characterized by the following behaviors:

1. Self-Interruption
2. Shared Physical Space
3. Ability to Compensate and Modify for Size or Power Differences
4. Eyes, Head and Spine Not All in Alignment
5. Mirrored or Tandem Movements During Play or During Interruptions
6. Accepted or Reversible Roles

When a dog finds a compatible playmate and they engage in many of the above healthy behaviors, future play dates should be encouraged. It is generally easier for dogs to re-engage with known 'friends', rather than meet and greet and start over again with a constant supply of unfamiliar dogs.

### Explanations of Least Risky Behaviors:

1. **Self-Interruption:** This is when the dogs playing disengage from each other and pause for a brief period of time. The behaviors most common to self-interruptions are sniffing, orienting to a distraction, and drinking. The interruptions seem to serve as a way to lower arousal levels, and often occur when the play has escalated to a level where one or more of the dogs is getting too rough or overexcited. One of the benefits of owners who actively supervise play is that they can manually and artificially interrupt play when it escalates and has gone too long uninterrupted, and initiate a time out until all the dogs calm down. A good gage of play that is too edgy or rough is that the dogs can no longer be interrupted verbally by owners or the humans present. This is a good barometer of healthy vs. risky play: can you call your dog and get his attention and get him to stop; if not, train it.

2. **Shared Physical Space:** A difficult quality to describe—but dogs that are playing well are almost like human dance partners, the physical space between them is even, shared, close but not intrusive. The best play partners are dogs who share the air space between them.

3. **Ability to Compensate and Modify for Size Differences:** Whether it's a bloodhound playing with Chihuahuas, or a bully breed playing with an Italian greyhound, healthy play exists when the larger or

more powerful of the players adjusts his or her style to accommodate the more fragile of the group. This is often seen when a large dog lies down to wrestle with a smaller dog; or when a physically powerful dog moves slowly or more gently when playing with a dog of dissimilar physical stature.

4. **Eyes, Head and Spine Not in Alignment:** The most relaxed and congenial body language between dogs seems to include, in all dogs engaged, eyes, heads and spines unaligned. When a dog aligns its eyes, head and spine, he seems to be gearing up for a more powerful, intense, and possibly confrontational interaction.

5. **Mirrored or Tandem Movements During Play or During Interruptions:** Just like with human friends, dogs seem to pick up on the gestures or movements of one with whom they're getting along—and dogs will often move in mirror images to one another, such as a bow to the right followed by a bow to the left, while the other dog, at the same exact time, bows first to the left and then to the right, creating a Harpo-Marx-in-front-of-the-mirror like moment. Dogs can often be seen sniffing the ground together during breaks in the action, and they will often share the same curve of the spine, the same level of tail carriage, the same timing of air-sniffing, etc. The only exception can be when two dogs from the same household are engaged in play with other dogs. These dogs, while moving like seasoned figure skaters, are however, commonly hunting or bullying other dogs.

6. **Accepted or Reversible Roles:** While I was educated to expect dogs engaged in healthy play to exhibit role reversals, I much more often observe dogs who stay in their roles, but to me it seems balanced as long as both dogs accept their chosen roles. For instance, during games of chase, there are dogs who prefer always to be chased, and rarely, if ever, do the actual chasing. And vice versa. Also, there are dogs who seem to like to play wrestle while lying on the ground or on their backs, which leaves the play partner(s) to take up the standing, or stand-over position, but more often than during swapping of positions, healthy play seems to include an acceptance of and compatibility with preferred positions.



Healthy Play

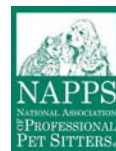
The following "Pet Happenings" articles will review slightly risky behavior, and risky behavior to ensure a thorough examination of what is acceptable behavior for dogs when they are interacting, and what should be interrupted. If you are interested in more information from Sue Sternberg please check out [www.suesternberg.com](http://www.suesternberg.com) and [www.greatdogproductions.com](http://www.greatdogproductions.com). We also carry her books in store, and the HSMV has sponsored seminars continuing in January.

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by Sue Sternberg

Sue Sternberg is a contributing author that is a dog behavior specialist. This article is a first in a series about dogs and play. We at the BARKery believe that dogs can play well and enjoy each other greatly, but supervision is key when your dog is meeting another dog for the first time. Dogs just like people need time to understand who is compatible as a friend, and often people take for granted that dogs know how to play with each other. It's not a built-in behavior for dogs, and we need to supervise to ensure there are no problems. Whether it's on leash or in the coming Moab Community Dog Park, you can ensure that the interactions will go well if you know what is defined as risky behavior and what is less risky.

—Jessica Turquette of Moab Barkery

### Humane Society of Moab Valley 259-4862

**Dec 4th Holiday Craft Fair @ the MARC**  
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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
7:00	Native Spirit	KZMU OVERNIGHT		Art of the Song	KZMU OVERNIGHT		Desert Diva	7:00		
8:00		DEMOCRACY NOW						8:00		
9:00	Jah Morning Reggae	MOAB Morning Blend					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00	
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Trailer Park Companion			10:00	
11:00									11:00	
Noon	Grass is Greener (Bluegrass)	It's My Party/ On the Rocks	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Life Grand? (live recordings)	Noon		
1:00								1:00		
2:00	Plateau Pastime/ Canyon Wren Express	Radio Mundial Radio MOONDial	Planet Picante (latin)	Mondo Beyondo	Red Rock 'n Blues	1-2-3 (funky world soul)	Belagaana Review (fruit and nuts)	2:00		
3:00			WORLD MUSIC					3:00		
4:00			Ritmo Latino	SoundThing/ The Observatory		Gaelic Circle/ Drive Time		MOAB Drive Time	Fire on the Mountain	Tween Time (pre-teen fun)
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)						Free Speech Friday Public Access	Big River / Ranch Exit (twang)	5:00
6:00			DEMOCRACY NOW							6:00
7:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room	Main Street Cruise!	7:00		
8:00								8:00		
9:00	KZMU Overnight	The Sound Lair (Experimental Dance)	MOAB AFTER HOURS		Pandora's Box	Altered State	Radio Free Moab (college rock)	9:00		
10:00			Conscious Party	Suburban Urge						10:00
11:00			KZMU OVERNIGHT					11:00		
12:00						the eleventh hour	Seti Transmissions	KZMU Overnight	12:00	

**KEY:**

- Talk Shows
- Easy Mix - Jazz
- Blue Grass - Country - Folk
- Eclectic/World
- Rock - Blues
- Heavy - Hard