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FULL-DAY RIVER ADVENTURE World-famous scenery and a barbecue lunch rafting the Colorado River. 8:15am - 4:00pm (min age: 5)	\$85	\$65
COLORADO RIVER A.M. HALF-DAY Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)	\$54	\$44
COLORADO RIVER P.M. HALF-DAY Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
WESTWATER CANYON FULL-DAY Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$175	\$175
TWO-DAY RAFT & CAMP All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)	\$255	\$185

HUMMER SAFARIS

	ADULTS	YOUTH (under 16)
SLICKROCK SAFARI Incredible 4x4 experience over a landscape of petrified sand dunes. Departs 7:30am, 10am, 2pm (2 hrs)	\$81	\$49
GRAND SAFARI Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
SUNSET SAFARI The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

MOUNTAIN BIKING

	ADULTS	YOUTH (under 16)
HALF-DAY MOUNTAIN BIKING Easy to moderate rides. Enjoy scenic desert and red rock oasis. Includes bike rental, helmet, water. (4 hrs)	\$95	\$95
CANYONLANDS SUNRISE DOWNHILL Relaxing downhill ride w/ breakfast. Enjoy grand vistas at every turn. Departure times vary. (5 hrs)	\$110	\$95

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	ADULTS	YOUTH (under 16)
ARCHES FIERY FURNACE HIKE Explore a maze of astounding hidden chasms with one of our guides on this unique hike. 7:15am - 12:30pm	\$81	\$61
ARCHES SUNSET TOUR Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

CLIMBING & CANYONEERING

	ADULTS	YOUTH (under 16)
EPHEDRAS GROTTO CANYONEERING Excellent canyoneering intro gives you access to seldom seen canyons with exciting rappels! 4 hrs (min age: 10)	\$99	\$84
DESERT ROCK CLIMBING Climbing, instruction, and fun on rope and rock! All equipment provided. 5 hrs (min age: 5)	\$99	\$84
HIGH ROPES COURSE Challenge course, safety gear & instruction, and southern Utah's highest swing! 2 hrs (min age: 10)	\$60	\$50

FLIGHTS & HORSEBACK

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HOT AIR BALLOON RIDES Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
CANYONLANDS SCENIC FLIGHT See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$173	\$173
CASTLE VALLEY HORSEBACK RIDE 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$80

JETBOAT TOURS & MORE

	ADULTS	YOUTH (ages 4-15)
CANYONLANDS JETBOAT Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$89	\$79
SUNSET JETBOAT & DINNER 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$79	\$69
DINNER & NIGHT SHOW 1 hr Dutch-oven dinner plus 2 hr light show on slow-moving boat ride on the Colorado River.	\$69	\$59

JEEP RENTALS

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MOAB HAPPENINGS

Volume 25 Number 6

SEPTEMBER 2013

FREE COPY

Moab Music Festival
August 29 - September 9

Moab Century Tour
September 20-22

Moab International Film Festival
September 20-22

Skydive Boogie
September 25-29

Green River Melon Days
September 20-21

Red Rockin' UTV & ATV Event
September 25-29

3rd Annual Navajo Rug Auction
September 28



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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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21st Annual Festival
 August 29–September 9, 2013

Michael Barrett Music Director
 Leslie Tomkin Artistic Director

Tickets on sale now! 435.259.7003 www.moabmusicfest.org



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Provo - Price - Green River	↓	↑
Moab	6 PM	7 AM
Monticello - Blanding - Bluff	7-9 PM	4-6 PM

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WESTERN HAPPENINGS

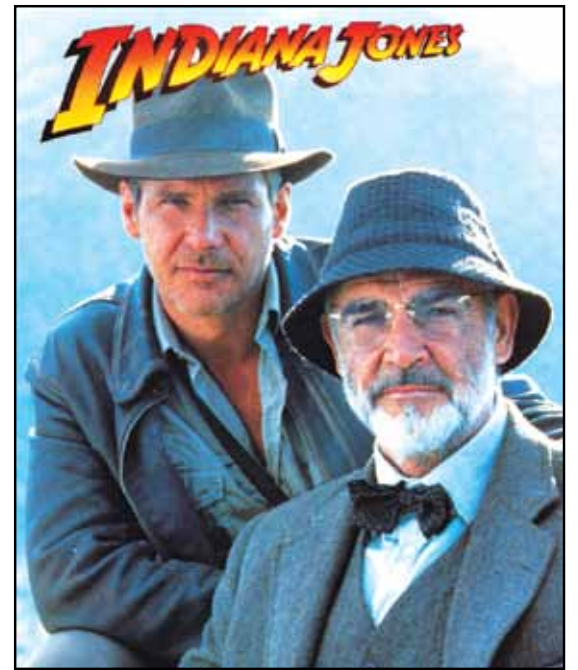
Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.

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MOAB AREA EVENTS CALENDAR



Adventure Tours \$60 2hrs

Call for info:
 Jet boat/4x4 - \$140 5hrs
 Jet boat /Helicopter \$250 4hrs
 Scenic - \$89 3hrs Custom Tours

435-259-5538 www.moabjett.com
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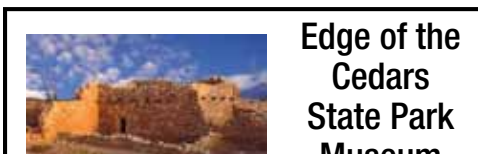


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Edge of the Cedars State Park Museum

660 West, 400 North, in Blanding, Utah.
 For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload
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 Tour Buses \$3 per person
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September Events

8/29-9/9 21st Annual Moab Music Festival - the Moab Music Festival brings world-class musicians to stunning red rock venues around Moab, for a feast of chamber music, jazz, and traditional music concerts. For info visit www.moabmusicfest.org or 435-259-7003. See article on pg 1B and ad on 2A.

8/30-9/2 Savage Spirit Sidewalk Sale - 50% off Savage Spirit clothing and Stoneage Jewelry. 87 N. Main Street 435-259-2278. See article pg 9B, ad 10B.

8/31-9/1 Moab Artists Studio Tour - visit the homes and professional studios of 23 artists at 15 locations. It is an opportunity to observe & ask questions of your favorite artists. From 10am-4pm both days. For info visit www.moabstudiotour.com.

Sept 1-Oct 30 Big Horn Gallery at Dead Horse Point - presents an exhibit of recent work by the Plein Air Painters of the Four Corners (PAP4C), a group of 35 artists from the Four Corners region dedicated to painting outdoors on location in the "Plein Air" tradition. The official opening reception will be held October 5th from 3-5pm. For further info contact Dead Horse Point State Park at 435-259-2614. See article on page 8B

1 Blu Bar Live Music - Sun Sept 1 Eddie Tennyson. Music starts between 7:30 & 8pm at 811 South Main St. For more information call 435-259-3333 or visit us at www.blupigbbq.com.

1-6 Women: Wild by Nature River Trip: Join CFI's Director Karla VanderZanden on this special women-only annual event. 5 Days and 5 Nights - 1-night orientation stay at Recapture Lodge in Bluff, UT, plus a four-night adventure on the Lower San Juan exploring deep river canyons and beautiful landscapes. \$1,100 plus \$12 BLM Special Area Fee. <http://cfimoab.org/trips/women-wild-by-nature-river-trip/> or call CFI at 435-259-7750.

2 LABOR DAY

2 Moab Contra Dance- at the MARC, 111 E. 100 North, no partner needed. Beginner instructions 7:30pm, Dance at 8pm. Live music by the Moab Community Dance Band & Moab Music Festival's Artist in Residence Christopher Layer. \$7 suggested donation benefits the Moab Music Festival Educational Outreach Program. For more info call 259-4270.

3 Moab Garden Club monthly meeting - make many from one. September marks the turning point in our gardens. We need to start saving seeds and propagate plants for winter use or next year's growing season. Our meeting this month will focus on how to divide iris, rooting basil and African violets, and starting new rose bushes from cuttings. 78 East Mount Peale Dr. For further info contact Patty Larson 259-7941 or Tricia Scott 435-249-4959; email moabgardener@yahoo.com.

3-7 Live Music Buck's Grill House- Tues Sept 3 Bridgett Otto & Friends, Wed Sept 4 Dave Steward Trio, Thurs Sept 5 Gigi Love, Fri Sept 6 Eric Jones, Sat Sept 7 Frank Schramm. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or www.bucksgrillhouse.com.

4 Free Line Dancing - Need to spice up your exercise routine? Join us every Wednesday at the Grand Center at 11am. Contact Susan at 435-260-8097.

5-7 Blu Bar Live Music - Thurs Sept 5 & Fri Sept 6 - Scott Ibex. Sat Sept 7 - Bridget Otto. Music starts between 7:30 & 8pm at 811 South Main St. For more information call 435-259-3333 or visit us at www.blupigbbq.com.

6 Moab Area Art Classes with Kathy Cooney - 2pm-4pm Kathy will be instructing a series of 4 water-color art classes: 2 beginner classes and 2 intermediate classes. Supplies Provided! Space is limited so sign-up by contacting Canyonlands Natural History Association toll free at 800-840-8978 or email with your contact information to alishia@cnha.org. Each lesson will be \$60.00 per person. Proceeds go to our Discovery Pool program which supports science and research on the Colorado Plateau! For more info visit cnha.org or call 435-259-6003 ext.12.

6-7 Live Music at Woody's Tavern- 221 South Main Street. Fri & Sat featuring Fox Street All Stars (Funk/Soul/Rock). For more info call 435-259-9323.

6-8 The Eastern Utah Friendship Riders - We originated in Eastern Utah but welcome riders from other areas. We share a love of the motorcycle, the freedom of the ride, and the support and friendship of our fellow riders. Our only mission is to further our friendship and camaraderie as we participate in our rides and other activities. The Friendship ride will be based in Moab this year. See our website for more details at www.eufr.org or call Dick Pacheco at 435-260-2755.

6-8 Sorrel River Community Table Dinners - a large community table set inside the River Grill Restaurant hosting a five to six course menu tailored around what is growing fresh in our gardens with carefully selected wines to complement each course. Starts at 7pm & reservations are recommended. Call 435-259-4642 to experience this unique event. See ad 1B.

7 15th Annual Harvest Beer Festival in Cortez; hosted by Montezuma Land Conservancy, music, kids activities, drawings, more. 5-9pm. For info: harvestbeerfest.com.

7 Multicultural Center Flea Market - Every Saturday 9am-1pm, 156 N. 100 West. Many vendors, many venues: food, homegrown vegetables, jewelry, furniture & collectibles. Vendors wanted. For more info 435-259-1601.

7-8 The Lost World of Range Creek: Archaeological paradise: rare opportunity to see pristine prehistoric Fremont rock art and sites in-depth with plenty of time to explore. Two days with vehicle tour, hikes, and camping, evening program, all meals. Located in the Book Cliffs between Green River and Price, Utah, Range Creek canyon has been recently opened to research and restricted vehicle access after careful protection by local ranching family for many years. Small group, comfortable vehicle supported camp, longer trip allows quality time for exploring, hiking, discussion. \$400 Adults and youth 16+ <http://cfimoab.org/trips/range-creek-archaeology-sep/> or call Canyonlands Field Institute at 435-259-7750.



Get to know where we love to go!

May through October (except late July)
 Air-conditioned van • Short, easy hikes
 \$65/person each tour

Moab's Ancient Past Rock Art Tour
 Fridays, Saturdays, Sundays
 8:30am to 12:30pm

Sunset Tour of Arches NP
 Fridays, Saturdays, Sundays
 4:00pm to 8:00pm*
 *Tour time changes with the seasons.

Call CFI to register:
435-259-7750
info@cfimoab.org

CFI is an outdoor education nonprofit organization.



Fitness Center • Fitness Classes
 • Lap Swim
 • Water Aerobics
 • Group Cycling Classes
Open Swim • Child Care

374 Park Ave (435) 259-8226
 Visit website for fees & schedules
www.moabcity.org/mrac

Fallen Arches Square Dance Club
 Thursday Nights 7:30 - 9:30 p.m.
 The Grand Center
 182 N. 500 West, Moab, Utah

All Square Dancers & Visitors Welcome

Please call to verify dance and for lesson information:
 Bob or Flora 435-259-2724
 Tom or Sandy 435-719-4169

Moab Farmers' Market
 every Thursday evening 5-8pm!
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Featuring local and regional produce, meat & cheese, handcrafted goods, fine art, baked goods & other prepared food, and live music.

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 Under 60 \$6.00/ over 60 \$2.50
 suggested donation.

Exercise, Crafts, Health Day, Cards,
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www.grandcountyutah.net

DEADLINE for OCTOBER Events Calendar: SEPTEMBER 20, 2012

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

- 9 Museum of Moab Book Signing & Lecture- *Images of America: Moab & Grand County*** 5:30pm, 118 E. Center St. Refreshments will be served. For more info: 435-259-7985. See article & ad on page 9B.
- 10-14 Live Music Buck's Grill House-** Tues Sept 10 Bridgett Otto & Friends, Wed Sept 11 Dave Steward Trio, Thurs Sept 12 Eric Jones, Fri Sept 13 Sand & Sunnie Sheff, Sat Sept 14 Scott Ibex. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or www.bucksgrillhouse.com.
- 11 Free Line Dancing** - Need to spice up your exercise routine? Join us every Wednesday at the Grand Center at 11am. For more info contact Susan at 435-260-8097.
- 11-14 Blu Bar Live Music** – Wed Sept 11-Sand & Sunnie Sheff . Thurs Sept 12 -Scott Ibex. Fri Sept 13 -Mike Waters. Sat Sept 14 -Bridget Otto. Music starts between 7:30 & 8pm at 811 South Main St. For more information call 435-259-3333 or visit us at www.blupigbbq.com.
- 12 Laura Martin-Living on the Margins: Expressions of the Northern San Juan Ancestral Pueblo People in Canyonlands National Park.** The Needles District of Canyonlands is known for its' red rock spires, twisting canyons, and somewhat elusive water. It is also known for its spectacular rock art and plentiful masonry granaries. During the late 10th and 11th centuries, this region played host to a population of Northern San Juan Ancestral Pueblo farmers who found success in growing corn along the broad arable terraces and abandoned meanders of Salt Creek. Join Park archaeologist Laura Martin for a presentation of findings from recent archaeological studies conducted in Salt Creek that examine land use and the complex cultural expressions that include both Fremont and Mesa Verde traditions. Canyonlands Natural History Association (CNHA), Museum of Moab Lecture Series. Moab Information Center, Corner of Center & Main, 6:00 pm.
- 13-14 Fall Crawl 2013** - hosted by Moab Outfitters of Lindon, UT. Experience two days of jeeping! Choose easier or more difficult trails. Family friendly event. Dinner & Raffle, prizes donated by our sponsors: Teraflex, Rubicon Express, Smittybilt, Rhino-Rack, RotoPax, more! Grand prize \$500. For more info & registration www.MoabOutfitters.com or call 801-785-6622 or email will@moaboutfitters.com.
- 13-14 Live Music at Woody's Tavern-** 221 South Main Street. Fri & Sat featuring Lucky Tongue. For more info call 435-259-9323.
- 13-15 Sorrel River Community Table Dinners-** a large community table set inside the River Grill Restaurant hosting a five to six course menu tailored around what is growing fresh in our gardens with carefully selected wines to complement each course. Starts at 7pm & reservations are recommended. Call 435-259-4642 to experience this unique event. See ad 1B
- 14 MRAC ATTACK Mini-Triathlon-** 9:00 a.m. at the Moab Recreation and Aquatic Center (MRAC) 374 Park Ave. There are 3 categories: Elite, Open, and Youth under age 12. Awards will be given for the top five places in each of the three categories for both males and females. See ad on pg 15B.
- 14 Multicultural Center Flea Market** - Every Saturday 9am-1pm, 156 N. 100 West. Many vendors, many venues: food, homegrown vegetables, jewelry, furniture & collectibles. Vendors wanted. For more info 435-259-1601.
- 14 Moab Artwalk** - Downtown Moab businesses & community organizations open their doors from 6-9pm, on the second Saturdays of spring and fall months, to invite the public to stroll through featured art exhibits. For more info visit moabartwalk.com or call 435-260-0738. See ad & article on pg 5B.

- 17-21 Live Music Buck's Grill House-** Tues Sept 17 Gigi Love, Wed Sept 18 Dave Steward Trio, Thurs Sept 19 Jill Cohn, Fri Sept 20 Sand & Sunnie Sheff, Sat Sept 21 Frank Schramm. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or www.bucksgrillhouse.com.
- 18 Free Line Dancing** - Spice up your exercise routine! Join us every Wednesday at the Grand Center at 11am. Contact Susan at 435-260-8097.
- 18 Poetry and Conversation at the Library** - Grand Library & Moab Poets & Writers invite you to discover the poetry of Jack Gilbert (1925-2012). Men & women who heard him read often told him that his poems had saved their lives. Come find out why! Refreshments served. 6:00pm. For more info call 435-259-7986.
- 18-21 Blu Bar Live Music** – Wed Sept 18 -Sand & Sunnie Sheff . Thurs Sept 19 -Soulshine. Fri Sept 20 & Sat Sept 21- Robbie Overfield. Music starts between 7:30 & 8pm at 811 South Main St. For more information call 435-259-3333 or visit us at www.blupigbbq.com.
- 19 WabiSabi Nonprofit Network Free Workshop: "Strategic Event Planning"**. Strategic thinking improves events! UNA and Peacock Events will discuss structure, timelines, management, delegation, volunteer recruitment, and dozens of other event-related issues. Bring your questions, stories & challenges. 11am-1pm at Zion's Bank. Please call 259-2553 to RSVP.
- 19 Tom McCourt-King of the Colorado –The Story of Cass Hite** -join the author as he tells the story of Cass Hite, Southeast Utah's legendary explorer, prospector and pioneer. "Mccourt knows how to make Western history come alive. He's skilled at creating vivid images of harsh country, real cowboys, outlaws & those gritty legends of the West. Canyonlands Natural History Association (CNHA), Museum of Moab Lecture Series. Moab Information Center, Corner of Center & Main, 6:00 pm.
- 20 Moab Area Art Classes with Kathy Cooney** - 2pm-4pm Kathy will be instructing a series of 4 water-color art classes. There will be 2 beginner classes and 2 intermediate classes. Call today to sign up, space is limited! Supplies Provided! You can sign-up by contacting Canyonlands Natural History Association toll free at 800-840-8978 or by sending an email with your contact information to alishia@cnha.org. Each lesson will be \$60.00 per person, and all of the proceeds go to our Discovery Pool program which supports science and research on the Colorado Plateau! For more info visit cnha.org or call 435-259-6003 ext.12.
- 20-21 Green River Melon Days** - the 107th year festival theme is The Melon Games. Golf, shooting, softball and more. Country Music artist Buddy Jewell performs at the concert in the park. See article on pg 8A, ad on pg 18A.
- 20-21 Live Music at Woody's Tavern-** 221 South Main Street. Fri & Sat featuring Westwater Outlaws (Rock n Roll). For more info call 435-259-9323.
- 20-22 Moab International Film Festival-** Dramatic documentaries, environmental landscapes, outdoor action, and more. For more info visit moabfilmfestival.org or call 407-233-8290. See article & ad on pg 15B.
- 20-22 Moab Century Tour** - Canyons, rivers, mountains - landscapes worth training for! This ride encompasses an inspiring variety of landscapes to awaken the cycling spirit. Choose 40, 65, or 100 mile options. This weekend of road cycling includes a Warm Up ride Friday & Recovery ride and yoga Sunday. For more info visit skinnytireevents.com or call 435-260-8889. See article on pg 14A, ad on pg 3B.
- 20-22 Sorrel River presents Community Table Dinners** - a large community table set inside the River Grill Restaurant hosting a five to six course menu tailored around what is growing fresh in our gardens with carefully selected wines to complement each course. Starts at 7pm & reservations are recommended. Call 435-259-4642 to experience this unique event. See ad 1B
- 21 Moab Autumn Run** – A 10K / 5K / KIDS' K benefit run for Moab Charter School students and the Grand County High School Boys and Girls Cross Country Teams. All proceeds go to these two organizations. Participants in all 3 runs will receive a t-shirt, finishing medal, and end-of-run refreshments. Races begin and end at Swanny Park in Moab. For more info visit moabautumnrun.org or call 435-259-2277.

