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COLORADO RIVER P.M. HALF-DAY Raft from Rocky Rapid to Takeout. Includes BBQ lunch along the river. 11:00am - 4:00pm (min age: 5)	\$65	\$55
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SUNSET SAFARI The ideal time of day for the perfect off-road experience over petrified dunes and desert scenery. (3 hrs)	\$91	\$69

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FLIGHTS & HORSEBACK

	ADULTS	YOUTH
HOT AIR BALLOON RIDES Soar over the sandstone valleys and spires of Moab from an unforgettable perspective. (Approx 3.5 hours)	\$259	\$259
CANYONLANDS SCENIC FLIGHT See all 4 districts of Canyonlands NP in just one hour with a bird's eye view! Departs 9am	\$165	\$165
CASTLE VALLEY HORSEBACK RIDE 2.5 hours plus instruction on horses, with a stunning red rock backdrop. Departs 8am & 4pm (min age: 8)	\$80	\$70

CANYONLANDS JETBOAT Cruise the Colorado River near Canyonlands NP. Departs 8am, 1pm (4 hrs)	\$80	\$70
SUNSET JETBOAT & DINNER 1 hr Dutch-oven dinner plus 1.5 hr jetboat on the Colorado River near Canyonlands NP.	\$70	\$60
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MOAB HAPPENINGS

Volume 23 Number 12

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MARCH 2012

Table Of Contents	
Astrology	15A
Events Calendar	4-5A
Health: Body, Mind, Spirit	14A
Hiking Happenings	11B
Innovative Happenings	7B
Lodging Guide	12-13B
Mountain Biking	4B
Nature Happenings	6B
Pet Happenings	15B
Restaurant Guide	7-11A
Shopping Guide	8-9B
Sky Happenings	12A
Southeast Utah Map	13A
Trail Mix	3B



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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

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FOR ALL THEIR HARD WORK AND GENEROUS CONTRIBUTIONS, THE EDGE GALLERY THANKS: WADE ADAMS, SHANE ADAMS, ERIK STENSLAND, JESSE SPEER, GARY HILLEY, TYSON LESMEISTER AND THE ENTIRE STAFF AT CANYONLANDS ADVERTISING. MOST OF ALL, THANK YOU TO MY WIFE MELISSA AND FRIENDS AND FAMILY AROUND THE GLOBE FOR THEIR UNWAVERING SUPPORT.



ROAD BIKE HAPPENINGS

Skinny Tire Festival... March 10-13

Road cyclists from around the country come to enjoy four days of fully supported, world class routes through Moab's most spectacular landscape.

Participants are treated to rolling routes along the Colorado River, to Dead Horse Point State Park, and the crown jewel of a ride through Arches National Park. The Festival quickly became a pilgrimage for cyclists eager to brush off the winter cold and venture into warmer spring temperatures in Moab. This cycling season opener has attracted riders from not only regional states, but throughout the nation and Canada.

What is it about the Skinny Tire Festival that attracts roadies from all over? It's not just the amazing landscape where one's soul can come out and play, it's not just the inspirational views that make one feel both empowered and insignificant at the same time. It's a combination of that and the underlining



emotions of hundreds of others coming together sharing a passion, for a reason.

Established as a benefit ride for cancer survivorship programs and research, all proceeds go back into changing the world of cancer. "We've had cyclists attending this event every year since its inception; we are like family. We've shared laughter and tears as we've all gone through some kind of cancer experience and put purpose to our cycling", said founder Mark Griffith. Cyclists register and are required to donate to a cancer related cause---of which there are many. A local group called TEAM MOAB will designate their fundraising efforts to 10 month old Dakota Merritt. Diagnosed with embryonal rhabdomyosarcoma at the age of 10 months, this Moab boy's family will directly benefit from your donations.

The Moab community at large has directly benefited from the Skinny Tire Festival --every cyclist donates at least

\$25 to the Moab Regional Hospitals' Cancer Treatment and Resource Center. Phil Mueller, Moab's Citizen of the Year in 2011 commented that this infusion room has made such a positive difference in his cancer treatment schedule. "I've gone from treatment taking three days of travel to Salt Lake City to just a few hours in one day here in Moab. My medical team at Huntsman Cancer Institute works great with the excellent medical staff in Moab".

Help us keep local fundraising local. To donate online visit www.skinnytireevents.com or call 259-3193.

Remember; every rider, every dollar and every spin of the sprocket is one step closer to finding a cure for cancer, all in one of the most breath-taking places on earth.







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MOAB AREA EVENTS CALENDAR



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For more information please call the Edge of the Cedars State Park Museum at (435) 678-2238

Day Visits: \$5 per person or \$20 a carload
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www.grandcountyutah.net

March 2012

- 2 **Redtail Aviation Open House.** Redtail Aviation invites you to spend the afternoon with us to see the new Quest Kodiak aircraft we have added to our fleet for tours, river shuttles, charters, and freight. With the merger of Slickrock Air Guides, we are excited to share our vision and direction with you as we expand our operations. 2:00pm - 4:00pm, Canyonlands Field (N Highway 191), www.redtailaviation.com.
- 2 **Live music at Buck's Grill House** at the Vista Lounge - featuring *Sand & Sunnie*. 6PM. No cover charge.
- 2 **Battle of the DJ's at Frankie D's-** DJ "Kid Steve O" battles DJ "Manny P" 9:30 PM.
- 3 **Music by DJ "Manny P"** at Frankie D's. 9:30 PM.
- 3 **Pancake Breakfast at Zax Restaurant.** 7-11 AM. \$1.00 each (all other menu items regularly priced). All proceeds from the sale of pancakes will benefit the Moab Charter School Arts Program. For more information please call 259-2277.
- 3 **Puttin' On the Ritz** is Seekhaven's premier annual fundraiser. Held at the Castle Creek Winery at the beautiful Red Cliffs Lodge, Puttin' On the Ritz is a gala event with fine dining, libations, live music and an incredible silent auction. Call Seekhaven at 435-259-2229 for more information.
- 3 **National Wild Turkey Federation 17th annual Membership Banquet.** The Grand Center. Doors open at 5:30, dinner at 7:00. Tickets \$60 per single, \$85 per couple. For more information call John Smith at 260-1495 or Stan Baker 259-0341.
- 3 **Live music at Buck's Grill House-** featuring *Bob Greenspan* 6PM. No cover.
- 5 **Beginner Painting class** at the Moab Arts and Recreation Center for information: www.moabcity.org/marc or 435-259-6272
- 5 **The Last Myth** - a literary event with Moab co-authors Mathew Gross and Mel Gilles. Join us at 6 PM at the Grand County Public Library with Mathew Gross and Mel Gilles, presenting their new book *The Last Myth: What the Rise of Apocalyptic Thinking Tells Us About America*.
- 6 **Paper Folded!** Make Your Own Paper & Learn Origami. For information about classes at the MARC see www.moabcity.org/marc or 435-259-6272
- 6 **Moab Garden Club's monthly meeting-** 7:00pm at Tricia Scott's home; 78 East Mount Peale Dr., Spanish Valley. The club is open to anyone who gardens or has an interest in gardening. Meeting is generally the first Tuesday of each month at a members' home. Contact Patty Larson 259-7941 or Tricia Scott 259-6342.
- 7 **Grief Support Group at the Grand County Library** from 6pm-8pm. This groups meets every 1st and 3rd Wednesday. Led by Antje Rath, Licensed Professional Counselor and Tracy Harris of Grand County Hospice. A safe place for people to share their story and receive support. The group is non-denominational, free and open to everybody. Contact Antje Rath at 719-5563 with questions.
- 9 **Navajo Taco Sale-** by Chris and Walking Woman Blackhorse at the Blue Mountain Artisans Gallery, 215 East Center Street in Blanding. 3-6 PM.
- 10-13 **Skinny Tire Festival-** Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com or see page 4B.
- 10 **Introducing the FRIENDS OF ARCHES AND CANYONLANDS PARKS: THE BATES WILSON LEGACY FUND** in Arches National Park - La Sal Mountain Viewpoint, at 4 PM. Remarks by Charles Wilkinson. Refreshments and Slideshow of Bates Wilson following at the Arches Visitor Center. www.bateswilson.org or call 259-0108 for more information.
- 12 **Banff Mountain Film Festival World Tour in Moab.** 7:00 PM at the Grand County High School Auditorium. The year's best films on Mountain Sport, Culture, and Adventure. For ticket outlets see ad on page 5B and article on page 6A.
- 14 **Frankie D's live music by Lucky Tongue** (Classic Rock).
- 15 **Employment skills workshop-** Join WabiSabi and Workforce Services for a workshop that identifies the fundamental skills employees need to learn the job, progress and succeed. At Zions Bank from 12-1PM. FREE and open to the public. Lunch included. Call 435-259-2553 for more information or to register.
- 16-17 **Cuckoo for Cacao** workshop with AJ Wentworth. Refine your taste buds and learn about different regions of the world. 10am - 4pm at the MARC. \$60 or \$54 for MARC members. www.moabcity.org/marc

17



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March 31 - April 8

Info at rr4w.com
and in the Jeep Safari paper available free around town

For more info on events see www.moabhappenings.com

DEADLINE for APRIL Events Calendar: MARCH 20, 2012

Listings in the Moab Happenings Events Calendar are FREE!!
Do you know of an event for the Happenings calendar??
Call (435) 259-8431 or fax us at (435) 259-2418
e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

March continued

- 17 **Canyonlands Community Recycling** is looking for people to help sort and recycle material after the Canyonlands Half Marathon. We provide the gloves and camaraderie. Call Rani at 435-210-4996 to volunteer or for more information.
- 17 **Canyonlands Half Marathon**, Course starts approximately 11 miles up scenic Highway 128, or the River Road, northeast of Moab and follows Hwy 128 as it winds alongside the Colorado River through a deep redrock canyon. The last two miles take runners into downtown Moab for a finish at Swanny City Park, home to the brand new Moab Recreation and Aquatics Center. The Five Mile Run starts approximately 3 miles up Hwy 128 and follows the same route as the Half Marathon.
- 19-22 **CHALLENGE Course Facilitator Training**, at Adventure Park, Moab. Early bird fee, \$425 per person (30 day advance purchase) Certification. Test day March 23rd, \$175 per person. Call for more information, 435-260-2065.
- 21 **Grief Support Group at the Grand County Library** from 6pm-8pm. This group meets every 1st and 3rd Wednesday. Led by Antje Rath, Licensed Professional Counselor and Tracy Harris of Grand County Hospice. A safe place for people to share their story and receive support. The group is non-denominational, free and open to everybody. Contact Antje Rath at 719-5563 with questions.
- 20-22 **Frankie D's** live music by **Johnny Rawls** (Rockin' Blues).
- 22 **Friends of the Library Members Only Sale**- 5-7 pm at the old Senior Center. Membership can be purchased at the door.
- 23 **Friends of the Library Book Sale**- 9 am to 5 pm at the old Senior Center. All new books. Many westerns and sci-fi books and many VHS.
- 24 **1st Annual Chili Cook-Off**- hosted by Grand County Hospice from 5:00-7:30 PM at the Grand Center. Tickets are \$10 at the door and benefit the new Hospice Garden at Moab Regional Hospital. If you would like to enter your chili call Tracy Harris at 260-1078.
- 24 **Under a Sheet of Stars**- 8PM. Dead Horse Point State Park visitor center. Bring a flashlight and a chair.
- 24 **Friends of the Library Book Sale**- 9 am to 5 pm at the old Senior Center. All new books. Many westerns and sci-fi books and many VHS.
- 24 **Grand County Democratic Convention and Caucuses**, 2:30 PM Caucuses - 3-5 PM Convention, MARC Stage Room, open to the public. For more information call Mike Binyon at 435-259-1633.
- 31 - **April 8 Easter Jeep Safari** consists of trail rides, mostly day long trips, departing from Moab throughout this week long event. The Red Rock 4-Wheelers of Moab officially runs approximately 9 different trails every day, with "Big Saturday" culminating in the largest ever single trail ride departure happening - around 30 groups line up in down town Moab to head off in every direction for 30 different trails! For more info visit rr4w.com Note: This massive week-long event is one of the largest events of the year for Moab. Please make your camping/lodging reservations as early as possible!



2012 Moab Events

- January 13-15 Bluff Balloon Festival
- March 10-13 Skinny Tire Festival
- March 12 Banff Mountain Film Festival
- March 17 Canyonlands Half Marathon
- March 31-April 8 Easter Jeep Safari
- April 14 Moab Art Walk
- April 26-29 Moab Spring Quarter Horse Show
- April 27-29 April Action Car Show
- May 5 Moon Shadows in Moab
- May 11-12 Thelma & Louise Half Marathon
- May 12 Gran Fondo
- May 26-27 Moab Arts Festival
- May 31 -June 2 Canyonlands PRCA Rodeo
- Aug. 30-Sept. 10 Moab Music Festival
- September 8 CNHA Navajo Rug Auction
- September 21-23 Moab Century Tour
- September 22-23 Moab Fall Quarter Horse Show
- October 3-7 Outerbike
- October 6-7 24 Hours of Moab
- October 5-13 PleinAir Moab
- October 9-11 Moab Rock and Gem Show
- October 21 The Other Half
- October 25-28 Moab Ho-Down Bike Fest
- October 28 Pumpkin Chuckin' Festival
- November 2-4 Moab Folk Festival
- November 9-11 Moab River Rendezvous

**Pick up your copy of the
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PICK UP AMERICA Moab Events

(and see article on page 14A)

- Saturday, March 10th, 9 am - 11 am:**
Pick Up Arches National Park
- Sunday, March 11th, 9 am - 12 pm:**
Pick Up the Moab Half-Marathon Trail
- Tuesday, March 13th: 3 pm - 5 pm:**
Design the Bottle Brick Bench Mosaic - We are partnering with the MultiCultural Center's green club. We welcome collaborators to our brainstorm with mosaic builders Erin Trim and Katy Brandenburg, as well as the fifteen 4th - 6th graders in green club.
- Wednesday March 14th, 12:15 pm - 2 pm:**
Tamarisk Invasive Removal with Mrs. Walker-Irvin's Ecology Class - We will be identifying and removing invasive plants along Courthouse Wash in Arches national Park with students and arches employees.
- Saturday, March 17th, 9 am - 1:30 pm:**
Table and collect bottle bricks at the half-marathon. We will also be volunteering at trash stations to tell individuals about diverting their waste into building a bottle brick for the 18th.
- Sunday, March 18th: 9 am - 7 pm:**
Bottle Brick Bench Work Party - The Peace on EarthBench Movement will be leading workshops on natural building by using cob to mold our bottle bricks into Moab's very own Bottle Brick Bench. There will also be a potluck meal (bring a dish to share) and openic performances (bring a talent to share) throughout the course of the day.
- Sunday, March 25th: 10 am - 4 pm:**
Mosaic construction and completion. A celebration of the completed bench!

FILM HAPPENINGS

Banff Mountain Film Festival 2012



 RAFT



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Photocredit: Sketchy Andy
From the film 'Reel Rock'



Bringing together the year's finest films on mountain sport and culture, the 35th annual Banff Mountain Film Festival World Tour is returning to Moab this Monday, March 12th.

John Evans, Petzl's Marketing Director who had the idea to bring the Festival to Moab back in 2003. "We really owe the success of the event to local organizer David Erley, his tech guy Miso, and all the Moab sponsors. Without them, it wouldn't happen."



On the Trail of Genghis Khan: The Last Frontier
Photocredit: Tim Cope

After the Banff Mountain Film Festival, held in November in the Canadian town of the same name, the World Tour picks up and spreads out across the globe, stopping in 30 countries for over 550 screenings. Each screening highlights a selection of the Festival films of particular interest to the local audience, as chosen by local organizers.

Six films will be shown in Moab this year. The films cover topics such as climbing, kayaking, skiing, slack-lining, base jumping, an avalanche rescue cat, the Colorado River, environment and adventure travel. In addition to the individual sports the films in their totality offer a global travel log.

For the ninth year running, the headlamp and climbing-gear manufacturer Petzl is helping to bring the renowned festival, to Moab.

"These films are a celebration of the outdoor lifestyle and living life to fullest. It's a perfect fit for a brand like ours" says



C. A. R. C. A
Photocredit: Adam Bailey

Many of the stops on the Banff world tour raise money for local outdoor programs, community causes and non-profits. This year, the Moab stop will raise funds for the Access Fund Land Conservation Campaign, a multi-million dollar revolving grant fund that helps local climbing organizations across the United States to acquire land and preserve it for climbing or climbing access.



Photocredit:
From the film 'Kadoma'

The films will be screened in the Grand County High School Auditorium (608 S. 400 E) at 7:00pm. Doors open at 6:15.

Tickets to event are \$10 in advance and \$12 at the door and can be purchased at Back of Beyond Bookstore, Canyon Voyages Adventure Co., Pagan Mountaineering, and Poison Spider Bicycles. For more information, see the accompanying ad or call (435) 259-4859.

For more on the Banff Mountain Film Festival, visit: www.banffcentre.ca/mountainfestival For more on Petzl, visit: www.petzl.com For more on Access Fund, visit: www.accessfund.org



Photocredit:
From the film 'All.I.Can'



Chasing Water
Photocredit: Peter McBride

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How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to **some** restaurants and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their bar, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail or beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse.

Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway

191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."

