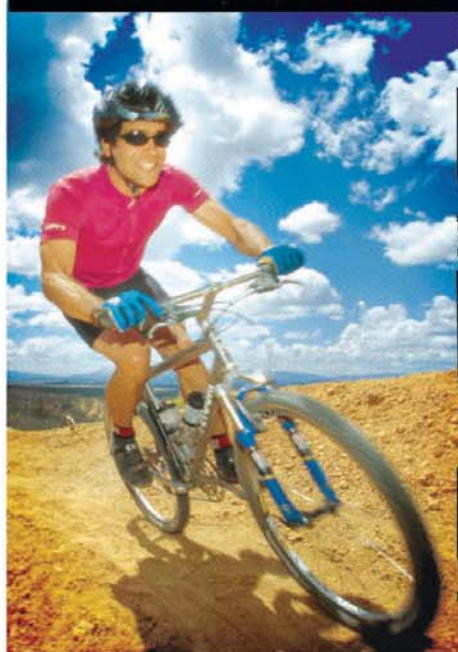


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# MOAB HAPPENINGS

Volume 22 Number 6

SEPTEMBER 2010

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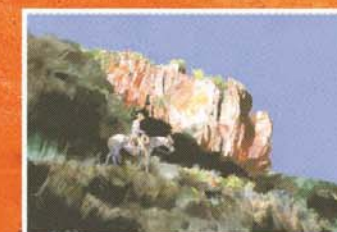
Moab Music Festival  
 September 2-13



Moab Century Tour  
 Sept 17-19



Skydive Festival  
 Sept 22-26



Moab Art Walk  
 September 11

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# MOAB HAPPENINGS

## MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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 Production, Graphic Design: ..... Steve Budelier, Cliff Crutchfield, Megan Schafer & Theresa King  
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 Circulation..... Susan Baffico, Jeff Barron, Adrianna Murphy  
 Sales ..... Aaron Davies, Theresa King, Gayle Weyher  
 Bookkeeping ..... Lisa DeRees  
 Contributing Writers ..... Damian Fagan, Rob Wells, Annabelle Numaguchi, Marcy Hafner, Faylene Roth, Vicki Barker, & Rob Cassingham  
 Photography: ..... Cliff Crutchfield, Steve Budelier  
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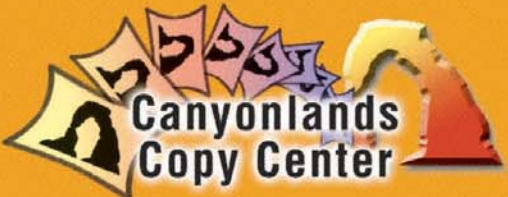
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# LABOR DAY WEEKEND HAPPENINGS

## Moab Music Festival Kickoff Concerts

### OPENING WEEKEND, SEPTEMBER 3-6

Sponsored by Eastern Utah Community Credit Union, the Festival Opening Night concert on Friday, September 3 at historic Star Hall puts two former Festival Composers-in-Residence front and center with Lou Harrison's Varied Trio and a selection of John Musto Songs in an evening, beginning the Festival's Masterpieces in the Red Rocks retrospective of past composers-in-residence. Works by Schumann and Bach round out the evening.



Photo credit: Lane Pederson

Labor Day Weekend takes the Festival to Red Cliffs Adventure Lodge for a pair of concerts on the banks of the Colorado. On Saturday, September 4th, Paquito D'Rivera, the piano-percussion duo, Synchronicity and Robert Black perform works by D'Rivera and Leonard Bernstein. The program, sponsored by Zions Bank, also includes the Rocky Mountain premiere of an exhilarating

Synchronicity arrangement of Firebird by Stravinsky. Synchronicity also serves as the "jazz band" in their dynamic version of Bernstein's Prelude, Fugue and Riffs with D'Rivera on clarinet. The performance also includes D'Rivera's Conversations with Cachao, a tribute to the legendary bass player, bandleader and creator, Israel López Cachao.

ETHEL appears at Red Cliffs on Sunday, September 5th. This musically omnivorous foursome from New York City has been described as "the fiercest string quartet



Photo credit: Steve J. Sherman

this side of hell," and "the most bad-ass quartet around," and will, with absolute dedication to providing a peak experience for the audience, wow one and all with its thrilling playing.

Monday, wrap up Labor Day weekend at the free Festival Rocky Mountain Power Family Picnic Concert at Old City Park with works including Bernstein's Candide Overture for piano four-hands, Jon Deak's Wager at the Eldorado Saloon and selections from the American Songbook with Amy Burton and John Musto. Enjoy your picnic, a relaxing stretch on the lawn, and a rip-roaring selection of contemporary and traditional works pitch perfect for a holiday afternoon, a mash-up musical periods and styles.



Photo credit: Neal Herbert

See page 7B for more Moab Music Festival information.





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# MOAB AREA EVENTS CALENDAR

## September 2010



Behind McDonald's 259-4583  
Moab, UT

- Go Carts
- Laser Tag
- Arcade
- Mini Golf
- Air Hockey
- Bumper Boats
- Carnival Swing
- Air Slide
- Kiddie Playground

Mon thru Sat 12 noon - 10:00pm  
Call for Private Party

**2-13 Moab Music Festival** www.moabmusicfest.org 435-259-7003  
see articles on pages 3A & 7B and schedule on page 5A.

**2 Star Party: Dead Horse Point State Park.** Join us for an evening star party complete with a constellation tour. Party lasts from 9-10:30 p.m. Meet at the visitor center amphitheater. (435) 259-2614

**4 Moab Farmers' Market** sponsored by the Youth Garden Project at Swanny City Park - 100 West and Park Drive, 8 AM to Noon. Fresh local meat, eggs, fruit, produce, arts and crafts, baked goods, community information, local musicians and hot coffee at the sponsor booth. For information contact Gayle Weyher 259-0242 or visit www.youthgardenproject.org.

**4-5 Moab Studio Tour,** Nine Moab artists open their studios for the public this weekend. See ad on page 19A, visit www.moabstudiotour.com

**4-6 Labor Day Safari & Campout** Family focused event that includes not only 4-wheeling together, but also camping and sharing some good old fashioned family fun. Labor Day Safari & Campout trails are limited to 25 vehicles per trail per day. For more info or to register see www.rr4w.com

**6 LABOR DAY**

**8 Second Wednesday Book Club** at the Library. Audition by Barbara Walters is September's book selection. All are welcome - 6:00 p.m. in the Library's Large Meeting Room.

**9 Moab Garden Club will be meeting at Wildland Scapes** for a tour of their nursery and the propagation area at 6pm. It should be an informative session about propagating plants and trees. At 6:45pm we will all drive over to a member's garden for a tour. Everyone is welcome to join us. For info contact Tricia at 259-6342 or email to moabgardener@yahoo.com

**11 Moab Farmers' Market** sponsored by the Youth Garden Project at Swanny City Park - 100 West and Park Drive, 8 AM to Noon. Fresh local meat, eggs, fruit, produce, arts and crafts, baked goods, community information, local musicians and hot coffee at the sponsor booth. For information contact Gayle Weyher 259-0242 or visit www.youthgardenproject.org

**12 Stargazing with Red Rock Astronomers @8:30pm** Join Red Rock Astronomers for an evening of stargazing and telescope viewing. Meet in the southwest corner of Old City Park at nautical twilight. See Sky Happenings on page 17A or call 259-4743 or 259-3313 for more information. Sponsored by WabiSabi.

**16-17 Community Artist in the Parks - Arches National Park,** Pete Apicella, will be creating his art at Double-O Arch from 3 p.m. to sunset on Thursday and Pete will be at Landscape Arch on Friday the 17th from 9 a.m. to noon and in the Visitor Center at 1 p.m. Discover how Pete turns the landscape into art, come visit him out in the field. Chat with him about artistic inspiration, witness the creative process, and maybe purchase a piece of his artwork. See his art at www.aquafirearts.com

**16 Mexican Independence Day Celebration.** Third annual celebration of its kind in Moab, a tradition that has grown with interest and participation from peoples of all cultural backgrounds. 2010 marks a very special year for Mexicans across the world: the commemoration of 200 years of Independence from Spanish rule and the 100 year anniversary of the revolution that began in 1910. This family-friendly event will be held from 5-9 p.m. at Swanny Park. The community of Moab is invited to enjoy and appreciate Mexican culture and history through dance performances, bands, DJs, and delicious authentic food.

**16 Thursday Night Movie Night** at the Library. "The Princess and the Frog" at 7:00 p.m. This event is FREE. Everyone is invited. Popcorn for this event is donated by Moab Chevron. For more info visit the Grand County Public Library at 257 E. Center St. or call 435-259-1111.

**16 Moab Information Center Lecture Series** 7pm FREE to the public. Center and Main - Grant Collier "Arches National Park by Day & Night"

**16-18 Green River Melon Days,** see schedule of events in ad on page 5A

**17-19 Moab Century Tour,** Road Bike event. see article on page 16A

**18 Moab Farmers' Market** sponsored by the Youth Garden Project at Swanny City Park - 100 West and Park Drive, 8 AM to Noon. Fresh local meat, eggs, fruit, produce, arts and crafts, baked goods, community information, local musicians and hot coffee at the sponsor booth. For information contact Gayle Weyher 259-0242 or visit www.youthgardenproject.org. **Storytime at 10:30AM** presented by Grand County Public Library.

**18 Summer Harvest Celebration** - Come celebrate the bounty of summer at a special Farmers' Market 8 am-12 noon at Moab's Swanny City Park. There will be a Spread / read Competition, a Salsa Competition, Solar Oven Baking and a Cook Off with Guest Chefs. All events take place between 9-11 am and are open to the public with prizes going to the top three participants in each category. To register your creation, call the Youth Garden Project at 435.259.2326



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**Saturdays 8:30-1:00pm**  
Wet & Wild Creek Walk

**Saturdays 4:30-9:00pm**  
Arches NP Sunset Tour

**Sundays 8:30-1:00pm**  
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call 435-259-8431 for rates.

**DEADLINE for OCTOBER Events Calendar: SEPTEMBER 20, 2010**

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

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# MORE MOAB AREA EVENTS

## September 2010 events continued

- 18 New Harmonies: Celebrating American Roots Music.** This exhibit, created by the Smithsonian Institute and brought to Utah by the Utah Humanities Council, explores the music that Americans make at home, with friends, and as a people. Learn about the origin of the Blues, about early country music stars, sacred music, and much more. Hosted by the Museum of Moab. Exhibit opens on 18th and will continue thru November 3rd. Explore the exciting interactive and informative displays.
  - 12 noon-2pm Live music from local musicians on the Museum Lawn at 118 East Center Street.
  - 1pm Make Rythm Sticks - great family craft activity on the Museum lawn.
  - 7pm Star Hall "Why the Cowboy Sings" with Hal Cannon Free Admission Folklorist Hal Cannon will discuss the Utah musical experience, will play recordings, sing songs and present a short film he co-produced titled, "Why the Cowboy Sings." Through discussion, the goal of each presentation is to discover what music is rooted in the work and life of Utah communities. See article on page 14B
- 22 Seekhaven Book Club** at the Library. *Plainsong* by Kent Haruf is September's book selection. All are welcome - 6:00 p.m. in the Library's Large Meeting Room. Books provided by the Utah Humanities Council are available for checkout at the Library.
- 22-26 Skydive Festival,** See article on page 1B and ad on 7A for more information.
- 23-26 Moab Fall Quarter Horse Show,** Old Spanish Trail Arena
- 24 Moab Poets and Writers Open Mic** at the Jailhouse Cafe, 101 North Main Street. Charlie Kulander, contributing editor at *National Geographic Traveler Magazine* is the featured reader. Socializing begins at 6:30, main program starts at 7:00. After a short intermission the mic will be open to the audience for their own readings of poems and short prose.
- 25 Moab Farmers' Market** sponsored by the Youth Garden Project at Swanny City Park - 100 West and Park Drive, 8 AM to Noon. Fresh local meat, eggs, fruit, produce, arts and crafts, baked goods, community information, local musicians and hot coffee at the sponsor booth. For information contact Gayle Weyher 259-0242 or visit [www.youthgardenproject.org](http://www.youthgardenproject.org).
- 25 Writing Workshop,** 10:00 to 1:00 at the MARC, 111 E. 100 North, in the studio room (downstairs and to your left). This will be a travel and soft adventure workshop presented by Charlie Kulander. \$15.00 for MP&W members, \$20.00 for non-members. For info and to sign up call 259-6197.
- 30 FREE Showing of the film "O Brother, Where Art Thou"** at the Library at 7:00 pm. The film is a musical journey through the life of a convict in the South of the early 1900s. After the film join in a discussion about music in America and how it can represent the cultures, struggles and trials of a nation. Everyone is invited. Popcorn for this event is donated by Moab Chevron. Presented by the Museum of Moab and the Grand County Public Library.

**Green River, UT**

## Melon Days

### Melon Patch Memories

**Thursday Sept. 16**  
FREE City BBQ - 6:30 p.m. - sponsored by GR City

**Friday, Sept. 17**  
Set up of vendors - Vendors in the Park - Noon until dark  
3 Man Golf Scramble - 9:00 a.m. - Golf course  
High School Baseball game w/Dugway - 1:00 p.m.  
Softball games - evening @ High School  
Queen Pageant - 7:00 p.m. @ High School  
Square Dancers @ City Park - 7:30 p.m.

**Saturday, Sept. 18**  
5K Melon Walk/Run - 7:00 a.m.  
check in @ 6:30 a.m. place TBA  
Breakfast in the Park - 7:00 a.m. - 9:30 a.m.  
sponsored by the Boy Scouts  
Vendors in the Park all day  
Parade - 10:00 a.m.  
Entertainment in the Park - 11:30 a.m.  
featuring Switchback  
Duck Races in the River - 3:00 p.m.  
sponsored by GR Ambulance  
Softball games - all day and evening  
Square Dancers @ City Park - 7:30 p.m.  
Dances - 9:00 p.m. - places TBA

**MELONS! MELONS! MELONS!**  
FREE all you can eat Saturday  
at the City Park  
sponsored by  
our local  
Melon Growers




## October 2010

- 1-9 Moab Plein Air Festival...**see article on page 7B and ad on page 6B
- 2-3 Southwest Traders Rendezvous Rug Auction.** see ad on page 13B. Hosted by Cortez Cultural Center 970-565-1151 [www.cortezculturalcenter.org](http://www.cortezculturalcenter.org)
- October 7-10 Gem & Mineral Show**
- October 7-10 Moab Outerbike Demo Event**
- October 9 Moab Art Walk**
- October 9-10 24 Hours of Moab**
- October 17 The Other Half Marathon**
- October 21-24 Confluence: Celebration of Reading & Writing**
- October 29-31 Annual Chile Ho-Down Bike Festival**
- October 30 Annual Pumpkin Chuckin' Festival**
- November 5-7 Moab Folk Festival**

2010 Grand Center Gift Fair  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				<b>2</b>	<b>3</b>	<b>4</b>
				<b>Grotto Concert</b> Colorado River 12:00 Noon	<b>Opening Night</b> Star Hall 7:00 pm	<b>Open Rehearsal Conversation</b> Star Hall 11:00 am  <b>Paquito D'Rivera</b> Red Cliffs Lodge 6:00 pm
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Classical Musical Walk</b> 9:00 am  <b>ETHEL</b> Red Cliffs Lodge 6:00 pm	<b>Rocky Mountain Power Family Picnic Concert</b> Old City Park 2:00 pm		<b>Ranch Concert</b> Private Ranch 5:30 pm	<b>Grotto Concert</b> Colorado River 12:00 Noon	<b>Chamber Music</b> Sorrel River Ranch 6:00 pm	<b>Open Rehearsal Conversation</b> Star Hall 11:00 am  <b>Music at Jefferson's Monticello</b> Sorrel River Ranch 6:00 pm
<b>12</b>	<b>13</b>					
<b>Traditional Musical Walk</b> 9:00 am  <b>American Classics</b> Star Hall 7:00 pm	<b>Grotto Concert</b> Colorado River 12:00 Noon  <b>Musical Raft Trip</b> Colorado River Sept 13 - 16	<p style="font-size: 1.2em;"><i>music in concert with the landscape</i></p> <p style="font-size: 1.5em;"><b>www.moabmusicfest.org</b></p> <p style="font-size: 1.2em;"><b>435-259-7003</b></p>				



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# NATURE HAPPENINGS

## September in the Oaks

by Damian Fagan

As summer rolls out of its monsoon mentality, the La Sal Mountain's foothills remind us of the seasonal queue. Transitioning from the lush greens of this particularly wet summer into the fiery reds and gold of fall, there is no better place to participate in this process than the oak brush that skirts the mountain.

Though far from linear, the oak-dominated mountain brush community divides the pinyon-juniper woodlands from the higher elevation forests of ponderosa pine, quaking aspen and spruce-fir. Though the term "oak" often conjures up images of massive trees, here stunted thickets of Gambel's oaks rarely reach significant heights. One would not confuse these trees with the Druid-inspired woodlands of ancient Ireland or England. The Gaelic word for oak (Duir) inspired the name of the Druids or "the men of oaks."

In Europe, oak groves were considered sacred ground, an observation made by early Christians as they built their churches in these ancient groves to create a transition from ancient beliefs to Christian worship. Roman, Greek, Celtic and Teutonic tribes held oaks in high esteem as they considered these plants to be sacred to some of the most powerful gods like Zeus, Jupiter and Thor. Ancient kings decorated themselves with crowns made of oak leaves to signify their godlike power on earth. The tree's longevity and toughness symbolized strength and endurance to both ancient and modern worshippers.

Here in southeastern Utah the Gambel's oak (*Quercus gambelii*) is the dominant oak found in dry valleys and slopes of the mountain foothills. Found growing mostly



between 4,900 to 9,200 feet in elevation – with a high record of 10,200' – this oak covers about 9.3 million acres across the western United States. Named in honor of William Gambel (1821-1849) a naturalist who collected plants in the Sante Fe area and probably passed through the Moab area on his journey to Colorado and California. Unfortunately, Gambel contracted typhoid fever after helping some sick miners in the Sierras on a second trip west and died soon after.

Gnarled forms of Gambel's oak often create dense thickets that may be punctuated by other shrubs of this mountain community such as serviceberry, mountain mahogany and wild rose. The density of the oaks is due to reproduction by vegetative sprouting versus seed sprouting.

The base of the oak's trunk is swollen and often covered by leaf litter or soil. Known as the lignotuber, this base contains hundreds of dormant buds

capable of sprouting after a major disturbance. In addition to their deep taproots, the trees send out rhizome runners just beneath the soil surface. These runners also bear buds that become active after a major stress - fire or intense foraging pressure – breaks down the inhibiting hormones and allows the buds to sprout.

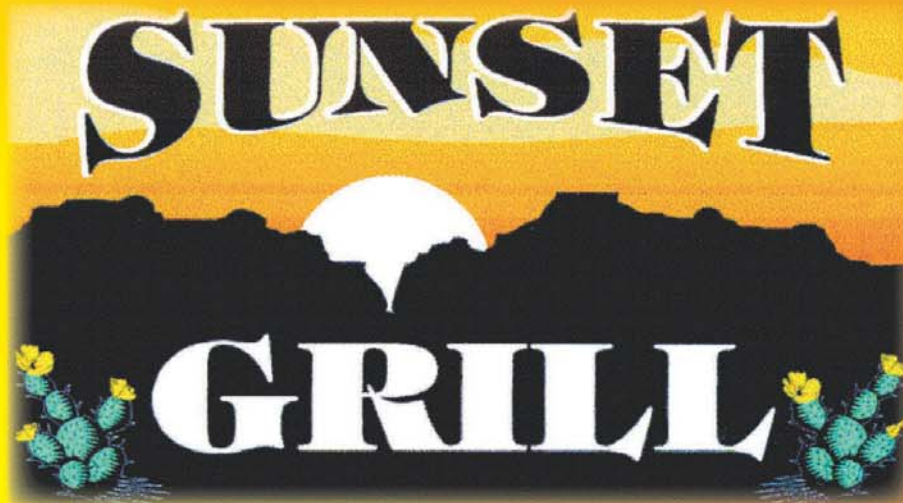
Gambel's oaks are important as soil stabilizers in watersheds and for providing wildlife habitat. Numerous resident and migratory bird species nest and forage within the oak groves, either feeding on seeds of understory species or consuming insects on the oak's foliage. Green-tailed and spotted towhees, western scrub jays, Virginia's warblers, long-eared owls and black-billed magpies are several of the 187 species of birds recorded utilizing these oak woodlands. Other species that rely upon the seasonal acorn crop are wild turkeys, mule deer, elk and black bears. There is nothing like exploring these woodlands and hearing the thrashing of large ungulates or carnivores from somewhere within the protective confines of the groves.

