

ADULTS RIVER ADVENTURES

591 World-famous scenery and a barbecue lunch rafting the Colorado River. 8:00am - 4:00pm (min age: 5) FULL-DAY RIVER ADVENTURE

COLORADO RIVER A.M. HALF-DAY Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)

\$49

098

Raft from Rocky Rapid to Takeout. Includes BBQ lunch COLORADO RIVER P.M. HALF-DAY along the river. 10:45am - 4:00pm (min age: 5)

S61

S71

Enjoy exciting whitewater rapids & lunch in this unique WESTWATER CANYON FULL-DAY Canyon. 7:30am - 6:00pm (min age: 10)

\$180 \$180

Transportation, board rental, instruction, guide, snacks STAND UP PADDLEBOARDING and water are included. (min age: 10)

62s

ADULTS HUMMER SAFARIS

Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 1pm (2 hrs) SLICKROCK SAFARI

Further explore the backcountry in the world's most GRAND SAFARI

s173 s125 serious 4x4. Departure times vary by season. (4 hrs) SUNSET SAFARI

The ideal time of day for the perfect off-road experience

over petrified dunes and desert scenery. (3 hrs)

57

MOUNTAIN BIKING

s110 s95 Easy to moderate rides. Enjoy scenic desert and red rock Relaxing downhill ride w/ breakfast. Enjoy grand vistas CANYONLANDS SUNRISE DOWNHILL oasis. Includes bike rental, helmet, water. (4 hrs) HALF-DAY MOUNTAIN BIKING

ARCHES N.P. TOURS

at every turn. Departure times vary. (5 hrs)

ARCHES FIERY FURNACE HIKE

391 Explore a maze of astounding hidden chasms with one of our guides on this unique hike . 7:15am - 12:30pm

ARCHES SUNSET TOUR

s77 s53 Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)

698

AND SAVE 10%

435-259-7019 MoabAdventureCenter.com

FOR ADVENTURE ONE STOP

Jome visit us at 225 S. Main Street

ZIPLINE & ROPES

Glide over the sandstone fins and gaps with a series of zip line cables and bridges. (min. age 9)

668 EPHEDRAS GROTTO CANYONEERING xcellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10) limbing, instruction, and fun on rope and rock! All quipment provided. 5 hrs (min age: 5) DESERT ROCK CLIMBING

\$84

09s 09s Challenge course, safety gear & instruction, and southern Utah's highest swing! 2 hrs (min age: 10) HIGH ROPES COURSE

FLIGHTS & HORSEBACK HOT AIR BALLOON RIDES

\$295 \$295 \$246 \$246 \$100 \$100 5 hours plus instruction on horses, with a stunning red from an unforgettable perspective. (Approx 3.5 hours) ASTLE VALLEY HORSEBACK RIDE ANYONLANDS & ARCHES FLIGHT e all highlights of Arches & Canyonlands NP in just er an hour with a bird's eye view! Departs 8:45am Soar over the sandstone valleys and spires of Moab

ETBOAT TOURS & MORE rock backdrop. Departs 8am (min age: 8)

JETBOAT 3 HOUR FUN RUN TOUR uise the Colorado River near Canyonlands NP. Departs 8am, 1pm (3 hrs)

69s 62s 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP. UNSET JETBOAT & DINNER DINNER & NIGHT SHOW

EEP RENTALS

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698 698

I hr Dutch-oven dinner plus 2 hr light show on slow-

moving boat ride on the Colorado RIver.

ADVENTURES

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MOAB HAPPENINGS

MOAB HAPPENINGS®

Moab Happenings is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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Colorado Grand Auto Tour Stopping in Moab

Mike Badger, of the Moab Rotary Club is proud to announce the return visit of the famous Colorado Grand Auto Tour which will feature over 95 vintage race cars. This will be the 28th Annual Tour featuring many cars worth several millions of dollars...and you get to get your picture taken with them! This exclusive auto tour will be hosted in Moab by the Rotarians with the lunch catered to the Tour members by Sweet Cravings on September 14, 2016 at the Rotary Park starting at 11:30 am as the cars begin arriving and lasting two hours.

"This is truly a rare opportunity to see up close a large collection of cars from around the world!" said Mike.

This unique event is open to the public to view the cars and talk with the owners, who come from great distances to participate in this four day tour through the

Four Corners region. The trip starts and ends in Vail, Colorado. For more complete information and pictures, please visit the website at: www. co1000.com

The Colorado Grand is the oldest and most exclusive tour of its type in the country, featuring an "ever-changing collection of cars," says Michael Kunz, manager of Mercedes Benz Classic Center and a Grand sponsor. On any given tour, you might see a car worth up to \$40 million, like a one-of-a-kind 1955 Mercedes SLR w196 which is usually protected in a garage. No matter the price, all the vehicles are very interesting, rare and fun to watch. "You'll see and think: there's just one of those in the world, and that's it going by ME!" Kunz says.

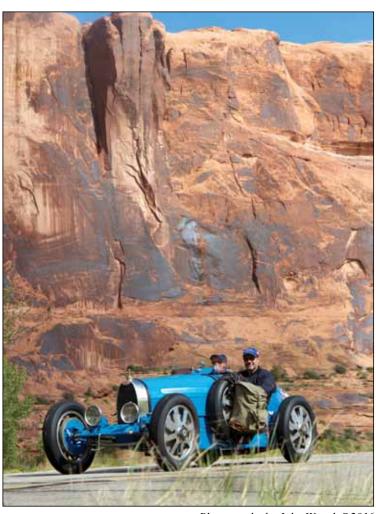
In the history of the Tour, the participants have donated over \$5 million to the communities that they have visited, to show their support to the local communities. For the Moab community, they have offered a \$8,000 scholarship to USU-Moab for a Grand County high school graduate; and a grant application opportunity of \$15,000 for the Moab Free Health Clinic. Local businesses are also donating to the event, for example Aarchway Inn is providing tables and chairs for the event at no cost.

There is even great entertainment being provided by the Millcreek Station Band featuring Steve Hawks and Scott Crane.

Public parking will be limited for residents during the two hour event. **Visitors are encouraged** to park on Locust Lane or in the LDS parking lot and walk through the Red Rock school grounds **to see the cars on display**. Please limit visitor traffic on Millcreek Drive. The Tour will start leaving for the next leg of the journey about 1:30pm. Many people like to experience this part of the Tour when the drivers do the: "start your engines" of the race cars!

Event Summary Colorado Grand Tour Moab Rotary Park/Red Rock School Grounds September 14, 2016

Arriving around 11:30am Departure 1:30pm



Photography by John Waugh ©2016

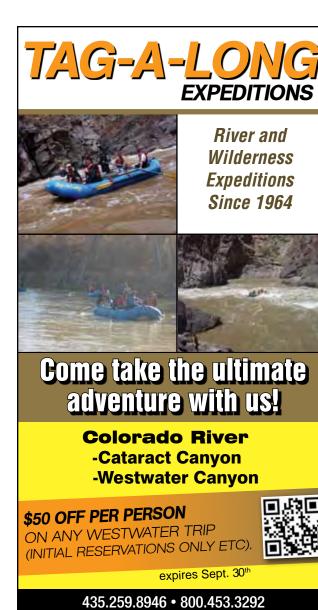




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www.moabhappenings.com • September 2016 • 3A

WILD WEST HAPPENINGS

Learn the "Daily" in One Easy Lesson



Lovingly penned by Swirlin' Eddy for Wild West Voyages

It has come to my attention that many folks, visitors and residents alike, want to raft / kayak / stand up paddle/ couch surf the Colorado River near Moab but face the awkward situation of not having three hands. The result of this unfortunate truth is that for those who don't know the river like the back of their hand (ha), fumbling with a map while managing all this equipment just doesn't pan out. So, how does one remember the names of the rapids and which one comes next?

Fear not! A river guide at Wild West Voyages recently told me an acronym they created for trainees and renters to use until the river becomes ingrained in their hearts and brains. Here it is, revealed to the public for the first time:

Old People Need Red Wigs Sometimes. (I mean, don't they)? These words serve to remind us of the order of fun: Onion Creek, Professor, New, Rocky, Whites...and (sometimes, at lower water) Salt Wash.

Easy-peasy. Now you know. Git yer gear and git rigged. Now...LET'S GO BOATIN'!

Wild West Voyages offers guided daily river trips, equipment rentals and river shuttle service. Raft, kayak, or stand up paddle: All Trails Lead to the River! Give them a call at 435-355-0776 to arrange your river day, or visit www.Wildwestvoyages.com.

Check out Swirlin' Eddy's River Blog at http://www.wildwestvoyages.com/swirlin-eddy-s-river-blog.html





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MOAB AREA EVENTS CALENDAR



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September Events

Sep 1 Yoga Playground- at Moab Yoga from 5:30-6:45pm. Expand & deepen your practice with challenging poses in this intermediate- to advanced-level class. Chrissy Sloan, trained in Anusara & Hatha yoga methods. Appropriate for students with average fitness & a consistent yoga practice. 37 E Center St, www.moabyoga.com

Sep 1-12 Moab Music Festival. The 24th annual festival features music in concert with the landscape. Chamber music, jazz, Latin and traditional music. For tickets and program: www. moabmusicfest.org. See ad & article pg 9A.

Sep 1 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South. See ad this pg, article pg 17B

Sep 1 Schubert/Beatles, Star Hall, 7:30 pm Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org

Sep 1-15 Moab Music Festival Instrument Art Auction- For more info visit moabmusicfest.org/instrument-art-auction or call 435-259-7003. See article pg 9A.

Sep 2 Jurassic Walk and Talk at Mill Canyon Tracksite. Join a BLM paleontologist for a free walk with dinosaurs at 9 am. After daytime adventuring, bring the kids by the Moab Information Center at 6 pm for "Fun with Fossils"—a free hands-on learning activity led by a paleontologist. For directions and additional info, see page 3B or call the BLM at (435) 259-2100.

Sep 2 Special Lecture with Dave Manley- at 6:00 p.m. on the photography of his new book Ancient Galleries of Cedar Mesa. Held at the Moab Information Center, corner of Center & Main Streets.

Sep 2 Opening Night: Spanish Gold. Star Hall, 7:00 pm Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org Moab Artist Studio Tour reception before and at intermission.

Sep 2 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

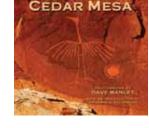
Sep 2-6 RR4W Labor Day Campout- Annual event hosted by Red Rock 4 Wheelers. see details in Jeep Safari Magazine p.64,65 or visit rr4w.com to register.

Sep 3 Jurassic Walk and Talk at the Mill Canyon Bone Trail. Join a BLM paleontologist for a free walk with dinosaurs at 9 am. After daytime adventuring, come by the Moab Information Center at 6 pm for "Bones, Stones, and Fossil Zones"—a free paleontology talk about the Moab area's dinosaurs. For directions and additional information, see page 3B or call the BLM at (435) 259-2100.

Sep 3 Book signing with Dave Manley- at Arches National Park Bookstore from 9-11am.

Sep 3 Book signing with Dave Manleyat Canyonlands National Park: Island in the Sky Bookstore from 1-3pm.

Sep 3 Gravel Pit Lanes - 7pm No-Tap Monte Carlo, Moab Style! We throw some colored pins into the mix. Get a strike on colored pin combinations & win from \$1 to \$25. We match you with a random secret partner every game to



give you even more chances to win \$\$\$. Call (435) 259-4748 to reserve a spot - only 12 lanes available.1078 Millcreek Drive.

Sep 3 Pacquito D'Rivera Ensemble, Red Cliffs Lodge, 6pm Part of the Moab Music Festival concert season. For tickets: moabmusicfest.org

Sep 3 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 3 Night Sky Program at Hovenweep National Monument-bring a small flashlight with red covering, blanket, & sense of wonder. Times vary so call 970-562-4282 ext 10.

Sep 3-4 Moab Artists Studio Tour. Visit artists in the native habitat in Moab & Castle Valley. Twelve artists will open their studios Saturday and Sunday from 10am - 4 pm. For maps visit: www.moabstudiotour.com free admission, see article on pg 5B, article pg 17A.

Sep 4 Jurassic Walk and Talk at the Poison Spider Dinosaur Trackway. Join a BLM paleontologist for a free walk with dinosaurs at 9 am. After daytime adventuring, come by the Moab Information Center at 6 pm for "Dino Tracks and Facts"—a free paleontology talk about dinosaur tracks found in the Moab area. For directions & additional information, call the BLM at (435) 259-2100.

Sep 4 Open Rehearsal Conversation, Star Hall, 11:00 am Free admission, Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org

Sep 4 Clarice Assad + OFF THE CLIFF, Red Cliffs Lodge, 6pm Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org

Sep 5 LABOR DAY

Sep 5 Rocky Mountain Power Family Concert, 2:00 pm Free admission, Old City Park. Part of the Moab Music Festival concert season. www. moabmusicfest.org

Sep 7 Toastmasters - is a self-paced public speaking club. Held at Zions Bank Building at Noon on the first & third Wednesday of each month.

Sep 7 Swing Dance Night at Club Rio - learn to Swing Dance! Join us every 1st & 3rd Wednesday night brought to you by the Moab Swing Dance Community. Beginner lesson at 7pm for just \$5 (no experience or partner necessary!) & dance the night away to sweet swing & blues tunes. Social dancing from 8pm-10pm is always FREE to all, ages 21+. (2 S. 100 West.) 435-225-6248

Sep 8 Yoga Playground- at Moab Yoga from 5:30-6:45pm.Expand & deepen your practice with challenging poses in this intermediate- to advanced-level class. Chrissy Sloan, trained in Anusara & Hatha yoga methods. Appropriate for students with average fitness & a consistent yoga practice. 37 E Center St, www.moabyoga.com

Sep 8 Artists' Soiree- please join artists & art supporters for the evening. Eat! Drink! Smooze! 6pm at the Moab Arts & Recreation Center, 111 E. 100 North.

Sep 8 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 8 Rock the Mic: An Open Mic Event- 8pm at the Moab Arts & Recreation Center (111 E 100 N). Sing/spit, swing/spin your way into the weekend. All art forms welcome, first time sharers encouraged! Please be punktual! Facebook: https://www.facebook.com/events/284100171960008

Sep 8 "Celebrating Life in Recovery"- join founder Cheri Peters, an addictions expert known & loved around the world. Hear her speak at 7pm at the Moab Regional Hospital, 450 W. Williams Way. To pre-register: Mary 435-260-8499.

Sep 9 Utah Cultural Alliance (UCA)- will be shining a light on the Arts in Moab. All Artists & Art Lovers should join this great networking lunch from 12-1pm & Advocacy Training from 1-2pm. Held at the Moab Arts & Recreation Center, 111 E. 100 North.

Sep 9 19th, 20th and 21st Century American Masters, 7pm, Star Hall. Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org

Sep 9 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 9 Outdoor Movie: She Wore a Yellow Ribbon, starring John Wayne- at the Moab Information Center, corner of Center & Main Streets, 8pm. Free to the public.



DEADLINE for OCTOBER Events Calendar: SEPTEMBER 20, 2016

Listings in the *Moab Happenings* Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

email: info@moabhappenings.com

www.moabhappenings.com

Moab Happenings • September 2016 • 5A

2016 EVENTS

September Events (continued)

Sep 9-11 Mountain States Ranch Rodeo Series Finals- an American Heroes Salute in Montrose, Colorado. Tickets sold at gate! Adults \$10, Students \$5, kids 6 & under free. For info: 970-240-4176 or mountainstatesranchrodeo.com

Sep 10 Renee Rosnes Quartet, Sorrel River Ranch, 6pm Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.

Sep 10 Indian Summer Festival & Car Show-10am-3pm at Veterans Park, Monticello, Utah. Sponsored by the Monticello Rotary Club. Dutch Oven Cook-off, Car Show, Rummage Sale. For info call Wayne 435-419-0271 or Jennifer 435-419-0749.

Sep 10 Big Horn Gallery Reception- 10am-3pm come meet the Moab Pastel Guild artists. The Big Horn Gallery is located at the Dead Horse Point State Park's visitor center. Admission is free to those attending the reception. See article pg 9B

Sep 10 Art Walk - You can enjoy Art Walk on the second Saturdays of April, May, June, September, October & November, from 6-9pm. Visit up to eight different venues, see & appreciate many different art displays & enjoy refreshments. For info visit moabartwalk.com or call 435-259-6272. See ad & article pg 8A.

Sep 10 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 10 Gravel Pit Lanes - 7pm No-Tap Monte Carlo, Moab Style! Call (435) 259-4748 to reserve a spot - only 12 lanes available.1078 Millcreek Drive.

Sep 10 Moab Bike Patrol Training- Moab Bike Patrollers assist riders with bike repair & first aid. They also work on trail projects & provide information about riding options & trail use. Learn more at moabbikepatrol.com. Email Russ at moabbikepatrol@gmail.com regarding the training & membership.

Sep 10 Vietnam Veteran Appreciation Ceremony-11am in Ferron, Utah. Breakfast, Parade, Field of Flags Ceremony, & awards.

Sep 10 Night Sky Program at Hovenweep National Monument- bring a small flashlight with red covering, blanket, & sense of wonder. Times vary so call 970-562-4282 ext 10.

Sep 10-11 Steak & Suds, Moab Golf Tournament

Sep 10-18 Eighth Annual Grand Canyon Celebration of Art- for one week, artists gather and capture the splendor of Grand Canyon through plein air paintings. They will paint at various locations along the North & South Rims, Phantom Ranch & Indian Garden. Join us for the celebration of their work at the opening of the exhibit & sale at Kolb Studio on September 17 from 5-7pm. Proceeds from art sales help fund a permanent art venue at Grand Canyon. For info: Phil Payne 928-638-7021 or ppayne@grandcanyon.org.

Sep 11 Closing Night:Ars Longa, Vita Brevis, 7pm Star Hall. Part of the Moab Music Festival concert season. For ticket and program info: moabmusicfest.org

Sep 12 Level 2 Yoga: Mondays- 10-11:15am, at Moab Yoga, 37 E. Center St. For those with a yoga background seeking something new - Check out these playful, powerful sequences & watch yourself do things you never thought possible! More info at www.moabyoga.com.

Sep 13 Yoga for Beginners- 8:30-9:45am, at Moab Yoga, 37 E. Center St. This is a slower paced class for those wanting to explore yoga for the first time or review foundational poses. Special rate of \$30 if you sign up for all 4 classes or just drop in anytime! More info at www.moabyoga.com.

Sep 13 Sheng Zhen Healing Gong - is a moving & non moving meditation class for self healing, with certified teacher Lisa De Rees from 1:00-1:45pm, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678.

Sep13 Moab Garden Club- 6:30pm. This month we are holding our meeting the second Tuesday not the first. Rhonda Gotway, 4065 Easy St, will be our hostess. Rhonda has expanded her CSA gardens, added more bee pollinator plants & has a lot to tell

us. Her home & gardens reflect her efforts to save the bees & practice land stewardship. If you have questions please email Moabgardener@yahoo.com

Sep 14 Colorado Grand Auto Tour- 11:30am-1:30pm across from Rotary Park. An annual charity tour for 1960 & earlier sports & race cars of distinction. See article pg 2A.

Sep 14-Dec 14 "Celebrating Life in Recovery"- a free biblically-based 14-week program designed to help people step into recovery from substance addiction, anger, abuse, anxiety & other challenges preventing healthy relationships. Sponsored & hosted by Seventh-Day Adventist Church, 4581 Spanish Valley Dr. Contact Mary, 435-260-8499, to register.

Sep 14-18 Utah Navajo Fair "Saluting History & Diversity & Opportunity"- Carnival, Health Fair, Vendors, Pow Wow & much more. For info: utahnavajofair.com

Sep 15 Yoga Playground- at Moab Yoga from 5:30-6:45pm.Expand & deepen your practice with challenging poses, intermediate- to advanced-level class. Chrissy Sloan is trained in Anusara & Hatha yoga methods. Appropriate for students with average fitness & a consistent yoga practice. 37 E Center St, www.moabyoga.com

Sep15 Free Movie! Compared To What: The Improbable Journey of Barney Frank- A

"charming" & "hilarious" portrait of recently retired Congressman Barney Frank, one of America's most well-known & least understood political figures. Join us for a post-film Q&A with local film-makers Sheila Canavan & Michael Chandler. Presented by the Grand County Public Library & the Utah Film Center. 7 pm at Star Hall 159 E. Center St. For info: 435-259-1111.

Sep 15 Farm to Table Three Course Dinner Cooking Class. Join Tamara Goodenbour for a fun farm to table three course dinner for all cooking levels. Tamara will share her love of conscious food that is full of flavor! She is a certified sous chef & recent graduate from the Colorado Mountain College in culinary arts with over 20 years of experience in restaurants. 6-7:30pm at the Youth Garden Project kitchen. Please sign up at Moonflower Community Cooperative, as class size is limited.

Sep 15 Lecture Series: David Yoder ~Fremont Figurines: Little Artifact, Big story ~ The Fremont (a prehistoric Native American culture) lived in Utah around 1000 years ago. These people made amazing human shaped clay figurines; some exquisitely decorated with painted tattoos, appliqued hairstyles, and jewelry, while others were plain and crude. Join me for an hour as we explore this cultural phenomenon. We'll view photographs of figurines from around the Fremont world and hear why these people may have made and used these intriguing artifacts. Sponsored by Canyonlands Natural History Association & the Museum of Moab. 6pm at the Moab Information Center, corner of Center & Main.

Sep 15 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 15-17 The San Juan ATV Safari- is an incredible three-day adventure that will leave you breathless. From the top of the Blue Mountains in the center of San Juan County to the depths of the surrounding canyons, this ATV extravaganza will surround you in the beauty and excitement available only in the Canyonlands Country of Utah. ATV enthusiasts will experience three fantastic days of world-class riding with a banquet and entertainment at the close of the event. This annual ATV rendezvous will be something you will not want to miss! Call: 1-800-574-4386 or email ATV@ sanjuansafari.com. See ad pg 2A, article pg 19B.

Sep 16 Dinosaur Tracks Paleontology - Join Canyonlands Field Institute on this day-long tour from Moab. We will visit some of the most spectacular of the Moab area's many dinosaur footprint sites of the Jurassic & Cretaceous periods, seeing tracks left by carnivorous & herbivorous giants! Bring a camera & be prepared to walk where dinosaurs roamed millions of years ago. For info: 435-259-7750 or go online at cfimoab.org

Sep 16 Youth Garden Project's Garden Dinnerthe last dinner of the season with guest chef BC LaPrade of the famous Milt's Stop & Eat! Enjoy a 4-course meal featuring locally sourced produce, meat & garden herbs. This is a unique dining experience where guests are seated at tables in nooks throughout the garden to savor all the flavors in this one-of-a-kind meal. Reservations are required & tickets are \$50/person. Proceeds support YGP programs. RSVP by September 14th at 435-259-2326 or online at www.youthgardenproject.org/ gardendinners.

Sep 16 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Green River Melon Days Festival



Though many saw little value in terms of farmland in the area, Green River's dry climate and sandy soil make for excellent melon growing. In 1907 Melon Days began as a fruit festival in celebration of Green River and its remarkable agriculture. The town crowned its first Melon Queen and added a parade to the annual festivities in 1947. A famous watermelon slice was originally built in 1960 to be a float in the Melon Days parade and also served as a concession stand. It is still used today for the parade, but is pulled by a truck since it no longer runs on its own. Today, Melon Days is still celebrated every year on the third weekend in September; this year the festivities fall on September 16-17th. The weekend-long event attracts thousands of people to town for live music, square dancing, a parade on Broadway and Main Streets, the Melon Queen Pageant, melon-themed games, free melon in the park courtesy of the local growers, and much more!



Melon Days Festival Schedule

FRIDAY, SEPTEMBER 16th

9am 3-Man Scramble golf tournament

7pm Square dancing at the park

7pm Queen Pageant at Green River High School

9pm Bands at the park

NOON-DARK Vendors at the park; and Softball tournament

SATURDAY, SEPTEMBER 17th

7am 5K Melon Run; Boy Scout pancake breakfast

10am Melon Days Parade

12pm Shooting tournament

11am-3pm: Car Show at Bookcliff Elementary

4pm Car Show "Melon Cruise"

5pm Concert at the park "This is Your Band"

8pm Square dancing at the park

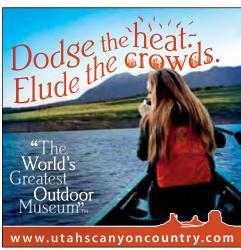
ALL DAY Vendors, music & entertainment at the park; Softball tournament; Chalk the Museum

For the full schedule and more information visit melon-days.com

6A • Moab Happenings

MORE MOAB AREA EVENTS







660 West, 400 North, in Blanding, Utah. For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload \$3 Children 6-12 Tour Buses \$3 per person Annual Passes are \$75 Park Hours: Mon-Sat 9am-5pm Sunday 12-4pm

Closed: Thanksgiving, Christmas & New Year's Day

Moab Golf Course Scenic 18 Holes



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182 N. 500 W. 435-259-6623

Lunch: Mon., Tues., Wed. & Fri. under 60 \$6.00, over 60 \$2.50 suggested donation.

September Events (continued)

Sep 16-17 Green River Melon Days- parade, music, square dancing & much more. For info: melon-days.com. See ad pg 7B article pg 5A.

Sept. 16-17 Chalk the Museum. Transform the John Wesley Powell River History Museum in Green River into a vibrant outdoor gallery at the first ever Chalk the Museum! We will provide each participant with chalk to draw their own mural on the exterior of the museum. All ages & abilities are welcome at this Melon Days event! For information or to pre-register: johnwesleypowell.com/engaging-the-public/events.

Sep 17 Chaco Canyon and the Rise of Complexity in the Middle and Northern San Juan Regions, Susan Ryan, 2 pm Edge of the Cedars State Park Museum, Blanding. See ad on p.8A

Sep 17 Night Sky Program at Hovenweep National Monument- bring a small flashlight with red covering, blanket, & sense of wonder. Times vary so call 970-562-4282 ext 10.

Sep 17 Gravel Pit Lanes - 7pm No-Tap Monte Carlo, Moab Style! Call (435) 259-4748 to reserve a spot - only 12 lanes available.1078 Millcreek Drive.

Sep 17 Contra Dance- 8pm with music by the Moab Community Dance Band. Beginning dancers workshop 7:30pm. Absolutely no experience or partner needed. \$7 suggested donation benefits Moab Music Festival Educational Outreach Program. Located at the Moab Arts & Recreation Center, 111 E. 100 North.

Sep 17 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 18- 24 Archaeological Survey & Mapping in Southeast Utah- for more information or to register www.fourcornersschool. org.

Sep 19-23 Solihull Society Land Rover National Rally- Events include driver education, trail runs, vendor and social events. For more info visit landrovernational rally.org or call 303-455-1719.

Sep 19 Level 2 Yoga: Mondays- 10-11:15am, at Moab Yoga, 37 E. Center St. For those with a yoga background seeking something new - Check out these playful, powerful sequences & watch yourself do things you never thought possible! More info at www.moabyoga.com.

Sep 20 Yoga for Beginners- 8:30-9:45am, at Moab Yoga, 37 E. Center St. This is a slower paced class for those wanting to explore yoga for the first time or review foundational poses. Special rate of \$30 if you sign up for all 4 classes or just drop in anytime! More info at www.moabyoga.com.

Sep 20 Sheng Zhen Healing Gong - is a moving & non moving meditation class for self healing, with certified teacher Lisa De Rees from 1:00-1:45pm, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678.

