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COLORADO RIVER A.M. HALF-DAY Raft the river from Fisher Towers to Rocky Rapid. 8:15am - 12:30pm (min age: 5)	\$54	\$44
COLORADO RIVER P.M. HALF-DAY Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
WESTWATER CANYON FULL-DAY Enjoy exciting whitewater rapids & lunch in this unique Canyon. 7:30am - 6:00pm (min age: 10)	\$169	\$169
TWO-DAY RAFT & CAMP All meals and camping equipment provided, rafting moderate rapids, relax into the scenery. (min age: 5)	\$255	\$185

HUMMER SAFARIS

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GRAND SAFARI Further explore the backcountry in the world's most serious 4x4. Departure times vary by season. (4 hrs)	\$169	\$122
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ARCHES SUNSET TOUR Relaxing park tour and easy walks at the perfect time of day in amazing red rock landscapes. (4 hrs)	\$71	\$48

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	ADULTS	YOUTH (under 16)
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	ADULTS	YOUTH
HOT AIR BALLOON RIDES Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
CANYONLANDS SCENIC FLIGHT See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$165	\$165
CASTLE VALLEY HORSEBACK RIDE 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$70

JETBOAT TOURS & MORE

	ADULTS (Ages 4-15)	YOUTH
CANYONLANDS JETBOAT Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$80	\$70
SUNSET JETBOAT & DINNER 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$70	\$60
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MOAB HAPPENINGS

Volume 24 Number 6

FREE COPY SEPTEMBER 2012



Moab Music Festival
Aug 29 - Sept 10



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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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WESTERN HAPPENINGS

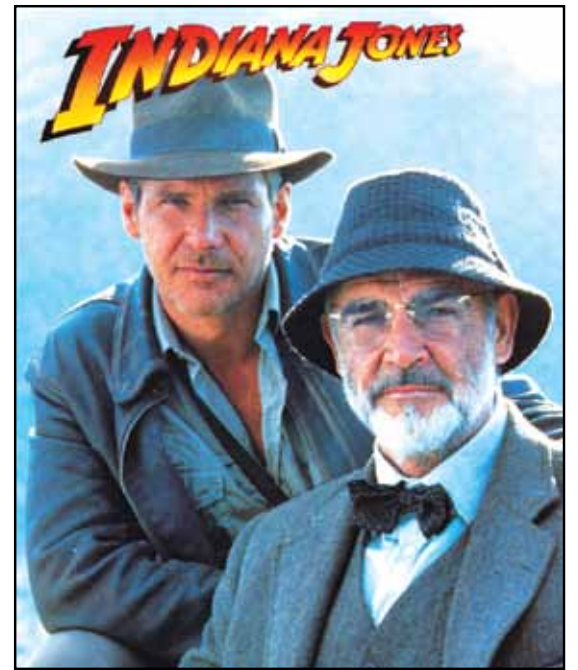
Movie & Western Memorabilia Museum at Red Cliffs Lodge

Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book *Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



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MOAB AREA EVENTS CALENDAR



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Wii, Classes, Crafts, Movie Day
www.grandcountyutah.net

September

Aug 30-Sept 10 Moab Music Festival. See article and ad on page 12B.

- 1 **Moab Farmer's Market.** 8 a.m. until noon, Swanny City Park, just one block off Main Street. 100 West 400 North. For more info visit youthgardenproject.org/farmersmarket/ or call 435-259-2326.
- 1-2 **Moab Artists' Studio Tour.** Visit 21 local artists in their native habitat as they exhibit their recent works and demonstrate their skills.
www.moabstudiotour.com for information on individual artists and a map.
- 1-2 **Blu Pig live music:** Timothy Hay 7-10pm
- 1-3 **38th Annual Labor Day Safari & Campout.** www.rr4w.com
- 3 **LABOR DAY**
- 3-17 **Canyonlands Community Recycling (CCR) Online Auction.** Love the Earth? Love Moab? Support CCR by bidding on great Moab items (and a few from farther afield) during our online auction at: www.biddingforgood/moabrecycles. CCR is a Moab-based nonprofit organization working to enhance sustainability by empowering the Moab community to reduce, reuse and recycle. For more information contact us at 435-210-4996, ccr@moabrecycles.org or www.moabrecycles.org.
- 5 **Blu Pig live music:** Bridgette Otto and Friends 7-10pm
- 6 **Stars:** Come explore the night sky and learn what the stars have to teach us! Join the Director of the Clark Planetarium, Seth Jarvis, as he takes us on a journey through the stars! Seth Jarvis has been an enthusiastic amateur astronomer since he built his first telescope at the age of 12. He started working for the Hansen Planetarium in Salt Lake City as an usher in 1978. He then went on to be one of the planetarium's first "AstroVan" outreach astronomy lecturers and traveled to rural Utah schools. Seth became the director of the Clark Planetarium when it opened in 2003. He is the author of several programs that now play in planetariums and science centers around the world. 7:00pm at the Moab Information Center (MIC)
- 8 **Moab Farmer's Market.** 8 a.m. until noon, Swanny City Park, just one block off Main Street. 100 West 400 North. For more info visit youthgardenproject.org/farmersmarket/ or call 435-259-2326.
- 8 **Canyonlands Natural History Association Navajo Rug Auction.** See ad page 16B and article pg 12B.
- 8-30 **A Community Art Auction.** Inspired by a Vision to Protect the Greater Canyonlands Region and a Benefit for The Women's Congress for Future Generations Utah artists have designed chairs. Art chairs will be on display at many local businesses. Art chairs are available for purchase via silent auction through display venues. For info: laurakamala@gmail.com or 435-259-8702 See ad on page 1B and article on page 16B
- 8 **The Semi-Annual MRAC Attack 2012 Fall Mini-Triathlon** - Open to all. 10 a.m. Run, bike, & swim at the Moab Recreation and Aquatic Center, 374 Park Avenue! 3-Levels: Youth under 13, Open, and Elite. Both Male & Female Divisions. Awards for top 5 finishers in both divisions for all 3 levels. All youth will get an award participation ribbon, even if not finishing in the top five places. For info visit moabcity.org/mrac or call (435) 259-8226 and ask for Patrick.
- 8 **Moab Art Walk.** See ad and article on page 14A
- 8-9 **Steak & Sudsfest Mixed Bestball** - Moab Golf Club
- 8 **Harvest Beer Festival,** Cortez. See ad on pg 19A.
- 12 **Second Wednesday Book Club at the Library.** *Jane Eyre* by Charlotte Bronte is September's book selection. All are welcome - 6:00 p.m. in the Grand County Public Library's Board Room.
- 12 **Blu Pig live music:** Bridgette Otto and Friends 7-10pm
- 14 **Youth Garden Project last Garden Dinner Fundraiser** of the season at 6:30pm. Local Chef, Ken Moody, will prepare the culmination of this year's harvest into a full course dinner. Locally sourced and seasonally fresh, this feast will be served beneath the night's sky. Seating is limited, so please call 435.259. BEAN. Reservations are required before September 12th.
- 14-15 **Green River Melon Days.** See ad on page 19A and article on page 7B
- 15-16 **Range Creek Archeology Trip with Canyonlands Field Institute.** Join this rare opportunity to see prehistoric Fremont rock art and sites in-depth with plenty of time. Overnight trip with vehicle tour, hikes, and all meals. Small group, comfortable vehicle supported camp, longer trip allows quality time for exploring, hiking, discussion. Moderate hiking, up to 2 miles round trip. Start/end Green River or Moab. Small group, 5 min-9maximum participants. \$370/person - CFI member: \$350/person Nonrefundable Deposit: \$125 (Youth fee same as adult). There is a 5 person minimum to run the trip. CFI will refund payment if the minimum is not met one week before the trip. For more information, visit our website, www.cfimoab.org or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.
- 15 **Moab Farmer's Market.** 8 a.m. until noon, Swanny City Park, 100 West 400 North. For more info visit youthgardenproject.org/farmersmarket/ or call 435-259-2326.
- 15 **Moab's Alpine to Slickrock 50** trail running event. Info: 435-260-0886
- 15 **Reach Out Music Fest** in Cortez, CO. See ad on page 7B.
- 15 **Blu Pig live music:** Scott Ibex 7-10pm
- 19 **Blu Pig live music:** Bridgette Otto and Friends 7-10pm
- 20 **Maggie Tull Her-story in the American West History:** Women played an important role in the settling of the American West. Yet their stories are often forgotten or overshadowed by the tales of the "outlaws" or "cowboys". The

WEEKEND TOURS

Make Discovery Your Destination!

April to October
(CFI will be closed late July)

Arches NP Sunset Tour
Friday, Saturday & Sunday
4:00 pm to 8:00 pm
\$45/person
Tour time changes with the seasons.

Moab's Ancient Past
Friday, Saturday & Sunday
8:30 am to 1:00 pm
\$40/person

Both are van tours with short hikes led by CFI Naturalist Guides.

Call CFI to register:
435-259-7750
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CFI is an outdoor education nonprofit organization.

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MOAB Senior Games 2012

November 7-11
Full schedule & details at
www.moabseniorgames.com
COMING SOON to the schedule: 5k Road Race!

GRAND CENTER GIFT FAIR VENDORS

2013 Gift Fair Applications are available Aug.1.

Talk to Jody at the Grand Center, 182N 500W, to reserve your booth space, Mon-Fri from 9am to noon.

The Gift Fair is a fundraiser for the RSVP Volunteer Program and Grand Center

DEADLINE for OCTOBER Events Calendar: SEPTEMBER 20, 2012

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

September continued

stories of the women settling the American West are important pieces of our history. Join Maggie Tull (a volunteer with the Student Conservation Association at Arches National Park) at the MIC to hear the stories of the struggles, hardships, hopes, and fears the women endured as they traveled West. 7:00pm at the Moab Information Center (MIC)

21-23 Moab Century Tour. See ad on page 3B and article on 6B. 435-260-8889 for information.

21-23 Red Rocks Amateur Mens Golf Tournament. Moab Golf Club

22 Moab Autumn Run 10K / 5K / Kids' K, 8:00 AM, Swanny City Park, Moab. For info visit: www.moabautumnrun.org. see ad on page 8A. Registration is open; everyone is welcome to participate.

22 Moab Farmer's Market. 8 a.m. until noon, Swanny City Park, 100 West 400 North. For more info visit youthgardenproject.org/farmersmarket/ or call 435-259-2326.

22 Caroline Casey : Autumnal Equinox address, Star Hall 7:00 pm

22-23 Moab Horse Show AQHA/APHA/Open combined shows. Old Spanish Trail Arena. Free Admission. Starts at 8am each day.

25 Journey Beyond Book Group at the Seekhaven Chapel 81 North 300 East at 5:00 p.m. September's book selection is *Let Us Eat Cake* by Sharon Bourstin. All are welcome! Books provided by the Utah State Library are available for checkout at the library.

26-30 Skydive Festival. See article on page 1B and ad on page 5A.

26 Free film: LOVE FREE OR DIE is about a man whose two defining passions the world cannot reconcile: his love for God and for his partner Mark. Bishop Gene Robinson will not give up on either. 7 pm Star Hall. Presented by the Grand County Public Library and the Utah Film Center. Call the library for more info: 435-259-1111 or go to www.moablibrary.org

26 Poetry & Conversation: The Beat Poets & Their Times. The first of a monthly series co-sponsored by Moab Poets and Writers and the Grand County Public Library. The discussion will be led by Tom Eyler & Kathy Grossman. This will be an informal and thought-provoking evening. Everyone is welcome. Library Meeting Room, 6:00 to 7:45 pm

26 Blu Pig live music: Bridgette Otto and Friends 7-10pm

27-29 Red Rockin' Rendezvous. ATV/UTV event. See pages 17 & 18B

27-30 The Women's Congress For Future Generations, Moab Arts and Recreation Center (MARC), Star Hall see article page 16B.

27 Textiles, Baskets, Hides, and Wood: A Look at the Earliest Archaeological Perishable Collections from Southeastern Utah. Laurie Webster~A Canyonlands Natural History Associations Discovery Pool Project. During the 1890s, local collectors excavated thousands of artifacts from alcoves in southeastern Utah and shipped them to museums outside the Southwest. Only a handful of these collections have been studied or published. In this presentation, Laurie Webster will discuss her recent research with these early collections and highlight some of the more remarkable 1000 to 2000-year-old textiles, baskets, sandals, hides, wooden implements, and other perishable artifacts recovered from these archaeological sites. 7:00pm at the Moab Information Center (MIC). This lecture is brought to you by: Tag-A-Long

28-29 Second Annual Moab Pride Festival. The 28th is a kick-off meet and greet Orange Party at Frankie D's. Saturday the 29th will be a visibility march starting at Swanny Park at 10am, and the festival will begin at noon up at Old City Park and will go till 6pm. The after party will be held on Saturday night at Woody's Tavern starting at 9pm. The orange party on Friday and the after party will have a cover at the door, but the visibility march and festival are free admission to all! See article on page 7B. www.moabpride.org

28-30 The Enchilada Enduro. www.enchiladaenduro.com

29 National Public Lands Day. Fee Free Day in the National Parks. Visit Arches or Canyonlands NP for free. Info: www.nps.gov

29 Moab Farmer's Market. 8 a.m. until noon, Swanny City Park, 100 West 400 North. For more info visit youthgardenproject.org/farmersmarket/ or call 435-259-2326.

29 Harvest Moon Dinner and Campfire, Friends of Canyonlands Field Institute event; Professor Valley Field Camp, near Castle Valley. Reserve a seat now. The last time we did this it sold out. Seating limited to 40. Tickets are \$30 (adults) \$10 (12 and under). Board member Jeff Cohen is arranging the entertainment. For more information, visit our website, www.cfimoab.org or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.

30 Day of Declaration, Women's Congress for Future Generations at Swanny City Park, live music, speakers, public invited. See article on page 16B.

October

3 Apocalyptic Planet: An Evening with Craig Childs at Star Hall at 7:00 p.m.. Free tickets will be available starting September 3rd at the Grand County Public Library and Back of Beyond Books. For more information please call 435-259-1111.

3-7 Outerbike. Test ride next year's bikes on Moab roads and trails. For 3 days the world's best bike manufacturers will be set up at the Outerbike Expo site. www.outerbike.com

5-13 PleinAir Moab. See article and ad on pages 14-15B.

6 2012 Take A Kid (Mountain) Biking Day kicks off the Museum of Moab's celebration of Moab's Bike History. Maggie Wilson of Maggie Adventures has volunteered to be among the ride leaders

October continued

and will provide a shuttle van to the Brands Trail at 9 AM. Bring your own Bike and Helmet and water. Parents welcomed with kid. Coyote Shuttle will transport bicyclists from the Museum to the Brand Trails at 8 AM and riders will have to ride back to Moab or may drop a vehicle at the Court House Wash parking lot. Seats are limited and reservation will be required. Leave a message at 435-259-5884 for reservations. Watch <https://www.facebook.com/moabmuseum> [<https://www.facebook.com/moabmuseum>] for details

6-7 24 Hours of Moab. See page 4B. www.grannygear.com

6-7 Moab Senior Amateur Mens & Womens Golf Tournament. Moab Golf Club

6-7 Range Creek Archeology Trip with Canyonlands Field Institute. Join this rare opportunity to see prehistoric Fremont rock art and sites in-depth with plenty of time. Overnight trip with vehicle tour, hikes, and all meals. Small group, comfortable vehicle supported camp, longer trip allows quality time for exploring, hiking, discussion. Moderate hiking, up to 2 miles round trip. Start/end Green River or Moab. Small group, 5 min-9 maximum participants. \$370/person - CFI member: \$350/person Nonrefundable Deposit: \$125 (Youth fee same as adult). There is a 5 person minimum to run the trip. CFI will refund payment if the minimum is not met one week before the trip. For more information, visit our website, www.cfimoab.org or call 259-7750. Trip fees help support our outdoor education programs for schools and youth.

8 The Banff Mountain Film and Book Festival presents the wildly popular Radical Reels night – a presentation of the best high-adrenaline films entered into the Banff Mountain Film and Book Festival competition. Sponsored by the Friends of the La Sal Avalanche Center. www.banffcentre.ca/mountainfestival/worldtour/radicalreels/

2012 Moab Events

Aug. 30-Sept. 10 Moab Music Festival

Sept. 1-2 Moab Studio Tour

Sept. 8 MRAC Mini Triathlon

Sept. 8 CNHA Navajo Rug Auction

Sept. 21-23 Moab Century Tour

Sept. 22-23 Moab Fall Qtr Horse Show

Sept. 26-30 M.O.A.B Boogie
(Skydive Festival)

October 3-7 Outerbike

October 6-7 24 Hours of Moab

October 5-13 PleinAir Moab

October 12-14 Moab Rock and Gem Show

October 20 Castle Valley Gourd Festival

October 21 The Other Half

Oct. 25-28 Moab Ho-Down Bike Fest

October 28 Pumpkin Chuckin' Festival

November 2-4 Moab Folk Festival

November 3 Moab Trail Marathon
National Championships

November 7-11 Moab Senior Games

November 8-11 Moab River Rendezvous

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INNOVATIVE HAPPENINGS

Jim and Elda Sarten

by Joan Gough

In the early years of tourism in Moab, most businesses were family affairs often run by a husband and wife team. Elda and Jim Sarten were such a team, not in spite of their differences, but because of them. As guide Andrea Stoughton put it, "Elda was the backbone of the business--the organizer and bookkeeper. Jim was wild and impulsive." One of many impulsive and wild adventures of Jim's was rafting the rapids below Niagara Falls. This is how James Butler reported the story in *The Evening Independent*, September 23, 1974, "The first words that



Jim Sarten motoring off Lake Powell after Cataract Canyon trip 1976 or 1977

came through the static on the walkie-talkie were 'he's breathing.'"

"Forty people let out their breath. The man who was breathing was Jim Sarten, a man with no press agent and no headline--just a man who looked at the impossible and said, 'yeah . . . I think I can do it. And if they try to stop me I'll hide in the bushes and ride that river in the middle of the night.'"

"Jim Sarten rode an open raft down the rapids that are the deadliest part of Niagara Falls, and no man had ever done that before. He did it for a scene in *The Great Niagara*, the ABC Tuesday Movie of the Week."

Jim flipped on that run, but made it to shore without the boat. According to his son Jay, one reason he made it may have been the miniature scuba bottle he had strapped to his leg with a breathing tube run under his clothing. It supplied him with three to five breaths of air. Jim was pulled out of the water unconscious. He told Jay the last thing he remembered was the green water getting darker, not lighter. Jim made it into the Niagara Hall of Fame for that stunt, was fined \$250.00 by the Canadian government and paid \$2,000.00 by the movie company.

Most Moabites remember Jim and Elda as the owners of North American River Expeditions. They also owned and

operated Canyonlands Campground, the Inca Inn and the restaurant next door. After a year they separated the two and sold the restaurant. Prior to that they had managed the Town and Country, a dinner and dance club in the Energy Building. For a few years in the 1970's Elda ran her own all-female company called Wild Water River Expeditions. In his retirement, Jim imported and sold "swing" patio chairs. Flashing his irrepressible grin, Jim told Donna Brownell, "These chairs will make me my second million."

That was Jim's last business adventure before his death on March 17, 2011 in Grand Junction, Colorado. He and his sweetheart, as he called Elda in their later years, had been married for 51 years. When they were younger, their daughter Cris Sarten, said it was more likely to have been, "Dammit, Babe!" She added, "Mom ran the business, raised three kids and dealt with Dad, but you never found her complaining or unhappy." In 2003 Elda was diagnosed with Alzheimer's. She lives in Fruita, Colorado.

Jim and Elda had three children, Cris, who they adopted after ten years of marriage, and then a year later had Jay, and two years after that Steve. At that point Cris says they decided that was enough of that. Raising their kids always included volunteering in the Grand County Schools. It's another part of who they were--doing what needed to be done whether glamorous or not. They donated their buses to the elementary schools for field trips which budget cuts had eliminated during the uranium bust years of the 1980's.

Cris, Jay and Steve all told me, "It was a wonderful childhood." They spent many days with Jim on the river (Elda was afraid of the water and seldom went), running Westwater, Cataract Canyon and the Daily. They were exposed, not only to the river and the wild country it ran through, but also customers in all their variety, many of whom returned year after year becoming family friends.

Elda and Jim were family to many others in Moab including their boatmen, or more formally, guides, and less so, river rats. Guide, Debi Braggs Sholly recalls, "They were like family to us, Mom and Dad. Sometimes it was easy to get mad at Jim because of his impulsiveness, but because we all loved him, we would just sigh, go along with him and try to stay out of the range of fire." For Jim had a temper as well as a great sense of humor.

Debi tells the story of Jim firing her once, after working for him for five or six seasons. "Then, when I didn't show up to rig for my trip on Saturday morning, he called me at home and asked me where the hell I was, and did I think my boat was going to rig itself? He had conveniently forgotten he had fired me, and when I brought it to his attention, he said, 'Oh, hell, you know me, I was just pissed off. Get in here. You've got a trip going out tomorrow.'" Neither of us ever mentioned it again. We were both hot-tempered, but we both got over it easily."

Jim was a story teller. The Times-Independent ran a letter from LX Skye after Jim's death. Skye was passing through Moab in 1976, staying at the Canyonlands Campground when he ran into Jim. "He took me aside and said, 'Let me tell you a little story . . .'" That was 36 years ago, and I have been here ever since [working for the Sartens part of that time]."

Jim had stories to tell because he lived them. He ran trips on the Rio Grande Santiago in Mexico, where they would pull into a little village and trade beer for chickens. He operated on the Animas River in western Colorado, pioneered the jet boat business on the Colorado River, and panned for gold in Costa Rica in the late 1970's with his father Archie. Fall would often find him sailing in the Sea of Cortez, celebrating the end of another river season.

From raising kids, to business and marriage, Elda and Jim made it work for themselves, their family and employees while contributing to the health and prosperity of the community they had made home.



Jim and Elda Sarten in Ensenada, Mexico, family vacation 2004.



