

MOAB ADVENTURE CENTER

225 S. MAIN St. | MOAB, UT | 84352
 CALL TODAY FOR INFO. & RESERVATIONS
www.moabadventurecenter.com

» RAFTING TRIPS
 HUMMER SAFARIS
 OFF-ROAD DRIVING
 HORSEBACK RIDING
 ROCK CLIMBING
 SCENIC FLIGHTS
 GUIDED HIKES
 MOUNTAIN BIKING
 NATIONAL PARK TOURS
 OUTDOOR GEAR



PRESENT THIS AD AT THE TIME OF RESERVATION AND RECEIVE A
FREE PHOTO ALBUM
 Call today at: 435-259-7019.

OFFER VALID FOR 1 FREE COLLECTORS UTAH PHOTO ALBUM MADE FROM REAL LICENSE PLATE MATERIALS. (HOLDS 60 4X6" PRINTS). OFFER MAY NOT BE COMBINED WITH OTHER OFFERS. LIMIT ONE PER PARTY. AD MUST BE PRESENTED AT THE TIME OF BOOKING.

MOAB HAPPENINGS

Volume 22 Number 2

FREE COPY

MAY 2010

Table Of Contents	
Art Walk	6A
Astrology	19A
Events Calendar	4-5A
Health: Body, Mind, Spirit	6-7B
Hiking	7A
Lodging Guide	8-9B
Mileage Chart	2B
Moab City Map	12B
Mtn Biking	14-15A
Nature	8A
Non-Profit Happenings	14B
Restaurant Guide	9-12A
Scenic Road	11B
Shopping Guide	4-5B
Sky Happenings	17A
Southeast Utah Map	16A
Trail Mix	3B



Moab Arts Festival May 29 - 30

PRRST STD
 U.S. POSTAGE PAID
 PERMIT #39
 MOAB, UTAH

www.moabhappenings.com

MOAB HAPPENINGS
 P.O. BOX 698
 MOAB, UTAH 84352

MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

2010 Copyright. No part of this publication may be reproduced without the written authorization of the publisher.
Advertising rates available upon request.

Publisher/Editor Theresa King
Production, Graphic Design: Steve Budelier,
Cliff Crutchfield, Megan Schafer & Theresa King
Special Projects..... Rex Holman, Margaret Griffith
Circulation..... Susan Baffico, Jeff Barron
Sales Aaron Davies, Theresa King
Bookkeeping Lisa DeRees
Contributing Writers Damian Fagan, Rob Wells,
Annabelle Numaguchi, Marcy Hafner,
Faylene Roth, Vicki Barker, & Rob Cassingham
Photography: Action Shots, Cliff Crutchfield,
Steve Budelier
Webmaster Steve Budelier
Cover Photo Bruce Hucko

Canyonlands Advertising
P.O. Box 698 • Moab, Utah 84532
(435) 259 - 8431 • FAX (435) 259-2418
e-mail: info@moabhappenings.com
www.moabhappenings.com

SPOT SATELLITE MESSENGER



Alert 9-1-1 -Dispatch emergency responders to your location.

Check in -Let contacts know where you are and that you are okay.

Help -Request help from friends and family at your exact location.

Track -Send and save your location and allow contacts to track your progress using Google Maps®.

\$149

ALERT 9-1-1
CHECK IN
ASK FOR HELP
TRACK PROGRESS

spot
LIVE TO TELL ABOUT IT™

GARMIN GPS UNITS

GPS Units for Offroad use Topo Maps

GPS Rental \$14.99 a day

POINT and SHOOT / SLR CAMERAS

ON SALE! From \$69

Full Line of Accessories



CAMCORDERS

\$129 and up



iPOD

iPod Touch & accessories

BINOCULARS

Nikon & Steiner® Binoculars



ACTION and HELMET CAM

\$179 and up



MINI NOTEBOOKS

8-9" Screen

From \$269



Arches Electronics • 57 North Main, Moab • (435) 259-0333
Sony • Panasonic • Canon • Nikon • Olympus • Toshiba • JVC

HIGH QUALITY COLOR COPIES!

LOW, EVERYDAY PRICES! FAX Services • Internet Access

375 S. Main (corner of Grand & Main) Moab, Utah 84532
435-259-8431 • Fax 435-259-2418
OPEN MONDAY - FRIDAY 8AM TO 6PM • SATURDAY 9AM TO 5PM



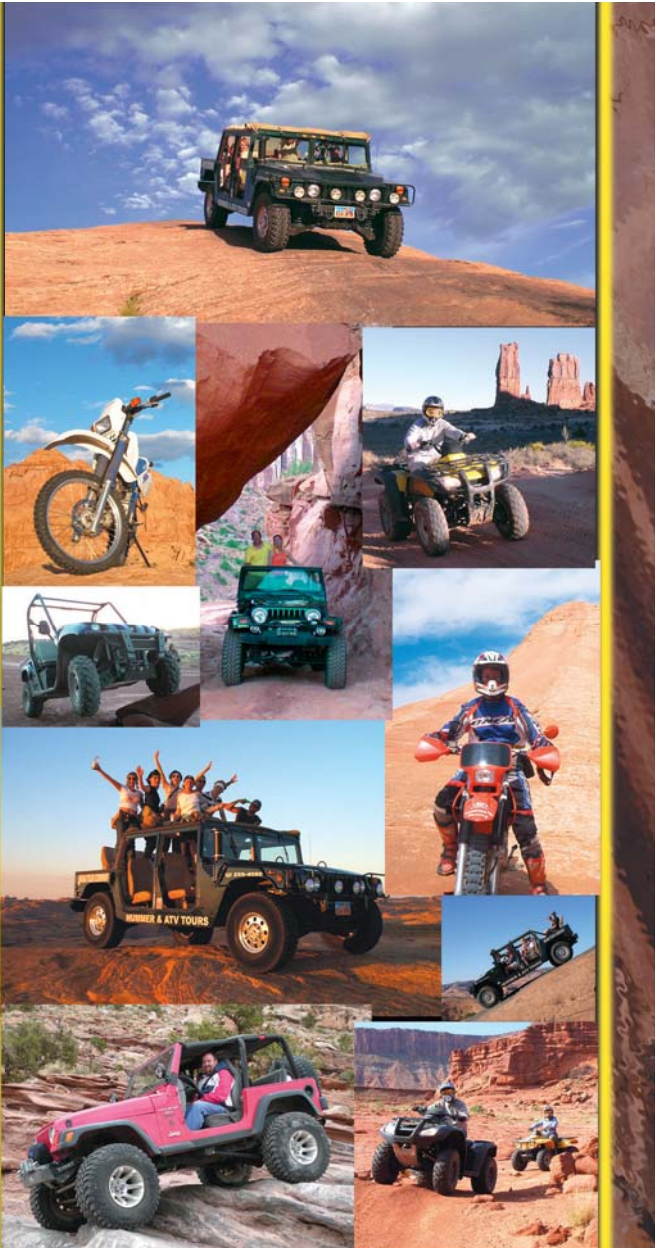
MOAB TOUR COMPANY

HUMMER TOURS
~
UTV-ATV TOURS
~
UTV-ATV RENTALS
~
MOTORCYCLE RENTAL
~
JEEP RENTALS

435-259-4080
OR
877-725-7317

543 NORTH MAIN ST.
MOAB, UTAH

WWW.MOABTOURCOMPANY.US



Word Play

A Special Art Quilt Exhibit



Clever Quotes & Clever Quilts

May-June

The Museum of Moab
118 E Center Street

GARDEN HAPPENINGS

Youth Garden Project's Community Supported Agriculture Program

Memberships available for the Youth Garden Project's Community Supported Agriculture Program

The Youth Garden Project (YGP) is now accepting memberships for the Community Supported Agriculture (CSA) program that will provide fresh fruits and vegetables all summer long. The program will begin in June and continue weekly through the growing season, usually mid-October. Each week for about 20 weeks, CSA members receive a box of fresh, handpicked produce harvested that day. A single share membership is \$300 and a double share membership is \$575. A single share is designed for one to two person households while a double share will supplement the fruit and vegetable needs for a three to four person household or for those smaller households that want to eat more vegetables or preserve fruits and vegetables for use at other times of the year. During the season, the weekly



Community Supported Agriculture members can join in the weekly harvest of fresh fruit and vegetables. Boxes are available for pick-up on Thursdays from 3-7pm, or can be delivered for an additional fee.

pickup is at YGP on Thursdays. Delivery to your home or business is also available for an additional fee. Each week the contents of the box of produce changes as the season changes.

YGP operates a two-acre farm next to Grand County High School. The CSA garden is staffed by AmeriCorps Apprentices and overseen by Rhonda Gotway, the YGP's Farmer. Through this program, YGP provides a variety of delicious, organically grown produce to the community and wonderful learning and vocational opportunities for youth served by the programs. Members share in the booms and busts of agriculture, which reduces the risk of farming and provides the farm with the "up-front" resources needed to grow food each season. For more information or to sign up for the Youth Garden Project's CSA program go to www.youthgardenproject.org or call YGP at (435) 259-2326.

RED CLIFFS LODGE
Moab's Adventure Headquarters

Castle Creek WINERY

NEW RIVER-FRONT CABINS
RIVER-FRONT ROOMS
VOICE MAIL & WI-FI
PRIVATE PATIOS
HORSEBACK RIDING
BIKES, RAFTS, HIKING
EXERCISE ROOM
TENNIS COURTS
POOL & HOT TUB
CATERING
RESTAURANT & BAR
ON SITE WINERY
CONVENTIONS & RETREATS
WEDDINGS & REUNIONS

435-259-2002 • 866-812-2002
Mile 14 on Hwy. 128 • Moab, Utah 84532
www.redcliffslodge.com
for Group Sales e-mail sandy@redcliffslodge.com

WINNER
BEST OF STATE

UTAH 2009

"Moab's Best Deal"

535 South Main
Moab, Utah 84532

435-259-3500
800-772-1972

- ★ **52 Rooms**
- ★ **Pet Rooms**
- ★ **Kitchenettes**
- ★ **Picnic & BBQ Patio**
- ★ **DSL Room Hookup**
- ★ **Close to Downtown**
- ★ **Cable TV & HBO**
- ★ **Hot Tub**

Pet Friendly! Bike Friendly!

www.moabredstone.com

"Southwest Lodge at a Motel Price"

550 South Main
Moab, UT 84532
800-325-6171
435-259-6171

Close to Downtown!

- Heated pool
- Coffee makers with coffee
- Pet rooms
- Refrigerators, microwaves
- Voice mail & DSL
- Oversize TV with HBO
- Log furniture/58 Rooms
- On site Restaurant

www.moabbighorn.com

MOAB AREA EVENTS CALENDAR



Behind McDonald's
Family Fun Center Moab, UT 259-4583

- Go Carts
- Laser Tag
- Arcade
- Mini Golf
- Air Hockey
- Bumper Boats
- Carnival Swing
- Air Slide
- Kiddie Playground

Mon thru Sat 10:00am - 10:00pm
Call for Private Party

Canyonlands
PRCA
RODEO



JUNE 3, 4, 5, 2010
8:00 pm Nightly
Old Spanish Trail Arena

SAT., JUNE 5TH AT 10 AM
RODEO PARADE

Fallen Arches Square
Dance Club

Thursday Nights 7:30 - 9:30 p.m.
The Grand Center
182 N. 500 West, Moab, Utah

All Square Dancers &
Visitors Welcome

Please call to verify dance and
for lesson information:
Bob or Flora 435-259-2724
Tom or Sandy 435-719-4169

Old Spanish
Trail Arena

Have your event at the Arena!
Class Reunion, Family Reunion,
Reception, Meetings,
Group Activities

Sound System • Conference Room
Concession Area • Air Conditioned

Call 435-259-6226

Moab's TV Tour Guide

Where to:

- Raft
- Eat
- Bike
- Stay
- Hike
- Shop
- Eco-Education
- Historical Info

21

Watch Channel 21 in your
Motel room, RV Park or Condo

Volunteer for your
favorite special event

May 2010

April 29-May 2 Moab Photography Symposium

A 4-day gathering of photography lovers who come to learn new technical and artistic skills through discussion and workshops. The workshops will focus on composition, Photoshop techniques and much more. For more information visit moabphotosym.com, contact Bruce Hucko at bhucko@frontiernet.net, or call 435-259-4176.

April 29- May 2 Moab Spring Quarter Horse Show,
Held at the Spanish Trail Arena

April 30-May 8 KZMU Radiothon
See article on page 13B

1 Fifth Annual Four Corners Indian Art Market, Blanding
Held at Edge of the Cedars State Park/Museum

Saturday, 9:30 AM until 6:00 PM Free and open to all!
Celebrate the artistic traditions of the Native cultures of the Four Corners. Meet and purchase fine art from fifty Native American artists representing over a dozen Southwest tribes and pueblo nations. Experience traditional and contemporary dance, music, and food. Have fun bidding at the Silent Auction. Learn about Native art from master weavers, potters, basket weavers, flute and drum makers demonstrating their crafts. Educational activities for children, too!

1 Free Comic Book Day, Red Wolf Comics, 10 am - 9 pm.

1 First Moab Farmers' Market, Swanny City Park
Sponsored by the Youth Garden Project begins Saturday May 1 at Swanny City Park 100 West and Park Drive, 8 AM to Noon. Fresh local food, arts and crafts, community information, hot coffee at the sponsor booth. For Information contact Gayle Weyher 259-0242.

1 Relay For Life Kickoff Party and Duck Race, Rotary Park
Ducky Derby Fundraiser for the American Cancer Society. Buy a duck for a \$5 donation and watch it race down Millcreek!! (chance to win a 32" flat screen tv) Race begins at 4pm; After race activities: BBQ Pork Dinner \$5 ea, Dunk tank, games, fun.

1-2 Gran Fondo

A timed road cycling event on the La Sal loop road. For more info go to www.granfondonoab.com or call 435-259-6294. see page 14A

6 Peter Bradley Adams Benefit Concert, Star Hall, 7 pm
The Moab Valley Multicultural Center and the Youth Garden Project are pleased to present a benefit concert for the new Multicultural Community Garden (located at 156 N. 100 W.) Support community gardening and the promotion of local food production, healthy lifestyles and building greater cross-cultural understanding and appreciation through the act of gardening. Peter Bradley Adams is a critically acclaimed folk-pop Americana singer-songwriter from Birmingham, Alabama. Performing with Adams will be guitarist Johnathan Trebing, a member of the Rascal Flats Band. Tickets \$10 in advance, \$12 at the door. For more info call 435-260-9440.

6 Thursday Night Movie at the Library, 7 pm

Film - "The Cove" 2010 Academy Award Winner for Best Documentary. Free event. Everyone is invited. Children under 13 must be accompanied by a parent or guardian. Grand County Public Library, 257 E. Center Street. 259-1111

6 Moab Information Lecture Series, 7 pm

Jody Patterson "Exploring Fremont-Pueblo Interactions along the Colorado River Frontier" FREE to the public. Center and Main. Part of Utah Prehistory Week.

7-11 Tribal Sands Belly Dance Festival
see article on page 13A of this issue.

8 Moab Mountain Relay

Run Moab's Backside with a team of your favorite running buddies! This 50-mile course is run relay-style with teams of 6 or teams of 3. The course begins at the Red Cliffs Lodge, runs along the La Sal Mountain Loop Road, and drops back down into Moab to finish at the Old City Park. Each team member runs about eight miles (split into two separate running times) and then gives plenty of encouragement to other team members while riding in the support vehicle. This relay offers a unique challenge to runners of all abilities. Teams can be made up of friends, family members, fellow co-workers, high school-age students, or any combination of these. website at MoabRelay.com.

8-9 Moab SuperJam, Old City Park

Free outdoor concert showcasing Moab's lively and thriving local music scene. Old City Park Saturday: noon to 9 pm; Sunday noon to 6 pm.

8 Rocky Mountain Elk Foundation Banquet, Grand Center
Sponsored by Canyonlands Chapter. Social hour begins at 5:00 pm sharp. Call Rich at 435-259-4449 or Eric at 801-573-6527 for tickets.

8 Cody DeLong Plein Air painting, Arches National Park
Event sponsored by Artwalk. See article on page 6A.

8 Moab Art Walk, 6:00 - 9:00 pm

Stroll Moab's galleries, shops and cafes and view fine locally created Moab art. The Moab Art Walk includes featured artists and receptions. Most exhibits run for a month or more, so feel free to stop in anytime at participating locations! For more info, visit moabartwalk.com or call 435-259-3861. See map and article on page 6A.

8 "Plants and People of the Colorado Plateau." 8:00 pm

Discover how the Ancient Peoples of the Colorado Plateau lived in the desert without modern conveniences. Location: Dead Horse Point State Park. Meet at the visitor center amphitheater. (435) 259-2614 The park entrance fee applies to this program. Part of Utah Pre-History Week.

For more info on events see www.moabhappenings.com

NOW SHOWING
MOVIES IN MOAB

SLICKROCK CINEMAS 3
OPEN 365 DAYS A YEAR
259-4441

- Newest Movies
- 3 Big Screens
- Surround Sound

Conveniently Located Behind Burger King • 580 Kane Creek Blvd. Moab

Moab Golf Course
Scenic 18 Holes



Open to the public
all year long,
seven days a week!

Call for tee times
435-259-6488



May 29-30, 2010

Sat 10am-8pm
Sun 10am-6pm

Free Admission

WEEKEND TOURS

Get to know where we love to go...

April 17th-Oct 17th
(except late July)

Saturdays 8:30-1:00pm
Wet & Wild Creek Walk

Saturdays 4:30-9:00pm
Arches NP Sunset Tour

Sundays 8:30-1:00pm
Moab's Ancient Past

Transportation, snacks & park fees are included.
\$30-45/person per tour. \$20/youth for Wet & Wild Walk.



Call CFI to register:
435-259-7750
www.canyonlandsfieldinst.org

CFI is an outdoor education nonprofit organization.

MOAB FARMER'S MARKET

Sponsored by the Youth Garden Project



FRESH LOCAL FOOD • ARTS & CRAFTS • BAKED & PREPARED FOODS
LOCAL TALENT • COMMUNITY INFORMATION

Swanny City Park • 100 West and Park Drive
Saturdays May 1 - Oct 23 • 8:00 am to Noon

Your Ad could be
on this page.
call 435-259-8431 for rates.

DEADLINE for June Events Calendar: **MAY 20, 2010**

Listings in the *Moab Happenings* Events Calendar are **FREE!!**

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

May 2010 events continued

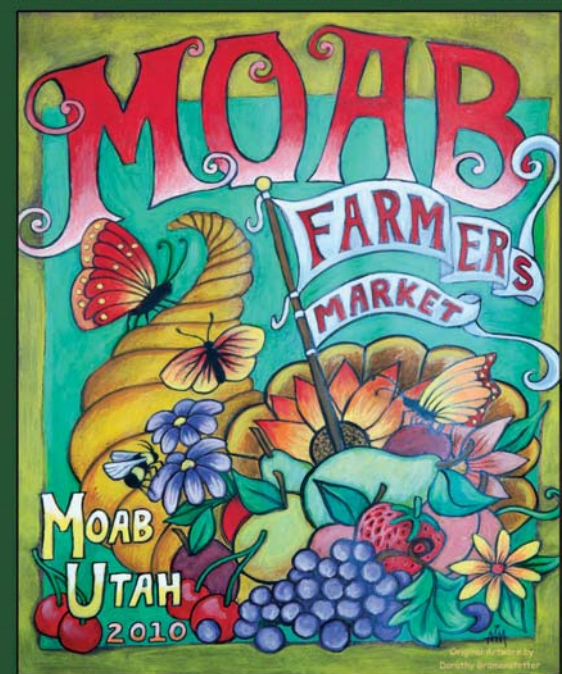
- 8 Moab Farmers' Market, Swanny City Park, 8 am - 12 noon
Sponsored by the Youth Garden Project at Swanny City Park, 100 West and Park Drive. Fresh local food, arts and crafts, community information, hot coffee at the sponsor booth. For Information contact Gayle Weyher 259-0242.
- 9 **MOTHER'S DAY**
- 9 Mother's Day Brunch, Youth Garden Project, 10:30 am
A Delicious Three Course Meal Served in the Spring Garden. Homemade breads, muffins, jams, quiche and other delicacies will be a treat for everyone as we serve you at your table in the blooming spring garden. Adults \$15, Youth 11-18 \$10, Children under 10 \$5. RSVP by May 5, call YGP 435-259-2326.
- 11 Second Wednesday Book Club, Grand County Library, 6 pm
This month the Second Wednesday Book Club will meet on the Second Tuesday! The Tennis Partner by Abraham Berghese is May's book selection. All are welcome.
- 12-15 Rally on the Rocks, UTV event, Spanish Trail Arena
for more info visit rallyontherocks.com
- 13 Moab Garden Club, 7 pm
This is a new club just starting up in Moab. We will be meeting on the second Thursday each month at different locations. In May we will be discussing Vegetable gardening with Chris Conrad of Sol Food Farms. It is our purpose to share our knowledge, plant and seeds and just have fun. We ask anyone coming to bring any seeds or plants that you can share with others if you can. To get the locations and directions call Tricia Scott at 259-6342.
- 13 Moab Information Lecture Series, 7pm
David and James Eggeling "Fragments of Broken Light"
FREE to the public. Center and Main.
- 13-16 2010 Birding Festival, Ute Mountain/Mesa Verde
utemountainmesaverdebirdingfestival.com 970-565-1151
- 13-16 Miatas in Moab IV
- 14 Rule the Rocks skate competition, Swanny City Park
Club Red is partnering up with the TRUTH and the Grand County Tobacco Prevention Program to bring to town the 3rd annual Rule the Rocks skate competition at the skate park at Swanny City Park from 4-8pm, registration takes place from 3-4 pm. All abilities welcome!
- 15 Moab Farmers' Market, Swanny City Park, 8 am - 12 noon
Sponsored by the Youth Garden Project at Swanny City Park 100 West and Park Drive. Children's Story time with Grand County Public Library at 10:30 AM. Fresh local food, arts and crafts, community information, hot coffee at the sponsor booth. For Information contact Gayle Weyher 259-0242.
- 16 Stargazing with Red Rock Astronomers, 9:00 pm
Join Red Rock Astronomers for an evening of stargazing and telescope viewing. Meet in the southwest corner of Old City Park at nautical twilight. See Sky Happenings on page 17A of this issue for more information. Sponsored by WabiSabi.
- 21-23 Herb Class Series with Pam Hyde Nakai, Mt. Peale Resort
- 22 Moab Farmers' Market, Swanny City Park, 8 am - 12 noon
Sponsored by the Youth Garden Project at Swanny City Park 100 West and Park Drive. Fresh local food, arts and crafts, community information, hot coffee at the sponsor booth. For Information contact Gayle Weyher 259-0242.
- 23-28 goneMOAB, Nissan 4 Wheel Drive owners event
for more info visit: gonemoab.com
- 24 First Annual Spring Swing, Moab Golf Course
Moab Chamber of Commerce tournament/fundraiser.
Golf BBQ, luncheon, prizes & raffle items. see article on page 14B.
- 26-30 Moab Mogfest
Four and a half days of unimogs joining in group trail rides.
for more info visit couchoffroad.com
- 27 Moab Information Lecture Series, 7 pm
Kim Clawson "A Virtual Tour of Deadhorse Point State Park"
FREE to the public. Center and Main.
- 27 Full Moon Hike at Dead Horse Point State Park
Join park staff for a mile-long sunset/moonrise hike.
Meet at the Neck parking area, about a mile south of the visitor center at 8:30 pm for this hour-long program.
- 28-30 Desert Rocks Music Festival
2010 Lineup: Groundation, JGB feat. Melvin Seals, Chali 2na of J5, Emmitt-Nershi Band, The Mother Hips, The Motet, Abstract Rude, Wisebird, David Gans, Stonefed, Tanglewood, LYNX & Janover, Juno What?!, Lubriphonic, Al Howard, Afro Omega, Whiskey Blanket, Dee-1, Yamn, White Water Ramble, The Pour, Jaden, The Gristle Gals, Scenic Byway, Equal Eyes, Puddle Mountain Ramblers, Naked Eyes, The William Brothers Band, Bryon Friedman Band, Beckham Bros., Fry Sauce, Junior & Transportation, The Pour, Dead Horse Minstrel, Damien Roomets, Last To Know, Josh Weathers Band, Matt Lewis Band, and Ulysses, SoLLun DJ's: Jantsen, DJ Rootz, Rocketboy, Soltronic, and more...for more info see www.desertrocks.org
- 28-June 6 Mesa Verde Country Indian Arts & Culture Festival
see ad on page 8A for more info.
- 29 Moab Farmers' Market at the Arts Festival.
Sponsored by the Youth Garden Project at Swanny City Park 100 West and Park Drive, 8 AM to Noon. Fresh local food and community information, hot coffee at the sponsor booth. For Information contact Gayle Weyher 259-0242.
- 29-30 Moab Arts Festival, Swanny City Park
Free Admission. Saturday, 10 am - 8 pm; Sunday 10 am - 6 pm. Over 100 artist booths, Food, Fun, WabiSabi Kids Tent/Activities. Live Music both days. See article and entertainment schedule on page 1B of this issue. For more info call 435-259-2742 or visit www.moabartsfestival.org. Pick up a copy of the Moab Arts Festival special event paper around town for articles of interest on the artists coming this year.
- 31 **MEMORIAL DAY**
- June 3-5 PRCA Rodeo, Spanish Trail Arena
Three nights of professional rodeo. Great family entertainment.
- June 4-5: Project Green River: An Art, Film and Music Festival
see article on page 13A of this issue

At Swanny City Park (100 West and Park Dr) the Farmers' Market draws crowds of tourists and locals. Running every Saturday, May 1 through October 23, 8 am to noon, arts and crafts, jewelry, baked goods, local cheese, fruits, vegetables, herbs, plants, gourds, prepared foods, hot coffee and community information are available. You will be surprised and pleased by the variety; many things from home-made doggie treats, candles, soaps to hand-made wooden objects and tie dye are presented fresh local and lively. Come to the Farmers' Market for music and children's story time.

Vendors can register now. To reserve your vendor location, visit www.youthgardenproject.org link to the Farmers' Market page for guidelines and registration forms.

For more information: call Gayle Weyher, Farmers' Market Manager at 259-0242 or the Youth Garden Project at 259-2326.