Sep 21 Toastmasters - is a self-paced public speaking club. Held at Zions Bank Building at Noon on the first & third Wednesday of each month.

Sep 22 Yoga Playground- at Moab Yoga from 5:30-6:45pm. Expand & deepen your practice with challenging poses in this intermediate- to advanced-level class. Chrissy Sloan, trained in Anusara & Hatha yoga methods. Appropriate for students with average fitness & a consistent yoga practice. 37 E Center St, www.moabyoga.com

Sep 22 Moab Backyard Theater - Magic Night with the awardwinning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sept. 22 Lecture Series: Seth Jarvis ~ Our National Parks-Celebrating the Centennial, Preparing for the Bicentennial

~ Join the Director of the Clark Planetarium (in Salt Lake City), Seth Jarvis, as he takes us on a journey through the stars to celebrate the 100th birthday of the National Parks system! Seth Jarvis has been an enthusiastic, amateur astronomer since he built his first telescope at the age of 12. He started working for the Hansen Planetarium in Salt Lake City as an usher in 1978. He then went on to be one of the planetarium's first "AstroVan" outreach astronomy lecturers and traveled to rural Utah schools. Seth became the director of the Clark Planetarium when it opened in 2003. He is the author of several programs that now play in planetariums & science centers around the world. Come explore the night sky & learn what the stars have to teach us! Sponsored by Canyonlands Natural History Association & the Museum of Moab. 6pm at the Moab Information Center, corner of Center & Main.

Sep 22-25 Moab Festival of Science- Connecting & inspiring the citizens of Eastern Utah, particularly youth, with the wonders of science & the joy of scientific discovery. For info email moab. scifest@gmail.com. See ad pg 18A, article pg 19A.

Sep 22-25 Skydive Moab's Mother of All Boogies-13th annual Skydiving Festival invites skydivers from all over the world to converge on beautiful Moab for 4 full days of high altitude

skydiving from turbine aircraft! Non-skydivers are welcome as spectators & will have to opportunity to make a tandem skydive during the event if they choose. For info: motherofallboogies.com or call 435-259-5867.

Sep 23 Moab Festival of Science- UMTRA Site Tour, 10am, Meet at Lions Park Transit Hub. Free Tickets Requied (pick up at Canyonlands Copy Center or Grand County Public Library). Geology of the Colorado Plateau, 4pm, Star Hall. Connecting & inspiring to the wonders of science. For info, email moab.scifest@gmail.com. See ad pg 18A, article pg 19A

Sep 23 Dancing with the Moab Stars 2016- based on the popular hit TV show, Dancing with the Stars, held at Grand County High School. Don't miss this fun community event, dance competition, & MVMC fundraiser. Tickets on sale at Wabi Sabi, Back of Beyond Books & Moab Valley Multicultural Center. (\$13) For info 435-259-5444. See ad & article pg 21B

Sep 23 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm

\$5. Behind Zax at 56 W 100 South.

Sep 23 Outdoor Movie: Rio Grande, starring
John Wayne- at the Moab
Information Center, corner
of Center & Main Streets,
7:30pm. Free to the public.

Sep 23-25 Red Rocks
Amateur Golf Tournament
Moab Golf Course, 259-6488



Sep 24 National Park Fee Free Day -The National Park Service turns 100 years old in 2016 & they want everyone to join the party! On 16 days in 2016, all National Park Service sites that charge an entrance fee will offer free admission to everyone. For more info visit nps.gov/findapark/feefreeparks.htm.

Sep 24 Night Sky Program at Hovenweep National Monument- bring a small flashlight with red covering, blanket, & sense of wonder. Times vary so call 970-562-4282 ext 10.

September 24 Canyonlands Field Institute
Public Lands Day Cleanup – Join CFI for a
fun volunteering opportunity to keep our public
lands clean. We will be picking up trash along our
stretch of Highway 128, as well as, focusing on our
Professor Valley Field Camp, which is a Hands on
the Land (HOL) site. For info: 435-259-7750 or go
online at cfimoab.org.

Sep 24 Moab Festival of Science- Story time with Melissa Marsted, 10:30am, Grand County Public Library. STEMonstrations (hands-on science activities), 11am-2pm, Sun Court. Desert Fish & Aquatic Ecology, 3-5pm, Rotary Park. Moab Mingle, 5:30-6:30pm, Museum of Moab. Keynote Presentation, 6:30pm, Karla Bradley Eitel, "Placebased Science Education," Star Hall. Telescope Star Party, 7:30-10pm, Brand Trails Parking Area, Free Tickets Required (pick up at Canyonlands Copy Center or Grand County Public Library). Connecting & inspiring to the wonders of science. For info, email moab.scifest@gmail.com. See ad pg 18A, article 19A

Sep 24 Gravel Pit Lanes - 7pm No-Tap Monte Carlo, Moab Style! Call (435) 259-4748 to reserve a spot - only 12 lanes available.1078 Millcreek Drive.

Sep 24 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 25 Moab Festival of Science- Mill Canyon Dinosaur Tracksite Tour, 10:30-noon, Mill Canyon Dinosaur Tracksite. Mayberry Native Plant Propagation Center Tour, 3-4pm, UT-128. Mill Creek Plant & Soil Crust Hike, 3pm, Mill Canyon Trailhead, Powerhouse Lane. Connecting & inspiring to the wonders of science. For info, email moab.scifest@gmail.com. See ad pg 18A, article pg 19A.

Sep 25-Oct 1 Gay Adventure Weekgayadventureweek.com. See ad pg article pg

Sep 26 Level 2 Yoga: Mondays- 10-11:15am, at Moab Yoga, 37 E. Center St. For those with a yoga background seeking something new - Check out these playful, powerful sequences & watch yourself do things you never thought possible! More info at www.moabyoga.com.

www.moabhappenings.com

Moab Happenings • September 2016 • 7A

and MORE MOAB AREA EVENTS

September Events (continued)

Sep 27 Yoga for Beginners- 8:30-9:45am, at Moab Yoga, 37 E. Center St. This is a slower paced class for those wanting to explore yoga for the first time or review foundational poses. Special rate of \$30 if you sign up for all 4 classes or just drop in anytime! More info at www.moabyoga.com.

Sep 27 Sheng Zhen Healing Gong - is a moving & non moving meditation class for self healing, with certified teacher Lisa De Rees from 1:00-1:45pm, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678.

Sep 28 2016 Candidates Forum & Reception-7 pm at the Grand Center. Come hear what the candidates vying for the Grand County Council, School Board & State seats have to say about important issues facing our community. Reception follows the forum. Light refreshments will be served. Admission is free. Sponsored by the League of Women Voters of Grand County. For more information email: lwvgrc@gmail.com

Sep 29 Advance Directives Workshop- 5-6:30pm. Meet with leaders in health care to answer questions regarding your advance directive. See article in Healthy Happenings pg 8B.

Sep 29 Yoga Playground- at Moab Yoga from 5:30-6:45pm.Expand & deepen your practice with challenging poses in this intermediate- to advanced-level class. Chrissy Sloan, trained in Anusara & Hatha yoga methods. Appropriate for students with average fitness & a consistent yoga practice. 37 E Center St, www.moabyoga.com

Sep 29 Lecture Series: Laurie Webster ~ Ancient Textiles, Baskets, Wood and Hides from Southeastern Utah: Latest Findings from the Cedar Mesa Perishables Project ~ During the 1890's, local "cowboy" archaeologists excavated thousands of prehistoric perishable artifacts from alcoves in Southeastern Utah. Most were shipped to museums outside of the Southwest, where they were largely forgotten by archaeologists & the public. Who were these early collectors, where did these objects go, & what insights do they provide about the clothing, ingenuity, & daily lives of the early inhabitants of Southeastern Utah? In this presentation, Laurie Webster will discuss her recent research with these collections and highlight some of the extraordinary 1000 to 2000 year-old textiles, baskets, hides, wooden implements, & other perishable artifacts from sites in this region. Sponsored by Canyonlands Natural History Association & the Museum of Moab. 6pm at the Moab Information Center, corner of Center & Main.

Sep 29 Spit Love: A Queer Poetry Slam- 7 pm at the Moab Arts & Recreation Center (111 E 100 N). Moab Pride is delighted to present Queer poets from all over the four corners to congregate in our desert valley to help spread that rainbow prism love! The event will be hosted by Regie Cabico, & will feature a cello performance. \$5-\$10 donation suggested. Facebook: https://www.facebook.com/events/172473556504698

Sep 29 Disco Fever Dance & Bowl- 10pm, at Gravel Pit Lanes, 1078 Mill Creek Dr. Music by Marty Funkhauser. \$5 at the door.

Sep 29 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 29-Oct 2 Outerbike Fall- test ride next year's bikes & gear on the world class trails of Moab, Utah. The best bikes, the best exhibitors. Plus lunches, beer shuttles, prizes & parties. Sold out in 2015. sign up not & be part of the fun. For info: 800-845-2453 or outerbike.com. See ad pg 4B.

Sep 30-Oct 1 Moab River Rendezvous. See ad & article pg 16B.

Sep 30 Orange Party- 9pm at Club Rio, 2 S 100 West . The party you have been waiting for all year. Queerly it's time to get weird & dress like a carrot. Music by Diva Danielle & DJ Dan. Performance by the Queer Coven. \$15 at the door. Facebook: https://www.facebook.com/events/1358621977481249

Sep 30 Moab Backyard Theater - Magic Night with the award-winning magic of Rick Boretti. 7pm \$5. Behind Zax at 56 W 100 South.

Sep 30-Oct 2 Outerbike Fall- bicycle manufacturers expo. Test ride your favorite new bike. Registration

includes, shuttles, prizes, movies & entrance to parties. For info see description on p. 2B www.outerbike.com

October Events

Oct 1 Moab Century Tour- route options are 40, 60, or 100 mile lengths. All rides have support & the post-ride party is fun with live music, good food, beer & cycling icons. Sign up via www. skinnytireevents.com. See article and ad pg 3B.

Oct 1 Moab Pride Visibility March & Festival- the public is welcome to celebrate diversity starting at Noon (lineup at 11:30am) with a Visibility March starting at the Moab Valley Multicultural Center. Festival begins after the march with food, music & fun at the Moab Valley Multicultural Center (156 N 100 W). Please see our website for daily adventures, excursions & fun! For info: gayadventureweek.com or call 435-214-4135. See ad pg 5B, article pg 23A.

Oct 1 Breckyn James & Parriott Family Fundraiser- 11am-4pm at Old City Park.Games & contests for everyone organized by the Bureau of Renegades Moab. Lunch provided, suggested donation \$5. Corn Hole Competition at 11:30am (\$25 per team) followed by Adult Arm Wrestling (\$10 pp). Call 435-220-0103 for information and to pre-register for adult contests.

Oct 1 Gravel Pit Lanes - 7pm No-Tap Monte Carlo, Moab Style! Call (435) 259-4748 to reserve a spot - only 12 lanes available.1078 Millcreek Drive.

Oct 1 After Party: An Amateur Drag Night- 9pm, Club Rio (2 S 100 W). Come celebrate queer visibility at Moab's first ever amateur drag night! Performances by Grrls 2 Men & so much MORE. Music by dwbFUNK & Mike Balance. \$15 at the door, \$5 discount if you challenge the gender binary! Facebook: https://www.facebook.com/events/1779419852298341

Oct 1 Goblin Valley State Park- invites you to join the celebration for the park's designation as an International Dark Sky Park. The event starts with dinner at 5:30pm, Ceremony at 6pm, see the goblins at sunset 6:30-7:30pm & ending with the telescope program from 7:30-9pm. For info: 435-275-4584 or email jameswells@utah.gov

Oct 1 Night Sky Program at Hovenweep National Monument- bring a small flashlight with red covering, blanket, & sense of wonder. Times vary so call 970-562-4282 ext 10.

October 1–4 Eastern Book Cliffs Deep History

– Explore the beauty, geology, rock art, wildlife, trapper tales, & current issues facing the Cisco desert, side canyons & "on top" with historian John Weisheit, CFI Co-Founder Karla VanderZanden & agency archaeologist. Truck support camping, ranch visits, walks. For info: 435-259-7750 or go online at cfimoab.org.

Oct 1-8 Plein Air Moab- headquartered out of the Moab Arts and Recreation Center, 111 E 100 North. Check out the schedule & swing by to purchase some great works of landscape & architectural art from around Moab. See the schedule of events on www.pleiairmoab.com. See ad pg, article pg 17A.

Oct 2-8 Hiking & Archaeology Adventure on Lake Powell- for more information or to register: www. fourcornersschool.org

Oct 3 Level 2 Yoga: Mondays- 1011:15am, at Moab Yoga, 37
Center St. For those with a
yoga background seeking
something new - Check out
these playful, powerful sequences
& watch yourself do things you
never thought possible! More info
at www.moabyoga.com.

Oct 4 Yoga for Beginners- 8:30-9:45am, at Moab Yoga, 37 E. Center St. This is a slower paced class for those wanting to explore yoga for the first time or review foundational poses. Special rate of \$30 if you sign up for all 4 classes or just drop in anytime! More info at www.moabyoga.com.

Oct 4 Sheng Zhen Healing Gong - is a moving & non moving meditation class for self healing, with certified teacher Lisa De Rees from 1:00-1:45pm, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678.

Oct 4 2nd Annual Singspiration- 7pm, doors open at 6:30pm, Star Hall (159 E. Center Street). Pastor Don Falk & members of the First Baptist Church invite you to join us for a night of joy & celebration; a time of caring & sharing; a time for the people of all faiths to unite as one through song in worship to God. The night will be led by worship leader Mark Humble & cost is Free! Seats are limited and will be on a first come first serve basis. See ad pg 20B.

Oct 6-8 Plein Air Art Sale- 4-9pm at the Moab Arts & Recreation Center, 111 E. 100 South. See ad pg 24B, article pg 17A.

October 6–9 Cedar Mesa & Comb Ridge
Archaeology – With archaeologist, Winston Hurst
& anthropologist Rebecca Martin, learn about the
Comb Ridge Project's five year study findings.
Explore lesser-known locations from our comfortable
base at Recapture Lodge in Bluff. Enjoy daily van
tours & short walks exploring prehistoric & historic
sites, rock art, & geological features. For info: 435259-7750 or go online at cfimoab.org.

Oct 7-9 Rock, Gem & Mineral Show 56th Annualat Spanish Trail Arena, 3641 S Hwy 191, Moab. Friday & Saturday 10am-6pm, Sunday 10am -4pm. Vendors, Photo Display, Spin Table. Field Trips Sat & Sun 9am (please sign up the previous day). Free Admission. For info: Jerry Hansen 435.259.3393.

Oct 8 Art Walk - Enjoy Art Walk on the second Saturdays of April, May, June, September, October & November, from 6-9pm. Visit up to nine different venues, see & appreciate many different art displays & enjoy refreshments. For info visit moabartwalk. com or call 435-259-6272.

Oct 8 Banff Mountain Film Festival Radical Reels- Grand County High School, 608 S. 400 East at 7pm, advance tickets are recommended. \$10 at Canyon Voyages, Back of Beyond Bookstore, Poison Spider Bike Shop or Pagan Mountaineering in Moab. Tickets at the door will be \$15. Sponsored by Utah Avalanche Center.

Oct 8 The Newspaper Rock 10K Fun Run- the race will start at 9am at the Newspaper Rock parking lot. Registration is \$40 & online. Contact Jenna Whetzel at jwhetzel@fourcornersschool.org with any questions.

Oct 9 Ride of the Ancients see ad and article pg 3B.

Oct 11 Sheng Zhen Healing Gong - is a moving & non moving meditation class for self healing, with certified teacher Lisa De Rees from 1:00-1:45pm, by donation, at the Grand Center Vitality Room, 182 N. 500 West. 435-260-9678.

October 13 –15 Range Creek Archeology
Seminar – Discover Fremont culture in this vehicle
tour & truck supported camping seminar in Range
Creek. Limited public access allowed by University
of Utah researchers. Join archeologist Dr. Kevin
Jones & guest experts on short walks, see rock art,
"impossible" granaries, pit houses, historic sites, and
wildlife in this rugged, remote area. For info: 435259-7750 or go online at cfimoab.org.

Oct 14-16 Barrels 4 Bucksfree to sit in the audience to watch horses & riders compete. For info: barrels4bucks. freehosting.net

Oct 14-16 Bluff Arts

Festival- for information, & to register for workshops, visit www.bluffartsfestival. org.

Oct 15 Castle Valley Gourd Festival- 10am-3pm, Go early to catch the parade. Bring a dish to pass, if you plan to stay for lunch. Lots of gourd art for sale & some activities for the children. For info: 435-259-0537 or gourdfestival.blogspot.com

Oct 15 Moab Epic Mountain Bike Race- 20 or 50 mile course, where by competitors attain as many check points as possible in an allotted time person. MoabEpic.com for registration.

Oct 17-18 Art Studio Tour -come enjoy art & the fall colors at Pack Creek Ranch from 2-5pm both days! Local landscape artist Carolyn Dailey will have framed and unframed plein air oil paintings of the local Moab at sale prices. Her studio located at 560 Pack Creek Road .5 miles past Pack Creek Ranch on the right hand side. Call 435-259-4244 for further information.

8A • Moab Happenings.com

ART WALK HAPPENINGS

MOAB ARTWALK Saturday, Sept. 10th 6pm-9pm moabartwalk.com

Pick up a map-stamp-postcard at any Art Walk destination and have it stamped at all EIGHT locations for a chance to win a signed copy of Tom Till's new book "Seasons of Moab"! (Moonflower is doing some renovations, we will see them again next month!) **Drop off your full punch card to the MARC to enter**.

MARC (Moab Arts & Recreation Center)
111 E 100 N • 435.259.6272 • moabmarc.com



Rachel Mitchell (acrylic painter) and Mary Mitchell (mosaic artist); Moab locals, share their nature, rock and



Moonflower • moonflower.coop 39 East 100 North • 435.259.5712

This month Moonflower will be **undergoing renovations**. We are sorry to miss ArtWalk, but look forward to seeing you soon in our newly updated space!



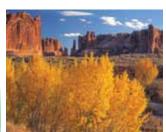
Gallery Moab • gallerymoab.com

87 North Main St. • 435.355.0024

Gallery Moab is proud to exhibit the western art of guest artist **Nichole Taylor**. Also featured in September is ceramic art by **Michael Porter**.

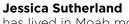


Tom Till Gallery • tomtillphotography.com 61 North Main St. • 435.259.9808



Join us for the release of **Tom Till's** 2017 Landscape Calendar, "Seasons of Moab," featuring breathtaking visuals and captivating anecdotes from his new book. Save 10% on signed copies of each!

Triassic • triassicstone.com 7 North Main St. • 435.259.4912



has lived in Moab most of her life. Check out Jessica's lapidary and jewelry work at Triassic this month!

(8)



Moab Made • 435.261.3570 82 North Main St.

82 North Main St.





6

Lema's Kokopelli Gallery • kokopellioutlet.com 70 North Main St • 435.259.5055

To many, Southwestern pottery is America's first important art form, evolving quite early from just basic utilitarian ware. Visit us this month and see our display of **Native American** pots.



Framed Image • framedimagemoab.com 59 E Center St • 435.259.4446



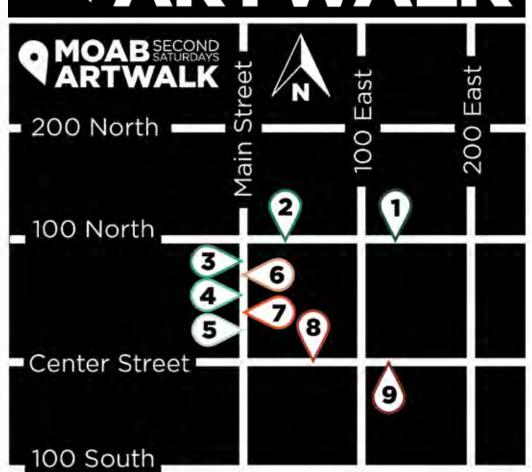
Karen Barnett works in a variety of medium from oil and mixed media to clay and pastels. To her, the journey through her painting process is reminiscent of navigating through life.

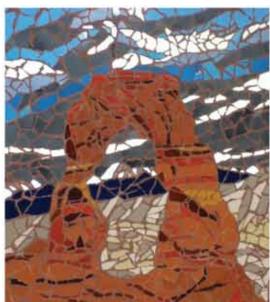
Museum Of Moab • moabmuseum.org 118 E Center St. • 435.259.7985

This month the Museum of Moab features art brought to us by the **Moab Music Festival**. **Eight artists** have turned used musical instruments into stunning works of art.



9 MOABSECOND ARTWALK









www.moabhappenings.com

Moab Happenings • September 2016 • 9A

MUSIC FESTIVAL HAPPENINGS

Rock On! The Moab Music Festival is Utah's Own "Desert Song"

The glorious grottos, riverbanks, and winding red rock canyons of Moab come alive from September 1 through

12, when world-class artists settle in at the Moab Music Festival. As it has for the last 24 summers, the Festival turns one of the world's great outdoor adventure meccas into an adventure in musical artistry, with concerts set in amazing natural outdoor venues surrounded by the sky, the red-rock desert, and the Colorado River. As Denver's 5280 magazine wrote, "as a first-timer, I can't help feeling as if I've discovered the keys to some magic kingdom. As dusk sets in, poignant melodies become the soundtrack to a world-class sunset."

Virtuoso programs and performances will venture across traditions and genres. The Festival's second week kicks off by celebrating the majestic splendors of the American West, with an al fresco dinner, a breathtaking fireworks display (weather permitting), and guitarist and singer Matt Munisteri. His team of musical polyglots from the chamber the worlds of jazz, bluegrass, classical, contemporary, and the American Songbook bring the audience everything from hoedowns and showdowns to Brooklyn-style cowboy singing!

The soulful and steamy sounds of one of "jazz's new bright lights" (The Boston Globe), Renee Rosnes, are coming to Moab! She has performed with a veritable

"who's who" of the jazz world, and has won four Juno Awards (Canada's Grammys) for four of her 14 albums,

and now Moab will be treated to a local performance on Saturday evening, September 10 at Sorrel River Ranch.

Two chamber music programs take the stage at Star Hall during week 2 of the festival; a marvelously modern and genuinely emotional feast of works on September 9 celebrate some of this country's favorite and most treasured American masters of the last hundred years. Works of Copland, Bernstein, Barber, and Gershwin are joined by Grammywinning clarinetist and composer Derek Bermel's slightly zany Coming Together. The Festival closes on September 11, with a concert reflecting on the lasting impact of art despite the fragility of human life, and will memorialize the day's 15th anniversary, with three beloved works of

the chamber music repertoire. The beauty of these works - Béla Bartók's *Contrasts* for clarinet, violin and piano (based on Hungarian and Romanian dance melodies), Mozart's sublime Sonata for violin and piano in G Major, and Robert Schumann's rousing Quintet for Piano and Strings - speak to the resilience of humankind, and our connections to one another

The Festival also includes three of its signature Grotto Concerts; sunset concerts under the Festival tent on the banks of the Colorado River; an intimate evening of dinner, good company and music in one of the area's spectacular private homes; and one of the newer Festival favorites, the musical hikes at secret wilderness locations, where naturalist guides from Canyonlands Field Institute will guide the audience to one of The Festival's "natural concert halls." Truly music in concert with the landscapeTM for the outdoor enthusiast! Like the music, there's something for everyone! Tickets available online at www.moabmusicfest.org For more information, call 435-259-7003



Moab Music FestivalTM Hosts Instrument Art Auction Grand County Music Program Fundraiser

The locally made instrument art currently on display

at the Museum of Moab is available now for purchase via online auction, ending midnight, September 15. To bid on artwork, check out www.moabmusicfest.org/instrument-art-auction OR go directly to www.biddingowl.com/moabmusicfestival.

Artwork will be on display at the Museum of Moab, 118 E Center St., until September 30. The Museum exhibit is a featured stop on the September 10 Art Walk, 6-9pm, with live performances by the Grand County High School Band and the BEACON Moab Strings Program.

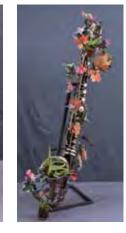


Auction proceeds fund much needed new instruments and repairs for both the Grand County Middle and High School Band, and the BEACON Moab Strings Program.

This project is hosted by the Moab Music FestivalTM, in coordination with Grand County music programs, and eight local artists. The Festival greatly appreciates all artists who participated, with special thanks Page Holland of Gallery Moab for her "instrumental" role in coordinating local artists for this project. Artwork on display was created from discarded and irreparable instruments from local music programs..moabmusicfest.org.







