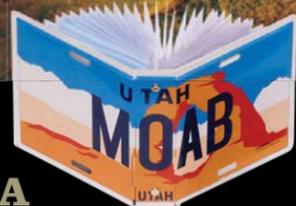


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MOAB HAPPENINGS

DECEMBER 2009

Volume 21 Number 9

FREE COPY

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MOAB HAPPENINGS

MOAB HAPPENINGS®

"Moab Happenings" is published by Canyonlands Advertising Inc. of Moab, Utah and is provided free throughout the Moab area as a visitor information guide.

Articles and photos of area tourist attractions or local historic sites are welcome and may be used at the editor's discretion.

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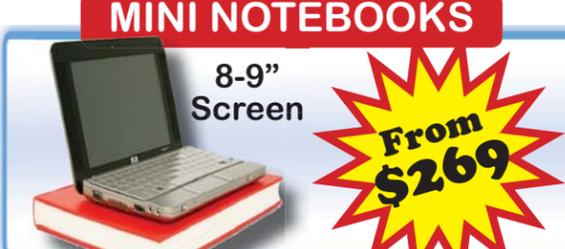
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 Winter Schedule - OPEN December CLOSED Jan1 thru Feb 15

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7:00	Native Spirit	DEMOCRACY NOW					Desert Diva	7:00	
8:00								8:00	
9:00	Jah Morning Reggae	MOAB Morning Blend					Shine Time (Children)	9:00	
10:00								10:00	
11:00								11:00	
Noon	Grass is Greener (Bluegrass)	It's My Party/ Merry Pranksters	radio mmm... (can't define it)	Horizon Line	Random Toonage	The Trading Post (call-in Buy/Sell)	Ain't Live Grand? (live recordings)	Noon	
1:00								1:00	
2:00	Amarillo Hwy (Hillbilly)	Radio Mundial (world music)	Planet Picante (latin)	Odd Bins	Red Rock 'n Blues/ Red Rockn' Reggae	1-2-3 (funky world soul)	Belagaana Revue (fruit and nuts)	2:00	
3:00								3:00	
4:00								4:00	
5:00	West of Broadway (musicals/showtunes) (Classical 4th Sunday)	New Dimensions	Peeps Show/ Sound Thing	Gaelic Circle/ Wednesday Drive Time	MOAB Drive Time	Fire on the Mountain	Tween Time (pre-teen fun)	5:00	
6:00								6:00	
7:00	Kokopelli Coffeehouse (folk)	This Week in Moab (Interviews / Calendar)	DEMOCRACY NOW					Big River / Ranch Exit (twang)	7:00
8:00			8:00						
9:00	Mel's Diner (Rainbow Room)	Big Swing Face (big band jazz) or The Dog Lady (jazz)	Moab City Council/ Atomic Lounge	Thin Edge (jazz)	Rock Garden (rock)	Heaven Lounge Invasive Species	Main Street Cruise	9:00	
10:00								10:00	
11:00	Seti Trancemissions/ Listening Essentials	The Sound Lair (Experimental Dance)	MOAB After Hours			Altered State	Radio Free Moab (college rock)	11:00	
12:00			12:00						
			JIM HIGHTOWER NEWS - Everyday at Noon WORD OF THE DAY 8am - Noon - 6pm HUMANE SOCIETY - FRI. 10:00		Circle Drive (rock n roll)	Rhythm Quest (techno rhythm)	NED (classic rock)		

KEY:

- Talk Shows
- Easy Mix - Jazz
- Blue Grass - Country - Folk
- Eclectic/World
- Rock - Blues
- Heavy - Hard

FESTIVAL HAPPENINGS

The Winter Sun Festival - Friday and Saturday, December 4 and 5

Our busiest time of year is back with holiday cheer. The Winter Sun Festival events bring out the best and most memorable activities we enjoy as individuals, friends, and families. There will be opportunity to shop locally buying unique gifts even for those hard to shop for. This is the weekend that is packed full of fun and entertainment.

To start off the Winter Sun Festival will be the annual tree lighting ceremony at the Grand County Courthouse Friday, Dec. 4 at 5 p.m. with the lights being turned on at 5:30 p.m. There will be nice hot cups of hot cocoa and cookies free to the public. Performing will be the Valley Voices music group singing Christmas carols. The Christmas tree will be decorated with the local children's art work adding a special touch by all involved. And the most important part of this event is that Santa will be there for a short visit.

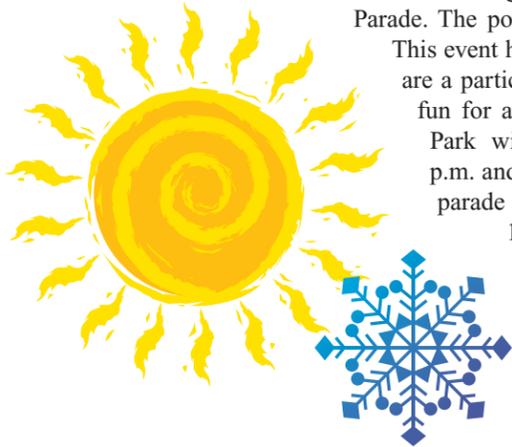
The Grand Center has the Holiday Gift Fair starting on Friday, Dec. 4 from 4 - 8 p.m. and Saturday, Dec. 5, 9 a.m. - 3 p.m. This is the place to be to shop for a variety of gifts from the craft vendors and you can't miss the opportunity to taste the different foods from the food vendors or just hang and enjoy the atmosphere.

Saturday morning starts off with a burst of energy with the 27th Annual Winter Sun 10K race. This is an exciting event with it being its 27th year in running. The race will start at 10 a.m. at the Moab Golf Club and will end at the Grand County High School track area. This race is a fun event with people coming together from all over for thrill, enjoyment, and our scenic area. More information for the race can be found at www.moabhalfmarathon.org.

More holiday shopping and fun continues with the MARC hosting the Moab Holiday Arts and Crafts Fair Saturday, Dec. 5 at 10 a.m. - 4 p.m. Maggie will be back to provide camel rides all day, too. There will be an assortment of craft vendors and food vendors throughout the building. (There are no manufactured or imported products allowed at this event.) A new feature to this event will be businesses donating decorated Christmas trees for auction. The proceeds will go to the MARC and the different programs it offers the community.

The 6th annual Moab Artists Studio Tour will take place Saturday and Sunday Dec. 5th - 6th running from 10 a.m. - 4 p.m. This is an amazing tour of our local artists showing their works of art. There will be tour maps located at each of the studios or you can go to the tour website: www.moabstudiotour.com to see where all of the artists are located.

The most ingenious event is the Electric Light Parade. The power of creativity is displayed here. This event has no age limit for fun whether you are a participant or bystander it is nothing but fun for all involved. It starts off at Swanny Park with participants lining up at 4:30 p.m. and the parade beginning at 6 p.m. The parade route starts at Swanny Park along 100 West to Center Street onto Main Street and turns at City Market (400 South) ending in the Grand County Middle School parking lot.



Moab Winter Sun Festival

Fri., Dec 4
5:30 p.m.

- Tree Lighting at the Courthouse
- Free Hot Chocolate
- Cookies
- Valley Voices
- Santa Claus!
- Arts & Crafts Fair

December 4th & 5th 2009

Saturday, Dec 5

- Winter Sun 10K
- Main Street Merchant Specials
- Two Arts & Craft Fairs

Grand Center • 9 a.m. to 3 p.m.
MARC • 10 a.m. to 4 p.m.

- Delicious Food & Prizes
- Fantastic Electric Light Parade
- Artist's Studio Tours

December 5th & 6th

Moab Area Travel Council
www.discovermoab.com

MARCB

For more information, contact the Moab Area Chamber of Commerce
435-259-7814 • www.moabchamber.com

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MOAB AREA EVENTS CALENDAR

December 2009



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- Laser Tag
- Arcade
- Mini Golf
- Air Hockey
- Bumper Boats
- Carnival Swing
- Air Slide
- Kiddie Playground

Mon and Thurs 4:30pm - 8:30pm
Fri 4:30pm - 10:00pm
Sat 1:00pm - 10:00pm
Call for Private Party

M.A.R.C. Arts & Craft Fair
Saturday, Dec 5
9 am - 5 pm
111 E. 100 N.



Buy your Christmas gifts from local artisans

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Fallen Arches Square Dance Club

Thursday Nights 7:30 - 9:30 p.m.
The Grand Center
182 N. 500 West, Moab, Utah

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Bob or Flora 435-259-2724
Tom or Sandy 435-719-4169

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Moab's TV Tour Guide

Where to: **21**

- Raft
- Eat
- Bike
- Stay
- Hike
- Shop
- Eco-Education
- Historical Info

Watch Channel 21 in your Motel room, RV Park or Condo

Volunteer for your favorite special event

- 4 Christmas Tree Lighting Ceremony, 5:00pm
County Courthouse Lawn at 125 E. Center. Free hot chocolate & cookies. Visit with Santa Claus, listen to the Valley Voices ring in the holiday season and see the handmade decorations made by local students. Tree lighting @ 5:30pm.
- 4 Moab Poets & Writers Christmas Open Mic Night, MARC. 6:30 pm - Socializing with hot chocolate, punch and dessert. 7:00 - Open Mic with readings to reflect the holidays. Santa and his elves will be there so bring the kids to read their stories and poems.
- 4 DUP Christmas Bazaar, Craft/Bake Sale & Quilt Raffle, 12 noon @ Daughters of the Utah Pioneer Building, 25 N. 200 East.
- 4-5 Moab Winter Sun Festival See article on page 3
- 4-5 RSVP Holiday Gift Fair, Grand Center
182 N. 500 West. Friday December 4th from 4pm-8pm and Saturday, December 5th, from 9am-3pm. THE place to shop for a huge variety of gifts from craft vendors and you just can't miss the opportunity to taste the different treats from the food vendors or just hang out & enjoy the festive atmosphere.
- 5 Electric Light Parade down Main Street at dusk.
The entire family will enjoy this amazing collection of lighted floats as they travel along Main Street. Parade begins @ Swanny City Park, east on Center & then south on Main Street to Uranium (south side of City Market). Announcing stands will be at Moab Information Center & Moab Diner. More info @ 435-259-7814.
- 5 Contra Dance @ the MARC, right after the Light Parade.
Admission is free, but requesting donation of non-perishable food for the Grand County Food Bank. Music by Moab Community Dance Band. 7:30 beginner lessons, 8:00pm dance starts.
No partner or experience needed.
- 5-6 Moab Artists Studio Tour, 10am to 4pm, in its 6th year, is a unique and free event designed to bring artist and art-lover together in the spaces where the art is born. The tour offers a unique opportunity to visit with Moab-based visual artists, see recent work, learn a bit about the process behind the artist's creations, and, perhaps, observe a demonstration. This is a great opportunity to purchase works directly from the artists: Serena Supplee, Bruce Hucko, Chad Neihaus, Jacci Weller, North Frank & Jonathon Frank. www.moabstudiotour.com
- 5 27th Annual Winter Sun 10k road race, starts at the Moab Golf Course, wanders through neighborhoods of Moab and ends at GCHS track. For more information & registration, call 435-259-4525 or www.moabhalfmarathon.org
- 5 Holiday Arts & Crafts Fair @ the MARC 10:00am to 4:00pm. Come & browse hundreds of unique arts & crafts made by local artists. Enjoy musicians & carolers, pictures with Santa Claus, food & prizes, fun & festivities. Camel rides too. 100 North 111 East
- 5 Deadhorse Motorcycle Club Christmas Party, Annual benefit for Toys for Tots. After the Light Parade, head up to the Elks Lodge for great food, lots of fun and music with DJ Jeremy Day. \$5 per person donation.
- 6 Moab Stake Christmas Celebration, 7:30pm @ the Moab Stake Center.
- 7 Elks Lodge Spaghetti Dinner, benefiting Mike Coronella's bypass surgery. Dinner, raffle & silent auction. Call 259-1565 for \$ 10 tickets.
- 7 Monticello Christmas Light Parade at 6:00pm.
Then head over to the Pioneer Park for a visit with Santa & have some free hot chocolate & goodies straight from the North Pole. More info at 435-587-2271
- 9 Second Wednesday Book Club at the Library.
The Little Prince by Antoine de Saint Exupery is December's book selection. All are welcome - 6:00 p.m. in the Library's Board Room. Copies are available for checkout at the Library.
- 10 Thursday Night Movie Night at the Library.
Film - "Star Trek" at 7:00 p.m. This event is FREE. Everyone is invited. Children under 13 must be accompanied by a parent or guardian. For more info visit the Grand County Public Library at 257 E. Center Street or call 435-259-1111.
- 12 Moab Art Walk 6-9pm
Walk from gallery to gallery on a Saturday evening. Many of the exhibits will be shown all month long. More information on artists and galleries on page 6 in this issue of Moab Happenings and @ www.moabartwalk.com

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Merry Christmas, and Happy Holidays!



Moab Art Walk
Saturday, December 12
6 PM - 9 PM

See page 6 for more information




Holiday Gift Fair
at The Grand Center

Friday, December 4, 4pm-8pm
Saturday, December 5, 9am-3pm

Variety of gifts from craft vendors and great food vendors

Your Ad could be on this page. call 435-259-8431 for rates.

DEADLINE for January Events Calendar: DECEMBER 20, 2009

Listings in the Moab Happenings Events Calendar are FREE!!

Do you know of an event for the Happenings calendar??

Call (435) 259-8431 or fax us at (435) 259-2418

e-mail: info@moabhappenings.com

MORE MOAB AREA EVENTS

2010 Events

January 15-17	Bluff Balloon Festival
February 12-14	Western Stars Cowboy Poetry Gathering
February 20	WabiSabi Mardi Gras Fashion Bizzare
March 12-16	Skinny Tire Festival
March 15	Banff Mountain Film Festival
March 20	Canyonlands Half Marathon
March 27 – April 4	Easter Jeep Safari
April 21-24	4th Annual UTV Rally
April 23-25	April Action Car Show
April 29-May 2	Moab Photography Symposium
April 29- May 2	Moab Spring Quarter Horse Show
May 1-2	Gran Fondo Bike Ride
May 12-15	Rally on the Rocks UTV event
May 29-30	18th Annual Moab Arts Festival
June 3-6	Canyonlands PRCA Rodeo
June 6	Moonshadows in Moab
June 6	Free fishing day for everyone in Utah
July 4	Independence Day Celebration
September 2-13	Moab Music Festival
September 17-19	Moab Century Tour
September 23-26	Moab Fall Quarter Horse Show
October 9-10	24 Hours of Moab
October 17	The Other Half Marathon
October 30	Annual Pumpkin Chuckin' Festival
October TBA	Annual Chile Ho-Down Bike Festival
October TBA	Gem & Mineral Show
November 5-7	Moab Folk Festival

go to www.moabhappenings.com
for more event information all year

December 2009 continued

- 12 **Christmas Concert @ Star Hall at 6:00pm.**
This FREE concert, backed by lots of community sponsors, is a variety program of music presented by noted local musicians. For more information, call Andy Pitas @ 259-7934 or Kevin Fitzgerald @ 260-9890.
- 17 **Thursday Night Movie Night at the Library**
Film - "Julie and Julia" starring Amy Adams and Meryl Streep at 7:00 p.m. This event is FREE. Everyone is invited. Children under 13 must be accompanied by a parent or guardian. For more info visit the Grand County Public Library at 257 E. Center Street or call 435-259-1111.
- 19 **Christmas Bird Count**, started by the Audubon Society 110 years ago. See article in this issue on page 7.
Contact Marcy Hafner @ 259-6197 for more information.
- 24 **christmas eve**
- 25 **CHRISTMAS DAY**
- 25 **Christmas Community Dinner @ the MARC.**
For more information, call 435-259-3313. Sponsored by WabiSabi.
- 31 **New Year's Eve**

Annual Books for Tots Program Expands

Each winter, Grand County residents have teamed up with Arches Book Company and the Title One Program at Red Rock Elementary to put books in the hands of children. Over the past 7 years, the Books for Tots program has delivered over 800 books to underprivileged children of Grand County. This holiday season, the Books for Tots program will be expanded to deliver books to each of the public school libraries in Grand County.

The decision to expand the program was made in response to the school board leeway failure of November 4th. Major cuts in the schools' operational budgets will drastically affect school libraries. "Our school libraries need the support of the community now more than ever before," said Andy Nettell, owner of Arches Book Company and Back of Beyond Books. Under the expanded program, community members can contribute to school libraries by purchasing new books at wholesale.

In previous years, titles for preschool-aged children were available for purchase at Arches Book Company, where the books were wrapped and later delivered to preschoolers throughout the community. This year, the librarians from Red Rock Elementary, HMK Intermediate School, Grand County Middle School, Grand County High School, and the Moab Charter School will each provide a wish list of 100 books for their libraries. These titles will be available at wholesale cost at Arches Book Company beginning December 1st. Community members may choose the books they wish to buy and donate or simply make a donation to the program. Donations and purchases are tax deductible. For more information about the Books for Tots program or to make a donation, please call Arches Book Company at 259-0782 or email archesbookcompany@citlink.net and be sure to mention you read about it in *Moab Happenings*.