MOAB FARMERS' MARKET



Farm Fresh Produce • Crafts • Baked Goods • Flowers
May - Oct, Saturdays 8:00 - Noon Swanny City Park

Sponsored by the Youth Garden Project

School Happenings

- May 3 **Speak for Tomorrow Today, GCHS 5:30 pm**
An event focusing on the Economic Future of Grand County and rural Utah. State & National experts to share insights. Presentations includes projections for rural communities, the viability of Utah's tax structure, job forecasts and more. Admission FREE!
- May 3-8 **Teacher Staff Appreciation Week., Red Rock PTA**
- May 8 **Grand County School District Yard Sale**
8 am - noon at Helen M. Knight Intermediate School, 168 W. 4th North. A Silent auction will be held for pianos.
- May 10 **Red Rock Elementary Arts Extravaganza!**
5-7 pm, Student art work on display. Performances ongoing.
- May 18 **Last day of School-Ever! Red Rock Elementary**
- May 18 **Grand county High School Graduation**

2010 Events

- May 1 Four Corners Indian Art Market
- May 1-2 Gran Fondo Timed Cycling Event
- May 7-11 Tribal Sands Belly Dance Festival
- May 8 Moab Art Walk
- May 8-9 Moab Superjam Outdoor Concert
- May 12-15 Rally on the Rocks UTV event
- May 24 Moab Chamber Spring Swing
- May 28-30 Desert Rocks Music Festival
- May 29-30 18th Annual Moab Arts Festival
- June 3-5 Canyonlands PRCA Rodeo
- June 6 Free fishing day for everyone in Utah
- June 12 Moab Art Walk
- June 26 Moonshadows in Moab
- July 4 Independence Day Celebration
- September 2-13 Moab Music Festival
- September 4-6 Labor Day Red Rock 4 Wheelers Campout
- September 5 Moab Studio Tour
- September 11 Moab Art Walk
- September 17-19 Moab Century Tour
- September 23-26 Moab Fall Quarter Horse Show
- October 1-7 Moab Plein Air Festival
- October 7-10 Gem & Mineral Show
- October 7-10 Moab Outerbike Demo Event
- October 9 Moab Art Walk
- October 9-10 24 Hours of Moab
- October 17 The Other Half Marathon
- October 21-24 Confluence: Celebration of Reading & Writing
- October 30 Annual Pumpkin Chuckin' Festival
- October 29-31 Annual Chile Ho-Down Bike Festival
- November 5-7 Moab Folk Festival
- November 13 Moab Art Walk
- December 4 Electric Light Parade
- December 4 Winter Sun 10k
- December 5 Moab Studio Tour
- December 11 Moab Art Walk

ART WALK HAPPENINGS

Moab Art Walk, Saturday May 8th from 6pm to 9pm

Moab Arts & Recreation Center

Come and see the results of the annual Moab Photosymposium.
111 E 100 N Moab, UT 435-259-6272 www.moabmarc.com
marcinfo@moabcity.org

Overlook Gallery - Cody DeLong

The Overlook Gallery welcomes guest artist, Cody DeLong for a special exhibit, for this weekend only, of landscape paintings of the Grand Canyon and Sedona, Arizona area. To view DeLong's portfolio see codydelong.com.



83 E. Center 435-259-3861
www.moabarts.com overlookgallery@yahoo.com

The Western Image

Shane Deeter

Shane Deeter is a successful leather artist, who creates functional yet beautiful pieces from this versatile medium. His award winning boots, saddles, and personal items have been prized in the western U.S. since early in his art career.

39 North Main Street Moab, UT
435-259-3006

www.moabartists.com
shane@deetercustomsaddlery.com



Museum of Moab

Delicate Stitchers - "Three Sheeps in the Wind"
Delicate Stitchers Quilt Guild will present quilts from its annual themed challenge. This year's theme is "Word Play", which provides a humorous take on common expressions.

118 E Centert
435-259-7985

www.moabmuseum.org



Art Walk is sponsoring a special event in the afternoon before Art Walk this Saturday, May 8 from 1-4 pm. The first place winner of the 2009 Arizona Plein Air Painters Juried Show at The Sedona Art Center, Cody DeLong will spend the afternoon creating a plein air, landscape painting at the Park Avenue Trailhead in Arches National Park. Locals and visitors are invited to watch Cody work (NPS entrance fees apply). Artwalk representatives will be in attendance and information about upcoming arts events in the Moab area will be available. View Cody DeLong's portfolio at codydelong.com.



Eklecticafé

presents award-winning photographer Patrick Paul René's newest portfolio, "Between Dream and Reality". The changes of light flowing through his camera lens bring a distinctive interpretation of color, space, and time. Join us for an evening with Patrick and savor his latest aesthetic creations.

353 N Main, Moab UT
435-259-6896



Framed Image Fine Art Gallery

Bret Webster-Sky Bridge

Framed Image Fine Art presents "Galactic Desert", photography by Bret Webster. Bret's dazzling images capture the Milky Way as a backdrop for "light painted" red rock features and native american rock art panels.

59 E Center Street Moab, Utah
434-259-4446

www.framedimagemoab.com
info@framedimagemoab.com

Arches Book Company - Doug Rhinehart

Aspen area photographer Doug Rhinehart will be featured at Arches Book Company/Back of Beyond Books. Doug began his involvement in photography in the late 60's. His work has primarily been in black and white and has used a variety of formats. His subject matter has been landscapes, southwestern architecture, nudes, and portraits. For the past several years, he has concentrated on large format, intimate landscapes of the desert southwest. His book "Desert Adagio" will be available in addition to his fine art.

83/89 N. Main Street Moab, Utah 435-259-0782

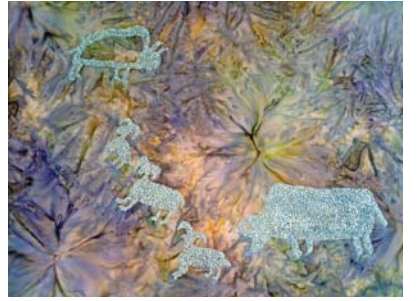
www.backofbeyondbooks.com andy@backofbeyondbooks.com



Moonflower Market Deb Hughes

Visit Moonflower Market where Deborah Hughes exhibits Entoptic Expressions - quilted glyphs of fabric and tacks, pen & ink comminglings of inner and outer landscapes, as well as feminine views through the camera lens available in frame-ready note cards.

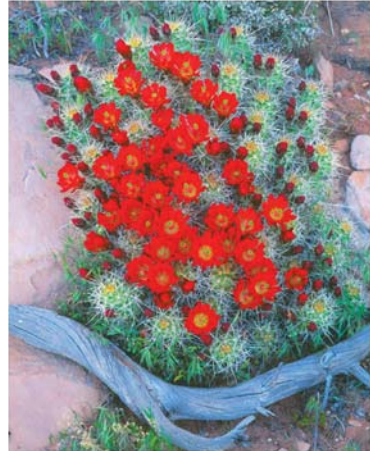
39 E 100 N Moab, Utah 435-269-5712
moonflowermarket@frontiernet.net



Tom Till Gallery

Ilfochrome Sale. While they last, handmade Ilfochromes are on sale at prices anyone can afford.

61 North Main Street
Moab, UT 84532
435-259-9808
www.tomtill.com



MOAB



ART @ WALK

1-MARC

111 E 100 N

2-OVERLOOK GALLERY

83 E CENTER ST

3-THE WESTERN IMAGE

39 N MAIN ST

4-FRAMED IMAGE FINE ART GALLERY

59 E CENTER ST

5-TOM TILL GALLERY

61 N MAIN ST

6-ARCHES BOOK CO. & BACK OF BEYOND

83-89 N MAIN ST

7-MOONFLOWER MARKET

39 E 100 N

8-EKLECTICAKE

352 N Main Street

9-MUSEUM OF MOAB

118 E CENTER ST

www.moabartwalk.com

		8	
300 N	MAIN		
200 N		100 E	200 E
100 N		7	1
	6		
	5		
CENTER	3	4 2	
			9
100 S			

HIKING HAPPENINGS

Dead Horse Point – On The Precipice

by Marcy Hafner

Dead Horse Point, a narrow mesa at 6,000 feet, terminates at its southern end above the brink of sheer cliffs. From this on the edge spectacular viewpoint, the many layers of sandstone, which extend down to the Colorado River 2,000 feet below, present a dramatic scene. Many years ago, San Juan County officials, realizing its scenic and geologic value, purchased 628 acres from the Bureau of Land Management and donated it to the Utah State Parks and Recreation Commission. Since its dedication as a park in 1959, Dead Horse Point State Park has grown to over 5,000 acres and hosts more than 200,000 visitors a year.

Along with stunning views and a showcase of geology, it is fascinating to me how this state park received its name. Wild mustangs used to roam freely on this mesa top. Their ancestors arrived in the New World with the Spanish conquistadors in the 1500s. Three hundred years later, cowboys devised clever ways to capture them and Dead Horse Point provided the perfect set-up for a custom-made trap. After herding the ponies past the narrow strip of land called the “neck”, a quick placement of juniper and pinyon branches fenced them in. With sheer cliffs blocking escape routes on all sides it became a convenient corral where the cowboys could sort out the healthy marketable horses from the culls or “broomtails.” As the story goes,

a band of broomtails was accidentally left behind and they died of thirst, giving the park its name. Wild horses no longer exist at Dead Horse Point but they still run free throughout parts of Utah, Nevada, Wyoming and Colorado, surviving as a legacy of the Old West.

More than 50 million years ago, herds of much smaller, different looking wild horses, which were hunted by prehistoric predators, inhabited the North American continent. These ancient equines had developed specialized teeth to process the stiff coarse prairie grasses rather than browsing on leaves. Using this successful strategy, they thrived on the grasslands and yet mysteriously disappeared during the last Ice Age about 10,000 years ago. It was on other continents that their ancestors evolved into their modern form and were domesticated for work and transportation.

To get to Dead Horse Point State Park, drive nine miles north from Moab on Highway 191 and turn left on Highway 313. Then continue fourteen more miles to the Dead Horse Point turn off. From there it is seven miles to the visitor center.

The paved road into the park ends at the Dead Horse Point Overlook, but you see so much more by hiking the 1.5-mile Point Overlook trail, which begins right behind the visitor center. This easy pathway follows the rim to cliff-edged vistas along the trail. To more deeply appreciate this experience start your hike on the paved nature trail for a preview of what you will observe on the main trail.

The startlingly blue evaporation ponds prominently seen below are used for the solution mining of potash, a fertilizer utilized extensively in agriculture. At this plant located about twenty miles west of Moab on Highway 279, water from the Colorado River is injected underground to dissolve the ore, which is then pumped to the ponds. After evaporation, only the potash remains. Using 23 separate



ponds on over 400 acres, the mine produces approximately 260,000 tons of potash every year.

On the first section of the trail, I am intrigued with the mini cliff on my right that has been scalloped by erosion into miniature columns, overhangs and interestingly shaped indentations. After leaving that behind, I wander out on a mesa where numerous dead trees present a stark portrait, the result of a wildfire probably started by a lightning strike.



I take the time to explore a short trail which branches off to the Basin Overlook where two outstanding formations - Pyramid Butte, south of the evaporation ponds, and Chimney Rock, an isolated tower north of the ponds are aptly seen.

The last half-mile follows the road to the point where there is a picnic area, restrooms, a well-used observation deck and a shelter, which is a nice respite from the heat and the wind, but don't expect a continuation

of your meditative solitary experience. From my perch on the observation deck, I gaze down on the Colorado River, which makes a tight loop, an approximate four-mile gooseneck bend around a prominent spit of land. The Shafer Trail, a popular jeep road, follows the gentler



contours of the land before making its stiff ascent up to Canyonlands National Park. This vantage point offers an unrestricted vision of the extreme changes in elevation ranging from the snow capped La Sal Mountains, which are over 12,000 feet to the red colored Shafer Basin at 4,000 feet.

Stratigraphy is a record of the layers in rock with the oldest rocks usually on the bottom and the youngest on top. Ancient oceans, wind-blown sand dunes, and floodplains deposited the sedimentary rocks that are visible from Dead Horse Point. The minerals within the rock determine its coloring. Most of the sandstone observed at this spot has a reddish hue that denotes iron, which becomes shades of pink, orange and even yellow when exposed to oxygen.

As each layer of sand was buried and compressed, the weight of succeeding layers gradually turned it into stone. Over time it accumulated into thousands of feet of solid rock. It is amazing that from this point 300 million years of the many layers of the earth's geologic history can be observed. Harder rocks, such as Wingate Sandstone, form the steep cliffs – softer rocks form the slopes and benches creating a staircase effect.

In 1994, the National Geographic Traveler Magazine designated Dead Horse Point State Park as one of the country's top 50 state parks. It contains its own campground, as well as ten miles of trails including two joining loops around the rim that give hikers the chance to enjoy many varying, far distant views along with an increasingly popular nine-mile beginner level mountain biking trail that has recently been completed on the Intrepid Trail System.

This is a stop you don't want to miss. When you go there make sure to leave plenty of time in your schedule for your visit. With the intriguing geology and spectacular views found within this park, you just might want to linger and look much, much longer than you planned.



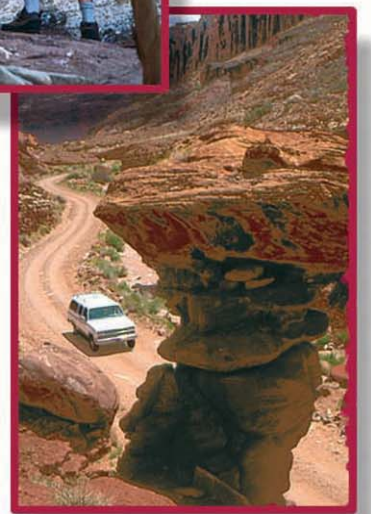
RAFT



KAYAK



HIKE



EXPLORE



211 N. Main St.
259-6007

www.canyonvoyages.com

NATURE HAPPENINGS

The Seitaad and the Sandstone

by Damian Fagan



The bones were collected back in 2005. Excavated from a cliff base comprised of Navajo Sandstone, then transported to the Utah Museum of Natural History, at first the scientists believed the fossilized bones belonged to a pterosaur, a winged reptile.

After prepping the materials and borrowing specimens from other institutions as references, the researchers determined they had a new species on the hands, er, table. A 190-million year old dinosaur from the Jurassic Period named Seitaad ruessi.

Named after the Seit'aad or Navajo sand-desert monster of the Diné creation story, and for Everett Ruess, the young artist/naturalist who wandered the Southwest with his burros and art supplies before vanishing forever. The fossilized Seitaad was buried in a massive sand dune that may have slid when the dinosaur was crossing over it.

The small dinosaur stood about 4 feet at the shoulder and weighed between 150 and 200 pounds. Although massive sand dunes comprise the Navajo Sandstone, there were interdunal lakes and ponds that supported vegetation during this dinosaur's time. Dinosaurs from this formation are rare at best.

The Navajo Sandstone

Today, the Navajo Sandstone is one of many formations exposed on the Colorado Plateau. The type

locality for the formation is the Navajo Reservation, where the best example of the formation occurs. In the Moab area, the Navajo forms rounded domes and sheer cliff walls in Arches and Canyonlands national parks, as well as in the Sand Flats Recreation Area and Behind-the-Rocks wilderness.

Still sparse with vegetation, the cross-bedded sandstone supports a different assemblage of species than its 190-million year old version. Instead of thundering herds of Seitaad wandering over the dunes, today smaller reptiles now roam.

Reptiles on the Run

Two small lizards that inhabit this desert are the side-blotched and tree lizard. The side-blotched has dark patches behind its forelegs, hence the common name. Their small size allows them to heat up more quickly than larger lizards; thus they appear first in the season and are the last to go into hibernation in the fall.

Tree lizards are often observed scampering over the rocks, but perhaps an early scientist found one on a tree – which is not their normal haunt. A series of Y-shaped dark bands down the back easily separates this lizard from the similar-sized side-blotched.

Although size has its advantages for thermoregulation, the disadvantage is these two lizards occupy a spot farther down the food chain. Not the top carnivores by a long shot, these two are prey for long-nosed leopard lizards or the colorful collard lizard.

The spotted skins of the leopard lizard reminded an early naturalist of the African cat, hence their common name. Although these lizards hunt for large insects and small lizards, they too may fall prey to snakes, birds or collard lizards.

The Most Colorful Lizard

Named for their dark collars, the collard lizard is the most colorful reptile in the desert. Its turquoise body and yellowish head make these lizards unmistakable. Often seen perched atop a boulder or rock outcrop, the collards

scan their domain for intruders or prey. If alarmed or during a short chase after prey, these lizards may rear up on their hind legs and run on two legs. Known as “bipedal motion,” this is an impressive site. All that is missing is the earth-rumbling gait of Tyrannosaurus rex.



Snakes in the Sandstone

Of course, rattlesnakes, bull snakes and whipsnakes occur here, as well. The first is a pit viper, the rest are constrictors. Able to swallow prey larger than their mouths, thanks to a set of hinged jaws, sometimes these snakes attempt to take prey that is too large, as evidenced in the photo of a whipsnake trying to subdue a desert spiny lizard. Though the Seitaad and other dinosaurs no longer wander the Navajo Sandstone landscape, their distant relatives do. Fortunately, today's reptiles are smaller versions of these ancient dwellers, and a visit to the arches doesn't include running away from dinosaurs like in Michael Crichton's novel Jurassic Park.



COUPON \$10 Off Per Person Mention This Ad **COUPON**

TOUR MOAB

Experience Offroad Adventure in The Amazing Pinzgauer!

Slickrock Safaris • Sunset Tours • National Park Tours
Shuttle Service for Biking, Hiking & Rafting

TOURMOAB.COM

435-210-1869

MESA VERDE COUNTRY®

INDIAN ARTS & CULTURE

Festival

THE AWARD WINNING

10TH ANNIVERSARY

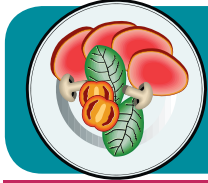
May 28 - June 6

- Juried Indian Art Market
- Navajo Rug Auction
- Special Archaeological Tours
- Native American Dancers and Concert

More information:
800.530.2998 www.mesaverdecountry.com

Joe Toledo, featured artist

Colorado COUNCIL ON THE Arts
everywhere you look



RESTAURANT GUIDE



MOAB BREWERY
UTAH
HAND CRAFTED ALES AND GREAT FOOD

Moab's ONLY ON-SITE Microbrewery & Restaurant
State Liquor Licensee
Orders To Go
Beer To Go
PATIO SEATING
KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS
BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM
686 South Main • 259-6333
(McDonald's is next to us)

Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun

RED ROCK BAKERY
A Quality Scratch Bakery with fast, friendly service.
Internet Café • Dine-in or Take-Out
Now Serving Organic Fresh Moab Coffee
74 South Main • Moab, UT 84532 • 435-259-5941

The Rio Sports Bar & Grill

Affordable Drinks & Food!
Fully Stocked Bar
Serving Beer, Liquor and Wine
Largest Liquor Selection in Moab!
Weekly Bar Specials

Nightly Entertainment

COLDEST BEER IN TOWN!
The Locals Bar
1 Block West of Main on Center Street
259-6666 • www.theriomoab.com
OPEN EVERYDAY at 11AM

VISITORS WELCOME! Must be 21 years or older

hogi yogi

- Taste It •
- Love It •
- Crave It •

Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!
(2nd sandwich of equal or lesser value)
Offer good with coupon at Moab Location Only - Across from City Market

Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!
(2nd entree of equal or lesser value)
Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656
One Coupon per Customer per day

Teriyaki Stix™
Japanese Grill

How To Get A Drink... ...In Moab, Utah

Moab has two local wineries and two microbreweries. Castle Creek Winery, located at the Red Cliffs Resort, 15 miles from Moab on Scenic Highway 128 (The River Road) and Spanish Valley Vineyards, located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

Eddie McStiff's Restaurant & Brew Pub, is Moab's Oldest and Original Brewery. They have 12 beers on tap and a hassle free bar where you can get a glass of wine or a cocktail or beer without ordering food or joining a club. The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

If you enjoy any of these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

Also new this year, two lounges have emerged. Vista Lounge at Buck's Grill and the Ghost Bar at Jeffrey's Steakhouse. Both locations have an upscale casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

The Utah State Liquor Store is the only location to purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 a.m. to 7:00 p.m. - November 1st to May 1st and from 11:00 am to 9:00 pm - May 1st to November 1st.) They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license. Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. Private Clubs are a thing of the past. You can now go to a restaurant or a tavern (and without ordering food or buying a club membership) and order a drink. Some restrictions may still apply as to where you can sit in a particular establishment when drinking.

Spring Hours:
Thursday-Monday,
11:00 am - 1:00 pm
5:00 pm - close

Hours pending weather
and supply of
handmade dough.

FUOCO
Pizza Napoletana
Fuoco: Italian For "Fire"

Visit us at 90 N. Main, Moab UT
Handmade from fresh local and imported Italian ingredients. Fuoco maintains the essence of traditional flavors and light crust people have come to expect from authentic Napoletana pizza.

Singha
Authentic Thai Cuisine

Lunch: Monday - Saturday 11:00 - 3:00 p.m.
Dinner: Monday - Sunday 5:00 - 9:30 p.m.

Now Serving Beer, Wine & Saki

92 E.Center Street
Moab, Utah 84532
Tel: 435-259-0039
Fax: 435-259-0005

The BRANDING IRON
STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM
7 DAYS A WEEK

Featuring:
Prime Rib
BBQ Baby Backs
Broiled Steaks

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275
3 miles south of Moab • NOW OPEN!

JAILHOUSE CAFE

101 NORTH MAIN STREET

Moab's Breakfast Place

Now Serving Espresso!
Open 7 am to 12 Noon

"Good Enough for a Last Meal"

Authentic Mexican Food

Fiesta Mexicana

Tony and His Staff Welcome You
Patio Seating
Large Parties Welcome
Childrens Menu Available
Nice Atmosphere
"Fiesta Margarita"
Best Margaritas -Made from Scratch
with Fresh Squeezed Limes and
100% Blue Agave Tequila
Best Mexican Food in Town
202 So. Main St. Moab, Utah 259-4366

Your Home Town

Pizza Hut

265 South Main, Moab
Open Daily • 259-6345
Sunday - Thursday 11 am - 10:00 pm
Friday/Saturday 11:00 am - 11:00 pm
Pick-Up or Delivery Available



RESTAURANT GUIDE





RESTAURANT



Celebrating 29 Years!
Spicing your Life since 1981



LA HACIENDA RESTAURANT
Mexican American

OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER
DAILY SPECIALS • VEGETARIAN FRIENDLY

574 NORTH MAIN • MOAB, UTAH • 435-259-6319
State Liquor Licensee



RED CLIFFS LODGE COWBOY GRILL

- Buffet Breakfast
- BBQ Lunch
- Riverfront Patio Dining

16 Miles east of Moab
on Scenic Highway 128
259-2002



EklectiCafe
ORGANIC COFFEE

Carnivores,
Herbivores,
Omnivores!
Vegetarian
Friendly

Breakfast • Lunch
"Best Desert Oasis" Salt Lake City Magazine
HOURS
7 Days A Week 7:00am-2:30pm
352 North Main, Moab • 435-259-6896



PARADOX PIZZA
MOAB UTAH

EAST COAST STYLE, STRAIGHT FROM MOAB
WE DELIVER

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER
SLICES! HOMEMADE SOUPS, BREADS & DESSERTS
702 SOUTH MAIN ST. 435-259-9999
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

Bar M Chuckwagon
7000 North Highway 191 259-BAR-M(2276)
Dinner
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

Branding Iron Bar & Grill
2971 South Highway 191 259-6275
Dinner at 5pm
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Buck's Grill House & Vista Lounge
1393 North Highway 191 259-5201
Dinner
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

Burger King
606 South Main 259-2700

Cassano's Italian Restaurant
11 East 100 North 259-6018
Open daily 3:00 p.m. - close
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

City Market
425 S. Main 259-5181

Cowboy Grill at Red Cliffs Resort
16 Miles up Highway 128 259-2002
Lunch • Dinner
Breakfast Buffet 6:30 - 9:30 Sat & Sun only
RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Denny's
989 North Highway 191 259-8839
Breakfast • Lunch • Dinner
MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro
1266 N Hwy 191 at Moab Springs Ranch 259-0756
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Eddie McStiff's Restaurant & Brew Pub
57 South Main Street 259-BEER
Lunch • 11:30 a.m. Daily
Dinner • 4:30 p.m. Nightly
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main Street Hotels.

Desert Bistro



Casual Fine Dining
Contemporary Southwestern Cuisine
Located in the Historic Ranch House
at Moab Springs Ranch

1266 N Hwy 191 • 259-0756
STATE LIQUOR LICENSEE

EklectiCafe
352 North Main Street 259-6896
Breakfast • Lunch
Open 7 days a week 7:00 a.m. - 2:30 p.m.
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana
202 South Main Street 259-4366
Sun - Thur 11am - 10pm, Fri & Sat 11 am - 11pm
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Large groups are welcome. Children's menu. Patio Seating. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$5.95. Full bar.

Frankie D's Bar & Grill
44 West 200 North 259-2654

Fuoco Pizza Napoletana
90 North Main
Spring hours - Thurs-Mon, 11-1 and 5-close
Visit our outdoor venue and enjoy authentic Pizza Napoletana. Handmade from fresh local and imported Italian ingredients. Fired in an Italian wood oven, capable of reaching 1100 F, ensuring a traditional blend of flavors and light crust.

Hogi - Yogi
396 South Main (next to Teriyaki Stix) 259-2656
Lunch • Dinner Open Daily
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

Jailhouse Cafe
101 North Main Street 259-3900
Breakfast
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts. Now Serving Espresso!

Jeffrey's Steakhouse
218 North 100 West 435-259-3588
Open at 5:00pm
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor License. www.jeffreyssteakhouse.com

La Hacienda
574 North Main 259-6319
Lunch • Dinner - Open daily 11:00 a.m.
CELEBRATING 29 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches
817 So Main (inside the Moab Chevron) 259-2212
Deli Open 6 a.m. - 8 p.m.
Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

Love Muffin Café
139 North Main 259-6833
Breakfast and Lunch
Open everyday at 7:00am-2:00pm
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

McDonald's
640 South Main 259-8800

Jeffrey's
STEAKHOUSE

CASUALLY UPSCALE
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST
259-3588
JUST SLIGHTLY OFF MAIN

OPEN AT 5:00PM
CALL FOR RESERVATIONS
WWW.JEFFREYSSTEAKHOUSE.COM
State Liquor Licensee

For more information about these restaurants pick up a "Moab



Mi Ranchito Mexicano

812 South Main Street, Suite B 259-0550
Breakfast • Lunch • Dinner
Open daily 7 a.m. - 10 p.m.

Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Special requests available. Call ahead for quick lunch pick-up.

