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ADULTS YOUTH

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# MOAB HAPPENINGS

APRIL 2011

Volume 23 Number 1

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Easter Jeep Safari  
April 16-24

April Action Car Show  
April 29, 30, May 1



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# MOAB HAPPENINGS

## MOAB HAPPENINGS®

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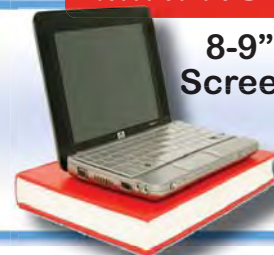
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# STUNTS, STARS & LEGENDS

## Chuck Hayward

by John Hagner

Born Charles Bert Hayward on January 20, 1920 near Hyannis, Nebraska, he grew up with respect and love for horses.

When he was just sixteen he left home and worked in the hayfields and breaking horses. He attended business college in Omaha and then joined the Merchant Marines during World War II on board ship. After the war, he went west and did some rodeo in Wyoming, South Dakota and Nebraska.

In 1947 Chuck tried his luck in California, starting out in Van Nuys. He had some lean years at first and then managed to do some odd jobs working in stables cleaning horse barns and stacking hay. It seemed he was always around horses. He finally got an opportunity to try his hand in the movies and in 1949, Chuck worked in "Fighting Kentuckian" at Republic starring John Wayne. He worked in 24 of Duke's movies and became a lifelong friend.

His career spanned 50 years and he became one of the most respected and admired stuntman and stunt-coordinator. He worked in many of director Henry Hathaway, John Ford and Howard Hawks' films. Ford gave him the name of "good" Chuck. He doubled for such film's legends as

Richard Widmark, John Wayne, Steve McQueen, Clint Eastwood, Yul Brynner and Burt Reynolds.

He and his horse "Twinkle Toes" were in hundreds of films and television shows including "True Grit", "The Searchers", "Rooster Cogburn", "Gunsmoke", "Rawhide", "Tom Horn" and others.

He was in the film, "Rio Grande", in 1950, which was filmed in Moab. He and "bad" Chuck Roberson did many horse falls and fights in this classic. In this film there was a special horse ride called the "Roman Ride" that was actually performed by Harry Carey Jr. and Claude Jarman Jr. It turned out to be one of the highlight stunts of the movie.

Chuck Hayward is one of the honored inductees in the Hollywood Stuntmen's Hall of Fame, which moved to Moab back in 1988 and was opened to the public for 7-1/2 years. Today, the Hall of Fame is without a home and if anyone is interested in learning more about this and other aspects of the Hall of Fame, they may contact John Hagner, its Founder at [www.hotmail.com](http://www.hotmail.com). Also, his cell phone number is 435-260-2160. Anyone wishing to make a donation to the Hollywood Stuntmen's Hall of Fame, the mailing address is 21 W. Kane Creek Blvd. - #12, Moab, Utah 84532. The website is [www.stuntmen.org](http://www.stuntmen.org).







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# MOAB AREA EVENTS CALENDAR

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www.moabartsfestival.org  
May 28, 29, 2011

### Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m.  
The Grand Center  
182 N. 500 West, Moab, Utah

**All Square Dancers & Visitors Welcome**

Please call to verify dance and for lesson information:  
Bob or Flora 435-259-2724  
Tom or Sandy 435-719-4169

### April Action Car Show

April 29, 30, May 1

**CLASSIC CAR SHOW**

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182 N. 500 W. 435-259-6623

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www.grandcountyutah.net

Volunteer for your favorite special event

## APRIL 2011

- 1 April Fools Day
- 2 **Dead Horse Point Star Party** - Join us for a program about the stars visible from Dead Horse Point. Experience some of the darkest skies in North America and view stars through a telescope. Meet at the visitor center amphitheater at 8 p.m. For more info call 435-259-2614.
- 2-3 **Dog Agility Trials at Old Spanish Trail Arena**
- 4 Live music at Eddie McStiffs... **Luke Benson and Chris Herni**
- 4-5 **The Porchlights performing at Eddie McStiff's** at 6:30pm, playing Americana, folk, bluegrass, space jams and more.
- 6 Live Music at Eddie McStiff's: **Mirror Balls**
- 7 **Edge of the Cedars: "Back Room Perishables"** with Dr. Laurie Webster, an expert on pre-Columbian textiles and perishable materials, discusses several of the perishable artifacts from the Edge of the Cedars collection. The program will include a power-point presentation, discussion, and opportunity to view some of the artifacts housed in the repository. For more info contact Edge of the Cedars State Park/ Museum, 660 West 400 North, Blanding. Phone 435-678-2238 for more info.
- 9 **Moab Artwalk..see map and article on page7A**
- 9 **Dead Horse Point Presentation: Bats** - Join us at 8:30 p.m. in the visitor center amphitheater for a program about bats. Program includes an audio/visual presentation, games and activities and nighttime bat viewing. For more info call 435-259-2614.
- 9 **Amasa Trail Run** - Enjoy spectacular views as you run 6.5 miles/9.5 miles of intense slickrock terrain. Challenge yourself mentally and physically along the mighty Colorado River. You won't be disappointed! For more info visit grassrootsevents.net/node/1 or call 435-260-0886.
- 9-10 **Dog Agility Trials at Old Spanish Trail Arena**
- 10 **Moab Horse Show Association, Open All Breeds Show** held at Old Spanish Trail Arena ..www.moabhorseshow.com
- 10 **Dead Horse Point Bird Walk** - Join us at 7 a.m. at the visitor center amphitheater for a morning bird walk. Learn common desert birds, their calls, and their field markings. Bring good shoes, hat, sunscreen and plenty of water. For more info call 435-259-2614.
- 11 Live music at Eddie McStiffs... **Luke Benson and Chris Herni**
- 12 Live Music at Eddie McStiff's: **Lucky Lovers**
- 13 Live Music at Eddie McStiff's: **Dave Steward, David Earl Brown and Jeff Gutierrez**
- 14 **Moab Garden Club Meeting...**We will be touring a local garden. Come and see what over 30 years of rock collecting, planting, hard work and passion can achieve here in our climate. We will meet at 6 pm instead of 7 pm so we will have more light to see the garden. The owners will be there to answer your questions and guide us through their fabulous garden. Our club is open to the public and we welcome newcomers. We want to learn more about gardening in our climate through our members and our speakers. Please come and join us. For more info and meeting locations call Tricia Scott 259-6342
- 14 **Edge of the Cedars: "The Cliff Dwellings Speak"** with Beth and Bill Sagstetter Writer/photographer team, Beth and Bill Sagstetter, will share the Southwest journeys that has resulted in their new publication, "The Cliff Dwellings Speak." see article on page 18A
- 14 **The 2010 Community Artist in the Parks, Pete Apicella**, is hosting a free slideshow at the Moab Information Center at 7pm. Imagery of his creative illustrations and a discussion of his artist experience will be featured. For more information please call the MIC at 435-259-4030
- 15 **Day Tours Begin with Canyonlands Field Institute.** Moab's Ancient Past and Arches Sunset Tours for Adults and Families with CFI Naturalist/Guides. Every weekend April 17 through October 16 (except late July). Explore Arches National Park or Colorado River side canyons with sandstone wonders, mountain views, and wildflowers. For price and more information, visit our website, www.cfimoab.org [Day Eco Tours tab] or call 259-7750. Tour fees help support our Outdoor Education Programs for Schools and Youth.
- 16 **Full Moon Hike at Dead Horse Point State Park** - Enjoy a short hike at 7:30 p.m. along the canyon rim overlooking the Colorado River and learn and listen for nocturnal animals. Activity is free with \$10 park admission. Space is limited and registration is required beginning two days prior to the event. For more info call 435-259-2614.

For more info on events see [www.moabhappenings.com](http://www.moabhappenings.com)

## MOAB ART WALK 2011

April 9  
May 14  
June 11  
September 10  
October 8  
November 12



### EASTER JEEP SAFARI

**MOAB UTAH**

April 16 - April 24  
Info at [rr4w.com](http://rr4w.com)

### WEEKEND TOURS

Get to know where we love to go...

April 15th–Oct 16th  
(CFI will be closed late July 2011)

**Arches NP Sunset Tour**  
Friday & Saturday Evenings  
4:00pm to 8:00pm  
Tour time changes with the seasons.

**Moab's Ancient Past**  
Friday, Saturday & Sunday Mornings  
8:30am to 1:00pm

Both are van tours with short hikes led by CFI Naturalist Guides.  
\$40-45/person. Minimum 2 people needed to run tour.

Call CFI to register:  
**435-259-7750**  
www.CFI Moab.org

CFI is an outdoor education nonprofit organization.

### Moab Golf Course

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### EGG HUNTS & HAPPENINGS

Kids ages 1-8  
Saturday, April 23rd  
Rotary Park at 10am.  
For information call Moab City Recreation, 259-2255

Your Ad could be on this page. call 435-259-8431 for rates.

**DEADLINE for MAY Events Calendar: APRIL 20, 2011**

Listings in the *Moab Happenings* Events Calendar are **FREE!!**  
Do you know of an event for the Happenings calendar??  
Call (435) 259-8431 or fax us at (435) 259-2418  
e-mail: [info@moabhappenings.com](mailto:info@moabhappenings.com)

# MORE MOAB AREA EVENTS

## APRIL continued

- 16-24 Easter Jeep Safari.. 45th annual event.** see article on page 14A Special event newspaper available at many locations around Moab. Free and informative. If you're interested in four-wheeling, pick up a copy.
- 16 Moab Contra Dance** presented by the Moab Community Dance. Band Caller-led contras, circles, and squares! Live Traditional Music! 7:30 pm for pre-dance instruction. Dance begins at 8:00 pm at the Moab Arts & Recreation Center (MARC) No partner or experience necessary. \$5 donation benefits local non-profits.
- 16 Blue Mountain Artisans** will be hosting guest artist Nikki Pettitt. Nikki is a pyrographer and works with both leather and wood to create American West themes. Featured at the gallery thru April 30. Artist will be present to discuss her work on the 16th at 215 East Center Street, Blanding. for more info see [www.bluemountainartisans.com](http://www.bluemountainartisans.com)
- 18 Live music at Eddie McStiffs... Luke Benson and Chris Herni**
- 19 Live Music at Eddie McStiff's: Mickey Rollins**
- 20 Documentaries about electronic waste.** Join Canyonlands Community Recycling and friends for two short documentaries detailing what happens to old electronics when they are not responsibly recycled. "The Digital Dump" and "Exporting Harm" explore the social and environmental impacts of shipping old computers and other electronics to Nigeria and China. Grand County Public Library, 6:00pm. For more information, call 210-4996, or visit [www.moabrecycles.org](http://www.moabrecycles.org).
- 20 Live music at Eddie McStiff's: Lucky Lovers**
- 20 NICE JEWISH GIRLS GONE BAD RETURN TO MOAB** at 8pm. Frankie D's, 44 West 200 North, Moab, UT. 435-259-2654 for info. \$10
- 22-24 Family Explorer's Weekend with Canyonlands Field Institute.** Spend the weekend at our field camp sleeping in tipis, hiking, and rafting while learning about the area. Meals provided. For price and more information, visit our website or call 259-7750.
- 23 PLANT SALE!** At the Youth Garden Project! 10am-4pm
- 24 Stargazing at Old City Park @ 8:45pm--**Join Red Rock Astronomers for a tour of the night sky and telescope viewing. Gather @ SW corner of Old City Park. See Sky Happenings in this issue on page 6A for more info. Sponsored by WabiSabi.
- 24 EASTER**
- 25 Live Music at Eddie McStiffs... Luke Benson and Chris Hern**
- 26 Live Music at Eddie McStiff's: Lucky Lovers**
- 27 Live Music at Eddie McStiff's: Dave Steward, David Earl Brown and Jeff Gutierrez**
- 28 Moab Information Center Lecture Series, 7:00 pm** Free to the public, Center and Main. Joel Tuhy discusses Flowers, Flowers, and more Flowers in this slide show of Canyon Country Wildflowers.
- 28-May 1 - April Action Car Show....**see article on page 15A
- 28-May 1 - Moab Spring Quarter Horse Show, Old Spanish Trail Arena**
- 30 Desert Wildflowers Workshop with Canyonlands Field Institute.** Join local biologist and wildflower expert Joel Tuhy and CFI Naturalist/Guides on a full-day workshop about desert wildflowers. Learn to identify the beautiful flowers of Moab's desert and discover more about the environment where they grow. Includes lunch, transportation, hikes, and interpretive talks. For price and more information, visit our website or call 259-7750.
- 30-May 1 PLANT SALE!** At the Youth Garden Project! 10am-4pm



## "MOAB SUPERJAM" GOES DOWNTOWN

Artwalk will also be a Musicwalk

The Moab Arts council-funded "Moab Superjam" of local bands which has previously been held in Old City Park in May will this year present a series of downtown Saturday concerts from April through June, including all three Artwalks. The outdoor venues are graciously being provided by the Center Street Plaza and McStiff's Plaza.

Additional bands and dates may be added, but here's the lineup to date.

Stonefed, Moab's premier recording and touring band, performs at the Center Street Plaza (in the Sabuku Sushi parking lot) from 5 to 8 pm on Saturday, April 2 and Saturday, May 7.

The April 9 Artwalk will feature Groupos Klos, Moab's newest dance band, presenting lively original songs with Spanish lyrics, from 5 to 8 pm at Center Street Plaza.

The May 14 Artwalk will open with the high-powered Dave Steward Band at Center Street Plaza at 3 pm. Then Phil Dirt, Moab's largest garage band, performs from 5 to 8 pm.

For the June 11 Artwalk the music venue shifts to McStiff's Plaza, where the Bridget Otto Band will entertain with stirring, original rock anthems from 5 to 8 pm.

## 2011 Moab Events

- April 16-24 ..... Easter Jeep Safari  
 April 29-May 1 ..... April Action Car Show  
 April 28-May 1 ..... Moab Spring Quarter Horse Show  
 May 7..... Gran Fondo  
 May 12-15 ..... Moab Photography Symposium  
 May 13-15 .....Arabian Knights, Medieval Event  
 May 28-29 ..... Moab Arts Festival  
 June 2-5 ..... Canyonlands PRCA Rodeo  
 September 1-12..... Moab Music Festival  
 September 3-4.....Moab Artists Studio Tour  
 September 16-18 .... Moab Century Tour  
 September 21-25 .... M.O.A.B. Skydiving Event  
 September 22-25 .... Moab Fall Quarter Horse Show  
 October 5-9 ..... Outerbike  
 October 7-15 ..... PleinAir Moab  
 October 8-9..... 24 Hours of Moab  
 October 16..... The Other Half  
 October 27-30 ..... Moab Ho-Down Bike Fest  
 October 29..... Pumpkin Chuckin' Festival  
 November 4-6..... Moab Folk Festival

## AQHA Introductory Show and MSHA Open All Breed Show April 10, 2011

### Clinic with Susan Kapushion April 9, 2011

Clinic Starts at 9:00 am  
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 Trail and Individual

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 with paid child



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[www.moabhorseshow.com](http://www.moabhorseshow.com)



## Moab Church Services Directory

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Church of Jesus Christ of Latter-Day Saints First & Second Wards • 475 West 400 North	259-5566
Third, Fourth & Fifth Wards • 701 Locust Lane	259-5567
Community Church • 544 MiVida Drive	259-7319
Episcopal Church of St. Francis 250 South Kane Creek Blvd	259-5831
First Baptist Church SBC • 420 MiVida Drive	259-7310
Four Corners Faith & Worship Ministries	259-0041
Friends in Christ Free Lutheran Church 1240 South Highway 191	259-4378
Grace Lutheran Church 360 West 400 North	259-5017
Kingdom Hall of Jehovah's Witnesses 25 West Dogwood	259-7363
Moab Baptist Church • 356 West Kane Creek Blvd.	259-8481
Quaker Worship Group • 81 North 300 East	259-8178
River of Life Christian Fellowship 2651 East Arroyo Rd.	259-8308
St. Pius X Catholic Church • 122 West 400 North	259-5211
Seventh Day Adventist 4581 Spanish Valley Drive	259-5545
The Church of Christ • 456 Emma Boulevard	259-6690

# NATURE HAPPENINGS

## Desert Wildflowers: The Next Generation

by Damian Fagan

The springtime parade of wildflowers begins in February and March, but will gather speed in the month of April. The diversity of flowering plants starts to blossom (pun intended) and, depending upon the winter and early spring soil moisture content, may result in spectacular displays.

Last year was such a year, where blooming wildflowers created colorful mosaics cloaking the desert. This year will not follow suit because of the lower winter moisture levels, but there should be pockets where wildflowers abound. I also use the term “wildflower” loosely, to include annuals, perennials and flowering shrubs in this mix.

Some flowering shrubs like greasewood and four-winged saltbush produce small flowers, but they are overlooked in contrast to the showier blooms of cliffrose, blackbrush and Fendlerbush.

Both cliffrose and blackbrush are members of the Rose family, while Fendlerbush is a member of the Hydrangea family. Cliffrose has small, leathery leaves with trilobed tips and blackbrush leaves are short and narrow. The lower-growing blackbrush may dominate vast acreages, and their ½” wide yellow flowers may bloom in profusion.

In contrast, cliffrose grows singly or in small clusters, but grows taller than its rosy relative. Cliffroses may become cloaked with 1” wide, whitish flowers; the aromatic flowers perfume the air with a powerful sweet scent. Bees and other pollinators are lured to the flowers by this scent. Interestingly, cliffroses may

undergo a second blooming period later in the summer, but the blackbrushes are “one and done.”

In contrast to these flowering shrubs and many wildflowers that bloom during the day, yuccas and evening primroses open their flowers in the evening to attract moths as pollinators.

The yuccas attract small, ½” long yucca moths. The moth’s pollination strategy is unique and their life cycle is closely tied to that of the yucca. When the female moth visits a flower, she rolls pollen into a small ball

Another night-blooming plant, the evening primrose attracts a different group of moths – the sphinx moth. Nicknamed “hummingbird moths,” due to their large size and hummingbirdlike flight, the sphinx moth uses its long proboscis to probe deep within the floral tubes for nectar. While



probing for nectar, the moth’s forehead becomes dusted with pollen. When visiting another flower, this pollen is knocked off and completes the cycle of pollination.

Although April may not be the peak month for blooming cacti, both the Whipple’s fishhook and hedgehog cacti bloom throughout the month. The hook-shaped spines provide part of the common name. Whipple honors Amiel Wicks Whipple (1818-1863), a topographical engineer who served on the U.S. – Mexico boundary survey in the 1800s and who died during the Civil War.