But as September rolls through the mountains, the transition of fall foliage marks its passage. From verdant green to burnt sienna, the foothills explode into a mosaic of Crayola® colors. Maybe those ancient oak worshippers also had a sense of appreciation; a worthwhile endeavor still enjoyed by modern visitors to the mountain's foothills.



*Steaks • Pastas  
Prime Rib  
Fresh Seafood  
Patio • Catering  
Family Dining*

*Casual Atmosphere*



*Open nightly at 5:00 pm  
Closed Sundays*



*"Dining with a  
Million Dollar View"*



*Historic former home  
of Uranium King  
Charlie Steen*

**Welcome to Moab Special!**

**Free Homemade Dessert with  
purchase of dinner.**

**Call for Reservations: 435-259-7146**

**Choose from any of our great menu selections including  
Filet Mignon, New York Strip, Fresh Salmon,  
Linguini Olivia, Shrimp Scampi and much more!**



**Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.**



**HOME OF THE 7TH ANNUAL M.O.A.B. SKYDIVING FESTIVAL!**

# SKYDIVE MOAB

**SEPT. 22-26 - 2010**

Thurs - Sun | 8am til sunset



- The 1st and ORIGINAL DropZone in Moab, Since 2003
- Official USPA Group Member
- The MOST experienced Skydiving Center in Moab
- Over 15,000+ recorded Skydives
- State of the Art Gear
- Fastest and Highest Skydives in Moab
- HD Video & Photo Packages Available
- Open 7 days a week

## TANDEM SPECIAL

1st time tandem jumpers get 60 seconds of freefall from 13,000 ft. at 120mph! Discounts if you've jumped with us before! Spectators welcome! Bring the Family!

# \$235

Not valid with any other offer!

**ONCE A YEAR EVENT!  
DON'T MISS IT!**

Over 250 skydivers from around the globe converge on Moab, Utah for 4 days of spectacular skydives

**SPECTATORS WELCOME!**

[SKYDIVEMOAB.COM](http://SKYDIVEMOAB.COM)



**CALL 435-259-JUMP TO RESERVE YOUR SKYDIVE TODAY!**



# ART WALK HAPPENINGS

Moab Art Walk, Saturday September 11<sup>th</sup> from 6pm to 9pm



**Overlook Gallery**

Don Weller:

Don's recent awards include both the Gold Medal Watercolor and the Top Prize Purchase awards at The Bosque Art Center. And, at the age of 72, First Place in The 2010 Legends Cutting Horse Competition in Oakley, Utah!

83 E Center 435-259-3861  
www.moabarts.com  
overlookgallery@yahoo.com



**The Western Image**

Various Native American:

The Western Image is featuring a collection of antique prints of Native American Ledger Drawings. Known as Ledger Drawings primarily because the artists used blank pages of ledger books obtained from U.S. soldiers, traders, missionaries, and reservation employees.

39 N Main 435-259-3006  
www.moabartists.com moabpage@citlink.com

**Back of Beyond Books/ Arches Book Company**

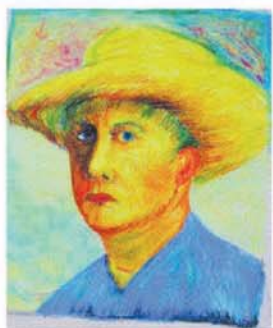
Calvin Lee:

I try to convey a thought or feeling – solitude, vastness, pilgrimage – through the expressive use of line, space and color. I prefer to make the brush dance rather than be compulsive about detail. There is no perfect beauty without some weirdness in its proportion.



83/89 N Main 435-259-0782

www.backofbeyondbooks.com  
andy@backofbeyondbooks.com



**Moonflower Market**

Darcy Matthews:

A recent University of Utah graduate with a BFA in Art Teaching, Darcy Matthews has been creating art for over 35 years. While painting has been her preferred media, she also enjoys working in 3D with a variety of materials.

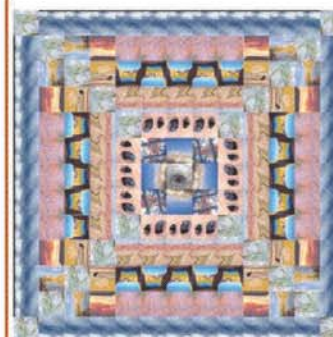
39 E 100 N 435-259-5712  
moonflowermarket@frontiernet.net



**Love Muffin Cafe**

Chad Niehaus will be displaying the entire collection of his SUBVERT™ linocut prints in a September 11th inspired arrangement. SUBVERT™ is a product line exploring how to live a full life with less impact and more community. Hand-printed SUBVERT™ products, including shirts and hoodies, will be available for purchase.

139 N. Main 259-6833  
lovemuffincafe.com



**Moab Coffee Roasters**

Deborah Hughes:

Entropic Expressions – quilted glyphs of fabric and tacks, pen & ink comminglings of inner and outer landscapes, and various views through the camera lens available in frame-ready note cards.

90 N. Main 435-259-2725  
www.lostriverimports.com



**Tom Till Gallery**

Tom Till Gallery is featuring more images than ever in luminous, spectacular metal prints in all sizes. Our response to this kind of print has been overwhelming, so come in and see the beautiful metal prints for yourself.

61 N Main 435-259-9808  
www.tomtill.com



**Framed Image Fine Art**

Group show:

Framed Image Fine Art presents new work from several of our gallery artists including R. Lillian Siefer, Jonathan Frank, Chris Erickson, and Eric Trenbeath.

59 E Center 435-259-4446  
www.framedimagemoab.com  
info@framedimagemoab.com

**Off The Wall Gallery**

Group Show:

Moab's newest gallery, featuring sculpture, wood, metal, clay, glass, fiber, oils, pastels, watercolors and more. 14 artists and counting. Classes and workshops beginning this month. Check the Advertiser for a schedule of events and visiting artists.

225 South 400 East 435-259-6656



MOAB



ART @ WALK

- 1 LOVE MUFFIN CAFE  
139 N MAIN ST
- 2 MOON FLOWER MARKET  
39 E 100 N
- 3 MOAB COFFEE ROASTERS  
90 N MAIN ST
- 4 ARCHES BOOK COMPANY & BACK OF BEYOND BOOKSTORE  
83-89 N MAIN ST
- 5 TOM TILL GALLERY  
61 N MAIN ST
- 6 THE WESTERN IMAGE  
39 N MAIN ST
- 7 FRAMED IMAGE FINE ART GALLERY  
59 E CENTER ST
- 8 OVERLOOK GALLERY  
83 E CENTER ST
- 9 OFF THE WALL GALLERY  
225 S 400 E

www.moabartwalk.com

		MAIN				
200 N			100 E	200 E	300 E	400 E
	1		2			
100 N		4	3			
		5				
CENTER	6		7	8		
100 S						
200 S						
						9
300 S						



# RESTAURANT GUIDE



**Moab's ONLY ON-SITE Microbrewery & Restaurant**  
 State Liquor Licensee  
**Orders To Go Beer To Go**  
 PATIO SEATING  
 KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS  
 BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM  
 686 South Main • 259-6333  
 (McDonald's is next to us)



**hogi yogi** • Taste It • Love It • Crave It •

Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!  
 Offer good with coupon at Moab Location Only - Across from City Market

Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!  
 Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656  
 One Coupon per Customer per day

**Teriyaki Stix™**  
 Japanese Grill

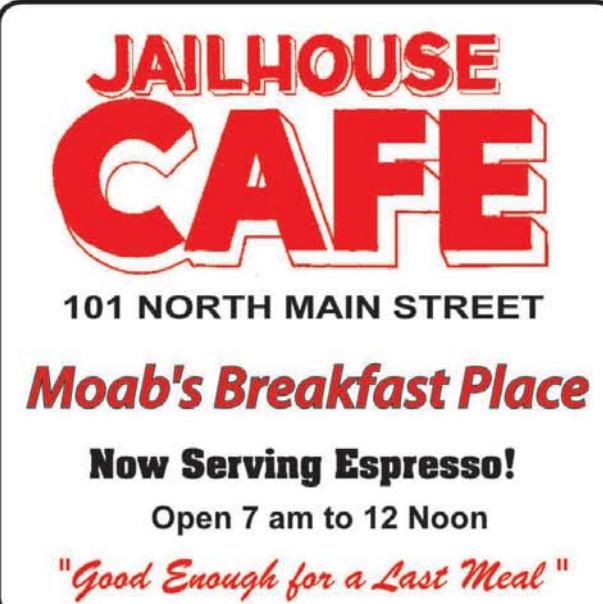


**Singha**  
 Authentic Thai Cuisine

Lunch: Monday - Saturday 11:00 - 3:00 p.m.  
 Dinner: Monday - Sunday 5:00 - 9:30 p.m.

Now Serving Beer, Wine & Saki

92 E.Center Street  
 Moab, Utah 84532  
 Tel: 435-259-0039  
 Fax: 435-259-0005



**JAILHOUSE CAFE**  
 101 NORTH MAIN STREET

**Moab's Breakfast Place**

Now Serving Espresso!  
 Open 7 am to 12 Noon

"Good Enough for a Last Meal"

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. Private Clubs are a thing of the past. You can now go to a restaurant or a tavern (and without ordering food or buying a club membership) and order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab has two local wineries and two microbreweries. Eddie McStiff's Restaurant & Brew Pub, is Moab's Oldest and Original Brewery. They have 12 beers on tap and a hassle free bar where you can get a glass of wine or a cocktail or beer without ordering food or joining a club. The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.



Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

If you enjoy any of these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

Also new this year, two lounges have emerged. Vista Lounge at Buck's Grill and the Ghost Bar at Jeffrey's Steakhouse. Both locations have an upscale casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



**The Rio Sports Bar & Grill**  
 Affordable Drinks & Food!  
 Fully Stocked Bar  
 Serving Beer, Liquor and Wine  
 Largest Liquor Selection in Moab!  
 Weekly Bar Specials

Nightly Entertainment

**COLDEST BEER IN TOWN!**  
 The Locals Bar

1 Block West of Main on Center Street  
 259-6666 • www.theriomoab.com  
 OPEN EVERYDAY at 3PM

VISITORS WELCOME! Must be 21 years or older



Espresso  
 Coffee  
 Gelato

Smoothies  
 Cold Drinks  
 Chocolate

**Coffee Roasters**

Offering Fresh Coffee Roasted In-House and Locally Made Gelato  
 open 7 days a week 7:30am - 10:00pm  
 90 N. Main St., Moab, UT  
 259-2728



**The Branding Iron**  
 STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM  
 7 DAYS A WEEK

Featuring:  
 Prime Rib  
 BBQ Baby Backs  
 Broiled Steaks

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275  
 3 miles south of Moab • NOW OPEN!



Your Home Town  
**Pizza Hut**

265 South Main, Moab  
 Open Daily • 259-6345  
 Sunday - Thursday 11 am - 10:00 pm  
 Friday/Saturday 11:00 am - 11:00 pm  
 Pick-Up or Delivery Available


# RESTAURANT GUIDE





# RESTAURANT

**Celebrating 29 Years!**  
Spicing your Life since 1981



**LA HACIENDA RESTAURANT**  
Mexican American

OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER  
DAILY SPECIALS • VEGETARIAN FRIENDLY

574 NORTH MAIN • MOAB, UTAH • 435-259-6319  
State Liquor Licensee

**COWBOY GRILL**  
MOAB, UT



- BUFFET BREAKFAST
- BUFFET BBQ LUNCH
- FULL MENU PATIO DINNER

**RIVERFRONT PATIO DINING**

16 Miles east of Moab on Hwy 128  
435-259-2002 • 866-812-2002

**EKLECTiCAFE**



Carnivores,  
Herbivores,  
Omnivores!  
Vegetarian  
Friendly

**Breakfast • Lunch**

"Best Desert Oasis" Salt Lake City Magazine

HOURS  
7 Days A Week 7:00am-2:30pm  
352 North Main, Moab • 435-259-6896

**PARADOX PIZZA**  
MOAB UTAH



EAST COAST STYLE, STRAIGHT FROM MOAB  
**WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES!** HOMEMADE SOUPS, BREADS & DESSERTS

702 SOUTH MAIN ST. 435-259-9999  
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

**Bar M Chuckwagon**  
7000 North Highway 191 259-BAR-M(2276)  
Dinner  
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**Branding Iron Bar & Grill**  
2971 South Highway 191 259-6275  
Dinner at 5pm  
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

**Buck's Grill House & Vista Lounge**  
1393 North Highway 191 259-5201  
Dinner  
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

**Burger King**  
606 South Main 259-2700

**Cassano's Italian Restaurant**  
11 East 100 North 259-6018  
Open daily 3:00 p.m. - close  
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

**City Market**  
425 S. Main 259-5181

**Cowboy Grill at Red Cliffs Resort**  
16 Miles up Highway 128 259-2002  
Lunch • Dinner  
Breakfast Buffet 6:30 - 9:30 Sat & Sun only  
RIVERFRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Denny's**  
989 North Highway 191 259-8839  
Breakfast • Lunch • Dinner  
**MOAB'S ONLY 24-HOUR RESTAURANT.** Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

**Desert Bistro**  
1266 N Hwy 191 at Moab Springs Ranch 259-0756  
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

**Eddie McStiff's Restaurant & Brew Pub**  
57 South Main Street 259-BEER  
Lunch • 11:30 a.m. Daily  
Dinner • 4:30 p.m. Nightly  
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels.

**EklectiCafe**  
352 North Main Street 259-6896  
Breakfast • Lunch  
Open 7 days a week 7:00 a.m. - 2:30 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

**Fiesta Mexicana**  
202 South Main Street 259-4366  
Sun - Thur 11am - 10pm, Fri & Sat 11 am - 11pm  
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Large groups are welcome. Children's menu. Patio Seating. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$5.95. Full bar.

**Frankie D's Bar & Grill**  
44 West 200 North 259-2654

**Hogi - Yogi**  
396 South Main (next to Teriyaki Stix) 259-2656  
Lunch • Dinner Open Daily  
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

**Jailhouse Cafe**  
101 North Main Street 259-3900  
Breakfast  
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts. Now Serving Espresso!

**Jeffrey's Steakhouse**  
218 North 100 West 435-259-3588  
Open at 5:00pm  
Sunday Brunch 10am  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor License. Patio Dining. www.jeffreyssteakhouse.com

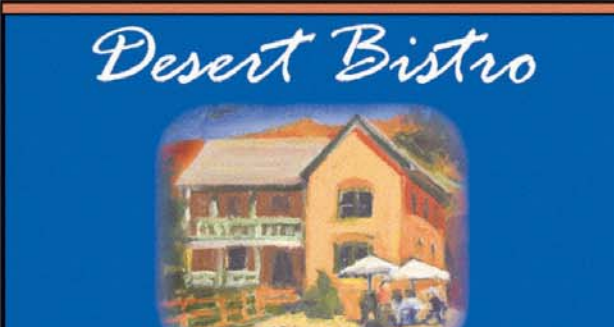
**La Hacienda**  
574 North Main 259-6319  
Lunch • Dinner - Open daily 11:00 a.m.  
CELEBRATING 29 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
817 So Main (inside the Moab Chevron) 259-2212  
Deli Open 6 a.m. - 8 p.m.  
Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

**Love Muffin Café**  
139 North Main 259-6833  
Breakfast and Lunch  
Open every day from 7 a.m. - 2 p.m.  
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

**McDonald's**  
640 South Main 259-8800

**Desert Bistro**



Casual Fine Dining  
Contemporary Southwestern Cuisine  
Located in the Historic Ranch House  
at Moab Springs Ranch

1266 N Hwy 191 • 259-0756  
STATE LIQUOR LICENSEE

Open Everyday 7am-5pm Mon-Sat 7am-3pm Sun



**RED ROCK BAKERY**  
A Quality Scratch Bakery with fast, friendly service.  
Internet Café • Dine-in or Take-Out  
Now Serving Organic Fresh Moab Coffee  
74 South Main • Moab, UT 84532 • 435-259-5941

For more information about these restaurants pick up a "Moab





# GUIDE

**Mi Ranchito Mexicano**  
812 South Main Street, Suite B 259-0550  
Breakfast • Lunch • Dinner

**Mon to Fri 8 am - 11pm Sat 10 am - 11pm Sun 10 am - 9pm** 10 lunch specials to choose from. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch pick-up.

**Miguel's Baja Grill**  
51 North Main 259-6546  
Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
400 East and Millcreek Drive 259-7424  
Lunch • Dinner

**Open Daily 11am - 8pm**  
A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. **Daily Specials** Website is [www.milststopandeat.com](http://www.milststopandeat.com)

**Moab Brewery**  
686 South Main 259-6333  
Lunch & Dinner

**Open 11:30 AM DAILY.** Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**Moab Coffee Roasters**  
90 N. Main St. 259-2728  
7 days a week 7:30am - 10:00pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

**Moab's Daily Grind**  
1146 South Hwy 191 #B 259-1115  
Mon-Sun: 6 a.m. - 2 p.m.

**FAST, FRIENDLY & AFFORDABLE** Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

**Moab Diner & Ice Cream Shoppe**  
189 South Main 259-4006

**Pancake Haus**  
196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**  
98 East Center 259-0200

**Paradox Pizza**  
702 South Main St 259-9999  
Lunch • Dinner

**Open daily 11 a.m. - 10:00 p.m.**  
At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at [www.paradoxpizza.com](http://www.paradoxpizza.com).

**Pasta Jay's**  
4 South Main 259-2900

**Pizza Hut**  
265 South Main 259-6345  
Lunch • Dinner

**Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.**  
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. **OPEN EVERY DAY**

**Red Rock Bakery & Net Cafe**  
74 S. Main Street 259-5941  
Breakfast • Lunch

**Open 7am-5pm Mon-Sat and 7am-3pm Sunday.** Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. **Moab's original high speed Internet Access. OPEN EVERY DAY.**

**The Rio Sports Bar & Grill**  
1 block west of Main on Center 259-6666  
Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. Visitors welcome, 21 years and older. **OPEN EVERY DAY AT 3:00PM**

**Singha: Authentic Thai Cuisine**  
92 East Center 259-0039  
Lunch • Dinner

**Lunch: Mon-Sat 11a.m.-3 p.m. Dinner: Mon-Sun 5 p.m.-9:30 p.m.**

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**  
5 North Main 259-8004  
Lunch • Dinner

**Open daily 11:00 a.m. - close**  
Steaks, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Ice cold beer. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

**Smitty's Golden Steak**  
540 South Main 259-4848  
Breakfast • Lunch • Dinner

**Open 6am-9 pm 7 days a week**  
Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

**Sorrel River Grill**  
17 Miles Northeast on Scenic Hwy 128 259-4642

**SUBWAY Sandwich Shop**  
299 South Main 259-SUBS  
Breakfast • Lunch • Dinner

**Open 8 a.m. everyday**  
**NOW SERVING BREAKFAST UNTIL 11 AM!** Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**  
900 North Highway 191 259-7146  
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. **Open 5:00 daily. CLOSED SUNDAYS.** State Liquor Licensee.