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- Fresh seafood
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- Mexican food
- Homemade desserts

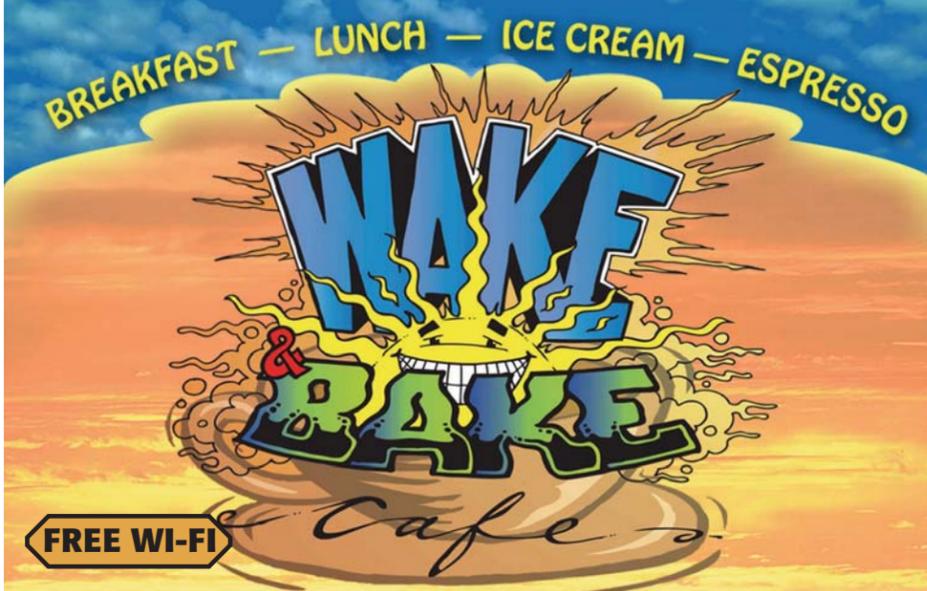
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- Croissants
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- Cookies

Locally Roasted Coffee
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ICE CREAM ALL DAY!
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LUNCH MENU
11:30-3:00 pm

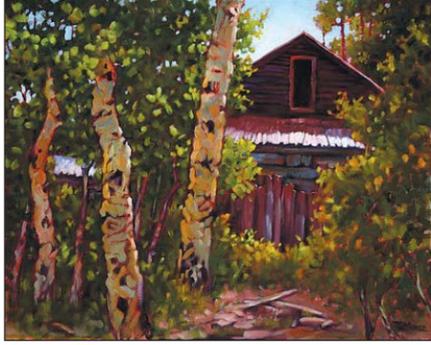
- Panini
- Sandwiches
- Chicken Gyros
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ART WALK HAPPENINGS

Moab Art Walk, Saturday December 12th from 6PM to 9PM



Overlook Gallery
 Tim Morse
 Welcome to The 2009 Overlook Winter Salon. A grand display of works by more than 30 local and regional artists including J.C. Borders, Chloe Hedden, Daniel Loge, Tim Morse, Pete Plastow, Ben Schirel, Louise Seiler, Don Weller and Rick Wheeler.
 83 E. Center Street Moab, UT
 435 259-3861
 www.moabarts.com
 overlookgallery@yahoo.com

The Healing Arts Center
 Sally Hingley
 Local artist Sally Hingley's new watercolors feature close up views along Mill Creek. Acrylics in the "Catching Horses Series" are set in Negro Bill Canyon and Spanish Valley. Paintings include some 2008 Awards from Oregon Shows. Prints and cards available.
 50 E. Center Street Moab, UT
 435-260-9506
 roblisa@citlink.net



Cat's Lair Collection Art Gallery will be closing our doors permanently! We want to thank all our friends and patrons for the great support in all of these years. We wish all of you good luck and success in whatever you are doing. As for us, a new door has opened and we are gladly making our step through it to a new beginning. Thank You and Good Bye! Felix and Olga Tatarovich



The Western Image
 Page Holland
 The Western Image will showcase art by Page Holland. Page has created a show of small originals and new giclee prints on canvas. All are priced for holiday giving.
 16 W. 100 N. Moab, UT
 435-259-3006
 www.moabartists.com
 moabpage@frontiernet.net

Tom Till Gallery
 Tom Till
 Now available only in the U.S. at the Tom Till Gallery: Tom's new book *Success with Landscape Photography*. This new book is chock full of Tom's secrets for great landscapes with film or digital cameras, and it's full of Tom's most famous images.
 61 N. Main Moab, UT
 435-259-9808
 www.tomtill.com

Museum of Moab
 Natural Bridges Art Show
 In April 1908, through the newly established Antiquities Act, President Theodore Roosevelt signed a proclamation declaring Natural Bridges National Monument as the first National Park Service Unit in Utah.
 In September Artists from throughout the southwest put their brushes and pallets to the test to produce stunning artwork in honor of Natural Bridges. The Museum of Moab will host the winning works from this contest from November until December 13th.
 118 E Center Moab, UT
 435-259-7985
 www.museumofmoab.org

Moab Arts & Recreation Center
 This holiday season find something for everyone on your list at the MARC's annual Holiday Arts & Crafts Fair. Come and browse hundreds of unique arts and crafts made by local artist in the heart of downtown Moab. This year bring the kids to ride and have their photo taken with live camels! The Arts & Crafts Fair is part of the Winter Sun Festival that also includes a tree lighting ceremony, electric light parade, musicians and carolers, wine tasting, contra dance, Santa, and a 10K run.
 111 E. 100 N. Moab, UT
 435-259-6272
 www.moabmarc.com
 marcinfo@moabcity.org



Framed Image Fine Art Gallery
 Scott Anderson
 Framed Image Fine Art Gallery is pleased to present a group show by the gallery's artists. Small works will be featured as well as newly presented, or recently un-shown works.
 59 E. Center Street Moab, UT
 435-259-4446
 www.framedimagemoab.com
 info@framedimagemoab.com



- 1-MUSEUM OF MOAB**
118 E CENTER ST
- 2-MARC**
111 E 100 N
- 3-CAT'S LAIR COLLECTION**
59 S MAIN ST #3
- 4-OVERLOOK GALLERY**
83 E CENTER ST
- 5-TOM TILL GALLERY**
61 N MAIN
- 6-THE HEALING ARTS CENTER**
50 E CENTER ST
- 7-THE WESTERN IMAGE**
16 W 100 N
- 8-FRAMED IMAGE FINE ART GALLERY**
59 E CENTER ST

www.moabartwalk.com

	M A I N	100 E	200 E
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NATURE HAPPENINGS

The Christmas Bird Count

by Damian Fagan

An annual rite of passage for birders in winter is to participate in at least one Christmas Bird Count (CBC). Hardcore birdwatchers sign up for several counts staggered over the two-week counting period. Moab's count will be held on December 19 and all are invited to attend.

Frank Chapman and the fledgling Audubon Society started the Christmas Bird Count 110 years ago. The participants wanted to signal their opposition to the "Side Hunt," a traditional holiday event that included shooting as many birds as possible, then tallying the kill. Thankfully, times have changed. In North America alone, over 50,000 birders will conduct over 2,000 peaceful counts.

What started as a conservationist's protest is now the longest running wildlife census in America. The data provides a snapshot of winter bird populations and has led to the Audubon Society's report "Common Birds in Decline." This report forms the foundation of Audubon's Watchlist, a roll call of birds whose populations appear to be at risk either locally or regionally.

Science aside, some people choose to participate in the CBC as "feeder watchers" and monitor their bird feeders and backyards during the day. The watchers record the highest numbers of a given species observed throughout the day, and if the weather is cold and nasty, sometimes this is a nice option.

So if this is your first time birding, here are a few "birdspeak" terms to get you going.



Count Day. Just mention these two words to a birder and they know you are talking about the Christmas Bird Count. Count Day ranks up there with Game 7 of the World Series, the Super Bowl and Tax Day.

Count Week. This is the seven-day period that straddles Count Day. Birds observed during this time get included in the final tally, so keep an eye out for rarities or the usual suspects that get missed on Count Day.

LBJ. No, not Lyndon B. Johnson, but Little Brown Jobber. This refers to those small birds that lurk in the bushes and are hard to identify. Do not, under any circumstances, use this term if you are looking at a bird bigger than a robin.

Count Circle. Not the planning committee that determines who goes where, but the actual boundaries of the count. Remember, during Count Week only birds observed within the Count Circle count, so know the edges of the circle.

Lifer. Serious birders keep a life list that includes all the birds they've ever seen. This tends to make them a bit high strung about adding birds to this tally, especially if they have been at it for awhile. If you're a beginner, try not to say, "That's a lifer for me" for every new bird you see.

Where's your documentation? Forget your passport,

driver's license, or photo ID. When a rare or unusual-to-the-area bird is seen, you'll want to write down as many notes about the bird as you can. Photographs are nice. When turned in, this extra data sheet will receive more scrutiny than the County's annual budget plan and inspire more discussion than said plan if your bird's identification is in question.

Duck! When someone yells this, don't hit the ground. They are referring to the winged version, so try not to flinch and remember to look up.

Neither rain, nor hail, nor sleet, nor snow...Plagiarized from the Postal Service, this is the

mantra of all CBC area team leaders. Don't call to ask if the group is still going out because there is a tropical storm ready to smack the area or visibility ends at the tip of your nose. Storms bring birds in; pack the raingear, thermos and warm stuff just in case.

If you have never participated in the CBC, here is your chance to spend the day "a field" and looking at birds. It is fun and for a good cause, costs a measly five bucks and the Sunday (December 20) brunch at The Nature Conservancy office is well worth the price of standing in the cold counting little brown jobbers.

Contact coordinator Marcy Hafner at 259-6197 for more information on the count and post-count gathering at TNC's office. Happy Birding!



Winter in the La Sal Mountains

When the weather in Moab gets cold, freezing the Colorado River and putting snow and ice on everybody's favorite bike trail or climbing route, there is another alternative available. Find yourself in an inversion? It is time to go and discover the recreation opportunities in the La Sal Mountains.

The La Sals are second only to the Uintas as the highest peaks in the state of Utah. These mountains soar to almost 13,000 feet above sea level and over 8,000 feet above the valley floor. A laccolith process formed the La Sals. With this process, a mass of igneous rock intruded between layers of sedimentary rock, resulting in uplift. You could call them frustrated volcanoes too. Aside from the volcanoes of the Pacific-Northwest, there are no peaks with



greater rise in the continental U.S.

Winter recreation in the La Sals includes cross country skiing, skate skiing, snowshoeing, sledding, back-country skiing and snowmobiling. The winter access to the mountains is provided from two routes kept open by the Grand and San Juan County Road Departments.

1. The La Sal Mountain Loop Road is plowed regularly. The Geyser Pass road is kept open to the restrooms and parking area at 9,600'. The Geyser Pass Road and Gold Basin Road beyond the winter trailhead is a popular area for cross country skiing, snowshoeing and snowmobiling. Groomed trails are provided by the Lower Utah Nordic Alliance (LUNA). Volunteers groom trails approximately twice a week, which provide 12 kilometers of a groomed trail-system, open to every winter user group. These roads also provide access to backcountry skiing and snowboarding in the Mt. Tomasaki and Gold Basin areas. There is a sledding hill just below the parking lot. If you are using the sledding hill, please park in the parking lot so other vehicles can get to the parking lot. The road in the winter is narrow enough!

Snowmobiles are not allowed to leave the road in Gold Basin. Please respect this closure of the most popular skiing area in the La Sals - the rest of the entire range is open to you!

2. From near Old La Sal at the south end of the range, the road is plowed regularly two miles short of Dark Canyon Lake, just below Mount Peale. The San Juan Road Department makes a parking lot at about 9,600'.

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or for more details

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Saturday, December 12th 2009

Call Kirsten @ 260-0042

for more information

Avalanche Hazard

in the La Sal Mountains

The La Sals are rubble piles of fractured stone. The angle of repose for this broken stone is 38 degrees, and since snow is also a granular substance, 38 degrees is the bulls-eye slope angle for snow avalanches. Keep in mind though, that avalanches run on terrain from 30 - 45 degrees. Most people caught in avalanches are in terrain that is 30 - 35 degrees of steepness. The La Sal Mountains usually possess one of the weakest snow packs imaginable.

Why do we care? Because 30% of people completely buried by avalanches are killed by trauma and many of those remaining die from suffocation. These are not good odds. It's not good policy to plan on outrunning an avalanche, even on a fast snowmobile, because avalanches have been clocked at well over 200 mph. Grim statistics showing that snowmobilers are the most likely people to be killed in avalanches also support this.

So what do we do? Fortunately, staying safe doesn't have to mean staying at home! The good news is that most people trigger the slide that catches them, so if we learn a little about snow and adjust our behavior to suit the

conditions, we can continue to enjoy our winter playground!

The Manti-La Sal Avalanche Center in Moab exists to help you make the right decisions. The MLSAC Forecasters examine the snow and produce an advisory informing you of where you are most likely to run into problems and just how sensitive the snow is. They also produce a mountain weather forecast, work with the Moab Winter Search and Rescue Team and provide avalanche education to the community in numerous ways. The MLSAC educates the community through the advisories, classes held periodically, radio announcements on the weekends on KZMU, the website and at the Geyser Pass Trailhead information board.

The website is a great tool for:

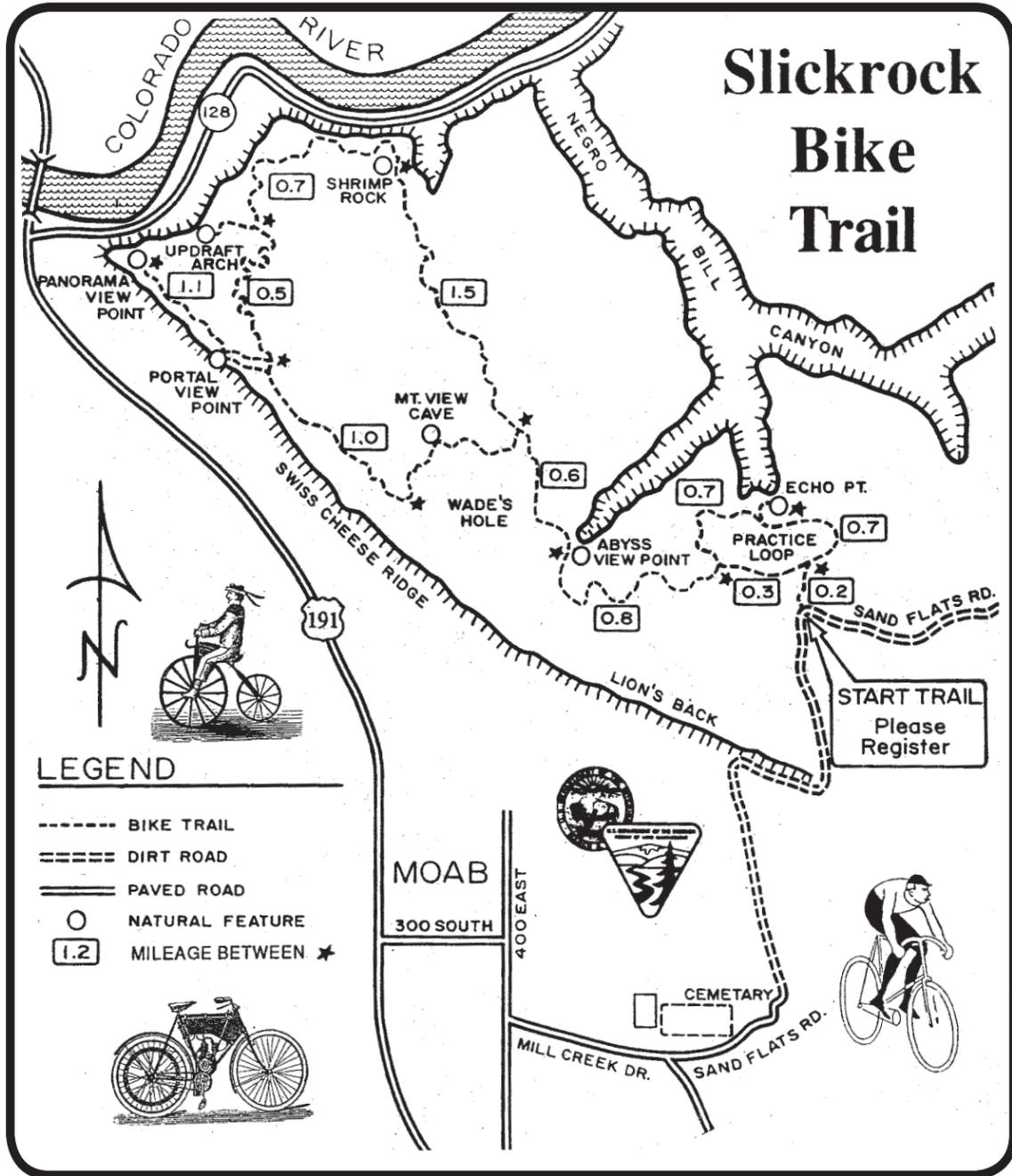
- Finding a weather forecast for the Moab area, including radar images
- A current photo gallery of the La Sal Mountains
- Advisories for the La Sals and the Abajo Mountains
- A current course schedule for southeast Utah

Watch for periodic special events like ski swaps, and avalanche awareness classes. If you need to talk to one of the avalanche forecasters, please call 259-7155 Monday-Friday during normal business hours and be sure to mention you read about it in Moab Happenings.



You can access the current advisory by calling **259-SNOW (7669)** or from the Internet at www.avalanche.org

MOUNTAIN BIKING



Mountain Biking Mecca

The canyon country around the Moab area offers some of the most unique and varied landscape on earth, from 13,000 foot peaks and high alpine meadows to high desert vistas above the sandstone canyons carved by the forces of the rivers. The harshness of the area provides an unparalleled group of back country trails to ride on.

Moab has become known worldwide as a mountain biking mecca. Varied terrain and spectacular scenery bring riders from all over the world to Moab to try the trails. One of the most famous and popular is the Slickrock Trail. This trail is 12 miles of moderate-to-difficult riding on Navajo sandstone, located a few minutes from Moab.

There are many other trails and old jeep roads in the area which provide a complete variety of mountain biking challenges. Several companies in the area can provide rentals and information.

The major annual bicycle events include:

- **24 HOURS OF MOAB October 9 & 10, 2010** - An endurance team race which is growing in popularity with each year. The four-man teams ride a rugged course approximately 12 miles south of Moab called the Behind the Rocks area. Produced by Granny Gear Productions. A world-class event that draws teams from all over the world. There is a field limit of 450 teams plus solos and the race books up faster every year, so get your team entered early. Don't miss this incredible race!

- **CHILE HO-DOWN October 29, 30, 31, 2010** - Come join Chile Pepper Bike Shop for 3 days of a rockin' good time! Bring your fat tire bike and your dancin' shoes. Group shuttles, a townie tour, bike industry vendors with demos and swag, a big air contest, and a mountain bike race DH style. Oh, and we can't forget the Halloween costume party with lots of rock'n roll. Sound like fun? You bet, so don't miss it!!!