2013 MOAB EVENTS

- Aug. 29-Sept. 9 . . . Moab Music Festival
 August 23 & 24. . . The Lane Frost Bull Ride Challenge
 September 20-22 . . . Moab Century Tour
 September 25-29 . . . Red Rockin' ATV-UTV
 September 25-29 . . . Mother of All Boogies (skydive)
 September 27-28 . . . Moab Pride Festival
 October 4-12 . . . PleinAir Moab
 October 10-12 . . . Rock Gem & Mineral Show
 October 20 . . . The Other Half
 November 1 . . . Day of the Dead Celebration
 November 2 . . . Moab Trail Marathon
 November 1-3 . . . Moab Folk Festival
 December 6-7 . . . Grand Center X-mas Gift Fair
 December 6-7 . . . MARC Holiday Gift Fair
 December 7 . . . Winter Sun Run 10K

- 21 Multicultural Center Flea Market** - Every Saturday 9am-1pm, 156 N. 100 West. Many vendors, many venues: food, homegrown vegetables, jewelry, furniture & collectibles. Vendors wanted. For more info 435-259-1601.
- 21 Dino Kids Day:** Canyonlands Field Institute and Museum of Moab host a two-hour tour for kids of the BLM dinosaur trackway in Mill Canyon, 15 miles north of Moab. 3 – 5 p.m. Advance sign-up required. \$10 per person: includes transportation, snack, water and guide. Limited seating, sign-up early. Call 259-7985 or email staff@moabmuseum.org to sign up. For more information visit cfimoab.org > Events.
- 24-29 Live Music Buck's Grill House-** Tues Sept 24 Bridgett Otto & Friends, Wed Sept 25 Dave Steward Trio, Thurs Sept 26 Eric Jones, Fri Sept 27 Sand & Sunnie Sheff, Sat Sept 28 & Sun Sept 29 Leraie. Music from 7-10pm on our beautiful secluded patio. Located at 1393 N Hwy 191, for info: 435-259-5201 or www.bucksgrillhouse.com.
- 25 Free Line Dancing** - Need to spice up your exercise routine? Join us every Wednesday at the Grand Center at 11am. For more info contact Susan at 435-260-8097.
- 25 Utah Friends of Paleontology Gastonia Chapter** meets on the last Wednesday of each month at 6pm in the large conference room of Zion's Bank, 330 South Main, to hear presentations from paleontology professionals & discuss volunteer opportunities. See utahpaleo.org for details & upcoming schedule of speakers. Public is welcome to attend monthly meetings.
- 25-28 Blu Bar Live Music** – Wed Sept 25 -Gigi Love . Thurs Sept 26 -Scott Ibex. Fri Sept 27 & Sat Sept 28- Darin Caine The Hellhound Express. Music starts between 7:30 & 8pm at 811 South Main St. For more information call 435-259-3333 or visit us at www.blupigbbq.com.
- 25-29 Red Rockin' ATV & UTV** trail rides, skill clinics, machine rodeo, dinner, raffles, prizes, and vendors. Old Spanish Trail Arena (3641 S. Hwy 191). For more info visit moabatv-utv.com or call 435-260-9628.
- 25-29 Skydive Moab's 10th annual Mother of All Boogies (M.O.A.B.)** - We're celebrating our 10th year in business at Skydive Moab with our biggest skydiving festival yet. This event will be held at Skydive Moab (Canyonlands Airport off Highway 191). \$15-\$45 registration fee; \$200-\$235 per tandem jump. For further information visit our website at www.skydivemoab.com or call 435-259-JUMP (5867). See article pg 7B, ad pg 15A.
- 27-28 3rd Annual Moab Pride Festival** - The Moab Pride Festival was created to raise awareness, understanding and acceptance of LGBTQ people. The festival's aim is to benefit the LGBTQ community by introducing educational & outreach programs throughout southern Utah. This two day event includes the Friday Night Orange Party, Saturday Visibility March, Pride Festival & After Party. Join us! For more info go to moabpride.org, like us on Facebook, or call 602-373-1971.
- 27-29 Blazer Bash** - Offroad Design BBQ and 3 days of organized trail runs with fellow GM truck enthusiasts and club members. For more info visit blazerbash.com or call 970-834-2884.

GRAND CENTER GIFT FAIR

Friday Dec. 6th 4-8pm &
 Saturday Dec. 7th 9-3pm

Vendors Wanted-Applications available at the Grand Center, 182 North 500 West, Monday thru Friday between 9am and noon. Booths are limited, First Come, First Serve.

A fundraiser for the RSVP Volunteer Program and the Grand Center.

and MORE MOAB AREA EVENTS

September Events continued

27-29 Sorrel River Community Dinners - a large community table set inside the River Grill Restaurant hosting a five to six course menu tailored around what is growing fresh in our gardens with carefully selected wines to complement each course. Starts at 7pm & reservations are recommended. Call 435-259-4642 to experience this unique event. See ad 1B.

28 Fee Free National Park Days - Nat'l Public Lands Day - The Southeast Utah Group of the National Park Service (Arches, Canyonlands National Parks, Hovenweep & Natural Bridges National Monuments) is joining all national parks across the country in waiving entrance fees several days in 2013 as a way to encourage people to get outdoors & spend time with their friends & family in the national parks this year. For more info visit nps.gov/arch/parknews/news121112.htm or call 435-259-8825.

28 National Public Lands Day Graffiti Clean Up in Arches National Park - Come help clean up the graffiti on some of the trails in Arches National Park! Meet at 9 am at Arches National Park Visitor Center. Bring a lunch, sunscreen, water bottle and gloves. Breakfast, snacks, water & supplies included. Call for more information & details. Thanks for supporting National Public Lands Day! For more info visit publiclandscday.org/npld-sites or call 801-521-0785.

28 Navajo Rug Auction - 1pm at the Grand Center, 182 North 500 West. Appraisals & preview from 9am-noon (appraisals \$10). Sponsored by Canyonlands Natural History

Association and benefits Navajo weavers & research on public lands. www.cnha.org or 800-840-8978 x10. See ad on pg 4B, article on 18A.

28 Multicultural Center Flea Market - Every Saturday 9am-1pm, 156 N. 100 West. Many vendors, many venues: food, homegrown vegetables, jewelry, furniture & collectibles. Vendors wanted. For more info 435-259-1601.

October Events

3 Plein Air Workshop Colleen Howe Bleinberger will teach Plein Air Moab's 1-day outdoor painting workshop. Colleen teaches landscape painting across the U.S. & in France. She teaches the importance of value structure, composition & color harmony. Colleen attended B.Y.U. & the U. of UT to study drawing & painting. She also took individual instruction from Sally Strand, Michael Workman & T. Allen Lawson. She is an invited artist to both the Dixie Invitational in St. George & at Maynard Dixon Country in Mt. Carmel, UT. In 2013, Colleen will be one of the Invited Artists for Maui Plein Air. Plein Air Moab painting workshops sell out each year, so register early.

4 & 11 Moab Area Art Classes with Kathy Cooney 2pm-4pm Kathy will be instructing a series of 4 water-color art classes: 2 beginner classes and 2 intermediate classes. Supplies Provided! Space is limited! Sign-up by contacting Canyonlands Natural History Association toll free at 800-840-8978 or by sending an email with your contact information to alishia@cnha.org. Each lesson will be \$60.00 per person. Proceeds go to our Discovery Pool

program which supports science and research on the Colorado Plateau! For more info visit cnha.org or call 435-259-6003 ext.12.

4-12 Plein Air Moab Artists: start dreaming of warm temperatures, yellow leaves, red rocks and plein air painting. Join us in Moab, UT for 10 days of painting under the beautiful Moab desert sky. Want to know more about Plein Air Moab? www.pleinairmoab.com. See ad pg 18A, article 8B.

8 Castle Creek Winery Wet Paint Sale & Wine Reception- 6:30-8 pm Plein Air Moab. Buy art work painted that afternoon at Castle Creek Winery. Free & open to the public @ Mile 14 on Hwy 128.

10 Wet Paint Sale & Reception - 7:30-9 pm Plein Air Moab. Buy art work painted that afternoon in Downtown Moab. Free & open to the public @ The M.A.R.C. 111 E. 100 N.

10-12 Plein Air Moab Art Sale- Free & open to the public. Noon - 9 pm daily (Sat. opens at 10 am) @ The M.A.R.C. 111 E. 100 N.

11 Fancy Pants Soiree/Plein Air Moab reception- 3-5:30 pm. \$50 for the 1st peek at Main Competition Paintings. Ticket price applied to purchase of art. 435-259-6272 for tickets.

12 Plein Air Moab Award Presentation & Judges Talk- Free & Open to the Public, 5-8 pm, @ The M.A.R.C. 111 E. 100 N.

12 Banff Radical Reels Night - The Friends of the La Sal Avalanche Center are presenting the Banff Mountain Film and Book Festival's Radical Reels Night, a selection of the best high-adrenaline films entered into the Banff Mountain Film Festival competition. The films will be shown at 7:00 pm at the Grand County High School (608 South 400 East). For more info visit MoabAvalanche.org or call 435-260-8983.

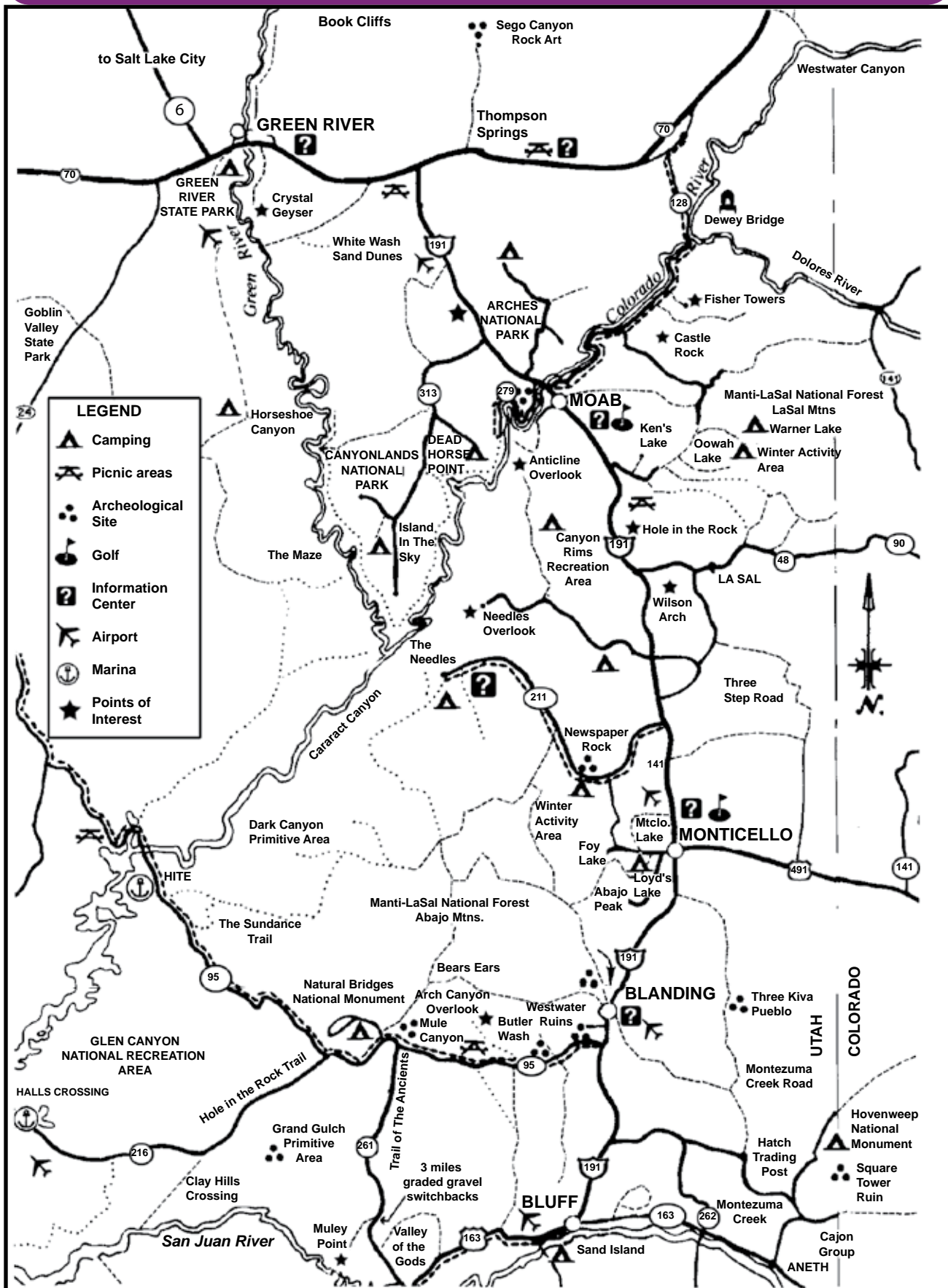
19 12th Annual Castle Valley Gourd Festival- 10:00am to 3:00pm at the Castle Valley Community Lot. We celebrate with beautiful gourd art, displays, demos, kids booth, 12:00pm parade, potluck lunch, silent auction, music & more. For more info <http://www.gourdfestival.blogspot.com>.

26 8th Annual Pumpkin Chuckin' Festival Grand County High School Soccer Field. 400 East & Red Devil Drive, 10:00am - 4:00pm, Admission: Adults \$10; Youth (3-14 years old) \$5; Children 2 and under free. There will be pie-eatin' & costume contests, food vendors, arts and craft vendors, Weiner dog races, game booths, kids activities, live Bluegrass music, - and of course! - slingshots, catapults, & trebuchets shooting pumpkins through the sky! Proceeds go towards funding the youth programs at the Youth Garden Project.

26 Zombi 5K Run- Get ready to run for your lives! The premier fun-run. This isn't your ordinary fun run. No one will spray you with color. You won't get to chase cupid. And don't even think about cute outfits for the team...the zombies don't care. That's right zombies. Zombies that can crawl, stumble and oh yeah...RUN. Runners get two life flags on a belt. To our zombies those flags smell a lot like brains. Its three and a half miles of pure adrenaline. For more info <http://www.zombi5k.com/> That's zombi without an E 5k.com.

30 Utah Friends of Paleontology Gastonia Chapter meets on the last Wednesday of each month at 6pm at Zion's Bank, 330 South Main, to hear presentations from paleontology professionals & discuss volunteer opportunities. See utahpaleo.org for details & upcoming schedule of speakers. Public is welcome.

SOUTHEASTERN UTAH



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Great Food!
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NFL Sunday Ticket
Open 10:30 - 6:00 - Brunch
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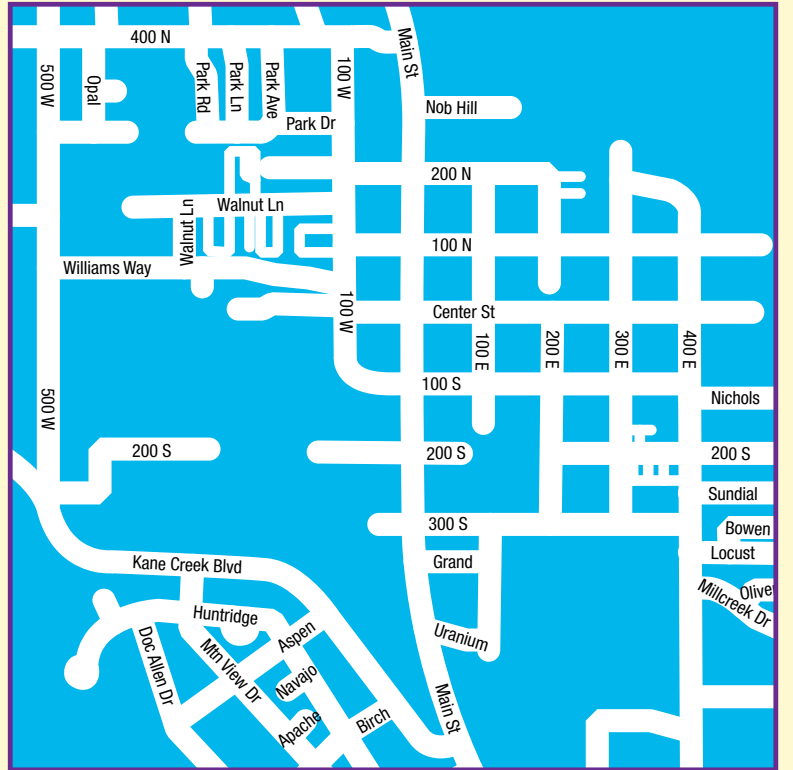
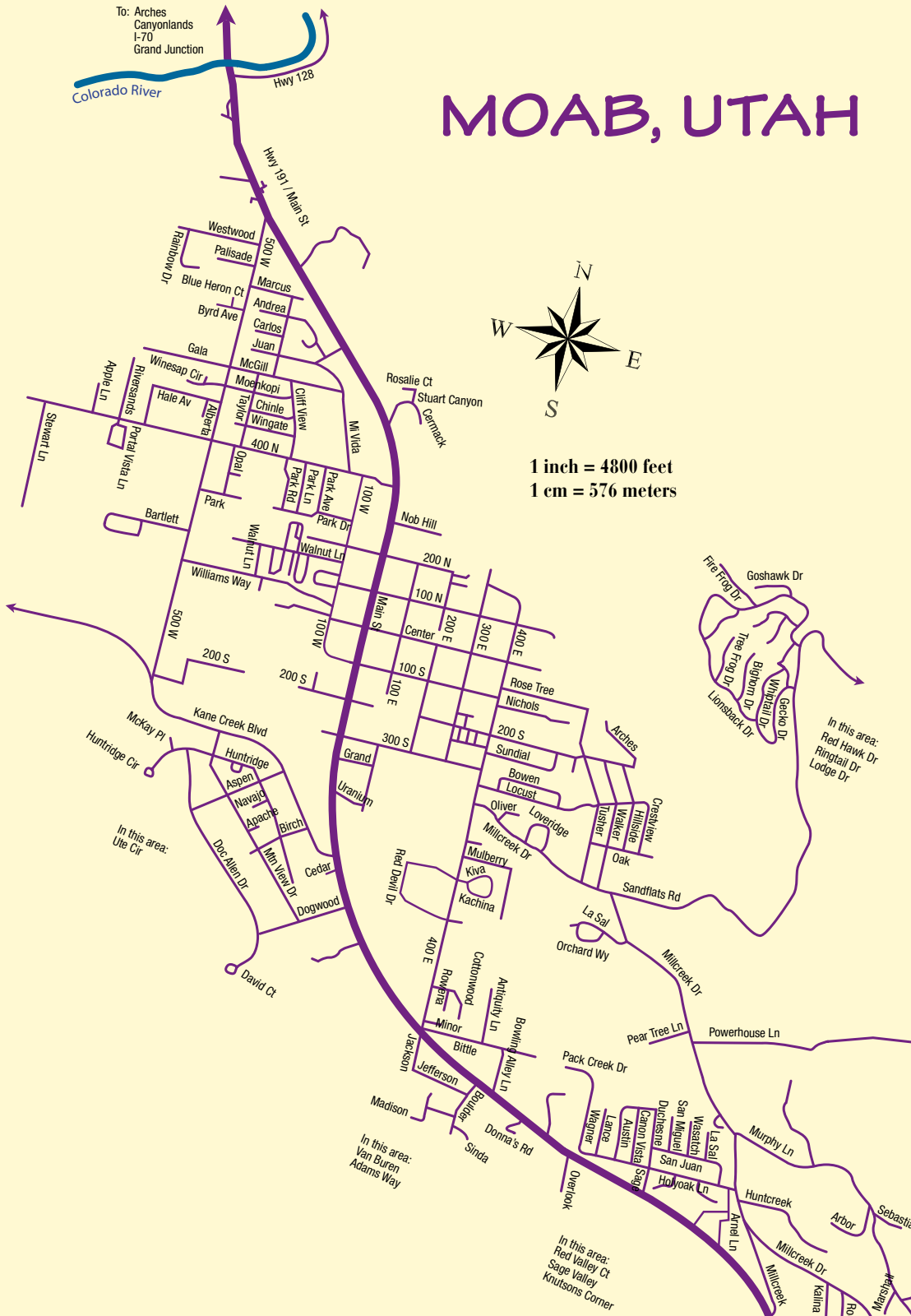
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13/14 - Lucky Tongue
20/21 - West Water Outlaws

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CUISINE HAPPENINGS

Great Food, Made from Scratch!

Fall is approaching fast and we can't wait! Cooler temperatures mean more great events to participate in here in Moab; more time for hiking, biking, running, music and more local produce!

Buck's is pulling all kinds of yummy homegrown vegetables from our garden to feature on the menu. Our basil is making our pesto pop more than usual, while our homegrown mint is an intrinsic part of our fantastic, made from scratch mojito's. Our salads are featuring our own cucumbers and tomatoes, while our grilled veggies are highlighting our eggplant, yellow squash and zucchini.

Did you know that Buck's has local's appreciation night every Tuesday? In addition to having some great live local artists play on Tuesday nights, we also offer locals 15% off food. On Tuesday, September 17th we will be raising money for the Youth Garden Project instead! If you come into Buck's after 5pm, 10% of our food sales for the evening will be donated to their wonderful program!

Buck's Grill House is more focused than ever on bringing folks great food, made from scratch, at reasonable prices. For those guests who may think Buck's is out of their price range, we encourage you to come check out our Early Bird menu, served daily in our Vista Lounge from 2:00pm to 5:00pm. This menu includes deals on our burgers, chicken and pulled pork sandwiches (available on a wheat or gluten free bun) and our famous ribs. Some items, like our giant turkey leg basket, are only available at this special time, also served at a very reasonable price. Our full, current menu, is always available on our web site; www.bucksgrillhouse.com

We are trying to include more local and sustainable food on our menu. We have been featuring some steelhead trout from northern Utah or Idaho, farm raised in a sustainable manor. Our buffalo, used in some of our burgers, and of course our world famous meat loaf, is raised in the west, and is grass fed and finished. We usually feature a buffalo steak as a nightly special this time of year as well. We will be featuring some sustainably caught Pacific Salmon this autumn from Bristol Bay, as well as some amazing Black Cod, from a small independently owned fishing operation out of Juneau, Alaska. If you have never tasted Black Cod, we highly recommend you get down to Buck's this month and try it; It is flavorful, full of good for you oils, and delicious!



as well. We will be featuring some sustainably caught Pacific Salmon this autumn from Bristol Bay, as well as some amazing Black Cod, from a small independently owned fishing operation out of Juneau, Alaska. If you have never tasted Black Cod, we highly recommend you get down to Buck's this month and try it; It is flavorful, full of good for you oils, and delicious!



Did you know that Buck's bakes bread from scratch, daily? And that almost everything is made from scratch, with love, in house? We have updated our dishwashing equipment, toilets and sinks to conserve water. We have altered our water feature on our beautiful outdoor patio

Buck's Grill House

to use less water, and lose less through evaporation. We compost our food scraps and recycle whatever we can as well. The staff and management at Buck's understands how important it is to conserve our fragile, finite resources and are constantly trying to reduce our negative impact.