**Szechuan Restaurant**  
125 North Main 259-8984

**Teriyaki Stix**  
396 South Main, Next to Hogi-Yogi 259-2656  
Lunch • Dinner

Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. **Open 7 days a week.** Located across from City Market. 640 South Main 259-8800

**Wake and Bake Cafe**  
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# RESTAURANT GUIDE



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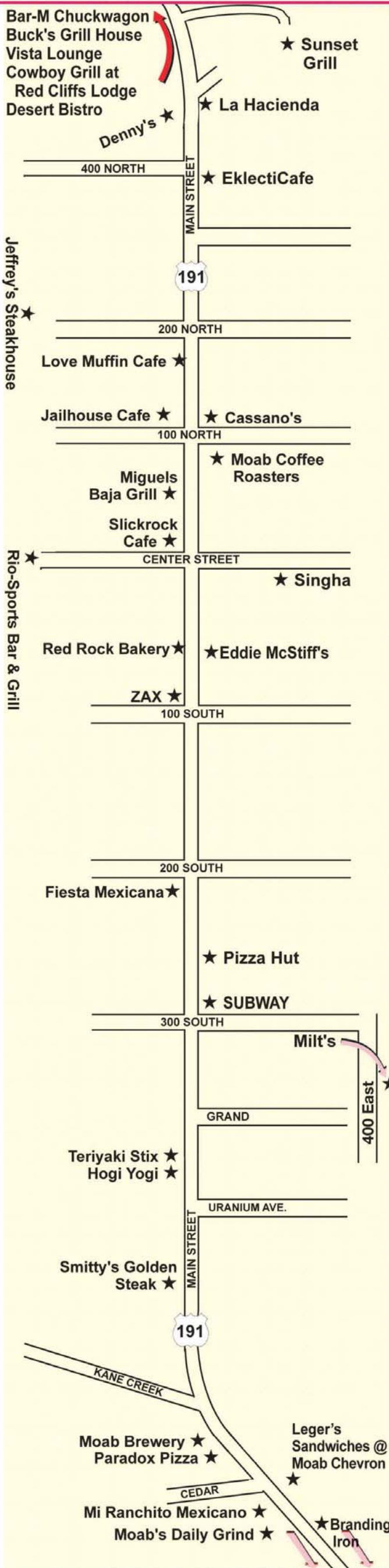
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# RESTAURANT GUIDE

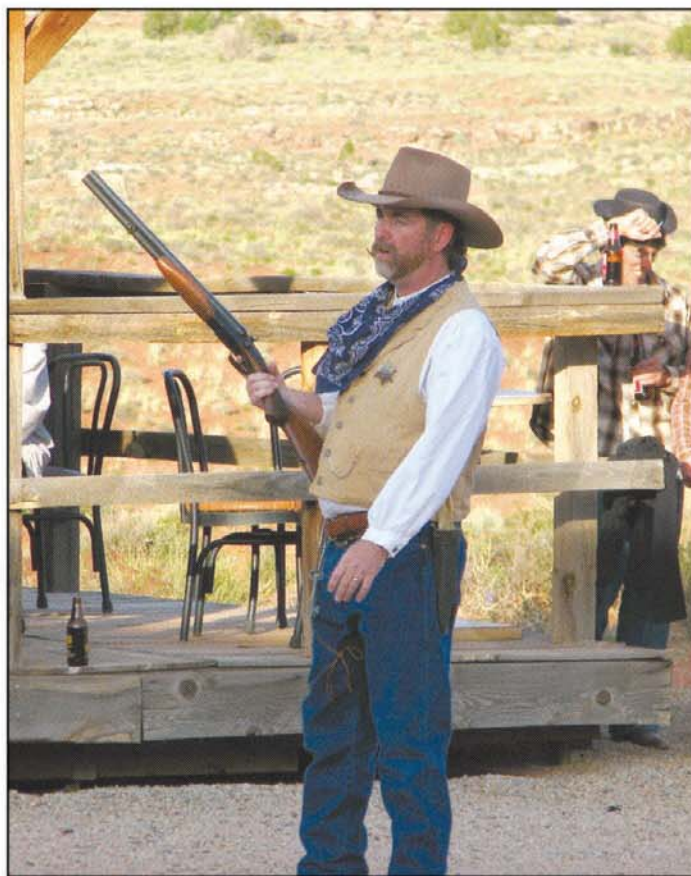


# COWBOY HAPPENINGS

## Head 'em up and Move 'em out to the Bar-M Chuckwagon's Live Western Show & Cowboy Supper



Park on Highway 191, pick up your tickets at "Doc's Medicine Wagon" in the parking area, and then head down the trail to the "Bar-M town." Don't forget to pay your respects at "Boot Hill" along the way. The ticket booth and grounds open at 6:30 PM. Arrive early enough to belly up to the Saloon for a cold one and browse through the Primrose Emporium full of western souvenirs and more.



The Sheriff's on the scene!

What is the Bar M Chuckwagon? The Bar M Chuckwagon is Moab's own unique western dinner theater. It's a fun, family-oriented, evening activity that is set in an "old west town" just outside Arches National Park. More than a hearty meal, the Bar-M Chuckwagon is great experience for folks of all ages and features a wild-west gunfight, a delicious cowboy supper and a professional western music and comedy show featuring the "Bar-M Wranglers."



Outlaws in a gunfight!

The wild and wacky gunfight begins around 7:00! After the smoke clears, everyone enters the large barn-style dining hall to get ready for the cowboy supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail-style on metal plates and cups. You get a choice of sliced roast beef in barbecue sauce or barbecue chicken served with baked pinto beans, baked potato, cinnamon applesauce, buttermilk biscuits, and spice cake. Cowboy coffee, lemonade and iced tea are included and there's seconds as well. A vegetarian meal is available with advance notice.

Back In the old west, the "chuck" or food wagon was an essential part of any cattle drive. It carried all of the supplies and food the cowboy's would need during their journey. The camp cook (or "cookie") would prepare and serve all of the cowboy's meals from the chuck wagon. After the evening meal, cowboys would sing songs around the campfire to pass the time and calm the cattle for the night. The concept for the modern chuck wagon restaurant sprung out of these traditions. At the Bar M Chuckwagon you can leave your cares behind, go back in time and re-live the days of the American cowboy!



Right after supper, the "Bar-M Wranglers" take the stage and perform an authentic, high-energy, professional western stage show full of fabulous vocals, thrilling instrumentals, ranch-style humor and audience participation. The "Wranglers" are Alan and Valerie Brown, Clay Maxam, and David Steward.



Two members of the "Bar-M Wranglers" are your hosts and owners of the Bar-M Chuckwagon, Alan Brown and Valerie Hunt Brown. Alan and Valerie both sing, yodel and play several musical instruments. Valerie an Alan met and married in Nashville, Tennessee. Originally from Salt Lake City, Valerie was a recording artist on MCA Records with the music/comedy trio "Ethel & the Shameless Hussies." Alan is a singer/song writer and is also the camp cook. Originally from Illinois, he toured with the internationally famous group "Up With People." In 1992, Alan and Valerie moved from Nashville to Moab and took over the Bar-M Chuckwagon.

Originally from New Jersey, singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing and vocals for the "Bar-M Wranglers" and has lived in Moab for 23 years. He also does vocal arrangements for the group. Dave has a CD of original music called "Wild West Heart" and also a CD of classic cowboy songs called "Call of the Canyon."

The Bar-M Chuckwagon's season runs April through mid October. Dates vary with the season, please call for schedule. There is year-round availability for special events. Admission price includes dinner, live western show, games, gunfights, and gratuity: \$26.95 for adults, children four to twelve years old are half price and kids three and under are free. Call 259-BAR-M (2276) for reservations or visit their website at [www.barmchuckwagon.com](http://www.barmchuckwagon.com). Call today and Join the Fun!

Clay Maxam hails from the northwestern United States and now resides in Moab with his wife Judy. Clay shines on the intricate pedal steel guitar and also plays dobro in the Bar-M show. He is an integral part of the Bar-M operation and is featured nightly in the shootout.



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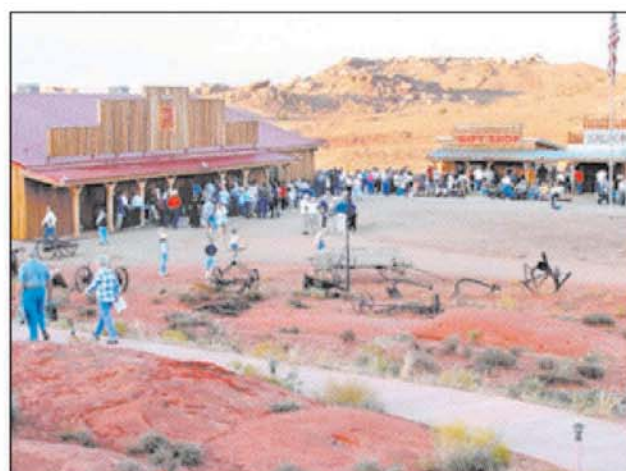
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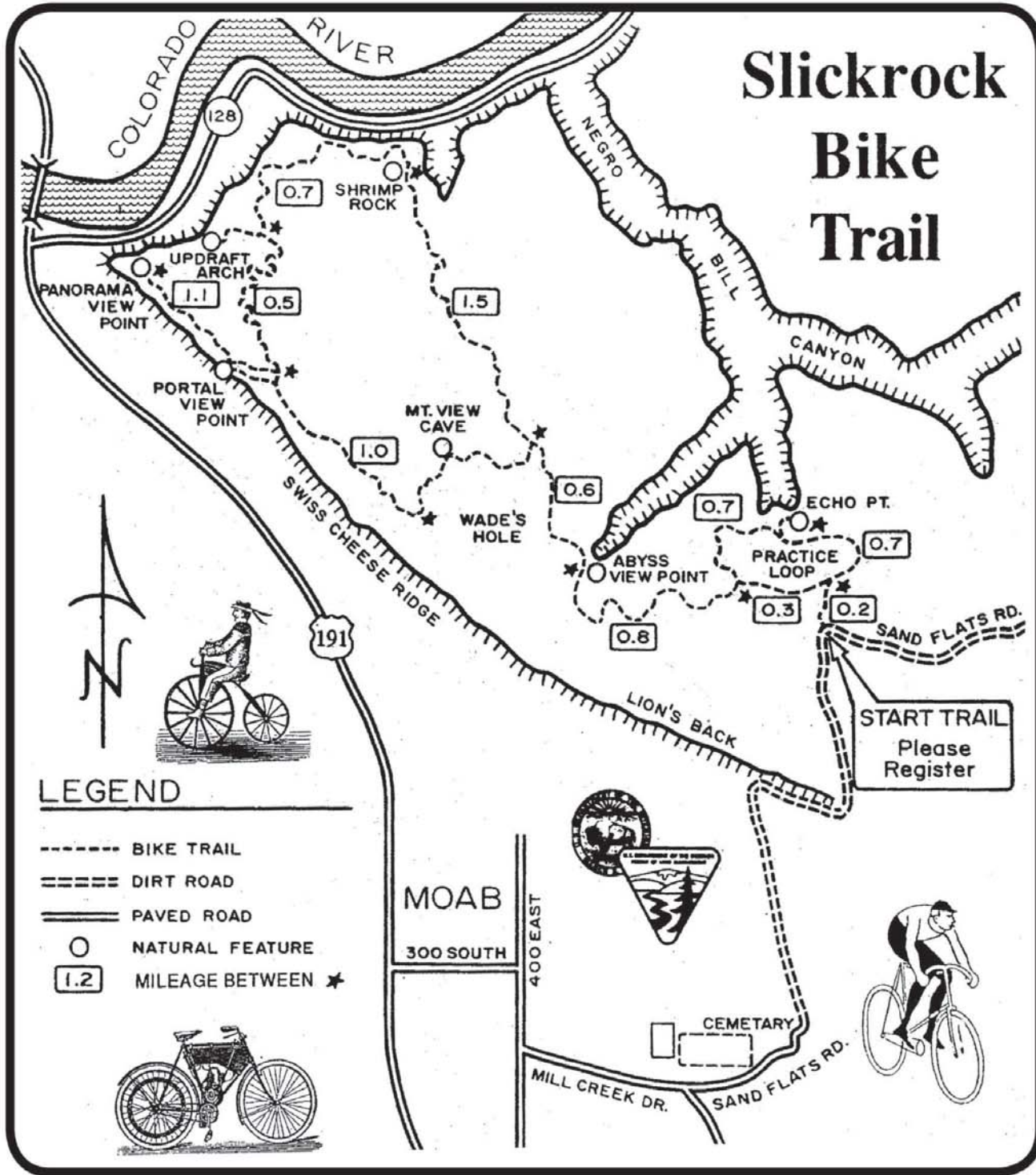
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# MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

## Mountain Biking Mecca

• **MOAB CENTURY TOUR September 17-19, 2010** - This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE September 30 - October 3, 2010** - Outerbike is a consumer demo event for both road and mountain bikes. Exhibitors include: Cannondale, Fox, Ibis, Kona, Marin, Maverick, Pivot, Rocky Mountain, Santa Cruz, Specialized, Trek, Turner, and Yeti. There will be three different trailheads to give participants a chance to ride short and medium loops of all types. It is an opportunity to ride your dream bike on a world famous trail. Participants will receive demos for all four days of the event, lunch at the trailheads, and discounted tickets to evening parties and films. The Registration fee for the four day event is \$150. Proceeds will go to both IMBA and the Moab Trails Alliance. Sign up at [outerbike.com](http://outerbike.com).

• **24 HOURS OF MOAB October 9 & 10, 2010** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **CHILE HO-DOWN October 29, 30, 31, 2010** - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!!

• **SKINNY TIRE FESTIVAL March 11-14, 2011** - Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient puebloans petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

• **2<sup>ND</sup> ANNUAL GRAN FONDO MOAB May 14, 2011** - The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

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# TRAIL HAPPENINGS

## The White Rim Trail – Canyonlands National Park

by Kirstin Peterson

Since my first visit to Moab in 1989 the White Rim Trail has held mythical status for me. I originally heard of this remote place, perfect for a multi-day bike ride, from friends who knew the area better than I. We'd try to spot the actual rim of white sandstone from high points near Moab to pinpoint where exactly this magical area was, lost in the vastness of the red rock wilderness south of town. 21 years later I've ridden the familiar terrain many times and the allure remains.

Located in the Island in the Sky district of Canyonlands National Park, the White Rim Trail is not your everyday bike ride. It is best enjoyed for a minimum of 3 days with 4 days making a pretty perfect tour with time to bike the trail and time to soak in the scenery or hike some of the many side canyons. Of course this means some advance planning for a support vehicle to haul food, water and gear, but this is all part of the adventure. A permit must be obtained from the park service for a designated camp site prior to your trip. Reserve well in advance for this popular trail.

The White Rim Trail follows a 4 wheel drive road that begins or ends on the Shafer Trail or Mineral Bottom roads that each drop steeply off the island plateau before leveling off to the White Rim bench layer of sandstone aptly named "White Rim" for this very locale. Along the route are campsites with pit toilets and nothing else except spectacular views in every direction and endless exploring to do by foot.

As you ride the trail from campsite to campsite, traveling on your bike is the key to leaving the world behind and baring your soul to the elements to feel, smell, taste and hear the silence that will surround you much of your time here. A lot of the terrain is moderate and rolling, though challenges await in the form of steep rocky climbs and descents to test the mettle of the most experienced mountain biker. All of these tough spots are easily walked through and some may linger in your mind as goals for your return trip. "Next time I'll ride the entire Murphy's Hogback climb without stopping" is a phrase I've heard before both from my own lips and from others as we gasp for breath on this bear of a hill climb.

The trail is fun traveling in either direction and each way offers a big climb at the very end to ascend out of the canyons back up to the plateau. Highlights along the way include

a hike from the White Crack campsite at the southern most end of the White Rim. Look for shrimp life in the potholes if it has rained recently! Find the "Black Crack" which offers great views of Turk's Head Butte across the Green River. This joint crack in the White Rim is fascinating. For the adventurous, a short hike into Holeman Slot Canyon across from the Wilhite Trail is a must do. Be prepared for potholes and mud if it has rained and make sure you know your way out before dropping too far in. (There is a fairly easy scramble out up a crack near the end of the hike). Take the time to walk out on the rim, lay yourself down near the edge and simply look into the canyons below. And always remember to keep your bike on the roadway and don't ride over the slickrock sections unless you are on the trail. We want to preserve the area for future travelers and not put down tracks off the road for others to follow.

You may elect to arrange your own trip, but many folks choose to take a fully guided & catered tour of the White Rim Trail where all the planning is taken care of by the experts

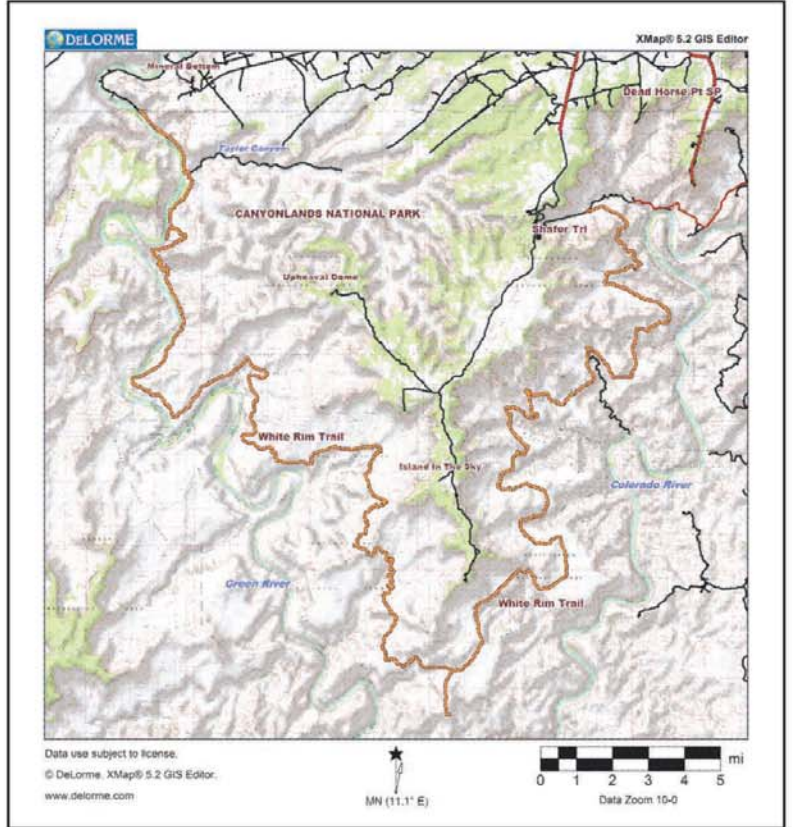


photo courtesy of Rim Tours



photo courtesy of Rim Tours

and you basically just need to show up with some personal gear. There are 5 tour companies permitted to provide this service. Some hard core bikers ride the trail in 1 day and though you miss a lot when your focus is on speed rather than scenery, you are still immersed in this landscape for 8-12 hours on your saddle which is nothing to scoff at. Any way you approach the White Rim, the experience is worth it. You'll encounter an adventure in a beautiful, remote place, perfect for rejuvenating your spirit and appreciation of the opportunity to ride and explore our natural world.

For further information and permits contact [www.nps.gov/cany/](http://www.nps.gov/cany/). Click on Plan Your Visit / Things to Do / Places to Go / Island in the Sky and White

Rim Trail. For visitor information call 435-719-2313. The campsite reservations office is 435-259-4351.

Author Kirstin Peterson, is an active member of the Grand County Trail Mix Non-Motorized Committee acting as the group's skiing representative and bike trail advocate.

Trail Mix is an advisory committee to Grand County in the development and maintenance of non motorized trails. The committee represents non motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tuesday of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at [www.grandcountyutah.net/trailmix/](http://www.grandcountyutah.net/trailmix/). You may also reach us at [moabtrailmixinfo@gmail.com](mailto:moabtrailmixinfo@gmail.com).





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# MORE BIKE HAPPENINGS

## 2010 Moab Century Tour

It's that time of year when roadways become a sea of spandex with brightly colored cyclists touring the Moab area on road bikes. The Moab Century Tour kicks off Friday September 17th offering a weekend of two wheeled touring for locals and visitors. A thousand people will depart from Archway Inn Hotel Saturday morning to ride scenic Highway 128 and the La Sal Loop road.

The ride over the LaSal Loop is a climb worthy of a cycling resume. With a small but mighty section gaining 3,000 feet in only seven miles and nicknamed "the Big Nasty", it offers a level of accomplishment rarely felt at other century rides. The rewards are immeasurable with soul stopping views of Castle Valley on the descent. Cyclists choosing the milder rolling routes travel picturesque Highway 128 avoiding the climb—soaking in the landscape of the towering redrock canyon walls and the mighty Colorado River.