- **SKINNY TIRE FESTIVAL March 12-16, 2010** - Three rides of the Skinny Tire Festival highlight Moab's different road riding opportunities. The first day follows the mighty Colorado River corridor downstream passing by ancient pueblans petroglyphs. The next two days leave the valley and climb the beautiful canyon roads into red rock country to Dead Horse Point State Park and through Arches National Park. Channel the energy of riding through this grandeur of Moab's canyon country by putting purpose behind your cycling. This event raises funds for cancer survivorship programs. For more information contact (435) 259-2698 or visit www.SkinnyTireEvents.com.

- **NEW EVENT: GRAN FONDO May 1-2, 2010** - The Gran Fondo Moab will be emulating an old Italian tradition. We will be riding the most spectacular mountain pass in the anti-La Sals, widely known as the Loop Road. We will start and finish in the beautiful red rocks of Moab and will climb over 5000 feet in 64 miles. This event will not be run as a sanctioned race, as a majority of the riders will be participating for the enjoyment of riding a signed route through beautiful scenery with their friends and teammates. That said, as any serious cyclist knows, there is also satisfaction with not only completing an epic ride but with comparing your times with other riders afterward.

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TRAIL HAPPENINGS

TOWER ARCH AND THE MARCHING MEN

by Doug Buttery

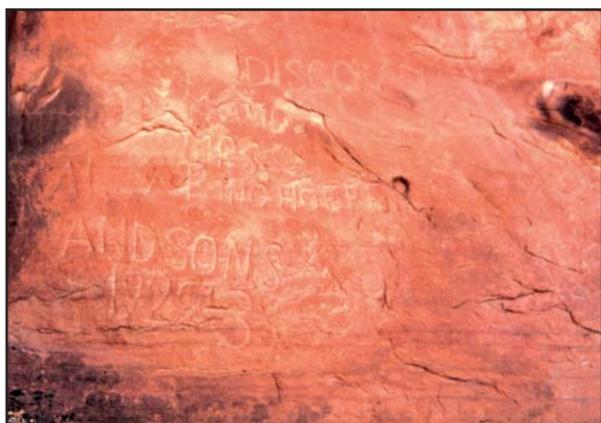
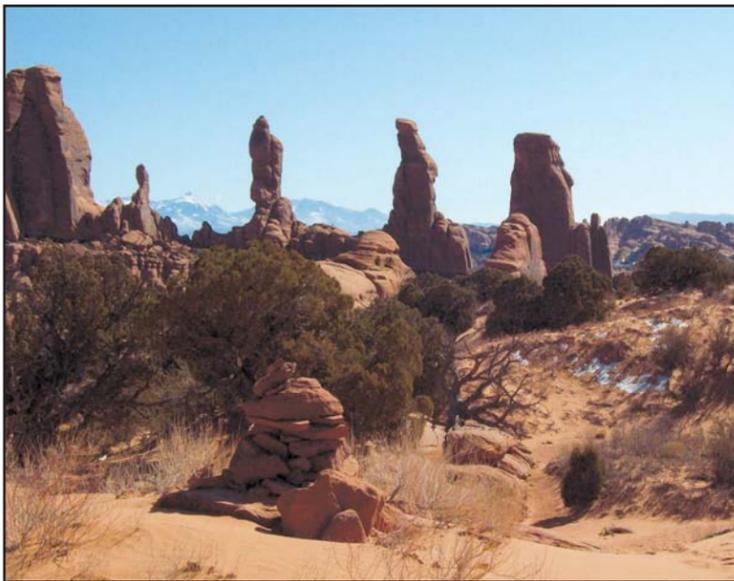
Looking for a moderately strenuous hike while walking beneath the Marching Men and experiencing one of the less visited areas in Arches National Park? In the northwest corner of the park, in an area known as Klondike Bluffs, the sixth largest arch in Arches National Park resides quietly awaiting exploration.

The Tower Arch trail is a 3.4 mile roundtrip hike beginning with a short, but steep climb. This climb is on a north facing slope. Caution is advised if snow or freezing rain has occurred recently, since this section of shelves, ledges and slick rock can be challenging. Upon reaching the ridge, on a clear day, you are rewarded with views of the La Sal, Abajo, and Henry Mountains. The trail serpentine into a pinnacle rimmed basin interspersed with Utah Juniper. Tufted titmice, pinion jays, the ubiquitous raven can be seen, and the occasional melodic descending song of the canyon wren can be heard.

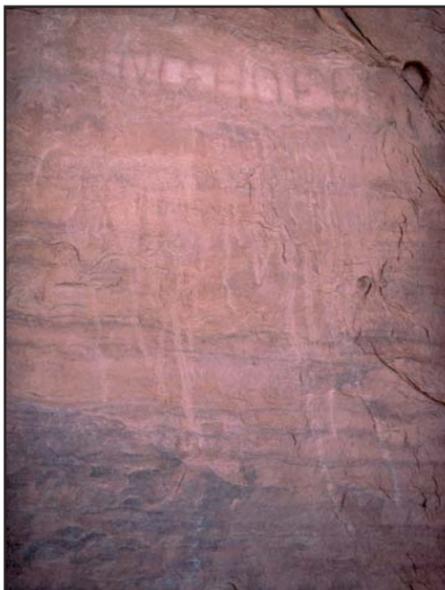
About halfway between the trail head and Tower Arch is the rock formation known as the Marching Men. The Marching Men are a series of tall, thin towers that stand in a row atop a fin, much like soldiers at attention. After crossing a wash and ascending a short sandy section of trail, a look back provides a wonderful peek-a-view of the snow capped La Sal Mountains through these thin towers of Marching Men. The trail continues leading you into the fins of the Klondike Bluff. Tower Arch comes into view subtly showing its 92 foot span. As you approach, the awe inspiring immensity of Tower Arch comes as much from its impressive size as it does from its depth and solid presence.

It is an arch befitting the entrance to an Olympian palace, solid, intimidating, and defiant in its reclusive, graceful span.

In his wanderings, Alex Ringhoffer found this arch in 1922. His name can be found inscribed beneath this arch. During the summer of 2009 this piece of history was selfishly defaced with a staining liquid. Historic inscriptions can be found in several locations



Ringhoffer inscription before vandalism



Ringhoffer inscription after vandalism

Arches National Park is a member of Trail Mix, a Grand County sponsored committee for non-motorized trails. The Park recently requested volunteers from Trail Mix to help eradicate paint markings illegally sprayed within the Park. If you are interested in helping with this or other restoration projects, please contact Sandy Freethey, Chair of Trail Mix at 259-0253 or Doug Buttery at Arches National Park.

Trail Mix meets the 2nd Tuesday of every month at noon at the Grand Center. Everyone is welcome.




throughout the park. The historic relics found in our National Parks are protected by Federal Law. Scratching graffiti, or defacing historic relics lessens the experience for future visitors. Take photos, make memories, and leave no trace.

As with most desert trails, the Tower Arch trail traverses slick rock, ledges, sand, and soil. Don't get mesmerized by the toes of your boots, and practice scanning ahead as you pass a carefully placed cairn (stacked rocks) to locate the next cairn. Proficiency at this route finding technique will keep you from losing the trail, damaging the fragile soils, and in the worst case, becoming lost and having to be rescued. During these scanning opportunities, keep a sharp eye out for several other unnamed windows and arches

along this trail.

During a recent hike to this arch, we approached the base of the arch and discovered a couple of foreign visitors beneath it. We quietly waited our turn until they began their return hike. We enjoyed lunch, basking on the flat,

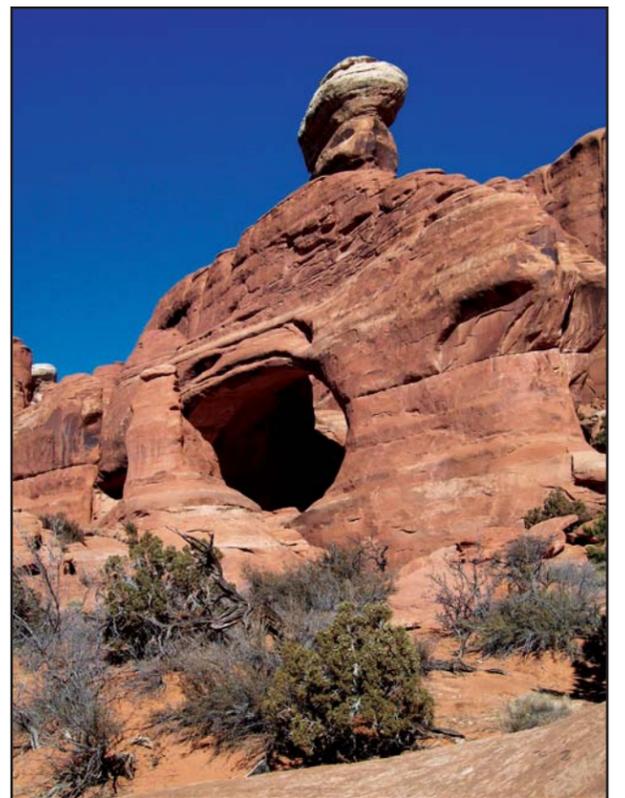
south facing ledges near the arch and admiring the framed view of the Monitor and Merrimack buttes off to the south.

Directions to the Trailhead:

From US 191 (5 miles north of Moab) turn into Arches National park and drive 16.2 miles on the paved Arches Entrance Road. Turn left onto the unsigned gravel road about 0.3 miles past the Sand Dune Arch Trail. Follow the graded dirt road through Salt Valley for approximately 7.2 miles, continuing straight past the first left-hand turn. Turn left at the second road, signed Klondike Bluffs, 1 mile. Follow this road to the small Klondike Bluffs trail head. A vault toilet and a wayside exhibit are available at this remote site.

Generally a passenger car is sufficient, however the 7.7 mile dirt road leading to the trailhead can and does become impassable during or just after storm events and it is wise to contact the Arches Visitor Center for up to date road information prior to departure. The front desk can be reached at 719-2200.

Author Douglas Buttery is the Chief of Facility Management at Arches/Canyonlands National Parks.




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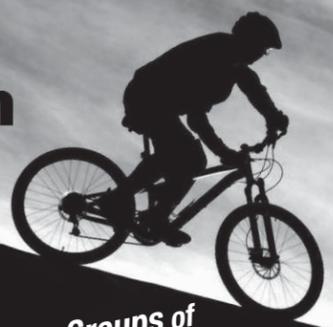
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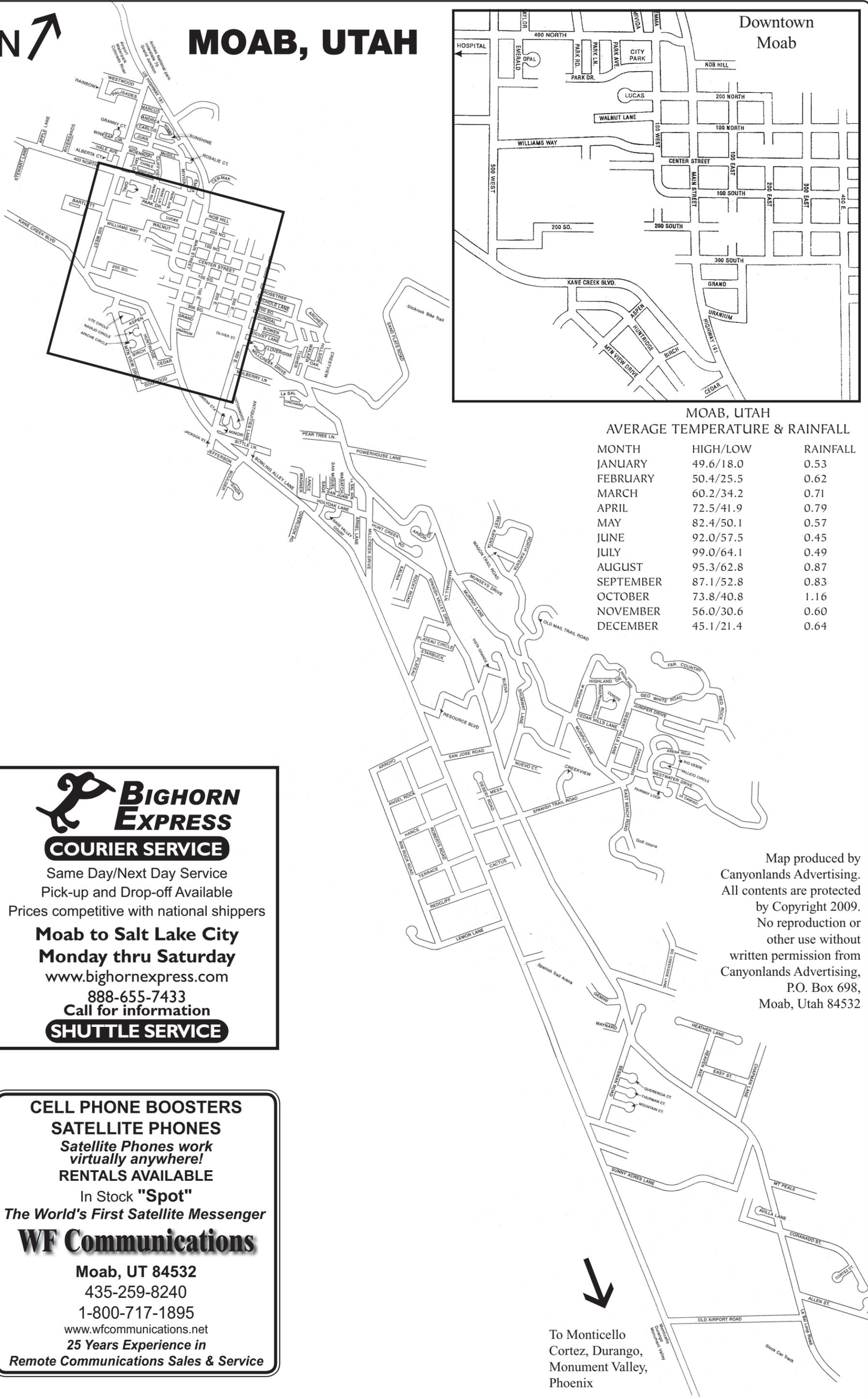
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MONTH	HIGH/LOW	RAINFALL
JANUARY	49.6/18.0	0.53
FEBRUARY	50.4/25.5	0.62
MARCH	60.2/34.2	0.71
APRIL	72.5/41.9	0.79
MAY	82.4/50.1	0.57
JUNE	92.0/57.5	0.45
JULY	99.0/64.1	0.49
AUGUST	95.3/62.8	0.87
SEPTEMBER	87.1/52.8	0.83
OCTOBER	73.8/40.8	1.16
NOVEMBER	56.0/30.6	0.60
DECEMBER	45.1/21.4	0.64

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HIKING HAPPENINGS

Culvert Canyon – Gateway to Jeep Arch by Marcy Hafner

A canyon that starts at a culvert, an arch that has the configuration of a jeep - put the words together and what do you get - Culvert Canyon and Jeep Arch. If you think this is an Alice In Wonderland children's story, think again. You really do have to walk through a long, tunnel-like culvert to venture into this canyon, the most commonly used access to Jeep Arch. The choice of routes is as varied as the flavors of ice cream. I went with someone who was familiar with this particular route, and I'm describing what worked best for us.

Culvert Canyon isn't far from Moab. To get there drive 4.2 miles north on Highway 191 and turn left on Utah 279 (Potash Road). Then drive 10.5 more miles just beyond the Corona-Bowtie Arch trailhead and the Gold Bar Recreation site. At mile marker five, pull off the road and park at the end of a huge culvert that goes under the railroad tracks.

Walking through a long, dank culvert, which rattles with every step, is literally a light-at-the-end-of-the-tunnel experience. After that eerie tunnel vision sensation, sunshine and soft squishy sand are a wonderful relief.

Traipsing through Culvert Canyon is not a straight-line walk. Instead, it entails a lot of weaving back and forth around the many pools and thick vegetation that block the way; but the heavily used footpath will maneuver you past all these obstacles. The first overhang along the trail looks down upon a dark, mysterious pool that quenches the collective thirst of cottonwoods, oaks, junipers, rabbitbrush, desert holly and grasses. To bypass the second major pool, you need to swing right to scurry up and down a series of ledges. This portion of the path takes a little scouting to find.

Just beyond the second pool, some huge gray boulders, which have the guardian appearance of sentinels blocking your passage, are your clue that now is your chance to exit

the canyon. To scope out your route from the bottom, scan the slope to your left. A pile of rocks called cairns marking the route up the short ascent will show you the way.

Once on the rim, moving in the right direction toward the arch involves some route finding. A trail that parallels the base of a very long cliff swings by a huge alcove with seeps and a hanging garden. This path does head directly north toward your goal, but has the frustrating habit of fading in and out. When you come to those long patches of slickrock, cairns are a helpful guide. Be sure to continue north by keeping a big rock buttress to your left.

A dark rock tower next on your itinerary rises on your left, presenting you with a choice. For you can approach the south entrance of Jeep Arch by walking up and around this landmark on either side. We, however, chose an alternate, and in my opinion, an easier route that pursues a northerly course by keeping the rock tower to the left. At this point continue on to the next mammoth rock mesa to pick up the well-used trail which will take you to the north entrance of the arch.

On this brisk, breezy day in late October, my hiking partner and I quickly move to the south side of the arch so we can bask in the radiant sunshine that reflects off this huge semi-circle slab of sandstone. To walk around this structure in its entirety would take a good chunk of time out of your afternoon! Jeep Arch itself is dwarfed by the immense size of its base and its jagged, fractured edges make it look like the Jolly Green Giant punched out a big hole - 66-feet wide. When you're looking at the span from just the right angle, it does present that jeep-like appearance.