We are hoping to expand our operation into La Sal by next year. Tim and Sherri have purchased a beautiful piece of land in the nearby town of Old LaSal that has stunning views of South Mountain and is located just a few miles from national forest land. We hope to start planting in the spring of 2014 and raising some of our own rabbits, ducks, and chickens by the summer of 2015. Chef Tim embraced the farm to table concept after graduating from culinary school in Santa Barbara and hopes that we can bring more of this sustainable, taste centered movement to Moab.



Buck's Grill House Features live music five nights a week from a variety of artists. Some great local musicians play at Buck's every week while we also get some wonderful musicians from all over the country. Next month we will have guest musician Jill Cohn. This renowned female voice will be coming to us from Seattle



Washington on Thursday, September 19. If you haven't heard her yet, check her out online and then come see here on our beautiful secluded patio! Leraime Horstmanhoff will be visiting us from Salt Lake Pride for weekend 28th & 29th. Her soulful sounds usually draw a big crowd, so we strongly recommend a reservation for her show on Saturday and Sunday the 28th and 29th of September. Some of our amazing local musicians include Sand and Sunnie Sheff, David Steward, Bridget Otto, John Olschewski, Scott Ibex, Gigi Love, Eric Jones, Lisa Hathaway, Frank Schramm, Bob Greenspan and Theresa Bollerman. Music starts at 7:00pm on Tuesday thru Saturday nights, on our beautiful patio as weather permits.

Down at Buck's Grill House we love great food, spirits and music, and want to share that with all of our guests. We hope to see you this fall for some great food and fun!



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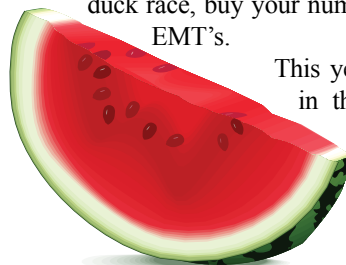
www.RockslideBrewPub.com

Green River Melon Days 2013

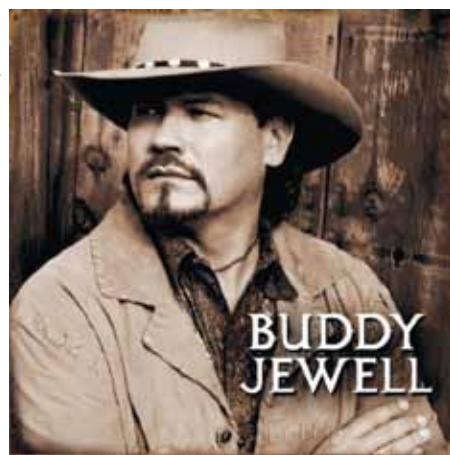
It is here again-- Green River's annual Melon Days Celebration! We are going to kick off the 107th year of the festival with the theme The Melon Games. To go right along with that theme on Friday there will be the Golf-3 Man Scramble, a Shooting Tournament at the Gun Range, the annual Softball Tournament and Volleyball Tournament. Friday, we will also have vendors in the Park from noon until dark, the Queen pageant at 7:00 pm and square dancing at 7:30 pm.

Melon Days will run into Saturday with the Melon Run and then a pit stop to refuel with the Scout Pancake Breakfast at 7:00 am. The parade will begin at 10:00 am which will include local area high school bands. There will be vintage cars showcased in the parade along with the Shriners from Grand Junction. The parade route has been extended this year to accommodate the growth of this year's parade.

Saturday continues with the softball and volleyball tournaments and vendors in the park. The fire department will have a mechanical bull so let's see if you can make it 8 seconds. Plus new this year will be a tournament for all the Magic the Gathering® fans so get your type II decks together and head on over to the pavilion at the park at noon. The EMT's will be dumping ducks at 3:00pm for the annual duck race, buy your numbers and support the local EMT's.



This year's artist for the Concert in the Park is Buddy Jewell. Buddy Jewell burst onto the country music scene in 2003 when he won the coveted title of USA



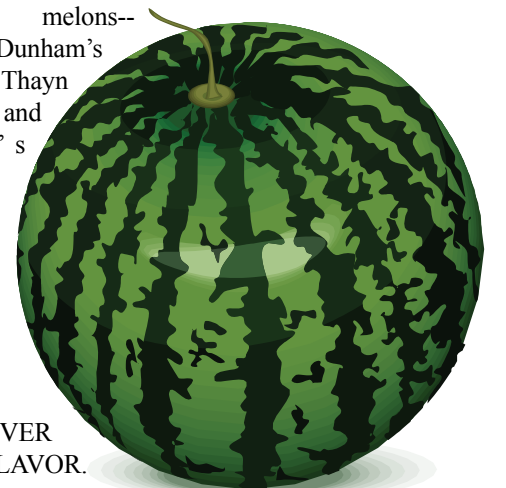
Network's first ever Nashville Star. A true crowd favorite from the premiere episode to the finale, TV audiences and critics alike fell in love with Buddy Jewell's gentility, enthusiasm and true musical passion.

Buddy's self-titled debut album on Columbia Records was certified gold, and garnered two back-to-back top five hits with "Sweet Southern Comfort" and "Help Pour Out the Rain (Lacey's Song.)"

Following the Concert in the Park the square dancers will be kicking up their heels.

We would like to thank all those that help put on the Melon Days Festival, the people who have helped organize the events and the parade, the sponsors, Green River City, but Melon Days would not happen without our wonderful, hardworking melon growers. So we want to thank and show our love and appreciation to those growers for the sweet, delectable melons--

Thank you Dunham's Melons, Thayn Farms, and Veterans Melons.



MAY THE ODDS BE EVER IN YOUR FLAVOR.

RESTAURANT GUIDE

GOT BEER? WE HAVE COLD BEER TO GO

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16 oz 4-Packs

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How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar,



Moab Brewery beer is available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Two upscale lounges are in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse.

Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the

end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.



The **Utah State Liquor Store** is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at **55 West 200 South** and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays. Moab Brewery now has a package agency open every day at 11:30 am where you can purchase their new higher volume beer selection.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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Singha
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Dinner: Monday - Saturday 5-9:30
Closed Sunday

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Fax: 435-259-0005

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Closed on Sundays
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Gluten free & Vegetarian • Beer & Wine

Prime Rib Friday Nights. All you can eat crab legs Saturday Nights.

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Simply the BEST... Made Fresh
Sandwiches • Soups • Salads

Locals Favorite
Now Serving
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Finest Quality Ingredients in Generous Portions

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Open Tuesday-Sunday
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\$3.00 16oz PBR - All Day/Everyday
Come get "Twisted" with Moab's best Bloody Mary & other Specialty Drinks!!
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Backdoor Bar • Now Open
Karaoke • Every Sat. Night

Prime Rib • Wed., Fri. & Sat.
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RESTAURANT GUIDE



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 All Served with Rice & Beans
 Monday: Burritos ~ Beef or Chicken
 Tuesday: Enchiladas ~ Beef or Chicken
 Wednesday: Chimichanga ~ Beef or Chicken
 Thursday: Enchiladas Suiza ~ Beef or Chicken
 Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila

Best Mexican Food in Town
 Sun-Thur 11-10 Fri & Sat 11-11
 202 So. Main St. Moab, Utah 259-4366
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Bar M Chuckwagon
 7000 North Highway 191 259-BAR-M(2276)
 Dinner
 Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

The Blu Pig & Blu Bar
 811 S. Main 435-259-3333
 Lunch • Dinner • Take Out
 Open Daily 11:30-close
 Moab's only BBQ and Blues destination. Ribs to write home about. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Take out available. Ice cold beer. State liquor license. Moab's newest Blu Bar specializing in whisky, over 50 beers. Live Music Wednesday thru Saturday.

Brewed Awakenings
 1146B South Hwy 191 435-260-8045

Broken Oar
 53 West 400 North 259-3127
 Open Nightly at 4pm
 Closed Sunday
 Come join us on our lit patio or dine by our stone fire place. New this 2013 the high side loft with hot wing specials and other pub style food with flat screens to be sure you don't miss the big game! Enjoy a local beer or glass of wine, and experience our wide variety of home made food and desserts. We are proud to have many gluten free items on our menu and vegetarian options as well.

Buck's Grill House & Vista Lounge
 1393 North Highway 191 259-5201
 Dinner
 Open Daily at 2:00 pm till close.
 Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Serving full dinner menu and early bird BBQ. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. www.bucksgrillhouse.com

Burger King
 606 South Main 259-2700

Cabo Grill
 396 South Main St. 259-6565

China Cafe
 812 South Main 259-7933

City Market
 425 South Main 259-5181

CK Desert Ice
 89 North Main

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 16 Miles up Highway 128 259-2002
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 River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Crystal's Cakes & Cones
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Denny's
 989 North Highway 191 259-8839
 Breakfast • Lunch • Dinner
 Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro
 36 South 100 West 259-0756
 Dinner
 Open Tuesday - Sunday 5:30 pm - 9:30 pm
 Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dining. Full liquor license. Reservation highly recommended.

Eddie Mestiff's
 59 South Main Street 259-2337
 Open Lunch • Dinner
 Established in 1991, Eddie Mestiff's is a long time local favorite with a variety of comfortable indoor and outdoor family friendly environments. Eddie's boasts Moabs largest selection of microbrews and high point bottled beers, come and enjoy one in our newly remodeled bar and lounge. We strive to use the best organic ingredients and the freshest local produce when available. We are known for our tasty house ground burgers and fresh salads, and steaks, but we also offer several delicious vegan, vegetarian and gluten free options.

EklectiCafe
 352 North Main Street 259-6896
 Breakfast • Lunch
 Mon-Sat 7:00 a.m. - 2:30 p.m.
 Sun 7:00 a.m.-1:00 p.m.

Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! "Wakame" recently featured in Sunset Magazine, April 2012.

Fiesta Mexicana
 202 South Main Street 259-4366
 Sun - Thur 11am - 10pm • Fri & Sat 11am - 11pm
 Experience the close-up magic of Rick Boretti
 Thursdays and Fridays 7-9pm

Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill
 44 West 200 North 259-2654
 Lunch • Dinner • Sunday Brunch
 Open Daily 11am
 Late night kitchen open until 1 am

Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, 5 flat screen TV's. www.moabfrankieds.com

Jailhouse Cafe
 101 North Main Street 259-3900
 Open 7am - Noon

Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse
 218 North 100 West 435-259-3588
 Open at 5:00pm Call for reservations

Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda
 574 North Main 259-6319
 Lunch • Dinner
 Open Daily 11am

CELEBRATING 33 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches
 817 So Main (inside the Moab Chevron) 259-2212
 Deli Open 5 a.m. - 8 p.m.

Feed your car and your belly 24 hours a day. Featuring Leger sandwiches, a favorite since 1977 and much more. Now offering Udi's gluten free sandwich bread. Call in orders welcome. Store & Fuel open 24 hrs. Deli & call in orders open 5am-8pm.

Los Dos Amigos
 2728 South Hwy 191 259-1123
 Lunch • Dinner
 Open Sun. - Thurs. 10am to 10pm
 Open Fri. - Sat. 10am to 11pm
 Closed Monday

Our family owned and operated restaurant serves a range of traditional dishes and some family favorites. Our menu includes appetizers, salads and desserts along with a large selection of main course dishes. Our beverage list includes Jarritos, Tamarindo and Mexican bottled CocaCola. Our banquet room can be reserved for large or small parties. Come enjoy our Family Mexican Restaurant. Full service liquor license. Best Margaritas

Love Muffin Cafe
 139 North Main 259-6833

McDonald's
 640 South Main 259-8800

Mi Ranchito y Mexicano
 812 South Main Street, Suite B 259-0550

Miguel's Baja Grill
 51 North Main 259-6546
 Dinner

Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Gluten free & Vegetarian options available. Proud to cook with zero trans fat.

Milt's Stop & Eat
 400 East and Millcreek Drive 259-7424
 Lunch • Dinner

Open Tues-Sun 11am - 9 pm Closed Monday
 Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltstopandeat.com

For more information about these restaurants pick up a "Moab"



Moab Brewery
686 South Main 259-6333
Lunch & Dinner
Open 11:30 AM DAILY.
Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food & Beer to go. Moab's only onsite brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu, house made gelato & root beer. State Liquor Licensee.

Moab Coffee Roasters
90 N. Main St. 259-2725
Open everyday 7:00am - 9:00pm
On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference! Now offering fresh made pastries, sandwiches and salads from Sweet Cravings Bakery.

Moab Diner & Ice Cream Shoppe
189 South Main 435-259-4006
Breakfast • Lunch • Dinner
Mon-Sat: 6:00 am - 10:00 pm
Fri-Sun: 6:00 am - 11:00 pm
Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners. Our Ice Cream Shoppe features Blue Bunny ice cream.

Moab Grill
540 South Main 435-259-4848
Breakfast • Lunch • Dinner
Open 6am
Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our homemade soups, pies, cobblers, espresso and our crazy juicy burgers are good any time of day. Friday Cajun Seafood Boil. Saturday and Sunday - Slow Roasted Prime Rib. Small private meeting room. Internet service, and catch up on the news on 2 flat screens. Full wine and beer menu. Vegetarian and gluten free dishes. New menu items.

Pancake Haus
196 South Main (next to Ramada Inn) 259-7141

Pantale's Desert Deli
98 East Center 259-0200
Mon-Sat 11:00am-close
Closed Sunday
Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Catering available. Now serving craft soda.

Paradox Pizza
702 South Main St 259-9999
Sunday - Thursday 3-9pm
Friday & Saturday 3-10pm
At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

Pasta Jay's
4 South Main 259-2900

Pizza Hut
265 South Main 259-6345
Dine-In, Carryout & Delivery Sun-Thurs 11am-10pm
Fri & Sat 11am - 11pm
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up, Dine-in and All Day Delivery. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital
450 West Williams Way

Quesadilla Mobilla
83 S. Main 260-0289

Red Rock Bakery & Net Cafe
74 S. Main Street 259-5941
Breakfast • Lunch
Open Daily at 7am
Serving fresh Moab coffee, milk & espresso, lighter & healthier breakfast & lunch. Great lunches for the trails. Free wifi. Featuring artwork from Kris Kelley & James McKew.

Rio Sports Bar & Grill
1 block west of Main on Center 259-6666

Sabuku Sushi
90 East Center 259-4455

Singha: Authentic Thai Cuisine
92 East Center 259-0039
Lunch • Dinner
Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9:30
Closed Sunday
For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemongrass, mint and chillies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe
5 North Main 259-8004
Lunch - Dinner
11:30 - close

Our legendary restaurant will provide a fun experience in a casual atmospher. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Now serving Hand tossed Pizza, Italian pasta dishes. Cassano's has merged with Slickrock.

Sorrel River Grill Restaurant
17 Miles Northeast on Scenic Hwy 128 259-4642

Subway Sandwich Shop
299 South Main 259-SUBS
Breakfast & Lunch
Open 7 a.m. everyday
NOW SERVING BREAKFAST ALL DAY! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside 7/11 Convenience Store (corner of 300 South and Main)

Sunset Grill
900 North Highway 191 259-7146
Dinner

Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Susie's Branding Iron
2971 South Highway 191 259-6275
(3 miles south of Moab)
Lunch • Dinner
Open 11am - 10pm
Karaoke - Every Saturday night

Welcome to my ranch cookhouse. Come in, take off your hat, and sit a spell. Relax and enjoy a home cooked, hearty cowboy meal. Our signature Prime Rib is served every Wednesday, Friday and Saturday night after 5pm. Ribs served Tues. & Thurs. nights. To go orders are welcome. Backdoor Bar - Now Open.

Sweet Cravings Bakery & Bistro
550 North Main 259-8983
Breakfast • Lunch
Open Daily
7am - 5pm

A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later! Now delivering.

Szechuan Restaurant
125 North Main 259-8984

Twisted Sistas' Café
11 E. 100 N. Main Street 435-355-0088
Lunch • Dinner
Open Tuesday-Sunday at 11:15am

TWISTED SISTAS' CAFE WILL MAKE YOUR TASTE BUDS DANCE!! Featuring fresh Tapas, Small Plate Entrees, Soups, Salads, Wraps, Sandwiches & Burgers! We also offer a selection of homemade desserts. BEST ROOF TOP PATIO IN TOWN! Enjoy fabulous cocktails @ our Trail Bar! www.twistedsistascafe.com

Village Market
702 South Main 259-3111

Wake and Bake Cafe
59 S. Main #6, McStiff's Plaza 259-2420

Wendy's
260 North Main 259-2595

Wicked Brew Drive Thru
132 North Main
Open at 7 am Daily

Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax
96 South Main Street 259-6555
Lunch • Dinner • Family Dining • Catering

We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated. Also think of Zax for your catering needs.

Sweet Cravings
Bakery + Bistro



Breakfast/Lunch
Coffee & Lattes
Sandwiches & Salads
Endless Homemade Pastries
Boxed Lunches • Catering
Now Delivering
Open Daily
7am - 5pm
435-259-8983 • www.cravemoab.com
550 N. Main Street, Moab, UT 84532

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SLICKROCK CAFE
Family Owned & Operated
Now serving
Hand Tossed Pizza
Italian Pasta Dishes
Burgers
Wraps
Steaks
Seafood
and a whole lot more...
Kids Menu, Daily Specials

Open at 11:30

Cassano's has merged with Slickrock

Lunch & Dinner Menu
Full Service Liquor License
CORNER OF CENTER & MAIN
(435) 259-8004 • www.slickrockcafe.com

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MOAB UTAH

EAST COAST STYLE, STRAIGHT FROM MOAB
WE DELIVER
EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER
SLICES! HOMEMADE SOUPS, BREADS & DESSERTS
702 SOUTH MAIN ST. 435-259-9999

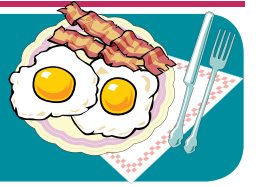
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96 S Main St
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(435) 259-6555
Largest selection of local Utah microbrews on tap!

**We've got Red Devil spirit...
Every Friday dine in with
Red Devil colors and
get a 1 topping pizza
for \$10 dollars**

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME
COME QUENCH YOUR THIRST AT THE WATERING HOLE



RESTAURANT GUIDE



Denny's YOUR OMELETTE. YOUR MASTERPIECE.

BUILD YOUR OWN OMELETTE

989 North Hwy 191 OPEN 24 HOURS FREE WiFi

Open Daily at 7am

RED ROCK BAKERY
Moab's Oldest Scratch Bakery
Serving Locally Roasted Fresh Moab Coffee & Espresso
Dine-in or Take-out
74 South Main • Moab, UT 84532 • 435-259-5941

Desert Bistro
Casual Fine Dining
Contemporary Southwestern Cuisine

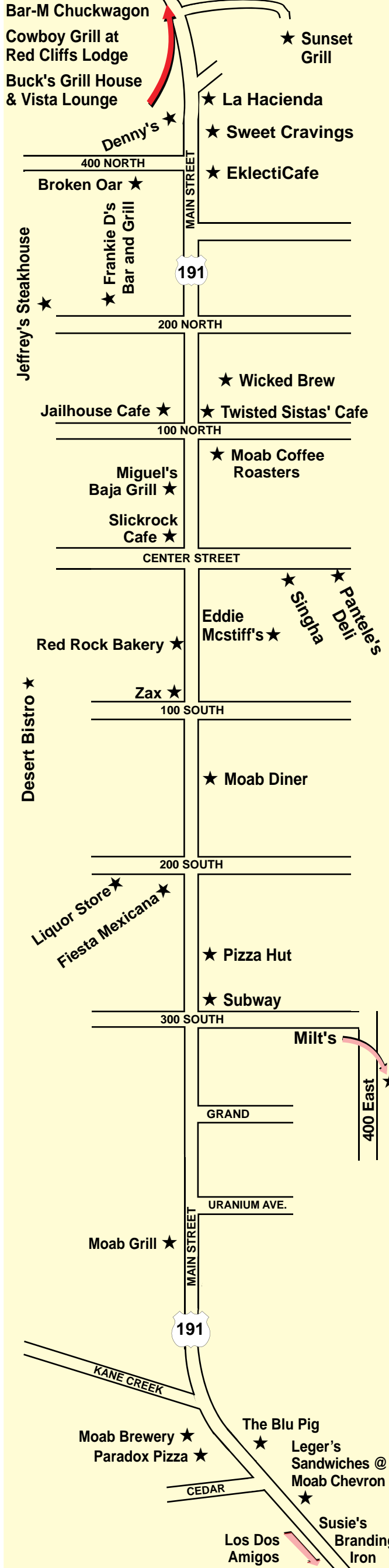
Now located in the heart of downtown
36 South 100 West
Open Tuesday - Sunday 5:30 pm - 9:30 pm
Closed Monday
Reservations Highly Recommended
259-0756 FULL LIQUOR LICENSEE

SUBWAY eat fresh.