But perhaps it's not the ride that brings these cyclists back year after year. Speak with a few of these friendly, brightly clad roadies and you'll begin to hear an unusual word being used to describe this cycling event; Inspiration. It seems that the accomplishment of conquering "the Big Nasty" encourages those going through some of the toughest times in their lives, cancer treatment.

"I have been with this tour from the beginning; we have never missed a year, but this time will be different", says Pamela Boyd. Recently diagnosed with cancer she adds "this year will mean more to me and my family as they come to support me." Special scheduling with her doctors was required so she'd receive cancer treatment a full week before the Moab Century Tour. She adds "This will be the ride of my life and the toughest but we will be there with a smile and bells on our toes and ready for the BIG NASTY!"

Team in Training, the world's largest sports endurance-training program, is bringing 154 riders who use this event to raise funds for the Leukemia & Lymphoma Society. "In addition to what Team in Training accomplishes, we donate event proceeds locally to the Moab Cancer Treatment and Resource Center", says Event Director and Moab resident Mark Griffith. "Cancer seems to touch everyone eventually; if we can create an event where people feel inspired to live life more fully in spite of challenges, we say job well done".

Locals are encouraged to ride and can get discounts for volunteering (volunteers@skinnytireevents.com). Route options vary from 42 to 100 miles. The event is a collaboration among sponsoring Moab businesses and local cyclists. Check website for more information, www.skinnytireevents.com or call 259-3193.



**REGISTER NOW!**

**FREE CYCLING E-NEWSLETTER  
SIGN UP ON OUR WEBSITE**

**Sept 17-19, 2010 Moab Century Tour**

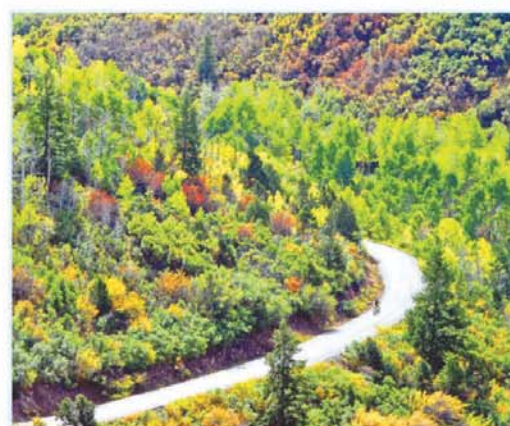
Four routes with various degrees of difficulty and mileage from a rolling cruise to an out-of-category climb, this event has routes for everyone.

**March 11-14, 2011 Skinny Tire Festival**

Cycling season's opening event. Three days of world class routes including Arches National Park; Weekend filled with off-bike activities.

**SkinnyTireEvents.com 435.259.3193**

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### Moab Century Tour Weekend Schedule:

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3:00pm Warm Up Rides from Moab -  
Watch for cyclists on Hwy 279, River Portal Road (Potash)

**Saturday, September 18:**  
7:00am Ride Start with escort by law enforcement  
Moab and Castle Valley residents please be aware of cyclists on Hwy 128, the La Sal Loop, and Hwy 191/Main  
Noon-4:00pm Event Celebration at Aarchway Inn

**Sunday, September 21:**  
8:30-9:30am Yoga  
10:00am Recovery Ride -  
Watch for cyclists on Hwy 279, River Portal Road (Potash)



# SKY HAPPENINGS

## The Sky for September 2010

By Faylene Roth

### SEPTEMBER SUNRISE AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	6:48am	7:48pm
2	6:48am	7:47pm
3	6:49am	7:45pm
4	6:50am	7:44pm
5	6:51am	7:42pm
6	6:52am	7:40pm
7	6:53am	7:39pm
8	6:54am	7:37pm
9	6:55am	7:36pm
10	6:55am	7:34pm
11	6:56am	7:33pm
12	6:57am	7:31pm
13	6:58am	7:29pm
14	6:59am	7:28pm
15	7:00am	7:26pm
16	7:01am	7:25pm
17	7:02am	7:23pm
18	7:02am	7:21pm
19	7:03am	7:20pm
20	7:04am	7:18pm
21	7:05am	7:17pm
22	7:06am	7:15pm
23	7:07am	7:14pm
24	7:08am	7:12pm
25	7:09am	7:10pm
26	7:10am	7:09pm
27	7:10am	7:07pm
28	7:11am	7:06pm
29	7:12am	7:04pm
30	7:13am	7:02pm

The lone star above the southern horizon is Fomalhaut--"mouth of the fish." This 1st magnitude star, part of a faint constellation called Pisces Austrinus, passes directly over Argentina, South Africa, and Australia at -30 degrees South latitude.

### MAJOR CONSTELLATIONS OF SEPTEMBER

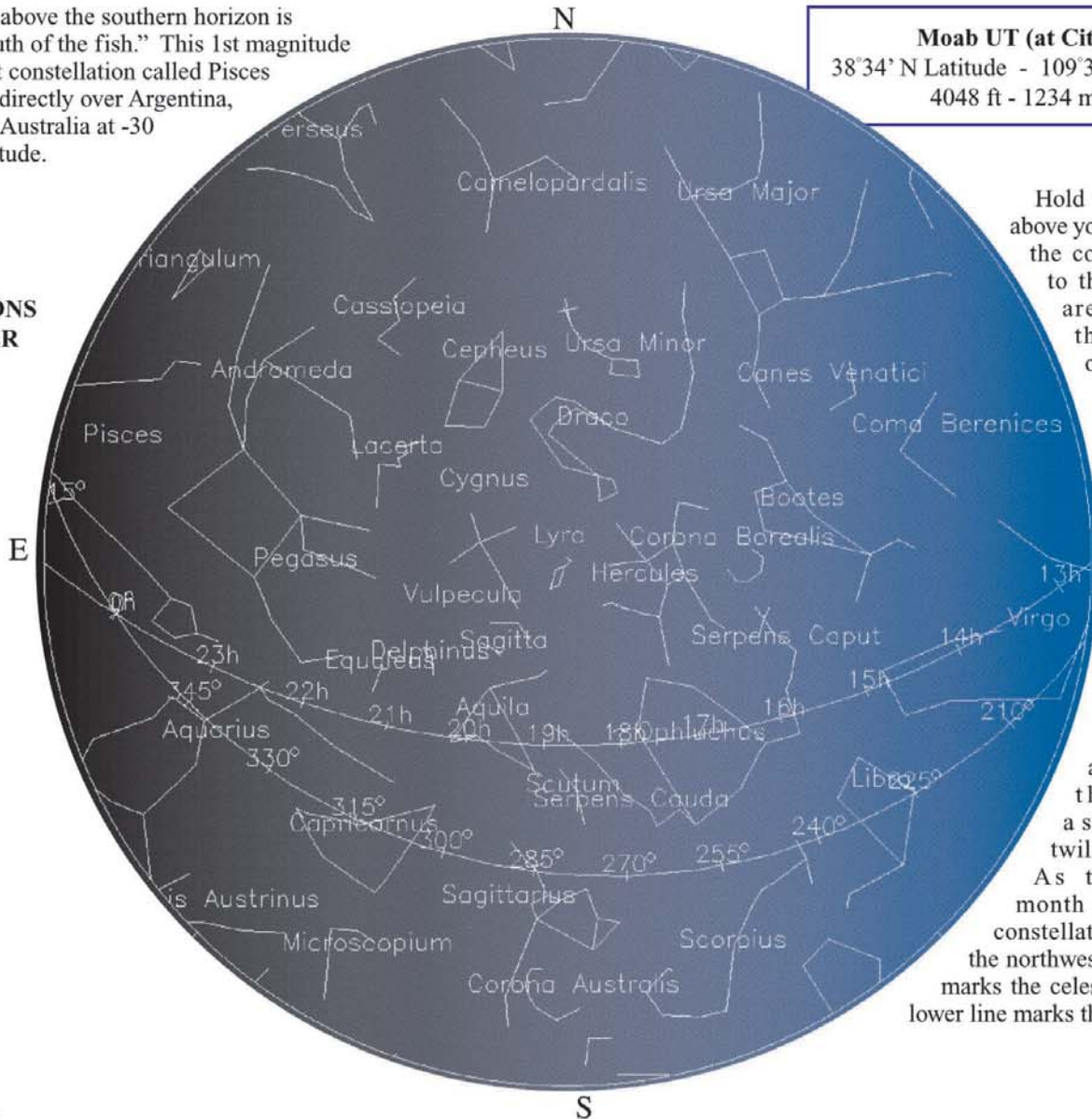
**Overhead**  
Aquila  
Cygnus  
Lyra

**Northward**  
Cassiopeia  
Cepheus  
Draco  
Ursa Major  
Ursa Minor

**Eastward**  
Andromeda  
Aquarius  
Pegasus  
Perseus  
Pisces

**Southward**  
Capricornus  
Sagittarius  
Scorpius

**Westward**  
Bootes  
Corona Borealis  
Hercules  
Libra  
Ophiucus



**Moab UT (at City Hall)**  
38°34' N Latitude - 109°33' W Longitude  
4048 ft - 1234 m Elevation

Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The center line marks the celestial equator. The lower line marks the ecliptic.

of the Great Square, another asterism, is about 15 degrees.) The two long, slightly bent lines that extend northward form the constellation Andromeda. The Andromeda Galaxy is visible nearby with the unaided eye. On the lower, slightly brighter line, count two stars away from the corner of Pegasus (not quite 15 degrees). Find the two stars that form a right angle upward from this point. The galaxy appears as a faint blur a bit more than five degrees along this line. A line from the star that joins the handle to the dipper in Ursa Major through Polaris (North Star) leads to Cassiopeia (Ethiopian queen). Cassiopeia is the lazy W in the northeastern sky. Extend a line about 25 degrees from the lower of the two southernmost stars of the W to the crown of Cepheus (Ethiopian king). With your thumb on Cassiopeia, the fingers of your outstretched hand should cover the square of Cepheus's crown. Continue twenty-five degrees further to find the triangular head of Draco, the dragon. (Vega is ten degrees east.) Follow its tail back towards Cepheus where it bends and wraps around Ursa Minor and down between it and Ursa Major.

### METEOR ACTIVITY

Several minimal meteor showers occur this month, but none produce a reliable quantity of meteors. Sporadic meteor sightings, however, are common in September. These meteors originate from debris left over from interplanetary collisions within our solar system rather than comet debris. They may vary in size, color, and speed and may appear in any region of the sky. Large fireballs and exploding bolides are often associated with sporadic meteors. Meteorite landings are another possibility, since no meteorite has ever been traced to a comet-spawned meteor shower.

### LOCAL STAR COUNT

Join Red Rock Astronomers at Old City Park on Sunday, September 12, at 8:30pm for a tour of the night sky and telescope viewing. Meet at the southwest corner of the park below the bandstand and the duck pond. Bring a chair or blanket for easy viewing. Sponsored by WabiSabi. All ages are welcome. For information call 259-4743 or 259-3313.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

### VISIBLE PLANETS

**Jupiter** - Watch for Jupiter as it rises in the early evening twilight in Pisces. It brightens this month as it approaches opposition on September 21. On that day it rises at 7:15pm on the eastern side of the earth as the sun sets at 7:17pm on the western side. This year's opposition produces the brightest manifestation of Jupiter in its current 11.8 year orbit of the sun. (Magnitude -2.9)

**Mars** - Find a good view of the southwest horizon for a glimpse of the retreating red planet. Early in the month Mars is above Venus, both in Virgo. Mars continues its rapid orbital pace eastward and enters Libra during the last week of the month. (Magnitude +1.5)

**Saturn** - The bright yellow planet of the western sky settles lower towards the horizon each evening. It remains in Virgo. By mid-month it is too close to the sun to be visible. Saturn returns to view in late October's morning sky. (Magnitude +0.4)

**Uranus** - Look for a blue-green point of light to the west of Jupiter. September 17-19 the two planets appear one degree apart. Around midnight they are due south, in Pisces. Uranus reaches its own opposition just five hours after the opposition of Jupiter on the night of September 21. (Magnitude +5.7)

**Venus** - Look for a line low on the southwestern horizon on September 1 formed by Venus and Spica (Virgo) about one degree apart, with Mars three degrees from Spica. On September 23 Venus peaks in brightness as it moves from Virgo to Libra. A telescope reveals that the planet is in its crescent phase. (Magnitude -4.5)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

### MOON HAPPENINGS

- September 2 - Last Quarter Moon rises at 12:06am
- September 7 - New Moon occurs at 4:30am
- September 16 - First Quarter Moon sets at 12:38am
- September 23 - Full Moon rises at 7:04pm

(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### AUTUMNAL EQUINOX

Summer relinquishes its hold on the northern hemisphere at 9:09pm, September 22. At that moment the sun's apparent pathway through the sky crosses the equator and moves into the southern hemisphere. In celestial terms, the autumnal equinox marks the moment when the ecliptic crosses the celestial equator. (This point occurs in Virgo.) The tilt of the earth's axis is perpendicular to the sun's rays shining on the earth's equator. Day and night are equal in length. That is not, however, what we observe, as noted in the Sunrise/Sunset table. Due to refraction, the sun is visible while still below the horizon. Our atmosphere causes light waves to bend around the curvature of the earth. It is not until September 25 that we perceive day and night to be of equal length; by then, the days will actually be shorter.

### FINDING CONSTELLATIONS IN THE NIGHT SKY

The three brightest stars overhead form the Summer Triangle. It's an asterism, not a constellation. Asterisms are identifiable shapes within or between constellations—like the Big Dipper (Plough or Wagon) in Ursa Major. The brightest of the stars, Vega, is in Lyra, the harp. Twenty degrees east of Vega is Deneb, which marks the tale of Cygnus, the swan. (Use the distance guide at the end of the page to estimate distance across the sky.) The southernmost star of the Triangle is Altair, the heart of Aquila, the eagle. Altair is 35 degrees below both Vega and Deneb. Hercules can be found between Vega and Arcturus (brightest star in the eastern sky at the base of Bootes). Hercules is the large, but faint, trapezoid a bit more than ten degrees west of Vega. His legs and arms extend from each corner of the trapezoid. To its right is the Corona Borealis, shaped like the letter C. Andromeda trails from the northeast corner of the Great Square of Pegasus, the flying horse. (Each side



# MUSEUM HAPPENINGS

## Edge of the Cedars Features Dave Manley Exhibit

by Dave Ohman

"It was August 1986, when I landed a job in Aspen on a stonemasonry crew and worked my way into an apprenticeship with an Old World mason. By age 25, I became a journeyman. In 1993, I moved to the Durango area where, for the next 22 years, I established a reputation as an accomplished stonemason. I've had my own business for 14 years.



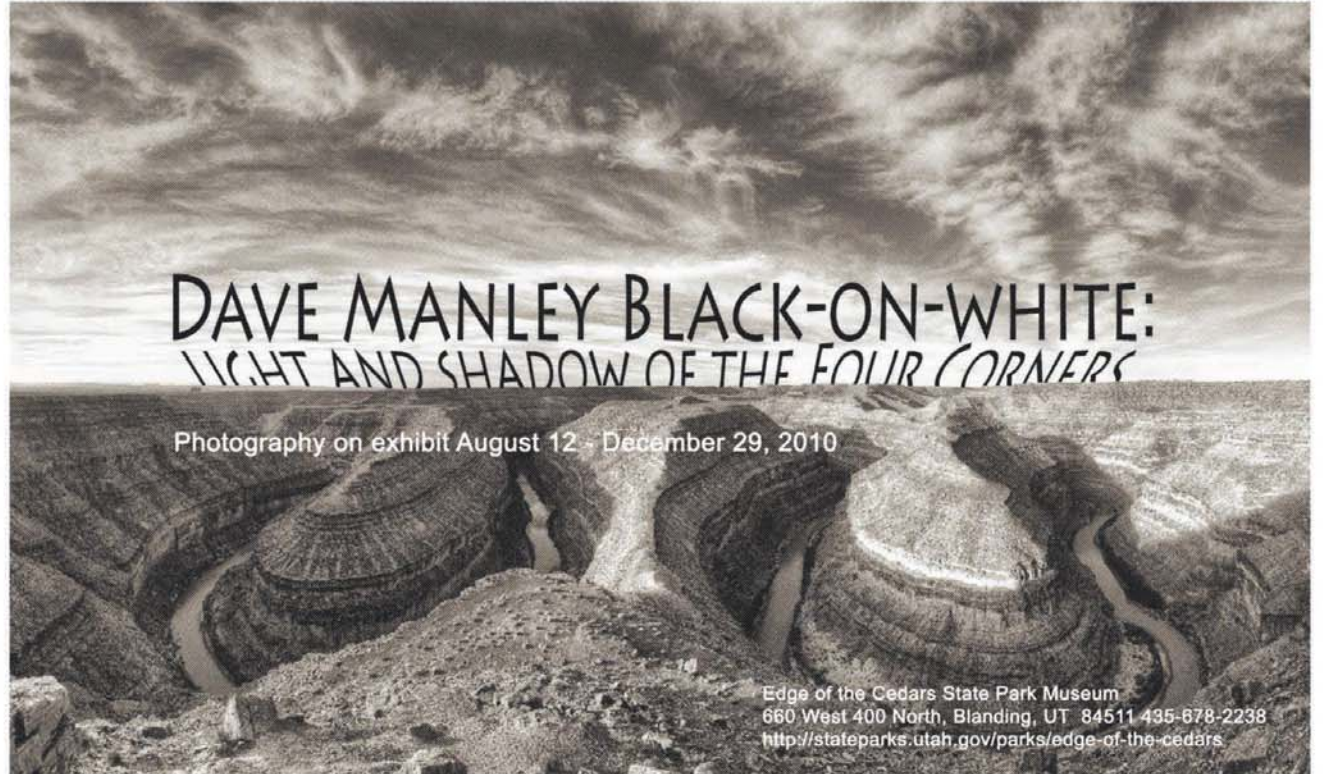
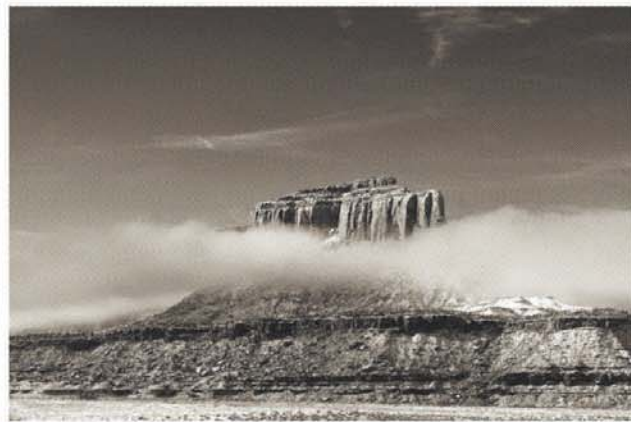
"In 2004, while living in Silverton, Colo., I bought my first camera to document my job sites. One day a coworker suggested I include the camera in my pack while hiking in the local mountains and passes. Six years later I still think about how that simple suggestion changed the course of my life."

It is no coincidence that Dave Manley finds himself creating images interpreting

his own vision of the landscapes, stone craft and rock art of ancient Native American cultures of the Southwest.

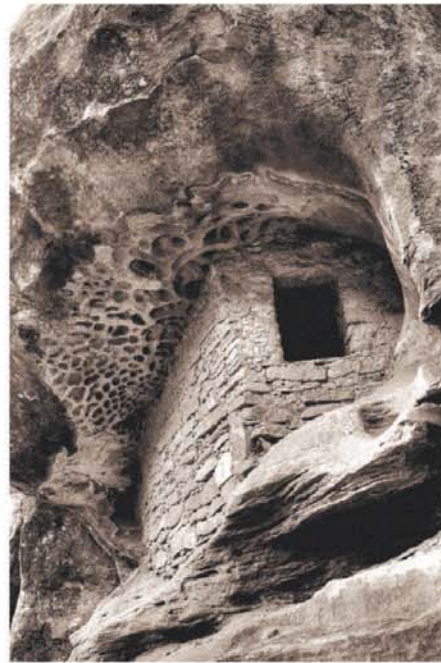
Though the content of Dave's images reflect ancient cultures, his vision is contemporary, giving us a real sense of the people as they lived so long ago. Each image is a testament to his reverence for the land, the people and their art and architecture. And it's in these amazing photographs that we feel the richness of color, form and texture left behind by these ancient cultures.