Geologists believe that most of our arches were created within the last million years and have survived to this day because the Colorado Plateau is relatively free of earthquakes. The formation of an arch generally occurs at the weakened points in Wingate, Navajo and Entrada sandstone. Water dissolves the chemical cement that binds the sandstone. Then freezing expands the fractures

to continue the arch making process. Once the opening is formed, it is slowly enlarged by a combination of erosion and internal stress forces. In a very few cases, the opening may be started by a rock collapse caused by the release of the internal rock strain. Wind only plays a minor part because most arches, as a general rule, are too high above the ground for abrasion from wind-borne sand to have any effect.

Chunks of fallen rock make it clear to me that sitting directly under Jeep Arch might be pressing my luck. When I look north through the open-air, rock-framed window, a cerulean blue sky highlights the serene looking La Sal Mountains. Walking slightly below its south-facing entrance, I am very careful to avoid getting distracted by the many photo ops. Stepping off the side into the deep abyss a few hundred feet below would be a foolish thing to do!

It is so quiet, the southeastern views so vast, the scenery mind boggling to behold. I am peering down on a massive jumble of boulders that are strewn over elongated stretches of slickrock, which create the illusion of a gigantic jigsaw puzzle consisting of pieces that will never fit together. I take in the long distance perspective of a geological maze of pillars, mesas, slabs, fins and domes - a conglomeration of mounded, rounded, knife-edged, upended and jagged configurations rising as far as the eye can see.

After leaving Jeep Arch, if you miss the route back down into the canyon, which is easy to do - don't panic! Just keep moving along the rim until you get to four metal posts and some remnants of a barbed wire fence. Go through that and the old overgrown cattle trail will take you directly down to the culvert.

If you have a shorter hike in mind, wandering to your heart's content through Culvert Canyon until it ends at a huge pour off is great for a pleasant, interesting excursion. Forging on to Jeep Arch is more of an adventure - a navigational challenge that is so satisfying when you do find your way to this well-known, uniquely shaped landmark.



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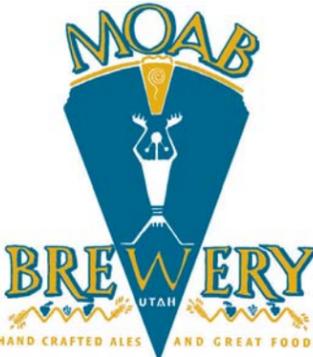
MILEAGES TO MOAB

Distances used on this chart are based on main numbered routes from point to point. Shorter distances may be available using different routes.

MILEAGE CHART

	Albuquerque, N.M.	Arches	Blanding, Utah	Bluff, Utah	Bryce Canyon N.P.	Canyonlands N.P.	Canyonlands Needles	Canyon Rims	Capitol Reef N.P.	Cortez, Colorado	Dead Horse Point	Denver, Colorado	Durango, Colorado	Gooseheads	Grand Canyon N. Rim	Grand Canyon S. Rim	Grand Junction, CO	Green River, Utah	Hovenweep	Lake Powell Halls Csg.	Lake Powell Hite	Las Vegas, Nevada	Los Angeles, CA	Mesa Verde N.P.	Mexican Hat, Utah	Moab, Utah	Monticello, Utah	Monument Valley	Natural Bridges	Newspaper Rock	Page, Arizona	Phoenix, Arizona	Price, Utah	Salt Lake City, Utah	Zion National Park
Albuquerque, New Mexico	367	329	355	608	398	359	353	487	249	396	444	218	389	535	407	430	415	291	419	416	587	805	278	382	362	307	324	376	335	456	449	548	730	575	
Arches National Park	367		81	107	361	31	62	80	244	119	29	356	165	142	499	325	110	49	116	171	168	447	722	149	134	5	60	159	129	58	285	480	110	230	404
Blanding, Utah	329	81		26	279	113	58	74	158	83	111	446	130	56	322	242	196	130	45	90	87	358	630	99	52	74	22	77	47	47	199	393	192	321	322
Bluff, Utah	355	107	26		301	139	84	100	180	82	137	477	152	30	296	220	222	152	35	110	107	332	604	125	26	103	48	51	65	74	173	367	214	343	296
Bryce Canyon National Park	608	361	279	301		310	347	353	100	361	418	553	406	331	219	159	308	221	320	282	192	205	477	390	323	356	301	277	232	327	151	378	280	324	86
Canyonlands National Park	398	31	113	139	310		109	86	275	151	2	377	196	169	435	359	142	80	158	203	200	478	750	180	165	36	91	190	150	89	316	506	142	362	435
Canyonlands N.P. Needles	359	62	58	84	347	109		70	230	106	107	434	151	114	380	314	188	126	113	148	145	524	746	135	120	73	46	145	115	20	271	451	188	308	390
Canyon Rims Rec. Area	353	80	74	100	353	86	70		236	112	84	411	157	130	396	320	165	103	119	164	161	501	773	141	126	50	52	151	121	50	277	467	165	285	396
Capitol Reef National Park	487	244	158	180	100	275	230	236		244	273	422	289	209	319	259	177	75	199	161	71	336	608	273	202	239	184	227	111	209	353	509	134	257	217
Cortez, Colorado	249	119	83	82	361	151	106	112	244		149	421	45	139	405	324	204	158	47	172	169	566	838	29	128	105	60	159	129	85	285	475	220	359	404
Dead Horse Point	396	29	111	137	418	2	107	84	273	149		375	194	167	433	367	127	78	156	201	198	392	664	178	163	34	89	188	148	87	314	504	140	260	433
Denver, Colorado	444	356	446	477	553	377	434	411	422	421	375		339	462	750	681	246	346	468	536	533	758	1031	550	490	361	416	519	493	414	638	826	408	512	764
Durango, Colorado	218	165	130	152	406	196	151	157	289	45	194	339		183	450	337	170	271	92	220	217	575	847	54	143	160	105	168	174	130	294	520	333	404	413
Gooseheads	389	142	56	30	331	169	114	130	209	139	167	462	183		266	261	252	186	65	138	135	439	711	168	8	101	78	32	92	188	158	348	248	377	277
Grand Canyon North Rim	535	499	322	296	219	435	380	396	319	405	433	750	450	266		214	505	404	277	404	401	237	509	434	270	396	344	236	361	370	123	347	466	413	127
Grand Canyon South Rim	407	325	242	220	159	359	314	320	259	324	367	681	337	261	214		417	372	255	324	321	283	555	357	194	320	268	169	287	263	139	217	434	583	297
Grand Junction, Colorado	430	110	196	222	308	142	188	165	177	204	127	246	170	252	505	417		101	241	286	283	510	782	233	247	115	170	248	243	168	395	590	163	285	493
Green River, Utah	415	49	130	152	221	80	126	103	75	158	78	346	271	186	404	372	101		175	220	217	398	664	197	184	53	108	203	177	106	329	519	62	182	241
Hovenweep	291	116	45	35	320	158	113	119	199	47	156	468	92	65	277	255	241	175		127	124	491	763	76	61	122	67	86	84	92	210	402	237	366	331
Lake Powell Halls Crossing	419	171	90	110	282	203	148	164	161	172	201	536	220	138	404	324	286	220	127		90	562	838	201	134	164	112	155	43	137	281	471	171	411	400
Lake Powell Hite Marina	416	168	87	107	192	200	145	161	71	169	198	533	217	135	401	321	283	217	124	90		559	831	198	131	161	109	152	40	134	278	468	96	408	397
Las Vegas, Nevada	587	447	358	332	205	478	524	501	336	566	392	758	575	439	237	283	510	398	491	562	559		272	595	432	451	506	307	525	512	281	287	460	419	121
Los Angeles, California	805	722	630	604	477	750	796	773	608	838	664	1031	847	711	509	555	782	664	763	838	831	272		867	704	717	779	579	797	784	553	376	602	691	393
Mesa Verde N.P., Colorado	278	149	99	125	390	180	135	141	273	29	178	550	54	168	434	357	233	197	76	201	198	595	867		163	144	89	188	158	115	314	504	259	388	433
Mexican Hat, Utah	382	134	52	26	323	165	120	126	202	128	163	490	143	8	270	194	247	184	61	134	131	432	704	163		129	74	25	91	99	151	341	240	373	270
Moab, Utah	362	5	74	103	356	36	73	50	239	115	34	361	160	101	396	320	115	53	122	164	161	451	717	144	129		54	151	120	53	280	475	115	235	294
Monticello, Utah	307	60	22	48	301	91	46	52	184	60	89	416	105	78	344	268	170	108	67	112	109	506	779	89	74	54		99	72	28	225	415	168	299	344
Monument Valley	324	159	73	51	277	190	145	151	227	159	188	519	168	32	236	169	248	203	86	155	152	307	579	188	25	151	99		118	125	126	316	265	394	245
Natural Bridges Natl Monument	376	129	47	65	232	150	115	121	111	129	148	493	174	92	361	287	243	177	84	43	40	525	797	158	91	120	72	118		94	244	432	136	368	363
Newspaper Rock	335	58	47	74	327	89	20	50	209	85	87	414	130	188	370	263	168	106	92	137	134	512	784	115	99	53	28	125	94		231	440	168	334	370
Page, Arizona	456	285	199	173	151	316	271	277	353	285	314	638	294	158	123	139	395	329	210	281	278	281	553	314	151	289	225	126	244	231		272	391	420	119
Phoenix, Arizona	449	480	393	367	378	506	451	467	509	475	504	826	520	348	347	217	590	519	402	471	468	287	376	504	341	475	415	316	432	440	272		663	645	382
Price, Utah	548	110	192	214	280	142	188	165	134	220	140	408	333	248	466	434	163	62	237	171	96	460	602	259	242	115	168	265	136	168	391	663		123	281
Salt Lake City, Utah	730	230	321	343	324	262	308	285	257	359	260	512	404																						

RESTAURANT GUIDE



Moab's ONLY ON-SITE Microbrewery & Restaurant
 State Liquor Licensee
Orders To Go Beer To Go
 PATIO SEATING
 KIDS MENU

SEAFOOD • SANDWICHES • STEAKS • SALADS
BURGERS • VEGETARIAN FOODS • DAILY SPECIALS

LUNCH & DINNER 7 DAYS - OPEN 11:30 AM
686 South Main • 259-6333
 (McDonald's is next to us)

How To Get A Drink...

...In Moab, Utah.

Utah has a well-earned reputation as a challenging state in which to get any form of alcoholic drink. Moab is even more interesting because of having two legal wineries and one microbrewery.

Moab has two local wineries; Castle Creek Winery, located at the Red Cliffs Resort, 15 miles from Moab on Scenic Highway 128, The River Road – (see ad on page 3) Spanish Valley Vineyards, located just off Highway 191, South of Moab about 6 miles on Zimmerman Lane. Both wineries have on-site tasting rooms and wine available for sale. Utah State Liquor Stores also sell many local wines. If you would like to try some of these award winning vintages, look for restaurants serving these wines.

The Moab Brewery, Moab's only microbrewery, offers a variety of locally brewed beers at their own location, as well as being available at other restaurants in town. Many flavors are on sale at retail stores in Moab as well in the



540 South Main • Moab, Utah • (435) 259-4848
Next to BigHorn Lodge. Open 7 days a week, featuring steaks, prime rib, hamburgers, and a full breakfast menu. Prompt coffee shop service.
 State Liquor Licensee
MOAB'S FINEST FAMILY DINING
 COMPLETE CATERING SERVICES AVAILABLE.



Buy One 6" Sandwich, Chips & Two Regular Drinks...and get 2nd 6" Sandwich FREE with this coupon!
 (2nd sandwich of equal or lesser value)
 Offer good with coupon at Moab Location Only - Across from City Market

Buy any Teriyaki Stix Entree and Two Regular Drinks & get a 2nd Entree FREE!
 (2nd entree of equal or lesser value)
 Offer good with coupon at Moab Location Only - across from City Market

396 So. Main • Open Everyday • 259-2656
 One Coupon per Customer Per Day

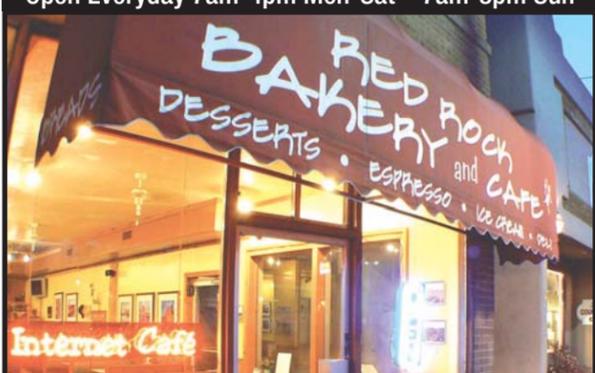


Teriyaki Stix™
 Japanese Grill




Sports Bar & Grill
 Affordable Drinks & Food!
Fully Stocked Bar
 Serving Beer, Liquor and Wine
 Largest Liquor Selection in Moab!
 Live Music on Weekends!
Weekly Bar Specials
COLDEST BEER IN TOWN!
Karaoke - Come in and Strut your Stuff!
 Starting at 9:00pm
1 Block West of Main on Center Street
 VISITORS WELCOME
 Must be 21 years or older
259-6666 • OPEN EVERYDAY at 3pm
NOW SERVING SUNDAY BRUNCH 11am

Open Everyday 7am-4pm Mon-Sat 7am-3pm Sun



RED ROCK BAKERY
 A Quality Scratch Bakery with fast, friendly service.
 Internet Café • Dine-in or Take-Out
 Now Serving Organic Fresh Moab Coffee
 74 South Main • Moab, UT 84532 • 435-259-5941

Salt Lake City area. If you enjoy these locally produced products, be sure to ask for a list of locations where you may purchase them when you return home.

The Utah State Liquor Store is the only location to purchase bottled liquor and beer with an alcoholic content above 3.2%. The Moab store is located at 55 West 200 South and is open from Monday through Saturday (11:00 a.m. to 7:00 p.m. - November 1st to May 1st and from 11:00 am to 9:00 pm - May 1st to November 1st.) They are closed on Sundays and Holidays. Beer (3.2% alcohol content) for take-out can be purchased at food stores and convenience stores for off-premise consumption only.



On-premise (you can drink it here) is available at various licensed locations, including taverns, golf courses, bowling alleys, and restaurants that have the required beer license. Restaurants may be licensed to serve mixed drinks and wine by the glass, provided that they have a liquor license and offer food service. Last but not least, Utah law forbids open containers in or about any motor vehicle. A blood alcohol level of 0.08% (0.05% if you have a child in the car with you) is the maximum allowable under Utah Code to be declared "driving under the influence."



DINNER AT 5PM
 7 DAYS A WEEK

Featuring:
Prime Rib
BBQ Baby Backs
Broiled Steaks
 FULL SERVICE LIQUOR LICENSE



2971 So. Hwy 191 • 259-6275
 3 miles south of Moab • **NOW OPEN!**

JAILHOUSE CAFE

101 NORTH MAIN STREET
CLOSED TIL SPRING
BREAKFAST ONLY
because that's what we do best.
 This is our 16th year at it!
 Open 7am to 12Noon
"Good Enough for a Last Meal"



Singha
 Authentic Thai Cuisine

Lunch: Monday - Saturday 11:00 - 3:00 p.m.
Dinner: Monday - Saturday 5:00 - 10:00 p.m.

Now Serving Beer, Wine & Saki

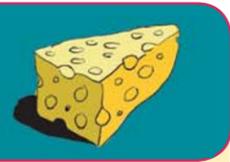
Closed Sundays
Closed Dec 26 - Jan 18

92 E.Center Street
 Moab, Utah 84532
 Tel: 435-259-0039
 Fax: 435-259-0005

RESTAURANT GUIDE



RESTAURANT



Celebrating 28 Years!
Spicing your Life since 1981



LA HACIENDA RESTAURANT
Mexican American

OPEN DAILY AT 11 AM • SERVING LUNCH AND DINNER
DAILY SPECIALS • VEGETARIAN FRIENDLY

574 NORTH MAIN • MOAB, UTAH • 435-259-6319
State Liquor Licensee

Eat Well, Have Fun and Welcome to



Now Serving Winter Menu **Tues-Sat**
4 pm - 9 pm

Globally Inspired

A Place to Celebrate Life with great food and friends in a beautiful and relaxed atmosphere!

5 Years Best Restaurant in Southern Utah
6 Years Zagat Award of Excellence

Fresh Seafood • Black Angus Beef • Free Range Chicken
Innovative Vegetarian Fare • Locally Grown Organic Produce

Chefs/Owners: Paul and Zee McCarroll

60 North 100 West Moab, Utah **For Reservations: 259-4295**
State Liquor Licensee



EklectiCafe
ORGANIC COFFEE

Carnivores, Herbivores, Omnivores!
Vegetarian Friendly

Breakfast • Lunch • Deli

"Best Desert Oasis" Salt Lake City Magazine

HOURS: Monday - Saturday 7:30am-2:30pm
(Sun 7:30am - 1:00pm Breakfast only - no lunch)

352 North Main, Moab • 435-259-6896

Your Home Town



Pizza Hut

265 South Main, Moab
Open Daily • 259-6345

Sunday - Thursday 11 am - 10:00 pm
Friday/Saturday 11:00 am - 11:00 pm
Pick-Up or Delivery Available

Bar M Chuckwagon
7000 North Highway 191 259-BAR-M(2276)
Dinner
Live Western Show & Cowboy supper. Gunfights, games, saloon, gift shop. Fun evening activity for all ages. 4 miles North of Arches National Park entrance on Hwy 191. Beer Available. Call for information about private parties & special events. **Closed for season.**

Branding Iron Bar & Grill
2971 South Highway 191 259-6275
Dinner at 5pm
Western style family restaurant. Home of the Moab Super Burger. New Specials, Great Food. Prime Rib every night. Open 7 days a week. Full Service Liquor License.

Broken Oar **Closed for the Season**
53 West 400 North 259-3127

Buck's Grill House & Vista Lounge
1393 North Highway 191 259-5201
Dinner
Don't think you can find casual elegance in the desert? Think again. Buck's Grill House offers fine dining in a relaxed, yet elegant atmosphere with some of the best food in the West. For a special evening out, this is the place to share an exceptional meal with your favorite friends. You'll never be disappointed at Buck's. Vista Lounge is a sophisticated adult environment offering cocktails along with dining.