Located inside Convenience Store

COUPON • COUPON

Buy a 6 Inch Sandwich and a 30 oz Drink and get a 6 Inch Sandwich (of equal or lesser value) FREE.
Expires October 15, 2013
Coupon valid at your Moab Subway
299 South Main • 259-SUBS



SUNSET GRILL

"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood

259-7146
Patio • Catering
Family Dining
Open Nightly at 5:00 pm - Closed Sundays

Espresso
Coffee
Gelato

90 N. Main St.
Moab, UT
259-2725

Pastries
Smoothies
WiFi

FRESH ESPRESSO AND COFFEE BY THE CUP OR BY THE BAG, AND 18 FLAVORS OF FABULOUS GELATO
NOW OFFERING FRESH MADE PASTRIES FROM SWEET CRAVINGS BAKERY
open everyday 7am - 9pm

Established 1954

Milt's Stop & Eat

LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING
LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS
NATURAL BUFFALO BURGERS
HAND-CUT FRIES
CLASSIC DINER SANDWICHES
FRESH DELICIOUS SALADS
HOMEMADE SHAKES & OLD-FASHION MALTS

OPEN TUES - SUN 11AM - 9PM
CLOSED MONDAY
WWW.MILTSTOPANDEAT.COM
EAT IN OR TAKE OUT: 435-259-7424

20th year

JAILHOUSE CAFE

101 NORTH MAIN STREET

Moab's Breakfast Place

"Good Enough for a Last Meal"



RESTAURANT GUIDE

RESTAURANT GUIDE

MOAB GRILL MOAB STYLE RESTAURANT

Open daily at 6am
Breakfast, Lunch & Dinner

CAJUN SEAFOOD BOIL
FAMILY FUN
STYLE DINNER
EVERY FRIDAY

Saturday & Sunday
Slow Roasted
Prime Rib

Saturdays
\$1 a pancake Day

NEW MENU ITEMS

Full Wine & Beer Menu

540 S. Main
(next to the Big Horn Lodge)
435-259-4848 www.themoabgrill.com

Bring in this ad for **10% OFF**
Dine between 4-5pm and receive additional **10% OFF**

Twisted Sistas' Café

Twisted Sistas' Café has now been operating for 6 months and we are continuing to grow as a new business in Moab. After spending a year in Moab before opening... we wanted to provide locals and tourists with something different and I feel we have accomplished our goal. Our concept is smaller size portions with fresh, homemade product featuring Tapas, Soups, Salads, Wraps & Burgers, Small entrée dinner plates and desserts. We would like to invite you and your spouse, family or friends to enjoy a variety of our menu selections...by offering many items that are recommended for sharing. Come enjoy one of our Specialty Cocktails, a few Tapas, maybe a Salad or Small Entrée. For lunch...we are more traditional with Sandwiches and Salads to keep you satisfied during the day for your hike or bike ride. But, come and relax in the evening on our Roof-Top Patio, our cozy upstairs dining room or our more "twisted" downstairs dining room that is accompanied by our Trail Bar. We offer a full bar with liquor, beer and wine, featuring a variety of specialty drinks made with fresh squeezed juices. However, we have a restaurant liquor license...so you must order food if you wish to enjoy a delicious alcoholic beverage in our establishment. And you definitely can't miss out on trying one of our scrumptious homemade Chocolate Peanut Butter Pies, New York Style Cheesecake or one of our refreshing sorbets.



The Gutterson Sisters/Co-owners would like to personally thank all those in the community that have helped to make our business a success. It has been a pleasure getting to know so many of the Moab/Castle Valley locals. We enjoy hearing all the stories about the history of our building and we hope to continue the tradition.

We look forward to seeing you all soon. We are open Tuesday-Sunday, daily at 11:15am and thru September we will be open until 10pm to accommodate the European tourists that like to enjoy a later meal. Join us Tuesday-Saturday between 3-6pm for our "Tapa Happy Hour". Come get "Twisted" in Moab!!



Phone 435-259-3333
www.blupigbbq.com

The Blu Pig
A BBQ and Blues Joint

811 South Main Street
Moab, Utah 84532

OPEN DAILY
11:30 - Close

When The Food Matters, Let 'Em Eat BBQ!
Between Moab Valley Inn and La Quinta

NOW INTRODUCING
Blu Bar

Over 50 Beers - 20+ Heavy Beers
Specializing in Whiskeys and Tequilas.
Live Music Wed.-Sat.

Teasers Sandwiches

CHAMPS Chicken
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BAKED GOODS
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Awesome Daily Specials

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Made to order • Call in Orders
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FOOD COURT & DELI

Wicked Brew
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A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas

Your day starts Right here!
In the heart of town
132 N Main - Caffeinating daily @ 7am - 2pm

Sunday Brunch
New menu, Fresh, Made to order

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Bar & Grill

NFL Sunday Ticket
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Live Entertainment
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Great Food
Late Night Kitchen
Patio seating

Large or Small groups catering available
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LOS DOS AMIGOS

Open
10am-10pm Sun-Thurs
10am-11pm Fri-Sat ~ Closed Monday

Family Mexican Restaurant
LUNCH • DINNER

Daily Specials
Banquet room
Best Margaritas

FULL SERVICE LIQUOR LICENSE
FAMILY OWNED AND OPERATED
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EDDIE MCSTIFF'S
RESTAURANT & BAR

Moab's Largest Selection of Micro-Brews & High Point Beers

Moab's Finest
- Classic -
- Strawberry -
- Blueberry -

Mojitos

Quality Ingredients
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Organic
Homemade
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Full Bar
HD Sports Everyday
Foosball & Pool Table
Lounge Area
Thurs - Sat CASINO NIGHT

59 South Main St. 259-2337

Pick up a copy of the **Moab Menu Guide** at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com

MOAB MENU GUIDE
2013

COWBOY GRILL
MOAB, UT

• BUFFET BREAKFAST 6:30 - 10 AM
• SUNDAY BRUNCH 11:30-2 PM
• FULL MENU PATIO DINING 5PM

RIVERFRONT PATIO DINING

16 Miles east of Moab on Hwy 128
435-259-2002 • 866-812-2002

SCENIC HAPPENINGS

A September Visit to Dead Horse Point State Park

As August transitions into September, the building clouds of monsoon storms continue to bring relief to the high mesas. The late summer monsoons this season have brought slightly cooler temperatures and life-giving water to the landscape in Dead Horse Point State Park. The rains fall sporadically and usually with a heavy downpour.

Visitors to Dead Horse Point in the early part of September should be able to experience the effects of the last monsoon rains this season. A hike along the Colorado Overlook Trail or the West Rim Trail will bring visitors to desert potholes likely to be swirling with aquatic life. As the waters remaining in these rocky impressions warms, a multitude of tiny creatures come to life and race to fulfill their role in this temporary ecosystem. Though hard to believe, these desert land features host shrimp, tadpoles, and other tiny life forms. It is a unique and memorable experience to witness these wonderful features. The park visitor center can help you to find potholes and provide information for carefully viewing.



As the rains end and the month rolls on, so do the tall skinny wheels of riders participating in the Moab Century Tour. Visitors to the park around the weekend of the 21st can expect to see riders participating in the Moab Canyon Century. These endurance riders pedaling in the fight against cancer spin up the steep roads to enjoy amazing

canyon views., Skinny Tire Events are a good sign that the temperatures are becoming more pleasant for riding of all



types. Mid-September is great time to take to the Intrepid Trails for any mountain bikers that have been avoiding the dangerously hot riding months of July and August.

September is a great month to visit Dead Horse Point State Park whether you're interested in sightseeing, hiking, or biking. Gather the family and come spend a day at the unforgettable canyon rim of Dead Horse Point State Park.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10. For more information, please contact the park at 435-259-2614.

River! Canyons! Mountains!

It's that time of year when roadways become a sea of spandex with brightly colored cyclists touring the Moab area on road bikes. The Moab Century Tour kicks off Friday September 20th offering a weekend of two wheeled touring for locals and visitors. Cyclists depart from Archway Inn Hotel Saturday morning to cycle the La Sal Loop road, scenic Highway 128, Hwy 279, Hwy 313 and the Moab Canyon Bike Path.

This 11th year event has cyclists wanting to ride the La Sal Loop road with its new and improved roadway. Thanks to the Utah Department of Transportation (who ever thanks UDOT?...cyclists do!), sections of the roadway previously damaged from a forest fire has been re-paved. Silky smooth



sections make the challenge of the climb worth it. Other cyclists will choose the Moab Canyon Bike Path to Dead Horse Point State Park or the River Portal Route along Hwy 279 and the Colorado River, **ideal for Cruiser bikes, families, and kids.**



Wyoming resident Tom Hammerquist commented on last year's event "We love this ride. It is top notch in every way. We get everything we want in way of the ride (climbing, scenery, camaraderie, perfect weather, top notch aid and super friendly support). The post-ride party was a blast, with excellent food, beverage, and live music. Wow!"

Not just for visitors, locals are invited to cycle too. Many are riding the Metric Century/La Sal Loop Road then adding the River Portal Route for a total of 104 miles and 5450' elevation. With AID stations throughout, you get plenty of water and support for the miles, including the mighty section nicknamed "the Big Nasty" for its elevation of 3,000 feet in only seven miles. This route offers a level of accomplishment rarely felt at other century rides. The rewards are immeasurable with soul stopping views of Castle Valley on the descent.

Local residents are encouraged to ride and can get discounts or free registration for volunteering (ask us how!). Route options vary from 40 to 100 miles with varying elevation change from "easy" to "OMG". The event is a collaboration among sponsoring Moab businesses, law enforcement, and local cyclists and directly benefits the Moab Regional Hospital's Cancer Treatment and Resource Center. Check website for more information, www.skinnytireevents.com or call 260-8889.

Please.....SHARE THE ROAD!

**Expect cyclists on area roads,
Friday, September 20-Sunday, September 22.**

Castle Creek Winery
Moab, Utah

Sample our Local Award-Winning Wines
Free Wine Tasting Daily
12pm • 7pm

Lodging, Banquets, Weddings, Giftshop, Tours,
Wine Sales and Utah's best wine, right here in Moab.

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Moab, Utah 84532
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www.castlecreekwinery.com

EXHILARATING HAPPENINGS

SKYDIVE MOAB
YOU CAN SKYDIVE!
 Sept. 25-29, 2013
13,000 Feet

Get More Bang for your Buck!

OVER BEAUTIFUL MOAB - UTAH!
 250 skydivers from around the globe converge on Moab, Utah for 4 days of spectacular skydives

SKYDIVING FESTIVAL
 ONCE A YEAR EVENT!
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TANDEM SPECIAL
\$235
 Not valid with any other offer!
 1st time tandem jumpers get 60 seconds of freefall from 13,000 ft. at 120mph!
 Discounts if you've jumped with us before!
 Spectators welcome! Bring the Family!

SKYDIVE MOAB
 MAKE YOUR RESERVATION NOW! 5867
WWW.SKYDIVEMOAB.COM 435-259-JUMP

Zippering into Fall with Raven's Rim Zip Line



As the temperatures start to cool, now is a great time to visit Raven's Rim Zip Line Adventure. Your tour starts off with a 2 mile UTV ride on our private trail up to the course. Once you are on top of the slick rock, our course consists of 6 zip lines, two of them are a quarter mile long and a 100' suspension bridge. Our professionally trained guides will drive you on our trail and take care of you while completing the course. The first guide sets you up on the line to zip, you sit back and enjoy the ride while our second guide stops you. The views are 360 degrees: LaSal Mountains, Arches National Park, Colorado River Canyon and more. A camera is a must! Tour times are 8am, 11am, 3pm and 6pm currently. Space is limited so call 435-260-0973 for reservations or book on line at www.ravensrim.com. Discounted rates of \$109 for adults and \$79 for youth (9-15 years of age). Come zip with us!



Come to Cortez, Colorado,
for a fun-filled weekend at the

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SATURDAY & SUNDAY, SEPTEMBER 28-29, 2013
 Come See the Best of the Best Square Off for Top National Honors!
 Gates open one hour before event • Saturday 2:00PM Start • Sunday 10:00AM Start

Cortez
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South Town Gym Serving Fitness Needs

South Town Gym continues to serve the San Juan and Grand County community's needs for fitness training with a professional and friendly environment. As we approach our 4th season we are mindful of the many friends and associations we have made over the past year. Many people have discovered the benefits of a lifestyle which includes fitness programs which are available at the South Town Gym. Our programs have encouraged and motivated many of you to opt for a healthier and more fulfilling lifestyle.



This season includes many of the programs that we offered last year with some additional new offerings. We will continue to offer all of the following amenities:

- 22 State of the Art Cardio Fitness Machines
- A large selection of Free Weights and Cybex Strength Training Machines
- A Private Women's Section
- Tanning Beds
- Functional Training area, Physio balls, Bosu balls, Plyometric, Stability and Agility equipment.
- Spinning Bikes
- 28 Flat Screen TVs
- Mixed Martial Arts Facility
- Dance Studio
- Lockers, Showers, and Dressing Room

To help our members maintain and improve their quality of life, we will continue offering a variety of cardio classes and activities which will help them in this endeavor. Class offerings that will be available include:

- Becky's Dance Aerobics
- Spin Classes
- Cross Training Extreme
- Body Rock Classes
- Lunch Crunch w/Erin
- Cardio Kickboxing w/Kirt
- Kids Mixed Martial Arts w/Kirt

We will continue to offer a functional Dance Studio where classes will be offered by "Moab Dance Academy" for children from 3yrs-18yrs. Additional features at South Town Gym for this age group include kids Mixed Martial Arts.

Our daily, weekly, monthly, quarterly, and annual memberships have not been increased and members can expect to find the same quality equipment and programs that were included in last year's memberships. For those of you who are not yet familiar with our amenities we offer the following as part of our regular membership:

- Use of all exercise facilities (Main Gym, Private Women's Section, Functional Training Area and Mixed Martial Arts Room.)
- Tanning Beds
- Showers and Dressing Rooms
- A Personalized Training Program
- Keyfob
- Unlimited access 4am-12am
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We would love for the community to come in and tour our facilities, meet the staff, and familiarize yourself with our programs. We are located at 1070 S. Highway 191 Moab, UT 84532. Office hours are Mon-Fri 9-5. We are on the web at: www.moabgym.com. You can contact us at mstg@frontier.com or 435-259-5775.

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HIKING HAPPENINGS

Boren Mesa – Taking The Less Traveled Route

by Marcy Hafner

With at least twelve peaks over 12,000 feet, we are lucky to have visions of the La Sal Mountains - the second highest in Utah after the Uintas - on our eastern horizon year round. They were created twenty-five to thirty million years ago when intrusive molten magma cooled into igneous rock. Then the overlying less resistant sandstone eroded away leaving behind the distinctive mountain range we see today.



We are even more lucky to have this delightful alpine retreat just a short easy drive from Moab - a refreshing release from the baking desert heat in the summer - in the winter a snowy wonderland for cross-country skiers and snowshoers. Covering an area 25 miles long (north to south) by 15 miles wide (east to west) the highest peak at an elevation of 12,721 feet is Mount Peale, which was named after Albert Charles Peale, a geologist on the Hayden Survey team in 1875.



In late July I have been enticed once again to return to the high country for a hike on the Boren Mesa Trail, which is part of the Trans La Sal Trail system that skirts the entire western side of the range. Arriving at an early hour I am savoring the invigorating nip in the crisp alpine air, and as the sunlight slowly slinks down the mountain slopes I am resisting the urge to dig out my jacket. All too soon the temperature will gradually be rising, and by mid-afternoon, even up here in the lower more open areas, it does get warm.

To get to the trailhead for Boren Mesa from Moab, drive south on Highway 191 for approximately eight miles and then turn left at the sign for the Ken's Lake-La Sal Loop Road. At the stop sign turn right on to Spanish Valley Drive, which becomes the La Sal Loop Road. After driving approximately 20 miles from town turn



right on to the graveled Geyser Pass Road, which despite the washboard is suitable for any vehicle, and drive three more miles to the trailheads for the Squaw Springs Trail (right), Boren Mesa (left).

Initially the trail progresses on a mellow upward slant as it passes several overgrown roads. Through long stretches of aspen I relish the shaded canopy their graceful leaves provide. Recent thunderstorms have delivered a generous payload of rain, and the wildflowers have responded with a glorious explosion of dazzling colors as bees industriously make their rounds through Indian paintbrush, showy daisies, lupines, yarrow and a few exquisitely marked sego lilies, the state flower of Utah.

Sometimes I pause to listen to the trumpety call of the red-breasted nuthatch - the harsh squawks of the Steller's jay - and the familiar "dee-dee-dee" of the chickadee. A startled chipmunk belts out a squeal of alarm before dashing away, starkly contrasting to a squirrel's screeching rapid-fire command to vacate his premises.

Eventually I'm ambling through a deep thicket of firs and spruce, where the haven of deep protective shade envelops me. The needle-covered ground cushions my feet as I breathe in the pleasing earthy-pine fragrance. Horse Creek runs through this thick damp forest, and at the crossing the soothing trickle of a miniature waterfall creates an oasis with a dramatic drop in temperature that makes me feel as though I've just stepped into an outdoor refrigerator.

As my journey continues fir and spruce are quickly left behind, as a serious uphill commences on a sunny oak-filled slope. Then for a fleeting moment within this thick undergrowth I treasure an amazing close up look at a black-throated gray warbler - a small elusive bird that is usually hard to see.

Passing by bouquets of blue pentstemon and yellow daisy-like flowers, I press on until at last I reach the broad wide-open back of Boren Mesa, which is named after Carl Boren, a cattleman who settled in the area in 1876. At an elevation of 9300 feet, my efforts are rewarded with a spectacular view as I cast my vision over the green pastures of Spanish Valley and the rugged outline of



Behind The Rocks. Even further beyond I can see miles and miles of an expansive landscape - a tangled web of canyons, mesas and buttes clear to the Henry Mountains on the far western horizon. Then I turn my attention to the more nearby peaks: Mount Tuhunikivatz, Tuk No, Pre-Laurel Ridge, Laurel Peak, Mount Mellenthein, Haystack Mountain, Pilot Peak and Gold Knob.

After walking approximately 1.5 miles I reach a signed crossroad, where I can go straight to make a loop to Oowah

and Clark Lakes - the more well traveled trail. I, however, have decided to go right on Forest Service Road 4686, the less traveled route that ends at the Geyser Pass Road in 1.2 miles. Now I'm happily following the shade as this back road weaves in and out of the aspens.

After awhile the uphill feels endless. I need a pick-me-up break and ah! the pleasure of tossing my pack to the ground and sitting down in the plush green grass!



In a protective grove of aspen, I settle down to observe the boldly decorated butterflies waltzing from flower to flower - the flashing red of a flicker as he hits the ground in search of ants - the billowing thunderheads gathering over the higher peaks; warily I wonder if a rumble-tumble downpour is on the way!

Finally pushing myself up, I march on to the climax of the trail where it meets the Geyser Pass Road. Now I could return via the main thoroughfare, but again seeking solitude and privacy I opt to follow my own footsteps back. As a general rule this four-wheel drive road is lightly traveled and on this day I have seen no one.

Yippee, now it's all downhill and on my leisurely stroll back I contemplate how quickly the summer is flying by. Before long fall, my favorite season in the mountains arrives bringing a spectacular show of vibrant colors; then oaks flame burgundy red, the leaves of the box elders fade to pale yellow, the rose-hips turn to a deep-orange red and the hills are alive with the rich, glittering gold of the aspen.



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WEAVER HAPPENINGS

Canyonlands Natural History Association presents: 3rd Annual Navajo Rug Auction

by Barb Webb; photos courtesy of Canyonlands Natural History Association

Picture yourself spending an enjoyable Saturday at CNHA's 3rd Annual Navajo Rug Auction. Arriving at the Grand Center in the morning, you marvel at the variety of intricate designs and rich colors of rugs that will be auctioned. You hold several beautiful weavings in your hands and examine the quality of the pieces close up. You watch a Navajo weaver at her loom, deftly demonstrating how rugs are woven. As you talk with her, she tells you that creating one rug can take months of careful work.



designs to the loom. Navajo rugs are collected avidly and prized for their beauty and durability.

Prior to the auction, from 9 a.m. until noon, Bruce Burnham will offer appraisals for \$10 per rug. Appraisal proceeds will go to the CNHA's Discovery Pool Grant Program, which funds scientific research on public lands of the Colorado Plateau. Also, from 9 a.m. until noon, you can preview the rugs that will be offered. The auction

A little before noon, you purchase a Navajo Taco from Susie's Branding Iron and enjoy lunch while the auctioneers set up. Then at 1 p.m., the auction begins! And before long - there it is - the special rug that you have chosen from all the others is coming up for auction. With a lift of your numbered paddle you place a bid. After a little flurry of bidding, the auctioneer yells out, "SOLD" and this beautiful rug is yours!

Canyonlands Natural History Association (CNHA) is proud to present our 3rd Annual Navajo Rug Auction on Saturday, September 28th, 2013 at the Grand Center in Moab, Utah. Auctioneers R.B. Burnham & Co. will offer more than two hundred exquisite contemporary and vintage Navajo rugs. The Burnham family has been trading with the native people of the Four Corners area for five generations and is known for their knowledge of Navajo textiles. Weavers will receive 80% of the auction proceeds.

Each Navajo rug is a one-of-a-kind work of art. Even when creating a traditional design, each weaver adds her/his own interpretation to the weaving that makes it unique. In recent years, the artists' creativity has fueled a surge in innovation that is bringing exciting original



starts promptly at 1 p.m. Weaving demonstrations and cultural interpretation will also be part of the event.

Make sure to sign up for a bidding paddle before the auction starts. The paddle is free and doesn't oblige you to bid on or buy a rug, but you will need one if you decide join in on the action.

Your support helps Navajo weavers market their textiles and support their families. It also helps insure that this art form and the culture it is tied to remain vital.

Join us for CNHA's 3rd Annual Navajo Rug Auction, Saturday, September 28th at the Grand Center, 182 N 500 W, Moab, Utah. Appraisals (\$10 per rug) and preview from 9 a.m. until 12 p.m. Auction begins at 1 p.m. Admission is free.

For more information, call Barb at CNHA, 435-259-6003 x 10 or visit [ww.cnha.org](http://www.cnha.org). CNHA is a non-profit that has supported the parks and public lands of the Colorado Plateau for over 46 years.