Photos by Bruce Hucko





red rocks of Southeastern Utah



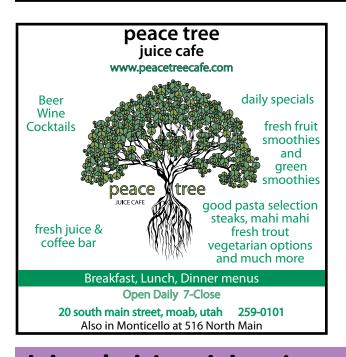
435.259.7003 moabmusicfest.org

58 East 300 South Moab, UT



10A • Moab Happenings www.moabhappenings.com

LIVE MUSIC







- 14 TVs Come enjoy the game on our 80" Ultra HD TV
- We are the only place in town with the UFC fights
- 50 beers to choose from, 20 on tap. 🔎
- Movie Night Wednesdays 8 pm
- Line Dance Lesson Wed 7:30-8:30pm
- Karaoke Fridays 8:30pm
- Live Country Music Jam Sat 8:30pm

1078 Millcreek Drive, Moab • 435-259-4748 www.gravelpitlanes.com

Moab Live Music

- Sep 1 Blu Bar, Lost Buffalo, 7pm
- Sep 1 98 Center, Slim Pickins, 7pm
- Sep 2 The Alley, Karaoke, 8:30pm
- Sep 2 Backyard Theater, The Canyon Cowboys, 8pm
- Sep 2 Blu Bar, MillCreek Station, 7pm
- Sep 3 The Alley, Live Country Music Jam, Bubba Bartosh & the Red Rock Outlaws 8:30pm
- Sep 3 Blu Bar, Lost Buffalo, 7pm
- Sep 4 Atomic Lounge, Dave Steward Trio, Sunday Brunch
- Sep 4 Blu Bar, Dave Steward & David Earl Brown, 7pm
- Sep 4 Backyard Theater, Ashley K & Meander Cat, 7pm
- Sep 4 Eddie McStiff's, Scott Ibex, 8pm
- Sep 5 Blu Bar, Jon O, 7pm
- Sep 5 98 Center, Open MIC with Jenna, 7pm
- Sep 6 Blu Bar, Jasper Groff, 7pm
- Sep 7 Blu Bar, Open MIC hosted by Scott Ibex hosted by Scott Ibex, 7pm
- Sep 7 Backyard Theater, Bluegrass with Quicksand Soup, 7pm
- Sep 8 Blu Bar, Lost Buffalo, 7pm
- Sep 9 The Alley, Karaoke, 8:30pm

- Sep 9 Blu Bar, MillCreek Station, 7pm Sep 9 98 Center, Slim Pickins, 7pm Backyard Theater, The Canyon Sep 9
- Cowboys, 8pm Sep 10 The Alley, Live Country Music Jam, Bubba Bartosh & the Red Rock Outlaws 8:30pm
- Sep 10 Blu Bar, TBA, 7pm
- Sep 11 Atomic Lounge, Dave Steward Trio, Sunday Brunch
- Sep 11 Blu Bar, Rogue Assets, 7pm
- Sep 11 Backyard Theater, Ashley K & Meander Cat, 7pm
- Sep 11 Eddie McStiff's, Scott Ibex, 8pm
- Sep 12 Blu Bar, Jon O, 7pm
- Sep 12 98 Center, Open MIC with Jasper, 7pm
- Sep 13 Blu Bar, Infamous Flapjack Affair, 7pm
- Sep 14 Blu Bar, Open MIC hosted Scott Ibex, 7pm
- Sep 14 Backyard Theater, Bluegrass with Quicksand Soup, 7pm
- Sep 15 Blu Bar, Lost Buffalo, 7pm
- Sep 16 The Alley, Karaoke, 8:30pm
- Sep 16 Blu Bar, Jack Henry Ellis, 7pm
- Sep 16 Backyard Theater, The Canyon Cowboys, 8pm

- Sep 16 98 Center, TBA, 7pm
- Sep 17 The Alley, Live Country Music Jam, Bubba Bartosh & the Red Rock Outlaws 8:30pm
- Sep 17 Blu Bar, Jack Henry Ellis, 7pm
- Sep 18 Atomic Lounge, Dave Steward Trio, Sunday Brunch
- Sep 18 Atomic Lounge, Johnny Rawls
- Sep 18 Blu Bar, MillCreek Station, 7pm
- Sep 18 Backyard Theater, Ashley K & Meander Cat, 7pm
- Sep 18 Eddie McStiff's, Scott Ibex, 8pm
- Sep 19 Blu Bar, Jon O, 7pm
- Sep 19 Atomic Lounge, Johnny Rawls
- Sep 19 98 Center, Open MIC with Jasper, 7pm
- Sep 20 Blu Bar, Jasper Groff, 7pm
- Sep 21 Blu Bar, Open MIC hosted by Scott Ibex, 7pm
- Sep 21 Backyard Theater, Bluegrass with Quicksand Soup, 7pm
- Sep 22 Blu Bar, Lost Buffalo, 7pm
- Sep 22 Eddie McStiff's, Clusterpluck, 8pm
- Sep 23 The Alley, Karaoke, 8:30pm
- Sep 23 Blu Bar, Joshua Kloyda, 7pm
- Sep 23 Backyard Theater, The Canyon Cowboys, 8pm

- Sep 23 Eddie McStiff's, Digisauras, 8pm
- Sep 23 98 Center, TBA, 7pm
- Sep 24 The Alley, Live Country Music Jam, Bubba Bartosh & the Red Rock Outlaws 8:30pm
- Sep 24 Blu Bar, Joshua Kloyda, 7pm
- Sep 25 Atomic Lounge, Dave Steward Trio, Sunday Brunch
- Sep 25 Blu Bar, Jasper Groff, 7pm
- Sep 25 Backyard Theater, Ashley K & Meander Cat, 7pm
- Sep 25 Eddie McStiff's, Scott Ibex, 8pm
- Sep 26 Blu Bar, Jon O, 7pm
- Sep 26 98 Center, Open MIC with Jasper, 7pm
- Sep 27 Blu Bar, Jasper Groff, 7pm
- Sep 28 Blu Bar, Open MIC hosted by Scott Ibex, 7pm
- Sep 28 Backyard Theater, Bluegrass with Quicksand Soup, 7pm
- Sep 29 Blu Bar, Rick Gerber, 7pm
- Sep 30 The Alley, Karaoke, 8:30pm
- Sep 30 Blu Bar, Vid Weatherwax, 7pm Sep 30 98 Center, Slim Pickins, 7pm
- Sep 30 Backyard Theater, The Canyon
- Cowboys, 8pm
- Oct 1 Blu Bar, Vid Weatherwax, 7pm

Music Locations

Blu Bar 811 S. Main Street 435-259-3333

The Alley Sports Pub & Grill 1078 Millcreek Dr. 435-259-4748

Backyard Theater 56 W. 100 South (behind Zax Restaurant) The Atomic Lounge

1393 N Hwy 191 435-259-5201

98 Center 98 Center Street 435-355-0098

Eddie McStiff's 59 S. Main Street 435-259-2337

2016 MOAB EVENTS

September 1-12. . Moab Music Festival

September 3-4 . . Moab Studio Tour

September 3-5 ... RR4 Wheelers Labor Day Campout

September 22-25 Moab Skydive Festival September 22-25 Moab Festival of Science

September 23 ... Dancing with the Moab Stars Sept 25-Oct 1... Moab Gay Adventure Week

Sept 30-Oct 1 .. Outerbike Fall

October 1 Moab Century Tour

October 1 Moab Pride Parade & Festival

Oct 1-8 PleinAir Moab

October 7-9 Rock, Gem & Mineral Show

October 20-22.. Jeep Jamboree October 23 The Other Half

October 27-30.. Moab Ho-Down Mtn Bike Festival

November 1.... Dia de Los Muertos November 4-6 . . Moab Folk Festival

November 4-6 .. Celtic Festival "Scots on the Rocks"

November 9-12. . Moab Senior Games

November 11-13. Moab Salsa Bachata Dance Festival

November 19 ... Dead Horse Ultra November 25-27 Moab International Film Festival

December 2..... Christmas Tree Lighting

December 2-3... Grand Center X-mas Gift Fair

December 3..... MARC Holiday Gift Fair

December 3..... Winter Sun Run 10K

December 3.... Electric Light Parade

Dec 16 & 17 Community Rebuilds Holiday Theater





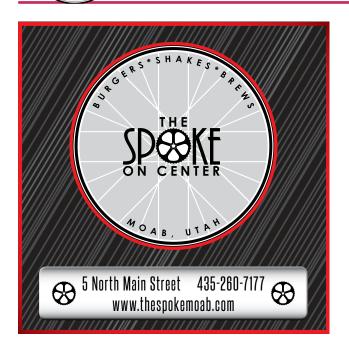


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RESTAURANT GUIDE













How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to some restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 TVs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage. The Alley is a comfortable sports bar inside Gravel Pit Lanes bowling alley.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, and an agency where they can sell full-strength beer to go. Moab Brewery beer is available at other restaurants in town and at retail stores in Moab as well in the Salt Lake City area.

Moab boasts four upscale lounges. The Atomic Lounge crafted cocktail lounge, next to Atomic Burger, The Ghost Bar, upstairs at Jeffrey's Steakhouse and Blu Bar located in The Blu Pig. They have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind. 98 Center is the newest lounge.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. Look for restaurants serving these award winning Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open Monday through Saturday 11:00 am to 7:00 pm. They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. Moab Brewery, now a packaging agency, sells full-strength beer to go. See ad on this page. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any





Serving Breakfast, Lunch & Dinner Full Bar, Beer, Local & International Wine List 17 Miles Northeast of Moab on Scenic Hwy 128 435-259-4642 | www.sorrelriver.com







Suite 8 435-355-0168 yelpæ

BangkokHouseToo.com



RESTAURANT GUIDE



Open Daily 11:00am - 9:30pm

Sunday Open at 5:00pm

12A • Moab Happenings www.moabhappenings.com







RESTAURANT











98 Center

98 E. Center St. 435-355-0098

Open 11am-3pm, 7pm-11pm Closed Sundays 98 Center invites you to elevate your palate, elevate your experience. By day we offer a fun, fast, fresh lunch that boasts homemade Pho, Bahn Mi sandwiches, salads and an endless supply of cold brew, pour over, and Vietnamese coffee. By night 98 Center transforms into a casual lounge offering craft cocktails and delectable small plates made from the freshest ingredients available. Our distinct atmosphere is our specialty—a place to gather, listen to live music, or enjoy good conversation with friends over our selection of signature cocktails, beer and wine.

Arches Thai 60 North 100 West 435-355-0533

Lunch Specials • Dinner

Open 6 Days 11am - 9pm Closed Tue

At Arches Thai we strive to serve you authentic Thai cuisine and our style Pho with fresh and healthy ingresdients as well as our friendly service. Our extensive menu includes choices of organic chicken, pork, beef, seafood mix, tofu, vegetarian, squid and shrimp. We use cage free eggs. Now serving beer & wine.

Atomic Burger, BBQ & Lounge

1393 North Hwy 191

435-259-6092

Open 7 am Daily Breakfast • Lunch • Dinner Sat & Sun Brunch 10am-3pm

The ATOMIC is an eclectic eatery owned and operated by Chef Tim Buckingham. Whether you are looking for that specialty coffee drink in the morning and a quick bite to go or you want to enjoy one of his lunch and dinner creations from his refined menu of small plates, gourmet burgers, BBQ and more. You may choose your setting either from the warm earth toned dining area, the beautiful secluded patio or mingle in the lounge imbibing with one of his unique craft cocktail creations.

The Alley Sports Pub & Grill

1078 Millcreek Drive Open Daily

435-259-4748

The newest sports pub & grill insde Gravel Pit Lanes. Come enjoy the game on our 80" Ultra HD TV and our other 14 screens. Serving delicious pub grub along with beer, & handcrafted sodas. 50 beers to choose from, 20 on tap. Movie Night Wednesdays 8 & 10pm showings. Under 21 welcome. wwwgravelpitlanes.com.

Bangkok House: Thai & Sushi Bar

2728 S. Hwy 191 435-355-0899

Lunch • Dinner Sun. - Thurs. 11 - 9:30 Fri. & Sat. 11 - 9:30

Our chefs prepare authentic dishes using the highest quality ingredients. We have a large menu including Thai, Sushi, Teriyaki, Seafood, Tempura and Bento. There are vegetarian options, gluten free and a kids menu. We offer take-out lunch specials and free delivery.

Bangkok House Too, Sushi Bar & Asian Bistro 435-355-0168

59 South Main St. Suite B

Dine In • Take Out Open Daily 11:00-9:30 Sunday open at 5:00

Our chefs prepare authentic dishes using the highest quality ingredients. We have a large menu including Sushi, Thai, Bento Boxes, Pho and Seafood. There are vegetarian options, gluten free and a kids menu. We offer take-out lunch specials.

Bike Fiend/Coffee Fiend

(Formerly Moab Classic Bike & Coffee)

69 East Center

435-315-0002

Open 7 days a week, 9am to sundown Classic Bikes, Classic Coffee. Professional barista creating specialty hot drinks using Moab's finest locally roasted coffee (FMC) and Organic milk. Free WiFi and newly renovated seating area, come and taste the difference. The fiend is a full service bike shop featuring new, used, vintage, custom builds & rentals. All bikes welcome. Perfect for an after dinner espresso. www.facebook.com/pages/ Moab-Classic-Bike/129161960570308

Blu Pig & Blu Bar

811 S. Main 435-259-3333

Lunch • Dinner • Take Out Open Daily 11:30-close Moab's only BBQ and Blues destination. Ribs to write home about. Casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. Covered patio dining and internet bar are just some of the extras offered for your enjoyment and convenience. Large Screen HD TV's. Take out available. Ice cold beer. State liquor license. Blu Bar specializing in Whiskey and Tequila offers over 60 beers. Live Music.

Broken Oar

53 West 400 North Open 5pm Nightly - Closed Sundays 435-259-3127

Our beautiful log building provides the perfect casual atmosphere. Relax by our stone fireplace in the cooler months, or enjoy the Moab scenery on our enormous outdoor deck. Amazing food, large variety of gluten free options, wide beer and wine selection, and excellent service. For more information visit our website www.thebrokenoarmoab.com. Please call for private functions.

Burger King 606 South Main

Club Rio 2 South 100 West 435-259-2654

Open everyday Till 1:00am

New kitchen, featuring House smoked meats, specialty Burgers, sauces and dressings made in house. Late night kitchen. Sandwiches - Burgers - Full Dinners. Great food. Great drinks. Great service. To go orders welcome. Live music, DJ, Karaoke. 21 years and older with valid ID.

China Cafe 812 South Main 435-259-7933

Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128

435-259-2002

River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Denny's

989 North Highway 19

435-259-8839

Breakfast • Lunch • Dinner

Open 24 Hours. Family dining at affordable prices. Over 100 menu items including Seniors menu, Daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro

36 South 100 West

435-259-0756

Open Tuesday-Sunday 5:30pm-9:30pm

Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at the Bistro. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered, secluded patio dining. Full liquor license. Reservations highly recommended.

Eddie McStiff's

59 South Main Street

435-259-2337

435-355-0854

Lunch • Dinner Open 11:30am

Established in 1991, Eddie McStiff's is a long time local favorite with a variety of comfortable indoor and outdoor family friendly environments. Eddie's boasts Moab's largest selection of microbrews and high point bottled beers. Come and enjoy our bar and lounge. We strive to use the best organic ingredients and the freshest local produce when available. We are known for our tasty house ground burgers and fresh salads, and steaks, but we also offer several delicious vegan, vegetarian and gluten free options.

El Charro Loco Mexican Grill

812 S. Main Street

Lunch • Dinner / Open daily 11am

Serving authentic Mexican cuisine 7 days a week. Family owned and operated using the freshest ingredients and traditional recipes. Lunch Specials served daily from 11am-3pm. Come enjoy our intimate and friendly atmosphere. El arte de comer bien! The art of good eating! Patio dining.

EklectiCafe

352 North Main Street

435-259-6896

Breakfast • Lunch Daily 7:00am - 2:30pm Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012. Also named the "Fan Favorite" in the March/April issue of 2014 AAA magazine.

Fiesta Mexicana

202 South Main Street

435-259-4366

Sun - Thurs 11-10 Fri & Sat 11-11

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 6 TVs! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$7.75 Full bar.

Giliberto's

396 South Main

435-259-1678

Open 24 hours everyday

Newest location of family owned chain of restaurants. Enjoy the same authentic Mexican cooking as our other restaurants in Arizona, Colorado and Utah. Traditional Mexican recipes including Lengua and Menudo. Mexican bottled Coca Cola, Horchata, Rica Jamaica and Tamarindo.

Jailhouse Cafe

101 North Main Street

435-259-3900

Open Wednesday - Monday 7am-Noon Closed Tuesday

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse

218 North 100 West

435-259-3588

Open at 5:00pm Call for reservations. Our mission at Jeffrey's is to provide our guests with the

absolute highest quality in all that we serve. Our steaks are all Wagyu style, the American Kobe beef. We are committed to utilize the resources of our local farmers. Gluten free, vegan, and vegetarian options nightly. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com.

La Hacienda

574 North Main St. Lunch • Dinner Open Noon - Close

435-355-0529

Closed Tuesday

Chef John and Jennifer Garrard are the proud new owners of the La Hacienda. Committed to re-establishing a local favorite. We strive to provide excellent service and an inviting atmosphere. Introducing exciting new dishes of our own. 435-355-0529 lahaciendamoab@gmail.com

Love Muffin Café 139 North Main 435-259-6833

McDonald's 640 South Main

435-259-8800

For more information about these restaurants pick up a "Moab



GUIDE P











Miguel's Baja Grill

51 North Main 435-259-6546 Open Daily at 5pm

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Vegetarian, Vegan & Gluten Free items available. Proud to cook with zero trans fat.

Milt's Stop & Eat

400 East and Millcreek Drive 435-259-7424

Open Tue.- Sun. 11am - 8:30pm Closed Mondays

Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltsstopandeat.com.

Moab Brewery

686 South Main 435-259-6333

Lunch & Dinner Open 11:30am DAILY

Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food & Beer to go. Moab's only onsite brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu, house made gelato & root beer. State Liquor Licensee.

Moab Chevron Deli

435-259-2212 817 So Main (inside Moab Chevron) Deli Open 5 a.m. - 8 p.m.

Open 24 hours a day. Featuring Moab's favorite Champs chicken, sandwiches and much more. Now offering Udi's gluten free sandwich bread. Call in orders welcome. Store & Fuel open 24 hrs. Deli & call in orders 5am-8pm. See daily specials on our website moabchevron.com

Moab Coffee Roasters

90 N. Main St.

Open everyday 7am - 9pm

On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Organic gelato made with all fresh ingredients, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006

Breakfast • Lunch • Dinner Mon-Thurs: 6am - 10pm Fri-Sat: 6am - 11pm

Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners. Our Ice Cream Shoppe features Blue Bunny ice cream.

MOYO – Moab Frozen Yogurt

331 N. Main St. 435-355-0010

Open Sun-Thurs 12-10 Fri & Sat 11-11

MOYO is a self-serve frozen yogurt shop that offers 14 delicious flavors of yogurt, including low fat and no-sugar added. We also have custard and Italian ice. Our topping bar offers over 30 choices, from healthy to decadent, to enhance your froyo experience. All of our yogurts and sorbets are real dairy, live and active culture certified as well as OU-D Kosher certified. Come down and enjoy our indoor seating or our covered, lighted patio with misters. We also offer plenty of parking in back. Enjoy a free sample and meet our friendly staff.

Moab Grill Steakhouse

540 South Main 435-259-4848

Breakfast • Lunch • Dinner • Catering Open 6:30am

Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to hand cut choice steaks and seafood for dinner. Our homemade soups, pies, cobblers, espresso and our crazy juicy burgers are good any time of day. Family Fun Seafood Night. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer

menu.Vegetarian and gluten free dishes. Counter Dining. Pancake Haus 196 South Main 435-259-7141

Paradox Pizza

702 South Main St 435-259-9999

4pm-10pm Wed-Mon At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and

a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

4 South Main Pasta Jay's 435-259-2900

Peace Tree Juice Cafe

435-259-0101 20 South Main Breakfast - Lunch - Dinner

Open Daily 7 - Close

Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our new Dinner menu. Good pasta selection. Beer, Wine, Cocktails, Fresh Juice, Fresh Fruit Smoothies, Green Smoothies.

Pizza Hut 265 South Main 435-259-6345

Quesadilla Mobilla 89 N. Main 435-260-0289

Red Rock Bakery & Net Cafe

435-259-5941 74 S. Main Street

Breakfast • Lunch Open Daily at 7am

Made in Moab since 1997. Serving an array of fresh made products including bagels, scones, muffins, cinnamon rolls, cookies, brownies & other treats. Full espresso bar with locally roasted Fresh Moab Coffee. Great sandwiches for the trails. Order ahead for faster service. Free WiFi with purchase. Featuring artwork from Greg MacDonald & Alex Burbidge.

Sabaku Sushi 90 East Center 435-259-4455

Singha: Authentic Thai Cuisine 92 E. Center 435-259-0039

Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128 435-259-4642 Breakfast • Lunch • Dinner & Drinks

Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrées, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations recommended.

The Spoke On Center

5 North Main 435-260-7177

Lunch & Dinner Open daily 11:00 a.m. Moab's newest restaurant located right in the middle of town, corner of Center and Main Street. Delicious gourmet burgers, brews and shakes. Our menu uses the freshest ingredients available. If burgers are not your favorite, we have something for everyone including freshly made salads, barbeque pork, fish and chips and several build your own options. Gluten free and vegetarian options are also available. Full service liquor license. Take out available.

Subway Sandwich Shop

299 South Main 435-259-SUBS

Breakfast & Lunch Open 7am everyday

NOW SERVING BREAKFAST ALL DAY! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside 7/11 Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 Dinner • Open 5 pm daily. Closed Sundays

Steaks, Seafood, Pasta, Prime Rib. Freshingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. State Liquor Licensee. Call for free Shuttle Service: 435-259-7777

Susie's Branding Iron

2971 South Highway 191 435-259-6275

Lunch • Dinner Open Daily 11am - 10pm Welcome to my ranch cookhouse. Come in, take off your

hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. Ribs served Tues. & Thurs. nights. To go orders are welcome. Backdoor Bar - Now Open.

Sweet Cravings Bakery & Bistro

397 North Main

Breakfast • Lunch Open 7 days a week 7am - 4pm

A local's favorite featuring fresh baked goods made onsite (cinnamon rolls, cookies, pies, etc) with incredible breakfast and lunch selections. A full menu to dine in or take out on the trails. Choose from our wide selection or build your own sandwiches, wraps and paninis. Gluten Free & Healthy

Szechuan Restaurant 125 North Main 435-259-8984

Twisted Sistas' Café

11 E. 100 N. Main Street 435-355-0088

Lunch: 11:45am - 3pm. Dinner: 5pm - 9pm

Twisted Sistas' cafe will make your tastebuds dance!! Featuring fresh tapas, soups, salads and main course plates. Sandwiches, wraps & burgers served at lunch only. We also offer a selection of homemade desserts. Enjoy fabulous cocktails at our Trail Bar! www.twistedsistascafe.com.

Wake and Bake Cafe (inside Eddie McStiff's)

59 S. Main, McStiff's Plaza 435-259-2420

Wendy's 260 North Main 435-259-2595

Wicked Brew Drive Thru

1146 South Highway 191

Open at 6am - 3pm

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax

96 South Main Street Lunch • Dinner • Family Dining • 435-259-6555

Open daily at 11am

Our extensive menu includes the best burgers in Moab, sandwiches, pastas, salads, seafood & our famous All-You-Can-Eat pizza buffet & salad bar. Dine inside or out on our all-weather covered patio. Watch favorite sporting events on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Full liquor license. Locally owned and operated. Call us to host your event on our patio, in our tavern or for your holiday celebration.



Breakfast/Lunch Sandwiches & Salads **Endless Homemade Pastries**

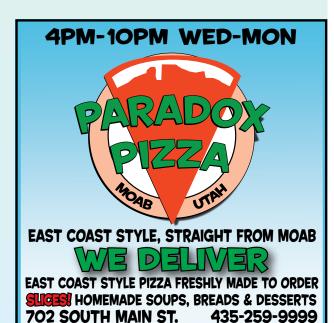
Boxed Lunches • Caterina Now Delivering

Open Daily 7am-4pm

435-259-8983 • www.cravemoab.com

397 N. Main Street, Moab, UT 84532







www.ZAXMOAB.com

96 S Main St

Moab, Utah

(435) 259-6555

COME QUENCH YOUR THIRST AT THE WATERING HOLE



RESTAURANT GUIDE

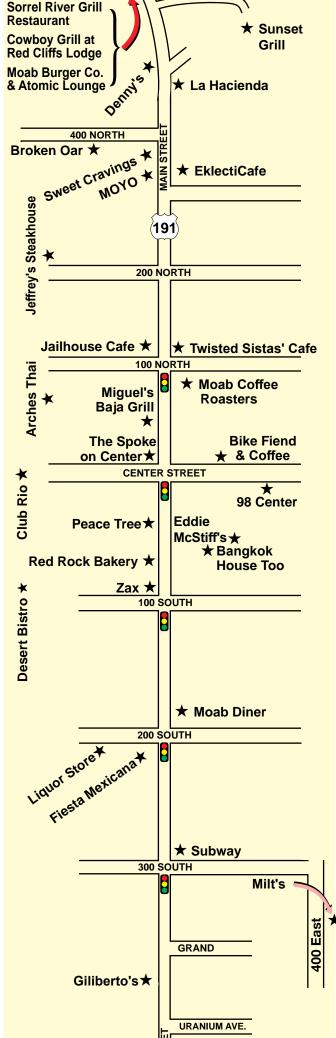


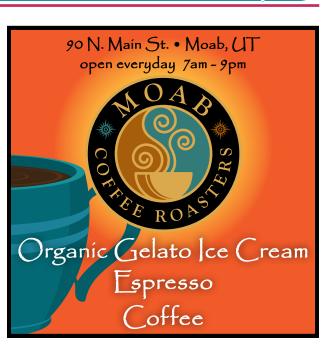




















RESTAURANT GUIDE

Bangkok House

The Alley

Susie's

∖Iron

Sports Pub & Grill

The Blu Pig / Blu Bar

Moab Grill ★

Moab Brewery ★

Paradox Pizza *

191

CEDAR

El Charro Loco ★

Wicked Brew Espresso Drive Thru

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RESTAURANT GUIDE











Tomato, Tomahto... it's all Delicious!

For me growing up the start of summer was marked by two things, school getting out, and secondly, the planting of the family garden. The summer was spent balancing friends, family, jobs, and weeding the garden. The end of summer was similarly marked by the start of school and the harvesting/canning season. My family canned everything, beans, corn, apples, peaches, pickles, pickled beets (which are disgusting by the way) and most especially tomatoes, every year we picked, peeled, cut, seasoned bushel after



bushel of tomatoes.
There were days that
I saw tomatoes when
I closed my eyes
and even dreamed
of tomatoes when I
slept. You could say
tomatoes and I had
a somewhat sorted

history, a love-hate relationship if you will. As I have grown up, the "love" side of that relationship has grown as has their use in my kitchen. Tomatoes are an amazing way to lighten and freshen up your meals and today were going to give you a few more ideas to add to your cookbook as well.

First here is a very light and fresh dish or appetizer that is as delicious as it is simple and requires absolutely no cooking.

Ceviche

2 c. diced tomatoes

¹/₄ c. diced jalapeños (fresh)

½ c. chopped red onion

½ c. fresh cilantro

10-12 diced shrimp

1/4- 1/2 c. fresh lime juice

Salt and pepper to taste

Ceviche is a pretty common dish in the Hispanic community it consists of jalapeños, onions, tomatoes, lime and shrimp. Start by dicing up 10-12 good sized shrimp and squeezing 2 or 3 fresh limes into it and set it aside until the

shrimp is red. Lime juice is so acidic that it will actually cook the shrimp while infusing it with the lime juice. Add all of the other ingredients and toss it together. This is a perfect dish to serve with chips or



on a small fried corn tortilla shell. It is a fresh and delicious way to use your garden veggies.

As a second option here is an idea that we use in the restaurant every day. We take pride in serving and making our dishes from scratch in house.

One of them is our fresh roasted tomatoes. That can be used in a variety of ways. Start by cutting the tomatoes in half. Simply brush them with olive oil and add your seasonings. Rub them with kosher salt, pepper or add basil, garlic, or rosemary for different flavors and roast it in the oven at 250 for about 30-40 minutes. Tomatoes will take on an entirely different flavor that can be used in a sauce or as a garnish. An excellent option is to take the roasted tomato and blend it down add garlic, basil, olive oil and a little bit of onion, sauté it and serve it alongside a sirloin steak.



It adds an incredible twist to your steak and is delicious with shrimp as well.

At the Broken Oar we love cooking with fresh tomatoes, come on down and try it on our ceviche,

shrimp scampi, Caprese salad with fresh tomato and basil, or our roasted tomatoes. The Broken Oar is open nightly at 5:00 p.m., closed Sunday, located at 53 West 400 North (435)259-3127 www.thebrokenoarmoab.com.