Burger King
606 South Main 259-2700

Cassano's Italian Restaurant
11 East 100 North **Closed Dec 8 for the Season** 259-6018
Open daily 12:00 p.m. - 8:00 p.m.
Come in and join us for home made sauces and hand tossed pizzas and paninis. Moab's new traditional Italian restaurant is located in the old Poplar Place. Patio seating available so you can dine alfresco and bask in splendid red rock views. Great choice for take out and catering.

Center Cafe
60 North 100 West 259-4295
Open Tues - Sat at 4 - 9 p.m.
A place to celebrate life with great food and friends in a beautiful and relaxed atmosphere! Paul & Zee McCarroll are the chef/owners. New Winter Menu. NEW PRICES. Casual affordable, tasty.

City Market
425 S. Main 259-5181

Cowboy Grill at Red Cliffs Resort
16 Miles up Highway 128 259-2002
Breakfast Buffet • Lunch • Dinner
RIVER FRONT TABLES overlooking the Mighty Colorado. American steaks, chops, fish, fowl, pasta. Featuring local wines from Castle Creek Winery, located on site. Western Hospitality in a casual atmosphere. Make your reservations for weddings and private parties. **Closed for the Season**

Denny's
989 North Highway 191 259-8839
Breakfast • Lunch • Dinner
MOAB'S ONLY 24 HOUR RESTAURANT. Family dining at affordable prices. Over 100 menu items including Seniors menu, daily Special and Fit Fare for the health conscious. Ask about "Kids eat Free". Take out menu available. Reservations for large parties and buses welcome. Great food and Great Service by Great People. EVERYTIME!

Desert Bistro
1266 N Hwy 191 at Moab Springs 259-0756
Owners/Chef Karl & **Closed for the Season** invite you to enjoy a relaxed evening of dining at our new location. Nightly specials, fresh fish, game, choice meats, handmade pastas, bread and desserts. Beautiful patio for outdoor dining.

Eddie McStiff's Restaurant & Brew Pub
57 South Main Street 259-BEER
Dinner • 3:00 p.m. **Nightly**
12 beers on tap. Brick Oven Organic Pizza. Southwestern, Pasta, Great Salads! Natural/Choice Aged Steaks, Burgers. Kids Menu. State Liquor Licensee. Pool Tables. Patio Dining. Discount for Seniors 65 and older. FREE WIRELESS INTERNET! Pizza Delivery to Main Street Hotels.

EklectiCafe
352 North Main Street 259-6896
Breakfast • Lunch
Mon. - Sat. 7:30 a.m. - 2:30 p.m.
Sun. Breakfast 7:30 a.m. - 1:00 p.m.
Daily Breakfast & Lunch Specials. Homemade soups & quiche. Traditional & ethnic dishes. Famous for our scrambled tofu and vegetarian cuisine! Winner "BEST DESERT OASIS" Salt Lake Mag. August 2002!

Fiesta Mexicana
202 South Main Street 259-4366

Frankie D's Bar & Grill
44 West 200 North 259-2654

Hogi - Yogi
396 South Main (next to Teriyaki Stix) 259-2656
Lunch • Dinner Open Daily
Sandwiches, Ice cream, Shakes, Frozen Yogurt & Smoothies. Over 15 great sandwiches. Low-fat icy, cold nutrient-packed line of real fruit smoothies. Try our new ice cream & cookie sandwiches made to order. Drive thru service. Call in & take-out orders welcome.

Jailhouse Cafe **Closed for the Season**
101 North Main Street 259-3900
Breakfast
Moab's Breakfast Place located in Grand County's historic first Courthouse & features special breakfast fare like our own Southwestern Eggs Benedict & Ginger Pancakes with Apple Butter, as well as classic diner breakfasts.

Jeffrey's Steakhouse
218 North 100 West 435-259-3588
Open at 5:30
Stop by Jeffrey's Steakhouse for a casually upscale dining experience, just slightly off main. Wagyu style American Kobe Beef. Tucked away upstairs is the Ghost Bar. State Liquor Licensee.

KaleidoScoops
331 North Main 259-3677

La Hacienda
574 North Main 259-6319
Lunch • Dinner - Open daily 11:00 a.m.
CELEBRATING 28 YEARS! Superior Mexican specialities with menu items for the gringo, too. Daily specials & out-of-the-ordinary entrees. Family dining atmosphere. Naturally vegetarian friendly. State Liquor Licensee.

Leger's Sandwiches
817 So Main (inside the Moab Chevron) 259-2212
Deli Open 6 a.m. - 8 p.m.
Leger's Sandwiches, a favorite since 1977, is now OPEN inside the Moab Chevron. Leger's has five locations in Utah. Our Sandwiches are made to order. Call in orders welcome.

Love Muffin Café
139 North Main 259-6833
Breakfast and Lunch
Open everyday at 7:30am-2:00pm
Fresh baked muffins and cupcakes every morning! Check out the vegan and gluten free selection. Breakfast burritos, Whole Wheat Waffles and more... Proud to use local and organic ingredients along with eco-friendly containers.

Desert Bistro



Casual Fine Dining
Contemporary Southwestern Cuisine
Located in the Historic Ranch House
at Moab Springs Ranch

Closed for the Season
1266 N Hwy 191 • 259-0756
STATE LIQUOR LICENSEE

Jeffrey's
STEAKHOUSE

CASUALLY UPSCALE
CLASSIC STEAKHOUSE FARE

218 NORTH 100 WEST
259-3588
JUST SLIGHTLY OFF MAIN

OPEN FOR DINNER
State Liquor Licensee

For more information about these restaurants pick up a "Moab Menu"



GUIDE

McDonald's
640 South Main 259-8800

Miguel's Baja Grill
51 North Main 259-6546
Dinner
Genuine Mexican Cuisine. Traditional recipes and methods of Baja California and other states in Mexico. We pride ourselves on fresh food and prepare it as you order it. Great Margaritas and seafood dinners are our specialty. Proud to cook with zero trans fat.

Closed til Spring

Milt's Stop & Eat
400 East and Millcreek Drive 259-7424
Breakfast • Lunch • Dinner
Open daily 7:30 am-7:30pm.

Closed Dec 6 - Feb 1

A true Moab icon since 1954. Featuring locally processed 100% ground beef burgers, classic diner sandwiches, all beef hot dogs, flavored shakes and malts. Located on the way to the Slickrock Trail behind Dave's Corner Market. Eat in or take out. See ya' all at Milt's.

Moab Brewery
686 South Main 259-6333
Lunch & Dinner
Open 11:30 AM DAILY. Whatever the season, whether you're hungry or thirsty, come in and enjoy the comfortable atmosphere. Food to go. Moab's only brewery. Offers sandwiches, steaks, salads, burgers, daily specials. Kid's Menu. State Liquor Licensee.

Moab's Daily Grind
1146 South Hwy 191 #B 259-1115
Mon-Sun: 6 a.m. - 6 p.m.
FAST, FRIENDLY & AFFORDABLE Drive-Thru Coffee & Espresso. We serve up lattes, mochas, cappuccinos, breves, chai, hot & iced teas, iced & blended drinks, Italian sodas, and more. Featuring Ghiradelli chocolate sauces, including white and dark chocolate. We use fairly traded coffee from a small quality roaster. Iced & Blended Drinks.

Moab Diner & Ice Cream Shoppe
189 South Main 259-4006

Pancake Haus
196 South Main (next to Ramada Inn) 259-7141

Pantele's Desert Deli
98 East Center 259-0200

Paradox Pizza
702 South Main St 259-9999
Lunch • Dinner
11 a.m. - 9 p.m.
At Paradox Pizza all of our salads, soups, pizzas and breads are handmade fresh daily. You will taste our commitment to quality with every bite. Order in person, online or over the phone. We offer dine in, take-out and delivery. Website is www.paradoxpizza.com

Pasta Jay's
4 South Main 259-2900

The Peace Tree Juice Cafe
20 South Main 259-8503
Breakfast • Lunch
Moab's ONLY Fresh Wheat Flour Fruit and Vegetable Juice Cafe! Healthy, fresh breakfast entrees. Egg wraps, sprouted wheat bagels. Finest wrap sandwiches, salads & secret recipe hummus. Delicious smoothies. Organic coffee & espresso. No microwaves. "Healing Ourselves and Healing the Earth."

Closed for the Season

Pizza Hut
265 South Main 259-6345
Lunch • Dinner
Salad bar, variety of pizzas & toppings, pasta, breadsticks, kids menu & quick lunch specials. Pick up or delivery when available. OPEN EVERY DAY

Red Rock Bakery & Net Cafe
74 S. Main Street 259-5941
Breakfast • Lunch
7am - 4pm Mon - Sat and 7am - 3pm Sunday Serving freshly baked bagels, muffins, scones and cinnamon rolls. Fresh Moab Coffee (FMC). Best Sandwich in Moab. Moab's original high speed Internet Access. Fine photography by Chris Conrad. OPEN EVERY DAY.

The Rio Sports Bar & Grill
1 block west of Main on Center 259-6666
Sports Bar & Grill. Affordable drinks & food. Fully stocked bar, serving beer, liquor & wine. Nightly entertainment. Karaoke at 9pm. Live music on weekends. Visitors welcome, 21 years and older. OPEN EVERY DAY AT 3:00PM

Singha: Authentic Thai Cuisine
92 East Center 259-0039
Lunch • Dinner
For those in search of true Thai Cuisine, we invite you to experience the flavors and aroma of Singha Thai Cuisine. Not always spicy as you thought. We use fresh herbs and spices including garlic, coriander, lemon grass, mint and chilies. Our full menu includes House specials, appetizers and desserts. Closed Sundays.

Slickrock Cafe
5 North Main 259-8004
Lunch • Dinner
Open daily 11:30 a.m. - 8 p.m.
Steaks, New & Improved Lunch & Dinner Menu, Atrium Seating, Appetizers, Gourmet Burgers, Sandwiches, Salads and Freshly Grilled Entrees. Daily Specials, Kids Menu. Call in and take out orders welcome. Full Service Liquor License.

Closed til Spring

Smitty's Golden Steak
540 South Main 259-4848
Breakfast • Lunch • Dinner
Open 6am-9 pm 7 days a week
Next to Big Horn Lodge. Featuring steaks, prime rib, hamburgers, full breakfast menu. Prompt coffee shop service.

Sorrel River Grill
17 Miles Northeast on Scenic Hwy 128 259-4642

SUBWAY Sandwich Shop
299 South Main 259-SUBS
Breakfast • Lunch • Dinner
Open 8 a.m. everyday
NOW SERVING BREAKFAST UNTIL 11 AM! Create your own healthy sandwiches and salads. Five varieties of freshly baked bread. Load up your subs with lots of fresh veggies and one of SUBWAY'S special sauces. Located inside Walker's Convenience Store (corner of 300 South and Main)

Sunset Grill
900 North Highway 191 259-7146
Dinner
Steaks, Seafood, Pasta. Fresh ingredients brought in daily. Children welcome. Reservations accepted for parties of 6 or more. Come up and rediscover Charlie Steen's historic home with the million dollar view. Open 5:00 daily. CLOSED SUNDAYS. State Liquor Licensee.

Szechuan Restaurant
125 North Main 259-8984

Teriyaki Stix
396 South Main, Next to Hogi-Yogi 259-2656
Lunch • Dinner
Wide selection of rice or noodle bowls with grilled teriyaki chicken, hot & spicy chicken, beef, kalua pork, fresh steamed veggies, pot stickers & more. Drive thru, take-out & call in orders welcome. Open 7 days a week. Located across from City Market.

Village Market
702 South Main 259-3111

Wake and Bake Cafe
59 S. Main #6, McStiff's Plaza 259-2420

Wendy's
260 North Main 259-2595

Wicked Brew Espresso Drive Thru
132 North Main 259-0021

Yo Mama's Pizza
812 South Main 259-0101

Zax
96 South Main Street 259-6555
Breakfast • Lunch • Dinner • Family Dining
We have it all, from our all new sunrise breakfast served 6:30 am to 11 am Saturday and Sunday to our hand cut steaks. We offer an extensive menu that include the best burgers in Moab, deli sandwiches, pastas, salads, seafood and our all U can eat pizza buffet and salad bar. Dine inside or out on our all-weather patio and covered porch. For those 21 and over, visit Zax watering hole. Watch your favorite sporting event on the 50" flat screen or one of the other 22 TVs throughout the restaurant. Featuring a full liquor license. Open 6:30 am to close Thurs thru Monday. 11:30 am to close Tue - Wed. Locally owned and operated.

Restaurant & Brew Pub

Eddie McStiff's

State Liquor Licensee Nightly Dinner SPECIALS

Center & Main • Moab
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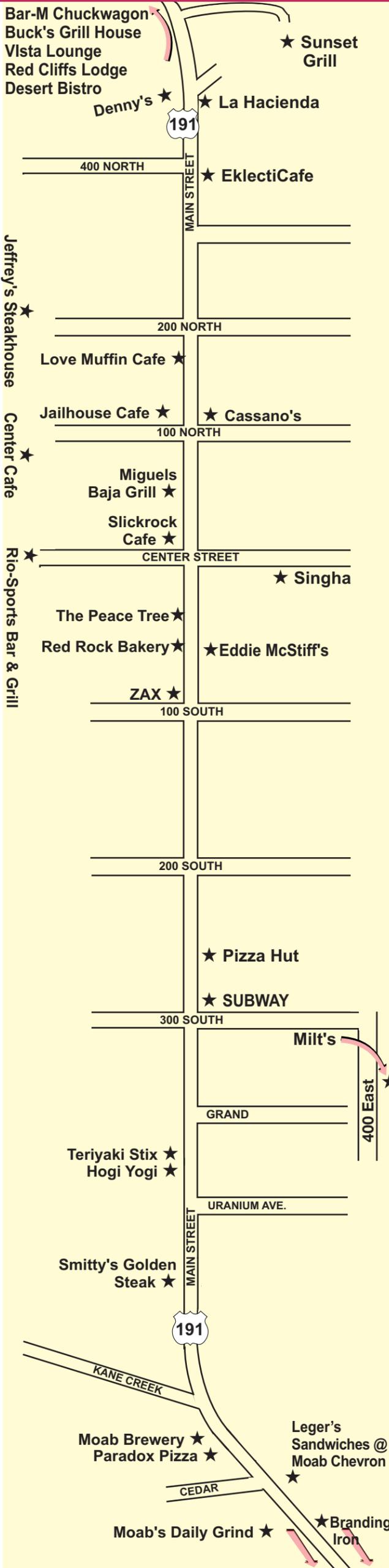
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RESTAURANT GUIDE

HISTORIC HAPPENINGS

Volkswagen Graveyard Gets New Life

by Vicki Barker

One of Moab's most unique attractions -- Tom Tom's Volkswagen "museum" -- is getting more attractive and attracting more attention by the month under direction of its co-founder, the junior Tom Arnold.

Thomas J. Arnold, the middle son of the late Thomas K. "TK" Arnold, has been working steadily at bringing order to chaos and infusing new life into the business he and his dad established in 1971 -- cleaning up, clearing out, and creating fun visuals that have generated lots of attention.

Not that the "largest collection of VW's in the West" failed to get attention before, Tom said. The settling pond of vee-dubs near the intersection of Mill Creek Drive and Spanish Valley Drive has been the subject of numerous articles and the focus of photographers, speculation and delight over the past three decades -- much due to the powerful personality of TK, the senior "curator" of the museum, who passed away three years ago this January.

TK started the collection in 1961 with eight Volkswagens in Golden, Colo., and it peaked at 420 in Moab, according to his son. Since 2007, Tom has had a number of the vehicles crushed, moved a few to new sites, and sold some, dropping the count to 298 just before Thanksgiving. Stragglers that huddled along the shoulder of the road have been removed, bugs and vans are being grouped among their peers, a crisp new service sign is mounted on the front of the building, and Tom was inspired to create a couple of eye-catching projects that have drawn positive comments.

Besides some obvious clean-up, the most popular change that townspeople have called about is a red gate that he and long-time family friend Rick Berry crafted out of the doors and front-end of a VW van. They also parked a vintage tow truck with a rusting Tom Tom's sign on the door out front of the shop, poised as if to haul away a yellow beetle. The truck conspicuously sports flat tires, reflecting Tom's sense of humor and that of his father, who at different times posted signs above the door that read "Doctor's Office," and "Fashion Boutique."

Whenever Tom is at the shop, "everybody just stops and tells me they like the gate," he said on the phone from Sandy, where he works for the city as hydraulic engineer. "Even the mayor said he thought it was pretty cool. He said it was looking really good out there. It's my beautification project."

Tom Tom's is really not a local business in the sense that "we never sell anything to people locally," said Tom's mother, Sue, who

owns the auto yard. Instead, the collection -- referred to variously as a museum or VW "graveyard" or parts-and-service shop -- generates ongoing interest around the world by word of mouth, Tom said.

"It's a landmark. Everybody in the world knows about it," he said, noting that he had just received a call from a fellow in Wichita, Kan., who had just seen a documentary that showed Tom Tom's. As "caretaker," Tom was headed down to Moab to take care of business for the viewer, who wanted to buy a VW bus. Tom said he's responded to orders for all or parts of VW's throughout the world, a side job that has kept him rather busy on weekends.

Mrs. Arnold said her husband would rarely sell a VW; instead, he would buy broken-down vehicles. Tom said that pattern started after TK moved the family from Aurora to Golden and bought a wrecked VW to repair the '58 family VW that had broken down on a trip to Texas. TK also nursed a passion for Porsches, and a few remain on-site. "There's a couple of Fords, but they don't count," Berry noted.