What is the genesis of this energy and vision?



"I love being outdoors and exploring what I have yet to find. I remember on our early family vacations, when my parents would stop somewhere along a lonely roadside. I would immediately get out of the car to see what was beyond the hill. My earliest inspiration no doubt began in our backyard, a five-acre field that was a floodway for a creek that ran behind the house. That field implored me to see what was around the corner, or over the hill.

"I made my first trip to Moab in March 1986 and it was love at first sight. That first view of Fisher Towers with the snow capped La Sals in the background was a sight I'll remember forever. Over the past 24 years, I've spent countless days hiking and biking in and around the canyons of the Colorado Plateau and I'm still



in awe of the endless beauty around every corner.

"Three years ago, I turned my camera lens toward the abandoned 1000 year-old dwellings and the landscapes in which they reside. That interest quickly included the rock art found amongst the ruins and I soon wondered who these people were and what were their lives like."

Last year, Dave had his first photography show at Edge of the Cedars State Park Museum featuring rock art of the Colorado Plateau. This was soon followed by a show at Dead Horse Point. The director of Edge of the Cedars asked him to create an exhibition of black and white photography for 2010. Such is the current exhibition which will be on display until December 29, 2010.

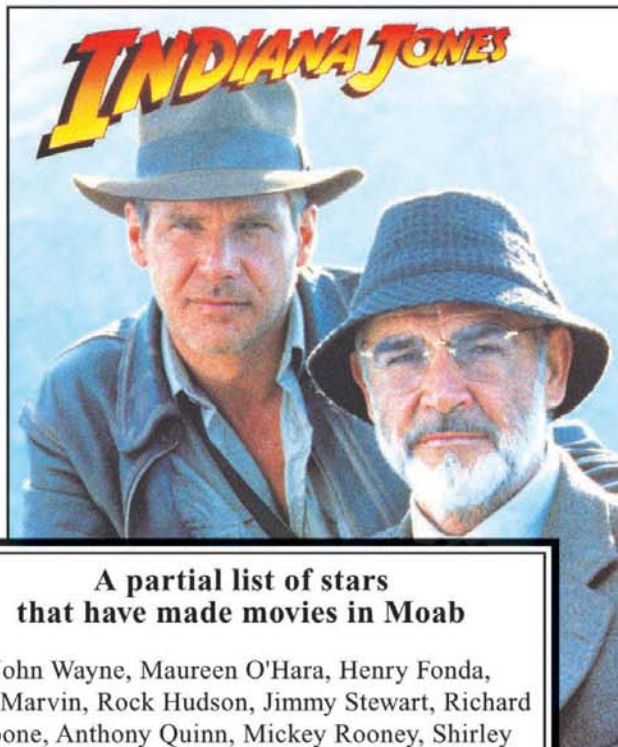
## Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

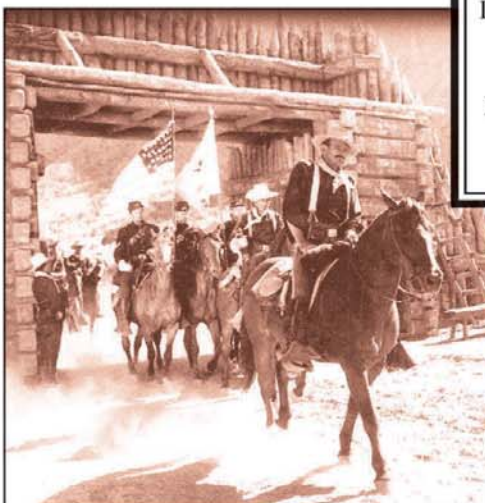
In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



### A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



## Museum of Moab

This regional museum tells the story of Moab and Grand County's past, from prehistoric and Ute Indian artifacts to the explorations of Spanish missionaries. Photos and artifacts show pioneer Moab life, much of which centered around ranching or mining. The museum also features an extensive rock and mineral display and massive bones from dinosaurs. Adults and children alike will love the museum's "hands on" policy with many of the displays.

See page 14B for information about the Smithsonian Exhibit now on display at the Museum of Moab



**Museum of Moab**  
118 E. Center, Moab  
moabmuseum.org  
Voice: (435) 259-7985  
Fax: (435) 259-7989

**Summer Hours: March 1-October 31**  
Monday-Friday 10am-6pm  
Saturday 12 pm-5pm  
Closed Sunday



# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - September 2010

By Rob Wells

**Aug. 24 - Sept. 22** **Virgo:** Happy Birthday Virgo. This month focuses on you and your partner. The first week of September is quiet and slow as it clings to summer. On the 9th, take in a movie or a concert to remember. The 18th is a great day for love and relationships. Don't go overboard and keep your head together on the 21st. After the 23rd, the Sun will light up your money house and you have your attention focused there for the next thirty days, Face your financial responsibilities squarely on the 30th.

**Sep. 23 - Oct. 23** **Libra:** You need downtime this month and the stars are helping with a lazy feel to September this year. The second week of the month is filled with fun and romance. On the 18th, changes at work spill in your home life in a positive way. Avoid going over the edge in the food and drink department on the 21st. Life picks up after the 23rd, if you can believe that, making the last week a ton of fun. Face responsibilities and personal short comings on the 30th but be kind to your self.

**Oct. 24 - Nov. 23** **Scorpio:** Dream big this month as the Sun lights up you house of Hopes and Dreams. The stars support this activity best on the 3rd, 4th, 9th, and the 12th. Do something artsy and fun on the 12th to create a special memory and do include any and all friends and lovers. On the 18th, try to control and channel creative energies into productive ends but take time for breaks and rest. After the 23rd the Sun moves into your house of behind the scenes and you may need to slow down and catch up on you rest, especially on the 30th.

**Nov. 23 - Dec. 21** **Sagittarius:** As low key as the month is, you still take center stage in your career and, as a result, you shine. A friend has something sexy to tell you on the 9th. You could score a low-key money win on the 12th. A project in the home that you start on the 18th could go over board and cost you too much by the 21st. After the 23rd, the Sun moves into your house of friends and you should take advantage of invitations during the last week of September, especially on the 30th.

**Dec. 22 - Jan. 20** **Capricorn:** The Sun is in your house of travel and NOW is the time for a vacation. The planets are lined up for the next four weeks to provide some true fun. Hit the road by the 4th and see or do something artsy on the 9th. Romance runs wild on the 12th

through the 18th. A final party blowout on the 21st could leave you depleted. After the 23rd, concentrate on your career and face pressures and responsibilities squarely on the 30th.

**Jan. 21 - Feb. 18** **Aquarius:** With the Sun in your house of big finance now is time to balance the books. Not to worry though, it's all good this month. You experience a reawakening in areas of your life that need a boost, like your sex life on the 4th, 9th, and 12th. A party could go over board on the 18th or more on the 21st so try and keep a limit on the fun. After the 23rd the Sun moves to your house of travel and it's not too late to take a vacation. You could encounter a personal problem on the 30th, so be forewarned.

**Feb. 19 - Mar. 20** **Pisces:** This is your month to focus on your relationships and this month you will find yourself being carried along on the fun your partner has been cooking up for you. Avoid making a sudden change that could surprise and upset your partner on the 18th, or more, on the 21st. This is not a time to be self indulgent at someone else's expense. After the 23rd, the Sun will light up your joint assets house and all is well until the 30th when you face a day when you must tackle money problems. It's OK and it all works out so relax.

**Mar. 21 - Apr. 20** **Aries:** September is a great month to start a diet or break a bad habit. You're feeling strong and vital this month and you should take that energy and do something fun with it. Spend time hiking or biking. Be sure to take your camera to catch some really memorable moments on the 9th and the 12th. Sudden changes behind the scenes have a silver lining on the 18th. Enjoy yourself on the 21st, just don't go over board or you'll a big price for it. After the 23rd the Sun highlights your partnership for the coming month. Face your responsibilities in this regard on the 30th.

**Apr. 21 - May 21** **Taurus:** Romance is off the chart this month. For once this year the planets line up for a month of ease and love and you are at the center of it all. Love could find you on the job come the 4th, or at a church function on the 12th. The 12th is a red-letter day for the arts, which appeals to you. Good times with friends comes on the 18th and more on the 21st. Just be careful on the 21st and don't overindulge

yourself too much. The 23rd finds the Sun lighting up your house of employment and for the next thirty days things move smoothly. Tackle a tough job on the 30th and win a big prize from the boss.

**May 22 - June 21** **Gemini:** The emphasis this month is on your home. Good times comes from harnessing creative energies that flow to you on the 4th, 9th, and 12th. The 12th is a very special day, so use it wisely and make it memorable. Home projects reach completion on the 18th. A party you attend on the 21st requires a bit of restraint so that you don't suffer from overindulging your self. The 23rd marks the beginning of a month long phase of expanded romantic opportunity. Make a romantic decision slowly on the 30th.

**June 22 - July 22** **Cancer:** Errands, phone calls, emails, texting and packages make your world fun and interesting this month. Love letters are possible on the 4th, 9th, and 12th. A chance to speak at work or make a presentation goes off without a hitch on the 18th. Be cool with office parties on the 21st and don't over do it. After the 23rd you spend more time at home and probably are focused on winterizing your home. A needed repair requires your singular attention on the 30th.

**July 23 - Aug. 24** **Leo:** Making, counting and storing your money will be fun for you this month. You reap a few benefits and windfalls on the 4th, 9th, and especially, the 12th. An accounting on the 18th finds good news for you and your bank account, yet again. Celebrations on the 21st could cost you an upset stomach or a headache if you're not careful. After the 23rd staying touch with friends and family will be your interest center for the following month. Prepare for serious news on the 30th.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

*Confluence: A Celebration of Reading and Writing in Moab, Utah.*  
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William duBuys,  
Debra Frasier, &  
Jack Koefler

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-Craig Childs

[www.moabconfluence.org](http://www.moabconfluence.org)  
(435) 259-6272

## Moab Studio Tour

September 4 & 5 2010  
10 am - 4 pm

Come visit 9 Moab Artists in their native habitat!!

Bruce Hucko photography	North Frank painting	Jacci Weller painting
Bob Ridges gourd art	Serena Supplee painting	Nick Eason sculpture
Tim Morse painting	Robin Straub painting	Jonathan Frank painting

tour maps available at all tour sites and Overlook Gallery (83 East Center)

for more information visit -  
[www.moabstudiotour.com](http://www.moabstudiotour.com)

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## KZMU - Moab Community Radio 90.1 & 106.7 FM

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00		<b>KZMU OVERNIGHT</b>		Art of the Song		<b>KZMU OVERNIGHT</b>		7:00	
8:00	Native Spirit	<b>DEMOCRACY NOW</b>						Desert Diva	8:00
9:00		<b>MOAB Morning Blend</b>						Shine Time (Children)	9:00
10:00	Jah Morning Reggae	Moab Mamas (everything)	Classical Collusion	Tilted Park (acoustic/folk/pop)	Belle Jar/ Rainbow Plumage	Blue Plate Special (blues/rock)		Trailer Park Companion / Wayward Wind	10:00
11:00									11:00
Noon						The Trading Post (call-in Buy/Sell)			Noon
1:00	Grass is Greener (Bluegrass)	It's My Party/ Merry Pranksters	radio mmm... (can't define it)	Horizon Line	Random Toonage			Ain't Live Grand? (live recordings)	1:00
2:00						1-2-3 (funky world soul)			2:00
3:00	Plateau Pastime/ Canyon Wren Express	Radio Mundial Radio MOONDial	Planet Picante (latin)	Odd Bins	Red Rock 'n Blues/ Red Rockn' Reggae			Belagaana Review (fruit and nuts)	3:00
4:00			<b>WORLD MUSIC</b>						4:00
5:00		New Dimensions	The Observatory/ Sound Thing	Gaelic Circle/ Drive Time	MOAB Drive Time	Fire on the Mountain		Tween Time (pre-teen fun)	5:00
6:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)				Free Speech Friday Public Access		Big River / Ranch Exit (twang)	6:00
7:00		<b>DEMOCRACY NOW</b>							7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	Heaven Lounge The Rainbow Room		Main Street Cruise	8:00
9:00									9:00
10:00	New Dimensions	The Sound Lair (Experimental Dance)	<b>MOAB Conscious Party</b>	<b>After Suburban Urge</b>	<b>Hours Teenage Wasteland</b>	Altered State		Radio Free Moab (college rock)	10:00
11:00	Seti TranceMissions/ Listening Essentials								11:00
12:00		<b>KZMU OVERNIGHT</b>				the eleventh hour	Rhythm Quest (techno rhythm)	KZMU Overnight	12:00

**KEY:**

<span style="background-color: #fce4d6; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Talk Shows	<span style="background-color: #fff9c4; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Easy Mix - Jazz	<span style="background-color: #e2efda; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Blue Grass - Country - Folk
<span style="background-color: #ffe0b2; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Eclectic/World	<span style="background-color: #bbdefb; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Rock - Blues	<span style="background-color: #e1bee7; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> Heavy - Hard





SHOPPING  
DINING

# MOAB HAPPENINGS

ENTERTAINMENT  
NIGHT LIFE

Volume 22 Number 6

Section B

September 2010

Clint MacBeth opened Skydive Moab's doors in November of 2003. Clint, with over 16 years skydiving experience and 6000+ skydives, has always wanted to own his own skydiving center. BASE-jumping brought Clint to Moab a few winters past and the wheels started turning. The next thing you know, Skydive Moab was born. It is the original skydiving center in Moab and now has over 15,000 plus skydives under it's belt.

Right now, they are a small skydiving center, catering mostly to tandem jumpers and the occasional experienced skydiver passing through Moab. Despite the size of the dropzone (or maybe because of) both first-time and veteran jumpers alike, leave with an experience to remember!

Skydive Moab offers a welcoming atmosphere and some of the most unique scenery in the country for jumpers to enjoy! The landscape offers one of kind opportunities for adventure that "we think will take the sport to the next level."

Now, after 6 very successful years of holding the (M.O.A.B.) 'Mother Of All Boogies' skydiving event, Skydive Moab is again teaming up with Skydive Arizona, (one of the busiest skydiving centers in the world) to hold the 7th Annual Skydiving event on Wednesday, September 22 - 26, 2010. "In addition to being a fun acronym, we really want this boogie to live up to its name!" Skydive Arizona will bring their 2 massive planes with them. The 23 passenger Skyvan and Twin Otter (both turbine, multi engines) and some additional event staff for organizing and manifesting.

Tandem skydives will be discounted to only \$235 for the weekend with locals receiving and additional 20% off! After enjoying a 20-minute scenic flight, first time jumpers will exit the aircraft at 13,000 feet above the ground and

free-fall for almost a minute before the instructor deploys their parachute! During the free-fall they will reach speeds of up to 120 mph and will be falling at 174 feet per second. That's almost 6 seconds every thousand feet! After the instructor pulls the ripcord at 5000 feet, the parachute opens

During the four-day festival, jumping will take place at the Moab Airport, located just 15 minutes north of the Colorado River. So, whether you want to make your first skydive or just want to enjoy lunch under a sky full of brightly colored canopies, come out and share in the excitement!

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go to [www.SkydiveMoab.com](http://www.SkydiveMoab.com)



Photos by Keith MacBeth

and student and instructor float gently back to earth. During the 5-7 minute canopy ride the pair will again experience the beauty of the Colorado River, Dead Horse Point, Castleton Tower, Arches and Canyonlands National Parks and so much more! If you haven't seen Moab from a birds-eye-view, you haven't really seen Moab!

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# HIKING HAPPENINGS

## Clark's Lake – A Delightful Summer Sojourn

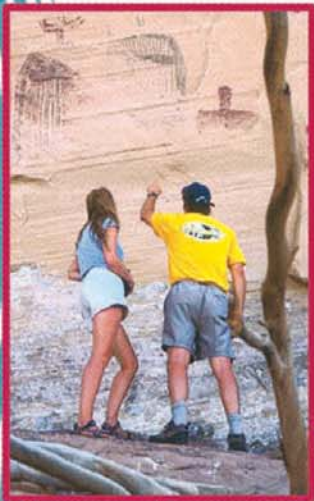
by Marcy Hafner



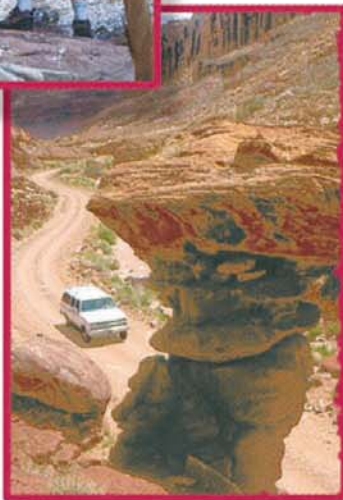
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When this country was gripped by the Great Depression, Franklin D. Roosevelt, desperate to get men back to work, proposed the Civilian Conservation Corps (CCC) - a five year public relief program that provided three million jobs in unskilled manual labor for the conservation and development of natural resources in rural areas of the United States. In the spring of 1933, a CCC camp employing almost 200 men was established at the Warner Ranger Station. In one season the workers completed range improvements, overhauled trails and roads, dug lengthy water diversion ditches and rebuilt part of the La Sal Loop Road. They also constructed the stream-fed reservoirs of Medicine, Oowah and Clark and made improvements to Warner. These projects, especially our beautiful alpine lakes, have now become an integral part of the La Sal Mountains. It's hard to imagine all the strenuous work that went into their construction and even harder to picture our landscape without them.

Clark's Lake is only accessible by a non-motorized trail and that isolation offers more opportunities for a peaceful lakeside experience than can be found at the other more popular drive-in lakes. The Clark's Lake Trail, which starts at Oowah Lake, is a pleasurable 1.2-mile lake-to-lake pathway that guides you to its quiet waters. The sign for the trail is immediately adjacent to the billboard next to the parking lot. The other trail that skirts the south side of Oowah goes to Boren Mesa and on to the Geyser Pass Road. It is also possible to make a long loop from this trail, via Clark's Lake, back to the parking lot.

To get to Oowah Lake from Moab, go south on Highway 191 approximately 7.5 miles. Then turn left at the sign for the Ken's Lake-La Sal Loop Road, continue half a mile to the stop sign at the tee and turn right on to the Spanish Valley Drive-La Sal Loop Road. From here it is 11.4 miles up the steeply twisting route past the Pack Creek and Geyser Pass Roads to the turn for Oowah Lake, which is just before the bridge over Mill Creek. This narrow three-mile graded dirt road is fine for cars, but trailers and RVs are not advised on the tight switchbacks. At an elevation of 8,800 feet, Oowah Lake is a popular spot for fishing and camping. The charge for a campsite is \$5.00 per night and a fishing license is required for anyone 12 years old or older.

It is a steep grind up the first part of the trail so I don't mind pausing to wonder at the antiquity and history of an abandoned well that has water gushing out of a pipe into the creek. Continuing upward on a warm day, I pass through a gate and shortly afterward a sharp switchback gains me some extra elevation. Stimulated by the heat, boisterous locusts crank up their whiny tune to full throttle. I am grateful for the blessed shade of the quaking aspens, firs and spruce and breathing deeply, I savor the earthy fragrance of the pungent pine-scented air.

After the trail finally levels out, I weave my way in and out of a patchwork of fertile meadows that are filled with a delightful harvest of wildflowers. The painted lady butterflies languidly drift to and from larkspur, golden pea, cutleaf daisies, geraniums and lupines as they gluttonously sip up their sweet bounty of nectar. They can't eat, but instead drink up nourishment through their straw-like spiral proboscis.

Probably the most widespread butterfly throughout Africa, Europe, Asia and North America, this cosmopolitan butterfly deserves the alternate name "Cosmopolite." Every March and April these salmon-colored, black patterned beauties with the distinctive white spots on their outer wings stream out of northern Mexico to repopulate the west - in some memorable years they migrate in impressive swarms.