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4pm: Volleyball pool play starts
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7:30pm: Square Dancing

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Vendor in the Park - all day
Entertainment in Park
Softball Tournament Continues
7am: 5k Melon Run - Register at GRHS
7-9am: Scout Pancake Breakfast
10am: Parade
11am: Volleyball Tournament Starts
12pm: Magic Tournament Registration
3pm: Duck Race - River Bridge
6:30pm Concert in the park:
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COWBOY HAPPENINGS

The Bar M Wranglers Show off a lot of musical experience at the Bar-M Chuckwagon!

Set in an old west town, the Bar-M Chuckwagon is Moab's own unique western dinner theater and includes old west games, a gunfight, a hearty Cowboy Supper and a live western stage show featuring the music and comedy of the "Bar-M Wranglers."

Just 7 miles north of Moab on Highway 191, the Ticket Booth, Gift Shop, Saloon, and grounds open at 6:30 PM. The always-entertaining gunfight begins around 7:00! After the smoke clears, everyone enters the large dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail style with metal plates and cups.

Right after dinner, the "Bar-M Wranglers" perform an entertaining stage show full of fabulous vocals, yodeling, thrilling instrumentals, humor, and audience participation. They play many old west favorites like "Cool Water" and "Ghost Riders in the Sky."

The Bar-M Wranglers are a professional 4-piece band that has recorded two CD's. The "Wranglers" are Alan Brown, Valerie Hunt Brown, David Steward, and Clay Maxam.

Two members of the Bar-M Wranglers are the hosts and owners of the Bar-M Chuckwagon, Alan and Valerie Brown. Valerie and Alan met and married in Nashville, Tennessee. In 1992, Alan and Valerie moved from Nashville to Moab, bought the Bar-M Chuckwagon and have been performing with the "Bar M Wranglers" ever since.

Valerie Hunt Brown grew up in Cottonwood Heights and played with several country bands in Salt Lake City before moving to Nashville, Tennessee to tour with country artist Terri Gibbs. For several years, Valerie was one-third of the music/comedy trio "Ethel & the Shameless Hussies." The "Hussies" were recording artists on MCA Records, appeared on numerous TV shows and toured

extensively throughout the U.S. and Canada. Valerie sings lead and harmony vocals, yodels, and plays acoustic guitar and mandolin in the Bar M Show.

Originally from Illinois, Alan Brown worked as a singer/song writer and toured throughout the U.S., Canada, and Europe with the internationally famous group "Up with People." He studied music and guitar at Berklee College of Music in Boston. He played music for many years in New York City, Atlantic City, and Nashville before moving to Utah and taking over the Bar M Chuckwagon. At



Alan Brown, Valerie Hunt Brown, Dave Steward, Clay Maxam



the Bar M, he is the Camp Cook and Sheriff in the old west shoot out. Alan is the Head Wrangler, sings lead and harmony vocals, yodels, plays acoustic and electric guitar, and bass guitar in the Bar M Show.

Originally from New Jersey, singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing, vocals and yodeling to the show. Dave has lived in Moab for 26 years. He arranges the vocals for the group. Dave has been a guitarist most of his life and enjoys playing many styles of music including jazz, classical, and rock as well as cowboy music. Dave has his own band, "The

Dave Steward Trio," and performs with many different ensembles around town. He studied guitar and music at the Guitar Institute of Technology in Hollywood, California. Dave has two CDs of original music one called "Wild West Heart" and his newest called "The Moab Tongue." Dave also has a CD of classic cowboy songs called "Call of the Canyon." Dave has been a Bar M Wrangler since 2001.

Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judi. A native of Oregon, Clay played steel guitar professionally in the 50's, 60's, and 70's and then took a break from his music career to pursue other goals. Clay Shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. Clay is featured nightly in the gunfight show. He is an integral part of the Bar-M operation and has been a Bar M Wrangler since 1999.

The Bar-M Chuckwagon's season runs April through mid-October. Dates open vary with the season, please call for schedule. Admission price includes dinner, live western show, games, gunfights, and gratuity: \$31.78 for adults, children four to twelve years old are half price and kids three and under are free. Call 435-259-BAR-M (2276) to make your reservations today. You can visit their web site at www.barmchuckwagon.com. Tell them you read about the Bar-M in the "Moab Happenings."

KZMU - Moab Community Radio 90.1 & 106.7 FM

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00	Native Spirit	KZMU OVERNIGHT	Art of the Song	KZMU OVERNIGHT	Desert Diva	DEMOCRACY NOW		7:00
8:00						8:00		
9:00	Jah Morning Reggae	Moab Mamas (everything)	MOAB MORNING BLEND Amarillo Highway	Tilted Park (Americana Classic Rock)	Apokalypse Cabbage/ Mixed Tape	Blue Plate Special (blues/rock)	Shine Time (Children)	9:00
10:00								10:00
11:00	Grass is Greener (Bluegrass)	The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Trailer Park Companion / Wayward Wind	11:00
Noon								Noon
1:00	Red Rock/ Potluck (Classical)	Radio Mundial Radio MOONDial	Planet Picante	Bait and Switch	Roots, Music Express	1-2-3 (funky world soul)	Ain't Live Grand? (live recordings)	1:00
2:00								2:00
3:00	Alternative Radio	Pirates & Poets	Moab Drive Time	Moab Drive Time	Fire on the Mountain	Belagaana Review (fruit and nuts)	Tween Time (pre-teen fun)	3:00
4:00								4:00
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)	WORLD MUSIC	Moab Drive Time	Moab Drive Time	Free Speech Friday Public Access	Big River/ Ranch Exit (twang)	5:00
6:00								6:00
7:00	DEMOCRACY NOW							7:00
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz) The Watering Hole (blues)	Moab City Council Detroit Rebellion	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room/ Funky Soul Jam	Main Street Cruise!	8:00
9:00	Entre Las Piedras (Between the Rocks)	Transitions Radio	MOAB AFTER HOURS Conscious Party	Liberty Jam	Pandora's Box	Beat Monkey	Ill Beats Radio	9:00
10:00								10:00
11:00	KZMU OVERNIGHT							11:00
12:00	KZMU OVERNIGHT							12:00

KEY: Talk Shows Easy Mix Blue Grass, Country, Folk Eclectic/World Rock, Blues, Jazz, etc. Heavy, Hard

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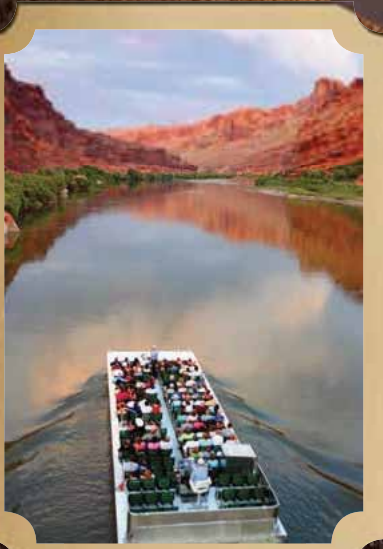
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Volume 25 Number 6

Section B

September 2013



The Moab Music Festival - *music in concert with the landscape*

The Festival is known for its concerts in the landscape but there are also performances during the weekend that are a little closer to Moab and feature various genres from classical, traditional, and jazz music that complement any activity filled day. After a hike or river rafting, head to a Moab Music Festival concert on Friday, Saturday, or Sunday evening. Concerts take place in Star Hall, located in downtown Moab, Red Cliffs Adventure Lodge, and Sorrel River Ranch and Spa, which are both on the scenic river road, Highway 128. The Festival's returning artists as well as the cadre of new young artists perform all over the world.

The Festival opening concert starts tonight, August 30 at 7:00 pm at Star Hall. This concert features the world premiere of *The Animated Room* by Carla Kihlstedt and Matthias Bossi of the duo Rabbit Rabbit. This piece is based off of Kenneth Koch's 1,000 Avant-Garde Plays. Festival musicians Michael Brown and Nicholas Canellakis will also perform their *Self Portrait*, a piece for piano with film.

Red Cliffs Adventure Lodge hosts concerts Saturday, August 31 with *The Future of American Song* and *The Wisdom*

of the Earth on Sunday, September 1. Gabriel Kahane and Rabbit Rabbit entertain us with their *American Song*. Kahane, Kihlstedt and Bossi have separately made their marks as groundbreaking singers, songwriters and instrumentalists. They are at the forefront of a new

and Arnaud Sussmann will each play a 'season' for Astor Piazzolla's *The Four Seasons of Buenos Aires*. Piazzolla's homage to Vivaldi's famous piece, *The Four Seasons* is paired with the *Piano Quartet in D Major*, a romantic showpiece from Russian Anton Arensky. On September 7,

the Pedrito Martinez Group will make you want to move with their high energy style. They have their roots planted firmly in the Afro-Cuban rumba tradition and in the bata rhythms and vocal chants of the music of Yoruba and Santeria. Ben Ratliff summed it up aptly for the *New York Times*, calling it "complex, blenderized Africa-to-the-New-World funk."

Closing night at Star Hall is a collection of pieces inspired by or quoting Beethoven. It's a grand closing, paying homage to a composer who influenced the development of art music and music around the world.



movement of sophisticated composers who have embraced popular culture and the rigor of classical music. They are the main performers of their work, bringing a uniquely personal expression of their original songs to their audiences.

Sunday's *Wisdom of the Earth* is a program centered on Native American art music and the Native American relationship to the earth. Works by Native American composers Russell Goodluck and Juantio Becenti are featured as well as text and songs performed by Adrian Rosas, Timothy Long, and local artist Andrew Begay.

The closing weekend performances continue on the river at Sorrel River Ranch and Spa on September 6 and 7. Violinists Charles Yang, Elena Urioste, Harumi Rhodes,



"Wine Dinner in the Large Garden" series as part of its "Farm to Plate" initiative. Chef Henry Christian's culinary adventure includes a 6-course tasting dinner with paired wines under the open sky at the Sorrel River Farm's Homestead Garden. All the food served will include preparations harvested from the Ranch's on site sustainable garden.

Dinner at 7pm on September 28th and October 19th, 2013
\$85.00 per person plus tax and gratuity.
Reservations Required.



Community Table at River Grill Restaurant.

A 5-6 course prefix menu tailored around what is being harvested from our garden paired with select wines to complement each course. This unique dining experience will include ten guests at the River Grill's beautiful round glass table. There will be great conversation while enjoying our farm to table concept.

Dinner start at 7pm every Fri, Sat & Sun
\$85 per person plus tax and gratuity.
Reservations are highly recommended since there is limited space.

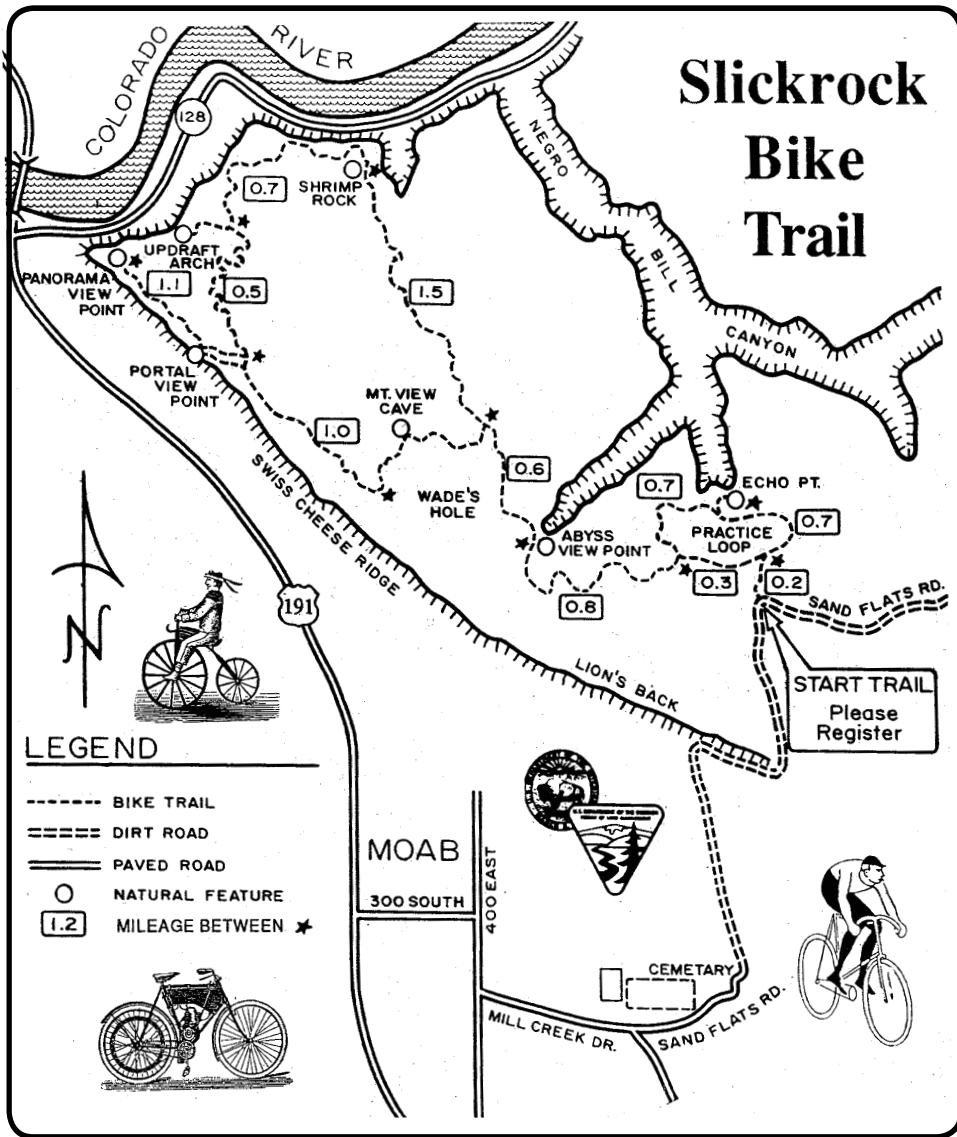
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MOUNTAIN BIKING



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **MOAB CENTURY TOUR September 20-22, 2013** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• **OUTERBIKE October 2-6, 2013** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.

• **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 24-27, 2013** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.

• **POISON SPIDER BICYCLES SPRING THAW - March 2014** A fun, long weekend with demo bikes, women's ride, shuttles, frame giveaway and guided group rides on the Bar-M and the Mag 7 Trails. Food and parties included for \$40. Preregister for free t-shirt! For more info visit poisonspiderbicycles.com or call 435-259-7882.

• **SKINNY TIRE FESTIVAL March 8-11, 2014** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• **4TH ANNUAL GRAN FONDO MOAB May 2014** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOONSHADOWS IN MOAB May 2014** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

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TRAIL HAPPENINGS

North to Alaska – A New Mountain Bike Trail

Article by Brook Carter,
Map by Geoff Freethey

Early one summer's morning, I rode up Mega Steps from the North Klondike trailhead (TH), at mile post 148.5. Just before reaching the top, I started getting pretty excited about my first ride on the new Alaska Trail that I had designed the year before. The Trail Mix (TM) crew had just finished the trail about 10 days before, and I finally had time to do a ride.

I rolled to the top of the climb and stopped. A stiff, refreshing breeze greeted me. My gaze fell on the red cliffs at the north end of Arches N.P. and the graceful mounds on the floor of Salt Valley painted by the soft morning light. Besides the wind whispering through the trees, the only other sound was the rough call of the steel blue pinyon jays flying below me. It was a magical moment that made me feel like I was a million miles from civilization, and I soaked it in for a good while.

But hey! The new Alaska trail was waiting, so I pedaled onto virgin dirt. One of TM's priorities for new trails is flowy, red dirt single track and this trail has a ton of it. The ridge section also has some cool rock work and I soon dropped into a tight space between house sized boulders on a manmade rock ramp which took Geoff and me 4 hours to build – it rode just the way we'd hoped. After riding more smooth single track for a while, I suddenly popped up on to the "knife edge" - a narrow rocky section that falls away on both sides and requires your full attention. Then it was on to more single



track that wound playfully through boulders and pinyon/juniper, popping out to the cliff edge several times for great views of places like Sunshine Wall and the Book Cliffs.

At the end of the ridge section, I peered down into a gnarly looking valley I call Cougar Canyon. A lot of people might have thought "there's no way you can get a rideable trail through that jumbled mess of boulders", but kudos to Scott for flagging the sweet lines! This section will put a smile on the face of any fit, upper intermediate rider.

Next was an unusual slickrock downhill section that I call "Tiger Slickrock" – it has yellow stripes in the bone colored Morrison rock! This section was so much fun I was wishing it was longer, but no whining - it was on to more flowy single track that led to the "Cowboy Camp" area. It's a ripping fast dirt downhill that at one point uses an existing large, natural rock slab tilted at about 40 degrees to cross a wash – woohoo!

I finished the ride with a cool downhill section of the Nome Trail that had me grinning from ear to ear. This new Alaska trail complex also has a downhill trail called Homer that is designed to be

a really fun way to drop off Alaska and join the brand new section of Dino Flow near the BLM Sauropod Track Site which, BTW, has a bathroom :-).

Building this trail system involved moving more large rock than any of my other trails, and a typical work day started with a 45 minute hike to the top of the ridge – not to mention the long hike back at the end of the day. To accomplish this huge task, I worked with Brian Lugers, Kathy Grossman, Scott Escott, and Geoff and Sandy Freethey in the midst of the summer heat. We also got help from Miles Gurtler and Todd Murdock of the BLM, Tim Walsh and Alex Petittdemange.

Since all the trails in the Alaska complex were built this summer, the dirt portions will be loose as is always the case with new trails in the desert around Moab. After several cycles of rain and riding, the dirt sections will "burn in" and become the cement-like riding surface we all know and love. For those trying to up their fitness level, riding the new dirt after a good rain will provide a great workout and help harden the trails.



It's called Alaska because it is the trail farthest north of Moab. Don't worry though, it takes essentially the same amount of time to get to the TH as it would to go to the Klondike TH, and it's quicker to get to than the Mag 7, Intrepid, or La Sal Mt. Trail Heads.

Enjoy!



Brooks Carter retired from the Corps of Engineers and now has a 2nd career as a mountain bike guide at Rim Tours. During the cold months, he's a ski instructor at Brighton. As a volunteer for Trail Mix, he designed & helped build EKG, Mega Steps, Little Salty, UFO, Alaska, Nome & Homer trails, and he's constantly imagining new ones.



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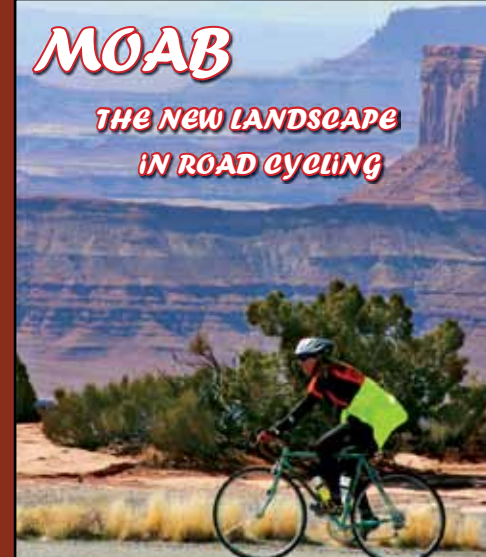
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May 10, 2014



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Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.



NATURE HAPPENINGS

Mulies

Heart-shaped prints in the soft sand betray the passing of a mule deer, one of the larger herbivores in the Deer family (Cervidae) that inhabits Canyon Country. Named for their large, mule-like ears, these deer are common across the western half of North America. Next to chipmunks, ground squirrels and rabbits, mule deer are probably the wildlife species that most folks see in the wild. It helps that herds of mule deer occur across a broad elevational range, migrating between lower elevation winter and higher elevation summer ranges during the year.



Though I see them often, I never tire of seeing these charismatic species. Their bounding gait as they run for cover, their stately antler racks, their ability to leap tall fences in a single bound, and their massive ears: these are the characteristics that define "mulies."



Beginning in spring, mule deer bucks start to regrow antlers that were shed the previous season. Controlled by day length and testosterone, this fuels the antler cycle and primes the bucks for the mating season ahead.



Incorrectly referred to as "horns," antlers are made of bone. They are branched, deciduous and generally only found on males, whereas horns are generally unbranched, permanent and have a keratin sheath around a bony core. Elk and deer have antlers; bighorn sheep and pronghorn bear horns, although pronghorns have unique horns.



During their early growth, antlers have spongy bone covered with hairy "velvet" that supplies blood and nutrients to the developing bone. As antlers form, the outer bone hardens while the inner has marrow spaces and softer bone. The process is like building a frame, then filling that frame with concrete. Eventually as the bone hardens, the velvet dries up and either falls or is rubbed off. Some bucks eat their velvet, recycling nutrients used in its production.

Bighorn sheep horns can be aged by their annual growth rings, but antlers cannot be aged. Although bucks

or rutting season. During this time, bucks posture and fight with each other, attempting to impress the does. Sometimes the clatter of jousting antlers lures one towards this spectacle. The promiscuous bucks will mate with any female that accepts them; does may mate with more than one buck.



By Damian Fagan

In early winter, the buck's antlers drop off and these

"sheds" provide food for rodents or treasures for "shed hunters."

Mating occurs in late fall and females may produce a litter of one or two fawns in late spring or early summer. Triplets are very uncommon; younger does generally have a single fawn. Weighing around eight pounds at birth, the spotted fawns can walk a short time after birth. They have to - otherwise predators would take more fawns than they do. But movement isn't the fawn's only defense;

their cryptic coat provides camouflage so they can hide from predators.

So as September lays its cooler blanket over Canyon Country, keep an eye out for the mulies as they engage in this ancient cycle of life and death.

normally grow antlers starting at one-and-a-half years old, they do not branch with each successive year of life. Oddly, the cells that form the antler bud, if removed and grafted onto the deer's body, could regrow - creating a unicorn or a many-horned beast.

