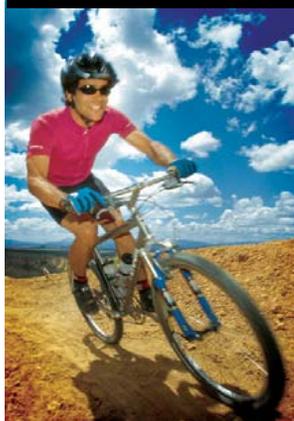


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# MOAB HAPPENINGS MARCH 2009

Volume 20 Number 12

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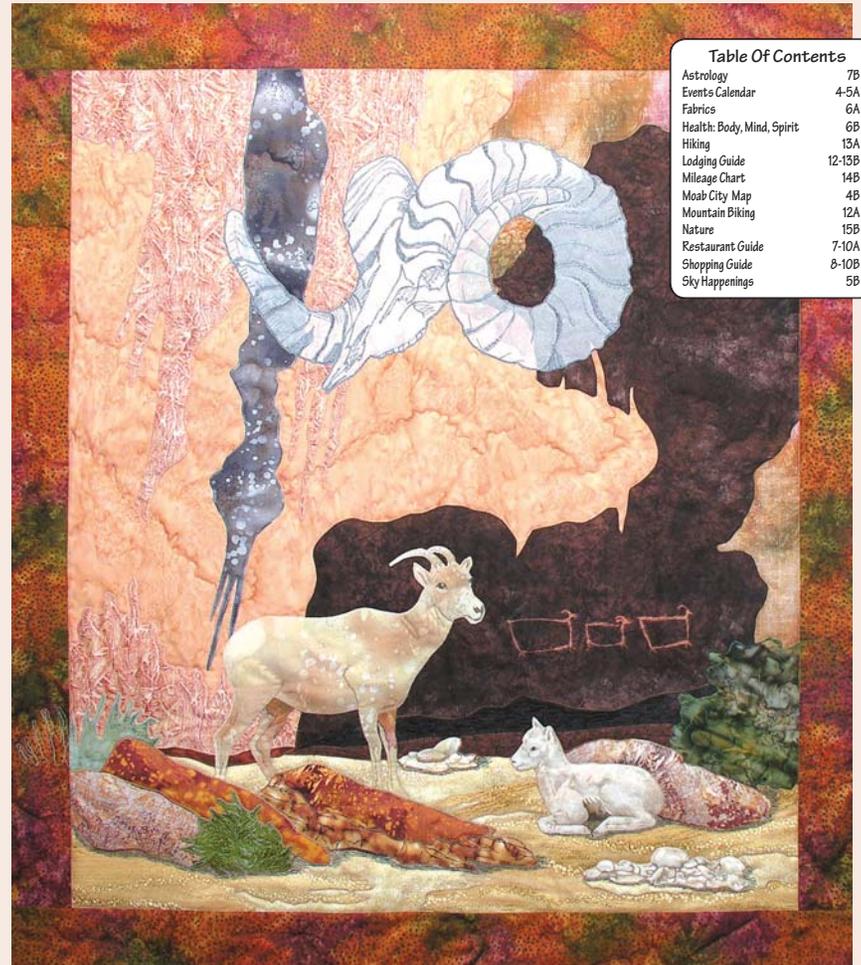


Table Of Contents	
Astrology	7B
Events Calendar	4-5A
Fabrics	6A
Health: Body, Mind, Spirit	6B
Hiking	13A
Lodging Guide	12-13B
Mileage Chart	14B
Moab City Map	4B
Mountain Biking	12A
Nature	15B
Restaurant Guide	7-10A
Shopping Guide	8-10B
Sky Happenings	5B

MOAB HAPPENINGS  
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# MOAB HAPPENINGS

## MOAB HAPPENINGS<sup>®</sup>

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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# FILM HAPPENINGS

## Banff Mountain Film Festival World Tour Returns to Canyon Country

The Banff Mountain Film Festival World Tour returns for the 6th annual screening in Moab on Monday, March 9th (see ad on page 11B). The event showcases the year's best films on mountain sport and culture. It is a mixture of adrenaline, scenery, culture, human interest, and environment. In selecting the films, the usual effort has been made to balance adrenaline with culture.

Highlights from this years show include Red Gold, recipient of the People's Choice award, about the fate of a wild salmon river in Alaska.



© Red Gold. Credit: Ben Knight. Courtesy of The Banff Centre

Crux, recipient of the People's Choice Radical Reels Night award, showcases the skills of the world's best technical bike rider Ryan Leach. Leach has been featured in past years, but, this time, he truly adds new meaning to going out for a bike ride.



© Crux. Credit: Derek Vanderkooy. Courtesy of The Banff Centre

The Last Frontier, a more complete kayak film, is on tour this year and according to the reviews it even appeals to non-kayakers. The film chronicles an expedition into a rarely visited area of Papua New Guinea. Besides adrenaline filled kayaking, this film offers beautiful tropical scenery and delves into the culture and environmental issues of the area.



© The Last Frontier - Papua New Guinea. Courtesy of The Banff Centre

There will also be a climbing film among the remaining line-up which will total between six and ten films lasting somewhere between two to two and one half hours.

The event is a benefit for Utah Open Lands, a statewide land trust, which has protected over 50,000 acres of open space. All proceeds from this event go directly to support the stewardship effort at Castleton Tower. Castleton Tower was included in Fifty Classic Climbs in North America and is recognized as the birthplace of desert sandstone tower climbing. It is also a famous scenic landmark of southeastern Utah. In 2003, Utah Open Lands acquired 217 acres at the base of the tower. Although Castleton Tower sits on BLM land, this private parcel, which contains the trailhead of the access trail and the primitive rock climber's campground, was slated for development. With support from the outdoor industry, rock-climbing community, and many foundations,



Photo: Yrma van der Steenstraeten

Utah Open Lands purchased the property to preserve the area as open space and protect both the public access and the historic use.

Petzl America, a leading manufacturer of climbing gear and headlamps world-wide, was one of the companies that worked closely with Utah Open Lands to preserve this land. The Banff Mountain Film Festival comes to Moab because of Petzl. The company is a sponsor of the overall film festival and tour. As a result, they are given priority when a new tour date opens up. This is a rarity. Back in 2004, fresh off the Castleton Tower Preservation Initiative, a date opened up and Petzl suggested to the Banff people that the tour come to Moab, the adventure sport capital of Utah, to benefit Utah Open Lands' stewardship efforts at Castleton Tower.

With this support, the stewardship effort has blossomed. Utah Open Lands is partnering with the Access Fund, the national climbers' advocacy group, and the American Alpine Club to steward not only the trailhead and primitive campground but also maintain the access trail to the crags. Most of this trail is located on BLM land and the stewardship of it is a cooperative effort with the federal agency. The strength of the partnership was tested last year when an August thunderstorm dropped approximately two inches of rain in forty-five minutes. The saturated hillside oozed down slope obliterating much of the access trail. In partnership with the Access Fund, Utah Open Lands organized an Adopt-a-Crag event in October to repair the trail.

This significant undertaking was successfully completed with the technical direction of the Rocky Mountain Field Institute, the financial support of the Access Fund, American Alpine Club, and the Bodenhamer



Photo: Dave Erley/Utah Open Lands

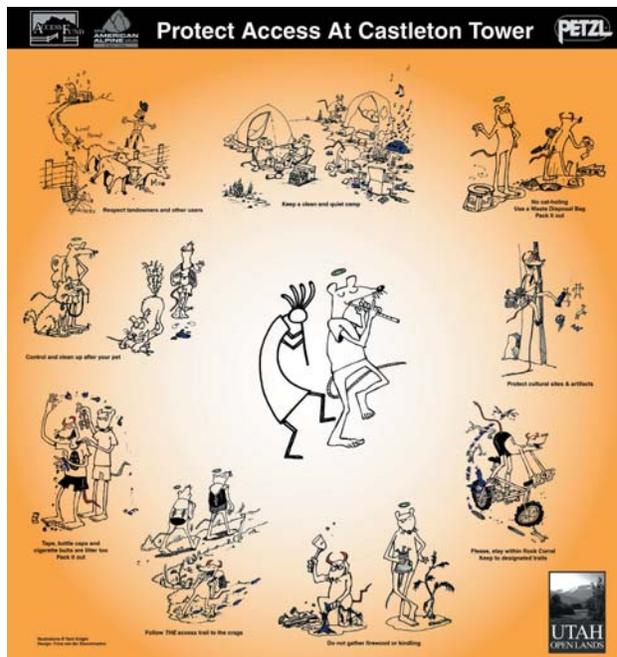
Foundation, and, most importantly, the hard work of more than 50 volunteers over three days. The Access Fund named Utah Open Lands' Field Director, Dave Erley, their Conservationist of the Year for coordinating this project and the ongoing stewardship effort at Castleton Tower. Obviously, this award really belongs to the volunteers and trail professionals who did the hard work. Thank you.

In addition to trail repair and native plant re-vegetation at the trailhead, the stewardship effort at Castleton Tower has spawned a desert etiquette education campaign for

rock climbers. In partnership with Friends of Indian Creek and again with funding from Petzl, Kokopelli Climber was born. Using comics by Tami Knight, a climbing magazine comic from Vancouver, British Columbia, the various topics of desert etiquette, ranging from staying on the trail and off the macro-biotic crust to the disposal of human waste were addressed in a manner that is both humorous and approachable. Local Moab area artist and graphic designer Yrma van der Steenstraeten donated the time and talents needed to compile the comics into an attractive graphic for use on signage. The information kiosks at both Indian Creek and Castleton Tower display this sign and a consistent desert etiquette message is being presented to the climbers visiting the Colorado Plateau.

Again, all this stewardship work starts with the Banff Mountain Film Festival World Tour in Moab. It is made possible by the generosity of our local sponsors: Adventure Inn Moab, Canyon Voyages, Eddie McStiff's, FootPrints, Moab Half Marathon, Pagan Mountaineering, Poison Spider Bikes, and the Ye Ol' Geezer Meat Shop. Utah Open Lands and the Moab sporting community thank these great local businesses for their commitment and generosity!

For more information on Utah Open Lands please visit [www.utahopenlands.org](http://www.utahopenlands.org)





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STAR HALL 6:30 PM



# MOAB AREA EVENTS CALENDAR



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**Canyonlands Film Society's Winter Film Series**  
All Comedy  
All Winter

**March 10 Annie Hall**  
**March 27 Princess Bride**

**Star Hall 6:30 PM**




**MARK YOUR CALENDARS!!**  
Delicate Stitchers Quilt Guild Presents  
**QUILTING IN THE RED ROCKS QUILT SHOW**

Grand Center, 182 N 500 W.  
Admission is free.  
Saturday, March 7, 9 a.m. to 5 p.m., Sunday, March 8, 10 a.m. to 4 p.m.

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## March 2009

- 5** **Fallen Arches Square Dance Club, Grand Center**  
Thursday Nights, 7:30 - 9:30 pm. All square dancers and visitors welcome. Please call to verify dance and for lesson information: Bob or Flora 435-259-2724; Tom or Sandy 435-719-4169  
Grand Center located at 182 N 500 West.
- 7** **Cat & Kitten Adoptions, 11am - 1 pm, Moab BARKery**  
There's still time to adopt a lovable lap warmer. Cat Adoptions. Pictures & info in Advertiser & www.moabpets.org  
Event sponsored by Humane Society of Moab Valley
- 7-8** **Quilting in the Red Rocks Quilt Show, Grand Center**  
Delicate Stitchers' Quilt Guild sponsors this event held at the Grand Center, 182 N. 500 W. Admission is FREE.  
Saturday Hours: 9 am - 5 pm and Sunday 10 am - 4 pm. Traditional, art & antique quilts as well as wearable art, cloth dolls and quilted home decor will be on display. A merchants mall with vendors from Utah and Colorado will offer fabrics, threads patterns, books, kits, notions and more. A certified quilt appraiser will be available to appraise your quilts (for a fee). There will be a free-motion quilting class on Saturday and demonstrations on Sunday. Hourly door prizes will be given. A beautiful quilt will be raffled off, with the proceeds going to a local charity. For more information, Call Bonnie at 259-0246 or Marian at 259-6447. See article on page 6A
- 7-8** **Racing in the Rockies, Spanish Trail Arena**  
Arches Winter Series Barrel Racing - Old Spanish Trail Arena (3641 S. Highway 191) Sat & Sun. Features WRPA divisional tour race, featuring professional women's barrel racers. Open Race, Youth (15 and under), Senior (50 and over) and a PeeWee division (8 and under). Spectators are always welcome and there is no admission fee. For more info visit www.racingintherockies.com or call 970-390-3712.
- 9** **Banff Mountain Film Festival, GCHS Auditorium**  
The Banff Mountain Film Festival World Tour features the year's best films on mountain adventure and culture. 7:00 p.m. in the Grand County High School Auditorium (608 South 400 East). Tickets are \$8 in advance and \$10 at the door. Doors open at 6:15. Gear Raffle during Intermission. All proceeds benefit Utah Open Lands and stewardship at Castleton Tower. Ticket Outlets: Back of Beyond Books - Canyon Voyages - Pagan Mountaineering - Poison Spider Bikes. For more information email dderley@frontiernet.net or call 435-259-4859. See article on page 3A and ad on page 11B
- 10** **Annie Hall, film - Star Hall**  
Canyonlands Film Society - Winter Film Series  
Doors Open at 6:30 pm, education piece at 6:45 pm.  
Show begins at 7:00 pm. www.canyonfilm.com
- 12** **Ute Bear Dance Film, Moab Library, 6:30 pm**  
Event Sponsored by Moab Valley Multicultural Center.
- 12** **Fallen Arches Square Dance Club, Grand Center**  
Thursday Nights, 7:30 - 9:30 pm. All square dancers and visitors welcome. Please call to verify dance and for lesson information: Bob or Flora 435-259-2724; Tom or Sandy 435-719-4169  
Grand Center located at 182 N 500 West.
- 13** **Ute Spiritual Storyteller, Larry Cesspooch**  
Humanities speaker featured at the MARC (Moab Arts & Recreation Center) 7:00 pm. Mr. Cesspooch is well versed in many areas of media, Ute history, culture, spirituality, music and storytelling.  
For more info contact Moab Valley Multicultural Center 259-5444.
- 13-14** **Humane Society Huge Indoor Yard Sale**  
Indoor yard sale with lots of great things to buy. Fun company too! Still accepting tax deductible new & gently used donations.  
Call Debbie at 259-4089 or 259-4862 for pickup & drop off information. Preview Friday night for \$5 entrance fee from 5 - 8 pm at St. Francis Community Hall on Kane Creek. Saturday hours: 8 am - 3 pm
- 14** **Moab Art Walk, 6:00 - 9:00 pm**  
Enjoy an evening stroll, meet artists and view some of their work in a variety of downtown locations.  
See map and article on page 2B. www.moabartwalk.com
- 14** **Dog & Puppy Adoptions, City Market**  
Come meet your new best friend, 10 am - 12 noon. Dog adoptions. Pictures & information in Advertiser & www.moabpets.org.  
Event sponsored by Humane Society of Moab Valley.
- 14** **Artist Reception, "Toy Pictures", Moab Art Works**  
A series of photographs created by Steve Mulligan with the plastic camera. Opening reception 6-8 pm at 11 North Main Street #2.
- 14-16** **Skinny Tire Festival, (see more on pages 12A & 14A)**  
The three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact 435-259-2698 or visit www.SkinnyTireEvents.com.
- 17** **ST. PATRICK'S DAY**

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**Fallen Arches Square Dance Club**

Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah

**All Square Dancers & Visitors Welcome**

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**DEADLINE for April Events Calendar: MARCH 20, 2009**