Jim Sarten and unknown companion in Costa Rica panning for gold 1977 or 1978

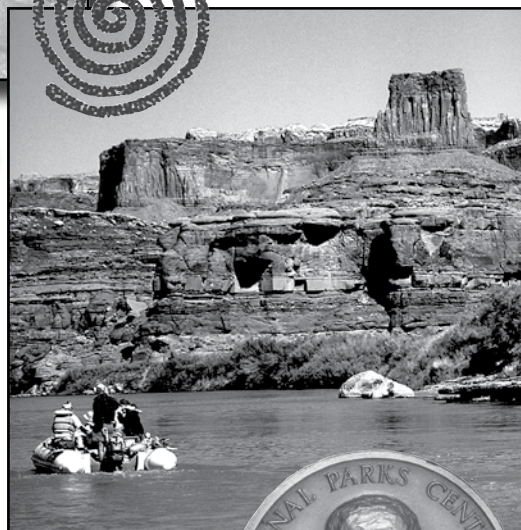
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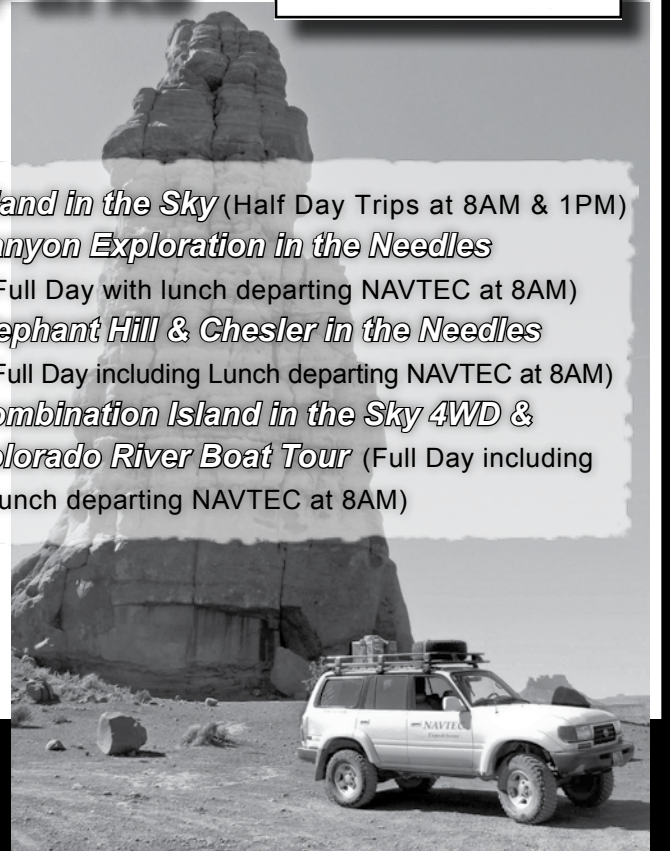
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NATURE HAPPENINGS

September Hummingbird Parade

September is a transition month in Canyon Country. Lupine pods snap open to disperse their seeds. Butterfly larvae look for safe places to overwinter. Hummingbirds continue their southward migration towards Mexico.

One of these species, the rufous hummingbird, migrates along mountain tops in the Intermountain

West. This differs from their northward migration in spring when the birds move along lowlands and coastal areas where nectar-bearing flowers are first to bloom. But in September, a mountain meadow offers numerous wildflowers for the hummers to visit and refuel.

Black-chinned, broad-tailed, Costa's, Anna's, Calliope, and the rufous hummingbird are probable species one might encounter in southeastern Utah during the fall migration. Males move through first, followed by females and juveniles. Though the birds may use the same

flyway, they don't migrate in flocks, but as individuals.

Some birds pass through the Moab area in a day; others spend time refueling for the next leg of their migration which might end in Mexico or Central America. For a rufous hummingbird that summered in Cordova, Alaska, their migration could end up being over 2,000 miles long. Impressive for a bird that weighs just over one ounce.

Though small in stature, hummingbirds consume 1-3 times their body weight in food each day. That translates to a lot of nectar and insects for these birds which seem to be constantly on the move. Hundreds of flowers will be visited, and spider webs may

be plucked clean by the hungry hummers.

Even though the birds need to eat and rest on their migration, they take advantage of strong northerly winds to help propel them southward. If a cold front catches them on their route, the birds may enter into a brief stage of a hibernation-like condition called "torpor." The hummingbirds can lower their body temperature up to 50 degrees which translates to a much slower heart and breathing rate. In turn, this reduces the need for constant fuel; otherwise the birds would be working extra hard to consume enough calories to maintain their normal body functions during a cold weather period.

Just like in the summer, migrating hummingbirds may supplement their daily dietary intake by visiting

feeders set up with sugar water. At times, a swarm of hummers may gather around a feeder. Birders and gardeners know that offering late blooming flowers such as monarda, salvia, agastache, catmint, and snapdragons will also host a bevy of hummers.

By Damian Fagan



As the birds probe a flower, they lap up the nectar with their long tongues. Early naturalists thought that the hummingbird's tongue was like a straw, but later studies revealed the tongue to have grooves on the sides which hold the nectar as the tongue is withdrawn into the bill. And when the light strikes a hummingbird just right, the brilliant iridescence of the bird's throat feathers reflects their nickname of "flying jewels."

Though many are content to enjoy hummers at feeders or in the garden, others participate in citizen-science projects that track both north and south movements. Journey North (www.learner.org) and World of Hummingbirds (www.worldofhummingbirds.com) are two Web sites where people can post sightings that contribute to the understanding and enjoyment of the hummingbird parade.

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COWBOY HAPPENINGS

The Bar M Wranglers Show off a lot of musical experience at the Bar-M Chuckwagon!

Set in an old west town, the Bar-M Chuckwagon is Moab's own unique western dinner theater and includes old west games, a gunfight, a hearty Cowboy Supper and a live western stage show featuring the music and comedy of the "Bar-M Wranglers."

Just 7 miles north of Moab on Highway 191, the Ticket Booth, Gift Shop, Saloon, and grounds open at 6:30 PM. The always-entertaining gunfight begins around 7:00! After the smoke clears, everyone enters the large dining hall to get ready for the Cowboy Supper. The mouth watering Cowboy supper begins at 7:30 sharp and is served trail style with metal plates and cups.

Right after dinner, the "Bar-M Wranglers" perform an entertaining stage show full of fabulous vocals, yodeling, thrilling instrumentals, humor, and audience participation. They play many old west favorites like "Cool Water" and "Ghost Riders in the Sky." The Bar-M Wranglers are a professional 4-piece band that has recorded two CD's. The "Wranglers" are Alan Brown, Valerie Hunt Brown, David Steward, and Clay Maxam.

Two members of the Bar-M Wranglers are the hosts and owners of the Bar-M Chuckwagon, Alan and Valerie Brown. Valerie and Alan met and married in Nashville, Tennessee. In 1992, Alan and Valerie moved from Nashville to Moab, bought the Bar-M Chuckwagon and have been performing with the "Bar M Wranglers" ever since.

Valerie Hunt Brown grew up in Cottonwood Heights and played with several country bands in Salt Lake City before moving to Nashville, Tennessee to tour with country artist Terri Gibbs. For several years, Valerie was one-third of the music/comedy trio "Ethel & the Shameless Hussies." The "Hussies" were recording artists on MCA Records, appeared on numerous TV shows and toured extensively throughout the U.S. and Canada. Valerie sings lead and harmony vocals, yodels, and plays acoustic guitar and mandolin in the Bar M Show.



Originally from Illinois, Alan Brown worked as a singer/song writer and toured throughout the U.S., Canada, and Europe with the internationally famous group "Up with People." He studied guitar, music theory, and arranging at Berklee College of Music in Boston. He played music for many years in New York City, Atlantic

City, and Nashville before moving to Utah and taking over the Bar M Chuckwagon. At the Bar M, he is the Camp Cook and Sheriff in the old west shoot out. Alan is the Head Wrangler, sings lead and harmony vocals, yodels, plays

acoustic and electric guitar, and bass guitar in the Bar M Show.



Outlaws in a gunfight!



The Sheriff's on the scene!

Originally from New Jersey, singer, songwriter and instrumentalist Dave Steward adds hot guitar pickin', solid bass playing, vocals and yodeling to the show. Dave has lived in Moab for 25 years. He writes the vocal arrangements for the group. Dave has been a guitarist most of his life and enjoys playing many styles of music including jazz, classical, and rock as well as cowboy music. Dave has his own band and performs

with many different ensembles around town. He studied guitar and music at the Guitar Institute of Technology in Hollywood, California. Dave has two CDs of original music one called "Wild West Heart" and his newest called "The Moab Tongue." Dave also has a CD of classic cowboy songs called "Call of the Canyon." Dave has been a Bar M Wrangler since 2001.

Clay Maxam hails from the Northwestern United States and now resides in Moab with his wife Judi. A native of Oregon, Clay played steel guitar professionally in the 50's, 60's, and 70's and then took a break from his music career to pursue other goals. Clay Shines on the intricate pedal steel guitar and occasionally plays Dobro in the Bar-M show. Clay is featured nightly in the gunfight show. He is an integral part of the Bar-M operation and has been a Bar M Wrangler since 1999.

In addition to the regular "Wranglers", one of the gun fighters, Brad Maxwell, joins the group to sing a couple of numbers. Brad has been with the Bar M for six years and has live in Moab for over 20 years.



Valerie Hunt Brown

The Bar-M Chuckwagon's season runs April through mid October. Dates open vary with the season, please call for schedule. Admission price includes dinner, live western show, games, gunfights, and gratuity: \$27.95 for adults, children four to twelve years old are half price and kids three and under is free. Make sure to call ahead for reservations so you don't miss out on all the fun! Call 435-259-BAR-M (2276) to make your reservations today. You can visit their web site at www.barmchuckwagon.com. Tell them you read about the Bar-M in the *Moab Happenings*.

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How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.

Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, as well as their beer being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.



Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and

The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays.



Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

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 51 North Main 259-6546
 Dinner
 Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Milt's Stop & Eat
 400 East and Millcreek Drive 259-7424
 Lunch • Dinner
 Open Daily 11am - 8:30pm
 Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltstopandeat.com.

Moab Brewery
 686 South Main 259-6333
 Lunch & Dinner
 Open 11:30 AM DAILY.
 Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

For more information about these restaurants pick up a "Moab

**Moab Coffee Roasters**

90 N. Main St. 259-2725
 Open Every Day from 6:30am - 9:00pm
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Diner & Ice Cream Shoppe

189 South Main 435-259-4006
 Breakfast • Lunch • Dinner
 Mon-Sat: 6:00 am - 9:00 pm
 Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

Moab Grill

540 South Main 435-259-4848
 Breakfast • Lunch • Dinner
 Open 6 am - 10 pm
 Cajun Seafood Boil first Friday of every month. Enjoy our home style cooking ranging from our 'Cowboy Benedict' in the morning to steaks and seafood for dinner. Our fresh baked pastries, pies, cobblers and espresso are good any time of day. We have a full wine and beer menu featuring Castle Creek wines. Friday - Seafood Specials. Saturday - Steak Specials. Sunday - Prime Rib. Box lunches to go. Small private meeting room. Internet service, and catch upon the news on 2 flat screens.

Pancake Haus

196 South Main (next to Ramada Inn) 259-7141

Pantale's Desert Deli

98 East Center 259-0200
 Open Mon-Fri 11:00am-5:30pm Sat 11:00am-3:30pm
 Closed Sunday
 Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza

702 South Main St 259-9999
 Open 3-10 everyday
 At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly.

Pasta Jay's

4 South Main 259-2900

Peace Tree Juice Cafe

20 South Main 259-0101
 Breakfast • Lunch • Dinner
 7 am to Close Everyday
 Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our newly expanded Dinner menu. Good pasta selection including gluten-free options. Beer, Wine, Cocktails, Fresh juice and wheatgrass.

Pizza Hut

265 South Main 259-6345
 Lunch • Dinner
 Sun-Thur 11am-10pm Fri-Sat 11am-11pm
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital

450 West Williams Way

Quesadilla Mobilla

83 S. Main 260-0289
 by the Canyonlands Trading Post
 Thursday - Monday 11am to 8pm
 Quesadilla Mobilla is Moab's first and only gourmet food truck serving up delicious gourmet quesadillas. Our menu is out of the ordinary but sure to get your mouth watering and we have seasonal specials throughout the year. Come check us out and see why we have quickly become a locals' favorite! Call in orders are welcome. Come see us in Salt Lake at the State Fair Sept. 6-16

Red Rock Bakery & Net Cafe

74 S. Main Street 259-5941
 Breakfast • Lunch
 Open 7am-2pm Everyday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

Rio Sports Bar & Grill

1 block west of Main on Center 259-6666

Sabuku Sushi

90 East Center 259-4455

Singha: Authentic Thai Cuisine

92 East Center 259-0039
 Lunch • Dinner
 Lunch: Mon - Sat 11-3 Dinner: Mon - Sun 5-9:30
 For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe

5 North Main 259-8004
 Lunch • Dinner
 Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

Sorrel River Grill Restaurant

17 Miles Northeast on Scenic Hwy 128 259-4642
 Breakfast • Lunch
 Dinner (by reservation only)
 Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

Subway Sandwich Shop

299 South Main 259-SUBS
 Breakfast • Lunch • Dinner
 Open 8 a.m. everyday
 NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill

900 North Highway 191 259-7146
 Dinner
 Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Susie's Branding Iron

2971 South Highway 191 259-6275

Sweet Cravings

550 North Main 259-8983
 Breakfast • Lunch
 Tue-Sun: 7am - 3pm
 A yummy, fun little restaurant, offering baked goods (cinnamon rolls, breads, cookies, pies, etc) with incredible breakfast burritos and build your own panini's for lunch. Stop for breakfast and grab lunch to go along with a treat for later!

Szechuan Restaurant

125 North Main 259-8984

Village Market

702 South Main 259-3111

Wake and Bake Cafe

59 S. Main #6, McStiff's Plaza 259-2420

Wendy's

260 North Main 259-2595

Wicked Brew Drive Thru

132 North Main 259-0021
 Open at 6 am Daily
 Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

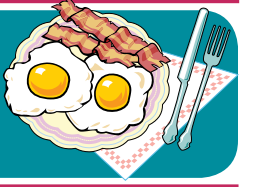
Zax

96 South Main Street 259-6555
 Lunch • Dinner • Family Dining
 We have it all! We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

Menu Guide" And tell them you found them in "Moab Happenings"



RESTAURANT GUIDE



FREE WiFi

SLAM IT UP!

Lumberjack Slam®

DON'T FORGET!
Kids Eat Free Tuesday and Saturday 4pm - 10pm

989 North Hwy 191
OPEN 24 HOURS

Open Everyday 7am-2pm

RED ROCK BAKERY
A Quality Scratch Bakery with fast, friendly service.
Internet Café • Dine-in or Take-Out
Now Serving Organic Fresh Moab Coffee
74 South Main • Moab, UT 84532 • 435-259-5941

Desert Bistro
Casual Fine Dining
Contemporary Southwestern Cuisine

Join us at our new location
in the heart of downtown
36 South 100 West

Open Tuesday - Sunday at 5:30 pm - 9:30 pm
Closed Monday
Reservations Highly Recommended
259-0756 FULL LIQUOR LICENSEE

SUBWAY
eat fresh.®

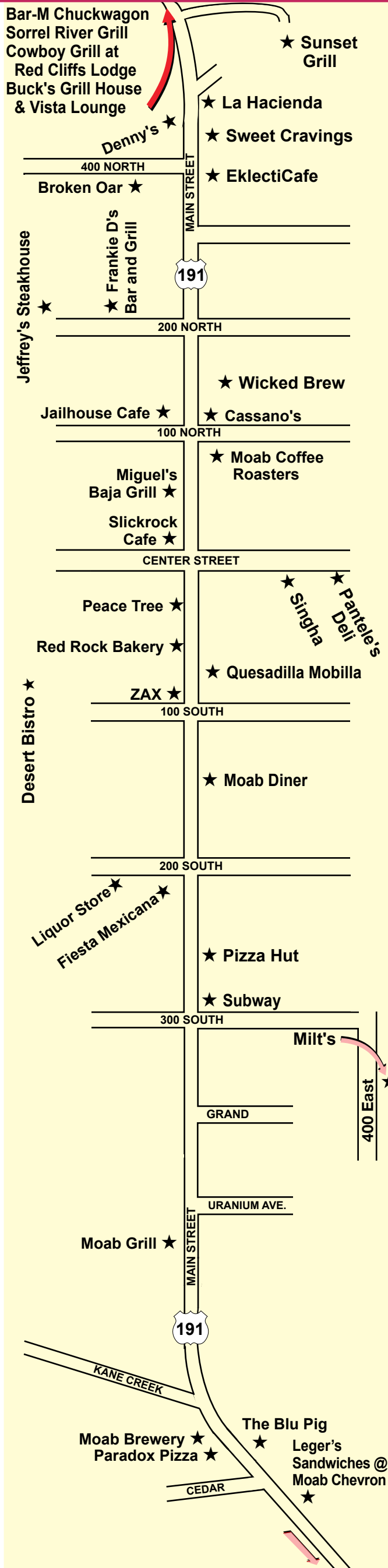
Located inside Walker's Convenience Store

Turkey Breast and Ham "6 Sub 25% OFF"

September Special

Expires Oct. 15, 2012

299 South Main • 259-SUBS



SUNSET GRILL

"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood

Patio • Catering
Family Dining

259-7146

Open Nightly at 5:00 pm - Closed Sundays

Cassano's ITALIAN RESTAURANT

Moab's New Italian Restaurant
in the old Poplar Place
Family Owned & Operated

Great Choice for Take Out and Catering

Traditional Italian Food

MONDAY MADNESS
Buy 2 Entrees get 1 free Appetizer

TUESDAY 2 FOR \$20
Buy 2 Entrees for \$20

Brushetta * Garlic Bread
Artichoke Dip * Crab Mushrooms

WEDNESDAY FAMILY NIGHT
Large 2 topping Pizza with Garlic Bread for \$20

Patio Seating - Red Rock Views

Cassanos
Italian Restaurant

11 East 100 North
Open 5 p.m. to Close **259-6018** State Liquor License

Established 1954

Milt's Stop & Eat

LOCATED AT 400 EAST AND MILLCREEK DRIVE ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING
LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS
NATURAL BUFFALO BURGERS
HAND-CUT FRIES
CLASSIC DINER SANDWICHES
FRESH DELICIOUS SALADS
HOMEMADE SHAKES & OLD-FASHION MALTS

OPEN DAILY 11 AM - 8:30 PM

WWW.MILTSTOPANDEAT.COM
EAT IN OR TAKE OUT: 435-259-7424

When The Food Matters

The Blu Pig
A BBQ and Blues Joint

- Take out
- Private Parties
- Catering Services
- State Liquor License
- Large Screen HD TV's
- Uinta Craft Brews on tap

"LET 'EM EAT BBQ!"

Live Music
Call for details

Open Everyday 3 to Close

Phone 435-259-3333
www.blupigbbq.com

811 South Main Street
Moab, Utah 84532

Brews, Blues, & BBQ
Between Moab Valley Inn and La Quinta



RESTAURANT GUIDE

RESTAURANT GUIDE

MOAB GRILL
 Open Daily
 6 am to 10:00pm
 Breakfast, Lunch & Dinner

CAJUN SEAFOOD BOIL
 FAMILY FUN
 STYLE DINNER
 First Friday
 of Every Month
 \$21.95

Sunday
 Prime Rib
 Serving @ 3pm

Saturday
 Steak Night

Full Wine & Beer Menu

540 S. Main
 (next to the Big Horn Lodge)
 435-259-4848 www.themoabgrill.com
 Bring in this ad for 10% OFF any meal.

SORREL RIVER RANCH
 resort & spa

Farm-to-Plate



SORREL RIVER FARM

Scenic Highway 28, Mile 17 435-259-4642 www.sorrelriver.com

The River Grill

19th year
JAILHOUSE CAFE

101 NORTH MAIN STREET

Moab's Breakfast Place

"Good Enough for a Last Meal"

Sweet Cravings
 Bakery + Bistro



Breakfast/Lunch
 Coffee & Lattes
 Sandwiches & Salads
 Endless Homemade Pastries

Boxed Lunches • Catering

Tue-Sun 7am - 3pm
 435-259-8983 • www.cravemoab.com
 550 N. Main Street, Moab, UT 84532


BROKEN OAR
 RESTAURANT

Randy and Audrena opened The Broken Oar March 3rd 2012. After revamping the menu they brought in Chef Travis Ence of Cedar City. Travis is a graduate of the California Culinary Academy in San Francisco and brings over 22 years of cooking experience and expertise to the table. His prime rib served as a weekend special is quickly becoming renowned as the "Best Moab prime rib I've had in years!"

The menu is rooted in family recipes and creating an affordable meal for the locals as well as the tourists. The

Wicked Brew
 DRIVE-THRU

A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas



Your day starts Right here!
 In the heart of town
 132 N Main - Caffeinating daily @ 6am

www.moabsandwiches.com




SANDWICHES
 Made to order • Call in Orders
 6 a.m - 8 p.m.
 259-2212

LOCATED INSIDE THE MOAB CHEVRON
 817 South Main Street

Chevron
 FOOD COURT & DELI

OPEN 24 HOURS



the sweet baked beans and potato salad are family recipes that have been in Randy's family for years. Their deserts are home made by Randy's mom Marianne at Marianne's Custom Cakes and Goodies formally known as Marianne's Bakery. All of their meats are Certified Angus Beef (CAB) that are hand trimmed and seasoned to create an amazing steak for a reasonable price, starting as low as \$15 dollars. People have also been raving about the Broken Oar Burger, last week a couple from Europe came in who had recently visited the Grand Canyon and their comment as they finished off the last of their burger was "The Grand Canyon is nothing compared to the Broken Oar Burger!"

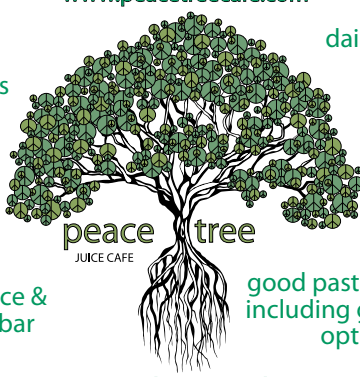
The Castle Creek Wines along with the locally imported draft beers provide the perfect match to their cuisine and will quench even the Moab deserts thirst.

peace tree
 juice cafe
 www.peacetreecafe.com

Beer Wine Cocktails

daily specials

fresh fruit Smoothies



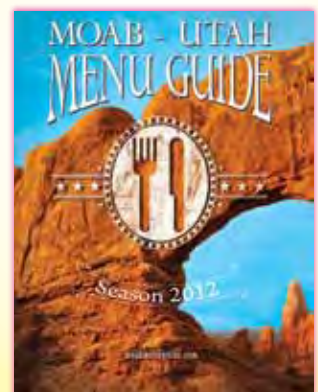

fresh juice & coffee bar

good pasta selection including gluten-free options

7am - close everyday

Breakfast, Lunch, expanded Dinner menus
 20 south main street, moab, utah 259-0101
 Also in Monticello at 516 North Main

Pick up a copy of the
2012 Moab Menu Guide
 at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com

Their strawberry lemonade has become the talk of the town, especially amongst the river guides. In fact a group of guides came in and as each of them ordered their pints of beer one ordered the pint size strawberry lemonade. After harassing him a bit they eventually all

tried the lemonade and sure enough, the next round of drinks were all strawberry lemonades. Now, if group of river guides decide to forgo a round of beers to get strawberry lemonade, you know they've got something out of this world!

As if that weren't enough, Randy and Audrena have created nightly coupons so that every night at the Broken Oar is something special. Monday is family night and kids under 12 eat free. Tuesday is free appetizer or dessert night with the purchase of two meals. On Wednesday and Thursday buy one entrée and you get the second one free. Friday is their amazing prime rib special. As for Saturday...CRAB IS BACK JACK!!! After countless requests from the community they've made the decision to bring back their endless crab legs! So head to the Broken Oar Saturday night and be ready to eat because it's not going to get better than this! Randy, Audrena, and their staff look forward to serving you and giving you a dining experience you won't forget!