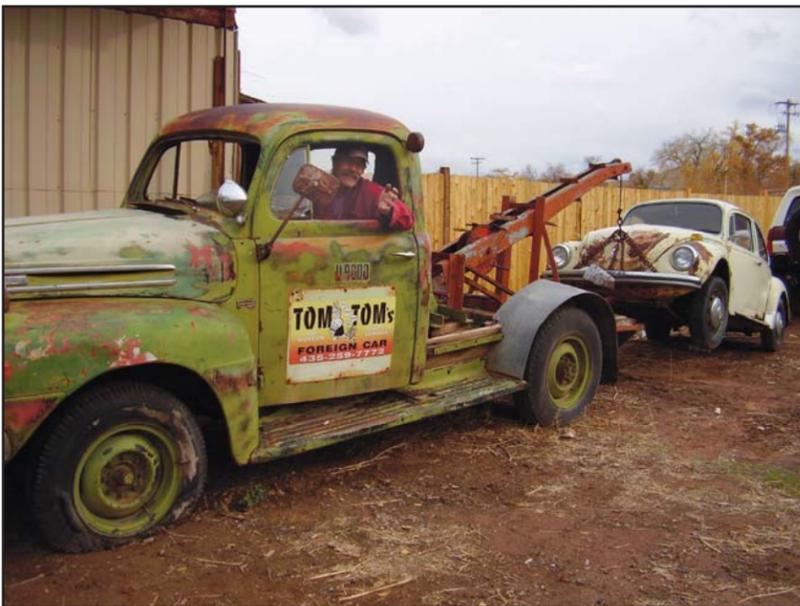
Tom said the shop is a place of refuge for him. "It's a man cave. That's all it was to Dad. He wouldn't sell anything," he said. It has also always been a cat refuge, and in the spring, a favored birthing ground for a skunk family, Mrs. Arnold said.

A few years ago, the feline population at Tom Tom's was estimated at 35 to 37 cats. Eventually, the Humane Society stepped in and trapped as many of the cats as they could, for neutering. Berry said he counted six cats recently, two obviously domesticated, wearing collars. Tom said the family used to share a joke that TK's rule was, if he sold a car, "the cat comes with the car."

Mrs. Arnold has always shared her husband's love of VWs and continues to drive one. Tom still has the 1955 VW bus he claims he has never driven. All the family except Joe, the youngest, remember their first VW -- a dark blue beetle they had in Vancouver, Canada. At an old farm auction, they'd bought a sleigh made in 1892. TK would hitch the sleigh to the rear bumper and pull his three boys through the snow. It was great fun, and when they got stuck, the car was so light that Tom, Bill and Dave could push it back onto the path, their mother said.

"It did so well on the ice and snow, that's how we got started in VW's. They were so easy to push," she said.

If all goes as planned, the sleigh pulled by a VW beetle will be in this year's Electric Light Parade.



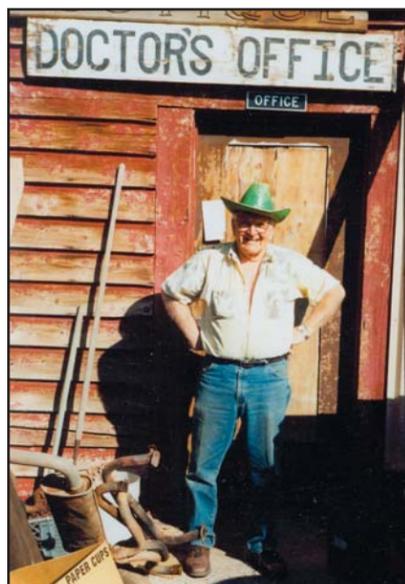
Tom Arnold takes the wheel in a vintage Tom Tom's tow truck poised to haul away a yellow VW beetle outside the shop. Photo by Vicki Barker



Tom Arnold (right) and Rick Berry of Moab recently created a new gate at the VW museum. Photo by Vicki Barker



Tom Arnold in front of shop door. Photo by Vicki Barker.



Tom "TK" Arnold was steward and curator of the VW collection for nearly 50 years. Photo Courtesy of Sue Arnold.

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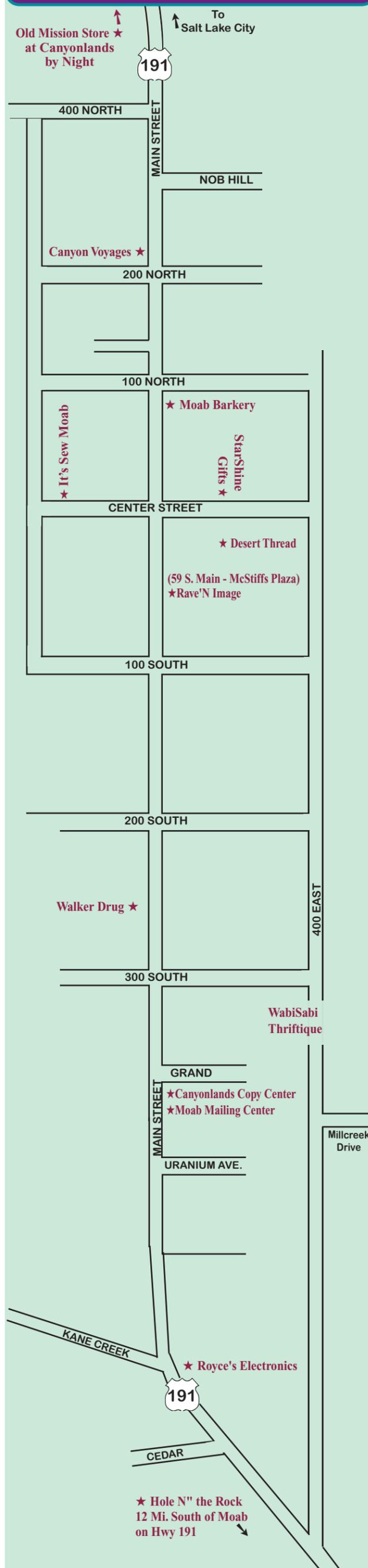
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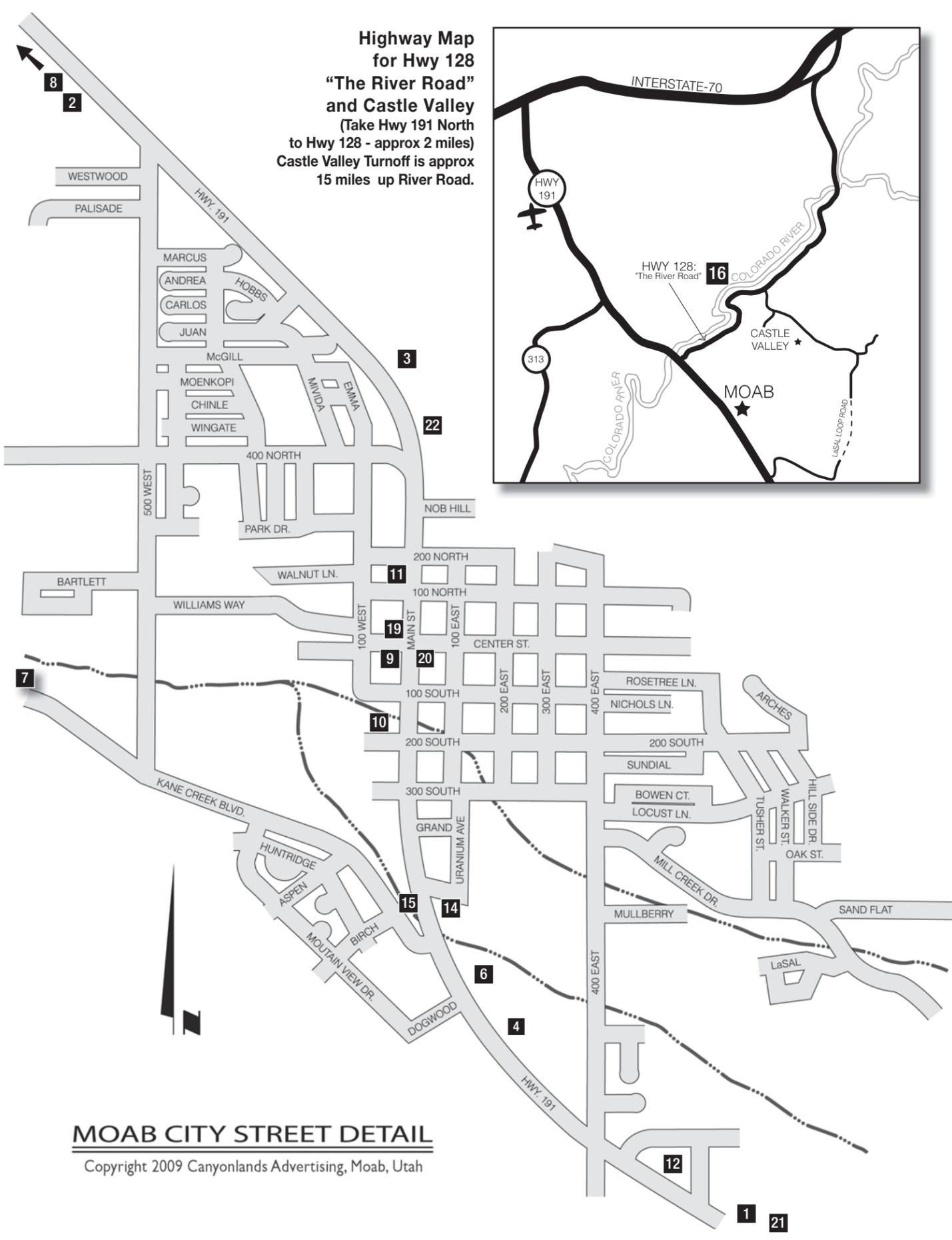
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9.	Canyonlands Best Western	435-259-2300	www.canyonlandsinn.com
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11.	Bowen Motel	435-259-7132	www.bowenmotel.com
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14.	Red Stone Inn	435-259-3500	www.moabredstone.com
15.	Big Horn Lodge	435-259-6171	www.moabbighorn.com
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19.	Accommodations Unlimited	435-259-6575	www.moabcondorentals.com
20.	Moab Lodging	435-259-5125	www.moabutahlodging.com
21.	Rodeway Inn & Suites	435-587-2489	www.rodewayinn.com
22.	Days Inn	435-259-4468	www.daysinn.com

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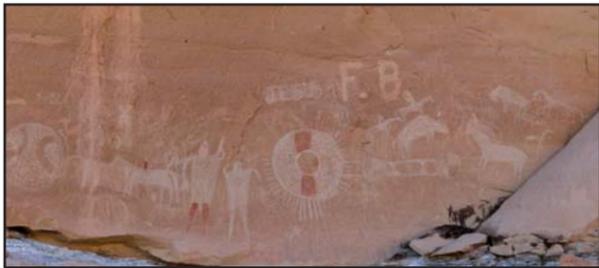
SCENIC ROAD HAPPENINGS

Sego Canyon Rock Art Panels

Article and Photos by Rob Cassingham

In the vicinity of Moab, there are dozens of rock art panels left by several different Native American cultures. Three of the best panels, from three different cultures (Ute, Fremont and Barrier Canyon), are located within 150 feet of each other in Seago Canyon, 41 fast and easy miles northeast of Moab. Please note that these panels are still considered sacred to Native Americans. Treat the site with respect, and PLEASE do nothing more than photograph the ancient images.

For those uninterested in reading the full road log below, the directions are simple enough: Drive north on US Highway 191 until you intersect Interstate 70, then head east 5 miles to the next exit (Thompson Springs). Exit the freeway, and at the bottom of the off ramp, head north. When the paved road becomes a dirt road, you passed the parking area .1 mile behind you. Park near the pit toilet and enjoy!



This panel was carved by Ute Indians.

For those interested in a more detailed road log, read on...

To start your drive, proceed to the Moab Information Center located at the intersection of Main and Center Streets and reset your trip meter.

Mile 0 Main and Center streets. Head north on Main Street, which will eventually become US 191.

Mile 2.5 Continue north at this intersection. The road to the right is Utah Highway 128. This extremely scenic drive was detailed in the October 2009 issue of the Moab Happenings. If you are interested in this road (or other scenic drives), you may view the article at moabhappenings.com and click the Article Archive link. Scroll down the page to Scenic Roads.

Mile 2.6 The highway crosses over the Colorado River.

Mile 3.1 The canyon to the right is Courthouse Wash. It is a beautiful hike. Hiking the canyon for 6.5 miles will take you to the park road inside Arches National Park.

Mile 4.0 The Potash Road (Utah Highway 211) heads west at this point. The Potash Road will be detailed in the February issue of the Moab Happenings.

Mile 4.5 The entrance to Arches National Park is on the right.

Mile 5.0 There is a bit of interesting geology at this point. On the left side of the highway, cliffs tower high above the road. These cliffs are composed of Wingate sandstone. There is just the thinnest remnant of Kayenta sandstone topping these cliffs. In this area, Kayenta is normally 100-200 feet thick, but most of it has eroded away. Above the Kayenta should be 500-800 feet of Navajo sandstone, but that has also eroded away. On the right side of the highway, the light colored sandstone at road level is Navajo sandstone. All of the geologic layers on the left have been thrust upwards. All of the layers on the right have dropped down. This is due to a massive (and fortunately inactive) ancient fault. The total displacement (lifting and dropping) from the left side of the road to the right side is over 2,400 feet.

Mile 5.3 As the road curves past a narrow spot, you may notice evidence of the massive faulting recorded in the grey limestone cliff to the left.

Over the next several miles, the highway ascends through Moab Canyon. The striking dark red rock formations on the left are Permian-era Organ Rock shale. This is the same type of rock found in the Narrows of Onion Creek. That drive was detailed in last month's (November) issue of the Moab Happenings.

Mile 11.4 Continue heading North. Utah Highway 313 heads west at this point, providing access to Dead Horse Point State Park and Canyonlands National Park.

Mile 12.4 Willow Flats road to the right. This was the original access road into Arches National Monument until the early 1960s. It reaches the main park road at Balanced Rock. A high-clearance vehicle is recommended for this route.

Mile 13.9 Dalton Wells on the right. A historical marker just off the road details the history of a large Civilian Conservation Corps camp here in the 1930s, as well as a shameful period where the old camp buildings were used for several months in 1943 as an internment camp for Japanese Americans deemed troublemakers at other internment camps.

Mile 15.4 Mill Canyon to the left. This road will take you to a self-guided hike to several dinosaur fossils. The road will be detailed in the January issue of the Moab Happenings.

Just beyond this point, the highway crosses Courthouse

Wash. This is the very same wash you passed at mile 3.1.

Mile 16.5 The road to Klondike Bluffs is on the right. The road is for high-clearance 4x4 vehicles, and leads to dinosaur tracks. It will be detailed in the January issue of the Moab happenings.

Mile 18.0 Moab's airport, Canyonlands Field, is on the left.

From this point on, all the soft grey deposits to the west are Mancos shale. It was left behind as sea floor deposits over 90 million years ago. In some areas of Mancos shale, one may find fossilized oyster reefs, and if you are lucky, the rare shark's tooth may be discovered.

Mile 23.0 On the right is an access road to the Copper Ridge dinosaur tracks. This road will also be detailed in next month's (January) Moab Happenings.

Mile 26.2 Although nearly no evidence remains, this was once the location of Valley City, a small settlement that existed thanks to a small earthen dam built to trap rainfall runoff in nearby Thompson Wash. Heavy thunderstorms caused the dam to fail several times, flooding the community. By the 1940s, all residents had moved on.

Mile 31.4 Milepost 157. Interstate 70. Head east on the interstate.

The cliffline to the north of I-70 is the Book Cliffs. They are the longest escarpment in the world, stretching over 240 miles in length.

Mile 36.4 Exit 187, Thompson Springs. Take this exit. At the bottom of the off ramp, reset your trip meter and turn left, heading north.



Attributed to the Fremont Culture, this panel may be 1000 years old.

Mile 1 Main Street, Thompson Springs. The cross street is the former US Highway 6. When I-70 bypassed Thompson Springs, the small core of the town died, and Thompson has been in decline ever since. The small café to your left was used in a scene of the movie *Thelma and Louise*.

Thompson Springs was established so the Denver & Rio Grande Railroad steam locomotives could take on water to fill their boilers. Later, high quality coal was discovered just a few miles north of Thompson. With the locomotives needing a steady supply of coal, the town of Seago was established to fill this need.

Thompson was once critical connecting Moab to the outside world. All freight and passengers bound for Moab left the train here and were transported via freight wagon or stagecoach.

Continue driving north at this intersection.

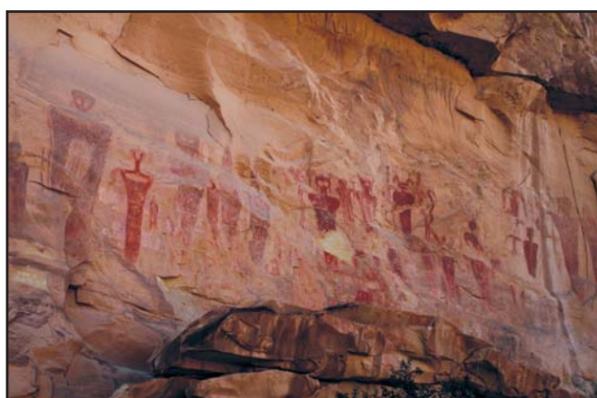
Mile 1.3 Thompson's old one-room schoolhouse still stands to the right.

Mile 4.4 There is a pullout to the right, with a BLM pit toilet. This is the location of the Seago rock art panels.

The first panel is adjacent to the parking area. It is a Ute culture petroglyph (meaning carved or pecked onto the rock surface) panel. This panel is of historic age, as evidenced by the presence of riders mounted upon horses.

The second panel, approx. 100 feet to the right of the Ute panel, is attributed to the Fremont culture approx. 1,000 years ago. The images have been carved over much older Barrier Canyon culture red pictographs (a pictograph is painted upon the stone).

The third panel, just around the corner from the Fremont panel, is a spectacular Barrier Canyon culture pictograph panel. These amazing images are easily 3,000 years old and possibly much older.



These striking and ghostly images were painted over 3000 years ago.

Mile 4.5 Cattleguard. The road becomes dirt. There is a small corral to the right. More pictographs and petroglyphs are found here. Unfortunately, they have been vandalized, but are still well worth a look.

Mile 5.0 There is a sign noting Seago Canyon to the right. Turn here.