Listings in the *Moab Happenings* Events Calendar are **FREE!!**  
Do you know of an event for the Happenings calendar??  
Call (435) 259-8431 or fax us at (435) 259-2418  
e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)

# MORE MOAB AREA EVENTS

## March 2009 *cont'd*

- 19 **Fallen Arches Square Dance Club, Grand Center**  
Thursday Nights, 7:30 - 9:30 pm. All square dancers and visitors welcome. Please call to verify dance and for lessor information: Bob or Flora 435-259-2724; Tom or Sandy 435-719-4169 Grand Center located at 182 N 500 West.
- 21 **Cat & Kitten Adoptions, 11am - 1 pm, Moab BARKery**  
There's still time to adopt a lovable lap warmer. Cat Adoptions. Pictures & info in Advertiser & www.moabpets.org Event sponsored by Humane Society of Moab Valley
- 21 **Canyonlands Half-Marathon & Five Mile Run, Swanny City Park**  
34th Annual running race. Two events run simultaneously along the scenic river road (Highway 128) and ending at Swanny City Park. Over 4000 runners will participate. www.moabhalfmarathon.org
- 21 **Star Count, Ken's Lake**  
Celebrate the International Year of Astronomy with an evening of stargazing, telescope viewing, and the GLOBE at Night Star Count. Join Faylene Roth and the Red Rock Astronomy Club at Ken's Lake. Meet at the parking lot at 8:10 pm. See Sky Happenings (on page 5B) for more information and follow-up dates in case of inclement weather. FREE event sponsored by Wabisabi; all ages welcome.
- 26 **Fallen Arches Square Dance Club, Grand Center**  
Thursday Nights, 7:30 - 9:30 pm. All square dancers and visitors welcome. Please call to verify dance and for lessor information: Bob or Flora 435-259-2724; Tom or Sandy 435-719-4169 Grand Center located at 182 N 500 West.
- 27 **Princess Bride, film - Star Hall**  
Canyonlands Film Society - Winter Film Series. Doors Open at 6:30 pm, education piece at 6:45 pm. Show begins at 7:00 pm. www.canyonfilm.com
- 27 **Moab Poets & Writers Open Mic, Held at The Good Place, 350 South 400 East,**  
beginning at 6:30 pm. The Beats Return to the coffee house. For more info call 259-6197
- 27-29 **Moab Muni Fest 2009**  
"Muni" is short for Mountain Unicycling. "Fest" is short for Festival, and that's what the Moab Muni Fest is all about. It's a place to test and expand your limits, hone your skills, and learn new techniques from other riders. The entire Slickrock area is red sandstone rock, which means you'll have traction to climb and descend angles you never thought possible. The landscape is a trials course. For non-trials riders it's just as much fun figuring out how to avoid the obstacles. In either case there's plenty to keep you entertained. It's a great place to make and renew friendships within the com-MUni-ty of riders. For more info visit: www.moabmunifest.com
- 28 **Dog & Puppy Adoptions, City Market**  
Come meet your new best friend, 10 am - 12 noon. Dog adoptions. Pictures & information in Advertiser & www.moabpets.org. Event sponsored by Humane Society of Moab Valley.
- 28-29 **24 hours of Utah Team Relay and Solo Challenge** - Experience the beautiful desert landscape of Moab, Utah while testing your own personal limits. This years race will be run on the beautiful Monitor and Merrimac trail 16 miles north of Moab. Racers will run 6 mile laps with approximately 430' of climbing per loop. For more information visit our website at 24HourstheRun.com, or call 303-249-1112.
- 28-29 **Moab 100** - Runners race to complete 100 miles on a 6 mile loop course on beautiful trails. For more information visit our website at 24HourstheRun.com, or call 303-249-1112.
- 28-29 **Racing in the Rockies, Old Spanish Trail Arena**  
Arches Winter Series Barrel Racing - Old Spanish Trail Arena (3641 S. Highway 191) Sat & Sun. Features WRPA divisional tour race, featuring professional women's barrel racers. Open Race, Youth (15 and under), Senior (50 and over) and a PeeWee division (8 and under). Spectators are always welcome and there is no admission fee. For more information visit www.racingintherockies.com or call 970-390-3712.

### Grand County High School Activities

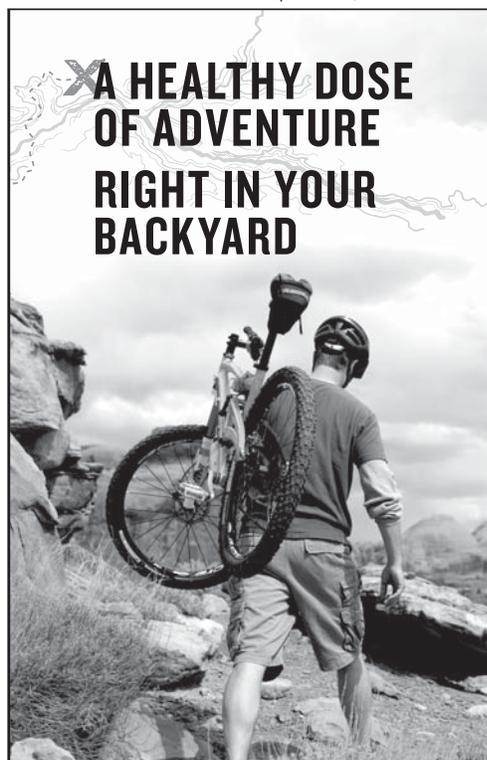
- March 4...Youth Fair, Center street gym  
sponsored by Dept. Workforce Services & Moab City Teen Club Red
- March 5...District Spelling Bee
- March 7...PROM
- March 9...Red Devil Baseball  
Emery @ Moab
- March 10...Red Devil Softball  
Monticello @ Moab
- March 10...Red Devil Girls Golf  
Rules Meeting/Grand
- March 12...Red Devil Boys Soccer  
Richfield @ Moab
- March 13 & 14...Red Devil Baseball  
Pagosa Springs @ Moab
- March 24...Red Devil Boys Soccer  
So. Sevier @ Moab
- March 24...Red Devil Softball  
San Juan @ Grand
- March 24...High School Band Concert
- March 27...Red Devil Baseball  
Richfield @ Moab
- March 27...Red Devil Softball  
Richfield @ Moab
- March 28...Red Devil Baseball  
Dove Creek @ Moab
- March 28...Red Devil Softball  
Carbon @ Moab
- March 28...Red Devil Boys Soccer  
Carbon @ Moab
- March 31...Red Devil Boys Tennis  
Parowan @ Moab



## 2009 Events

- March 7-8 **Quilting in the Red Rocks Quilt Show**
- March 9 **Banff Mountain Film Festival**
- March 14-16 **Skinny Tire Festival**
- March 21 **Canyonlands Half Marathon**
- April 4-12 **Easter Jeep Safari**
- April 17-19 **NADAC Dog Agility Competition**
- April 24-26 **April Action Car Show**  
**NADAC Dog Agility Competition**
- April 30 - May 3 **Moab Photo Symposium**  
**Moab Spring Quarter Horse Show**
- May 8-10 **NADAC Dog Agility Competition**
- May 23-24 **Moab Arts Festival**
- May 30 **The Durga Tour- belly dancing**
- June 4-6 **Canyonlands PRCA Rodeo**  
**Moonshadows in Moab**
- July 4 **Moab Independence Day Celebration**
- August 7 **Relay for Life**
- Sept. 3-19 **Moab Music Festival**
- Sept 18-21 **Tribal Sands Belly Dance Festival**
- Sept 19 **Moab Century Tour**
- Sept 23-27 **Skydive Moab Festival**
- Sept. 24-27 **Moab Fall Quarter Horse Show**
- October 8-10 **Gem & Mineral Show**
- October 10-11 **24 Hours of Moab**
- October 18 **The Other Half**
- Oct 20-25 **Confluence, A Celebration**  
**of Reading and Writing in Moab**
- Oct 30 - Nov 1 **4th Annual Moab Ho-Down**  
**Mtn. Bike Festival**
- October 31 **Pumpkin Chuckin Festival**
- November 6-8 **Moab Folk Festival**
- December 5-6 **Winter Sun Festival**

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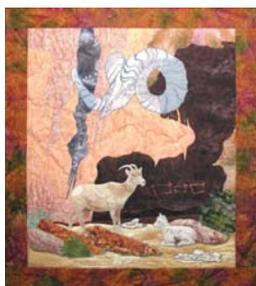
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# FABRIC HAPPENINGS

## QUILTING IN THE RED ROCKS QUILT SHOW



A riot of color and pattern will greet visitors to the Delicate Stitchers Quilt Guild's fifth biennial Quilting in the Red Rocks Quilt Show on March 7 & 8 at the Grand Center, 182 N 500 W. Admission is free. The hours are Saturday, March 7, 9 a.m. to 5 p.m., and Sunday, March 8, 10 a.m. to 4 p.m.

Local quilt artists are prolific, and viewers won't be disappointed when they enter the door of this very popular event. Antique, traditional and art quilts, quilted home décor and wearable art will be on display, along with this year's beautiful charity raffle quilt, which was made and donated by guild member Carol Unruh. The folded Origami-style blocks are done in shades of purple, black and white.

On Saturday, Kari Harvey, of Hi Fashion Fabrics in Grand Junction, CO, will teach a 6-hour class on beginning/intermediate free motion quilting. The class fee is \$60 for non guild members and \$45 for guild members. Registration forms can be picked up at It's Sew Moab, 40 W Center. Crystal Day, owner of It's Sew Moab quilting shop, will be in the Merchants Mall, along with other vendors from Utah and Colorado. They will offer fabrics, patterns, threads and books and notions, as well as quilt appraisals (for a fee). Moab quilter, and lawyer, Sandra Starley, is now one of 90 accredited quilt appraisers in the nation; and one of only two in Utah. Door prizes will be given hourly and there will be scheduled demonstrations on Sunday. Come and enjoy the old and new in quilting.

The Delicate Stitchers Quilt Guild was founded in 1998 by a group of women who realized there were a great many quilters in Moab and the surrounding area. They also recognized the need for an organized group that would foster this fiber art form. Monthly meetings are held the second Tuesday of each month at 7 p.m. at the Grand Center, 182 North 500 West, in Moab. There is a lesson given at each meeting and members bring their projects, completed or in progress, for "Show and Tell". An annual charity project is undertaken; and in 2008, 46 lap quilts were made for children undergoing cancer treatments. Dues are \$15 per year. All quilters and "wannabe" quilters are welcome! Be sure to mention that you read about it in Moab Happenings!

Sandra Starley, an AQS certified Quilt Appraiser will be available at the show to appraise your quilts. She is nationally certified to appraise all types of quilts: antique, vintage and newly made and both traditional and art quilts. The fee is \$35.00 per quilt with a discount for two or more quilts. Questions, call 435-259-7475 or [gingham@frontiernet.net](mailto:gingham@frontiernet.net)



## MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539 .....	259-6396	Moab Community Theater (Kaki Hunter) .....	259-8378
ACME Theatre Company (Paul Malluk) .....	259-5852	Moab Country Club (Rob Jones) .....	259-6488
Alcoholics Anonymous/Alanon .....	259-7556	Moab Duplicate Bridge Club - Audrey McDougald: 259-5771 or Bob Erikson: 259-2724	259-6119
Alpha Rho Sorority (Bobbie Long) .....	259-6758	Moab Friends For Wheelin' (Jeff Stevens) .....	259-4525
American Legion Post (Bill Smith) .....	259-3470	Moab Half Marathon (Ranna Bieschke) .....	259-4111
Arches Adult Education (Trish Hedin) .....	259-2293	Moab Horse Racing Association (Chuck Henderson) .....	260-9252
Arches New Hope Pregnancy Center (Debbie Nelson) .....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried) .....	259-6171
BEACON (Stephanie Dahlstrom) .....	260-1143	Moab Lodging Association (Britnie Ellis) .....	259-7003
Boy Scouts of America (Kent Dalton) .....	259-6521	Moab Music Festival (Andrew Yarosh) .....	259-6197
Canyonlands Field Institute (Karla Vander Zanden) .....	259-7750	Moab Poets & Writers (Marcy Hafner) .....	259-3393
Canyonlands Film Society (Becky Thomas) .....	259-2286	Moab Points & Pebbles Club (Jerry Hansen) .....	259-8240
Canyonlands Rodeo Club (Kent Green) .....	259-7089	Moab Quarter Horse Assoc. (Kathy Wilson) .....	259-5858
Canyonlands Wildlife Federation (Dave Bierschied) .....	259-8217	Moab Rod Benders (Jim Mattingly) .....	259-9972
Center for Water Advocacy (Harold Shepherd) .....	259-5640	Moab Ropers Club (Terry Lance) .....	259-2222
Daughters of Utah Pioneers (Inalyn Meador) .....	259-5225	Moab Sportsmen's Club (Frank Darcey) .....	259-2264
Deadhorse Motorcycle Club (Terry Flynn) .....	259-3878	Moab Taiko (Stephanie Dahlstrom) .....	259-9991
Delicate Stitchers Quilt Guild (Debbie Hughes) .....	259-2665	Moab Teen Center-Club Red .....	260-8197
Elks Lodge #2021 (Dan Stott) .....	259-7334	Moab Trails Alliance (Kimberly Schappert) .....	259-5444
Fallen Arches Square Dancers (Bob & Flora Erickson) .....	259-2724	Moab Valley Multicultural Center (Carrie Alexander or Leticia Bentley) .....	259-5967
Friends of Indian Creek (Emma Medara) .....	259-3586	Mutual UFO Network (Elaine Douglass) .....	259-8604
Friends Of the Grand County Library (Adrea Lund) .....	259-1111	Order of the Eastern Star (Ivy Gates) .....	259-5830
Grand County Public Library .....	259-5421	Parent Teacher Association (Tiffany Saunders) .....	259-7733
Girl Scouts of The U.S.A. (Cynthia Williams) .....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick) .....	259-7625
Grand Area Mentoring (Dan McNeil) .....	260-9645	Red Rock 4-Wheelers (Ber Knight) .....	259-1302
Grand County 4-H (Marion Holyoak) .....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis) .....	259-6879
Grand County Extension (Michael Johnson) .....	259-7558	Rotary Club (Kyle Bailey) .....	259-2229
Grand County Food Bank .....	259-6456	Seekhaven Crisis Center (Jaylyn Hawks) .....	259-6623
Grand County Hospice (Tracey Harris) .....	259-7191	Senior Center (Verleen Striblen) .....	259-8579
Grand County Prevent Child Abuse .....	260-1039	Sierra Club (Mike Stringham) .....	259-0910
Humane Society of Moab Valley .....	Animal Services 259-4862 Administration 259-4089	Solutions - www.moab-solutions.org - (Sara Melnicoff) .....	259-7239
Ladies Golf Club (Chris Corwin) .....	259-5344	Southeastern Utah Back Country Horsemen (Helen Sue Whitney) .....	259-5440
League of Women Voters (Cynthia Smith) .....	259-5306	Southern Utah Wilderness Alliance (Liz Thomas) .....	259-5767
Lion's Club (Tom Warren) .....	259-7834	Toastmasters International (Al Boyd) .....	259-0253
Moab Aglow Lighthouse Fellowship (Maurine Gray) .....	259-5514	Trail Mix Committee (Sandy Freethey) .....	259-6447
Moab Arts Council (Bruce Hucko) .....	259-4176	Valley Voices (Marian Eason) .....	259-5428
Moab Arts Festival (Theresa King) .....	259-2742	Veterans of Foreign Wars (Fred Every) .....	259-3313
Moab Arts & Recreation Center (Bailey Rogers) .....	259-6272	WabiSabi (Jeff Cohen) .....	www.wabisabimoab.org - 259-0734
Moab Bird Club (Nick Eason) .....	259-6447	Word Watchers (Nancy Kurtz) .....	259-BEAN (2326)
Moab Chamber of Commerce .....	259-7814	Youth Garden Project (Jen Sadoff) .....	
Moab City Recreation (John Geiger) .....	259-2255		

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

# RESTAURANT GUIDE



**MOAB'S ONLY ON-SITE Microbrewery & Restaurant**  
 State Liquor Licensee  
 Orders To Go  
 Beer To Go  
 PATIO SEATING  
 KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS  
 BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM  
 686 South Main • 259-6333  
 (McDonald's is next to us)

## Utah's Liquor Laws...or "You must be kidding, I can't do what?"

The Utah State Liquor Store is the only location to purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South. Hours:

**11-9 May 1-Oct 31 (11-7 Nov 1-April 30).**

In addition, wine only is available at two local wineries - Castle Creek Winery located at Red Cliffs Resort on Hwy 128 (259-2002) and Spanish Valley Vineyards & Winery located at the southwest corner of Stocks Drive and Zimmerman Lane (259-8134).