ART WALK HAPPENINGS

Moab Art Walk

Saturday, September 8, from 6-9pm

Downtown merchants, Moab Arts and Recreation Center and Museum of Moab will hold the first Artwalk for the fall season. The public is invited to stroll through the exhibits at their leisure to view a variety of fine art and handmade crafts, enjoy refreshments and mingle with local and visiting artists. Most exhibits will remain up throughout the month for those who are unable to attend the Saturday night walk.

Moab Arts and Recreation Center (The MARC)

111E 100N
435-259-6272
www.moabmarc.com

Scott Whitaker:

Based in SLC, artist, activist & visionary Scott Whitaker creates multi-dimensional art using the unique combination of technology and design. Whitaker works entirely from recycled materials from virtually every medium. You may know him as Scotty Soltronic.



Moonflower Market

39E 100N
435-259-5712

Sarah Jeffreys:

Castle Valley resident, Sarah Jeffreys shares "Faces of Namibia," photographic portraits of members Himba and Dobe Ju'/Hoansi groups. A percentage of all sales will go to support the Kalahari Peoples Fund.



The Edge Gallery

137 N. Main St.
435-259-5855
www.breledge.com

Bret Edge:

The Edge Gallery features fine art landscape photography by Bret Edge. Each photograph is presented as a breathtaking canvas wrap or archival plaque mount in an open, contemporary gallery space.



Museum of Moab

118 E. Center St.
435-259-7985
www.moabmuseum.org

The Museum of Moab will be displaying the exhibit, "Twenty Years of the Moab Music Festival" highlighting photos and music over the past twenty years.



Savage Spirit!

87 N. Main St.
435-259-2278
www.facebook.com/savagespirit.moab

Sarah Harms:

Jewelry artist, Sarah Harms creates contemporary, yet earthy jewelry. Inspired by nature & various forms of symbolism, Sarah hand forges each individual piece. Adding silver, copper, bronze & gold for contrast & visual interest, Sarah imbues each piece with her love for her creations.



Back of Beyond Books

83 N. Main St.
435-259-0782
www.backofbeyondbooks.com

Chad Niehaus- Waterpocket Press:

Chad Niehaus will display canyon country area linoleum block prints created for his recently launched art business, Waterpocket Press. Collectors will have the opportunity to purchase first print of editions of 200 for each print created. See WaterpocketPress.com for more images.



Framed Image Fine Art

59 E. Center St.
435-259-4446
www.framedimagemoab.com

Group Show:

Stop in and see what's new for the Fall Season. We have some beautiful new work including oil landscapes by Bonnie Frucci, a new line of jewelry by Wendy Newman, and stone and steel sculpture by our newest artist, Michael Ford Dunton.



Overlook Gallery

83 E. Center St.
435-259-3861
www.moabarts.com

Group Show:

Tim J Morse, Rick Wheeler and Louise Seiler will be showing new works at The Overlook Gallery. Watercolors, Scratchboards, Acrylics and Oils will be included in this diverse presentation.



1 MOAB ARTS AND RECREATION CENTER
111 E 100 N

2 MOON FLOWER MARKET
39 E 100 N

3 THE EDGE GALLERY
137 N Main St

4 SAVAGE SPIRIT!
87 N Main St

5 BACK OF BEYOND BOOKS
83 N Main St

6 FRAMED IMAGE FINE ART GALLERY
59 E Center St

7 OVERLOOK GALLERY
83 E Center St

8 Museum of Moab
118 E Center St

www.moabartwalk.com

	MAIN	100 E	200 E	300 E	400 E
200 N					
100 N	3	2	1		
CENTER	4 5	6 7			
100 S		8			
200 S					
300 S					

SKY HAPPENINGS

The Sky for September 2012

By Faylene Roth

SUNRISE AND SUNSET TIMES FOR SEPTEMBER

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

1	6:48am	7:47pm
2	6:49am	7:46pm
3	6:50am	7:44pm
4	6:51am	7:43pm
5	6:51am	7:41pm
6	6:52am	7:40pm
7	6:53am	7:38pm
8	6:54am	7:37pm
9	6:55am	7:35pm
10	6:56am	7:33pm
11	6:57am	7:32pm
12	6:58am	7:30pm
13	6:58am	7:29pm
14	6:59am	7:27pm
15	7:00am	7:25pm
16	7:01am	7:24pm
17	7:02am	7:22pm
18	7:03am	7:21pm
19	7:04am	7:19pm
20	7:05am	7:17pm
21	7:06am	7:16pm
22	7:06am	7:14pm
23	7:07am	7:13pm
24	7:08am	7:11pm
25	7:09am	7:10pm
26	7:10am	7:08pm
27	7:11am	7:06pm
28	7:12am	7:05pm
29	7:13am	7:03pm
30	7:14am	7:02pm

MAJOR CONSTELLATIONS OF SEPTEMBER

Overhead

Aquila
Cygnus
Lyra

Northward

Cassiopeia
Cepheus
Draco
Ursa Major
Ursa Minor

Eastward

Andromeda
Aquarius
Pegasus
Perseus
Pisces

Southward

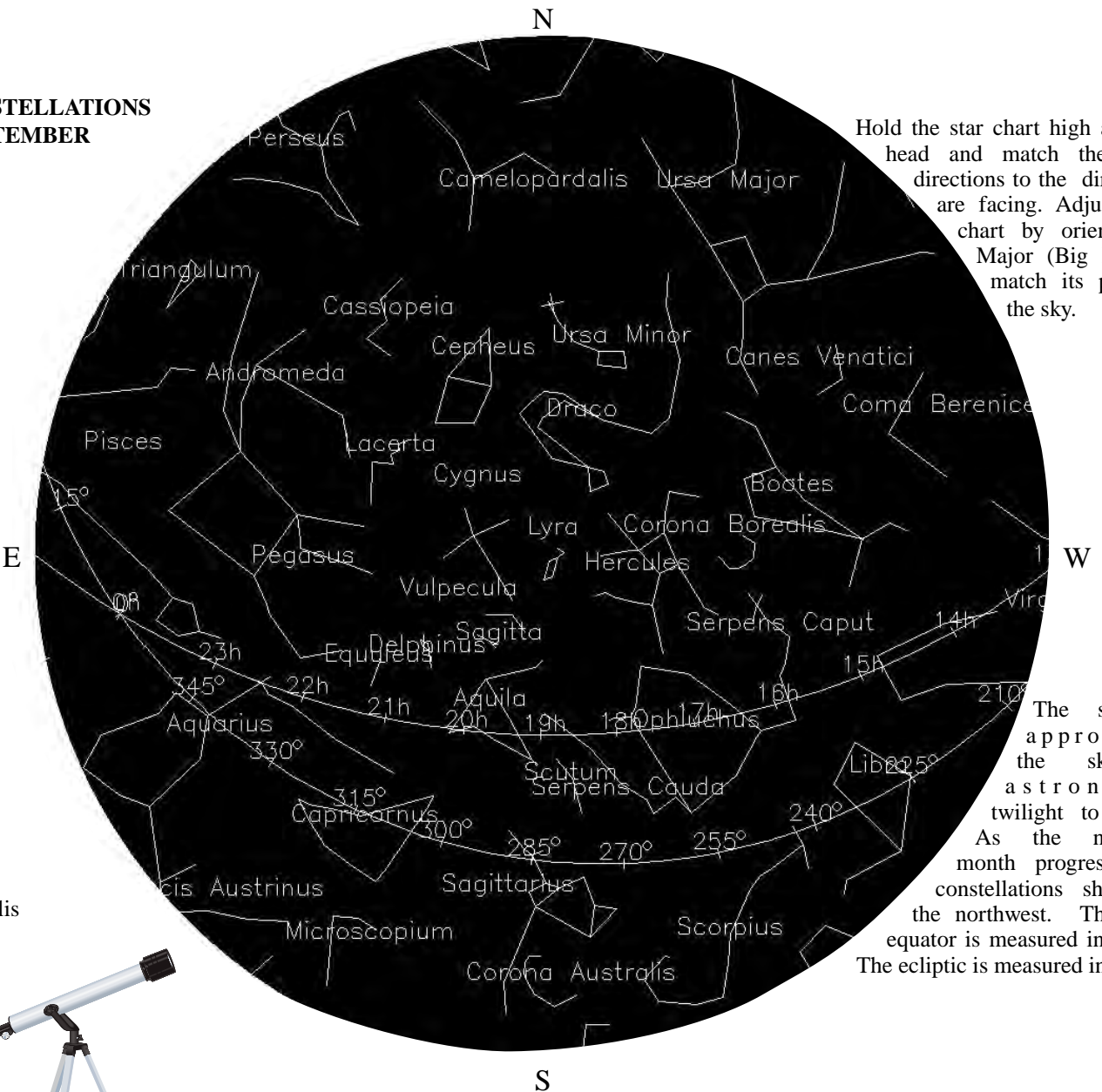
Capricornus
Sagittarius
Scorpius

Westward

Bootes
Corona Borealis
Hercules
Libra
Ophiucus
Virgo

Scorpius lies along the southwestern horizon; the Summer Triangle appears overhead; the Great Square of Pegasus dominates the eastern skies; Perseus and Andromeda claim the northeastern skies; the lone star above the southern horizon is Fomalhaut ("mouth of the fish") situated at -30 degrees South latitude in the constellation Pisces Austrinus ("southern fish").

Moab UT (at City Hall)
38°34' N Latitude - 109°33' W Longitude
4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.



DAYLENGTH

The long periods of summer daylight shorten by 71 minutes in September. Notice the change is not evenly distributed. Earlier sunsets advance more rapidly than later sunrises because of the Earth's position in its orbit. Twilight, too, fades faster since the earth's tilt no longer faces directly towards the sun. Civil twilight extends usable daylight by 30 minutes after sunset. Nautical twilight continues another half hour as shapes and color disappear from the landscape. In a final half hour of astronomical twilight, the last rays of sunlight fade from the sky. The reverse progression applies to dawn.

MOON HAPPENINGS

Sept 8 – Last Quarter Moon rises soon after midnight.
Sept 15 – New Moon occurs at 8:11pm.
Sept 22 – First Quarter Moon sets soon after midnight.
Sept 29 – Full Moon occurs at 9:19pm and rises at 6:38pm.
(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

AUTUMN EQUINOX

At 8:49am, September 22, the sun's apparent pathway through the sky (aka the ecliptic) crosses the celestial equator in Virgo (see the star map) which marks the end of summer and beginning of the fall season. The Harvest Moon—the full moon nearest to the autumnal equinox—occurs one week later. According to tradition, the full moon nearest the equinox allowed farmers to continue to harvest beyond sunset for several days without a period of darkness between sunset and moonrise. The time from one moonrise to the next can vary from 20 minutes to over one hour due to the earth's tilt away from the plane of its orbit and the position of the moon within the band of the ecliptic. However, near the equinox the effect of the tilt is minimized which reduces the time from one moonrise to the next to about 30 minutes for several days.

METEOR EVENTS

September has no major meteor showers, but it is a good month for viewing sporadic meteor events. Sporadic meteors originate from the debris left over from interplanetary collisions within our solar system. (Most meteor showers, like the Perseids, Leonids, etc., are associated with particle trails left in the wakes of comets.) Early morning, before twilight, provides the best viewing for meteors because the direction of the earth's rotation converges with the direction of the earth's orbit at that time. Meteors are then approaching us as the earth moves into the residual dust left by earlier events. Expect to see 10-20 meteors an hour from random directions during September's sporadic displays. That's double the number of sporadic events produced in the spring and early summer. Most meteors burn up in the atmospheric layer known as the mesosphere. The mesosphere measures about 20 miles thick and sits 30 miles up atop the ozone layer at the top of the stratosphere.

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>
To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

VISIBLE PLANETS

Jupiter – The largest and second brightest planet remains a dominant feature of the morning sky throughout the rest of the year. Jupiter rises around midnight (about an hour before by month's end) and climbs to an overhead position by morning twilight. Find it between the horns of Taurus with bright red Aldebaran below and bluish stars of the Pleiades above. On the night of September 7/8 a third-quarter waning moon appears less than one degree below Jupiter. (Magnitude -2.6)

Mars – The red planet continues to fade as it recedes from Earth and sets with evening twilight. Look for a red-hued orb forming the tip of a triangle with Saturn and 1st magnitude blue star Spica (Virgo) in early September. Mars moves southeastward across Libra towards Scorpius during the last half of the month. Its redness helps identify it in this sparsely-lighted region of the sky as it moves towards the head of Scorpius and 1st magnitude red star Aldebaran at the scorpion's heart. (Magnitude +1.2)

Saturn – The golden planet sets with early evening twilight by midmonth and re-emerges in the morning sky in November. Look for it during the first week of September low on the western horizon in Virgo just above Spica. On the night of September 17 a thin waxing crescent moon hangs below Spica and Saturn on the western horizon. (Magnitude +0.8)

Venus – Each night, as Jupiter rises earlier, Venus rises later, so the distance between the two brightest planets increases from about 45 degrees to 75 degrees over the month. On September 1, Venus rises less than 10 degrees below 1st magnitude Pollux (Gemini). By September 12, it appears in the center of Cancer with a thin waning crescent moon within four degrees to the south and Praesepe (Beehive Cluster) to its north. At the end of the month, it is rapidly approaching 1st magnitude star Regulus (Leo). (Magnitude -4.1)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

HEALTHY HAPPENINGS

Grand County Wellness Center – Tomorrow's Medicine Today

Imagine waking up from a good night's sleep feeling rested, without pain and stiffness. Imagine waking up every morning with no desire to smoke. Imagine looking at that doughnut with complete disinterest. Imagine taking a wreck on your mountain bike and heading back up the mountain for more punishment the next day. Imagine getting sick and recovering faster than ever. Imagine having energy that lasts throughout the day, without that extra cup of coffee. Imagine feeling relaxed and enjoying life.

This is not Star Trek or the Jetsons. It's just 21st-century medicine. Energy medicine, to be precise. "It's hard to wrap your mind around at first", says Dr. Ray Andrew, Medical Director of Grand County Wellness Center. "The pharmaceutical industry has so successfully overtaken Western culture that many of us can't imagine life without drugs." There are drugs for pain, migraine headaches, irritable bowel syndrome, smoking, depression, heart failure, diabetes, osteoporosis, attention deficit disorder, high cholesterol, etc. Unfortunately, our love affair with the pharmaceutical industry has created a windfall for the legal profession as more and more drugs are found to have undesirable—and often deadly—consequences. Even without side effects and long-term complications, drugs don't cure anything, and most are intended to be taken for life. This is because they fight against the natural processes at work in the body. And they are a one-size-fits-all approach.

By contrast, energy medicine works with the body and is entirely personalized. It identifies which electromagnetic fields the body wants and delivers them non-invasively. "In traditional medicine, we have to give every symptom and disease a label (diagnosis), then prescribe one or more drugs to suppress that symptom. In the Wellness Center, labels don't matter," Dr. Andrew explains. "We use energy medicine to identify what is out of balance and to tell the body how to fix it." There are no needles, no drugs, and no pain. Just patient-specific waves. Whereas cell phones and numerous other wireless devices produce harmful waves that interfere with the healthy function of the body, energy medicine uses waves that are in the same range as those created by the body itself. Side effects include pain relief, reduced inflammation, improved immune function, enhanced digestion and metabolism, restful sleep, relaxation, and hormonal balancing.



Ideal candidates for this therapy include people of all ages, athletes, couch potatoes, weekend warriors, individuals with acute injuries or infections, and those with chronic conditions. One of the best-studied applications has been bone regeneration in osteoporosis. Energy medicine can unravel the patterns of weakness and dysfunction in the physical and emotional realms, leading to tissue repair even during the initial consultation.

Does energy medicine work for everything? "It is so powerful and versatile that we are never surprised to discover what it can help. However, no single therapy works for everything. We have many tools in the toolbox." When a woman's ovaries no longer produce adequate amounts of hormones, for example, Dr. Andrew recommends replacing those hormones to maintain optimal health. Similarly, when deficiency of key nutrients impairs healthy cellular metabolism, dietary changes and supplementation are essential. Combining these treatments with appropriate electromagnetic field therapies enables the body to achieve its true potential. Wellness Center staff work with each patient as a whole person, creating a health plan unique to him or her.

Naturally, like every effective unconventional treatment, energy medicine has its skeptics. Dr. Andrew is quick to admit he is not a crusader, not out to convince the critics. "By and large, our patients are pragmatists. When they feel better and see their numbers improve, they don't care what the experts say. At Grand County Wellness Center, our market consists of people who want to be proactive with their health and get better. There's plenty of evidence out there for those fascinated by the details, but most of our patients just enjoy being happier, healthier, and more productive. They want to live longer and to have a better quality of life."

Driving by the office, the casual observer would never mistake the Wellness Center for its high-priced counterparts in large cities. It's what goes on inside that makes the difference: Personalized care. Top-notch staff. Engaged patients. All of these—combined with constant study, frequent lectures, and attendance at international conferences—enable Dr. Andrew to bring energy medicine—the "wave" of the future—and all of the latest anti-aging treatments to the people of Moab today.



Feel as if you are winding down?
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Ray Andrew, M.D.
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9th annual weekend workshop with Teacher Li Jun Feng

Celebrate and attend the 9th annual weekend workshop with Master Li Jun Feng, October 5-7, 2012, hosted by the Phoenix Rising Center. Master Li is one of the true qigong masters in our lifetime. He is the moving force behind Sheng Zhen Gong, (pronounced: shun jen gung) a Qigong of Unconditional Love to the world. His life, steeped in joy and happiness is a living testament to the teachings embodied in this loving form of Qigong (pronounced: chee gung).

Teacher Li, as he is affectionately called, is perhaps best known as having been the national team coach for the women's division of the world renowned Beijing Wushu (Marital Arts) Team of the People's Republic of China. For over twelve years, under his leadership, individual students won nearly 100 gold medals in national and international competitions elevating the standards of excellence worldwide. During his coaching years, he also achieved international fame as a film actor and director.



In the 1990's he left communist China to train others in these beautiful, loving forms to heal the physical and emotional body. His dedication and commitment to Sheng Zhen has brought him all over the world training and certifying teachers who will continue the work of spreading and sharing the love for the practice and the life-transforming power that comes with it. Sheng Zhen Gong elevates the spirit with an open heart filled with unconditional love.

Co-founders of the Phoenix Rising Center, Catherine Shank and Don Leathers N.D., shared a vision to create a wellness retreat center in an environment that offers an abundance of alternative healing. Both have a background in healing and internal arts. Their philosophy originated from an entire system of knowledge passed down from a Tibetan lineage. The essence of those teachings is that the Qi or vital life energy has an innate wisdom. By strengthening one's relationship with Qi, we cultivate trust and discipline that allows us to recognize this innate wisdom which is the life Master. This was the catalyst for the creating a wellness center in Moab called the Phoenix Rising Center.

At the same time the Phoenix Rising Center was formed, the relationship with, Sheng Zhen Gong imparted by Teacher Li began in Moab, in the fall of 1998. The spirit of unconditional love is the highest most sacred truth. The underlying purpose of this practice is to experience the opening of the heart and help us return to our true nature. Sheng Zhen Gong classes are a perfect fit



with the Phoenix Rising Center philosophy.

This year's work shop is ideal for beginning students and all levels of mobility. Space is limited and early registration is recommended by contacting the Phoenix Rising Center. Additional savings are available for early registration before September 14th..

Our health care practitioners at the Phoenix Rising Center are licensed and certified in a variety of body therapies including massage, neuromuscular-re-education, cranial, energy work, Shiatsu, Ortho-Bionomy®, Sheng Zhen Gong, Qigong

healing and Naturopathy for personal health care and nutritional guidance. For more information contact the center founders, Catherine Shank or Don Leathers N.D. 435-259-8123 or visit our website www.phoenixrisingmoab.com.



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HEALTHY HAPPENINGS

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Swedish: relaxing, therapeutic strokes such as gliding, rolling, kneading, and gentle percussion are used along with oils or lotion to help improve circulation, relieve aches and pains, decrease stress, enhance mental clarity, and improve flexibility.

Trigger Point: focused pressure releases "knots" in the muscle tissue built up throughout a person's life due to physical, mental and/or emotional stress; decreasing pain, relieving tension and improving mobility.

Deep Tissue: slow strokes and deep pressure lengthen chronically shortened muscle fibers, releasing areas of chronic stress due to misalignment, repetitive motion, and lingering injuries, returning the body to its natural state of alignment. No matter how well you are a good massage will leave you feeling better. Experience the benefits today 435-260-2238 sarahball.massagetherapy.com



LEE ANNE TRUESDELL, LMT
Morning Glory
Healing Arts
Healing Arts Center
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435-259-0302

Lee is pleased to announce the most recent addition to her Healing Arts repertoire: Women's Transformative Coaching. Having recently completed certification in this dynamic new field, she is now offering Radiant You!, a course for women desiring to create greater meaning, vitality and joy in their lives and the world around them. In a safe and supportive group setting, women learn how to transform false, limiting beliefs, cultivate trust in their own inner knowing, tap into the power of their inherent creative energies, and step fully into a life that expresses their unique radiance. Lee also offers individual coaching, focusing on helping women transform issues with body image, self care, and food/diet so that they can live more peacefully and joyfully in their bodies and in their lives. Call her to request a free introductory session.