The growth of the antlers culminates prior to the mating

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ART WALK HAPPENINGS

Moab Art Walk

Saturday, September 14, from 6-9pm

On Saturday, September 14, from 6-9pm, downtown merchants and The Museum of Moab will sponsor the first Fall Art Walk of the 2013 season. The public is invited to stroll through the exhibits at their leisure to view a variety of fine art and handmade crafts, enjoy refreshments and mingle with local and visiting artists. Most exhibits will remain up throughout the month for those who are unable to attend the Saturday night walk.

The Edge Gallery

137 N. Main St. 435-259-5855 www.breledge.com

The Edge Gallery features fine art landscape photography by **Bret Edge**. Each photograph is presented as a breathtaking canvas wrap or archival plaque mount in an open, contemporary gallery space.



Moonflower Market

39E 100N 435-259-5712

Logan Hansen employs creative photography techniques to capture and display the dynamic interaction of rock, sky, and life in the Moab area, striving to synthesize passing moments in context of a seemingly timeless landscape.



MARC (Moab Arts and Recreation Center)

111E 100N 435-259-6272 www.moabmarc.com

Panorama & Paint with Alf & Yrma.

Alf [Steven] Randell's panoramic images of the CO plateau demonstrate his love of climbing and the wide, panoramic view of the desert. Alf hopes to transform rooms into desert valleys with his photos. **Yrma's** contemporary paintings share the beauty of nature combined with her feminine touch. Her paintings vary from almost realistic portrayals (sometimes surreal) to abstract compositions.



Framed Image Fine Art

59 E. Center St. 435-259-4446

www.framedimagemoab.com

John DePuy:

Framed Image celebrates it's 10th anniversary with an exhibit from legendary Expressionist painter, and canyon country mystic, **John DePuy**. Join us for this marvelous show and celebration, and enjoy a 10% discount on any art purchased this night



Eklecticafe

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Eklecticafe is proud to display the works of Castle Valley artist **Trish Ogilvy**, a sculpture artist who has enjoyed many years of expressing her comical and the bizarre ideas in clay.



Overlook Gallery

83 E. Center St. 435-259-3861

www.theoverlookgallery.com

Tim J. Morse, Don Weller, James McKew:

At The Overlook, a working artist studio and gallery, **James McKew and Tim J Morse** will be showing a large collection of landscapes recently painted outdoors, directly from nature, and several larger paintings they've created in the studio.



Museum of Moab

118 E. Center St. 435-259-7985 www.moabmuseum.org

Art on rails fills the Museum with an exhibit of Train Graffiti photography by **Geré Drake**. Featuring from simple tags to more complex murals. The amount of art rolling across Grand County creates a staggering display of mobile art.



1 MOAB ARTS AND RECREATION CENTER
111 E 100 N

2 MOON FLOWER MARKET
39 E 100 N

3 EKLECTICAFE
352 N Main St

4 THE EDGE GALLERY
137 N Main St

5 FRAMED IMAGE FINE ART GALLERY
59 E Center St

6 OVERLOOK GALLERY
83 E Center St

7 Museum of Moab
118 E Center St

www.moabartwalk.com

	MAIN				
200 N					
100 N	4	2	1		
CENTER		5	6		
100 S			7		
200 S					
300 S					

SKY HAPPENINGS

The Sky for September 2013

By Faylene Roth

SUNRISE AND SUNSET TIMES FOR SEPTEMBER

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

Date	Sunrise	Sunset
1	6:48am	7:48pm
2	6:49am	7:46pm
3	6:50am	7:45pm
4	6:50am	7:43pm
5	6:51am	7:42pm
6	6:52am	7:40pm
7	6:53am	7:38pm
8	6:54am	7:37pm
9	6:55am	7:35pm
10	6:56am	7:34pm
11	6:57am	7:32pm
12	6:57am	7:31pm
13	6:58am	7:29pm
14	6:59am	7:27pm
15	7:00am	7:26pm
16	7:01am	7:24pm
17	7:02am	7:23pm
18	7:03am	7:21pm
19	7:04am	7:19pm
20	7:04am	7:18pm
21	7:05am	7:16pm
22	7:06am	7:15pm
23	7:07am	7:13pm
24	7:08am	7:11pm
25	7:09am	7:10pm
26	7:10am	7:08pm
27	7:11am	7:07pm
28	7:12am	7:05pm
29	7:12am	7:04pm
30	7:13am	7:02pm

The Great Square forms the body of Pegasus the flying horse. It provides a gauge of the quality of darkness of the night sky. Ten to 13 visible stars within the square indicates good dark skies.

Moab UT (at City Hall)
 38°34' N Latitude - 109°33' W Longitude
 4048 ft - 1234 m Elevation

MAJOR CONSTELLATIONS OF SEPTEMBER

Overhead

- Aquila
- Cygnus
- Lyra

Northward

- Cassiopeia
- Cepheus
- Draco
- Ursa Major
- Ursa Minor

Eastward

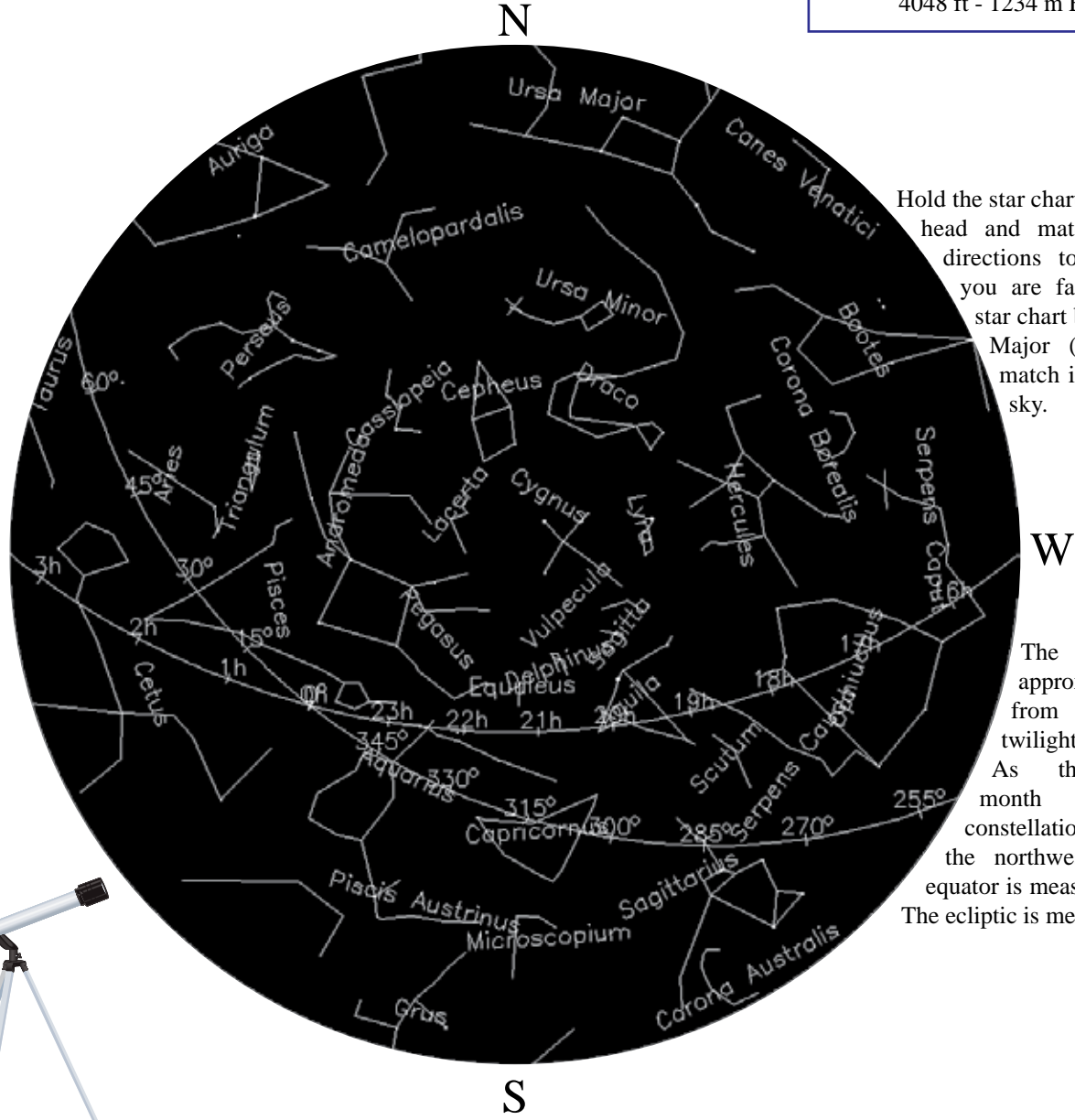
- Andromeda
- Aquarius
- Pegasus
- Perseus
- Pisces

Southward

- Capricornus
- Sagittarius
- Scorpius

Westward

- Boötes
- Corona Borealis
- Hercules
- Libra
- Ophiucus
- Virgo



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

DAYLENGTH

The evening sky darkens rapidly this month as summer twilight fades nearly two minutes earlier each day. By month's end the period of daylight from sunrise to sunset will be less than 12 hours long. Twilight adds an additional period of usable light. At dusk adequate light for most activities continues for about 30 minutes after sunset—a period called civil twilight. Nautical twilight begins once the sun has dipped six degrees below the horizon. During this half-hour period the overhead sky darkens while color and detail disappear from the surrounding landscape. When the sun drops below 12 degrees, astronomical twilight begins during which the residual light of sunset fades from the horizon. Astronomical twilight ends and night begins when the sun sinks 18 degrees below the horizon. The reverse progression applies to dawn.

MOON HAPPENINGS

September 5—New Moon occurs at 5:36am.
September 12—First Quarter Moon sets soon after midnight.
September 19—Full Moon occurs 5:13am and rises at 7:21pm.
September 26—Last Quarter Moon rises soon after midnight.
 (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

AUTUMNAL EQUINOX

An imaginary line called the ecliptic traces the path of the sun across the sky relative to the background stars. Earth's orbit around the sun creates the seasons because the equator is tilted from the plane of the ecliptic at an angle of 23.5 degrees. The angle and direction of the tilt does not change as the earth travels around the sun, but it does present a different face of the earth towards the sun. In winter the northern hemisphere tilts away from the sun; in summer it tilts towards the sun. In spring and fall—at the equinox—both hemispheres receive the same amount of light because the sun shines perpendicular to the equator. An extension of the earth's equator into the celestial sphere creates the celestial equator. The equinox occurs at the point in the earth's orbit where the plane of the ecliptic intersects the celestial equator. This year the intersection occurs on September 22 at 2:44pm MDT. Sunrise will be due east and sunset will be due west. The length of day and night would be equal if it were not for the effect of refraction which means that light bends around the curvature of the earth, making the sun visible before it crests the horizon.

ZODIACAL LIGHT

Imagine sunlight streaming through a window and illuminating dust particles floating in the room. In the same way, the rising and setting sun illuminates dust particles present in the inner solar system. Near the autumnal equinox, the sun's rays shoot high into the sky before sunrise and after sunset and project a beam of light through ambient dust particles. Look for a cone-shaped beam of white light that can extend as far as 60° above the horizon. It is called the zodiacal light because it appears within the zodiac—a band across the sky that represents the plane of the solar system with the ecliptic at its center. Look for the zodiacal light in the morning sky about 1-2 hours before astronomical twilight begins.

METEOR EVENTS

September offers no major meteor showers, but it is a good month for sporadic meteor events. Sporadic meteors originate from debris left over from interplanetary collisions within our solar system rather than debris associated with comet trails. Early morning provides the best viewing for meteors because the direction of the earth's rotation converges with the direction of the earth's orbit at that time. Meteors approach as the earth moves into the residual dust left by earlier collisions. Expect to see 10-20 meteors an hour from random directions during September's sporadic displays.

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5°. Middle, ring, and little finger touching represent about 5°. The width of a fist is about 10°. The fist with the thumb extended at a right angle equals 15°. The hand stretched from thumb to little finger approximates 20°-25°. The diameter of both the full moon and the sun spans only 0.5°. Adjust for the size of your hand.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.end

VISIBLE PLANETS

Jupiter rises during the middle of the night in the northeastern sky near the twin stars of Gemini. It dominates the early morning sky rivaled only by Orion and Sirius the Dog Star trailing Orion in the southeastern sky. (Magnitude -1.9)

Mars begins September near the Beehive Cluster (Praesepe) in Cancer. By the end of the month it moves into Leo. Mars rises in the pre-dawn sky ranging 15°-30° below Jupiter as the month progresses. Look for a small red-orange disk that does not twinkle. (Magnitude +1.8)

Saturn appears in the evening sky above Venus, drifting closer to the horizon each evening. By September 23 Saturn sets with Venus. During the last week of the month it sets before Venus. (Magnitude +1.2)

Venus dominates the evening twilight but drops below the horizon as astronomical twilight fades. On September 8 it appears about three degrees below Saturn and within one-half degree of a waxing crescent moon. (Magnitude -3.9)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

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SKYDIVE HAPPENINGS

Skydive Moab is hosting it's 10TH Annual Skydiving Festival!

Clint MacBeth brought skydiving to Moab, Utah by opening Skydive Moab's doors in November of 2003. Clint, with over 19 years skydiving experience and 6000+ skydives, has always wanted to own his own skydiving center. BASE-jumping brought Clint to Moab a few winters past and the wheels started turning, the next thing you know, Skydive Moab was born. It is the original skydiving center in Moab and now has over 30,000 plus skydives under it's belt.

Right now, they are a small skydiving center, catering mostly to tandem jumpers and the occasional experienced skydiver passing through Moab. Despite the size of the dropzone (or maybe because of) both first-time and veteran jumpers alike, leave with an experience to remember! Skydive Moab offers a welcoming atmosphere and some of the most unique scenery in the country for jumpers to enjoy! The landscape offers one of kind opportunities for adventure that "we think will take the sport to the next level."



Now, after 9 very successful years of holding the (M.O.A.B.) 'Mother Of All Boogies' skydiving event, Skydive Moab is again teaming up with Skydive Arizona, (one of the busiest skydiving centers in the world) to hold the 10th Annual Skydiving event on Wednesday, September 25 - 29, 2013. "In addition to being a fun acronym, we really want this boogie/festival to live up to its name!" Skydive Arizona will bring their 2 massive planes with them. The 23 passenger Twin Otters and some additional event staff for organizing and manifesting.

Tandem skydives will be discounted to only \$235 for the weekend with locals receiving and additional 20% off! After enjoying a 20-minute scenic flight, first time jumpers will exit the aircraft at 13,000 feet above the ground and free-fall for almost a minute before the instructor deploys their parachute! During the free-fall they will reach speeds of up to 120 mph and will be falling at 174 feet per second. That's almost 6

seconds every thousand feet! After the instructor pulls the ripcord at 5000 feet, the parachute opens and student and instructor float gently back to earth. During the 5-7 minute canopy ride the pair will again experience the beauty of the Colorado River, Dead Horse Point, Castleton Tower, Arches and Canyonlands National Parks and so much more! If you haven't seen Moab from a birds-eye-view, you haven't really seen Moab!

During the four-day festival, jumping will take place at the Moab Airport, located just 15 minutes north of the Colorado River. So, whether you want to make your first skydive or just want to enjoy lunch under a sky full of brightly colored canopies, come out and share in the excitement!

Sept 25 - 29, 2013. 8 AM to Sunset
Hope to see you there!

For more information go to
www.SkydiveMoab.com or call 435-259-JUMP



MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be INVOLVED. If you would like to participate in any club or organization, PLEASE CALL THEM. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alcoholics Anonymous/Alanon	259-7556	Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Garden Club (Tricia Scott).....	259-6342
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke)	259-4525
Arches Adult Education (Trish Hedin)	259-2293	Moab Horse Racing Association (Chuck Henderson)	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom)	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Bikers Against Child Abuse (B.A.C.A.)	210-4421	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Boy Scouts of America (Kent Dalton)	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Rock Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kirk Pearson)	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Colorado Outward Bound School - Moab basecamp (Chris Benson)	435-259-5355	Moab Rotary April Action Car Show	260-1948
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217	Moab Ropers Club (Terry Lance)	259-9972
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Michele Blackburn)	259-0816
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Teen Center-Club Red	259-9991
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Trails Alliance (Kimberly Schappert)	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Zaida Agreda or Leticia Bentley)	259-5444
Friends of Arches and Canyonlands Parks (Joette Langanese).....	259-0108	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Canyonlands Health Care (Tom Edwards)	260-1504	Order of the Eastern Star (Fran Townsend)	259-6469
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Parent Teacher Association (Tiffany Saunders).....	259-5830
Friends of the Grand County Library (Adrea Lund)	259-1111	PleinAir Moab (Sandi Snead).....	435-686-2545
Grand County Public Library	259-5421	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Red Rock Astronomers.....	259-4743
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Forests	259-5640
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County 4-H (Marion Holyoak)	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Extension (Michael Johnson).....	259-7558	Rotary Club (Kyle Bailey).....	259-6879
Grand County Food Bank	259-6456	The Salvation Army, Moab Service Extension, (Lenore Beeson).....	435-260-2135
Grand County Hospice (Tracey Harris).....	259-7191	(or Sara Melnicoff).....	259-0910
Grand County Prevent Child Abuse	260-1039	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Humane Society of Moab Valley	Animal Services 259-4862	Senior Center (Verleen Striblen).....	259-6623
Ladies Golf Club (Chris Corwin).....	259-5344	Sierra Club (Marc Thomas).....	259-3603
La Leche League (Kathy Grossman).....	hkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith)	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion's Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International	259-5767
Moab Arts Council (Theresa King)	259-2742	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Arts Festival (Gayle Weyner).....	259-2742	UFOP Gastonia Chapter (Lee Shenton).....	260-9533
Moab Arts & Recreation Center (Laurie Collins)	259-6272	Utah Conservation Corps (Rachel Senft - southern office / Moab)	259-0029
Moab Bird Club (Nick Eason).....	259-6447	Valley Voices (Marian Eason).....	259-6447
Moab Chamber of Commerce (Kammy Wells)	259-7814	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab City Recreation (John Geiger)	259-2255	Young Life Moab	260-0285
Moab Community Dance Band (Miriam Graham)	259-8311	WabiSabi (Jeff Cohen)www.wabisabimoab.org	259-3313
Moab Community Theater (Kaki Hunter).....	259-8378	Word Watchers (Nancy Kurtz).....	259-0734
Moab Country Club (Rob Jones).....	259-6488	Youth Garden Project (Delite Primus)	259-BEAN (2326)

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VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

PLEIN AIR HAPPENINGS

What's It All About, "Landscape Painting" ?

by Philip J. Wagner

I paint at the Moab Plein Air Festival every October, and this year will be no exception. People sometimes ask me why I paint and why I participate in Plein Air Moab, an outdoor painting competition and art sale. To explain...



To paint landscapes, you dance. Move, back and forth in rhythm. Hold the brush at arm's length. Sing if you want. Step back, step up into the canvas. Squint. Paint fast! The great painting master Joaquin Sorolla says, "By speed only can you gain the appearance of a fleeting landscape!" Plein air painting outside in the elements... at most there's a 2-hour window of the same conditions to accomplish the painting; after that you paint from memory.

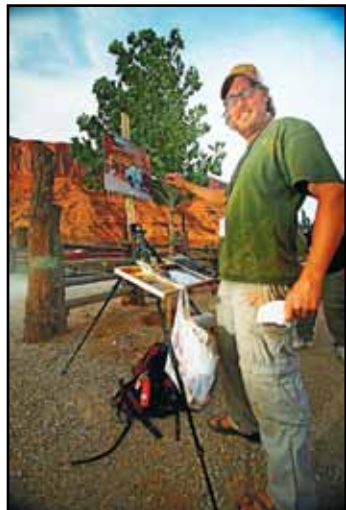
Landscape painting like dancing, is something done in joy. Everything immediate. All elements affecting one another, all parties moving in concert. When the sun moves, shadows shift, clouds change color, the atmosphere alters, the mood swings. Then Act II, Scene 2 like a stage play: different energy, different dialogue. Outdoor painting

is not studio painting; the painting has to be done so quickly, "Alla prima" the Italians call it. "Premier coup" the French call it. To capture the spontaneous feeling of that ephemeral moment, the entire painting is finished in one short session, a spurt of continuous energy in color.

It feels good.

More than one artist has said that a man is never truly happy unless he's a painter. It's because the good painter, like the good lover, gives it everything he/she's got. No faking. Those who give are the strong and get stronger. That's "why" the good artist paints.

Of course nothing good is easy. It just looks easy. A jazzman doesn't simply start playing jazz. Likewise good landscape painting requires study, planning, critiques, and thousands of hours live, thinking-in-paint. And as in life, a painter can learn more from a great failure than from a minor success.



The Landscape painter, following some kind of law-of-natural-attraction, comes to paint what invites her to paint it. She learns to humbly yield to risqué flirtations and come-hither suggestions.

Painting is the by-product of a joyful process, a spiral of evolution, the following one's own inner compass toward some profound pleasure which feeds the soul. Art shows us how we can all participate, and without reserve, dig into our own sweet lives.