In contrast to Whipple’s fishhook, the hedgehog cactus has straight spines, reminiscent of those on the small mammal the “heggie” or hedgehog. In addition, the hedgehog cactus has reddish flowers, while the fishhook

bears lavender-colored flowers.

Though yearly wildflower displays vary in intensity, one can always count on some plants to bloom and color this landscape in April. The flowers form a spectacular contrast to the surrounding slickrock and to each other.



and carries this pollen ball to another plant. The moth then packs the pollen into the female receptacle of the new flower. In addition to pollinating the flower, the female moth inserts eggs into the ovary of the female flower. This symbiotic action insures pollination of the flower and that her developing larvae will be able to feed upon the maturing seeds.

# Shuttles

↕ Salt Lake City

↑ Moab  
↓ Green River  
Grand Junction

Every Day of the Week! Two Trips Per Day!!

City	Pickup	South	North
SLC	Airport	2:00 pm	2:00 pm
SLC	Visitors Center	2:15 pm	1:30 pm
Provo	Provo Visitors Center	3:15 pm	12:30 pm
Price	Express Market	4:45 pm	11:00 am
Green River	Knights Inn	5:45 pm	10:30 am
Moab	Any Address	6:45 pm	9:30 am
Monticello	Any Address	7:45 pm	8:30 am
Blanding	Any Address	8:00 pm	7:30 am
Bluff	Any Address	8:30 pm	7:00 am
		End	Start

By Reservation Only

(435) 940-4212

**Moab**

**Green River**

**Grand Junction Stops:**  
Airport, St. Mary’s, Mesa Mall

**Reservations Online**

[www.moabluxurycoach.com](http://www.moabluxurycoach.com)

# ART WALK HAPPENINGS


## Moab Art Walk, Saturday April 9<sup>th</sup> from 5pm to 8pm

The April 9 Artwalk will feature Groupos Klos, presenting lively original songs with Spanish lyrics, from 5 to 8 pm at Center Street Plaza.


**Moonflower Market**  
 Moab Charter School:  
 The students of The Moab Charter School grades 3 through 6 will be displaying ceramic bowls that are inspired by Navajo designs. They will also be showcasing paintings that abstract Navajo rug patterns.  
 39 E 100 N  
 435-259-2725



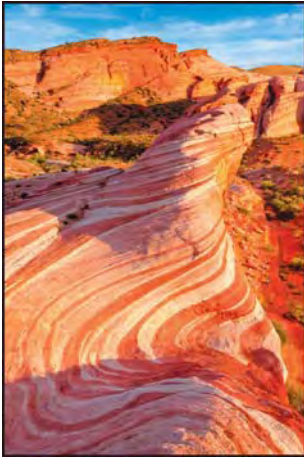
**Back of Beyond Books/Arches Book Company**  
 Donald J. Voss: Art For Opening Doorways Of Perception - Any act of creation begins with an act of destruction. Art is the courage to share the journey with others, to let the work tell the story and to be open to the unfolding experiences which build our world. 83/89 N Main  
 435-259-0782 www.backofbeyondbooks.com



**Spa Moab**  
 Jaci Weller and Polly Cullen: Visit Spa Moab and enjoy the beautiful art which adorns the walls. We are featuring local acrylic artist Jaci Weller and pastel artist Polly Cullen.  
 79 N Main  
 435-259-7726  
 www.spamoab.com




**Tom Till Gallery**  
 New this season – Canvas Gallery Wraps. All sizes with NEW images. Come view hundreds of Tom's images on our 50" HD screen in Blu-Ray.  
 61 N Main  
 435-259-9808  
 www.tomtill.com




**Framed Image Fine Art**  
 Chris Conrad: Framed Image is proud to inaugurate their back room photo gallery with a retrospective by local favorite photographer, Chris Conrad.  
 59 E. Center  
 435-259-4446  
 www.framedimagemoab.com




**Overlook Gallery**  
 Martha Martinez and Nik Hougen: Spring arrivals at The Overlook include pottery by Martha Martinez, a native of Mata Ortiz, now living in Green River, Utah. And Nik Hougen has sent down some of his unique hand-crafted necklaces from his mining camp in the La Sals.  
 83 E. Center 435-259-3861 www.moabarts.com




**Museum of Moab**  
 Fran Barnes: Canyon Country's Landscapes – For nearly half a century, writer and photographer, Fran Barnes has turned his pen towards the promotion of Utah's Canyon Country. The Museum of Moab displays a selection of Barnes' photo collection recently digitized as part of the Museum's efforts to preserve his substantial collections of images and writing.  
 118 E. Center  
 435-259-7985 www.museumofmoab.org



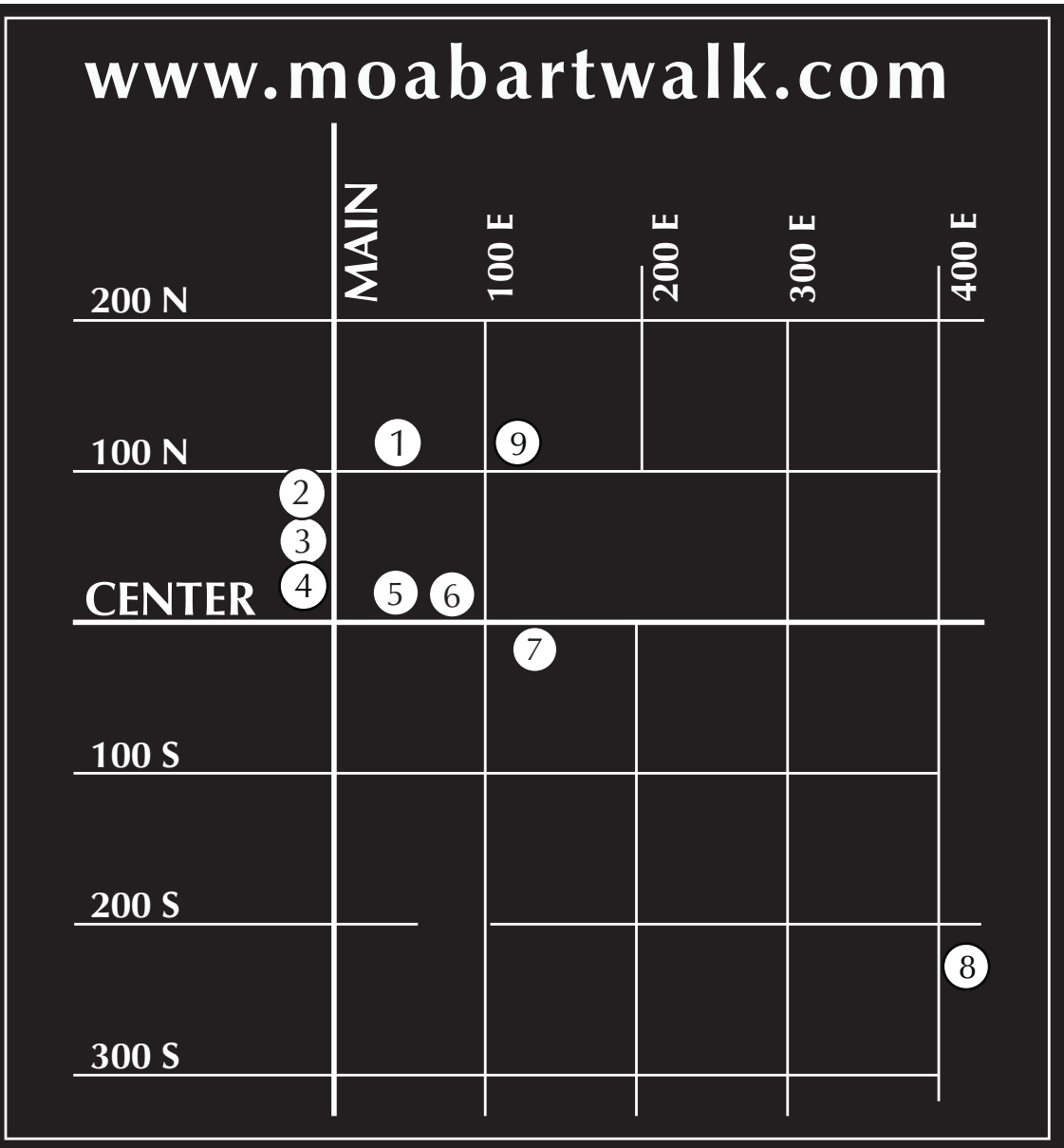
**Off The Wall Gallery**  
 Group Show: Representing over 20 local and regional artists and crafts people working in metal, clay, wood, fiber, jewelry, glass, oils, watercolors and pastels. Now offering classes and workshops.  
 225 S. 400 E.  
 435-259-6656  
 www.offthewallartmoab.com



**Moab Arts and Recreation Center**  
 Bud Turner: Mr. Turner presents a display from a photographic record he is providing for The National Park Service of high resolution images of Barrier Canyon Style pictographs from Arches and Canyonlands National Parks.  
 111 E. 100 N. 435-259-6272  
 www.moabmarc.com




- 1 MOON FLOWER MARKET**  
39 E 100 N
- 2 ARCHES BOOK COMPANY & BACK OF BEYOND BOOKSTORE**  
83-89 N Main St
- 3 Spa Moab**  
79 N Main St
- 4 TOM TILL GALLERY**  
61 N Main St
- 5 FRAMED IMAGE FINE ART GALLERY**  
59 E Center St
- 6 OVERLOOK GALLERY**  
83 E Center St
- 7 Museum of Moab**  
83 E Main St
- 8 OFF THE WALL GALLERY**  
225 S 400 E
- 9 MOAB ARTS AND RECREATION CENTER**  
111 E 100 N



# HIKING HAPPENINGS

## Deadman's Ridge - Big Sky Country

Story and photos by Marcy Hafner

Are you ready to try out some "brand" new trails that have a nostalgic cowboy flavor? Do you yearn to head off yonder, where there's still ample room to roam? If your answer is "yes", then, pardner, you should round up your gear and head north of town to the big sky country of the "Moab Brand Trails" - a recently completed series of trails that have been built by the Moab Trail Mix Committee. The mission of this volunteer group, which is sponsored by Grand County, is to preserve and develop individual trails and pathways for safe, convenient and enjoyable recreational use within the county. Through their efforts, an extensive system of new trails has been constructed, which opens up new opportunities for mountain biking, hiking and cross-country skiing in the nearby La Sal Mountains.

The Bar **M**, Circle **O**, Rocking **A** and Bar **B** are the cattle brands that have been used to name the first four trails, and the single letters have been cleverly arranged to spell **MOAB**. Adding a little more spice to this cowboy lingo, the Lazy-EZ Trails are also available for your consideration. Mounted on your faithful mountain bike or rambling along for an out-of-the-saddle hiking experience, you'll find plenty of wide-open space to explore. If you throw in the sidekick trails of the Killer B, Long Branch, North 40 and Deadman's Ridge, you have a variety of challenging routes, that should keep a cowpoke busy and happy for at least a couple of hours!



To get to the Moab Brands trailhead, drive north out of town on Highway 191 for nine miles and turn right at the signs for the Bar-M Chuckwagon and Bar M Trails. Then, swing a sharp right to go directly south on a graveled dirt road. In about one half a miles, the paved Colorado River-Gemini Bridges bike/pedestrian pathway comes in under the highway through a culvert and continues its course alongside the dirt road, which you are driving on. As bike path and road run their parallel course, only a wire fence separates them, and at this merger, the road has narrowed down to one lane, with strategically placed pull-outs to avoid oncoming traffic.

After two miles, the roadways split - the 8.5 mile bike/pedestrian pathway continues on through Moab Valley, and the dirt road turns east. Soon after that, a four-wheel drive, high clearance vehicle is needed to negotiate a small section of large rocky protrusions. Parking, however, is available before that at the bulletin board, with overflow parking immediately to the left.

Not too far past the 4X4 section on the road, which is now part of the Bar B Trail, the Lazy-EZ Trails start on the left and move along in a northerly direction. Immediately after that, on the right, the Deadman's Ridge Trail also begins. The 1.2 mile connection of this trail to the other end of the Bar M is open, but the remaining portion, which drops steeply over to the paved bike path, is still under construction.

The name Deadman's Ridge intrigues me, and after crossing the wooden bridge, I start my circuitous walk. Miles and miles of visibility reach out to the Bookcliff Mountain Range on the northern horizon, while the alpine wonderland of the La Sal Mountains dominates the southeastern skyline. Closer in, I absorb the extensive



views of the Bar-M Chuckwagon, Archview Campground and Seven Mile Canyon, as well as Moab Canyon, which is bordered on the western side by the sheer cliff walls of Navajo Sandstone. In this vast uplifted land, I am transported to another dimension - a euphoric feeling of being disconnected from all the entrapments of civilization and traffic that exist below.



Beyond a crest in the trail, those telltale sights of the modern world disappear - now the big screen picture is completely dominated by a wilderness setting, as the impressive profiles of Skyline Arch and The Windows in Arches National Park come into view. This scene deserves a much longer look, and a slanted rock conveniently provides me with a comfortable backrest. Cherishing this undisturbed time of contemplation, when the trails are still so empty, I look down on a land of rocks, rocks and more rocks - up-ended rocks, protruding rocks, piles of rocks that dot the vast terrain of the rich brown-colored earth.

A pair of horned larks, voicing their distress with calls that sound like tinkling glass, flee from my intrusion. I always catch glimpses of these elusive birds in the driest of the dry land. For whatever reason, their preferred habitat is the most barren real estate they can possibly find. Even their genus name, *Eremophilla*, is Latin for "desert-loving," which describes their fondness for bare, open ground. In their meager existence, they somehow manage to scrounge up weed seeds, waste grains, caterpillars, ants, wasps, grasshoppers and spiders.

Sometimes these tenacious birds flock together by the thousands, but at this time of year they are splitting off to set up housekeeping. It seems early in the mating season to establish a breeding territory, but then horned larks are one of our earliest nesting birds, raising as many as three broods a year.

For years, I wondered if these sparrow-sized birds really had those tufts of feathers that looked like horns, or was it a figment of someone's imagination? Since I was never able to sneak in for a close enough look, I couldn't be sure until a courting male came in to strut his stuff. I didn't move a muscle, and unaware of my presence, he hung around. Now, I could clearly observe the yellowish face and throat, the black eye stripe, the black bib, and best of all, I finally verified: These birds really do have horns!

Winter has been marching on and the last of the snow and mud is gone. A quagmire no longer exists, and the going is now so easy. The sunshine plays peek-a-boo with dark thunderheads, which have been gathering all day in a rain-threatening mood - big puffs of fleecy looking black-and-white sheep that accentuate the intense blue sky. I watch in fascination as they grow and embrace - connect and disconnect, as fat bellied clouds give birth to more clouds. Suddenly, however, rain seems imminent and that triggers my response to start moving on!

Dropping down to the east, there is a major intersection with the Bar B, Bar M and Rocking A Trails. If you're pressed for time, the quickest, most direct way back to the trailhead is the Bar B Trail. From this location, the corridor of Courthouse Wash can be seen, and if you do have the time, it is worth the short walk over the gray slickrock to peer down on the sheer walls that enclose the width of this canyon.



By late afternoon, the shadows have started creeping across the desert land. As the last solar rays illuminate the oddly shaped rock structures and highlight the snow-covered La Sals, the sun gradually meets the earth with a brilliant explosion of colors - a memorable performance marking the end of a great day in this big sky country.



**For an hour, a day or a weekend,  
explore the possibilities in Cortez.**

Hike the canyons, visit our archeological sites, refresh yourself at our world class Recreational Center and Conquistador Golf Course. Then discover our dining, shopping and genuine Western charm.

Come and experience Cortez.



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# RESTAURANT GUIDE



**Moab's ONLY ONSITE Microbrewery & Restaurant**

State Liquor Licensee

Orders To Go  
Beer To Go  
PATIO SEATING  
KIDS MENU  
GELATO

STEAKS • BURGERS • BBQ • SALADS • SEAFOOD

LUNCH & DINNER DAILY - OPEN 11:30 AM  
686 South Main • 259-6333  
(McDonald's is next to us)



• Taste It •  
• Love It •  
• Crave It •

Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!

Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!

Offer good with coupon at Moab Location Only - Across from City Market

Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656  
One Coupon per Customer per Day



Japanese Grill



**Singha**

Authentic Thai Cuisine

Lunch: Monday - Saturday 11:00 - 3:00 p.m.  
Dinner: Monday - Sunday 5:00 - 9:30 p.m.

Now Serving Beer, Wine & Saki

92 E.Center Street  
Moab, Utah 84532  
Tel: 435-259-0039  
Fax: 435-259-0005

**JAILHOUSE CAFE**

101 NORTH MAIN STREET

**Moab's Breakfast Place**

Open 7 am to 12 Noon

"Good Enough for a Last Meal"

## How To Get A Drink... ...In Moab, Utah

Recent changes to Utah Liquor Laws have made it less confusing and easier to get an alcoholic drink. You can now go to a restaurant or a tavern and without ordering food, you can order a drink.

Some restrictions may still apply as to where you can sit in a particular establishment when consuming alcohol. For example, Zax has an adult atmosphere in the Watering Hole where you can order a cocktail and watch your favorite sporting event on their 13 tvs, with or without ordering food. This locally owned full-service restaurant serves their entire menu in both the Watering Hole and restaurant. However, if you sit in the family dining restaurant, you need to order food to consume an alcoholic beverage.



The Moab Brewery, Moab's only on-site microbrewery, offers a variety of locally brewed beers in their tavern, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the Salt Lake City area.

Eddie McStiff's Restaurant, Brew Pub and Bar has 12 beers on tap and a tiki bar where you can get a glass of wine or a cocktail or beer without ordering food.

The Rio Sports Bar & Grill boasts Moab's largest selection of liquor with indoor and outdoor seating (must be 21 years or older).

Also new is the addition of two upscale lounges in Moab. Vista Lounge located inside Buck's Grill House and The Ghost Bar, upstairs at Jeffrey's Steakhouse. Both locations have a sophisticated and casual atmosphere to relax and wait for dinner or to just stop in at the end of the day and have a drink to unwind.

Moab has two local wineries. Castle Creek Winery is located at Red Cliffs Lodge, 15 miles from Moab on Scenic Highway 128 (The River Road). Spanish Valley Vineyards is located just off Highway 191, south of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these Moab wines.

The Utah State Liquor Store is the only location where you can purchase bottled liquor, wine and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 am to 9:00 pm - May 1st to November 1st and from 11:00 a.m. to 7:00 p.m. - November 1st to May 1st). They are closed on Sundays and Holidays.

Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only. On-premise beer (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license.

Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



**Sports Bar & Grill**

Affordable Drinks & Food!  
Fully Stocked Bar  
Serving Beer, Liquor and Wine  
Largest Liquor Selection in Moab!  
Weekly Bar Specials

Nightly Entertainment

**COLDEST BEER IN TOWN!**  
The Locals Bar

1 Block West of Main on Center Street  
259-6666 • www.theriomoab.com

OPEN EVERYDAY at 3PM  
Must be 21 years or older

Look for us on Facebook



Espresso  
Coffee  
Gelato

Smoothies  
Cold Drinks  
Pastries

**Coffee Roasters**

Offering Fresh Coffee Roasted In-House and Locally Made Gelato

open 7 days a week 7:30am - 10:00pm  
90 N. Main St., Moab, UT  
259-2728  
www.moabcoffeeasters.com



**BRANDING IRON**

STEAKHOUSE, BBQ & GRILL

DINNER AT 5PM  
7 DAYS A WEEK

Featuring:  
Prime Rib  
BBQ Baby Backs  
Broiled Steaks

FULL SERVICE LIQUOR LICENSE

2971 So. Hwy 191 • 259-6275  
3 miles south of Moab • NOW OPEN!

Your Home Town



**Pizza Hut**

265 South Main, Moab  
Open Daily • 259-6345  
Sunday - Thursday 11 am - 10:00 pm  
Friday/Saturday 11:00 am - 11:00 pm  
Pick-Up or Delivery Available

# RESTAURANT GUIDE



# RESTAURANT



## Jeffrey's STEAKHOUSE


**CASUALLY UPSCALE CLASSIC STEAKHOUSE FARE**

218 NORTH 100 WEST  
259-3588  
JUST SLIGHTLY OFF MAIN  
ENJOY OUR PATIO

OPEN NIGHTLY AT 5:00PM  
CALL FOR RESERVATIONS

WWW.JEFFREYSSTEAKHOUSE.COM

State Liquor Licensee



**EklectiCafe**

Carnivores,  
Herbivores,  
Omnivores!  
Vegetarian  
Friendly

**Breakfast • Lunch**

"Best Desert Oasis" Salt Lake City Magazine

HOURS  
7 Days A Week 7:00am-1:30pm  
352 North Main, Moab • 435-259-6896

Authentic Mexican Food



## FIESTA MEXICANA

Tony and His Staff Welcome You

Patio Seating Childrens Menu Available  
Large Parties Welcome Nice Atmosphere

Lunch Specials - All \$6.25

All Served with Rice & Beans  
Monday: Burritos ~ Beef or Chicken  
Tuesday: Enchiladas ~ Beef or Chicken  
Wednesday: Chimichanga ~ Beef or Chicken  
Thursday: Chile Relleno  
Friday: Taco Enchilada ~ Beef or Chicken

"Fiesta Margarita" Best Margaritas -Made from Scratch with Fresh Squeezed Limes and 100% Blue Agave Tequila

**Best Mexican Food in Town**

Winter Hours Sun-Thur 11-10 Fri & Sat 11-11  
202 So. Main St. Moab, Utah 259-4366



## PARADOX PIZZA

MOAB UTAH

**EAST COAST STYLE, STRAIGHT FROM MOAB WE DELIVER**

EAST COAST STYLE PIZZA FRESHLY MADE TO ORDER  
**SLICES!** HOMEMADE SOUPS, BREADS & DESSERTS  
702 SOUTH MAIN ST. 435-259-9999  
TRY OUR ONLINE ORDERING AT WWW.PARADOXPIZZA.COM

**Bar M Chuckwagon**  
7000 North Highway 191 259-BAR-M(2276)  
Dinner  
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events.

**Branding Iron Bar & Grill**  
2971 South Highway 191 259-6275  
Dinner at 5pm  
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

**Buck's Grill House & Vista Lounge**  
1393 North Highway 191 259-5201  
Dinner  
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Beautiful secluded patio dining. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

**Burger King**  
606 South Main 259-2700

**Cassano's Italian Restaurant**  
7 days a week 3pm - close  
11 East 100 North 259-6018  
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering. State Liquor License

**China Cafe**  
812 South Main 259-7933

**City Market**  
425 South Main 259-5181

**Cowboy Grill at Red Cliffs Resort**  
16 Miles up Highway 128 259-2002  
Lunch • Dinner  
Breakfast Buffet 6:30 - 9:30 Sat & Sun only  
RIVER FRONT TABLES inside and out overlooking the Mighty Colorado. American menu. Steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties.

**Denny's**  
989 North Highway 191 259-8839  
Breakfast • Lunch • Dinner  
MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

**Desert Bistro**  
1266 N Hwy 191 at Moab Springs Ranch 259-0756  
Dinner  
Owners/Chef Karl & Michelle Kelley invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

**Eddie McStiff's Restaurant & Brew Pub**  
57 South Main Street 435 259-BEER  
Lunch • Dinner  
Lunch: 11:30 am Daily  
Dinner: 4:30 pm Nightly

12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. Hassle free cocktails, wine & beer. Pool Tables. Patio Dining. Discount for Seniors 62 and older. FREE WIRELESS INTERNET! Delivery to Main Street Hotels. Live Music on Selected Nights.

**EklectiCafe**  
352 North Main Street 259-6896  
Breakfast • Lunch  
Open 7 days a week 7:00 a.m. - 1:30 p.m.  
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

**Fiesta Mexicana**  
202 South Main Street 259-4366  
Sun - Thur 11am - 10pm, Fri & Sat 11am - 11pm  
Best Authentic Mexican Food. The best Margaritas in town -made from scratch with fresh squeezed lime and 100% Blue Agave Tequila. Large groups are welcome. Children's menu. Patio Seating. To go orders available. Is it your birthday? Let us know and we'll take your picture, "Las Mananitas". Daily lunch specials \$6.25. Full bar.

**Frankie D's Bar & Grill**  
44 West 200 North 259-2654

**Hogi - Yogi**  
396 South Main (next to Teriyaki Stix) 259-2656  
Lunch • Dinner • Open Daily  
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

**Jailhouse Cafe**  
101 North Main Street 259-3900  
Breakfast  
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

**Jeffrey's Steakhouse**  
218 North 100 West 435-259-3588  
Open Nightly at 5:00pm  
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Patio dining. Tucked away upstairs is the Ghost Bar. State Liquor License. Party and event reservations available throughout the week. www.jeffreyssteakhouse.com

**La Hacienda**  
574 North Main 259-6319  
Lunch • Dinner - Open daily 11:00 a.m.  
CELEBRATING 30 YEARS! Superior Mexican specialties with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

**Leger's Sandwiches**  
817 So Main (inside the Moab Chevron) 259-2212  
Deli Open 6 a.m. - 8 p.m.  
Leger's Sandwiches, a favorite since 1977, is located inside the Moab Chevron which is open 24 hours. Our Sandwiches are made to order. Call in orders welcome.

**Love Muffin Café**  
139 North Main 259-6833  
Breakfast and Lunch  
Open every day from 7 a.m. - 2 p.m.  
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

**McDonald's**  
640 South Main 259-8800

**Mi Ranchito y Mexicano**  
812 South Main Street, Suite B 259-0550  
Breakfast • Lunch • Dinner fax 259-5533  
Mon to Fri 9am - 9pm  
Sat & Sun 10am - 9pm  
New owner. Changing daily specials. Come join our family owned restaurant for great authentic Mexican food. We use our own recipes to make fresh salsa, tamales, and chorizo, just like my mother's cooking at home. Our full breakfast selection includes burritos, huevos rancheros, and omelettes. We also have menu items from a quick lunch to a full dinner. Call ahead for quick lunch or dinner pick-up. We will cater your employee holiday party.

**Miguel's Baja Grill**  
51 North Main 259-6546  
Dinner  
Genuine Mexican Cuisine, traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

**Milt's Stop & Eat**  
400 East and Millcreek Drive 259-7424  
Lunch • Dinner  
Open Daily 11am - 9pm  
A true Moab icon since 1954. Featuring 100% ground chuck burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's. Daily Specials Website is www.miltsstopandeat.com

**Moab Brewery**  
686 South Main 259-6333  
Lunch & Dinner  
Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

For more information about these restaurants pick up a "Moab



**Moab Coffee Roasters**  
 90 N. Main St. 259-2728  
 7 days a week 7:30am - 10:00pm  
 On-site roasting for the freshest coffee and espresso in town available by the cup or by the pound. Professional baristas serve carefully prepared lattes, smoothies, Italian sodas, and locally made gelato. Open early and late for after dinner cappuccino and dessert. Indoor and outdoor seating. Taste the fresh roasted difference!

**Moab's Daily Grind**  
 1146 South Hwy 191 #B 259-1115  
 Mon-Sun: 6 a.m. - 2 p.m.  
 FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

**Moab Diner & Ice Cream Shoppe**  
 189 South Main 435 259-4006  
 Breakfast • Lunch • Dinner  
 Mon-Sat: 6:00 am - 9:00 pm  
 Home of the best green chile in Utah. You'll love our specialty breakfasts, lunches and dinners.

**Pancake Haus**  
 196 South Main (next to Ramada Inn) 259-7141

**Pantale's Desert Deli**  
 98 East Center 259-0200  
 Mon-Fri 10:00-5:00  
 Sat 10:00-3:00  
 Greek style deli with old family recipes. Fresh made dressings and salads. Big sandwiches. Soup of the Day. Order box lunches to take with you on your adventure. Ask for early morning pick-up. Catering available.

**Paradox Pizza**  
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**Pasta Jay's**  
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**Peace Tree Juice Cafe**  
 20 South Main 259-0101  
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 Open everyday 7am-10pm  
 Welcome to the brand new Peace Tree. Dedicated to using the freshest local ingredients, while adding a new and exciting breakfast and dinner menu featuring vegan and gluten free items. Catering and to go orders are available.

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 265 South Main 259-6345  
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 Fri-Sat: 11 a.m. - 11 p.m. Sun-Thu: 11 a.m. - 10 p.m.  
 Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery available. OPEN EVERY DAY

**Portal Grill at Moab Regional Hospital**  
 450 West Williams Way

**Red Rock Bakery & Net Cafe**  
 74 S. Main Street 259-5941  
 Breakfast • Lunch  
 Open 7am-4pm Mon-Sat and 7am-3pm Sunday. Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. OPEN EVERY DAY.

**Rio Sports Bar & Grill**  
 1 block west of Main on Center 259-6666  
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**Sabuku Sushi**  
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**Singha: Authentic Thai Cuisine**  
 92 East Center 259-0039  
 Lunch • Dinner  
 Lunch: Mon-Sat 11a.m. - 3 p.m.  
 Dinner: Mon-Sun 5 p.m. - 9:30 p.m.  
 For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Now serving beer, wine and saki.

**Slickrock Cafe**  
 5 North Main 259-8004  
 Lunch • Dinner  
 Open everyday 11 am - close  
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**Smitty's Golden Steak**  
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 Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

**Sorrel River Grill Restaurant**  
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 Dinner (by reservation only)  
 Enhanced Utah Dining Experience. Overlooking the Colorado River, enjoy delicious menu offerings from tender aged beef entrees, mouth watering seafood specials and garden fresh vegetable dishes direct from the ranch's organic garden. Full liquor license and extensive wine list. Casual dress. Reservations Required.

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 Open 8 a.m. everyday  
 NOW SERVING BREAKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

**Sunset Grill**  
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**Szechuan Restaurant**  
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**Teriyaki Stix**  
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**Village Market**  
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**Wake and Bake Cafe**  
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**Wendy's**  
 260 North Main 259-2595

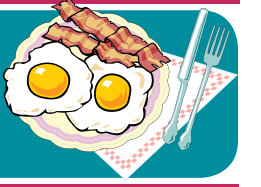
**Wicked Brew Drive Thru**  
 132 North Main 259-0021  
 Open at 6 am Daily  
 Wicked Brew is committed to providing you unbeatably fresh and full flavored coffees and teas. We feature Triple Certified Organic & Fair Trade beans meticulously selected from only environmentally responsible growers around the world. Our baristas are the friendliest in town giving you the quickest and most enjoyable coffee experience in Moab.

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Menu Guide" And tell them you found them in "Moab Happenings"



# RESTAURANT GUIDE



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**SUBWAY**  
eat fresh.

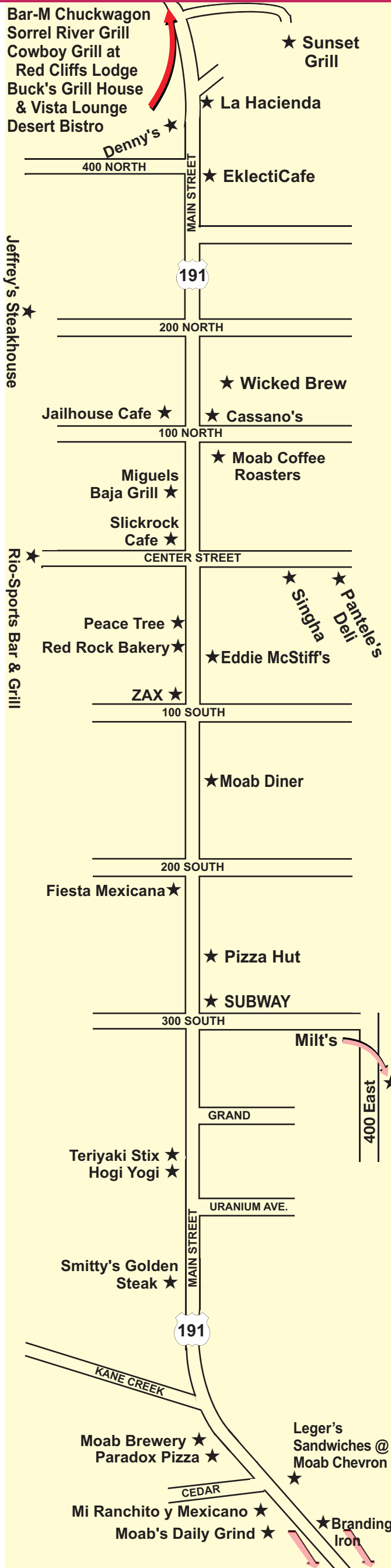
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**COUPON • COUPON**

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Expires May 15, 2011

Coupon valid at your Moab Subway  
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**SUNSET GRILL**

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Italian Restaurant  
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FOOD COURT & DELI



# RESTAURANT GUIDE



# RESTAURANT GUIDE



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RESORT & SPA

## The War Between Colas

by Adrianna Murphy

My family and I are avid Coca-Cola drinkers. I decided to conduct a research study to find out what people preferred to drink for a college writing assignment. I conducted the survey amongst some townpeople here in Moab and my Facebook friends. Coca-Cola and Pepsi have been engaged in a battle over consumer's taste buds for many years. Although, Coca-Cola contains fewer amounts of sugar and calories as compared to a can of Pepsi many blind taste tests prove that Coca-Cola is the preferred branded cola over Pepsi. I have found that many cola consumers claim they enjoy the taste of a Coke more than the taste of a Pepsi.

I set up shop inside my step-mother's business and conducted a survey asking cola consumers to pick which branded cola they prefer and why they prefer that cola. I also posted on my Facebook status for people to answer the controversial question. The results came flooding in. I was able to obtain 48 people's opinions. In my research I found that 20 people preferred Coke while only 16 people preferred Pepsi. The reasons as to why people preferred Coke varied in responses such as:

"Coke has bite."  
"Coke stays fizzier longer than Pepsi."  
"Coke has just the right amount of sweet to its flavor."  
"Coke has fewer calories than Pepsi."  
"Pepsi leaves a nasty aftertaste in my mouth. Yuck!"  
"Less sweet. More refreshing."  
"Habit."  
"I grew up on it."

The people that preferred Pepsi over Coke had responses such as:

"Pepsi tastes sweeter."  
"Pepsi doesn't sting the back of my throat."  
"Pepsi mixes better with my liquor than Coke."  
"Tastes a whole lot better than Coke."  
"Coke tastes like syrup! Pepsi has better flavor."  
"Coke's acidity is too high and is hard on my stomach."

I decided to take my field study one-step further and preform a blind taste test to see if I could turn the Pepsi drinkers into Coca-Cola lovers such as myself. In cup A Coca-Cola was added and in cup B Pepsi was added. I then asked each participant to take a drink and report back which drink they thought occupied cup A and cup B as well as, which cup they preferred drinking. When all the data was collected and reviewed my assumptions were found to be proven. The 3 previously reported as avid Pepsi drinkers in fact preferred cup A as compared to cup B in the blind taste test, while 2 of the previously reported avid Coca-Cola drinkers were found to prefer cup B over the taste of the cola in cup A. This information baffled me. Further research was necessary.

Researchers in this Coke vs. Pepsi war have found that people have a more memorable response to Coca-Cola as compared to Pepsi. After surfing the internet to find any other blind taste tests done in this Coke vs. Pepsi war I came across a study conducted at Baylor College of Medicine. The students at Baylor College had 67 subjects hooked up to an MRI machine. They were able to prove "Your brain connects brand imagery with brand preference." Their research showed that Coke was preferred 75% to 25% compared to Pepsi. It also showed that Coke was more likely to light up the brain parts related to things like memory and cognitive control whereas Pepsi did not have the same effect on the test subjects.

If Coke is preferred over Pepsi then one would assume that the sales should reflect this observation. Further research showed that since 2005 stock price in Coke has gained 35% while Pepsi has only gained 3%. Over the last several years Coca-Cola's stock has significantly outperformed Pepsi Co. Coca-Cola's market cap is currently 33% higher than Pepsi's. However, Pepsi generated over 40% more revenues than Coca-Cola, which is predicted to widen further in coming years. Pepsi and Coke both offer similar dividend yields of 3%. Although, Pepsi's dividend payout ratio is slightly lower than Coca-Cola's the difference is marginal. The findings suggest that neither one has a significant advantage over the other brand.

While conducting my survey I also encountered many people who did not prefer either soda. 7 people who participated stated they didn't drink soda, 3 people preferred Mountain Dew, and one preferred Diet Coke. I think the most surprising answer I received came from a gentleman who responded on his survey that when he is on the West Coast of the United States he prefers Pepsi but if he is on the East Coast then he prefers Coke. I am from Cincinnati, Ohio and a majority of the Facebook surveys were answered by my friends back east. Interestingly, they polled more likes for Coke than Pepsi. Is it an East Coast, West Coast battle now over soda? I can conclude one thing from this study though, and that is that cola drinkers seem to be very faithful to their preferred cola brand.

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Next to BigHorn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service.