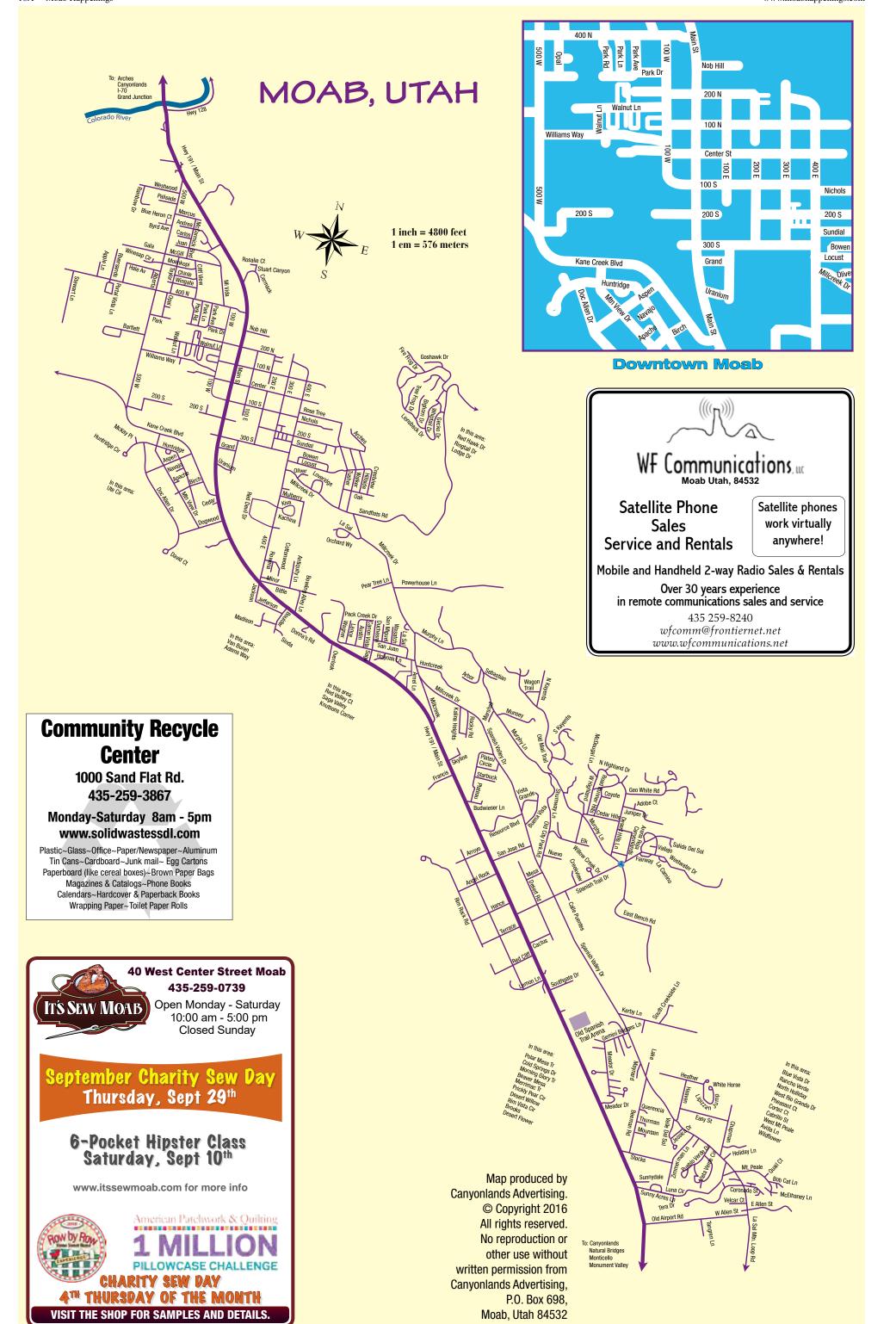








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PLEIN AIR HAPPENINGS

Plein Air Festival October 1-8

Keep your eye out for the painters with easels lining Main Street the first week of October! Plein Air Moab will be kicking off its 7th year of painting competitions, artist camaraderie, and oh so many canvases filled with beautifully captured scenes from all around this exquisite



valley. As cooler nights roll into Moab, the many festivals of the Fall approach! Moab Artists' Studio Tour ushers in Autumn Labor Day weekend with musical weeks and

weekends coming right along side. Moab Music Festival

and Moab Folk Festival will fill our town with beautiful melodies!

Are you a painter? Do you love the epic Moab landscapes? Have you ever participated in a Plein Air painting festival? This is your chance! All levels of artists are welcome! Please find more details and registration information here: pleinairmoab.com

Plein Air Moab offers a rare chance to see plein air artists in action and then to

purchase the original artwork. Painters work diligently



to capture the surrounding landscape and can often be seen along roadways, trails, and even the streets of downtown Moab anytime from October 1st-8th. Artists compete for big prize money, inspire and learn from one another, while doing what they love—painting.

Plein Air Moab attracts amateur and professional artists from all over the US. This year is certainly no exception. For the art collector,

an event like Plein Air Moab is exhilarating He or she may find something new from an established painter or find an affordable piece from a new up-and-coming artist in the festival's art sales. Those that think of art collections as an investment scour events like Plein Air Moab. Any potential art buyer can expect to find variety at Plein Air Moab, as over 300 pieces of artwork go

on sale starting Thursday evening, October 6th.

Artist styles vary from the detailed to the expressive.



Some artists prefer bold colors; others use a muted, almost monochrome palette. Some artists lean toward the realistic while others try to capture mood, feeling, or something a bit more elusive. Expect to find art

for an investment of \$20 - \$1,500. Each artist sets his own price, and the delight is finding something you love amongst the myriad art options.





Art sales take place at the MARC, 111 E. 100 N., from Oct. 6th - 8th, from 4pm - 9pm each day.

Pleinairmoab.com for details or call 435-259- 6272. And be sure to mention you read about PleinAir Moab in Moab Happenings.











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MUSEUM HAPPENINGS

Music at the Museum of Moab

The Museum of Moab is the Moab Valley's center for cultural and natural history of eastern Utah and the Moab area. The exhibits include everything from a Jurassic dinosaur found just south of town to archaeological artifacts to tools and historical artifacts from pioneer settlement to mining equipment and geologist Charlie Steen's bronzed boots commemorating the day in 1952 that he found the Mi Vida mine deposit.

Music truly makes the world go round and the early settlers of Moab brought their instruments and music with them

We have on display a 15 inch rawhide drum with a "Spanish" cross design made by Norman Lansing, a Ute



Ute ceremonial drum

craftsman. Per Luke Duncan, a Ute Indian, "The drum is the heartbeat of the tribe. Once you let the drum die, your tribe is going to die."

Children and adults too, enjoy trying out the Museum's 1904 Beckwith upright player piano. Sears Roebuck & Co sold these in their mail order catalogs. They were



1904 Beckwith Player Piano

affordable and sent to the most rural parts of the country, usually by wagon and train. They would withstand extreme heat, cold, dry and moist climates and were guaranteed by Beckwith to hold up for 25 years!

The Museum also has on display, Moab's First Piano! William Sperry purchased the Chickering Piano in 1889 for the Cookingham Dance Hall in Moab. The piano traveled by train from Boston to Thompson Springs where Sperry loaded it onto a wagon and

continued the journey to Moab, lowering the piano down the cliffs north of Moab and loading it onto a ferry to cross the Colorado River. It was played in the dance hall on the corner of 100 South and 100 West for many years.

And now on display through September 30 is the Refurbished Musical Art Project. All the pieces are up for auction, so get your bids in before September 15th. Proceeds from the sales will be distributed to the student music programs of Moab.

So stop on in and see what's new. If you've not visited us yet, come and check out the Museum of Moab at 118 East Center Street!



THURSDAY, SEPTEMBER 22nd

Journey Through the Stars with Seth Jarvis,
Director of Salt Lake City's Clark Planetarium.
Moab Information Center

FRIDAY, SEPTEMBER 23rd

10am UMTRA Site Tour. Meet @ Lions Park Transit Hub (Free Tickets Required)

Geology of Colorado Plateau. Star Hall

SATURDAY, SEPTEMBER 24th

10:30am Story time with Melissa Marsted, Grand County Public Library

1am STEMonstrations: Hand's-on Science

Activities. Sun Court

3pm Desert Fish & Aquatic Ecology. Rotary Park.
5:30pm Moab Mingle. Museum of Moab
6:30pm Keynote Presentation "Place-Based Science

Education" by Karla Bradley Eitel. Star Hall **45pm** Telescope Star Party. Brand Trails Parking Area

(Free Tickets Required)

SUNDAY, SEPTEMBER 25th

 10:30am Mill Canyon Dinosaur Tracksite Tour. UT-191
 3pm Mayberry Native Plant Propagation Center Tour. UT-128

3pm Mill Creek Plant & Soil Crust Hike. Mill Creek Trailhead. Powerhouse Lane

All Events Are Free



For More Information moab-scifest.org or moab.scifest@gmail.com



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EDGE OF THE CEDARS STATE PARK MUSEUM

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2016 Lecture Series

All events are on Saturday afternoons at 2:00 p.m. in the Museum Auditorium

September 17» Susan Ryan,

Chaco Canyon and the Rise of Complexity in the Middle and Northern San Juan Regions

October 22» R.E. Burrillo,

The Lens of History: Documenting Impacts to Archaeological Sites on Cedar Mesa

On Exhibit

Ancient Skies Through Ancient Eyes
Photography by Bob Maynard

Colorful Impressions of A Beautiful Land and Its People Paintings by Gary Guymon

All lectures are at the Edge of the Cedars Auditorium and are free to the public.

Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande, Cheyenne Autumn, Ten Who Dared, The Commancheros*, and *Rio Conchos*.

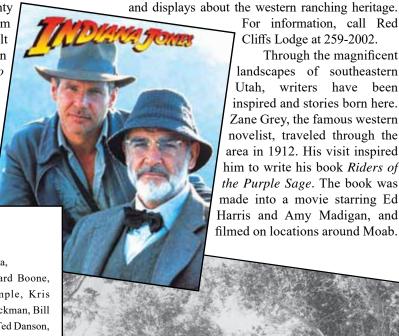
The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson,

Tom Cruise, and many more.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area,



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SCIENCE HAPPENINGS

Moab's First Festival of Science

From Thursday, September 22 – Sunday, September 25, 2016, the first ever Moab Festival of Science will be celebrated with a variety of free events showcasing the wonders and value of the science occurring on the Colorado Plateau. The goal of the event is to connect and inspire citizens and visitors of southeastern Utah with the wonders of science, the significance of our regional research to society, and the thrill of scientific discovery.

Events will span the range of scientific topics from astronomy and aquatic ecology to paleontology, plant ecology and soil science, and will include unique opportunities such as guided tours of the Department of Energy mill tailings remediation site (UMTRA) and the opportunity to plant native trees.

The event kicks off at 6 pm on Thursday, September 22, with an astronomy talk from Seth Jarvis, Director of Salt Lake City's Clark Planetarium at the Moab Information Center. This talk is part of the Moab Information Center Lecture Series sponsored by Canyonlands Natural History Association and Museum of Moab.



On Friday, September 23rd, guided tours of the UMTRA site will be available to the public for the first time. Participants must be US citizens and at least 18 years old. Because space is limited on these tours, free tickets, available at the Canyonlands Copy Center and Grand County Public Library, are required. At 4pm on Friday, geologist Bob Scarborough will present a talk at Star Hall on the geology of the Colorado Plateau.

Saturday and Sunday offer a full slate of awesome science activities. At 10:30am Saturday, the Grand County Public Library will host story time with Melissa Marsted, author of the National Parks for Kids series. From 11am – 2pm on Saturday, "STEMonstrations," or hands-on science

activities and demonstrations for students and families, will take place at the Sun Court on Center Street. BEACON, Utah State University, Canyon Country Discovery Center, Youth Garden Project, the Bureau of Land Management and more are partnering to bring these fun and educational activities to the Moab community. At 3 pm, exhibits and demonstrations about desert fish and aquatic ecology will take place in Rotary Park.

The event's keynote presentation, at 6:30 pm in Star Hall, is about place-based science education in the West by Karla Bradley Eitel, Director of Education for the University of Idaho's McCall Outdoor Science School. A reception with light refreshments will be hosted by the Museum of Moab from 5:30-6:30 prior to the keynote talk.

Also on Saturday, a Telescope Star Party with constellation tours will take place from 7:30-10pm at the Brand Trails parking area off of UT-191. Clark Planetarium Director Seth Jarvis along with park rangers from the National Park Service and Utah State Parks will highlight some of the wonders of viewing the night sky from southeastern Utah. Because the number of telescopes available for the Star Party is limited, free tickets available at the Canyonlands Copy Center and Grand County Public Library, are also required for this event.

Tours of the Mill Canyon Dinosaur Tracksite will take place from 10:30am to noon on Sunday, September 25th, with BLM Paleontologist ReBecca Hunt-Foster and Museum of Moab Director John Foster. The trailhead is located approximately 15 miles north of Moab off of UT-



191. From 3-4pm, a tour of the Mayberry Native Plant Propagation Center will take place, at Mile Marker 15.5 on UT-128, with an opportunity to plant native trees on the site



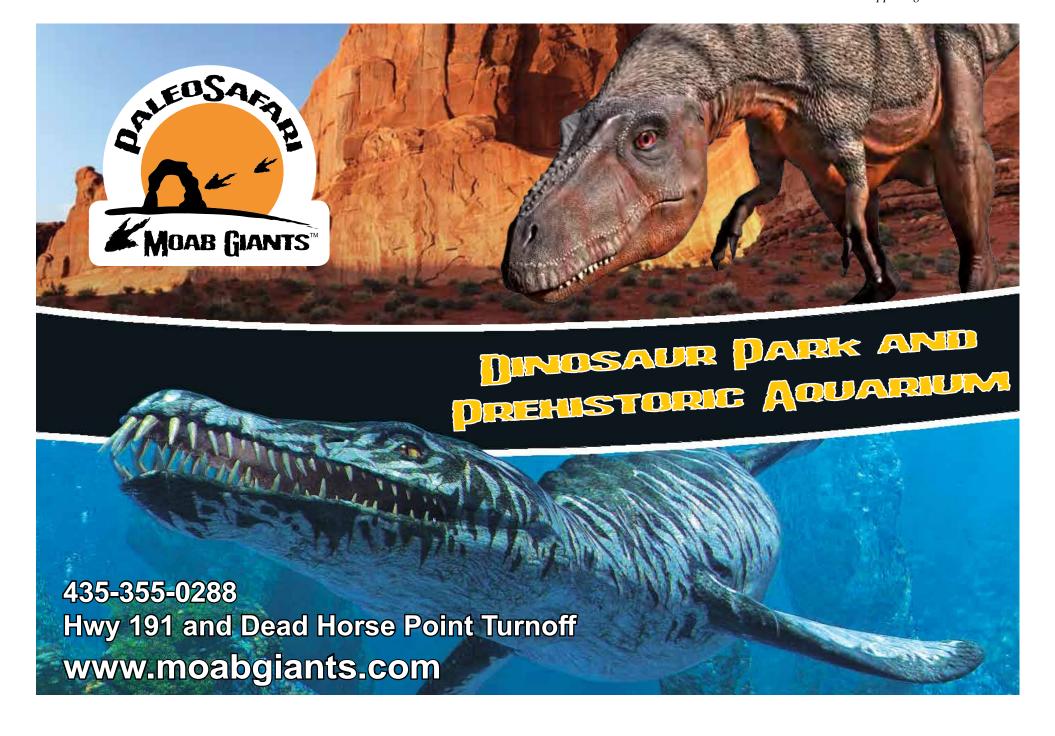
afterwards. The final event for the weekend is a guided plant and biological soil crust identification walk through Mill Creek led by local experts which will start at 3 pm, meeting at the Mill Creek Trailhead on Powerhouse Lane. Prior to the start of the guided hike, Sara Melnicoff will present brief talk about the work of Moab Solutions does in Mill Creek removing invasive plants, maintaining trails, closing social trails, and picking up trash.

The organizers of the Moab Festival of Science include, BEACON Afterschool Program, Bureau of Land Management, Colorado Mesa University, Colorado Plateau Dark Sky Cooperative, Dead Horse Point State Park, Department of Energy UMTRA project, Four



Corners School Canyon Country Discovery Center, Grand County Library, National Park Service, U.S. Geological Survey, Utah Department of Wildlife Resources, Utah Friends of Paleontology, and Utah State University-Moab. Canyonlands Field Institute, Clark Planetarium, Friends of Arches and Canyonlands National Parks, Natural History Museum of Utah, Community Rebuilds, Mayberry Native Plant Propagation Center and Youth Garden Project are also participating in the event.

For more information and a complete schedule of events, please visit moab-scifest.org, facebook.com/moab. scifest/ or contact the organizers at moab.scifest@gmail. com and be sure to mention that you read about the Moab Festival of Science in *Moab Happenings*.



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ALUMNI HAPPENINGS

Record Increase in Local Graduates Attending USU-Moab

Red Devils Make the Best Aggies

Utah State University Moab announces record fall enrollment from Grand County High School graduates. This fall 12 Grand County High School graduates will begin their college education at Utah State University's Moab campus.

Several factors contributed to the increased enrollment, including an increase in scholarships from local donors for local students, financial savings realized through staying home for college, and the availability of USU degrees locally. Additionally, students may begin taking college courses at GCHS through USU and transition seamlessly into a USU degree program upon graduation.

New local scholarships provide a significant incentive for local students to stay in the area to pursue their academic goals. These scholarships are provided by Moab businesses and individuals from the area, and are specifically available for students at USU Moab. Scholarships are available for both general use and for specific areas of study.

"We have worked hard over the past several years with local businesses and individuals to build this program for local students, and now we're starting to see the benefits of those efforts and of the generous donations," said Sam Sturman, Academic Advisor and Scholarship Coordinator with USU Moab.

"These local scholarships are a huge benefit to our

UtahState University

community. We are training and educating students with a vested interest in our community, and who we believe will continue to add to our area for many years to come."

This increase represents a significant jump from previous years, where the local USU campus averaged two to three new students from GCHS. The new students will be entering into academic programs to pursue degrees in business, nursing, political science, and more. Their classes will be taught both in person by USU Moab's onsite faculty, and through interactive video broadcast from other USU campuses around the state.

"We couldn't be more thrilled with the increase in

local student enrollment and success of our local scholarships." remarked Steve Hawks, Dean and Executive Director of USU Moab. "We're constantly working to increase the programs available right here in Moab, and to bring new local students to our campus, and we've been very successful over the last year in both of those efforts."



The costs associated with earning a college degree are an increasing concern with students, parents, and even politicians in recent years. Both students and universities are exploring creative means to help offset the expense. USU Moab is committed to serving the students and residents of Grand County through offering world-class university degrees and programs at an affordable price.

To find out about scholarships and academic programs available in Moab visit moab.usu.edu or call (435) 259-7432 to set an appointment with an academic advisor.

Slay Your Emotions in Nature

"So get out there and slay your emotions until they feel as good as you." These thought provoking words are from our 16-year-old son's essay on nature just one week prior to his passing.

Kayden lived his life to the fullest as he ripped through the snow at Geyser Pass on his snowboard, to speeding through the sand dunes behind the rocks on his dirt bike, to jumping into any body of water whether it be the Colorado River, jumping from the cliffs at Left Hand, in the dark, using a battery powered light, or to the tiniest of pools that only contain two feet of water, okay, maybe not the brightest idea, but you get the point. A cowboy through and through as he rode the hills building a loop at a full gallop chasing a wild cow. He explored all that Moab had to offer with no inhibitions. He loved being out in nature.

It was in that nature, God's display of his many wonders, where he could leave everything behind. This is where you can hear both the past and the present speaking to you through the rustle of the junipers. Your burdens are lifted by the sound of your horse moving through the desert. Trials are made lighter on the wings of a hawk soaring up above. It is in this nature that you can find renewal.

Now is your time to get out and explore Moab whether it be in a jeep, a mountain bike, or from the back of a horse as the likes of Butch Cassidy and his band of outlaws. Take the time to explore and leave behind the stress of everyday life.



Matt teaching Chloe some horsemanship skills (picture taken by Ryan Talbot)

or have never ridden before, there is something we can offer. Dave Stamey sums it best in his song titled "Come Ride with Me". At MH Cowboy we offer that ride that can take you into nature to renew your spirits. We can teach you some horsemanship, maybe a little roping too. There is nothing like being on the back of a horse riding through the sage, especially following a rain storm as the smells penetrate

Whether you are a seasoned rider,

your senses and help you to find a peace that can only be found in nature. We invite you to visit us. We are MH Cowboy horseback trailrides. Contact us at 435-259-0482 or mhcowboymoab@gmail.com and visit mhcowboy.com

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM.** Many of these groups are always looking for a helping hand or two.

	ing of these group	s are armays recking for a neighing hand or two.	
Alcoholics Anonymous		Moab Community Dance Band (Miriam Graham)	
For Emergencies (24/7)		Moab Community Theater (Kaki Hunter)	
Alpha Rho Sorority (Bobbie Long)	(435) 259-6758	Moab Country Club (Rob Jones)	(435) 259-6488
American Legion Post (Ronald Irvin)	(435) 719-4095	Moab Disk Golf Club (Rolf Hebenstreit)	(208) 720-1258
Arches Education Center (Trish Hedin)	(435) 260-8764	Moab Duplicate Bridge Club (Warren Ohlrich)	(435) 260-1242
Arches New Hope Pregnancy Center (Debbie Nelson)	(435) 259-LIFE (5433)	Moab Family History Center	(435) 259-5563
BEACON (Edith Sage)	(435) 259-2767	Moab Free Health Clinic (Beth Joseph)	(435) 259-1120
Bikers Against Child Abuse -B.A.C.A.(John Taggart)	(435) 259-4756	Moab Friends For Wheelin' (Jeff Stevens)	(435) 259-6119
Boy Scouts of America (Jim Bethel)	(435) 637-8059	Moab Garden Club (Tricia Scott)	(435) 249-4959
Boy Scouts of America Utah National Parks Council		Moab Half Marathon (Ranna Bieschke)	(435) 259-4525
Canyonlands Field Institute (Karla Vander Zanden)		Moab Horse Show Association (Kathy Wilson)	(435) 259-8240
Canyonlands Rodeo Club (Kirk Pearson)	(435) 260-2222	Moab International Film Festival (Nathan Wynn)	(435) 261-2393
Canyon Winds Concert Band (Ronald Irvin)		Moab Masonic Lodge #30 (TJ Robertson)	(435) 210-4653
Colorado Outward Bound School - Moab Basecamp (Casey Montadon)		Moab Music Festival (Laura Brown)	
Community Rebuilds (Emily Niehaus)	(435) 260-0501	Moab Poets & Writers (Marcy Hafner)	(435) 259-6197
Daughters of Utah Pioneers (Shirley Stewart 435-259-5229)		Moab Rock Club (Jerry Hansen)	(435) 259-3393
Deadhorse Motorcycle Club (Ron Dickerson)		Moab Roller Derby (Jessica O'Leary)	(575) 635-3898
Delicate Stitchers Quilt Guild (Murine Gray)	(435) 259-5514	Moab Rotary April Action Car Show	(435) 260-1948
Elks Lodge #2021 (Dan Stott)		Moab Solutions (Sara Melnicoff)www.moab-solut	ions.org (435) 259-0910
Friends of Arches and Canyonlands Parks (Joette Langianese)	(435) 259-0108	Moab Sportsmen's Club (Frank Darcey)	(435) 259-2222
Friends of Canyonlands Health Care (Tom Edwards)	(435) 260-1504	Moab Taiko (Michele Blackburn)	(435) 259-0816
Friends of Indian Creek (Sam Lightner, Jr.)		Moab Trails Alliance (Kimberly Schappert)	
Friends of the Grand County Library (Adrea Lund)	(435) 259-1111	Moab Valley Multicultural Center (Rhiana Medina)	(435) 259-5444
Girl Scouts of The U.S.A. (Michelle Hill)	(435) 259-5884	Order of the Eastern Star (Fran Townsend)	(435) 259-6469
Grand Area Mentoring (Dan McNeil)		Plateau Restoration/Conservation Adventures (Tamsin McCormick)	(435) 259-7733
Grand County Democratic Party (Bob Greenberg)	(435) 259-7013	Plein Air Moab	(435) 259-6272
Grand County 4-H (Kira Rindlisbacher)		Red Rock 4-Wheelers (Ron Brewer)	(435) 259-7625
Grand County Education Foundation (Melodie McCandless)	(435) 259-9797	Rotary Club (Dave Bierschied)	(435) 260-1968
Grand County Extension (Michael Johnson)	(435) 259-7558	The Salvation Army, Moab Service Extension, (or Sara Melnicoff)	(435) 259-0910
Grand County Food Bank	(435) 259-6456	Seekhaven Crisis Center (Michael Gardiner)	(435) 259-2229
Grand County Hospice (Jessie Walsh)	(435) 259-7191	Senior Center (Verleen Striblen)	(435) 259-6623
Grand County Library	(435) 259-1111	Sierra Club (Marc Thomas)	(435) 259-3603
Grand County Prevent Child Abuse (Debbie Thurman)	(435) 260-1039	Southeastern Utah Back Country Horsemen (Dick Walter)	(435) 640-5532
Humane Society of Moab Valley		Southern Utah Wilderness Alliance (Neal Clark)	
Ladies Golf Club (Chris Corwin)	(435) 210-0599	Toastmasters (Jim Webster 435-259-8037) or (Daniel McNeil)	
League of Women Voters (Cynthia Smith)	(435) 259-5306	Trail Mix Committee (Sandy Freethey)	(435) 259-0253
Lion's Club (Tom Warren)	(435) 259-7834	Utah Avalanche Center (888) 999-	-4019 or (435) 259-SNOW
Moab Aglow Lighthouse Fellowship (Murine Gray)	(435) 259-5514	Utah Conservation Corps (Sean Damitz)	(435) 797-0964 ext 1
Moab Arts Council (Theresa King)	(435) 259-2742	Utah Friends of Paleontology – Gastonia Chapter (Lee Shenton)	
Moab Arts Festival (Theresa King)		Valley Voices (Marian Eason)	(435) 259-6447
Moab Arts & Recreation Center (Meg Stewart)	(435) 259-6272	USU Moab	(435)-259-7432
Moab Bird Club (Nick Eason)	(435) 259-6447	Veterans of Foreign Wars (Fred Every)	
Moab Chamber of Commerce (Jodie Hugentobler)	(435) 259-7814	WabiSabi (Mandy Turner)www.wabisabimoab.org	(435) 259-3313
Moab City Animal Control	(435) 259-8938	Young Life Moab (Silas Rappe)	
Moab City Recreation	(435) 259-2255	Youth Garden Project (Delite Primus)	259-BEAN (2326)

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iQ.

PARK HAPPENINGS

Arches at Sunset

From the thousands of enormous red-rock fins that create endless passageways and conceal fragile ecosystems, to the gnarled junipers and vibrant wildflowers that pry out an existence atop the rolling slickrock gravestones of ancient sand dunes; Arches National Park is truly a

Witness the final stand of these elaborate epitaphs as they hold out against the ravages of time and erosion. Learn the underlying causes that go into creating these marvels, and get the rest of the story so you can begin to see the park in a new light. Then walk away at the end of the day, with



magical place. With gravity defying arches and barely balanced hoodoos, the whole place feels so impossible yet completely natural at the same time. Everything in the park is extremely fragile, from the organic to inorganic; most of the park's famous features will stand only for a mere fragment of geologic time. These natural wonders are constantly locked in a delicate balancing act with gravity and struggling to hold out against the harsh elements of erosion; so come see these epitaphs to erosion before they crumble away. Explore the mysteries of the National Park, learn about its formation and importance, witness its beauty firsthand, and see it all bathed in the warm orange glow of the evening sun.