Lee also continues to offer therapeutic massage and bodywork, including Swedish Massage, Shiatsu, Acupressure, Foot Reflexology, and on-site Chair Massage. Whether your goal is to pamper yourself, release muscle pain and tension, balance and recharge your energy, or find your true radiance, Lee has just the right touch for you. Inviting you to relax and enjoy! www.massagemoab.com lee@massagemoab.com

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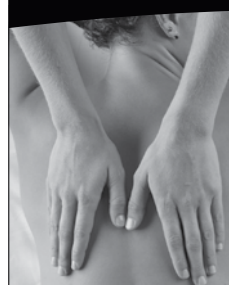
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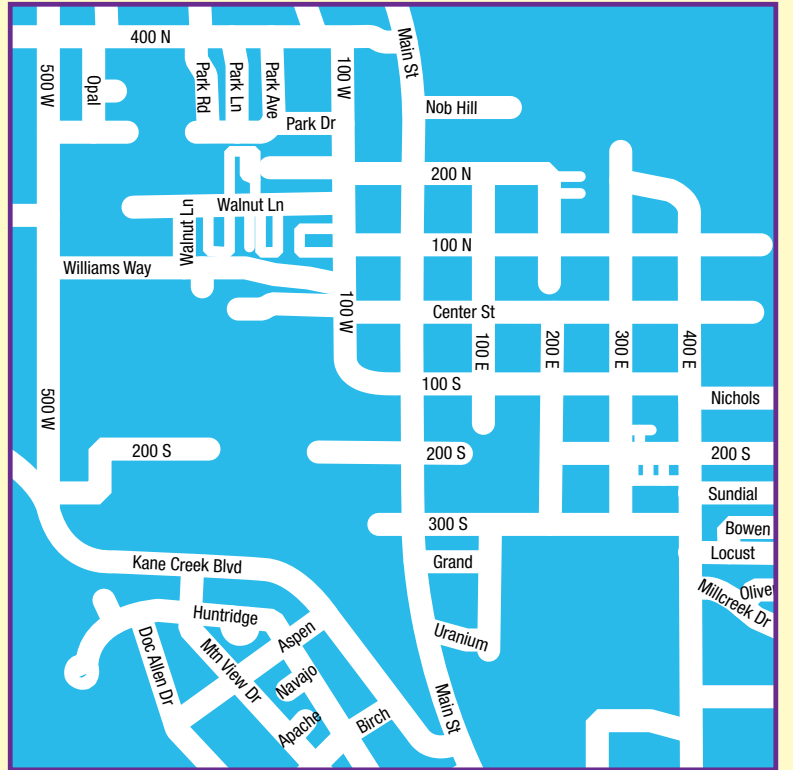
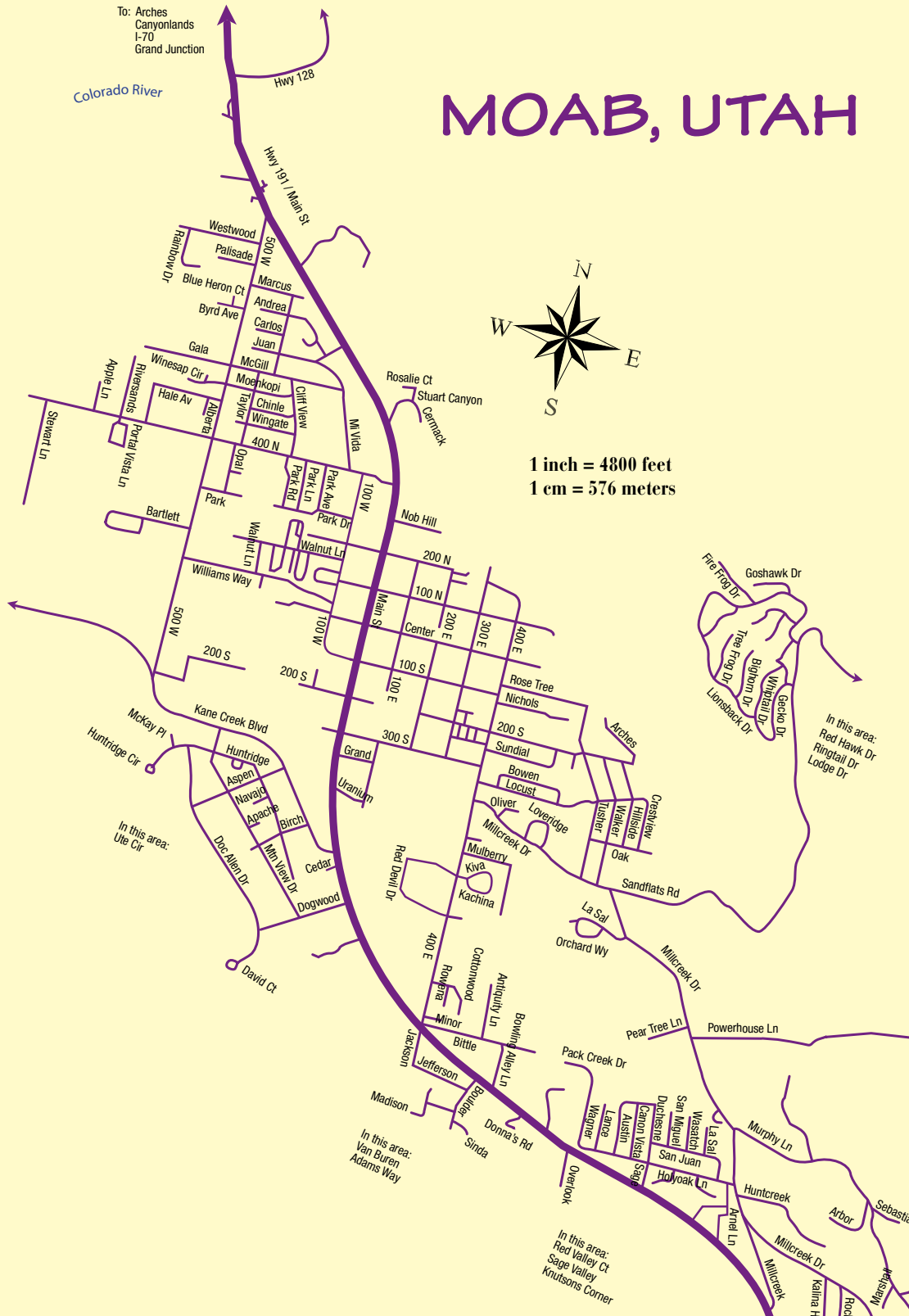
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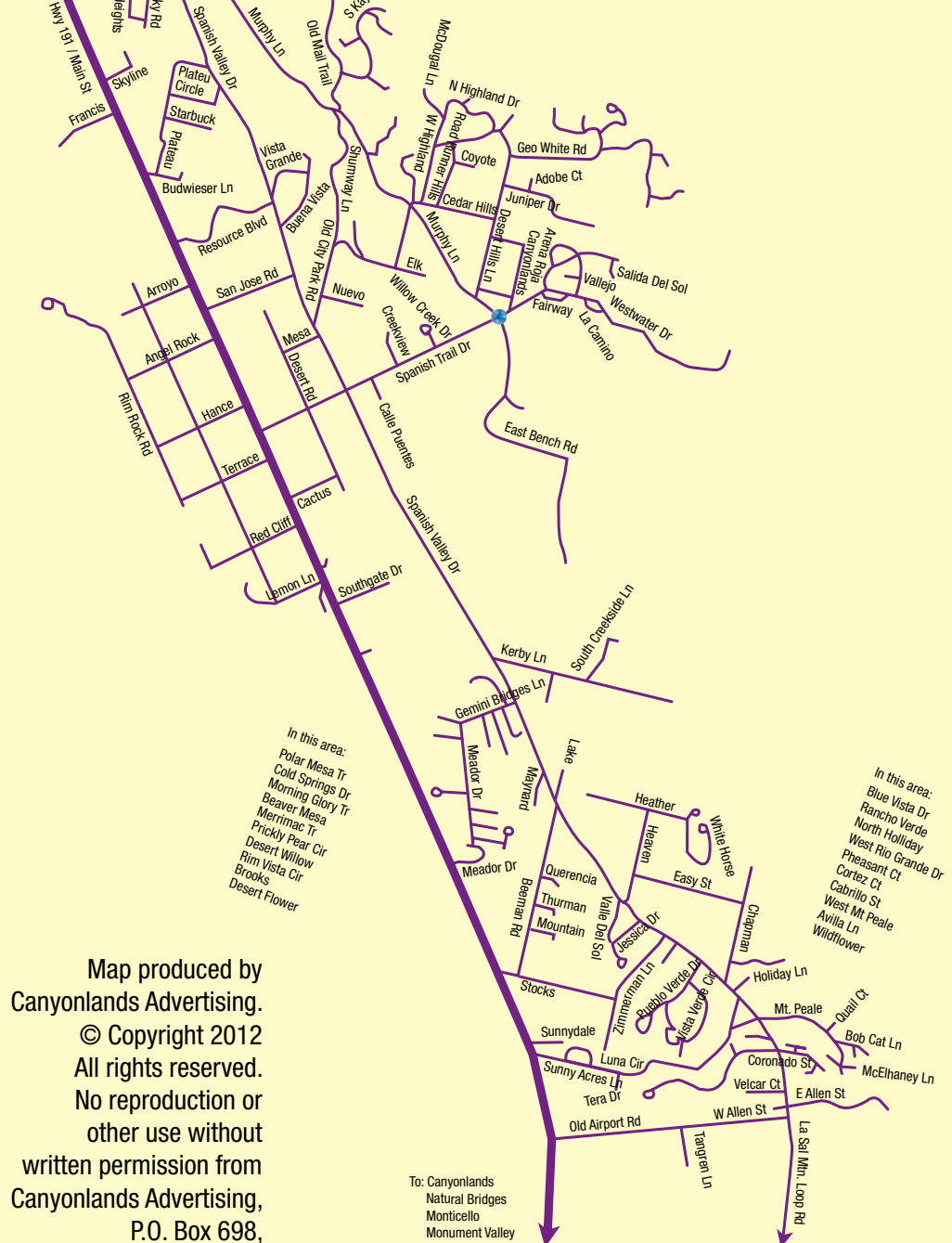


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- Canyonlands Fellowship
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Third, Fourth & Fifth Wards • 701 Locust Lane 259-5567
- Community Church • 544 MiVida Drive 259-7319
- Episcopal Church of St. Francis
250 South Kane Creek Blvd 259-5831
- First Baptist Church SBC • 420 MiVida Drive 259-7310
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- Grace Lutheran Church
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www.beitmoabi.org 260-0241
- Kingdom Hall of Jehovah's Witnesses
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- Quaker Worship Group • 81 North 300 East 259-8178
- River of Life Christian Fellowship
2651 East Arroyo Rd. 259-8308
- St. Pius X Catholic Church • 122 West 400 North 259-5211
- Seventh Day Adventist
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- The Church of Christ • 456 Emma Boulevard 259-6690



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ASTROLOGY HAPPENINGS

Your Horoscope for September 2012

By Robert Wells

There are going to be some changes made this first week of the month. The trick here is to keep all lines of communication and all options open. These changes need to be made quickly. If things need a tweak later, do it on the fly. By the 7th, everything should be running smoothly, just don't over celebrate on that day, as there could be a heavy price to pay in a personal way. Everyone will need to give his or her brain a rest during the second week. Try not to make any promises, and do try to censor any off the cuff comments as they could hurt someone's feelings from the 7th to the 14th. There's a good chance of finding a new love on the 12th. The third week of September could get rather interesting. Take what you hear and what you see with a grain of salt, as things aren't what they appear to be. The last week of the month has Venus and Jupiter handing out financial goodies to some on the 21st. The Sun moves into level headed and handed Libra on the 23rd and this gives the world a party flavor for the next month. There could be a loose cannon in your circle on the 29th. Step out of the way should they come looking for a confrontation.

September 3rd Labor Day
16-18 Rosh Hashanah
22nd Fall begins and the Fall Equinox
26th Yom Kippur

Aug. 24 - Sept. 22 Virgo: Happy Birthday Virgo. Your light shines brightly this month. During the first week of September be ready to make personal changes for the better. Some around you may not support these changes. The second week warns of going over-the-top with everything. Be reasonable with your choices. Love could fall out of the blue on the 12th. Careful with your words on the 20th and the 21st could be a lucky day in your career. A power struggle over money is coming on the 29th. Be ready for a battle.

Sep. 23 - Oct. 23 Libra: You may realize that it's time to make some health changes during the first week of September. Get more rest and possibly a change in your diet. Hold fast on your choices for these changes as the 7th presents more than it's share of a tempting way to derail your efforts and plans. A serious romance could start on the 12th. Don't over commit on a whim. The last week starts fine but turns into a serious conflict at work or with you health.

Oct. 24 - Nov. 22 Scorpio: You are focused on making your dreams come true this first week of the month, but you may have to prove how much you truly want them to happen. Using covert methods to achieve your goals is not a good idea during the second week it will get you in trouble and destroy your own efforts. New love could find you in your place of employment on the 12th. Don't listen to or start rumors on the 20th. Good money news could find it's way to you on the 21st. Things said at the first of the month come back to haunt you during the last week.

Nov. 23 - Dec. 21 Sagittarius: Your career sector is a buzz the first week. You move your projects ahead with speed on the 4th. Don't be corrupted by your own power on the 7th and keep the promises you make. A chance meeting with someone outside of your usual circle could blossom into romance on the 12th. Avoid nosey questions about your personal finances on the 20th. A partnership could bring you luck on the 21st. The last week of September ask you to prepare to defend your position in the office. Don't look too good or talk too wise to keep others calm and unthreatened.

Dec. 22 - Jan. 20 Capricorn: School or church activities consume your time this September. You launch a project on the 4th that will have some interesting results by month's end. A social on the 7th could get you to over eat or drink, so be forewarned against that. A surprise guest in your home could be the start of a new romance on the 12th. Be careful with information on the 20th. You could get a money break with your job on the 21st. Don't expect the end of the month to run smoothly at the office as someone may be planning a sneak attack to take your job.

Jan. 21 - Feb. 18



Aquarius: Your joint finances are your focus this month. Changes you make are good but will meet with resistance from others during the first week of the month. Be cautious and careful not to go over board on the 7th with a romantic interlude or for your kids. You could receive a surprise overture of love on the 12th. You could offend someone with your words on the 20th. The third week is extremely lucky for romance. The last week of September warns that someone is gunning for you about that earlier snub. Be ready.

Feb. 19 - Mar. 20



Pisces: You and your partner have a happy time the first week of the month. During the second week be careful not to buy something beyond your budget for your home on the 7th. The 12th holds the promise of love at first sight if you're single. Keep secrets for a friend on the 20th. The 21st is a very lucky day for you. The last week of the month you're back to scuffling over your joint checking account.

Mar. 21 - Apr. 20



Aries: The first week of the month is a good time to take measures to improve your employment or health. During the second week, be careful not to sink that same ship by going overboard and over committing to a plan you can't meet. You could meet someone who completely captures your heart on the 12th. The third week of the month comes with a warning to guard your words at the office. You could hear of a financial gain on the 21st. The last week of the month finds you battling over property matters.

Apr. 21 - May 21



Taurus: This is your romantic time of the year and it is blossoming like asters around you. The three-day weekend could turn to a four-day with the right person. During the second week be careful with your money and don't over spend for anything you don't NEED. The 12th you could be surprised on the job with great news. The last week of the month you could face problems of a health or job nature. Remain calm and work through it.

May 22 - June 21



Gemini: Your home is the center of your existence this month and during the first week it is a joyous time for you. Rearranging the furniture though, could meet with resistance on the 4th. For the second week you will really need to exercise self-restraint or you will pay a heavy price on the 7th. An introduction on the 12th could light you up like Times Square romantically. Don't discuss your finances with anyone on the 20th especially if they pressure you. You could win big profits on a gamble you make on the 21st. The last week of the month, money issues are back over your children or a romantic interest. Be prepared to deal with a lot of fallout over your decisions.

June 22 - July 22



Cancer: Communications and short errands have you hopping this first week of September. If you can put things off until the 4th you'll have the energy to do a bang-up job and knock them out on that day. Wanting to help someone from the behind the scenes may not work out well as you won't be able to keep the promises you make on the 7th. The 12th has the promise of love. Watch what you commit to again on the 20th. The 21st is very lucky concerning money matters. The last week of the month prepare to face some long talks with your partner, marriage or business.

July 23 - Aug. 24



Leo: Money matters matter this month dear Leo, and you are on it all month long. You could take on a new project around the 4th and you'll handle it double quick time. Be careful about going over your limits on the 7th, as you'll pay double for it later. The second week also hold the chance of a new romance come the 12th. During the third week guard your words in the workplace on the 20th. A friend could share a very lucky tip with you on the 21st, don't pass it off. The third week finds you defending your position on the job.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."



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Volume 24 Number 6

Section B

September 2012

Clint MacBeth brought skydiving to Moab, Utah by opening Skydive Moab's doors in November of 2003. Clint, with over 18 years skydiving experience and 6000+ skydives, has always wanted to own his own skydiving center. BASE-jumping brought Clint to Moab a few winters past and the wheels started turning, the next thing you know, Skydive Moab was born. It is the original skydiving center in Moab and now has over 25,000 plus skydives under it's belt.

Right now, they are a small skydiving center, catering mostly to tandem jumpers and the occasional experienced skydiver passing through Moab. Despite the size of the dropzone (or maybe because of) both first-time and veteran jumpers alike, leave with an experience to remember! Skydive Moab offers a welcoming atmosphere and some of the most unique scenery in the country for jumpers to enjoy! The landscape offers one of kind opportunities for adventure that "we think will take the sport to the next level."

Now, after 8 very successful years of holding the (M.O.A.B.) 'Mother Of All Boogies' skydiving event, Skydive Moab is again teaming up with Skydive Arizona, (one of the busiest skydiving centers in the world) to hold the 9th Annual Skydiving event on Wednesday, September 26 - 30, 2012. "In addition to being a fun acronym, we really want this boogie/festival to live up to its name!" Skydive Arizona will bring their 2 massive planes with them. The 23

Skydive Moab is hosting its 9th Annual

SKYDIVING FESTIVAL!

the ground and free-fall for almost a minute before the instructor deploys their parachute! During the free-fall they will reach speeds of up to 120 mph and will be falling at 174 feet per second. That's almost 6 seconds every thousand feet! After the instructor pulls the ripcord at 5000 feet, the parachute opens and student and instructor float gently back to earth. During the 5-7 minute canopy ride



the pair will again experience the beauty of the Colorado River, Dead Horse Point, Castleton Tower, Arches and Canyonlands National Parks and so much more! If you haven't seen Moab from a birds-eye-view, you haven't really seen Moab!

During the four-day festival, jumping will take place at the Moab Airport, located just 15 minutes north of the Colorado River. So, whether you want to make your first skydive or just want to enjoy lunch under a sky full of brightly colored canopies, come out and share in the excitement!

Sept 26 - 30, 2012. 8 AM to Sunset
Hope to see you there!

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passenger Skyvan and Twin Otter (both turbine, multi engines) and some additional event staff for organizing and manifesting.

Tandem skydives will be discounted to only \$235 for the weekend with locals receiving an additional 20% off! After enjoying a 20-minute scenic flight, first time jumpers will exit the aircraft at 13,000 feet above



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Art and Photo by Tim Peterson

A Community Art Auction

Inspired by a Vision to Protect the Greater Canyonlands Region
And a Benefit for The Women's Congress for Future Generations

Utah artists have designed chairs with the theme: **Protecting Our Beautiful Canyon Country Homeland for Future Generations.**

Art chairs will be on display in Moab beginning September 8th through the end of the month at many local businesses including Back of Beyond Books, Savage Spirit, Sgt Peppers Music and Video, Miguel's Baja Grill, Canyon Voyages, Eklekticafe, Spa Moab, Love Muffin Cafe, Wild Rose's and Tom Till Gallery. Visit any location for a full list of artists and venues.

For information about the Women's Congress for Future Generations visit www.wcfftg.org and information about the Greater Canyonlands Campaign please visit http://www.grandcanyontrust.org/utah/canyonlands_issues.php

Art chairs are available for purchase via silent auction through display venues.

Contact Laura Kamala, laurakamala@gmail.com or 435-259-8702

Sponsored by Grand Canyon Trust and The Women's Congress for Future Generations



Women's Congress for Future Generations

GRAND CANYON TRUST



DEAD HORSE POINT HAPPENINGS

The Photography of Bruce Hucko

Moab photographer and art educator Bruce Hucko is exhibiting photographs at the Bighorn Gallery at Dead Horse Point State Park from August 31st through November 30th, 2012. A free reception with the artist will be held on Sunday, September 16th from 4 p.m. to 6 p.m.



Hucko has entitled his exhibit "What's the Point? Photographs from in, around, below and beyond Dead Horse Point." An art educator in Moab, Hucko is "always looking for a teaching moment." Using this title allows me the opportunity to play with the questions of What's the point of Dead Horse Point; What's the point of photography; and What's the point of life? All good questions." Hucko's exhibit includes both color and black & white images which he printed himself. Included in the exhibit are images from Hucko's portfolio's entitled WaterSong, Desert Ice, Entrada (a collaboration with poet David Lee), A Gesture of Kinship (a collaboration with Hucko's former Navajo students), and photographs specific to Dead Horse Point.

The collection of images spans a rich and fulfilling photographic career. Hucko has published 15 books that feature his work exclusively and has created interpretive slide shows for Arches National Park and Organ Pipe Cactus National Monument. He has also had numerous other images published in books, magazines and calendars. In addition to his photographic work Hucko owns and conducts the annual Moab Photography Symposium and participates in the annual Moab Artists Studio Tour. Hucko serves as the Beverley Taylor Sorenson Visual Art Specialist at Helen M. Knight Elementary School in Moab where he is affectionately referred to as the "art coach."

Hucko will conduct a free photography workshop on Saturday, September 15, from 2 p.m. - 8 p.m. The workshop will start at the visitor center with a 1.5 hour presentation and discussion. A field session will follow and at 6:30 p.m. participants will return to the visitor center to review images and to view a post-processing image demonstration. Space is limited to 10 participants, please call Dead Horse Point at (435) 259-2614 to reserve.

During the exhibit, each image will be available for purchase. Don't miss the point! Come to "What's the Point?" For more information about the artist, please visit www.brucehuckophoto.com



Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 8 a.m. to 6 p.m. Park admission is \$10. For more information, contact the park at 435-259-2614.



Rushing, to dry again

by Crystal Capenter

The rain falls upon my head. Beads together and runs down my drenched body. The beads soak the sandstone at my feet. The rain begins to pound down all around me, pounding the sandstone with a deepening tone. Lightning, streaks across the darkened sky.

Water gathers in potholes, bringing life to the dormant dehydrated forms within. Soon, the pothole will be alive with a flurry of activity. Strange creatures will stir the murky waters. After the rains, toads will begin calling along their edges, lingering to mate and leave behind another generation.

Rivulets build in washes cutting their way through the thick sand, searching for lower ground. Along the way, others join the removal effort widening the flow of water. Soon the wash is engorged by rushing water. Small bushes begin to tumble under the weight of temporary rivers. Cacti tumble along, uprooted from their position in the wash.

Water rushes from all higher ground gathering in massive washes. Temporary rivers begin to flow, taking with them everything in their path. Water, sand, plants, tree trunks and rocks churn together on their way to lower ground. A frightful, throaty groan emerges from the mixture. Not a mixture to be caught in.

Standing along the cliffs of Dead Horse Point State Park, the evidence of monsoon rains is all around, dried up washes, with dead plants gathered along the edges, red stained cliff walls where mud waterfalls animated the 400 foot drop to lower ground. With each intense rainfall washes are deepened, seeds are spread, rocks are carved away, potholes are refreshed and revived, cliffs are stained and life is renewed. The view from these cliffs is littered with dry drainages carving through layers of time, merging with the mighty Colorado River. Millions of years of history exposed creating unimaginable vistas.

Hiking along the East and West Rim trails within the park, illuminate the history of water flowing through the desert, evidence is written on the landscape. Hike along sandstone cliffs, over soil lined with ancient soil crust (a living canteen), pass by potholes dried once more waiting for the next precipitation to fall within, and view the rugged remnants of millions of years of erosion.

Take a moment while you hike the Rim trails and just sit, listen, feel the breeze, watch the ravens soar along the cliffs and revel in the exposure of time. Over 400 foot drops into the lower canyons remind us of how our time is limited compared to the stories found within this landscape. Water will continue to flow long after we have gone from this land.

For a more detailed account of the life, geology and processes found within Dead Horse Point State Park, visit the park's visitor center museum. The park is open from 6am-10pm daily. For more information, please call (435)259-2614 or visit www.stateparks.utah.gov

Sorrel River Ranch: September 24th-October 1 ARTIST IN RESIDENCE - PHOTOGRAPHER: RICHARD ESKIN

Known for his Fine Art Nature, Landscape and Conservation Photography, Richard Eskin will be Sorrel River Ranch's Artist in Residence September 24th to October 1.