CELEBRATING 31 YEARS!
SPICING YOUR LIFE SINCE 1981

LA HACIENDA
Restaurant

OPEN DAILY
SERVING LUNCH AND DINNER
DAILY SPECIALS VEGETARIAN FRIENDLY

574 NORTH MAIN, MOAB
435-259-6319
STATE LIQUOR LICENSEE

Espresso
Coffee
Gelato

90 N. Main St.
Moab, UT
259-2725

MOAB COFFEE ROASTERS

Pastries
Smoothies
WiFi

FRESH ESPRESSO AND COFFEE
BY THE CUP OR BY THE BAG, AND
18 FLAVORS OF FABULOUS GELATO

Open Every Day

The **BRANDING IRON**

STEAKHOUSE, BBQ & GRILL

OPEN FOR DINNER
NIGHTLY 5PM - CLOSE

Featuring:
Prime Rib
BBQ Baby Backs
Broiled Steaks

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275
3 miles south of Moab • NOW OPEN!

OUR TIME LOW

Pizza Hut

265 South Main, Moab
Open Daily • 259-6345
11 am - 10 pm
Dine in and Carry out, all day
Delivery Available from 4pm-10pm
7 days a week

RESTAURANT GUIDE



RESTAURANT



Jeffrey's STEAKHOUSE

CASUALLY UPSCALE
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST
259-3588
JUST SLIGHTLY OFF MAIN

WE ARE PROUD TO SERVE LOCAL ORGANIC
PRODUCE WHEN AVAILABLE

OPEN NIGHTLY AT 5:00PM
CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM
STATE LIQUOR LICENSEE

Bar M Chuckwagon

7000 North Highway 191 259-BAR-M(2276)
Dinner
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

The Blu Pig

811 S. Main 435-259-3333
• Dinner • Take Out
• Open everyday 3pm to close
Moab's only BBQ and Blues destination. We have created a casual, laid back establishment that you'll want to come back to again and again. Smoking your favorites all day, every day. LIVE music (call for details). Our covered patio, dining and internet bar are just some of the extras we offer for your enjoyment and convenience. Large Screen HD TV's. Don't forget to try the smoked pecan pie, it'll blow your mind!! Take out available. Ice cold beer. State liquor license. Moab's largest selection of Uinta Brews.

Branding Iron Bar & Grill

2971 South Highway 191 259-6275
Open for dinner nightly 5pm-close.
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Brewed Awakenings

1146B South Hwy 191 435-260-8045

Broken Oar

53 West 400 North 259-3127

Buck's Grill House & Vista Lounge

1394 North Highway 191 259-5201
Dinner
Open nightly at 5 pm
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining. Check website for live music schedule. www.bucksgillhouse.com

Burger King

606 South Main 259-2700

Cassano's Italian Restaurant

11 East 100 North 259-6018
Lunch • Dinner
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

China Cafe

812 South Main 259-7933

City Market

425 South Main 259-5181

Cowboy Grill at Red Cliffs Resort

16 Miles up Highway 128 259-2002
Breakfast • Dinner
River front TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

Crystal's Cakes & Cones

26 West Center St. 259-9393

Denny's

989 North Highway 191 259-8839
Breakfast • Lunch • Dinner
Moab's only 24 Hour Restaurant. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro

36 South 100 West 259-0756
Dinner
Open Tue - Sun at 5:30 pm Closed Mon
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Covered and open outdoor patio dinning. Full liquor license.

Eddie McStiff's Restaurant & Brew Pub

57 South Main Street 435 259-BEER

EklectiCafe

352 North Main Street 259-6896
Breakfast • Lunch
Open 7 days a week 7:00 a.m. - 2:30 p.m.
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana

202 South Main Street 259-4366
Sun - Thur 11am - 10pm • Fri & Sat 11am - 11pm
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Newly remodeled patio with 4 TV's! Large groups are welcome. Children's menu. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25 Full bar. FiestaMexicanaRestaurants.com

Frankie D's Bar & Grill

44 West 200 North 259-2654
Lunch • Dinner
Open Daily 12 am Sundays 11am
Late night kitchen open until 1 am
Friendly service, covered outdoor patio, steaks, burgers, BBQ. Over 21 can enjoy a full range of beers, wines and alcohol beverages. Take out orders welcome. Live Weekend Entertainment, 5 flat screen TV's. www.moabfrankieds.com

Jailhouse Cafe

101 North Main Street 259-3900
Breakfast
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse

218 North 100 West 435-259-3588
Open Nightly at 5:00pm Call for reservations
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. We are proud to serve local organic produce when available. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

La Hacienda

574 North Main 259-6319
Lunch • Dinner
Open 11:00 a.m.
CELEBRATING 31 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches

817 So Main (inside the Moab Chevron) 259-2212
Deli Open 6 a.m. - 8 p.m.
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron, open 24 hours. Sandwiches made to order. Call in orders welcome.

Love Muffin Cafe

139 North Main 259-6833

McDonald's

640 South Main 259-8800

Mi Ranchito y Mexicano

812 South Main Street, Suite B 259-0550

Miguel's Baja Grill

51 North Main 259-6546
Opening March 17
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Milt's Stop & Eat

400 East and Millcreek Drive 259-7424
Lunch • Dinner
Open Everyday 11am-8pm.
Moab's oldest restaurant, since 1954. Milt's is pleased to serve local grass-fed, hormone-free beef burgers. We also serve classic diner sandwiches, buffalo burgers, hand cut fries, and delicious salads. Enjoy our homemade ice cream, shakes and old fashioned malts using milk from the McClish family dairy in Moab. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. Daily Specials. See ya'all at Milt's! www.miltsstopandeat.com.

EklectiCafe
Carnivores,
Herbivores,
Omnivores!
Vegetarian
Friendly
Breakfast • Lunch
"Best Desert Oasis" Salt Lake City Magazine
HOURS
7 Days A Week 7:00am-2:30pm
352 North Main, Moab • 435-259-6896

Buck's Grill House

Contemporary Western Cuisine
1393 North Highway 191
435-259-5201

Open Nightly at 5:00
www.bucksgillhouse.com

Vista Lounge

Live Music in the Vista Lounge
Thursday & Friday
No Cover

Authentic Mexican Food
FIESTA MEXICANA
Newly Remodeled Patio w/ 4 TV's
Large Parties Welcome. Childrens Menu Available
Lunch Specials - All \$6.25
All Served with Rice & Beans
Monday: Burritas ~ Beef or Chicken
Tuesday: Enchiladas ~ Beef or Chicken
Wednesday: Chimichanga ~ Beef or Chicken
Thursday: 2 Tacos ~ Beef or Chicken
Friday: Taco Enchilada ~ Beef or Chicken
"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila
Best Mexican Food in Town
Sun-Thur 11-10 Fri & Sat 11-11
202 So. Main St. Moab, Utah 259-4366
FiestaMexicanaRestaurants.com

For more information about these restaurants pick up a "Moab



Moab Brewery
686 South Main 259-6333
Lunch & Dinner
Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab Coffee Roasters
90 N. Main St. 259-2725
Open Every Day
On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas. Gelato made with all fresh ingredients, yummy scones, and coffee cake. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

Moab Diner & Ice Cream Shoppe
189 South Main 435-259-4006
Breakfast • Lunch • Dinner
Mon-Sat: 6:00 am - 9:00 pm
Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

Pancake Haus
196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli
98 East Center 259-0200
Open 11:00 am - 7:30 pm
Locals favorite. Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

Paradox Pizza
702 South Main St 259-9999
Lunch • Dinner
Open 3-9 everyday
At Paradox Pizza, everything is made in house, from our pizza dough to the New York Cheesecake. Join us for a slice and a beer after your day in the desert, or have dinner delivered to you. Voted Best Moab Pizza by Salt Lake City Weekly. Dine in, take-out or delivery. Family friendly. Order online at www.paradoxpizza.com.

Pasta Jay's
4 South Main 259-2900

Peace Tree Juice Cafe
20 South Main 259-0101
Breakfast • Lunch • Dinner
7 am to 9 pm Everyday
Welcome to the Peace Tree. We have full Breakfast and Lunch menus in addition to our newly expanded Dinner menu. Good pasta selection including gluten-free options. State liquor license. Fresh juice and wheatgrass.

Pizza Hut
265 South Main 259-6345
Lunch • Dinner
11 a.m. - 10 p.m. 7 days
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up and dine-in available all day. Delivery available 4pm - 10pm. OPEN EVERY DAY

Portal Grill at Moab Regional Hospital
450 West Williams Way

Quesadilla Mobilla
83 S. Main 260-0829

Red Rock Bakery & Net Cafe
74 S. Main Street 259-5941
Breakfast • Lunch
Open 7am-2pm Everyday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Open EVERY DAY.

Rio Sports Bar & Grill
1 block west of Main on Center 259-6666

Sabuku Sushi
90 East Center 259-4455

Singha: Authentic Thai Cuisine
92 East Center 259-0039
Lunch • Dinner
Lunch: Mon - Sat 11-3 Dinner: Mon - Sat 5-9
Starting March 18 - Open Sundays
For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chillies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

Slickrock Cafe
5 North Main 259-8004
Lunch • Dinner
Come join us and experience a fun and casual atmosphere. Experience our fantastic, friendly service. Enjoy Steaks, Seafood, Appetizers, Gourmet Burgers, Wraps, Sandwiches, Awesome Salads and Freshly Grilled Entrees. Ice cold beer in frosted mugs. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License. Come hang out for Live music Fri, Sat & Sun.

Sorrel River Grill Restaurant
17 Miles Northeast on Scenic Hwy 128 259-4642
Dinner (by reservation only)
Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

Subway Sandwich Shop
299 South Main 259-SUBS
Breakfast • Lunch • Dinner
Open 8 a.m. everyday
NOW SERVING BREAKFAST UNTIL 11AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill
900 North Highway 191 259-7146
Dinner
Steaks, Seafood, Pasta, Prime Rib. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. Closed Sundays. State Liquor Licensee.

Szechuan Restaurant
125 North Main 259-8984

Village Market
702 South Main 259-3111

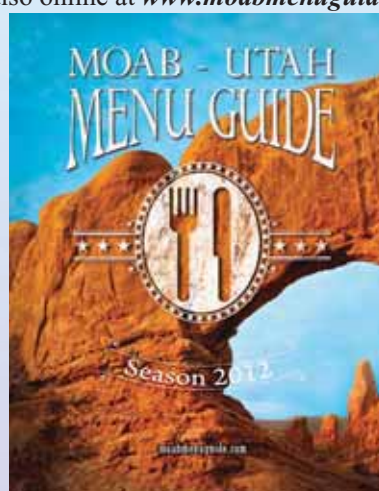
Wake and Bake Cafe
59 S. Main #6, McStiff's Plaza 259-2420

Wendy's
260 North Main 259-2595

Wicked Brew Drive Thru
132 North Main 259-0021
Open at 6 am Daily
Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

Zax
96 South Main Street 259-6555
Breakfast • Lunch • Dinner • Family Dining
We have it all! From our sunrise breakfast, to our hand cut steaks. We offer an extensive menu that includes the best burgers in Moab, sandwiches, pastas, salads, seafood and our famous All-You-Can-Eat pizza buffet and salad bar. Dine inside or out on our all-weather covered patio. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 7 days a week. Locally owned and operated.

Pick up a copy of the 2012 Moab Menu Guide at many businesses around town. It can help you choose a place to eat or order your meal for take-out. The Moab Menu Guide is also online at www.moabmenuguide.com.



COWBOY GRILL
MOAB, UT

↑

- DAILY BUFFET BREAKFAST 6:30-10AM
- SUNDAY BRUNCH 7-2
- BUFFET GRILL LUNCH 11:30-2
- FULL MENU PATIO DINNER 5PM

RIVERFRONT PATIO DINING

16 Miles east of Moab on Hwy 128
435-259-2002 • 866-812-2002

SLICKROCK CAFE.
Family Owned & Operated

Lunch & Dinner Menu
Live Music Fri, Sat + Sun.

Atrium Seating,
Appetizers
Gourmet Burgers,
Sandwiches,
Salads, Steaks
Freshly Grilled Entrees
Kids Menu, Daily Specials
Ice Cold Beer
Full Service Liquor License

Slicker than ever - Food with 'tude-
All that is missing is YOU!!

CORNER OF CENTER & MAIN
(435) 259-8004 • www.slickrockcafe.com

PARADOX PIZZA
MOAB UTAH

OPEN 3-9 EVERYDAY

EAST COAST STYLE, STRAIGHT FROM MOAB WE DELIVER

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER
SLICES! HOMEMADE SOUPS, BREADS & DESSERTS
702 SOUTH MAIN ST. 435-259-9999
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

Zax
Moab, USA

Zax Sunrise Breakfast
Saturday & Sunday
7:00am - 11:00am

Daily lunch and dinner specials!

- Steaks
- Burgers
- Salads
- Fresh Pasta
- Darn Good Pizza!

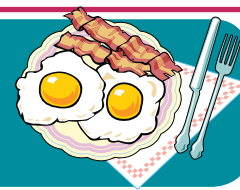
• All-U-Can-Eat Pizza Bar •

GREAT OUTDOOR PATIO • LARGE GROUPS WELCOME
COME QUENCH YOUR THIRST AT THE WATERING HOLE
@ Corner of 100 South and Main • Moab, Utah 84532 USA
(435) 259-6555 Check Out Our Wet Spot Laundromat

Menu Guide" And tell them you found them in "Moab Happenings"



RESTAURANT GUIDE



SIZZLIN' SKILLET'S **Denny's**

Fit Fare® Skillet **Starting at \$4.99**

DON'T FORGET!
Kids Eat Free Tuesday and Saturday
4pm - 10pm

989 North Hwy 191
OPEN 24 HOURS

Open Everyday 7am-2pm

BAKED ROCK BAKERY
DESSERTS • Espresso • US GMA

RED ROCK BAKERY
A Quality Scratch Bakery with fast, friendly service.
Internet Café • Dine-in or Take-Out
Now Serving Organic Fresh Moab Coffee
74 South Main • Moab, UT 84532 • 435-259-5941

Desert Bistro
Casual Fine Dining
Contemporary Southwestern Cuisine

Join us at our new location
in the heart of downtown
36 South 100 West

Open Tuesday - Sunday at 5:30 pm
Closed Monday
Reservations Recommended • 259-0756
FULL LIQUOR LICENSEE

SUBWAY
eat fresh.

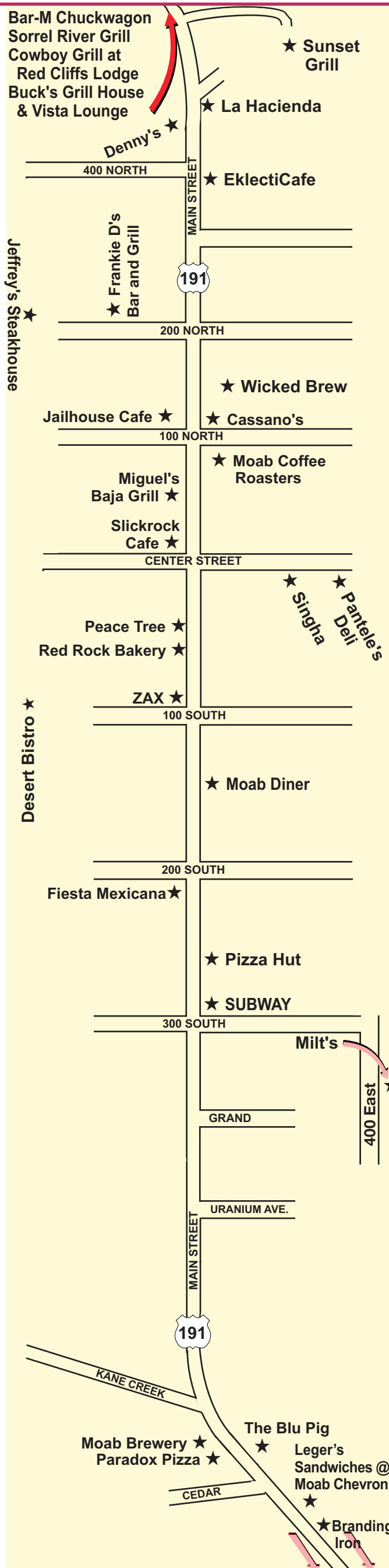
Located inside Walker's Convenience Store

COUPON • COUPON

Buy any 6" sandwich
and a 32oz drink
and get a
6" sandwich Free

Expires April 15, 2012

299 South Main • 259-SUBS



SUNSET GRILL

"Dining with a Million Dollar View"

Steaks • Pastas
Prime Rib
Fresh Seafood

259-7146

Patio • Catering
Family Dining

Open Nightly at 5:00 pm - Closed Sundays

Cassano's ITALIAN RESTAURANT

Moab's New Italian Restaurant
in the old Poplar Place
Family Owned & Operated

Great Choice for Take Out
and Catering

Traditional Italian Food

Bruschetta, Crab Stuffed Mushrooms, Antipasto, Lasagna, Chicken Penne Gorgonzola, Chicken Parmesan

Patio Seating - Red Rock Views

Cassanos
Italian Restaurant
11 East 100 North
259-6018 State Liquor License

Established 1954

Milt's
Stop & Eat

LOCATED AT 400 EAST AND MILLCREEK DRIVE
ON THE WAY TO THE SLICKROCK TRAIL.