Beer (3.2% alcohol content) for takeout can be purchased at food stores and convenience stores for off-premise consumption only. On-premise (you can drink it here) is available at various licensed locations. Taverns, golf courses, bowling alleys and also restaurant locations that have the required beer license.

Restaurants may also be licensed to serve mixed drinks and wine by the glass, provided that they meet the state food requirements. You may become as confused as most of the people who wrote the laws in some restaurants. To satisfy the variety of demands of the public, many locations will have two or more licenses. You may be sitting at a "beer" bar and see the bartender mixing a mixed drink. If you try to order one, you will be told that you have to go into the "restaurant," which may be less than 10 feet away.

The last category of license is the "Private Club" -membership establishments - but don't let this keep you from stopping in to have a drink because private clubs are easily accessible to non-members. When you enter the club you can pay a minimal fee to either join the club or to receive a visitor card which is valid for three weeks of visits. Moab has four private clubs... Club Rio located at the Rio Sports Bar & Grill on West Center Street, Frankie D's Bar & Grill at 44 West 200 North, World Famous Woody's Tavern at 221 South Main and Zax Restaurant on Main and 100 South.

Last, but not least, Utah law forbids open containers of alcohol in the passenger compartment of motor vehicles. Driving under the influence of alcohol or drugs is a serious crime and is prosecuted aggressively in Utah.




540 South Main • Moab, Utah • (435) 259-4848  
 Next to Big Horn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service.  
 State Liquor Licensee  
**MOAB'S FINEST FAMILY DINING**  
 COMPLETE CATERING SERVICES AVAILABLE.



• Taste It •  
 • Love It •  
 • Crave It •

Buy One 6" Sandwich, Chips & Large Drink...and get 2nd 6" Sandwich FREE with this coupon!  
 (2nd sandwich of equal or lesser value)  
 Offer good with coupon at Moab Location Only -  
 Across from City Market

Buy any Teriyaki Stix Entree and Large Drink & get a 2nd Entree FREE!  
 (2nd entree of equal or lesser value)  
 Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656



Japanese Grill



**Sports Bar & Grill**  
 Affordable Drinks & Food!  
**Fully Stocked Bar**  
 Serving Beer, Liquor and Wine  
 Largest Liquor Selection in Moab!

Live Music on Weekends!  
 Weekly Bar Specials  
**COLDEST BEER IN TOWN!**

**Karaoke** - Come in and Strut your Stuff!  
 Starting at 9:00pm

1 Block West of Main on Center Street  
 PRIVATE CLUB FOR MEMBERS • VISITORS WELCOME  
 Must be 21 years or older  
**259-6666 • OPEN EVERYDAY at 3pm**

Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun



**RED ROCK BAKERY**  
 A Quality Scratch Bakery with fast, friendly service.  
 Internet Café • Dine-in or Take-Out  
 Now Serving Organic Fresh Moab Coffee  
 74 South Main • Moab, UT 84532 • 435-259-5941



**BRANDING IRON**  
 STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM  
 7 DAYS A WEEK

Featuring:  
**Prime Rib**  
**BBQ Baby Backs**  
**Broiled Steaks**  
 FULL SERVICE LIQUOR LICENSE



2971 So. Hwy 191 • 259-6275  
 3 miles south of Moab • NOW OPEN!

**JAILHOUSE CAFE**  
 101 NORTH MAIN STREET

**BREAKFAST ONLY**  
 because that's what we do best.  
 This is our 16th year at it!  
 Open 7am to 12Noon  
 "Good Enough for a Last Meal"

breakfast.lunch.espresso.bakery  
 local, organic seasonal ingredients



7:30 - 2:00 daily 139 n. main street  
 435.259.6833 lovemuffinCafe.com



**Singha**  
 Authentic Thai Cuisine

Lunch: Monday - Saturday 11:00 - 3:00 p.m.  
 Dinner: Monday - Saturday 5:00 - 9:00 p.m.

Now Serving Beer, Wine & Saki

92 E.Center Street  
 Moab, Utah 84532  
 Tel: 435-259-0039  
 Fax: 435-259-0005

# RESTAURANT GUIDE

# RESTAURANT



**Celebrating 28 Years!**  
*Spicing your Life since 1981*

**LA HACIENDA RESTAURANT**  
Mexican American

OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER  
DAILY SPECIALS • VEGETARIAN FRIENDLY  
CLOSED SUNDAYS  
574 NORTH MAIN • MOAB, UTAH • 435-259-6319  
State Liquor Licensee

Eat Well, Have Fun and Welcome to

Tapas Menu  
4 pm - 6 pm



Dinner  
5:30 pm - Close

*Relaxity required*

A Place to Celebrate Life with great food and friends in a beautiful and relaxed atmosphere!

5 Years Best Restaurant in Southern Utah  
6 Years Zagat Award of Excellence

Secluded Courtyard for Outdoor Dining  
Fresh Seafood • Black Angus Beef • Free Range Chicken  
Innovative Vegetarian Fare • Locally Grown Organic Produce  
Chefs/Owners: Paul and Zee McCarroll

60 North 100 West Moab, Utah      Open 7 Days  
For Reservations: 259-4295  
State Liquor Licensee



**EklectiCafe**  
ORGANIC COFFEE

Carnivores, Herbivores, Omnivores!  
Vegetarian Friendly

**Breakfast • Lunch • Deli**  
"Best Desert Oasis" Salt Lake City Magazine

HOURS: Monday - Saturday 7:30am-2:30pm  
(Sun 7:30am - 1:00pm Breakfast only - no lunch)  
352 North Main, Moab • 435-259-6896

*Your Home Town*



**265 South Main, Moab**  
**Open Daily • 259-6345**

Sunday - Thursday 11 am - 10:00 pm  
Friday/Saturday 11:00 am - 11:00 pm  
Pick-Up or Delivery Available

**Bar M Chuckwagon**  
7000 North Highway 191      259-BAR-M(2276)  
Dinner - Opening in April.  
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**Branding Iron Bar & Grill**  
2971 South Highway 191      259-6275  
Dinner at 5pm  
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

**Broken Oar**  
53 West 400 North      259-3127  
Dinner • Mon. - Sat. at 5:00 p.m.  
Come relax on our deck or by our stone fireplace. Our menu includes steaks, seafood, salads, wraps, burgers and ribs. Home of the sweet potato fries. Beer and Wine served.

**Buck's Grill House**  
1393 North Highway 191      259-5201  
Dinner  
Don't let this out-of-the-way restaurant's campy name fool you. Notable starters include duck tamales. An ample entree selection includes Southwestern dishes, steaks, game, pasta and great American dishes such as Tim's famous buffalo meatloaf.

**Burger King**  
606 South Main      259-2700

**Cassano's Italian Restaurant**  
11 East 100 North      259-6018  
Open daily 3:00 p.m. - Close  
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering.

**Center Cafe**  
60 North 100 West      259-4295  
Open Daily at 4 pm. Dinner 5:30 to close.  
Tapas - Small Bites & Shared Plates 4:00-6:00 pm. A place to celebrate life with great food and friends in a beautiful and relaxed atmosphere! Paul & Zee McCarroll, chef/owners, prepare a seasonal menu of Grilled Meats, Fresh Fish, Pasta & Vegetarian Dishes, Fresh Breads and Exquisite Desserts.

**Denny's**  
989 North Highway 191      259-8839  
Breakfast • Lunch • Dinner  
**MOAB'S ONLY 24 HOUR RESTAURANT.** Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. ask about "Kids eat Free" Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME.

**Desert Bistro**  
1266 N Hwy 191 at Moab Springs Ranch      259-0756  
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

**Domino's**  
812 South Main      259-0101



*Desert Bistro*

Casual Fine Dining  
Contemporary Southwestern Cuisine  
Located in the Historic Ranch House  
at Moab Springs Ranch  
OPEN FOR DINNER 5:30pm  
Closed Mondays & Tuesdays  
1266 N Hwy 191 • 259-0756  
STATE LIQUOR LICENSEE

**Eddie McStiff's Restaurant & Brew Pub**  
57 South Main Street      259-BEER  
Lunch • 11:30 a.m. Daily  
Dinner • 4:30 p.m. Nightly  
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers, Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main Street Hotels

**EklectiCafe**  
352 North Main Street      259-6896  
Breakfast • Lunch  
Mon. - Sat. 7:30 a.m. - 2:30 p.m.  
Sun. Breakfast 7:30 a.m. - 1:00 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

**Fiesta Mexicana**  
202 South Main Street      259-4366

**Frankie D's Bar & Grill**  
44 West 200 North      259-2654

**The Good Place**  
350 S. 400 E.      259-4RAW

**Hogi - Yogi**  
396 South Main (next to Teriyaki Stix)      259-2656  
Lunch • Dinner • Open Daily  
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

**Jailhouse Cafe**  
101 North Main Street      259-3900  
Breakfast  
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**KaleidoScoops**  
331 North Main      259-3677

**La Hacienda**  
574 North Main      259-6319  
Lunch • Dinner - OPEN 11:00 am DAILY  
CELEBRATING 28 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee. **Closed Sundays.**

**Leger's Sandwiches**  
817 So Main (inside the Moab Chevron)      259-2212  
Deli Open 6am-3pm  
Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

**Love Muffin Café**  
139 North Main      259-6833  
Breakfast and Lunch  
Open everyday at 7:30am-2:00pm  
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

**McDonald's**  
640 South Main      259-8800

**Miguel's Baja Grill**  
51 North Main      259-6546  
Dinner  
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

For more information about these restaurants pick up a "Moab Menu"



**Milt's Stop & Eat**  
400 East and Millcreek Drive 259-7424  
Lunch • Dinner  
A true Moab icon since 1954. Featuring locally processed 100% ground chuck burgers, classic diner sandwiches; Big City red beef dogs; flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Open Tuesday through Sunday, 11am-8pm. See ya' all at Milt's.

**Moab Brewery**  
686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

**Moab's Daily Grind**  
1146 South Hwy 191 #B 259-1115  
Mon-Sun: 6am - 8pm  
FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghirardelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks. Iced Green Tea.

**Moab Diner & Ice Cream Shoppe**  
189 South Main 259-4006

**Pancake Haus**  
196 South Main (next to Ramada Inn) 259-7141

**Pantele's Desert Deli**  
98 East Center 259-0200

**Pasta Jay's**  
4 South Main 259-2900

**The Peace Tree Juice Cafe**  
20 South Main 259-8503  
Breakfast • Lunch  
Moab's ONLY Fresh Wheatgrass, Fruit and Vegetable Juice Cafe! Healthy, fresh breakfast entrees. Egg wraps, sprouted wheat bagels. Finest wrap sandwiches, salads & secret recipe hummus. Delicious smoothies. Organic coffee & espresso. No microwaves. "Healing Ourselves and Healing the Earth."

**Pizza Hut**  
265 South Main 259-6345  
Lunch • Dinner OPEN EVERYDAY  
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick Up or delivery when available.

**Red Cliffs Resort & Restaurant**  
14 Miles up Highway 128 259-2002  
Breakfast Buffet • Lunch • Dinner  
RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Red Rock Bakery & Net Cafe**  
74 S. Main Street 259-5941  
Breakfast • Lunch  
OPEN EVERYDAY. 7am - 4pm Mon - Sat and 7am - 3pm Sunday Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Fine photography by Chris Conrad.

**The Rio Sports Bar & Grill**  
1 block west of Main on Center 259-6666  
Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Karaoke at 9pm. Live music on weekends. (Private club for members. Visitors welcome) 21 years and older. OPEN EVERYDAY AT 3:00PM

**Singha: Authentic Thai Cuisine**  
92 East Center 259-0039  
Lunch • Dinner  
For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts.

**Slickrock Cafe**  
5 North Main 259-8004  
Lunch • Dinner  
Open daily 11 a.m. - Close  
Steaks, Seafood, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

**Smitty's Golden Steak**  
540 South Main 259-4848  
Breakfast • Lunch • Dinner  
Next to Big Horn Lodge. Open 6am-9 pm 7 days a week, featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

**Sorrel River Grill**  
17 Miles Northeast on Scenic Hwy 128 259-4642

**Stagecoach Grill**  
2728 South Hwy 191 259-6315

**SUBWAY Sandwich Shop**  
299 South Main 259-SUBS  
Breakfast • Lunch • Dinner  
Open 8am everyday  
NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**  
900 North Highway 191 259-7146  
Dinner  
Steaks, Seafood, Pasta. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. CLOSED SUNDAYS. State Liquor Licensee.

**Szechuan Restaurant**  
125 North Main 259-8984

**Teriyaki Stix**  
396 South Main 259-2656  
Lunch • Dinner  
Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market, Next to Hogi-Yogi.

**TexMex Cocina**  
812 South Main, Ste B 259-9922

**Village Market**  
702 South Main 259-3111

**Wake and Bake Cafe**  
59 S. Main #6, McStiff's Plaza 259-2420

**Wendy's**  
260 North Main 259-2595

**Wicked Brew Espresso Drive Thru**  
132 North Main 259-0021

**Zax**  
96 South Main Street 259-6555  
Lunch • Dinner - Family Dining  
Try our "all you can eat" pizza buffet, with our unique pizza. Soup & salad bar. Extensive menu includes pastas, burgers, sandwiches, salads, Black Angus Steaks, seafood and much more. Dine inside or out on our all-weather covered porch. Also, for those 21 and over visit ZAX Watering Hole - A private club for members only, 2 pool tables, 50" Flat Screens, 22 TVs throughout the restaurant and club. Featuring a full liquor license in both. Open 11:30 am to close daily.

**Restaurant & Brew Pub**

**Eddie McStiff's**

State Liquor Licensee Nightly Dinner SPECIALS

Center & Main • Moab  
435-259-BEER (2337)

FREE WIRELESS INTERNET!

Meet Me At McStiff's!  
Moab's Oldest Legal Brew Pub

OPEN EVERYDAY FOR LUNCH AT 11:30 a.m.  
AND FOR DINNER AT 4:30 p.m.  
Pizza Delivery to Main Street Hotels

**SUBWAY**  
eat fresh.

Located inside Walker's Convenience Store

**Buy one six inch Meal Deal and get one six inch sandwich free.**

Expires April 15, 2009

Coupon valid at your Moab Subway

299 South Main • 259-SUBS

**SLICKROCK CAFE.**

Lunch & Dinner Menu  
Open daily 11:00 am - Close

Atrium Seating, Full Service Liquor License  
Appetizers, Gourmet Burgers,  
Sandwiches,  
Salads, Steaks  
Seafood  
Freshly Grilled Entrees  
Kids Menu, Daily Specials

Slicker than ever - Food with 'tude-  
All that is missing is YOU!!