Miguel's Baja Grill

51 North Main 259-6546
Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Milt's Stop & Eat

400 East and Millcreek Drive 259-7424
Lunch • Dinner

Open daily 11 a.m. - 8 p.m.
A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltstopandeat.com

Moab Brewery

686 South Main 259-6333
Lunch & Dinner

Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab's Daily Grind

1146 South Hwy 191 #B 259-1115
Mon-Sun: 6 a.m. - 2 p.m.

FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

Moab Diner & Ice Cream Shoppe

189 South Main 259-4006

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli

98 East Center 259-0200

Paradox Pizza

702 South Main St 259-9999
Lunch • Dinner
Fri-Sat: 11 a.m. - 10 p.m. Sun-Thu: 11 a.m. - 9 p.m.

At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

Pasta Jay's

4 South Main 259-2900

The Peace Tree Juice Cafe

20 South Main 259-8503

Closed for Remodeling

Pizza Hut

265 South Main 259-6345
Lunch • Dinner
Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.

Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

Red Rock Bakery & Net Cafe

74 S. Main Street 259-5941
Breakfast • Lunch

7am-4pm Mon-Sat and 7am-3pm Sunday 'til March 15 then 7am-5pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Fine photography by Chris Conrad. OPEN EVERY DAY.

The Rio Sports Bar & Grill

1 block west of Main on Center 259-6666
Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Live music on weekends. Visitors welcome, 21 years and older. OPEN EVERY DAY AT 11:00AM

Singha: Authentic Thai Cuisine

92 East Center 259-0039
Lunch • Dinner

Lunch: Mon-Sat 11a.m.-3 p.m.
Dinner: Mon-Sun 5 p.m.-9:30 p.m.

For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers

and desserts. Now serving beer, wine and saki.

Slickrock Cafe

5 North Main 259-8004

Lunch • Dinner
Open daily 11:00 a.m. - close

Steaks, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Ice cold beer. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

Smitty's Golden Steak

540 South Main 259-4848

Breakfast • Lunch • Dinner
Open 6am-9 pm 7 days a week

Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

Sorrel River Grill

17 Miles Northeast on Scenic Hwy 128 259-4642

SUBWAY Sandwich Shop

299 South Main 259-SUBS

Breakfast • Lunch • Dinner
Open 8 a.m. everyday

NOW SERVING BREAKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 259-7146

Dinner
Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. CLOSED SUNDAYS. State Liquor Licensee.

Szechuan Restaurant

125 North Main 259-8984

Teriyaki Stix

396 South Main, Next to Hogi-Yogi 259-2656

Lunch • Dinner
Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market.

Village Market

702 South Main 259-3111

Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420

Wendy's

260 North Main 259-2595

Wicked Brew Espresso Drive Thru

132 North Main 259-0021

Yo Mama's Pizza

812 South Main 259-0101

Zax

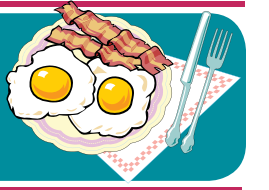
96 South Main Street 259-6555

Breakfast • Lunch • Dinner • Family Dining
We have it all, from our all new sunrise breakfast, served every day (after March 8) 6:30 am to 11:30 am, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax Dining Club. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 6:30 am to close 7 days a week (after March 8). Locally owned and operated.

Menu Guide" And tell them you found them in "Moab Happenings"



RESTAURANT GUIDE



Denny's
Sweet & Tangy BBQ Chicken

DON'T FORGET!
Kids Eat Free Tuesday and Saturday
4pm - 10pm

989 North Hwy 191
OPEN 24 HOURS

breakfast.lunch.espresso.bakery
local, organic seasonal ingredients

LOVE MUFFIN cafe

7:00 - 2:00 daily 139 n. main street
435.259.6833 lovemuffinCafe.com

Smitty's GOLDEN STEAK

540 South Main • Moab, Utah • (435) 259-4848
Next to BigHorn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service.

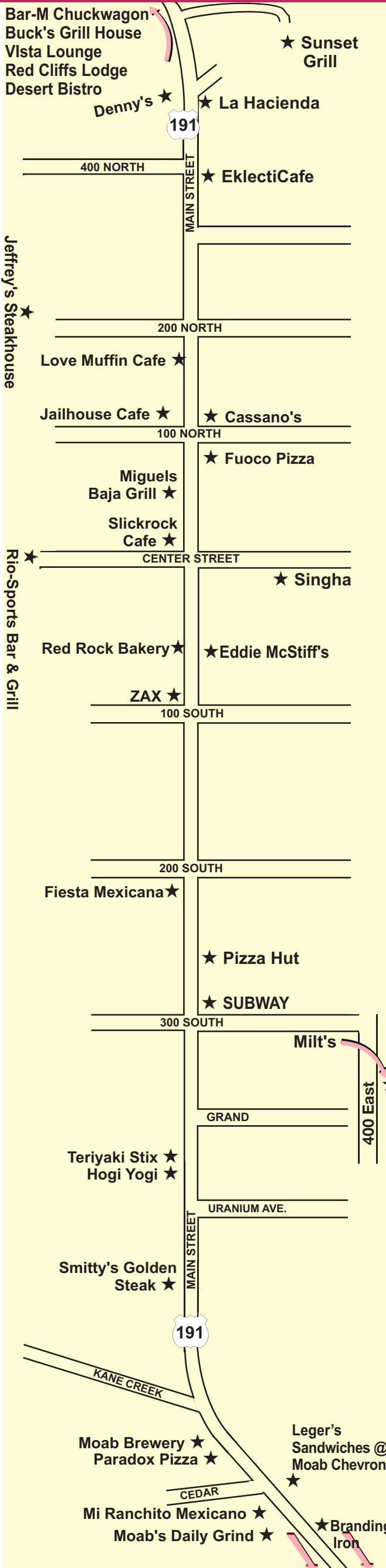
State Liquor Licensee
MOAB'S FINEST FAMILY DINING
COMPLETE CATERING SERVICES AVAILABLE.

We make our food "Pronto" Breakfast till 11am
Lunch Dinner Delivery Available

Mi Ranchito Mexicano

Come try our Grande Burrito!
(14 inch tortilla)
Call ahead for quick lunch pick-up

Open 7 days 7am - 10pm
812 South Main St., Suite B
259-0550
"Mi Madres Authentic Mexican Cooking"



SUNSET GRILL

"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood

259-7146

Patio • Catering
Family Dining

Open Nightly at 5:00 pm - Closed Sundays

Moab's New Italian Restaurant
in the old Poplar Place

Great Choice for Take Out and Catering

16" large cheese pizza 9.99
all day every day!

Traditional Italian Food

Bruschetta Lasagna
Crab Stuffed Mushrooms Chicken Penne Gorgonzola
Antipasto Chicken Parmesan

Patio Seating - Red Rock Views

Cassanos
Italian Restaurant
11 East 1 North
259-6018

Open daily 3:00 pm - close State Liquor License

Established 1954

Milt's Stop & Eat

LOCATED AT 400 EAST AND MILLCREEK DRIVE
ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING
FRESH GROUND CHUCK HAMBURGERS,
ALL NATURAL BUFFALO BURGERS,
CLASSIC DINER SANDWICHES,
REFRESHING SHAKES AND MALTS

OPEN DAILY 11:00 AM - 8:00 PM
WWW.MILTSTOPANDEAT.COM
STOP AND EAT OR CALL FOR PICK-UP:
435-259-7424

www.moabsandwiches.com

NOW OPEN!

Leger's SANDWICHES
Made to order • Call in Orders
6 a.m. - 8 p.m.
259-2212

LOCATED INSIDE THE MOAB CHEVRON
817 South Main Street

Chevron
FOOD COURT & DELI

Coupon at www.moabsandwiches.com/coupon.html



RESTAURANT GUIDE

FESTIVAL HAPPENINGS

Tribal Sands Belly Dance Festival

Tribal Sands is a belly dance festival especially designed for those of an adventurous spirit. Originated in 2001 by Desert Veils founder and director Jamilla under the title "Moab Belly Dance and Drum Festival," Tribal Sands will once again take place this year, Friday through Tuesday May 7 - 11, bringing some of the best contemporary belly dance to Moab -- and more!

The festival kicks off with an excursion into the red rock desert for an evening of dance, music, food, and fun. Meeting at 5 PM Friday evening at Studio Elite, we will proceed to travel by car pool to an undisclosed location in the heart of red rock country for this annual event. This year's opening evening will feature the fire spinning of Fuego del Luz from Grand Junction, CO. All are welcome to this event, children included (but please no pets), and camping opportunities will be available for the more adventurous.

The following morning begins the weekend's line up of dance workshops. Saturday's offerings will feature Molly Kuhl, Amy Sigil of UNMATA, Shasha, and Anita Lalwani of San Francisco's Fat Chance Belly Dance.



Topics will cover zills, veil work, and tribal and fusion dance styles. Workshops will also continue on Sunday, with additional tribal and tribal fusion offerings by Amy Sigil and Anita Lalwani, as well as a workshop on the craft



of stage performance presented by Jamilla. All workshops are open to dancers of all levels, from the most basic to advanced. Even if you have never taken a class before, perhaps this may be your chance to see if belly dance is right for you. But beware, belly dancing can become an addictive activity! Workshops will all be held at Studio Elite, and the complete workshop schedule, descriptions, and registration information can be found at www.desertveils.org.

A high point of the festival is of course the Saturday evening show, which will take place at Star Hall at 6 PM. Featuring our workshop instructors and returning

special guest Nedra Bashira from Buffalo, NY, the show will also be rounded out by belly dancers hailing from the four corners region and beyond. Each year this show has represented a diverse range of contemporary belly dance styles, from traditional cabaret and tribal styles to the cutting edges of fusion and experimental dance. Tickets will cost \$15 at the door and will provide an inspiring, stimulating, and exciting evening for all, dancers and non-dancers alike.

And as if this were not already enough, we will also offer a special "Queen D'Nile" river trip Monday and Tuesday. While we will not in reality be floating down the Nile, we are free to pretend to do so as we are ushered down the Colorado by some of the area's finest river guides provided by Tag-A-Long Expeditions. This overnight trip will include four meals, all camping equipment, "river style therapy," and the opportunity to be officially crowned and anointed as an official Queen of D'Nile. Expect impromptu fun and entertainment around the campfire as well as memorable times and the opportunity to make new and renew old friends. The trip will wind up with an expected take out time of roughly 2 PM Tuesday afternoon.

For additional information, and for workshop or river trip registration, please visit www.desertveils.org. Come shimmy with us this spring!

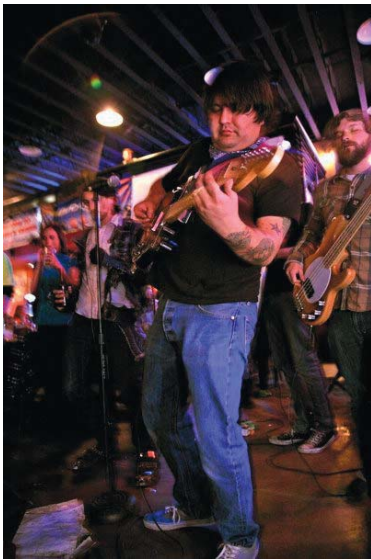


Project Green River: An Art, Film and Music Festival

by M.F. Sykes

Yes, your eyes do not deceive you: Green River is planning an art, music and short film festival for the weekend of June 4+5, 2010. The festival is an opportunity to celebrate Green River while raising awareness about homelessness in rural Utah, and will be held on Broadway, a once bustling city-center that has now become more like a ghost town. Project Green River is working to provide a main stage for rock bands, a side stage for acoustic acts, two art galleries on Broadway, booths along Broadway, a carnival with rides, and an interactive dome. Currently, the line-up is in the works, but includes bands from Colorado and Utah.

How You Can Get Involved: This is the first annual Project Green River, and help is needed in the form of sponsors, participants (bands, artists, performers, vendors, artisans, crafters, etc.) and volunteers. We're looking for all sorts of musicians and performance art! Amateur short films are welcomed... even encouraged! Artists of all media are welcome to show. PGR needs enthusiastic people who would like to greet festival attendees, provide information, set-up stage equipment, break-down equipment, clean-up, sell merchandise, run a raffle, etc. PGR needs local volunteers for June 3-5. Interested in selling handmade items at the festival or advertising at the festival? Spaces will be available along Broadway for people either selling locally-made/hand-



Drew Watson from Heavy Drags

made items or organizations interested in advertising their services. Artists: We're looking for kinetic sculptors, contemporary quilters, outsider artists, photographers, sonic artists, iron casters, "junk" artists, painters, screen-printers, and mixed-media artists. We're looking for a very diverse collection, so please do not hesitate to submit or suggest an artist.

Why Green River? Generational poverty plagues the town of Green River forcing many to live in substandard conditions. A stable home is essential in encouraging a cohesive family environment, allows children to succeed in school, and allows parents to succeed in their work. There are many obstacles for families and individuals to have a stable home including few opportunities, little or no assistance, and few resources. With so few housing options many are homeless, and there is no temporary housing assistance. Most families who become homeless move in with relatives which causes overcrowding and inconsistency within the home. However, Green River has immense potential. Providing housing is part of the solution. PGR seeks to raise funds for a long term response to the needs of the community and offer those who are underprivileged the possibility of a more sustainable future. The community of Green River has been under-served for far too long and it is time to rebuild a community in desperate need. All funds



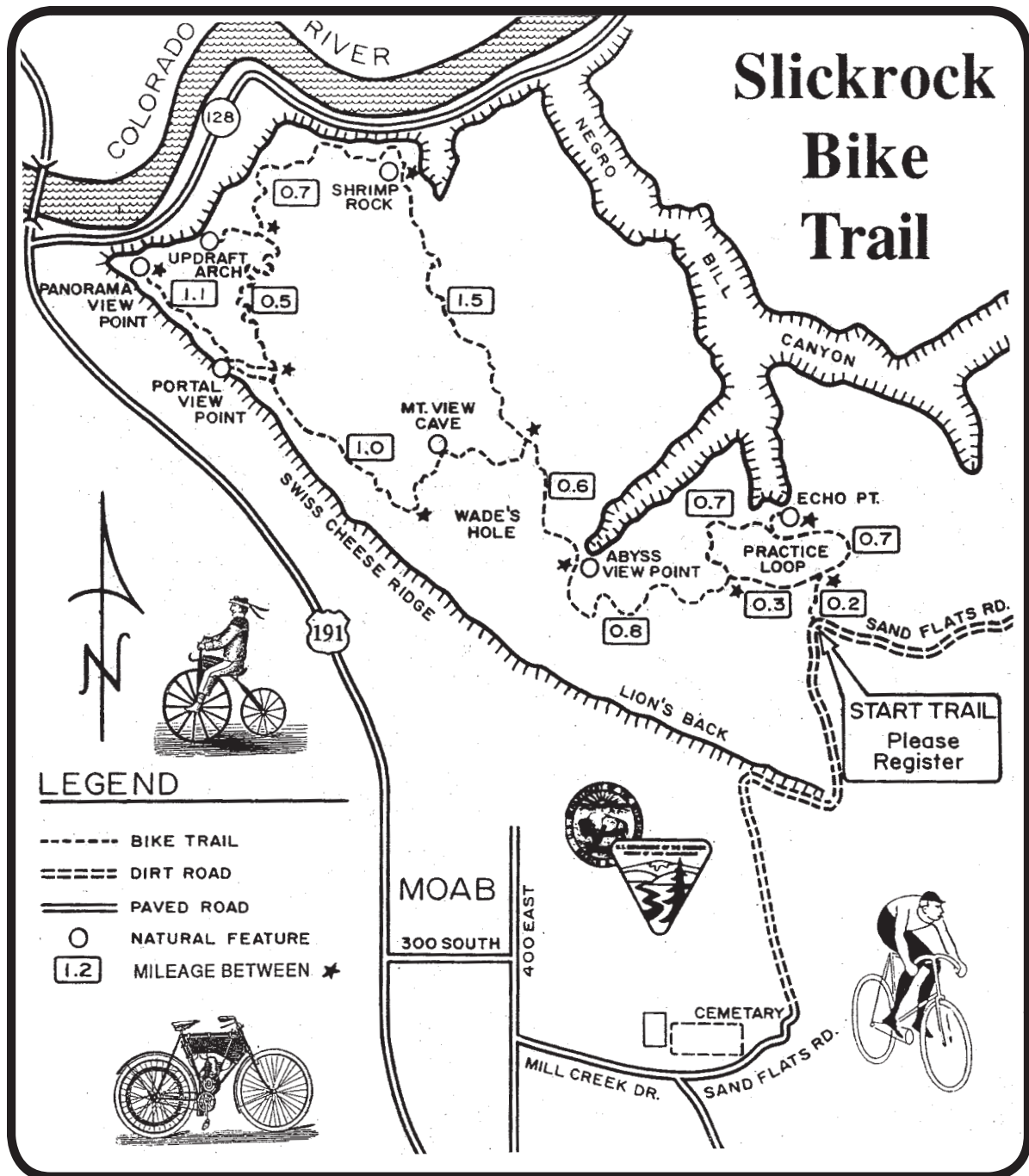
raised will go towards building houses for an impoverished residents of Green River, Utah. The event is being put-on by AmeriCorps VISTA's of the Green River Community Center who partners with organizations like Habitat for Humanity and the USDA to provide opportunities for the impoverished community of Green River.

To get involved call 435/564.3330 or email: maria@projectgreenriver.org or visit: projectgreenriver.org



Luke Haynes quilt

MOUNTAIN BIKING



Mountain Biking Mecca

• **NEW EVENT: GRAN FONDO May 1-2, 2010** - The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

• **MOONSHADOWS IN MOAB June 26, 2010** - Enjoy this fully supported 44 mile ride by the light of the full moon. As you gain 2700 feet in climbing elevation the full moon rises casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the Moonshadows Café. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area and tailgate with friends as you bask in the moonlight or head back into town for post-event revelry at Frankie D's Saloon. For more information contact (435) 259-2698 or visit www.skinnytirevents.com.

• **MOAB CENTURY TOUR September 17-19, 2010** - This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytirevents.com or 435.259.2698.

• **24 HOURS OF MOAB October 9 & 10, 2010** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **CHILE HO-DOWN October 29, 30, 31, 2010** - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!!

The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

GearUp@

POISON SPIDER
BICYCLES
MOAB, UTAH

World Famous mountain bike rentals, sales and service.

We offer **SHUTTLES** from the shop with Porcupine Shuttles.

Call for times: **435-260-0896**

497 N. Main
259.7882

catch us on the web
www.poisonspiderbicycles.com

CHILE PEPPER BIKE SHOP

BIKE RENTALS
REPAIRS ★ SALES
DAY TOURS
ESPRESSO BAR

DEALER FOR
SANTA CRUZ ★ GIANT ★ BRODIE
SINISTER ★ SCOTT ★ MAVERICK
CANNONDALE ★ ELECTRA CRUISERS

Daily Bike Shuttles Available
at Chile Pepper

COYOTE SHUTTLE

Contact Coyote Shuttle
for departure times
(435) 259-8656
www.coyoteshuttle.com
info@coyoteshuttle.com

(888) 677-4688
702 S. Main St. - Moab, Utah 84532
(435) 259-HOTT www.chilebikes.com
E-mail us at info@chilebikes.com

RIM CYCLERY

"The Hub of Cycling in Moab"

Moab's oldest (and still the best) bike and outdoor gear store, for all your canyon country adventures.

Come in and see us for the latest gear, Great full suspension rental bikes, Fast, professional service and expert advice backed by years of experience.

RIM CYCLERY

"The Hub of Cycling in Moab"
94 West 100 North, Moab, Utah 84532
(Just off Main Street) • 259-5333
1-888-304-8219 www.rimcyclery.com

BIKE TO WORK HAPPENINGS

HELP MOAB CELEBRATE!



National Bike to Work Month is MAY, and Bike to Work Week is May 17-21. Friends, neighbors and visitors are invited to help Moab celebrate the 54th annual celebration of this increasingly popular, yet time-honored and reliable mode of transportation.

JOIN THE PARTY on Friday, May 21st, at a FREE BREAKFAST STOP from 7am to 9am at Center and Main near the end of your bicycle commute. Or even if it is a bit out of the way, the camaraderie alone is worth it—and fresh fruit, baked goods, hot coffee and juice will brighten the day for the stalwart faithful and the novice bicycle commuters alike.

BURN CARBOHYDRATES [and fat], NOT HYDROCARBONS! The free breakfast stop notwithstanding, the average bicyclist with “light effort” of a 2 mile commute burns 12.5 pounds of fat in a year of bicycle commuting. At the same time, with today’s prices, the same bicycle commuter will pocket over \$250 of gas money annually just on the commute—and gas isn’t getting cheaper. If all citizens of this fine country commuted by bicycle, we could cut US gas imports by 22,500,000,000 gallons [that’s 22 TRILLION], decreasing the national

deficit and sparing the environment 200,025,000 metric tons of carbon dioxide emissions!

INVEST IN THE COMMUNITY – more bicyclists, less congestion, less exhaust, less noise, and more incentive for safe bicycle trails to Spanish Valley and other residential areas. More bicyclists, fewer cars, and bicycle lanes would be a possibility on more streets in commercial areas as well. Help Moab create a beautiful and sustainable future—look around: there is no shortage of fat to burn in the USofA!

LOCAL BICYCLE SHOPS and MOAB IMMEDIATE CARE & X-RAY are supporting the National Celebration with multiple programs and options for all:

1) Popular and light weight commuter bikes make biking safer and more fun for all ages. There are adult tricycles available for folks with larger loads and the stability-challenged. Even mini-motorized ones to help up steeper hills.

2) BIKE MOAB 2010—BIKE TO WORK T-Shirts are available at Chile Pepper Bike Shop for \$16—and approximately 50% of the purchase price of each T-Shirt will be donated to support the Moab Trails Alliance improving recreational biking in the area.

3) Uranium Bicycles will throw in a “commuter package” [including a helmet, headlight, and fenders or rack] FOR FREE with the purchase of a commuter bicycle during the month of May, 2010! Drop by to view the selection of new bikes available.

4) TUNE UP SPECIALS and OTHER PROMOTIONS for National Bike to Work Week/Month may be available at your favorite shop.

5) Chile Pepper Bike Shop is—for the third year in a row—sponsoring a contest for the most commuting miles in town over the next year. WIN A TOWNIE BIKE as the grand prize, but all contestants will deserve the better health and fatter pocket books [not waistline!] that go with the territory. Details and Register at the Chile Pepper Bike Shop.

6) Don’t forget the FREE BREAKFAST STOP on your bicycle commute Friday morning, May 21st, at Main and Center from 7am to 9am!

National Bike to Work Week
 May 17-21, 2010

think ^{AND} RIDE!
 outside

Supported by:

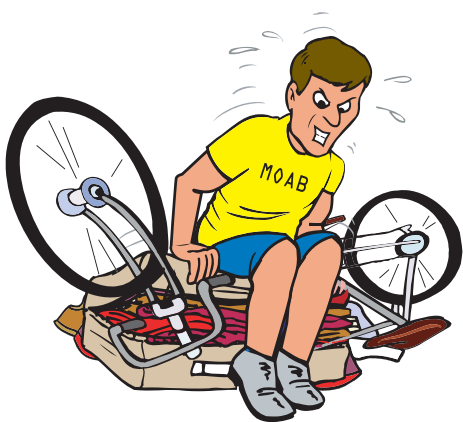
INVEST IN YOURSELF...fat/overweight is a major risk factor increasing all of our chances of dying from diabetes, hypertension, heart disease, strokes, and some cancers. But it is a modifiable risk factor—you can change it for yourself! Gotta go to work?—use that bicycle trail for a relaxing and more scenic trip. Gotta go to school?—just grab your bike. Gotta get a gallon of milk?—hop on the bicycle and park right at the door of your favorite store. Gotta get away from it all—your bicycle will take you to scenic and restorative locations no motorized vehicle can find!

JOIN THE BIKING COMMUNITY OF MOAB: burn more fat and less gas, enjoy your community without noise and carbon dioxide emissions. Leave Moab a cleaner, safer city than you found it!

The Greater Moab biking community invites your participation and commute this year, and welcomes your suggestions for more biking activities in the future. Many of us moved here for the environment, so enjoy it up close and personal!



Too much stuff to carry home?



There's an easier way.

MOAB MAILING CENTER

IN OUR NEW LOCATION
 375 SOUTH MAIN

On the corner of Main and Grand in front of City Market
 Open Monday - Friday 8 a.m. to 6 p.m.
 Saturday 9 a.m. to 5 p.m.