The two dominant peaks on the upper section of this trail are Haystack Mountain to the north and Mount Mellenthin to the south. The distinctive appearance of Haystack with

its stark outline of stunted trees that extend almost 11,641-feet to the summit makes it easy to recognize.

On this perfectly clear end of June day, a robin's egg blue sky highlights the massive dome of Mount Mellenthin where remnant snowfields on the north face of this 12,645-foot peak linger on. The namesake for this impressive peak is Rudolph Mellenthin, who was born in Germany in 1884. At a young age, he immigrated to the United States with his family, and they gravitated to the West.

On August 9, 1909, he accepted an assignment as a "forest guard" in the La Sal National Forest. Unfortunately, ranchers used to a free rein in the La Sal Mountains resented the intrusion of government restrictions. It didn't take long before Mellenthin's thick German accent and fanatical devotion to forest regulations had earned him the nickname "Kaiser."

In July 1918, San Juan County sheriff Frank Barnes deputized Mellenthin to arrest Ramon Archuleta, an army deserter who had already escaped from two previous recaptures. Attempting to avoid detection, Archuleta traveled with his father-in-law, Ignacio Martinez, and another companion, Francesco Maestas, to a sheep camp on Pine Bluff, a few miles north of La Sal.

Two of Mellenthin's friends went with him to investigate the outlaw's camp, but when ordered to hand his rifle over to his father-in-law, Archuleta instead began firing. Mortally wounded,

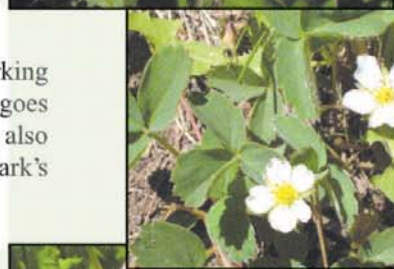
Mellenthin still had the strength to draw and shoot, injuring Archuleta in his knee and hand. A posse arrived just a few minutes before he died, and in honor of that sacrifice, Mount Mellenthin will always be a memorial to him.

Passing through a big vegetated slope - a slanted garden crammed full of splashy colored flowers - I look down upon the picturesque emerald green waters of Clark's Lake. Just before the gate, I leave the trail and head down to my goal for the day rather than continuing on to Moonlight Meadows and Geyser Pass.

I am so ready for this break, but as soon as I sit down, long-legged mosquitoes move in for the attack. A sudden welcome breeze that ripples the water and sways the tips of the trees, however, pushes them away, allowing me to stop swatting and instead relax and savor this refreshing lakeside scenery. Surrounded by pink clover, wild strawberries and dandelions I study a steep slope on the other side where aspens, firs, and spruce desperately cling to unsteady ground.

On an overly warm, sunny day, I relish a chill out at Clark's Lake but I also like the fickleness and excitement of an approaching thunderstorm, which are more common during July and August. When that happens the lashing wind and ominous collection of dark billowing clouds cast an eerie, somber mood upon the lake. The mid-air fireworks are spectacular to watch against the darkened sky and sometimes the rain does start to fall; but chances are, the minute I dig out my raincoat, I won't need it!!

With summer winding down, I look forward to that glorious season of fall, when aspens will be decked out in their brilliant autumn color of gold. Then a walk to Clark's Lake is a sensational blaze of yellow. In the high country this happens in a hurry so be sure to get up there and enjoy the fall nostalgia before that two to three week window of fleeting golden splendor is gone.





# HEALTHY HAPPENINGS

## Moonflower Market - Savy Salve Making

“Salves are a great way to get herbs close to the skin,” says Sheila Manzagol, owner of Shining Mountain Herbs in Ridgway, Colorado. “The skin is often thought of as the second lung of the body. A lot of herbal benefit can be obtained by putting products like salves directly on the skin.”



Salves allow a marriage between the medicinal properties of an herb and the thick physical characteristic of the salve itself. Salves have the consistency of a thick paste that allows application on the skin to be quick, easy and without much mess. Salves allow herbs to be used topically in a ready to use form. They adhere to the skin because of their oil base and can be used liberally. They are a great addition to any first aid kit, purse or backpack. They are versatile in their use though they are typically used as a natural way to heal cuts, burns, abrasions and other small wounds. Some other common uses for salves are to heal skin after a burn, to ease fatigued muscles and even to help heal the skin after a tattoo.

function and to keep varicose veins in check.

With so many uses, salves are a great item to have in your herbal pharmacy. That said, it is important to make sure what you put on your skin is organic, particularly with salves, which are oil-based since toxins can become concentrated in fats and oils.

### Salve Making Workshop

Tuesday, September 28<sup>th</sup> at 6:30pm at Moonflower Market, Sheila will hold a short workshop on salve making. She will discuss the benefits of salves, and do a demonstration. Sheila is the owner and head herbalist at her organic medicinal herb farm, Shining Mountain Herbs, located on the Western Slope of Colorado.

**Moonflower Market**  
39 E. 100 N., Moab Utah  
435-259-5712



There are many kinds of salves that serve a variety of purposes depending on the herbs utilized. There are drawing salves, which are helpful in healing boils, blisters and for helping to raise splinters, thorns and ingrown hairs. Other salves are used in healing diaper rash, and chapped or damaged skin. Some salves are also used to relieve nervous tension, in this case they contain soothing essential oils and are applied to the temples to bring on a restful sleep or to ease anxiety. Those salves with anti-bacterial and anti-fungal herbs are useful for mild fungal infections, or to keep a wound from becoming infected. Arnica salves are great for athletes, as they soothe aches and pains and bruised or sore muscles. Salves can also be a vehicle for healing vapors such as camphor, peppermint and eucalyptus and can be used as decongestants. Another use of a salve is to support venous



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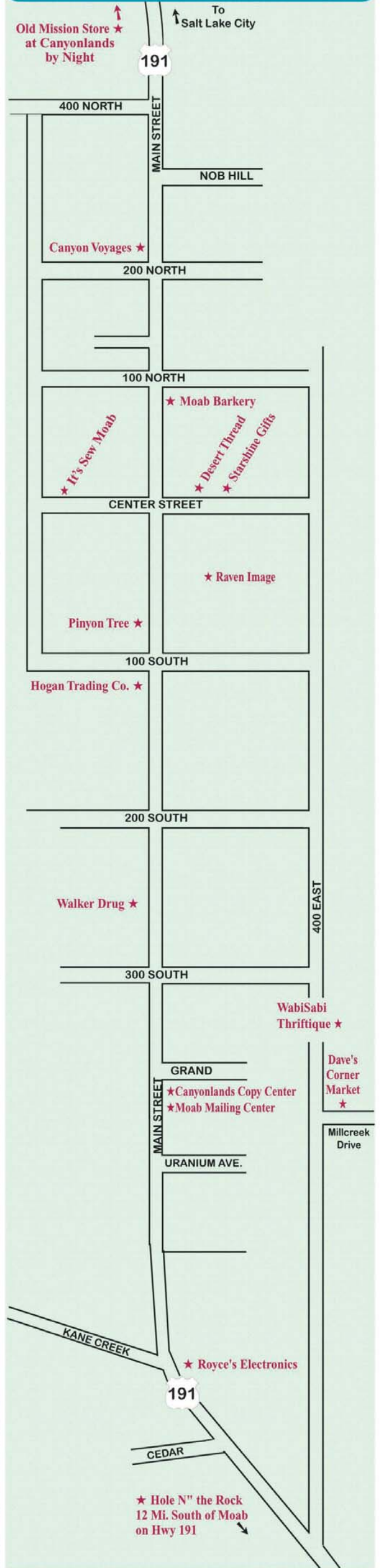
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## SHOPPING GUIDE MAP





# GALLERY HAPPENINGS

## Off The Wall Art Gallery



It was almost impossible for my pen to move across paper fast enough to keep up with the pace of animated ideas voiced by Collette Webster as she walked me through her new art studio. But one thing rang out loud and clear; she is calling all artists to strut their various art forms in her artists' co-op Off The Wall Art Gallery, a name that was chosen because everything on display is mounted "Off The Wall." Already a dozen artists have been recruited for their treasures in the mediums of fiber, pastel, acrylic, photography, metal, clay, wood and jewelry and in the coming months Collette plans on doubling that number. So far approximately two-thirds of the artists are from out of town.

It didn't take long to figure out that this dynamic woman wants to do things her way. In contrast to your typical art gallery, where there's a minimal engagement between artists and patrons, she is striving for a hands on learning experience that includes classes and workshops. J. C. Borders has already been lined up to teach classes in pastels two nights a week. She's reaching out in particular to the teenagers in our town

and she strongly encourages them to take advantage of the opportunities the gallery will offer to learn the skills of an artist. She's also excited about having young teens exhibit their work and plans on having the gallery sponsor a high school student specially juried and selected every month.

To keep things fresh and lively, a new artist will be featured every month and each artist on display in her gallery commits to appear on site one day a month to talk about his or her art. She also hopes that other artists in the community and beyond will get involved to share their own expertise at her studio.



When I look at the front of her new building, which was built by contractor Warren Egbert, the first thing to catch my eye is the originality of Warren's first ever-metal project. Using a plasma torch and the welding skills of Jason Matz, Warren adds his unique craftsmanship and captures the essence of the metal transforming it into amazing creations - the soft illusion of lights portrayed as torches and oversized fenders morphed into awnings accented by the flow line of metal strips along the side of the building. Moving along to the metal gate and fence, Collette proudly points out gears from old farming equipment, which has been irresistibly integrated into its structure.

Studying the outside south-facing wall, the possibility of the creation of a collaborative mural with contributions by a number of artists engages my imagination. I will be fascinated to watch this novel project progress tile by tile as individuality of styles melds into the final end product of a cohesive masterpiece.

Walking inside the building, I notice that the ceramic light fixtures are a multimedia combination of wood, metal and glass. The sandstone panels on the walls in both rooms are marked with dendrite crystals with intriguing patterns that trick the mind into thinking it is observing fossils. But contrary to fossils, which have preserved the remains of animals and plants, dendrite crystals are formed when water rich in manganese and iron flow along fissures staining the rock with the percolating mineral solutions.

The front room is all about motion and flow and immediately my eyes follow the colorful rhythm of cobble rocks along the base of the wall. Then the cross lines of the old mine metal screens, salvaged from various junkyards, move my vision up the wall and back down again to the sandstone platforms balanced in the branching arms of polished scrub oak. Collette is a potter and her imaginative, nature-oriented creations grace these platforms; I linger over a large blackish bronze plate accented with moths and

beetles and am captivated by the sturdy stance of a large three-legged vessel that reveals the soft flutter of butterflies waiting to alight on a whimsy of flowers.

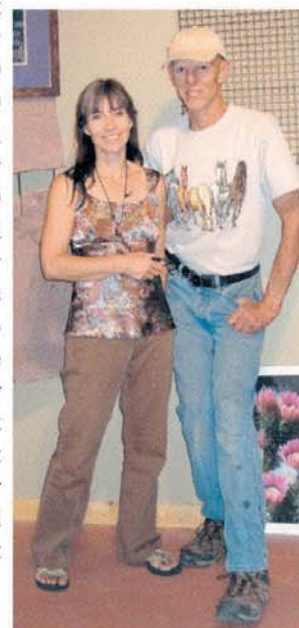
Wandering into the back room, my eyes are drawn to weathered red panels of wood at the top of the wall.

Their ancestry traces to an old barn back east - ironically the wood was actually found in Moab. The texture of Gayle Van Slyke's all natural cotton and rayon fibers drape serenely from the ceiling with the thrilling discovery that they lower the noise level in the room. I was impressed to learn that Gayle dyes her own yarn.

Outside once again, I stroll through the gate and follow a walkway of sandstone to the miniature garden where I am

intrigued with the memorabilia of an old wheelbarrow, an old-time metal milk container and the steering wheel of a tractor. That combined with a collection of Collette's pottery adds a touch of nostalgia to the flowers and newly planted trees. This lovely spot will be a great place to pause and take a break.

The Off The Wall Art Gallery is open Tuesday through Saturday from 10:00 to 6:00, Sunday from 10:00 to 2:00 and is closed on Mondays. It is conveniently located at 225 South 400 East, not far from Milt's and Dave's Corner Market. To stay abreast on all the gallery's current activities, be sure to check the Advertiser for the weekly schedule of events. For great food and entertainment come on by during the Art Walk on Saturday, September 11 to join in on the fun and excitement of the latest art happening in town.



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# FESTIVAL HAPPENINGS

## Pleinair Festival



En plein air - a French term meaning 'in the open air' - a painting done outside rather than in a studio.

The MARC, Overlook Gallery, and many local artists introduce Moab's first PleinAir

Festival, October 1-9. You may not be an art aficionado, but your interest will be piqued watching a painter interpret an image that stands before him. It might be a red rock arch, a cottonwood beginning to change color, or even a group of people enjoying breakfast at a local café. Throughout the 8-day festival, artists set up shop within 50 miles of Moab, showcasing their work, demonstrating and, most importantly, doing what they do best: creating art. One of the most fun aspects of a Plein Air Festival is spying artists amidst creeks, ledges, and downtown locations- wherever they choose to work. Most artists are happy to meet new people and talk about their techniques.

Over an 8-day period, artists paint picturesque scenes throughout the area and select their best works to be judged in the PleinAir Moab competition. At the end of the week, artists take their projects to Moab City Center to be displayed and hopefully sold.

Make sure you catch the true treats of any Plein Air festival- the Quick Draw event, Thursday, Oct. 7<sup>th</sup> 4-7 pm, and the Auction, Saturday, Oct. 9<sup>th</sup>, 10am-8 pm. Everything about a Quick Draw is fast. Lots of artists, professionals, amateurs and the simply adventurous compete and have fun. These artists have only downtown and three hours to complete their works. During this short time, all registered Quick Draw participants will set up their supplies and paint or draw in downtown Moab. Together, artists and spectators are immersed in the creative process. See the scenes and how the artists interpret them. Smell the wet paint and get caught up in the excitement of watching a painting come to life before your eyes.



The Auction is your chance to purchase a work of art created on site during the festival. A silent auction continues all day and through Art Walk, October 9<sup>th</sup>; however, the top prize winners will be auctioned live from 5:30-6:30 Saturday night only. This is your only opportunity to view the entire PleinAir Moab show and take home some original art. Stop by Moab's City Offices for this auction and rare treat of art-lined hallways. Meet the artists themselves.

Artists must register to be a part of the event. Prizes range from \$500-\$1350. Watching is always free. See [www.pleinairmoab.com](http://www.pleinairmoab.com) for details or call the Overlook Gallery at 435-259-3861.



## Moab Music Festival Offers A Whirlwind Tour of Classical, Latin, Jazz, Traditional and Contemporary Music

Moab, Utah. August 12, 2010 – It's the last gasp of summer, September 2nd to 13th, when the MOAB MUSIC FESTIVAL keeps its promise of music in concert with the landscape: sunset concerts along the Colorado River, intimate Musical Walks ending in stunning trails end concerts performed by world class musicians, and three of the Festival's signature Grotto concerts.

Unique to this year's Festival, are appearances by one of new music's hottest tickets, ETHEL by Cuban jazz great and recent White House visitor, NEA Jazz Master Paquito D'Rivera and by cellist Matt Haimovitz. In addition, 2010 audiences can take in the works of past seasons as the Festival highlights previous composers-in-residence, including William Bolcom, Lukas Foss, Lou Harrison, Lowell Liebermann, John Musto, Kenji Bunch, Jon Deak, and the PaqMan, Mr. D'Rivera himself.

### OPENING WEEKEND, SEPTEMBER 3-6

See article on page 3.

### WEEK TWO: SEPTEMBER 10 THROUGH SEPTEMBER 13

The second week of the 18th Festival kicks off on Wednesday, September 8th with traditional Appalachian Music performed by Paul Woodiel, Christopher Layer, Jerron "Blind Boy" Paxton and Mazz Swift-Camlet at the Festival's Ranch Concert, a benefit for the Festival's Artist-in-Residence and School Assembly programs.

On Friday, September 10th the Festival moves to the Pavilion at Sorrell River Ranch Resort and Spa for a twilight concert of music by Schumann—his lush Op. 44 Piano Quintet, the vibrant Three Pieces for Violin & Piano by Lukas Foss, and String Circles for viola quintet by composer and violist Kenji Bunch, who will also perform. This concert is sponsored by the George S. and Delores Doré Eccles Foundation and Festival Airline Great Lakes Airlines.

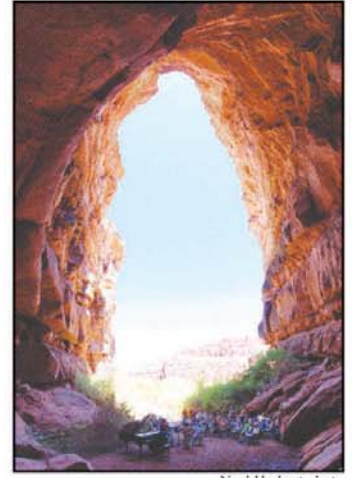
On Saturday the 11th, enjoy Music at Jefferson's Monticello, as fiddler, Paul Woodiel, Christopher Layer, guitar and banjo picker, Jerron "Blind Boy" Paxton, fiddler Mazz Swift-Camlet and glass harmonica virtuoso Dennis James and other Festival musicians welcome you to the musical world of this beloved historic home and its outlying cabins. Thomas Jefferson, considered "music as the passion of my soul," and strove to recreate European music at his unique home. Jefferson's brother, Randolph, more of a fiddler, embraced and joined in the African music-making at Monticello. A former Monticello slave recalled that he "used to come out among black people, play the fiddle and dance half the night." At the Pavilion at Sorrel River Ranch traditional music, the rhythms of African-American music and a touch of European art music will be on display as the national musical journey the Jefferson brothers began unfolds in this unique event.

Star Hall audiences are in for a treat on September 12, when all Festival performers, headed by Amy Burton and John Musto, perform a lively and popular program of songs and instrumental music by the composers of the Great American Songbook: Harold Arlen, Irving Berlin, George Gershwin, Cole Porter, and others.



### GROTTO CONCERTS

Three benefit Grotto Concerts offer distinctly unique musical programs: Thursday, September 2nd, Paquito D'Rivera's extraordinarily evocative Cape Cod Files with D'Rivera on clarinet and Michael Barrett at the piano; Ayano Ninomiya and Barrett performing Schumann's virtuosic Fantasy Pieces Op. 73 Fantasiestücke; (the Festival's first nod to the 200th anniversary of the birth of Romantic Robert Schumann) and Schubert's Piano Trio in B-flat, D. 898 performed by Axel Strauss, Tanya Tomkins and Eric Zivian.



Neal Herbert photo

On Thursday, September 9th, a colorful variety of chamber music comes to the fore with Chopin's Cello Sonata in g minor, Op. 65, as well as Mozart's Viola Quintet in D Major K.593, and Schumann's Romances for Violin and Piano, and the lustrous soprano Amy Burton performing Bolcom's Let Evening Come with John Musto at the piano and violist Leslie Tomkins. The third Grotto concert, on Monday, September 13th, features Lowell Lieberman's 2nd Cello Sonata, Dvorak's Piano Quartet in D Major, Op. 23 and Tchaikovsky Souvenir de Florence, Op. 70.

### MEET THE ARTIST

New this year is an opportunity for some up-close-and-personal time with some of the Festival Artists. Join ETHEL for informal cocktails and a Q & A Thursday evening, September 2nd at 7:30 pm in the Vista Lounge at Buck's Grill House. On Thursday September 9th, lift a glass with Kenji Bunch, violist extraordinaire and "a composer to watch" (New York Times) at the same location. Cash bar and prix fixe dinner after the event available. Please call Buck's at 435-259-5201 for reservations.

### OPEN REHEARSAL CONVERSATIONS

Questions from the audience are encouraged and most welcome and lively interactions ensue between composers, performers and music lovers at the Free Open Rehearsal Conversations held on Saturday mornings, September 4 and 11. Join Music Director Michael Barrett as he moderates a conversation with artists as they rehearse for upcoming performance.