CORNER OF CENTER & MAIN  
(435) 259-8004 • www.slickrockcafe.com

**BUCK'S GRILL HOUSE**  
"Feed Your Spirit"

Serving Dinner Nightly  
Secluded Patio Dining  
1393 North Highway 191  
435-259-5201  
State Liquor Licensee



# RESTAURANT GUIDE



**THE GRAND SLAMWICH™**

We took America's favorite real breakfast and made it into a delicious breakfast sandwich. Two scrambled eggs, sausage, cheddar cheese, sliced ham, mayonnaise and American cheese griddled on potato bread with a maple syrup glazed French vanilla hot sauce. **\$3.99**

Add two slices of bacon or two sausage links to your meal for \$0.50.

**DON'T FORGET!**  
Kids Eat Free Tuesday and Saturday 4pm - 10pm

989 North Hwy 191  
**OPEN 24 HOURS**

DIP 'EM. PANCAKE PUPPIES™ 1.99  
POP 'EM. Six bite-sized round pancakes rolled in a delicious blend of cinnamon and sugar. Served with warm syrup for dipping.

**BROKEN OAR RESTAURANT**

400 NORTH 53 WEST • 435-259-3127  
OPEN MONDAY - SATURDAY AT 5:00

- STEAKS
- SEAFOOD
- SALADS & WRAPS
- BURGERS & RIBS
- BEER & WINE

HOME OF THE SWEET POTATO FRIES  
WWW.ADRIFT.NET/BROKENOAR.HTML

Croissant Sandwiches • Fresh Salads  
Fresh Juices • Wrap Sandwiches  
Smoothies • Shakes • Ice Cream

Organic Espresso Drinks • Wheatgrass

**8:00am to 6:30pm**  
20 South Main Street • 259-8503  
Take Out Orders Welcome  
www.peacetreecafe.com

Steaks  
Sandwiches  
Seafood  
Pizza  
Pastas  
Salads

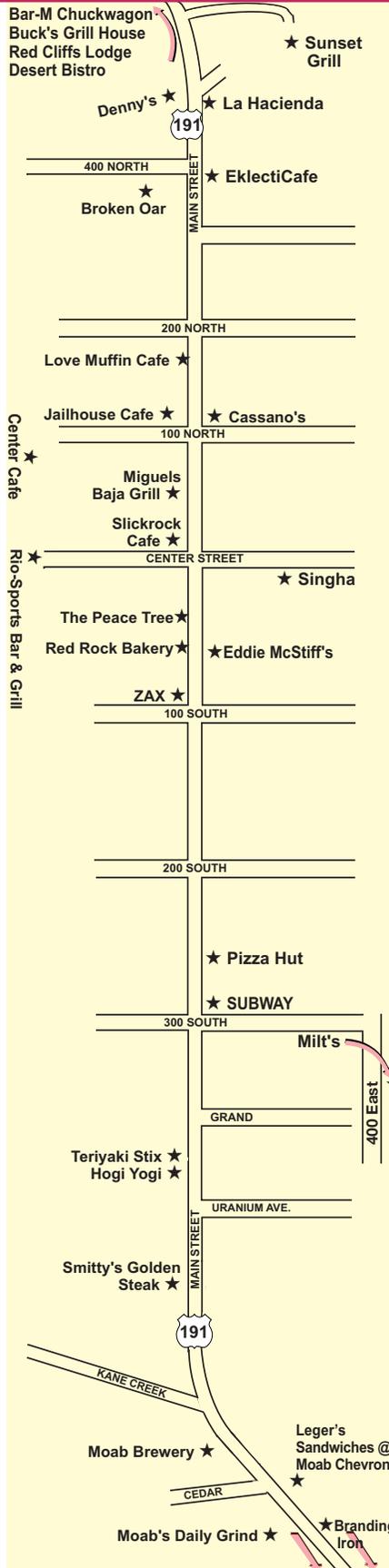
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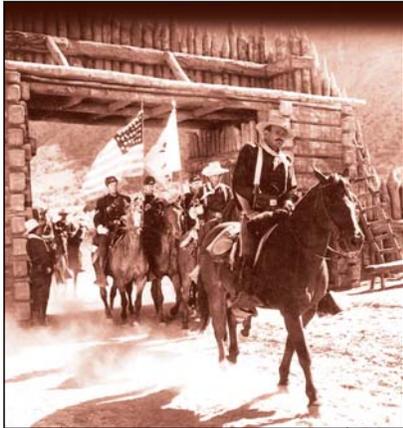
# RESTAURANT GUIDE

# MUSEUM HAPPENINGS

## Movie & Western Memorabilia Museum at Red Cliffs Lodge

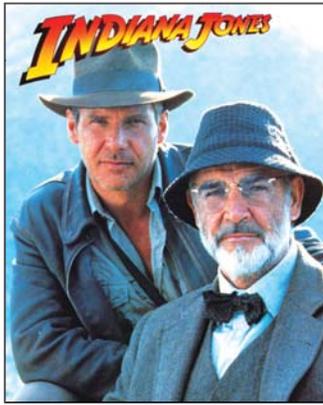
Red Cliffs Lodge, on the banks of the mighty Colorado river, is home for the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.



John Wayne leads his troops into the fort at Red Cliffs Ranch, in the movie *Rio Grande*, directed by John Ford in 1950

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own stage. On display in the museum



are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.

**A partial list of stars that have made movies in Moab**

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



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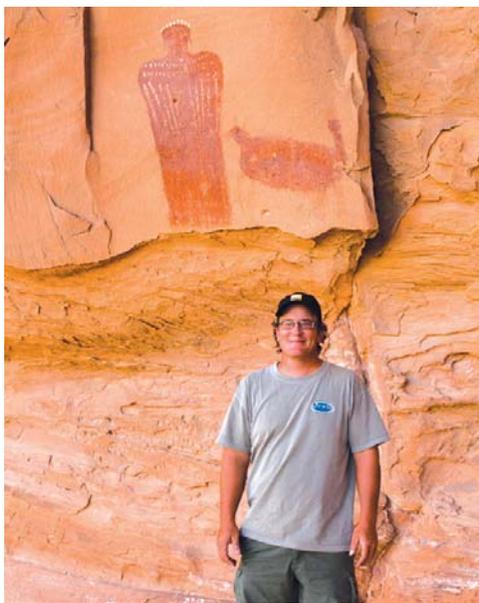
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[moabmuseum.org](http://moabmuseum.org)

## EDGE OF THE CEDARS STATE PARK MUSEUM

### Durango Photographer Dave Manley exhibits at Edge of the Cedars

The first major exhibition of work by Durango Photographer Dave Manley will be featured at Edge of the Cedars State Park Museum. The exhibit, entitled "Written in Stone", includes images of rock art and landscapes of the Colorado Plateau. The exhibit runs through November 1, 2009. A reception for the artist is planned for Saturday April 4 at 2:00 p.m.

Photographer Dave Manley moved to Colorado 24 years ago to attend Colorado Mountain College where he studied commercial art and took up mountain biking and climbing. Over time mountaineering became his passion and eventually he picked up a camera to record those adventures.



Dave's early work captures expansive vistas and 360-degree images from mountain summits. His work may also be viewed at [www.grandeurimages.com](http://www.grandeurimages.com). More recently Dave's travels have taken him to areas in the Four Corners region previously inhabited by ancient cultures where rock art abounds. Now his lens is focused on this early art form

that continues to speak to us from another millennium.

In 2008 two pieces of Dave's work were selected out of hundreds of submissions for the Farmington Museum's Gateway to the Imagination national juried competition. Fort Lewis College's Center for Southwest Studies juried competition awarded Dave Best of Show in 2008 for his photo of the Great Gallery and accepted two submissions for the 2009 contest. Dave is currently involved in a rock art recording project in the Dinétah (Navajo homeland) in Northwestern New Mexico. The upcoming exhibit at the Edge of the Cedars Museum in Blanding,

Utah showcases the Great Gallery and other rock art, ruins, landscapes and wildlife from the Four Corners region.

The Museum is located at 660 West, 400 North, in Blanding. Hours are 9 a.m. to 5 p.m. daily. Admission is \$5. For more information contact the museum at 435-678-2238. Be sure to mention you read about it in Moab Happenings.

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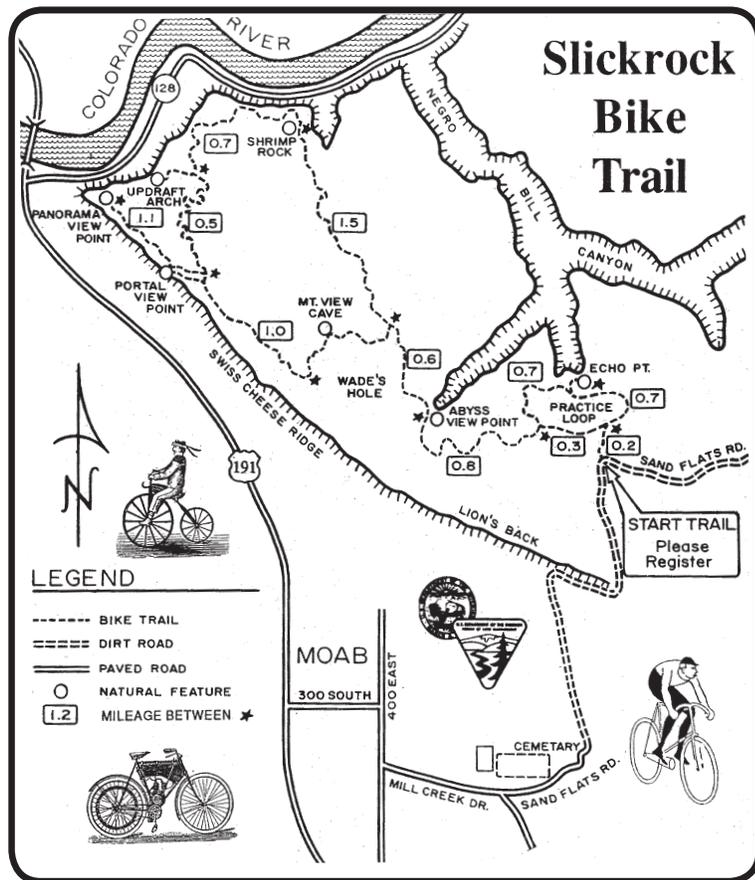
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# MOUNTAIN BIKING



## Mountain Biking Mecca

The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

### The major annual bicycle events include:

• **MOAB SKINNY TIRE FESTIVAL, March 14-16, 2009**  
Four days of supported road cycling benefits the Lance Armstrong Foundation. Includes Celebration Party, silent auction with VIP autographed items and workshops. Visit [www.SkinnyTireFestival.com](http://www.SkinnyTireFestival.com)

• **MOAB CENTURY TOUR, SEPT 19, 2009** - This annual event is a weekend packed with road cycling benefiting the Lance Armstrong Foundation. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. 45, 65, and 100 mile route options on this fully supported road cycling tour. Visit [www.skinnytirefestival.com](http://www.skinnytirefestival.com) or call 435-259-2698

• **24 HOURS OF MOAB October 10 & 11, 2009** -an endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. a world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race! See article on page 19B.

• **CHILE HO-DOWN October 2009** - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!! See article on page 17B.



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# HIKING HAPPENINGS

## Delicate Arch – A Treasured Icon

by Marcia Hafner

You could search the whole world over and still not find the density of sandstone arches that exists in Arches National Park. With so many arches to choose from (over 2,000 have been catalogued), Delicate Arch is probably the most popular and most endearing to the majority of people that come here. It's the unique shape, the jaunty placement on the skyline that has captured everyone's imagination. This horizon-hugging arch has been imprinted on a large audience by commercials, billboards and advertisements. It appears on Utah license plates and government stationery. A postage stamp with that familiar image came out in 1996 to commemorate Utah's centennial anniversary of statehood and in the winter of 2002, populations around the world watched The Olympic Torch pass through its famous portal. In a sense Delicate Arch has become the poster child for Arches National Park, as well as a treasured icon for the state of Utah.

Over the years the name has changed, but it's still the same arch. Local cowboys called it "The Chaps" and "The Schoolmarm's Bloomers." It received its current name in the winter of 1933-34 from Frank Beckwith, leader of the Arches National Monument Scientific Expedition, who was exploring the area at that time. Ironically, Delicate Arch was not included inside the original 1929 boundaries when Arches was designated as a national monument (it became a national park in 1971). That didn't happen until more land was acquired in 1938.

Entrada sandstone is the major building block in arch formation in this little corner of the universe. It all began ten million years ago when erosion started stripping away more than 5,000 vertical feet of the original underlying

rock, opening up cracks in the anticlines. Water seeped in, washed away loose debris and eroded the cement that held the sandstone together, leaving behind freestanding fins. Ice formed and its expanding pressure broke off bits and pieces of rock until many of the fins collapsed. But some, with the right balance and hardness, survived as arches.

A long-distance view of Delicate Arch can be yours just a few hundred steps up the trail from the Delicate Arch Viewpoint parking area. For an up-close personal point of view, however, you have to hike a moderately strenuous 1.5-mile trail. Delicate Arch will not come into view until the very last minute, so if you're planning on bagging a very special arch, be prepared to go the distance. My advice is to take your time and enjoy the scenic journey that opens up to constantly changing views of The Windows, Cache Valley, the southern expanse of the park and the majestic La Sal Mountains.



reflects a period of time after 1650 when the acquisition of the horse had changed their way of life.

Returning to the main trail, the first half-mile is easy walking on a well-defined gentle dirt path that is bordered on the north side by a very long, sweeping alcove. That steady drip of water has encouraged the production of an extensive hanging garden. When the dirt changes to slickrock, the trail disappears and the uphill climb gets serious. Big piles of rocks called cairns will now be your guide.

At the second cairn, stop, take a deep breath and look behind you. The diminished appearance of the parking area will make you realize

that you've already come a long, long way.

Eventually the trail weaves in and out of a jumble of large rocks and into a wash where the junipers, pinyon pines and Mormon tea like to grow. Next comes the rock stairwell followed by a narrow ledge that bumps into the side of a steep cliff. On the other side of this skinny ledge is a huge drop-off. On this north-facing section of the trail, snow and ice tend to stick around during the winter and after being on a dry trail this might come as a big surprise. Use extreme caution even when the footing feels secure! If it doesn't feel right to you, turn back!! One false move and it's a long hazardous plunge of 100 feet or more down a slippery precipice. By now, you are so close – just around the corner 52-foot tall Delicate Arch, highlighted against the snow-white La Sal Mountains, suddenly pops into view.

Even on this off-season chilly day, I am still very surprised to discover that no one else is here as I carefully walk past a cavernous, steep-walled bowl to navigate around this intriguing arch that at certain angles looks like a fossilized tooth. A short time later an enthusiastic foursome from Great Britain shows up and I take great pleasure in watching the wonderment of this group that is getting their first in-depth glimpse of this treasured icon.

Note: If you go in the spring, summer or fall, start your hike early while parking spaces are still available. Keep in mind that in the summer there is little shade and hot temperatures can be deadly. Wear a hat, use sunscreen and carry plenty of water. Better yet, try to avoid hiking during the heat of the day.



John's daughter, Flora, her husband and their two children joined them in 1906. Anxious to please his daughter, John replaced the original cabin with a more modern wood-floored structure and that intact building and root cellar are found adjacent to the parking lot. In 1910 the ranch was sold and the family moved back home to Ohio.

To get there from Moab, go three miles north on Highway 191 and turn right into the entrance of Arches National Park. Then drive 11.5 miles, where a sign to the right will direct you to Delicate Arch.