FEATURING
LOCAL GRASS-FED, HORMONE-FREE BEEF BURGERS
NATURAL BUFFALO BURGERS
HAND-CUT FRIES
CLASSIC DINER SANDWICHES
FRESH DELICIOUS SALADS
OMEMADE SHAKES & OLD-FASHION MALTS

OPEN:
OPEN EVERYDAY 11 AM-8 PM.
WWW.MILTSSTOPANDEAT.COM
EAT IN OR TAKE OUT: 435-259-7424

Itching for BBQ? We have your oinkment!

Live Music
March 10th and 17th with **Bob Greenspan**

- Uinta Craft Brews on tap
- Private Parties
- Take out
- State Liquor License
- Catering Services
- Large Screen HD TV's

The Blu Pig
A BBQ and Blues Joint

Open Everyday
3 to Close

Phone 435-259-3333
www.blupigbbq.com

811 South Main Street
Moab, Utah 84532

Moab's only BBQ and Blues destination
Between Moab Valley Inn and La Quinta



RESTAURANT GUIDE

RESTAURANT GUIDE

Simply the BEST... Made Fresh Sandwiches • Soups • Salads



Local's Favorite


ANTELE'S DESERT DELI

Finest Quality Ingredients in Generous Portions

Dine-In • Phone Orders
Early Morning Pick-up • Last minute orders OK
 Open 11:00 am - 7:30 pm
435-259-0200 • 98 E. Center St. • Moab

DAVE'S CORNER MARKET
 4th East & Millcreek Drive
 259-6999

BEST CUP IN TOWN



Buy local FIRST UTAH

Largest selection of gourmet coffee in Southeastern Utah.
 Open 6 a.m. - 10 p.m. Monday - Saturday
 7 a.m. - 10 p.m. Sunday

www.moabsandwiches.com



SANDWICHES
 Made to order • Call in Orders
 6 a.m - 8 p.m.
259-2212

LOCATED INSIDE THE MOAB CHEVRON
 817 South Main Street

OPEN 24 HOURS  **Chevron FOOD COURT & DELI**

Wicked Brew
 DRIVE-THRU

A tasty experience of Organic Fair-trade coffees & espresso, 100% fruit smoothies & Italian sodas



Your day starts Right here!
 In the heart of town
132 N Main - Caffeinating daily @ 6am

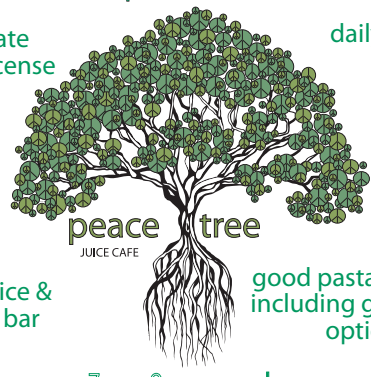
St. Patrick's DAY!



March 17th

peace tree juice cafe
 www.peacetreecafe.com

full state liquor license daily specials
 fresh fruit Smoothies



fresh juice & coffee bar good pasta selection including gluten-free options

7am - 9pm everyday
 Breakfast, Lunch, expanded Dinner menus
20 south main street, moab, utah 259-0101
 Also in Monticello at 516 North Main

MILEAGES TO MOAB

MILEAGE CHART

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Goosenecks	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367	81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404	
Blanding, Utah	329	81	26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	199	393	192	321	322		
Bluff, Utah	355	107	26	301	139	84	100	180	82	137	477	152	30	296	220	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296		
Bryce Canyon National Park	608	361	279	301	310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86	
Canyonlands National Park	398	31	113	139	310	109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435	
Canyonlands N.P. Needles	359	62	58	84	347	109	70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390	
Canyon Rims Rec. Area	353	80	74	100	353	86	70	236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396	
Capitol Reef National Park	487	244	158	180	100	275	230	236	244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217	
Cortez, Colorado	249	119	83	82	361	151	106	112	244	149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404	
Dead Horse Point	396	29	111	137	418	2	107	84	273	149	375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433	
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375	339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764	
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339	183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413	
Goosenecks	389	142	56	30	331	169	114	130	209	139	167	462	183	266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277	
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266	214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127	
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214	417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297	
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417	101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493	
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101	175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241	
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175	127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331	
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127	90	562	838	201	134	164	112	155	43	137	281	471	171	411	400	
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90	559	831	198	131	161	109	152	40	134	278	468	96	408	397	
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559	272	595	432	451	506	307	525	512	281	287	460	419	121	
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272	867	704	717	779	579	797	784	553	376	602	691	393	
Mesa Verde N.P. Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867	163	144	89	188	158	115	314	504	259	388	433	
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163	129	74	25	91	99	151	341	240	373	270	
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129	54	151	120	53	280	475	115	235	294	
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54	99	72	28	225	415	168	394	344	
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99	118	125	126	316	265	299	245	
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118	94	244	432	136	368	363	
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94	231	440	168	334	370	
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231	272	391	420	119	
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272	663	645	382	
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663	123	281	
Salt Lake City, Utah	730	230	321	343	324	262	308	285	257	359	260	512	404	377	413	583	285	182	366	411	408														

SKY HAPPENINGS

The Sky for March 2012

By Faylene Roth

SUNRISE AND SUNSET TIMES FOR MARCH

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	6:50am	6:12pm
2	6:48am	6:13pm
3	6:47am	6:14pm
4	6:45am	6:15pm
5	6:44am	6:16pm
6	6:42am	6:17pm
7	6:41am	6:18pm
8	6:39am	6:19pm
9	6:38am	6:20pm
10	6:36am	6:21pm
11	7:35am	7:22pm
12	7:33am	7:23pm
13	7:32am	7:24pm
14	7:30am	7:25pm
15	7:29am	7:26pm
16	7:27am	7:27pm
17	7:25am	7:28pm
18	7:24am	7:29pm
19	7:22am	7:30pm
20	7:21am	7:31pm
21	7:19am	7:32pm
22	7:18am	7:33pm
23	7:16am	7:34pm
24	7:15am	7:35pm
25	7:13am	7:36pm
26	7:11am	7:36pm
27	7:10am	7:37pm
28	7:08am	7:38pm
29	7:07am	7:39pm
30	7:05am	7:40pm
31	7:04am	7:41pm

From east to west, Mars, Moon, Sirius, Jupiter, Venus, Mercury—the six brightest objects visible from the northern hemisphere—can be seen March 1-5. All shine at negative magnitudes. Mercury quickly slips below the western horizon.

Moab UT (at City Hall)
38°34' N Latitude - 109°33' W Longitude
4048 ft - 1234 m Elevation

MAJOR CONSTELLATIONS OF MARCH

Overhead

- Cancer
- Canis Minor
- Gemini

Northward

- Cassiopeia
- Cepheus
- Perseus
- Ursa Major
- Ursa Minor

Eastward

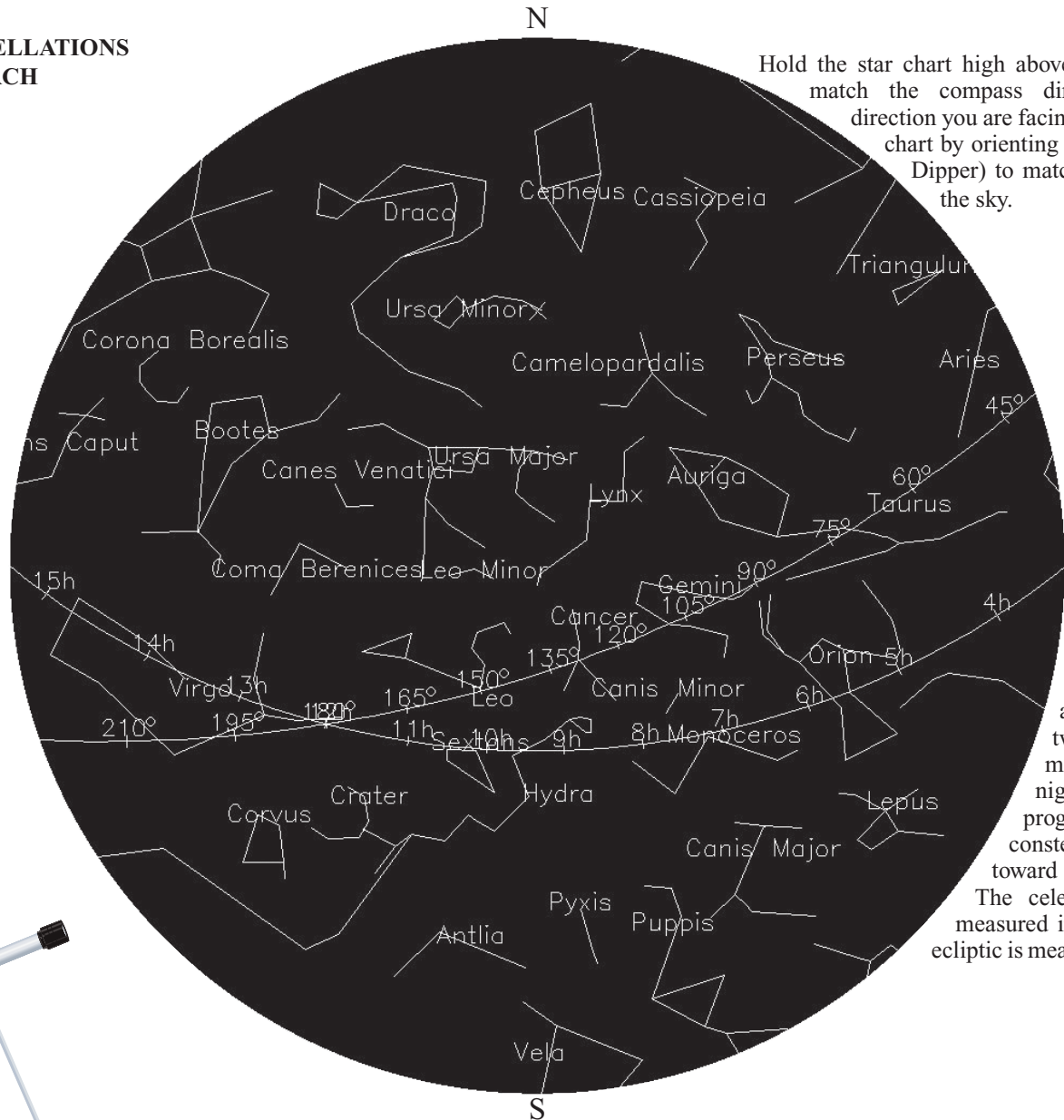
- Bootes
- Corona Borealis
- Leo
- Virgo

Southward

- Canis Major
- Corvus
- Hydra

Westward

- Aries
- Auriga
- Orion
- Taurus



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.



DAYLENGTH

March 19 marks the Vernal Equinox when the sun is above the horizon for 12 hours. Three days earlier, though, light overtakes the darkness of winter. The 12-hour day on March 16 is due to refraction (light rays curve as they pass through the earth's atmosphere) which makes the sun visible while it is still below the horizon. We gain 75 additional minutes of sunlight this month. Daylight saving time (beginning March 11—advance clocks forward one hour) transfers one hour of morning light to the afternoon. By month's end, earlier sunrises have restored one-half hour of the lost morning light.

EQUINOX

Spring comes early this year to canyonlands. Many calendars mark March 20 as the first day of spring because astronomers use Universal Time (UT), which is six hours ahead of MDT, seven hours ahead of MST. So, in Utah, the vernal equinox occurs March 19 at 11:14pm MDT. Equinoxes mark the point when and where the sun's position on the ecliptic intersects the celestial equator. The March star map shows a point of intersection in Virgo, but it displays the night sky and reveals the sun's position at the autumnal equinox. The point of intersection at the spring equinox occurs in Pisces, a position which can be viewed in the night sky in September.

ZODIACAL LIGHT

At the equinoxes the sun rises due east and sets due west, which means that at sunrise and sunset the rays of the sun shoot straight up into the sky in a line perpendicular to the horizon. For sky gazers this produces an unusual light show—the zodiacal light—for several weeks before and after the equinoxes. The light show appears about two hours before sunrise (before twilight brightens the morning sky), or about two hours after sunset (once twilight has faded from the horizon). Before the spring equinox, face the western horizon near where the sun set. Look for a faint, stationary, cone-shaped beam of light piercing the dark sky in a nearly perpendicular line (slightly angled to the left) passing near Venus and Jupiter. After the equinox face east, towards the point where the sun will rise, and look for a beam angled slightly to the right. The zodiacal light extends as much as 50-60 degrees above the horizon and illuminates a cloud of dust in the inner solar system well beyond our atmosphere.

MOON HAPPENINGS

- March 8 – Full Moon occurs at 3:39am and rises at 7:08pm.
 - March 14 – Last Quarter Moon rises several hours after midnight.
 - March 22 – New Moon occurs at 8:37am.
 - March 30 – First Quarter Moon sets several hours after midnight.
- (The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

COMET EVENTS

No major meteor events occur this month, but another astronomical event is on view in the circumpolar skies of the northern hemisphere. Comet Garrard promises to be a naked-eye event as it approaches its nearest point to the sun on March 5. Look for a greenish blur at the limit of visibility (magnitude +6) near the end stars of Ursa Minor's dipper. The comet, visible throughout the night, moves NNW until March 11, then turns SW and moves back through the Little Dipper during the rest of March. Use binoculars to view the tail.

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

VISIBLE PLANETS

- Jupiter** - Look high in the western sky for Jupiter's brilliant yellow disk which sets around 10:00pm (in Aries). On the night of March 14/15 it approaches to within three degrees of Venus. (Magnitude -2.1)
- Mars** - On March 1 Mars rises within one minute of sunset. On March 3 it is at opposition (opposite side of Earth from the sun), which presents its face like a full moon. On March 5 its orbit brings it to its closest point to Earth for the next two years. Its deep red orb is easily recognized below Leo, and it remains visible throughout most of the night. (Magnitude -1.2)
- Mercury** - Look for Mercury about 30 degrees below Venus (in Pisces) during the first week of March. On March 5 it reaches its greatest elongation, reaching about 18 degrees above the horizon at sunset. Mercury is headed for inferior conjunction (pass between Earth and sun) and will disappear into the sun's glare by midmonth. (Magnitude +1.2)
- Saturn** - Watch Saturn rise in the eastern sky about 10:00pm. It will be in the western sky by dawn. Saturn's bright yellow orb appears to the left of Virgo's bright star Spica. (Magnitude +0.4)
- Venus** - Follow Venus from Pisces into Aries this month. It moves into conjunction (close proximity) with Jupiter on the night of March 14/15. (Magnitude -4.3)

Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.

Primary Sources:

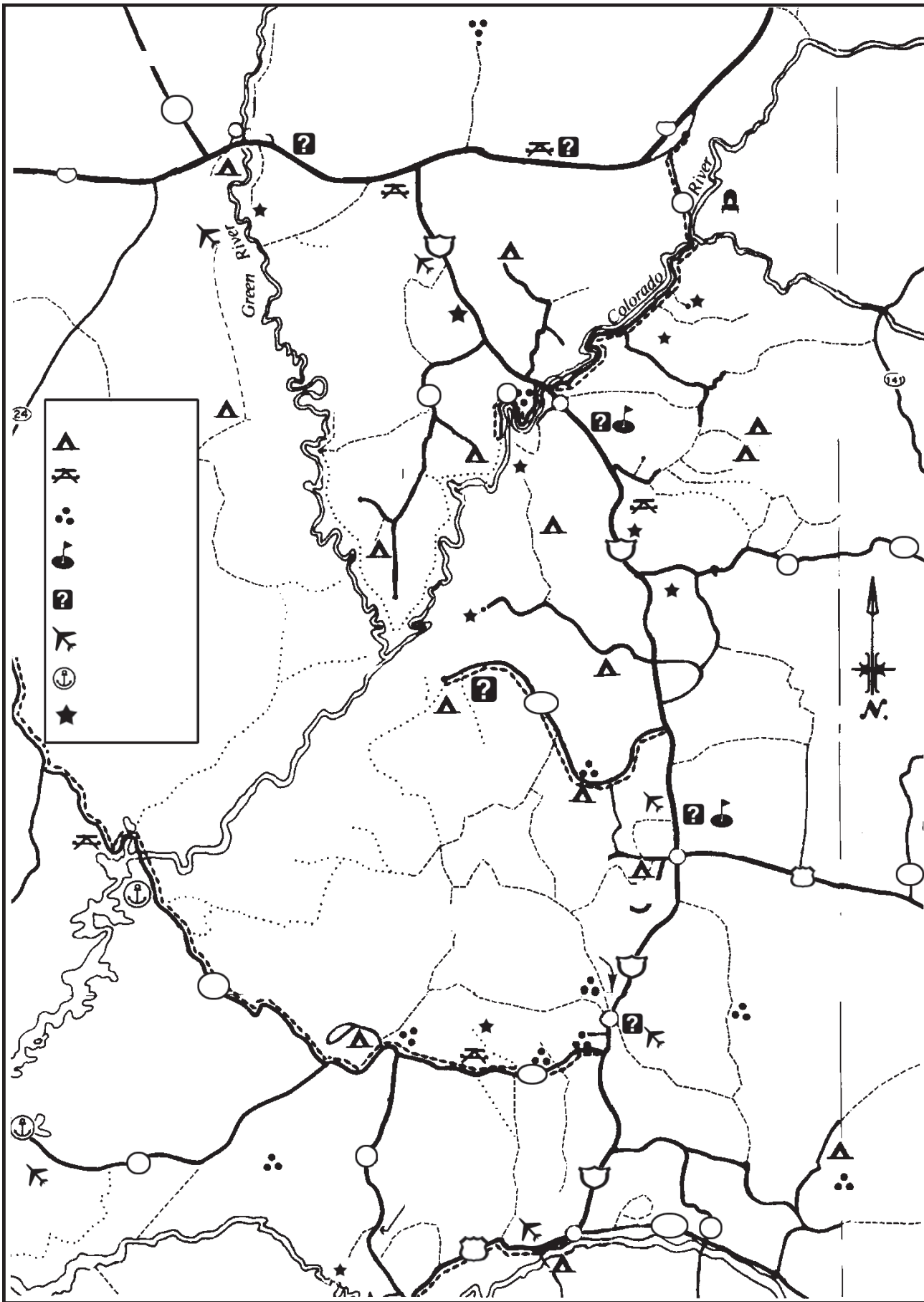
USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>
To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

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Alex Meininger M.D.