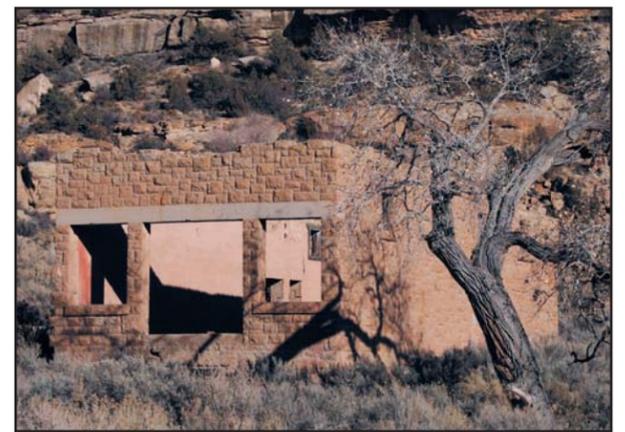
Over the next mile, you will notice bridges and abutments crossing the wash. These were built for the narrow gauge railroad that once hauled coal from the town of Seago to the waiting locomotives down in Thompson Springs.

Mile 6.0 There is a large parking area near the fast-collapsing ruins of the wooden boarding house. Ostensibly built to house bachelor coal miners, rumor has it that it was actually a brothel. Some of the rooms still show walls painted lavender and sea foam green—generally not colors that rough coal miners would choose for themselves! This structure is very unstable—PLEASE do not enter it. Final collapse could happen at any time.

The imposing stone building across the road was once the old company store.

Coal was discovered here in 1908, and a community was quickly established. In 1930, there were 200 residents of Seago, and the mine was producing 1,500 tons of coal a day. The advent of the diesel locomotive spelled the end of Seago, and by 1950 it was virtually abandoned. The great uranium boom of the 1950s in Moab caused a great housing shortage, so most of the buildings in Seago that could be moved were transported to Moab. This explains why there are so few obvious remnants of a once-thriving town present, although there are a few rough stone dwellings scattered farther up and down canyon.

The Moab Happenings thanks you for visiting, and please return to Moab often! There are many more fascinating and spectacular drives awaiting your discovery.



The stone walls of the Seago Mine Company store still stand tall.

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ARTIST HAPPENINGS

Artist of the Stars



Self portrait by John Hagner

JOHN HAGNER – “Artist of the Stars,” has drawn celebrated personalities from Alan Alda to Efrim Zimbalist, Jr., including to date 54 different portraits and poses of John Wayne (two of which are in full color (watercolor pencils). Former President Ronald Reagan, when he was Governor of California personally signed a composite portrait of himself and John received a congratulatory letter from him.

John Hagner was born and raised in Baltimore, Maryland. At age 12, he did a pencil sketch of the neighborhood where he was raised. It is interesting to note that the sketch was unusual because he spent four days working on it, and at the end of the fourth day, he had drawn more than

one hundred men, women and children, walking and running, fifty automobiles and bicycles, twenty-two dogs and twenty-eight cats chasing one another And an array of clouds, all done in one sketch. The neighborhood only had two or three families who owned cars and there were nowhere near all those people and animals. The sketch was only done on an 8-1/2 x 11” sheet of paper. He sure would like to have that picture.

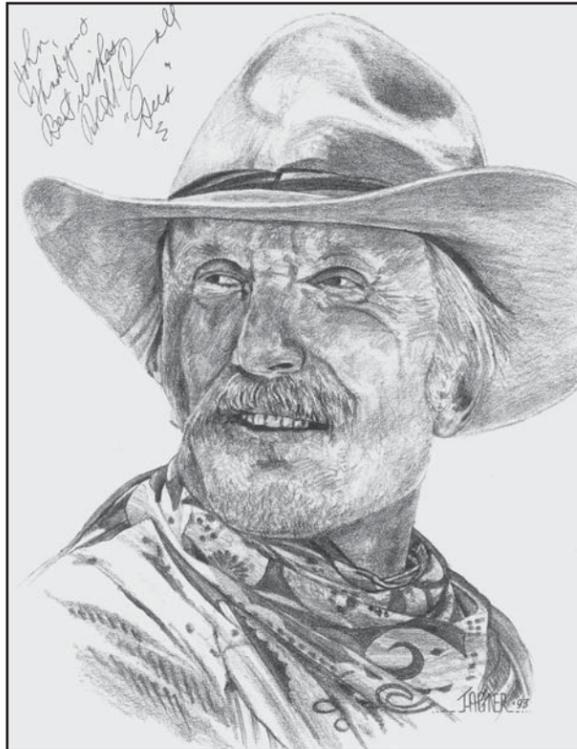
John, not one to become bored with art, is an accomplished artist in watercolors, oils, silk screen, process photographer, airbrush renderings, both in black and white and in full color. He particularly enjoys his art talents mostly doing black and white graphite pencil drawings, of which he is considered a specialist.

This year (2009) he celebrates 67 years of professional art. In addition to his art work, he is a professional musician, excelling in playing drums as well as guitar and is also a vocalist. His music is mostly from the Big Band era, swing and jazz as well as country/western and contra music. His band is called “The Happy Notes.”

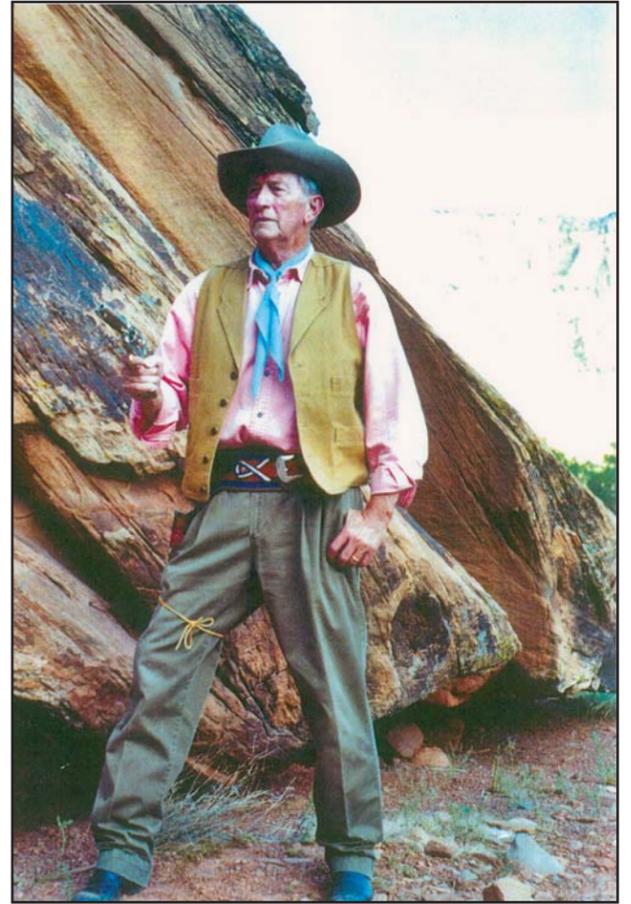
John has been a member in good standing in the Screen Actors Guild since 1960 and he has been a stunt/actor all that

time for some of the major stars of motion pictures and television, including Gregory Peck, Walter Pidgeon, Gardner McKay and is currently scheduled to work in the upcoming film, “Poor Things”, starring Shirley Maclaine and Olympia Dukakas.

John Hagner is Founder, Curator and CEO of the Hollywood Stuntmen’s Hall of Fame



John Hagner portrait of Robert Duvall with the caption, “John, Thank you & Best wishes, Robert Duvall ‘Gus’”



John Hagner , stunt/actor since 1960, stands at the ready for anything rugged that may come his way.

and Museum, which was organized in 1973 in California. It was open to the public in Moab, Utah in 1989 and remained open for nearly eight years. Anyone interested in learning more about the Hall of Fame, click on www.stuntmen.org and to learn more about John Hagner, check him out on Google. To email him, his address is: johnhagner@yahoo.com. Hall of Fame’s email address is: stuntmenshalloffame@gmail.com. Phone and FAX: 435 259-7027 or Cell: 435 260-2160.

MOAB CLUBS & ORGANIZATIONS

For a community to prosper and grow, its residents have to be **INVOLVED**. If you would like to participate in any club or organization **PLEASE CALL THEM**. Many of these groups are always looking for a helping hand or two.

AARP, Chapter 1539	259-6396	Moab Country Club (Rob Jones).....	259-6488
Alcoholics Anonymous/Alanon	259-7556	Moab Duplicate Bridge Club (Gail Darcey)	259-1733
Alpha Rho Sorority (Bobbie Long).....	259-6758	Moab Friends For Wheelin' (Jeff Stevens)	259-6119
American Legion Post (Bill Smith).....	259-3470	Moab Half Marathon (Ranna Bieschke)	259-4525
Arches Adult Education (Trish Hedin)	259-2293	Moab Horse Racing Association (Chuck Henderson)	259-4111
Arches New Hope Pregnancy Center (Debbie Nelson)	259-LIFE (5433)	Moab Horse Show Association (Tosha Audenried).....	260-9252
BEACON (Stephanie Dahlstrom)	260-1143	Moab Lodging Association (Britnie Ellis).....	259-6171
Boy Scouts of America (Kent Dalton)	259-6521	Moab Music Festival (Andrew Yarosh).....	259-7003
Canyonlands Field Institute (Karla Vander Zanden)	259-7750	Moab Poets & Writers (Marcia Hafner)	259-6197
Canyonlands Film Society (Becky Thomas)	259-2286	Moab Points & Pebbles Club (Jerry Hansen).....	259-3393
Canyonlands Rodeo Club (Kent Green).....	259-7089	Moab Quarter Horse Assoc. (Kathy Wilson).....	259-8240
Canyonlands Wildlife Federation (Dave Bierschied)	259-8217	Moab Rod Benders (Jim Mattingly).....	259-5858
Center for Water Advocacy (Harold Shepherd)	259-5640	Moab Ropers Club (Terry Lance).....	259-9972
Daughters of Utah Pioneers (Inalyn Meador)	259-5225	Moab Sportsmen’s Club (Frank Darcey).....	259-2222
Deadhorse Motorcycle Club (Terry Flynn).....	259-3878	Moab Taiko (Stephanie Dahlstrom)	259-2264
Delicate Stitchers Quilt Guild (Shauna Dickerson)	259-0906	Moab Teen Center-Club Red	259-9991
Elks Lodge #2021 (Dan Stott)	259-7334	Moab Trails Alliance (Kimberly Schappert)	260-8197
Fallen Arches Square Dancers (Bob & Flora Erickson).....	259-2724	Moab Valley Multicultural Center (Sarah Heffron or Leticia Bentley).....	259-5444
Friends of Indian Creek (Emma Medara)	259-3586	Mutual UFO Network (Elaine Douglass).....	259-5967
Friends Of the Grand County Library (Adrea Lund).....	259-1111	Order of the Eastern Star (Fran Townsend)	259-6469
Grand County Public Library.....	259-5421	Parent Teacher Association (Tiffany Saunders).....	259-5830
Girl Scouts of The U.S.A. (Cynthia Williams)	259-6683	Plateau Restoration/Conservation Adventures (Tamsin McCormick)	259-7733
Grand Area Mentoring (Dan McNeil)	260-9645	Red Rock Forests (Terry Shepherd)	259-5640
Grand County Democratic Party (Novella Maia)	259-0869	Red Rock 4-Wheelers (Ber Knight)	259-7625
Grand County 4-H (Marion Holyoak).....	259-7558	Retired Senior Volunteer Program RSVP (Jody Ellis)	259-1302
Grand County Extension (Michael Johnson).....	259-7558	Rotary Club (Kyle Bailey).....	259-6879
Grand County Food Bank	259-6456	Seekhaven Crisis Center (Jaylyn Hawks).....	259-2229
Grand County Hospice (Tracey Harris).....	259-7191	Senior Center (Verleen Striblen)	259-6623
Grand County Prevent Child Abuse	260-1039	Sierra Club (Mike Stringham).....	259-8579
Humane Society of Moab Valley	Animal Services 259-4862 Administration 259-4089	Solutions - www.moab-solutions.org - (Sara Melnicoff).....	259-0910
Ladies Golf Club (Chris Corwin).....	259-5344	Society for Creative Anachronisms - (Travis Schenck).....	(907) 617-6342
League of Women Voters (Cynthia Smith)	259-5306	Southeastern Utah Back Country Horsemen (Helen Sue Whitney).....	259-7239
Lion’s Club (Tom Warren).....	259-7834	Southern Utah Wilderness Alliance (Liz Thomas).....	259-5440
Moab Aglow Lighthouse Fellowship (Murine Gray).....	259-5514	Toastmasters International (Al Boyd)	259-5767
Moab Arts Council (Bruce Hucko)	259-4176	Trail Mix Committee (Sandy Freethey).....	259-0253
Moab Arts Festival (Theresa King)	259-2742	Valley Voices (Marian Eason).....	259-6447
Moab Arts & Recreation Center (Bailey Rogers).....	259-6272	Veterans of Foreign Wars (Fred Every).....	259-5428
Moab Bird Club (Nick Eason)	259-6447	WabiSabi (Jeff Cohen).....	www.wabisabimoab.org - 259-3313
Moab Chamber of Commerce	259-7814	Word Watchers (Nancy Kurtz).....	259-0734
Moab City Recreation (John Geiger)	259-2255	Youth Garden Project (Jen Sadoff)	259-BEAN (2326)
Moab Community Theater (Kaki Hunter).....	259-8378		

VISITING ROTARIANS: Join us for Lunch every Monday 12 noon at La Hacienda Restaurant

VISITING ELKS: The Moab B.P.O.E. 2021 invites you up to the lodge Wed, Thurs, & Fri evenings. Up hill behind La Hacienda on North Main Street

ASTROLOGY HAPPENINGS

Your Monthly Horoscope - December 2009

By Rob Wells

Nov. 23 - Dec. 21



Sagittarius: Happy Birthday Sag! You love this time of the year, you really own it! Things are changing this month for you but there is a special challenge for you this month. You'll be re-accessing your personal worth and what is of value to you. Everything you encounter is a question of value. This is the lesson: That you are the greatest gift you can give to the world. Christmas Eve has some big surprises in this regard for you.

Dec. 22 - Jan. 20



Capricorn: You are changing this month. These changes are necessary for your growth. Take time to spend alone in this process this month. It will give your body a chance to recharge for the year and your mind a chance to focus on the new you that will be emerging before month's end. From the 24th to the end of the month you'll discover exactly what I'm talking about.

Jan. 21 - Feb. 18



Aquarius: What scares you the most? What holds you back from being all the "YOU" you could be? This month you must face your fears. Is it being Alone? Not having money? Is it loss of respect or love? If you can see it outside of yourself and feel it, then you can learn the lesson without going through the process and this month is the process. Just remember, you really are all you need. And there is always enough of that to share with everyone around you.

Feb. 19 - Mar. 20



Pisces: How you hate dealing with the realities of life. The Universe won't let you use your usual escape routes this month and has you plotting a practical future for the year ahead. You seem to be the last sign of the Zodiac that learns life isn't walking a "fine line"; it's walking a moving one. No one is better at adapting than you are at and you can teach the world around these abilities before month's end. Make it your Christmas Gift to those you love.

Mar. 21 - Apr. 20



Aries: The Stars are about to hand you a surprise. You think you've had your position and career all figured out for so long and now you may have already felt some strain. That strain is telling you, you need a change. I'm telling you it's on the way this month, all month long, after the 7th. Don't turn your back on it, out of hand; for it holds the promise of dreams come true. It's just that the Holiday wrappings are a bit strange to start with.

Apr. 21 - May 21



Taurus: You face a big re-assessment this month regarding your religion, your higher education or a matter at a great distance away. The questions are: Not enough? Is there too much or is it just the wrong thing all together? This is a very

challenging set of questions and they will be at your side through the entire month. Outside input may not help as you may discover on Christmas Eve. Mum is the word until you decide.

May 22 - June 21



Gemini: This month you do some accounting at levels you never dreamed existed. It's serious time Gemini and the Stars are making sure you keep your nose to the grindstone until you have it right. Committed relationships could reveal how what you thought you had a stake in has dwindled while your partner has prospered. Not good. Christmas Eve will be the real eye opener in this regard. Don't wait for changes. Make them yourself.

June 22 - July 22



Cancer: This month your partnerships come under an inspection light. You may have felt "The ties that bind" have been like shackles and the rules need to be re-accessed. So we roll out the contracts and we go over the rules one-by one, until the problems are cleared up. It's radical but for your own good. This is something you have to do. The 24th and the 27th are particularly testing. Be ready for some lighting to come on. It just may not look so good on the Christmas tree.

July 23 - Aug. 24



Leo: You know that song by Kenny Loggins? "This Is It" Well, This Is It. The timing is never convenient. Do you continue in that work-a-day job, or shuck it all and go it on your own? Like an albatross around your neck it's everywhere you go this month. The 7th, 24th, and the 27th underscore this move. What will you choose?

Aug. 24 - Sept. 22



Virgo: Your creative nature screams it's time for a change and this is going to be difficult. In one way you can make money doing it and if not then it costs you more than you should ever lay out for an amusement. This may include your children who may have been nickel-and-diming you to death. It has to stop. These expressions of self can be very demanding and saying NO is doubly hard, but it's something you must learn this month.

Sept. 23 - Oct. 23



Libra: Saturn, The Great Task Master, has moved into your sign and you are starting a two and a half year period of self examination. And just to kick things off, this month you are faced with accessing your digs and are they all that you want them to be. This isn't an easy process and it's going to eat at you for the entire month. Facing the Holiday Season just makes this doubly difficult. Where's the Tylenol?

Oct. 24 - Nov. 22



Scorpio: It's not just what you say, but what you do, because actions DO speak louder than words. Are you constantly sick? Do you use it to enslave everyone around you? Do you make one promise and then break it by doing something else and thus disappoint or confuse those in your life by your actions? Walk the Walk and Talk the Talk this month. Be straight and be honest in word and deed on the 7th, 24th and the 27th. Your conscience has now been warned.



Rob has been an Astrologer for over 30 years. A student of Carol Green and the Ray of Light School in SLC, Rob is a member of the American Federation of Astrologers. "Astrology is a tool for living. It can be used in every aspect of life. Let me help you with your choices in life." Prices start at \$25.00. Call for an appointment, 259-7116.