Photographer Richard Eskin of Townson, MD. has previously been an Artist-in-Residence at North Cascades and Acadia National Parks. For his residency at Sorrel Ranch, we will be conducting a series of classes and field trips. Richard will also be part of an Artist Welcome Reception as well as a guest at the Ranch's Farm to Plate Garden Wine Dinner on September 29th. Mr. Eskin hopes to provide a meaningful perspective on the values of national parks and will be using the Moab location as a springboard to take advantage of Arches, Canyonlands as well as the scenery within close proximity to the Ranch list Fisher Tower.

For more information on the classes and the residence program, please email: events@sorrelriver.com or call 435-259-4642. Be sure to mention you read about it in *Moab Happenings*.



HIKING HAPPENINGS

Clark's Lake – An Idyllic Day

by Marcy Hafner

The clanging of the alarm jars us out of bed - no sleeping in today! After a quick breakfast, we're out the door. The race is on to beat the afternoon thunder boomers! Then cruising up the La Sal Loop Road, an unexpected event happens as we watch a full-grown mountain lion dart across the



road directly in front of us! His shape and distinctively long tail was unmistakable.

Stealthy and reclusive, mountain lions are designed to melt into the backcountry.

Considering their elusiveness, we were extremely lucky to witness one of North America's most impressive and powerful animals. This epic experience – a once in a lifetime moment - had to be a good omen for our day, a good omen for my hike to Clark's Lake.



Many trails eventually lead to Clark's Lake. The shortest route, however, is accessed from the Geyser Pass Road - 8/10ths of a mile beyond the turn off for Gold Basin. After the cattle guard, a large sign on the left prominently marks the trailhead. Clark's Lake Trail # 141 is an old road that has been closed to motorized vehicles, but it remains open to hikers, horseback riders and mountain bikers. Within sight of the first sign, a second one informs me that it is 3.1 miles to Oowah Lake, which is two miles beyond Clark's Lake, my goal for the day.

On this heavily cloaked, moody-sky morning, an overnight shower has left the air with a lingering pungent dampness that hangs heavily on the lush green undergrowth. Within the wooded darkness, the accumulation of moisture steadily drips from the firs and spruce as a red squirrel belts out his loud screechy disapproval of my trespass on his property. Solitary and very territorial, his rapid-fire scolding is accented with violent jerks of the entire body and tail, which I find very amusing.

Before long the forested thickness gives way to an appealing, sun-filtered meadow - a tapestry of white clover, yarrow and showy daisies. Stretched out like a hedgerow, squaw bush has yielded a huge production of petite reddish berries. Despite their bitterness, blue grouse readily eat them - another berry picker would undoubtedly be a black bear.



A cabin obviously stood in this appealing spot. Poking



around I examine the remnants of an abandoned dwelling – scattered timbers, boards, rusty cans, a gasket, broken glass, mattress springs, wood stove, handmade tables and the likelihood of an old corral. As I search through the left-overs from a bygone era, I'd very much like to know - Who lived here and what story did they have to tell?

Back on the trail sunshine is breaking through the clouds gradually erasing the morning chill. Now I'm sharply descending to a swift-moving creek, which has an old log for an easy crossing. Soon after that, I've reached the signed junction for the Moonlight Meadows Trail –

right for Moonlight Meadows, left for Clark's Lake.

Continuing my stroll through a series of flower-filled meadows, the rounded hump of Haystack Mountain is now a steady vision to the north. Before long a wooden plank provides a "piece of cake" crossing over the next stream, where I pause to enjoy the lively rhythmic beauty of a small waterfall. The gradual descent now carries me through firs, spruce and aspens interspersed with a steady procession of meadows. The last stream crossing is dry – when flowing, it is bridged by a series of flat rocks.



Eventually Upper Mill Creek - the source of Clark's Lake - is directly below the trail where a rush of



water produces a wealth of wildflowers. Nearby a fritillary butterfly rests on a rock waiting for the slow warmth of the sun to revitalize him – a golden opportunity to gaze very closely at his rich orange-brown coloring overlaid

with a complex pattern of black stripes, bars and chevrons.

The trail continues above the creek until I'm peering down on the emerald green waters of the lake, which was named for Robert C. Clark. As an ambitious entrepreneur, he opened the first butcher shop in Moab with baked pies and homemade bread provided by his



wife, Elberta - and the first ice delivery business in Moab using blocks of ice from the Colorado River. Clark was

also one of the principals of the Moab Garage Company founded in 1917 - the first car agency in the valley selling Maxwells, Buicks and Chevrolets. If that wasn't enough, he and Elberta operated the Ides Theater, which originally showed silent movies.

At the yellow cattle-guard, I wander down the short trail to the lake - a perfect spot for a long break. I, however, keep a wary eye on the sky as I watch the turbulent clouds flow together in a passionate embrace, and then sever the relationship by splitting apart. I am fascinated with their constant transformation into puffballs, streamers and lacy curtains. In their expansiveness they gradually fill the sky



as they develop into the dreaded thunderheads. But after awhile, those somber-looking clouds gentle out into more friendly ones – the danger of lightning has passed!

Now I can concentrate on what's going on elsewhere - a dragonfly hovering above the water, small fry fish making tremendous jumps and butterflies languidly drifting from flower to flower. Comfortably relaxed I tune in to the rocking lullaby breeze that's rustling the aspen leaves, the squawk of a Steller's jay and mountain chickadees communicating their trademark "dee-dee-dee" calls.



With the wide girth of Haystack Mountain in the background this idyllic setting is so peaceful and serene – a refreshing escape from the searing desert heat - a tranquil refuge from the hassles of our civilized world. We are very lucky to have this delightful paradise a short drive away.

To get to the Geyser Pass Road, drive south eight miles on Highway 191 out of Moab. Then, take the left hand turn for Ken's Lake, go to the stop sign and take a right on Spanish Valley Drive, which turns into the La Sal Loop Road. Approximately 20 miles from town turn right on the Geyser Pass Road.



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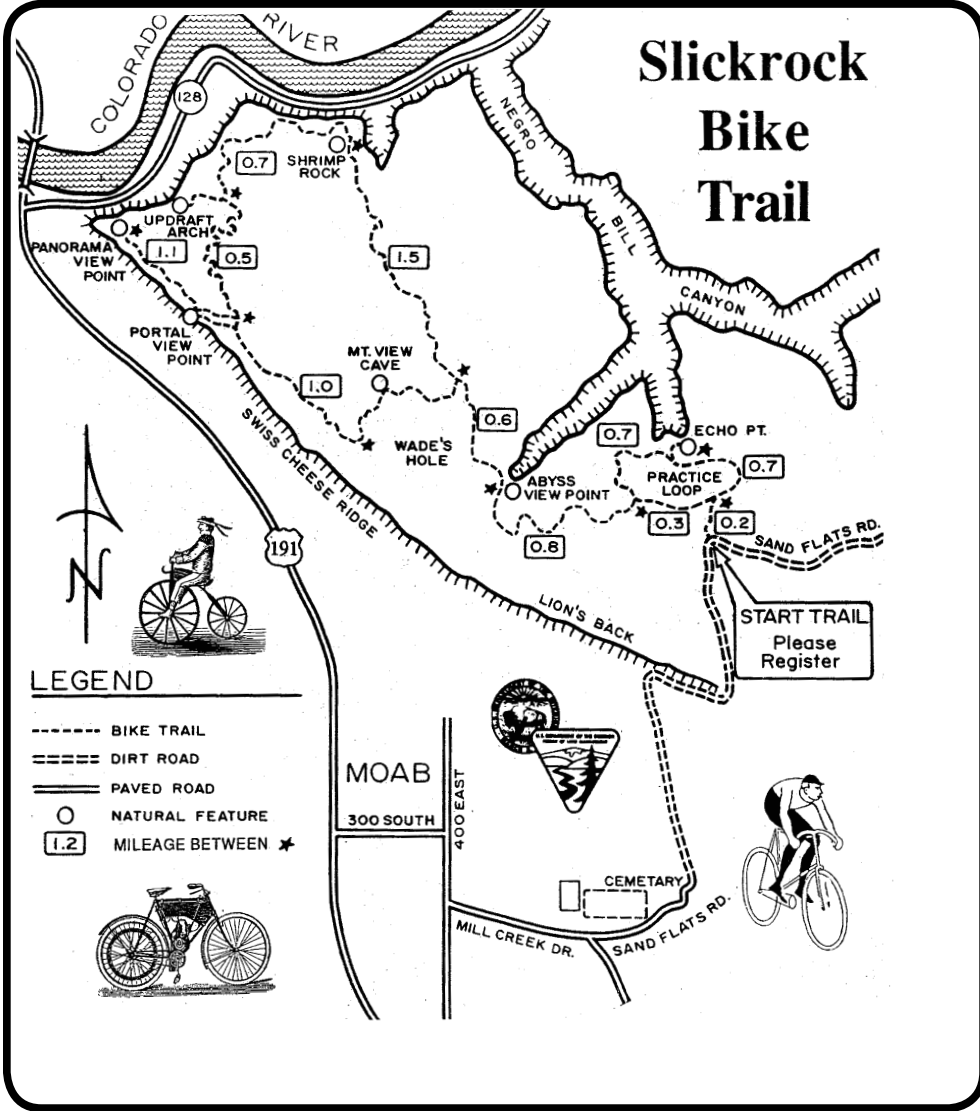
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MOUNTAIN BIKING

Mountain Biking Mecca



Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **MOAB CENTURY TOUR September 21-23, 2012** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• **OUTERBIKE October 3-7, 2012** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.

• **24 HOURS OF MOAB October 6-7, 2012** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN MOUNTAIN BIKE FESTIVAL - October 25-28, 2012** Presented by ChilePepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabhodown.com for more information.

• **SKINNY TIRE FESTIVAL March 9-12, 2013** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• **MOONSHADOWS IN MOAB May, 2013** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May, 2013** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

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TRAIL HAPPENINGS

Not Just for Kids, Moab Brands Trails

by Sharon Hogan

The Moab Brands Trail System has become well known as a place for novice mountain bikers to gain trail-riding experience, but these trails are not just for kids and beginners. Adventurous intermediate and expert riders are also finding fun and tons of challenging singletrack and slickrock beyond the Rusty Spur, Lazy and EZ Trails.

The Moab Brands Trails are a series of interconnecting loops which spider out from the central parking area eight miles north of Moab, giving mountain bikers a wide range of trail combinations to choose from to suit their skills and fitness level. Linked together by the Bar M 4wd road and the Moab Canyon Paved Bike Path, there are nearly 30 miles of riding at the Moab Brands.

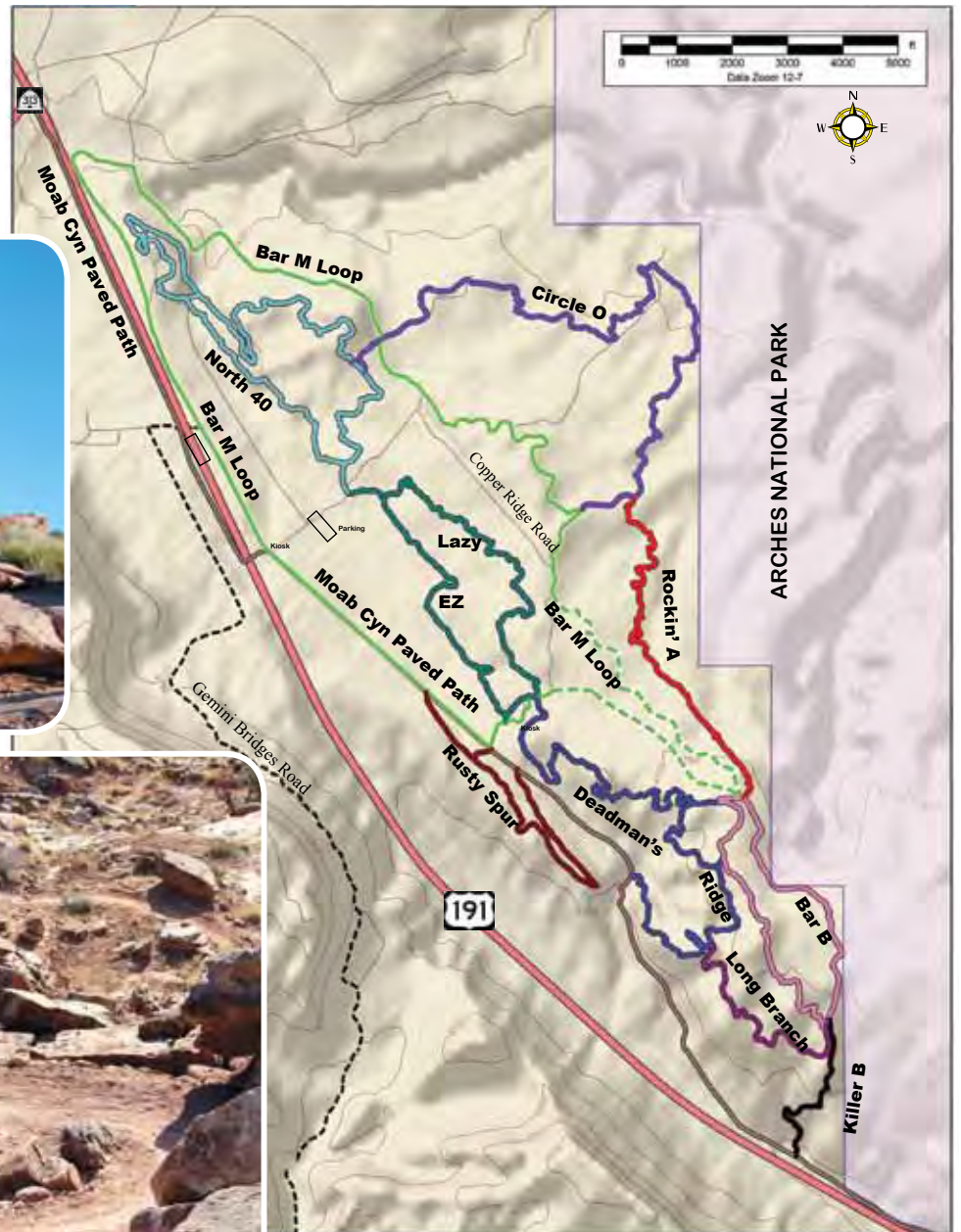
Right out of the parking lot is the North 40 Trail, a four mile figure eight loop that dips and turns through the broken mesa terrain on the north end of the Moab Brands, with spectacular views into the heart of Arches National Park. North 40 has plenty of fast flowing singletrack punctuated by short technical bits, which keep it interesting as it weaves between giant boulders, across arroyos and areas of broken slickrock. Four miles can be turned into eight since North 40 is fun to ride in both directions, with one way featuring harder climbs and the other, faster descents.

An easy warm-up on EZ Trail leads skilled riders with more time to Deadman's Ridge and beyond. Deadman's Ridge Trail twists through the corrugated country in the southern part of the trail system. Never flat and never straight, it constantly challenges bikers with tight switchbacks, quick drops and steep bump-ups. This maze of rock and dirt finally descends precipitously to its intersection with the Moab Canyon Paved Bike Path at Deadman's Curve. Ride every bit of this trail and call yourself an expert. Then turn around and ride it in the opposite direction to test your legs, lungs, and traction on the decidedly tougher climbs. Or cruise a short half mile up the paved path back to the center of the Moab Brands trails.

Deadman's Ridge Trail also gives access to several outer loop trails, giving bikers extended options for more technical challenges. Short Branch Trail shoots over to the Bar B Trail, with its embedded rock boulder gardens. After a tricky, mostly downhill mile of Bar B boogying, riders have a choice. Expert gravity-lovers can choose the Killer B Trail, a burly mile-long descent on loose rocky 4wd road, super steep slickrock and singletrack hairpins, ending far down the paved bike path. Riders who instead want more cross-country can choose Long Branch Trail and negotiate an intense mile of slickrock sidehills and smooth switchbacks that climb the tilted mesa leading back to Deadman's Ridge Trail.

The third choice from the Bar B Trail is to connect to the Bar M 4wd road and its adjacent slickrock areas. Unlike the famous Slickrock Trail in Moab, which features long smooth shoulders of sandstone, the slickrock at the Moab Brands is dimpled with potholes and cut by crevasses. Ridden together, the Rockin' A and Circle O Trails are 4.5 miles of technically challenging slickrock, where dots painted on the

rock mark precise passages in a maze of dead ends. Superb traction inspires confidence on the short steep climbs and drops but focus and fitness are key. Both trails connect to the Bar M 4wd road on both ends



Overview of Moab Brands MTN. BIKE TRAILS

for an easy return to the parking lot. Circle O also has a short connector to North 40 Trail and more singletrack. The Bar M also intersects with the south end of the Lazy Trail, which, with its bermed curves, is the best way to end a ride with a huge grin.

The choices are amazing and nearly endless at the Moab Brands Trails for all kinds of mountain bikers. Tykes on tiny bikes can rip it on Rusty Spur. Greenhorns can work on basic trail riding skills. And fit and skilled bikers can have a blast on miles of challenging, exciting and pure screamin' fun singletrack and slickrock.

Sharon Hogan moved to Moab from Telluride with her husband Scott Escott in 1990. She supports her mountain biking habit by working as a bookkeeper.

Photos: Scott Escott and Sharon Hogan



Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethey 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.

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Moab Autumn 10K Run



On September 22, 2012, the second annual Moab Autumn Run 10k will be held in Moab. Three runs will be held that morning – a 10K, 5K, and Kids' K – with all three beginning and ending at Swanny Park. All proceeds from the event will go to benefit the students of Moab Charter School (MCS) and the Grand County High School Boys and Girls Cross Country teams.



The event is intended to be both competitive and fun, following an out-and-back course along 500 West and partway down Kane

Creek Road and then back to Swanny Park. All participants will receive a t-shirt, a finishing medal, and post-race refreshments. The finishing medals were made by K-6 students in Moab Charter's pottery studio and stamped with a Moab Autumn Run imprint.

The race came about as a result of conversations between MCS board members (which includes GCHS Cross Country coach, Randy Martin) about how to raise funds for school programs through an annual event. "We thought



that a healthy, outdoor event like a 10K would be a great draw for local community members and runners looking for a reason to visit beautiful Moab," says Joe

Heywood, MCS Director. "We are trying to put together a very family friendly running event, where all finishers get medals made by the kids, and the Kids' K providing a great opportunity for children to get the feel of a race with a real finish line and cheering crowds. We realize it may take several years to develop into an event of significant size, but I hope this becomes something people can look forward to year after year. We thought that with the success of the Canyonlands Half Marathon, the Other Half, and the Winter Sun 10K, and many other races, this race can fit neatly into Moab's annual running calendar. With all funds going to kids, it gives the event an added purpose, too."



So, if you're looking for a reason to get out and run before the weather turns too cold, come on out to enjoy this new Moab race. It doesn't matter if you want to run, walk, or do a little combination of the two, all are invited to what should be a very enjoyable event. To register for the 10K, 5K, or Kids' K, please go to the website at www.moabautumnrun.org.

The Semi-Annual MRAC Attack 2012 Fall Mini-Triathlon - Open to all. 10 a.m. Run, bike, & swim at the Moab Recreation and Aquatic Center, 374 Park Avenue! 3-Levels: Youth under 13, Open, and Elite. Both Male & Female Divisions. Awards for top 5 finishers in both divisions for all 3 levels. All youth will get an award participation ribbon, even if not finishing in the top five places. For info visit moabcity.org/mrac or call (435) 259-8226 and ask for Patrick.

Moab Century Tour

It's that time of year when roadways become a sea of spandex with brightly colored cyclists touring the Moab area on road bikes. The Moab Century Tour kicks off Friday September 21st offering a weekend of two wheeled



touring for locals and visitors. A thousand people will depart from Archway Inn Hotel Saturday morning to cycle the La Sal Loop road, scenic Highway 128, Hwy 279, Hwy 313 or the Moab Canyon Bike Path to Dead Horse Point State Park.

This tenth year event has new twists and turns to keep returning cyclists excited. A new century route (100 mile ride) along the newly paved Moab Canyon Bike Path to Dead Horse Point State Park has locals excited. "Riding the new bike path has become one of my favorite rides; it is scenic, challenging, and far enough from the road that the ride is quiet", says a local rider.



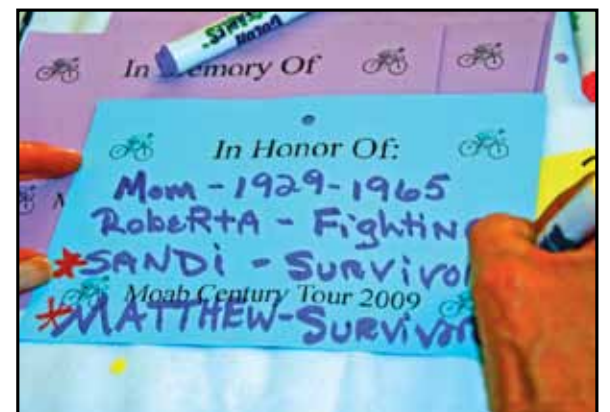
Not just locals attending this event, of course, newcomer Chelsi is bringing friends from Houston for this epic ride. "I've decided to do the century but living in Houston, we don't get a chance to train for hills, so we decided to ride the Moab Canyon Century to Dead Horse Point State Park". Some of her friends will ride the "Rolling down the River Cruise", [Hwy 279] ---where cyclists

ride an easier, gentler route ideal for Cruiser bikes, families, and kids. Alternatively, the ride over the La Sal

Loop is a climb worthy of a cycling resume. Team In Training (cyclists from around the country raising funds for Lymphoma and Leukemia Society) will have 170 cyclists, most of which will ride the loop road including the small but mighty section nicknamed "the Big Nasty" for its elevation of 3,000 feet in only seven miles. This route offers a level of accomplishment rarely felt at other century rides. The rewards are immeasurable with soul stopping views of Castle Valley on the descent.



Local residents are encouraged to ride and can get discounts or free registration for volunteering (ask us how!). Route options vary from 40 to 100 miles with varying elevation change from "easy" to "OMG".



The event is a collaboration among sponsoring Moab businesses, law enforcement, and local cyclists and directly benefits the Moab Regional Hospital's Cancer Treatment and Resource Center. Check website for more information, www.skinnytireevents.com or call 260-8889 and be sure to mention you read it in the Moab Happenings. **SHARE THE ROAD!** Expect cyclists on area roads, Friday, September 21-Sunday, September 23.



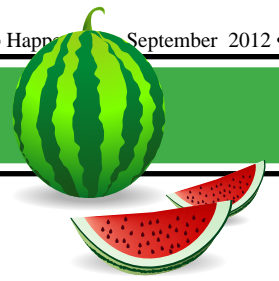

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FESTIVALS AROUND MOAB



Green River Melon Days, September 14-15

It's that time of year when the famous Green River melons are available and the town celebrates the harvest of their famous Green River melons. Green River will be celebrating its 106th annual Melon Days. Melon Days is always held the weekend of the third Saturday in September. This year's event takes place on September 14-15.