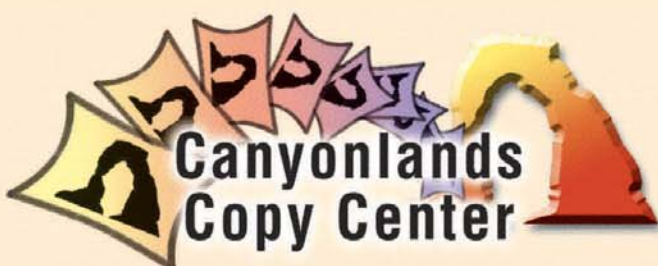
### MUSIC WALKS

Come along to a "secret location" as part of the Festival's Music Walk concerts, on the mornings of Sunday, September 5 and Sunday, September 12. After a short hike, patrons arrive in a natural concert hall, and enjoy a simple morning performance. On the 5th, Leslie Tomkins and Kenji Bunch perform music for two violas. On the 12th, audiences will hear traditional music from Festival favorites Christopher Layer and Paul Woodiel after a very special walk through the red rock scenery. Musical Walks always sell out and are suitable for most people in general good health with a moderate level of fitness and agility.



Neal Herbert photo

For more information about the Festival or to purchase tickets for the 18th Moab Music Festival, please visit [www.moabmusicfest.org](http://www.moabmusicfest.org) or telephone the Box Office at (435) 259-7003. You may also visit the Festival Office at 58 East 300 South, Moab, UT 84532.



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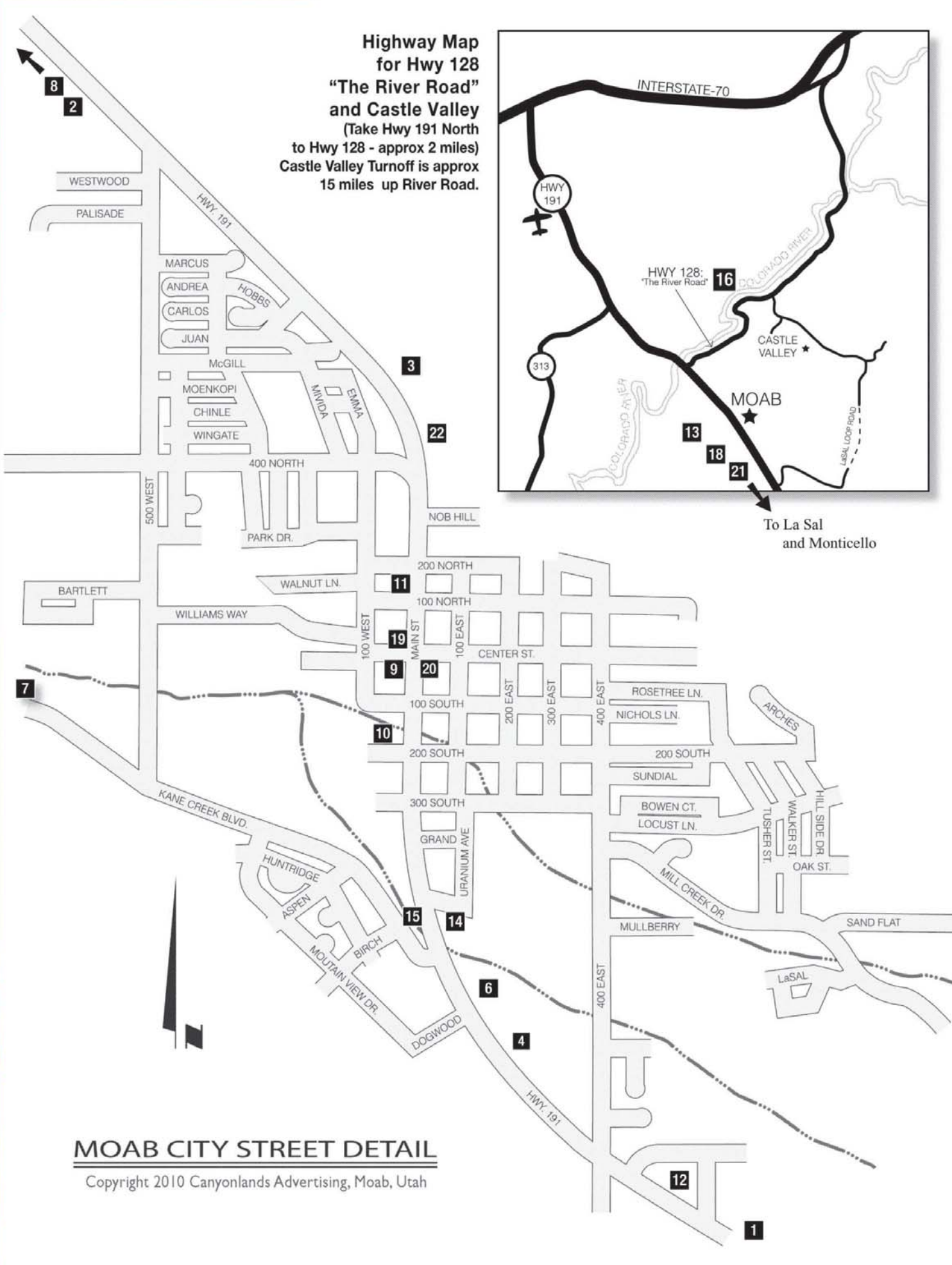
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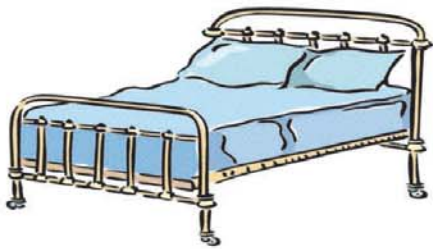
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# MOAB AREA LODGING GUIDE



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2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Hampton Inn	435-259-3030	www.hampton.com
4.	La Quinta	435-259-8700	www.laquintamoab.com
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
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8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	The Monticello Inn	435-587-2274	www.themonticelloinn.org
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
18.	Hidden Oaks Lodge	435-459-9444	www.hiddenoakslodge.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
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# MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

## MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Gooseheads	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367		81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Gooseheads	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		231	440	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272		663	645	382
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663		123	281
Salt Lake City, Utah	730	230	321	343	324	262	308	285	257	359	260	512	404	377	413	583	285	182	366	411	408	419	691	388	373	235	299	394	368	334	420	645	123		306
Zion National Park	575	404	322	296	86	435	390	396	217	404	433	764	413	277	127	297	493	241	331	400	397	121	393	433	270	294	344	245	363	370	119	382	281		

Next Event:

September 18 - No Limits MX

Bull Hollow Race Series will have organized practice on Friday before race.

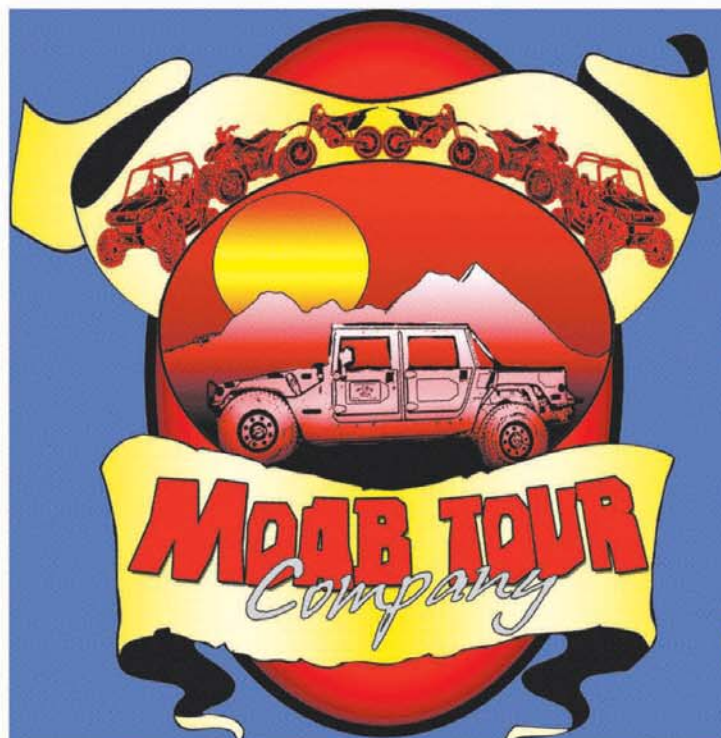


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# HISTORIC HAPPENINGS

## Ghost Town Ruins Eyed for Restoration

by Vicki Barker

If three is the charm, the “two-time loser” town of Castleton may escape total abandonment as a ghost town and experience revival as a cultural resource site worthy of the National Register of Historic Places.

Originally a mining camp that reached its zenith as a supply town for gold prospectors in the late 1880s, Castleton is a prime candidate for immediate stabilization, eventual restoration and protection, and development as a local cultural resource, according to research funded by the U.S. Bureau of Land Management.

Settled during the 1860s and frequented by placer gold miners, wandering cowboys and shepherders, the 5-acre mining camp was reborn as a supply town in 1888 when gold in quartz was discovered at Miner’s Basin in the La Sal Mountains, according to George S. Thompson, author of *Some Dreams Die: Utah’s Ghost Towns and Lost Treasures*.

Thompson reported that Castleton hustled to keep up with miners’ needs as they worked veins in the La Sal Mountains, freight companies were kept busy, and a large general store, hotel, restaurant, livery stable, blacksmith shop, “Plug Hat” Kelly’s saloon and a deputy sheriff soon occupied the site. Other researchers reported claims of Castleton also boasting cobbler shops, a livery stable, a second saloon, doctor’s and mine offices, a Sunday

school, post office and several homes, though some of the structures may actually have been located in the greater Castle Valley area.

Thompson termed Castleton a two-time loser after the mining-camp-turned-townsite suffered mass evacuation in the great financial panic of 1907 that closed hardrock mines and put miners out of work. The town that once competed with Moab for title as “county seat” had a population count of only 30 residents by 1930. After the cattlemen who provided any remaining financial support also moved on in the 1900s, the town reportedly died.

However, researcher Richard Fike, an archaeologist with the Museum of the Mountain West in Montrose, concluded in consultation with the BLM and Grand Historic Preservation Specialists group in Durango, that various remaining structures at the site are eligible for nomination to the National Register of Historic Places -- especially remains of a large stone ranch house that came to be known as the “Rock Castle”.

Occupants who reportedly called Castleton home included prospector Doby Brown in the late 1870s or 1880s (*A History of Grand County*, by Richard Firmage); John (or “Jack”) Welsh until his death in 1913; and J.E. Cooley, who sold the ranch in 1921 to Don and Max Taylor. Don Taylor sold the property to the BLM in 1945 when the agency was still referred to as the General Land Office.

Currently, D.L. Taylor, a member of the Grand County Historical Preservation Commission, is helping the Historical Sites and Places Committee research Castleton’s history from the period the Taylors lived there. Input from others acquainted with Castleton history is welcome.

About 28 miles northeast of Moab, little remains of the dramatic rock castle, a nearby dugout and other remnants of Castleton. What can barely be seen of the 31 ½ x 32-foot sandstone structure is about half the height of the original 12-foot-high walls, and is now almost totally obscured by dense sage and rabbit brush, pinyon trees and other vegetation; and difficult to access through communities of cactus and the steep banks of Spring Creek, a tributary of Castle Creek.

Consultants on the assessment of potential for restoring some or all of the



Pencil sketch from artist Dwain Barker collection shows detail of ruins in 1950s.

ranch complex warned that emergency repairs are needed or, in the short term, stabilization at minimum is needed to save the rock castle from total collapse, although the rock foundation is in excellent shape and the walls are “generally” intact.

The rock castle is the only standing remnant of the area’s earliest mining and ranching boom, and, being in public ownership, offers interpretive potential as part of a larger Millenium Trail designation that includes the Kokopelli Mountain Bike Trail and associated campgrounds and historic sites along the way, the BLM study concluded. The county’s historical board has listed the rock castle historical nomination as a priority project for several years.

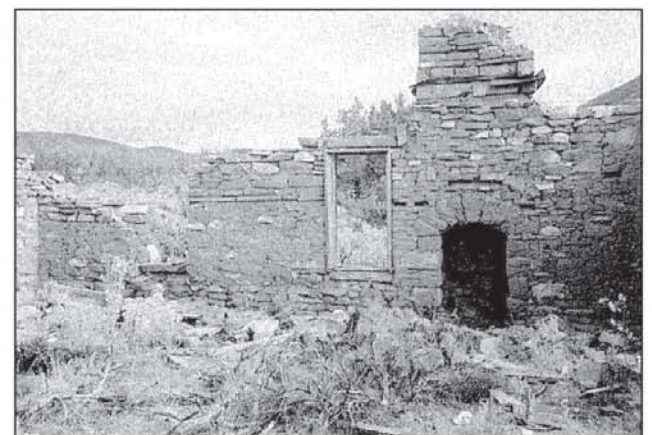


Photo courtesy of the Bureau of Land Management (BLM)



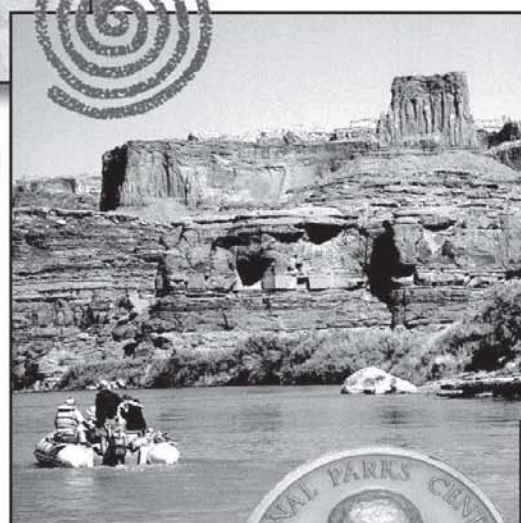
Vegetation nearly obscures ruins of rock structure built in 1880s. Photo by Vicki Barker

## RAFT TRIPS • 4WD TOURS • RIVER CRUISES



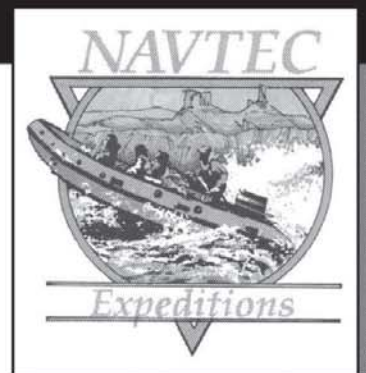
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(Tour #2), Calm Water Boat Tour to the edge of a Canyon Wilderness. The River on the Mellow Side.

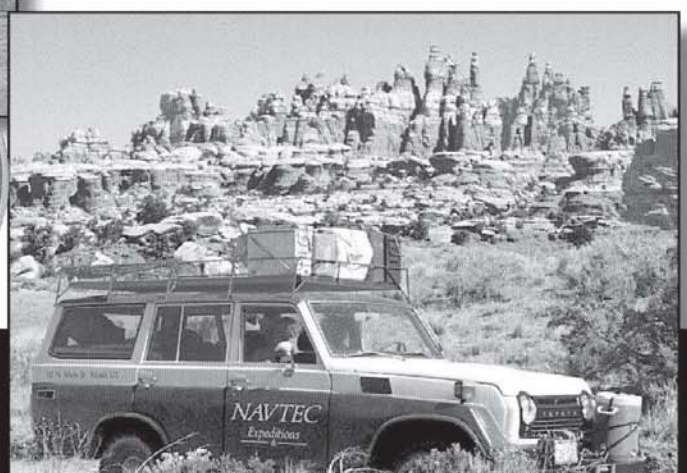


Commemorative Medallion featuring Doc J.W. Williams Celebrating the 100th Anniversary of the National Park Service (From 1872 to 1972)

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- **Combination Island in the Sky 4WD & Colorado River Boat Tour** (Full Day including Lunch departing NAVTEC at 8AM)

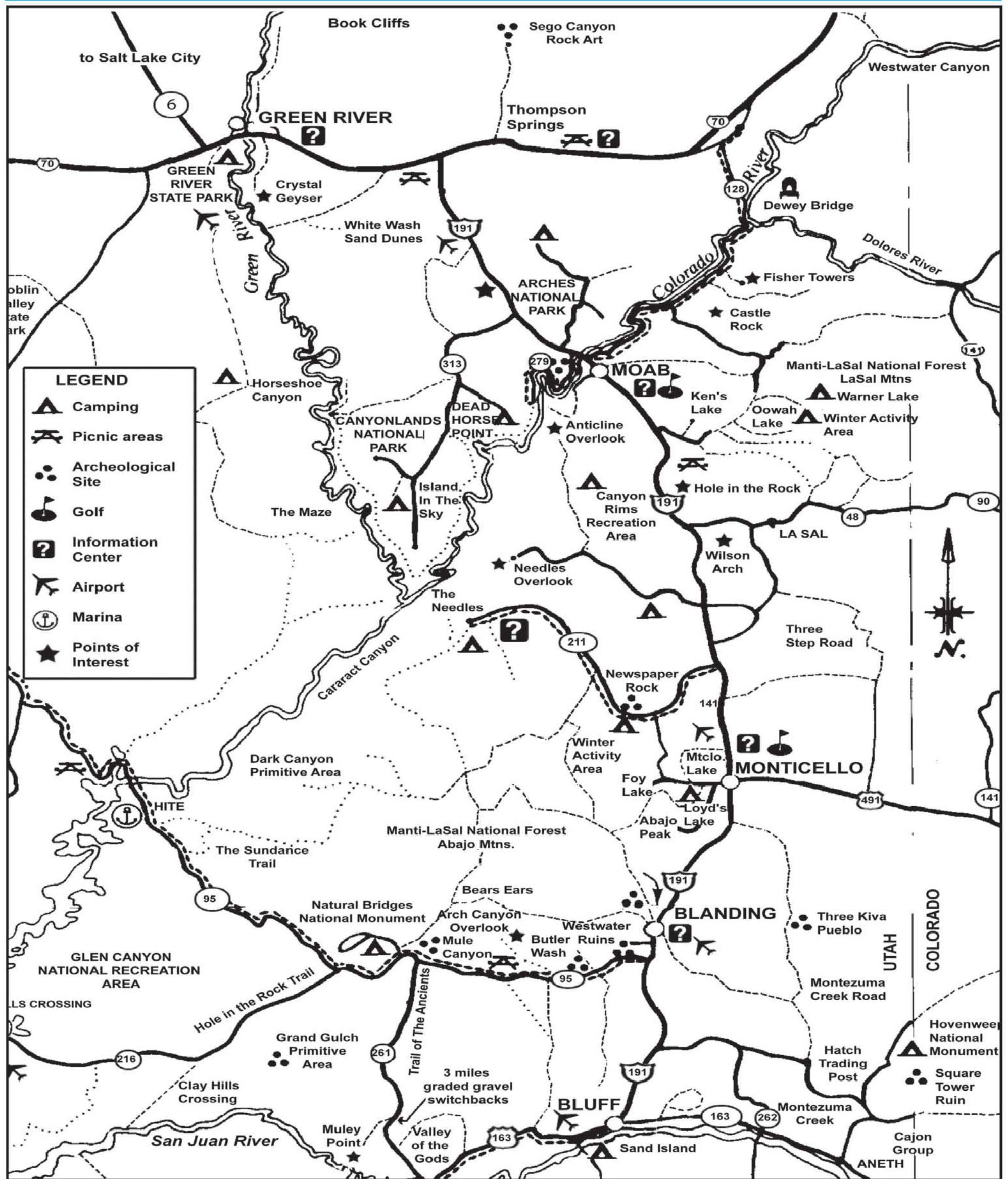


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# IN & AROUND MOAB

## Moab Luxury Coach - From Dreams to Happenings

by Brian Murphy

My first real summer work experience, at the early age of fourteen, was the genesis of starting this service, "MOAB LUXURY COACH." I landed a summer job with the US government in a program for teenage dependents of military parents serving overseas. I was assigned to the motor pool in support of a U.S. Army Transportation command in Rotterdam, Holland. Initially, my duties were menial and consisted of cleaning vehicles, which meant I washed a lot of olive drab vehicles. No matter how much you wash an olive drab "Deuce and a Half", sedan, station wagon, van or pickup, they still look like they need to be washed. Soon, I was trusted with additional responsibility in the Dispatch Office. That's where I grasped the need for exacting organizational and attention-to-detail skills. The Sergeant in charge of the motor pool took the time to train me in the duties of motor transport control. By the end of the summer, I was executing all the duties of a Dispatcher. I kept operational and maintenance records on repairs, mileage, and fuel consumption for all vehicles and drivers.