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**RIVERFRONT PATIO DINING**

16 Miles east of Moab on Hwy 128  
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# SAFARI HAPPENINGS

## 45<sup>th</sup> Annual Moab Jeep Safari: April 16 – 24, 2011

The 45<sup>th</sup> Annual Easter Jeep Safari for 2011 is a collection of trail rides, mostly day-long trips, that will depart from Moab, Utah, during the nine days from April 16 through Easter Sunday, April 24. Visiting families provide their own four-wheel-drive vehicles, bring their own lunches and non-alcoholic beverages, and load up good-to-have items like sun lotion and perhaps protection from the chance of rain or even snow flurries. There are no restrictions as to manufacturer of the vehicle, but high clearance four-wheel-drives are expected. ATV's, UTV's and Motorcycles cannot be



to find. The problem in finding the Safari routes is knowing which of the many old trails to take.

On Big Saturday (April 23<sup>rd</sup>), 1000 or more vehicles that have lined up in trail groups near the center of Moab will do a controlled "big bang" departure in all directions. This is said to be one of the biggest parades in the world in terms of numbers of vehicles involved in a single event. If you happen to be in town on Saturday morning, don't miss this motorized madness starting at 9:00 AM.



included. We will be using 10 or more trails most days, and 28 groups will be part of the departure spectacle on "Big Saturday" April 23<sup>rd</sup>. A few trails are barely out of the two-wheel-drive class, but the most difficult trails need vehicles that have serious after-market improvements.

All of the trips travel federal and Utah state lands on established roads, most of them left over from busier mining days. The trails are used throughout the year for 4WD recreation and for business by mineral searchers and by ranchers, who use the lands seasonally for grazing. Old trails are easy

### 4X4 Trade Show

A little known but popular event during "Jeep Safari" is the vendor trade show and exposition, scheduled for Thursday & Friday, April 21<sup>st</sup> & 22<sup>nd</sup> the Old Spanish Trail Arena (large brown building on the east side of Hwy 191 five miles south of the center of Moab).

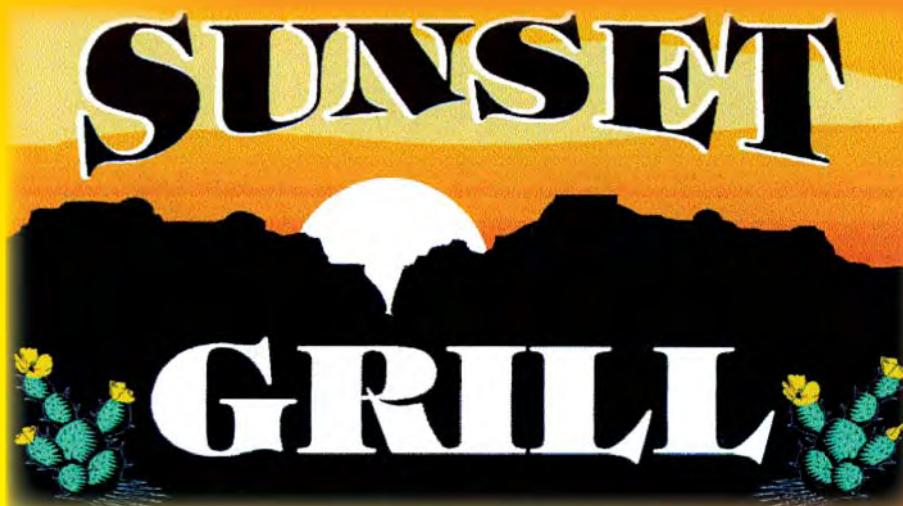
There will be over 140 indoor and outdoor displays of 4-wheel drive products. Manufacturers come from all over the United States to display their 4x4 related products to the attendees. The show is free and is open to the public. The product displays are mostly items of interest to the "4-wheel crowd," but some spaces have been donated to worthy causes that are directly related to Easter Jeep Safari activities.

Many vendors have contributed products to a raffle which is held on Friday evening after the annual Boy Scout Dinner, which is scheduled to begin at 5:30pm. This annual product give-away is a major benefit to the registered participants of the Safari.

The drawings have been popular enough to create real traffic jams near the Arena, so please be patient with parking and traffic control officials.

*Steaks • Pastas  
Prime Rib  
Fresh Seafood  
Patio • Catering  
Family Dining*

*Casual Atmosphere*



*"Dining with a Million Dollar View"*

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**Welcome to Moab Special!**

**Free Homemade Dessert with purchase of dinner.**

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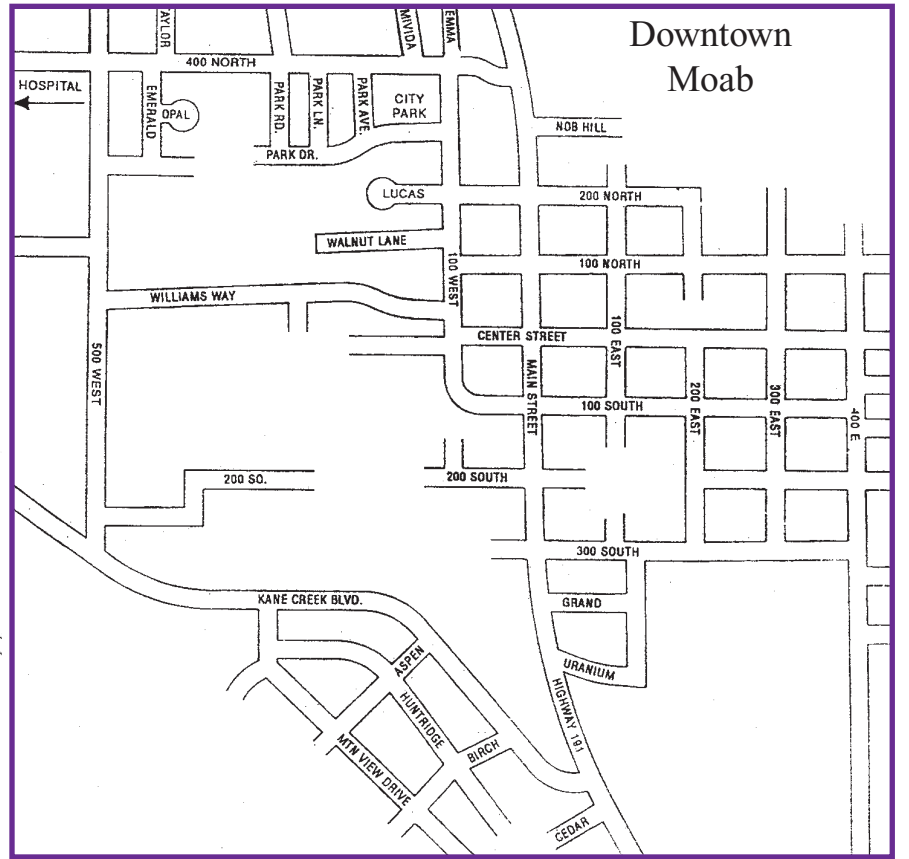
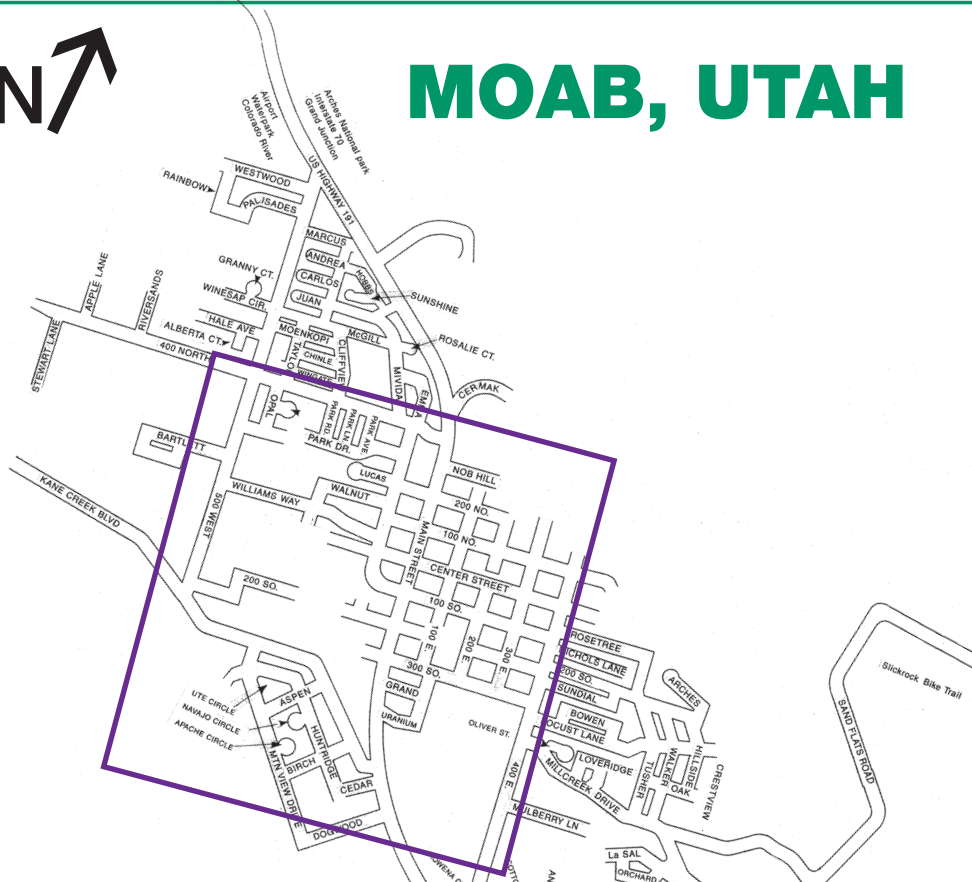
*Choose from any of our great menu selections including Filet Mignon, New York Strip, Fresh Salmon, Linguini Olivia, Shrimp Scampi and much more!*



Present coupon prior to ordering. Not valid with any other coupon, discount on lesser menu items.



# MOAB, UTAH



## MOAB, UTAH AVERAGE TEMPERATURE & RAINFALL

MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

## April Action Car Show: April 29<sup>th</sup>, 30<sup>th</sup> and May 1<sup>st</sup>

For one weekend a year, you can step back in time and enjoy the past. Dust off your classic car and get out that poodle skirt, it's time for the 19<sup>th</sup> Annual April Action Car Show and there is plenty of fun for both spectators and participants!

The car show will have hundreds of classic cars from the early 1900's to the newer vehicles. You will see Street Rods, Muscle cars, Classics, Customs, Trucks, Hot Rods and more. So come and join in on the fun at our April Action Car Show Weekend.



On Friday, April 29, from 9am to 5pm, is pre-registration at Swanny City Park. Also on Friday is a Rod Run on Scenic Highway 128. Travel along the Colorado River to Castleton. There will be winery tours and Western Museum & Memorabilia tours at Red Cliffs Adventure Lodge and Castle Creek Winery on the return trip. Lunch will be available at Red Cliffs for show participants.

On Saturday, April 30, the car show (at Swanny Park) will begin at 7:00 am (rain or shine). J.C. Hackett will be playing your favorite oldies music. There will be great food provided by Smitty's Golden Steak and the Lion's Club. There is no charge for spectators at the car show on Saturday.

Sunday, May 1, a continental breakfast will be served at Swanny City Park for show participants from 8-9am followed by a Rod Run at 9:15 to Deadhorse Point State Park.

For further information regarding the events, see the website at [www.moabaprilaction.com](http://www.moabaprilaction.com). Event video and photos by Omni Productions.



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To Monticello  
Cortez, Durango,  
Monument Valley,  
Phoenix



# MEDIEVAL HAPPENINGS

## Medieval Camping Event returns to Moab

May 13th -15th the canyons near Moab will echo with the sound of sword fighting, archery, music and fun as the Society for Creative Anachronisms hosts its Arabian Nights event. The annual Arabian Nights events bring hundreds of enthusiastic fans of the Medieval history to the Moab area to spend a weekend camping and enjoying medieval activities.

Founded in 1966 the Society for Creative Anachronisms, or SCA, began when group a friends decided to hold a tournament to celebrate the middle ages. The event was such a success that the group began to regularly hold events where they could participate in what they called "the best" of the Middle Ages. Today 45 years later the organization has grown to nearly to nearly 30,000 members with thousands more who participate in their events every year.

SCA events are different than a Renaissance fair, as all who attend the event are invited participate in the activities. Visitors to events are encouraged to dress the part of a person who could have lived between the years 600 AD and 1600 AD. Events include tournaments, classes on crafting historical items, children's activities, royal courts, dances, feasts and many more opportunities to experience the

middle ages. Every year hundreds of events take place across the world.

Most SCA Events are sponsored by a local chapter such as the Riding of Redbridge located here in Moab. Chapters cover various geographical areas and are organized by different names by their size. For example the Riding of Redbridge is a subchapter of the Province of Arrows' Flight. Arrows' Flight is in turn part of the Kingdom of Artemisia which covers parts of Utah, Idaho, Wyoming, Montana, and Colorado. Twice a year kingdoms like Artemisia choose a king through a tournament of arms.

Kings and their Queens often attend events and travel about their kingdoms giving awards and recognition to SCA participants. They award Knighthoods to those who show mastery of arms, Laurels are awarded to skilled artisans, and those who show service to the Society are given the award of Pelican. Other awards and titles are often given as well.

Events of like Arabian Nights are not the only activities that the SCA does. Often local groups will hold fighter practices, arts and science nights, and populace meetings to help participants practice and create the clothing and items they need for events. The SCA also hold larger symposiums and collegiums where crafts, techniques, and research is presented. Wars are another part of the SCA where two kingdoms or groups engage in mock battles and contests, with the winner of

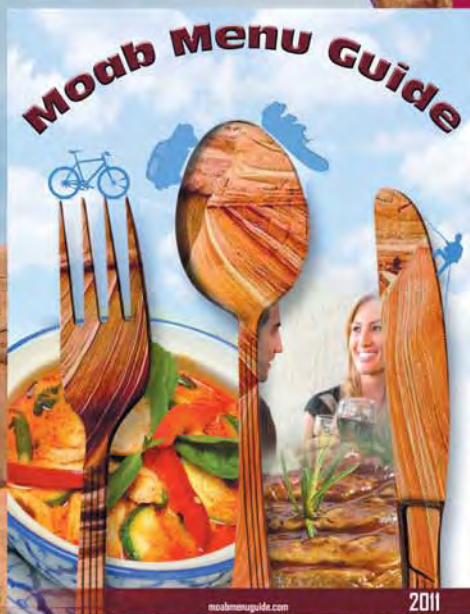


the most challenges being declared the victor. Some of the larger war events can have thousands of participants and last up to two week.

Arabian Nights promises to be a fun way to enjoy a weekend in the middle ages. If you interested in attending you can camp for the week end or visit for just a day. Put on you best medieval clothes, bring your camping gear and enjoy an escape to the past. For more information on Arabian Nights visit <http://www.arrows-flight.org/events.htm> to learn more about the SCA visit [www.sca.org](http://www.sca.org)



## PLANNING AN HOUR, A DAY, A WEEK OR A LIFETIME IN MOAB?



Pick up your copy of these Moab publications available at many businesses in town.



# ASTROLOGY HAPPENINGS

## Your Monthly Horoscope - April 2011

By Rob Wells

Mar. 21 - Apr. 20



**Aries:** Happy Birthday Aries! With over half the planets in your sign this month it is going to be lively. First off, make sure you double-check everything during the first three weeks. Take care all the first week against accidents. Reap big benefits on the 6th. Avoid ego conflicts on the 11th. Show how smart you are on the 12th. The third week of April tests your patience. From the 21st you exchange confidences with your friends that relieves any guilt you've been carrying. The month ends on an energetic note to get things done.

Apr. 21 - May 21



**Taurus:** You may need to slow things way down this month. Get to a doctor for a check-up if you're not feeling well between the 4th and the 6th. Avoid the Self-righteous on the 11th. You get a big boost from behind the scenes on the 12th. You really need to slow down from the 14th to the 21st. Talk to someone in authority for good advice on the 21st. Life begins to return on the 23rd and by the 28th you're back on top of things.

May 22 - June 21



**Gemini:** Friends are everywhere this month and you'll love it. Double-check your wallet to make sure you have enough for fun all month long. The 3rd to the 6th is a personal assessment time. Someone's ego needs a stroke on the 11th, is it yours? Save any big ideas you

get on the 12th until after the 21st. The 13th to the 21st is slow going and not much gets done. Talk to someone about a problem you have on the 21st. You will get good advice at that time. Clear the decks for fun on the 28th and 29th.

June 22 - July 22



**Cancer:** You balance home and career this month. Double-check everything in and out of the office until the 21st. You claim the brass ring on the 6th, in you career. Don't let any of the hype about you go to your head on the 11th. But then again on the 12th you get this big bright idea... From the 13th to the 21st life slows down a bit. Discuss a problem you have with a professional on the 21st, as it requires that level of advice. After the 23rd you are back to your old self and ready to party with the best again.

July 23 - Aug. 24



**Leo:** You are steeped in activities for your church or a school this month. Whatever comes your way; check the facts back and forth to make sure they are correct. You go deep starting on the 3rd and by the 6th you could have the big trophy for your efforts. Be ready to placate other's egos on the 11th. Save any great ideas on the 12th for after the 21st. The 13th to the 21st it will seem difficult to make headway with anything. Don't try to swim up stream. Get a professional's opinion on matters on the 21st. By the 28th, matters are resolved and you are filled with energy.

Aug. 24 - Sept. 22



**Virgo:** If you try to balance to the checkbook this month you may get depressed. You'll just have to do it all over again after the 21st. So just double-check all your entries until that day. Shared assets are up for review, but don't expect miracles until the last week of the month. A financial windfall could find you on the 6th and it really helps out. Your partner is very concerned and says so on the 11th. From the 13th to the 21st life is like pulling teeth, but you manage to live through it. Get some professional help with a problem on the 21st. By the 28th everything is back on happy footing.

Sep. 23 - Oct. 23



**Libra:** Your partner is your center this month. Make sure all your communications and plans are very clear to/with each other during the first three weeks of the month. Take care with everything you do during the first week. Avoid a show of force from someone on the 11th. You get a great idea on the 12th, but hang on to it until the 21st. From the 13th to the 21st life is everyday and maybe a little frustrating as plans get put on hold. A festering problem may require the aid of a professional on the 21st. Life returns to a happier frame by the 28th.

Oct. 24 - Nov. 22



**Scorpio:** All that is work is what you are about this month. Take the time to double check all matters. Avoid an accident on the 3rd. The 6th holds real benefits that come your way. Don't let anyone try to dictate policy to you on the 11th. Save the big idea you have on the 12th until after the 21st. Life is work-a-day from the 13th to 21st so don't expect anything unusual. Deal with an employee's problem on the 21st and be generous. The train is running on greased rails by the 28th and you're happy as can be as a result.