As an athlete, Dr. Meininger understands that sports and activities are a lifestyle. His #1 goal is to return patients' function at home, at work; on the trail or on the field. His philosophy is to exhaust advanced rehabilitation and non-operative therapies before considering surgery.

Dr. Meininger received his M.D. from Rush Medical College of Rush University, and completed his



residency at the University of Illinois Affiliated Hospitals. His interest in sports medicine led to a fellowship in Arthroscopic Surgery & Sports Medicine at the University of Chicago.

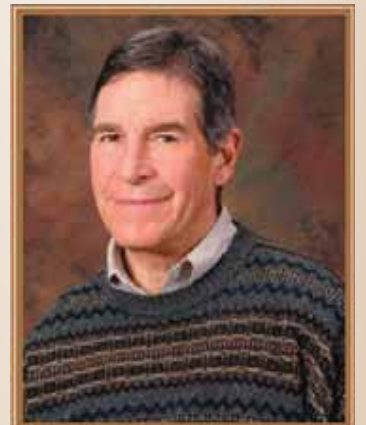
Dr. Meininger is a published author of numerous articles

on orthopaedic topics, and has taught and given presentations to other orthopedic surgeons.

L. Edwards Weeks M.D.

As a general orthopaedic surgeon and shoulder/upper extremity specialist, Dr. Weeks offers the highest quality care to his patients in a personalized manner. Conservative (non-surgical) care is recommended for many patients of all ages.

Dr. Weeks graduated magna cum laude with highest honors from Williams College in Massachusetts. He received his MD from Columbia University College of Physicians and Surgeons with post-graduate training at Brown University and in Europe. While practicing emergency medicine and attaining board certification, he discovered his love of orthopaedics



and returned to New York for orthopaedic residency at the New York Orthopaedic Hospital of Columbia-Presbyterian Medical Center. Dr. Weeks practiced in Salt Lake City for 25 years before moving to Moab.

Dr. Weeks has been involved in research, teaching and has given many presentations to other orthopaedic surgeons, most recently speaking on shoulder replacements.

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ASTROLOGY HAPPENINGS

Horoscope March 2012

By Robert Wells

March starts very nicely but falls off sharply on the 3rd, when someone needs an ego stroke and they better get it. Avoid spending money to stroke that ego on the 4th, as that will be money poorly spent. You get a big mental hit from the Universe on the 5th and it could play out in an artistic way by the end of the week. The second week of March is quiet. If you spend any time outside, you'll be able to connect to the rising tide of the coming change of seasons. Mercury goes retrograde on the 13th, so triple check schedules, plans, accounts, files, phones, emails, texts, twitters, and your tank and tires. The 13th to 15th are big business days. Conclude matters started before the 13th, but hold off on committing to anything new for the next three weeks. The Sun moves into Aries on the 21st. Aries rules the head. Mercury rules the brain. The Sun and Mercury come together on this day...result: Brain Fry. Everyone is singing, "I Got to Be Me" on the 23rd, and they aren't very open to making any personal changes, so be advised. The last days of March are pretty much mellow. In like a Lion, out like a Lamb.

Mercury Retrograde: 12th to the 31st
Daylight Savings Time Begins: Sunday the 11th
Saint Patrick's Day: Saturday the 17th
Spring Equinox: Tuesday the 20th

Feb. 19 - Mar. 20 **Pisces:** Happy Birthday! You have an exciting month ahead. Don't over exert yourself early in the first week. Handle money frustrations; use some original thinking to promote an artistic effort at the end of the week and then consumes all of your second week of March. The third week of March is Fireworks Day applied to communications and messages. The News Is Grand! You shift your attention to cash the last week of March and into April and it's all good news.

Mar. 21 - Apr. 20 **Aries:** Put your feet up and relax. You need this time. It is the calm before the storm, but in a good way. During the first week don't be stampeded into exceeding your limits. Use some original thinking to solve a problem. You spend most of the second week of March in some artistic project. Week three is a major event. The aspects are over-the-top for financial success to find you. The last week sees you coming out of your shell and into the light of the coming year.

Apr. 21 - May 21 **Taurus:** You and your friends are having a big time party this month. Time to dream the coming year. Don't let a scuffle in the workplace put you off for the entire week, as a problem is solved with your original thinking at weeks end. During the second week an artistic dream could come true for you. Romance and money are favored off the block during the third week of March, so cash in on both. Time to power down during the last week of March and just relax.

May 22 - June 21 **Gemini:** The planets are highlighting your career sector this month. During the first week don't try to shoulder everything yourself at the office. Use some original thinking mid week and you'll be dandy. The heavens favor an artistic endeavor of yours during the second week of March.

Whatever it is has some incredible energies to boost it over the moon to success during the third week of the month. The last week of March sees you spending more time with your friends and tending to your heart's desire.

June 22 - July 22 **Cancer:** Groups like your church or social clubs are your centers for activity this month. Don't over do it while on a group project as it could keep you away from the office the first week. An inspired idea consumes the second week of the month. That same project grows into something off the charts during the third week and you stand to really cash in on it. The last week of March your shift into career mode and focus on those activities for the last week and into April.

July 23 - Aug. 24 **Leo:** Tending to the joint monies is how you spend your time this month. For starters you get a jolt with the joint checking account is not right and that a new budget would help straighten out. Some creative savings ideas help, too. See?!? All in the first week! A business

tip at work could be in the works during the second week of March. And Then...the signs are through the roof to cash in on a big business deal during the third week of the month. Your church or social groups take up your time during the last week and well into next month.

Aug. 24 - Sept. 22 **Virgo:** Partnerships are aglow this month, but you could come on too strongly during the first week of the month and put your partner off. If you try a softer approach maybe you'll get further by the end of the week. Try an artistic pastime with your partner during the second week of the month. Sharing a project can be great fun. Look to make some major cash on last weeks project during the third week of March. You shift to handling your joint partnership assets during the last week of the period.

Sept. 23 - Oct. 23 **Libra:** Guarding your health and your job will be your focus this month and an upsetting moment at the first of the week can have your head and stomach spinning. Slow down and think. An idea can come to you that will straighten everything. During the second week you and try to brighten your workspace on the one hand or look at improving your appearance, on the other. There could be a big raise in pay coming during the third week of March. That should make you smile. Your attention turns to your partner's needs during the last week of the month.

Oct. 24 - Nov. 22 **Scorpio:** Romance is in the air and there are demands for your attention during the first week that could wear you out. Slow down and breathe. Try some artistic diversions during the second week to quiet matters down a little. The third week sees some major money and love rewards coming your way. Remember to say "Thank You" to the Universe. You shift your gaze to matters of health and employment for the last weekly period of March. Promote yourself to higher-ups on the last few days of the month.

Nov. 23 - Dec. 21 **Sagittarius:** This is the time of year for you to look at where you live and any changes or improvements that may be needed. Trouble is it's a balancing act between your career demands and the home front always. One has been neglected. Straighten it out during the first week of March. Work on something artistic for your home during the second week, so by the third week you can really see some super benefits. Maybe even in cash. It sets the stage for the last week of the month when romance fills the air and your life for the coming sign of Aries.

Dec. 22 - Jan. 20 **Capricorn:** The Universe has you on the run this time of the year but be double careful while driving and do no over tire yourself during the first week. A bright idea mid week could save you some steps. An artistic interest could consume you during the second week of March and it could turn into a golden romantic opportunity for you during the third week. The romantic theme shifts into high gear during the four-week and the coming month, just in time for spring.

Jan. 21 - Feb. 18 **Aquarius:** Money matters at this time of the year for you and during the first week activities could bring changes that seem to wear you or you partner out. Take a day off mid-week and find a distraction. During the second week of March try following an artistic urge and see where that takes you. If it's what it looks like, you could benefit money wise in a big way. The last week of the month has you running all over the town with errands and handling communications as they come in. It's a great time to call your brothers and sisters and re-connect with them, as well.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in Salt Lake City, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life."

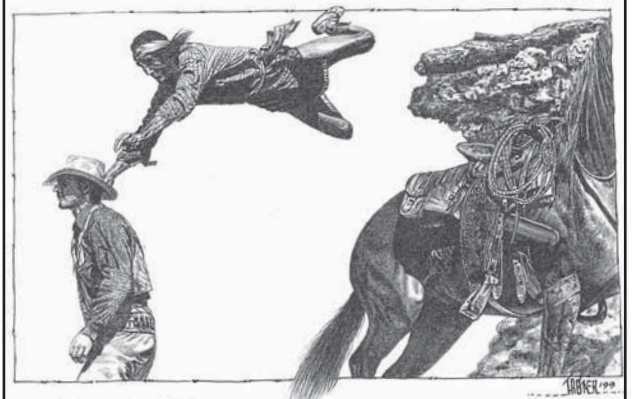
Stunts, Stars and Legends:



Terry Wilson by John Hagner



An Honored Inductee in the Hollywood Stuntmen's Hall of Fame, Terry Wilson, stuntman and actor, was a native Californian who appeared in more than thirty-five films and television shows between 1947 and 1981. He was one of the stuntmen who trained with some of the legends of stunt world including Paul Baxley, Charles Horvath, Harvey Parry and Alan Pomeroy, over at Warner Bros. Studios back in 1947. He doubled for such stars as Robert Mitchum and John Wayne ("Hondo"). He was a member of the John Ford Stock Company, in which he worked as an actor as well as performed his own stunts and doubled for some of the other actors who were not allowed to do their own dangerous stunts, mostly in westerns. He was best known for his excellent portrayal of assistant wagon master "Bill Hawks" in 267 episodes of the television series "Wagon Train", going back from 1957 to 1965.



Terry Wilson, doubling for actor Leo Gordon is about to be pounced on by stuntman, X Brands, in "Hondo", starring John Wayne. Terry doubled for 'Duke' in the fight scene with indian in the film.

He also authored one of the series episodes titled "The Ah Chong Story". His last acting role was as "Norman Scroggs" in an episode of "The Dukes of Hazzard". Portrait and Scene Drawing by John Hagner (Artist of the Stars), who has done 54 different portraits of John Wayne, three of which are in full color drawings. John Hagner is the Founder of the Hollywood Stuntmen's Hall of Fame, which is a Non-profit organization dedicated to preserving the history of the stunt profession of motion pictures and television and to honoring stunt people the world over.

The website is www.stuntmen.org. The Hall of Fame is presently without a home. Anyone interested in making a tax-deductible donation may do so by sending your donation to: Hollywood Stuntmen's Hall of Fame, 81 W. Kane Creek Blvd. - #12, Moab, Utah 84532. You will receive a signed-by-artist print in full-color, mounted on 16x20" matte board, suitable for framing of JOHN WAYNE. Phone number: 435 260.2160.

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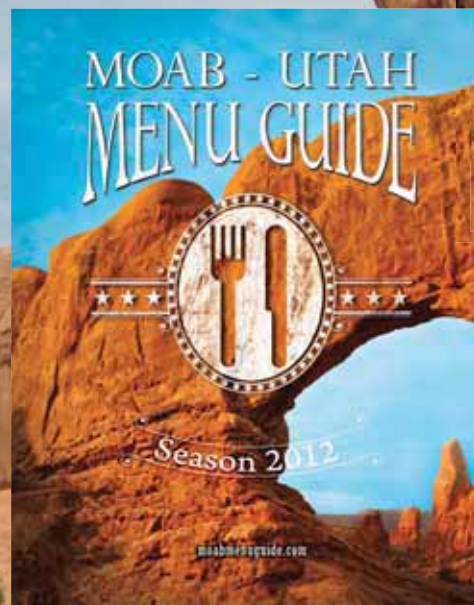
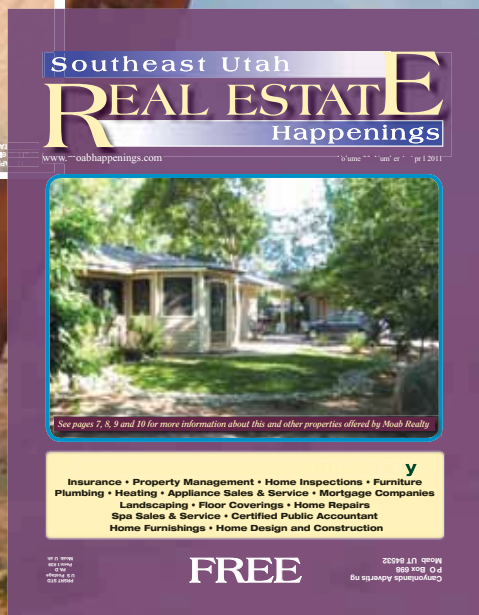


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Volume 23 Number 12

Section B

March 2012

Canyonlands Half Marathon



March 17, 2012

Photo: brightroom

Note: Highway 128 will be closed Saturday, March 17 from 8 am -1 pm. 500 West and 400 North along the race course will be restricted or closed to traffic between 9 AM and 2 PM on Saturday, March 17.

On Saturday March 17, nearly 5000 runners will line up at the start lines of the 37th Annual Canyonlands Half Marathon and Five Mile Run. Among the racers will be returning champions, first-time half-marathoners, families, locals and far-flung visitors. One hundred twenty participants will be running the race for at least the tenth year; 14 will be coming from outside the United States, and another 30 will be older than 70. Forty-four states will be represented, including Utah, whose residents make up just over half the participants.

Runners will descend on Moab on Friday, March 16th to pick up their bib numbers, race shirts and "goody bags" at the Packet Pickup Expo at the Center Street Gym the day before the race. In addition to a durable, reusable tote filled with goodies from sponsors, runners will receive a virtual "bag" stocked with coupons, info and promotions via email the week before the race. "We're excited about the Virtual Race Bag because it greatly reduces paper consumption and lets runners choose what promotions they want to pursue," says Assistant Race Director Katy Robertson.

Other green initiatives at the Canyonlands Half Marathon include the use of compostable cups at the expos, race starts, course and finish. Volunteers and race crew will collect these cups in special cans and bags, then transport them to a commercial composting facility in nearby Grand Junction after the race. Race participants are encouraged to look for and use the special cans for their water and Gatorade cups, in addition to the recycle and compost cans available.

Another of the Moab Half Marathon's objectives is to give back to the community. This year, the event has raised over \$12,000 for Moab Regional Hospital, Canyonlands Community Recycling, Moab Girls on the Run, and Grand County High School Cross Country. Other race beneficiaries include the Humane Society of Moab Valley, Community Rebuilds, the Youth Garden Project and the Moab Teen Center. "It's great to see so many local organizations and individuals come together to put on an event that brings real benefits to our community," says Race Director Ranna Bieschke.

Race start times are 9:30 am for the Five Mile Run and 10:00 am for the Half Marathon. Spectators are encouraged to come out and cheer for their favorite athletes along 500 West, 400 North and the

Finish Area Expo at Swanny City Park. While there, they can enjoy live music and visit the varied food and retail vendors around the park.

The Moab Half Marathon thanks all participants and community members for their support of this year's event. See you at the finish line!

Packet Pickup Expo Location:

Center Street Gym, 217 East Center St,
Friday 1st at 9 pm Saturday 7th at 7:30 am

Five Mile Run shuttles will load at HMK Elementary School at 7:30 am.

Half Marathon shuttles will load at the south side of Swanny City Park at 7:30 am.

Runners and spectators are encouraged to walk to Swanny City Park from their hotels, as parking is limited.

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DEAD HORSE POINT HAPPENINGS

Moab Artist Jacci Weller featured at Dead Horse Point State Park

The Bighorn Gallery at Dead Horse Point State Park will be showing original artwork by Moab artist Jacci Weller. "A Golden Year, Four Seasons of Canyon Country Color" is a collection of paintings on exhibit from March 3rd through April 27th. Join us for an opening reception with the artist on Saturday, March 3rd at 4 p.m. in the Bighorn Gallery.

Jacci Weller's paintings are inspired by her observations of the "colors and shapes of the rocks, the vibrancy of the light, the wildly diverse flora, and the amazing expanse of earth and sky." Her paintings offer an intimate, brilliant portrayal of her desert surroundings.

Jacci has a BA from UCLA in fine art, drawing and painting, and an MA from California State University in fine art, sculpture. She worked as a public muralist in Los Angeles, taught design and drawing at Lane Community College in Oregon and conducted fiber workshops at the University of Oregon in Eugene. Jacci continued to do sculpture work for several years, then became a full time business person, moving to Moab 18 years ago. She returned to her art five years ago and has incorporated her love of desert hiking into her creative works that represent

her "absolute delight" in the natural world. Many of Jacci's paintings are in private collections throughout the western states.



During the art exhibit at Dead Horse Point State Park, each painting is available for purchase. For more information about the artist, visit www.jacciweller.com

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 9 a.m. to 5 p.m. in the winter and from 8 a.m. to 6 p.m. mid-March to mid-October. Park admission is \$10. The park admission fee will be waived during the opening reception on Saturday, March 3rd 2012. For more information, please contact the park at 435-259-2614.