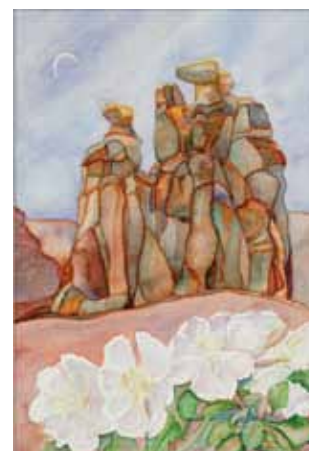
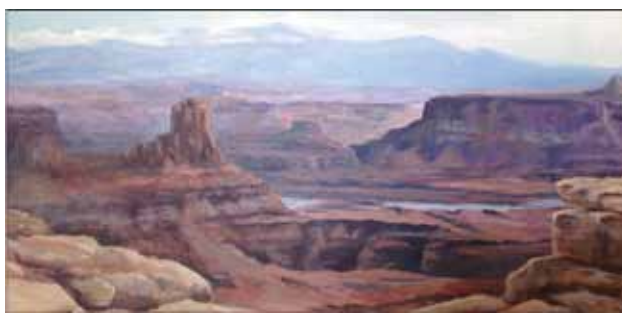
Plein Air Moab regularly hosts over 100 artists from all over the U.S. Artists paint for 7 days within 50 square miles of Moab, and then compete for over \$6,000 in prizes. Plein Air Moab is scheduled for October 4th-12th. Artists may compete for prizes and/or simply enjoy the camaraderie and process of painting. www.pleinairmoab.com. Early bird registration discounts end Sept. 6th but registration continues until Oct. 9th.

Big Horn Gallery displays Plein Air Painters

The Big Horn Gallery at Dead Horse Point Visitor Center is pleased to announce an exhibit of recent work by the Plein Air Painters of the Four Corners (PAP4C) that will feature Moab artist Carolyn Dailey.

The show runs from September 1st to October 30th 2013 and features paintings of the Moab area and Greater Four Corners States. The official opening reception will be held October 5th from 3-5pm to be able to meet the participating artists.

The PAP4C is a group of 35 artists from the Four Corners region dedicated to painting outdoors on location in the "Plein air" tradition. Working in the natural light allows the artist to capture the magic seen by the eye that a camera can never accurately represent. Artists in PAP4C primarily come from the Durango Colorado and



Farmington, New Mexico areas and represent different types of media including oils, watercolors and pastels.

For further information please contact Dead Horse Point State Park at (435)259-2614.

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GALLERY & MUSEUM HAPPENINGS

Savage Spirit Transitioning

Savage Spirit will be closing it's doors forever sometime in mid-September. Starting with a sidewalk sale on Labor Day weekend, there will be great closeout deals on unique clothing and jewelry handcrafted in Moab. In addition, beads and beading supplies along with other craft supplies will be 50% off or more.

Cathya Savage-Haas opened Savage Spirit two years ago with a vision of providing unique, locally and regionally handcrafted clothing, jewelry and gifts to Moab and it's visitors.

Cathya moved to Moab from Los Angeles in 1996 and began doing art festivals with her handcrafted clothing. A month later she met her late husband, jewelry artist Jim Haas, at a festival. For several years they travelled together doing art festivals. Wanting to spend more time in Moab, in 1998, Cathya and Jim opened Cave Dreamers, with Desert Savage clothing and Stoneage Jewelry, plus other handcrafted items by friends from festivals. Cave Dreamers became an integral part of the Moab arts and crafts community for 7 years. However Jim's gypsy soul missed the excitement of traveling, so Cave Dreamers closed and Jim and Cathya returned to the art festival life. After several years of this, Cathya wanted to spend more time at home in Moab and opened Savage Spirit. In one of those funny twists of fate, Cathya ended up in the same location where Cave Dreamers had been. Many people remembered Cave



Dreamers and were delighted to have her back and the store started very successfully.

But then the summer of 2012 was devastating for Cathya personally. Jim, her husband and partner of 16 years, suddenly became ill and died. A month later, her father died. And then two months after that, her beloved poodle Athena died. The store gave Cathya a reason to keep going and a safe place

during her early grief. Then this year, business went down, way down. Cathya did her best to keep it going, but without her partner, she just didn't have the heart to persevere. Finally facing the financial realities, Cathya knew that she had to close the store.

Luckily, as doors closed other ones opened. Cathya is going to go back to school for psychology and become a therapist. Sadly, she has to leave Moab to do this. And in another funny twist of



fate, a relationship from 35 years ago was rekindled and Cathya is moving to New Jersey, just outside of New York City. Although Cathya is sad to leave Moab, she is grateful for the 17 years she had here, where she was able to find an amazing creative partner and able to make a living doing what she loved. Through her recent experiences, Cathya hopes to help others to move through loss and grief and just like a phoenix being reborn out of the ashes, find what new life can be created.

So take the time to stop by Savage Spirit, say farewell and pick up some beautiful, handcrafted items at great prices. Savage Spirit, 87 N Main

New Museum Book Highlights Moab's History

The Museum of Moab is excited to announce the release of it's book Images of America Moab and Grand County published by Arcadia Publishing. The book explores the history of Moab from the 1800s to the early Uranium Boom. Images drawn from the Museum collection are put in a historical context telling the story of how Moab grew from an abandoned fort to a bustling boom town. Author and Museum Curator Travis Schenck has worked hard to comb the Museum of Moab's collection of over 2000 images to create a work that tells the story of our community. "It was hard to pick from so many photos and there are so many stories that I was unable to include," remarked Schenck, "but these are some of the most interesting photos and stories about Moab."

The book will be available on September 9th for purchase from the Museum of Moab, local bookstores, and on-line through both Arcadia Publishing website and Amazon.com. The Museum will be holding a special book signing September 9th at 5:30 PM at the Museum 118 E Center Street. The Signing will include a short lecture as well highlighting many of the photos in the book and other stories as well. Copies of the book will be limited at the Museum. You can reserve a copy of the book by calling the Museum at 435.259.7985



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The Tom Till Gallery is the Colorado Plateau's most celebrated and longest established photo gallery. Featuring the work of world-renowned photographer Tom Till, the gallery offers stunning photographs of the Moab area in many sizes and mediums. Tom's 2014 Magnetic Moab Calendar has just arrived, and it is a true work of art. Each 11x14 inch monthly photo is accompanied by an additional photo and a short essay by natural history writer, Mikenna Clokey. Read about how Moab's magnetism "attracts" many things, be reminded of Moab's beautiful landscapes and let Tom's photos grace your world every day of the year.



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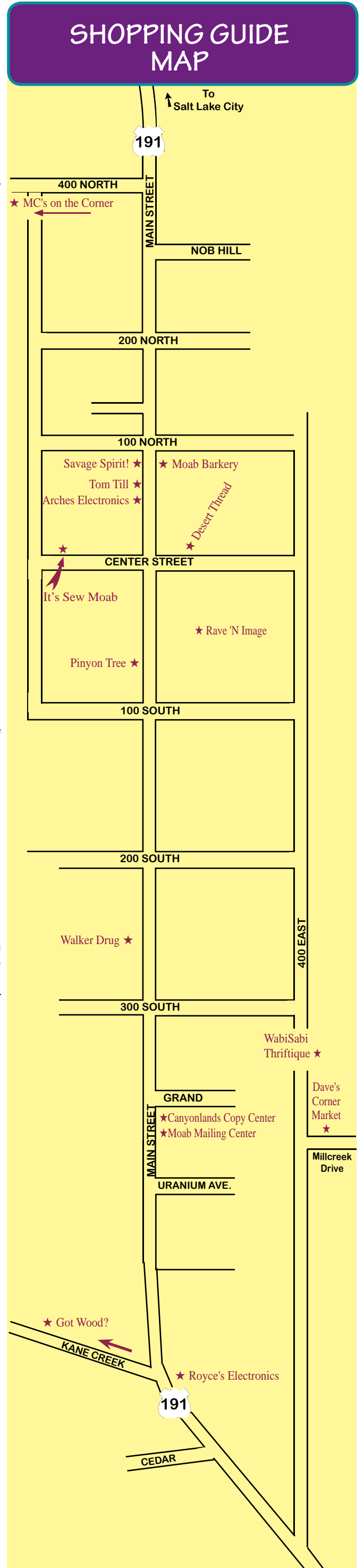
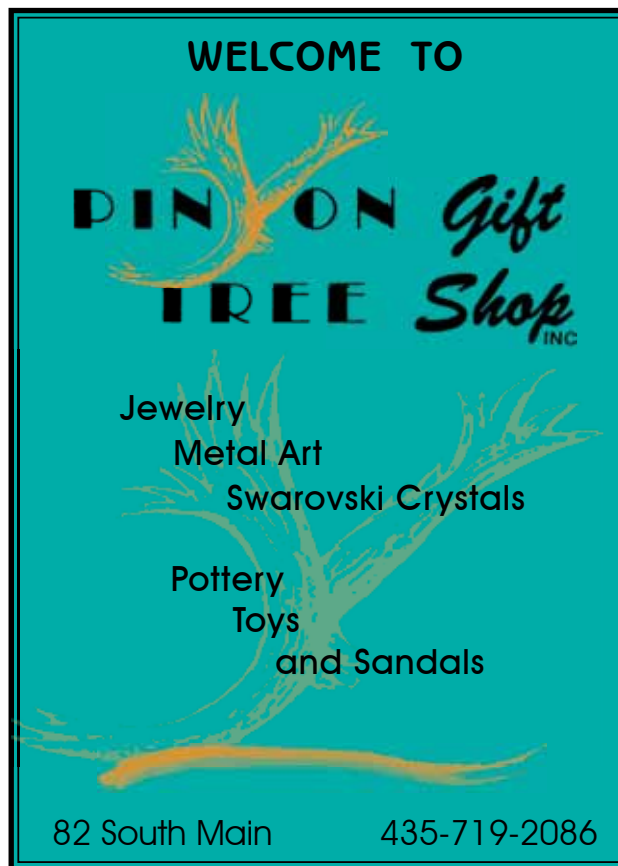
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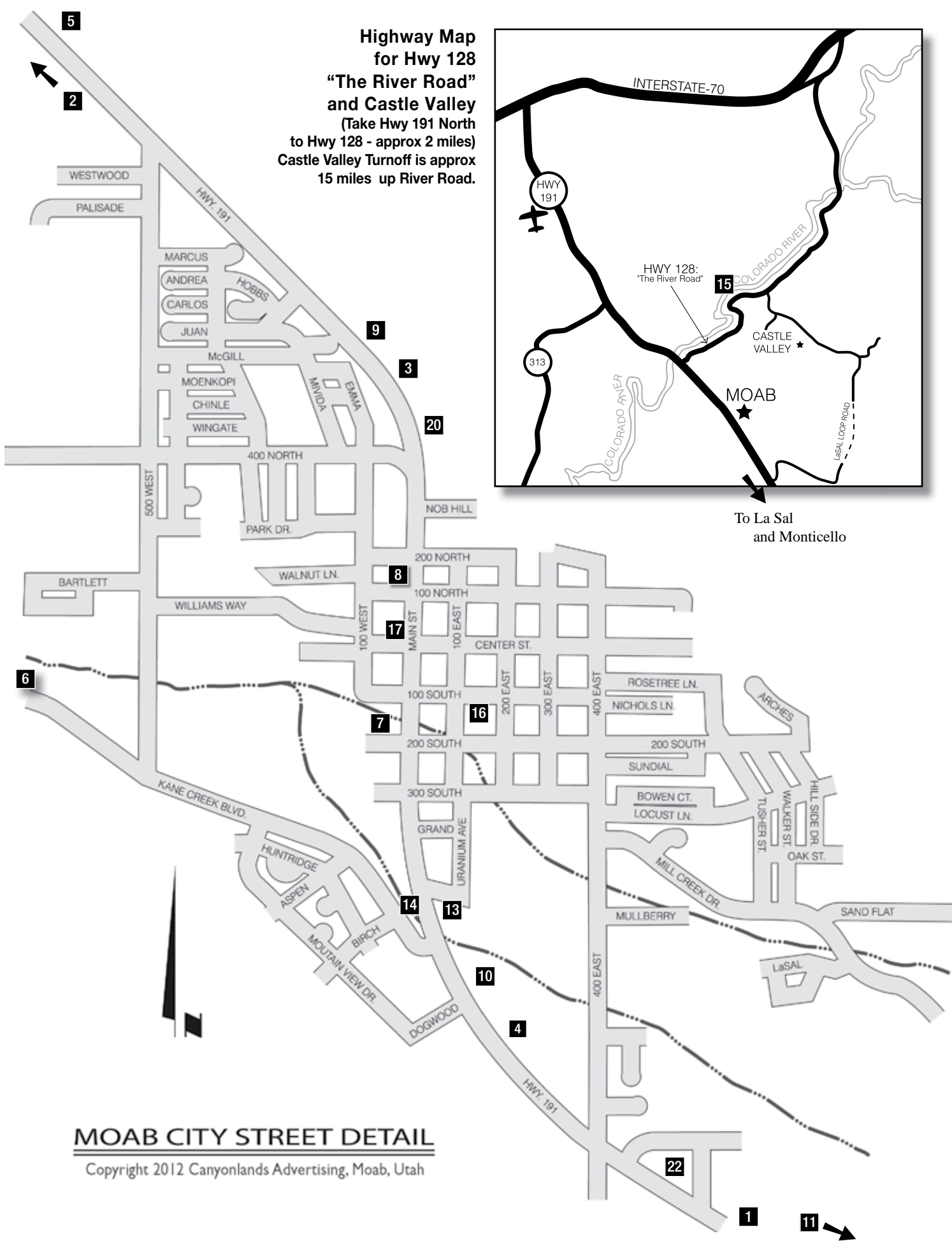
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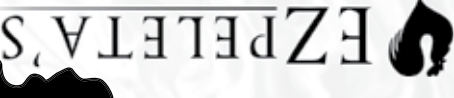
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4	La Quinta	435-259-8700	www.lq.com www.lq.com/moab
5	Moab Springs Ranch	435-259-7891	www.moabspringsranch.com
6	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
7	Gonzo Inn	435-259-2515	www.gonzoinn.com
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Canyonlands Fellowship 111 East 100 North.....260-2434	Kingdom Hall of Jehovah's Witnesses 25 West Dogwood..... 259-7363
Church of Jesus Christ of Latter-Day Saints First & Second Wards • 475 West 400 North.....259-5566	Moab Baptist Church • 356 West Kane Creek Blvd. 259-8481
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MOVIE HAPPENINGS

Movies Made in Moab

articles and drawings by John Hagner

This is the 16th in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmens' Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

KNIGHTS - 1993

Starring:

Kris Kristofferson and Kathy Long. Stuntwoman Nancy Thurston doubled for Kathy Long on the more dangerous scenes. Stuntman Bobby Brown doubled for Kris Kristofferson. Scenes filmed in Moab.

Story:

The cyborg Gabriel was created to destroy all other cyborgs. Later he rescues Nea (Kathy Long) by killing Simon (Scott Paulin), one of the cyborgs. Nea is trained by Gabriel

to become a cyborg-killer and help him. They continue to kill cyborgs until Gabriel is torn in half by one of his targets and taken to the cyborg camp. Nea follows Jacob and challenges the cyborg leader Job (Lance Henriksen) to a fight. She ends up killing most of the cyborgs. She finds Gabriel and straps him to her back. They battle the cyborgs until Gabriel has her put him down so he can attach a dead cyborg's legs to himself. Then, they pursue a fleeing Job, but before they can catch him the Master Builder captures Nea's brother, taking him to Cyborg City. Meanwhile, Gabriel battles Job and hits him in the face, causing it to explode. Gabriel is told by Job that the cyborg population can't be stopped. Moments later Job dies. Gabriel and Nea ride off into the sunset, in search of her brother and Cyborg City.



Kathy Long's stunt double Nancy Thurston "Knights"

THIS BOY'S LIFE - 1993

Starring:

Robert De Niro and Leonardo DiCaprio as Tobias Wolff ... Robert De Niro as stepfather Dwight Hansen, and Ellen Barkin as Toby's mother, Caroline.

Story:

Caroline Wolff just wants to settle down, find a decent man, and provide a better home for her and her son, Toby. She moves to Seattle and meets Dwight, a seemingly respectfully man. She feels she has it made, but Toby doesn't think so. Dwight's real personality is revealed after a few months with Dwight and his children away from Caroline. The boy's stepfather-to-be seems to want to mold Toby into a better person, but his method includes emotional and physically abusing the boy. The marriage proceeds and Caroline, recognizes that Dwight needs to dominate everyone. Though

she is convinced it is best for Toby, Caroline sticks with it. Toby befriends a classmate during this time. Toby continues to chafe under the yoke of his repressive stepfather. Hoping to leave and live with his older brother Gregory, Toby decides to apply for east-coast pre-school scholarships. Toby, realizing his grades are not adequate to apply, he devises a plan to submit falsified grade reports. Eventually, Toby is accepted, after several rejections, and attends the Hill School in Pottstown, Pennsylvania with a full scholarship.

Leonardo DiCaprio was born and raised in Los Angeles. He began acting in television commercials before acting roles came along. He appeared in the soap opera "Santa Barbara", and "Growing Pains" in the early 1990s.



Leonardo DiCaprio

Stunts Stars And Legends: Bobby Brown



Bobby Brown is a stuntman who has appeared in many movies during his career on the silver screen ... is especially outstanding at high falls. He recently did a jump out of a 20 story window on fire onto a huge air bag on the ground (210 feet). To accomplish this, Bobby had to remember that every moment he sees himself going through the air ... it is planned and in exact order, to keep the flames out of his eyes and land properly on the air bag. One cannot land on an air bag feet or head first. It is necessary to land with as much surface area of the body on the bag as possible, to avoid going straight through to the bottom.

Stuntman, Bobby Brown doubling Kris Kristofferson "Knights"

Castle Creek Winery

Castle Creek Winery has seen tremendous growth for over a decade. Since bottling their first wine, Castle Creek Winery has been committed to a simple and focused philosophy: producing competitively priced world class wines using high desert grown grapes that are food and consumer friendly. Upon tasting the wines it's clear why Castle Creek Winery continues to win awards around the country.

Making great wine requires three things; the best grapes, state of the art equipment and passionate people. At Castle Creek Winery they have all three. Carefully managed vineyards, insure the highest quality of grapes. As of this year, Castle Creek's winemaker has crafted 47 award winning wines, and the facility incorporates state of the art equipment that would be at home in the finest wineries of Napa. Like a great restaurant, it's not just about location, it's about passion! Castle Creek has both a perfect location and a remarkable enthusiasm to create the absolute best wine that they can bottle.

Here's a little more in-depth information about the wine at Castle Creek Winery.

Grapes in Moab's Climate & Similar Regions

As a part of the arid American Southwest, the town of Moab, Utah experiences long, hot summers and cold winters. It's easy to be skeptical about grapes grown in a desert, but due to the proximity of the Colorado River, and fresh water springs feeding down from the La Sal mountain range, Moab and the surrounding areas produce excellent wine-making grapes each year.

The climate in Moab most closely resembles "Mediterranean", with similar rainfall and weather patterns to the regions of Tuscany, Napa Valley, the Chilean Central Valley, and others. The warm periods of spring, summer and fall are essential for the flowering, fruit set and ripening of the local grapes. Through irrigation, the heavy moisture requirements of the grape vines are easily met. Castle Creek Winery grows several different varietals, as well as collects grapes from other nearby regions to meet the increasing demands each year.



Most Popular Wines & Utah Alcohol Policy

Castle Creek Winery specializes in ten different wines, the most popular being the Outlaw Red and the Lily Rose White. The Outlaw is a bold, red table wine much like a cabernet. Flavors of dark fruits and plums blend with a firm texture and mature, balanced tannins that feel rounded and



fuller in the finish. It is best paired with grilled meats and Italian food. The Lily is golden straw in color, with hints of apples, pears, cinnamon and honey. It is a smooth drinking wine and serves well with seasoned poultry, fish, salads, pasta, Oriental cuisines, fruits, and cheeses.

It might surprise you to learn that Utah, in the 19th century, had a history of producing wine and even spirits. As early as 1875 there were over 500 acres of vineyard planted in Utah producing upwards of 1,700 tons of grapes. While it's been several generations since then, a new tradition of premium winemaking has come to the Moab area.

Over a couple decades of policy reform, Castle Creek Winery now produces the region's best wines, and the tasting room is open from noon to 7:00 pm, seven days a week. Stop by anytime to try our Outlaw Red, Lily Rose White, or any other wonderful wines,

and support Moab's locally produced wine at your local state liquor store.

For more information, call the winery: 435-259-3332, or visit www.castlecreekwinery.com

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FILM FESTIVAL HAPPENINGS

Moab International Film Festival, Sept 20-22

Festival passes and some tickets are now available for the Moab International Film Festival in Moab, Utah. The festival is staged to surround Moab with an aura of film the weekend of September 20th to the 22nd. Most screenings are to take place at Star Hall, 159 East Center Street. Tickets are available through moabfilmfestival.org at local businesses; The T-Shirt Shop, Sgt. Pepper's Music and Video, or Back of Beyond Books. Ticket prices are \$5 for most screenings, festival passes are also available for \$30 with souvenir lanyard. In addition, free to the public, family friendly outdoor screenings are being scheduled. Moab International Film Festival is a Utah non-profit organization whose mission is "to showcase stellar independent films of cultural and educational value for film-goers to enjoy. We aim to share uniquely powerful stories, concepts, and ideas from around the world. In addition, we seek to further independent films which have a positive effect on society." -moabfilmfestival.org

Richard Kaplan will introduce *King: A Filmed Record: Montgomery to Memphis*, an Academy Award nominated documentary, which the Philadelphia Bulletin referred to as "Perhaps the most important film documentary ever made." The 2 part, 3 hour film consists almost entirely of newsreel footage, with the exception of cameo appearances from Hollywood stars, and has no added commentary. The film archivally presents the eight-year period leading up to the 1963 March on Washington, D.C., and the legendary "I have a Dream" speech. It celebrates from his roots to his rise as a leader for all human rights. The documentary originally screened for one night only in 1970 as a charitable benefit. Selected by the Library of Congress for the National Film Registry, it was recently featured on NPR's *Democracy Now!* with Amy Goodman and carries a 7.7 rating on Imdb. Because festival organizers feel the film is of great educational value, a free screening has been arranged for Grand County High School students. A study guide, and guided question and answer session with Richard Kaplan, Associate Producer in charge of production will follow.