Immediately after walking over the bridge, a short side trail leads to a panel of petroglyphs that were chipped out by the Ute Indians, who moved into southeast Utah around 1300 AD. The inclusion of riders on horseback on this panel



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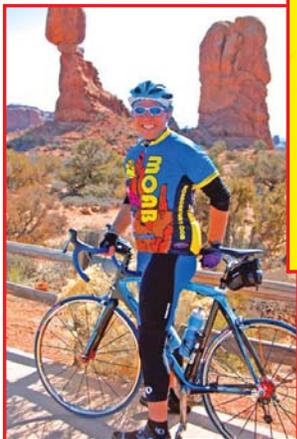
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# SKINNY TIRE HAPPENINGS

## Road Cycling Events in the Mecca of Mountain Biking

Cyclists know of the incredible slickrock terrain Moab has to offer mountain bikers. This long recognized 'Mecca for mountain biking' now has an ironic twist; it's becoming known as the 'new landscape for road cycling'. Not only are "roadies" coming to Moab to experience the spectacular views, low traffic and great roads all accessible from town, they are also coming for three major road cycling events. The Moab Skinny Tire Festival kicks off the cycling season March 14-16th with fully supported rides along the Colorado River, to the edge of the earth at Dead Horse State Park and through world-renowned Arches National Park. Moonshadows in Moab follows in June with a rare chance for a supported moonlit ride to Dead Horse State Park and the Moab Century Tour ends the season in September with an out-of-category climb.

Not only have these events made the favorites list of world-class cyclists such as Marty Jemison, Ron Kiefel and Bob Roll who have all competed in the prestigious Tour de France, but also of the Huntsman Cancer Foundation for its ongoing efforts in the fight against cancer. Since its concept, roughly one million dollars has been raised, and donated, to



national and regional organizations.

"We have been a great admirer of the Festival and the phenomenal experience it provides to the riders," explains Lori Kun, Director of Development at the Huntsman Cancer Foundation. They have the Utah Population Database that has allowed researchers to identify more cancer genes than any other cancer research institute, helping to create earlier diagnosis, better treatments, and more survivors. "I've always been a roadie, and it seems that Moab must be one of the best kept secrets in road cycling. Clearly, the beauty is unparalleled; the views are inspirational and incredibly motivational. But it is the intangibles of this Festival that makes it so special. Providing more than fund-raising dollars, the Skinny offers a fellowship of people all coming out for the same cause, for friendships, for



building awareness, creating loyalties which in the end creates and sustains hope."

The Moab community has benefited from the rides with a \$300,000 pledge towards The Moab Cancer Treatment & Resource Center in Moab Valley Healthcare's new medical facility. Joy Trotter of the hospital explains, "Development of the physical design features, as well as proposed care models, for The Moab Cancer Treatment and Resource Center (MCTRC) began after a tour of the Huntsman Cancer Institute, providing a superlative model on which to base new cancer-related services appropriately delivered in a rural setting. For many of us living in smaller communities this concept will fulfill a need that can only be understood when one is in the throes of cancer treatment and must travel many miles and countless hours to receive something as simple as infusion therapy."

The ability for locals not to have to travel for hours for infusion therapy greatly reduces patient stress, and helps to speed recovery. After working on the Navajo Reservation, local doctor and cyclist Steve Rouser saw illness being diagnosed in alternative ways. "Unfortunately, the majority of American doctors oriented towards disease and symptoms. This doesn't take the whole person into account when dealing with treatments." After recovery, participating in an event like the Skinny Tire Festival has tremendous benefits. "It just feels good to cycle," Steve added. "It increases self-esteem, celebrates accomplishments in terms of survivorship and carrying on with life."



A surprising fact to many, road cycling was actually the original cycling sport in Moab. Before fat tires and slickrock was a small group of avid "roadies" who organized time trails and closed Arches National Park to vehicle traffic for races. Steve and local cyclist Jose Tejada helped organize those events. Jose traveled across country on his bike



before he rode into Moab, and moved here a year later. He says of the Skinny Tire Events, "It's a supportive atmosphere, truly an amazing environment. Someday you'll be touched by cancer, whether you like it or not. It feels fantastic to be part of the Skinny and it is a great way to show local support. If you've enjoyed riding a bike at some point, try it!"

Local cyclist and doctor Ken Williams has followed the fund raising efforts for the new hospital and says, "It's a privilege to be able to bring resources like this to Moab. This is really nice because we're actually seeing economic input, directly donating money for services that actually stay in the community. It's amazing; it rekindles my faith in humanity."

Fellow local Jay Zuckerman agrees. Being part of the Canyon Ranch Resort

whose focus is on health and wellness, Jay believes cycling is one of the best ways for him to stay fit and healthy. "Anytime you combine an event to promote health with philanthropy, it creates a perfect combination. Sometimes it's not about you, it's about what you can do for someone else. Philanthropy for me is for the results of giving. Seeing the benefits that come from the efforts of the Skinny Tire Festival inspired me to make a contribution through the Zuckerman Family Foundation. It's something you can't articulate; it's just the right thing to do."

Now Moab is attracting participants to the Festival like Fred Methany, co-owner of RoadBikeRider.com, the largest online road cycling newsletter, and Robert Kunz of 1st Endurance and personal nutritionist to Levi Leipheimer who won the 2009 Tour of California. Cyclists will find endless inspiration in fellow riders such as Brett Weitzel who had his leg amputated after a 13-year battle with cancer. Brett went on to travel 215-miles on his bike from Telluride to Moab in 2008. He believes anything is possible.

It seems he's right. After losing his brother to cancer and having two other family members surviving cancer, event founder Mark Griffith believed he could make a difference. He put purpose to his cycling and invited others to join him. Almost ten years later Moab is experiencing the amazing results with thousands of road riders who enjoy the simple pleasures of riding their bikes, while doing something for the health and well being of others.

Please visit HuntsmanCancerFoundation.org for more information on how to educate and fight cancer diagnosis, and SkinnyTireEvents.com or call (435) 259-2698 for event information. And remember; every rider, every dollar and every spin of the sprocket is one step closer to finding a cure for cancer, all in one of the most breath-taking places on earth.

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7:00	Native American	<b>DEMOCRACY NOW</b>					Shine Time (Children)	7:00
8:00								8:00
9:00	Jah Morning Reggae	<b>MOAB Morning Blend</b>					Wayward Wind (folk/country/rock)	9:00
10:00		Moab Mamas (everything)	Classical Collusion	Tilted Park (acoustic/folk/pop)	Belle Jar/ Rainbow Plumage	Blue Plate Special (blues/rock)		10:00
11:00	Grass is Greener (Bluegrass)	The Big Baboo (50s & 60s oldies)	radiommm... (can't define it)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	11:00
Noon						Noon		
1:00	Amarillo Hwy (Hillbilly)	Radio Mundial (world music)	Planet Picante (latin)	Odd Bin (music & nonsense)	Red Rock 'n Blues (Blues)	1-2-3 (R&B/Funk/Soul)	Belagaana Revue (fruit and nuts)	1:00
2:00			2:00					
3:00	West of Broadway (musicals/showtunes) (Classical 4th Sunday)	This Week in Moab (Interviews / Calendar)	<b>WORLD MUSIC</b>		MOAB Drive Time	Fire on the Mountain	Tween Time (pre-teen fun)	3:00
4:00			4:00					
5:00	Kokopelli Coffeehouse (folk)	Big Swing Face (big band jazz) or The Dog Lady (jazz)	POLYPHONIC	Thin Edge (jazz)	Rock Garden (rock)	Boom Boom Room & Plastic Magic	Main Street Cruise	5:00
6:00								6:00
7:00	Mel's Diner (women artists)	The Sound Lair (Experimental Dance)	<b>MOAB After Hours</b>		Teenage Wasteland	Altered State	Radio Free Moab (college rock)	7:00
8:00			8:00					
9:00	Seti Trancemissions	JIM HIGHTOWER NEWS - Everyday at Noon WORD OF THE DAY 8am - Noon - 6pm HUMANE SOCIETY - FRI. 10:00	Conscious Party (alphabet soup)	Suburban Urge	Circle Drive (rock n roll)	Rhythm Quest (techno rhythm)	NED (classic rock)	9:00
10:00								10:00
11:00								11:00
12:00								12:00

**KEY:**  Talk Shows     Easy Mix - Jazz     Blue Grass - Country - Folk  
 Eclectic/World     Rock - Blues     Heavy - Hard



# ART WALK HAPPENINGS

## Moab Art Walk, Saturday March 14, 6-9pm

### The Western Image

Page Holland  
The Western Image welcomes Art Walk for spring 2009. We will showcase new oil paintings by Page Holland. Page will be demonstrating her painting techniques. In addition, Mary's culinary talents are becoming a favorite for Art Walk patrons, come by and see why.  
16 W. 100 N. Moab, UT  
435-259-3006  
www.moabartists.com  
moabpage@frontiernet.net



### Moab Arts & Recreation Center

Throughout March, the Moab Arts and Recreation Center (MARC) hosts the Farmers Market Poster Contest. Come and cast your vote for the next poster artist.  
111 E 100 N Moab, UT  
435-259-6272  
www.moabmarc.com  
marcinfo@moabcity.org

### Cloudrock Land Company

Cloudrock Land Company would like to invite the public into their newly renovated office space for a viewing of local and regional fine art.  
79 North Main Street  
435-259-0444  
www.cloudrock.com



### Overlook Gallery

With an impressionistic approach with the medium of pastel, Helen Becker creates striking color harmonies and strong design elements in her unique interpretations of the Moab area landscape. Also at The Overlook: recent paintings by Blanding, Utah artist, Kelly Pugh.  
83 E. Center Street Moab, UT  
435 259-3861  
www.moabarts.com  
overlookgallery@yahoo.com

### Framed Image Fine Art Gallery

Framed Image presents Chris Erickson. In his recent series of paintings, Chris works rapidly with sweeping brushstrokes and large color fields in an attempt to capture the illumination of the desert. The intricate forms, complex lines and magical light work their way onto the surfaces of Chris' new paintings.  
59 E Center Street Moab, UT  
435-259-4446  
www.framedimagemoab.com  
info@framedimagemoab.com



### Cat's Lair Collection

Cat's Lair Collection Art Gallery is pleased to bring to Moab for display only for 2 months thought-provoking sculptures of Andrea Metz. We will also have the pleasure to show a new series of Paintings by Sandi Snead "Vibrant Landscapes"  
59 South Main Street #3, Moab, UT  
435-259-2458  
www.catslaircollection.com  
catslaircollection@gmail.com

### Moonflower Market

Moonflower Market would like to invite you over and help them usher in a new Art Walk season!  
39 E 100 North Moab, UT  
435-259-5712

### Tom Till Gallery

61 N. Main Moab, UT  
435-259-9808  
www.tomtill.com



### 1-WESTERN IMAGE

16 W 100 N

### 2-CLOUDROCK LAND CO

79 N MAIN ST

### 3-TOM TILL GALLERY

61 N MAIN ST

### 4-CAT'S LAIR

COLLECTION

59 S MAIN ST

### 5-FRAMED IMAGE

FINE ART GALLERY

59 E CENTER ST STE B

### 6-OVERLOOK GALLERY

83 E CENTER ST

### 7-MARC

111 E 100 N

### 8-MOONFLOWER

MARKET

39 E 100 N

www.moabartwalk.com

	M A I N		
200 N			
100 N	1	8	7
CENTER	2	5	6
	3		
100 S	4		

# VISITOR SERVICES DIRECTORY

**MOAB, UTAH**, located in southeastern Utah has become a mecca for the adventurous. Moab was first settled in 1855 by Mormons who quickly abandoned their remote outpost because of conflict with the area's Native American population. It was resettled in 1876. Moab and its people have carved an existence as changing as the eroded desert around it. Moab has served as a river-irrigated fruit growing center, a dock for ill-fated steam powered paddle boats on the Colorado River, and in the 1950's, a uranium boom town. In the 1980's the uranium market fell and Moab was forced to look to other means of economic income. Some locals decided to build a bicycle shop, rent bicycles, and offer guided tours. Tourism became a significant part of Moab's economy.

**ARCHES NATIONAL PARK:** Located 5 miles north of Moab, Arches National Park features the world's largest concentration of natural stone arches. There are over 2,000 arches, along with other unusual formations found throughout 74,500 acres of National Park land. Landscape Arch is the park's longest arch at 306 feet. Arches is open year-round. An entrance fee is charged to enter the park. Peak visitation occurs from March through October. The colder weather months, when snow occasionally blankets the red rocks and crowds are small, are great times to visit.

The Devils Garden Campground at Arches is 18 miles from the park entrance. The fee for individual sites is \$20 per night. Advance reservations for camping can be made by contacting the National Recreation Reservation System at 1-877-444-6777 or www.ReserveUSA.com. Sites may only be reserved for the nights of March 1st through October 31st.

If you do not have a reservation and would like to camp in the campground, you must pre-register for campsites at the visitor center between 7:30 and 8 a.m., or at the entrance fee station after 8 a.m. These individual sites are on a first-come, first-served basis. The Arches campground fills daily, sometimes by early to mid-morning.

The popular Delicate Arch is a 3-mile round-trip hike that begins and ends at Wolfe Ranch. The Fiery Furnace area requires an additional fee. Ranger-guided hikes are available, or permits may be obtained to hike on your own.

**CANYONLANDS NATIONAL PARK:** Moab is located in the heart of Canyonlands. The Green & Colorado Rivers divide Canyonlands National Park into three sections. The Island in the Sky section is 35 miles north of Moab. The Needles section is 80 miles south of Moab, and the Maze section is approximately 140 miles to the southwest of Moab. All sections of the park are open year-round.

**DEAD HORSE POINT STATE PARK:** Dead Horse Point State Park is located 30 miles north of Moab. Perhaps Utah's most spectacular state park, Dead Horse Point towers 2,000 feet above the Colorado River - providing a breathtaking panorama of the pinnacles and buttes of Canyonlands. There is a visitor center at the park with interpretive exhibits, rest rooms, and a 21-unit campground.

## Visitor Centers

### Moab Information Center

Main & Center Street, downtown Moab

Hours: Open Every Day - 9:00 am - 5:00 pm

Hours listed below may change seasonally. Please call ahead for availability.

#### Arches National Park

5 miles north of Moab • (435) 719-2299  
Visitor center open 8:00 a.m. to 4:30 p.m. daily  
<http://www.nps.gov/arch/>  
Camping Available

#### Blanding Visitor Center

12 North Grayson Pkwy  
On the north end of Blanding, Utah  
(435) 678-3662

#### Canyonlands National Park

Park Information (435) 719-2313  
[www.nps.gov/cany](http://www.nps.gov/cany)

#### Island in the Sky District

35 miles paved road from Moab.  
(435) 259-4712 • Open 9:00 a.m. - 4:30 p.m. daily  
Visitor Center located two miles inside park.  
Camping - call for information

#### Needles District

50 miles from Monticello, 80 miles from Moab  
(435) 259-4711 • Open 9:00 a.m. - 4:30 p.m. daily  
Starting March 11: Open 8:00 a.m. - 6:00 p.m. daily  
Visitor center located 3 miles inside park boundary.  
Camping - call for information

#### Maze District

140 miles from Moab via Green River  
Ranger station at Hans Flat - (435) 259-2652  
Open daily 8:00 a.m. - 4:30 p.m.

**LA SAL MOUNTAINS:** The La Sal Mountains grace the southeast view of Moab. The second highest range in Utah, these alpine mountains offer excellent opportunities for hiking, camping, cycling, mountain climbing, cross country and hut-to-hut skiing, fishing, ATV riding, and are a perfect place to escape the summer heat. The La Sals also serve as the beautiful backdrop for Arches and Canyonlands National Parks. Campsites are available at Oowah Lake and Warner Lake on a first-come, first-served basis.