Nov. 23 - Dec. 21



**Sagittarius:** Romance is your focus this month. Matters in this regard must be made clear and clear again for the first three weeks. A new and dangerous flame could start on the 3rd. The 6th could highlight a personal project for you. Avoid someone's show of ego on the 11th. From the 13th to the 21st life cools down a bit and you can use the rest to regroup. If you have children they may need your attention on the 21st, so be available. Life returns to happy by the 28th and all the issues for the month have been laid to rest.

Dec. 22 - Jan. 20



**Capricorn:** Home is where your heart is this month. Avoid confusion under your roof by repeating yourself if you need to during the first three weeks of the month. There is the danger of an accident in the home on the 3rd, so be advised. The 6th could bring you a gift that is welcome within your walls. On the 11th be prepared to defend a position you have taken. The third week of the month is mostly everyday stuff and you may welcome the quiet it brings. Get a professional to review a problem with your home on the 21st. Get started on home improvement projects on the 28th that carry you into next month.

Jan. 21 - Feb. 18



**Aquarius:** Communications and errands dominate your time and attention this month. There is a problem with getting it right the first time during the first three weeks, so write it down and check it twice before making a move. Avoid the roads on the 3rd if possible. Great news arrives on the 6th. Do not get into a war of words on the 11th if possible. Any ideas you get on the 12th should be tabled for further study and consideration until after the 21st. The third week of the month is pretty low key and will require patience on your part. Hand out advice carefully on the 21st. Your tide is rising by the 28th and you'll love the influx of energy.

Feb. 19 - Mar. 20



**Pisces:** Keeping track of your money will be difficult this first three weeks of April so be sure to triple check everything in this regard. A sudden expense could ruin your day on the 3rd. A windfall on the 6th puts the smile back on your face. Someone may try to pressure you for cash on the 11th. From the 13th to the 21st the road is pretty level with few bumps. An investment advisor could have interesting news on the 21st that pleases you. You finish the month on an energetic note as great news finds you.

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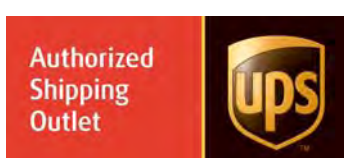
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# MUSEUM HAPPENINGS

## The Cliff Dwellings Speak presented at Edge of the Cedars State Park Museum

The Edge of the Cedars State Park Museum is pleased to present a special evening program by Beth and Bill Sagstetter, Thursday, April 14th at 6:30 PM. The Sagstetters, who are Denver residents, are the creators of the popular, recently-published book, *The Cliff Dwellings Speak*. The writer/photographer team has spent decades visiting and photographing archaeological sites throughout the Southwest, particularly in the Four Corners region. This book is the result of their labor of love. In this exciting evening presentation, the Sagstetters



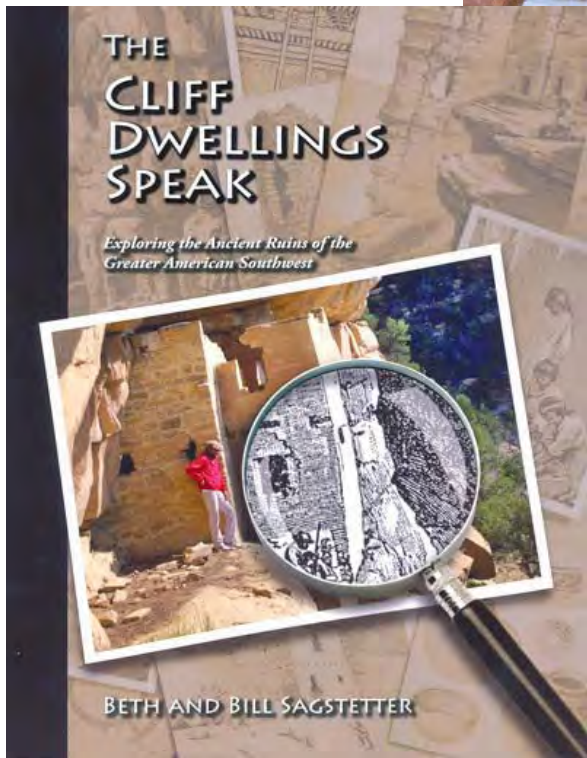
Bill and Beth Sagstetter

will share their lifetime of journeys to the ancient archaeological sites and the information they have learned.

“For years we struggled to get to remote cliff dwellings -- from the Four Corners Region to the Sierra Madres in Mexico -- only to be disappointed when we arrived. To our non-professional eyes there appeared to be very little left. The cliff dwellings were mute for us. We were frustrated -- we sensed each one of them had a story to tell,

but we could not decipher it. What could cliff dwellings possibly tell casual visitors like us? Then one day doing library research we stumbled across papers of the early archaeologists from the turn of the twentieth century -- before there was much science to apply to the study of archaeology. The observation techniques they developed were perfect for casual visitors like us -- now we could fathom at least some of the mysteries of the ancient ruins of the American Southwest. For example, what it means when we encounter rooms that are heavily smoke-blackened or how to train our eyes to see the wooden pegs imbedded in the walls and what that might mean. Suddenly the ancient cliff ruins did not seem so inscrutable anymore. We were spellbound!”

Please join us for this very special presentation. The program is free of charge and everyone is invited. The Edge of the Cedars State Park Museum is located in Blanding at 660 West, 400 North. The museum is open Monday through Saturday from 9:00 AM until 5:00 PM. Please call 435-678-2238 for more information about this and future presentations!



Front cover of their book, *The Cliff Dwellings Speak*

## Museum of Moab Photography Exhibit

### Museum of Moab

Fran Barnes: Canyon Country's Landscapes – For nearly half a century, writer and photographer, Fran Barnes has turned his pen towards the promotion of Utah's Canyon Country. The Museum of Moab displays a selection of Barnes' photo collection recently digitized as part of the Museum's efforts to preserve his substantial collections of images and writing. Exhibit is featured during Art Walk on April 9 from 5 to 8 pm and continues through April.



Museum of Moab is located at 118 East Center Street. It offers exhibits on geology, paleontology, archeology, pioneer history and mining. The Museum's phone number is 435-259-7985.

## Movie & Western Memorabilia Museum at Red Cliffs Lodge

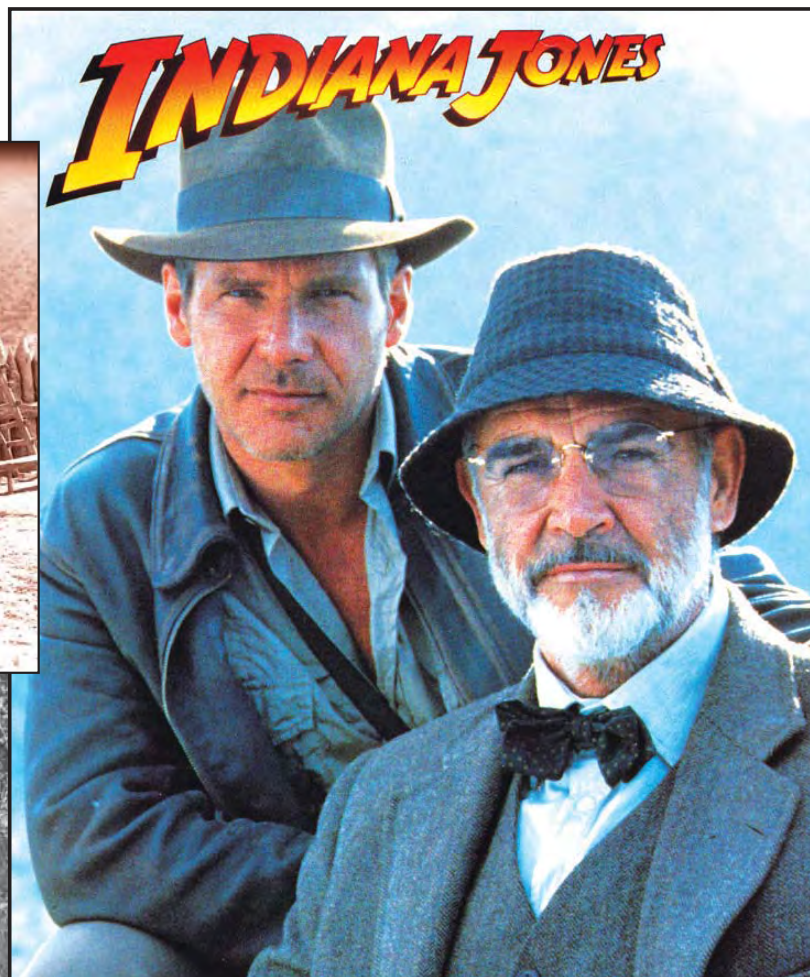
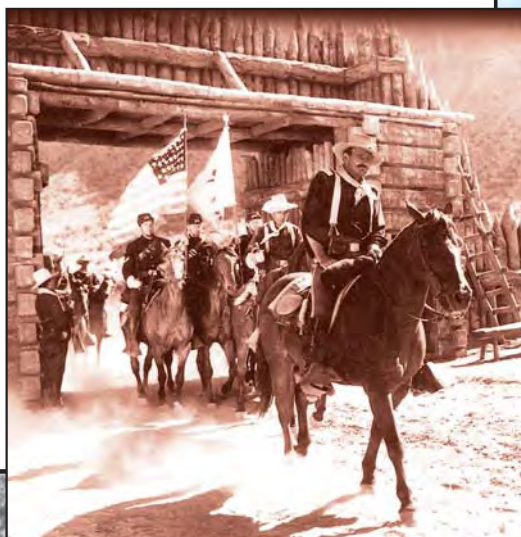
Red Cliffs Lodge, on the banks of the mighty Colorado River, is home to the Moab Museum of Film & Western Heritage. The lodge is built on the old George White Ranch, a key location for nine of the big westerns including *Rio Grande*, *Cheyenne Autumn*, *Ten Who Dared*, *The Comancheros*, and *Rio Conchos*.

The late George White was founder of the Moab to Monument Valley Film Commission, the longest ongoing film commission in the world.

In the museum one can learn more about film locations, how the sets are built, and how the filming process is managed on nature's own sound stage. On display in the museum are production photographs, movie posters, autographed scripts, props from the many pictures filmed in the area, and displays about the western ranching heritage. For information, call Red Cliffs Lodge at 259-2002.

Through the magnificent landscapes of southeastern Utah, writers have been inspired and stories born here. Zane Grey, the famous western novelist, traveled through the area in 1912. His visit inspired him to write his book

*Riders of the Purple Sage*. The book was made into a movie starring Ed Harris and Amy Madigan, and filmed on locations around Moab.



### A partial list of stars that have made movies in Moab

John Wayne, Maureen O'Hara, Henry Fonda, Lee Marvin, Rock Hudson, Jimmy Stewart, Richard Boone, Anthony Quinn, Mickey Rooney, Shirley Temple, Kris Kristofferson, Billy Crystal, Robert Duvall, Gene Hackman, Bill Murray, Jack Palance, Susan Sarandon, Geena Davis, Ted Danson, Tom Cruise, and many more.



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GUNFIGHTS NIGHTLY



SHOPPING  
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# MOAB HAPPENINGS

ENTERTAINMENT  
NIGHT LIFE

Volume 23 Number 1

Section B

April 2011

## Great Lakes Airlines to Launch New Service to Page, AZ and Las Vegas, NV



Following is the Moab flight schedule effective May 15, 2011:

Great Lakes Aviation, Ltd. announced additional service from Moab's Canyonlands Field Airport to Page Municipal Airport with further connections to Las Vegas McCarran International.

"This connection to Page and Las Vegas is a great addition to our existing service. It will provide options for visitors and residents alike to access not only the Moab area but Las Vegas, Denver, and northern Arizona," said Mayor Dave Sakrison.

"For many years the businesses in the Moab area have been hoping to develop an established flight to Las Vegas. This change in Great Lakes' flight schedule will have a significant impact. The community is eager to develop a greater tourism base and this is the change we need to make that happen. We are happy to see the changes and are anxious to begin working with the airline to establish higher enplanement numbers at Canyonlands Field," said Marian DeLay, Executive Director of the Moab Area Travel Council.

"This additional service is just what our tourism businesses have been pushing for in order to make Moab accessible to the many inexpensive flight options in and out of Las Vegas. These flights will give us a real competitive edge as a tourist destination," said Bob Greenberg, Grand County Airport Board member and former County Councilman.

"The new flight schedule and connections are just what the airport needs to boost enplanements. I am also excited for the local businesses to be able to tap into a new market and broaden the tourist base. It is my hope and desire to grow this route so that it becomes economically sustainable. At a time when every enplanement is critical, this could not have come at a better time," said Kelly Braun, Canyonlands Field Airport Manager.

### Moab to Page:

Flight 5037	Departs	1:18p	Arrives	1:08p	Operates Daily
Flight 5035	Departs	8:58p	Arrives	8:48p	Operates Sunday-Friday

### Page to Moab:

Flight 5036	Departs	6:00a	Arrives	7:49a	Operates Sunday-Friday
Flight 5187	Departs	10:45a	Arrives	12:34p	Operates Daily

### Moab to Las Vegas:

Flight 5037	Departs	1:18p	Arrives	2:23p	Operates Daily
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### Las Vegas to Moab:

Flight 5187	Departs	9:30a	Arrives	12:34p	Operates Daily
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### Moab to Denver:

Flight 5036	Departs	8:00a	Arrives	9:17a	Operates Sunday-Friday
Flight 5187	Departs	12:50p	Arrives	2:07p	Operates Daily

### Denver to Moab:

Flight 5037	Departs	11:45a	Arrives	1:08p	Operates Daily
Flight 5035	Departs	7:25p	Arrives	8:48p	Operates Sunday-Friday

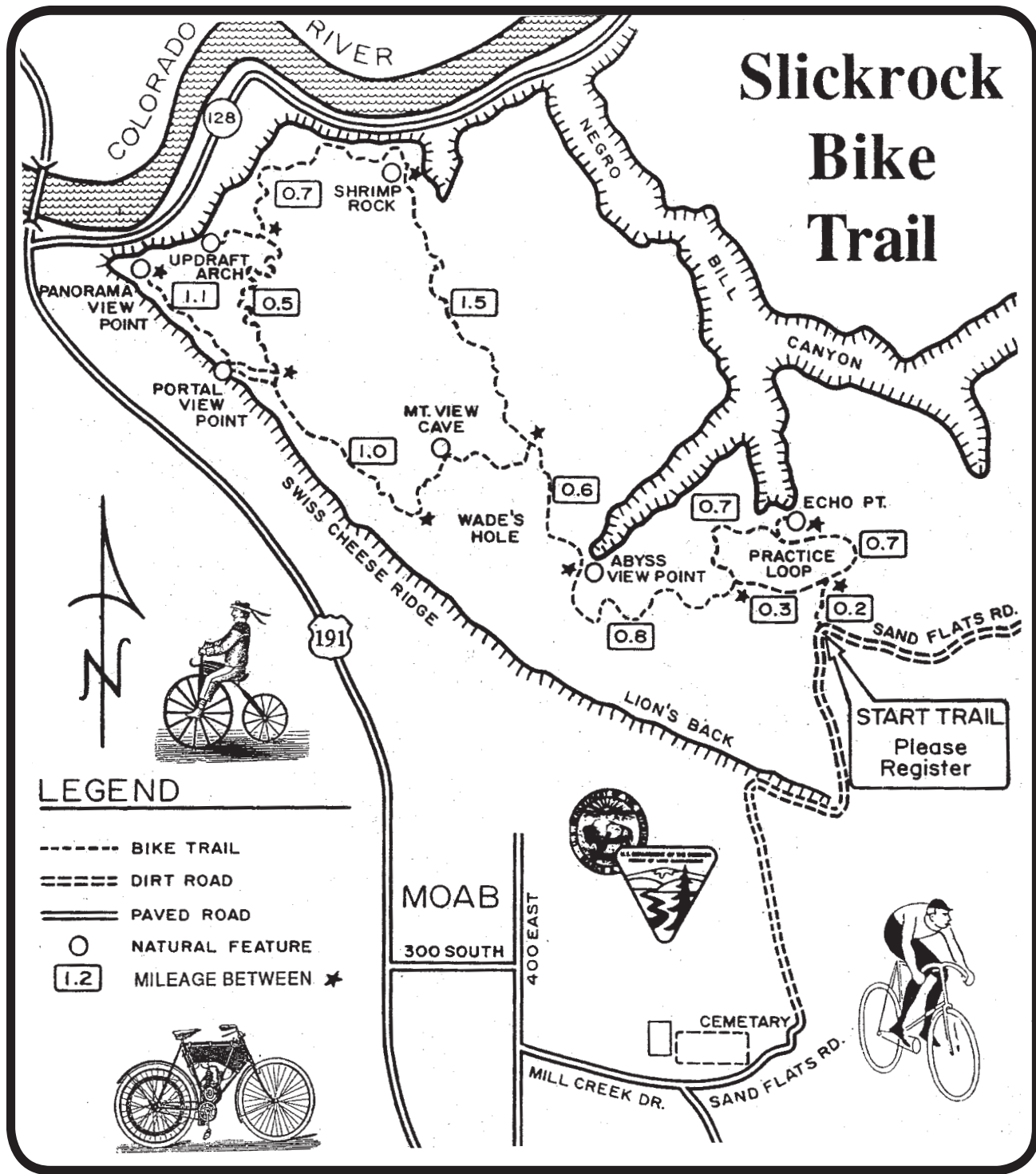
To purchase tickets on Great Lakes Airlines, visit [www.flygreatlakes.com](http://www.flygreatlakes.com), call the Great Lakes' reservation center at 800-554-5111 or visit your travel agent.

Great Lakes is providing scheduled passenger service at 56 airports in fourteen states with a fleet of Embraer EMB-120 Brasilias and Raytheon/Beech 1900D regional airliners. A current route map may be viewed at [http://www.flygreatlakes.com/route\\_map/route\\_map.htm](http://www.flygreatlakes.com/route_map/route_map.htm).

All scheduled flights are operated under the Great Lakes Airlines marketing identity in conjunction with code-share agreements with United Airlines and Frontier Airlines at their Denver, Phoenix, and Billings hubs. Code-share agreement with only United at their Ontario hub; and only Frontier at their Albuquerque, Las Vegas and Milwaukee hubs.

Additional information about Great Lakes Airlines is available at [www.flygreatlakes.com](http://www.flygreatlakes.com)

# MOUNTAIN BIKING



## Mountain Biking Mecca

• **2<sup>ND</sup> ANNUAL GRAN FONDO MOAB May 7, 2011**  
 The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the Manti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

• **MOAB CENTURY TOUR September 16-18, 2011**  
 This annual event is a weekend packed with road cycling benefiting the Moab Cancer Treatment and Resource Center and other cancer survivorship Programs. Time trials, pasta dinner, warm up and recovery rides complement the main cycling event Saturday over the famous La Sal Loop Road. Rolling and Climbing Routes ranging from 42 to 100 miles on this fully supported road cycling tour. Visit [www.skinnytireevents.com](http://www.skinnytireevents.com) or 435.259.2698.