This painting by Jacci Weller is featured on the cover of this Moab Happenings.

Spring Riding at Dead Horse Point State Park



the park make for an excellent ride. Many riders of the skinny tire crowd are gearing up for the 2012 Moab Skinny Tire Festival and on Saturday, March 10th, some event participants will set their sights on Dead Horse Point. This annual event brings cyclists to Dead Horse Point for a great day of riding.

Dead Horse Point proudly offers mountain biking and road cycling for all ability levels. This March is an excellent time to plan a day riding the Intrepid Trail System or Scenic Byway 313. Whatever the width of your tires, any day of riding ends best with an unforgettable sunset from the world famous view at Dead Horse Point State Park.

March is here and with it comes the onset of the tourist season at Dead Horse Point State Park. Park staff is looking forward to a great season of interpretive programs, school field trips, guided hikes, and the daily assortment of visitors from around the world. The abnormally warm and relatively snowless winter has paved the way for abundant outdoor activities this spring. Despite the fact that March retains a bit of chill in the air, it is an excellent time for both fat and skinny tire cyclists to get rolling.

The Intrepid Trail System at Dead Horse Point State Park offers enjoyable riding for novice mountain bikers and their seasoned counterparts. These trails offer a fun riding experience and astonishing views. Since its inception, the Intrepid Trail System has yielded a steady increase in use each season. The varied terrain of all three trails in the Intrepid Trail System are ideal for preparing any rider for the challenge of Moab's more advanced trails. Many riders have already begun to take advantage of the trails and get a jump start on the riding season. March weather provides good riding conditions, enough daylight and lacks the extreme heat of summer.

Riding at Dead Horse Point isn't limited to mountain bikers. Road cyclists choose Scenic Byway 313 for a challenging ride, ending with the breathtaking view from Dead Horse Point. The expansive views and rolling roads within



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TRAIL HAPPENINGS

Trail Safety in Grand County

by Trail Mix

Carefully planned and maintained trails help keep visitors safe in Grand County, which has the dubious distinction of requiring the most rescues of any county in Utah. Thousands of visitors and locals enjoy a variety of sports in the backcountry around Moab, but those sports present risks, and Grand County covers a vast area. Arches and Canyonlands National Parks as well as Dead Horse Point State Park have many rescues as well.

In addition to the Moab backcountry's complex system of roads, trails, washes, canyons, cliffs, rivers, and mountains, trails and waypoints can have many names and nicknames. The Grand County Non-motorized Trail Mix Committee has also recently added many new mountain bike trails to the Moab area. The group keeps Grand County updated with the most current trail maps at <http://www.grandcountyutah.net/trailmix/Maps.htm>

Lost or injured in the Moab area? Even the most experienced outdoors individuals following well-marked trails can have accidents. You will hopefully be able to connect by 911 to emergency personnel. However, being prepared is your responsibility, and preparation could save your life or the life of someone else.

The most serious injuries are often in ATV, motorcycle, and mountain bike accidents, including road rash, broken bones, and scraped up legs, arms, and faces. The usual causes are loss of control and lack of skills, though helmets and proper body and footwear can keep an accident from becoming a fatality. Fortunately, there was only one ATV fatality in 2011.

Every river rafter, kayaker, swimmer, and floater needs a life vest. Wearing a life vest on the Colorado River is required by law. There were two river fatalities in 2011, perhaps partly due to it being a very high water year on the Colorado. Among hikers, rock climbers, BASE jumpers, and Jeepers, there were some incidents in 2011—most of them avoidable—but no fatalities. Hikers sometimes got caught after dark, didn't know the trails, or did not have a map, light, or compass. Trail safety can include wearing proper hiking footwear, following cairns and obeying signs, and packing a headlamp and appropriate trail and topographic maps. Climbers, jumpers, slackliners, and Jeepers should have training, proper gear, and repair and first aid kits for emergency situations.

Travel with a friend who can go for help or assist the injured person. If you are the one going for help, note the injured person's location so you can lead others back to the accident site. Alert someone to where you are going and when you plan to return, including the name of the trail, road segment, site, or area. Bring a map and a GPS (and know how to use it). Pack extra batteries, and carry a cell phone, although many backcountry areas will not have service. It is possible that 911 or texting may still work, and, if there is coverage, many cell phones now report your GPS location.



When a 911 call is initiated, trained rescuers and medical staff are dispatched. On call 24/7 year round, these first responders may have trouble locating an individual if they don't know where the individual is. Know your trailhead name and location, specific trail name, and nearest road. To expedite a potential rescue, carry a satellite-based SPOT tracking device or GPS.



St Mary's helicopter services, a 4x4 van or a 4x6 Ranger vehicle may come into use via Moab's 911 service to transport ill or critically injured individuals. When these options are not available, injured people will be manually transported on a wheeled litter to the closest medical transportation available.

Natural light will help you stay safe, so if you start early and know when sunset is, you won't get caught trying to follow a trail in low light. Even with a headlamp, hiking in the dark can be challenging. Bring, rent, or buy the proper gear: life vests (including for your dogs), hiking boots and good socks, bike helmets, seat belts, etc. Dress for the weather: layers of light-colored, natural-fiber clothing plus a wide-brimmed hat will help keep you comfortable. Visitors have come to Moab thinking it's universally hot. Though it is hot in the summer, if you travel into the La Sal Mountains above 11,000 feet, you might encounter storms and nighttime cold weather.

Heat-related incidents and accidents during the summer are common. Don't underestimate problems created by high temperatures. Match your adventure to your conditioning, and carry and drink plenty of water. Be aware that you can also get dehydrated in cold-weather conditions.

Enjoy a safe and fun experience in the Moab backcountry, but prepare for your adventure. Trained emergency personnel are ready if and when an emergency does happen, but visitors will prefer experiencing the trails and the red rock scenery, not our new hospital's emergency room.

Trail Mix is an advisory committee to Grand County in the development and maintenance of non-motorized trails. The committee represents non-motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.





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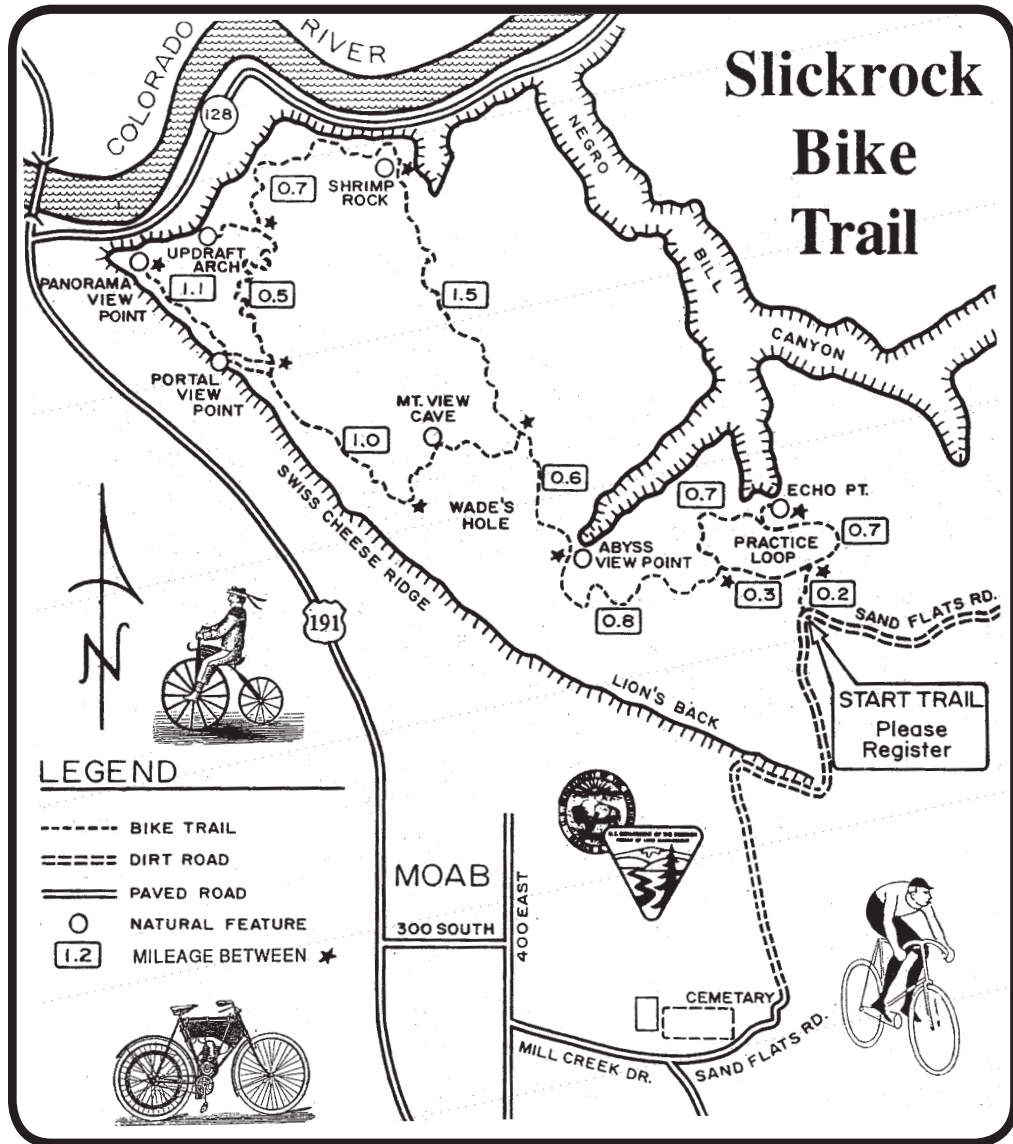
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MOUNTAIN BIKING

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Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

• **SKINNY TIRE FESTIVAL March 10-13, 2012** Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through the grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

• **MOONSHADOWS IN MOAB May 5, 2012** Enjoy this fully supported 44 or 60 mile ride by the light of the (almost) full moon. As you gain 2700 feet in climbing elevation the moon has risen and illuminates the desert sagebrush casting a silvery glow throughout the vastness of Canyonlands National Park. Arrive at Dead Horse Point State Park for a light dinner at the outdoor Moonshadows Café overlooking the Colorado River. Drink in the ambiance at the most unique AID/food station you may ever visit. Enjoy a thrilling return to the Start/Finish area then enjoy post-event revelry at Frankie D's Saloon.

• **3RD ANNUAL GRAN FONDO MOAB May 12, 2012** The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates.

• **MOAB CENTURY TOUR September 21-23, 2012** This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit www.skinnytireevents.com or 435.259.2698.

• **OUTERBIKE October 3-7, 2012** Outerbike is a chance for you to test ride next year's bikes on world-class roads and trails in Moab, Utah. For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, plus a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunches, shuttled rides, prizes, movies, and entrance to our evening parties! For sign up, information and scheduled events go to www.outerbike.com.

• **24 HOURS OF MOAB October 6-7, 2012** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN Mountain Bike Festival - October 25-28, 2012** Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit www.moabholdown.com for more information.



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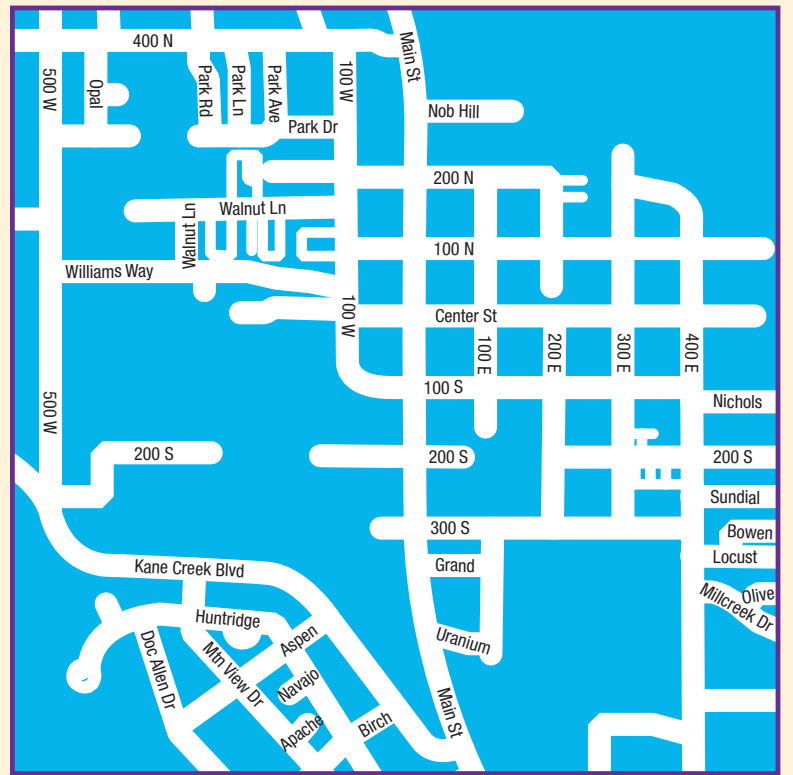
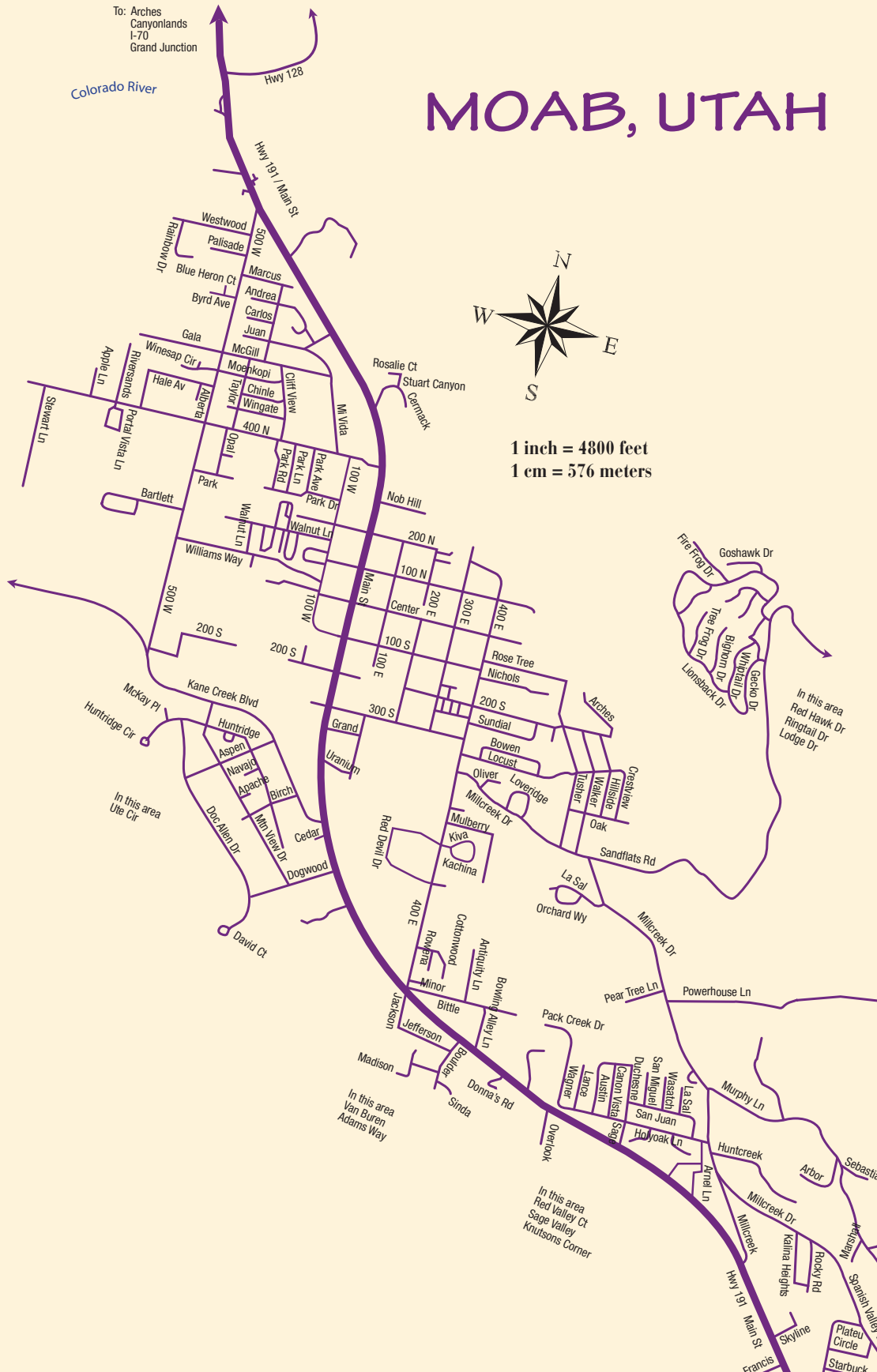
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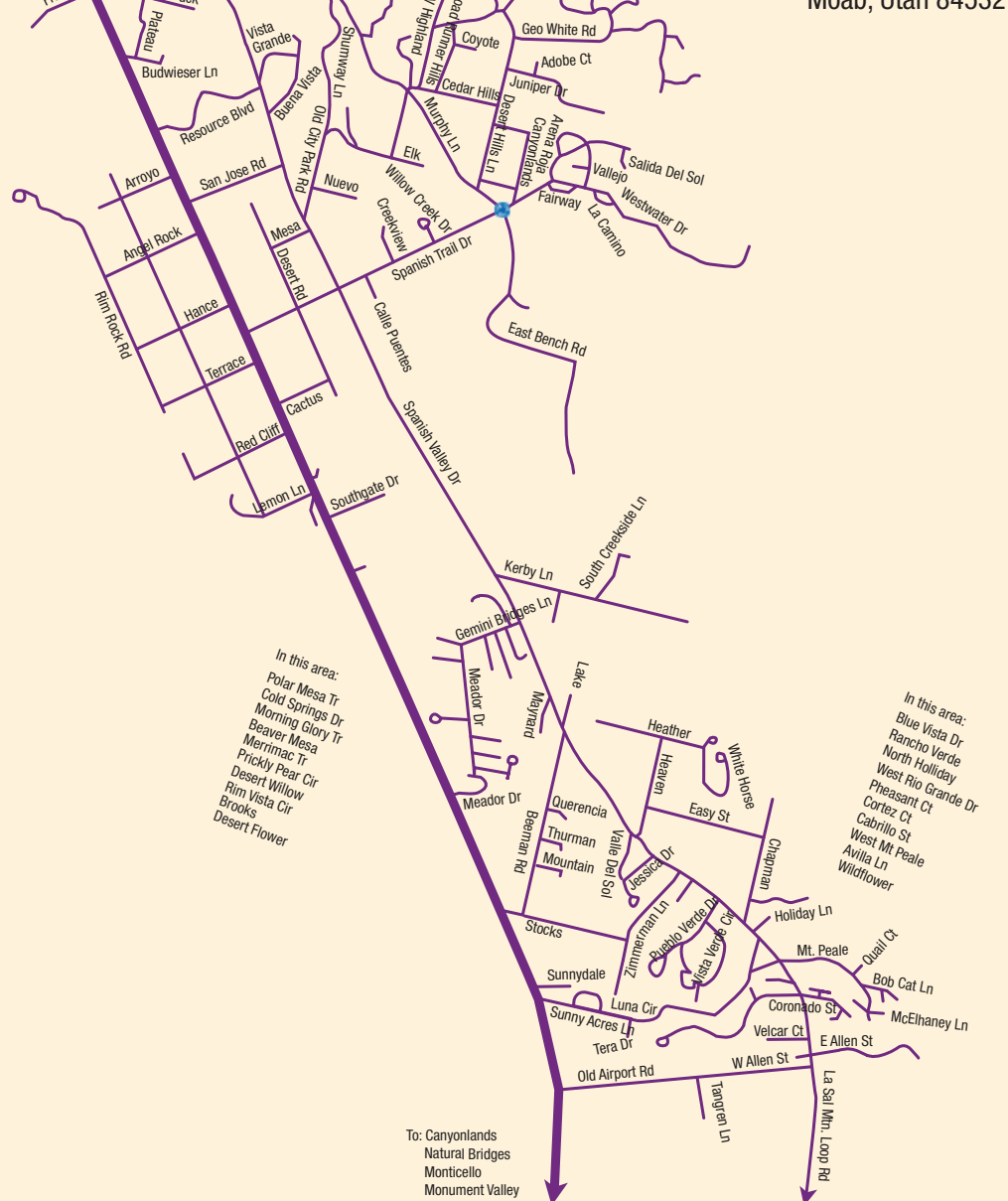
AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49/18	0.53
FEBRUARY	50/25	0.62
MARCH	60/34	0.71
APRIL	72/41	0.79
MAY	82/50	0.57
JUNE	92/57	0.45
JULY	99/64	0.49
AUGUST	95/62	0.87
SEPTEMBER	87/52	0.83
OCTOBER	73/40	1.16
NOVEMBER	56/30	0.60
DECEMBER	45/21	0.64