435-259-8432



MOAB IMMEDIATE CARE & X-RAY

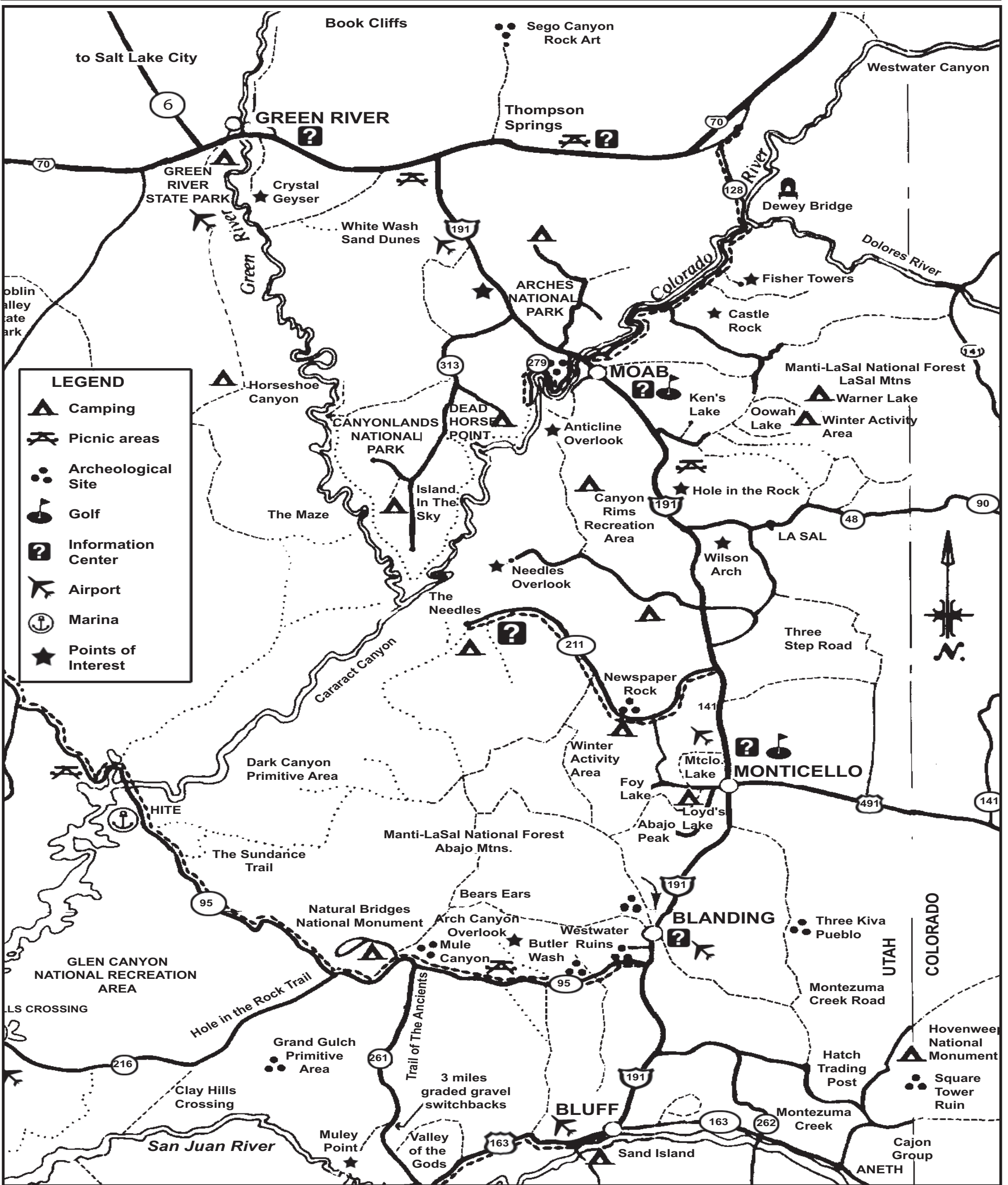


WE CAN HELP!

267 North Main ~ across from Wendy's ~ 435-259-5276

Open Noon - 8 pm Seven Days a Week

SOUTHEASTERN UTAH MAP



PROFESSIONAL PACKING SERVICES



Have something fragile? Let us pack it for you!

- BOXES OF ALL SIZES
- LABELS/TAPE
- BUBBLE WRAP
- SHIPPING PEANUTS

AUTHORIZED SHIPPING OUTLET

Authorized
Shipping
Outlet



(435) 259-8431 • 375 South Main
Monday - Friday 8am - 6pm • Saturday 9am-5pm



SKY HAPPENINGS

The Sky for May 2010

By Faylene Roth

MAY SUNRISE AND SUNSET TIMES

DATE	SUNRISE	SUNSET
1	6:21am	8:10pm
2	6:20am	8:11pm
3	6:19am	8:12pm
4	6:17am	8:13pm
5	6:16am	8:14pm
6	6:15am	8:15pm
7	6:14am	8:16pm
8	6:13am	8:17pm
9	6:12am	8:18pm
10	6:11am	8:19pm
11	6:10am	8:20pm
12	6:09am	8:20pm
13	6:08am	8:21pm
14	6:07am	8:22pm
15	6:06am	8:23pm
16	6:06am	8:24pm
17	6:05am	8:25pm
18	6:04am	8:26pm
19	6:03am	8:27pm
20	6:02am	8:28pm
21	6:02am	8:28pm
22	6:01am	8:29pm
23	6:00am	8:30pm
24	6:00am	8:31pm
25	5:59am	8:32pm
26	5:59am	8:32pm
27	5:58am	8:33pm
28	5:57am	8:34pm
29	5:57am	8:35pm
30	5:57am	8:35pm
31	5:56am	8:36pm

Locate the Big Dipper high overhead. Follow the arc of the handle to 0 magnitude Arcturus (Bootes). Continue the arc to 1st magnitude Spica (Virgo) in the southern sky. From Spica a line upward and to the right passes through 0 magnitude Saturn, 1st magnitude Regulus (Leo) and 1st magnitude Mars.

MAJOR CONSTELLATIONS OF MAY

Overhead

- Cancer
- Leo
- Ursa Major

Northward

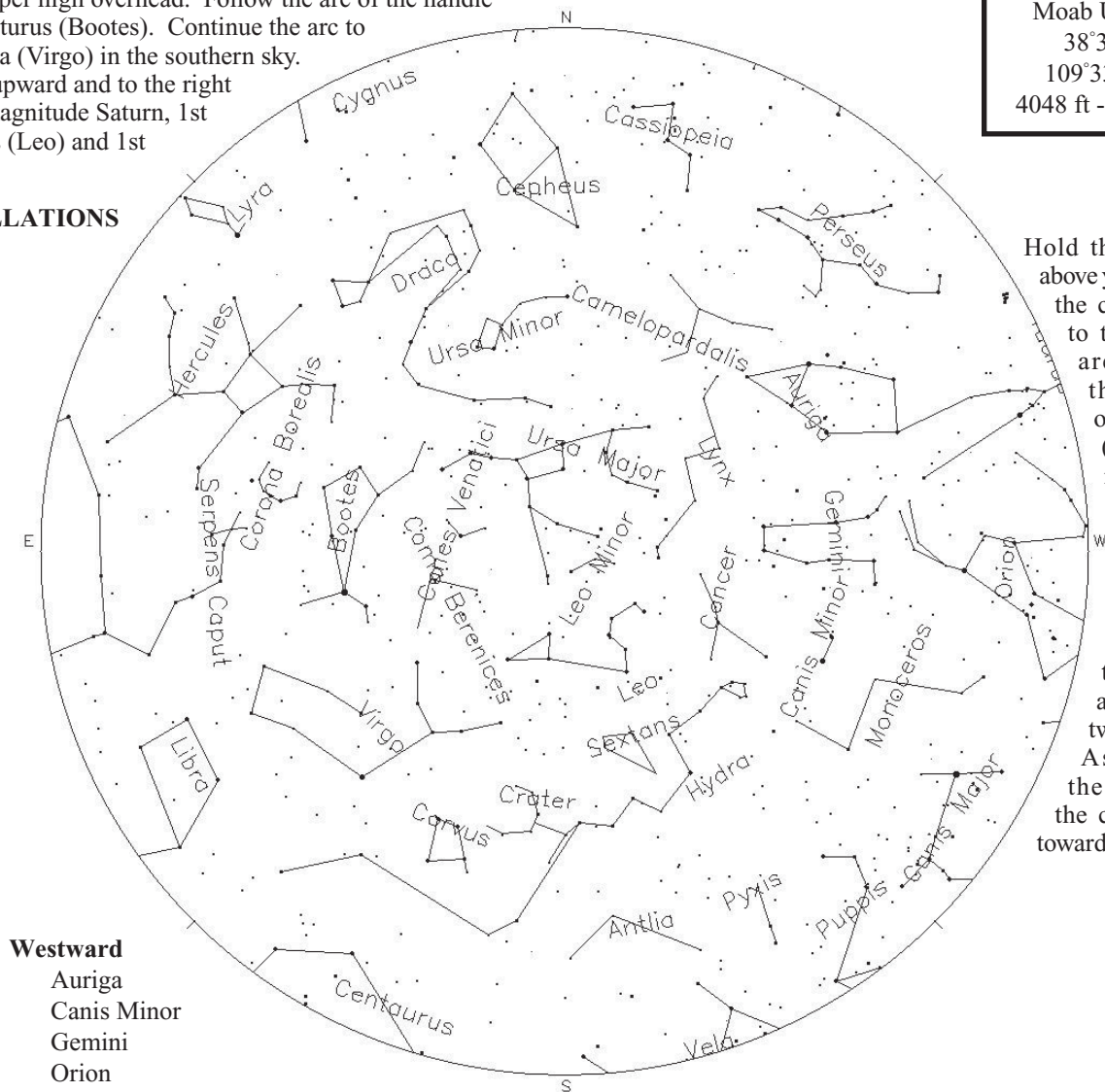
- Cassiopeia
- Cepheus
- Draco
- Perseus
- Ursa Minor

Eastward

- Bootes
- Corona Corealis
- Hercules
- Lyra

Southward

- Corvus
- Crater
- Hydra
- Libra
- Virgo



Moab UT (at City Hall)
38°34' N Latitude
109°33' W Longitude
4048 ft - 1234 m Elevation

Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and the month progress, the constellations shift toward the northwest.

DAYLENGTH

The period of daylight continues to increase during May. However, the rate of increase slows by the end of the month as the earth approaches

the far end of its orbit around the sun. At this point in its orbit the northern hemisphere tilts towards the sun. The sun's rays strike the earth north of the equator where the radius of the earth is less. The effect is that both morning and evening twilight linger about thirty minutes longer than usual. Civil twilight provides adequate light about one-half hour after sunset. Nautical twilight increases to forty-five minutes during which color and detail fade from the landscape. The final stage, astronomical twilight, also increases to forty-five minutes as the residual light in the western sky fades to blackness. The opposite progression occurs at dawn. (The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

VISIBLE PLANETS

Jupiter - The dominant light in the eastern sky each morning is Jupiter. It rises with Pisces, a constellation too faint to be seen in the morning nautical twilight. By month's end Jupiter will be high in the eastern sky by dawn. (Magnitude -2)

Mars - Find Mars west of the meridian line in the evening sky. Its red-orange orb appears a little higher in the sky each evening. By midmonth it will have moved from Cancer into Leo's domain. (Magnitude +0.9)

Saturn - Look for Saturn in the southern sky in Virgo. Its yellow orb contrasts with the bluish lights of Spica (Virgo) to the east and Regulus (Leo) to the west. In the morning twilight Saturn (south of brighter Arcturus) sets as Jupiter rises. (Magnitude +0.5)

Venus - The dominant light in the evening sky is Venus. It appears in the western sky near the V of Taurus, then lingers on the horizon through astronomical twilight. On May 15 a sliver of a crescent moon hangs just below Venus. The two will set together. The following night the waxing crescent moon appears above the planet. (Magnitude -3.9)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

MOON HAPPENINGS

May begins with a waning gibbous moon that does not rise until after midnight. The moon does not return to the evening sky until after the new moon of May 13. A slim waxing crescent moon appears May 15 below Venus. The full moon rises May 27 at 8:48pm. (The time of moonrise and moonset assumes a flat horizon. Actual time may vary depending upon the landscape.)

METEOR EVENTS

This month's meteor showers are washed out by a gibbous moon, but some meteors will still be visible. A bright moon rises in the eastern sky after midnight with the constellations that host the meteor activity. The major meteor event of May is the Eta Aquarid Meteor Shower occurring May 4-7 from the vicinity of Aquarius. Other activity during the first two weeks of the month emanate from Bootes, Hercules, Libra, Scorpius, and Ophiucus. The best time to view meteors is between midnight and 4:00am when the radiant constellation is overhead.

DARK SKY GAUGE

The four stars of the Little Dipper's basket provide a gauge for measuring the darkness of the night sky. The Little Dipper is much fainter than its companion, the Big Dipper, which is comprised mostly of +2 magnitude stars. The basket of the Little Dipper has one +2 magnitude star and one +3 star. They form the outer edge of the basket. The two inner stars of the basket are +4 and +5 magnitude. If all four stars are visible, then the quality of the night sky is good and about 1700 stars are visible. If only the +2 and +3 magnitude stars are visible, then the night sky quality is less than fair and fewer than 150 stars are visible. Under the darkest skies, most people can see +6 magnitude stars, increasing the number of visible stars to nearly 5000. (See the note for apparent magnitude above.)

LOCAL STAR COUNT

Join Red Rock Astronomers at Old City Park on Sunday, May 16, at 9:00pm for a tour of the night sky and telescope viewing. Meet at the southwest corner of the park below the bandstand and the duck pond. Bring a chair or blanket for viewing. Sponsored by WabiSabi and all ages are welcome. For information call 259-4743 or 259-3313.

Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20

degrees. The diameter of both the full moon and the sun spans only 0.5 degree.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities. Your Sky at <http://www.fourmilab.ch/yoursky/>

LIONS PARK HAPPENINGS

Plans Unveiled for Gateway Park at Colorado River

by Vicki Barker

Moab is again about to join the ranks of select sites in the country leading the way in design of a "sustainable" park -- the new and improved Lions Park at the Colorado River bridge.

Though the envisioned "oasis and gateway" to Moab is probably years from completion, the concept officially unveiled in late April sets Moab apart with only 200 other such projects under a new sustainable project initiative underway in the country, according to Sharen Hauri, Lions Park project leader.

"We want to make this a world-class project that nobody will ever forget," Hauri told a crowd of local, state and federal officials who have been working for years on a new design for the Moab Lions Park. Officials gathered at the Grand Center April 23 for a public presentation of the proposed design after two days of workshops in Moab.

Upgrading and expanding Lions Park beyond its tiny niche on the east side of the bridge is a long-term goal that got a good boost with the opening of the Colorado Riverway Bridge two years ago. The 620-foot-long pedestrian-friendly bridge opened May 16, 2008 after nine years of work from concept to construction, Kim Schappert, executive director of the nonprofit Moab Trails Alliance, said in an interview.

The foot-and-bicycle bridge -- about 300 feet upstream from the main highway bridge -- was first estimated at \$1.2 million but ended up costing \$3.8 million, mainly because updated flood data mandated that an additional 12 feet be added to the height of the bridge in anticipation of a 100-year-flood. That's why there is such a climb on either side to enter the bridge, Schappert explained.

"I think it's such a wonderful addition to our community," she said. "We don't really know the numbers, but every time I go by there, there are always people there. It's evolved into a destination for people to just go walk the bridge. They love to walk across that bridge. It's a unique opportunity to cross the river."

A member of the Lions Park Planning Group (LPPG), Schappert has been one of the primary grant-seekers for the Lions Park development and "Moab transit hub." Between the footbridge, the new Colorado River bridge under development now, and the trails and interpretive signs and facilities that will complete the central site, "It's all going to be a showpiece," Schappert said.

McKay Edwards, consultant-designer for the Moab Lions Project, cautioned at the public presentation that the trails-and-bridges project is "not a done deal" and will be a

lengthy and costly process. Dave Olsen, Moab City planner and LPPG member, guessed that the final figure will range from \$1.5-\$2.5 million. He credits Marcy DeMillion with obtaining the \$100,000 for the design phase to date. DeMillion, in Salt Lake City, represents the National Park Service in the project, and received initial funding from the Rivers, Trails and Conservation Assistance Program.

Officials hope to begin the bidding process for park construction by the end of this year, said Edwards, owner-developer of the Moab Springs Ranch. Currently, the project is at the public-input stage. The central theme about 20 participants agreed upon during the workshop centers on the convergence at the bridge crossing of natural passages in water and stone that connect people to the Southwest, said Rezi Peterson, an interpretive planner and consultant for Psomas Design of Salt Lake. The project is referred to as "Lions Park: Gateway to Moab."

"We want to allow people to connect to the Southwest and Moab in a way that is memorable forever," she said.

Various important elements in the design and function of the park have surfaced recently, including a proposal from the Grand County Historical Preservation Commission that the area be designated a historic district. HPC members Bette Stanton and Michael Wolfe in particular have argued for recognition of numerous cultural and archaeological resources and sites in the vicinity of the park, including Matrimony Spring, the Moab Panel and other prehistoric sites, a World War II bridge-guard station, and a colorful history of river crossings by such parties as the Spanish conquistadors, early Native American traders and Anglo trappers, Mormon explorers and outlaws such as Butch Cassidy.

The HPC and LPPG are collecting stories and information to make the interpretive aspects of the park as comprehensive and accurate as possible. The focus is now on collecting information on geological forces that shaped

the area, people of the past who used the natural passages and how, river history and the river as the "lifeblood of an arid desert," connections to outdoor experiences surrounding the site, access to nearby parks and recreation sites, experiencing and respecting the extreme environment, and recreational safety.

Visions of the transit hub include trails that cross under the main bridge to connect with the Scott M. Matheson Wetlands Preserve, cross over the river to connect immediately with Arches National Park, and that draw visitors onward to other attractions, such as the river road scenic byways and roads to Dead Horse Point and Canyonlands National Park.

Presenters said the transit-trailhead hub, starting at the current site of Lions Park at the intersection of Highway 128 and 191, will have as a focal point a "signature building" with a plaza full of interpretive stories and other information, plus picnic tables by the river, grassy and shady areas for play and relaxation, sand and volleyball courts, water features using nearby natural springs, several pavilions for group events, and a gigantic "walk-over" map that park visitors can traverse to see where they are in relation to the river, mountains and geography of Southwest.

"This keeps getting better as time goes along," Dave Olsen said.

To date, partners in the park project that have been memorialized on a plaque at the footbridge include the Moab Trails Alliance, National Park Service, Bureau of Land Management, Bikes Beyond, Federal Highway Administration, Grand County Special Service Recreation District, Lions Club, Moab City, JJ and Shouyu Wang, Ralph L. Wadsworth Construction, Val A. Browning Foundation, William E. Slaughter Jr. Foundation, Utah Department of Transportation Enhancement Program, Utah Division of Fire, Forestry and State Lands, Utah State Parks Trails and Pathways Program, Contech Bridge Design and Horrocks Engineers.



visitors onward to other attractions, such as the river road scenic byways and roads to Dead Horse Point and Canyonlands National Park.

Presenters said the transit-trailhead hub, starting at the current site of Lions Park at the intersection of Highway 128 and 191, will have as a focal point a "signature building" with a plaza full of interpretive stories and other information, plus picnic tables by the river, grassy and shady areas

for play and relaxation, sand and volleyball courts, water features using nearby natural springs, several pavilions for group events, and a gigantic "walk-over" map that park visitors can traverse to see where they are in relation to the river, mountains and geography of Southwest.

"This keeps getting better as time goes along," Dave Olsen said.

To date, partners in the park project that have been memorialized on a plaque at the footbridge include the Moab Trails Alliance, National Park Service, Bureau of Land Management, Bikes Beyond, Federal Highway Administration, Grand County Special Service Recreation District, Lions Club, Moab City, JJ and Shouyu Wang, Ralph L. Wadsworth Construction, Val A. Browning Foundation, William E. Slaughter Jr. Foundation, Utah Department of Transportation Enhancement Program, Utah Division of Fire, Forestry and State Lands, Utah State Parks Trails and Pathways Program, Contech Bridge Design and Horrocks Engineers.

*Steaks • Pastas
Prime Rib
Fresh Seafood
Patio • Catering
Family Dining*

Casual Atmosphere



*Open nightly at 5:00 pm
Closed Sundays*



*"Dining with a
Million Dollar View"*



*Historic former home
of Uranium King
Charlie Steen*

Welcome to Moab Special!

**Free Homemade Dessert with
purchase of dinner.**

Call for Reservations: 435-259-7146

**Choose from any of our great menu selections including
Filet Mignon, New York Strip, Fresh Salmon,
Linguini Olivia, Shrimp Scampi and much more!**

Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.



ASTROLOGY HAPPENINGS

Your Monthly Horoscope - May 2010

By Rob Wells

Apr. 21 - May 21



Taurus: Happy Birthday Taurus. This month is kickin'. With Venus moving through your financial house building happy situations that culminate on the 17th and 18th. Love takes a practical tone this month, expect to receive advice from those who care about love matters. After the 21st the Sun moves into your house of Cash and the financial focus continues to the next month. An early vacation may not be in the cards until June, so keep your planning loose.

May 22 - June 21



Gemini: Time to relax and recharge this month. Career matters will smooth out before the month is over. That should be a welcome change. You could make a new and dynamic friend after the 23rd. After the 21st, the Sun moves into your house of Self and the energy level comes back up to normal. You will have to do some financial juggling before the end of the month, but it works our OK.

June 22 - July 22



Cancer: Your friends are your focus this month. Their problems and needs over yours, but then you do so love to be a mother hen. Avoid committing to a loan to someone this month. You'll never see the money again. The Sun moves into your house of Quiet on the 21st and you may require more rest for a while. Make sure you get it. Just at months' end you could get a surprise in your career. It can go either way, good or bad, depending on how you play it.

July 23 - Aug. 24



Leo: Shiny career moves are possible during the first three weeks of the month. You are full of energy and revved to the max so getting anything done takes half as long. You could become disenchanted with your employment situation around the 29th, be slow to make any changes.

After the 21st the Sun moves your focus to your friends and things you want to happen in the coming year. Time for your annual personal strategy meeting. A financial obligation could catch you off guard on the last week of May. Grin and bear it.

Aug. 24 - Sept. 22



Virgo: Church or school activities keep you busy and on the phone this month. Are you planning a social event? You might be. Try not to be too mental about it. Have some fun with it. If you have a health issue this month, mind

your med's very carefully. After the 21st, the Sun and Venus move to create a very happy atmosphere in your life for the next thirty-day period. It's just a great time to get out and have some fun. Loosen up on the job and put something new and funny in your office to brighten it.

Sep. 23 - Oct. 23



Libra: You are dealing with money issues this month. Taxes, insurance, that sort of thing. A romantic friend has you wrapped up in knots to their amusement. Be careful with this one, it could cost you some dignity points in the end. You could have a career realization around the 20th that forces you to re-evaluate your direction. After the 21st, the Sun moves in to your Vacation house and the call of far away places rings in your ears. Plan for something during the month of June for best results.

Oct. 24 - Nov. 22



Scorpio: Partnerships are in play this month. Both business and romantic commitments will require negotiations and re-affirmation. A career decision may not be all you expected. You'll find out next month. Have a Plan B in the wings just in case and don't burn any bridges. After the 21st, the Sun lights up the joint money sector of your chart and it may be time to re-think your budget. Money advice from a friend goes a long way, even if it is a big, hard pill to swallow.

Nov. 23 - Dec. 21



Sagittarius: If you are seeking employment, this is the month to do it. You could be talking to many people about just how talented you are and how they would benefit from your helping hands. Listen with both ears open this month. Things are said that may have double meanings and trip you up. After the 21st, your partnership sector is lit by the Sun and this brings matters of commitment to the foreground. Again pay attention to what is said, it's in your best interest.

Dec. 22 - Jan. 20



Capricorn: Romantic communications are flowing this month for you with the Sun and Mercury in your house of Romance and Creativity. Use extra caution with your cash this month as it could disappear before your very eyes. There could be a showdown with a partner on the 20th, be forewarned. After the 21st, the Sun moves into your house of employment. There could be good changes coming before the middle of next month. It's a good time to ask for a raise, too.

Jan. 21 - Feb. 18



Aquarius: Home is where your heart is this month and you will be talking about making improvements to your living situation. Romantic encounters are possible until the 20th with Venus in your Romance house. Avoid untruths to or from any partners you have for the entire month. After the 21st, the Sun moves into your Romance house and the theme continues. A realization about your employment could be unsettling during the last week of the month.

Feb. 19 - Mar. 20



Pisces: The Sun and Mercury in your house of communication has you hopping on one foot in circles this month. It'll take all you have to keep up, but try. Keep a close watch on any medication you take during this month and next. Talk to your doctor often to avoid a problem. As Venus moves into your house of Romance on the 20th, there could be a new interest in your life shortly after. After the 21st, the Sun moves into your house of Home and you are moved to take renewed interest in your abode. What new projects have you got planned for this year?

Mar. 21 - Apr. 20



Aries: The Sun and Mercury in your house of Cash have you thinking and talking about money this month. Don't let a creative or romantic interest deplete those resources, which could happen so easily, leaving you to wonder what happened. Venus moves into your house of Home on the 20th and you could be moved to beautify your surroundings at that time. Again, watch that cash flow! After the 21st, the Sun moves into your house of communications and you'll be busy for the next month juggling information in you life. You could get a big surprise communiqué on the last day of May.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

Sell It • Find It • Buy It • Trade It
JOBS • JOBS • JOBS
 Services • Sales • Announcements • Recreation
For Over 42 Years, The Ad-Vertiser is
Moab's Way to Connect
 Online at www.MoabAdvertiser.com
 Pick up your FREE copy at locations all around Moab!



Predict your own future!
 Advertise your business here and reach thousands of viewers every month!
 Call (435) 259-8431 for more information.



check out our daily copy specials!
29¢ Tuesday color copies
5¢ Friday black and white copies
 375 South Main (in front of City Market)
 Moab, Utah 84532
 (435) 259-8431 • (435) 259-2418 Fax
info@moabhappenings.com
Some restrictions apply. Price includes 8 1/2 x 11 copies on 20lb. paper.



Gifts for your cosmic lifestyle

- Brilliant crystals & stones
- Unique jewelry
- Enlightening books
- Meditation music
- Divination decks
- Luminous home accents

Come in today and see our new garden statuary and meet our new meditating animals... specially discounted during the merry month of May!!



37 East Center
 (across from Visitor Center)
Open 7 Days
 Readings available
435-259-7778

Great Lakes Airlines



Daily Flights from Moab Airport

flygreatlakes.com reservations 800.554.5111



375 South Main
(In Front of City Market)
(435) 259-8431

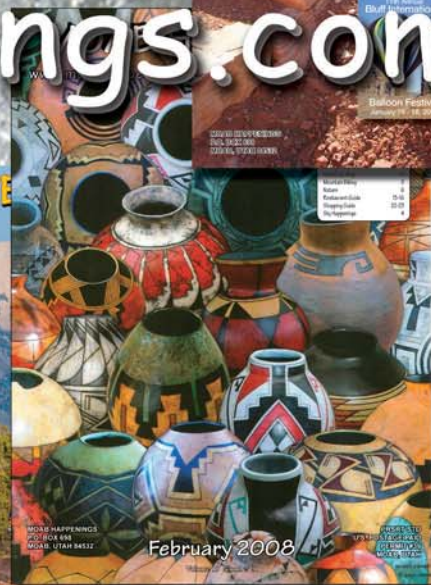
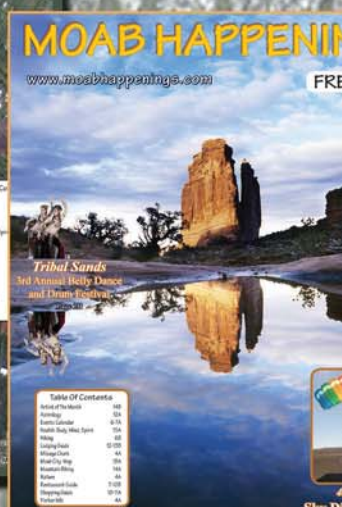


MOAB HAPPENINGS
www.moabhappenings.com
September 2008

Moab Happenings

MOAB HAPPENINGS
www.moabhappenings.com
October 2008
FREE COPY

on line at
www.moabhappenings.com



in racks all over town!