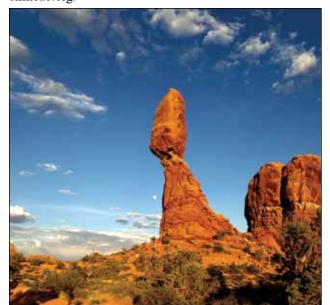
Join Canyonlands Field Institute (CFI) and explore one of Nature's greatest wonders together, Arches National Park. On this half-day evening tour, CFI will take you on an intimate and personal trip to all the quintessential locations within the park (as well as some of the lesser known hidden treasures), while giving you glimpses into the surrounding ecosystems that support them. The tour consists of some short easy hikes, and guests usually have the freedom of deciding how long or far they want to explore a location for. Take this opportunity to talk one on one with our experienced guides and ask them all of your burning geology, ecology, and history questions. Learn how the arches formed, the history of the park, and how the region as a whole came to be. Appreciate how landscapes can evolve over time, what it takes for life to find a foothold in such a tough environment, and start to see the park as more than just a geological oddity or picturesque backdrop. Then you can understand how such a hostile and unforgiving place can also be one of the most fragile and beautiful ecosystems on the planet.

So come view the wonder we know and love, Arches National Park, at sunset its most spectacular time of day.

a deeper understanding and appreciation for what makes Arches National Park such a special and unique place. So sit back, relax, enjoy a nice ride in our air-conditioned van, and take plenty of pictures during your own personal tour of one of America's most beautiful National Parks.

Canyonlands Field Institute is a non-profit outdoor education organization whose mission is to increase awareness and appreciation for the Colorado Plateau through direct natural and cultural experiences. Tours run every Friday – Sunday from 4pm to 8pm, can be booked as late as noon that day. All profits help support our youth and school outdoor education programs.

For more information about this tour or other seminars Canyonlands Field Institute provides go to our website at cfimoab.org, call 435-259-7750, or email us at info@cfimoab.org.



Desert Valley Bathbombs

by Marie Charlton & Lorynn Charlton

We were able to score an interview with Nicole Stocks, the owner of Desert Valley Bathbombs. We got to learn more about her, and her relationship with the Moab Farmers Market.

Nicole came across the want to sell bath bombs after participating in rodeos. She explained how she hated the way her feet hurt. After the rodeo she would take her boots off and switch them for flipflops to walk around the dusty arena, this left her feet in dismay. She desperately wanted something to sooth her feet and also clean them. A bath bomb was perfect for these needs. Nicole created her own bath bomb experimenting with ingredients around the



house until she had the perfect homemade bathbomb. She now sells these homemade products at the Moab Farmers Market to help other people in need of relaxation.

Nicole loves the farmers market because it gives her a chance to reconnect with old friends, and meet new ones

as well! She enjoys how each of the vendors are always friendly and create a family atmosphere.

family atmosphere.

So come to the Moab Farmers Market and buy some great bathbombs in many different varieties; they will leave you feeling relaxed and replenished. Come and meet Nicole and



vendors alike! Thursdays from 4:30 to 7:00pm at Swanny City Park

Be sure to mention you read about it in *Moab Happenings*.





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PHOTOGRAPHY HAPPENINGS

Photographing the Red Rocks Country:

Putting People In the Picture

Landscape photography usually consists of capturing the beauty of nature as if viewing a timeless scene from before humans spread across the earth. But sometimes we want to add people to our images — and I'm not talking about lining up the family in front of an outdoor scene for a group portrait to be emailed to Grandma.

The addition of people to photographs of the natural world has several effects. First, and obviously, it adds the "human touch," letting viewers imagine "being there." This can be described as a story-telling effect.

Second, it can provide a focal point for the composition, drawing the eye. In this case, it often works best if the subject is placed at the Rule of Thirds position in the composition, a subject I discussed in my July column.

Finally, the addition of human figures can add scale to an image. This is sometimes important. If you are photographing a looming mountain there is no question of its size. But when, for example, the subject is an arch, it's sometimes hard to judge just how big it actually is without some frame of reference.

Here's an example of that last point in Fig. 1, which features my favorite subject in Arches National Park. No, it's not Delicate Arch or soaring Landscape Arch, but the lesser-known Skyline Arch. One reason it's less noted is the fact that it's located in an elevated position high atop a red rock fin, making its size difficult to judge.

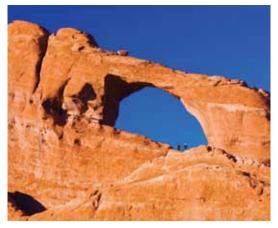


Fig. 1 — Skyline Arch stands high above the casual visitor. In this photo a pair of brave climbers has paused in the arch, adding scale to the feature.

I made this photograph when two climbers were standing in the arch. Wow! With the simple addition of the two figures, dwarfed by the massive stone span, the splendid size of Skyline Arch is clear to see.

An example of the story-telling value of human figures is shown in Fig. 2, made at Juniper Campground along Sand Flats Road. I was there to photograph the Milky Way from this vantage point, which offers a 360-degree view around the area. The crescent Moon and two planets were lighting up the Western sky, and I decided to try to capture this astronomical display. But a picture of just the Moon and some bright spots in the sky wouldn't be much, so when I spotted a campfire with several campers gathered around I made it the foreground subject for an image of the early night sky. The exposure was one second at f/11 and 3200 ISO, so there is



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Fig. 2 — A group of campers around a fire add interest to a view of the astronomical display of a crescent Moon and two planets in the early night sky.

blurring of the moving people. Still, the atmosphere of camping under the night sky is there to see.

Another example of the story-telling effect is shown in Fig. 3, a photo made during an overnight Jeep trip into the Needles District of Canyonlands National Park. Here, the Jeep itself is the featured subject, placing the lonely trail and surrounding landscape into a logical whole and providing a sense of the isolation of the place.

In Fig. 4 we see an entire horde of people occupying a stretch of Hwy. 128, just up the river from Moab. These are runners in one of the Half Marathon races that take place here each year. The stream of humanity in bright runners



Fig. 3 — A Jeep navigates a back-country trail in the Needles District of Canyonlands National Park, adding a story-telling touch to a view of the natural rock formations.

David L. Brown is a professional photographer who lives in Moab. He is a Life Member of the American Society of Media Photographers and offers workshops and tours in the Moab area. His website

By David L. Brown

is at www.imagequest.photo, and he can be reached at 435-210-8158.



Fig. 4—A stream of Marathon participants pours along the Colorado Riverway near Moab. The flow of runners mimics the nearby course of the mighty river itself.



Fig. 5 — A human figure walking past a line of aspen trees provides a focal point for this picture, made along a forest road in the La Sal Mountains.

clothing adds a contrast to the ancient red rock cliffs of the Colorado River canyon. The picture was made in front of Goose Island Campground in 2014, when I was camp host there.

You can add a human touch to your pictures simply by placing people in your compositions in ways that enhance the scene. Instead of asking your companions to get out of your way, or lining them up like prisoners waiting to be literally shot, pose them in ways that add to the composition. Here's an example in Fig. 5, a picture I featured in my March, 2016 column. Here, my subject is pictured walking away from the camera down a forest road, adding a focal point and perspective to a view of the colorful aspens in the La Sal Mountains



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PRIDE HAPPENINGS

Moab Gay Adventure Week Presents Moab Pride Festival

A week of Adventure culminating with a Pride Parade and Festival. Why, you ask? Let me share a little history about Pride.

Early on the morning of Saturday June 28, 1969, lesbian, gay, bisexual, transgender, and questioning persons rioted following a police raid on the Stonewall Inn, a gay bar, in New York City. Police officers routinely conducted raids on gay, lesbian, and transgender bars at the time. People who were caught during the raids had their names published in the paper, and risked losing their family, friends' reputations, housing and jobs. The Stonewall riots were a series of spontaneous, violent demonstrations by members of the LGBTQ community. Collectively, they are considered to constitute the most important events leading to the gay liberation movement and the modern fight for LGBTQ rights in the United States.

The first Pride Marches took place on June 28,



1970 in New York City, Los Angeles, San Francisco and Chicago commemorating the anniversary of the riots. Similar marches were organized in other cities. While the decades preceding Stonewall continue to be regarded by most LGBTQ individuals as the Stone Age for freedoms we enjoy today, we continue the forward momentum



towards true equality. Today, Gay Pride events are held throughout the world toward the end of June to mark the Stonewall riots.

Brenda Howard is known as the "Mother of Pride", for her work in coordinating the march. Howard also originated the idea for a week-long series of events around Pride Day. The next time someone asks you why LGBTQ Pride marches exist or why Pride Month is June tell them, "A bisexual woman named Brenda Howard thought it should be".



Moab Gay Adventure Week, Pride Parade and Pride Festival are inherently different in scale and scope than other national and international events. Our events are built out of the uniqueness of living in Moab and Southern Utah. Whereas Brenda Howard may be the "Mother of Pride" nationally, Moab has its aunt, Amy Stocks, a native of Moab. After Amy shared a satirical video produced in 2001 by the Onion about a town that put on a parade for its only gay man, the overwhelming positive feedback she received encouraged Amy to create Moab Pride.

Moab Gay Adventure Week begins on September 25th and culminates with the Moab Pride Parade and Festival on October 1st. This is our biggest fundraiser of the year, and will support programming in 2017 and move us closer to the ultimate vision — establishing a resource center and year-round presence in southeastern Utah. Our center will benefit those in crisis, needing



assistance and individuals wanting information concerning the LGBTQ community.

Come out and celebrate with us. You do not have to be LGBTQ to participate and support our pride.

For more information please visit our websites at: www.moabpride.org/ or www.gayadventureweek.com/

KZMU - Moab Community Radio 90.1 & 106.7 FM

P.O. Box 1076 • Moab, Utah 84532

on-air studio: 259-5968 • office: 259-8824

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contact us: www.kzmu.org

· 00	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
':00	Native Spirit	Inflection Point EARLY MORNING Art of the Song EARLY MORNING Native News 7:55am						
:00	(First Nations)		(dance, pop)					
:00		MOAB MORNING BLEND Bronze Medal				Shine Time (children, eclectic)		
:00	Jah Morning (reggae)	Morning Blend (everything)	Amarillo Highway (alt. country, alterna-twang)	Tilted Park (Americana classic rock)	Rocketship Radio (indie, eclectic)	Show/Get Psyched (Indie Rock/Psych Folk)	Wayward Wind (alternative, americana, oldies)	
on 00	Grass is Greener	The Skye's the Limit	Radio mmm	Horizon Line	Tangled Roots	Trading Post Times Top 5	Ain't Live Grand? (rock, pop)	
00	(bluegrass, folk)	(rock, blues, unreleased)	(classic indie)	(modern chill)	(early R&B, soul)	1-2-3 (funky world soul)	Uncovered Remix (covers)	
00	Entre Las Piedras	MojoMondays (rock, pop)	Joe's Garage (radio obscura) / TheMatics	Bait and Switch (pop, top 100)	Open for new energy	Fire on the	Belagaana Review (fruit and nuts)	
00	Between the Rocks (Norteno New Mexico rock & roll)	Alternative Radio (news / talk)	Pirates & Poets/ Twang Thang	Moab Drive Time	Thursday Drive Time	Mountain (dead, jam)	Tween Time	
00	Bach & Beyond	This Week in Moab (Interviews / Calendar)	(americana)	(new, alternative, indie)	(pop, rock)	Snap Judgment	Blue River with	
00	Dacii & Deyoliu	DEMOCRACY NOW					Uncle Meat	
00	Kokopelli Coffeehouse (acousitc, folk)	Big Swing Face (big band jazz) The Watering Hole (blues)	On Deck/Off Trail Alt Rock	Thin Edge (jazz)	Rock Wasteland	Rainbow Room (LGBT dance) /Beat Monkey	III Beats Radio (hip Hop)	
:00	Hardwired (hard techno chill)	Operation Punk Subversion (Punk Vinyl)	MOAE Conscious Party (ska, punk, native, rock, dub)	B AFTER HC Liberty Jam americana, live, rock)	OURS Ear Rooster (radio obscura)	Moab Metal Massacre	Rock of Ages	
:00			KZN	1U OVERNI	GHT			

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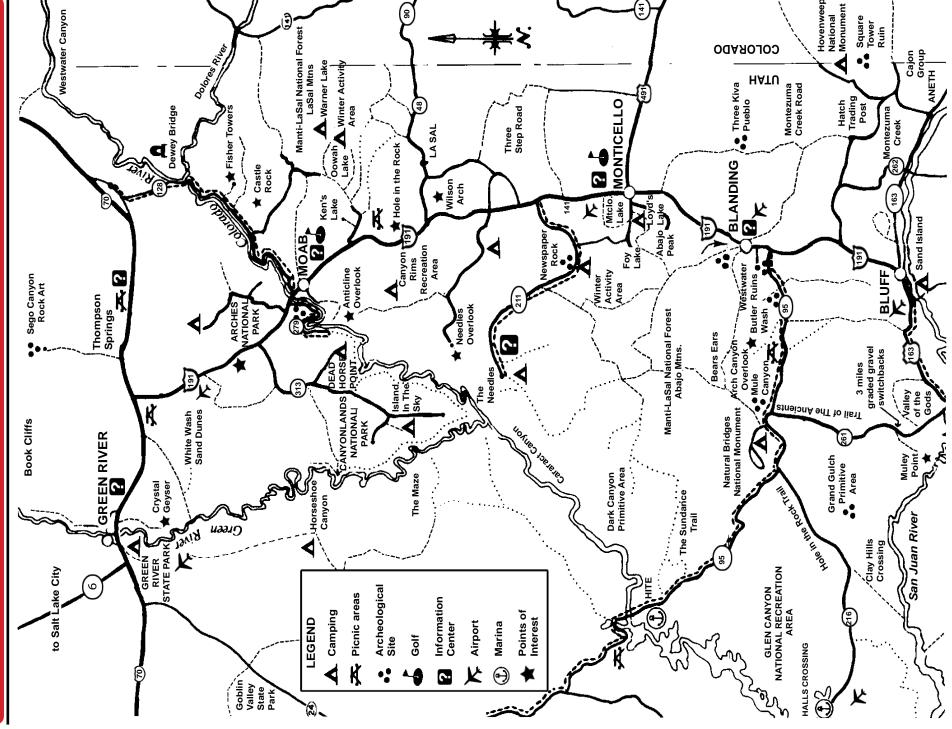
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MOAB HAPPENINGS SHOPPING







LODGING EVENTS





Volume 28 Number 6

September 2016

13th Annual Skydiving Festival Skydive Moab is hosting its

Clint MacBeth brought skydiving to Moab, Utah by opening Skydive Moab's doors in November of 2003. Clint, with over 23 years skydiving experience and 6000+ skydives, had always wanted to own his own skydiving center. BASE-jumping brought you know, Skydive Moab was born. Since its opening Skydive Clint to Moab and the wheels started turning. The next thing Moab has expanded each

year and is now the premier skydiving center and is rated the #1 dropzone in

have to be an the festival! Make experienced a reservation for a skydiver to enjoy



first receiving and additional 22% off. skydives will be discounted to only \$225 for the weekend with locals After enjoying a 20-minute scenic you to our world, the sky! Tandem

over 50,000 plus skydives

to its credit!

Skydive Moab offers a

It is the original skydiving

Moab on tripadvisor.com.

center in Moab and has

some of the most unique

welcoming atmosphere and

skydivers to enjoy! The

scenery in the country for

a kind opportunities for

adventure that "we think

landscape presents one of

will take the sport to the

next level." Skydive Moab

amazing, once in a lifetime

customers

offers its

family friendly atmosphere



feet

and

for

a full minute before the instructor deploys their they will reach speeds of up to 120 mph and will be falling at 174 feet per second. That's almost 6 seconds every thousand feet! After the instructor pulls the ripcord at 5000 feet, the parachute opens and minute canopy ride the pair will again experience the beauty of the student and instructor float gently back to earth. During the 5-7 During the free-fall parachute!

Colorado River, Dead Horse Point, Castleton Tower, Arches and Canyonlands National Parks and so much more! If you haven't the Moab Airport, located just 15 minutes north of the Colorado River. So, whether you want to make your first skydive or just seen Moab from a birds-eye-view, you haven't really seen Moab! During the four-day festival, skydiving will take place at want to enjoy lunch under a sky full of brightly colored canopies,

successful years of hosting

the (M.O.A.B.) 'Mother Of

Now, after 12 very

For more information go to www.SkydiveMoab.com or And be sure to mention you read about Skydive Moab in Moab Sept 22 - 25, 2016. 8 AM to Sunset Hope to see you there! call 435-259-JUMP. Check us out on www.tripadvisor.com! Happenings.

> September 22 - 25, 2016. "In addition to being a fun acronym, we really want this boogie/festival to live up to its name!" Skydive

up with Skydive Arizona, (one of the busiest skydiving centers in the world) to host the 13th Annual Skydiving event on Thursday,

All Boogies' skydiving event, Skydive Moab is again teaming

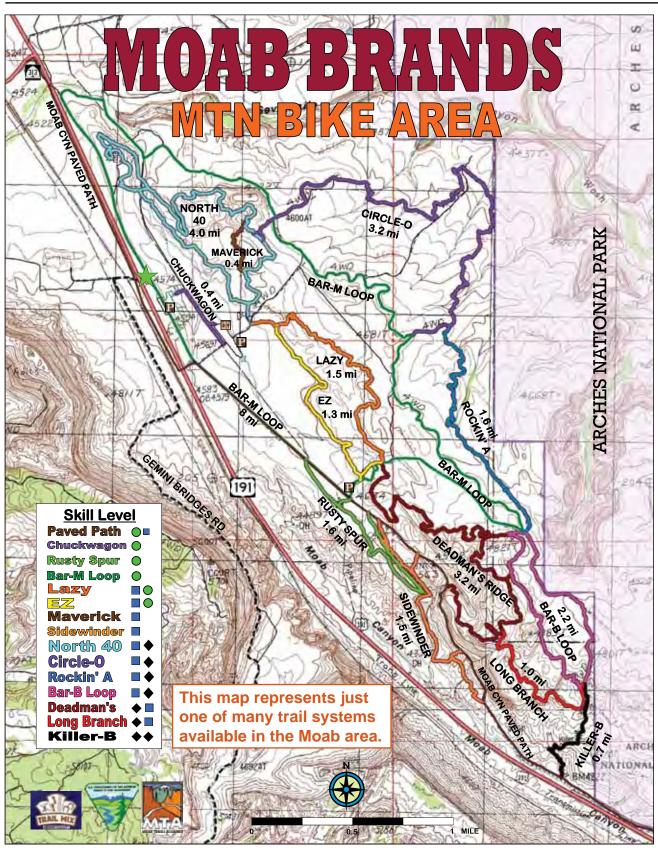
Arizona will bring two of their massive 23 passenger Twin Otters

and some additional event staff for organizing and manifesting.

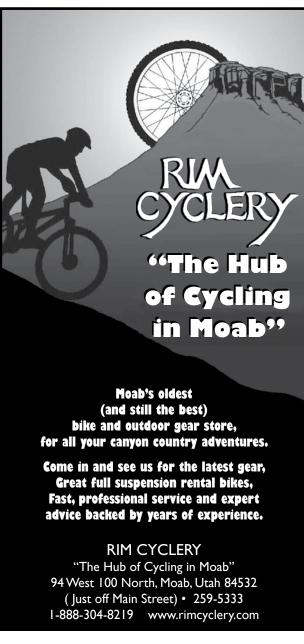
come out and share in the excitement!

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ROAD & MOUNTAIN BIKING







Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. Many trail systems have been developed in the area to provide a variety of mountain biking challenges. Several companies in the area can provide rentals and information.

- OUTERBIKE FALL September 30-October 2, 2016. Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.
- MOAB CENTURY TOUR Landscape Worth Training For! October 1, 2016. Utah's most scenic road cycling routes with 40, 65, and 100 mile options. Ride along the scenic Colorado River for 40 miles or challenge yourself with a 60 mile ride to the edge of the earth—Dead Horse Point State Park overlooking the Colorado River 2000 feet below. Or combine both and make this your century ride! Enjoy weekend of fabulous roads, cycling icons, delicious food, superior support staff in route vehicles and at water and food stations. For more info visit skinnytireevents.com or call 435-260-8889. This annual event benefits the Moab Cancer Treatment Center and the Lymphoma and Leukemia Society.
- MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL October 27-30, 2016. Presented by ChilePepper Bike Shop this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.
- POISON SPIDER BICYCLES SPRING THAW, March 8-10 2017. A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit poisonspiderbicycles.com or call 435-259-7882.
- MOAB ROCKS MOUNTAIN BIKE STAGE RACE, March 25-27 2017. Takes some of the regions best classic & new routes including Klondike, Porcupine Rim & Mag 7 combining them into a 3-day masterpiece of cross country & timed descents in a fully supported format. All this wrapped up in a fun & friendly atmosphere, combining camaraderie & competition. For info: transrockies.com/moab-rocks or 403-483-9977.
- MOAB SKINNYTIRE FESTIVAL-ROAD CYCLING TOUR, March 11-14, 2017. Four days of road cycling along the Colorado River, Dead Horse Point State Park, and the coveted ride through Arches National Park. This event benefits the two room cancer treatment center at the Moab Regional Hospital and other cancer survivorship programs and research. For more info visit skinnytireevents.com or call 435-260-8889.
- OUTERBIKE SPRING March 31-April 2, 2017. Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.
- 6th ANNUAL GRAN FONDO MOAB, May 6, 2017. The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

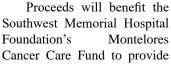
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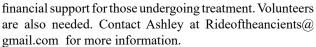
CYCLING FOR CANCER

100 Mile Bike Ride to Support Cancer Care

Come join the Southwest Memorial Foundation on October 9th for the second annual Ride of the Ancients.

Experience the breathtaking autumn beauty of Southwest Colorado while you ride a century (100 miles) covering two states, two counties, two reservations, and two national monuments. Individuals and teams of up to four riders may enter. Register at www. rideoftheanicents.com.







The New Landscape in Road Cycling

Moab is famous for fat tire mountain biking trails, but skinny tire riders love it too. The Moab Century Tour offers two wheeled touring for road cyclists on routes rated from easy to OMG and ranging from 40 to 100 miles. Registration is open 2-8pm Friday September 30 at Archway Inn Hotel where cyclists receive a wristband, helmet tag for identification, credentials to ride the featured routes, lunch, support, AID stations, and post-party celebration of food and beer. Cyclists depart from Archway Inn Hotel Saturday morning to cycle the smooth silky surface of the Moab Canyon Bike Path.



The Moab Canyon Bike Path places cyclists on Hwy 313 and eventually into Dead Horse Point State Park. After ascending from the sandstone cliffs, the roadway skirts the cyclist atop of it all. Deep canyons begin to reveal themselves as one feels the vast scale of the landscape. Approaching ahead is an increasingly narrow, but short ribbon of road. For a brief moment, you pass over a sliver of land that connects a small piece of acreage to the mainland. This is "the gate". Back in the day of wild horse roundups, cowboys herded their stock here. They needed

only to pile a little downed timber across this narrow sliver of land to enclose their wild horses, for the surround of this piece of land was, and is, rugged cliff edge. But you get to see it from current day saddle, your road bike!

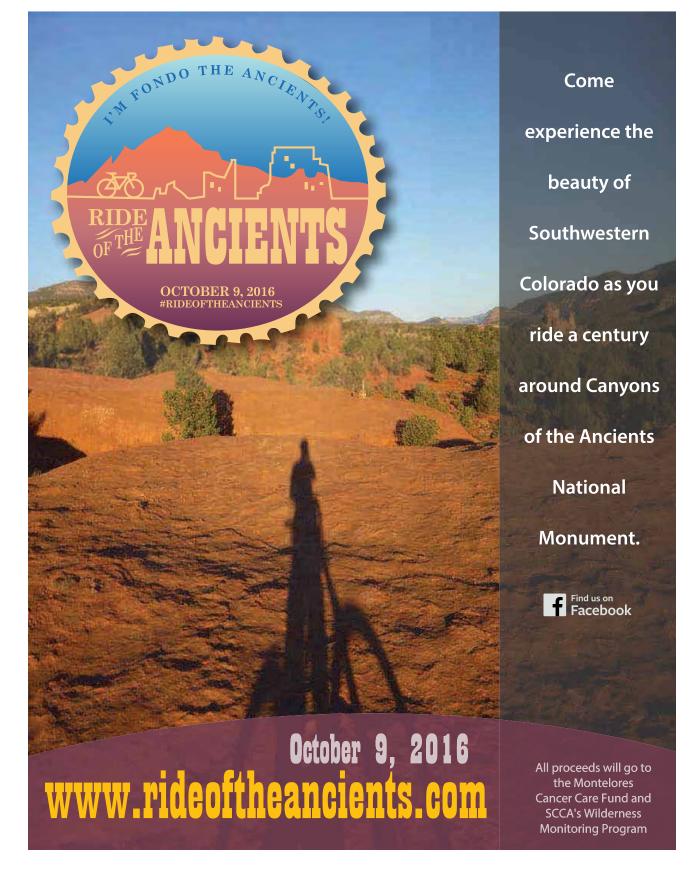
Long gazes and a plethora of photos click off as riders peer over the canyon wall to the Colorado River two thousand feel below. The AID station at Dead Horse Point Overlook is rated a highpoint from seasoned cyclists---it just doesn't get much better than this seeing the majesty of the landscape. Thoughts of one's significance in the grand scheme are pondered and relished as you replenish with food and water before beginning your descent. Those wanting the magic number of 100 will follow signs to turn down Hwy 279 and join other cyclists on the Rolling Down the River 32 mile route. This relatively flat ride along the Colorado River is ideal for cruiser bikes, families, and kids. Towering sandstone cliffs ideal for climbers edge along the Colorado River. Stop to view the Ancient Puebloan petroglyphs and pictographs on a section called "Wall Street".

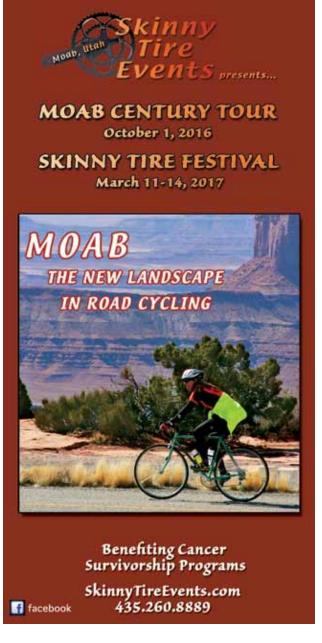


The event is sponsored by Skinny Tire Events, LLC, who also sponsor the Skinny Tire Festival in March 2017 which raise much needed funding for the Moab Regional Hospital's Cancer Treatment Center and other cancer survivorship and research programs. The Festival rides the best of the best cycling routes around Moab. Check website for more information, www.skinnytireevents.com or call 435-260-8889.

Expect road cyclists on area roads, Saturday, October 1.

Please.....SHARE THE ROAD!





4B • Moab Happenings

STUNTS, STARS AND LEGENDS

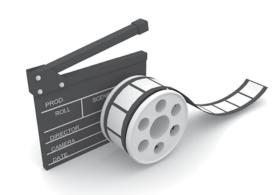
Stunts, Stars and Legends

GLENN FORD:



Born Gwyllyn Samuel Newton Ford. He graduated from Santa Monica High School and began working in small theater groups. He took odd jobs, including working for Will Rogers, who taught him horsemanship. His first major role was in 1939,"Heaven with a Barbed Wire Fence". He was married to Eleanor Powell, famous actress/dancer. During World War II, Glenn served in the Naval Reserves as a Lieutenant Commander.

The most memorable role of Ford's career was in 1946, starring alongside Rita Hayworth in "Gilda". In the movie, "Blackboard Jungle" 1955, he played an idealistic teacher of an urban high school that included Sidney Poitier.