The New Black is a hot new film which screened at the Los Angeles Film Festival in June, won the Audience Award at AFI Docs, and is on IndieWire's list of "The 50 Indie Films We Want To See in 2013." "*The New Black* is a documentary that tells the story of how the African-American community is grappling with the gay rights issue in light of the recent gay marriage movement and the fight over civil rights. The film documents activists, families and clergy on both sides of the campaign to legalize gay marriage and examines

homophobia in the black community's institutional pillar—the black church and reveals the Christian right wing's strategy of exploiting this phenomenon in order to pursue an anti-gay political agenda. *The New Black* takes viewers into the pews and onto the streets and provides a seat at the kitchen table as it tells the story of the historic fight to win marriage equality in Maryland and charts the evolution of this divisive issue within the black community." - Film Synopses. The film is being presented in harmony with Moab Gay Adventure Week as one of their week of events leading into the Moab Pride Festival.

"This film can help bring people together despite how they feel about marriage equality," said Nathan Wynn, Director of Administrative Affairs for the Moab International Film Festival, "Rather than separate the divide, this film brings people together."

War, deception and art come together in Rick Beyer's new documentary; *The Ghost Army*, the astonishing true story of American G.I.s who tricked the enemy with rubber tanks, sound effects, and carefully crafted illusions during the Second World War. From coast to coast, the critics agree; "Fascinating, detailed and oddly delightful"-LA Times. "Remarkable...fresh details and a compelling narrative"-New York Times. In June 1944, a secret U.S. Army unit went into action in Normandy. The weapons they deployed were decidedly unusual: hundreds of inflatable tanks and a one-of-a-kind collection of sound effects records. Their mission was to use bluff, deception, and trickery to save lives. Many were artists, some of who would become famous, including a budding fashion designer named Bill Blass. They painted and sketched their way across Europe, creating a unique visual record of their journey. The story of what these men accomplished was hushed up by the Pentagon for more than forty years.

Bidder 70 will be introduced by acclaimed documentary filmmakers Beth and George Gage. Gage and Gage Productions granted the Moab International Film Festival permission to also screen seldom seen additional footage, which was made after the release of *Bidder 70*. Film Synopses: "*Bidder 70* centers on an extraordinary, ingenious and effective act of civil disobedience demanding government and industry accountability. In 2008, University of Utah economics student Tim DeChristopher committed an act which would redefine patriotism in our time, igniting a spirit of civil disobedience in the name of climate justice. Follow Tim, *Bidder 70*, from college student to incarcerated felon. Redefine justice for yourself. Choose your side."

In addition to feature length films, several compilations of short films are scheduled. Announced short film selections include; *Animation Hotline*, which screened at the Cannes Film Festival, *Treibjagd* - a story about a young woman's "Driven Hunt.", *Crackdown!* - a comedic look at raising chickens in Toronto, *Gelati E Granite* - a film about a man and his life serving gelato in Italy, and *Under the Acorn Tree* - a music video with reminiscing qualities.

Thanks to the help of people such as the Canyonlands Film Society, The Moab International Film Festival is happy to host outdoor screenings with no fee for entry. Family friendly screenings of films with broad appeal will be held at yet-to-be-announced times and location. Some of the most obscure and most sought after and rare selections are to be shown outdoors. In response to community request, the festival has sought out films with all-age appeal. One of particular interest for all ages is *Fear of Flying*, a story about a bird who is afraid of flying and winner of multiple awards including Best Animation at LA Shorts Fest, and Best Animation again at Glasgow Short Film Festival. *Fear of Flying* has been selected for free outdoor screening.

Why We Climb is expected to pique local interest. As the title implies, an explanation for those who may have never rock climbed and a kindred connection for those who know exactly why they climb. "A cinematic and refreshing look at climbing from a purists introspective eye view and with a camera. I think Moabites will like it" - Nathan Wynn

From the obscure, Experimental Film category, *London Memory Multiplicity*, a 25 minute bergsonian psychological experiment. Bergsonian films are films which can be regarded as psychologically experimental. Bergsonian films were prohibited under the Nazi Film Policy which saw the psychological, mirrored, tie-dyed like imagery, and repetitive positive reinforcement of a variation of phrases as very threatening to their empire, which largely relied upon propanganda. "This is exactly the style of film that the Nazis were burning in those fires which they're so known for." -Dale Irish

Parties and musical guests will be going on at local restaurants and bars. Musical guests include Darrel Draper from Park City, Andy Beyer a.k.a. Sonic Geometry from Denver, and the Slickrock Allstars of Moab.

More information is available at moabfilmfestival.org, by calling +1 (435) 261-2393, or via post at: Moab International Film Festival, 11 N. Main Street Suite 6 Moab, UT 84532 U.S.A., and be sure to mention you read about it in Moab Happenings

Tickets: The T-Shirt Shop ~ Back of Beyond Books ~ Sgt. Peppers Music and Video ~ moabfilmfestival.org More Info:

September 20-22 ~ Tickets: \$5 Passes: \$30



MOAB SUN NEWS

The Times-Independent

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ATV & UTV HAPPENINGS

Second Annual: Red Rockin' ATV-UTV Event, September 25-29.

This time of year some riders start thinking about winter and wishing there were one last event before winter sets in. So, a year ago a group of local riders started talking about organizing such an event

Jack Foy, Cory and Michelle Foy, Tony and Rhonda Iman and Cathy Mattingly of Moab Event Planners decided to try.

Then they secured permits from the BLM and Utah State Trust Lands, bought insurance and advertising, and started lining up vendors and sponsors.

Trail guides were no problem since everyone in the group had been riding for years (sometimes more years than they wanted to remember).

Everyone helping with the event is experienced on all of the trails. Each has a love for one trail and has ridden it hundreds of times. best on that trail. They know the hazards of their trail and how to allow experienced riders to get the most out of the experience and how to coax the beginners over the tough spots.

And so The Red Rockin' ATV-UTV event was born. It is similar to the annual Easter Jeep Safari which was started by a very few local 4X4 lovers that wanted to share their love and experience of Moab's trails.

The second annual, Red Rockin' ATV-UTV Event hopes to have the same success with this event and provide pleasure year after year to ATV/UTV participants of every age and level of experience.



join us." The group will stress trail etiquette, pick up trash to save and preserve these trails for all of our enjoyment.

I want personally to invite all who want to experience Moab's back country, its beauty, and it's raw experience that is a joy to the spirit with freedom to protect and enjoy the landscape."

So, come and join the second annual Red Rockin' ATV-UTV Event with locals and friends of Moab's back country. Registration begins September 25th from 1 PM - 6 PM at the Old Spanish Trail Arena.

Trail rides depart from the arena at 8 A.M. on Thursday September 26th and Friday September 27th Saturday starts at 7:00 AM with a pancake breakfast served by the Lion's Club, before heading off to the trails. Upon return to the arena, Thursday and Friday there will be skill games for all levels. Saturday Night Sept 28 a concert will be held in the Indoor Arena: Utah's own Jagertown, with Original Country Music. Prizes & drawings & a chance to win a Cash 50/50 drawing. The Prizes and the Cash drawing Winner will be awarded at the Concert. Fifty percent of the concert ticket sales and



According to Cathy, the primary organizer, "We all live and play in this community. We are friends and neighbors, co-workers and business owners. We love Moab, and want to share our love of ATVs & UTVs with anyone who wants to

50% of the cash drawing sales will go to this year's charity: Utah Peace Officer Assoc.

THERE WILL BE FREE BOONDOCKING CAMPING at The Old Spanish Trail Arena IN A DESIGNATED AREA.

For more information contact organizer Cathy Mattingly on the website www.moabatv-utv.com, by email moabatv.utv@gmail.com or telephone 435-260-9628. Cathy's Cell 435-260-8726

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September 25-29 2013

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Registration: \$75.00
 Online registration or at the Arena on September 25, 1-6 PM
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ASTROLOGY HAPPENINGS

Your Horoscope for September 2013

By Robert Wells

September continues with last month's amazing Sun/Pluto trine that points us all in the direction of personal improvements and achievements. From the 1st to the 7th the energies flow in and then on the 7th Pluto hands off to Jupiter continues the flow for another three days. Saturn and Mars get cross-tangled on the 9th for two days of "hurry up and wait." By the 13th the planets have a parade of aspects that span the third week of the months with activities of art and inventiveness, sudden awakening about who we are at the personal level, sudden romantic attachments, solid money decisions, the will power to over come the short falls of life. The last week of the month will not so happy for cash is a great one for promoting a business and making sales.

New Moon: 5th, Full Moon: 19th.Holiday: 2nd, Labor Day.

Aug. 24 - Sept. 22 Virgo: Happy Birthday Virgo! ! ! Last month's incredible aspects continue for you for the first week of September. You'll enjoy having many opportunities for business and romance from the 1st to the 8th. From the 9th to the 13th take the time to review where you're going and what you're doing to better focus your energies for the rest of the month. From the 14th to 21st the cosmos hands you challenges, opportunities, choices, and good times with the speed of a machine gun. The last week of the month, you can settle back into a peaceful routine and focus on your pet projects.

Sep. 23 - Oct. 23 Libra: You may feel a little tired from last month, but that's too bad because the hits just keep on coming for you this first week of September. Prepare to have more fun and opportunities handed you from the 1st to the 8th. Double check you're funding and watch your spending from the 9th to the 13th. From the 14th to the 21st the third week of September is a roller coaster ride with twists and turns so hang on tight. It's going to be an interesting ride. After the 21st, the last week of September may feel boring by comparison. Not to worry as you will have the time to devote to your career. Avoid a lover's spat on the 28th.

Oct. 24 - Nov. 22 Scorpio: People just want to be around you the first week of the month. I guess it's because you'll be in a party mood from the 1st to the 8th and everybody wants an invitation. During this time you make vital social contacts that benefit you and those around you in the future. The Universe gives you time to assess this during the period from the 9th to the 13th. On the 13th Neptune and Venus pour rocket fuel on you and you fly through the next week accomplishing a myriad of tasks. You're going be very busy. By the 21st it finally slows down and you get some breathing room. Something you care dearly about bears fruit on the 26th. Watch for a scuffle in the office to avoid getting involved.

Nov. 23 - Dec. 21 Sagittarius: Your financial situation continues to improve during the first week of September. You're getting cosmic assistance with your career and checkbook from the 1st to the 8th. From the 9th, the Universe slows you down with the plan to get you to double check your planning and budgeting from the 9th to the 13th. A mixed bag of influences has you jumping from one thing to the next during the third week of the month. Remember: Elephants are best eaten, one bite at a time. From the 21st to the 25th you regain your composure and possibly make a business proposal on the 26th. Avoid getting in a dispute with an authority figure on the 28th. You'll lose.

Dec. 22 - Jan. 20 Capricorn: You score big points this first week of September whether in front of a class, a court room or church group everyone is riveted, as you are on a roll from the 1st to the 8th. You get a breather from the 9th to the 12th, then a burst of artistic inspiration hits you and you are off again on the 13th for another week of ride to glory on the 21st. You can accomplish something great on the 26th; events may have been leading up to this moment. Misread signal to or from a new romantic partner could be a source of unhappiness on the 28th. Just a quick heads up.

Jan. 21 - Feb. 18 Aquarius: You're making some major personal changes this first week of September. You started this processes about 10 days ago, last month. Now you feel as if those decisions truly were the best you could have made and it now shows on the outside. Enjoy this time from the 1st to the 8th. On the 9th the energies require a short period of reflection until the 13th. You find yourself riding a whirlwind the third week of the month with so much to do and so little

time from the 14th to the 21st but you somehow manage to accomplish everything. The 26th is an excellent day for making public presentations to promote business. Your spouse could be jealous over the office and feel neglected on the 28th. Have a heart and show them some love.

Feb. 19 - Mar. 20



Pisces: Your partners and your friends reflect the changes and improvements you've been making for the last two weeks. From the 1st to the 8th matters continue to a joyous conclusions. You have a chance to review your progress from the 9th to the 13th. I'm sure you'll be pleased. From the 14th to the 21st you are very busy with life's issues and errands. Expect a roller coaster ride on a daily basis. Romance can find you on the 26th and something of value can grow from there. An old rub could erupt in the work place on the 28th. Try to handle it as diplomatically as possible.

Mar. 21 - Apr. 20



Aries: Changes that you made in your health regime and diet reaps the benefits from the 1st to the 8th as the new you emerges in the world. There's a chance you could capture the attention of an admiring eye on the 7th, as well. Take the time from the 9th to the 13th to assess your clothing needs for the new you, on the 14th prepare to SHOP. The time from the 14th to the 21st is a madcap fire drill of activity. Just take things slow and work through the tasks. On the 26th you could promote a business deal that could get you some serious business and cash. Don't try to smooth over a lovers spat with presents and cash on the 28th. Someone might think you're trying to buy your way out of the problem, which will only make matters worse.

Apr. 21 - May 21



Taurus: If your love life isn't the issue then a project you have been nurturing will be and it meets with some very happy aspects from the 1st to the 8th. You may have to rethink some of its internal organs from the 9th to the 13th but that's what the slowdown will be for. Then you are busy for the third week of September with a laundry list of odd jobs and tasks from the 14th to the 21st. Remember, to smile and breathe in and out as you speed through you days. Your pet project gets it's reveal chance on the 26th as you could go public with it. It could find a happy reception and possible some investor money to take it to the next level. Avoid a domestic dispute on the 28th by being proactive with your spouse and their problems.

May 22 - June 21



Gemini: Matters regarding your later years in life get a major boost the first week of the month from the Sun, Jupiter and Pluto. A plan for the future is always a good thing and you make major strides in that direction from the 1st to the 8th. From the 9th to the 13th though you may want to move forward with your plans, things seem to slowdown and even stall. Not to worry. It reveals flaws that you may have missed. You are very busy from the 14th to the 21st with matters of life as you take a roller coaster ride for a week. On the 26th if you have to speak in public you could score a major hit with those ears your words fall upon, and a squabble at work could ruin your day if you let it on the 28th. Try to see both sides as that helps to solve the issue.

June 22 - July 22



Cancer: The good news pours in for you the first week of September. From the 1st to the 8th it will feel like everyone will be on the phone wanting to talk to you about everything under the Sun. There could be good news that



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

delights you regarding your partners or your spouse. If you're single you could receive a love letter on the 7th, Matters slowdown on the 9th to the 13th giving you some breathing room. On the 14th however, you enter a one-week period of concentrated activity. On the 26th a new romance could come your way. You can avoid an embarrassing moment on the 28th by checking your financial strength before committing to a date or social activity.

July 23 - Aug. 24



Leo: The planets are lined up to assist your financial well being from the 1st to the 8th of September. Take advantage of the energies, and the cash, by starting a savings account on the 9th to the 13th. It could fell like a hard thing to do, but you will be glad you did in time. From the 14th to the 21st you will be very consumed with tasks and odd jobs. Expect something new on a daily basis. One could say it won't be boring that week. A property move behind the scenes on the 26th will be to your liking. You could be in a testy mood on the 28th and looking for scrap with someone. Be gentle with those who cross your path.

"Flyin' 4 Food" Campaign

Great Lakes Aviation, Ltd. is helping in the battle to fight hunger with their 5th Annual "Flyin' 4 Food" campaign to benefit the Grand County Food Bank in Moab.

Today, there are more than 48 million Americans (16.2 million children) experiencing the harsh reality of hunger. In fact, 14.5 percent of all households within the United States are struggling with not having enough food.

These statistics are staggering, and just a small snapshot of the true impact hunger has on our nation. This September, Great Lakes Airlines and the Grand County Food Bank need your help to end hunger in your community.

In honor of Hunger Action Month, when you bring any non-perishable food item to the Great Lakes counter throughout the month of September, you'll be eligible for a chance to win one of four round-trip tickets between Moab and Denver. Donate as much food as you like, however, only one entry per person, per week is permitted. Donations will be accepted Monday through Friday from 6 a.m. - 2:30 p.m. at the Canyonlands Field Airport, U.S. 191. Weekend hours are limited.



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MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Gooseheads	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico		367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575
Arches National Park	367		81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Gooseheads	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		231	440	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272		663	645	382
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663		123	281
Salt Lake City, Utah	730	230	321	343	324	262	308	285	257	359	260	512	404	377	413	583	285	182	366	411	408	419	691	388	373	235	299	394	368	334	420	645	123		306
Zion National Park	575	404	322	296	86	435	390	396	217	404	433	764	413	277	127	297	493	241	331	400	397	121	393	433	270	294	344	245	363	370	119	382	281		306

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PET HAPPENINGS

Happy Cats!

by Jessica Turquette, co-owner of the Moab BARKery

I have both cats and dogs living in my house, and the cats are my biggest challenge when it comes to food and surprisingly equal in behavioral issues to their canine siblings. We do everything we can to ensure everyone is happy and healthy but it has taken years of observation to make happy cats. Living with multiple species together has its own unique challenges, but this month's article is about keeping our two cats in a peaceful and happy state.

I currently have two cats, a female named Chicken and a Male named Buster. Chicken turned 9 this year, and she is pretty inactive, aloof in behavior and very sweet to a few select people. We adopted her when she was young and she has always lived with another cat or two. She is typically low man on the totem pole, she eats and greets after the other cats are finished, but once our alpha cat passed two summers ago she found herself wanting to be top cat around the house. Then there is Buster (we call him Mr. Pudding), we have no idea how old he is, but it has to be at least 12 years or more. He is the current low man on the totem pole and happy to be here. He has very few food or behavioral challenges, but he required hours of grooming each week, and survived a brutal attack before we got him so he has some serious health issues. Here are the biggest challenges we have found, and our solutions. Hopefully they give you some insight into how you can make your cat happier.

Picky eater: Chicken will not under any circumstances be logical about eating she goes from loving wet food to burying it like a poop. She also prefers the worst type of food, kibble! We have tried over 10 brands of wet food and multiple types of raw food to keep her happy, and although she prefers fish formulas, if we give her the same food two meals in a row she will not eat it. We have also incorporated a freeze dried raw diet that can have water added to give her the variety she requires and the moisture she needs. Although we choose a high quality, low filler grain free cat kibble, we want her to eat as much wet food as possible. Why so much wet food? Simply because she is a bad drinker, and does not take in nearly enough water, and like most cats she chronically dehydrated. Wet food is more biologically appropriate for cats over dry so we know this is the best option when it comes to her nutrition. If we give her a good variety of canned, freeze dried and kibble she stays interested in her food and is willing to eat. Since she is so inactive we don't mind that she goes without a meal here and there in protest. She is a healthy weight and doesn't have any medical problems. We also found that to control how much kibble she is eating we can put her dinner in a treat ball, it's designed to keep her active and "hunt" for her meal. That way she is more active, and still gets the food she prefers.

Aloof/Unfriendly behavior: Chicken is a pill sometimes, and she can be down-right unfriendly. We have found that she is pretty unsure of herself, so we have changed the way our house is designed so she can participate in what we are doing by being close, but not in the "middle" of everything. We have some high perches around our dining room, and have cleared out many of our window ledges in the living room, so she can hang around the perimeter of the action. She is an observer and by giving her many places to perch (up high), she feels

included without much contact. That saves hands as well, she has been known to swipe at people who want to pet her and are unfamiliar. We also give her a "high path" in the house so she can move from place to place without having to get down on the ground. She is not that fond of the dogs and if she can avoid them she will. This prevents crossing too close and keeps the dogs from getting swiped. We have also noticed that when they do have ground contact with each other, it is less intense because the cat has the alternative "high path" so she can get away if things get intense. All of this has made her a much friendlier animal, and given her more confidence to be part of what is going on instead of staying away or worse acting out.

Grooming: Our biggest challenge with our male cat Buster is grooming. He is a long haired cat, and had some oral deformities due to his injuries. His mouth doesn't close properly and he is not able to open his mouth very wide to get to those hard to reach spots for grooming. The solution by his previous owners was to shave him bi-annually but as he is much older now we don't want the risks of anesthesia. Because he was feral he was not used to being touched and it took us time to get him used to being brush. We started with soft brushes, short grooming sessions and light touch. A few minutes here and a few minutes there got him used to being groomed. Each session got longer and longer and we would introduce new tools when he was in a good mood and happy about the grooming. It took us a full year before we could give him a full body groom and every now and then he just doesn't have the patience but normally we can get him to a fluffy and beautiful state each and every week. We use a slicker brush to start, a mat remover on the mats and a steel comb to finish him and make him nice and fluffy. We also found a silicone coat conditioner call "The Stuff" that helps get through the current mats, and helps prevent them in the future, it has made a huge difference in his coat. We also know that feeding him a grain free wet food diet has helped with coat quality because he is getting a proper amount of omega fatty acids that keep his coat smooth and shiny.

Our motto at the BARKery has become – Live better with your pets!



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September 2013 Events

- September 7- Cat Adoption Day at the Moab BARKery from 11am - 1pm
- September 14 - Dog Adoption Day at City Market from 10am -12pm
- September 21 - Cat Adoption Day at the Moab BARKery from 11am - 1pm
- September 28 - Dog Adoption Day at City Market from 10am -12pm

Be sure to check out our website, www.moabpets.org for other ways you can support the HSMV.

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8	•	10	•	12	13	14
•	•	17	•	19	20	21
•	23	•	•	26	27	28
29	•		OCT	3	4	5
•	•	•	•	10	11	12

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- Oct. 17-20:** Bluff Arts Festival - Bluff
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