SHOPPING
DINING

MOAB HAPPENINGS

ENTERTAINMENT
NIGHT LIFE

Volume 22 Number 2

Section B

May 2010

Moab Arts Festival & Multicultural Fair

The 18th Annual Moab Arts Festival & Multicultural Fair highlights this Memorial Day Weekend, running from 10am-8pm on Saturday, May 29th, & 10am-6pm on Sunday, May 30th, in beautiful downtown Swanny City Park. The festival features fine art, beautiful crafts, handmade clothing, metal works, pottery, jewelry, kids' activities, great food, and more! So, whether you just want to browse, treat yourself to something special, or purchase a gift for an upcoming occasion, the Moab Arts Festival & Multicultural Fair is a must see event.

Complementing the wonderful array of artists & craftsman will be an entertainment lineup filled with high quality performers. Musicians will be traveling to Moab from around Utah and Colorado to participate in the festival and enjoy the beauty and hospitality of our wonderful town. And local favorites Moab Taiko Dan and the jazz duo of Dave Steward & Gen Numaguchi will again grace the Pavilion Stage.

There will be a variety of music & dance for everyone to enjoy. The festival is especially pleased this year to present musical guests Kate MacLeod & the Pancakes, Tempa & the Tantrums, Sister Wives, & Hillbilly Voodoo. Each band will

Memorial Weekend 2010 Music & Entertainment Schedule

Saturday, May 29th

Time	Artist	Style	Venue
10:00	Hillbilly Voodoo	Folk Grass	Pavilion
11:15	Sister Wives	Blues Rock	Stage
1:00	Moab Taiko Dan	Drum Group	Pavilion
2:15	Tempa & the Tantrums	Blues	Stage
4:00	Salt Lake Capoeira	Dance Troupe	Pavilion
5:15	Kate MacLeod & Pancakes	Folk Rock	Stage
7:00	Ballet Folk Lorico	Dance Troupe	Pavilion

Sunday, May 30th

Time	Artist	Style	Venue
10:00	Dave & Gen	Jazz Duo	Pavilion
11:15	Kate MacLeod & Pancakes	Folk Rock	Stage
12:45	Hillbilly Voodoo	Folk Grass	Pavilion
2:00	Tempa & the Tantrums	Blues	Stage
3:30	Salt Lake Capoeira	Dance Troupe	Pavilion
5:15	Kate MacLeod & Pancakes	Folk Rock	Stage
4:45	Sister Wives	Blues Rock	Stage

perform both Saturday and Sunday, providing you two chances to hear this great music.

The Moab Valley Multicultural Center will once again sponsor two wonderful acts on the Pavilion Stage – Moab's own Ballet Folk Lorico and Salt Lake Capoeira, a dance troupe with a Brazilian flair.

For a complete schedule of entertainment & children's activities, please pick up a copy of the Moab Arts Festival Newspaper and plan to spend as much of your weekend as possible at the 18th Annual Moab Arts Festival & Multicultural Fair. The newspaper can be found at numerous locations around Moab, and like the festival, is fun, colorful, and free to the public!

If you would like to volunteer to be a part of the Moab Arts Festival and receive a free Arts Festival T-shirt, please contact Theresa King at 260-8431.



EDDIE RESTAURANT,
BREW PUB & BAR
McSTIFF'S

Moab's Largest Selection of Utah Beer! Now Serving High Points!

See a complete menu on our website

- ▶ Family friendly
- ▶ Big parties welcome
- ▶ Patio & terrace dining
- ▶ Tavern area with flat screen TVs
- ▶ Loft lounge area with pool & foosball tables
- ▶ 12 beers on tap
- ▶ Fresh salads
- ▶ Great organic pizza & burgers
- ▶ Custom aged steaks
- ▶ Fresh seafood
- ▶ Pasta
- ▶ Mexican food
- ▶ Homemade desserts

WE DELIVER!
Pizza & more, to Main St. businesses & hotels

OPEN EVERY DAY

LUNCH starting at 11:30 am
DINNER starting at 4:30 pm

SUNDAY BRUNCH –
11:30 am - 2:30 pm

Conveniently located at Center & Main, in McStiffs Plaza

435-259-BEER (2337)
www.EddieMcStiffs.com

FULL-SERVICE BAR

No food orders necessary, no "private club" memberships required!

Moab's Mojito Spot

BREAKFAST — LUNCH — ICE CREAM — ESPRESSO

Wake & Bake
Cafe

BREAKFAST MENU
7-11:30 am

- Burritos
- Waffles
- Granola
- Bagels
- Sweet Crepes
- Savory Crepes
- Croissants
- Muffins
- Cookies

57 S. Main
in McStiff's Plaza
435-259-2420
Call in orders welcome

LUNCH MENU
11:30-3:00 pm

- Panini Sandwiches
- Chicken Gyros
- Pizza Slices
- Hot Dogs
- Authentic Tacos (carnitas, fish & chicken)

Locally Roasted Coffee
Espresso • Tea
Smoothies • Fresh Juices

ICE CREAM ALL DAY!

Too many flavors to list...

NOW SERVING locally made ice cream and gelato from **GELATO JUNCTION**

info@WakeandBakecafe.com

PARK HAPPENINGS

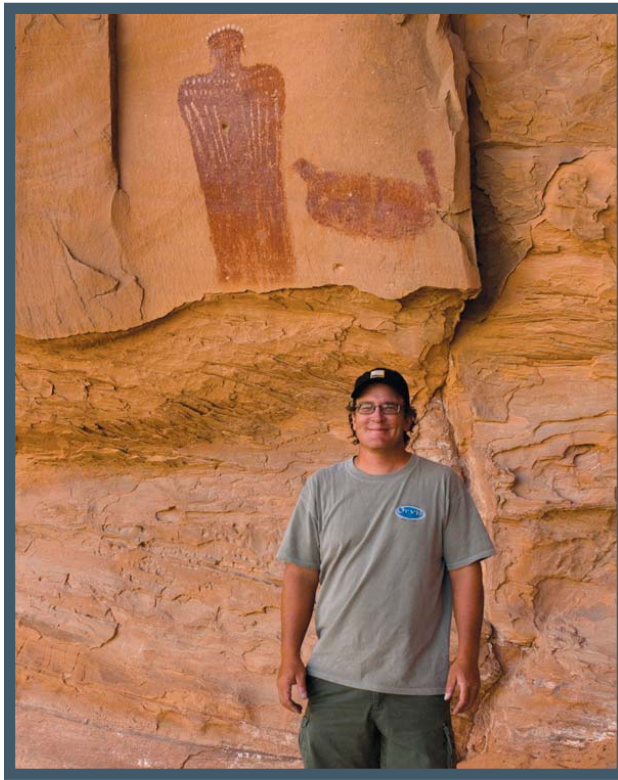
Durango Photographer Dave Manley featured at Dead Horse Point State Park

By Kim Clawson

Moab, UT – Durango Photographer Dave Manley is currently featured at the Bighorn Gallery, inside the visitor center at Dead Horse Point State Park. The exhibit is entitled ‘Landscapes and Rock Art of the Colorado Plateau’. The exhibit runs through June 30, 2010.

Photographer Dave Manley moved to Colorado 24 years ago to attend Colorado Mountain College where he studied commercial art and took up mountain biking and climbing. Over time mountaineering became his passion and eventually he picked up a camera to record those adventures. Dave’s early work captures expansive vistas and 360-degree images from mountain summits. His work may also be viewed at www.grandeurimages.com. More recently Dave’s travels have taken him to areas in the Four Corners region previously inhabited by ancient cultures where rock art abounds. Now his lens is focused on this early art form that continues to speak to us from another millennium.

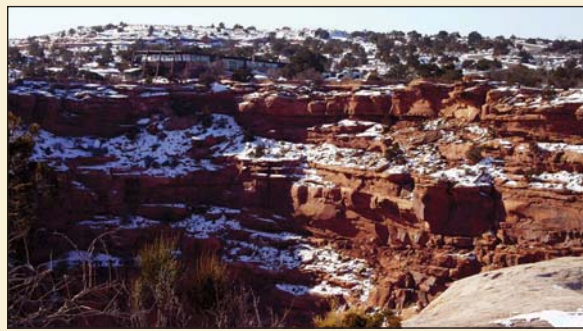
In 2008 two pieces of Dave’s work were selected out of hundreds of submissions for the Farmington Museum’s Gateway to the Imagination national juried competition. Fort Lewis College’s Center for Southwest Studies juried competition awarded Dave Best of Show in 2008 for his photo of the Great Gallery and accepted two submissions for the 2009 contest. Dave is currently involved in a rock art recording project in the Dinetah (Navajo homeland) in Northwestern New Mexico. The exhibit at Dead Horse Point State Park near Moab, Utah showcases landscapes and rock art from the Four Corners region.



Dead Horse Point State Park is located nine miles north of Moab on US 191 and 23 miles south on SR 313 at the end of the highway. Visitor Center hours are 8 a.m. to 6 p.m. daily. Admission to the park is \$10. For more information contact the park at 435-259-2614.

Dead Horse Point State Park is located nine miles northwest of Moab on US 191 and then 23 miles southwest on Utah 313 to the end of the highway.

The Park hours are 6 a.m. to 10 p.m.
Visitor Center Hours:
Summer - 8 a.m. to 6 p.m.



*Escape to The Hideout today
A Short Drive South of Moab!*

6900 yards of tree lined fairways and challenging elevation changes. Get out of the heat! Escape to The Hideout Golf Club where 7,000 feet in elevation insures cool summer temps. The course is situated within an hour of five National Parks, multiple recreation areas, and the spectacular scenery of Utah’s Canyon Country!

Make the Hideout a must during your trip to Southeast Utah’s Canyon Country. Play this championship mountain course and enjoy our unique backyard.

For travel and lodging information go to: www.UtahsCanyonCountry.com (435) 587-2200
www.HideoutGolf.com
 Monticello, Utah

MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Goosenecks	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367	81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404	
Blanding, Utah	329	81	26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322	
Bluff, Utah	355	107	26	301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296	
Bryce Canyon National Park	608	361	279	301	310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86	
Canyonlands National Park	398	31	113	139	310	109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435	
Canyonlands N.P. Needles	359	62	58	84	347	109	70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390	
Canyon Rims Rec. Area	353	80	74	100	353	86	70	236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396	
Capitol Reef National Park	487	244	158	180	100	275	230	236	244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217	
Cortez, Colorado	249	119	83	82	361	151	106	112	244	149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404	
Dead Horse Point	396	29	111	137	418	2	107	84	273	149	375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433	
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375	339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764	
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339	183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413	
Goosenecks	389	142	56	30	331	169	114	130	209	139	167	462	183	266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277	
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266	214	505	404	277	404	321	283	555	357	194	320	268	169	287	263	123	347	466	413	127	
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214	417	372	255	324	321	283	555	357	194	320	268	169	287	263	123	347	466	413	127	
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417	101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493	
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101	175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241	
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175	127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331	
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127	90	562	838	201	134	164	112	155	43	137	281	471	171	411	400	
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90	559	831	198	131	161	109	152	40	134	278	468	96	408	397	
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559	272	595	432	451	506	307	525	512	281	287	460	419	121	
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272	867	704	717	779	579	797	784	553	376	602	691	393	
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867	163	144	89	188	158	115	314	504	259	388	433	
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163	129	74	25	91	99	151	341	240	373	270	
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129	54	151	120	53	280	475	115	235	294	
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54	99	72	28	225	415	168	299	344	
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99	118	125	126	316	265	394	245	
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118	94	244	432	136	368	363	
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94	231	440	168	334	370	
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231	272	391	420	119	
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272	663	645	382	
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663	123	281	
Salt Lake City, Utah	730	230	321	343	324	262	308	285																											

TRAIL HAPPENINGS

Amphitheatre Hiking Trails

by Ginny Carlson

LOCATION AND HISTORY: The Amphitheater Trail System! What is it? One of the newer hiking destinations in Grand County, with connecting loops that meander through BLM land in the Richardson Amphitheatre area. Where is it? Across Highway 128 from Hittle Bottom, which is about 25 miles from Moab heading up river (past Fisher Towers and before Dewey Bridge). The amphitheater area is named for Sylvester Richardson who was a postmaster and teacher in nearby Professor Valley in the late 1890's.

DESCRIPTION: The trail offers a getaway from the more familiar crowded trails, yet provides stunning views of the surrounding cliffs and long range views of the Colorado River. The trail follows a variety of terrain and provides something for everyone! The original trail was a 3 mile loop. The Wilderness Volunteers, a national not for profit group, added an additional 3 miles of loops to this trail in April 2010, transforming abandoned 2 track routes into a single file hiking trail. The original 3 mile trail follows a beautiful wash, winding its way past several "hoodoos" and then goes steeply uphill through a rock fall until reaching the top, about 400' feet vertically from the beginning. It then winds its way gradually downhill following natural contours and an abandoned 4x4 track where there is a connection to additional loops. The trail is generally easy, with some moderate sections. Bring plenty of water for your hike and select the route you wish to follow.

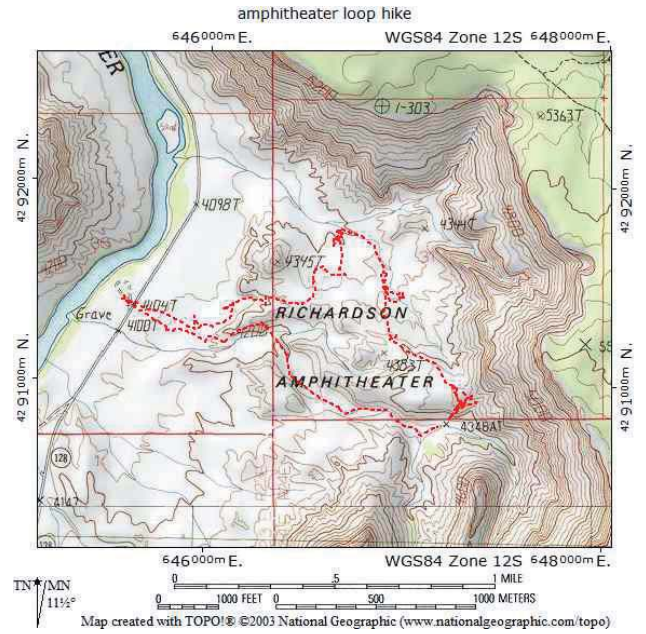


TRAIL CREATION: In late 2003, the BLM asked several of its volunteers (including me) to check out the Richardson Amphitheater area for a possible hiking trail. With GPS and camera, we explored the area, checking out washes and the old 4x4 tracks. We found that the area had great possibilities but there was a difficult portion from the bottom of the wash up to the top. BLM recreation employees reviewed the route and with their approval, the route was discreetly flagged, using surveyors tape tied around rocks and small bushes. The next step was for the BLM to obtain clearances from all of its resource management areas who had interest in the area such as soils, wildlife, and archeology. As time passed, the soils manager walked the trail and made her comments. Then a date was set to walk the proposed trail with the archeologist-

tech. Fortunately, there were no mitigations needed, since there was no signs of Native American presence. There were no flakes, nor rock art, or any other signs of early use. Then another trail review with the recreation group.

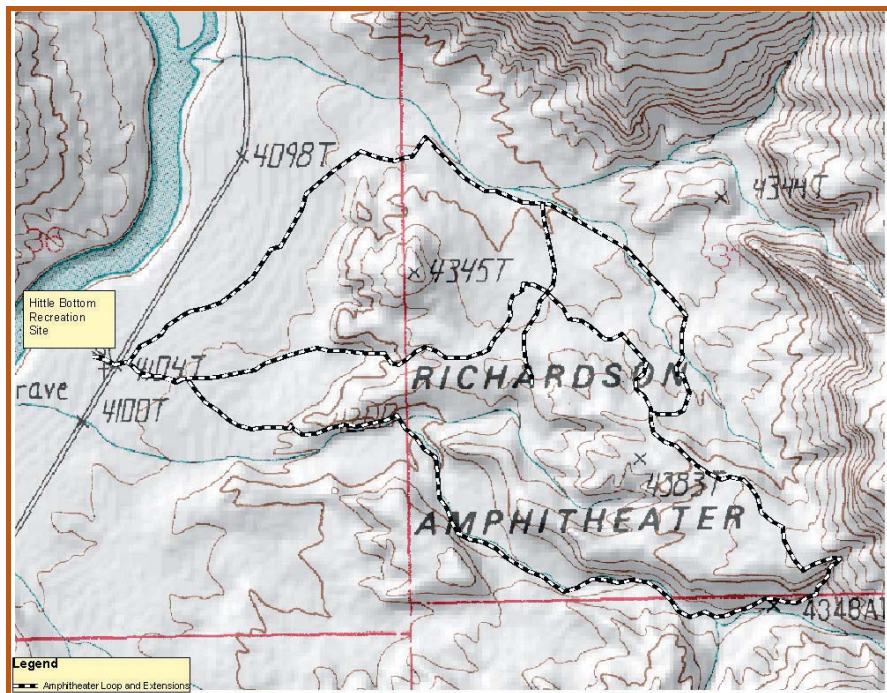
Some suggestions were made to improve the trail by rerouting around a large tree and shifting the trail into a small drainage. Back to archeology, to again visit the area and review the proposed new route. An EA (Environmental Assessment) was written and posted on the local BLM web site. After a year of incubation, the 3-mile trail was approved.

TRAIL BUILDING: Several local volunteers took down the flagging and set up rock cairns to mark the route. Additional volunteers from the American Hiking Society were in Moab in the spring of 2004 and provided their expertise and muscle to build natural rock steps in the steeper part of the trail. Yet another group of volunteers from the



Oakley School group spent a day placing dead branches and rocks on one of the abandoned 2-tracks, to narrow the trail to a single trail. More recently, the BLM installed a bulletin board with a map at the trail head on the Hittle Bottom side of Hwy. 128. A few years ago, a large rock fall from the cliff above destroyed a section of the trail which was repaired by Trail Mix volunteers.

About the author: Ginny Carlson currently serves as the treasurer of the Trail Mix Committee, is a previous Chair, and has contributed to several grant writing efforts. Carlson has volunteered with the BLM and Trail Mix on a variety of projects.



Deep Desert Expeditions
 HOSTED BY BACKCOUNTRY EXPERT AND PHOTOGRAPHER MIKE CORONELLA, CO-FOUNDER OF THE HAYDUKE TRAIL

- *GUIDED HIKING*
- *GUIDED BACKPACKING*
- *GUIDED ARCHEOLOGICAL TOURS*
- **EXCLUSIVE: AZURITE MINE TOURS****
(MINERAL COLLECTING ALLOWED!)

www.deepdesert.com
 (435) 260-1696
 ARCHES, CANYONLANDS, ROCK ART, RUINS
Always educational and entertaining!!

TRAIL MIX is an advisory committee to Grand County, and represents a mixture of non motorized user groups including bikers, hikers, equestrians and skiers. Everyone interested in trail development and maintenance is welcome to the monthly meetings held the second Tuesday of every month from 12-2 at the Grand Center at 182 N., 500 W.

Opportunities for volunteers include everything from trail work to grant writing. Contact Sandy Freethy – Chair at 259-0253 or check out our website www.grandcountyutah.net/trailmix/.

TRAIL MIX
 GRAND COUNTY

You can now pick up Moab Happenings in GRAND JUNCTION!

- Visitor Center**
Horizon Drive & I-70
- Safeway**
681 Horizon Drive
- Western Colorado Center For The Arts**
1803 7th Ave.
- REI**
7th & North Ave.
- Coffee Muggers**
646 Main St.
- Main Street Bagels**
504 Main St.
- Summit Canyon Mountaineering**
461 Main St.
- Borders Books**
Ross Shopping Center
- Barnes & Nobles**
2451 Patterson

SHOPPING GUIDE



211 North Main
435-259-6007

www.canyonvoyages.com

Visit our retail store and find everything for the outdoors: Guide books, Riverwear, Footwear, Repair Materials, Rafts and Kayaks, Spraydecks, Paddles, Helmets, Dry Bags, PFDs, First Aid Supplies, Sportswear and more! We offer River Trips, 4x4 Tours, Rock Art Tours, Boat Rentals, Kayak School, Boat Sales - whew! Stop by or visit us at www.canyonvoyages.com!

29 East Center 435-259-8404

A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9 pm for a stitching social and enjoy getting to know other fiber artists. Hours: Mon-Sat 10 am - 5:30 pm. Visit us online at www.desertthread.com. [Visit our new location.](#)

WELCOME TO

PINON Gift TREE Shop INC

Jewelry
Metal Art
Swarovski Crystals

Pottery
Toys
Moccasins
and Sandals

82 South Main 435-719-2086



Mile 14, Hwy 128
435-259-3332

Castle Creek Winery offers complimentary wine tasting and sales seven days a week in our new tasting room. Our gift shop has everything from gourmet cheeses and snacks to t-shirts, hats and wine trinkets. Stop by and sample some of our award winning wines and enjoy the breathtaking views surrounding our vineyards. We are located 14 miles upriver from Moab on Scenic Highway 128.



40 West Center St. 435-259-0739

Our shop is filled with fabrics that call to you, inspire and reward you. Come in and check out our great selection of fabrics to suit your style. Patterns, books, notions, gifts and classes to suit beginners and beyond. Chairs for husbands! [Look for our Anniversary Specials on May 6.](#) Hours: Tuesday-Friday 10 - 6, Saturday 10 - 4.



400 EAST & MILLCREEK DR. 259-6999

4th East & Millcreek Dr.
259-6999

Dave's Corner Market has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We carry cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail!



82 South Main 435-719-2086
Our friendly staff will show you our wide variety of ideas for gifts and home decor. We have awesome T-shirts including bamboo and organic fabrics. Come check out our fashion friendly moccasins and Stetson hats. Our sandals are #1 in comfort and value. We have a huge selection of metal art, local pottery and crystals. Toddler tees and toys also.

Walker Drug & GENERAL STORE

DIGITAL • APS • 35MM
E-BOX • CAMERAS
BATTERIES

Your ad could be here!
Call Theresa or Aaron at
259-8431 for details.

Royce's Electronics, Inc. *Serving Moab Since 1957*

CB Radios & Accessories

XM & Sirius Satellite Radio

Cellular Phones by Alltel

Cameras, Memory, Batteries, Printers, Cables, Ink, & Paper

Video & Game Rentals
Large Selection of Inventory

611 South Main • Moab, Utah • 259-6630
Mon. ~ Sat. 8 am - 9 pm • Sun. 10 am - 7 pm

Castle Creek WINERY

Lodging...
Banquets...
Weddings...
Giftshop, tours
and Wine Sales

Visit our NEW Tasting Room
on the banks of the Colorado River.
Complimentary Wine Tasting Daily.

Buy local FIRST UTAH

WINNER BEST OF STATE UTAH 2009

Chenin Blanc • Chardonnay
Uintah Blanc • Lily Rose White
Cabernet Sauvignon • Merlot
Kid Red • Outlaw Red

www.castlecreekwinery.com

Mile 14, Hwy 128 • Moab, UT 84532 • 435-259-3332

Canyonlands Copy Center

check out our daily copy specials!

29¢ Tuesday color copies

5¢ Friday black and white copies

375 South Main (in front of City Market)
Moab, Utah 84532
(435) 259-8431 • (435) 259-2418 Fax
info@moabhappenings.com

Some restrictions apply. Price includes 8 1/2 x 11 copies on 20lb. paper.

SHOPPING GUIDE



Rave'N Image
59 South Main, #5
LOCATED IN
McStiff's Plaza
259-4968

The Rave'N Image is a family-run clothing boutique with a whole lot of style and variety. In addition to our trendy (yet affordable) clothing, we also carry a wide selection of accessories including: embroidered bags, belts & buckles, leather cuffs & wallets, candles, bath & body products, flip flops, sunglasses, bathing suits, cards & journals, make-up, political stickers & T shirts, art prints & other gift items, the largest collection of Body Jewelry in Moab and a GORGEOUS ARRAY OF STERLING SILVER, GEMSTONE & FASHION JEWELRY!! We carry unique & conscientious lines like RISE UP, PACIFICA, PAPAYA, NEVES, ORIGIN, IDYLL & THE OUTFIT, as well as locally made artwork & jewelry AND Kama Sutra & Nag Champa products. Don't miss our 50% OFF CLEARANCE & USED racks when you come by the McStiffs Plaza to see what people are "Rave'N" about!! Open daily at 10 am.

MOAB MAILING CENTER



Fax Service & Copying
375 So. Main Street in front of City Market.
259-8431

The Moab Mailing Center is an authorized shipping outlet for UPS and FedEx. Mailbox rentals - private & secure with mail forwarding service available. Shipping supplies, boxes, packaging materials, bubble wrap, & tape. Color copies, high volume copying, large selection of paper and card stock available. WE NOW OFFER FEDEX GROUND! 24 HOUR DROP BOX FOR FEDEX AND UPS ENVELOPES. Stop by Moab Mailing Center and we can help you out! **Next day service to anywhere in the US from Moab (UPS and FedEx).** Open Mon-Fri 8 am to 6pm, Sat 9am to 5pm **NEW:** Notary on staff. Call for hours.



37 East Center Street 259-7778
Across from the Information Center.

Starshine is Moab's new age and 2012 information center and can make your experience of Moab even more magical. Starshine offers an extensive selection of incense and candles, healing stones, unique jewelry, books, music and art.