STEVEN SPIELBERG:

Spielberg is considered as one of the founding pioneers of the New Hollywood era, as well as being viewed as one of the most popular and influential directors and producers in film history. In a career spanning more than four decades, Spielberg's films have covered many themes and genres. Spielberg's early science-fiction and adventure films were seen as archetypes of modern Hollywood blockbuster filmmaking. In later years, his films began addressing humanistic issues such as the Holocaust (in Schindler's list), the transatlantic slave trade (in Amstad), war (in Empire of the Sun, Saving Private Ryan, and War Horse), and terrorism (in Munich).

He is one of the co-founders of Dream Works Studios.



Films Made in the Moab Area

1939 - Stagecoach

1949 - Wagon Master

1950 - Rio Grande

1950 - The Battle At Apache Pass

1953 - Taza, son of Cochise

1958 - Warlock

1959 - Ten Who Dared

1961 - Comancheros

1963 - The Greatest Story Ever Told

1963 - Cheyenne Autumn

1964 - Rio Conchos

1966 - Wild Rovers

1966 - Fade In

1967 - Blue

1975 - Against a Crooked Sky

1982 - Spacehunter: Adventures in the Forbidden Zone

1984 - Choke Canyon

1985 - MacGyver

1987 - Nightmare at Noon

1988 - Sundown: Vampires in Retreat

1988 - Indiana Jones and the Last Crusade

1990 - Thelma and Louise

1992 - Knights

1992 - Slaughter of the Innocents

1993 - Geronimo: An American Legend

1993 - City Slickers II: The

Search for Curly's Gold

1993 - Lightning Jack

Article and drawings by John Hagner

1994 - The Great American West

1995 - Larger Than Life

1995 - Riders of the Purple Sage

1995 - The Sunchaser

1996 - Breakdown

1996 - Con-Air

1997 - Lost Treasure of Dos Santos

1998 - Chill Factor

1998 - Galaxy Quest

1999 - The Adventures of Joe Dirt

1999 - Mission Impossible II

1999 - Vertical Limit

2000 - Nurse Betty

2001 - Touched by an Angel 2002 - Austin Powers 3

2005 - Don't Come Knocking

2008 - Star Trek

2009 - The Canyon

2009 - Remember I'll Always Love You

2010 - 127 Hours

2010 - John Carter of Mars

2013 - After Earth

2013 - The Lone Ranger

2014 - Need for Speed

2014 - Transformers: Age of Extinction



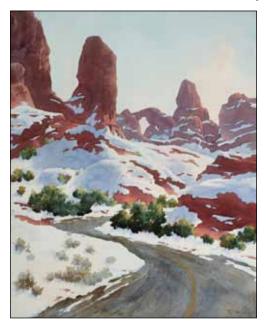


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STUDIO HAPPENINGS

Moab Studio Tour, Saturday & Sunday September 3rd-4th, 2016



Tim Morse

Art From The Heart In Moab And Castle Valley: The Artists' Studio Tour 2016

The 13th Annual Moab Studio Tour, 2016, represents art from the heart and soul of 12 artists located in Moab and Castle Valley. Come visit their studios on Saturday, September 3rd and Sunday, September 4th from 10 am - 4 pm both days. The tour is free. The artists hope to see returning friends and art admirers as well as newcomers.

To find out where to go, download the studio map at moabstudiotour.com or pick up a map at Gallery Moab (87 N. Main St.) or at the Moab Information Center (Corner of Center St. & Main St.). Maps may also be found at artists' studios. Follow the artists on Facebook at Moab Studio Tour 2016.

Individual artists have been gearing up for this event by preparing new work to dazzle their guests. There is a wide range of artwork to be discovered this year. The artists' efforts include but are not limited to oil and acrylic paintings, pastel paintings, watercolors and alcohol ink paintings, drawings, jewelry, ceramics, sculpture, mosaics, and castings. There is so much creativity that needs to be seen and experienced.

The actual studios of each artist display how much heart they have for their art. Some studios are located inside homes or garages or extra buildings by their homes. Wherever the studios are, guests are welcome with open arms and an invitation to

view not only the art itself but also the place where everything is created. Some studios are neat as a pin, and some have been cleaned and organized especially for this event. Other artists have decided to let their space be what it always is - a mess. Whatever the case may be, the environments are exciting and stimulating places to be. It is where ideas are born and creations germinate.

Each artist is interested in beginning new dialogues with guests. Artists look forward to discussing their art and the processes behind the art. While the final product is crucial to feelings of success for some artists, sometimes the process takes on an equally important aspect of creating. The original materials which are used for creating also take on special meaning. All of these things: materials, products and processes open up how much heart the artist has for his/her art. It is an exciting learning experience for visitors and an opportunity for artists to share.

Learning about how the public views their art is a benefit to the artists of Studio Tour. While visitors want to learn about the art, artists want to learn what you think. In the setting of the studio tour, visitors and artists feel free and comfortable to discuss artwork which most catch their interest. It is a learning experience for all and an opportunity not to be missed.

The Studio Tour will host a reception for attendees of the Moab Music Festival's opening night at Star Hall on Friday evening, Sept. 2nd, before the concert and during intermission. Each artist will display artwork. Maps and information will be available and light refreshments will be served.

Come along and explore these 12 terrific artists. In Moab, they are Helen Becker, Karen Chatham, Nick Eason, Sarah Hamingson, Tim Morse, Kristi Peterson, Joanne Savoie, Sandi Snead, Serena Supplee. In Castle Valley artists Michael Ford Dunton, Tricia Ogilvy and Yrma Van der Steenstreaten can be found.



Sarah Hamingson



Splendacious Chard by Helen Becker



Kristi Peterson



Coffee Garden

Super Sneakers

La Quinta

Salt Lake County Offices

Most Hotels in Salt Lake City

Many Auto Dealerships in SLC



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HIKING HAPPENINGS

Mt. Tukuhnikivatz - A Mystical Name

by Marcy Hafner

The La Sal Mountains, the second highest range in Utah after the Uintas, boast twelve peaks over 12,000 feet. Viewed from Moab and Spanish Valley, the most prominent and alluring of them all with its distinctive triangular shape is Mt. Tukuhnikivatz. At 12,482 feet it is the third highest in the range. Legend suggests that Tukuhnikivatz is a combination of Native American words that mean, "where the sun lingers longest" – an appropriate term for a unique landmark that enchants first time visitors. As for



locals like me, it's a natural part of where we live and on a clear day its mesmerizing image greets me first thing in the morning. In the winter I am often caught up in that magical moment when

storm clouds lift to reveal this mystic mountain decked out with a fresh layer of pure-white snow.

Now for some important news: A trail has recently been constructed that goes up to the southern ridgeline of this rugged peak. After reaching the ridge, however, you are on your own to scramble through that slide-away-rock known as scree to the top.

To access the trailhead drive south from Moab on Highway 191approximately 22 miles and turn left at the sign for the town of La Sal. Then drive another 13 miles and take a left on to the Upper Two Mile graveled dirt road. In two more miles make another left turn for the La Sal Pass Road and drive six more miles to the La Sal Pass parking area. This graveled road with one stream crossing to the pass (a total of nine miles) is suitable for most two-wheel-drive vehicles. Beyond that, however, it turns in to an extreme four-wheel-drive road down to Pack Creek

Ranch. Various people who have taken it have told me they'd never do that again!

Even up here it gets warm, but I'm immediately putting on my shirt as a protection against the mosquitoes



and flies. Then just beyond the parking area as I start on the Burl Friends trail - there they are - a fabulous view of both Mt. Tukuhnikiyatz (also known as Tuk) and Mt.

Peale. Peale, the highest at 12,721feet, is named after Albert Charles Peale, a geologist on the Hayden Survey team in 1875.

Right away I'm traipsing through the lushness of an enticing meadow. Lots of moisture has created a greenbelt filled with a splashy bouquet of wildflowers - a feast of nectar that attracts the graceful elegance of chocolate-brown butterflies.

After walking a half-mile I reach a signed junction and take a left for the Tuk trail #093 - foot traffic only

with mileage of 1.5 miles. While embracing the welcome canopied shade of a grove of aspens, I now notice that the trail begins

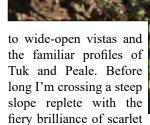


to climb in earnest. Advancing through the thickness of deep woods I relish the fresh scent of pine, the trickling flow of a small stream, the

loveliness of wild geraniums, bluebells, and white violets, while chickadees chatter their trademark "chick-a-deedee" call. Along the way a doe and her twin fawns peek out at me. Both tentative and curious she tiptoes around for a better look at my intrusion before the whole family

goes bopping back in to the trees.

Too soon, however, I'm leaving this haven of cool refreshment to return



gilia flowers. Then wandering past a watering trough and an old fence encasing a spring, the trail swings left in a westerly direction through another meadow. Off in the distance several vocal robins urgently call back and forth

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making me wonder if they are asking each other, "Where are you?"

At the first of many switchbacks I stop to absorb the appealing rural scene of Old La Sal below and the vast stretch of old time ranches. A high-altitude garden of flowers delights me as I stroll by a mixture of lavender

showy daisies, purple Whipple pentstemon, golden pea, blue flax, Indian paintbrush, wild roses and the exquisite sego lilies. Continuing on a short passage through a gully lands me into dense firs that are swaying in a cradle-rocking breeze. For



whatever reason this always reminds me of sleeping in a tent.

I am excited when I catch sight of a ridge up ahead, only to be disappointed when I reach it. It is just an illusion



- the final ridge lies ahead up there somewhere. By now the elevation is killing me as I ponder the question - How many more switchbacks can there possibly be? Determined to find out I keep pushing on and on until the trail ends at a big pile of rocks surrounding a big stick. But since I've come this far, I'm not ready to quit yet and stubbornly I struggle on cross-country for another half-mile. Finally at

almost 12,000 feet – at last - I have obtained my goal – the ridge that connects Tuk to Peale with an in depth look down in to the rich green

belly of Gold Basin.

The summit of Tuk now appears temptingly attainable, but I climbed Tuk with all its loose rock

many years ago - that's good enough for me! Instead the breathless (literally) view from here suits me just fine. From this windswept

ridge I can see all the way to Colorado including the San Juans and Sleeping Ute Mtn. Then coming back to Utah: I am gazing at the Abajos to the southeast, the Henrys directly to the west and the Bookcliffs on the far distant northern horizon. Closer to my own turf of well known peaks, I have a full circle panorama of Peale, Tuk, Tuk No, Laurel, Mellenthein, Haystack, Manns, Pilot, Green and Gold Knob. What's more there's Pre-Laurel and with binoculars I can even make out the weather station on it.

After awhile I turn my attention to the precious beauty of the tundra flowers. Above timberline only the strong survive these harsh conditions and I admire their ground hugging tenacity. How can these small delicate looking plants possibly do it: the saxifrage, moss campion, sky pilot and alpine sunflowers?



Finally peering down on Medicine Lake and La Sal Pass – wow - I suddenly realize how far I've come - 3.5 miles with an elevation gain of almost 2,000 feet. I'm so happy I made it to this top-of-the-world view – a rewarding workout that guarantees a good night's sleep!



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NATURE HAPPENINGS:

September Scorpions

Prehistoric and bizarre are two words that often go together when describing prehistoric creatures. And in the case of the largest fossilized sea scorpion ever found in northeastern Iowa, these hold true. At five feet long, the Pentacopterus had paddle-like appendages enabling it to swim, walk or dig in Devonian oceans some 460 million years ago. Its bizarre shape reminded paleontologists of an ancient Greek warship – the penteconter – and was thus named.

From this oceanic origin millions of years ago, sea scorpions moved landward. A claw-like appendage enabled them to cling to rocky shores and seaweed. Gills and developing lungs allowed them to survive in both the sea and on land. One theory is that when molting underwater, the stationary scorpions might have fallen prey to predators, but above the ocean's surface, there were few predators to worry about. So to the land they took.

Once they went completely terrestrial, the prehistoric scorpions never looked back.

Today, these relatives of ticks, spiders and other arachnids are a common component of the desert fauna. Rarely observed, you often have to spend some energy looking for these nocturnal creatures. Turning over cow pies, lifting rocks or rolling over old woody debris are my "go tos" when searching for scorpions.



Success is often met with a coiled tail and pincers at the ready. Scorpions don't bite; they sting with the stinger on the tip of their tail. Though they use their defense posture as a warning, their strike can be lightning fast. The obvious lesson here is look, but don't touch.

Roughly 20 of North America's 70 scorpion species occur in the Southwest. The largest, the giant hairy scorpion, is named after its 5.5-inch-long size and small hairs on its legs and undersides. You might think that these scorpions pack a poisonous wallop, but they are less

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poisonous than their smaller cousins the Northern bark scorpion. Again, that's not a green light to try and pick one up because everyone's reaction to a sting may vary.

The giant hairy and other scorpions have a waxy layer over their exoskeleton that prevents dehydration and also traps ureic acid beneath this layer. In turn, when exposed to



ultraviolet light, like a hand-held blacklight, the scorpions fluoresces a turquoise color due to these chemicals.

If you happen to find a pair of scorpions in each other's grasp during a nighttime blacklighting adventure, this "promenade à deux" is the courtship waltz of the scorpion. The male is trying to navigate the female over a packet of sperm for her to vacuum up. After a gestation period of a few months to a year, 10 to 50 young are born live. They quickly climb up onto her back where they travel until their first molt in about two weeks, protected by their mother's stinger.

Scorpions have a fairly successful life span, from several years up to 10 or 12 depending upon the species. But like most other predators in nature, they may also

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A NATURAL HISTORY WRITER. Based in the Pacific Northwest, Damian Fagan is a freelance natural history writer and nature photographer who focuses on the flora and fauna of the American Southwest and the Pacific Northwest. Of course, this gives him a good excuse to go hiking. Follow Damian's writing adventures at damianfagan.blogspot.com





fall prey to other nocturnal predators. In this case, bats and owls.

So after a night of stalking prey and avoiding predators, scorpions seek a protective location to wait out another day. Sometimes that hiding place might be an unattended shoe or boot. Another good rule of thumb in the desert is to always shake out your shoes in the morning; you never know who might have taken up residence overnight.





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"Do you have an Advance Directive?"

Imagine being at the end of life or in an accident where you are unable to state your medical needs. If you have not prepared for such circumstances, the decision-making responsibilities will fall on your loved ones. Give them an invaluable gift by completing an Advance Directive. An Advance Directive is a written document that outlines a person's desired medical treatment should they be incapable of communicating their wishes in the future. Talking about death and dying is a hard conversation to have,

way in guiding your loved ones through these challenging times.

An Advance Directive has four sections that help you outline your desired medical wishes for the future. The first part includes naming a medical power of attorney, or health care agent, who communicates the specifics of your Advance Directive to medical professionals. Choosing your Health Care Agent is an important task. You should pick someone that you trust to follow out your wishes, who will be available when needed, and who can remain levelheaded in a serious situation.

Your living will is the second part of the Advance Directive, which will allow you to specify the decisionmaking power you wish your agent to have. You will also chose whether or not you would like to prolong life in certain situations. For most people, this includes making decisions about feeding tubes, resuscitation (CPR), and other life sustaining medical treatment.

Part three outlines how a person can make changes or annul their Advance Directive, and part four gives direction on how to make the Advance Directive a legal document. Changes or nullifications are as simple as signing a new document and writing "void" across the existing document. Legitimizing the document requires a witness who is not related by blood or marriage. After the

however, a little preparation can go along

document is signed, it is important to share this document with your Medical Power of Attorney, your physician, local hospital and others who are close to you. Make sure everyone has an updated copy, store your copy in an easily accessible location and share that location with your loved ones. Do not lock your Advance Directive in a safe or security deposit box.

by Susan Toth

It is recommended that you update your Advance Directive after major life changes. The Consumer's Tool Kit for

Health Care Advance Planning suggests reexamining your advance directive whenever one of the "Five D's" occur:

- Decade when you start each new decade of your
- Death whenever you experience the death of a loved one.
- Divorce when you experience a divorce or other major family change.
- Diagnosis when you are diagnosed with a serious health condition.
- Decline when you experience a significant decline or deterioration of existing health condition, especially when it diminishes your ability to live independently.

Grand County Hospice holds Advance Directives Workshops twice a year to assist participants in making these difficult decisions. If you have any questions pertaining to Advance Directives please attend the next workshop at Moab Regional Hospital on Thursday, September 29th, from 5pm to 6:30pm. Jessie Walsh, RN, Director of Grand County Hospice, and Dr. Kathy Williams, MD, Grand County Hospice Medical Director, will lead the workshop and answer related questions. All forms will be provided. Please RSVP to Jessie Walsh at (435) 719-3772 if you would like to attend.

Spirit of the Desert - The Four Directions Massage

Reflection on the Native American Medicine Wheel led to the creation of Spa Moab's new massage service, where the four directions and the elements they represent are incorporated. The beginning of the service brings in the elements of air and fire with the use of a feather gently wafting the purification smoke of burning Palo Santo wood over and around the body. Drift into a place of comfort, while warm desert stones are placed on areas of the body which represent the earth element. The massage journey begins in the East by working the left hand to help bring in new, fresh, creative energy . The second portion of the service starts in the North with time spent on the head and neck bringing rest and relaxation. As our travel takes us to the West, massaging the right hand brings introspection. The service finishes with a grounding foot massage to complete the journey in the South. In closing, the water element is represented by spritzing the room in the four directions with the Sage and Lavender spray made by Moabs own Victoria White Eagle.

50 minutes \$95 80 minutes \$130

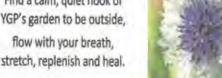




Yoga in the Garden Series

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September Saturdays @ 9am - 10:15am:

3rd - All Levels Yoga - Beginners & those more experienced in their practice are welcome with modifications offered to meet individual needs

10th - Prenatal Yoga - A gentle class designed for all stages of pregnancy with focus on staying \$1. deep relaxing stretches, poses for remaining comfortable in your changing body, and breath work to remain calm

17th - Yoga for Cancer Patients & Survivors - Lunn about all the things you CAN do in yogu, not what you can't. Breath work and guided meditation for comfart and calming, gentle guided movements toward renewing a healthy, positive, and loving relationship to one's own body

24th - Prenatal Yoga



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GALLERY HAPPENINGS

September at Gallery Moab

The guest artist at Gallery Moab for September is Moab resident Nichole B. Taylor. With a background

originating in farming and with a love for agriculture and small town America, Nichole Taylor began creating art in her childhood as a means of expressing the world around her. While acquiring a Bachelor's Degree at Southern Utah University, Nichole launched her art career and soon discovered Colored Pencil Art and Realism.

Realism plays a dominant role in Nichole's work. From the grass rising through the course sagebrush to the morning light gleaming around gaps in the rough-hewn logs of a saddle shed, Gathering Pine Ridge by Nichole Taylor Nichole strives to capture the fine details

that abound in the ranching and agriculture heritage. Her inspiration stems from the stories of the ranchers, farmers, and families who have committed their lives to some of the most demanding but rewarding industries in America. The lifestyle is the art, rugged and harsh but beautiful with a gritty simplicity.

If you think colored pencils are just something schoolchildren use for coloring you are in for a surprise. Colored pencils in the hands of an artist turn into a terrific medium for fine art work. Nichole Taylor presents paintings that catch every beautiful detail of her subjects.

In addition to a B.A. degree from Southern Utah University she studied in London and Paris. She a winner of the Colored Pencil Magazine art challenge - pro/ advanced competition and is featured on the back cover

> of the August 2012 issue of the magazine. Her work has been shown in exhibitions in Tacoma, Washington and Atlanta, Georgia in addition to Utah, and she had a piece featured in the inaugural exhibit for the newly opened Southern Utah Museum of Art. She has been in six publications and is in private collections in the U.S. and New Zealand.

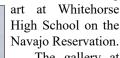
> Nichol Taylor's work will be on display in Gallery Moab 87 N. Main. from September 9th through October 6th.

Each month the Gallery Moab features one of its permanent members with the guest artist. This months featured artist is Michael V. Porter, a conceptual ceramicist. Michael brings the light and sounds of post industrial culture to ceramics; He feels clay is a stimulating vehicle for creating the new and original.

With a Bachelor of Arts degree from Utah State University and a Master of Fine Arts from BYU Michael is well grounded in his chosen field. His many awards including the latest 2014 Four Corners Arts Awards Best of Show attest to the mastery of his work. Mike is currently exploring his license plate series of mugs, bottles and oil lamps. License plates are pieces of history, ownership

and identity. They are symbolic of mans individualism and freedom that is connected to the automobile. License plates are stamped out by the millions yet each has its own

Michael toils away in southern Utah and was selected as "Utah Art Educator of the Year" in 2009 while teaching



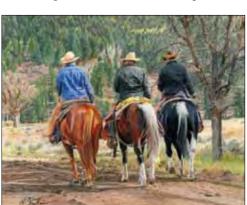
by Larry Thomas

The gallery at 87 N. Main joins the Moab Art Walk on Sept. 10th with a reception for Nichole Taylor and Michael V. Porter.

Gallery Moab is a co-op gallery with 23 members. All items in the gallery are hand made in the local Moab & southeast Utah area. You will find fine art paintings in oil, watercolor, pastel and alcohol ink. Stunning photographs of our red rock country grace the walls. Woodcarvings, molded glass, jewelry, ceramic figures and mugs inspired by license plates complete the varied offerings.

Ceramics by Michael V. Porter

Open 12:00 p.m. to 8:00 p.m., Wednesday - Saturday; Sunday 12:00 to 4:00 p.m. Closed Monday and Tuesday 87 North Main Street. 435/355-0024 Visit us at gallerymoab.com or on Facebook



Moab Pastel Guild featured at the Bighorn Gallery

The Moab Pastel Guild will return to the Bighorn Gallery at Dead Horse Point State Park from September 1 through February 1 with a new show entitled "Melodic Lines." The Guild is a group of like-minded local artists who meet regularly to paint, offer mutual support, inspire one another, and critique each others' work.

The group has been working together for several years, enthusiastically embracing opportunities to learn and experiment with different techniques and approaches to composition. All share a deep love of the surrounding

landscape and its ever-changing light, moods, and colors.



Above the Angels by Sarah Hamingson

Over time, each member has developed a unique personal vision and style. Several have received awards for art entered in shows in Utah and Colorado. The artists all initially focused on honing

their skills with pastel, but now some are expanding their repertoire by working in watercolor and oils as well.

Pastel is often mistakenly confused with chalk. It is quite different. Pastel is pure pigment mixed with just enough binder to hold it together in stick form. The purity of the pigments lets their brilliance glow. Pastel is a very vibrant and versatile medium that mixes well with other mediums. Some artists use only dry pastel on paper. Others apply it over underpaintings rendered in watercolor, acrylic, or pastel dissolved in turpenoid or alcohol on heavier, textured surfaces. The resulting works are varied, ranging from detailed realism and more loosely rendered impressionism to abstraction.

Subject matter includes our beloved local landscape, as well as animals, flowers, and more distant landscapes

which have inspired the artists. Works on display will include both paintings created in the studio and en plein air. During the exhibition the original paintings will be available for purchase, as well as prints and note cards.



Green River Winding by Thea Nordling

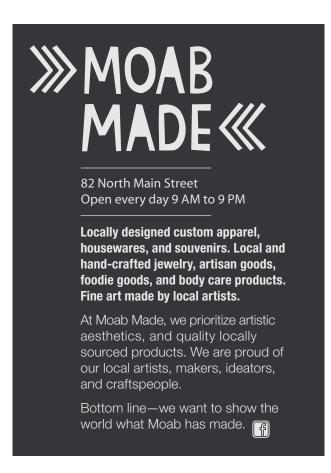


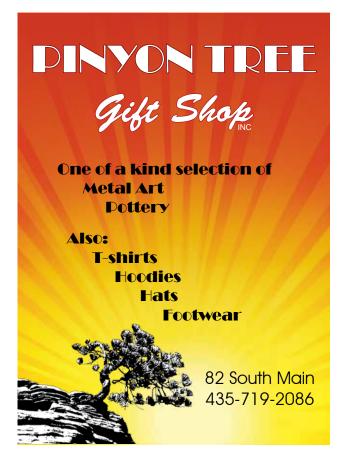
Cloud Dance by Mary Collar

The Guild members invite you to join them for an opening reception at the Bighorn Gallery on Saturday, September 10 from noon to 3 p.m. Entrance to the park will be free for those attending the reception.

The participating artists are Helen Becker, Mary Collar, Victoria Fugit, Sarah Hamingson, Peggy Harty, Margie Lopez-Read, Marsha Modine, Thea Nordling, Charlotte Quigley and Larry Thomas.

Dead Horse Point is located nine miles north of Moab on US 191, and 23 miles south on SR313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10 per vehicle for three days. For more information, please contact the park at 435-259-2614 and be sure to mention you read about Dead Horse Point State Park in the Moab Happenings.