**SLICKROCK BIKE TRAIL:** The Slickrock Bike Trail has become very popular in recent years, and is known worldwide. The loop is 10.3 miles of wild ride with the route marked by slashes of paint on raw rock. First-timers should try the 1.7-mile practice loop - a good ride in its own right. The Slickrock Bike Trail is physically and technically challenging, but the giant vistas and the

thrill of the ride are worth the effort. The Slickrock Bike Trail is located in the Sand Flats Recreation Area and managed through a unique partnership between Grand County and the BLM. Trail maps are available at the entrance and a day-use fee is charged.

**COLORADO RIVER:** The Colorado River is located 2 miles north of Moab. The river cuts through a red rock gorge with incomparable vistas, meandering along in some sections, rushing boldly in others. Whitewater rafting, kayaking, canoeing, and jet boat tours abound. The drive along the Colorado River - Scenic Byway 128 and Scenic Byway 279 - offer incredible views, petroglyphs, dinosaur tracks, arches, famous movie locations, red rock spires, and rock towers that loom 1,500 feet above the valley floor.



#### Dead Horse Point State Park

32 miles northwest of Moab on paved roads  
via US 191 & State Hwy 313.  
Visitor Center open 8 a.m.-5 p.m. daily.  
(435) 259-2614

Campground open: Some sites require reservations.  
Some are first-come, first-serve.  
State Park campground reservations,  
call toll-free 1-800-322-3770

#### Edge of the Cedars State Park

(435) 678-2238  
660 West 400 North • Blanding, UT 84511  
Hours: 9am to 5pm  
Closed on Sundays

#### Green River Visitor Center

South entrance of Green River, Utah  
Located in the John Wesley Powell River History Museum  
Open every day 8:00 am to 5:00 pm

#### San Juan County Multi Agency Visitor Center

Inside Frontier Museum  
Corner Hwy 191 & 200 South, Monticello, Utah  
(435) 587-3401  
Open 10:00 am to 4 p.m. Monday - Saturday  
Closed Sundays and Holidays

#### Blanding Visitor Center

12 North Grayson Pkwy.  
On the north end of Blanding, Utah

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Saturday 9 a.m. to 5 p.m.  
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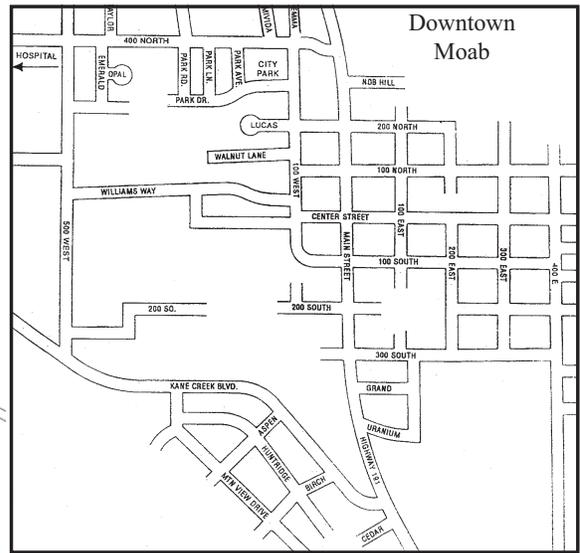
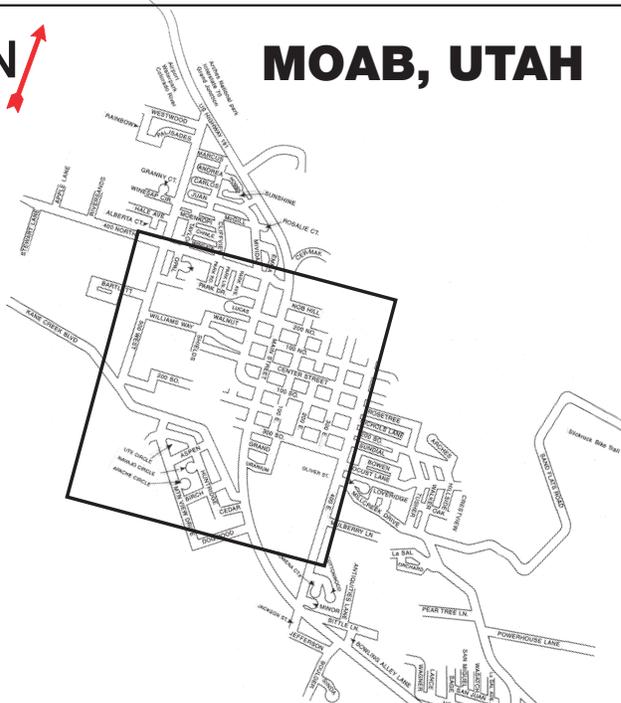
**UPS**

## Moab Church Services

Assembly of God • 1202 South Boulder Avenue	259-7747
Baháí Faith • call for information	435-650-5778 or 435-259-7533
Church of Christ • 456 Emma Boulevard	259-6690
Church of Jesus Christ of Latter-Day Saints Moab Stake • 701 Locust Lane	259-7491
First & Second Wards • 475 West 400 North	259-5566
Third, Fourth & Fifth Wards • 701 Locust Lane	259-5567
Community Church of Moab • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis • 250 South Kane Creek Blvd • P.O. Box 96	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Grace Evangelical Lutheran Church • 360 West 400 North	259-5017
Jehovah's Witnesses • 25 West Dogwood	259-8166
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
River of Life Christian Fellowship • 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist • 4581 So Spanish Valley Drive	259-5545
Friends (Quakers) Meeting for Worship, 10am Sundays Location: Seekhaven, 81 N 300 East	259-8664



# MOAB, UTAH



### MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

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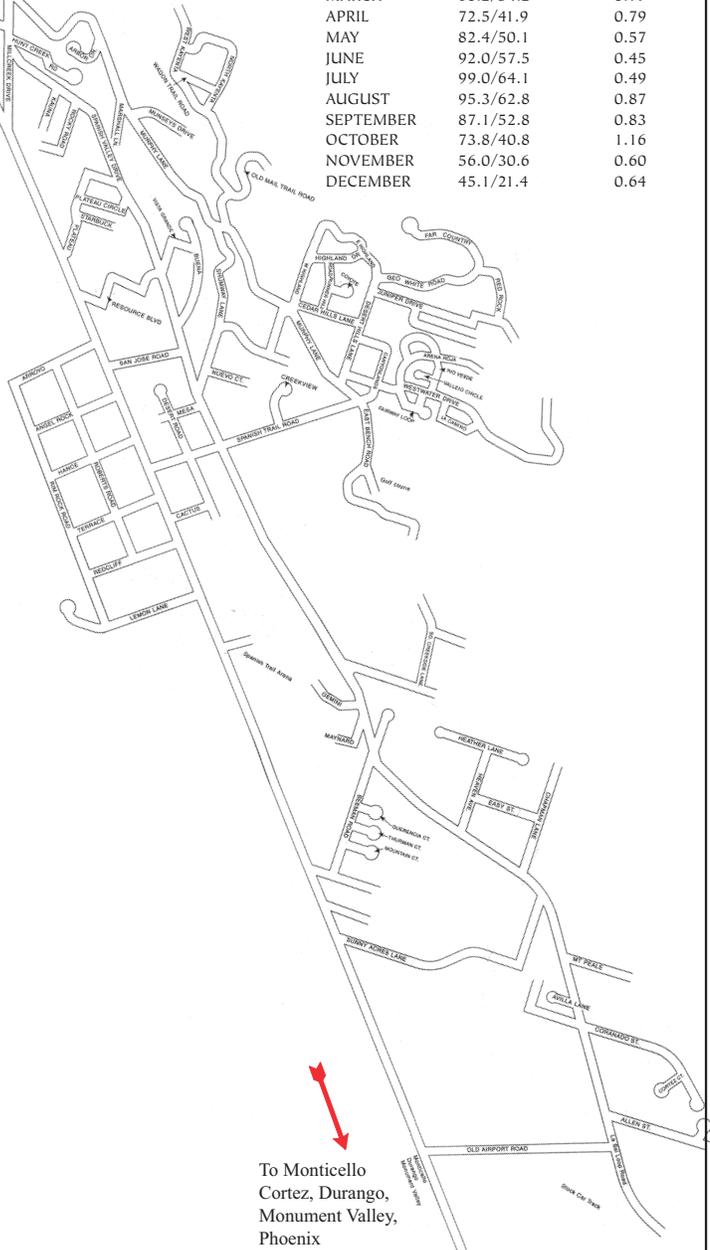
435-259-8240

1-800-717-1895

www.wfcommunications.net

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Monument Valley,  
Phoenix

# SKY HAPPENINGS

## The Sky for March 2009

By Faylene Roth

Moab UT (at City Hall)  
38°34' N Latitude  
109°33' W Longitude  
4048 ft - 1234 m Elevation

Trace the Milky Way across the sky and gaze into the outer reaches of the spiral arm which contains our Solar System. The Milky Way stretches from Cassiopeia in the northwest through Perseus, past 0 magnitude star Capella (Auriga), south and east of Orion and -1 magnitude star Sirius (Canis Major).

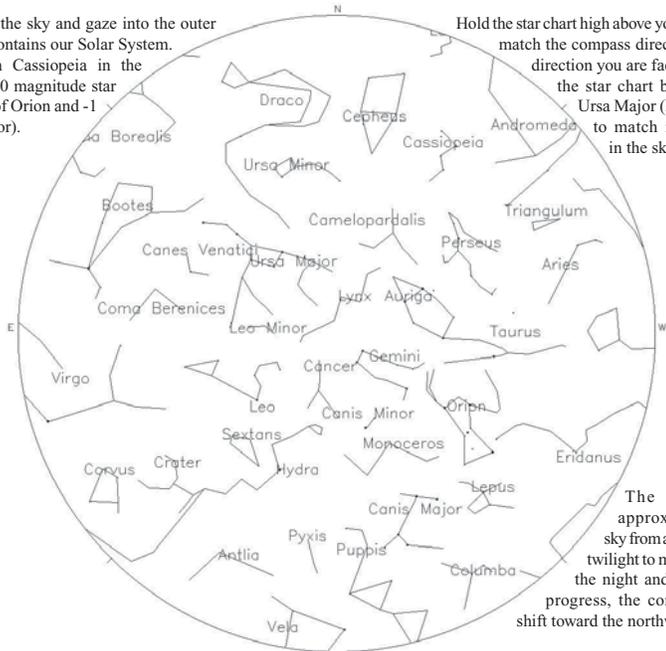
Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

### March 2009

DATE	SUNRISE	SUNSET
1	6:50am	6:12pm
2	6:49am	6:13pm
3	6:47am	6:14pm
4	6:46am	6:15pm
5	6:44am	6:16pm
6	6:43am	6:17pm
7	6:41am	6:18pm
8	7:40am	7:19pm
9	7:38am	7:20pm
10	7:37am	7:21pm
11	7:35am	7:22pm
12	7:34am	7:23pm
13	7:32am	7:24pm
14	7:31am	7:25pm
15	7:29am	7:26pm
16	7:27am	7:27pm
17	7:26am	7:28pm
18	7:24am	7:29pm
19	7:23am	7:29pm
20	7:21am	7:30pm
21	7:20am	7:31pm
22	7:18am	7:32pm
23	7:17am	7:33pm
24	7:15am	7:34pm
25	7:13am	7:35pm
26	7:12am	7:36pm
27	7:10am	7:37pm
28	7:09am	7:38pm
29	7:07am	7:39pm
30	7:06am	7:40pm

### MAJOR CONSTELLATIONS OF MARCH

- Overhead**  
Gemini  
Cancer  
Canis Minor
- Southward**  
Canis Major  
Hydra
- Northward**  
Cassiopeia  
Perseus  
Ursa Major  
Ursa Minor
- Westward**  
Auriga  
Orion  
Taurus
- Eastward**  
Bootes  
Corvus  
Crater  
Leo  
Virgo



The star chart approximates the sky from astronomical twilight to midnight. As the night and the month progress, the constellations shift toward the northwest.

### VISIBLE PLANETS

- Jupiter** – Look in the early morning twilight for Jupiter, shining brightly at -2 magnitude. It rises in the southeastern sky with Capricornus throughout the month.
  - Mars** – Identify Mars in the late morning twilight about seven degrees below Jupiter. It appears beneath Mercury and then passes it during the first few days of the month. At 1.2 magnitude, it shines fainter than Mercury but with a red-orange glow. Mars will be difficult to see this month, but it is worth the effort on the morning of March 1 to look for it rising within one degree of Mercury.
  - Mercury** – On the morning of March 1, Mercury is one degree above Mars in the early morning twilight. Mercury, at -0 magnitude, will be brighter than Mars. Look for both planets as nautical twilight begins, just as color appears in the landscape.
  - Saturn** – On March 8 Saturn reaches opposition with the sun, which means it is on the opposite side of the earth from the sun. Look for it in the eastern sky as the sun sets and find it in the western sky as the sun rises. Shining at 0.7 magnitude, Saturn follows Leo's bright star Regulus across the night sky. Compare the yellow light of Saturn with the blue light of Regulus.
  - Venus** – Look in the early evening western sky for a brilliant view of Venus, shining at -4.6 magnitude throughout most of March. It becomes visible in late morning twilight around March 21. For a few days, it may be seen rising 30 minutes before sunrise and setting 30 minutes after sunset. With binoculars, or telescope, Venus appears as a thin crescent before it disappears into the glare of the sun. It reaches inferior conjunction on March 27 when it passes between the earth and the sun.
- Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

### DAYLIGHT

March is the month of light. Daylight Savings Time, which begins on Sunday, March 8, provides an extra hour of sunlight each evening. In addition, the period of daylight increases over the month by one hour and fifteen minutes as the sun continues to rise and set farther north each day. Even though Daylight Savings Time delays sunrise by one hour clock time, most of this delay is recovered by month's end with earlier sunrises. Twilight also extends the daylight period. Civil twilight continues about one-half hour after sunset with little change in observable light. Nautical twilight provides another half hour of light as color fades from the landscape. Astronomical twilight fades to darkness about one and one-half hours after sunset. By month's end it will be 9:00pm before darkness overtakes the skies. The reverse progression applies to dawn. Sunrise and sunset times are calculated for a flat horizon. Actual times may vary up to one-half hour or more depending upon the surrounding landscape.

### MOON HAPPENINGS

March 2 find a waxing crescent moon high in the western sky near the Pleiades. The moon reaches first quarter phase March 4 at 12:46am. View the full moon on March 10. It rises sometime after 7:18pm depending upon the surrounding landscape and becomes full at 8:38pm. The bright star near the moon on the night of March 13 is Spica (Virgo). On March 17 the waning gibbous moon rises with Antares (Scorpio). Third quarter moon occurs March 18 at 11:47am. A waning crescent moon rises with Jupiter on the morning of March 22 just ahead of astronomical twilight. New moon arrives on March 26 at 10:06am.

### VERNAL EQUINOX

Spring arrives on March 20 at 5:44am. On this day the sun rises due east and sets due west. It is above the horizon for exactly 12 hours. Due to refraction of light waves around the curvature of the earth, we actually see the sun for about four minutes before it rises and after it sets. Equinoxes occur when the ecliptic crosses the celestial equator. The ecliptic marks the sun's path around the sky throughout the year. The celestial equator is an extension of the earth's equator into space. The three stars of Orion's belt sit on the celestial equator.