Desert Thread
Beautiful Yarns and Fibers!
Visit our new location
29 East Center Street
Moab, UT 84532
435-259-8404
Open Mon - Sat 10 - 5:30
Visit us online at
www.desertthread.com

WabiSabi

WabiSabi Thriftique A Luxury Thrift Shop

411 East Locust Lane
259-9114 • www.wabisabimoab.org

WabiSabi, a luxury thrift store in Moab, is not your typical thrift store. We feature only the best in used quality clothing, collectibles, sportswear, books & camping equipment. WE HAVE WHAT YOU FORGOT TO PACK. WabiSabi supports local nonprofits & produces workshops that have a positive impact on our community. Open from everyday 10am to 7pm. Visit our warehouse (at our new location -1030 Bowling Alley Lane) for reduced price clothing, furniture, construction materials and housewares. Open everyday 9 am - 6 pm.



Walker Drug & GENERAL STORE

290 South Main • 259-5959
Open everyday 7:30am

Walker Drug is not an ordinary pharmacy. With 17,000 sq. ft. of merchandise overflowing from the shelves, Walker Drug is more like a general store with personality. Bikers, runners, jeepers, campers, river rafters, photographers, young & old alike, will find an endless variety of merchandise. From bathing suits, hats, fishing tackle, knives, toys, housewares, shoes, spaghetti sauce to socks & underwear, Walker Drug has something for everyone.

Buy local FIRST UTAH

We shape the places where we live in crucial ways every day. Each time we purchase goods or services from a particular shop or office, we are making choices about our community. For every dollar they

bring in, locally owned, independent businesses give back a demonstrably higher public return to the community. They give back more in other ways as well--economically, culturally, aesthetically, socially, and environmentally--enriching these places we call home in the process. Hence our motto,

Buy close by, preserve community.

DAVE'S CORNER MARKET
4th East & Millcreek Drive
259-6999
BEST CUP IN TOWN
Largest selection of gourmet coffee in Southeastern Utah.
Open 6 a.m. - 10 p.m. Monday - Saturday
7 a.m. - 10 p.m. Sunday

SHOPPING GUIDE MAP

Map labels include: Old Mission Store at Canyonlands by Night, To Salt Lake City, 191, 400 NORTH, MAIN STREET, NOB HILL, Canyon Voyages, 200 NORTH, 100 NORTH, Moab Barkery, It's Sew Moab, Desert Thread, Starshine Gifts, CENTER STREET, Raven Image, Pinyon Tree, 100 SOUTH, Walker Drug, 200 SOUTH, 300 SOUTH, WabiSabi Thriftique, Dave's Corner Market, Millcreek Drive, GRAND, Canyonlands Copy Center, Moab Mailing Center, URANIUM AVE., KANE CREEK, 191, CEDAR, Royce's Electronics, Hole N' the Rock 12 Mi. South of Moab on Hwy 191.

HEALTHY HAPPENINGS

Heirloom Seeds • Local Produce • Prepared Food



Become a fan

Featuring: Organic Produce • Natural Foods • Supplements

7 Days a Week – 9am to 8pm

39 E. 100 N. Moab (across from the Post Office)
259-5712



facials
manicures
pedicures
waxing
acrylic nails
hair dressing
& more

1105 So. Hwy 191 Ste. 4A
Moab, Utah 84532
(435) 259-BLIS
(2547)

Del Sol Massage
Kerry Soliz
Licensed Massage Therapist
435.210.0822
www.delsolmassage.com

Turn your face to the sun and
the shadows fall behind you.
—Maori Proverb

Support * Insight * Inspiration



- Therapeutic
- Counseling
- Reiki • Cranio-Sacral
- Past Life Regression

Kira Schneider 435-260-1767
50 East Center Street at the Healing Arts Center, Studio 1

IN PAIN?
Sore, over-worked, stressed muscles?



Sore No More™ is the solution!

www.sorenomore.com
800-842-6622 ext 127
FREE SAMPLES
Visit our guest book on our website for consumer comments.

Are you a practitioner of the healing arts?
Place your ad in Moab Happenings
and reach thousands of readers each
month.
Your ad also includes a presence on our
great website
and a link to yours!
259-8431

Grand County Hospice

Grand County Hospice provides comprehensive, compassionate care for patients facing a terminal illness. Our hospice providers visit patient homes with the goal of helping patients maintain the highest quality of life possible. Hospice care is available for anyone desiring additional care and support in the final stage of their life.



We're here for you when you need us most.

719 West 400 North Moab, UT • 435 259-7191
A Division of Allen Memorial Hospital

Moonflower Market

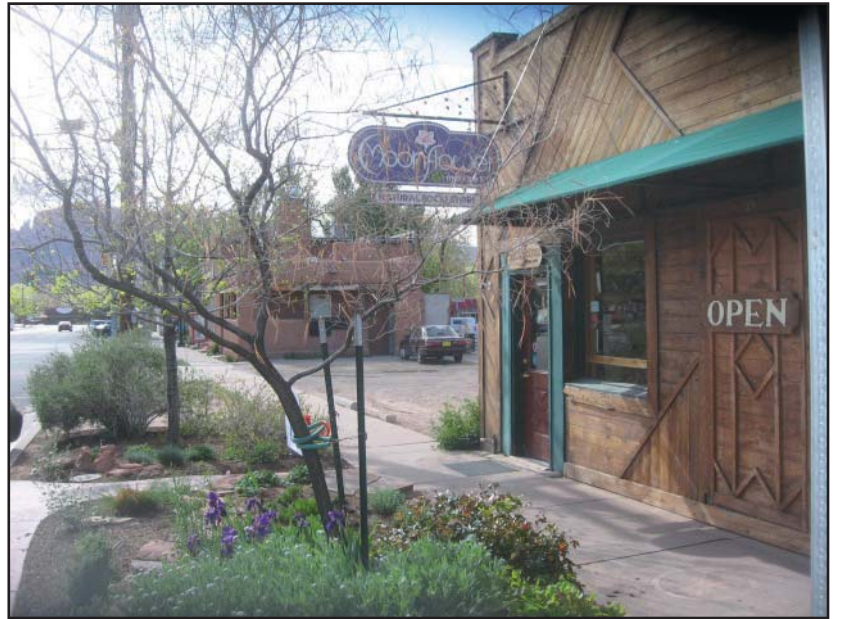
Moonflower Market, your community natural food store, is proud to offer a wide selection of locally and regionally produced products. We have produce, frozen, dairy, grocery, supplements, personal care, bulk, and to go food available for purchase. In each of these departments we feature several local and/or regional items. As global awareness grows, so does the demand for fresh local food. Moonflower strives to stock our shelves with these products.

Local produce is in high demand here in Moab. Manzana Springs, Sol Food Farms, Youth Garden Project, Hole Foods, and others are on line to provide produce to the store this year. Moonflower offers a between Farmers market venue for produce in season when available.

Our bulk department features locally roasted coffees. Fresh Moab Coffee, a customer favorite, provides the store with 2-3 freshly roasted whole bean coffees each week from Bali, Peru, and other exotic locales. Bob, FMC roaster and CEO, has a personal relationship with many of his coffee providers. We also carry Caffè Ibis coffee beans from Logan, UT. We are currently featuring their Café Femenino blend, produced by a self help women's cooperative in Peru. Premium pecans from Del Valle Pecans and garlic chile pistachios from Heart Of The Desert are both produced in New Mexico and available in our bulk nut section. Pinto beans from Dove Creek, CO are found in our bulk bean section and are one our lifeline staple items. Lifeline items at Moonflower are basic foodstuffs offered at special order case discount price everyday on the shelves. Please check out the other Lifeline options on the shelves in each department.

Our grocery department carries several brands of regionally produced honey. Dan-kin honey from Loma, CO is available in affordable quart and half gallon jars on our shelves. Blane Colton of Epicurean Honey from Parachute, CO offers honeys from different regional floral sources such as rabbit brush and flattops wildflowers. Blane's single origin honeys from growers he knows personally. You can really taste the difference. Kathy's Krackers are raw, gluten free, whole grain crackers produced in La Verkin, UT. They are a delicious, nutritious snack that is hard to keep on our shelves. Silverton Chocolates are fair trade chocolates created in Silverton, CO that are a treat to your taste buds. Silverton offers single origin bars and omega 3 infused truffles that artistically blend delicious with medicinal. Real Salt, produced in Heber City, UT, is loaded with beneficial trace minerals and available our bulk bins and on our shelves.

High Country Kombucha is an



independent regional beverage producer from Eagle, CO. One of Moonflower's hottest tickets, Kombucha is a fermented tea beverage that provides billions of probiotics, enzymes, antioxidants among other purported benefits in an assortment of delicious flavors. Come join the growing fan club of this wondrous drink.

Moonflower is lucky enough to be one of the few providers of Castle Valley Creamery's goat yogurt and cheese products. Wet feta, dry feta, and, spreadable chevre in a rainbow of flavors flies off the shelves of our dairy coolers. Locally made by Eric and Margot Seacrist, who keep __ goats on their 5 acres in Castle Valley, these cheeses give new meaning to most of our palates' definition of fresh! We also carry Beehive Cheeses hand crafted in Uintah, UT. Flavors such as Seahive, Barely Buzzed, and apple wood smoked Promontory are available. Fresh local eggs are bought and sold here. A dozen or more local egg providers bring in their wares when available.

Moab is lucky to have the Synergy Company make its home here. Moonflower is the sole provider of their products in the area. Created by Mitchell May, Pure Synergy sets the standard for green superfood products. This energizing and healing product is available in powder or capsule form. We carry the whole Synergy product line including: Vita Synergy for men and women, Radiance C, Healing Honey, and Klamath Blue Green Algae.

Moab made Wise Raven products line our supplement shelves here. Created by master herbalist Molly McClish, Wise Raven offers tinctures, cough syrup, salves, lip balms, and bath salts. Allergy season relief and children's remedies are available through Wise Raven. Regional herbalists are represented by Shining Mountain Herbs in Ridgeway, CO and Hummingbird Herbals from Durango, CO. Nulife Herbs in Lehi, UT, makes a vegan meal replacer, "Matrix Meal", that has become quite popular with our customers. A recent addition to the supplement department is a colloidal silver by Baby Boomer Tonics, manufactured in Castle Valley, UT. Also found in our supplement department are several

electrolyte replacement formulas created by Trace Minerals Research, located in Roy, UT, useful for anyone out in our desert heat and for athletes desiring quick recoveries. Super Salve body care products from Mogollon, NM are a seasonal must for river runners, bikers, hikers, and gardeners. Sore No More, produced in Moab, is distributed here as well.

Supporting local and regional businesses is a sustainable, feel good policy at the Moonflower Market. A high quality variety of products are available on our shelves. We strive to fulfill our mission statement as a non profit business in Utah by providing affordable natural foods to the community and by taking it one step further by supporting local and regional companies.



HEALTHY HAPPENINGS

Moab Acupuncture Clinic

Moab Acupuncture Clinic is now offering Mei Zen Cosmetic Acupuncture: A holistic and healthy alternative to plastic surgery, BOTOX® Cosmetic injections, chemical peels, and other procedures: a natural Approach to Youthful Appearance

The non-surgical Mei Zen cosmetic acupuncture procedure is the beauty secret used by Asian nobilities for thousands of years. It is a holistic, natural and comprehensive **skin rejuvenation** program designed to restore, rejuvenate and relax. Drawn from the ancient texts of Chinese medicine, the Mei Zen cosmetic acupuncture is a natural technique. Small, less than hair-width acupuncture needles are placed in a precise configuration just under the skin's surface to stimulate the production of collagen and elastin.



What to Expect from

Mei Zen Cosmetic Acupuncture

The results of **cosmetic acupuncture anti-aging treatments** reflect not only a change in external appearance, but also an improvement in total body wellness. Specifically, you may notice:

- More radiant, beautiful & firmer skin
- Disappearance of fine lines
- Smoothing of deep lines
- Fading of age spots
- Improved muscle tone
- Enhanced overall appearance and health

Additionally, there are positive side effects to both the facial skin rejuvenation and neck cosmetic acupuncture procedures that include

- A clearing of **acne** and **rosacea**;
- Reduced depression and less anxiety;
- Better digestion and sleep cycles; and
- Fewer hot flashes and night sweats.

The Benefits of Mei Zen Facial Rejuvenation

Promotes blood and lymph circulation; increased circulation dilates peripheral blood vessels for better distribution of oxygen and nutrients as well as cellular regeneration.

Rehydrates the skin's external layers; through stimulation of the secretion of the sweat and sebaceous glands which encourages the regeneration of healthy skin cells.

Helps exfoliation, aids the proliferation of new skin cells, increases nutrition to the skin's surface, improves the quality of the skin and promotes a healthy glow.

Allows healthy "breathing" of the skin; increasing the skin's protective ability to ward off infections and clogged pores.

Increases oxygen consumption of the skin's external layer speeding up the release of carbon dioxide and nitrogen at the cellular level, helping to keep skin deeply clean; contributes to reducing the accumulation of excess grease on the skin's surface.

A Mother's Day Gift Idea

Stimulates the production of elastin and 4 collagen proteins in the skin to firm, reduce and soften wrinkles.

Reduces and relaxes the tension in the nerves and muscles improving the integrity of the skin resulting in improved overall facial appearance.

Success of Cosmetic Acupuncture & Facial Rejuvenation

How successful is cosmetic acupuncture? A study published in the International Journal of Clinical Acupuncture showed that of 300 people who received facial acupuncture, 90% saw marked results after one course of treatment. The acupuncturist Flora Najafi explains: "Fine wrinkles can disappear and deeper ones may 'level' out. Your basic facial 'personality' remains - except that you're happier and more vibrant looking. You retain the character in your face since the structure of your face isn't changed with Cosmetic Acupuncture."

How long your new look will last depends a lot on your lifestyle, and whether you are willing to address other areas that may need attention such as exercise, nutrition, and stress reduction. But at a fraction of the cost of other procedures, cosmetic acupuncture is a sound alternative that can restore your radiant glow both inside and out.

Mei Zen Rejuvenation Treatment

A typical protocol begins with a consultation to determine your overall health and if you qualify for the procedure. We will also discuss your goals and which procedure you are interested in (facial vs. neck). This consultation runs 15-30 minutes and is free of charge. This can be conducted over the phone.

If you qualify for treatment, then a 1 1/2 hour session is scheduled to include a complete evaluation, diagnosis and overall body balancing treatment. We then schedule a course of treatments that run two times per week for five weeks. During this time, herbs and foods may be prescribed that are specifically tailored for your overall health and your stated goals for facial rejuvenation. You may also be given Qi gong exercises and recommendations for skin.

Mei Zen will make an ideal birthday and mother's day gift. Gift certificates are also available.

For more info contact Moab Acupuncture Clinic at:
435.259.8483
or e mail: moabacupuncture@gmail.com



Moab Acupuncture Clinic Flora Najafi, L.Ac. MEI ZEN Cosmetic Acupuncture

An overall rejuvenating Experience
Reduces acne & Rosacea
Increases collagen & elastin
Softens wrinkles and Firms Skin



Community Nursing Services Experts in Home Care Since 1928

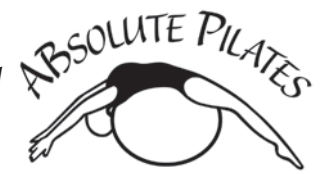
www.cnsvna.org



Office (435) 259-0466 • Fax (435) 259-0467
1030 S. Bowling Alley Lane #1 • Moab, UT 84532

Christine Lanier Certified Professional 435-259-0069

Personalized
Private
Instruction
\$32



Exciting
Group
Classes
\$8-16

Moab's Premiere Bodymind Studio

Visitors Welcome

www.MoabABS.com
300 S. Main • Lower Level

We Do More ABS in Moab!

classes at the MARC
most Weds & Fridays
call for details

Sandi Snead
435.686.2545



Are you a practitioner of the healing arts?
Place your ad in Moab Happenings
and reach thousands of readers each
month.

Your ad also includes a presence on our
great website
and a link to yours!
259-8431

Mention this article and get 10% off for the month of May!

National Health Observances for the Month of May, 2010

- American Stroke Month - American Heart Association
- Better Hearing and Speech Month - American Speech-Language-Hearing Association
- Clean Air Month - American Lung Association
- Healthy Vision Month - National Eye Institute - National Institutes of Health
- Hepatitis Awareness Month - Hepatitis Foundation International
- Lupus Awareness Month - Lupus Foundation of America, Inc.
- Lyme Disease Awareness Month - Lyme Disease Foundation
- Melanoma/Skin Cancer Detection and Prevention Month - American Academy of Dermatology
- Mental Health Month - Mental Health America
- National Arthritis Awareness Month - Arthritis Foundation
- National Asthma and Allergy Awareness Month - Asthma and Allergy Foundation of America
- National Bike Month - League of American Bicyclists
- National Celiac Disease Awareness Month - American Celiac Disease Alliance
- National High Blood Pressure Education Month - National Heart, Lung, and Blood Institute Health Information Center
- National Neurofibromatosis Month - Children's Tumor Foundation
- National Osteoporosis Awareness and Prevention Month - National Osteoporosis Foundation
- National Physical Fitness and Sports Month - President's Council on Physical Fitness and Sports
- National Teen Pregnancy Prevention Month - Advocates for Youth
- National Toxic Encephalopathy and Chemical Injury Awareness Month - National Toxic Encephalopathy Foundation
- Older Americans Month - U.S. Administration on Aging
- Sturge-Weber Awareness Month - The Sturge-Weber Foundation
- Tuberous Sclerosis Awareness Month - Tuberous Sclerosis Alliance
- Ultraviolet Awareness Month - Prevent Blindness America

"Source: 2010 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC."

Ata Calfee, L.M.T.
(435) 260-2874

Love Your Body!

Shiatsu
Swedish Oil
Acupressure
Reiki
Aikido

bodywork
and therapeutic massage
www.ombodywork.net Healing Arts Center

Healing Arts Center Massage



Lisa Albert, LMT, NCTMB 260-9506
Ambrosia Brown, LMT, NCTMB 260-1122
Sarah Ball, LMT, NCTMB 260-2238

Swedish, Deep Tissue, Sports, Bellanina Face Lift Massage,
Hot Stone, Spinal Touch, Polarity, Craniosacral,
Thai Yoga Massage, Gift Certificates, Group Bookings

50 E. Center Street
Behind the Information Center

MOAB AREA LODGING GUIDE



3

488 N. Main Moab, UT

- 79 Rooms
- Free high speed internet
- Cloud 9 beds
- Outdoor pool/hot tub
- Guest laundry
- Continental breakfast
- Fitness center
- Free secure bike storage
- Meeting room
- Studio suites

1-800-HAMPTON (435) 259-3030
 fax (435) 259-3035 www.hampton.com



1515 N. Highway 191 • Moab, UT 84532
 Phone: 435-259-1150 • Fax: 435-259-1160
 HolidayInnXMoab@yahoo.com
 www.HIExpress.com/moabut

79 Beautiful Rooms with Pillow Top Mattresses
 Free High-Speed & Wireless Internet Access
 Indoor Heated Pool & Hot Tub
 Express Start Breakfast • Guest Laundry
 Safety Deposit Boxes Available
 Free Bike Storage • Room for Bus & Truck/Trailer Parking

2



The Lazy Lizard
 International
 (not just for youth)
 Hostel
 per person
\$9
 CHEAP
 (dorm style)

1 Log Cabins: \$28 and up
 Private Rooms: \$23 and up

HOT TUB • TV - VCR - MOVIES
 SHOWERS (\$3.00 for non-guest)
 Coin-op Laundry

1213 S. Hwy 191 - One mile South of Town
 Behind A-1 Storage • 435-259-6057
 www.lazylizardhostel.com
 email: reservations@lazylizardhostel.com

We also feature

GROUP LODGING HOUSES

Houses for Large Groups

School and Church Groups
 Family Reunions
 Sports Teams
 Clubs



Contact *The Lazy Lizard*
 for more info and reservations.

BRAND NEW ROOMS!



Reservations:
 435.259.8700
 1.800.753.3757

LAQUINTA

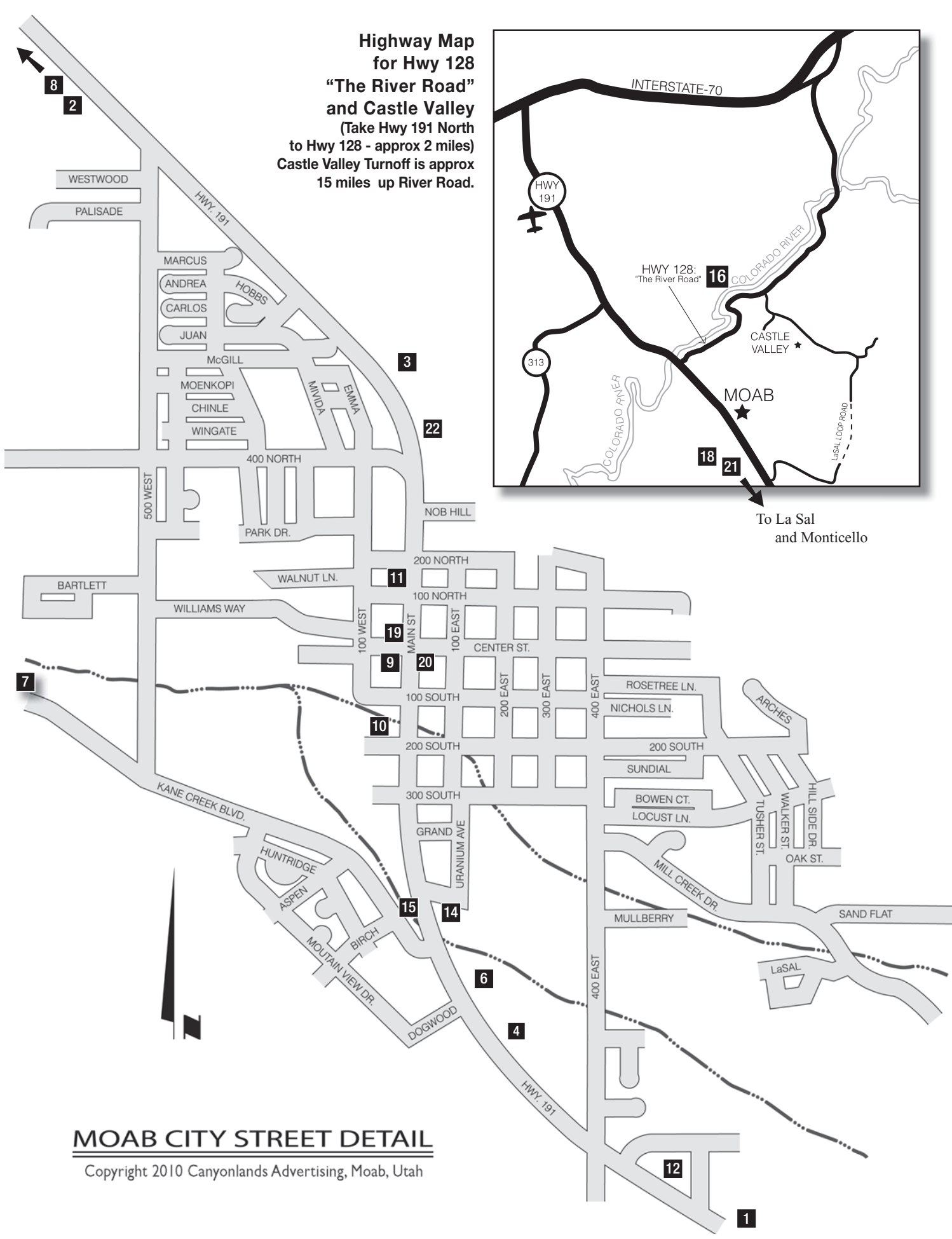
INNS & SUITES

815 South Main Street • www.laquintamoab.com

Present or mention this ad to receive a 10% discount!
 Expires 5/31/10. Based on space availability.
 Not valid with any other offer.

AAA Approved
 Pets Welcome • Free WIFI • Guest Laundry
 Fitness Center • Business Center
 Best Deluxe Continental Breakfast

4





MOAB VALLEY INN AND CONFERENCE CENTER

Come Stay With Us
 1.800.831.6622

- 126 Rooms to Choose From
- Over 5000 Square Feet of Conference Rooms
- Only Indoor Outdoor Pool in Moab
- Continental Breakfast
- Wireless Internet
- Fitness Center

MOAB VALLEY INN
 711 South Main Moab, UT 84532
 www.moabvalleyinn.com

6

Adobe Abode
 Bed & Breakfast

Adobe Abode is your home away from home. Your innkeeper Keith will show you hospitality, relaxation & comfort that you only get at Adobe Abode



778 W. Kane Creek Blvd
 Phone 435-259-7716 Cell 435-260-2932
 email: info@adobeabodemoab.com
 www.adobeabodemoab.com

7



Aarchway Inn

AarchwayInn.com
 Kids Playground / Fire Pit
 Gas Grills / Volleyball Court

Where Luxury Meets Adventure

Custom Adventure Packages
 Double & Triple Queen Rooms

435.259.2599 800.341.9359
 1551 N. Highway 191, Moab UT 84532

8



Best Western
 Canyonlands Inn

16 South Main Street
 Moab, Utah 84532

AWARD WINNING HOTEL
 435.259.2300

COMPLIMENTARY FULL HOT BREAKFAST
 HIGH SPEED INTERNET ACCESS
 YEAR ROUND POOL & JACUZZI
 SECURED BICYCLE STORAGE

10% off with this ad*

Each Best Western is independently owned and operated

9



THE GONZO INN
 YEAR ROUND FUN!

A little off Main
 100 W. 200 S.
 Moab, UT 84532
 1-800-791-4044
 435-259-2515
 www.gonzoinn.com

- Centrally Located in downtown Moab
- Outdoor Heated Pool & Hot Tub
- Continental Breakfast
- 100% Non-Smoking • Pet Friendly
- 43 Oversized Rooms • Suites

10



BOWEN MOTEL Moab, Utah

41 Modern Rooms
 Heated Pool
 Continental Breakfast
 Fridge/Micro *some units
 Close to Downtown
 FREE Wi-Fi
 Bike Wash

Direct Reservations
 800-874-5439

Book Online
 www.bowenmotel.com

1800 sq. ft. Guest House
 3 bed, 2 bath, full kitchen,
 W/D, private patio w/BBQ

169 N. Main • Moab, Utah

11



SLEEP INN

BY CHOICE HOTELS

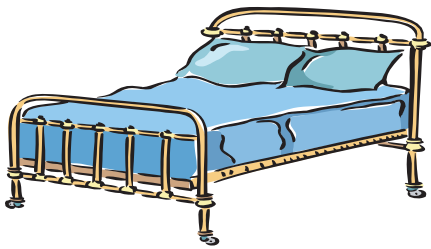
- 61 Rooms
- Heated outdoor pool
- Indoor Hot Tub
- Complimentary Continental Breakfast
- Bike Storage
- Guest Laundry

1051 South Main Street
 Moab, Utah 84532

435.259.4655 • Fax 435.259.5838
 800.4CHOICE • choicehotels.com

12

MOAB AREA LODGING GUIDE



Moab Area Condo Rentals

Days Inn
 426 N. Main St.
 Moab, Utah 84532
 435-259-4468
 FAX 435-259-4018

The Best Value Under the Sun.