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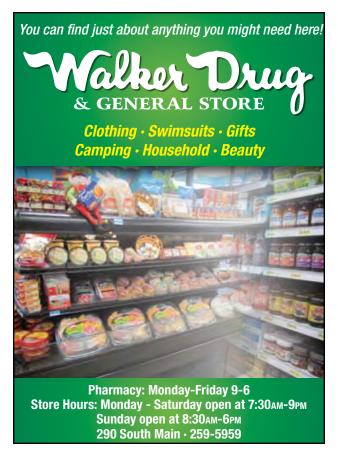
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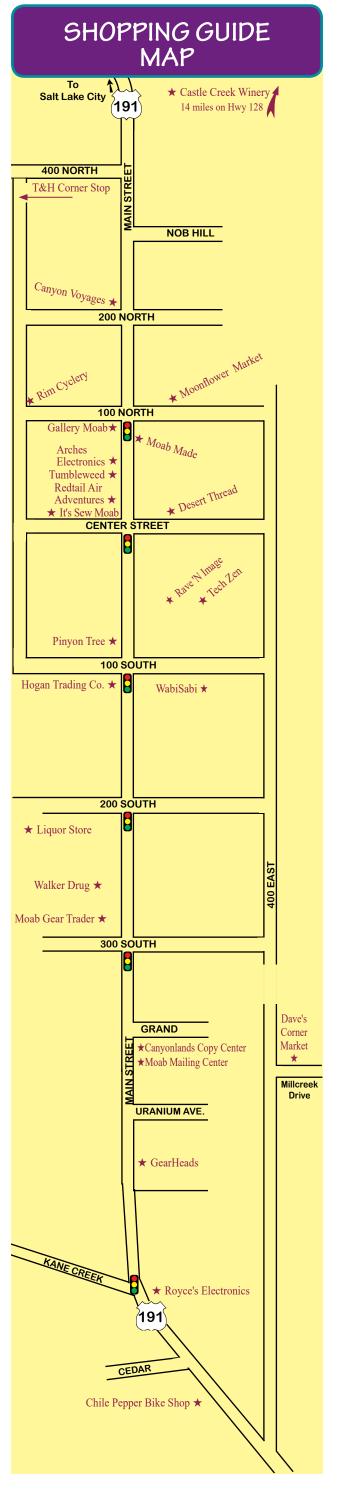
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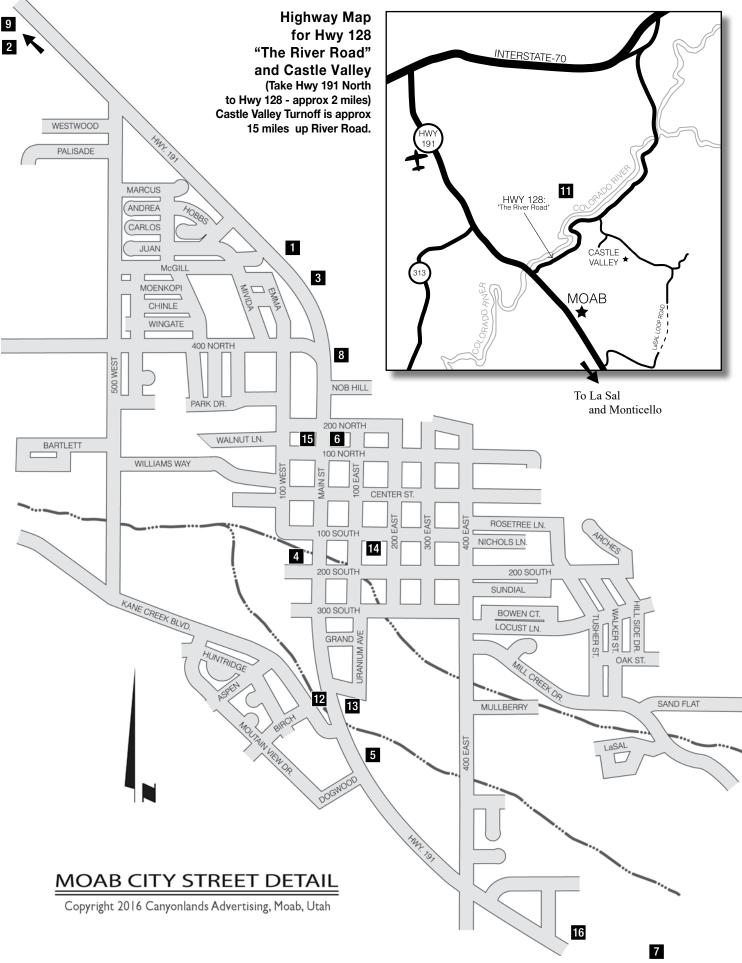


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MOAB AREA LODGING GUIDE

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Key to Lodging Guide

1	Inca Inn	435-259-7261	www.incainn.com
2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Hampton Inn	435-259-3030	www.hampton.com
4	Gonzo Inn	435-259-2515	www.gonzoinn.com
5	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
6	Homewood Suites by Hilton	435-259-7000	www.homewoodmoab.com
7	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
8	Comfort Suites	435 259-5455	www.comfortsuites.com
9	Aarchway Inn	435-259-2599	www.aarchwayinn.com
10	This Space could be yours	435-259-8431	www.moabhappenings.com
11	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
12	Big Horn Lodge	435-259-6171	www.moabbighorn.com
13	Redstone Inn	435-259-3500	www.moabredstone.com
14	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
15	Bowen Motel	435-259-7132	www.bowenmotel.com
16	Sleep Inn	435-259-4655	www.moabsleepinn.com
17	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
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Moab Church Services Directory of God 435-259-7747 Friends in Christ Free Lutheran Church

Assembly of God 435-259-774 1202 South Boulder Avenue		Friends in Christ Free Lutheran Church 1240 South Highway 191 435-259-4378	
Bahá'í Faith	435-650-5778	Grace Lutheran Church	435-259-5017
Canyonlands Fellowship	435-260-2434	360 West 400 North	
111 East 100 North		Jewish Interfaith Beit Moabi	435-260-0241
Church of Jesus Christ of Latter-D	ay Saints	Moab Baptist Church	435-259-8481
First & Second Wards	435-259-5566	356 West Kane Creek Blvd.	
475 West 400 North		Quaker Worship Group	435-259-8178
Third, Fourth & Fifth Wards	435-259-5567	81 North 300 East	
701 Locust Lane		River of Life Christian Fellowship	
Community Church	435-259-7319	2651 East Arroyo Rd.	435-259-8308
544 MiVida Drive		St. Pius X Catholic Church	435-259-5211
Episcopal Church of St. Francis	435-259-5831	122 West 400 North	
250 South Kane Creek Blvd		Seventh Day Adventist	435-259-5545
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LODGING HAPPENINGS

Homewood Suites by Hilton Announces Fall 2016 Opening

The Homewood Suites by Hilton Moab located at 132 N Main Street Moab, Utah will open for business in early Fall 2016. The Homewood Suites will be Moab's newest extended stay, all-suites hotel in the area. The Homewood Suites Moab is proud to introduce General Manager, Paula Olesen, and Assistant General Manager, Daniel Haughan.

Olesen has enthusiastically returned to the Moab area to provide unparalleled service to the hotel team and guests. Her leadership and customer services skills are



unsurpassed in the hospitality industry, bringing experience, eagerness and joy to those around her. Starting her hospitality career in Rapid City, South Dakota - the home of Mount Rushmore she is an outstanding ambassador to the tourist industry and thrives on making sure guest experience is five satisfaction. star Olesen has over 21 years of hospitality

experience, in her past endeavors she has led her hotel teams to many awards small and large, the most prestigious being The Presidential Award, offered to Property GM's for leading their teams to the Highest Overall Guest Satisfaction along with increasing sales, revenue and occupancies above and beyond expectations. Paula is thrilled to be back permanently in the Moab community and to be close to friends and family!

Haughan has been with Vista Host for two years serving as the Food and Beverage Manager at the Hilton

Garden Inn Cranberry Township, PA. Haughan is an outgoing individual who has picked up great knowledge and experience throughout his worldwide journeys. His passion in the service industry started at a very young age, and he is thrilled to move out west and be active in the Moab community.

Regional Director of Operations, Tiffany Jassel, commented "This is one of my favorite places in the

USA. The magnificent landscape, the people, the overall total experience of Moab is transcendentally uplifting and we are thankful to be here."

About the Hotel:

Centrally located in downtown Moab, our hotel is minutes from world-class national parks and a quick walk to charming restaurants and shops. Go hiking at Canyonlands National Park, whitewater rafting on the Colorado River, or biking on the Slick Rock Trail – the hotel has plenty of bike storage for your convenience, as well as Guest laundry facilities. Our friendly staff is happy to suggest wineries, art galleries and other things to do in Moab.

Each inviting suite at our extended-stay hotel has a living area, work desk, dining space and full kitchen. Relax on the sofa watching the 42-inch HDTV, and enjoy complimentary internet access and PrinterOn® remote printing. Traveling with family? Our larger suites offer private bedrooms, and we have cribs and high chairs to make your stay more comfortable. Accessible suites are also available.

Start each day with a complimentary hot full breakfast, and join us for the complimentary evening social* Monday through Thursday. There's always coffee, hot tea and gorgeous views of Moab to enjoy in the lobby, and our Suite Shop® is open 24 hours for drinks, frozen meals and



travel items. Unwind in the heated indoor pool, work out in the complimentary fitness center, and print boarding passes in the 24-hour business center.

About Vista Host:

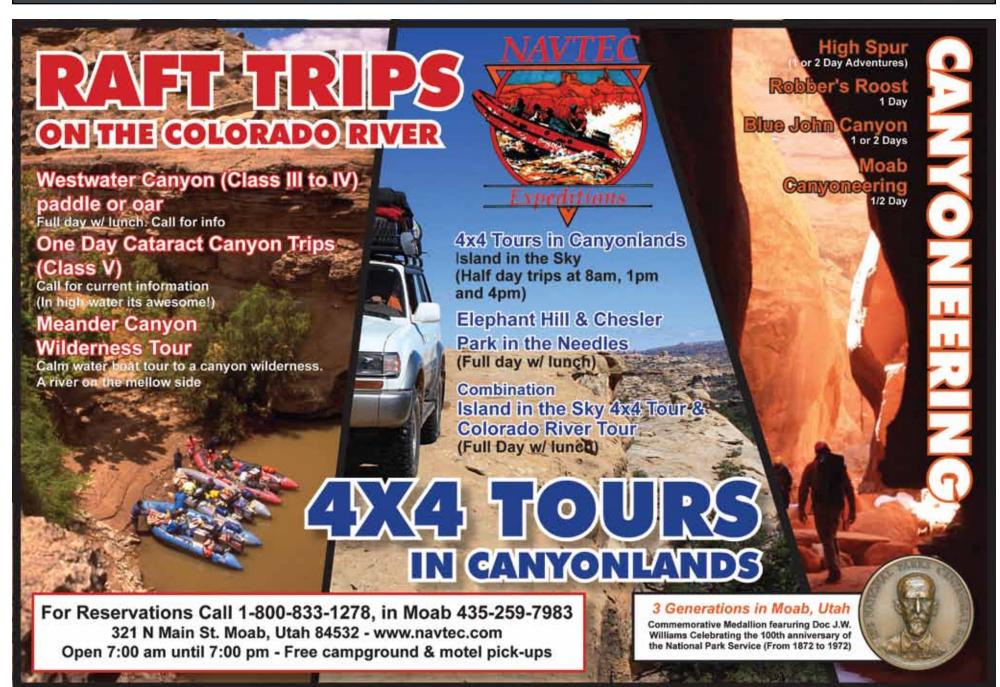
The Homewood Suites Moab is managed by Vista Host with industry leading expertise in managing limited feature hotels. Over the past 38 years we have managed a wide array of franchise brands including Hampton Inn, Hampton Inn & Suites, Hilton Garden Inn, Home2 Suites, Homewood Suites by Hilton, Towneplace Suites & Fairfield Inn & Suites by Marriott. We know that each hotel is unique and we must address the specific needs of each hotel. Vista Host's operational strength flows from our focus in five primary areas: a strong commitment to providing legendary service to our guests; engaged involvement from our General Managers in our revenue management and sales efforts; a comprehensive sales training program, optimum efficiency in labor and operations costs; and a keen focus on talent development through award winning programs such as out MIT (Manager In Training) program to ensure we are constantly positioned to entertain new projects.

For more information call 435-259-7000 or check www.homewoodmoab.com. And be sure to mention you read about Homewood Suites in *Moab Happenings*.

\$5.00 per person (Towels not included) Campers Welcome



374 Park Avenue
(Northwest Corner of Swanny Park)
435-259-8226
www.moabcity.org/mrac



www.moabhappenings.com

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MUST-SEE HAPPENINGS

Mesa Arch

Hiking Distance (round-trip): 1/2 mile (loop hike) Difficulty: Easy

Cautions: High temperatures during summer; steep drop-offs.

Mesa Arch certainly isn't an "undiscovered" site, but you still shouldn't miss it during your visit to the Moab area. Located in the Island in the Sky section of Canyonlands National Park, about 40 miles from Moab, the now-famous arch has graced the cover of countless magazines and books.

Canyonlands National Park is divided into three sections: Island in the Sky, the Needles, and the Maze. In terms of travel time, Island in the Sky is the easiest to reach from Moab. While you'll have no shortage of stunning vistas from the mesa rim here, most of the trails in this section of the park involve fairly long hikes that require descending down from the rim and climbing back up.

There are a few exceptions, however, and Mesa Arch takes the prize for offering one of the most spectacular views for a minimal amount of physical effort.

An Arch with a View

From the parking area, Mesa Arch is an easy half-mile loop walk to an arch perched on the edge of a 500-foot vertical cliff. Although the arch spans only 50 feet, its dramatic suspension above an abrupt drop-off to the expansive white rim canyons makes it a premiere "ooh aah" site in southern Utah.

Part of what makes the view so spectacular is Washer Woman Arch, which is so perfectly positioned through the opening of Mesa Arch that it looks like the geology gods purposely placed it there for your viewing and photography pleasure. Named for its resemblance to a woman reaching down into a washtub, Washer Woman is both an arch and a classic sandstone tower. If you gaze long enough at the rock structure, you may start to feel like you're actually looking at a woman out there. Feel sorry for her because she's stuck doing laundry in this beautiful landscape.

If you really want to have an out-of-body experience, trek out to see Mesa Arch at sunrise. I use the word "trek" not because it's a difficult walk, but because of how early you'll have to get up. If you're not a morning person it will require some discipline, as you'll need to leave Moab about an hour and a half before sunrise. Allow about an hour for the drive and 15 minutes for the walk out to the arch.

You only have a small window of time when the sunrise turns the underside of the arch into an intense red glow, so don't cut your timing too close. (The only thing

worse than getting up that early is getting up that early and missing it by five minutes.) Take a flashlight or headlamp with you, as it will probably still be dark when you're walking out to the arch.

It used to be that only locals and canyon country regulars knew about this sunrise secret, but in the last 10 to 15 years—as the spectacular photos have circulated around the globe—the word has gotten out. These days, don't be surprised if you get to the arch and find 20 people, each with 50 pounds of camera equipment and all jockeying for position.

For the most part, folks are courteous about sharing the space, but you need to understand that photographers take their Mesa Arch sunrise shots very seriously. I wouldn't advise jumping in front of everyone with your

phone camera just to get that "one quick shot," or you may find yourself being pummeled by an army of tripods.

Don't be too disappointed if you can't make the sunrise trip; Mesa Arch and its panoramic view of the White Rim Basin are spectacular at any time of day. By the way, in case you're tempted to walk across the arch, that's a very bad idea. If you don't believe me, step up to the opening of the arch and look down at the abyss below. It's also against park regulations to walk on the arch, despite what you may see in photos.

Getting There

From Moab, Utah:

Head north on Hwy 191 (Main Street in Moab) for 11 miles. Turn left onto State Route 313 and drive 21.5 miles

Laurie Schmidt is the author of Utah Canyon Country: 20 Must-See Sites and Short Adventures. This article is excerpted from the book. The book is available on Amazon at: http://amzn.to/29pRRT7.

by Laurie Schmidt



to the park visitor center. (After about 15 miles you'll reach the left turn to Dead Horse Point State Park; be sure and continue straight to Canyonlands National Park.) From the visitor center, continue on the main park road (Grandview Point Road) for 6 miles. The signed parking area for Mesa Arch is on the left side of the road. There is a \$25 entrance fee to Canyonlands National Park.







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RIVER HAPPENINGS

7th Annual River Rendezvous joins with JW Powell Museum's Event September 30 to October 1, 2016

The John Wesley Powell River History Museum in Green River, UT has partnered with Moab-based conservation non-profit, Plateau Restoration, for the Annual River Rendezvous and River Runners Hall of Fame banquet. The two-day event will be held at the Museum in Green River, UT, on September 30th and October 1st, and will celebrate river history and culture through expert presentations, service opportunities, historic films, and the Hall of Fame banquet and induction ceremony. "This two day event is an amazing opportunity for people to experience river history, and hang around some of the legendary members of the river running community that are still around today," said Tim Glenn, director of the John Wesley Powell River History Museum. "We're so proud to partner with Plateau Restoration, and extremely excited to induct these important names into the River Runners Hall of Fame." The Museum will induct a class of four people: Elzada Clover, Lois Jotter Cutter, Bill Belknap, and Katie Lee into the River Runners Hall of Fame.

Dr. Elzada Clover and Lois Jotter Cutter became the first women to run the entire length of the Colorado River through the Grand Canyon as part of Norm Nevills' famous expedition of 1938. Clover, a botanist at the University of Michigan, was a catalyst for the '38 expedition and helped organize the trip in order to catalog the plant life on the bottom of the canyon. She and Jotter, her student and research assistant, successfully completed the entirety of the expedition, putting in at Green River, UT and reaching Lake Mead forty-three days later.

Bill Belknap has likely had a hand in reaching more individual river runners than any other person in

the history of the plateau. A photographer and an adventurous river runner in the mid-twentieth century, he made several trips through



Belknap guide book Norm Nevills, Kent Frost, Pres Walker Tildon Jones with



the Grand Canyon (in both directions) during is life time. His son's waterproof Belknap river guides, which he helped develop, have become the most popular guides to be used on both the Green and Colorado Rivers. His impact on both independent and commercial river running cannot be understated.

Katie Lee is a songwriter, folklorist, and musician whose presence on the plateau has been loud and clear for over fifty years. Her reflections on life on the Colorado Plateau, and has produced a wealth of songs, books, and words that express her love for the desert rivers and the cultures they have created. Throughout her life, she has been a strong and prominent advocate for wilderness preservation on the Colorado Plateau.

Plateau Restoration has been putting on the Annual River Rendezvous since 2009, each year offering unique historic films and expert presentations on ecology, archeology, history, adventure and issues relating to Colorado Plateau Rivers as well as field trips, to National Parks or on the river, and restoration project volunteer service opportunities. Previous Rendezvous' have all taken place in Moab, but event founder, Michael Dean Smith



Tildon Jones with Colorado Pike minnow



Nelvills expedition

said "we are delighted to combine with the Museum's Hall of Fame Induction Ceremony, since so many people in the community have been interested in both events. "After last year's induction ceremony, I suggested to Museum Director Tim Glenn that we partner these two events and he was excited about the possibility. This museum is the perfect venue". The two-day event begins with a service project and field trip, social, and evening film festival. Plateau Restoration is working to improve and restore an area on the Green River near the mouth of Gray Canyon that has been decimated by wildfires. The service project is free for anyone to attend, and will includes snacks and expert presentations. After an afternoon social and break for dinner on Friday, the event continues with a documentary film about the Dolores River by Cody Perry and presentation on history of rubber boats by Herm Hoops at the Museum on Friday night.

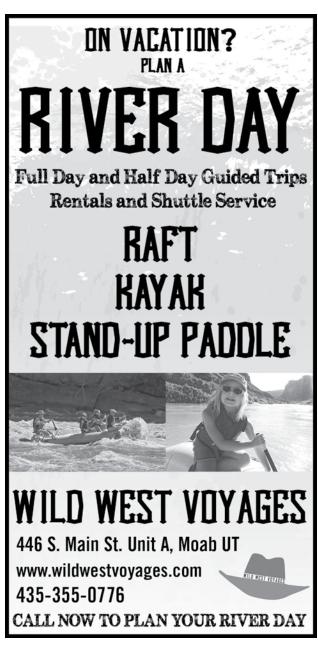
On Saturday, prior to the Hall of Fame ceremony, several informative sessions will be held at the John Wesley Powell River History Museum. These include presentations on Fish Conservation in the Green River Basin by ecologist Tildon Jones, by author Tom McCourt on the historic town of White Canyon, now under Lake Powell, the use of insects in control of noxious weeds by Dr. Dan Bean and Colorado Plateau Geology by author Wayne Ranney, plus historian Roy Webb sharing historic films of famed river runner Kenny Ross and a 1970s-era promotional film from Holiday River Expeditions, "The Gift of a River." The Museum will host a dinner after Saturday evening's Induction ceremony and live auction. Members of the public are invited to attend all or any part of the event, although pre-registration is required for the dinner.

The River Rendezvous and River Runners Hall of Fame will be held at the John Wesley Powell River History Museum, 1765 E. Main Street, Green River UT. Individual tickets for events are \$5 to \$15 or a ticket for the entire weekend is \$45.

For more information about the presentations and speakers or to purchase a ticket, visit www. moabriverrendezvous.com, or call Plateau Restoration 435-259-7733.

For questions about the venue, the Saturday Induction Ceremony or learn more about the Museum, visit www. johnwesleypowell.com., or call 435-564-3427. Be sure to mention you read about it in *Moab Happenings*.







FAMILY FUN HAPPENINGS

5D "Paleo" Aquarium", Moab Giants' new Exhibit

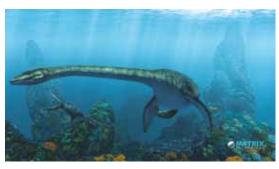
Moab Giants is now complete with the opening of its most "thrilling and chilling" attraction, the virtual 5D Preshistoric or "Paleo" Aquarium! Paleontologists and an amazing design team have been working together to create a life-like experience of the prehistoric world, by both land and sea. With its underwater maze of rocks, giant aquarium scenes, oceanic sounds and even modern DNA testing sites, you won't find anything else like it in the U.S. "It's no exaggeration when we say this might be the most innovative, realistic and thrilling underwater simulation ever constructed," says one investor, Karolina Otko.



Entering the PaleoAquarium is like entering a Jurassic Park-like deep-sea laboratory. You are greeted by the "scientist" and given your 3D glasses. You then enter the cool darkness to observe and learn about the prehistoric sea creatures that lived millions of years ago. Some of them might seem a little familiar, like the Plesiosaurus, aka the Loch Ness

Monster. You will find the ancestors of the giant sea turtles, as well as ancient relative of the whale, as well as other less known, highly interesting underwater species.

After browsing through the aquarium, you will enter a "DNA testing observation room" where you will see the largest sea monster of all, the Megaladon shark! Yes, it's just as intense as it sounds! Without ruining the surprise, let's just say that the "5D room" allows you to experience this as if you were there, not only with realistic visuals, but with some physical elements as well. People are loving the high emotion and excitement of the PaleoAquarium! It has quickly become the most popular and highly rated attraction at the park. It completes the life-size dinosaur



adventure at Moab Giants! They invite everyone to come and experience it for yourselves!

For more information call 435-355-0288 or visit www.moabgiants.com. Please be sure to mention that you read about it in the *Moab Happenings*!



A Special River Treat! with Tag-A-Long Expeditions

September 19 is International Talk Like a Pirate Day; a day where you can "Arrr" and "Avast" to your heart's content. Several years ago, Tag-A-Long decided to have a Pirates of the Colorado trip on that day in celebration.

Well, Tag didn't really decide, more like the guides decided.



Ok, it was only one guide.

Me. I decided to be a pirate on the river for a day complete with the costume and the skullduggery. The kids had a blast, as did I, and a new tradition was born!

Our Pirates of the Colorado River trip is a bit more sophisticated these days. When you show up at our office we give you an eye patch, a bandana, and introduce you to the most kind-hearted scurvy buccaneer who ever shivered me timbers on the river. You spend a full day rafting and singing chanteys as you float down the river. We'll give chase and fire upon passing boats with our water cannons. We might even find a treasure map and a secret buried





treasure! This is the perfect beginner trip for land-lubbers and their lads and lasses to learn about the river and have a great time!

Our Pirates trip is a great addition to a birthday party or family reunion! Just give us your dates and numbers and we'll get it all set up for you! Our lunch is a BBQ on a beach and there is plenty of room to bring along anything extra you may want. We offer discounts for groups over 15 who decide "Yo ho, yo ho, the pirate's life for me!" Just give us a call, we would be happy to fill you in on all the details!

Tag-A-Long Expeditions, 435-259-8946; www.tagalong.com

There's Magic in Moab at the Backyard Theater

Everybody knows that Moab is a magical place. But did you know that Moab has its very own magic man? Rick Boretti has been wowing audiences throughout the west for years. Now he brings his jaw-dropping illusions very Thursday through Saturday to Moab's Backyard Theater,

a new outdoor venue located in the heart of downtown.

"I love doing magic at the theater," Rick says. "It's great to see people laugh, have a good time and the adults become kids again. People come back that have seen me over the years and become like family."

A working member of the International Brotherhood of Magicians, Boretti has been perfecting his craft over the years at festivals, theaters and private functions. He also specializes in the difficult sleight of hand known as "close-up magic", creating illusions that can leave audiences gasping. His fascination with magic started early.

"I was bitten by the magic bug when I was 6. Later when I learned to do a cut and restored rope my life was



never the same. I like to have fun and for people around me to have fun. Magic is one great way to do this."

When he's not doing magic, Boretti is a Ranger and wildlife biologist in the heart of the Canyonlands wilderness, helping keep people and animal populations

safe on the San Juan river. But he's mostly famous around these parts for one thing: magic.

"I'm always working on creating new miracles." he says. It is family fun with lots of laughs but hopefully strong magic."

You can catch Moab's magic man this Spetember every Thursday, Friday and Saturday at 7pm at Moab's Backyard Theater, located at 56 W. 100 South, just behind Zax. Admission is five dollars and worth every penny to see the premiere magician in Southeastern Utah.







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NIGHT SKY HAPPENINGS

The Night Sky for September 2016

By Faylene Roth

Moab UT (at City Hall)

38°34' N Latitude - 109°33' W Longitude

4048 ft - 1234 m Elevation

SEPTEMBER SUNRISE & SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET	
1	6:48am	7:47pm	
2	6:49am	7:46pm	
3	6:50am	7:44pm	
4	6:51am	7:43pm	
5	6:51am	7:41pm	
6	6:52am	7:40pm	
7	6:53am	7:38pm	
8	6:54am	7:36pm	
9	6:55am	7:35pm	
10	6:56am	7:33pm	
11	6:57am	7:32pm	
12	6:58am	7:30pm	
13	6:58am	7:29pm	
14	6:59am	7:27pm	
15	7:00am	7:25pm	
16	7:01am	7:24pm	
17	7:02am	7:22pm	
18	7:03am	7:21pm	
19	7:04am	7:19pm	
20	7:05am	7:17pm	
21	7:06am	7:16pm	
22*	7:06am	7:14pm	
23	7:07am	7:13pm	
24	7:08am	7:11pm	
25	7:09am	7:09pm	
26	7:10am	7:08pm	
27	7:11am	7:06pm	
28	7:12am	7:05pm	
29	7:13am	7:03pm	
30	7:14am	7:02pm	

*Equinox 8:21am

is, Venus will be difficult to catch because it sets within an hour of sunset. Look for it low on the western horizon during nautical twilight as overhead skies darken. (Magnitude -3.8) Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

MOON HAPPENINGS

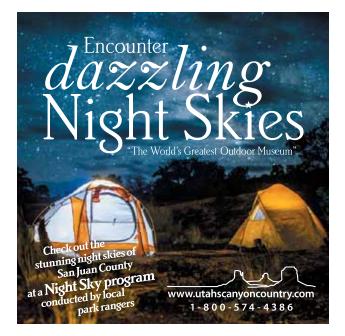
September 1 – New moon (3:03am) yields dark skies for several nights.

September 9 – Waxing first quarter lights the evening sky then sets soon after midnight.

September 16 – Full moon (1:05pm) rises at 7:36pm.

September 23 – Dark evening skies return with the waning last quarter moon rising after midnight.

(The moon rises later each day—as little as 30 minutes to as much as one hour. Time of moonrise and moonset may also be delayed in mountainous terrain.)



The Summer Triangle—formed by Vega (Lyra), Deneb (Cygnus), and Altair (Aquila) dominates the overhead sky with the Milky Way running through it from Cassiopeia high in the northeastern sky to Sagittarius low in the southern sky. Look for Cepheus in the middle of the triangle formed by Cassiopeia, Ursa Minor, and Cygnus. Cepheus looks like a simple drawing of a house with a steeply pitched roof (but upside down). N It actually represents the crown of Cepheus, an Ethiopian king. Libra, Scorpius, Sagittarius, Capricorn, Aquarius, Pisces,

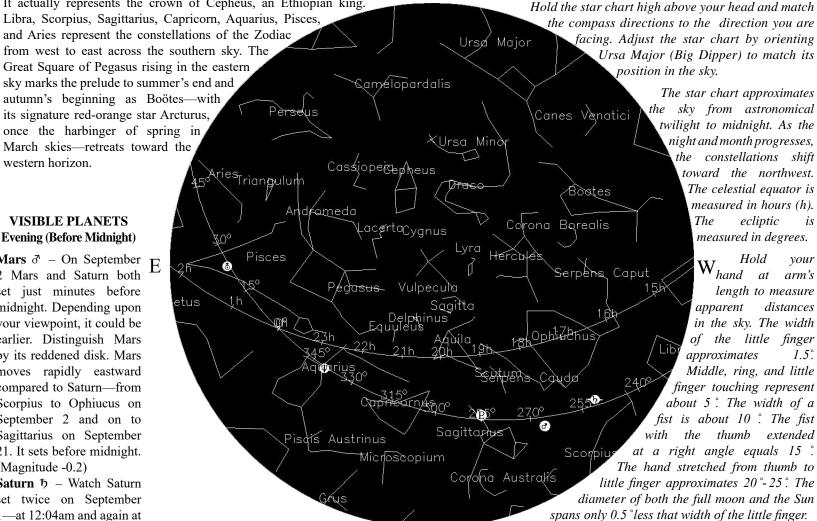
from west to east across the southern sky. The Great Square of Pegasus rising in the eastern sky marks the prelude to summer's end and autumn's beginning as Boötes—with its signature red-orange star Arcturus, once the harbinger of spring in March skies—retreats toward the western horizon.