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- First Baptist Church SBC • 420 MiVida Drive..... 259-7310
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NATURE HAPPENINGS

March Madness

By Damian Fagan

“The March hare ... as this is May, it won't be raving mad – at least not so mad as it was in March.”

-Lewis Carroll, *Alice's Adventures in Wonderland*

The European brown hare's courtship antics gave rise to the saying “as mad as a March hare.” Of course, our own hares can go a bit “crazy” in spring, as well.

Here in Canyon Country there are several representatives of the Hare or Rabbit Family (Leporidae): black-tailed jackrabbit, desert cottontail, Nuttall's or mountain cottontail and the American pika. The jackrabbit and cottontails may be observed year-round, but the mountain dwelling pika gets cut off from the visiting public in winter due to snow.

Jackrabbits, desert cottontails and other leporids (from the Latin name “lepus” meaning “a hare”) are key species in the cycle of predator-prey. A vast majority of large predators: kit foxes, coyotes, bobcats, red-tailed hawks, golden eagles, great horned owls, gopher snakes and rattlesnakes prey on rabbits and hares. Though a full grown jackrabbit might be too much for a gopher snake to digest, the constrictors could prey on the smaller cottontails or young rabbits known as “leverets”.

Even the Ancestral Puebloans hunted the jackrabbits and cottontails, herding or rounding them up into woven nets or corrals. They ate the rabbits and sewed the skins into warm blankets; so much for the concept of the lucky rabbit's foot.



Desert cottontails are one of the commonest mammals observed in the local National Parks. These animals feed on a variety of plant material and woody shrubs, and even consume their own fecal pellets. Known as caprophagy, cottontails ingest the soft, green pellets made up of partially digested vegetation to obtain additional nutrients. The harder, brown pellets contain fully digested material.



Black-tailed jackrabbits, with their mule-like ears, are more nocturnal than cottontails. Drive down a dirt road at night and your headlights will often illuminate one of these hares as they zip and dart down the road like a halfback in the open field dogging tacklers. Why they don't just run off to the side is one of the great

“Why?” questions.

One other difference between cottontails and jackrabbits is that the jackrabbit's young are born with their eyes wide open and are ready to leave the scrape soon after birth. Cottontails take several weeks to develop before they depart from their nest. A female rabbit may have 2 to 6 litters a year with 1 to 8 young per litter; a population explosion kept in check by predators.

Although the American pika is also a member of the Hare Family, it more resembles a guinea pig than a rabbit. Unlike their grassland dwelling cousins, the pika inhabits rock slides, talus slopes and mine rubble at higher elevations. From these rocky haunts, a pika will make numerous foraging trips out into nearby meadows to

feast on grasses and herbs. And unlike their leaping cousins, the pika caches plant material in hay piles for winter use.

Even though the rabbits and pikas aren't considered “charismatic megafauna,” these creatures are interesting



and commonly observed representatives of desert wildlife. In some areas, the abundance of their tracks betrays their presence. So as the calendar flips to March, let the madness begin.

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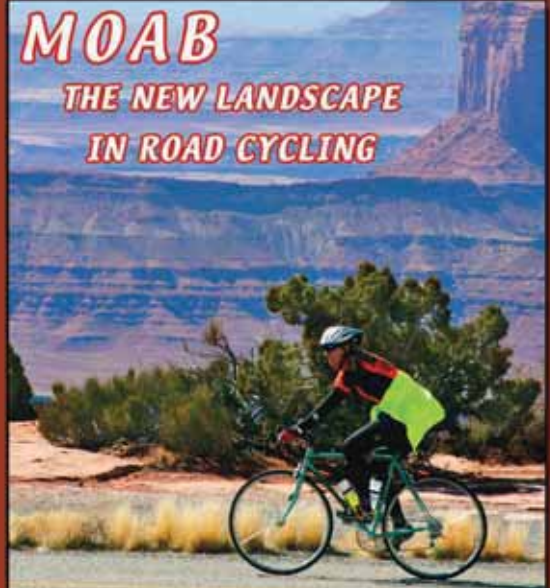
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INNOVATIVE HAPPENINGS

Mitch and Mary Williams

by Joan Gough

From the early 1900's until the present there have been people who recognized the potential for tourism in the Moab area. Sightseers have been guided out into the red rock country on horseback, in boats, and four-wheel drive vehicles. One of the early guides and tour operators was a native Moabite named Mitch Williams who started Tag-A-Long Tours in the early 1950's. Mitch and his wife Mary, who had met in Texas and married in 1942, would build a "1950's something Jeep" and three Army surplus rafts into an international business.



"What impressed me about Mitch and Mary Williams was the team they were", Bob Jones, current owner of Tag-A-Long Expeditions, observed in a recent interview.

Mitch remade himself many times in his lifetime. As a young man, he had cowboied for his father along the Colorado River bottoms. Before World War II started for the U.S., he enlisted in the Army and was accepted into flight school. He flew missions over the Pacific for most of the war. After he was discharged, he worked for a gas company in California, went into the U.S. Air Force, and finally moved back to Moab where he and his dad built the "first trailer village" in the valley. Before settling down to his final career as tour operator, Mitch also tried his hand at prospecting for uranium. He described these and many other events of his life in 2004 for the Eastern Utah Human History Library. "We staked about 35 claims. Many other people had claims down there too [below the mesas between the Colorado and Green Rivers]. There were no roads so we had to build one." He was speaking of the old Shafer cattle trail. Years later, the Shafer Trail in Canyonlands National Park would be one of the most popular tours for Tag-A-Long's famous fleet of Toyota Land Cruisers.



Mitch was also flying rafting customers off the river after their Cataract Canyon trips with Georgie White who, as Mitch said, inspired him to get into the river business. This is when he bought those three army surplus rafts and he and his employee, Lee Herron, ran Cataract Canyon on their maiden voyage "without a bit of trouble" as Mitch put it.

In addition to raising their son John, Mary Williams owned a dress shop on the corner of Main and 100 North until, as Mitch recalled, he talked her into joining him in the tour company business. She managed a travel agency and Western Union office in addition to the business office of Tag-A-Long. Their son John continues to live in Moab running his own river company, Navtec Expeditions.

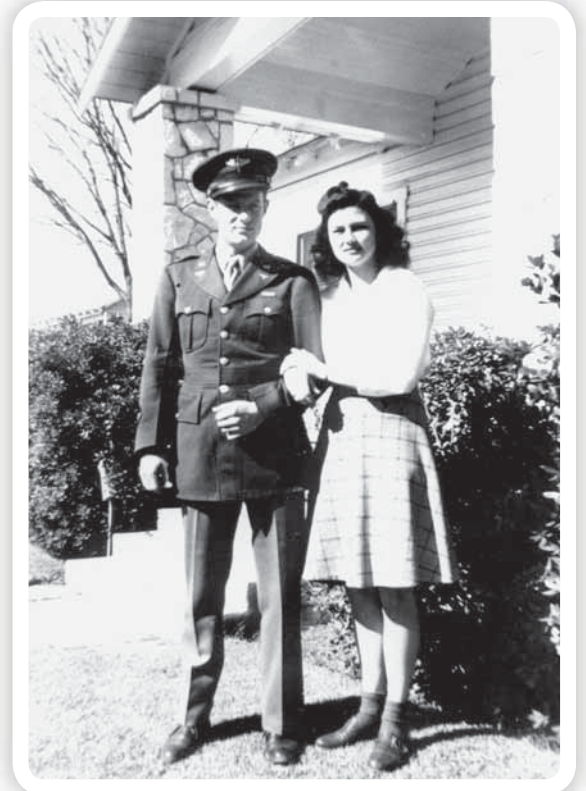
By the late seventies, marketing Moab as a tourist destination was well underway in Europe, and it was the vision of Mary Williams. She started going to the trade shows in Paris, meeting other travel agents and learning about how to market land and river trips in France and the

rest of Europe. She got Tag-A-Long listed with Explorer, a large French travel group. Today Tag-A-Long is featured in three and half million European brochures. Bob Jones likes to tell about walking down Main Street in Salt Lake City in 1982 conducting this simple poll. He asked people, "Have you heard of Moab"? Eight out of ten passers-by said yes. When he asked, "Have you been to Moab"? Four of ten had. He did the same thing on the street in Paris. Eight there had also heard of Moab, but six had been here.

Like many of those who helped Moab through the lean times of the '80's, Mitch loved Moab. He was proud of his father, the first doctor in the area, as well as his father's skills on the river or on the back of a horse. Jean Eardley believes a good part of the reason Mitch hired her in 1978 to work in the Tag-A-Long office was that as boys he and her mom's cousin had sneaked a smoke together behind Star Hall. Later, he and Jean also worked together sorting and labeling the photo collection at the Museum of Moab, a time when his love of Moab was obvious. Bob Jones observed that it was hard for Mitch to watch the large numbers of new comers of the boom years come into the valley with little understanding and often little respect for what the town had been.

Mary's creativity came out in the marketing side of the business, while Mitch developed the destinations and created the means of exploration, as in the case of the two and a half pontoon J-rig. The advantages of two and half pontoons instead of two or even three were more storage space for gear and more seating for customers. People loved to sit on the "nose" of the pontoons for maximum view and splash. Mitch describes building rafts to fish the sloughs (Matheson Wetlands) as kids, then his first boat which he built with two or three friends while still in high school. "Someone found an old car engine. Someone else found the drive line and I scrounged up some of Dad's lumber." They started on Mill Creek, but eventually were running up and down the Colorado. "On one trip, there was a lot of slush and ice on the river. The water ran through a funnel on one end of a pipe, through the engine to it and then was dumped back out over the side of the boat. The slush water was much too cold. . ." It jammed up in the engine repeatedly, leaving them with no choice but to clear it with a rusty nail and their bare hands as they floundered back up to the put-in.

Mitch was also far-sighted when it came to the river business. He bought Ken Sleight's Cataract Canyon operation, which included acquiring the permits for that section of the river. Ken described the deal recently when I talked with him at his home in Pack Creek. "We met at a

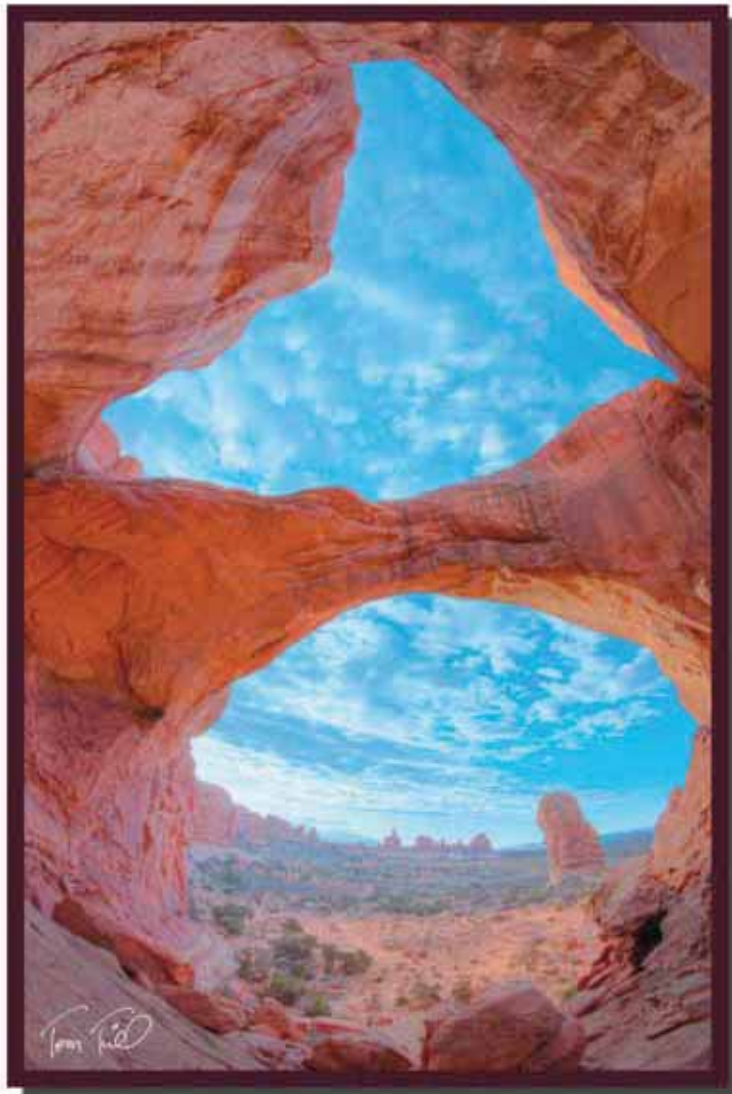


Mitchell and Mary Williams photo provided by John Williams

restaurant in Moab. As we ate and talked, we discussed the transfer of my Cataract operation to him. Within half an hour, we came to an agreement of terms. I wrote on a napkin, 'Sold to Mitch Williams, the portion of my Cataract Canyon operation, including permits.' We shook hands. I followed through on my end of the agreement and Mitch followed through on his."

"Mitch had a massive amount of information about the area and shared it with customers," observed Bob Jones. "He thought it was important enough to hire Slim Mayberry, a Park Ranger, to instruct his guides in natural history."

The team that was Mitch and Mary Williams professionalized tourism in Moab. They became part of familiarization tours and traveled all over the world--Africa, Argentina, Chile, Brazil, Hong Kong, and most of Europe--to see what other travel agents were doing and bringing them here to have the canyon country experience. In his oral history, Mitch pays Mary his highest of compliments, "Mary became as enthusiastic about living in Moab as I was. She became a true Moabite."