• **OUTERBIKE October 5-9, 2011 - Outerbike Demo Days: October 7-9** For three days, the world's best bike manufacturers will be set up at the Outerbike Expo site. You can walk through and see next year's innovations, pick a bike you'd like to try, and take it for a ride. Repeat as needed. There are 20 miles of connected loops that range from fun and easy to technical and gnarly, and a paved bike path leading to two National Parks for road rides. Your \$150 registration fee buys you lunch, shuttled rides, prizes, movies, parties, and beer! Outerbike Guided Rides and Clinics: October 5-6 Show up before the Demo Days and join us for guided rides and clinics that will range from the Whole Enchilada---an all day epic, to the new Intrepid Trails that even your kids would love. Sign up for these rides when you register for Outerbike Demo Days. Outerbike proceeds go to IMBA and the Moab Trails Alliance.

• **24 HOURS OF MOAB October, 2011 - An endurance team race** which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

• **MOAB HO-DOWN Mountain Bike Festival - October 27, 28, 29, 30, 2011** Presented by Chile Pepper Bike Shop - this festival includes mountain bike races, dirt jump competition, townie tour, costume party, movies at Star Hall and loads of fun! Please call 435-259-4688 or visit [www.moabhodown.com](http://www.moabhodown.com) for more information.

• **SKINNY TIRE FESTIVAL March, 2012**  
 Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient Puebloan petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit [www.SkinnyTireEvents.com](http://www.SkinnyTireEvents.com).

Moab has become known worldwide as a mountain biking mecca. The canyon country around Moab offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab. There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

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# TRAIL HAPPENINGS

## Moab Bike Trails - Lots of New Trails

Moab has a long history of offering challenging mountain bike trails and it can be quite intimidating for someone who is new to the sport, or riding in Moab for the first time. I still remember getting lost on Monitor & Merrimac in 1996 and choking on tears on Slickrock in 1998, so here is a brief update on what is new and exciting



Pipe Dream Bike Trail

with the local Moab biking scene. Since I devote my life to mountain biking, it's fun to talk to friends who only ride their bikes occasionally.

The MOAB Brands Trails are very popular with locals and visitors alike. These trails are a combination of singletrack and old jeep roads with the emphasis on singletrack that are part of the Bar M Mountain Bike Focus Area. Once on the trails, the La Sal Mountains begin to shape a major part of your vista, as well as the Windows district of Arches National Park.

Two of the newer trails that are less technical are Lazy and EZ. These are not necessarily easy but they provide a singletrack experience while not posing a lot of technical challenges. Another new trail, named Deadman's Ridge, (named after a curve on the old Hwy.) is ready to ride for the first half with the second half to be completed soon. Yet another trail in the Brands System is the North 40, that is currently under construction. Since the Brands Trails are a great place to start if your group that has varying ability levels. If you are driving, the access from town is approximately 9 miles north of Moab on Hwy 191. Turn east at the Bar M Chuck Wagon and park at the information kiosk. Add a bit of challenge by riding from town, across the bicycle/

pedestrian bridge and up the paved path known as the Moab Canyon Trail.

Another new trail in Moab is the Pipe Dream trail, a dream come true. It is technical singletrack that you can access from your house or motel in Moab. Locals love this trail, and so will visitors as it will soon be "discovered".

Three points of access are from the top of Aspen Drive off of Doc Allen Dr., Jackson Street (4th east) in Moab, or south of town, off of Hwy 191 look for the Hidden Valley/Pipe Dream sign before the Shell gas station.

News Flash!!! Just finished two weeks ago are three "new" trails, now ready to ride in the Gemini Bridges area. After viewing the Gemini Bridges, continue down the road a short distance to discover the new Arth's Corner Trail on your left. This is a great new intermediate trail that winds through the pinions and junipers, around small canyons to connect with the Metal Masher road, which leads you to the next new trail, Little Canyon Singletrack. The singletrack trail is at the jct. of Gemini Rd. and Metal Masher, and continues along benches, twisting and turning to reach a junction with the Gold Bar 4x4 road. Here you will find the newly marked Gold Bar Singletrack



LAZY - A sweet single track trail

trail heading up the slickrock. This is for hardy skilled bikers with a continuous 1 mile climb.

The old favorite trails still are still the standard, and if a challenge is what you are looking for, ride Amasa Back to Rockstacker to Jackson's. Rockstacker is full of slickrock rollers that will challenge most technically advanced riders. Jackson's trail has some steep switchbacks that are likely to cause your heart to beat a bit faster. Access this trail by driving Kane Creek Rd out approximately 6 miles out of Moab to a well marked parking area.

Poison Spider Mesa to the Portal trail is a good combination of a workout and a downhill run that has some

Hike-a-Bike sections. Poison Spider Mesa is primarily a climb up an old jeep road that includes long slickrock sections, some sand, and views of the La Sal Mountains, and Little Arch. The Portal trail is a long technical descent that includes narrow exposed sections and plenty of challenge for even the more advanced riders. Access is from Highway 191 (north of the bridge), then turn onto Highway 279 (Potash Road) for approximately 6 miles to the Trailhead. Poison Spider is also a favorite of ORV's.

We highly recommend carrying a map, and plenty of water. Maps are available at any of the Moab bike shops, and the shops can provide trail recommendations for various skill levels.

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Trail Mix is an advisory committee to Grand County in the development and maintenance of non motorized trails. The committee represents non motorized users including bikers, hikers, equestrians, and skiers. Many government agencies and private citizens make up the "mix" that makes this group work so well. Come join us on the 2nd Tues. of each month from 12-2 at the Grand Center (500W. 182 N.). Everyone is welcome. Contact Sandy Freethy 259-0253 or find us online at www.grandcountyutah.net/trailmix/. You may also reach us at moabtrailmixinfo@gmail.com.

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# SUSTAINABLE HAPPENINGS

## The Romance of the Two Wheeler

by Joan Gough

Bicycles have always meant freedom for me. When I was five my family was visiting an aunt and uncle on their farm outside Salmon, Idaho. My cousin, who was two years older than me, had a little bike with solid metal disks rather than spokes in the wheels. I wanted badly to ride it. Denny said it was all right with him and my dad offered the incentive of buying me my own bike if I learned to ride in the three days we were there. There were no training wheels, but it wasn't far to the ground and the ground was dirt, so after many falls I got the hang of it and was riding by the time we left.



There are a variety of trailers for bikes. Joan Gough photo

Since that first new, blue and white, Sears bike with which my parents paid up on their promise, I have equated freedom with riding a bike. It was a little big with its twenty-four inch wheels, but I could ride it around the neighborhood and to the corner grocery store for penny candy. Later, a bike meant going with the gang to the canal to swim,

getting to school and the library quickly, and checking out the roiling carp in the lake shallows.

I put the bicycle away in an attempt at social acceptance in high school and didn't really ride again until coming to Moab as a young adult. The mountain bike boom hadn't hit here yet, in fact Moab had yet to see a fat tired, multi-gear mountain bike, but my husband had an old Raleigh ten speed which I took over and rode until I got my first mountain bike, a Bridgestone.

Today, there are hundreds of specialized bikes--from the heavy duty downhill racers, to the extremely light and pared down roadies and everything in between, which is where most of us find our favorite commuter and work horse. For town commutes, I ride an old beach cruiser with a large front basket, seven gears in an internal hub and coaster brakes. Cruisers are heavy, but the big tires and upright position save my back. And with their longer wheel base they are more stable than the short mountain or road bike.

Here's the romance--the beach cruiser was designed and sold originally by a couple of surfers in San Diego to carry their boards to the beach. So, lean back and imagine the sound of the surf just around the corner as you cruise Moab.

Denise Oblak of Canyon Voyages says, "If I am going to commute on my bike, I want to be comfortable." Denise has fenders (no muddy pant legs), a front rack, disk brakes, tires that roll easily but aren't too skinny for cracks and potholes, easy grip shifts for multiple gears and a reliable kick stand. Seats can be big and comfy or smaller and more efficient, and the post can be outfitted with a small shock absorber to further the comfort. Then there's coffee--a place to carry your mug could be the tipping point between a Prius and bicycle for some people and of course the cafe cruiser has one.

Consider these safety features--front and rear lights, a bell, and a good helmet properly fit. Riding with traffic is safer. Drivers are used to looking for cars so, if you are where they expect to see a motorized vehicle, in a left turn lane for example, they will be likely to see you. Go ahead and stick your arm out there so drivers know your intent.

For those who need to haul loads that don't fit in a front basket, like children, there are trailers of many designs. The innovation that made trailers practical, especially for carrying children, was a hitch system allowing the bike to go down without turning over the trailer. Children are not the only awkward loads people need to carry. Dave Bodner, owner of Miguel's Baja Grill, was using his bike to do errands for the restaurant, but the liquor pick up was heavy and awkward so he bought a flat bed trailer.

The length is adjustable and he could literally carry a refrigerator if need be.

Local racer Jenna Woodbury has found that carrying two growing twins works best in a sort of reverse tricycle with a box on the front between the wheels. The customized big box is great for the kids, since they have a view forward plus back at mom when they need a little reassurance. The next time you order a pizza from Paradox, you just may see a modified bicycle out at the curb. This design puts the box between the front wheel and the crank. As an employee



Delivery Service on a custom bike. Joan Gough photo.



T. Pilcher photo

said, "If the customer is close, we just jump on the bike and make the delivery. It's faster and lot more fun."

The major bike companies like Specialized (Rim Cyclery), Trek (Poison Spider), and Cannondale (Moab Cyclery) have extensive lines of comfortable "rides". Electra (Chili Pepper) has carved out their niche with the townie or cruiser. Salsa, Surly and Civia (Uranium Bikes) are all smaller companies that have focused more on the commuter. Maybe a vintage Schwinn Debutante from Mi Vida says freedom to you. Or, see what you can find at Wabi Sabi and do your own refurbishing. It is worth spending some time to get the bike that fits your commuting needs and fits you physically. Ask if the dealer will guarantee the fit when you order.

As we encourage a cycling culture, there are more and more amenities. We have enough bike lanes and walking/biking paths in Moab to avoid U.S. 191, for the most part. With good paths and lanes in town, imagine riding down from Cedar Hills and Spanish Valley on a commuter bike lane. It's perfect with the no sweat ride to work and the after work workout on your way home.

Bicycling is a win for everyone--less pollution, less road wear, good exercise, fuel savings and the glorious breeze on your face--the breeze that says, "Your free!"

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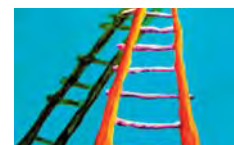


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Alina Murdock poster art

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raises the bar (or toning sticks)! It combines targeted body sculpting exercises and high-energy cardio work with familiar Latin inspired Zumba® moves to create a calorie torching strength training fitness class. Students use either 1-3 pound hand-held weights or Zumba Toning® sticks to tone target zones including arms, abs, gluts and thighs. Zumba Toning® is a perfect way for Zumba® enthusiasts to sculpt their bodies naturally while having a total blast! Classes begin in mid April. Visit Moab Zumba® on facebook for updates!

\*\* Good shoes like cross trainers are important and



Moab Zumba® instructor Sandi Snead has been a dancer all of her life and Zumba® is something she is extremely passionate about. "Zumba® has had a profound effect on my life and my goal is to share those possibilities with others!" Besides completing and becoming licensed to teach Zumba Basics® 1&2 trainings, Snead has also been licensed to teach Aqua Zumba® and Zumba Toning®.

### ZUMBA®

The Zumba® program fuses hypnotic Latin and International rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away! Zumba® makes you feel good and you don't realize you are working out! Combined with a reasonable diet it can have astonishing results. Participants can burn up to 1000 calories in one hour long class depending on their fitness levels and intensity put forth. Zumba® classes are currently offered 3 nights a week and on Saturday morning, at three different Moab locations. (See Ad) or visit Moab Zumba® on facebook for details.

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# SKY HAPPENINGS

## The Sky for April 2011

By Faylene Roth

### APRIL SUNRISE AND SUNSET TIMES

(The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

DATE	SUNRISE	SUNSET
1	7:03am	7:41pm
2	7:02am	7:42pm
3	7:00am	7:43pm
4	6:59am	7:44pm
5	6:57am	7:45pm
6	6:56am	7:46pm
7	6:54am	7:47pm
8	6:53am	7:48pm
9	6:51am	7:49pm
10	6:50am	7:50pm
11	6:48am	7:51pm
12	6:47am	7:52pm
13	6:45am	7:53pm
14	6:44am	7:54pm
15	6:42am	7:55pm
16	6:41am	7:56pm
17	6:40am	7:57pm
18	6:38am	7:58pm
19	6:37am	7:59pm
20	6:35am	7:59pm
21	6:34am	8:00pm
22	6:33am	8:01pm
23	6:31am	8:02pm
24	6:30am	8:03pm
25	6:29am	8:04pm
26	6:27am	8:05pm
27	6:26am	8:06pm
28	6:25am	8:07pm
29	6:24pm	8:08pm
30	6:22pm	8:09pm

Follow the arc of the Big Dipper's handle eastward to Arcturus, springtime's brightest star (Bootes). Continue the arc towards the horizon to Spica (Virgo). A loop upward and back to the handle passes through Regulus (Leo).

### MAJOR CONSTELLATIONS OF APRIL

#### Overhead

- Cancer
- Leo

#### Northward

- Cassiopeia
- Cepheus
- Perseus
- Ursa Major
- Ursa Minor

#### Eastward

- Bootes
- Corona Borealis
- Hercules
- Lyra
- Virgo

#### Southward

- Corvus
- Crater
- Hydra

#### Westward

- Auriga
- Canis Major
- Canis Minor
- Gemini
- Orion
- Taurus



### DAYLENGTH

By month's end, sunrise jump starts the day by 41 minutes and sunset lengthens it by 28 minutes. Twilight also extends the period of usable light. Civil twilight, marks the period one-half hour before sunrise and after sunset when light is adequate for most outdoor activity. Nautical twilight is the half hour before and after civil twilight. It spans the time it takes for overhead skies to become light at dawn and dark at dusk. Astronomical twilight continues another half hour during which the horizon begins to brighten at early dawn or darkens at the end of dusk. The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.

### MOON HAPPENINGS

- April 3 – New Moon occurs at 8:32am
- April 11 – First Quarter Moon sets after midnight
- April 17 – Full Moon rises at 7:58pm and becomes full at 8:44pm
- April 25 – Last Quarter Moon rises after midnight

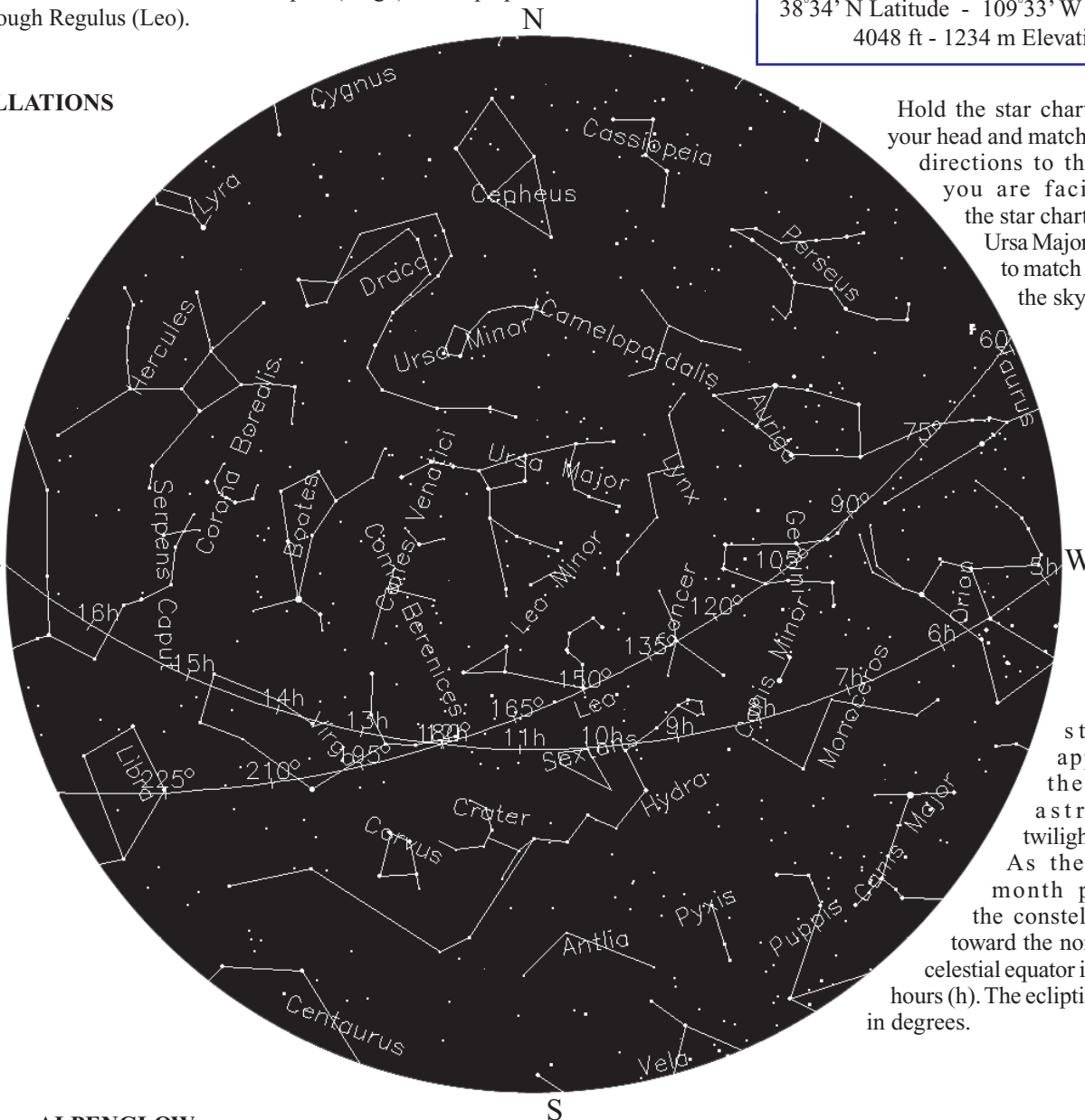
(The time of moonrise and moonset assumes a flat horizon. Actual time may vary.)