Many family and class reunions are scheduled during this weekend event.

Events kickoff at 9:00 a.m. on Friday with a 3 man Golf Scramble at the golf course, while many vendors will be setting up their booths at the city park - located on Main Street. About 4:30 p.m. - Softball games will start and be played into the late evening hours - sometimes as late as 1 or 2 a.m. and all day Saturday at the city ball fields.

On Wed, Aug 22, 2012 at 1:30 PM, eight lovely young ladies are competing to

become the next Melon Queen with a pageant starting at 7:00 p.m. Friday evening at the high school.

The evening is topped off with square dancers dancing away at the city park starting about 7:30 p.m.

Saturday's events starts off with the Melon 5K/Walk/Run starting at 7:00 a.m. at the high school where they will pass by some of the melon fields.

A breakfast sponsored by the Scouts will be served at the city park starting at 7:00 a.m. until about 9:00 a.m.

The big parade will start at 10:00 a.m. on Broadway and go down Main Street.

Events will now go back to the city park where vendors are setup with many wares, food, fun and lots of visiting with many old friends.



At 3:00 p.m. at the river will be duck races sponsored by the Ambulance Association.



There will be a FREE concert in the park this year starting about 6:30 p.m. featuring Charlie Jenkins.

Square dancing will again be in the park about 8:00 p.m. after the concert.

But most important of all is the FREE melon - ALL YOU CAN EAT in the park on Saturday. This is sponsored by our local melon growers—Dunham's, Thayn's, and Vetere's.

Come one and all and enjoy Green River Melon Days.



2nd Annual Moab Pride Festival Set For September 28-29th, 2012

SECOND ANNUAL MOAB PRIDE FESTIVAL

The Moab Pride Festival returns for a second year, September 28th and 29th, 2012. Founded by longtime area residents and staffed by dozens of volunteers, the event strives to create a safe and celebratory environment of compassion, understanding and acceptance towards members of the Lesbian, Gay, Bisexual, Transgender, Queer, Intersex (LGBTQI) community.

Though common in major cities around the country, the festival is a standout for its remoteness in southern Utah. Last year's inaugural event drew hundreds of participants from the Four Corners area and garnered support and sponsorship from Salt Lake City organizations and an array of regional businesses. Organizers expect this year's event to be even bigger, drawing participants from across the nation for its uniqueness. Invitations have been once again extended to all in the community and beyond, regardless of age, gender, political or religious affiliations.

This year's special guest speaker will be Zach Wahls, who lit up the internet with a viral video of his testimony before the Iowa House Judiciary Committee about House Joint Resolution Six, a proposed constitutional amendment that would redefine marriage in Iowa as between one man and one woman. He's author of a new memoir 'My Two Moms', about his life being raised by a gay couple, and is currently leading an effort to get the Boy Scouts of America to repeal their anti-LGBTQI membership policy. Other guests include singer songwriter Justin Utley and returning DJ Jen Woolfe.

Amy Stocks, Moab Pride Festival Co-Founder and Entertainment Director sees the festival as an opportunity to celebrate all the members of this rural southern Utah community, a place where her family has lived for three generations.

"Moab is known internationally as a destination for outdoor adventure and filmmaking. We want the world to know that it is also a place of compassion, acceptance and love," Stocks said. "In addition to world class mountain biking and rock climbing, Moab is also a community that celebrates diversity and honors individuals' rights."

Stocks said the outpouring of solidarity with last year's theme 'Where Acceptance Begins' in part inspired this year's theme 'Let Love Flow'.

"Moab is a place where you can open a door and compassion, love and encouragement will flow on through, just as the Colorado River flows through town. This year the festival will celebrate the acceptance and support that all people get here in Moab to be themselves."

The festival includes a Friday night 'Moulin Rouge-Inspired Orange Party', a visibility march on Saturday morning and the Festival itself Saturday afternoon, followed by an after party Saturday evening.

All venues are located in Moab, Utah. Festival - Old City Park; Visibility March - Swanny Park; 'Orange Party' - Frankie D's Bar & Grill; After Party - Woody's World Famous Tavern

The event is open to all regardless of age, gender, political or religious affiliations. Attendees are expected from the region and from communities around the nation.

The festival is still seeking donations, sponsors, media sponsors and volunteers. Information is available at www.moabpride.org.



Reach Out Music Fest

Saturday, September 15, 2012
Park de Vida, Cortez • 10AM to 10PM

Enjoy a wide range of national and local Christian music artists playing all day long

- Food, craft and drink vendors
- Children's activities
- Fun for the whole family

\$5 per person • Children under 12 free

Check out the music lineup at
www.reachoutmusicfest.com



SHOPPING GUIDE




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87 North Main, Moab
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EXPLORE DISCOVER PLAY CREATE



Mile 14, Hwy 128
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Castle Creek Winery offers complimentary wine tasting and sales seven days a week in our new tasting room. Our gift shop has everything from gourmet cheeses and snacks to t-shirts, hats and wine trinkets. Stop by and sample some of our award winning wines and enjoy the breathtaking views surrounding our vineyards. We are located 14 miles upriver from Moab on Scenic Highway 128.



29 East Center 435-259-8404

A luxurious oasis of rich colors and fibers for knitters, crocheters, spinners, weavers and felters. Featuring local farm-raised spinning fibers and yarns, accessories for every project, inspirational patterns and books, friendly atmosphere, helpful staff and a great selection of locally handmade gifts. Join us Wednesday evenings from 7-9 pm for a stitching social and enjoy getting to know other fiber artists. Hours: Monday - Saturday 10am - 5:30pm. Visit us online at www.desertthread.com.



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Dave's Corner Market has the largest selection of whole-bean coffee in Southeast Utah. We carry over 70 varieties of coffee. Whether you are hiking, biking or jeeping, stop by Dave's to stock up! We carry cold beverages, snacks, fruit, cigarettes, beer, ice, bread, ice cream, bottled water and more! Dave's friendly, old fashioned, neighborhood market is your last stop before the Slickrock Bike Trail!



40 West Center St. 435-259-0739
Hours: Tue-Fri 10 - 6 Sat 10 - 4

Join us again this year for the Four Corners Annual Shop Hop, September 28 - October 6. Six stores are participating with prizes and discounts on total purchases. Visit each store to be eligible for the grand prize. Our shop is filled with fabrics that call to you, inspire and reward you. Come in and check out our great selection of fabrics to suit your style. Patterns, books, notions, gifts and classes to suit beginners and beyond. Chairs for husbands! Check out our new website for classes on purses and pillows - www.itssewmoab.com



137 N. Main St.
435.259.5855
www.bretridge.com

2013 calendars are in stock! Visit The Edge Gallery on Main St. in downtown Moab to view dynamic fine art landscape photography by local photographer Bret Edge. Photographs are presented as a canvas gallery wrap or an archival plaque mount for a unique and durable alternative to conventional framing. Various print sizes are available and all orders of \$200 or more ship for free anywhere in the United States, including Alaska & Hawaii. International shipping is available at low rates. We also carry affordable gifts including greeting cards, small matted prints, calendars and more.



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SHOPPING GUIDE



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WabiSabi, a luxury thrift store in Moab, is not your typical thrift store. We feature only the best in used quality clothing, collectibles, sportswear, books & camping equipment. WE HAVE WHAT YOU FORGOT TO PACK. WabiSabi supports local nonprofits & produces workshops that have a positive impact on our community. Open from everyday 10am to 7pm. Visit our warehouse (at our new location -1030 Bowling Alley Lane) for reduced price clothing, furniture, construction materials and housewares. Open everyday 9 am - 6 pm.



550 N. Main 259-7778
Next to Sweet Cravings Bakery.

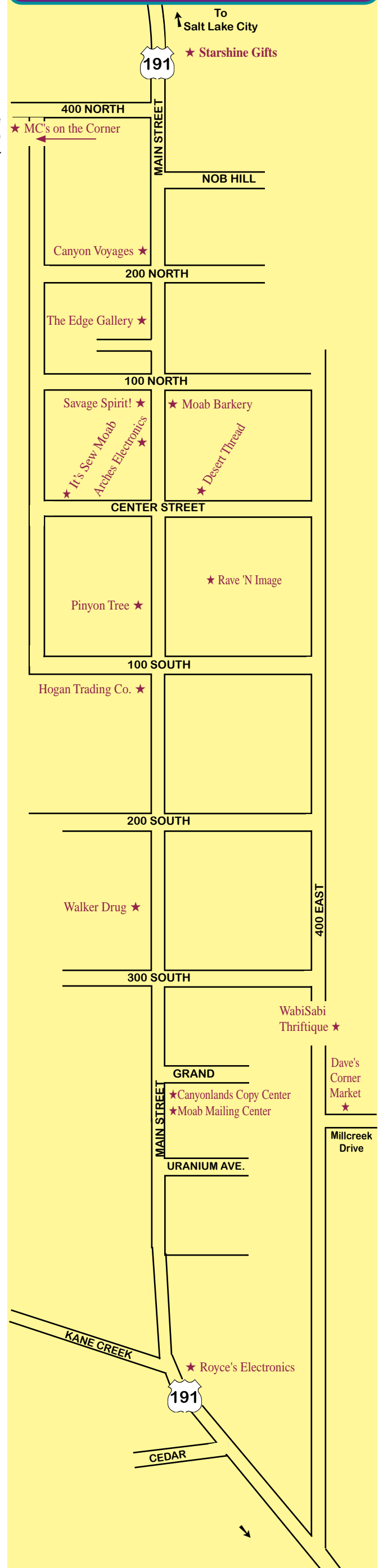
Starshine is Moab's new age center and can make your experience of Moab even more magical. Starshine offers an extensive selection of unique jewelry, healing stones, incense and candles, aromatherapy, books and music.



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SHOPPING GUIDE MAP



Rave 'N Image
59 South Main, #5
LOCATED IN
McStiff's Plaza
259-4968

The Rave 'N Image is a fabulous boutique with lots of style and variety. We carry UNIQUE & BEAUTIFUL JEWELRY, CLOTHING, ACCESSORIES & GIFTS including, hats, bags, belts & buckles, wallets, candles, soaps, lotions, perfumes, incense, sunglasses, bathing suits, cards & journals, wall art, make-up, body jewelry & so much more. Come by the Eddie McStiffs Plaza (59 S. Main St. #5) to see what people are "rave'n" about! Open daily at 10 am. 259-4968



87 N Main
435-259-2ART (2278)
facebook.com/savagespirit.moab

Savage Spirit! features a unique variety of local & regional handcrafted clothing, jewelry, gifts, home decor & objet's d'art. Home of Savage Spirit! silks; scarves & clothing made in Moab by owner & award winning fiber artist, Cathya Savage-Haas. Cathya also creates Desert Savage clothing - colorful hand dyed & block printed cotton clothing. And be sure to check out Stoneage Jewelry made by Cathya's husband, award winning jewelry artist, Jim Haas. Jim cuts & polishes his own stones & hand fabricates sterling silver settings. In addition, Savage Spirit! features an eclectic mix of whimsical & funky jewelry, home decor & object's d'art hand crafted locally and regionally!

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MOAB AREA LODGING GUIDE



3

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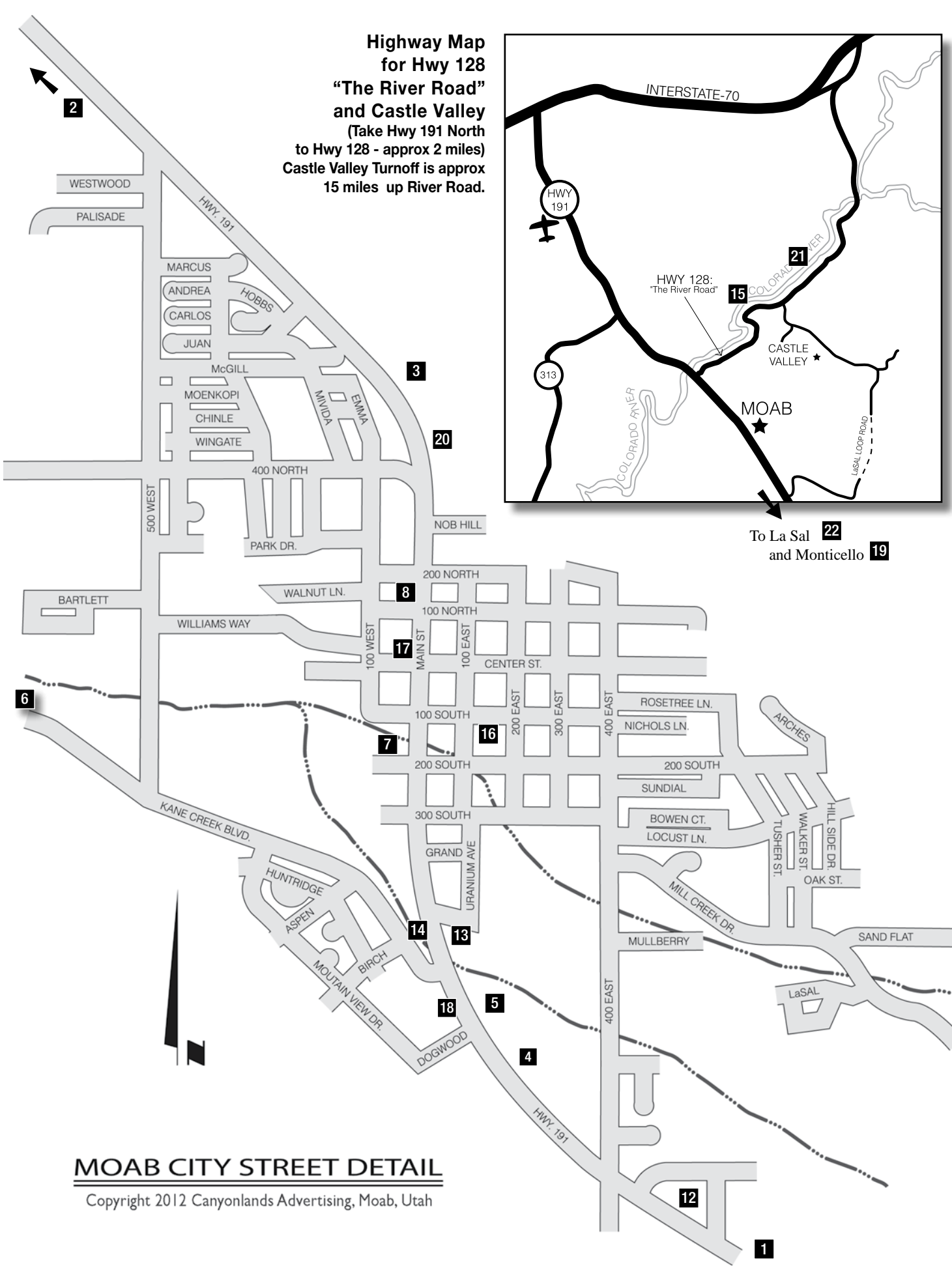
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Key to Lodging Guide

1	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3	Hampton Inn	435-259-3030	www.hampton.com
4	La Quinta	435-259-8700	www.lg.com www.lg.com/moab
5	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
6	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
7	Gonzo Inn	435-259-2515	www.gonzoinn.com
8	Bowen Motel	435-259-7132	www.bowenmotel.com
9	YOUR BUSINESS HERE		
12	Sleep Inn	435-259-4655	www.moabsleepinn.com
13	Red Stone Inn	435-259-3500	www.moabredstone.com
14	Big Horn Lodge	435-259-6171	www.moabbighorn.com
15	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
16	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
17	Accommodations Unlimited	435-259-6575	www.moabcondorentials.com
18	Moab Lodging and Property Mngt.	435-259-5125	www.moabutahlodging.com
19	Rodeway Inn & Suites	435-587-2489	www.canyonlandsmonticelloinn.com
20	Days Inn	435-259-4468	www.daysinn.com
21	Sorrel River Ranch	435-259-4642	www.sorrelriver.com
22	Mt. Peale Inn & Cabins	435-686-2284	www.mtpeale.com



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9 NORTH MAIN MOAB, UTAH 84532

- Close to Downtown
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Quiet off Main location

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CULTURAL HAPPENINGS

Canyonlands Natural History Association brings Navajo rugs and weavers to Moab

If you would like to see how Navajo rugs are created, don't miss the weaving demonstrations that are part of CNHA's 2nd Annual Navajo Rug Auction. Master weaver Anita Hathale will be at Arches Visitor Center on Fri. Sept 7 and Sat. Sept. 8 (see her schedule below). Nathan Harry and Ahanabah Finley will also be weaving at the rug auction on Sat., Sept 8 from 10 until noon. Canyonlands Natural History Association (CNHA) is presenting this year's Navajo rug auction at Canyonlands by Night, 1861 North Highway 191. Come preview the more than 200 beautiful, handmade rugs from 10am to noon. You can also meet the weavers and enjoy the demonstrations. Then, grab a bidding paddle and a seat and settle in for the auction that begins at 1pm. Auction proceeds benefit the Navajo weavers and scientific research on the Colorado Plateau.

Anita Hathale

Anita will be working at her loom at the Arches Visitor Center: Friday, Sept. 7th, 10am to 3pm • Saturday, Sept 8th, 9am to noon.

Anita's mastery of weaving techniques comes from lifetime spent learning and practicing the art of weaving handed down through the maternal side of her family, then from mother to daughter.

Growing up on a remote part of the Utah Navajo reservation, Anita found beauty in the barren expanses of windswept sandstone and desert brush of her homeland.

As a child she helped tend sheep; as a young girl she learned to shear the sheep, wash the wool, dye it with natural plant dyes, and card and spin it into yarn.

Anita now weaves up to 12 hours a day, and loves her work. Her art has evolved from creating traditional patterns to designing her own original motifs.

As proficient as she is, it still takes Anita up to a full day to weave a mere two inches on a four foot wide rug, and up to a month to make a rug four by five feet in size.



Nathan Harry

Nathan will be weaving at the Navajo Rug Auction, 1861 North Highway 191 (at Canyonlands by Night) Saturday, Sept. 8th, from 10am to noon.

Nathan Harry is a young, talented weaver. He says, "Weaving is something that I do from deep down in my soul. I'm a Navajo and Navajos are known for weaving, so it's something that I can be proud of."

Some think that because I am young, I am just playing around with it. But I know that deep down in my heart I do this for me and for my people and to keep our traditions going and heritage alive."

Nathan learned to weave from his grandmother. She had woven all her life and he believes that she wanted to continue the family tradition through him.



Ahanabah Finley

Ahanabah will be weaving at the Navajo Rug Auction, 1861 North Highway 191 (at Canyonlands by Night) Saturday, Sept. 8th, from 10am to noon.

Ahanabah Finley exemplifies the future of Navajo weaving. Although she is just fifteen years old, her skill as a weaver has won Grand Champion awards at every county and state fair that she has entered.

For this year's rug auction, Ahanabah has created a special one-of-a-kind pictorial rug. Her stylized rendition of Delicate Arch shows her skill at creating art with a loom.

With the help and urging of her mother and grandmother, Ahanabah started weaving when she was eight years old. She appreciates their helping her to keep the art of weaving going. To her, weaving is therapy and a stress reliever. She says that her mom told her that not many Navajo girls know how to weave and that she should keep weaving. Join us for CNHA's 2nd Annual Navajo Rug Auction, Saturday, Sept. 8th at 1861 North Highway 191 (at Canyonlands by Night, just north of the Colorado River bridge in Moab).

Appraisals 9 am-noon; Preview and weaving demonstrations from 10 am-noon; Auction starts at 1pm. Navajo Tacos and beverages will be available for purchase at the auction. For more information, call CNHA at 1-800-840-8978 x 10.



M·O·A·B
MUSIC
FESTIVAL

Piano Talk with Paul Hersh

Wednesday, August 29 at 7:00 · Star Hall

Grotto Concert I

Thursday, August 30 at Noon

Opening Night

Friday, August 31 at 7:00 pm · Star Hall

Open Rehearsal

Saturday, September 1 at 11:00 am · Star Hall

Festival Virtuosi

Saturday, September 1 at 6:00 pm
Red Cliffs Lodge

Classical Music Hike

Sunday, September 2 at 9:00 am

Bela Fleck & the Marcus Roberts Trio

Sunday, September 2 at 6:00 pm
Red Cliffs Lodge

Rocky Mountain Power Family Picnic Concert

Monday, September 3 at 2:00 pm
Old City Park

FREE !!!

Grotto Concert II

Thursday, September 6 at Noon

Chamber Music

Friday, September 7 at 6:00 pm
Sorrel River Ranch

Open Rehearsal

Saturday, September 8 at 11:00 am · Star Hall

America: Three Generations

Saturday, September 8 at 6:00 pm
Sorrel River Ranch

Music Hike

Sunday, September 9 at 9:00 am

The Music of Leonard Bernstein

Sunday, September 9 at 7:00 pm · Star Hall

Grotto Concert III

Monday, September 10 at Noon

For ticket information: www.moabmusicfest.org
435-259-7003

Sorrel River Ranch Resort and Spa is honored to celebrate the Moab Music Festival's 20th Anniversary by hosting two of the concerts at the Ranch's Pavilion.

- **Friday, September 7th: Chamber Music - 6pm** (Schubert, Poulenc, Da Falla, Ravel, Dohnanyi)
- **Saturday, September 8th: America: Three Generations - 6 pm** (Joplin, Bermel, Copland)

The Ranch will be serving a special Moab Music Festival Two Part Pre/Post Fixe Garden

Opening Act (Courses 1 & 2) - will be served from 3:30-5:30 Course 1 (Choose One)

- Cup of Garden Gazpacho
- Sorrel Ranch Salad

Course 2 (Choose One) - "Gifts from the Garden"

Chef Richard Potts at Sorrel River Ranch prepares signature dishes using our finest summer produce from our on-site sustainable garden.

- Kurobuta Stuffed Pablano Peppers
- Sorrel Eggplant Parmesan
- Pattypan Squash
- Ratatouille Nicoise

• **Closing Act (Course 3: Dessert)** will be served from 8:00pm to 10:00pm

- Sorrel River Ranch's Signature Dessert - Local Palisade Peaches a La Mode served in warm in a cast iron skillet.
- Rain Forest Blend Fair Trade Coffee or Mighty Leaf Organic Teas

\$25 plus tax and gratuity

Reservations Recommended: 435-259-4642

HIGHLIGHT: Sorrel River Ranch will be offering a special treat to guests on Saturday, September 8th during intermission in honor of the Moab Music Festival's 20th Anniversary. Sorrel River Ranch will be serving an Anniversary Cake made out of Sorrel River Ranch's signature cupcakes along with a sparkling toast.