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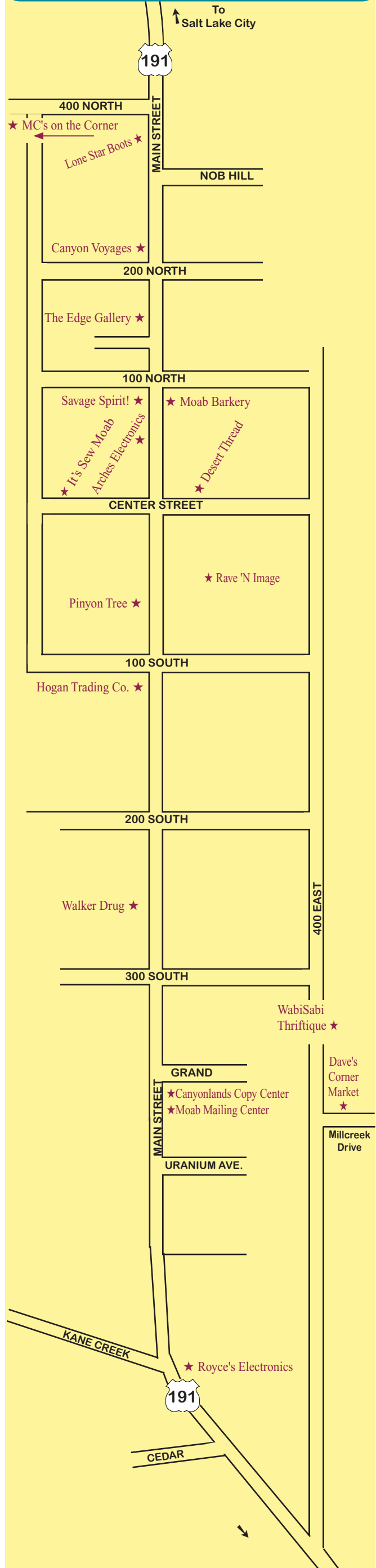


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SHOPPING GUIDE MAP



87 N Main
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 facebook.com/savagespirit.moab

Savage Spirit! features a unique variety of local & regional handcrafted clothing, jewelry, gifts, home decor & objet's d'art.

Home of Savage Spirit! silks; scarves & clothing made in Moab by owner & award winning fiber artist, Cathya Savage-Haas. Cathya also creates Desert Savage clothing - colorful hand dyed & block printed cotton clothing. And be sure to check out Stoneage Jewelry made by Cathya's husband, award winning jewelry artist, Jim Haas. Jim cuts & polishes his own stones & hand fabricates sterling silver settings. In addition, Savage Spirit! features an eclectic mix of whimsical & funky jewelry, home decor & objet's d'art hand crafted locally and regionally!



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GALLERY HAPPENINGS

Savage Spirit! Brings Color to Main Street

One look into Savage Spirit!, Main Street's newest store, and you know that you're in for a refreshingly different



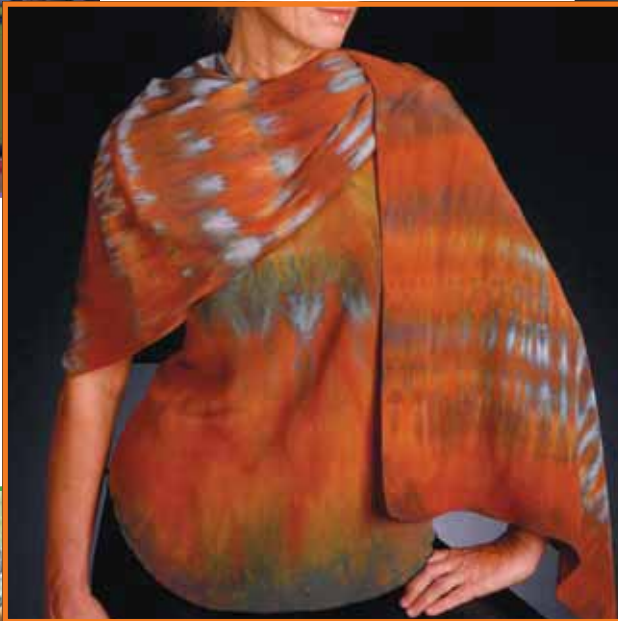
experience. Inspired by the vivid, contrasting colors of the landscape that surrounds Moab, owner Cathya Savage-Haas painted the store in orange, purple & green and then filled it with a colorful array of unique, handcrafted clothing, jewelry, gifts and objet's d'art.

Cathya creates the beautiful clothing. Since moving to Moab in 1996, Cathya has been creating delightful, colorful clothing. If she seems familiar, her clothing line "Desert



Savage" was carried by Cave Dreamers here in Moab, a store owned by her husband Jim Haas. After closing Cave Dreamers, Cathya created Savage Spirit! silks, a line of silk clothing designed, sewn & hand dyed by Cathya. For the past 8 years Cathya & Jim have been traveling around the country participating in art festivals.

Wanting to spend more time in Moab & tired of the stress of travel, a couple of years ago, Cathya began to conceptualize a new store. Letting her imagination run wild, gradually the ideas began to coalesce. From there it was a matter of trusting the Universe to provide a great location. And then, returning from



a run of 8 arts festivals in 9 weeks, there it was!!!! And in that inexplicable mystery of the Universe, the location where Cave Dreamers had been was available! Cathya had a deep attachment to that space. In 1999, Cathya and Jim put several months of hard physical labor into transforming the space from an office building into a retail space. And although Cathya's plan was to look for a space this past winter, she jumped at the opportunity and everything fell into place. Last year, there was an overlap of opening the store and still doing art festivals. At the same time

it was a great opportunity to find artisans and craftspeople for the store. Cathya has two simple guidelines for deciding what to carry in Savage Spirit!, the work itself has to attract her attention and she has to click with the person that makes it. In an era of mass manufactured, impersonal things, Cathya wanted to have a place to provide a more personal connection to one-of-a-kind pieces hand crafted with love and has created a idiosyncratic mix of unique arts and crafts.

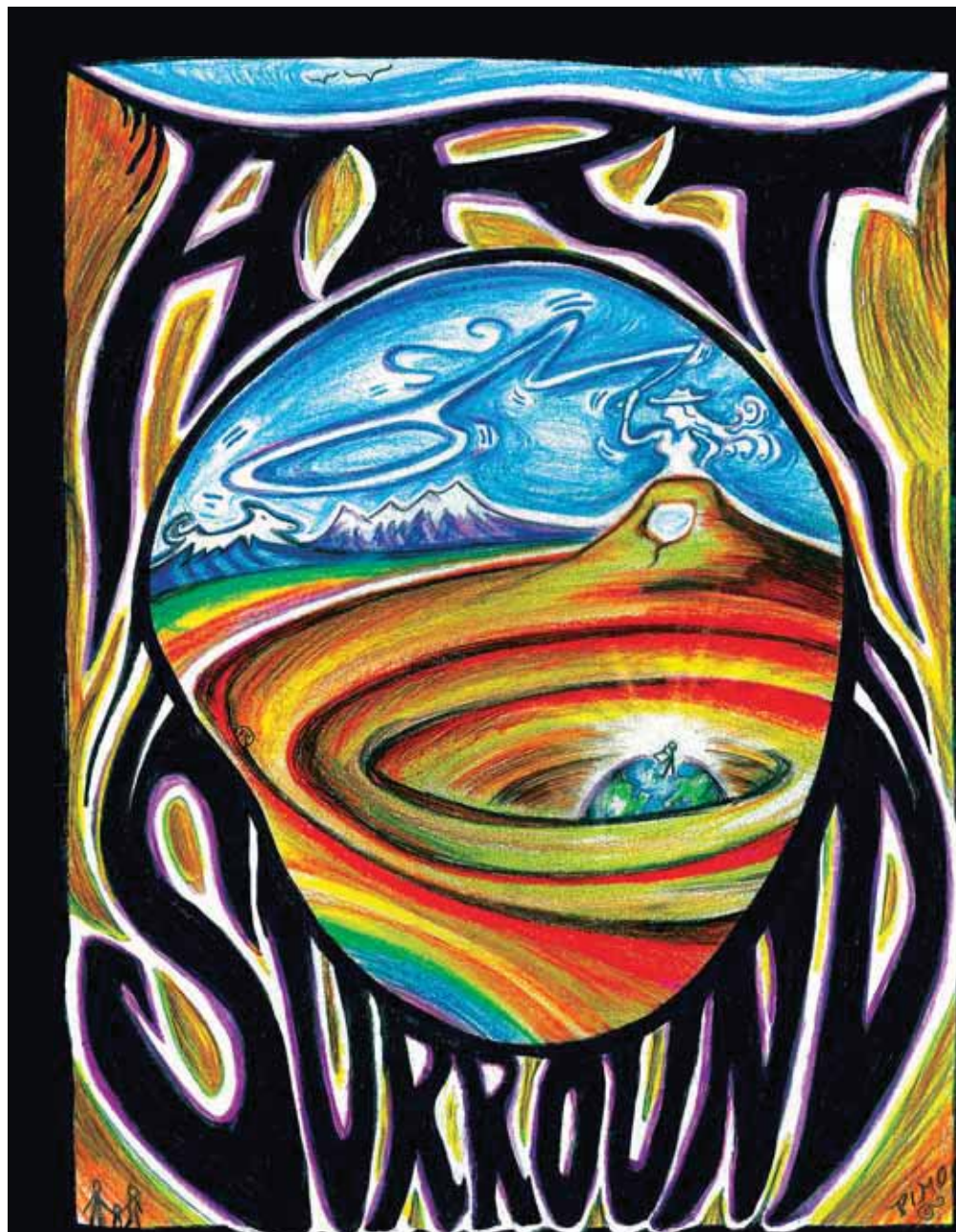
This winter, Cathya closed the store to paint & create an environment to showcase the unique, hand crafted clothing, jewelry, gifts and objet's d'art. Since most of the store's displays are preowned, in addition to painting the walls, Cathya was busy giving old items new life. Savage Spirit! reopened in February and is gradually filling in with an eclectic variety of arts & crafts.

Colorful Savage Spirit! silk and cotton clothing created by Cathya is prominently featured along with Stoneage Jewelry, silver & stone jewelry, by her husband Jim Haas, both made here in Moab. Additionally, Savage Spirit! carries porcelain jewelry made in Moab by Leigh Metz,



pottery by Joanie Post from Grand Junction and painted feathers and bags made by Janet LeRoy in Hotchkiss, CO plus work by several other local and regional artisans.

Drop by and watch the store evolve, as Cathya continues to discover new, exciting artisans as well as exploring and developing her own creative endeavors! Savage Spirit! 87 N Main (next to Back of Beyond Books) 259-2ART (2278)



Artwork by Pete Apicella

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HIKING HAPPENINGS

Fins & Things – From “E” To “F”

by Marcy Hafner

The Sand Flats Recreation Area is renowned for the Slickrock and Porcupine Rim bike trails and the almost 40 miles of off-road jeep routes. But don't let that biker-jeeper perception mislead you. With its spectacular big picture scenery, this backyard gem is compatible for hikers, too. Since it is a very short drive from downtown Moab, I come here often, especially in the off-season, to savor the stunning full circle horizontal panorama of Arches National Park, Porcupine Rim, the La Sal Mountains and Behind The Rocks – a wide screen composition bordered by lofty alpine peaks that contrast sharply against the red rock desert thousands of feet below.

Touching its borders with two wilderness study areas – Negro Bill to the north, Mill Creek to the south - this



unique playground receives almost 100,000 visitors every year. In response to the recreational overload, the Moab community, Americorps, Grand County and the Bureau of Land Management (BLM) collaborated in 1995 to preserve this precious resource. This coalition precipitated a unique partnership between the county and the BLM so they could manage, protect and rehabilitate while also providing access to the public for an environmentally friendly experience.

During the Jurassic period, way back 150 million years ago, it's mind boggling to realize that the Colorado Plateau was situated near the equator in a hot, dry land of shifting sand! Over the eons these huge sand dunes petrified into Navajo Sandstone, leaving behind the rounded domes and fins that are so characteristic of the landscape we see today throughout Sand Flats.

To get to this outstanding recreational area, turn east off Main Street at the Moab Information Center on to



Center Street. At 400 East go right. Then turn left at Dave's Corner Market on to Mill Creek Drive and continue up the steep winding road to the entrance booth.

The entirety of the Fins & Things jeep trail is 9.4 miles, but since it parallels the Sand Flats Road you can easily enter and exit at various intervals for a much shorter hike. Two miles beyond the entrance a less known portion starts in Campground E between campsites five and six, and ends at Campground F.

The up and down roller coaster sensation of this trail steadily alternates from slickrock mounds to sandy hills with a few flat spots in between. With the white dinosaurs painted on the slickrock and metal signs regularly placed along the sandy sections, this 1.8 mile route is easy to follow. The only requirements essential for completing the course are a reserve of stamina to march up the steeper hills, and a pair of hiking shoes that grip well, particularly on the downhill.

The entrance to the trail is posted with a brown metal “Fins N Things” sign while the bulletin board provides valuable and interesting information. In the mailbox I find booklets that include

maps, which are very useful.

Up the first rocky hill, I'm immediately peering down on the campground. After that, it doesn't take long before I'm noticing leftover patches of snow on the north-facing slopes. The road, however, mainly traverses along a southern exposure where a dry path makes me very happy.

Quickly I gain enough elevation to have that full



circle view. On this blustery day the majority of the La Sals have disappeared in thick, swirling clouds. The only peaks not engulfed are Haystack and South Mountain, which stick out in sharp relief against the whirling haze. The lower landscape in the Mill Creek Wilderness Study Area projects a jumbled land of giant sized fins and mounds - a stacked deck of uprising slabs of rock suggesting an overwhelming maze that won't release you from the towering sandstone structures.

After a while the trail splits and I travel left for a slightly longer loop. Power walking up a long humpback of slickrock, a cutting breeze greets me at the top. For the descent, I struggle to keep my feet from sliding out as gravity pushes me along. This off-road obstacle course must be a huge challenge for four-wheel drivers - the swath of black left on these incredibly steep slopes tell the tale of a lot of tire spinning!

Gradually the trail starts swinging down a sandy slope. Many steps later, a faint image of Campground



F appears– my tantalizing goal, still so far below! But a gradual, gentle-on-your-knees grade allows for an easy-going walk down. Now I am searching for a wind-free spot, which I know is wishful thinking! A rock wall buffered by a juniper, however, provides adequate protection, and I snuggle in for a much needed, only slightly breezy break.

Not a soul is in this campground and I feel blessed to have this lovely spot all to myself. The peace and quiet washes over me as I listen to the soothing chortle of a juniper titmouse. Twisting around to seek him out, he flies down to check me out - just five feet away! He's obviously used to people, and I relish this special opportunity to

watch this charming gray crested bird so closely. As the name implies, these energetic, acrobatic sprites are usually found in pinyon-juniper woodlands. Like their chickadee cousins, they are hardy and tenacious. Through the wind, the cold, the snow and our desert heat, these endearing birds persist and thrive.

Finally my curious titmouse departs and so must I. With a sigh, I shoulder my pack and head back into the wind for my return trip to Campground E.

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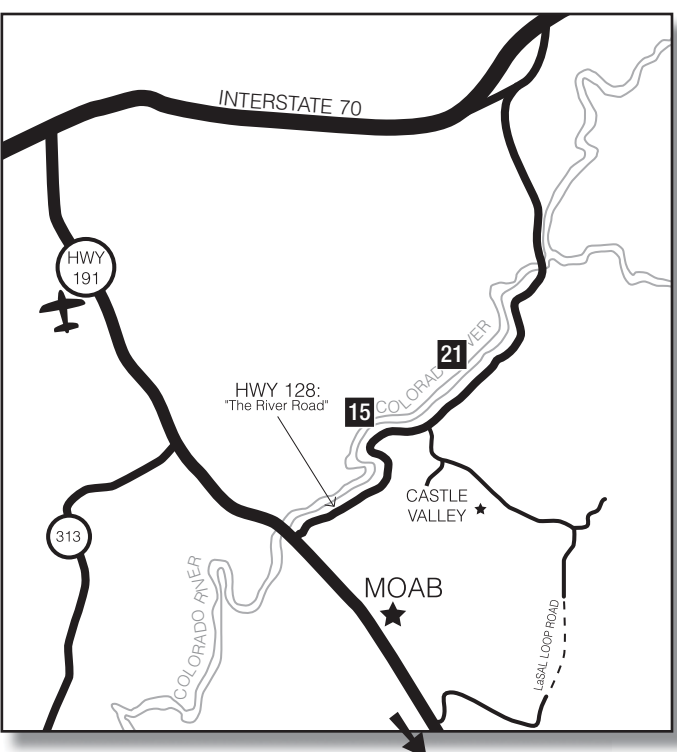
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8