### METEOR EVENTS

April's meteor activity begins around April 7 in the vicinity of Draco, a circumpolar constellation. Meteors from circumpolar constellations are visible several hours before midnight. A waxing crescent moon sets early enough to provide good viewing conditions. Virgo is another good source for meteors this month. Three separate showers from Virgo span most of the month. Best viewing for these showers is between midnight and astronomical twilight. The last two weeks of April are noted for impressive fireballs most likely to occur after midnight. Many fireballs are bits of rocky debris, often large enough to reach the ground before burning up. A waning full moon could obscure all but the brightest.

The major meteor event of April comes from the Lyrid Meteor Shower. The Lyrids are active April 16-25. As many as 20 meteors per hour can be seen during its peak on April 21/22. However, a waning gibbous moon will impede viewing.

**Moab UT (at City Hall)**  
 38°34' N Latitude - 109°33' W Longitude  
 4048 ft - 1234 m Elevation



Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and month progresses, the constellations shift toward the northwest. The celestial equator is measured in hours (h). The ecliptic is measured in degrees.

### ALPENGLOW

April's deep red alpenglow on high desert walls, alpine peaks, and high cirrus clouds more than make up for the absence of sunsets across a low western horizon. The long wavelengths of red and orange light that project high into the sky after sunset reflect off water and dust molecules in the atmosphere and intensify the vivid reds of local rocks.

### LOCAL STARGAZING

Join Red Rock Astronomers for an evening of stargazing and telescope viewing at Old City Park on Sunday, April 24, at 8:45pm. Meet at the southwest corner of the park below the bandstand. Dress warmly and bring a chair or blanket if desired. A red light or flashlight wrapped in red cellophane is advised. This event is sponsored by WabiSabi and is free and open to all ages. Call 259-4743 or 210-0066 for more information.

*Note: Hold your hand at arm's length to measure apparent distances in the sky. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The fist with the thumb extended at a right angle equals 15 degrees. The hand stretched from thumb to little finger approximates 20-25 degrees. The diameter of both the full moon and the sun spans only 0.5 degree. Adjust for the size of your hand.*

Primary Sources: USGS; U.S. Naval Observatory; Your Sky at <http://www.fourmilab.ch/yoursky/>

To find out when the space shuttle and International Space Station are visible from your location, go to: <http://spaceflight.nasa.gov/realdata/sightings/index.html> and click on Sighting Opportunities.

### VISIBLE PLANETS

**Jupiter** - On April 7 Jupiter emerges from behind the sun and graces the morning twilight. It won't be visible until midmonth when it rises on the eastern horizon with Pisces about one-half hour before sunrise. Mars (fainter) hangs about three degrees above Jupiter and Venus (brighter) hangs about 10 degrees above Jupiter. (Magnitude -2.1)

**Mars** - Three visible planets crowd the morning sky this month. The red orb of Mars becomes visible a few days before Jupiter makes its appearance in the eastern sky. Look for Mars around the middle of April as it rises on the eastern horizon (with Pisces) about seven degrees below Venus. (Magnitude +1.2)

**Saturn** - The lone visible planet in the evening and night skies this month is Saturn. Saturn rises on April 1 just as the sun sets. As the month progresses, it rises earlier each night. By month's end it appears about 45 degrees above the horizon when it becomes visible at nautical twilight. Saturn shines slightly brighter this month for two reasons. Its opposition point with Earth occurs during the first week of April. Opposition marks the point when the earth passes between the sun and an outer planet. That puts Saturn at the closest point in its orbit to Earth. The plane of Saturn's rings are also tilted more towards Earth right now which increases the luminosity of the planet. (Magnitude +0.4)

**Venus** - The first of the three planets to appear in the morning twilight is Venus. It rises at the end of astronomical twilight, about one hour before sunrise. On April 30 it appears about seven degrees south of a waning crescent moon. (Magnitude -4.0)

*Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.*

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# PARK HAPPENINGS

## Riding the Intrepid Trail System

by Kim Clawson



A visit to Dead Horse Point State Park includes something for everyone, whether you are camping, hiking with your dog, mountain biking or interested in photography. The Intrepid Trail System at Dead Horse Point State Park is a new system of three nested loops and is the only trail at the park open for mountain biking. Maps are available online at [www.stateparks.utah.gov/parks/dead-horse](http://www.stateparks.utah.gov/parks/dead-horse), at the visitor center and are placed along the trail. Be sure to bring plenty of water, food, a helmet, sunscreen, sunglasses and a camera! Remember, dogs are not allowed on the Intrepid Trail, but are welcome on all other park trails on a leash! Please stay on the trail, as desert plants and biological soil crust are fragile and grow very slowly.

The one-mile Intrepid Loop is an easy, short ride for all members of the family. A short slickrock section winds through pinyon-juniper forest and is a great place to tune your suspension for the rest of the trail. Spring wildflowers start blooming in April and can be seen until early June.

The Great Pyramid Loop is for riders looking for a short adventure. This 4.2-mile ride is perfect for a quick introduction to the mountain biking experience. It takes most people an hour or so to finish this loop, which offers great views of the mesa top and canyons below. A short hike (please park your bikes!) leads to the Colorado River Overlook with spectacular views of the La Sal Mountains, Chimney Rock and Pyramid Butte.

The nine-mile Big Chief Loop includes views of canyons and interesting rock formations. Six colorful rock layers are visible from Dead Horse Point State Park, showing off millions of years of geological processes. This trail is more challenging with a few technical areas including sandy areas, small ledges and sharp curves. As you wind your way deeper into the more remote areas of Dead Horse Point keep an eye out for park wildlife. Mule deer, porcupines and kit foxes have been seen in the park. This ride is perfect for those wanting an exciting challenge, surrounded by incredible scenery with no crowds.

Stop at the visitor center for snacks and bottled water. T-shirts and other items featuring the Intrepid Trail are also available.



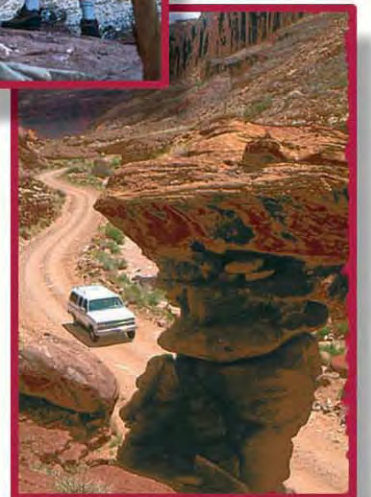
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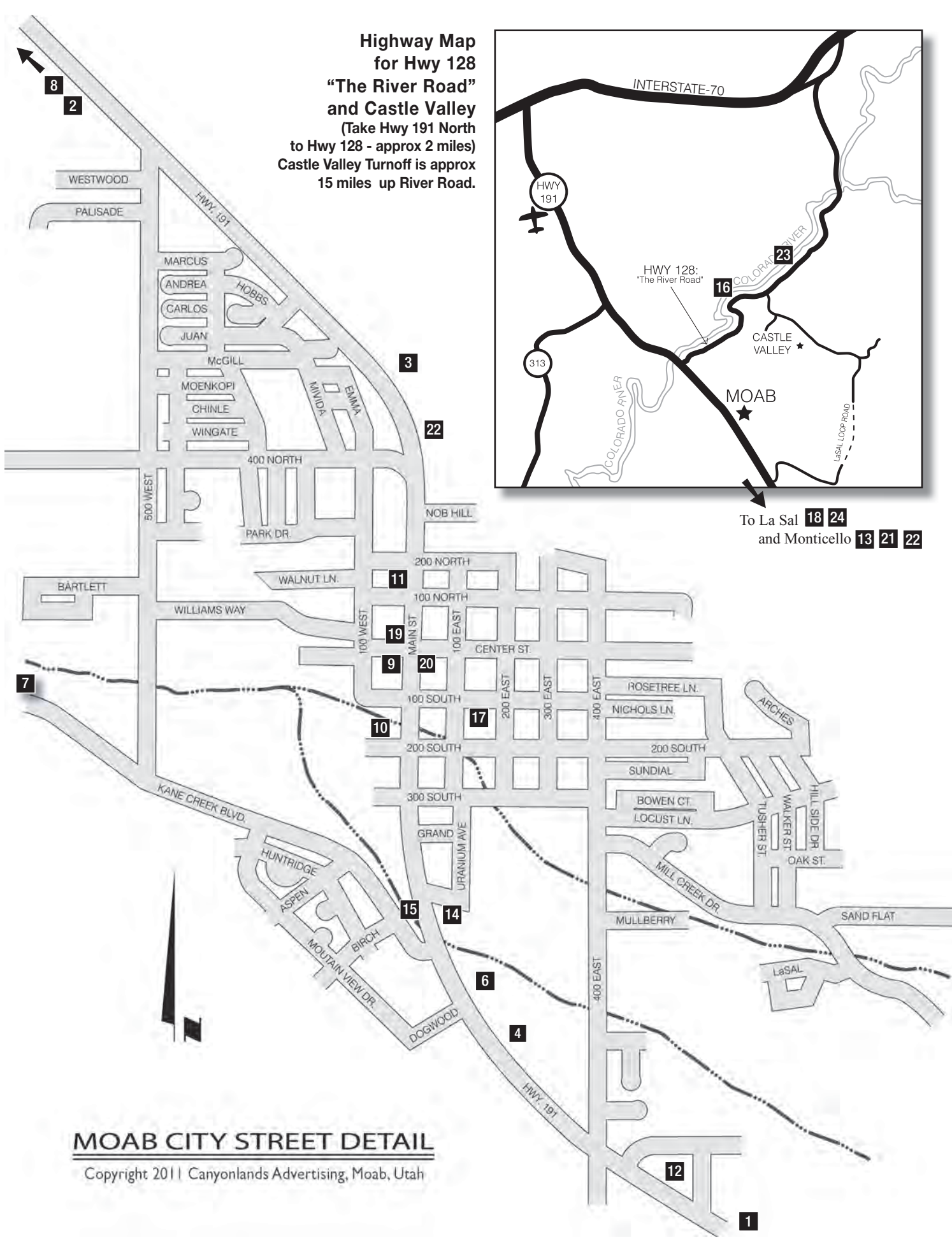
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## Key to Lodging Guide

1.	Lazy Lizard Hostel	435-259-6057	www.lazylizardhostel.com
2.	Holiday Inn Express	435-259-1150	www.HIExpress.com/moabut
3.	Hampton Inn	435-259-3030	www.hampton.com
4.	La Quinta	435-259-8700	www.lq.com
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6.	Moab Valley Inn	435-259-4419	www.moabvalleyinn.com
7.	Adobe Abode Bed and Breakfast	435-259-7716	www.adobeabodemoab.com
8.	Aarchway Inn	435-259-2599	www.aarchwayinn.com
9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
10.	Gonzo Inn	435-259-2515	www.gonzoinn.com
11.	Bowen Motel	435-259-7132	www.bowenmotel.com
12.	Sleep Inn	435-259-4655	www.moab-utah/sleepinn
13.	The Monticello Inn	435-587-2274	www.themonticelloinn.org
14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
16.	Red Cliffs Lodge	435-259-2002	www.redcliffslodge.com
17.	Moab Rustic Inn	435-259-6177	www.moabrusticinn.com
18.	Hidden Oaks Lodge	435-459-9444	www.hiddenoakslodge.com
19.	Accommodations Unlimited	435-259-6575	www.moabcondorntals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com
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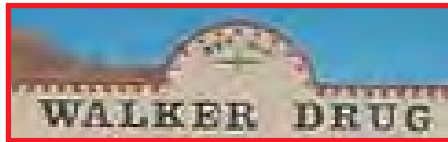
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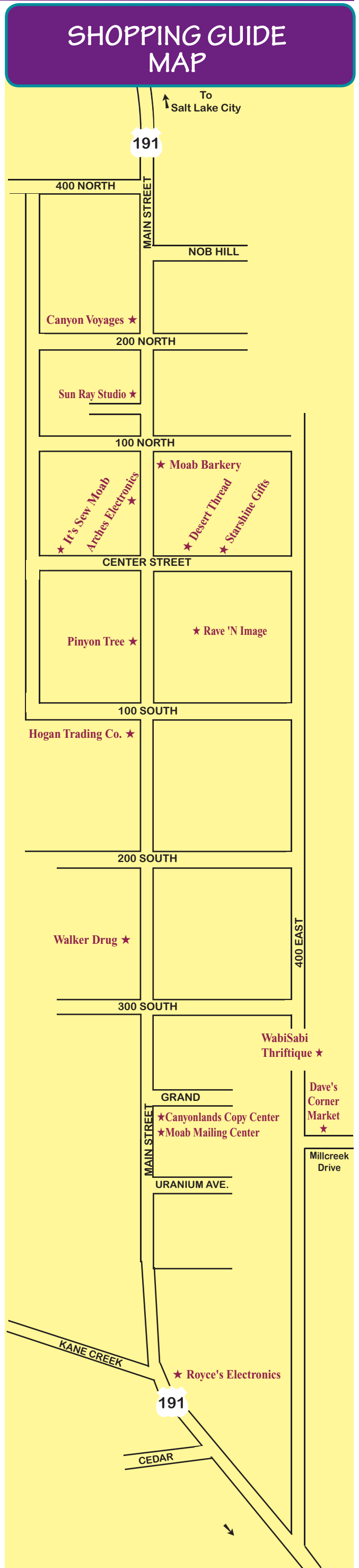


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# ART GALLERY HAPPENINGS

## Off The Wall Gallery -Spring Events

by Marcy Hafner

After the dormancy of winter, spring is a fresh beginning, a time for trying something new. If this season of renewal has triggered the urge to discover the artist that has been hiding inside of you - why not sign up for a class or workshop at The Off The Wall Art Gallery?



J.C. Borders loves to show his students how to use pastels to create a beautiful landscape. He always welcomes beginners, who have the desire to express themselves in art, and he enjoys working with more advanced artists, too. Pastels are a great class for beginners because the medium is more forgiving and easily worked over, which allows for more experimentation with color and techniques. They also have the advantages of not drying out and are less expensive. The Wednesday morning class is full, but J.C. will add another day, either in the morning or evening, if enough interest is shown.

After continuing her art education in Durango and Boulder, Colorado, Chrissy Kinslow has returned to Moab, and she is highly energized to share her skills in drawing and block/lino printing. She will be teaching Drawing 101 on Monday evenings from 6:00 to 8:30, and block printing on Tuesday evenings from 6:00 to 8:30. Both classes will start as soon as enough students have signed up.

Janice Reich, a gourd artist from Mancos, Colorado, was originally attracted to the sound and texture of drums, and she began taking drum-making classes. It was through those instruments that she discovered the art

of designing gourds. Returning by popular demand, Janice will present another workshop on April 10th. She has a wide repertoire of surface design techniques, and materials will be



provided to make your gourd look unique. If you would like to decorate your creation with your own embellishments, don't hesitate to bring them to the workshop.

"Auto art" is the featured theme for the month of April. Warren Egbert's new creations have been designed from car and truck parts, and other artists have also created "new art" out of old cars.

Five new artists are on display this spring. Yrma Vanderstreeten and Kristy Smith are both jewelers with vastly different styles and materials. Jonathan Reckling and Gino Bassette specialize in fine wood working, while Willy Brandt uses oils for his abstract paintings. Mark your calendar for the

art walk on April 9th from 6:00 to 9:00 where you can enjoy food, drinks, and music. This is also a great opportunity to socialize with other artists and art lovers.

Off The Wall Art Gallery, which offers a wide array of mediums in metal, clay, glass, watercolors, pastels and oils, is open Tuesday through Saturday from 11:00 to 6:00. It is conveniently located at 225 South 400 East, not far from Milt's and Dave's Corner Market.

There has been some difficulty with the website "offthewallartmoab.com", so please check back if it doesn't have the updated information on classes and events, or e-mail Collette at "offthewallartmoab@gmail.com". You can also call 259-6656, or stop in at the gallery.



## Paintings by Page Holland Featured at Dead Horse Point State Park

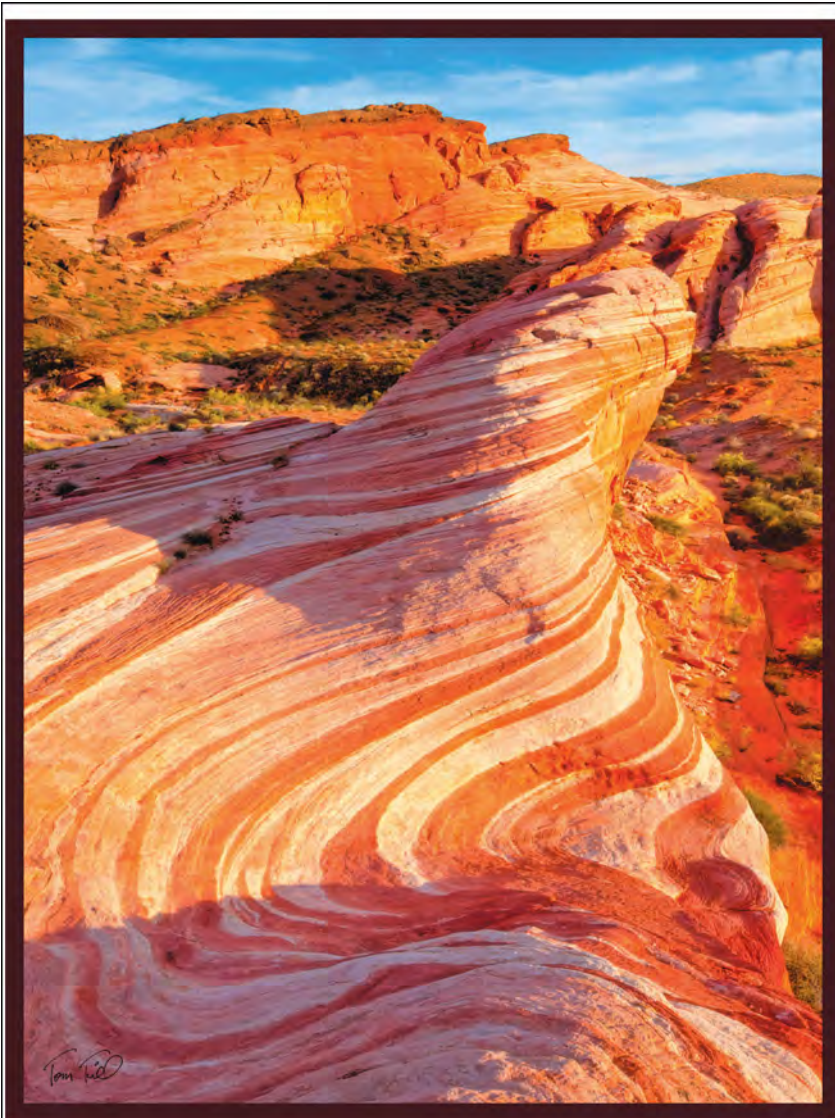
The Bighorn Gallery at Dead Horse Point State Park will exhibit Page Holland's paintings from March 2nd through May 1st, 2011. The exhibit, entitled 'Desert Trails' includes paintings depicting the detailed landscapes and warm scenes of western life. Page Holland, born in Moab, Utah, was raised in the area. She has been painting since she was a young girl, remaining essentially self-taught. Her fascination with horses and the majestic scenery of the Colorado Plateau spans half a century and more. Drawing inspiration from her pioneer ancestors, Page and her family continue to raise horses, which have remained an important

part of their lives. "Even if I am painting a simple landscape," Page says, "It's likely by horseback that I was able to acquire the inspiration and reference shots. It's because of horses that I've been able to experience some of the most amazing places in the desert and the La Sal Mountains."