- Hot Tub/Outdoor Swimming Pool
- Continental Daybreak Breakfast with hot waffles and much more
- 24 hr. Front Desk Help
- Free Local Calls • Free WiFi
- Full Amenities
- Good Parking Facilities
- All Rooms are Non-smoking

22

RODEWAY INN & SUITES
 649 N. Main St.
 Monticello, Utah 84535
 435-587-2489
 www.rodewayinn.com

By Choice Hotels

- Free Continental Breakfast with hot waffles
- Pets Allowed
- Indoor Heated Pool
- Free local phone calls • HBO
- Free computer use for guests • Wi-Fi
- All rooms have a refrigerator, hair dryer and microwave
- Smoking rooms available
- Suite rooms available
- Truck/Trailer parking available
- 24 hr. front desk help

21

Moab Lodging
 1-800-505-5343
 HOTELS • CONDOS • COTTAGES
 Booking Most Moab Area Lodging Accommodations
 "One Call Does It All"
 www.moabutahlodging.com
 50 East Center Street
 Moab, Utah 84532

20

Accommodations Unlimited Vacation Rentals
 1.866.YES.MOAB
 435.259.6575
 9 N. MAIN ST. MOAB, UT 84532

WHERE VALUE AND LUXURY MEET!

Take a break from cramped hotel rooms!
 Enjoy the Luxury of a Vacation Rental
 ... SAVE MONEY ...

Vacation Rentals can work out cheaper
 LODGING FOR ALL TASTES & BUDGETS

Condos • Townhomes • Custom Homes
 Garden Apartments • Cottages • Vintage Homes

19
 WWW.MOABCONDORENTALS.COM

Key to Lodging Guide

1.	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Hampton Inn	435-259-3030	www.hampton.com
4.	La Quinta	435-259-8700	www.laquintamoab.com
5.	YOUR BUSINESS HERE		
6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	YOUR BUSINESS HERE		
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
18.	Hidden Oaks Lodge	435-459-9444	www.hiddenoakslodge.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com

18
 HIDDEN OAKS LODGE
 Moab's best kept secret for Groups & Families

The perfect location for Large Groups, Family Reunions, & Corporate Retreats

To reserve the lodge for your family or group call **435-459-9444**

or visit HiddenOaksLodge.com
 Spring and Summer Reservations fill up quickly!

17
 MOAB RUSTIC INN
 Quiet off Main location

- Close to Downtown
- Kitchenettes
- BBQ area
- Pool
- Laundry
- Internet
- Bikes ok in room
- Recently remodeled
- Adjacent to bike path

435-259-6177
 120 E. 100 S. South
 Moab, Utah 84532
 www.moabrusticinn.com

Link to your website with an ad in Moab Happenings!

Call Aaron at 259-8431

Vacancy

Advertise your lodging business here!

Call 259-8431

14
 REDSTONE INN
 Moab's Best Deal

- BIKES ALLOWED IN ROOM
- Kitchenettes • Pets OK
- Barbeque Patio Area
- Mid town location

AAA APPROVED

535 S. MAIN • MOAB, UT 84532
 435-259-3500
 www.moabredstone.com

15
 BIG HORN LODGE
 "SOUTHWEST LODGE AT A MOTEL PRICE"

- New Lodge Style Rooms
- Lodge Pole Pine Furniture
- Oversize TV's, HBO, ESPN
- Refrigerators, Coffee Pots
- Bikes Allowed in Rooms
- Heated Pool
- Restaurant On-site

AAA APPROVED

550 South Main • 435-259-6171
 www.moabbighorn.com

16
 RED CLIFFS LODGE
 Moab's Adventure Headquarters

- 80 Suites with Kitchenettes
- 30 Riverfront Cabins
- Restaurant, Bar
- Private Riverfront Patios
- Movie History Museum

WINNER BEST OF STATE UTAH 2009

Castle Creek WINERY
 Local Production
 Free Tasting

16 Miles east of Moab on Scenic Highway 128
 435-259-2002
 for more info & reservations
 www.redcliffslodge.com

MUSEUM HAPPENINGS

Museum of Moab Breathes Early Visions of Moab to Life

By Jen Jackson

These days in Moab, cherry blossoms and warmer temperatures no longer herald spring's arrival. Instead, the change of season is announced by a Main Street teeming with tourists, lines at the national parks, and restaurants overflowing with patrons. As we witness this seasonal influx of visitors, it's hard to imagine the difficulties faced by early travelers to the Moab Valley – or the scene that met them upon their arrival.

However, the Lloyd Pierson History Hall at the Dan O'Laurie Museum of Moab gives its patrons a taste for the town's early days and all the changes – some minor, most major – that the years have ushered in. Stepping into the museum's cool quiet from Center Street's busy brightness, the stage is set for juxtapositions.

The most engaging exhibit in the Pierson History Hall is the slideshow of Moab's historic buildings, then and now. Structures such as Star Hall, the County Courthouse, The Moab Times-Independent office and Williams Drug Store (now Earth Studio), have changed surprisingly little. However, buildings once integral to Moab's early sense of community – like the Ides Theater (now the parking lot next to Wells Fargo) and the Maxwell House Hotel (which burned; Arches Book Company now occupies the site) – are gone entirely. After viewing the slideshow, walking Main Street is a new experience as you imagine all the stories such storied buildings have to tell.



Moab Arts and Recreation Center



Star Hall

Considering the stream of vehicles pouring in through Moab Canyon these days, one picture in the museum's collection particularly stands out. It's entitled

roads until the late 1930s. Early on, visitors took the train to Thompson and then endured a 35-mile, two-day trek – often via stagecoach – to get to town. The museum contains photos of the conveyances that brought people and freight into the isolated valley and a picture of the halfway house at Upper Courthouse Spring – the stopover point for visitors on their way to town. The tiny stone building is no Best Western, that's for sure.

And what did intrepid trekkers find when they finally arrived? The Pierson History Hall contains numerous photos of early Moab, when agriculture was the dominant industry in town. A panorama from the valley's east rim shows a checkerboard of fields in 1930s Moab. An even earlier picture – from 1888 – depicts a sparsely populated valley floor of fields, trees and a few boxy, brick homes. The town is unrecognizable compared to the bustling desert community we know today.

The history of Moab – from isolated outpost to adventurers' mecca – is a fascinating one, and its stories are breathed to life inside the Dan O'Laurie Museum of Moab. The Lloyd Pierson History Hall is but one piece of the museum's engaging collection. The museum is located at 118 E. Center Street, and it is open 10-6, Monday-Friday, and 12-6 on Saturdays. Suggested admission is \$3 for adults and \$7 for families. For more information, call 259-7985.

Movie & Western Memorabilia Museum

at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

Richard Boone -Actor

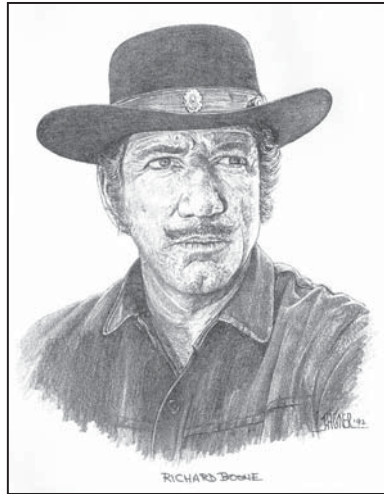
by John Hagner

Richard Boone was born on June 18, 1917. He was an actor who starred in more than fifty films and was notable as a western actor and for his starring role in the television series "Have Gun — Will Travel", that aired on CBS in 1957.

Boone was a college student, boxer, painter and a laborer in an oil-field. He then enlisted in the U.S. Navy during World War II. When the war was ended, he studied acting under the G.I. Bill, at the Actor's Studio in New York. He was in his first play on Broadway called "Medea". Twentieth Century-Fox signed him for his screen debut in "Halls of Montezuma" in 1950. He followed this with a number of war and western movies. In the movie "The Robe," he played Pontius Pilate. In 1954 he portrayed Dr. Konrad Styner in the television medical series "Medic."

In 1957 Richard played Dr. Wright, in "Lizzie." That same year, he was cast in what turned out to be his best-known role, that of Paladin in the western series "Have Gun — Will Travel." Hal Needham was his stunt double in that series. Hal donated his Paladin costume to the Hollywood Stuntmen's Hall of Fame. Needham was also footprinted in cement and inducted into the Hall of Fame back in 1975 in Palmdale, California, where the Hall of Fame first opened to the public. Boone also directed some of the episodes of "Have Gun — Will Travel." The big screen also kept him busy during the series' run. He was Sam Houston in the John Wayne epic, "The Alamo," in 1960. In 1963, he hosted a dramatic anthology series "The Richard Boone Show."

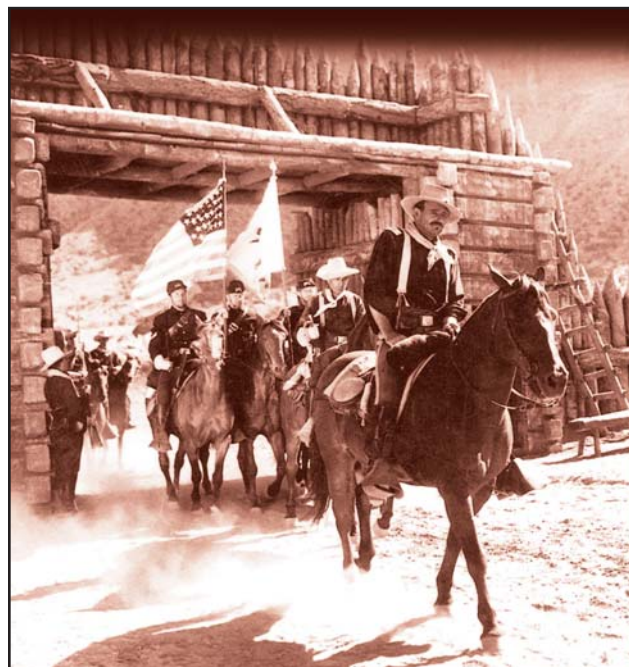
In 1975, Richard Boone starred in "Against A Crooked Sky," which was filmed in Moab, Utah. The log cabin frontage that was used for his home in a cave was donated to the Hall of Fame.



In his youth, Boone attended the San Diego Army and Navy Academy in Pacific Beach near San Diego. Actor Robert Walker, another Academy graduate and member of the school's theatre club Masque and Wig, became a close acquaintance of Richard Boone.

Boone was married three times. He moved to St. Augustine, Florida from Hawaii in 1970 and worked with the production of "Cross and Sword," when he was not acting on television or in movies, until his death in 1981.

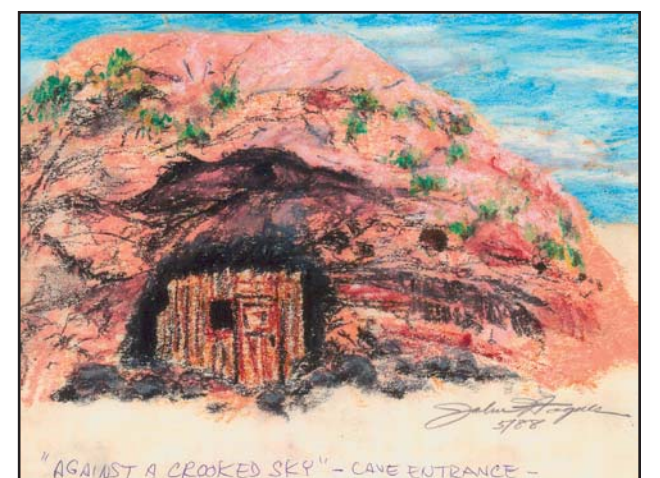
The Hollywood Stuntmen's Hall of Fame is planning to reopen to the visiting public when the necessary funding becomes available. The Hall of Fame is a non-profit organization that is dedicated to preserving the history of the stunt profession of motion pictures and television and to honoring stuntmen and women the world over. It was founded in 1973 in Southern California, and opened in Moab, Utah in 1989. The memorabilia is presently in storages awaiting that eventful day when the public may come and enjoy the thousands of items relating to the movies, in particular the action films. It has over 400 concrete blocks containing the footprints, handprints and signatures of famous personalities of the cinema as well as legendary stunt people. Anyone wishing to learn more about the Hall of Fame may contact John Hagner at 435 260-2160. To make tax-deductible donations to the Hollywood Stuntmen's Hall of Fame, mail same to 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. The Hall of Fame website is www.stuntmen.org. To contact Mr. Hagner on the internet, his address is johnhagner@yahoo.com. Hall of Fame is stuntmenshalloffame@gmail.com.



John Wayne leads his troops into the fort at Red Cliffs Ranch, in the movie *Rio Grande*, directed by John Ford in 1950

A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



SCENIC ROAD HAPPENINGS

Gemini Bridges/Long Canyon

Article and Photos by Rob Cassingham

This scenic drive will lead visitors on an easy-to-moderate four wheel drive trail to the impressive Gemini Bridges, discovered in the early 1960s by Moab legend Lin Ottinger (Lin still operates a great rock shop on the north end of Moab, and it is well worth a visit). After Gemini Bridges is visited, the route briefly joins with the paved Utah Highway 313 before a thrilling descent of Long Canyon. If you do not have a capable vehicle and you do not mind a little dust AND the road is dry, you may still visit Gemini Bridges by driving north of Moab to Highway 313, then heading west to .5 miles past milepost 10, turning left and following the main road and signs for 5.5 miles. Accessing Gemini Bridges from this direction does not require 4wd and presents no clearance issues.

Please note that the only restrooms or water found near this route are at nearby Dead Horse Point State Park, which requires an admission fee. Plan accordingly!

This route is popular with Jeepers, atv/motorcycle riders and bicyclists. Drive safely, and use caution on blind curves.

Mile 0.0 You are at the intersection of Main and Center Streets. Head north on Main Street, which will transition to US Highway 191.

Mile 9.8 The trailhead for Gemini Bridges is to the left. Turn here and reset your trip meter.

Mile 0.0 Gemini Bridges Trailhead.

Mile .8 There is a kiosk here that provides more trail information should you desire it. The route then turns right and begins climbing.

Mile 2.1 A narrow pullout on the left provides fine views of Arches National Park to the west and the Moab valley to the south. If you are uncomfortable stopping here, there is a wider pullout at mile 2.3, but the view of the Moab Valley is obscured.

Mile 2.9 There is some good rock hounding to be found on both sides of the road. You will find nice pieces of yellow-brown jasper here, and there are some pieces of petrified wood awaiting the sharp-eyed rock hunter.

Mile 3.8 The large rock pillar before you is known as the "Gooney Bird".

Mile 4.3 If you wish a good photo of the Gooney Bird, stop here and look behind you.

Mile 4.7 Turn right at this intersection and climb the steep hill. Four wheel drive may be required.

Mile 4.9 Just before the cattle guard is a pullout on the right. Stop here and walk to the cliff edge to view a small arch.

Mile 5.1 There are nice views of the La Sal mountains to the south. Note how many more Pinyon Pine and Utah

Juniper trees there are after gaining just a hundred feet of elevation. Over the next 2.2 miles, the road crosses over much bare sandstone and small rock ledges.

Mile 5.2 Intersection. Turn right.

Mile 6.1 Intersection. Continue forward.

Mile 6.7 A small pullout on the right marks the location of "The Crack House". The Crack House is actually a short naturally formed tunnel that has a crack running the length of the ceiling. Rock climbers challenge themselves by sticking their hands in the crack, then clenching their fist, which keeps their hand jammed in the crack. They then swing their feet up into the crack and traverse the entire length of the ceiling upside down.

Mile 7.3 Gemini Bridges intersection. Turn left. From this point, the trail is normally easy traveling on good dirt roads.

Mile 7.3 +100 feet A short walk will take you to an overlook of Gemini Bridges.

Mile 7.5 This is the hiking trailhead for Gemini Bridges and the highlight of this route. A .2 mile stroll will take you to the top of the bridges, which are a pair of spectacular sandstone spans, both approximately 100 feet long and 100 feet above the canyon floor. Yes, it is safe to walk across them, but be aware that there are no fences or safety rails. As such, small children and dogs should be closely supervised.

Mile 7.6 Intersection. Turn left.

Mile 8.5 Intersection. Turn right.

Mile 9.2 Intersection. Turn left.

Mile 13.1 You have reached the intersection with Utah Highway 313. Reset your odometer and turn left.

Highway 313

Mile 0.0 The intersection of Highway 313 and the Gemini Bridges trail. Turn left.

Mile 1.5 Turn left at this intersection, towards Dead Horse Point State Park. If you were to continue straight, you would enter Canyonlands National Park. To the south, on the left hand side of Highway 313, is a small bluff known as "The Knoll". Though it is an unimpressive sight, The Knoll is actually the high point on this entire plateau ("Big Flat"). The elevation is 6100 feet/1860 meters.

Mile 3.0 The wide and straight dirt road heading diagonally on the left is the Long Canyon Road, and is advised only for four wheel drive vehicles with low-range gearing. Turn left here and reset your tripmeter. If you choose to visit Dead Horse Point State Park (or use the restroom), continue down the paved road for an additional 2.5 miles.

Long Canyon

Before starting down Long Canyon, one strong word of caution: When wet, the steep downhill section of this route is very treacherous-the author of this article knows from personal experience. Absolutely do not attempt this route when wet!

Mile 0.0 The intersection of Long Canyon and Highway 313.

Mile .9 Intersection. Continue going forward.

Mile 2.6 As you top the hill, you are rewarded with a great view of the sandstone fins of the area known as "Behind the Rocks" west of Moab.

Mile 3.0 A pullout on the right affords nice photo opportunities of Long Canyon. This is also a good spot to shift into low range four wheel drive. The reason for this is that the next 2.6 miles are so steep, it is best to let



Mile 3.6 Long Canyon route. The cliffline as you drop down Long Canyon.

your engine compression do most of your braking, thus preventing overheated brakes.

Mile 3.1 This notch is called "Pucker Pass" for good reason. When wet, consider Long Canyon "Pucker Canyon".

Mile 3.4 Surprise!

Mile 5.6 The road passes over a large metal culvert. This is a good time to finally shift out of low-range as the downhill grade is much more gentle.

Mile 5.8 On the right are several thin balanced sheets of limestone known as "The Mortarboards", named for the resemblance to the caps worn by graduating high school and college students.

Mile 7.5 Long Canyon intersects with the paved Potash Road (Utah Highway 279). Jughandle Arch juts from the cliff wall to your left. You may get better photographs of it by turning left onto the Potash Road and driving

.1 mile to the designated pullout. To return to Moab, turn left at this intersection and drive the scenic byway 13.4 miles back to US Highway 191. Along the way, you will pass hiking trails (the hike to Corona Arch is especially nice), Native American petroglyphs, dinosaur tracks and fantastic scenery.

Thanks for visiting Moab, and look for another great drive in next week's issue of the Moab Happenings!



Mile 4.3 The Gooney Bird stands sentinel over the route to Gemini Bridges.



Mile 7.5 A short hike will lead you to the twin spans of Gemini Bridges.

**CELL PHONE BOOSTERS
SATELLITE PHONES**
Satellite Phones work
virtually anywhere!
RENTALS AVAILABLE

In Stock "Spot"

The World's First Satellite Messenger

WF Communications

Moab, UT 84532

435-259-8240

1-800-717-1895

www.wfcommunications.net

25 Years Experience in

Remote Communications Sales & Service

**THE
GET OUT AND RIDE
SALES EVENT**

1.99% APR PLUS UP TO **\$1,000**
FOR 36 MONTHS CUSTOMER CASH**
on select models for qualified buyers*

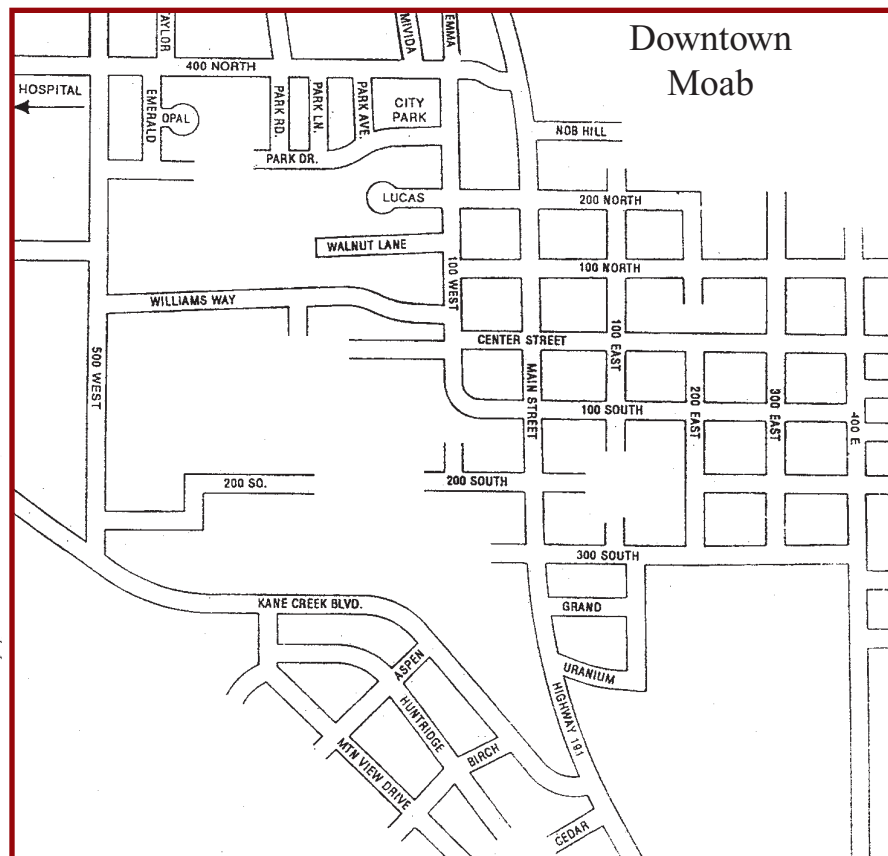
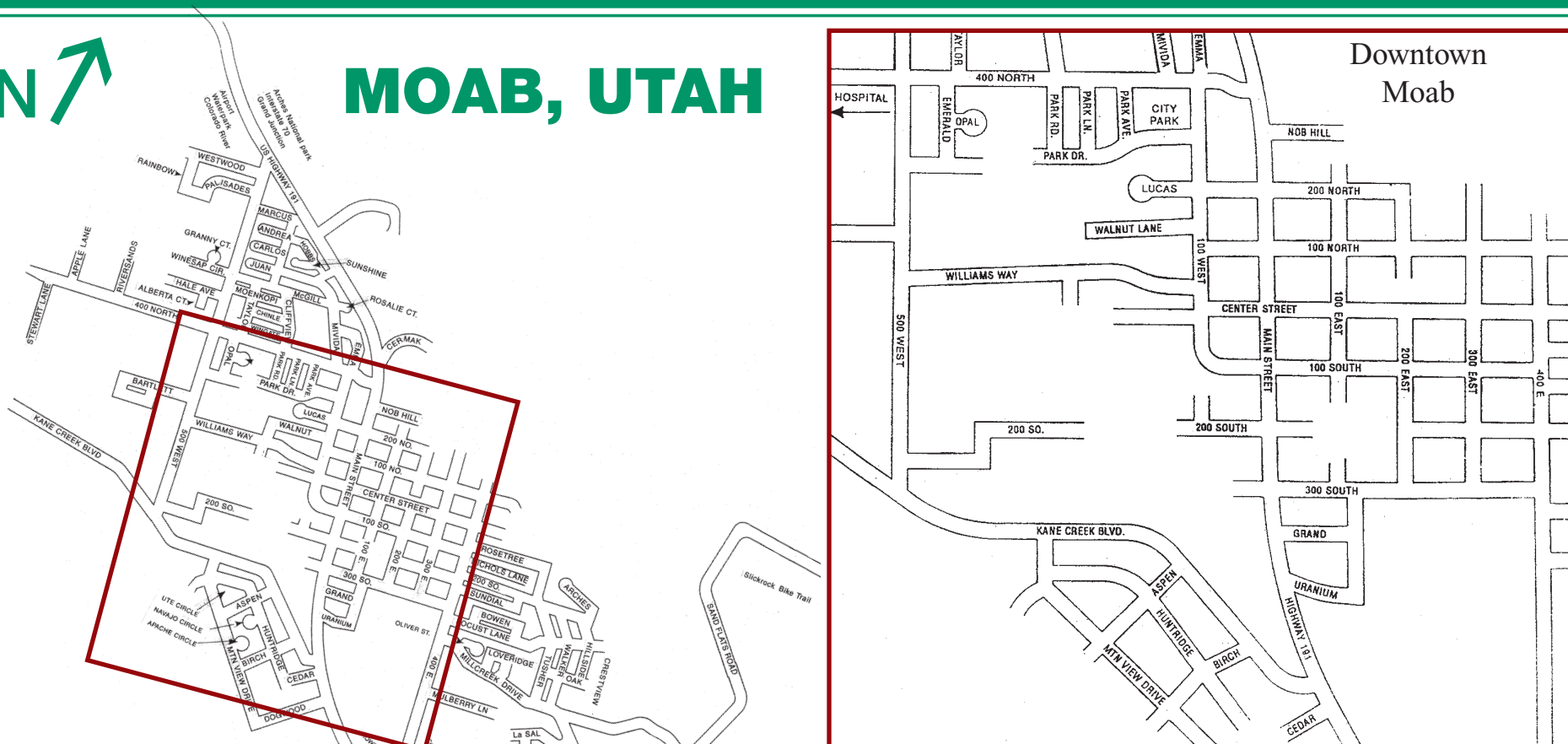
Moab Powersports
ALL-TERRAIN OUTFITTER
1082 SOUTH HIGHWAY 191 • MOAB
435-259-7800
WWW.MOABPOWERSPORTS.COM

YAMAHA

*Finance offer subject to credit approval, applies to purchases of select Yamaha Motorcycles and ATVs made on a Yamaha Installment Financing loan account from 2/12/10-5/31/10. Minimum contract length is 24 months and maximum length is 36 months. Minimum amount financed is \$5,000. Fixed APR of 1.99%, 6.99%, 10.99%, or 12.99% will be assigned based on credit approval criteria. Monthly payments per \$1,000 financed based on 36 month term are \$29.64 at 1.99%, \$29.67 at 6.99%, \$32.19 at 10.99%, and \$33.69 at 12.99%. **Customer cash offer good on select 2010 (and prior year) models between 2/12/10-5/31/10. Offer good only in the U.S., excluding the state of Hawaii. Professional riders with advanced skills on closed course. Some models shown with optional accessories. Dress properly for your ride with a helmet, eye protection, gloves and boots. Do not drink and ride. It is illegal and dangerous. Yamaha and the Motorcycle Safety Foundation encourage you to ride safely and respect the environment. For further information regarding the MSF course, please call 1-800-446-9227. ATVs with engine sizes of 90cc or greater are recommended for use only by riders age 16 years and older. Yamaha recommends that all ATV riders take an approved training course. For safety and training information, see your dealer or call the ATV Safety Institute at 1-800-857-2867. ATVs can be hazardous to operate. For your safety, always avoid paved surfaces, never ride on public roads. Always wear a helmet, eye protection and protective clothing; never carry passengers; never engage in stunt riding, riding and alcohol/drugs don't mix; avoid excessive speed, and be particularly careful on difficult terrain. ©2010 Yamaha Motor Corp. U.S.A. All rights reserved. yamaha-motor.com



MOAB, UTAH



MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

Moab Church Services Directory

- Assembly of God • 1202 South Boulder Avenue 259-7747
- Church of Christ • 456 Emma Boulevard 259-6690
- Church of Jesus Christ of Latter-Day Saints
Moab Stake • 701 Locust Lane 259-7491
First & Second Wards • 475 West 400 North 259-5566
Third, Fourth & Fifth Wards • 701 Locust Lane 259-5567
- Community Church of Moab • 544 MiVida Drive 259-7319
- Episcopal Church of St. Francis
250 South Kane Creek Blvd • P.O. Box 96 259-5831
- First Baptist Church SBC • 420 MiVida Drive 259-7310
- Grace Evangelical Lutheran Church
360 West 400 North 259-5017
- Jehovah's Witnesses • 25 West Dogwood 259-8166
- Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
- River of Life Christian Fellowship
2651 East Arroyo Rd. 259-8308
- St. Pius X Catholic Church • 122 West 400 North 259-5211
- Seventh Day Adventist
4581 So Spanish Valley Drive 259-5545
- Friends (Quakers)
Meeting for Worship, 10am Sundays
81 N. 300 East (Seekhaven) 259-8664

Map produced by Canyonlands Advertising. All contents are protected by Copyright 2010. No reproduction or other use without written permission from Canyonlands Advertising, P.O. Box 698, Moab, Utah 84532

To Monticello
Cortez, Durango,
Monument Valley,
Phoenix

COMMUNITY RADIO HAPPENINGS

KZMU Celebrates the "Sound of the Sun"

KZMU, Moab Community Radio celebrates the "sound of the sun", now in its 18th year of free form broadcast, as a solar powered community driven station anchored entirely by volunteers. On Arbor Day, April 30th 2010, KZMU will take a look at its roots and thank the community for how much it's grown over the years in the station's spring radiothon.