### CELESTIAL EVENTS

**Comets:** Find dark skies outside the city limits and look for

Comet Lulin moving westward each night. At the beginning of the month look for it below the head of Leo. Look for a fuzzy blur shining as bright as a +5 to +6 magnitude star. With binoculars or telescope, it appears as a ball with a string-like trail of dust pulled westward towards the sun. An antail may appear to the east when the comet is nearest to the sun. A few days later it passes through the center of Cancer. The comet appears much fainter by mid-month as it approaches Gemini.

**Meteor Activity:** No scheduled meteor showers occur this month, although random meteor activity may be observed at any time.

### ZODIACAL LIGHT

Imagine sunlight streaming through a window and illuminating dust particles floating in the room. In the same way, the setting sun illuminates dust particles present in the inner solar system. Near the vernal equinox, the sun's rays shoot high into the sky after sunset, and we can see this display. It is the zodiacal light. As astronomical twilight fades, look for a cone of light originating from the point where the sun set and leaning a little to the south. Best time to view is early in March before the waxing moon brightens the evening sky. Find a high vantage point with a clear view of the western sky. After March 23 the zodiacal light is visible in the morning before astronomical twilight begins.

### LOCAL STAR COUNT

Wabisabi is sponsoring an evening of stargazing, telescope viewing, and the GLOBE at Night Star Count to celebrate the International Year of Astronomy. Meet at the Ken's Lake parking lot on Saturday, March 21, at 8:10pm. Cloudy skies or inclement weather cancels the event. Follow-up dates are Sunday, March 22, or Saturday, March 28, as weather allows. Bring the star chart from this page and a flashlight covered with a red shield or a small brown paper bag. Dress warmly and bring a blanket or chair if desired. This event is free and open to all ages. Call 259-3313 for additional information.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degrees.*

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# HEALTHY HAPPENINGS

## Healing Arts

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**Healing Bodywork**  
**Nationally Certified**  
**435-260-9506**

**Massage for Sore Muscles and Pain:**

For relaxation and relief from sore muscles and sports related injuries, I use precise, thorough Western and Eastern massage techniques. Another aspect of my work is to help you de-stress. In a calm setting, I encourage the body, mind and spirit to find comfort and relaxation to encourage your healing process. I use organic aromatherapy lotion with Swedish and Polarity techniques to soothe away tension.

**Spinal Touch Alignment:**

A gentle, polarity based treatment I often combine with Chinese Acupressure (Tuina) to give the body the information it needs to correct postural alignment. This is great for Sciatica as well as many other painful situations.

**NEW! Bellanina Face Lift Massage:**

For one of the most relaxing forms of massage you will ever experience, try a Bellanina Face Lift Massage. During an hour of luxurious pampering, I use specific facial, neck and shoulder massage, and acupressure techniques with Bellanina products to distress, smooth, tone, tighten and rejuvenate. A massage of your hands and feet adds the finishing touches to this heavenly session.



**Healing Arts Massage – Studio 5**  
**Ayni Henderson, LMT, Reiki Master**  
**435-260-1002**

It is Spring Tune Up Time! Unwind and Detox with these Specials:

**Spinal Touch Treatment** aligns your hips, back & neck, relaxes your postural muscles, increases your energy, wellness & will make you feel great. When done monthly you will see healing changes in your health, attitude & energy. \$35.00

**Aqua Chi Foot Bath Detox.** Experience the Radiant Healing of an Aqua Chi Treatment.

A healing energizing Foot Bath treating your Body, Mind & Spirit. Our bodies are 70% water and by using electronically charged water conducted through the feet, the Aqua Chi will refresh and detoxify you by sending higher vibrational energy into your body. It is 35 minutes of pure relaxation & rejuvenation including a foot massage. This increased energy remains in your system, leaving you feeling better for days. \$35.00

I also practice Swedish and Deep Tissue Massage Therapy, Bowen Therapy, Reiki Energy Work, Spinal Touch Alignment, Tui Na, Craniosacral and the Aqua Chi Foot Spa. Many of my services are available in combination to meet your needs. I offer 13 years experience and 9 years in the same location. Come in and enjoy the finest lotions, essential oils, music, candles and personalized care in my serene studio. Remember, massage is not a luxury but a necessity. Please call to book your appointment, 435-260-1002. Namaste

**Ambrosia Brown, LMT ~ Studio 7**  
**True Self, "BE KIND, UNWIND."**  
**Nationally Certified, Licensed Massage Therapist**  
**(435) 260.1122**

Thai Yoga Massage ~ Deep Tissue Sports Massage ~ Hot Stones ~ Swedish Massage ~ Couples Massage ~ 60, 75 or 90 minute treatments available

Ambrosia Brown is a Licensed Massage Therapist that has been practicing in Moab at the Healing Arts Center for three and a half years. Be kind and unwind by treating yourself or someone you know to a massage!

"According to new research, studies have confirmed that massage has many health-boosting effects including reducing heart rate; lowering blood pressure; increasing blood circulation and lymph flow; relaxing muscles; improving range of motion; boosting the immune system; and increasing endorphins. A study by Beth Israel-Deaconess Center for Alternative Medicine Research and Education and the Center for Health Studies in Seattle found that massage was an effective treatment for patients will chronic lower back pain," published in this month's Ladies Home Journal. Learn more about how massage therapy enhances our health at the following website, <http://www.amtamassage.org/news/enhancehealth.html>.

Thai Yoga Massage is now available with Ambrosia and characterized as an Eastern style sports massage. This

technique has been practiced in Thailand for centuries and combines rhythmic compressions, energy balancing, soft tissue manipulations, and nurturing stretches. Sessions are performed fully clothed on a padded mat. Thai Yoga Massage is especially effective for treating areas of stiffness in the body. This form of bodywork leaves you feeling energized!

Experience a Hot Stone Massage with Ambrosia! Warm basalt stones relieve pain and relax your body on the deepest level. The stones retain heat for an extended time, offering additional comfort, warmth and balance. Be kind to yourself and others by unwinding with a therapeutic massage of your choice!

**Sarah Ball, L.M.T.**  
**Nationally Certified**  
**(435) 260-2238**

**Healing Arts Center ~ Studio 9**

Many techniques that today fall under the categories of massage and bodywork have roots in the distant past and have been utilized for centuries for their therapeutic effects. Massage, as one of the earliest corrective means of relieving pain and discomfort; uses natural, instinctive, systematic maneuvering of the soft-tissues of the body to yield a variety of positive results.

Elderly: improve circulation, reduce pain and tension, increase mobility and enhance feelings of well-being.

Sports: reduce muscle soreness, improve athletic performance, reduce injury and speed recovery.

Everyone: relieve stress and tension, increase energy, alleviate headaches, neck and back pain, promote relaxation and good sleep. No matter how well you are, a good massage will leave you feeling better!

Sarah Ball, Nationally Certified L.M.T. offers Swedish and Deep-Tissue massage tailored to your needs. Enthusiastic and committed to assisting your body towards health and vitality. Experience the benefits of massage!

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**Healing Arts Center Massage**

Lisa Albert, LMT, NCTMB 260-9506  
 Ambrosia Brown, LMT, NCTMB 260-1122  
 Ayni Henderson, LMT 260-1002  
 Sarah Ball, LMT 260-2238

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# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - March 2009

By Rob Wells

**Feb. 19 - Mar. 20 Pisces:** Happy Birthday Pisces! This is your month to shine and with the Sun and other planets in your 1st House of Self, you will be the center of attention this month. It's a mental month for you with many secrets being entrusted to you. After the 20th the Sun moves into your 2nd house of Money and your focus turns happily to your pocket book for the remainder of the month. Good news around the end of the month. A possible raise may be in your future.

**Mar. 21 - Apr. 20 Aries:** You must be careful this month and watch out for accidents to your hands and feet. Don't let yourself get run down as you could be a cold or flu magnet this month, as well. Time to relax a little more than usual, and enjoy the view. The Sun enters your sign on the 20th and the energy starts to flow again. Still, take it a little easier than your normal fire drill pace for a couple of weeks.

**Apr. 21 - May 21 Taurus:** Dream your future this month. Lay down some plans that will take all year to accomplish. With Jupiter in your 10th House of Career, that would be the most productive focus. Wait until after the 10th for any overt moves in the office. This gives you a ten day window until the 20th when the Sun moves into your Behind the Scenes house and you can slow down a bit for the next month.

**May 22 - June 21 Gemini:** Your career is popping this month. The planets are aligning to really stir things up. Don't give into the rumor mill and don't start any of your own. Avoid confrontations but don't give up any ground along the way, either. If you keep your head and your words under control you'll be very happy with the results by the 10th when the Sun moves into your Friends and Wishes house. Good times are on tap after that date.

**June 22 - July 22 Cancer:** Chances are pretty good that you'll be speaking to your church group the first two weeks of the month. Choose your first topic carefully as it could ruffle a few feathers. Whatever happens, the chances are you'll be asked to speak a second and possibly a third time. You'll be quite the hit. After the 20th the Sun moves in your Career house and you'll most likely be spending more time at the office than you usually do. It's time well spent this month.

**July 23 - Aug. 24 Leo:** Jointly held finances and assets have you burning the lights into the night as you tussle with the taxes. Take the time to get up to snuff on those changes as they could work to your advantage and the results could really surprise you. Encouragement comes from your

partner during this period. Make a point of saying "Thank You" many times. From the 20th on you find joy in higher interests like school or church. It's a lovely way to set the tone for the coming spring month of April.

**Aug. 24 - Sept. 22 Virgo:** Your partnerships are key this month. Little upsets and sudden halts and jerks continue for you. But as the Sun passes through this area of your life you get some help solving problems. Use this time well, for in three months you will pass through another testing period. After the 20th you get the opportunity to fine tune your taxes and your jointly held assets with your partner. This year savings accounts are very important. Start one.

**Sep. 23 - Oct. 23 Libra:** This month it would be a good idea to get your health checked. The 8th could find you run down and wondering why. Avoid getting chilled, overly excited or angry on that day as it could cost you later. This is doubly warned if it happens in the work place. After the 20th the warming rays of the Sun enter your house of Partnerships as you near the holiday season for this spring. As always you can look forward to a great time.

**Oct. 24 - Nov. 22 Scorpio:** Just when you think that your love life has flagged, tanked and drawn its last breath along comes this month's aspects to breathe new life into what has felt like a lost cause for far too long. Get out there and be seen. Stop hiding from the world, Scorpio. The 20th finds the Sun moving into your house of employment and health to find Venus waiting there. Good times in the office could get you a new position, a raise, or a romantic interest. It's called the "Jackpot".

**Nov. 23 - Dec. 21 Sagittarius:** Seems this month your day to day life is churned and moving with a life of its own. Surprises await you this month. Prepare for a matter that requires your attention around the 8th with regards to your living quarters. Then the Sun enters your house of Romance on the 20th energies shift to matters of springtime and love. Venus has set the stage this year for a special romantic treat, so be ready.

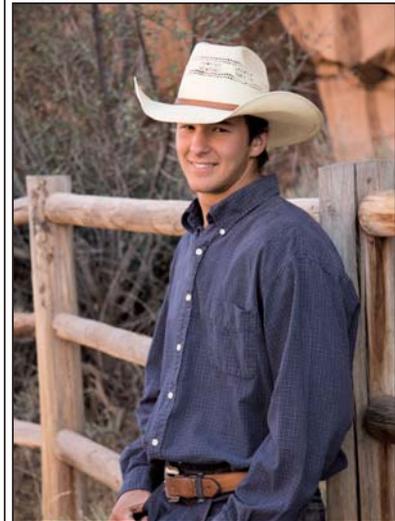
**Dec. 22 - Jan. 20 Capricorn:** March could prove to be the most active communication month you've had in some time. From the first day of the month to the last you must stay on top of all forms of communication. Careful how you choose your words this month, as you seem to have twice the verbal power. Expect some resistance at times for what you say. After the 20th the shift is to calmer waters and a slower pace for the next month. With Venus joining the Sun in your House of Home you should consider having a little party for the spring.

**Aquarius:** Your money sector gives you surprises and heart stops this month. The 8th hands you some grounding and grinding news to chew on for a day or two. Best advice for the month is to pay the bills on time and hang on to every penny after that. Put off any big purchases until the end of April. After the 20th the Sun moves into your communication house and the warm messages start rolling in for the spring holiday season. Never miss an opportunity to pass along the Love this coming month.



*Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in SLC, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life. Let me help you with your choices in life." Prices start at \$25.00. Call for an appointment, 259-7116.*

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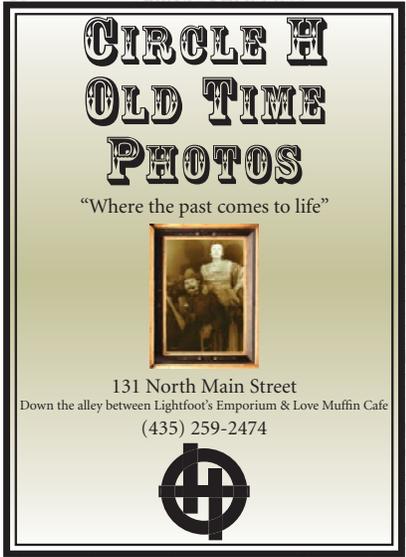
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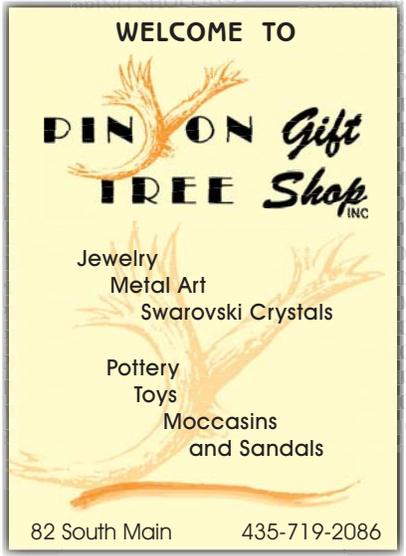


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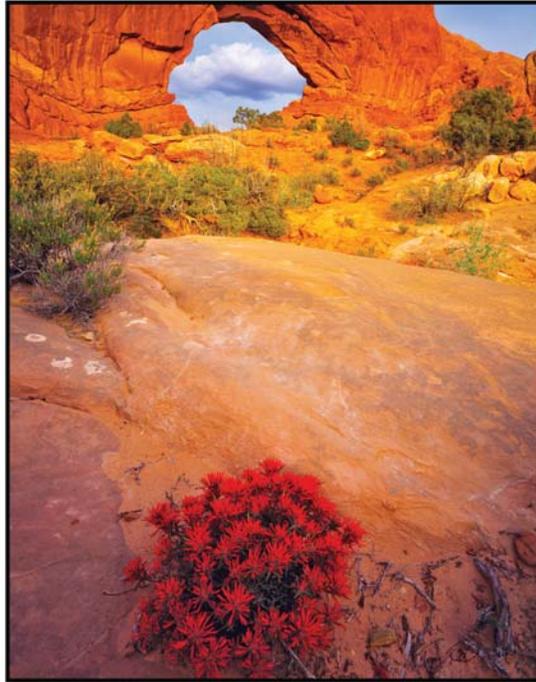
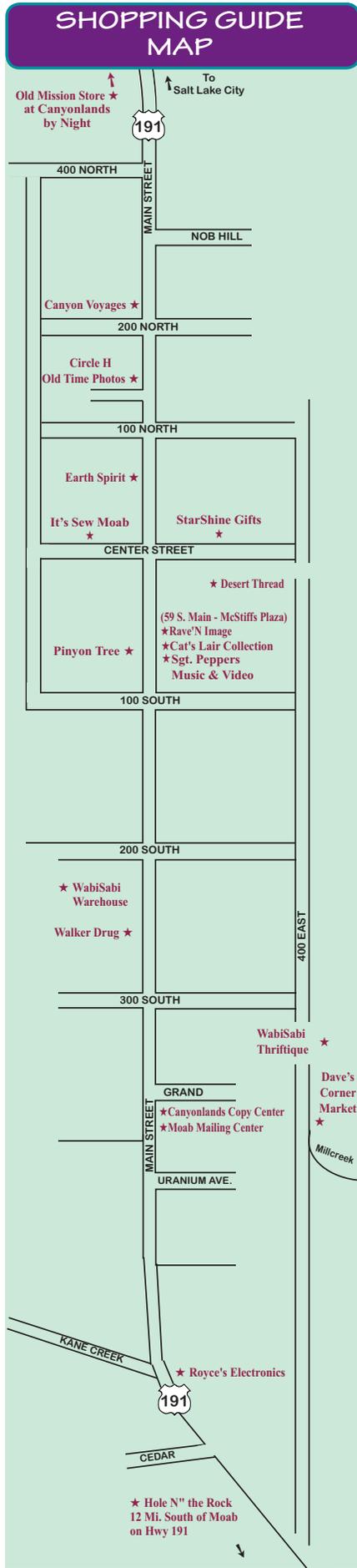
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# GALLERY HAPPENINGS

## Cat's Lair Collection

Cat's Lair Collection is a Contemporary Art Gallery in Moab, Utah.