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HEALTHY HAPPENINGS

What to get the Person Who Has Everything

December has arrived and the holidays are just around the corner.

Time again to ask ourselves: What do we really want to give to our loved ones? Surely a gift with meaning, enhancing their lives.

For the people in our life who "have everything", how about the gift of wellness? Something nobody can have too much of. Especially in winter, when colds and flues are going around, it is essential to enhance and strengthen one's immunity by ensuring that our bodies are functioning at their very best. Therapeutic bodywork, received from a skilled practitioner, can accomplish just that. Among the many modalities and approaches available, there is one for just about every personality and need.

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To find out more about Ata and Ombodwork, check out **www.ombodwork.net**.

Aside from being a **Nationally Certified, Licensed Massage Therapist**, Ata is also a passionate practitioner, as well as an instructor of **Aikido**, certified through Hombu Dojo, Tokio, Japan. She holds the rank of Nidan.

Aikido, also called The Art of Peace, translates to "The Way of Harmonizing Energy", or "Spirit Joining Way", and is a compassionate martial art and education of movement.

It is based on non-violence and the peaceful reconciliation of conflict. It can also be a powerful healing art, as it harmonizes and strengthens our internal energy if practiced consistently over a period of time. Aside from building stamina, it tones the muscular system and increases coordination, awareness and balance.

An introductory course is planned for January/February 2010. For more information, and to reserve your space, go to **www.moabaikido.com**, or call **(435) 260-2874**.

Happy Holidays !



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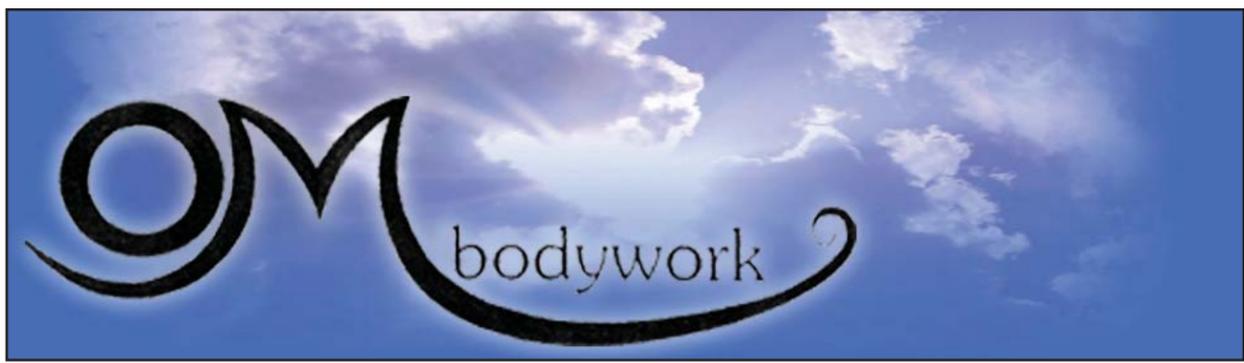
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SKY HAPPENINGS

The Sky for December 2009

By Faylene Roth

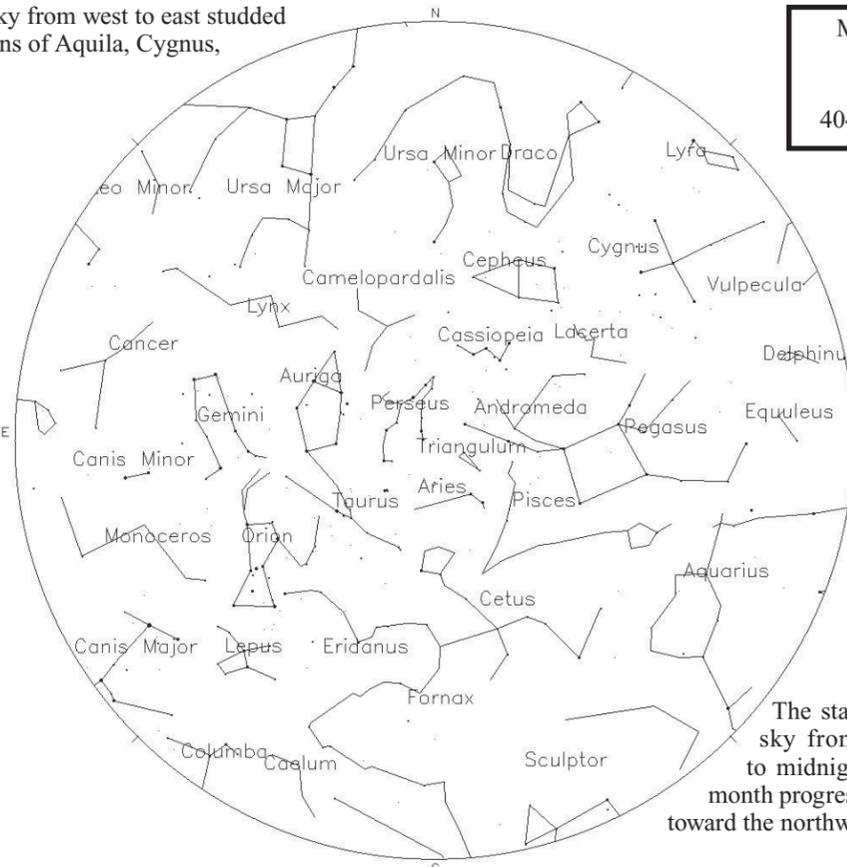
DECEMBER SUNRISE AND SUNSET TIMES

DATE	SUNRISE	SUNSET
1	7:17am	4:57pm
2	7:18am	4:57pm
3	7:19am	4:57pm
4	7:20am	4:57pm
5	7:21am	4:57pm
6	7:22am	4:57pm
7	7:23am	4:57pm
8	7:24am	4:57pm
9	7:24am	4:57pm
10	7:25am	4:57pm
11	7:26am	4:57pm
12	7:27am	4:57pm
13	7:27am	4:58pm
14	7:28am	4:58pm
15	7:29am	4:58pm
16	7:29am	4:59pm
17	7:30am	4:59pm
18	7:31am	4:59pm
19	7:31am	5:00pm
20	7:32am	5:00pm
21	7:32am	5:01pm
22	7:33am	5:01pm
23	7:33am	5:02pm
24	7:34am	5:02pm
25	7:34am	5:03pm
26	7:35am	5:04pm
27	7:35am	5:04pm
28	7:35am	5:05pm
29	7:35am	5:06pm
30	7:36am	5:06pm
31	7:36am	5:07pm

The Milky Way spans the northern sky from west to east studded with brilliant stars in the constellations of Aquila, Cygnus, Cassiopeia, Perseus, and Auriga.

MAJOR CONSTELLATIONS OF DECEMBER

- | | |
|------------------|------------------|
| Overhead | Eastward |
| Andromeda | Auriga |
| Aries | Canis Major |
| Pegasus | Canis Minor |
| Pisces | Gemini |
| Triangulum | Orion |
| | Perseus |
| Northward | Taurus |
| Cassiopeia | |
| Cepheus | Southward |
| Draco | Aquarius |
| Ursa Major | Cetus |
| Ursa Minor | |
| | Westward |
| | Aquila |
| | Capricorn |
| | Cygnus |
| | Delphinus |
| | Lyra |



Moab UT (at City Hall)
38°34' N Latitude
109°33' W Longitude
4048 ft - 1234 m Elevation

Hold the star chart high above your head and match the compass directions to the direction you are facing. Adjust the star chart by orienting Ursa Major (Big Dipper) to match its position in the sky.

The star chart approximates the sky from astronomical twilight to midnight. As the night and the month progress, the constellations shift toward the northwest.

VISIBLE PLANETS

Jupiter - The brightest of the evening planets and stars is easy to spot low in the southwestern sky. Jupiter sets around 10:00pm during the first half of December. By the end of the month, it sets by 9:00pm. Distant Neptune appears within one degree of Jupiter from December 15 to December 21, although it won't be visible with the unaided eye. Both are in Capricorn. (Magnitude -2.0)

Mars - At the beginning of the month Mars rises before 10:00pm, about one-half hour before Jupiter sets. Later in the month look for it in the eastern sky before 9:00pm. Mars is west of Leo's bright star Regulus throughout December. On December 21 it begins its retrograde motion when it drifts back towards Cancer. In the morning twilight Mars lingers in the western sky. Its reddish disk will brighten and increase in size over the next two months. (Magnitude -0.4)

Saturn - Look overhead in the morning twilight for Saturn's yellow light. At the beginning of December it rises with Virgo in the southeastern sky around 2:00am. The plane of its rings are increasing their tilt to over 4 degrees from our perspective which reduces its brightness somewhat. By the end of the month it rises around midnight. (Magnitude +1.0)

Venus - Enjoy the brilliant "morning star" in the southeastern sky during the first week of December. Look for it as civil twilight brightens the sky about one-half hour before the sun appears. Venus then moves into conjunction with the sun and reappears in the evening sky in January. (Magnitude -3.8)

Note: Apparent magnitude values range from -4 to +6 for most planets and visible stars. The lower the value the brighter the object. A decrease of 1.0 magnitude is 2.5 times brighter.

WINTER SOLSTICE

December 21 officially launches the winter season. At 10:47am the sun reaches its southernmost point in the sky for this year, which marks the winter solstice. The time from sunrise to sunset is only 9 hours 28 minutes on this day. Notice that the period of daylight does not vary much around the solstice. The sun continues to rise a little later each day throughout the month. However, the time of sunset reverses itself more than a week before the Winter Solstice, adding a minute here and there to otherwise shortening days. (The time of sunrise and sunset assumes a flat horizon. Actual time may vary depending upon the landscape.)

MOON HAPPENINGS

December begins with a full moon on December 2 at 12:30am. On the evening of December 1 it rises at 4:19pm and on December 2 at 5:18pm. On December 5 the waning gibbous moon rises soon after 9:00pm with Mars trailing behind. The last quarter moon precedes Saturn into the southeastern sky soon after midnight on December 8. On December 9 Saturn rises just ahead of the moon in the southeastern sky. Two nights later a waning crescent moon rises around 3:00am with Spica (Virgo). The new moon arrives on December 16. On December 20 a waxing crescent moon appears in the southwestern evening sky near Jupiter. With a telescope you could see Neptune above and to the right of Jupiter. The first quarter moon occurs December 24. On December 28 the waxing gibbous moon passes through the Pleiades. The Pleiades star cluster spans an area of three degrees in the sky. The diameter of a full moon is about 0.5 degrees. A second full moon occurs on December 31 at 12:13pm. It rises at 5:14pm.

MYSTERY OF THE BLUE MOON

Two full moons occur in December. The second full moon in a month is "traditionally" called a blue moon. Once in a blue moon is about once in two and one-half years. That's how long it has been since the last blue moon of June 2007. Designating the second full moon of a month the blue moon is a good example of how folklore develops. In this case a mistake followed by failure to check original sources is involved. Typically, there is one full moon in a month which means three full moons per season. In the 19th century the Maine Farmers' Almanac referred to a blue moon as the third of four full moons to occur in a season. The names of the full moons followed tight rules about traditional activities for each calendar month and the relationship of

the dates for Easter and Lent with the full moons of winter and spring. When a fourth full moon occurred, there was no assigned name for it until the Maine almanac applied the term blue moon. They used it for the third full moon because the last moon of the season was likely to have an important connotation.

The mistake happened during the 1940s in two separate issues of Sky and Telescope magazine. In one, the author refers to a blue moon as occurring when there are 13 full moons in a year. He used the Maine almanac as his reference but gave no details. A few years later, another author, referring to the earlier article, surmised that the blue moon was the second full moon to occur in a calendar month. During the 1980s a radio astronomy program broadcast this misinformation. A few years later a children's almanac listed the misinformation in a new book, then the game Trivial Pursuits used this definition as the answer to "What is a blue moon?" The rest, as they say, is...folklore.

METEOR ACTIVITY

A major meteor shower graces the middle of the month and viewing should be excellent since the moon will be near new phase. Look for the Geminids December 6-19 after 11:00pm when Gemini is high in the eastern sky. At its peak on the night of December 13/14 expect to see 50-80 meteors per hour. Geminid meteors appear white and seldom leave a trail. A second promising meteor event occurs December 17-25. This is the Ursids Meteor Shower. Its radiant is the center of the Little Dipper. These meteors are known for their flashy trails. The radiant is visible all night. Best viewing will be at its peak on the night of December 22/23 after 11:00pm when the moon has set.

NASA SIGHTING OPPORTUNITIES

To find out when the Space Shuttle and International Space Station are visible from your location, go to the following website and click on Sighting Opportunities: <http://spaceflight.nasa.gov/realdata/sightings/index.html>

Note: Hold your hand at arm's length to measure apparent distances in the sky. Adjust for the size of your hand. The width of the little finger approximates 1.5 degrees. Middle, ring, and little finger touching represent about 5 degrees. The width of a fist is about 10 degrees. The hand stretched from thumb to little finger equals 20 degrees. The diameter of both the full moon and the sun spans only 0.5 degree.

Primary Sources: USGS; U.S. Naval Observatory;
Your Sky at <http://www.fourmilab.ch/yoursky/>

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PET HAPPENINGS

Animal Reiki

by Lisa Lawrence Moore

What is Reiki?

Reiki is hands-on healing method developed in Japan by Dr. Mikao Usui in the nineteenth century. Rei means "universal" and ki or chi in Chinese means "life force energy". Although chi is not visible to the naked eye, even physics tells us that all things possess energy including the smallest particles of matter as well as inanimate objects that are known to carry very low frequencies of energy.

Buddhism and other Eastern Traditions tell us that there are two types of life force energy; internal and external. Internal life force energy is the subtle energy that exists in the body and mind of all living things. Internal life force energy runs through the body in what are called "meridians". Once these meridians become blocked or imbalanced illness can be the result.

Reiki treats the whole being, addressing problems and healing at all levels; physical, mental, emotional and spiritual. Reiki is a part of an emerging field of energetic healing techniques rediscovered from the wisdom and knowledge of ancient cultures for use in modern times.

A Reiki treatment is given with the hands of the practitioner placed directly on or at a short distance

from the client. Reiki is energetic in nature, it can be sent across a distance, across the room, but also to another geographic location. Reiki is used to maintain health and energetic balance in a healthy being, to heal illness, injuries, emotional and spiritual problems and to ease the transition between life and death.

Reiki goes directly to the source of the problem, even if it's unknown to the client and the practitioner and it will heal at a level and intensity that a being is open to receive. The feeling of receiving Reiki is one of deep relaxation.

In practicing Reiki with animals I find the more animals I treat the more I encounter animals that need healing. Animals understand Reiki's benefits and will often seek me out when they need healing. The beauty of Reiki as a healing system is its simple, gentle nature combined with its powerful and transformative results.

With humans, a Reiki treatment is given with the hands of the practitioner on or close to the body. An established sequence of specific hand positions is followed out of respect for the tradition. Research has shown the approach to animals with Reiki is very different.

The sequence of hand positions is often not at all comfortable to the animal. It's not as if they just lie on a massage table patiently waiting for treatment. Working from a short distance is much more comfortable for the animal and because of this no two animal Reiki treatments are ever alike. Some animals will lie down across the



room and go to sleep. Some will eventually sniff my hands then place the area that most needs treatment within my hands. And some others may just walk away refusing to accept treatment at all. There are even those that will accept Reiki greedily one day and be offended by it the next day.



The one thing we humans must remember is animals speak a completely different language than us. They communicate through smell, touch, some sounds, eye contact and energy. One thing animals do much better than us is to pick up on both positive and negative energy much more readily than people do because that is a huge part of their language.

I, as a Reiki practitioner, will never truly understand how sensitive animals are to energy and they know instinctively how to use it or benefit the most from it. Animals also have absolutely no capacity for lying. They are incredibly honest. If they do not want Reiki one day they may even snap or kick you if they are pushed. That same animal on another day may lie down and place their sore hips or broken heart within your hands.

Reiki is not only a benefit to people but perhaps more than anything it's a powerful healing tool for all animals with any problem. An initial Reiki treatment usually involves me, the practitioner, going to the animal's home environment. After that I can go to the



home or continue treatments at my studio located at the Moab BARKery on Main Street. At that first meeting

I will let the animal sniff me and get the curiosity out of their system. The owner will usually leave me alone but I sometimes have owners sit quietly nearby as I work with their pet. I then ask their permission to give them treatment and it is at that point the animal will "tell me" through posture and other clues whether I have permission or not. A treatment usually lasts from one to two hours depending on the animal.

In no way should Reiki replace regular and consistent Veterinarian care. But Reiki can make healing go faster, or eliminate the use of sedation (for travel or other events that bring on anxiety) or pain pills. It can improve a pet's performance within the home and to develop stronger bonds with their owners. It can help with pain, depression, healing from an injury of surgery, anxiety from thunder storms or other phobias and in some cases fear or aggression. It really is always up to the individual animal and what they need or want.

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Humane Society of Moab Valley December Events

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December 12 Dog & Puppy Adoptions 11am-1pm at City Market. We have some awesome dogs waiting for their forever homes. Come meet your new best friend! Pictures & info in the Ad-vertiser and www.moabpets.org or call 259-4862

December 19 Cat & Kitten adoptions: 11am to 1pm at the Moab BARKery. All ages and sizes: calico, tuxedo, white & orange, grey & white, orange tabby, black & white, grey. Ask about the "Two-furr" kitten special. Gorgeous adults too: Flame point with blue eyes and white & orange with green eyes. Pictures & info in Ad-vertiser and www.moabpets.org. Call 259-4862 for meet & greet if you can't come by the adoption.

Drop by our booth at the Holiday Gift Fair at the Grand Center on December 4th from 4-8pm or December 5th from 9am-3pm or at the MARC on Saturday December 5th between 10 & 4. Check out pictures & information about our adoptable cats & kittens and dogs & puppies, pick up some special treats and toys for your pet companions or buy a Membership Plus Card before you go holiday shopping. Get more information about our foster & adoption programs and maybe sign up to volunteer a few hours with the animals...take a puppy for a walk or play with a kitten.

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