It's grown a lot. Moab's media landscape has gone from radio silence in 1990 to several stations on the dial in 2010. Rapid technological changes have affected how people access media content, and the economics of corporate consolidation have affected the ability of many independent media outlets to compete. The historical backdrop only emphasizes the rarity of the live local voices engaged in pursuit of a thriving community.

In April of 1992, the persistent efforts of a small group of dedicated community visionaries came true when the first non commercial radio began to air. The station's home was a dilapidated, donated US Park service trailer on top of Rocky Road. The recent installation of 60 solar panels to make the building completely solar powered has saved over 13,000 pounds of CO2 from the air, and provides extra energy to the grid courtesy of a grant from Rocky Mountain Power. The old, dilapidated, beat-up trailer was destroyed and hauled away to the land fill making room for the solar panels.

The alternative energy from the solar panels mirrors the alternative programming KZMU provides. Musical genres cover the spectrum with jazz, blues, folk, bluegrass,

country, americana, latin, african, celtic, reggae, native american, Broadway musicals, big band, bluegrass, electronic, funk, country, swing, R&B, oldies, classical, and all kinds of rock 'n roll.

There are many new shows that reflect the educational, multicultural component of KZMU's mission: Ritmo Latino on Monday's from 4 to 5pm is a Spanish spoken show exploring the broader issues and music from all of the worlds' Latino cultures, and KZMU is home to the longest running and most robust slate of children's and student run programming in the state of Utah. The award



winning "Voices of Youth" program, a partnership between Grand County School District and KZMU, offers talented students the chance to learn about journalism and full training of audio-visual production techniques on stories of their choice.

In all, the last 18 years have seen thousands of supporters from all over the world help grow a non commercial community radio station Moab can be proud of, and there's always room for more volunteers, more creative expression, more diversity in community. Call to participate, and thanks for the support.

Radiothon: A fundraiser event from April 30th through May 8, 2010. (435)-259-8824 (435)-259-5968 kzmu.org

KZMU - Moab Community Radio 90.1 & 106.7 FM

P.O. Box 1076 • Moab, Utah 84532 Studio 259-5968 • Office 259-8824 • Fax 259-8763 contact us: www.kzmu.org

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	Native Spirit	KZMU OVERNIGHT		Art of the Song	KZMU OVERNIGHT		Desert Diva	7:00	
8:00		DEMOCRACY NOW						8:00	
9:00	Jah Morning Reggae	MOAB Morning Blend					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00
10:00		Moab Mamas (everything)	Classical Collusion	Tilted Park (acoustic/folk/pop)	Belle Jar/ Rainbow Plumage	Trailer Park Companion / Wayward Wind			10:00
11:00									The Trading Post (call-in Buy/Sell)
Noon	Grass is Greener (Bluegrass)	It's My Party/ Merry Pranksters	radio mmm... (can't define it)	Horizon Line	Random Toonage	1-2-3 (funky world soul)	Ain't Live Grand? (live recordings)	Noon	
1:00	Plateau Pastime/ Canyon Wren Express	Radio Mundial Radio MOONDial	Planet Picante (latin)	Odd Bins			Red Rock 'n Blues/ Red Rockn' Reggae	Belagaana Review (fruit and nuts)	1:00
2:00		WORLD MUSIC					Fire on the Mountain	Tween Time (pre-teen fun)	2:00
3:00		Ritmo Latino	The Observatory/ Sound Thing	Gaelic Circle/ Drive Time		MOAB Drive Time			3:00
4:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)		DEMOCRACY NOW			Big River / Ranch Exit (twang)	4:00	
5:00								Free Speech Friday Public Access	5:00
6:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	Heaven Lounge The Rainbow Room	Main Street Cruise	6:00	
7:00							Altered State	Radio Free Moab (college rock)	7:00
8:00	New Dimensions	The Sound Lair (Experimental Dance)	MOAB Conscious Party	AFTER Hours Suburban Urge	Teenage Wasteland	8:00			
9:00	Seti TranceMissions/ Listening Essentials	KZMU OVERNIGHT			the eleventh hour	Rhythm Quest (techno rhythm)	KZMU Overnight	9:00	
10:00							10:00		
11:00						11:00			
12:00						12:00			

KEY: Talk Shows Easy Mix - Jazz Blue Grass - Country - Folk
 Eclectic/World Rock - Blues Heavy - Hard

NON-PROFIT HAPPENINGS

First Annual Spring Swing Golf Tournament

Spring has sprung so get out those golf clubs, and practice your putting for the Moab Area Chamber of Commerce First Annual *Spring Swing* Golf Tournament! Moab's newest golf tournament will take place Monday, May 24th at the Moab Golf Club. Tee time is 9:00 a.m. with a shotgun start in a four man scramble format.

The *Spring Swing* is offering a variety of fun challenges, prizes and raffle items. Win a new car from Moab Auto, a Grand Canyon River Trip provided by Western River Expeditions, or a set of new tires donated by Chip's Grand Tire in the Hole- in One Shoot Out! There will also be prizes awarded for Longest Drive, Putting Challenge, Closest to the Pin, and Chip'N Challenge.

The cost for this event is \$75.00 for an individual, or \$300.00 per foursome. The registration fee includes 18 holes of golf, riding cart, a BBQ lunch catered by Frankie D's, and the chance to win some great prizes. For those who are unable to participate in the golf tournament, but would like to come have lunch with business peers, the luncheon will be served at 1:00 p.m. The price of the luncheon only is \$15.00.

If there are any businesses that would like to sponsor a hole, there are still some available. The cost of sponsoring a hole is \$300.00, or \$500.00 to sponsor a hole and enter a team. Hole sponsorships are a way for Chamber members to have their business name more visible and to promote what their business has to offer.

To register for the *Spring Swing* Golf Tournament, visit: www.golfdigestplanner.com/14712-ChamberofCommerce, or call the Moab Area Chamber of Commerce office at 435-259-7814.

The Moab Area Chamber of Commerce relies solely on membership dues, and fundraising to sustain its operation. As is the case of some chambers, this Chamber is not subsidized by the city. The continued support of business members is greatly appreciated, and your participation in Chamber events is encouraged. To individuals and non-Chamber members, please join the business community for a day of fun, and to find out more about what the Moab Area Chamber of Commerce can offer you!



Moab Farmers' Market at the Arts Festival

Opening at 8:00 AM during the Moab Arts Festival Saturday May 29 the Moab Farmers' Market brings fresh food to the community. Look for local fruit, vegetables, herbs, cheese, flowers and plants. Hot coffee is available at the Moab Farmers' Market Sponsor Booth along with books and gift certificates. Food Stamps are accepted. Find the Farmers' Market on the Moab Arts Festival Location Map.

Artist Alina Murdock, winner of the 2010 Farmers' Market Poster Contest, was inspired by horticultural publications from the 1800s with cornucopias of butterflies, fruits and vegetables capturing the variety of items available at the Moab Farmers' Market. The poster is for sale at the Farmers' Market Sponsor Booth.

With support from our sponsors the Moab Farmers' Market is able to provide a direct market venue which supports local farms supplying fresh high quality food. This is helping to raise awareness about the economic, social and ecological benefits of buying local. Thank you! Youth Garden Project, Arches Book Company, Ye Ol' Geezer Meat Shop, Moonflower Market, Red Rock Bakery, Canyon Color Graphics, Moab Happenings, KZMU, and the Times Independent.

For information about the Farmers' Market please call Gayle Weyher, Farmers' Market Manager at 259-0242.



MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396
Alcoholics Anonymous/Alanon	259-7556
Alpha Rho Sorority (Bobbie Long).....	259-6758
American Legion Post (Bill Smith).....	259-3470
Arches Adult Education (Trish Hedin)	259-2293
Arches New Hope Pregnancy Center (Debbie Nelson)	259-LIFE (5433)
BEACON (Stephanie Dahlstrom)	260-1143
Boy Scouts of America (Kent Dalton)	259-6521
Canyonlands Field Institute (Karla Vander Zanden)	259-7750
Canyonlands Film Society (Becky Thomas)	259-2286
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217
Center for Water Advocacy (Harold Shepherd).....	259-5640
Daughters of Utah Pioneers (Inalyn Meador).....	259-5225
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906
Elks Lodge #2021 (Dan Stott)	259-7334
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724
Friends of Indian Creek (Emma Medara)	259-3586
Friends Of the Grand County Library (Adrea Lund).....	259-1111
Grand County Public Library.....	259-5421
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683
Grand Area Mentoring (Dan McNeil)	260-9645
Grand County Democratic Party (Mike Binyon).....	259-1633
Grand County 4-H (Marion Holyoak).....	259-7558
Grand County Extension (Michael Johnson).....	259-7558
Grand County Food Bank	259-6456
Grand County Hospice (Tracey Harris).....	259-7191
Grand County Prevent Child Abuse	260-1039
Humane Society of Moab Valley	Animal Services 259-4862
Ladies Golf Club (Chris Corwin).....	259-5344
League of Women Voters (Cynthia Smith)	259-5306
Lion's Club (Tom Warren).....	259-7834
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514
Moab Arts Council (Bruce Hucko)	259-4176
Moab Arts Festival (Theresa King)	259-2742
Moab Arts & Recreation Center (Bailey Rogers).....	259-6272
Moab Bird Club (Nick Eason).....	259-6447
Moab Chamber of Commerce (Kammy Wells)	259-7814
Moab City Recreation (John Geiger)	259-2255
Moab Community Theater (Kaki Hunter).....	259-8378

Moab Country Club (Rob Jones).....	259-6488
Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Moab Half Marathon (Ranna Bieschke)	259-4525
Moab Horse Racing Association (Chuck Henderson)	259-4111
Moab Horse Show Association (Tosha Audenried).....	260-9252
Moab Lodging Association (Britnie Ellis).....	259-6171
Moab Music Festival (Andrew Yarosh).....	259-7003
Moab Poets & Writers (Marcia Hafner)	259-6197
Moab Points & Pebbles Club (Jerry Hansen).....	259-3393
Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Moab Rod Benders (Jim Mattingly).....	259-5858
Moab Ropers Club (Terry Lance).....	259-9972
Moab Sportsmen's Club (Frank Darcey).....	259-2222
Moab Taiko (Stephanie Dahlstrom)	259-2264
Moab Teen Center-Club Red	259-9991
Moab Trails Alliance (Kimberly Schappert)	260-8197
Moab Valley Multicultural Center (Sarah Heffron or Leticia Bentley).....	259-5444
Mutual UFO Network (Elaine Douglass).....	259-5967
Order of the Eastern Star (Fran Townsend)	259-6469
Parent Teacher Association (Tiffany Saunders).....	259-5830
Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Red Rock Astronomers.....	259-4743
Red Rock Forests	259-5640
Red Rock 4-Wheelers (Ber Knight)	259-7625
Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Rotary Club (Kyle Bailey).....	259-6879
Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Senior Center (Verleen Striblen)	259-6623
Sierra Club (Mike Stringham).....	259-8579
Solutions - www.moab-solutions.org - (Sara Melnicoff).....	259-0910
Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Toastmasters International (Al Boyd)	259-5767
Trail Mix Committee (Sandy Freethey)	259-0253
Valley Voices (Marian Eason).....	259-6447
Veterans of Foreign Wars (Fred Every).....	259-5428
WabiSabi (Jeff Cohen)	www.wabisabimoab.org - 259-3313
Word Watchers (Nancy Kurtz).....	259-0734
Youth Garden Project (Jen Sadoff)	259-BEAN (2326)

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

PET HAPPENINGS

How to Pick the Right Dog for You!

by Jessica Turquette

So it's time to make an addition to your family, you're ready to bring a new best friend home to share your life and love with, but a little consideration will go a long way before you make a decision. It's very tempting to take one of those puppies from the people giving/selling them at the supermarket, but choose wisely for there is a dog to match every personality and one to conflict as well.

There are a few main points to consider before you make your choice, and it all starts with you...

1. How much time do you have to give to a dog? If you have lots of it, puppies are a good choice. If you have less time to give consider an adult dog for adoption rather than a puppy, as puppies need the most time investment to become good dogs. Regardless of age, dogs are a big commitment so consider that they need daily walks, and lots of love and attention to be a happy, well-adjusted member of the family.

2. How active is your family? Consider a dog that is compatible with your energy level. If you are a marathon runner, there are many active breeds that will be able to train with you like Retrievers, Jack Russells and Pointers. If you're more of a couch potato, maybe consider a Mastiff. The dog you bring into your home will thrive if they meet your energy level.

3. How much dog can you afford to maintain? This question is often never considered, but it's very important. If you have two 100 lb. Labs, or two 5 lb. Chihuahuas your cost of ownership will be very different. Cheap dog foods can often result in more ear infections, skin irritations, and lots of extra filler in the foods, so your dog needs to eat more to get the same nutrition of a higher quality food, you have to pick up lots more poop and visit the vet more often. Higher quality foods can cost more per bag, but your dog will eat less and have less health problems in the long run saving you money and less time on poop patrol. Dogs with a coat that require regular grooming need to visit the groomer every 4-8 weeks and often that cost is overlooked in maintaining a happy, healthy dog.

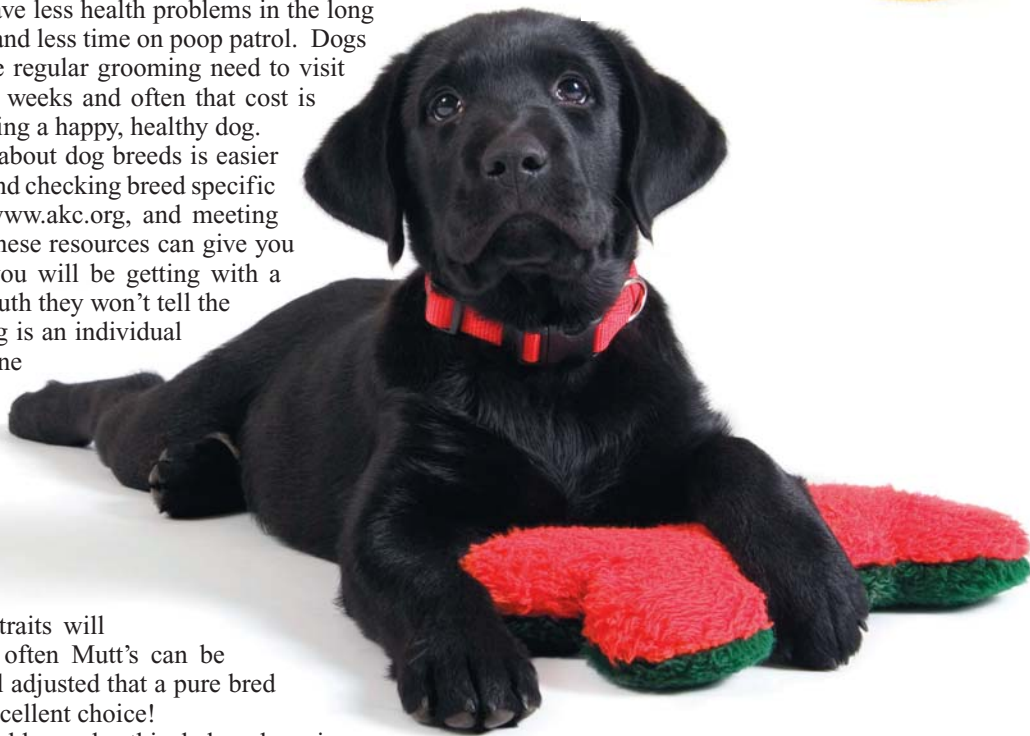
Finding resources about dog breeds is easier than ever; we recommend checking breed specific books, websites like www.akc.org, and meeting the breed in person. These resources can give you a good idea of what you will be getting with a specific breed, but in truth they won't tell the whole story. Every dog is an individual and can exhibit all or none of the traits known to a breed. There's also the idea of mixed breeds or mutts, often they can exhibit certain traits from each breed they are mixed with, but more likely these traits will be subdued and quite often Mutt's can be healthier and more well adjusted than a pure bred dog making them an excellent choice!

Using knowledgeable and ethical breeders is essential to getting a good dog, but there are easier and less expensive ways to get the dog of your dreams. More often than not there is a rescue agency for each pure bred dog out there. You can learn a lot from these agencies about the breed, as they see many of these dogs at their worst and help them become their best. They often have great advice, and get to know their dogs very well so they can find just the right forever home for them. We also recommend using your local animal shelter or Humane Society as a good place to learn about and find your perfect dog. When a dog comes into these agencies they are often assessed by behavioral specialist and they can tell you many of the things you will need to know about your dog. They can also ensure you find a good match. Avoid pet stores with cute furry animals in the window, as many of these shops use animal mills, although not all of them do, and will likely advertise it if they use ethical breeders.

The most important part of picking a dog is to resist the impulse of puppies (although carefully mulled over can be an awesome choice too!), take the time to ensure there

is room in your life for a dog and making sure your energy levels match. Once you've considered these options you're ready to bring into your life the joy that only the unconditional love of a dog can bring!

Have more questions, please stop by the Moab BARKery and ask away. We are always happy to share what we know about dogs with you.



Playtime is here!

Let me check in on your furry family members while you're away.



My Pet's Friend provides care for any domesticated animals. Fully customized to meet your individual needs. Call Melissa at 435-210-4306 or pick up one of my cards at The Barkery on Main Street.

Humane Society of Moab Valley May Events

May 15 Cat & Kitten Adoptions

11am-1pm at the Moab BARKery. All colors & personalities: grey, grey & white, black & white, white and tuxedo.

May 1, 8 & 22 Dog & Puppy Adoptions

11am-1pm at City Market. We have some awesome dogs waiting for their forever homes, including some great labs and a sweet pit bull terrier.

Come meet your new best friend!. Pictures & info in Ad-vertiser and www.moabpets.org. Call 259-4862 for meet & greet if you can't come by the adoption.

**Low Income?
Love Your Animals?
Don't want a litter
of kittens or
puppies?**



**FREE (or discounted) YEAR
ROUND SPAY/NEUTER
AVAILABLE**

For an application
visit www.moabpets.org
or call the Humane Society
435.259.4862

Desert Doggie Daycare

NOW OPEN

Daily and Nightly Care

435-259-4841

**4890 Sunny Acres Lane
Moab**



a getaway for your pet and peace of mind for you

Holistic Pet Grooming Studio

NOW OPEN

25 Years Grooming Experience

Animal Reiki Offered (Certified in levels 1 and 2)

Dog Training

BS. in Biology in Animal Behavior

Specializing in special needs animals
and large breeds

Located inside the Moab BARKery

82 N. Main

Monday - Saturday

Call for an appointment

New Local Phone Number 260-2949



This page sponsored by:

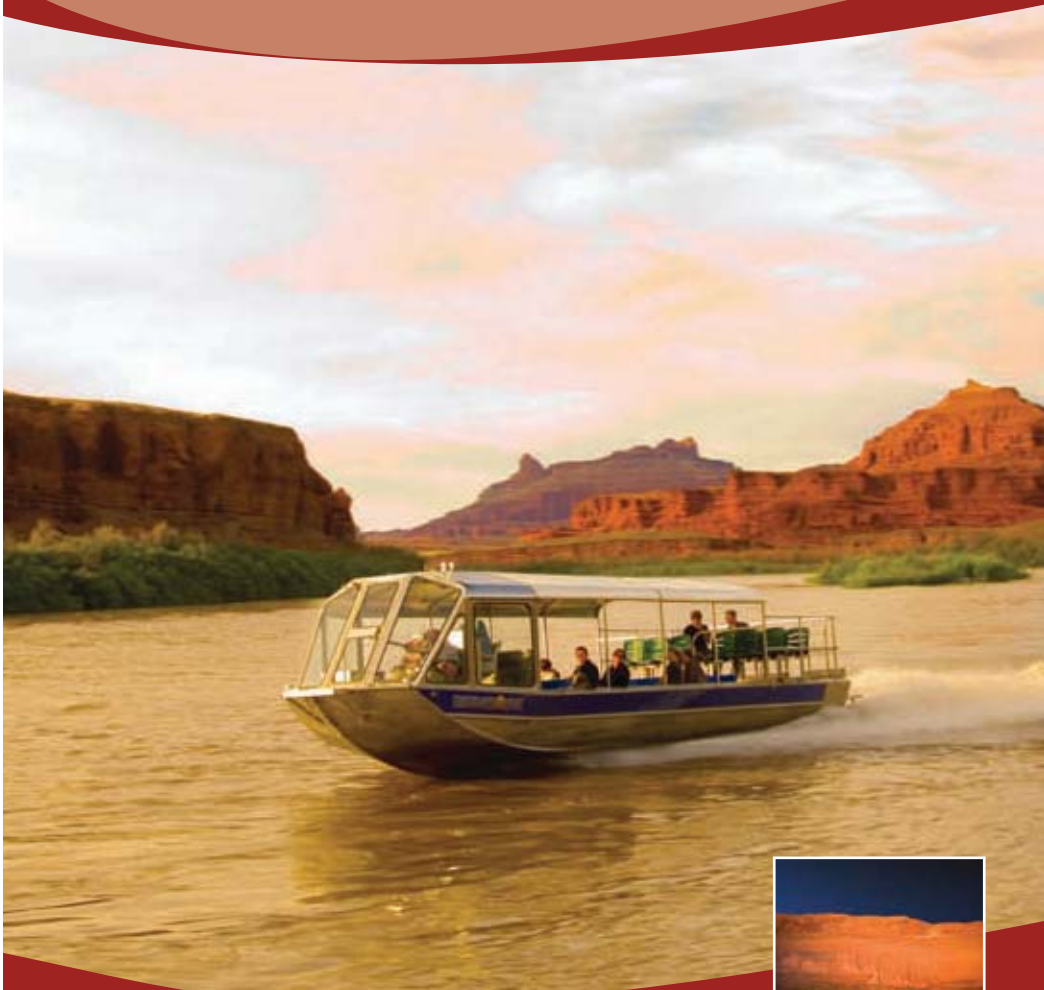


Providing quality nutrition, gear, treats and toys for your dog or cat.
Fulfilling your pet Mind, Body & Spirit!

Open at 10 AM everyday • 82 N. Main
435-259-8080 • www.moabbarkery.com

Dinner and Boat Cruises

Includes a great
cowboy-style dutch oven dinner!



Call for info 435-259-5261



Choose from the Sunset Jetboat or the ol time Sound and Light Show

CANYONLANDS
BY NIGHT & DAY

1-800-394-9978 | 435-259-5261 | www.canyonlandsbynight.com | info@canyonlandsbynight.com

www.moabhappenings.com *There's always something happening in Moab!*

EASY → AFFORDABLE → CONVENIENT

GRAND JUNCTION
REGIONAL AIRPORT

United Express DROPS the PROPS

The Grand Junction to Denver Route is getting an
UPGRADE! United Express has replaced all its turbo-
prop aircraft for Regional Jets!

Connect to over 100 Non-Stop Destinations on United!

For Additional Flight Information Contact
the **Grand Junction Regional Airport**

Phone: 970-244-9100

or

United Express Reservations

Phone: 1-800-241-6522

Visit our websites...

www.united.com



www.gjairport.com