We feature local, regional, and international artists. Here you will find sculptures, beautiful pottery, glass, wood and metal works, most unique photographs thought-provoking paintings, azurite crystal roses, hand spun wool & silk, light & color.

Moab is a small town located in the red rock desert of southwestern Utah. It is world - famous for its spectacular natural beauty and is one of the greatest places for hiking, biking, river trips and jeeping adventures. Nevertheless, in this beautiful surrounding there are many talented and devoted artists who live and work here, quietly interpreting the natural beauty around them into stunning works of contemporary art.

So, we are searching for the hidden and known talents in our region and beyond, so you, our visitors, will enjoy the refreshing experience of original art.

This month we would like to talk about 2 artists whom we enjoy to represent in our gallery.

### Ekaterina Harrison (Tatarovich)

Ekaterina Harrison was born in the Soviet Union in the city of St. Petersburg. She comes from a long line of artists. Most of her family line was involved either in the visual arts, music or the literary arts. However, she did not have much contact with most of these artists as she and her family immigrated from Russia when she was very young. She grew up in Salt Lake City and attended the University of Utah, where she received various awards and a



Still Dreaming of Tomorrow – Ekaterina Harrison

scholarship. Soon after that she heard about the Johnson Atelier, which was an internationally acclaimed sculpture school and production art foundry.

The Johnson Atelier proved to be an incredibly inspiring environment for growing up artistically and technically. There she had the opportunity to work with some of the most significant contemporary sculptors of our time. One very significant aspect of the Johnson Atelier, to Ekaterina, was that both the instructors and apprentices were artists that came from all over the world. This multicultural sharing and learning created a very vibrant and inspiring creative environment. While apprenticing at the Atelier she also apprenticed with the "Blacksmith of Trenton".

In 1996 she move west to Santa Fe and worked in another art foundry. From there she moved to La Sal, Ut. Where she has built her studio and is currently working on various commissions and a new body of work. Here she has joined the Rocky Mountain Smiths and A.B.A.N.A. (Artist Blacksmith Association of North America). She loves to improvise and continues to explore and expand her own potential by drawing on the knowledge and inspiration that these two organizations provide as well as researching and exploring other fields.

### Suzanne Storer

Suzanne was born and raised in Oregon. She received a BFA at California College of Arts and Crafts. She has done many workshops with Paul Soldner, Akio Takamori, Robert Peipenbun and Jim Romberg.

Suzanne's ceramic art centers around life itself. Animals, birds, water life and the human forms inspire her pottery and sculpture. Her southwestern style bowls and platters evolve from the spirited imagery painted and pecked into the rock walls and boulders in the desert canyons of southern Utah. Her sculpture focuses on the relationship between the female human form and rock land forms inspired by the desert canyons of Southern Utah.

This Oregon native has made her home in Utah for the last 20 years and makes her living as a professional potter.



Overhang – Suzanne Storer

As long as you are here in the gallery, check out the new and unique jewelry by Olga Martinova. Olga works at her jeweler's bench and greets her customers, who appreciate the opportunity to meet the artist and watch her work. She makes many custom beaded earrings and necklaces upon request; you can watch her make your piece while you wait.

She also spins wool and silk. Often you can see her spinning when you walk into the gallery. She will often give demonstrations to customers who has never seen this ancient art practiced in real life.

Of course we have something special for people who love to play and create with fibers - hand-spun wool and silk! We also have a nice selection of stone beads for all the people who like to express their creativity in jewelry making. If you're passing through Moab, we'd like to invite you to take a few moments to stop in and enjoy the refreshing experience of original art!...

We are located in the Eddie McStiff's Plaza, "when you see the big yellow cat above its rocky lair, you know you're in the right place!"

Cat's Lair Collection  
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[www.catslaircollection.com](http://www.catslaircollection.com)

2008/2009 **in Moab - 6th annual -**

## BANFF MOUNTAIN FILM FESTIVAL WORLD TOUR

Monday, March 9th at 7:00 pm

a program of presented by

The Banff Centre inspiring creativity [www.banffmountainfestivals.ca](http://www.banffmountainfestivals.ca)

---

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3

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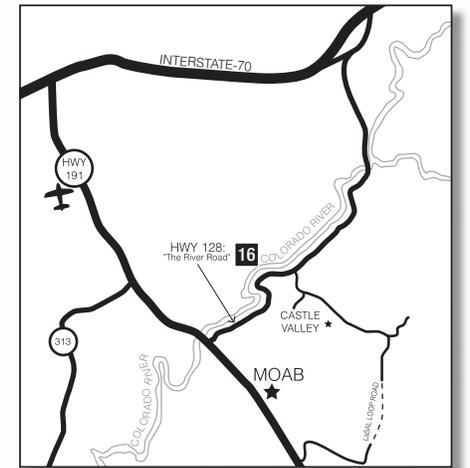
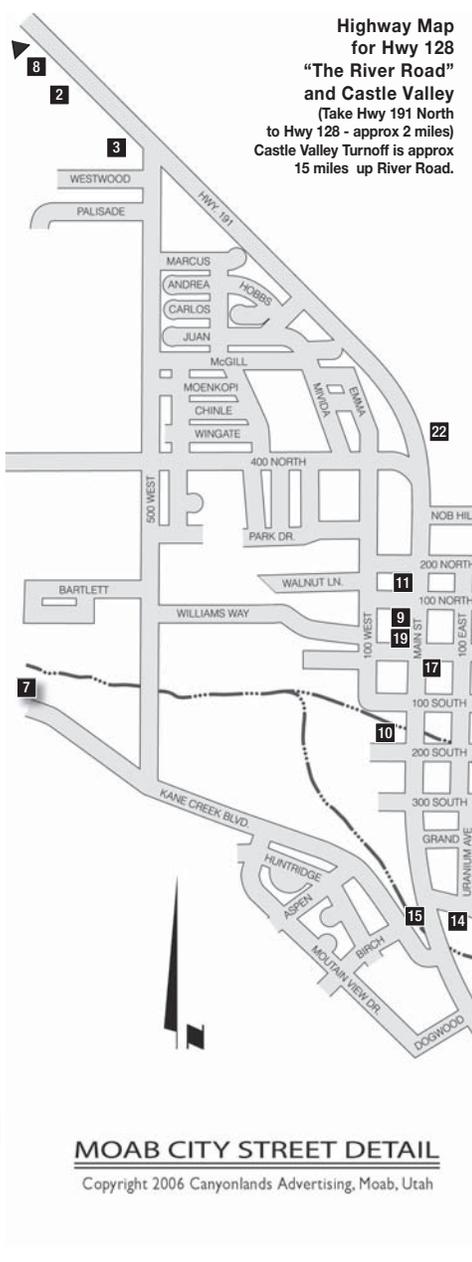
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# HISTORIC HAPPENINGS

## RIVER BRIDGE MEMORIAL

by Vicki Barker

A big boulder that tumbled from the sheer cliffs and crushed a man in a guard shack north of the Colorado River Bridge during World War II is now being considered as a site for a memorial monument.

It was a big story when it happened, and old-timers remember hearing about the tragic event as children, imagining what an awful way that would be to die. Among those children was Verlynn Westwood, who counts her family's blessings when recalling the story.

"What I remember about it was, my Uncle Neil had that job of watching the bridge every other night, and this Mr. Ellis (Otto) had taken over my uncle's shift, when the rock fell down," said Mrs. Westwood, who was born in Moab in 1936.

"I was in Moab back then, and it was important to me, and my uncle wasn't killed," she said. "Everybody in town talked about it. The news went around quickly and it was talked about all over town."

Kenny Ellis, 50, the grandson of Otto Ellis, said family still talks about the incident, which happened when his father, Raymond -- now 73 and living in Sunnyside -- was a child. Now the story is embellished with rumors of a ghost at the river and a possible plot hinting at homicide.

"I was told when I was a kid that my dad was 10, that it was his dad at the bridge, and his job was to keep the Japanese from crossing that bridge," Ellis said. "They don't know if the boulder came down by accident, or if it was on purpose. You know how those stories go...and there's supposedly a ghost that walks the river bridge. Supposedly, they didn't find the body, so that's why there's a ghost out there. It's the spirit looking for his body."

During the past year, Westwood began suggesting to local historians and public officials that the tale of the war-era guard shack should be memorialized in interpretive signage or a plaque with the name of the victim and surviving guard, Neil Westwood. The idea has been suggested as part of a larger proposal for improvements to the Lions Park area on the south side of the Colorado River Bridge and development

of a nature park with an informational kiosk on the north side of the new footbridge, which is within a stone's throw of the fatal boulder.

The new steel footbridge, several hundred yards east

of the Highway 191 vehicle bridge, was dedicated last May. Since then, the local Trail Mix organization has received grant funds as part of a long-range inter-agency effort to upgrade existing mountain-biking and hiking trails and develop pathways from north Moab to the bridges and up the river road, Highway 128.

"The long-range plan -- having bike lanes from town to Lions Park -- is to link trails further up 128 and eventually (provide) a bike lane all the way to Negro Bill Canyon, in conjunction with a shuttle concept," said Nick Eason, a longtime member of the Lions Club. About \$700,000 of the grant is specially earmarked to develop a trailhead underpass beneath the Colorado River Bridge, and a system of trails on the north side of the river, he said.

The whole system is envisioned as the northern gateway to the southeastern Utah recreational area.

Besides the Lions Club, governmental and other groups engaged in the planning include the City of Moab, Grand County, the U.S. Bureau of Land Management, the National Park Service, and the National Recreational Trails and Conservation Assistance program.

Mrs. Westwood said the guard shack that her uncle and the other fellow manned during World War II was built to ensure no disruption in the supply and transport of food and equipment for military ordnance depots, and to prisoner-of-war or internment camps that were established in the Colorado Plateau area around 1942-1945. With gas rationed and a shortage of food, her family felt fortunate because her father, Vere, and her mother, Evelyn, helped haul military supplies and therefore had enough gasoline to occasionally pile the family of nine children into the back of the truck and drive out to the river to see her uncle and haul out the fishing poles.

"I have one memory of one summer when we went fishing, we went out that way and stopped and we took him some candy -- probably hard-tack," she recalled. "We'd fill that truck full up. We'd go out and catch catfish. We supplemented our food with that."



# MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Gooseheads	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park	
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575		
Arches National Park	367	81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404		
Blanding, Utah	329	81	26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322		
Bluff, Utah	355	107	26	301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296		
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86	
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435	
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	380	390	
Canyon Rims Rec. Area	353	80	74	100	353	86		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396		
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	504	134	257	217	
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404	
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433	
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764	
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	271	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413	
Gooseheads	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277	
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127	
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297	
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246		170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241	
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331	
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400	
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397	
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121	
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393	
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433	
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270	
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294	
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344	
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245	
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363	
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		44	231	400	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119	
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348																						

# NATURE HAPPENINGS

## March of the Redtails

by Damian Fagan

If you look up into the sky at a soaring hawk and say, "Red-tailed hawk," you'd probably be right about 75% of the time. Redtails are one of the most widely distributed hawks in North America and that red tail is a sure giveaway.

This bird of prey is in the group of soaring hawks called "Buteos." Other local buteos include the ferruginous and Swainson's hawk, and broad-winged and rough-legged hawks that are migrate through or winter in the area, respectively.

The first redtail collected for science came from Jamaica, hence, its scientific name is *Buteo jamaicensis*. No, the birds don't sport dreadlocks, and their call is not, "Ya, Mon."

But if you happen to watch television, you've probably heard the plaintive "keeer-r-r-r" cry of the redtail. One of the more commonly used calls, Hollywood inserts this distinct sound even if the bird on the screen is an owl, duck or sparrow. Scientific accuracy must crowd creative genius.

Here in the Canyonlands Region, redtails are visible year round. They may start their courtship displays in March, and these include stooping flights, soaring with legs dangling and periodic calling. Though redtails probably mate for life, they do not spend all their time together. And if one mate dies, the survivor finds another partner. Nature's mantra, "Survival of the species

must continue," influences this action.

The answer to where to find redtails is simply, "Pretty much anywhere." In the sparse and open Cisco Desert, red-tailed hawks build nests in low junipers or on narrow ledges of cliffs. Out there, territories of redtails and ferruginous hawks may overlap and the birds are tolerant of their neighbors. This is because the two prey on different groups. Ferruginous



hawks take primarily prairie dogs while the redtails work the mice and rabbit populations.

In the canyons you might find redtails nesting on a ledge or within the protective confines of a large alcove. Redtails like their nest site to be open not tucked into a small alcove like a raven's nest often is. Look for a cluster of sticks projecting from the ledge and maybe some whitewash down below, a definite clue. When the young are in the nest their tendency is to back up to the edge and poop over the side. This whitewash rains down and stains the wall below the nest. Searching for these obvious patches of white on the redrock walls is a good starting point for locating a nest.

Then again, the birds may select a large cottonwood or conifer in which to build their nest. A bit harder to locate, these large nests are usually high up in the tree and screened by branches. These tree sites and the canyon wall nests may also be in close proximity to another bird of prey, the great horned owl.

Though the two species tend to share the same prey base (rabbits), their hunting periods of day for the hawks and night for the owls, tends to separate the birds and minimize conflicts. Of course, since great horneds eat everything, they have been known to dine on redtail hawk nestlings.

But like the owls, redtails are not parochial in their diets. They consume gopher snakes and rattlesnakes, mice, ground squirrels, rabbits, bats, waterfowl, small birds, grasshoppers, toads, and turtles. And that's just for starters. I've seen these hawks carrying limp snakes in their talons, and I've always wanted to see one drop the snake onto the slickrock like a gull dropping clamshells on coastal rocks. Sandstone, the avian meat tenderizer.

There has been a certain level of daring or maybe desperation on the part of the redtail who carries rattlesnakes back to the nest. "Hi Honey, look what I got!" may not win too many partner points if the snake is still alive. Kids definitely do not try this at home.

So this March think red while hiking in Canyon Country. Not only will there be splashes of red on the ground with the Indian paintbrush, Utah penstemon and hedgehog cactus in bloom, but also there should be some up, soaring as well.

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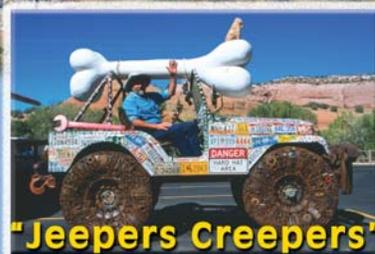
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