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August 29 - September 10



20th Anniversary Highlights:

Sun, Sept. 2

Bela Fleck & the Marcus Roberts Trio

Sat, Sept. 8

America: Three Generations

*Enjoy the music of American composers
Bermel, Copland & Joplin*

Sun, Sept. 9

Music Hike

*Hike through the picturesque red-rock
landscape and enjoy a concert
featuring world-class musicians in
a natural landscape.*

Sun, Sept. 9

The Music of Leonard Bernstein

*Chamber works, songs, including the
Opera "Trouble in Tahiti"*

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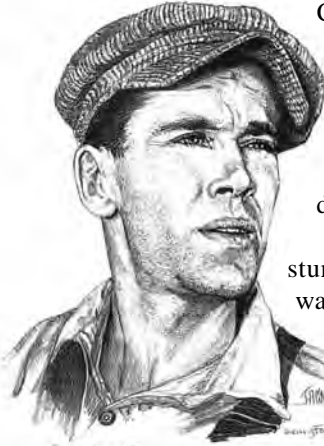
MOVIE HAPPENINGS

Movies Made in Moab

This is the 4th in a series of articles by John G. Hagner (Founder and CEO of the Hollywood Stuntmen's Hall of Fame), a Non-profit organization that is dedicated to preserving the history of the stunt profession and to honoring stunt people the world over.

FORT DOBBS, filmed in 1956, starring Clint Walker (Cheyenne TV fame), Virginia Mayo and Brian Keith.

STORY: A wounded man eludes a posse, rescues a woman and her young son from a Comanche Indian attack then he escorts them to the presumed safety of a U.S. Cavalry fort. Along the way, trouble develops when the woman comes to believe that the man who rescued her was responsible for the recent death of her husband.



Doubling in the hazard stunt work for Clint Walker was Norm Taylor and for Virginia Mayo it was May Boss. Stuntman, Jack Williams with his legendary stunt horse performed the horse falls. Norm was of the Lakota Sioux and Irish heritage.

During the filming of "She Wore A Yellow Ribbon" in 1949, starring John Wayne, Norm suffered a badly broken right arm after he was thrown and the wagon



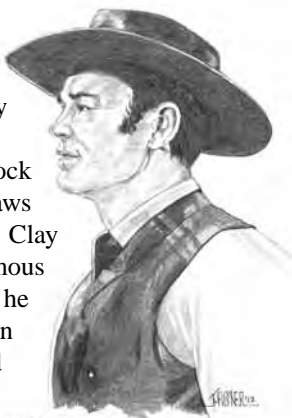
CLINT WALKER AND VIRGINIA MAYO

in which he was driving rolled over him. The crew then called him by his new Indian name "Norm Can't Drive" after that experience.

Fort Dobbs was filmed in Moab, at the Colorado River, Professor Valley and Mat Martin Wash.

WARLOCK, filmed in 1959 in Moab. It starred Richard Widmark, Henry Fonda, Anthony Quinn and Dorothy Malone.

STORY: The town of Warlock is plagued by a gang of outlaws leading the inhabitants to hire Clay Blaisdell (Henry Fonda), a famous gun fighter. When he appears, he is accompanied by Tom Morgan (Anthony Quinn), his friend (a club-footed gambler) who is unusually protective of Blaisdell's existence ... his life and his reputation. John Gannon, one of the outlaws who has Gannon reformed, volunteered to accept the post of Sheriff in rivalry to Blaisdell. The woman (Dorothy Malone) arrives in town accusing Blaisdell and Morgan of having murdered her fiancé. The stage is set for a complex set of moral and personal conflicts.



HENRY FONDA - "WARLOCK"

Action was supplied by legendary stuntmen Saul Gorss, Roy Jenson, Roy Sickner and Mickey Gilbert. Interestingly, all four of these men of action are honored Inductees in the Hollywood Stuntmen's Hall of Fame.



RICHARD WIDMARK - "WARLOCK"

Stunts Stars And Legends: Bob Rose

Bob was born in 1901 in Telecoe Plains, Tennessee, the son of Silas and Belle Sura (Payne) Rose. He lived in Tennessee the first four years of his life, then moved to Anson, Texas, and later, to Cortez, Colorado. He lived and worked in California prior to his moving to Cory, Colorado in 1981. In 1985 he moved to Colorado Springs.

He was an exercise boy for race horses, and then he became a jockey.

When he was 14 years old, he started working in movies, in the "Ruth Roland" silent serials. He played her younger brother and doubled her in the more dangerous scenes.

He did his first transfer from motorcycle to plane, motor boat to plane, automobile to plane-to-train-to auto, and from horse to plane.

Some of the stunt people Bob worked with were Dick Grace, Leo Noomis, Dick Talmadge, Yakima Canutt and Duke Green. He worked in William Boyd films before Boyd became "Hopalong Cassidy"! He doubled actor William Gargan. "Lucky Devils" was a movie about Hollywood Stuntmen ... Bob was in it with several other stunt legends. Silent screen stars like Buster Keaton and Ben Turpin were doubled by Bob, as was Eddie Cantor and cowboy star Tom Mix, even the Great "Houdini", when he made a silent serial. Bob doubled him only in the most hazardous work. Houdini did all his own tricks and illusions!

All of Bob's stunts were life-threatening and 'close calls'! He never broke a bone in all his years of stunting, until the crash in "Flight of the Phoenix" which starred James Stewart and Ernest Borgnine. He doubled for actor Hardy Kruger. He was in the plane when it crashed, in Buttercup Valley, in Arizona. Stunt Pilot Paul Mantz was killed instantly. Bob survived with broken bones. Rose

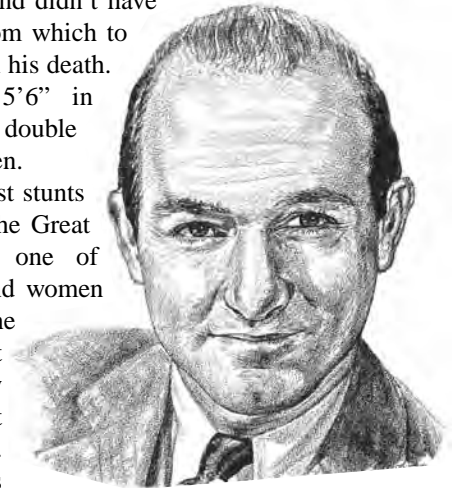


THESE STUNT CARROLLS TO BOB STUNTING, WAS A NATURAL FOR BOB ROSE.

Articles and drawings by John Hagner

once did a stunt with veteran stuntman Fred Kennedy, one of the top horse stuntmen. They turned over a wagon (front roll-over). Kennedy suffered a bad leg injury. His timing was off. In the John Wayne Civil War epic, "The Horse Soldiers", Kennedy broke his neck and died instantly following a saddle fall. He didn't use a stirrup step, as he should have, and didn't have anything solid from which to leap. It resulted in his death. Bob was only 5'6" in height, so he could double for kids and women.

One of the last stunts he did was in "The Great Race". He was one of sixty stuntmen and women working in the barroom fight sequences. They rehearsed and shot for two weeks. That segment is



said to be one of the best such action sequences ever filmed. He did a stair fall during the melee of stunt actors fighting and leaping. The same goes for the 'pie fight' scenes, in which I was one of the bakers, who threw more than 3,500 real fruit-filled pies that took four days and nights to complete. It appeared on screen for six minutes ... and, it made it in the Guinness Book of World's Records for having more pies thrown in one film.

Bob did a difficult stunt in a Jerry Lewis movie. It was a scene where a patient (he doubled) is on a hospital gurney, had to go out of control down a hill, in-and-out of traffic, finally crashing through a wooden railing and off a pier into the ocean at Paradise Cove in Southern California. He did it in the first take, as he did in all of his scenes.

Bob is an honored inductee in the Hollywood Stuntmen's Hall of Fame. He was footprinted in cement in 1975 and is one of over a hundred who have been honored.

In the western classic John Wayne movie, "Rio Grande" in 1950, filmed in Moab, Bob did a rear-up; he didn't own his stunt horse, so he was privileged to use another stunter's mount. He also worked in "Fort Apache" and "She Wore A Yellow Ribbon", in Monument Valley.

John Hagner is the writer and artist of this series of articles. For more information on the Hollywood Stuntmen's Hall of Fame, go to www.stuntmen.org. On Facebook, check Falling For Stars. Then Artist of the Stars. Then Stunt Stars and Legends. Or call 435-260-2160

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NON PROFIT HAPPENINGS

Plein Air Moab Festival

by Phil Wagner

PLEIN AIR PAINTING is a way to see again and as Yeats says, “for the first time!” I paint because it’s evolutionary. I paint outside in the open air because it allows me to really see the miracle we are surrounded by, and good painting is a minor miracle; it causes a blind man to “see.” The ordinary is appreciated as a small miracle. Good painting is a rabbit hole; there’s a whole different world just below the surface. Like Alice, the painter falls in and takes the spectator along for what happens next.



Plein air painting is a balancing act, a dance, juggling perspective, light, mood, color, temperature, contrast to maximize subtle tensions without causing chaos. Nature is continuously changing, and thus all the balance of light, temperature, mood, color, edges, and perspective need constant adjusting. A good painting demonstrates this constant changing balance. Nothing is static.



Good painting takes faith in your own intuition, trust in your own experience, and work, work and more work. The process allows the artist to enter, penetrate, be part of nature and create, just like nature does, something unique.

“Looking” is different than really “seeing”. Plein air painting teaches one to “see”. It’s not comfortable;

effort. With experience, the reward of painting becomes the PROCESS itself, and thus the artist’s happiness is liberated from the PRODUCT. Oddly, the more fun and pleasure the artist derives from the process, the better the painting! The artist discovers new crooks and crannies, new feelings and demonstrates new modes of finding things. The artist is simply a great lover, an interested explorer, ready and willing to pursue, like a cat chasing a string, never tiring, enjoying an enthusiastic, healthy imagination. Lack of fear is a requisite. The willingness to gamble is a requisite.

Plein air painting is like falling in love. A new focal point appears in your life. As Yeats says, you really see and feel “as if for the first time”. In love, all the elements of your life are re-directed around this dazzling, hypnotic subject. Art makes big changes happen. Emily Dickenson says “it takes the top of your head off”. Think about it: From the age of the tiny Hobbit to the burly Neanderthal, some variant of the line “Come up and see my etchings!” has been working successfully to change history since the Caveman charcoal artist in the Dordogne to the Homosapien abstract expressionist in the Soho in New York. This same “falling in love” sequence occurs today in any great painting. Think

it moves you; it disturbs you. Nothing compares to the spontaneity of nature as it changes constantly, and like sex, you trust your instincts follow the lines, feel the curves, move ahead, give expression to the emotional wind. Plein air painting is a tool; it enables the artist to once again explore nature and the nature of things, be part of it, integrate, feel everything safely and with abandon. It takes skill and practice, but the rewards are always a double bonus for the

about the Mona Lisa’s, the suggestions trembling in her eyes and quirky lips. Who wouldn’t “come on up” to check out her drawings?

Good art can push all other relationships in your life into a new perspective. Good plein air painting strikes us all at once like a lightning bolt; it knocks us off our wooden merry-go-round horse. Like new love, the fresh “seeing” restructures our lives. A mysterious presence surrounds us. The Mona Lisa doesn’t get old; one afternoon with her and you feel brand new. A good painting is a loaded shotgun with the trigger just pulled but the hammer not yet striking the bullet to cause the explosion; the painting is potential energy which is completed as a work or art when it clicks and explodes in the heart of the Spectator.

Phil Wagner is a painter registered in Plein Air Moab 2012 scheduled for Oct. 5-13



MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Country Club (Rob Jones).....	259-6488
Alcoholics Anonymous/Alan	259-7556	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Friends For Wheelin' (Jeff Stevens).....	259-6119
American Legion Post (Bill Smith).....	259-3470	Moab Garden Club (Tricia Scott).....	259-6342
Arches Adult Education (Trish Hedin).....	259-2293	Moab Half Marathon (Ranna Bieschke).....	259-4525
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Horse Racing Association (Chuck Henderson).....	259-4111
BEACON (Stephanie Dahlstrom).....	260-1143	Moab Horse Show Association (Tosha Audenried).....	260-9252
Boy Scouts of America (Kent Dalton).....	259-6521	Moab Lodging Association (Britnie Ellis).....	259-5871
Canyonlands Field Institute (Karla Vander Zanden).....	259-7750	Moab Masonic Lodge #30.....	www.moabmasons.org ... 260-9169
Canyonlands Film Society (Becky Thomas).....	259-2286	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Poets & Writers (Marcia Hafner).....	259-6197
Colorado Outward Bound School – Moab basecamp (Chris Benson).....	435-259-5355	Moab Rock Club (Jerry Hansen).....	259-3393
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied).....	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Roller Derby (Jessica O’Leary).....	575-635-3898
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Ropers Club (Terry Lance).....	259-9972
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Sportsmen’s Club (Frank Darcey).....	259-2222
Delicate Stitchers Quilt Guild (Shauna Dickerson).....	259-0906	Moab Taiko (Stephanie Dahlstrom).....	259-2264
Elks Lodge #2021 (Dan Stott).....	259-7334	Moab Teen Center-Club Red.....	259-9991
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Trails Alliance (Kimberly Schappert).....	260-8197
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends of Canyonlands Health Care (Tom Edwards).....	260-1504	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend).....	259-6469
Friends of the Grand County Library (Adrea Lund).....	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams).....	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick).....	259-7733
Grand Area Mentoring (Dan McNeil).....	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon).....	259-1633	Red Rock Forests.....	259-5640
Grand County 4-H (Marion Holyoak).....	259-7558	Red Rock 4-Wheelers (Ron Brewer).....	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis).....	259-1302
Grand County Food Bank.....	259-6456	Rotary Club (Kyle Bailey).....	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse.....	260-1039	Senior Center (Verleen Striblein).....	259-6623
Humane Society of Moab Valley.....	Animal Services 259-4862	Sierra Club (Albey Reiner).....	260-8708
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff).....	www.moab-solutions.org ... 259-0910
La Leche League (Kathy Grossman).....	hkgrossman@gmail.com...801-971-3756	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith).....	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion’s Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International.....	259-5767
Moab Arts Council (Bruce Hucko).....	259-4176	Trail Mix Committee (Sandy Freethy).....	259-0253
Moab Arts Festival (Theresa King).....	259-2742	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Arts & Recreation Center.....	259-6272	Valley Voices (Marian Eason).....	259-6447
Moab Bird Club (Nick Eason).....	259-6447	Veterans of Foreign Wars (Matt Keogh).....	260-9822
Moab Chamber of Commerce (Kammy Wells).....	259-7814	Young Life Moab.....	260-0285
Moab City Recreation (John Geiger).....	259-2255	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org ... 259-3313
Moab Community Dance Band (Miriam Graham).....	259-8311	Word Watchers (Nancy Kurtz).....	259-0734
Moab Community Theater (Kaki Hunter).....	259-8378	Youth Garden Project (Jen Sadoff).....	259-BEAN (2326)

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D’s Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

GALLERY HAPPENINGS

Tom Till Gallery's 15th Season

The Tom Till Gallery and Tom Till Photography invite you to celebrate the Gallery's 15th season and Tom's 35 years as a professional landscape and nature photographer. Till first picked up a 4x5 camera in 1977, and began photographing around the Moab area, an activity he still pursues, but now with a digital camera. Moving ever outward, Till has eventually photographed in all fifty states and in 93 countries overseas. Over the decades over a quarter million of Till's images have appeared in print, at least that's where he stopped counting. With an established career and many books to his credit, Till opened the Tom Till Gallery on Main Street in Moab in 1998.

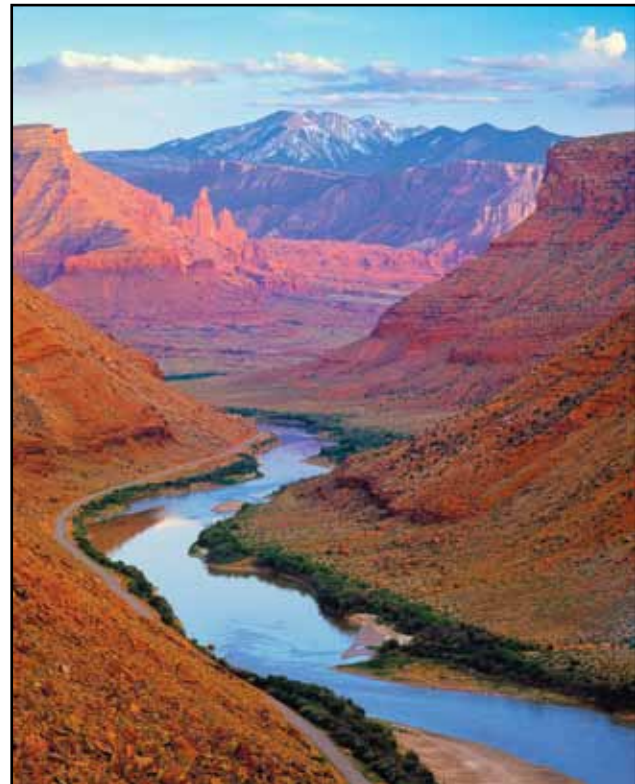


this year, the gallery is offering acrylic, or Museum Prints. These pieces are all the rage in Las Vegas, and beat all comers when it comes to archival longevity. Their beauty and modern look have captured the imagination of many of our customers. Any image in Tom's collection can be reproduced in any media in any size.

Marcy Till, who was instrumental in the creation of the gallery, still continues in a management role at the gallery and at Tom Till Photography, and sometimes can be found manning the store on weeknights. Although Tom does not work a regular schedule in the store, he fills in for other employees, and visits often. During the winter months when the gallery is open by appointment, most like it will be Tom who unlocks the door. The gallery has had many great employees over the years, and Sandy Barr is completing her 11th season in the shop.

In other Tom Till news, Tom's new book "Photographing the World," a Guide to Photographing the World's 201 Most Scenic Landscapes, will appear in October. At over 300 pages and 80,000 words and with hundreds of images, the book offers practical information on how to photograph the world's most beautiful scenery on every continent. Till visited and photographed every site in the book himself over a 25-year period. Though famous locations form the core of the book, Till offers information on many lesser known spots like the Wulingyuan Mountains in China that were the inspiration for the gravity defying peaks in Avatar. Till's next book, also in the works now, will be focused on the Western Balkans in Eastern Europe, where he will be shooting landscapes and cultural sites that have not been seen by much of the outside world.

Also, Till was happy to learn that the American Embassy in Kabul, Afghanistan, will be featuring his images of all 50 states in a permanent exhibit. In 2013, Till and daughter Mikenna will be traveling to Saudi Arabia to open three simultaneous exhibits of Till's images of American landscapes throughout the Kingdom. Mikenna



First featuring just handmade Ilfochrome prints, the store now features four media. The Gallery continues to offer paper prints from Tom's 4x5 transparencies and 36 megapixel camera created on the legendary Lightjet Printer. With the greatest sharpness and color fidelity of any printer, the Lightjet produces the mesmerizing images that have been the gallery mainstays for many years. Metal prints, introduced last year, are printed on aluminum and are now the best-selling product. Appearing to be lit from behind, the luminous metals have to be seen to be believed. The popular canvas gallery wraps are especially great in homes with lots of reflections from windows. Finally, new

Sarah Harms - Forging Her Own Path

"I love forging steel, and find it to be a mystical, meditative experience every day. The more I learn about the history, process, and art of blacksmithing, the more reverent, grateful, and humbled I become." ~ Sarah Harms

Sarah Harms' love affair with metal and jewelry making began when she was about 9 or 10. She took a piece of copper wire out to the curb and start hammering. Disappointed with the results, she set the hammer down for a few years. Luckily for us, Sarah picked it back up in 1979, as a sophomore in high school, then focused on jewelry design for the rest of her high school years. The summer before her senior year, Sarah got a job as a jeweler's apprentice, and worked in a limited production studio (basement) for ten years before venturing out on her own, doing art fairs, and eventually consigning her work to a few select galleries.

Sarah's passion for blacksmithing began in the mid-nineties, when she discovered that her local art center offered a metals class, and had the only coal forge on the North Shore of Chicago. After a guest demo from a southern Illinois blacksmith, Sarah was off and running; playing with fire and experimenting with smithing techniques. Sarah decided that she had to incorporate the steel into her jewelry work. She forged a pair of spiral earrings in her tiny basement studio using her air/acetylene torch, and then the excitement really began!!



Shortly thereafter Sarah became pregnant with her first child, and decided that standing around a coal burning forge was probably not the healthiest thing, so she put the steel work on hold, and then the jewelry as well, to be a mom full time. But her creative desires remained and

will be reading from her texts that graced two of Tom's recent books. Tom's son Bryce has taken an interest in the gallery, and along with Cooper Henderson of Moab has produced a new website for Tom's businesses, which will debut this fall. Till feels he has won life's lottery and is thankful everyday he makes a living at a job he loves and that his work gives joy to thousands of visitors to Moab, many of whom make a trip to the Tom Till Gallery a "must-visit" in the area. A special thrill for Till and his staff was the visit the summer of several movie stars. Follow Tom on his blog which will be rekindled after a hiatus while he wrote his upcoming book, and on Facebook and Twitter.

Plein Air Moab '12
Moab, UT October 5th - 13th

Plein air painting competition, exhibition and art sale

www.pleinairmoab.com

Painted by Doug Braithwaite

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Art Sales:
Tues. Oct. 9th @ Red Cliffs Winery 6:30 pm
Thurs. - Sat. Oct. 11th - 13th @ MARC begins noon Thurs - 9 pm Sat.

*Main Competition Art goes on sale Fri. 5 pm

she knew that she would pick up the hammer again when the time was right.

In 2007, ten years and two boys later, Sarah & her family moved from Illinois to Camp Verde, AZ. As fate would have it, that area is a veritable hotbed (yes pun) of blacksmiths and bladesmiths. Sarah took a weekend workshop and was quickly back in the swing of things! The time was now right, Sarah set up her workshop and got to hammering!!

Today, Sarah is a full time jewelry artist. Much of her inspiration comes from nature and various forms of symbolism. There is a lot of meaning in her work, some of it quite obvious to the viewer, and much of it mysterious, within the combination of material, colors, and numbers of elements she uses in a piece. Sarah forges each piece individually, using hammers and tongs, fire and anvil. The

addition of silver, copper, bronze, and 14k gold give great contrast and visual interest to her work. She includes found beach rocks and recycled glass beads into her work for color and more good energy. The combination of all the various materials gives her work a contemporary, yet earthy feeling.

Sarah will be the featured artist at Savage Spirit! for the Moab Art Walk on September 8th and her work is always available in Moab at Savage Spirit!, 87 N Main. <https://www.facebook.com/savagespirit.moab>

FUTURE GENERATIONS HAPPENINGS

The Women's Congress for Future Generations:

Celebrating the Earth's Bounty and Creating the Future We Desire

What are the sacred rights of future generations and the responsibilities of present generations?

How might we most powerfully write, craft, sing, pray, dream, speak, and legislate these rights and visions into being?

What might a civil rights movement for future generations look like? What does reclaiming power as women look like?

A Women's Congress for Future Generations will gather in Moab, Utah September 27 through 30th to explore these questions.

The four-day conference will feature experiential activities to foster dialogue about issues such as how women, as the first environment for Future Generations, can transcend traditional strategies of action, and, instead, honor, embody, and translate the feminine spirit in direct political and social action.