VISIBLE PLANETS Evening (Before Midnight)

Mars ♂ - On September 2 Mars and Saturn both set just minutes before midnight. Depending upon your viewpoint, it could be earlier. Distinguish Mars by its reddened disk. Mars moves rapidly eastward compared to Saturn—from Scorpius to Ophiucus on September 2 and on to Sagittarius on September 21. It sets before midnight. (Magnitude -0.2)

Saturn 5 - Watch Saturn set twice on September 1—at 12:04am and again at 24:00 midnight. Unless you find a high vantage point, the planet will drop below the surrounding western rim before midnight both times. This golden yellow planet remains in Ophiucus throughout August and can be distinguished by its brilliant yellow color. By month's end it sets around 10:00pm. (Magnitude +1.2) **Venus** ? - As bright as it

Twilight is often the best time to look for Venus and Mercury because they frequently rise or set within onehalf to one hour of sunrise or sunset. Twilight transitions stage—civil twilight—begins when the sun ascends to 6° below the horizon and provides adequate light for most outdoor activities for the half hour before the sun crests the horizon. The opposite progression occurs after sunset. Civil twilight covers the period after sunset during which daytime light quality persists for about one-half hour. Color then fades from the landscape during the 30-40 minute period of nautical twilight during which the overhead sky darkens while the western sky retains color. Astronomical twilight then transitions to night skies that are now darkened along the horizon.



S

between night and day in three stages at each end of the day. Morning twilight begins with astronomical twilight as the eastern horizon brightens —about 1-1/2 hours (nearly 2 during summer months) before sunrise when the sun is 18° below the horizon. Nautical twilight takes over for another 30-40 minutes—as the sun passes 12 ° below the horizon and the overhead sky turns blue and color returns to the surrounding landscape. The final

Shower

Sporadic

MAJOR METEOR EVENTS Range Constellation Peak Rate **Details Conditions** (September) (September) Radiant (/hr) Sporadic meteors Often produce large fireballs, exploding bolides, 1-30 Random 10-20 None originate from interplanetary debris and meteorite landings

Best time to view any meteor event is between midnight and morning twilight when the radiant is overhead.

Trace the path of any meteor backwards through the sky to reach its radiant--the region of the sky from which meteors appear to originate.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at http://www.fourmilab.ch/yoursky/ To find out when the International Space Station is visible from your location, go to: http://spaceflight.nasa.gov/realdata/sightings/index.html and click on Sighting Opportunities.



www.moabhappenings.com Moab Happenings • September 2016 • 19B

SAN JUAN HAPPENINGS

Fall Is On The Way - 14th Annual San Juan ATV Safari

You know the feeling, early in the morning standing on the porch with your cup of coffee or tea, you get that little tingle of cooler air washing over your bare feet. Yep!

Fall is just around the corner. What a great time of year for outdoor activity! Cooler days bicycling, make ATVing, hiking, and all the other fun stuff you do outside more fun.



September is the month for the San Juan

ATV Safari. This year is the 14th Annual! Riders come from all over the US of A to enjoy stellar fall rides in Canyon Country; rides at the top of the Blue Mountains or deep in the red rock canyons, world-class rides that showcase this beautiful area of Utah! The Safari, September 15-17, is three days of riding trails with names that hint of history and beauty: Bridger Jack, Shay Ridge, Hook & Ladder, Falls Missile Trail, Bulldog, Arch Canyon, River House Ruin. Then there is Piute Pass, Jacob's Chair, Wooden Shoe, Tables of the Sun, and Elk Ridge. All these colorful names trace back in San Juan County history. The trails are rated from Easy to Difficult and all are led by local riders who know the country and the stories. The host city for the

Safari this year is Blanding, Utah.

Legendary Doug Miller, who was the outdoor guru on Salt Lake television for years, said, "The San Juan ATV Safari is a ride destined to be one of Utah's best OHV trail networks. It offers a contrast between rides through the middle of this red rock beauty to a ride through dark timber on a trail that towers to over 11,000 feet. Most of the trails are true two track, too narrow for a truck and SUV. This is trail riding at its finest amid some of Utah's most spectacular country."

And, he was right. Utah's Canyon Country / San Juan



County encompasses over 8,000 square miles with a resident population of under 15,000. The country is unspoiled and open with views that stretch miles into southwest Colorado, all the way to Monument Valley, and across one of the

by Emma MacPherson

world's largest living groves of juniper trees on Cedar Mesa. Visitors come from all over the world just to see Utah's Canyon Country and the San Juan ATV Safari will take you into it - down through the red rock into



sheltered canyons, along a ridge trail through aspen and fir to a mountain ledge overlook, past ancient Puebloan ruins. There's nothing like it anywhere else! Reserve your space now for the experience of a lifetime.

If you want to join the group, go to www.sanjuansafari. com where you can sign up and reserve your space. You can email the Safari at ATV@sanjuansafari.com or contact San Juan County Visitor Services at www.utahscanyoncountry. com or 800-574-4386.

For more information on all the events and attractions in San Juan County see: www.utahscanyoncountry.com or call the Visitor Services Office @ 800-574-4386. Be sure to mention that you read about it in Moab Happenings!

Dead Horse Point State Park What's in a Name?

What's in a name? A view by any other name would be just as inspiring, so what makes people so interested in the nomenclature of Dead Horse Point State Park? In our onomatomanic society, unusual names reign supreme – the more interesting the name, the more likely a person is to be interested. The tales behind the naming of this state park

Killer Potholes

There are potholes so deep that horses can drown in them! You can check them out at the Big Horn Overlook.

Outlaws

Back in the days of outlaws, there were a few who

decided to make their name in wild mustangs. They rounded up a bunch of horses that they found and brought them to the point to hide them. A couple days later they realized they were low on supplies and rode into the nearest town, leaving the horses corralled on the point. Outlaws have never been known for their endearing personalities and for whatever reason they found themselves dead, taking the location of the mustangs to their



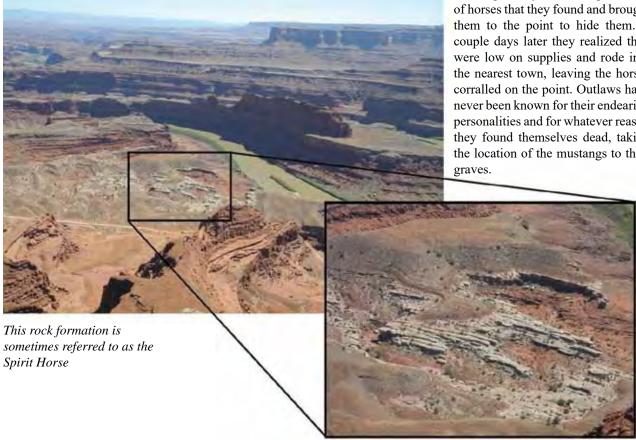
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vary widely, from first-hand accounts to made-up stories to rock shapes. So what's in Dead Horse Point's name? A little lore, a little love, and a lot of legend.

Dead Horse Paint

Many years ago there was a cowboy with a beloved horse named Paint. One day the cowboy was riding Paint around Dead Horse Point when suddenly the horse was spooked by a snake and started running toward the cliff. The cowboy was unable to stop Paint but did not want to go over with the horse; he jumped out of the saddle but his brand new chaps were tangled up in the saddle and ripped right off his legs, flying over the edge with the horse. The cowboy couldn't bear to lose his expensive new chaps so he spent several days working his way down and around the mesa to look for them in the canyon. When he finally spotted them, they were still attached to the saddle and Paint - helicoptering in the cliff's updraft. As the cowboy watched, the chaps eased Paint onto the canyon floor, dead of thirst from the long, slow fall.

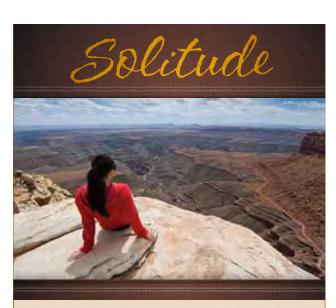
The Spirit Horse

While looking down into the canyon from Dead Horse Point, one can see a rock formation that looks like a horse lying on its side, or a dead horse.

Stacks on Stacks of Bibles

Tradition has it that a hundred years ago the local cowboys rustled up all the mustangs in the area and trapped them at the point by building a fence across the neck. They pulled out the horses they wanted for work or for sale and a small group of them was left behind. While legend says the cowboys agreed to "swear on a stack of Bibles taller than the point itself" (that's about 17,143 King James Versions) that they left the gate open, the remainder of the mustangs were left on the point to die of thirst within view of the Colorado River.

This view which inspires artists and scientists alike has been here for millions of years; while any name would leave the view just as magnificent, would a plainer name be as enticing? Would Canyon Views Point instill as much curiosity? Would a dead horse by any other name be as intriguing?



Base camp for exploring Natural Bridges, Edge of the Cedars, Hovenweep, Monument Valley, Canyonlands, Lake Powell, Dark Canyon, Goosenecks, Cedar Mesa, Moki Dugway-Muley Point and Arches.

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DANCING HAPPENINGS

The Third Annual Dancing With The Moab Stars

When I stepped on to the stage at the first annual Dancing with the MOAB Stars (DWTMS) I felt a wave of excitement. The crowd was dark and quiet; all eyes were on myself and my "Moab Star" whom I had taught a traditional Chilean dance to be performed that night. My dancing experience prepared me for organizing and supporting the amazing dancers that are volunteering for this year's event. I cannot express enough the gratitude we feel towards the instructors and "Moab Stars" that make this show so inspiring. Each year DWTMS has featured about nine dance pairs and four exposition acts which adds up to about 50 volunteers! Some of these dance pairs spend literally hundreds of hours choreographing, practicing and perfecting their routines and when they get on stage this fall I hope the audience recognizes that.



This year our event will take place on September 23rd at 7PM on the stage of the Grand County High School auditorium. I think I can speak for the whole staff when I say each year is new and exciting and while the logistics have gotten somewhat easier, organizing the show is always a surprise. Rhiana Medina, the director of the Moab Valley Multicultural Center (MVMC), says about DWTMS 2016, "I think this year will be our best show

3rd Annual Dancing with the Moab Stars Friday, Sept. 23 7pm High School Auditorium Proceeds benefit the Multicultural Center's advocacy, education, and outreach programs. Moab Valley Multicultural Center dvocate. Collaborate. Celebrate. Tickets available at Multicultural Center • Back of Beyond Books • Wabisabi \$13 in advance • \$15 at the door Sponsored by moabmc.org • 435.259.5444 RED CLIFFS LODGE

yet. The participants are putting so much effort into their routines. We hope everyone will come out and enjoy a fantastic evening of culture, friendship, laughter and fun."



As we are busy working on promotional materials for the show, sneak peak videos, dancer support, venue logistics, etc. we encourage the community to embrace the purpose of this show. What is the purpose you may ask? 1) to bring the many diverse sectors of Moab together in one room for a night of cultural entertainment and

2) to raise funds for the MVMC. The community response was a surprise to us all at the inaugural show and we all realized what DWTMS truly meant. What was originally supposed to be a small portion of our already established Day of the Dead festival turned into a platform for celebrating cultural diversity in a new way. Culture is defined simply as a set of values or beliefs that you share with a group of people and throughout Moab there are many diverse cultures that exist even within our little

valley. We hope to live up to the purpose of this show by representing Moab in all its diversity on stage and in the audience.

The second purpose of the show, of course, is to raise



funds for the ongoing programs offered by the MVMC. We are a 501(c)3 nonprofit dedicated to building bridges across language and culture through family support, community collaboration and education. Every day we help families and individuals access services in our community and communicate to create better lives for themselves. We also offer interpretation/translation services, youth education

> programs, language and life skills classes and much more!

The MVMC has a contagious energy which I know is reflected at Dancing with the Moab Stars and I hope that everyone is able to attend the show. Tickets are now on sale at Back of Beyond Books, WabiSabi Moab and The MVMC. Tickets are \$13 pre-sale and \$15 at the door. We would also like to thank the Moab Recreation and Aquatic Center, The Moab Arts and Recreation Center, The Times

Independent, Red Cliffs Lodge, Red Stone Inn, Big Horn Lodge and Rustic Inn for supporting this year's event either with an in-kind donation or an event sponsorship. Muchas Gracias!





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ASTROLOGY HAPPENINGS

Your Horoscope for September 2016

September is a powerful month for releasing that which is no longer relevant or useful in our lives and embracing the unknown with trust and playfulness. This is a month filled with celestial events. It's a bit like a giant wave of energy washing over the planet, with varying results depending on where you might be on its path and how prepared you are to surf the wave. Mercury is retrograde (August 30-Sep 22) for most of the month, so be prepared to pay close attention to, and possibly change, travel plans, contracts, initiating plans of any sort, appointments or generally anything to do with communication or travel. Computers and technology may feel possessed by gremlins. Don't get frustrated just go along and ride the wave.

Then there is also a partial Solar Eclipse on September 1, at 9° Virgo and the Lunar Eclipse on September 16 in Pisces. Virgo is a sweet sign, interested in healing, gardening, diet, health, fixing "things", organizing and generally making life run smoothly. However, this eclipse forms a T-square to Saturn and Neptune, making this a powerful aspect with long term implications.

Saturn rules form, certainty, results of past action and learning from mistakes -- the boundaries, stability and framework necessary for growth and maturity. Neptune, on the other hand, does not work well with boundaries or everyday responsibility. It seeks dissolution of boundaries, unbounded imagination, and merging. Saturn represents the stability and comfort we feel in familiar situations. Neptune dissolves stability and sets us adrift in uncertainty.

Saturn is now in Sagittarius, a fire sign, Neptune is in Pisces, a water sign -- the sign in which it is most powerful. Put them together and they can go "Boom!" Saturn is conjunct Mars (fire, heat, war) and squaring the Sun / Moon eclipse and Neptune (water, dissolution, illusion, denial). Neptune is in opposition to the Sun / Moon and squaring Saturn and Mars.

The most obvious physical repercussions of this aspect right now are the historic flooding in Louisiana and the horrific fires in California. For the country as a whole, Saturn is on our ascendant (sense of physical identity) and Neptune is on our progressed Sun (personal identity in the world) in the 3rd house of beliefs and communication. Some of us are holding on tightly to the illusions of our defining characteristics as a nation while the dissolution of those same characteristics is taking place. Saturn is also forcing a rethinking and reassessment of how our actions over the last 50 years have factually defined us.

On a personal level how each of us responds to this aspect depends on its placement in our charts. If we favor Saturn in our chart, we may feel heavy, depressed, limited and restricted by the realities of life. If we function better with Neptune we may tend to check out, turn to addictions or impossible dreams, avoid dealing with reality or feel like a victim. The point of these energies is to get Saturn and Neptune working together. Now is a time in which we can release our collective and personal delusions and limiting beliefs and choose the deeper dreams and truths of our souls, then put in the work and discipline needed to manifest them. Let go of the distractions and trivia that don't take you where you want to go.

As the Autumnal Equinox arrives at 8:22 am MDT on September 22, focus on the general outlines of where you want your life to go (Saturn), be willing to expand or even go in new directions (Neptune). You may find your dreams and desires manifesting in new and surprising ways.



Mar. 21 - Apr. 20

Aries -- Both the New and Full Moon fall in your 6th house emphasizing health and work. This is a good month to tell yourself the truth about what's not working in these areas and to let go of illusions and denial. Going on a diet does not equal real

lifestyle changes for health. A walk now and then does not equal everyday exercise. Saturn and Maras in good aspect to your Sun gives structure, stability, energy and endurance to any changes you want to make. Go for some new energy and possible dissolution of self-imposed limitation.

Apr. 21 - May 21

Taurus -- You may feel ambiguous or confused about your love life this month and yet know that the circumstances will resolve into a higher good. Patterns from the past or early childhood are coming forward to be seen, and either discarded or

integrated into a more mature understanding. Wait to make final decisions until after 15 October. Don't make speculative investments this month.

May 22 - June 21

Gemini – The eclipse falls in your 4th house of home and foundations, squares Saturn and Mars in your 7th house of marriage and partnership and opposes Neptune in your 10th of public image. What illusions about "what other people

think" are you clinging to that are keeping you from your heart's desire? How do you use partnership or marriage to deny responsibility for your own fulfillment and happiness? Start with small changes and see if your partner is happier about them than you imagined.

June 22 - July 22

Cancer —Communications, siblings, neighbors and new beliefs may occupy your attention in September. If possible avoid family gatherings. There may be unusual tension, confusion, or outright angry responses from siblings or neighbors. Just

turn the other cheek this month and remember you have four. Postpone decisions concerning further education for your work. Travel over water is likely better after the full moon. October will give you more information and clarity.



Leo — Review your investments or where your money is going this month. Pay attention to your values and priorities. Mercury retrograde urges caution concerning speculation or embarking on a new love relationship. There be possible

monsters there, matey. Later in the month both Venus and Jupiter move into your 3rd house giving a new buoyancy and optimism, which continues into October.

Aug. 24 - Sept. 22

Virgo – Who are you, Virgo? What do you love and what do you want most in your life? — big questions, requiring big answers. Stop selling yourself short – you have great gifts – use them. If you can't take large actions start dreaming large

dreams. Cut the past loose, build on a trimmed-down foundation, loose the past baggage of resentment, victimhood or nit-picking slights. A new improved version of you is just waiting to stretch its wings. Listen to the words you say to yourself every day to find the how and why of not getting what you want.

Sep. 23 - Oct. 23

Libra – Venus and Jupiter move into your first house this month and give even more charm and attractiveness to your personality as well as expanding the possibilities of artistic collaborations. This is especially true for Libras born October 15th

to the 19th. Watch out for temper tantrums and biting communications. Best to count to ten before venting, as it may create messy misunderstandings at work. October 7th to 9th Libras are feeling the transformative energies of Pluto, now. Letting go of whatever is trying to leave your life will smooth the transformation.



Scorpio – Mars and Saturn in your 2nd house once again bring values, priorities and money into your September spotlight. Expect unexpected expenses possibly relating to older equipment or construction.

If you have children, they may be the source of the income outgo. Truthfully assess the level of positive communication with your lover, children or creative projects and then make changes, if need be. Doing so will forestall considerable difficulty down the road.

By Victoria Fugit



Sagittarius – The new and full moon eclipses may again boost your career particularly if it is in one of the creative arts or publication. Follow through with new ideas for marketing yourself. Venus and

Jupiter move into you house of friendship and social networking. Take advantage of social networking opportunities and be generous to your friends. If you drive the river road, keep your attention on the road.



Capricorn – Desire for change and/or travel is strong in you this month. However, it might be best to wait until October, when Saturn moves away from Neptune. This is a good time to do the research, so that travel plans aren't undone by Neptune or delayed

by Saturn or turned inside out by Mercury retrograde. It may also be a good time to think about new directions through classes, workshops or other types of education.



Aquarius – Financial plans, concerns or responsibilities are emphasized this month. You may find that if you are owed money it comes without having to ask. Inheritance would not be unlikely. You may be receiving more money from others than from your own

labor. Innovative ideas could be a source of income. Other may use your ideas to their own benefit and then give back to you. Friendships may not be reliable – many are going through their own inner process now.



Pisces – Partnership or marriage is receiving most of the eclipse energies of the New and Full Moon. Be patient and ride the waves. Co-workers may be a little prickly until the New Moon on the 16th. This is a

positive time to start saving each month and if you have high credit card debt, start a plan to pay it off as quickly as possible. Your home and/or children bring great joy this fall. Friendships can seem distant, but part of that is you are a little reclusive these days.

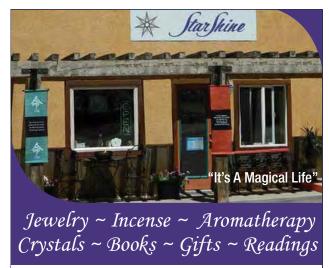
About Victoria...

The passion I have for Astrology began when I was twenty-four. I had been traveling in Europe for months and was becoming more and more curious about the letters my mom was sending me. They were waiting for me in each city or town I went to and it was as if she had a spy following me. She seemed to know my every move. Then she started to give me advice about what was coming up and what to watch out for.

Astrology has been part of my life ever since and has led to my involvement with researchers and teachers in the human potential movement, such as Jean Houston (Institute for Mind Research), Werner Erhardt (EST), Elmer Green (Duke University), Joe Kamiya (early researcher in bio-feedback), Swami Rama (Himalayan Institute) and others.

Sun sign astrology obviously doesn't give the depth of knowledge available in a full reading. Each chart is unique, like snowflakes. But it's fun and entertaining. Hope you get both from this column.

You can get in touch with Victoria at 435-259-9417 or vfugit@etv.net. And be sure to mention you read about Victoria in the Moab Happenings.



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PET HAPPENINGS

What is Feline Whisker Fatigue?

By Kaye Davisowner of the Moab BARKery

I thought I was fairly knowledgeable when it comes to most things cats, but when I first heard about 'whisker fatigue' I thought it was just another clever marketing gimmick to help drive sales of designer cat food bowls. In my research I am finding there's more to it than that. Did you know that your cat's whiskers can get tired? It is true and whisker fatigue could be causing your cat some serious stress around mealtimes. Whisker fatigue is something that a lot of cat owners have probably never heard of, but it could be making your cat an unhappy feline.

Whilst a cat's whiskers are essentially just thick, long hairs that protrude from the sides of their face what makes them special and ultra-sensitive is the fact there is a sensory organ called a proprioceptor at the end of each whisker, which sends messages to the cat's brain and nervous system. A cat's whiskers are so sensitive that they can detect movements in the air, sensing the size and shape of nearby objects before they reach them. This allows a cat to sense and navigate around a piece of furniture in a room in the dark of night, judge tight spaces and whether they'll fit, and sense the outline of prey when hunting to capture and kill in the most effective way, even it's only a toy mouse in the comfort of your living room.

Whiskers are vitally important to your cat, so if they get damaged, fatigued or become stressed by coming into frequent contact with a surface such as the side of a food bowl during meal times it can cause huge discomfort. This can quickly turn meal times from a pleasurable experience for your cat into a stressful and painful situation. A water

bowl with high sides can cause the same problem for cats that suffer from whisker fatigue.

If your cat exhibits any of the following behaviors at meal times, whisker fatigue could be the problem:

- Paws or pulls food out of the bowl before eating on the
- Makes a huge food mess on the floor
- Leaves food in the bowl but still seems to be hungry
- Eats only from the center of the bowl
- · Hesitates before eating, stands near the bowl or paces around the outside
- Has to have the bowl be filled to the brim even when it is not empty
- Behaves aggressively towards other pets at meal times.

Cats are known for their finicky eating habits. Often we assume that when a cat isn't eating at meal times, the problem is the food. But sometimes, and especially if your cat is showing signs of whisker fatigue, the problem



could be the food bowl. Preventing whisker fatigue is simple; you just need to minimize any contact between food and water bowls and your cat's whiskers.

There are several cat food bowls on the market that are designed to relieve and prevent whisker fatigue. Look

for a food bowl that's designed with a shallow, wide shape so your cat can easily access her food without having her whiskers stimulated or pulled back. The right design will



also prevent your cat from having to painfully push their nose into the inside edges of the bowl in order to get to the food there. When it comes to water bowls, on the other hand,

look for one that's wide so your cat can drink the water from the middle of the bowl without affecting the whiskers.

When shopping for your cat's food and water bowls opt for those that are made of non-porous materials. Stainless steel is the best option, followed by glass and ceramic. Plastic cat food bowls are not recommended, even if they are deemed "food safe" because the material can develop micro-abrasions where bacteria could grow. The bacteria, which might persist despite the bowls being washed, would then come into contact with your cat's face and nose, potentially resulting in feline acne.

Mealtime is an important part of your cat's day, so if you find that your pet is hesitating or wants to take their food to go because they would rather not eat out of the bowl, they may be suffering from whisker fatigue. A simple swap of the food bowl for one that's ergonomic and designed to prevent whisker fatigue could help.

> By Jessica Turquette – owner of the Moab BARKery

De-shedding VS Shaving a Double-coated Dog

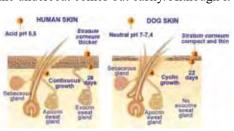
Summer in Moab is hot! There are different ways to help a dog manage the heat of summer here. If your dog is double coated they are better off being de-shed than shaved. Double-coated meaning the guard hairs stop growing at a certain length and they shed undercoat regularly. Most dog owners know that their dogs need to be brushed, but don't know why it's so important. Dogs have up to 8 hairs in each follicle, only 1 of them is a guard hair the rest are undercoat. The guard hair does not fall out, it's meant to be permanent but the undercoat is meant to fall out regularly. The undercoat grows in different stages, so there is continuous growth. Brushing weekly will remove the longest and oldest of the undercoat, while distributing sebum from skin glands that help maintain the guard hair and keep it watertight. Elbow grease plus the right brush can make easier work of

this task. Many people don't get enough undercoat removed regularly, and it gets packed against the skin creating

a mat. Many people think that shaving helps the most, but it has drawbacks. If possible we try and remove the undercoat, but if it's too matted often it has to be shaved off. De-matting a dog is very painful, but regular brushing at home or regular trips to the groomer can keep any dog in excellent condition.

De-shedding a coat leaves the guard hairs intact and removes the majority of the undercoat. This method allows the coat to maintain UV protection, and allows for maximum air flow while protecting the skin. Dogs have skin that is 25% thinner than humans, so they rely on their coat to help maintain body heat and protect them from the

environment. One of the best places to de-shed your dog at home is in the tub. When the coat is lubed up with shampoo the undercoat comes out easily. Although it's a messy job,



than better all that dry hair blowing around when brush you Fido dry. Try different tools like

much

rakes, combs, slickers, and shedding blades. Brushing their coat with shampoo allows the cleaning agents to get down to the skin. Don't forget to condition and rinse well for the best result. We use a high velocity dryer to do most of the work on the undercoat, this is the groomer's best tool! It

can remove 90% of the loose undercoat with no brush at all. The same result can come from air drying and a long brushing session after the bath. We recommend forced air drying, hand held and home units are available for the

to protect their skin while it's growing back.

same price as a Furminator brush!

Shaving the coat makes all the hair one length while losing the protection of the guard hair. Then all the undercoat grows back at the same length making the coat look thicker, and harder to brush. The dog will be much cooler but they lose skin protection for a while. The worst result of shaving a double coated dog is that rarely the hair doesn't grow back, or worse grows back patchy. Most dogs grow their coat back just fine, and if your dog is severely matted it's the most humane choice possible, but make sure

Humane Society of Moab Valley

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September 2016 Events

September 3 - Cat Adoption Day at the Moab BARKery from 11am - 1pm

September 10 - Dog Adoption Day at City Market from 10am - noon September 17 - Cat Adoption Day at the

Moab BARKery from 11am - 1pm

September 24 - Dog Adoption Day at City Market from 10am - noon

Be sure to check www.moabpets.org for other ways you can support the HSMV.

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