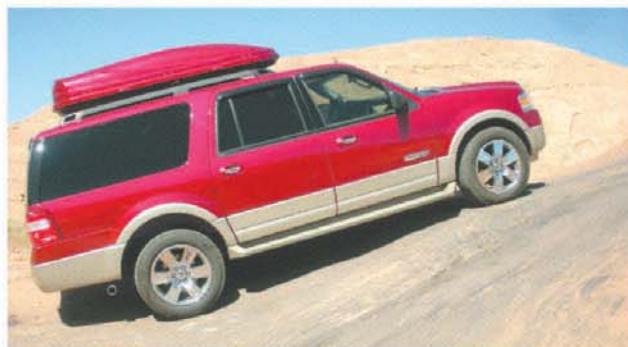
During my third year of college, I was commissioned, early, as an Army Infantry Lieutenant, and after graduation, was attached to a Brigade of a U.S. Army Armored Division in Germany for two years. The following twenty years were spent as a successful medical device salesman. That period of my life ended in 2007 with the deterioration of our nation's economy. Mergers, down-sizing and the economy made me "Available to industry!" While I sought, unsuccessfully, to find employment in the medical sales sector, I supported myself by taking a chauffeuring position with the "Best Limousine Service in the United States with a fleet of 25 to 50 limousines and small busses." The irony of this job was that six months earlier I was one of those professionals who USED limousine services.

The following winter, I applied my skills and professional ski instructor's certification to gain



employment as a professional ski instructor at Deer Valley Resort in Park City, Utah. When not instructing, I operated my own Limo under the auspices of a Park City luxury SUV transportation company four or five nights a week. Our clientele were those affluent guests who vacation at Deer Valley and also, at times, celebrities of the motion picture industry. This was the beginning of my interest in developing a luxury SUV service of my own.

After coming to Moab and discovering how much this area offers, I formed Moab Luxury Coach to meet the needs of vacationers who wanted comfortable and stylish transportation in the local area after a great day in the outdoors; four-wheeling, Hummering, rafting, trail-biking, climbing etc. As I made the rounds to introduce myself to Moab motel, hotel and campground managers, I learned from many of them that their guests inquire about guided tours to and through the many venues. Because of the frequency of these comments, I started to advertise as a Taxi/Luxury/SUV on-demand service. Soon, the possibilities became realities. We know, "It pays to advertise," and my



efforts here have produced positive results. Within the next few days I received a call from a long time Moab resident who wanted to know about my transportation services. She had just learned that her reliable shuttle to Salt Lake City had announced it was terminating operations. Opportunity was knocking! This revelation was fortuitous for me, and I accelerated my efforts into hyper drive. I knew I could provide the service to fill this void. I am attempting to determine who depended upon reliable shuttle service to Salt Lake City for medical appointments, airport service and other events.

I am happy to announce that as the founder and owner of Moab Luxury Coach, I am launching a full service transportation company that will be based in Moab, serve the community and hire Moab residents to drive the year around shuttles between Moab, Grand Junction, Blanding, Monticello, Green River, Price, Provo, Salt Lake City and Tooele.



Moab Luxury Coach Services will provide: guided tours of the parks; on-demand SUV service to locations between Salt Lake City and St. George; scheduled shuttle services to Salt Lake City and Grand Junction, taxi service in Moab, Spanish Trail and Castle Valley. Moab Luxury Coach is a member of a nation-wide dispatching organization and will arrange car and limousine service in the United States and twenty other countries. I intend this to be a great service to Moab residents who are making travel plans and need private transportation at destination.

I look forward to establishing a consistent and reliable transportation service that will meet needs of the vacationers who come to Moab for the high desert experience and to see a truly wonderful part of this great state.



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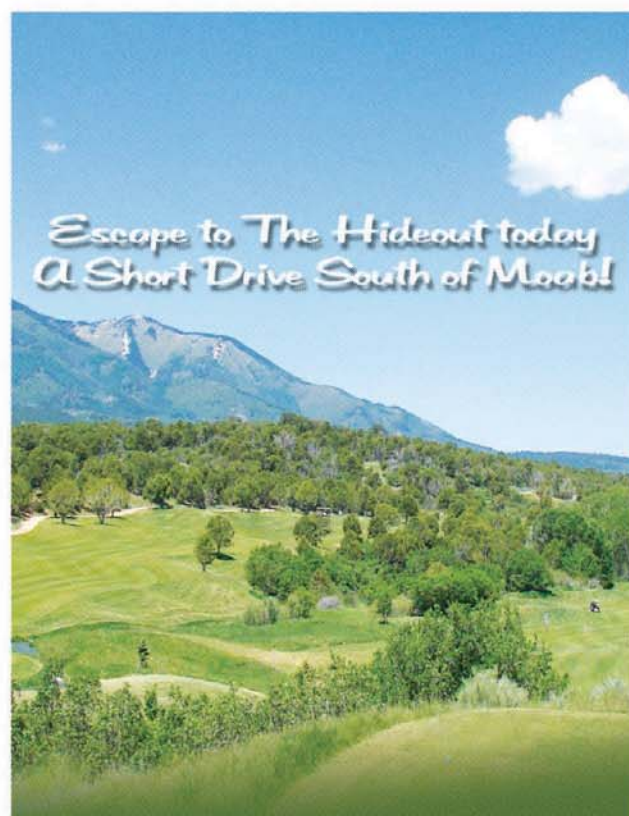


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# CULTURAL HAPPENINGS

## Celebrate Mexican Independence Day September 16

2010 marks a very important year in Mexican history, a year of bicentennial celebration. People of Mexican heritage from around the world are commemorating 200 years of independence from Spanish rule and the 100 year anniversary of the Mexican Revolution of 1910. The Moab Valley Multicultural Center is holding a large celebration on Thursday, September 16th so that the community of Moab can gather in the exciting festivities where food, music, and dance take center stage.

September 16th is the largest day of celebration in Mexico, and culminates with what is known as El Grito, or, 'The Cry.' This tradition dates back to 1810 when Mexican townspeople responded to the ringing of church bells with a fiery cry that triggered the long struggle against the Spanish. It is reenacted in every plaza or zócalo as a way of honoring the heroes of the independence. We often assume that the 5th of May marks the independence day of our southern neighbors when it actually pales in comparison to the true celebrations of independence that you find throughout Mexico on September 16th.

This event is open to the entire community and represents a wonderful opportunity for an authentic cultural experience and lots of fun. The celebration will be held at Swanny Park from 5-9pm and will feature traditional folkloric dancing, Moab's own Mexican-American band K-los, DJ Erick, and a selection of delicious homemade Mexican food. There will be no cost for entrance into the event. Don't miss this one-of-a-kind opportunity to join in the fiesta of all fiestas!



## Smithsonian Exhibit at Museum of Moab

The Smithsonian is coming to Moab. The Museum of Moab will host "New Harmonies: Celebrating American Roots Music" September 18th through November 3rd. The New Harmonies exhibit takes a look back at roots music and how it served as the foundation for many musical genres appreciated worldwide today. Throughout September, October and November the Museum of Moab will be presenting programs, lectures, workshops and performances highlighting both local and national Music history.

"New Harmonies" tells the American musical story through photographs, instruments, lyrics and artist profiles. Although "roots music" is a relatively new term that generally applies to forms of folk music, its influences run deep throughout American culture and can be heard in today's commercial country, gospel, pop and hip-hop genres.

The exhibition explores the work of well-known folk, gospel, country and blues artists who have inspired generations of musicians, like Ma Rainey, B.B. King, Jimmie Rodgers, the Carter Family, Mahalia Jackson, Woody Guthrie and Joan Baez, and captures the spirit of musical styles that are at the heart of local heritage in the United States—Tejano, zydeco, polka, Cajun, conjunto and klezmer. "New Harmonies" focuses on how roots music gives Americans a soundtrack and a voice for their stories.

"New Harmonies: Celebrating American Roots Music" has been made possible in Moab by the Utah Humanities Council. New Harmonies is part of Museum on Main Street, collaboration between the Smithsonian Institution and State Humanities Councils nationwide. Support for Museum on Main Street has been provided by the United States Congress.



Admission to the Museum will be free throughout the "New Harmonies" exhibit. For more information about the Museum of Moab and the New Harmonies exhibit please contact the Museum of Moab at 435-259-7985

# MOAB CLUBS & ORGANIZATIONS

**For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.**

AARP, Chapter 1539 .....	259-6396	Moab Duplicate Bridge Club (Gail Darcey) .....	259-1733
Alcoholics Anonymous/Alanon .....	259-7556	Moab Friends For Wheelin' (Jeff Stevens) .....	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke) .....	259-4525
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson) .....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried) .....	260-9252
BEACON (Stephanie Dahlstrom) .....	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Poets & Writers (Marcia Hafner) .....	259-6197
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Points & Pebbles Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied) .....	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Ropers Club (Terry Lance).....	259-9972
Daughters of Utah Pioneers (Hattie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Stephanie Dahlstrom) .....	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson) .....	259-0906	Moab Teen Center-Club Red .....	259-9991
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Trails Alliance (Kimberly Schappert) .....	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Sarah Heffron or Leticia Bentley).....	259-5444
Friends of Indian Creek (Emma Medara) .....	259-3586	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends Of the Grand County Library (Adrea Lund).....	259-1111	Order of the Eastern Star (Fran Townsend) .....	259-6469
Grand County Public Library.....	259-5421	Parent Teacher Association (Tiffany Saunders).....	259-5830
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7733
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon).....	259-1633	Red Rock Forests .....	259-5640
Grand County 4-H (Marion Holyoak).....	259-7558	Red Rock 4-Wheelers (Ber Knight) .....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-1302
Grand County Food Bank .....	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse .....	260-1039	Senior Center (Verleen Striblen) .....	259-6623
Humane Society of Moab Valley .....	259-4862	Sierra Club (Mike Stringham).....	259-8579
Ladies Golf Club (Chris Corwin) .....	259-5344	Solutions - www.moab-solutions.org - (Sara Melnicoff).....	259-0910
League of Women Voters (Cynthia Smith) .....	259-5306	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
Lion's Club (Tom Warren).....	259-7834	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Arts Council (Bruce Hucko) .....	259-4176	Toastmasters International (Al Boyd) .....	259-5767
Moab Arts Festival (Theresa King) .....	259-2742	Trail Mix Committee (Sandy Freethy) .....	259-0253
Moab Arts & Recreation Center .....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Fred Every).....	259-5428
Moab Chamber of Commerce (Kammy Wells) .....	259-7814	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org - 259-3313
Moab City Recreation (John Geiger) .....	259-2255	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Jen Sadoff) .....	259-BEAN (2326)
Moab Country Club (Rob Jones).....	259-6488		

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street



# PET HAPPENINGS

## Canine Separation Anxiety

by Kaye Davis of Moab BARKery

Separation anxiety is a common and serious problem for many dogs and their owners and is the 2nd most common reason dogs are relinquished or euthanized by their owners. Many owners confuse the symptoms of separation anxiety with gestures of doggie devotion, boredom or misbehavior, when in fact the dog is experiencing mental anguish, which is not healthy.

If your dog suffers from true separation anxiety, they are having a panic attack similar to the ones that humans experience. This is a condition over which they have no control. Canine separation anxiety involves at least one and more often several of the following behaviors while you are away from home:

Non-stop whining, howling or barking, Physical signs of anxiety such as excessive panting, drooling and pacing, Relieving themselves indoors (even housetrained dogs), destruction of flooring, doors, windows, furniture and other items in the house; tearing up plants, shrubs and digging holes in the yard, Efforts to dig or paw their way out of their crate or another enclosed space, often resulting in self-injury

Dogs are pack animals and are not used to being left alone or away from their pack. If most or all of the following statements are true about your dog, they may have a separation anxiety problem: The behavior primarily occurs when they are left alone and typically begins soon after you leave (in more severe cases it happens before you leave the house and they sense you are going to leave).

- They follow you from room to room whenever you're home.
- They display frantic and effusive greeting behaviors.

- They react with excitement, depression or anxiety to your preparations to leave the house.

It is not fully understood why some dogs suffer from separation anxiety and others do not. What it is important to understand is your dog's destructive, out-of-control behavior while they are in the midst of an episode isn't deliberate or payback for being left alone – it's coming from a very real terror they are feeling and that the behavior is a panic response and not disobedience.

Some common scenarios that can trigger separation anxiety are, if you have a dog that is accustomed to constant human contact that is left alone for the first time or your dog experiences a traumatic event (from their perspective) such as time at a shelter or boarding kennel. Significant changes in a dog's routine, like a move or the loss of a family member or other pet have also been known to cause separation anxiety.

If your dog suffers from a relatively mild form of the disorder, there are many ways to reduce their anxiety and increase their tolerance for being alone. Some of these things are simple to do; others will require effort and patience. Some methods work with certain dogs but not others, so be prepared to try different things.

Ignore your dog for a short period of time before you leave the house and upon your return. The idea is to make your comings and goings a non-event by taking no notice of their anxious behavior. Trying to soothe their anxiety with attention has the effect of rewarding the behavior and reinforcing the anxiety.

Desensitize your dog to all of the sights and sounds

involved with your preparation to leave the house, in other words go through all of the motions to leave without leaving. Since you do not know exactly which cues your dog is reacting to, you will need to observe your dog carefully and make a mental (or written) note of your preparing-to-leave activities. These will include turning lights on or off, putting on shoes, jingling car keys, walking to the door, opening the door and so forth. Perform these tasks over and over, one at a time, without leaving the house, until your dog no longer takes much notice of the activity and you are able to leave the house for at least an hour and your dog is calm while you are gone. Leave your dog with an article of clothing with your scent on it. Leave a treat release toy like the Kong or Busy Buddy for your dog to focus their attention on or place small treats around the house for them to discover, along with their favorite toys.

Consider using a pheromone collar, pheromone spray or calming supplement such as Nutri-Vet Pet Ease. All of these products are designed to have a calming affect on dogs.

Make sure your dog gets plenty of exercise, playtime and mental stimulation. The fuller their life is when you are around, the calmer they will be when you are not.

If your dog exhibits a more severe case of separation anxiety it may take longer for them to be able to be calm when you are not around. Patience is required even more so with severe cases and whilst you should continue to use the techniques listed above, you may want to consider the following solutions in conjunction with those:

Ask your vet about drug therapy. A good anti-anxiety drug should reduce their overall anxiety not sedate them.

- Take your dog to a doggie daycare facility.
- Take your dog to work with you, if possible.
- Consult an animal behaviorist or professional for assistance in resolving your dog's issues.

The most important thing to know as an owner of a dog that exhibits separation anxiety is what not to do. Understand that by choosing to do any of the following things that you are just contributing to making the situation a lot worse. What won't help is:

- Punishing your dog is not effective; the bad behaviors (house soiling, etc.) are a panic response and not a revengeful response to being left alone.

- Getting your dog a companion usually does not help. The anxiety is caused by separation from you, not just a result of being alone.

- Crating is usually not effective for anxious dogs and they may defecate, howl or even injure themselves in an attempt to escape. Instead create other kinds of safe places that confine loosely and have windows to provide distractions rather than total isolation.

- Leaving the radio or TV on will not help, they are missing you not the sound of any human voice.

- Obedience training will not help this particular issue. Separation anxiety is not the result of disobedience or lack of training.

With time, patience and experimentation with different methods for calming and desensitization, most dogs with separation anxiety can be relieved of the worst troubling symptoms.



### Humane Society of Moab Valley

Special Thanks To The Community & Local Businesses That Helped Make This Year's Dog Days Of Summer BBQ/Silent Auction a Huge Success!

#### September Events

##### September 4 & 18 Cat Adoption Days

10am - 12pm at the Moab Barkery. All ages and personalities, all sizes and colors. Whether you're looking for an adorable explosion of color or a regal red seal point, we've got the feline friend for you.

##### September 11 & 25 Dog Adoption Days

10am - 12pm at City Market. We have some amazing dogs waiting for their forever homes, including a sweet Blue Heeler an adorable Chesapeake Bay Retriever.

**Come meet your new best friend!** Pictures and info in The Ad-vertiser and [www.moabpets.org](http://www.moabpets.org) or you can also find us on Facebook! Call 259-4862 to set up a meet-and-greet if you can't make it to Adoption Days.

##### September 13th - 24th Spay/Neuter Clinic

We invite the public to participate in our Spay/Neuter Clinic. If you have any questions please contact us at 435-259-4862 or [www.moabpets.org](http://www.moabpets.org).

##### Membership Drive:

October 2010 - More Info To Come :)

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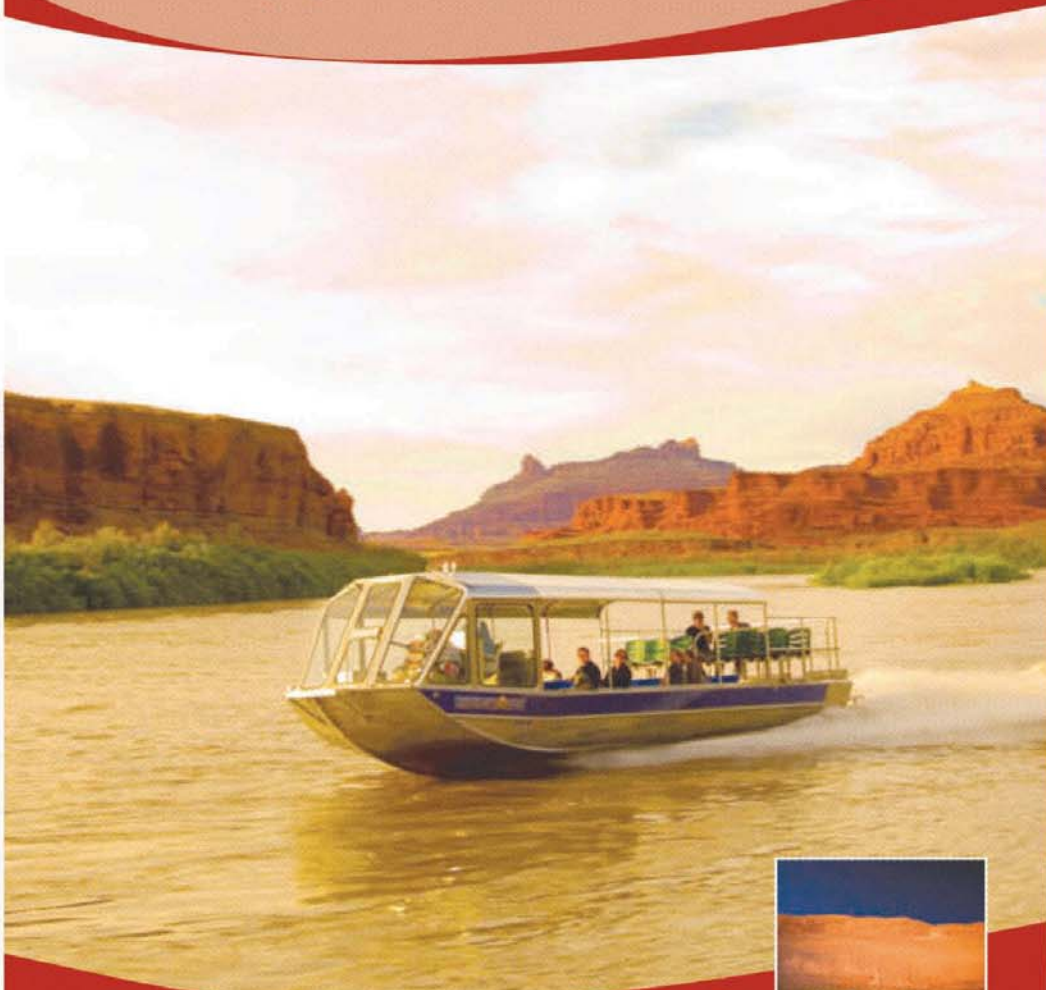
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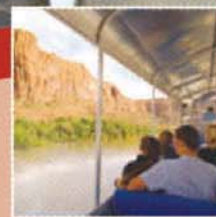


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