Deep ecologist Joanna Macy is just one of the facilitators that will lead daily opportunities to design and participate in workshops to empower leaders and organizers in their respective communities. Organizers believe their labors will yield a living affirmation of their rights and responsibilities towards future generations and the environment in expressions of word, art, music, and story that will be ceremoniously released into the world at the end of the conference.

The Congress represents a 'call to action' for all beings, places, and elements to join voices and stand for environmental guardianship. Congress organizers believe that Men also play a valuable role in environmental stewardship and are invited to participate as sacred partners and observers.

The Congress has been convened for several reasons, including:

- To empower women's voices and leadership to address the challenges before us
- To craft a living Declaration of the Rights of Future Generations and the Responsibilities of Present Generations through word, art, song, and performance
- To transform public dialogue about our collective future
- To attend to long term environmental threats to the ecosystem of Moab, the American Southwest, and around the world

This Congress recognizes the double layer of oppression for the marginalized, for women living on the frontlines of the environmental and social struggle. Organizers for the event endeavor to address barriers to the most diverse gathering of women, and welcome creative strategies to overcome these barriers.

Young women, students, women of color, indigenous women, women from low income communities, and women from fence-line communities are especially encouraged to attend. Those who can donate attendance support for those whom it is financially difficult are deeply appreciated.

The offerings will be open-ended, as the conversations about the rights of Future Generations precede the Congress and are part of a long continuum. Plans include harnessing crowdsourcing technology to connect, to continue these conversations, and to amend and ratify a living Declaration of the Rights of Future Generations.

Take A Seat for Future Generations is a Moab community art project inspired by the campaign to protect the Greater Canyonlands Region and is a benefit for the Women's Congress. Utah artists have designed chairs with the theme: Protecting our Beautiful Canyon Country Homeland for Future Generations. Throughout the month of September, the art chairs will be on display at local businesses and available for purchase through a silent auction at display venues.

Satellite events from allied communities around the world will join their voices and their wisdom. There will be an opportunity to convene and contribute via streamed content from the MARC and Star Hall. Join the conversation and the growing gallery of words, art, poetry, photos, videos, songs, and more at www.wcfff.org.

The public is invited to attend at a few key events offered by the Moab Congress:

Sept 28th: "Arise", a movie screening and panel discussion with film maker Lori Joyce at Star Hall, 7:30 pm (free, with donations gratefully accepted)

September 30th: The Day of Declaration and Celebration for Future Generations at Swanny City Park, noon to 5pm. Speakers from the Congress, Live Music and the Arts will spiral forth. (free)

Local volunteers are needed and encouraged to call event producer Christy Williams at 435-259-2709. To register and attend: click your browser to www.wcfff.org

The Science and Environmental Health Network, a 501 c3, is the fiscal agent for the Congress. SEHN executive director Carolyn Raffensperger is a key organizer of the Women's Congress for Future Generations in Moab, Utah. Find out more about SEHN's work in the world here: www.SEHN.org



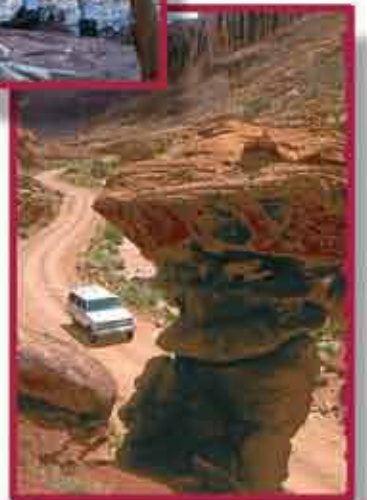
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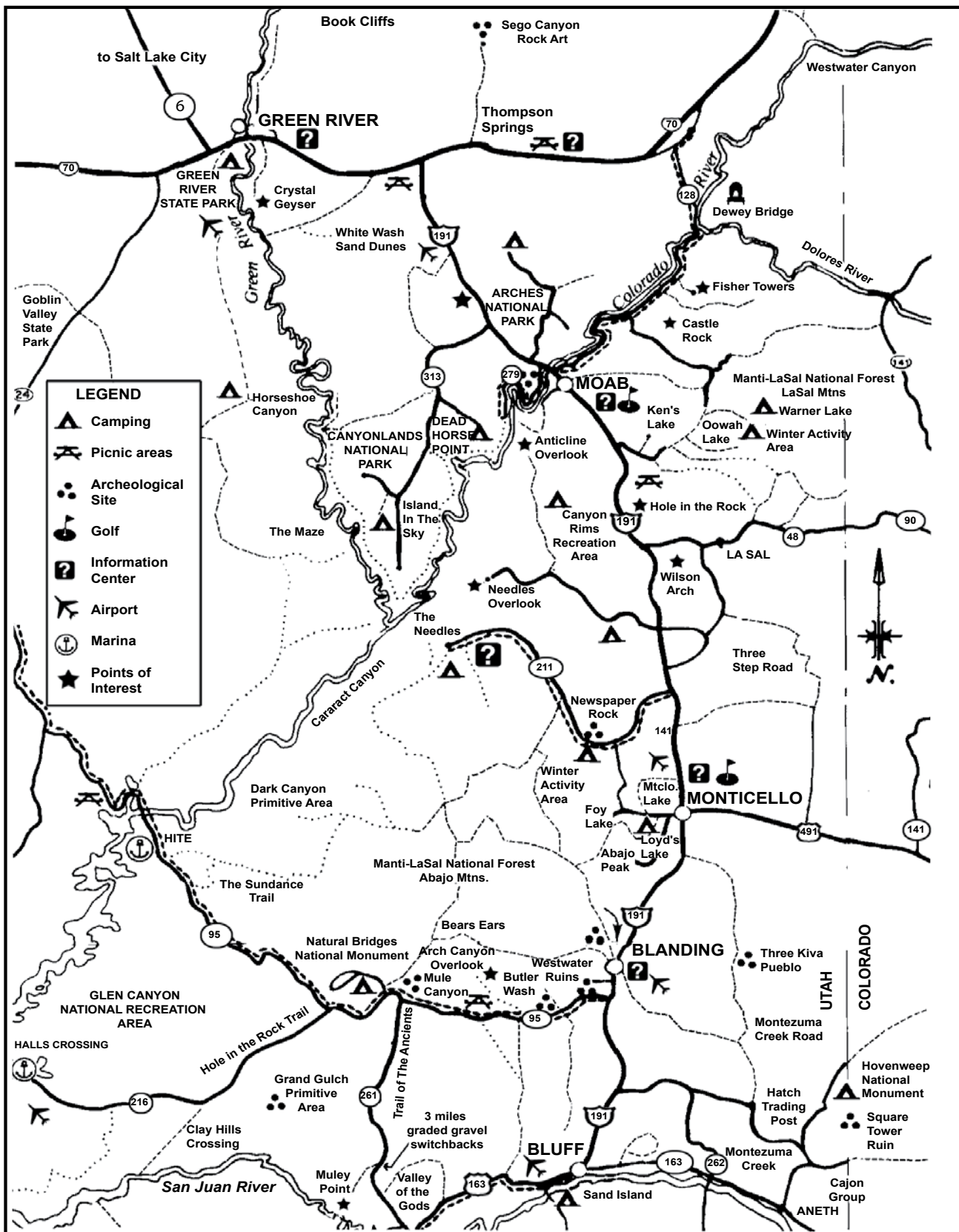
Sat., Sept. 8, 2012
1861 N. Highway 191, Moab
(at Canyonlands by Night)



Appraisals 9am - Noon
Preview 10am - Noon
Auction 1pm

Canyonlands Natural History Association
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Red Rockin' RENDEZVOUS
ATV AND UTV EVERY 1 HOUR, UTAH

September 27-29 2012
10 trails: Local guides
☺Easy ☐Moderate ◇Difficult

Hells Revenge/ Moab Rim Trail/ Kane creek/ Chicken corners
Behind the Rocks/ Fins & Things/ Steel Bender
Trailer Rides: Flat Iron/ Poison Spider/ Golden Spike

Registration: September 27 1:00 PM – 6:00 PM
Location: Old Spanish Trail Arena 3641 South Highway 191
moabatv-utv.com 435-260-9628
moabatv.utv@gmail.com

Online registration \$70.00 per Drivers or Register@ Arena September 27, 2012
Riders @ 50.00 Each 15 and under are free
Banquet fee for unregistered guests: \$15

Thursday September 27: Registration: 1:00pm - 6:00pm
Friday September 28 - Trail Rides depart from Arena W/Escort 8:00 AM
Saturday September 29 - Trail Rides depart from Arena W/Escort 9:00 AM
Vendors/ Skill games/ Raffle/ Dinner/ Music & Cutting Loose
Sunday September 30, 2012 / Head for Home!

If you are interested to be a vendor please contact us at moabatv.utv@gmail.com

FIRST ANNUAL EVENTS

Moab Senior Games

Calling all baby boomers! Moab, Utah welcomes all adults, ages 50 and older, to the sporting and lifestyle event of the year – the Moab Senior Games. This inaugural event expects several hundred senior sports enthusiasts.

Modeled after the renowned Summer National Senior Games, the world's largest multi-sport event for seniors, the Moab Senior Games will be held November 7-11, 2012. This year's event will feature 11 events including: archery; basketball; bridge; dance; golf; horseshoes; pickleball; race walk; swimming; tennis; and volleyball.

"Our goal with the Moab Senior Games is to capture the best of the Moab lifestyle for older adults," said Suzan Martin, the event's founder. "Each event helps promote a healthy lifestyle, bringing information and opportunity for good mental and physical health to Games' participants."

The five-day event is being actively supported by the Moab community from sponsorship and accommodations to health and wellness information. Current sponsors include the City of Moab; Aarchway Inn; Big Horn Lodge; the Grand Center; Humana; KZMU radio; Law Firm of James Slavin; Larson & Rosenberger LLP; Mountain America Credit Union; the Moab Area Travel Council and Rio Rojo Design & Sales.

Event registration is available via www.moabseniorgames.com. Activities start at \$3 and range to \$40. Event management expects several hundred participants, primarily from across Utah and Colorado, for the first year's Games. The schedule for the variety of sporting events and activities is currently being finalized but is updated regularly online.

For adults interested in participating in one, or several Games events, Martin also encourages volunteer participation to support the Games infrastructure and activities. Persons interested in volunteering should complete the online application and contact Martin with any questions.

For more information about the Moab Senior Games, visit www.moabseniorgames.com. Find us on Facebook at [Facebook.com/MoabSeniorGames](https://www.facebook.com/MoabSeniorGames) or contact Suzan Martin 435-260-0161 or moabseniorgamesnews@gmail.com.



First Annual Red Rockin' Rendezvous

Moab finally has its very own, locally organized ATV/UTV event. It is called the Red Rockin' Rendezvous and it takes place September 27th-29th.

It began this spring when a group of local ATV/UTV riders started talking about how they would organize such an event if it were up to them. Jack and Jerri Foy, Cory and Michelle Foy, Tony and Rhonda Iman and Cathy Mattingly of Moab Event Planners decided they can do this on their own. First, Cathy checked Moab's events calendar and found that the last weekend of September was open. The dates were set and the event took form.

Next, the group quickly learned it takes a lot to put on an event like this. First you need permits from the BLM and Utah State Trust Lands, insurance and advertising, as well as vendors and sponsors. Then you need trail guides of all skill levels and people willing to organize each trail ride.



Each person helping with the event is experienced on most of the trails. Each has a love for one trail above the others and their skill level is best on that trail. Each guide knows the hazards of their trail and how to avoid senseless accidents making this the right guide for the right trail.

The Red Rockin' Rendezvous event is similar to the annual Easter Jeep Safari which is a great event. It was started by a very few local 4X4 lovers that wanted to share their love and experience of Moab's trails. This event is known worldwide and has been going on for 45 years and counting. Red Rockin' Rendezvous hopes to have the same success with their event and provide pleasure year after year to ATV/UTV participants.

Cathy enthusiastically states, "We all live and play in this community. We are friends and neighbors, co-workers

and business owners. We love Moab, and want to share our love of ATVs & UTVs on the local trails." By organizing this event the group intends to teach protection of the trails, pick up trash and rebuild where others have torn up the trails. All are invited who want to experience Moab's back country, it's beauty, and it's raw experience that is a joy to



the spirit with freedom to protect and enjoy the landscape. Come and join the first annual Red Rockin' Rendezvous with locals and friends of Moab's back country. Registration begins September 27th from 1 PM – 6 PM at the Old Spanish Trail Arena.

Trails start Friday, September 28th at 8 AM with an escort from the arena. Saturday starts with a pancake breakfast served by the Lion's Club, before heading off to the trails. Upon return to the arena, there will be skill games for all levels, dinner, raffle and music by a local band. Sunday is time to pack it up and head on home.

For more information contact organizer Cathy Mattingly or Lani Asay on the website www.moabatv-utv.com, by email moabatv.utv@gmail.com or telephone 435-260-9628. And be sure to mention you read about it in the Moab Happenings.



REGISTRATION ENDS OCTOBER 15!

MOAB SENIOR GAMES 2012

Registration Form

For online registration, visit www.moabseniorgames.com

Full Name: _____

Mail Address: _____

City, State, Zip: _____

Phones: (cell) _____

(home) _____

(work) _____

E-mail: _____

Date of Birth (mo/day/yr): ____ / ____ / 19____

Age: ____ **Sex:** M / F (circle one)

Emergency Contact:

Name: _____

Phone: _____

Registration Fee \$ 49.00

Game Fees from Entry Form \$ _____

Donation \$ _____

TOTAL AMOUNT \$ _____

Thank you!

Make check or money order to:
Moab Senior Games
Mail to:
PO Box 1469, Moab, UT 84532

Athlete Waiver and Release of Liability
READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the Moab Senior Games program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
- I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others; and
- I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
- I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE MOAB SENIOR GAMES, INC., its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of the premises used to conduct the event (Releasees), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law; and
- I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM NEGLIGENCE, to the fullest extent permitted by law.
- I willingly grant permission to Moab Senior Games, Inc., to use images captured during regular and special activities through video, photo and digital cameras to be used solely for the purposes of the Moab Senior Games promotional material and publications, and waive any rights of compensation or ownership thereto.

I HAVE READ AND AGREE TO THE TERMS AND CONDITIONS OF THE ABOVE LIABILITY RELEASE.

SIGNATURE: _____ Date: ____ / ____ / 2012

Print Name: _____

Volleyball Team Name: _____

Volleyball Team Leader: _____ **Team Contact Phone:** _____

For Office Use Only

Amount Verified _____ Cash/Check # _____ **Page 1 of 2** Postmark/Date Received _____

REGISTRATION ENDS OCTOBER 15!

MOAB SENIOR GAMES 2012

Entry Form

Name: _____ **Age:** _____

ARCHERY \$15.00 Per Event

Compound Bow

Barebow Compound

Barebow Recurve

Compound Release

Recurve

BASKETBALL \$5.00 Per Event

Women 5 spot

Men 5 spot

BRIDGE \$10.00

GOLF

Social \$40.00

Competitive \$40.00

Skills Challenge \$20.00

HORSESHOES \$3.00 Per Event

PICKLEBALL \$5.00 Per Event

Co-Ed

Doubles

RACE RUN/WALK \$10.00 Per Event

Walk

Run

SALSA DANCING & BANQUET

Dancing \$10.00 Per Person

Dinner \$20.00 Per Plate

SWIMMING \$5.00 Per Event

Limit of six events only

50 yd Backstroke 50 yd Freestyle

100 yd Backstroke 100 yd Freestyle

50 yd Breaststroke 200 yd freestyle

100 yd Breaststroke 500 yd Freestyle

50 yd Butterfly

100 yd IM relay

TENNIS (\$12.00 Per Event)

Singles

Doubles

Partner: _____

Partner Phone _____

Mixed Doubles

Partner: _____

Partner Phone _____

TRACK & FIELD \$5.00 Per Event

1500 M Run High Jump

800 M Run Standing Jump

400 M Dash Shot Put

200 M Dash Discus

100 M Dash Softball Throw

50 M Dash Soccer Kick

Football Throw

VOLLEYBALL \$5.00 Per Event

Women

Men

Mixed

Team Name _____

For Office use Only

2012 Entry Form 3/17/2012 **page 2 of 2** Entered _____ Entry Number _____

PET HAPPENINGS

Dog Walking Etiquette

by Kaye Davis of the Moab BARKery

Though the unspoken rules of dog walking are as common sense to many of us dog owners, there are, of course, some people who may be ignorant or actively choose not to follow the etiquette of dog walking. If one were to ask a "Miss Manners" of the dog world what the rules entail, here are five simple tips on dog walking that will make your neighborhood much more pleasant, for you, your neighbors (some of whom may not be as accepting of dogs and their behavior as the typical dog-lover), other dogs and, of course, your dog:

1) No Trespassing: When walking your pet, it is universally accepted as rude if you allow your dog to walk on people's lawn, into their gardens, snack on their landscaping, or urinate on their mail boxes, garbage cans, or lawn decorations. Best to encourage them to eliminate on the sidewalk, on the strip of grass between the sidewalk and the street or if you're my dog on the street. Saffron likes to poop in the middle of the street and usually will do it when traffic is around!

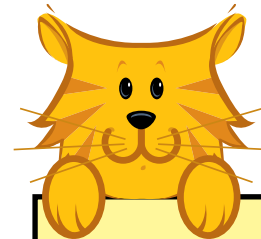
2) Pick up the Poop!!! Obviously, dog walkers should be prepared, under all circumstances, with a plastic bag (or several) for picking up dog poop...and simply toting them isn't enough: don't forget to use it! I've seen dog walkers make an elaborate show of getting out their bag as someone goes by, and then stuffing it away, still empty, as soon as the other person is gone. It is unacceptable to leave the "poo to stew" anywhere, left on the trail or the street, it is still disgusting!

3) Your dog might be friendly – but other people might not be: Does your dog want to say hello to everyone that passes, inspired to jog alongside runners, or chase down bicyclists? Not everyone may be as much of a dog lover as you are, and even if they are, they may be otherwise occupied, then again some people are just afraid of dogs. If a passerby is interested in your dog, you'll know it. Best to assume that no one is as interested in your dog as you are, and act accordingly. Your objective on a walk should be: keep walking, calmly and purposefully, and not let your dog run your walk!

4) Other dogs might not be friendly either: Rule #3 also applies to other dogs. Do not assume that other dog walkers (or dogs) are as interested in socializing their dogs as you (or your dogs) might be. Not all dogs are as happy-go-lucky, social, or calm around other dogs as your dog may be. Best to ask the other owner: "Is your dog friendly?" and gauge their response, and the dog's responses. Make sure you have a hold of your leash, and also check to make sure the other dog walker seems in control of their dog as well to prevent any unfortunate encounters.

5) Best to keep the leash on: Even though you might feel confident in how good your dog is in their ability to walk calmly by your side off-leash and obey all of your verbal commands, their behavior could be unpredictable upon the unexpected nature of a given stimulus, such as a cat darting across the street, a tempting rabbit on a trail, a rushing car. The worst thing that could happen while walking a dog is to lose your dog. Even if you have the utmost confidence in your dog's off-leash ability, make sure that you acquaint yourself with the leash laws in the area you will be walking; you do not want to get a ticket, or worse.

Pet parents hold a significant amount of responsibility in their hands, and every time you and your pet hit the street or the trails, you are both acting as ambassador for dogs, dog owners, and responsible behavior all round. As dog lovers would all agree the presence of all of the sweet, funny, quirky, silly, wise, protective, placid, loving dogs in our lives all contribute to enriching our neighborhoods, when they listen, of course! Now....who wants to go for a walk?!!



Humane Society of Moab Valley

435-259-4862 • www.moabpets.org

SEPTEMBER 2012

- September 1st - **Cat Adoption Day**
at The Moab Barkery from 11am - 1pm
- September 8th - **Dog Adoption Day**
at City Market from 10am - 12 noon
- September 15th - **Cat Adoption Day**
at The Moab Barkery from 11am - 1pm
- September 17th - 21st - **Discount Spay/Neuter Clinic** at The Dog and Cat Clinic and The Moab Vet Clinic - Call for an appointment TODAY
- September 22nd - **Dog Adoption Day**
at City Market from 10am - 12 noon
- September 29th - **Dog and Car Wash**
at ALCO - 10am - 1pm

Don't forget to get your **2012 Humane Society Membership**. The membership card offers free items or discounts with 18 different local businesses. To purchase a membership please stop by our office at the City Shelter or visit the website at www.moabpets.org

SPACE ETIQUETTE FOR DOGS

To: People with "Friendly Dogs", Off-Leash Dogs, & Retractable Leash Dogs



NEWSFLASH: Running up to another dog and ignoring requests to go away is not "friendly", it is rude. Just like people, **DOGS NEED PERSONAL SPACE**. If a stranger came up and put his hand on your body, you'd be allowed to step back, yell, and push him away. Dogs have the same right to enforce their boundaries. Some dogs are called "reactive" because they are more sensitive than others. Reactive dogs are good dogs, they just need more distance and compassionate training. You can help them by honoring their need for personal space.

1. **NEVER LET YOUR OFF-LEASH DOG GO UP TO AN ON-LEASH DOG.**
2. **LOCK RETRACTABLE LEASHES WHEN YOU SEE OTHER DOGS.**
3. **ASK BEFORE APPROACHING OR PETTING ANY DOG.**
4. **HAVE COMPASSION FOR PEOPLE WITH SHY OR REACTIVE DOGS.**

Please do not chase us. Let us pass without interaction, and keep your judgements to yourself.

Inspired by: notesfromadogwalker.com functionalrewards.com

Lili
doggiedrawings.net

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 Music Show follows Supper

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 OF EVENINGS OPEN OR
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16	17	•	•	20	21	22
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30						

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		contact us: www.kzmu.org						
7:00	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	7:00
	Native Spirit	KZMU OVERNIGHT		Art of the Song	KZMU OVERNIGHT		Desert Diva	
8:00		DEMOCRACY NOW						
9:00	Jah Morning Reggae	MOAB Morning Blend					Shine Time (Children)	
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Blue Plate Special (blues/rock)	Trailer Park Companion / Wayward Wind	
11:00						The Trading Post (call-in Buy/Sell)		
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage		Ain't Live Grand? (live recordings)	Noon
1:00							1-2-3 (funky world soul)	
2:00		Radio Mundial	Planet Picante (latin)	Bait and Switch	Red Rock 'n Blues		Belagaana Review (fruit and nuts)	
3:00	Red Rock Potluck/ Crawfish Fiesta	Radio MOONDial	WORLD MUSIC			Fire on the Mountain	Tween Time (pre-teen fun)	
4:00		Ritmo Latino						
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)	Pirates & Poets	Gaelic Circle / MOAB Drive Time	MOAB Drive Time	Free Speech Friday Public Access	Big River / Ranch Exit (twang)	
6:00								
7:00								
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	
9:00								
10:00	Media X	Fashionably Late	MOAB AFTER HOURS		Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	
11:00			Conscious Party	Suburban Urge				
12:00						Seti TranceMissions	the eleventh hour	
							KZMU Overnight	12:00

KEY: Talk Shows Electro, Easy Mix, Jazz Blue Grass, Country, Folk Eclectic/World Rock, Blues Heavy, Hard