Highway Map for Hwy 128 "The River Road" and Castle Valley

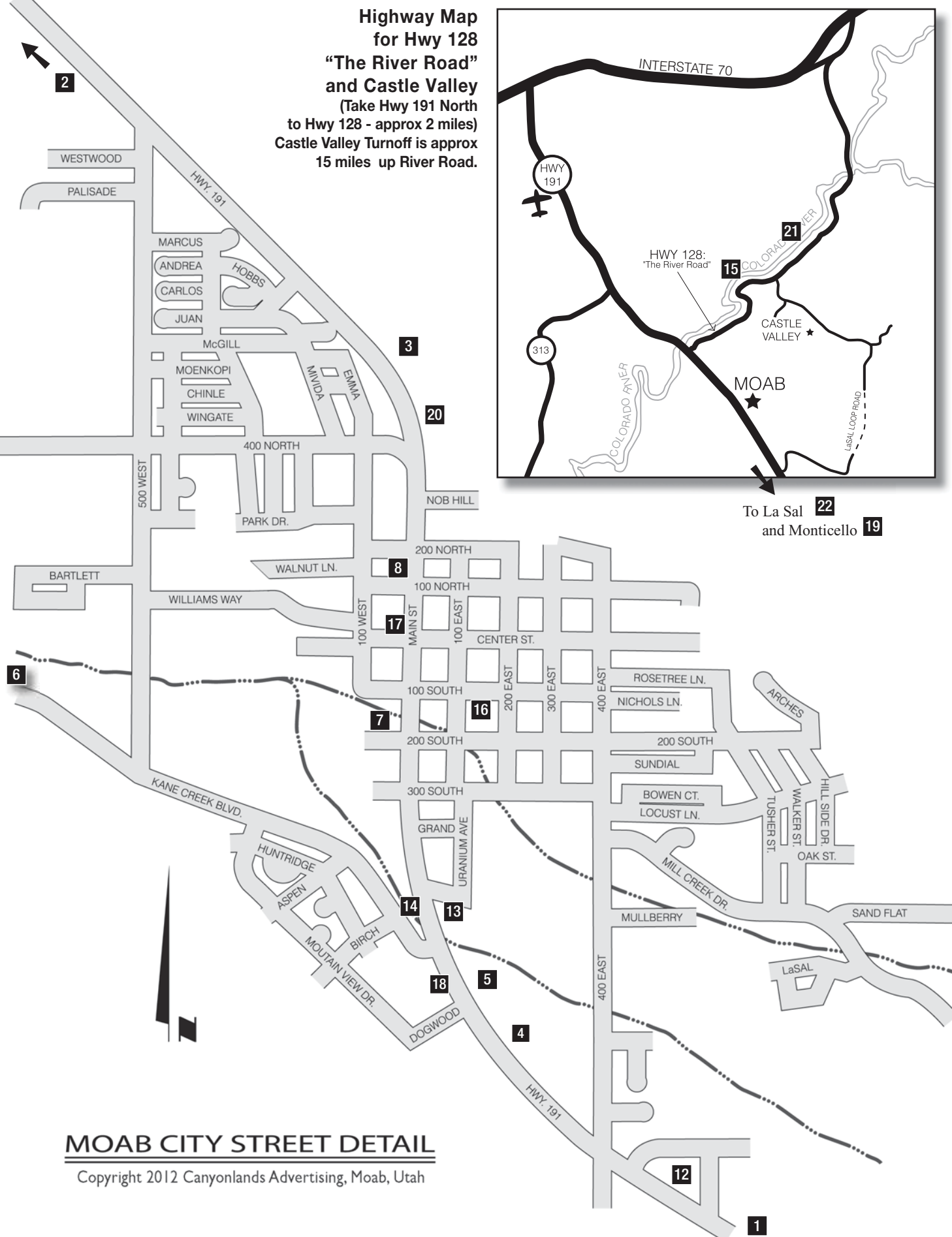
(Take Hwy 191 North to Hwy 128 - approx 2 miles)
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To La Sal and Monticello

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20	Days Inn	435-259-4468	www.daysinn.com
21	Sorrel River Ranch	435-259-4642	www.sorrelriver.com
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NON-PROFIT HAPPENINGS

Community Unites to Transform Litter into a Useful Work of Art

On Sunday, March 18, members of the Moab community of all ages will join hands (and feet) to build Moab's first Peace on Earth Bench at the Youth Garden Project. The volunteers of Pick Up America, who have picked up over 2,000 miles of litter between Maryland and Moab, will join the community in gathering building materials from the roadway. Eco-artist Brennan Blazer Bird, who has committed to building 1,000 Bottle Brick Benches by 2014, will lead the building efforts.

"In an interconnected world, there is no 'away' in 'throw away' says Pick Up America co-founder Davey Rogner. "That's why it's so important to engage communities in recycled art projects like this one. So much of what we send to the dump could be composted, reused, or recycled into a useful application. It represents a huge waste of resources for my generation."

The bench-building party will take place on Sunday, March 18, from 9 am-7 pm. The event is family-friendly, free and open to the public. Volunteers of all ages are encouraged to stop by for a few hours. Bring a dish to share and an instrument to play for the potluck lunch in the garden. The Youth Garden Project is located at 530 South 400 East, Moab, UT, 84532.

Bird discovered bottle brick building techniques in 2009 and has been building Peace on Earth Benches ever since. "Throughout the week, students in Moab will stuff their landfill material into plastic bottles until they're compressed like bricks," Bird says. "Most people say they never realized how much trash they produce until they started saving it. The whole idea is that we're landfilling it into a useful space, like this bench, rather than a wasteful space, like the landfill." Bottle brick benches are constructed with bottle bricks lined up and then covered in cob, an earthen building material that consists of clay, sand and straw.

This project would not have been possible without community support. In March, Pick Up America will be presenting at schools about the importance of zero waste and environmental stewardship. After class, students will be encouraged to pick up litter with the Pick Up Artists along the half marathon route on River Road and also at Courthouse Wash, bordering Arches National Park.

"I am thrilled to see students, non-profits, educators, and members of the Moab community coming together to build this bench," said Delite Primus, executive director of The Youth Garden Project. "The bench-building day will be a party full of laughter, cob-stomping, music, and food. We are excited to host the event and bench to create a lasting, youth-led art piece on our property."

For more information about the event, Pick Up America, or the Peace on Earth Benches, please contact Lily Berman, Pick Up America's Image and Awareness Coordinator, at (301)915-6572 or by emailing lily@pickupamerica.org.

A schedule of Pick Up America activities in Moab is in the Events section on page 5A.

How to Make a Bottle Brick

a.k.a. a portable landfill device

Step 1

Find a dry plastic soda bottle (water bottles are too flimsy). Keep the cap in a safe place for when the bottle is full and start filling.

Step 2

Add small pieces of soft inorganic DRY trash PLEASE NO FOOD GOOP or WATER!

Some items commonly found in the bottle brick:

- Plastic Bags
- Dental Floss
- Vegetable stickers
- Netflix plastic tear off
- Plastic wrappers
- Receipts
- Styrofoam
- Old Pens
- Twistie ties
- Broken rubber bands

cut big trash into pieces

Step 3

Stuff as you go. Get a stick, or wooden spoon, to TAMP the items down inside the bottle.

This will start compacting the items inside so the bottle can become as hard as a brick.

Step 4

Screw the cap shut. Squeeze your bottle. If there's any space inside, stomp it again and add more trash.

Keep on pressing the trash down to get as much trash as possible into the bottle

find out more at earthbench.org

MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization, **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Alcoholics Anonymous/Alan	259-7556	Moab Garden Club (Tricia Scott)	259-6342
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Half Marathon (Ranna Bieschke)	259-4525
American Legion Post (Bill Smith).....	259-3470	Moab Horse Racing Association (Chuck Henderson)	259-4111
Arches Adult Education (Trish Hedin)	259-2293	Moab Horse Show Association (Tosha Audenried).....	260-9252
Arches New Hope Pregnancy Center (Debbie Nelson).....	259-LIFE (5433)	Moab Lodging Association (Britnie Ellis).....	259-6171
BEACON (Stephanie Dahlstrom)	260-1143	Moab Masonic Lodge #30	www.moabmasons.org ... 260-9169
Boy Scouts of America (Kent Dalton)	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Rock Club (Jerry Hansen)	259-3393
Canyonlands Rodeo Club (Kirk Pearson).....	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Community Rebuilds (Emily Niehaus).....	435-260-0501	Moab Rod Benders (Jim Mattingly).....	259-5858
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217	Moab Roller Derby(Jessica O'Leary).....	575-635-3898
Center for Water Advocacy (Harold Shepherd).....	259-5640	Moab Ropers Club (Terry Lance)	259-9972
Daughters of Utah Pioneers (Hallie Tibbetts).....	259-5225	Moab Sportsmen's Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Stephanie Dahlstrom)	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Teen Center-Club Red	259-9991
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Trails Alliance (Kimberly Schappert)	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Nicole Shelnut or Leticia Bentley).....	259-5444
Friends of Arches and Canyonlands Parks (Joette Langianese).....	259-0108	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends of Indian Creek (Sam Lightner, Jr.).....	259-6639	Order of the Eastern Star (Fran Townsend)	259-6469
Friends Of the Grand County Library (Adrea Lund)	259-1111	Parent Teacher Association (Tiffany Saunders).....	259-5830
Grand County Public Library.....	259-5421	PleinAir Moab (Sandi Snead).....	435-686-2545
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Astronomers.....	259-4743
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock Forests	259-5640
Grand County 4-H (Marion Holyoak)	259-7558	Red Rock 4-Wheelers (Ber Knight)	259-7625
Grand County Extension (Michael Johnson).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Food Bank	259-6456	Rotary Club (Kyle Bailey)	259-6879
Grand County Hospice (Tracey Harris).....	259-7191	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Prevent Child Abuse	260-1039	Senior Center (Verleen Striblen)	259-6623
Humane Society of Moab Valley	Animal Services 259-4862	Sierra Club (Mike Stringham).....	259-8579
Ladies Golf Club (Chris Corwin).....	259-5344	Solutions (Sara Melnicoff)	www.moab-solutions.org ... 259-0910
League of Women Voters (Cynthia Smith).....	259-5306	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
Lion's Club (Tom Warren).....	259-7834	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Southern Utah Wilderness Alliance (Liz Thomas)	259-5440
Moab Arts Council (Bruce Hucko)	259-4176	Toastmasters International	259-5767
Moab Arts Festival (Theresa King)	259-2742	Trail Mix Committee (Sandy Freethey)	259-0253
Moab Arts & Recreation Center	259-6272	Utah Conservation Corps (Rachel Senft - southern office / Moab).....	259-0029
Moab Bird Club (Nick Eason).....	259-6447	Valley Voices (Marian Eason).....	259-6447
Moab Chamber of Commerce (Kammy Wells)	259-7814	Veterans of Foreign Wars (Matt Keogh)	260-9822
Moab City Recreation (John Geiger)	259-2255	WabiSabi (Jeff Cohen)	www.wabisabimoab.org ... 259-3313
Moab Community Theater (Kaki Hunter)	259-8378	Word Watchers (Nancy Kurtz).....	259-0734
Moab Country Club (Rob Jones).....	259-6488	Youth Garden Project (Jen Sadoff)	259-BEAN (2326)
Moab Duplicate Bridge Club (Gail Darcey)	259-1733		

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at Frankie D's Bar and Grill

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

PET HAPPENINGS

Lessons Learned About Cats...From My Cats

Part 2: Mr. B's Great Adventure

One Christmas Eve many years ago a cat with some serious injuries showed up on the porch of the Castle Valley Inn. My mother, the owner of the inn at the time fell in love instantly and she spent the next year trying to tame one wild beast. She named him Buster (which is very close to the word busted, and that was a good explanation of his condition). Buster was feral and had been attacked by something large a dog, coyote, or maybe a mountain lion. He is brilliant white with some small black details on his head and tail and in addition he is 15 lbs so his size and coloring meant he didn't stand a chance out in wild Castle Valley. We fed him a can of food that evening and in the morning he was still hiding under the porch. So we called the feral cat program and got a trap to catch him.

We trapped him the next day and took him to one of the local vets to get checked out. They were able to neuter him and tend to his serious neck and facial wounds, but his prognosis was not great. He had 37 teeth removed because of a seriously broken jaw, and was paralyzed on the right side of his face. One ear was bitten off and the other had been seriously damaged by frostbite. His wounds had become infected and he smelled well, terrible. Because we couldn't touch him to help clean the wounds, it would be antibiotics in his food and some luck to keep this kitty going. With some luck and persistence, it worked.

After his trip to the vet he remained outside but stuck close to the house, the porch was his "safe place". He healed well and his face is now shaped similarly to a snake, no real ears to speak of and a jaw that healed together in a point at the front of his face. His right eye only blinks with the pink inside eyelid, and the eye remains open when he sleeps, just like Rambo! At first he would run if you got within two paces of him, but as the months passed he let you get closer as he ate. My mother was not deterred by this stand-offish demeanor and in fact took it as a challenge. She would get closer and closer and he would swipe and hiss the whole time. After many more months he would come and be near you on the patio rubbing his funny little head against your shoes, but wouldn't allow any petting.

One day he ventured inside the house with the back door open, the door shut behind him and he proceeded to climb the drywall. Illegal fireworks inside weren't as scary as this poor cat; he was beside himself and explosive. We decided to all evacuate the house, and leave the back door open and stayed quiet and out of sight to reduce his stress. After a few hours of hiding behind the toilet he ventured back out to the patio. We knew it was too much too soon. My mother was so excited at the idea of him being inside that we made it a goal, devised a plan and all stuck to it. The back door was left open whenever weather allowed and basically paid no attention to him if he ventured inside

to look. Eventually we started setting his food bowl just inside the door to help him associate good things with being inside.

The inn was up for sale, and there was now a serious offer. My mother was looking at moving into town here in Moab. She knew the new owners had a dog, and Buster was not OK with dogs. It was getting obvious that he may be forced into being inside. The closing and sale got closer and closer, and Buster was still making no progress towards being touched, or staying inside. Then it happened, the week before the closing someone who didn't know him picked him up, we gasped! Usually there was blood involved in such action, usually your own. He let them hold him and pet him, even if it was just for a moment it still happened, then he let us do it again, it was like he knew that time was running out.

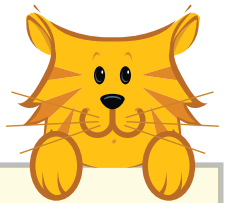
The big move came, and he handled it like a champ. His new home had two new kitties in it and although they were not fond of him he didn't mind them at all. He was required to stay inside and didn't mind that at all either. In his first new home, we put a litter box in the room he stayed in temporarily, and hoped he took to it. Again like a champ the next morning there was a poop in the box, not on the floor. Buster got more and more tolerant of petting, and even began to seek out human attention after a few more months. Then a kitten was brought as a gift to my Mom and that's when we found out Buster had a fantastic nurturing side. This little kitten was wild and was named Allover and Buster just loved him and when this tiny kitty wanted to nurse, Buster even gave him a belly to kneed and suckle.

My mother passed away a few years ago, and we inherited Buster. We have known him since the beginning of his great adventure, and he is the sweetest most tolerant kitty we have ever had. That being said, he does still have his limits, and we respect those huge claws



of his. Because of his mouth injuries he is on a strict diet of grain-free wet food. We found he was more likely to throw up when he ate kibble because he can't chew, so we avoid it. For a few years he was shaved in the summer because his coat was so hard to maintain, but now as senior it is unsafe to put him under for this procedure so we switched to better food and a Furminator de-shedding tool weekly to deal with all that fur.

All in all he is one of the best kitties ever, but he and most feral cat come with some unique challenges. We tried our best and made mistakes in his rehabilitation, but we also know many people have tamed and taken in feral cats, and in all, we hear they have made amazing pets. It takes some patience and persistence but it's really rewarding too! Moab has a pretty serious feral cat problem, so if you are feeding a stray remember there is a great program here in Moab that will spay/neuter plus vaccinate each kitty for \$15, call 435-259-8823. Help us keep the feral population under control.



Humane Society of Moab Valley

MARCH 2012

March 3 - Cat Adoption Day at The Moab BARKery from **11am - 1pm**

March 10 - Dog Adoption Day at City Market from **11am - 1pm**

March 17 - Cat Adoption Day at The Moab BARKery from **11am - 1pm**

March 24 - Dog Adoption Day at City Market from **11am - 1pm**

March 31 - Dog and Cat Adoption Day at WabiSabi from **11am - 1pm**

Don't forget to get your 2012 Humane Society Membership. The membership card offers free items or discounts with 18 different local businesses. To purchase a membership please stop by our office at the City Shelter or visit the website at www.moabpets.org

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00		KZMU OVERNIGHT		Art of the Song		KZMU OVERNIGHT		7:00	
8:00	Native Spirit	DEMOCRACY NOW						Desert Diva	8:00
9:00		MOAB Morning Blend						Shine Time (Children)	9:00
10:00	Jah Morning Reggae	Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	Blue Plate Special (blues/rock)	Trailer Park Companion / Wayward Wind	10:00	
11:00						The Trading Post (call-in Buy/Sell)		11:00	
Noon		It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage		Ain't Live Grand? (live recordings)	Noon	
1:00	Grass is Greener (Bluegrass)					1-2-3 (funky world soul)		1:00	
2:00		Radio Mundial Radio MOONDial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues		Belagaana Review (fruit and nuts)	2:00	
3:00	Red Rock Potluck		WORLD MUSIC			Fire on the Mountain	Tween Time (pre-teen fun)	3:00	
4:00		Ritmo Latino			MOAB Drive Time			4:00	
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)	Pirates & Poets	Gaelic Circle / MOAB Drive Time		Free Speech Friday Public Access	Big River / Ranch Exit (twang)	5:00	
6:00		DEMOCRACY NOW						6:00	
7:00								7:00	
8:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	The Rainbow Room /Funky Soul Jam	Main Street Cruise!	8:00	
9:00								9:00	
10:00	Rock Art	Fashionably Late	Conscious Party	Suburban Urge	Pandora's Box	Altered State	Radio Free Moab (rock 'n roll & punk)	10:00	
11:00								11:00	
12:00		KZMU OVERNIGHT				the eleventh hour	Seti TranceMissions	KZMU Overnight	12:00

KEY: Talk Shows Easy Mix, Jazz Blue Grass, Country, Folk Eclectic/World Rock, Blues Heavy, Hard