Page's work already graces many homes across the southwest and she recently completed a painting for a western book cover. This painting is part of the exhibit and copies of the book will be for sale. Her work has been featured in articles in the Los Angeles Times, the Chicago Tribune and Salt Lake City Television News. Page has

also lent her artistic talents to museum displays, theatre sets, graphic design, and film projects. She is currently a member of the Oil Painters of America and is represented by The Western Image in Moab.

Dead Horse Point State Park is located nine miles north of Moab on US 191, and 23 miles south on SR 313. The visitor center is open daily from 9 a.m. to 5 p.m. and 8 a.m. to 6 p.m. from March 15 to mid-October. Park admission is \$10. For more information, contact the Dead Horse Point State Park at 435-259-2614 and be sure to mention you read about it in Moab Happenings.



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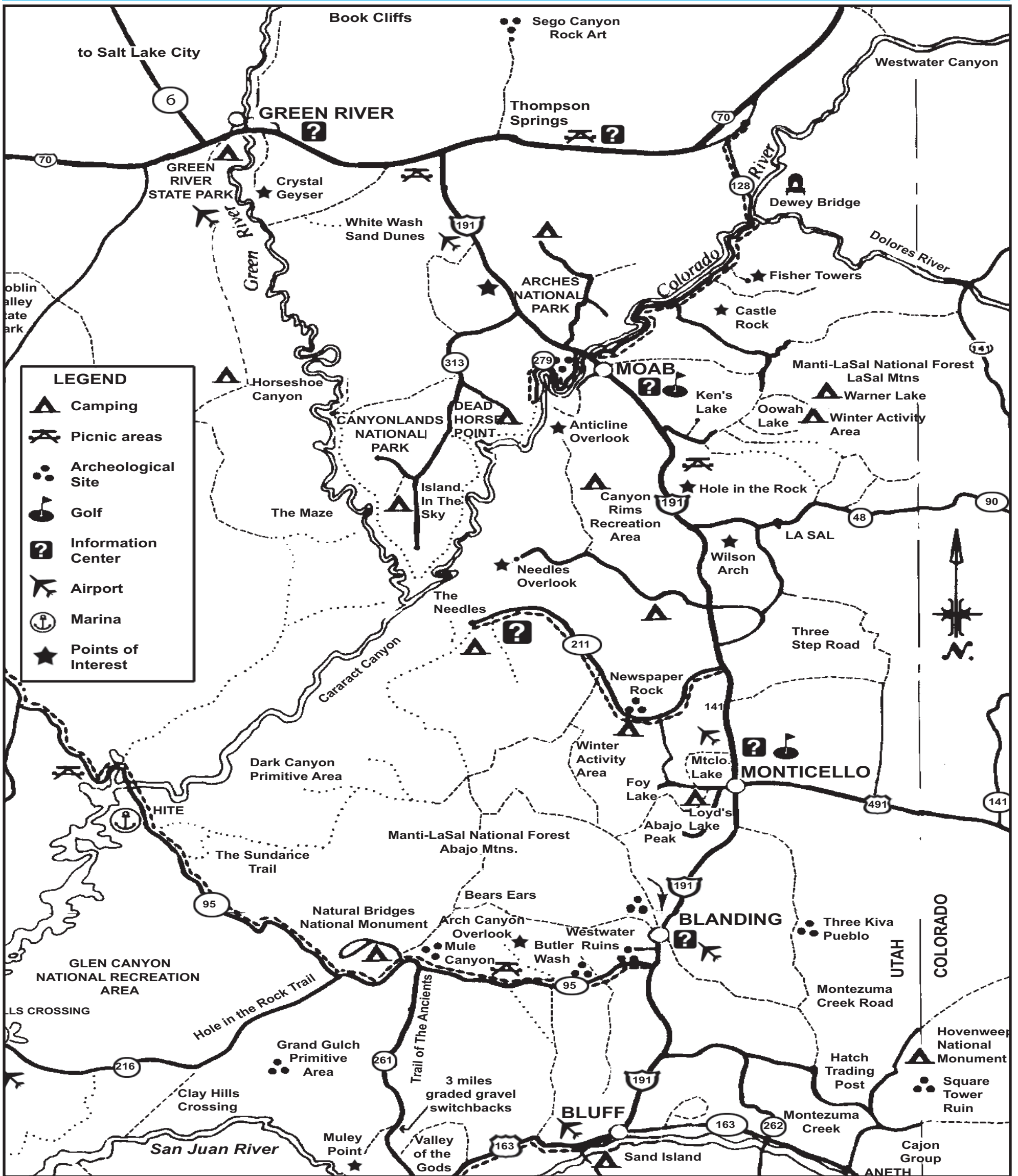
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AARP, Chapter 1539	259-6396	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alcoholics Anonymous/Alanon	259-7556	Moab Friends For Wheelin' (Jeff Stevens)	259-6119
Alpha Rho Sorority (Bobbie Long)	259-6758	Moab Garden Club (Tricia Scott)	259-6342
American Legion Post (Bill Smith)	259-3470	Moab Half Marathon (Ranna Bieschke)	259-4525
Arches Adult Education (Trish Hedin)	259-2293	Moab Horse Racing Association (Chuck Henderson)	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson)	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried)	260-9252
BEACON (Stephanie Dahlstrom)	260-1143	Moab Lodging Association (Britnie Ellis)	259-6171
Boy Scouts of America (Kent Dalton)	259-6521	Moab Music Festival (Andrew Yarosh)	259-7003
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Points & Pebbles Club (Jerry Hansen)	259-3393
Canyonlands Rodeo Club (Kirk Pearson)	260-2222	Moab Quarter Horse Assoc. (Kathy Wilson)	259-8240
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217	Moab Rod Benders (Jim Mattingly)	259-5858
Center for Water Advocacy (Harold Shepherd)	259-5640	Moab Ropers Club (Terry Lance)	259-9972
Daughters of Utah Pioneers (Hallie Tibbetts)	259-5225	Moab Sportsmen's Club (Frank Darcey)	259-2222
Deadhorse Motorcycle Club (Terry Flynn)	259-3878	Moab Taiko (Stephanie Dahlstrom)	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Teen Center-Club Red	259-9991
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Trails Alliance (Kimberly Schappert)	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson)	259-2724	Moab Valley Multicultural Center (Kandee DeGraw or Leticia Bentley)	259-5444
Friends of Indian Creek (Emma Medara)	259-3586	Mutual UFO Network (Elaine Douglass)	259-5967
Friends Of the Grand County Library (Adrea Lund)	259-1111	Order of the Eastern Star (Fran Townsend)	259-6469
Grand County Public Library	259-5421	Parent Teacher Association (Tiffany Saunders)	259-5830
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Astronomers	259-4743
Grand County Democratic Party (Mike Binyon)	259-1633	Red Rock Forests	259-5640
Grand County 4-H (Marion Holyoak)	259-7558	Red Rock 4-Wheelers (Ber Knight)	259-7625
Grand County Extension (Michael Johnson)	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Food Bank	259-6456	Rotary Club (Kyle Bailey)	259-6879
Grand County Hospice (Tracey Harris)	259-7191	Seekhaven Crisis Center (Jaylyn Hawks)	259-2229
Grand County Prevent Child Abuse	260-1039	Senior Center (Verleen Striblen)	259-6623
Humane Society of Moab Valley	Animal Services 259-4862	Sierra Club (Mike Stringham)	259-8579
Ladies Golf Club (Chris Corwin)	259-5344	Solutions - www.moab-solutions.org - (Sara Melnicoff)	259-0910
League of Women Voters (Cynthia Smith)	259-5306	Society for Creative Anachronisms - (Travis Schenck)	(907) 617-6342
Lion's Club (Tom Warren)	259-7834	Southeastern Utah Back Country Horsemen (Helen Sue Whitney)	259-7239
Moab Aglow Lighthouse Fellowship (Murine Gray)	259-5514	Southern Utah Wilderness Alliance (Liz Thomas)	259-5440
Moab Arts Council (Bruce Hucko)	259-4176	Toastmasters International	259-5767
Moab Arts Festival (Theresa King)	259-2742	Trail Mix Committee (Sandy Freethey)	259-0253
Moab Arts & Recreation Center	259-6272	Valley Voices (Marian Eason)	259-6447
Moab Bird Club (Nick Eason)	259-6447	Veterans of Foreign Wars (Matt Keogh)	260-9822
Moab Chamber of Commerce (Kammy Wells)	259-7814	WabiSabi (Jeff Cohen)	www.wabisabimoab.org - 259-3313
Moab City Recreation (John Geiger)	259-2255	Word Watchers (Nancy Kurtz)	259-0734
Moab Community Theater (Kaki Hunter)	259-8378	Youth Garden Project (Jen Sadoff)	259-BEAN (2326)
Moab Country Club (Rob Jones)	259-6488		

**VISITING ROTARIANS:** Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

**VISITING ELKS:** The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

## KZMU - Moab Community Radio 90.1 & 106.7 FM

P.O. Box 1076 • Moab, Utah 84532 Studio 259-5968 • Office 259-8824 • Fax 259-8763 contact us: www.kzmu.org

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
7:00	Native Spirit	<b>KZMU OVERNIGHT</b>		Art of the Song	<b>KZMU OVERNIGHT</b>		Desert Diva	7:00		
8:00		<b>DEMOCRACY NOW</b>						8:00		
9:00	Jah Morning Reggae	<b>MOAB Morning Blend</b>					Blue Plate Special (blues/rock)	Shine Time (Children)	9:00	
10:00		Moab Mamas (everything)	Amarillo Highway	Tilted Park (Americana Classic Rock)	OddBins	The Trading Post (call-in Buy/Sell)			Trailer Park Companion/Running on Sandstone.	10:00
11:00										1-2-3 (funky world soul)
Noon	Grass is Greener (Bluegrass)	It's My Party/ The Skye's the Limit (rock-blues-unreleased)	radio mmm... (Classic Indie)	Horizon Line	Random Toonage	Fire on the Mountain	Ain't Live Grand? (live recordings)	Noon		
1:00							MOAB Drive Time	Belagaana Review (fruit and nuts)	1:00	
2:00	Red Rock Potluck	Radio Mundial Radio MOONDial	Planet Picante (latin)	A Little Bit of This and a Lil' Bit o' Dat	Red Rock 'n Blues	Free Speech Friday Public Access			Tween Time (pre-teen fun)	2:00
3:00							Big River / Ranch Exit (twang)	3:00		
4:00						MOAB Drive Time		Main Street Cruise!	4:00	
5:00	West of Broadway/ Concert in the Park	This Week in Moab (Interviews / Calendar)	SoundThing/ Uncle Meat's Mystery Show	Gaelic Circle/ Drive Time	The Rainbow Room /Funky Soul Jam		KZMU Overnight		Radio Free Moab (rock 'n roll & punk)	5:00
6:00		<b>DEMOCRACY NOW</b>						6:00		
7:00	Kokopelli Coffeehouse	Big Swing Face (big band jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	KZMU Overnight		7:00		
8:00								8:00		
9:00	KZMU Overnight	The Sound Lair (Experimental Dance)	<b>MOAB AFTER HOURS</b>		Pandora's Box	Altered State		9:00		
10:00								10:00		
11:00	Seti TranceMissions	<b>KZMU OVERNIGHT</b>			the eleventh hour	<b>KZMU Overnight</b>		11:00		
12:00							12:00			

**KEY:**  Talk Shows  Easy Mix, Jazz  Blue Grass, Country, Folk  Eclectic/World  Rock, Blues  Heavy, Hard

# PET HAPPENINGS

## Responsible Dog Ownership

by Kaye Davis

Adding a dog to your family is often an emotional experience, in which you look at the ball of fur that you might take home and melt. As adorable as puppies and dogs can be, it is essential that you remember how much work taking care of a dog is before you adopt one! If you are a prepared, responsible dog owner, you and your pet will co-exist happily.

### Did you think about this?

Dog ownership should always be premeditated; a dog is not something to get on a whim. Sadly, many dogs are abandoned or relinquished each year after they were given as gifts or purchased out of the back of a truck at a grocery store and their novelty wore off. If you decide you can not keep the dog and not return the dog to the organization you got them from (almost all rescue organizations will make you do this though) make sure that the next owner is prepared to accept the responsibilities of owning the dog.

### Can you afford a dog?

The reality is that very few people have any idea how much owning a dog costs and grossly underestimate it. It is important to understand what owning a dog costs so you can take the ownership and responsibility much more seriously. Most people would not dream of investing \$10,000 on car they know nothing about, had no warranty, had not driven, and was completely unsuitable for their use. Yet people do this way too often when they get a dog without researching its breed characteristics, medical history, parental history, let alone the financial costs that are going to be incurred.

Besides the price of purchasing or adopting the dog, you need to make sure that you can pay for vet care, pet food, supplies, training, and the gear your dog will need. Without taking in to account any special needs, injuries, allergies and extra deposits on homes if you rent, the average cost of having a dog can cost up to over a \$1000.00 per year. It all adds up, so make sure you can fit it all into your budget!

### Do you have the time for a dog?

You may have all the love in the world, but dogs need time and attention more. The amount of time and attention a dog needs depends upon its breed and age, but you will need to determine if you have the time to take the dog out for exercise (being left in the yard to amuse themselves IS NOT exercise), and be around it at home. Most dogs will survive if left home during a workday, but if you work really long hours, every day in a week, travel a lot, or just are hardly ever home, think twice about dog ownership. Remember that while you are at work, out with friends or running errands, your dog is usually just waiting for you to come home.

### Spay and Neuter

Millions of pets are euthanized each year because of pet overpopulation. If you do not have your dog spayed or neutered you may be contributing to this problem. If your dog is suitable for breeding, be a responsible breeder and follow the proper protocols. Your dog should be a quality, healthy purebred with no congenital or hereditary problems. Breeding dogs is not just a hobby, it is a way of life and if you can not afford to ensure the health and well-being of all of the animals in the process then you should not be breeding. You can help save lives – please sterilize your pets!

### Provide proper identification.

Quite often when people have lost their dog the first question I will ask is if they had tags and the second will be if they are micro-chipped and more often than not the answer is no. Your dog should wear a collar at all times with current identification. Consider micro-chipping your dog for an added layer of protection. Proper identification can help you become reunited with your dog if lost rather than letting your dog become one more homeless pet in an overcrowded shelter.

### Keep your dog healthy.

Proper nutrition is a fundamental for keeping all dogs healthy. Diet directly affects your dog's skin and coat, weight, energy level and most importantly gastrointestinal function. If a problem occurs in one of these areas, it is almost always linked to an inappropriate or deficient diet. Choose a high-quality dog food free of corn, wheat, soy, by-products and "mystery meat ingredients" and feed it in an appropriate portion. Always provide plenty of fresh water. A place of shelter and comfort is also important for your dog's physical and mental wellness, and exercise is a must. Because of their survival instincts, dogs are not as likely to show pain or illness like we do. Regular vet visits can help prevent serious health problems and detect minor issues before they become chronic.

### Train Your Dog.

No one enjoys being around an unruly, disobedient dog. Obedience training, proper socialization, housebreaking and training them to follow basic commands will actually strengthen the bond between you and your dog, leading to a happier and less stressful life together. If your dog's misbehavior results in any sort of accident, injury or similar incident, you must take full responsibility for that behavior.

### Respect Others, Be Respected.

This may seem like common sense to most of us, but there are still dog owners out there who do not "get" it. Please help give dog owners a good name by following these rules...

- **Keep your dog on a leash or in a fenced-in yard when outdoors.** Even where it is legal to allow your dog off-leash, you should supervise them at all times and have recall.

Even if you are convinced your dog won't do anything at the dog park, on a hike or at the dog store; you do not know how someone else's dog will react when they meet your good dog.

- **Do not leave a barking dog outdoors.** Continuous barking is not only unfair to your dog; it is rude and annoying to neighbors. A bark collar is rarely the solution as the barking is often a symptom of a greater problem such as separation anxiety and so the dog is only being punished for something they are already anxious about.

- **Pick up after your dog.** No one wants to step in or smell that "gift" your dog left behind. Please pick it up right away and dispose of it properly. Or if you need to think of it this way, all of that dog poop you leave on the ground will eventually end up in your drinking water so clean it up!

Owning a dog is not just a privilege, it is a responsibility. Our dogs depend on us for, at minimum, food and shelter, and deserve much more. If you are considering bringing a dog into your life, you need to think seriously about the commitment that dog ownership entails. If you already have a dog, you need to consider if you are fulfilling all of your responsibilities as its owner.



## Humane Society of Moab Valley

**Cat Adoption Days** April 2nd & 16th (Sat)  
10am - 12pm @ The Moab Barkery

**Dog Adoption Days** April 9th & 23rd (Sat)  
10am - 12pm In Front Of City Market

### Raffle Table at Dog Agility

April 2nd (Sat) HSMV will have a Raffle Table at the dog agility competition @ the Old Spanish Arena 12pm - 4pm. Come out and enjoy the dog agility competition and support the Humane Society! The raffle gifts will be perfect for your favorite agility dog at home!

### Discount Spay Neuter Clinic

April 4th-15th. This clinic is open to everyone, please call the Moab Vet Clinic or the Dog and Cat Clinic to schedule your appt today! If you have questions or need assistance, call 435-259-4862.

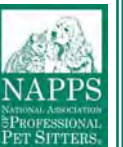
For all other information please check our website [www.moabpets.org](http://www.moabpets.org) or call our office 435-259-4862.

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Monday-Friday	12:08p	1:25p	5038

## DENVER TO MOAB

Frequency	Departs	Arrives	Flight
Monday-Friday	10:35a	11:58a	5037
Saturday	4:00p	5:23p	5035
Sunday-Friday	7:25p	8:48p	5035

Schedule is effective February 10, 2011 and subject to change

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